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## Performance of the Xpert HBV Viral Load assay versus the

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#### **ABSTRACT**

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- 22 Quantification of HBV DNA is used for initiating and monitoring antiviral treatment. We have
- evaluated the Xpert HBV Viral Load (VL) assay on the GeneXpert instrument.
- 24 We estimated its limit of detection to be 7.5 IU/ml Reproducibility was 1.1% 12.7%, as
- assessed by the coefficients of variation for three different samples. The assay was linear
- 26 from 2 to 8 log<sub>10</sub> IU/ml for HBV genotypes A to F. Its clinical performance was evaluated by
- 27 testing prospectively 100 HBV DNA-positive samples with the Xpert HBV VL and Aptima
- Quant HBV assays. The results from the two assays were correlated, with a modest bias
- 29 (-0.10 log<sub>10</sub> IU/mL) between them by Bland-Altman analysis. Patient monitoring with 80
- 30 samples performed with both assays gave similar patient profiles with trends in the same
- 31 direction.
- 32 The Xpert HBV Viral load assay is reliable enough for quantifying HBV DNA in clinical practice.
- 33
- 34 **Key Words:** Hepatitis B virus, molecular diagnosis, GeneXpert instrument
- 35 Abbreviations
- 36 ALT: alanine amino transferase
- 37 EASL: European Association for Study of the Liver Diseases
- 38 HBV: Hepatitis B virus
- 39 POC: point-of-care
- 40 TMA: transcription mediated assay
- 41 VL: Viral load

#### 1. Introduction

Hepatitis B virus (HBV) infections are a major cause of chronic liver disease that affects almost 250 million individuals worldwide (1). Chronic HBV infection is associated with a wide spectrum of liver diseases, from HBeAg-positive or negative chronic hepatitis B with high HBV DNA concentration to a low-viremia HBe antigen negative chronic HBV infection, which may evolve toward cirrhosis and hepatocellular carcinoma (2). HBV-related end-stage liver disease and hepatocellular carcinoma are responsible for more than 750,000 deaths worldwide each year. Hepatitis B viruses are presently divided phylogenetically into 9 genotypes, A–I , with a putative 10<sup>th</sup> genotype, "J", isolated from a single individual, based on an intergroup divergence >7.5% across the complete genome (3).

International practice guidelines recommend using sensitive nucleic acid amplification techniques for detecting and quantifying HBV DNA in clinical practice (4, 5). Accurate assays for HBV DNA quantification are essential for the management of HBV infections, establishing the prognosis for HBV-related liver disease, guiding decisions concerning treatment, and monitoring the virological response to antiviral treatment (4, 5). According to EASL guidelines, treatment requires HBV DNA >2,000 IU/ml, elevated ALT and/or at least moderate histological lesions. However, patients with HBV DNA >20,000 IU/ml and elevated ALT should start treatment regardless of the degree of fibrosis. Several commercial nucleic acid amplification tests (NAATs) are currently available for quantifying HBV DNA in patients' clinical samples (6-14). And, molecular techniques are easier to implement compared to several years ago, reagents have to be reconstituted, like for the Aptima Quant HBV DNA assay, and often require several controls per day. Less-complex and inexpensive assays are needed for more widespread use of targeted, routine HBV DNA monitoring and for point-of-care (POC) use (15, 16).

This study evaluated the analytical and clinical performance of the new Xpert HBV Viral Load (VL) assay (Cepheid Inc. Sunnyvale, CA, USA) on the GeneXpert system (Cepheid).

