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**Glatiramer acetate reduces infarct volume in diabetic mice with cerebral ischemia and prevents long-term memory loss**

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**Key words:** stroke, translational, immunomodulation, inflammation, post-stroke dementia, cognitive decline

## ABSTRACT

Stroke is currently the second leading cause of death in industrialized countries and the second cause of dementia after Alzheimer's disease. Diabetes is an independent risk factor for stroke that exacerbates the severity of lesions, disability and cognitive decline. There is increasing evidence that sustained brain inflammation may account for this long-term prejudicial outcome in diabetic patients in particular. We sought to demonstrate that experimental permanent middle cerebral artery occlusion (pMCAo) in the diabetic mouse aggravates stroke, induces cognitive decline, and is associated with exacerbated brain inflammation, and that these effects can be alleviated and/or prevented by the immunomodulator, glatiramer acetate (GA).

Male diabetic C57Bl6 mice (streptozotocin IP) subjected to permanent middle cerebral artery occlusion (pMCAo), were treated by the immunomodulator, GA (Copaxone<sup>®</sup>) (1mg/kg daily, sc) until 3 or 7 days post stroke. Infarct volume, brain pro- and anti-inflammatory mediators, microglial/macrophage density, and neurogenesis were monitored during the first week post stroke. Neurological sensorimotor deficit, spatial memory and brain deposits of A $\beta$ 40 and A $\beta$ 42 were assessed until six weeks post stroke.

In diabetic mice with pMCAo, proinflammatory mediators (IL-1 $\beta$ , MCP1, TNF $\alpha$  and CD68) were significantly higher than in non-diabetic mice. In GA-treated mice, the infarct volume was reduced by 30% at D3 and by 40% at D7 post stroke ( $P < 0.05$ ), sensorimotor recovery was accelerated as early as D3, and long-term memory loss was prevented. Moreover, proinflammatory mediators significantly decreased between D3 (COX2) and D7 (CD32, TNF $\alpha$ , IL-1 $\beta$ ), and neurogenesis was significantly increased at D7. Moreover, GA abrogates the accumulation of insoluble A $\beta$ 40.

This work is the first one to evidence that the immunomodulatory drug GA reduces infarct volume and proinflammatory mediators, enhances early neurogenesis, accelerates sensorimotor recovery, and prevents long-term memory loss in diabetic mice with pMCAo.

**Highlights:**

- GA prevents an increase in proinflammatory mediators after stroke in diabetic mice
- GA reduces infarct volume, accelerates sensorimotor recovery in a diabetic mouse model of stroke
- GA prevents long-term memory loss in a diabetic mouse model of stroke
- GA abrogates the accumulation of insoluble A $\beta$ 40 in a diabetic mouse model of stroke

## 1. Introduction

Ischemic stroke is the second cause of mortality and dementia in industrialized countries and a major health burden (Gorelick et al., 2011). The most important risk factor is hypertension but the pandemic of diabetes announced for 2035 threatens to increase the occurrence of stroke and worsen the already critical situation (Organization). Actually, diabetes increases the risk of stroke and related mortality by three-fold, delays recovery with a more severe residual disability, and increases the risk of post-stroke dementia (Snyder et al., 2015, Chen et al., 2016). Therapeutic strategies are limited and in the acute phase rely on pharmacological (intravenous administration of recombinant tissue plasminogen activator) or mechanical clot removal (Jovin et al., 2015), accessible to less than 10% of patients (Bhaskar et al., 2018). However, patients can still spontaneously improve, mainly within the first three months, suggesting spontaneous plasticity and cortical reorganization in the brain (Kubis, 2016). The immune system is activated early after arterial occlusion and can either aggravate or limit the infarct volume and neurological deficit depending on the timeframe within which it is activated and the cells with which it interacts (Planas et al., 2006). Experimental studies have demonstrated that the time course of microglia/macrophage activation differs according to the stroke model (permanent or transient middle cerebral artery occlusion, pMCAo or tMCAo), and species (Gronberg et al., 2013, Kanazawa et al., 2017). Flow cytometry showed that after transient middle cerebral artery occlusion (tMCAo), this activation occurs as early as 12h in mice (Gelderblom et al., 2009) and at D1 in Wistar rats (Lehmann et al., 2014). In a murine model of tMCAo, the proinflammatory M1 response (considered relatively deleterious) is identified as early as D1 post stroke, remains maximal over the first three days post-arterial occlusion and persists for at least one week (Gelderblom et al., 2009) or two weeks ((Hu et al., 2012), whereas the anti-inflammatory M2 response, (considered relatively beneficial) peaks between D3 and D5, then returns to baseline levels, suggesting a shift to a deleterious profile (Hu et al., 2012).

Basal metabolism in diabetes has been reported to be associated with inflammation. Proinflammatory cytokines (TNF $\alpha$ , IL- $\beta$ ) are increased whereas the anti-inflammatory cytokine IL-10 is decreased in the serum of diabetic patients (Tong et al., 2017). In db/db mice, a genetic model of type 2 diabetes, the proinflammatory cytokines (IL-1 $\beta$ , TNF $\alpha$ , IL-6) are increased in the serum, hypothalamus and hippocampus (Dinel et al., 2011), and similar results are found in rats with type 2 diabetes, with increased IL-1 $\beta$  and INF $\gamma$  levels in the hippocampus (Hwang et al., 2014). This “basic” inflammation is enhanced in diabetes, and could explain the increased infarct volume, neuronal death and more severe sensorimotor

neurological deficit, at least during the first days post stroke (Dave et al., 2011, Tureyen et al., 2011, Poittevin et al., 2014).

Increased inflammation in diabetics may also play a role in post-stroke dementia that occurs within five years in 25% of stroke survivors. This cognitive decline may be partly due to the toxic effects of the inflammatory CD4+ and CD8+ T cells and B cells accumulating at D14 post stroke in the ipsilateral thalamus (Jones et al., 2018), an area of secondary neurodegeneration that is not initially affected by ischemia but found to degenerate in the months following arterial occlusion (Zhang et al., 2012, Jones et al., 2018). Indeed, beta amyloid peptide (A $\beta$ ), a hallmark of Alzheimer's disease where it accumulates in the form of plaques and plays a role in neurotoxicity (Roychaudhuri et al., 2009), has been found to aggregate in the rodent thalamus after tMCAo (van Groen et al., 2005, Makinen et al., 2008), and likely exacerbates the loss of neurons. However, the relationship with post-stroke dementia is unclear and other structures such as the hippocampus, the degeneration of which affects memory loss, have not been investigated in diabetics. Manipulating the immune system to modify the course of post-stroke cognitive decline may be particularly relevant in diabetes, where sustained long-term inflammation likely contributes to a more severe post-stroke neurological and cognitive deficit. In a model of type 1 diabetic mice subjected to pMCAO, we first showed that inflammation was exacerbated in the brain, and that these mice had impaired learning, long-term retention and capacity to learn a new task. We therefore examined the impact of immunomodulation provided by Glatiramer acetate (GA), a disease modifying drug licensed for use in multiple sclerosis that is a demyelinating disease of the central nervous system caused by a Th1-driven excessive proinflammatory response. Although the mechanism of action of GA is has not been clearly elucidated, it is thought to inhibit Th1, promote Th2/Treg responses or reduce microglia/macrophage activation.

## **2. Materials and methods**

All experiments and surgical procedures were performed according to the European Community Directive (2010/63/EU), the ARRIVE (Animal Research Reporting In Vivo Experiments) guidelines, and the French national guidelines for the care and use of laboratory animals. The study was approved by the French ministry of Higher Education for Research and Innovation (#13542-2018051110193197).

### *2.1. Experimental design*

The brain inflammatory profile was assessed in a first set of non-diabetic and diabetic mice at D1 and D7 after induction of cerebral ischemia by permanent middle cerebral artery occlusion (pMCAo).

