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Laparoscopic Resection of Diaphragmatic Endometriosis in 10 Steps

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1 **Video article**

2 **Laparoscopic resection of diaphragmatic endometriosis in 10 steps**

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22 nothing to disclose. No funding was received for the realization of this video article.

23

24 This video has not been published elsewhere and is not under review at any other journal.

25

26 **Precis**

27 We describe a new laparoscopic approach by a right lateral access combined with a trans-
28 diaphragmatic thoracoscopy to treat diaphragmatic endometriosis. The procedure is
29 described in 10 steps.

30

31

32 **Abstract:**

33 **Study Objective:** Laparoscopic resection of diaphragmatic endometriosis has the
34 advantages of a minimally invasive approach. The standardization and description of the
35 technique are the main objectives of this video. We described the procedure in 10 steps to
36 make it easier and safer.

37 **Design:** Step-by-step video demonstration of the technique.

38 **Setting:** French university tertiary care hospital.

39 **Patients:** Patients with diaphragmatic endometriosis confirmed by MRI. The local
40 institutional review board ruled that approval was not required for this video article because
41 the video describes a technique and does not report a clinical case.

42 **Intervention:** There are no guidelines on the surgical treatment of diaphragmatic
43 endometriosis. We propose a laparoscopic approach by a right lateral access with the patient
44 on left lateral decubitus position.

45 **Measurements and Main Results:** This video presents the procedure divided in 10 steps.
46 1- Set up. 2- Patient position. 3- Installation of the trocars. 4- Releasing the liver. 5- Exposure
47 of the diaphragmatic endometriosis. 6- Making a diaphragmatic defect. 7- Exploring the
48 thoracic cavity. 8- Resection of diaphragmatic endometriosis. 9- Inserting the suction
49 catheter. 10- Closing the diaphragmatic defect.

50 **Conclusion:** Standardization of laparoscopic resection of diaphragmatic endometriosis could
51 make this procedure easier and safer to perform. Left lateral decubitus helps to have a
52 complete exposure of the right diaphragmatic muscle and endometriosis. Presented 10 steps
53 help to perform each part of surgery in logical sequence making the procedure ergonomic,
54 easier to adopt and learn. Standardization of laparoscopic techniques could help to reduce
55 the learning curve.

56

57 **Keywords:** diaphragmatic endometriosis; trans-diaphragmatic thoracoscopy; 10 steps

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75 List of attached video:

76 - diaphragmatic endometriosis.mp4