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#### 2. Patients and Methods

#### 2.1 HBV assays

Xpert HBV DNA VL: This assay is a semi-automated, real-time PCR test that quantifies HBV DNA. This single-target assay has a reported limit of quantification of 10 IU/ml, with a dynamic range of 1-9 log<sub>10</sub>IU/mL. The tests can be run on any GeneXpert instrument and requires 0.6 mL plasma or serum per test (no dead volume). The technician pipettes the plasma/serum into the assay cartridge and locks it into the GeneXpert system module. The GeneXpert System can be configured with 1, 2, 3, 4, 8, 12, or 16 modules. Each module contains a single cartridge for HBV DNA extraction, amplification and quantification. The Xpert assay contains 2 internal controls but no positive or negative control is provided. Extracted DNA cannot be reused. A two modules-instrument was used for the present study. Aptima HBV Quant assay: The Aptima assay (Hologic Inc. San Diego, CA, USA), a real-time transcription mediated amplification (TMA) assay is a dual-target assay designed to run on the fully automated, random access Panther platform (Hologic, Inc.), and was used as the comparator. Its limit of quantification is 10 IU/mL with a dynamic range of 1-9 log<sub>10</sub>IU/mL using 0.5 mL plasma or serum per test, with an additional 0.2 mL for the dead volume. Extracted DNA cannot be reused. The Aptima HBV DNA assay implemented on the Panther platform requires 6 calibrators and controls per day that are stored at -20°C. All other reagents are reconstituted.

## 2.2 Analytical performance of the Xpert HBV DNA assay

Analytical sensitivity. The analytical sensitivity of the assay was determined with 5 dilutions (50 IU/ml - 2.5 IU/ml) of the 3rd WHO International Standard for Hepatitis B Virus (NIBCS 10/264) in HBV negative plasma. Ten replicates of each HBV DNA serial dilution were tested the same day on a single instrument.

Specificity. The specificity of the Xpert HBV DNA assay was assessed by testing, on the same day, 20 HBs-antigen negative and HBc-antibody negative, clinical specimens (Architect, Abbott Diagnostics, Chicago, IL, USA) from HIV and HCV negative donors.

Reproducibility. Plasma from three HBV DNA positive patients (HIV and HCV negative), previously quantified using the Aptima assay, were separately diluted in HBV negative

plasma to obtain 3 samples with high (5  $\log_{10}$  IU/ml), medium (4  $\log_{10}$  IU/ml) and low (2.5  $\log_{10}$  IU/ml) viral loads. These 3 samples were tested 20 times over a period of 20 days.

Linearity and influence of the HBV genotypes. Two clinical samples of each HBV genotype (A, B, C, D and E) were diluted in negative plasma to obtain 2 series (A/A\*, B/B\*, etc.) of five 10 fold-dilutions. The resulting five concentrations of each genotype covered the linear range of the assay. Three replicates of each dilution were tested with the Xpert HBV assay the same day. HBV genotypes were determined as previously described in (17).

## 2.3 Clinical performance of the Xpert HBV DNA assay

Plasma samples were obtained from HBV chronically infected (Hepatitis B surface (HBs) antigen and anti-hepatitis B Core (HBc) antibodies positive) patients attending the Toulouse

University Hospital. A total of 100 samples were collected, centrifuged at 2000g for 10 minutes. The plasma was kept at 5°C for a maximum of 48h until tested with the Aptima assay, and stored again at 5°C for a maximum of 24h until tested with the Xpert assay.

We also tested 80 stored frozen samples (maximum freezing time: 1 year at -80°C) that had been collected in 19 HBV DNA positive patients being monitored during their treatment for HBV infection and previously tested with the Aptima assay.

Biological material and clinical data were obtained only via standard viral diagnostics following a physician's order (no supplemental or modified sampling). Data were analyzed anonymously. The French Public Health law (CSP Art L 1121-1.1) does not require written informed consent from the patients for such a protocol.

#### 2.4 Workflow Study

The time-to-result (time period between arrival of the sample at the lab to the final report) for the Xpert HBV and Aptima assays were assessed over one work week (Monday to Friday). The samples were sent to the lab for registration, centrifugation, aliquoting, bar coding and then analysis. Time-to-result was defined as the time period between arrival of the sample at the reception to the final report with HBV DNA result on the laboratory information system. The Xpert assay was performed with a 2-module GeneXpert instrument every day from 8:00 to 16:00 hours. The Aptima assay was performed on Monday, Wednesday and Friday on the Panther automate between 11:00 and 19:00 hours to minimize the number of controls/calibrators and cost associated.