In a separate set of mice, diabetic mice were subjected to pMCAo at D0 then randomly assigned to daily subcutaneous saline solution (vehicle) or GA for 3 days or 7 days. Sensorimotor examination was conducted at D1, D3, D7 and D14, and cognitive function was assessed at weeks 5 and 6 (between D29 and D40) after induction of cerebral ischemia. Infarct volume, microglia/macrophage, T lymphocytes and neurogenesis density analyses were performed at D3 and D7. Quantification of inflammatory and immune markers (COX2, CD32, TNF $\alpha$ , CD86, IL-1 $\beta$  and CD206, Arg1, IL-4, TGF $\beta$ , IL-10) in the brain at D3 and D7 and in the blood (TNF $\alpha$ , IL1 $\beta$ , INF $\gamma$ , IL4 and IL10) at D3 and D40. Soluble and insoluble fractions of A $\beta$ 40 and A $\beta$ 42 D40 were quantified in the brain at D40 (Supplementary Figure 1). We have previously shown that diabetic mice subjected to pMCAo had an increased infarct volume and worsened neurological deficit compared to non-diabetic mice (Poittevin et al., 2015). Infarct volume in non-diabetic mice subjected to pMCAO and treated with GA, was no different to that of vehicle-treated mice (Poittevin et al., 2013). Lastly, in a preliminary study, we sought to identify whether post-stroke cognitive decline occurred only in diabetic mice subjected to pMCAO and not in non-diabetic mice subjected to pMCAo. For these three reasons, we only assessed the efficacy of GA in diabetic mice subjected to pMCAo. As control groups for the assessment of cognitive decline, sham non-diabetic mice (C), sham diabetic mice (D), and non-diabetic mice subjected to pMCAO were also evaluated. All experiments were conducted by investigators blinded to the status (diabetic and non-diabetic) and the treatment (GA or saline solution).

## *2.2. Diabetes induction*

Male C57BL/6J mice (Janvier, Le Genest Saint-Isle, France) were housed in a 12h light-dark cycle and had free access to food and water. At the age of six weeks, with a mean body weight of 20g, mice were divided into two groups: one group received five consecutive daily intraperitoneal (IP) injections of STZ (60 mg/kg in 100  $\mu$ L of citrate buffer) to induce diabetes, and the other a sham injection of the vehicle (citrate buffer). Glycemia was tested weekly for 8 weeks. Mice with sustained hyperglycemia (>300 mg/dL) were considered as diabetic (90% of treated mice).

## *2.3. Permanent Middle Cerebral Artery occlusion (pMCAo)*

Mice were anesthetized with isoflurane (initially 2%, followed by 1.5 to 1.8% in O<sub>2</sub>) and body temperature was continuously monitored to ensure it remained at 37 ± 0.5°C using a heating blanket (Homeothermic Blanket Control Unit; Harvard Apparatus Limited, UK). They were subjected to permanent focal cerebral ischemia by electrocoagulation of the middle cerebral artery as described previously (Poittevin et al., 2013). D0 refers to the day of pMCAo.

#### *2.4. Drug treatment*

Each animal received a subcutaneous injection of either 200µL saline solution (vehicle) or 2mg glatiramer acetate (GA) (Copaxone®) (Sanofi, Paris, France) in 200µL saline solution for three or seven consecutive days, immediately after the end of surgery, approximately 5 minutes after occlusion of the MCA.

#### *2.5. Sensorimotor deficit assessment*

At D-1, all mice underwent a one-day training phase in order to avoid biases linked to learning and stress. At D1, D3, D7 and D14 after pMCAo, the mice selected for the long-term study underwent a neurological evaluation consisting of five tests: neurological score, grip and string test, beam walking and pole test. The maximum global score was 19, with the lower neurologic score corresponding to a more severe deficit (Haddad et al., 2008).

#### *2.6. Cognitive assessment*

Before testing spatial memory (Barnes Maze) in mice at D40, we verified that there was no persistent sensorimotor deficit by determining the global neurological score at D14, and assessing spontaneous locomotor activity (open field) at D27 and D28. At D29, mice were placed in the “behavior” room so they could become accustomed to the environment where they were subjected to a 12h night-day cycle with food and water provided ad libitum.

##### *2.6.1. Open field*

Spontaneous locomotor activity was evaluated in the open field to detect any residual sensorimotor deficit or potential anxiety likely to cause the mice to “freeze”, thus skewing the results of the Barnes Maze test. The open field is a chamber (50×50×40 cm) made of light gray polyvinylchloride (TSE systems GmbH, Bad Homburg, Germany) from which the mice cannot escape. The open field is fitted with a top-mounted charge-coupled infrared video camera and lit by diffuse white light (5 Lux). Spontaneous activity (total distance traveled in cm and mean velocity in cm/s) was measured automatically for 30 minutes by an EthoVision

XT system and analyzed by EthoVision XT 11.5 tracking software (Noldus, Wageningen, The Netherlands). Open field activity was assessed at D27 and D28 in four groups: vehicle, GA, diabetic mice without stroke (D)—to check whether diabetes alone was sufficient to affect the test—and control mice (C) (no diabetes and no stroke).

### *2.6.2. Barnes Maze*

The Barnes Maze tests the ability of a mouse placed in the maze, to learn and remember the location of an escape box using visual clues around the testing area. As previously described (Cifuentes et al., 2017), the maze is an open space one meter in diameter; it is painted white and brightly lit to create an anxiety-provoking environment. There are 20 holes spaced equidistantly around the circumference. A black escape box is randomly placed under one of these holes that the mouse will seek for shelter. The mouse is placed into an opaque white cylinder in the center of the maze for 10 seconds to disorientate it. The cylinder is then removed and the mouse is allowed to explore the maze. Mice are trained three times a day with a 15-minute rest between each trial. The location of the escape box is randomly assigned and changes between mice. For the first four days, in the training phase, the mouse has to learn the location of the escape box hidden beneath one of the 20 holes. Learning is measured by the gradually shorter time spent before finding the escape box. After a two-day break, during which the mice are left undisturbed in their home cage, they are once again placed in the Barnes Maze to measure their ability to recall the location of the escape box in the retention phase (7<sup>th</sup> day of evaluation). One day later, the escape box is changed to a different location, and during that phase (reversal phase) that lasts 3 days (8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> days of evaluation), the mice's ability to learn and retain a new location is measured.

The Barnes Maze test was conducted one month after induction of cerebral ischemia, between D29 and D39. The behavior of mice in the maze during each phase was recorded with the camera, and the time required to find the escape box (latency to escape) was measured.

### *2.7. Assessment of infarct volume and edema*

On the day of sacrifice (D3 or D7), mice were transcardially perfused with heparinized saline, followed by 4% paraformaldehyde (PFA) in 0.1 M phosphate buffer, pH 7.4. Brains were removed, post-fixed overnight in PFA and cryoprotected in 20% sucrose. Coronal 30  $\mu$ m-thick sections were cut frozen using a cryostat CM 1950 (Leica Biosystems, Nussloch, Germany). Every eighth 30 $\mu$ m-thick floating section was stained with Cresyl violet. The cortical infarct area was measured using ImageJ software (National Institutes of Health,

Bethesda, MD), to calculate the stroke volume ( $\text{mm}^3$ ) by integrating measured areas and distances between sections. Measured infarct volume was corrected for edema with the following formula: corrected infarct volume = measured infarct volume  $\times$  (contralateral hemisphere volume/ipsilateral hemisphere volume) as already described (Poittevin et al., 2013).

### 2.8. Immunohistochemistry

30 $\mu\text{m}$ -thick floating coronal sections were incubated with primary antibody overnight at 4°C—anti-Ki67 (1:200, Abcam, Cambridge, UK), anti-doublecortin (DCX) (1:100, Santa Cruz, Dallas, TX), anti-Iba1 (1:200, Wako, Japan), anti-CD3 (1:200, Dako, Santa Clara, USA) and anti-glucose transporter-1 (Glut-1) (1:500, Millipore, Burlington, MA) to detect proliferative cells, neuroblasts, microglia/macrophage cells, T cells and vessels, respectively. Appropriate fluorescent-labelled secondary alexa fluor 594 or 488 antibodies (Molecular Probes, Eugene, OR, 1:400) were applied for one hour at room temperature. Specificity was checked by omitting the primary antibody.

### 2.9. Morphological analysis

Counting was conducted blind with respect to mouse status on three coronal brain sections at +0.80 mm, -0.80 mm, and -1.20 mm relative to bregma, all of which consistently included the infarct area.

*Cell proliferation* (D3) counting was assessed in the ipsilateral hemisphere including the subventricular zone (SVZ) in particular, and expressed by the average number of Ki67+ cells/section.