#### 2.5 Statistical analysis

HBV DNA quantities were log<sub>10</sub> transformed prior to analysis. The limit of detection (LOD) was determined by Probit analysis of the WHO standard HBV sample data. Linearity was estimated by linear regression. The values obtained from the Xpert HBV VL and Aptima assays were analyzed by Deming linear regression. A Bland-Altman analysis (scatter plot of the differences between the paired measurements plotted against their means) of positive samples obtained by the two methods was used to assess graphically the magnitude of disagreement between them and estimate the overall bias.

#### 3. RESULTS

### 3.1 Analytical performance

Sensitivity. The detection rates were 100% for 50 IU/ml, 20 IU/ml and 10 IU/ml replicates, 80% for 5 IU/ml replicates, and 60% for 2.5 IU/ml replicates (Table 1). Probit analysis of the 50 replicates of the diluted NIBSC standard gave an LOD of 7.5 [CI 95%: 4.7 -564.6] IU/ml for the Xpert HBV assay.

149 Specificity. All the 20 negative samples tested negative for HBV DNA: specificity = 100%.

Reproducibility. Reproducibility ( $\log_{10}$  standard deviation) was determined by testing 20 replicates over 20 days. The  $\log$  10 standard deviation for 5.1, 3.9 and 2.2  $\log_{10}IU/mI$  was 0.06, 0.10 and 0.28  $\log_{10}IU/mI$ , respectively (Table 2).

Linear quantification and genotype inclusivity

The linearity of the Xpert assay was evaluated with serial dilutions of 10 clinical samples of genotypes A to E (Fig. 1), the most common genotypes in Europe [10]. Linear regression analysis gave a coefficient of determination ( $R^2$ ) of > 0.99 for all the samples (Figure 1).

### 3.2 Clinical performance

We evaluated the accuracy of the Xpert HBV by comparing the HBV DNA concentrations obtained by the Xpert and Aptima assays; they were linearly related (p < 0.0001; Deming regression equation: Xpert =  $1.063 \times \text{Aptima} - 0.103$ ) (Figure 2A). Bland-Altman analysis (Figure 2B) indicated that the results for 95/100 samples gave results within the 95% limit of agreement of the assays (-0.59 to 0.81 IU/mL), with a modest bias ( $-0.10 \log_{10} \text{ IU/mL}$ ) (Figure 2B). One out of 3 samples that were over-quantified with the Xpert assay belongs to HBV genotype A. The 2 under-quantified samples with the Xpert assay belong to genotypes D and E. The genotype was available for 4 additional samples that were within the 95% limit of agreement of the assays. They belong to genotype A (n=1) or D (n=3) suggesting that discrepant result was not linked to a particular genotype.

#### 3.3 Patient monitoring

A total of 80 samples from 19 patients chronically infected with HBV were tested with the Xpert HBV and Aptima HBV Quant assays. The HBV DNA dynamics of all the patients were parallel (Fig 3). The resulting data, HBV DNA load (log<sub>10</sub> IU/mL) versus time (weeks), gave similar profiles with trends in the same direction and overlapping values, except for patient #4. The Xpert assay underestimated all the samples from this patient that was infected with HBV genotype A (difference > 1.5 log<sub>10</sub> IU/ml) (Fig 4). A slight underestimation with the Xpert assay was observed for patients #1, #2, #3, #5, #6 and #12. The virus infecting patients 6 and 12 couldn't be genotyped. Patients #3 and #5 were infected with genotype A, patient #1 was infected with genotype D and the patient #2 was infected with genotype E. The genotype was available for 1 additional patients with concordant result. It belong to genotype A.

#### 3.4 Workflow study

A total of 50 samples had volumes that were large enough for both assays and were tested. The tests were carried out by 2 separate technicians at different times during a one-week period. The Xpert assays were performed every day. The Aptima assays were performed on Monday, Wednesday and Friday. Overall, the mean time-to result was 8h (range: 2-24h) for the Xpert assay and it was 23h (range: 5-51h) for the Aptima assay. Thus, the Xpert assay required an average of 15h less time-to result than did the Aptima assay. The mean time-to-result for the Xpert assay and for the Aptima assays was 8h and 10h respectively for samples arrived on Monday, Wednesday and Friday whereas it was 7.5h and 31h respectively for samples arrived on Tuesday and Thursday.

#### 4. Discussion

We found the analytical performance of the Xpert assay for detecting and quantifying HBV DNA to be specific, reproducible and linear with a low limit of detection. We also found a strong, significant correlation between the HBV DNA concentrations obtained with the Xpert and Aptima Quant assays.

The analytical sensitivity of the Xpert assay, assessed by testing plasma dilution was excellent, with a lower limit of detection (LOD) in keeping with the manufacturer's stated value (10 IU/mL). This LOD is similar to that of the most commonly used HBV DNA platforms: the Abbott RealTime HBV test, the Roche Cobas AmpliPrep/Cobas TaqMan HBV test, the Roche Cobas TaqMan HBV test with the HighPure system, and the Qiagen Artus HBV (11) and Aptima Quant HBV tests (8). According to the Xpert assay's package insert, the LOD is 3.2 IU/ml for the plasma EDTA and 5.99 IU/ml for the serum.

While we tested only a small number of negative samples to assess specificity, we found no false positive results. A previous report found false-positive results with all the assays evaluated (11) but they were more frequent for assays that used manual extraction methods (4/28 for the HighPure TaqMan test and 5/28 for the Artus HBV assay, and only 1/28 for the Real-Time and 2/28 for the AmpliPrep TaqMan assays). The simplicity and the unitary format of the of the Xpert HBV assay should theoretically limit the risk of sample cross-contamination as all the steps (extraction and PCR) take place within the same cartridge in an independent module on the GeneXpert instrument.

Assay reproducibility was good, particularly for high-load controls; the coefficient of variation was <3% for controls with HBV DNA ≥3 log<sub>10</sub>IU/mL. The Aptima and the COBAS Ampliprep/COBAS TagMan assays have given higher CVs (6). The Xpert assay was also linear

over a wide range of concentrations (2–8  $log_{10}IU/mL$ ) across all the genotypes tested (A to E).

The clinical performances of the Xpert and Aptima assays were very well correlated, with most (95%) of the samples falling within the 95% limit of agreement of the assays in the Bland-Altman analysis. The average difference between the assays was very small (-0.10 log<sub>10</sub>IU/mL). A similar difference was reported between the Aptima and COBAS Ampliprep/COBAS TaqMan assays: 0.09 to 0.19 log<sub>10</sub>IU/mL (6, 8, 14). Monitoring treatment is an important part of chronic HBV patient management as it is used to determine the efficacy of treatment and the occurrence of virological breakthrough (4, 5). We found that the patient monitoring plots of HBV DNA produced by the Xpert HBV and Aptima assays were similar for the majority of patients. The discrepant results (in the correlation and in the monitoring studies) didn't seem to be related to a particular HBV genotype.

Real-time PCR or TMA assays have become the reference for quantifying virus genomes in clinical practice according to international guidelines However, commercially available assays, although fully automated, use several separate analytical steps and require at least one full day of work to complete the analysis, as shown in our workflow study with the Aptima assay. Our workflow study indicated the the Xpert assay required a mean time to results that was 15h shorter that with the Aptima on the Panther platform. The automated real-time quantitative RT-PCR Xpert HBV assay could also be used as a point-of-care (POC) test for patient management (outside a central laboratory, near the point of patient care). The relatively uncomplicated nature of the Xpert HBV assay, coupled with its ability to deliver same-day results, make it particularly well suited for use in low-income areas, and also to avoid batch processing in industrialized countries. Were this assay to be deployed in resource-constrained settings where GeneXpert platforms are already being used for

diagnosing HIV-1 or tuberculosis diagnostics, has the potential to increase access to HBV testing worldwide. The diagnosis of HBV infection in these countries rely on serological markers, the WHO guidelines in 2015 stated that a quantitative HBV DNA assay may help treatment decisions. (18).