*Neurogenesis* (D7) counting was assessed as described for cell proliferation and expressed as the average number of Ki67+/DCX+ cells/section.

*Microglial/macrophage cell* density was manually evaluated in three randomly chosen regions of interest (ROI, 0.15  $\text{mm}^2$ ) in the peri-infarct area by counting Iba1+ cells with an amoeboid aspect at D3. Because cell density increased dramatically at D7, individual cell-count was impossible. Microglial/macrophage cell density was therefore assessed by calculating the Iba1+-positive area using NIH ImageJ software (10X) (arbitrary units). To account for the varying infarct volumes between groups, microglia/macrophage density was further expressed as the following ratio: cell density/infarct volume (number of cells/ROI/ $\text{mm}^3$ ).

*T-cell* density was manually assessed in the whole section by counting CD3+ cells at D3 and D7.

### 2.10. RT-PCR analysis

RNAs were isolated from the ipsilateral brain hemisphere using the RNEasy lipid tissue mini kit (Qiagen, Courtaboeuf, France). Reverse transcription was performed with Ready-to-Go RT-PCR Beads (GE Healthcare, Uppsala, Sweden) and real-time PCR with FS Essential DNA Green Master (Roche, France) on a LightCycler from Roche. The primers used for PCR are listed in Table 1. The primer set specific for mouse peptidylprolyl isomerase A (cyclophilin A) was purchased from Qiagen. All assays were performed in triplicate. The mRNA levels were normalized to the cyclophilin A mRNA content.

### 2.11. Multiplex analysis

Blood proteins were analyzed using multiplex technology on a MAGPIX system (MILLIPLEX® Analyst 5.1 software) as recommended by the manufacturer. The panel (Bio-Techne, UK) included TNF $\alpha$ , IL1 $\beta$ , INF $\gamma$ , IL4 and IL10.

### 2.12. A $\beta$ 40 and A $\beta$ 42 quantification

At D40 post stroke, mice were perfused with heparinized saline, brains were rapidly removed, snap frozen in liquid nitrogen and stored at -80°C. Brain hemispheres were homogenized at 10% (w/v) in phosphate buffered saline (PBS) containing protease inhibitor cocktail 2 Sigma-Aldrich (St Louis, MO) using a MagNA Lyser homogenizer (Roche, Rotkreuz, Switzerland), 2 x 25 sec at 6500 rpm. One half of each homogenate was centrifuged at 25,000 x g for 60 minutes at 4°C, the supernatants were collected (soluble fraction), and the protein concentration in the supernatants was determined using the BCA Protein Assay Reagent (Pierce, Rockford, IL). The other half of the homogenate was added to 8x mass of cold 5 mol/L guanidine-HCl containing 50 mmol/L trisHCl, pH 8.0, homogenized thoroughly using an Ultra Turrax T25 homogenizer, and incubated at room temperature for 4 hours with rotation. The homogenates were then diluted with cold Dulbecco's phosphate-buffered saline containing 5% BSA, 0.03% Tween-20 and protease inhibitor cocktail 2 (Sigma-Aldrich) at 1:20, and centrifuged at 16,000 x g for 20 minutes at 4°C (insoluble fraction). Millipore's MILLIPLEX MAP Human Neurodegenerative Disease Magnetic Bead Panel 4 kit (Merck KGaA, Darmstadt, Germany) was used for simultaneous quantification of A $\beta$ 40 and A $\beta$ 42 peptides in both soluble and insoluble fractions of the brain, according to the manufacturer's

instructions. The results were read on a MAGPIX instrument (Luminex Corporation, Austin, TX) and analyzed using the  $\chi$ PONENT for MAGPIX 4.2 software (Luminex).

### 2.12. Statistical analysis

Statistical analyses were performed with Prism 7.02 software (GraphPad, San Diego, CA). Data are expressed as mean $\pm$ SD. The Shapiro-Wilk normality test was used to assess whether the data were consistent with a Gaussian distribution. Comparisons between GA and vehicle groups were made using a *t*-test or a non-parametric Mann-Whitney at each time point. Two-way ANOVA for repeated measures was used to analyze data in the training (1st–4<sup>th</sup> days) and reversal (8<sup>th</sup> –10<sup>th</sup> days) phases in the Barnes Maze test. Post-hoc analyses were performed using Bonferroni's multiple comparison tests. A value of  $P < 0.05$  was considered statistically significant.

## 3. Results

Before surgery, 30% of mortality was due to diabetes. At D0, there was no significant difference in mean glycemia between the vehicle-treated mice and the GA-treated mice (425.00 $\pm$ 69.60 and 442.40 $\pm$ 70.79, respectively). In the GA group, two mice died at D3 and three at D7, and in the Vehicle group, one died at D3 and two at D7. At D40, two GA mice died versus six in the Vehicle group. Glycemia levels were not significantly different between the vehicle-treated mice and the GA-treated mice prior to treatment allocation (452,90 $\pm$ 63,40 and 442,40 $\pm$ 70,79 mg/dl,  $P = 0.67$ , respectively), or after 7 days of daily GA injections (499,60 $\pm$ 66,74 and 453,00 $\pm$ 68,62 mg/dl,  $P = 0.22$ , respectively).

### 3.1. GA improves sensorimotor deficit in diabetic mice at D3

At D1, compared to D-1, we observed a significant reduction in the neurological score in both the GA- (13.75 $\pm$ 3.61,  $n=20$  versus 17.80 $\pm$ 1.20,  $n=20$ , respectively;  $P < 0.0001$ ) and Vehicle-treated mice (12.47 $\pm$ 3.70,  $n=19$  versus 18.05 $\pm$ 1.35,  $n=19$ , respectively;  $P < 0.0001$ ) (Figure 1). There were no significant differences between the two treated groups at D1, indicating that the surgery induced a similar neurological deficit that remained unchanged 24 hours after administration of GA. At D3, the scores were significantly higher in GA mice compared to Vehicle mice (13.60 $\pm$ 1.64,  $n=20$  versus 10.63 $\pm$ 3.61,  $n=19$ ;  $P = 0.002$ ) indicating a quicker recovery in the GA-treated mice. However, no further differences were found between the two groups at D7 (14.45 $\pm$ 2.78,  $n=20$  versus Vehicle 12.95 $\pm$ 4.37,  $n=19$ ;  $P = 0.21$ ) and at D14 (17.19 $\pm$ 1.47,  $n=16$  versus 16.63 $\pm$ 1.67,  $n=16$ ;  $P = 0.32$ ) (Figure 1).

At D7, compared to D3, there was no significant change in the neurological score in either the Vehicle- ( $P = 0.083$ ) or the GA-treated mice ( $P = 0.25$ ). At D14, compared to D-1, GA mice ( $P = 0.18$ ) had normalized neurological scores whereas evidence of sensorimotor impairment was still present in Vehicle-treated mice ( $P = 0.0018$ ); this however was normalized before the open field and Barnes Maze assessments.

### 3.2. GA improves the retention task in diabetic mice

#### 3.2.1. Open field

In order to avoid interpretation biases, we first verified the ability of mice to spontaneously walk the equivalent distance with similar velocity in an open field. We compared control mice (C), diabetic mice without pMCAo (D), non-diabetic mice with pMCAo (pMCAo), diabetic mice with pMCAo treated with saline solution (Vehicle) and diabetic mice with pMCAo treated with GA (GA) (Figure 2A). Overall ANOVA of these data showed that there was a significant difference between the five groups in the total distance travelled spontaneously by the mice in the open field ( $P = 0.0015$ ). Post-hoc analysis showed no significant differences between GA, Vehicle, D or pMCAo mice in terms of the total distance travelled ( $7131 \pm 1328$ cm,  $n=15$  versus  $6803 \pm 1341$ cm,  $n=15$  versus  $6086 \pm 1627$ cm,  $n=8$  versus  $7573 \pm 1674$ cm,  $n=10$ , respectively). However, compared to the control group ( $9542 \pm 1554$ cm,  $n=10$ ), the distance travelled by mice in all three diabetic groups was significantly less (C vs D,  $P < 0.001$ ; C vs Vehicle,  $P < 0.01$ , C vs GA,  $P < 0.05$ ). The distance travelled by pMCAo mice was not significantly different from that of control mice. Likewise, although mean velocity did not differ between the three diabetic groups, it was significantly lower compared to controls (GA  $4.21 \pm 0.79$ cm/s,  $n=15$ ; Vehicle  $3.96 \pm 0.74$ cm/s,  $n=15$  and D  $3.38 \pm 0.90$ cm/s,  $n=8$ ) versus (C  $5.30 \pm 0.86$ cm/s,  $n=10$ ) whereas the difference in mean velocity between pMCAo mice ( $4.33 \pm 0.75$ cm/s  $n=10$ ) and control mice was not statistically significant, with an overall significance of  $P = 0.0015$  (Figure 2A).