Our study presents some limitations. First, we did not have enough samples to retest discrepant results. Secondly, the workflow study was a single center study and the number of samples was low.

In conclusion, the Xpert HBV assay performed well and was quite comparable with current reference tests. The minimal training and infrastructure required make it attractive for use in resource-constrained settings. The quantitative Xpert assay is a promising tool for monitoring the treatment of HBV patients; it could change how HBV DNA are monitored.

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- **Declarations of interest.** None

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Table 1: determination of the limit of detection

Dilution	Number of replicates	Number of detected samples		
(UI/mI)		(%)		
50	10	10 (100%)		
20	10	10 (100%)		
10	10	10 (100%)		
5	10	8 (80%)		
2.5	10	6 (60%)		

314 Table 2: Reproducibility

Sample	Mean HBV DNA	SD	CV (%)	Median	Range
	Log <sub>10</sub> IU/ml	Log <sub>10</sub>		Log <sub>10</sub> IU/ml	Log <sub>10</sub> IU/ml
		IU/mI			
Α	5.1	0.06	1.1	5.01	5.40-4.80
В	3.9	0.10	2.6	3.65	4.05 – 3.51
С	2.2	0.28	12.7	2.16	1.77- 2.86

Note: SD, standard deviation; CV, coefficient of variation.

317 Figures legends: 318 Figure 1. Xpert assay linearity using samples of different HBV genotypes (3 replicates per 319 samples). 320 Figure 2. Correlation between Xpert and Aptima quantitative results. All values are in log 321 IU/mL. (A) Deming regression analysis. The dotted line represents theoretical parity of 322 results. (B) Bland-Altman analysis. Dotted line represents the overall bias (average difference 323 between Xpert and Aptima results). The horizontal solid lines represent the 95% limit of 324 agreement. 325 326 Figure 3. Patient monitoring: virus loads of 19 treated HBV-infected patients: Xpert results 327 (solid line) and Aptima results (dotted line). 328

Figure 1

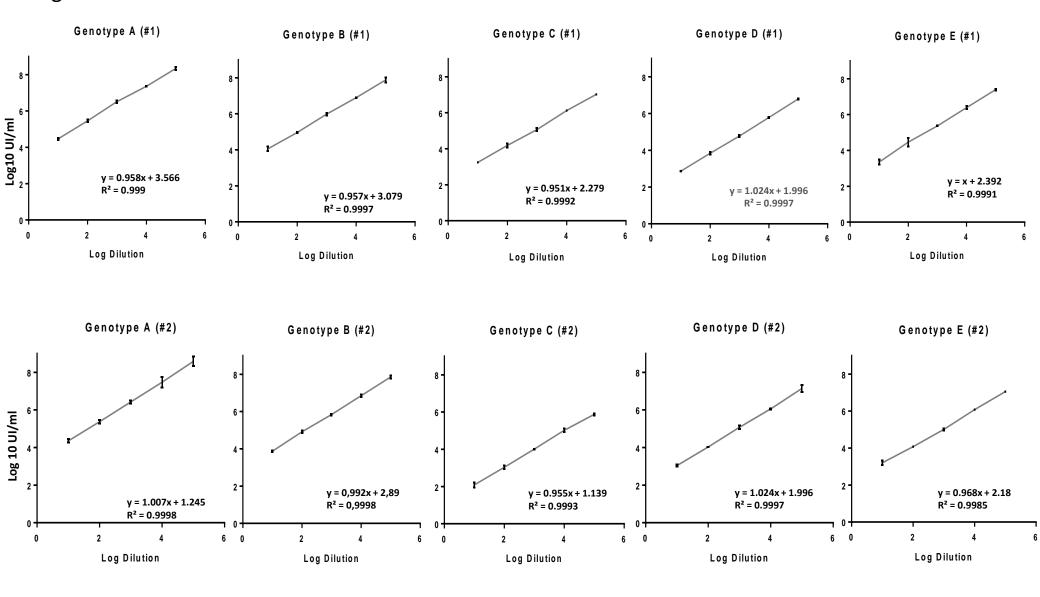
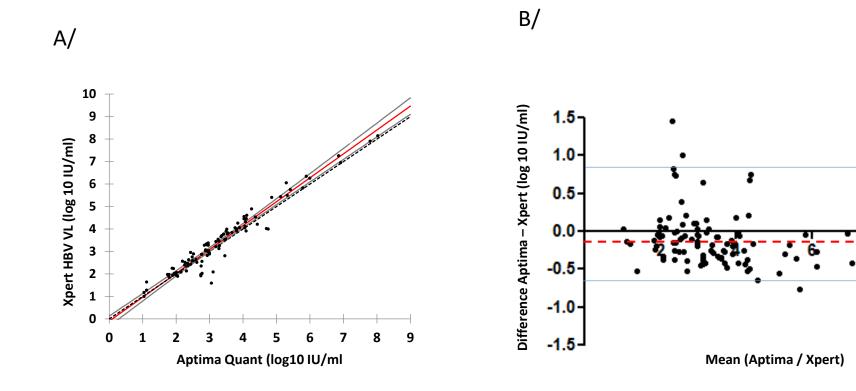


Figure 2

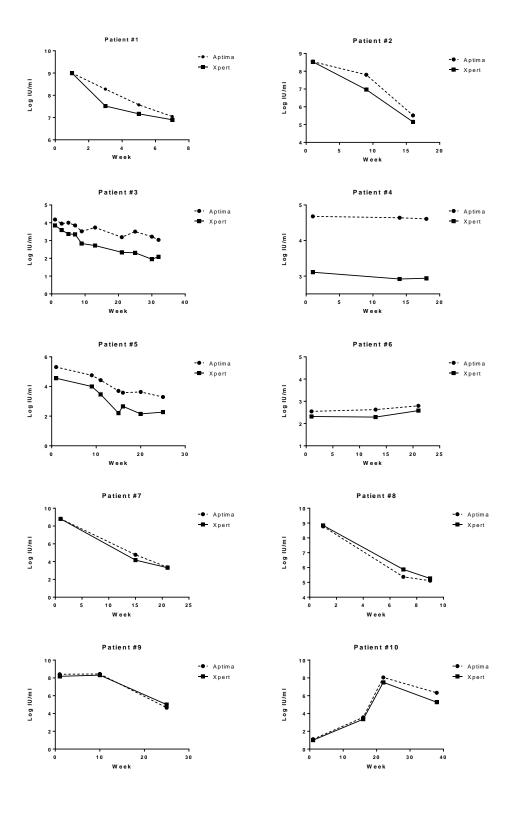


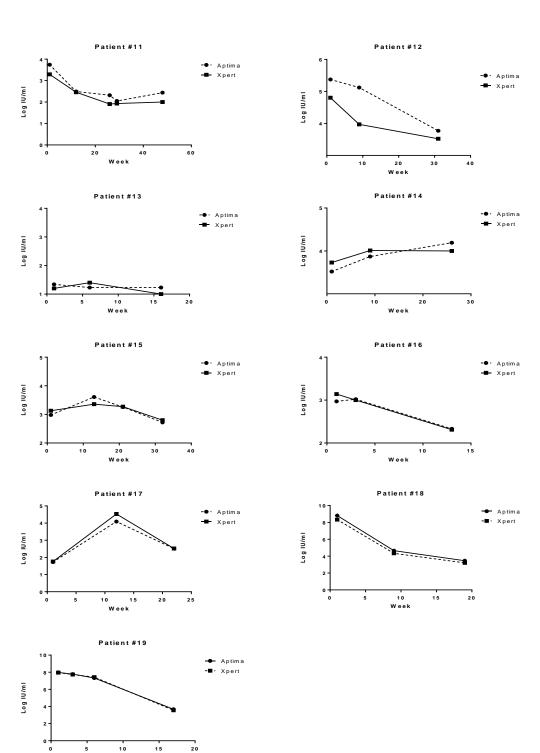
+2 SD

Mean

-2 SD

Figure 3





Week