#### 3.2.2. Barnes Maze (Table 2)

In the training phase, two-way repeated measures ANOVA showed a significant reduction in the latency to escape between the 1<sup>st</sup> day and the 4<sup>th</sup> day ( $n=7-17$ ,  $P < 0.0001$ ) in all five groups (Figure 2B). Post-hoc analysis showed no significant differences over time between the five groups (GA, Vehicle, pMCAo, D, and C) in terms of their learning ability to find the escape box, except in GA mice at D3 that showed a significantly increased latency compared

to pMCAo mice ( $P < 0.05$ ). No significant differences were found between any groups on the 4<sup>th</sup> day. All five groups accomplished the training phase with similar efficacy indicating that GA did not accelerate the learning process.

After two days of rest, the overall one-way ANOVA in the retention phase showed a significant difference between the groups ( $n=7-17$ ,  $P < 0.0001$ ). Latency to escape was increased in Vehicle mice compared to GA mice ( $P < 0.001$ ), D mice ( $P < 0.01$ ), C mice ( $P < 0.05$ ), and non-diabetic pMCAo mice ( $P < 0.001$ ) indicating that pMCAo induced a significant impairment in diabetic mice and that GA significantly improved the long-term spatial memory in these mice (Figure 2B).

In the reversal phase, there was an overall significant reduction in the latency to escape between the 8<sup>th</sup> day and the 10<sup>th</sup> day ( $n=7-17$ ,  $P < 0.0001$ ). Post-hoc analysis showed that at the beginning of the reversal phase (8<sup>th</sup> day after starting the Barnes Maze evaluation), Vehicle mice showed a significantly increased latency to escape compared to control mice ( $P < 0.0001$ ), D mice ( $P < 0.01$ ) and pMCAo mice ( $P < 0.0001$ ); GA-treated mice performed less well than the C mice ( $P < 0.05$ ). No significant differences were found in other pairwise comparisons (Figure 2B). On the 9<sup>th</sup> and 10<sup>th</sup> days of evaluation, a significantly increased latency to escape persisted in Vehicle mice compared to control mice ( $P < 0.01$  and  $P < 0.05$ , respectively), to diabetic mice ( $P < 0.01$  and  $P < 0.05$ , respectively), and to pMCAo mice ( $P < 0.001$  and  $P < 0.01$ , respectively). Moreover, on the 9<sup>th</sup> day, a significant difference was found between our GA and Vehicle groups ( $P < 0.01$ ), suggesting that GA mice were able to recall the new information whereas this was not the case for Vehicle mice at any time of the reversal phase. No more significant differences were detected between GA mice and any of the other four groups, at the other stages of the evaluation (Figure 2B).

To summarize, Vehicle mice (diabetic mice with pMCAo) showed cognitive impairment that was reflected in the increased latency to find the escape box in the retention phase and in the reversal phase (8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> days) of the Barnes maze test, compared to C, D and pMCAo mice. In the retention phase, GA averted the long-term spatial memory deficiency that was evidenced in diabetic mice after pMCAo. In the reversal phase, there was a significantly lower latency to escape in the GA mice compared to the Vehicle mice on the 9<sup>th</sup> day, indicating an improvement in treated mice.

### *3.3. Stroke volume and edema*

At D3, infarct volume was significantly reduced in GA mice compared to Vehicle mice ( $11.78 \pm 1.60 \text{mm}^3$ ,  $n=7$  versus  $15.17 \pm 2.77 \text{mm}^3$ ,  $n=7$ , respectively;  $P = 0.016$ ) (Figure 3). This

difference persisted at D7 and was even greater ( $2.59 \pm 1.28 \text{mm}^3$ ,  $n=7$  versus  $7.08 \pm 3.73 \text{mm}^3$ ,  $n=7$ , respectively;  $P = 0.011$ ). No hemorrhage was observed during brain extraction or during preparation of coronal sections. No significant differences in terms of edema volume were observed between the two groups at D3 ( $1.50 \pm 1.42$ ,  $n=7$  vs  $3.10 \pm 3.48$ ,  $n=7$ , respectively;  $P = 0.28$ ) (Figure 3).

#### *3.4. Microglia/macrophage and T-cell density*

Microglia/macrophage cells (Iba1+) adopted a round amoeboid shape in the peri-infarct area at D3 and D7, indicating a change in the state of activation. At D3, no differences in microglia/macrophage cell density were evidenced between GA and Vehicle mice ( $51.00 \pm 12.81$  cells/ROI,  $n=7$  versus  $50.71 \pm 8.16$  cells/ROI,  $n=7$ , respectively;  $P = 0.96$ ), nor at D7 ( $0.26 \pm 0.69$  a.u./section,  $n=7$  versus  $0.30 \pm 0.11$  a.u./section,  $n=7$ , respectively;  $P = 0.17$ ) (Figure 4).

T cells predominated in the peri-infarct area, were scarce at D3 and D7 but dramatically increased by D40 and densely packed in the peri-infarct area. No differences in T cell density were evidenced between GA and Vehicle mice at D3 ( $30.9 \pm 16.5$  cells/section versus  $31.1 \pm 27.2$  cells/section, respectively;  $P = 0.65$ ) or at D7 ( $33.0 \pm 22.4$  cells/section versus  $28.4 \pm 7.5$  cells/section, respectively;  $P = 0.60$ ) ( $n=6-7$ ).

#### *3.5. RT-PCR analyses of the expression of inflammatory mediators*

##### *3.5.1. Diabetes induces up-regulation of brain mRNA encoding for proinflammatory cytokines in mice subjected to pMCAo*

At D1 post stroke, diabetic mice had increased expression of IL-1 $\beta$  ( $P = 0.025$ ), MCP1 ( $P = 0.038$ ), IL-6 ( $P = 0.00076$ ) and TNF $\alpha$  ( $P = 0.0032$ ) mRNA compared to non-diabetic mice, whereas CD68 and IL-4 mRNA levels were not significantly different between groups (Table 3).

At D7 post stroke, diabetic mice showed increased expression of IL-1 $\beta$  ( $P = 0.0032$ ), MCP1 ( $P = 0.05$ ), TNF $\alpha$  ( $P = 0.0025$ ) and CD 68 ( $P = 0.027$ ) mRNA but also down-regulation of the anti-inflammatory cytokine IL-4 mRNA ( $P = 0.0023$ ) whereas IL-6 mRNA levels were not significantly different compared to non-diabetic mice (Table 3).

##### *3.5.2. Proinflammatory mediator expression is reduced in the brain of GA mice as early as D3 and at D7*

At D3, **COX2** mRNA was significantly decreased in GA mice compared to Vehicle mice ( $0.40 \pm 0.14$  a.u., n=7, versus  $2.74 \pm 3.01$  a.u., n=8;  $P = 0.014$ ). **CD32** mRNA expression was not impacted by GA treatment ( $0.77 \pm 0.25$  a.u., n=8, versus  $1.13 \pm 0.42$  a.u., n=8;  $P = 0.059$ ), nor was **TNF $\alpha$**  mRNA expression ( $2.18 \pm 1.35$  a.u., n=8 versus  $2.93 \pm 2.40$  a.u., n=8;  $P = 0.45$ ), **CD86** ( $0.51 \pm 0.17$  a.u., n=8, versus  $0.64 \pm 0.42$  a.u., n=8,  $P = 0.45$ ) or **IL-1 $\beta$**  ( $0.32 \pm 0.67$  a.u., n=6 versus  $0.06 \pm 0.03$  a.u., n=7;  $P = 0.80$ ) (Figure 5A).

At D7, **COX2** mRNA levels were not significantly different between GA and Vehicle mice ( $0.41 \pm 0.11$  a.u., n=7 versus  $0.53 \pm 0.44$  a.u., n=7;  $P = 0.74$ ), whereas **CD32** mRNA remained significantly decreased ( $0.05 \pm 0.45$  a.u., n=6, versus  $0.51 \pm 0.45$  a.u., n=7,  $P = 0.014$ ). **TNF $\alpha$**  mRNA was dramatically decreased ( $0.06 \pm 0.03$  a.u., n=7 versus  $36.72 \pm 25.71$  a.u., n=7) ( $P = 0.0006$ ). **CD86** mRNA levels were not significantly different between the groups ( $1.23 \pm 0.11$  a.u., n=7 versus  $1.12 \pm 0.29$  a.u., n=7;  $P = 0.45$ ). **IL-1 $\beta$**  mRNA was significantly decreased ( $0.18 \pm 0.082$  a.u., n=6 versus  $37.76 \pm 41.44$  a.u., n=7;  $P = 0.035$ ) (Figure 5B).

Between D3 and D7, **COX2** mRNA expression did not change significantly in GA mice ( $P = 0.80$ ), whereas in Vehicle mice, COX2 mRNA levels decreased significantly at D7 ( $P = 0.029$ ). **CD32** mRNA expression decreased significantly from D3 to D7 in GA mice ( $P = 0.0007$ ) and in Vehicle mice over time ( $P = 0.017$ ). **TNF $\alpha$**  mRNA expression decreased significantly in GA mice ( $P = 0.00030$ ), whereas it increased in Vehicle mice ( $P = 0.0031$ ). **CD86** expression increased in GA mice ( $P = 0.00030$ ) and in Vehicle mice ( $P = 0.021$ ), as did **IL-1 $\beta$**  ( $P = 0.0012$  and  $P = 0.0072$ , respectively) (Supplementary Figure 2).

To summarize, administration of GA strongly reduced the expression of proinflammatory mediators as early as D3 (COX2) and at D7 (CD32, TNF $\alpha$  and IL-1 $\beta$ ). CD86 expression was not affected by GA at either of these two time points in our model.

### *3.5.3. Anti-inflammatory mediator expression is not modified in the brain by GA at D3 but later, at D7*

At D3, **CD206** mRNA levels were not significantly different between GA and Vehicle mice ( $1.19 \pm 0.47$  a.u., n=8 versus  $1.49 \pm 0.96$  a.u., n=8,  $P = 0.45$ ), nor were **Arg1** mRNA ( $0.72 \pm 0.30$  a.u., n=8 versus  $1.48 \pm 1.26$  a.u., n=8;  $P = 0.38$ ), **IL-4** mRNA ( $2.43 \pm 2.87$  a.u., n=6 versus  $2.04 \pm 1.93$  a.u., n=5;  $P > 0.99$ ), **TGF $\beta$**  mRNA ( $0.87 \pm 0.39$  a.u., n=8 versus  $1.20 \pm 0.57$  a.u., n=8;  $P = 0.19$ ) or **IL-10** mRNA levels ( $2.07 \pm 1.80$  a.u., n=6 versus  $3.04 \pm 2.42$  a.u., n=7;  $P = 0.43$ ) (Figure 6A).

At D7, **CD206** expression was not significantly different between GA and Vehicle mice ( $1.25 \pm 0.25$  a.u., n=5 versus  $1.52 \pm 1.01$  a.u., n=7;  $P = 0.83$ ), nor was **Arg1** ( $0.065 \pm 0.060$  a.u., n=5 versus  $0.050 \pm 0.035$  a.u., n=7,  $P = 0.90$ ), **TGF $\beta$**  expression ( $0.84 \pm 0.59$  a.u., n=5 versus  $1.90 \pm 1.48$  a.u., n=7;  $P = 0.19$ ) or **IL-10** ( $0.71 \pm 0.19$  a.u., n=5 versus  $0.57 \pm 0.17$  a.u., n=6;  $P = 0.33$ ). **IL-4** was however significantly increased in GA-treated mice ( $0.92 \pm 0.50$  a.u., n=5 versus  $0.099 \pm 0.074$  a.u., n=7;  $P = 0.0025$ ) (Figure 6B).

Between D3 and D7, there were no significant changes in the levels of expression of **CD206** mRNA in GA mice ( $P = 0.23$ ) or in Vehicle mice ( $P = 0.95$ ). **Arg 1** mRNA decreased drastically and significantly between D3 and D7 in both GA mice ( $P = 0.0021$ ) and Vehicle mice ( $P = 0.0014$ ). **IL-4** expression levels decreased dramatically in both groups, although to a lesser extent in GA mice ( $P = 0.0087$ ) than in Vehicle mice ( $P = 0.0012$ ). **TGF $\beta$**  mRNA expression levels did not change significantly in GA mice ( $P = 0.96$ ) or Vehicle mice ( $P = 0.69$ ). **IL-10** mRNA levels decreased between D3 and D7 in Vehicle mice ( $P = 0.022$ ) but not in GA mice ( $P = 0.33$ ) (Supplementary Figure 3).

To summarize, administration of GA did not modify anti-inflammatory mediator expression at D3 but strongly increased the expression of IL-4 by D7 in our model.

### *3.6. Systemic inflammation is not modified by GA at D3 or D40*

Protein quantification of pro- (IL1 $\beta$ , TNF $\alpha$ , INF $\gamma$ ) and anti-inflammatory (IL4, IL10) cytokines was performed at D3 and at the end of the cognitive assessment procedure (week6/D40) in the blood. We found no significant differences between GA and Vehicle mice (n=6-7) (Table 4).

### *3.7. Neurogenesis increased in GA-treated mice*

As evidenced by Ki67 immunostaining at D3, there were no differences in cell proliferation between GA mice ( $93.45 \pm 22.87$  cells/ipsilateral section, n=5) and Vehicle mice ( $83.80 \pm 35.40$  cells/ipsilateral section, n=5;  $P = 0.80$ ). At D7, proliferation was greater but remained at similar levels in both groups. However, double immunostaining at D7 with anti-Ki67 and anti-DCX antibodies to identify proliferating neuroblasts showed significantly more double-stained cells in GA mice compared to Vehicle mice ( $101.00 \pm 14.80$  Ki67-DCX cells/ipsilateral section, n=7 versus  $78.50 \pm 10.93$  Ki67-DCX cells/section, n=5;  $P = 0.028$ ) suggesting that neurogenesis was favored by GA. These neuroblasts migrated from the subventricular zone to the peri-infarct area but none were found in the hippocampus (Figure 7).

### *3.8. Aggregated A $\beta$ 40 accumulation is prevented by GA treatment*

In order to establish whether the generation and/or deposition of neurotoxic amyloid beta was modulated by GA in diabetic mice after pMCAo, we used a multiplex immunoassay to detect A $\beta$ 42 and A $\beta$ 40 peptides in soluble and insoluble fractions of the brain homogenates. We found that at six weeks post stroke, A $\beta$ 42 peptide was present in the soluble fraction of brains from both GA- and Vehicle-treated groups, with no significant inter-group differences in concentration ( $22.02 \pm 6.59$  pg/mg of total protein,  $n=8$  and  $17.29 \pm 3.81$  pg/mg of total protein,  $n=8$ , respectively;  $P = 0.10$ ). However, no A $\beta$ 42 peptide was detected in the insoluble fraction of brains from GA or Vehicle mice, suggesting that A $\beta$ 42 did not accumulate and aggregate in diabetic mice after pMCAo. In contrast, A $\beta$ 40 was detected in both soluble and insoluble brain fractions. Although A $\beta$ 40 increased significantly in the soluble fraction of brains from GA mice compared to Vehicle mice ( $7.56 \pm 6.99$  pg/mg of total protein,  $n=8$  versus  $1.81 \pm 0.48$  pg/mg of total protein,  $n=8$ ;  $P = 0.0054$ ) (Figure 8), considerably higher levels of A $\beta$ 40 were found in the insoluble fraction of brains from Vehicle mice ( $225.70 \pm 76.75$  pg/ml of total protein) demonstrating increased accumulation and aggregation of A $\beta$ 40 in diabetic mice after pMCAo (Figure 8). Remarkably, A $\beta$ 40 was undetectable in the insoluble fraction of GA mice, suggesting that GA treatment protected against A $\beta$ 40 accumulation and aggregation after pMCAo in diabetic mice.

#### **4. Discussion**

We showed that early subcutaneous administration of daily (for one week) GA in diabetic mice subjected to pMCAo accelerated sensorimotor recovery, prevented long-term memory impairment, and reduced the expression of proinflammatory mediators thus reducing infarct volume and increasing neurogenesis.

Ours is the first study to demonstrate the acute and long-term neuroprotective effect of GA in diabetic mice following experimental cerebral ischemia. In a recent meta-analysis of the different immunotherapeutic strategies approved for multiple sclerosis and used in stroke (Dreikorn et al., 2018), only four studies on the use of GA in experimental stroke were reported, including one from our own laboratory (Poittevin et al., 2013). Two of the studies cited did not show a reduction in infarct volume or improvement in neurological outcome after pMCAo (Poittevin et al., 2013) or tMCAo (Kraft et al., 2014) in mice. The other two studies were conducted in rats and showed an improvement in these two parameters (Ibarra et al., 2007, Cruz et al., 2015). GA application (dose, route, and treatment window), read-out times, and intended outcomes differed between the studies. Because a higher dose did not show superior efficacy in mice (Kraft et al., 2014), we decided to use the same dose as in our previous experiments (Poittevin et al., 2013), and which is routinely used in experimental autoimmune encephalomyelitis studies in mice. As the time course of recruitment of different inflammatory mechanisms after stroke is not clearly understood, we opted for daily injections to maximize the chances of GA targeting the appropriate proinflammatory steps and favoring polarization towards the anti-inflammatory phenotype. We limited the treatment period to seven days because we hypothesized that reducing the initial proinflammatory response would be sufficient to prevent post-stroke dementia.

All previously reported experimental studies have focused on sensorimotor evaluation in the acute phase with the exception of one, in which post-stroke outcome was evaluated at 60 days (Cruz et al., 2015); memory function was however not assessed. Our study is the first to examine the effect of GA on cognitive function one month after pMCAo in diabetic mice using the ten-day Barnes Maze test. We showed that spatial memory was unaffected in non-diabetic pMCAo mice, explaining why only diabetic mice received GA in our protocol. We favored the pMCAo stroke model in diabetic mice because we had previously shown that the tMCAo stroke model in diabetic mice was associated with significant mortality after D7. The pMCAo stroke model has also the advantage of being a more representative model of the clinical condition. Indeed, pMCAo mimics the large vessel occlusion that occurs in 88.7–97.5% of ischemic strokes, whereas tMCAo represents only 2.5–11.3% of patients (McBride

and Zhang, 2017). Moreover, pMCAo is considered a more “inflammatory” model than tMCAo (Zhou et al., 2013), which increases activation of microglia and enhances infiltration of circulating leukocytes in the cerebral parenchyma (Liesz et al., 2015). Lastly, we set out to develop a stroke model that “spared” the hippocampus since our hypothesis was that inflammation triggered remote lesions or brain cortical remapping leading to long-term memory deficit.

We established that expression of proinflammatory mediators within the brain was exacerbated in diabetic mice following pMCAo compared to non-diabetic mice. This occurred as early as D1, through upregulation of IL-1 $\beta$ , MCP1, IL-6, TNF $\alpha$  that persisted at D7 - although to a lesser extent for IL-6 - and downregulation of the anti-inflammatory TGF $\beta$  cytokine at D1 only. Together, these results may explain the discrepancy between our previous (Poittevin et al., 2013) and the present findings on the therapeutic efficacy of GA in a mouse model of pMCAo. The greater impact of GA in pMCAo diabetic mice compared to pMCAo non-diabetic mice (Poittevin et al., 2013) may be related to this increased inflammation that could likely be modulated by treatment. In non-diabetic mice, the level of inflammation was too low to be measured or to serve as a useful target for therapeutic intervention, or not notably modified by the single injection of GA that we used in our first protocol.

After induction of stroke, both microglia, which reside in the CNS, and monocytes, which infiltrate the brain, play major roles in the acute phase of inflammation. They display a range of functional states, depicted by morphological changes, specific surface antigen expression and production of molecules in response to environmental cues. Common characteristics include phenotypic markers, such as Iba1 or CD11b, the ability to polarize from a classic proinflammatory M1 to an alternative anti-inflammatory and pro-healing M2 phenotype with various states of activation (M2a, M2b, M2c, M2d) characterized by a set of markers (Franco and Fernandez-Suarez, 2015). Activation is driven by the danger-associated molecular patterns released by dying neurons (Fumagalli et al., 2015), leading the microglia/macrophages to a phagocytic activity that may be cytotoxic through killing cells or protective through scavenging debris. Once activated, microglial cells adopt a round amoeboid shape that is indistinguishable from macrophages that are both recognized by the Iba1 antibody. In our study, Iba+ cell density was not significantly different between groups and across time. To distinguish between the different states of inflammation, we characterized the proinflammatory M1 phenotype by the polarization markers CD32 and CD86 associated with increased IL-1, TNF $\alpha$  and COX 2 (Chhor et al., 2013), and the alternative anti-

inflammatory M2 phenotype through CD206 and arginase 1, associated with increased IL-4, IL-10 and TGF $\beta$  (Benakis et al., 2014, Fumagalli et al., 2015). We showed that some of the associated proinflammatory M1 markers were down-regulated by GA at D3 (COX 2), and at D7 (CD32, IL-1 $\beta$  and TNF $\alpha$ ), whereas anti-inflammatory markers were not significantly modified, except for IL-4 that was increased at D7 by GA, suggesting that in our experimental model, GA was mostly effective on the M1 cell phenotype. As IL-4 is also secreted by Th2 cells (Stein et al., 1992), we cannot exclude a possible associated participation of LT, even though we did not observe any differences in T lymphocyte density between groups. Nor can we exclude the involvement of pericytes, which can adopt a microglial-like phenotype after ischemia by expressing microglial markers such as Iba1, CD11b, GAL-3, TNF $\alpha$  and MHCII (Ozen et al., 2014), though this requires further investigation. In the blood, we could not evidence any differences between treated and untreated groups in main pro-and anti-inflammatory cytokines (TNF $\alpha$ , IL1 $\beta$ , INF $\gamma$ , IL4 and IL10) either at D3 or at D40. Understanding the mechanisms through which GA is effective is fundamental. This still remains to be completely understood in the context of multiple sclerosis as well, and deserves to be investigated specifically in a new study, with a particular focus on the “brain and systemic inflammatory relationships”, including liver, spleen and bone marrow.

At D3, we found that cerebral ischemia induced proliferation of the cells located in the SVZ of the ischemic hemisphere that was not significantly different between GA mice and Vehicle mice. At D7, GA significantly increased the number of proliferating neuroblasts, the majority of which were found in the SVZ and the corpus callosum but had still not reached the border of the infarct. We postulate that the reduced expression of proinflammatory cytokines favored a less deleterious environment in the brain of GA-treated mice, and enhanced neurogenesis. Indeed, in a "favorable environment" such as in the presence of anti-inflammatory cytokines secreted by Treg (IL-10 and TGF $\beta$ ) and Th2 (IL-4), microglia trigger the proliferation of neuronal progenitors *in vitro*, whereas proinflammatory Th1 cytokines (TNF $\alpha$  and IFN $\gamma$ ) block neurogenesis (Ekdahl et al., 2009). In our previous study of non-diabetic mice subjected to pMCAo or tMCAo, we also observed significantly greater neurogenesis in GA-treated mice subjected to pMCAo only, but we were unable to demonstrate the impact of GA on the proinflammatory environment (Poitvein et al., 2013). This may have been due to the lower basic inflammatory status in the absence of diabetes.

Spatial memory, used in spatial navigation in unknown places, involves working memory, and short- and long-term memory, and is impaired in post-stroke patients (Srikanth et al., 2003).

Spatial memory forms in specific areas of the brain, including the hippocampus (Burgess et al., 2002). The Barnes Maze test, which relies on hippocampal-dependent spatial reference memory (Harrison et al., 2009), seems to be the most appropriate test given that inflammation is particularly exacerbated in that region in mice with hyperglycemia (Dinel et al., 2011); it is also less anxiogenic than the Morris water maze. Mice are not natural swimmers and perform less well than rats in the Morris water maze (Whishaw, 1995). The Barnes Maze also offers a more complex assessment than the T- or Y-Maze. In the open field, the distance traveled and mean velocity were impaired to the same extent in the 3 groups of diabetic mice (Diabetic, Vehicle and GA) and we can only speculate on that result: anxiety, fatigability or subtle locomotor impairment likely induced by the hyperglycemia. However, the Barnes Maze—which evaluates memory through locomotor activity—clearly showed that the only difference between the 5 groups was that the diabetic mice subjected to pMCAO without GA (Vehicle mice) performed less well than the other groups, and in particular less well than the diabetic mice subjected to pMCAO treated with GA, indicating that diabetes *per se* did not alter the Barnes Maze assessment.

The link between stroke and dementia is poorly understood and has not been widely investigated. To the best of our knowledge, only one convincing study has addressed the relationships between sustained post-stroke inflammation and post-stroke dementia. C57Bl6J or BALBC/CJ mice were subjected to distal middle cerebral artery ligation and exhibited delayed cognitive decline seven weeks after stroke induction. Using an anti-CD20 antibody B-lymphocytes that had infiltrated the hippocampus were ablated, preventing thus cognitive deficit in these mice. T cells, MHCII expression, and markers of activated microglia/macrophages were also present in the brain at 12 weeks following stroke in the striatum and the internal capsule but their function was not specifically explored (Doyle et al., 2015). Interestingly, in patients who died with post-stroke dementia, post-mortem brain immunostaining also evidenced LB within and adjacent to the stroke core (Doyle et al., 2015). In our model, GA did not significantly modify learning but did preserve long-term memory. Vehicle-treated pMCAo diabetic mice took significantly longer to learn a new task than controls, whereas there were no differences between GA-treated mice and controls, suggesting that GA-treated mice learned the new task as quickly as controls. It is also possible that a longer treatment with GA (one month vs seven days) would have produced more striking effects, particularly in terms of learning abilities. Long term potentiation (LTP), a persistent increase in synaptic strength underlying the process of memory formation in the brain (Lynch, 2004), was shown to be impaired in stroke animals. Interestingly, Fingolimod,

an agonist of the sphingosine 1 phosphate receptor, which is thought to act through immunomodulation, prevents LTP impairment seven days post tMCAO in rats (Nazari et al., 2016). This finding together with our results on the memory-protective effects of GA after pMCAo highlight the potential of immunomodulators as a promising strategy to preserve memory function in the context of stroke. Nevertheless, diabetes *per se* enhances the risk of developing cognitive deficit (Schrijvers et al., 2010). Indeed, in addition to enhanced inflammation, cerebral hypoperfusion, impaired cerebral vasoreactivity (Last et al., 2007) and increased A $\beta$  deposition in the brain (Saedi et al., 2016) likely also play a role.

Post-stroke dementia shares several common pathophysiological features with Alzheimer's disease (AD) including cerebral hypoperfusion, energy deficit, capillary dysfunction, inflammation, oxidative stress, and increased expression of A $\beta$  and tau protein (Dong et al., 2018). Increased A $\beta$  peptide levels are a hallmark of Alzheimer's dementia that likely contribute to memory impairment (Brito-Moreira et al., 2017). The distinct neurotoxicity of A $\beta$  (Yankner and Lu, 2009) has also been identified in the ischemic brain (Dong et al., 2018). In a mouse model of AD (APP<sup>swe</sup>/PS1<sup>dE9</sup> mice) subjected to tMCAo or photothrombosis-mediated microvessel occlusion, the transient increase in deposits of A $\beta$  was evidenced in the whole brain and interpreted as an interference with amyloid clearance pathways (Garcia-Alloza et al., 2011). Several A $\beta$  species are generated by proteolytic cleavage of amyloid precursor protein, ranging in length from 36 to 43 amino acids. The variants of 40 (A $\beta$ 40) and 42 (A $\beta$ 42) amino acids are the most abundant and when they adopt a  $\beta$ -sheet conformation they tend to aggregate to form insoluble neurotoxic deposits in the brain (Masters and Selkoe, 2012). It has been postulated that the shift of A $\beta$  from a soluble to an insoluble form determines the severity of clinical dementia (Murphy et al., 2010; Wang et al., 1999). Interestingly, while highly amyloidogenic A $\beta$ 42 aggregates mainly within the cerebral parenchyma to form senile plaques, a defining diagnostic feature of AD (Selkoe and Hardy, 2016), A $\beta$ 40 has increased tropism for cerebral blood vessels where it aggregates leading to cerebral amyloid angiopathy (CAA) that is another prominent feature of AD (Grinberg et al., 2012). CAA is increasingly recognized as a major cause of cognitive impairment, similar to vascular cognitive impairment that may play an independent and potentiating role in Alzheimer's dementia (Banerjee et al., 2017). In this study, we demonstrate for the first time that cerebral ischemia results in significant accumulation of insoluble A $\beta$ 40 in the brain of diabetic mice six weeks after pMCAo, whereas pMCAo did not lead to aggregation of A $\beta$ 42, even though detectable amounts of soluble A $\beta$ 42 were found in the brains of operated animals. Importantly, while the soluble A $\beta$ 40 levels were significantly increased in GA-

treated mice, GA completely prevented the accumulation of insoluble A $\beta$ 40. Our results suggest that cerebral ischemia stimulates the generation of A $\beta$ 40 and its rapid conversion into insoluble aggregates, while GA inhibits the process of aggregation, likely by improving the scavenger function of microglia/macrophages and enhancing A $\beta$ 40 clearance from the brain. The enhanced ability of macrophages cultured with GA to phagocytose preformed fibrillar amyloid- $\beta$ 1–42 has already been shown (Koronyo et al., 2015). These GA-treated macrophages exhibited increased expression of the scavenger receptors CD36 and SCARA1, which can facilitate amyloid- $\beta$  phagocytosis. This may explain in part why some aspects of memory loss were prevented by GA in diabetic mice after pMCAo.

## **5. Conclusion**

To the best of our knowledge, this is the first proof of concept study showing that in a context of exacerbated inflammation, GA may be effective in both the acute phase and in the long term in the cerebral ischemia setting. Other immunomodulatory therapies currently being evaluated have also shown promising results. INF- $\beta$ , fingolimod (a sphingosine 1-phosphate receptor modulator), natalizumab (adhesion molecule inhibitor) and dimethyl fumarate provide functional recovery and/or reduce infarct volume (Dreikorn et al., 2018) depending on the animal species, stroke model (tMCAo vs pMCAo vs photothrombotic stroke vs intracerebral hemorrhage), therapeutic window, and dosage. These therapeutic approaches still require further investigation before being translated to the bedside (Kanazawa et al., 2015), particularly in view of the notable differences between the immune system in rodents and humans, such as the proportion of lymphocytes in the total leucocyte count (50–100% in rodents versus 20–40% in humans) (Sommer, 2017). Few phase 2 clinical trials on the efficacy of immune modulating therapies in stroke have been conducted: ACTION 2 (NCT02730455, completed, testing natalizumab), FAMTAIS (NCT02956200, on-going, testing fingolimod), FTY720 (NCT02002390, on-going, testing fingolimod) (clinicaltrials.org website). No clinical trials on glatiramer acetate have been reported to date. As already highlighted and as recommended by the Stroke Therapy Academic Industry Roundtable (STAIR) (Liu et al., 2009), our results should be replicated in other species, and the mechanisms further investigated. Immunomodulation is an emerging field of interest and nowadays one of the well-recognized mechanisms of action of stem cells/progenitor cells and mesenchymal cells in particular. Future clinical trials should explore the efficacy and safety of immunomodulators, either alone or in combination with mesenchymal stem cells.

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## TABLES

**Table 1.** Primers used for real-time PCR. TNF $\alpha$ , tumor necrosis factor alpha; IL-1 $\beta$ , interleukin 1 beta ; IL-10, interleukin 10; TGF $\beta$ , transforming growth factor beta; IL-4, interleukin 4; CD206, cluster of differentiation 206; CD32, cluster of differentiation 32; CD86, cluster of differentiation 86; COX2, cyclooxygenase 2; Arg1, arginase1; CD68, cluster of differentiation 68; MCP1, monocyte chemoattractant protein 1; IL-6, interleukin 6.

<b>Primer</b>	<b>Forward</b>	<b>Reverse</b>
<b>TNF<math>\alpha</math></b>	TGGCCTCCCTCTCATCAGTTC	TTGGTGGTTTGCTACGACGTG
<b>IL-1<math>\beta</math></b>	ACCTTCCAGGATGAGGACATGA	AACGTCACACACCAGCAGGTTA
<b>IL-10</b>	ACTGCACCCACTTCCCAGT	TGTCCAGCTGGTCCTTTGTT
<b>TGF<math>\beta</math></b>	TTGCTTCAGCTCCACAGAGA	TGGTTGTAGAGGGCAAGGAC
<b>IL-4</b>	TCAACCCCCAGCTAGTTGTC	TGTTCTTCGTTGCTGTGAGG
<b>CD206</b>	CTTCGGGCCTTT GGAATAAT	TAGAAGAGCCCTTGGGTTGA
<b>CD32</b>	CTGGAAGAAGCTGCCAAAAC	CCAATGCCAAGGGAGACTAA
<b>CD86</b>	CCAATGCCAAGGGAGACT AA	GGC TCT CAC TGC CTT CAC TC
<b>COX2</b>	TCATTCACCAGACAGATTGCT	AAGCGTTTGCGGTAATCATT
<b>Arg1</b>	GTGAAGAACCCACGGTCTGT	GCCAGAGATGCTTCCAACGTG
<b>CD68</b>	TTCTGCTGTGGAAATGCAAG	AGAGGGGCTGGTAGGTTGAT
<b>MCP1</b>	AGGTCCCTGTCATGCTTCTG	TCTGGACCCATTCCTTCTTG
<b>IL-6</b>	AGTTGCCTTCTTGGGACTGA	TCCACGATTTCCCAGAGAAC

**Table 2.** Barnes maze assessment of latency to escape. C, control mice without diabetes or stroke; D, diabetic mice without stroke; Vehicle, diabetic mice with stroke treated with saline solution; GA, diabetic mice with stroke treated with GA; n, number of mice.

	<b>C (n=10)</b>	<b>D (n=7)</b>	<b>pMCAo (n=10)</b>	<b>Vehicle (n=17)</b>	<b>GA (n=16)</b>
<b>1<sup>st</sup> day</b>	165±50.56	183.20±54.57	150.40±31.89	184.1±59.03	168.40±57.79
<b>2<sup>nd</sup> day</b>	97.16±36.42	122.10±44.40	79.00±34.29	105.10±45.19	126.70±51.22
<b>3<sup>rd</sup> day</b>	59.13±21.02	82.32±41.65	47.13±25.85	85.48±24.04	103.00±60.74
<b>4<sup>th</sup> day</b>	41.58±11.93	42.08±28.00	34.94±13.56	65.29±37.77	70.781±39.68
<b>7<sup>th</sup> day</b>	38.43±20.41	28.75±11.58	28.55±13.66	72.35±38.90	32.99±15.52
<b>8<sup>th</sup> day</b>	47.27±16.08	68.76±32.47	52.57±25.17	121.50±42.12	96.56±41.23
<b>9<sup>th</sup> day</b>	37.33±14.45	39.23±20.17	29.27±12.95	97.35±70.08	46.59±21.10
<b>10<sup>th</sup> day</b>	34.00±27.50	36.05±13.36	31.70±22.61	84.05±61.68	46.44±26.85

**Table 3. Normalized expression levels of mRNA encoding for pro- and anti-inflammatory mediators (a.u.) at one and seven days after permanent middle cerebral artery occlusion (pMCAo) in non-diabetic (C) and diabetic mice (D). IL-1 $\beta$ , interleukin-1 beta; MCP1, monocyte chemoattractant protein 1 ; CD68, cluster of differentiation 68 ; IL-6, interleukin 6; TNF $\alpha$ , tumor necrosis factor alpha; IL-4, interleukin 4. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ .**

<b>D1</b>	<b>C + pMCAo</b>	<b>D + pMCAo</b>	<b>P value</b>
IL-1 $\beta$	0.11 $\pm$ 0.06 (n=8)	1.71 $\pm$ 1.79 (n=5)	0.025 *
MCP-1	1.15 $\pm$ 0.58 (n=8)	3.36 $\pm$ 2.66 (n=7)	0.038 *
CD68	1.13 $\pm$ 0.29 (n=8)	0.93 $\pm$ 0.16 (n=7)	0.12
IL-6	0.54 $\pm$ 0.23 (n=7)	1.51 $\pm$ 0.50 (n=6)	0.00076 ***
TNF $\alpha$	3.18 $\pm$ 1.41 (n=8)	10.72 $\pm$ 5.76 (n=7)	0.0032 **
IL-4	1.14 $\pm$ 0.61 (n=7)	1.03 $\pm$ 0.22 (n=6)	0.87
<b>D7</b>	<b>C + pMCAo</b>	<b>D + pMCAo</b>	<b>P value</b>
IL-1 $\beta$	0.04 $\pm$ 0.02 (n=6)	9.95 $\pm$ 15.53 (n=7)	0.0032 **
MCP-1	0.18 $\pm$ 0.05 (n=6)	1.56 $\pm$ 1.53 (n=5)	0.050 *
CD68	0.56 $\pm$ 0.53 (n=6)	1.81 $\pm$ 0.79 (n=7)	0.027 *
IL-6	0.10 $\pm$ 0.05 (n=5)	0.37 $\pm$ 0.27 (n=5)	0.061
TNF $\alpha$	0.40 $\pm$ 0.31 (n=5)	3.31 $\pm$ 2.31 (n=7)	0.0025 **
IL-4	0.55 $\pm$ 0.32 (n=5)	0.099 $\pm$ 0.079 (n=7)	0.0023 **

**Table 4.** Blood analysis for pro-inflammatory and anti-inflammatory cytokines at Day 3 and Day 40. TNF $\alpha$ , tumor necrosis factor alpha; IL-1 $\beta$ , interleukin 1 beta ; INF $\gamma$ , Interferon gamma ; IL-4, interleukin 4 ; IL-10, interleukin 10 ; ND, not detected.

<b>D3</b>	<b>Vehicle pg/ml (n=7)</b>	<b>GA (n=6) pg/ml</b>	<b>P value</b>
<b>TNF<math>\alpha</math></b>	0.09263	0.03425	0.3320
<b>IL-1<math>\beta</math></b>	ND	ND	/
<b>INF<math>\gamma</math></b>	ND	ND	/
<b>IL-4</b>	0.00888	0.00850	0.9566
<b>IL-10</b>	0.000625	0.00025	0.2954

<b>D40</b>	<b>Vehicle pg/ml (n=7)</b>	<b>GA pg/ml (n=6)</b>	<b>P value</b>
<b>TNF<math>\alpha</math></b>	0.0296	0.06523	0.6958
<b>IL-1<math>\beta</math></b>	ND	ND	/
<b>INF<math>\gamma</math></b>	ND	ND	/
<b>IL-4</b>	0.01043	0.0106	0.9623
<b>IL-10</b>	ND	ND	/

## Legends

**Figure 1. A.** Neurological score was significantly decreased at D1 after stroke induction in both GA and Vehicle mice (n=19-20,  $P < 0.0001$ \*\*\*\*). **B.** At D3, a significant increase in the neurological score was detected in GA versus Vehicle mice (n=19-20,  $P < 0.01$ \*\*\*) but not at D7 or D14. **C.** At D14, there were no significant differences in neurological scores compared to D-1 in the GA group, suggesting evidence of neurological recovery in contrast to the Vehicle group (n=16-19,  $P < 0.01$ \*\*).

**Figure 2. A.** Spontaneous activity of mice, assessed using the open-field test. No differences were observed between the three groups of diabetic mice in terms of the total distance traveled during the test or mean walking velocity. Only Control mice showed a significantly greater total distance traveled as well as mean walking velocity, compared to the three other groups (n=8-15, \*  $P < 0.05$ , \*\*  $P < 0.01$ , \*\*\*  $P < 0.001$ ). **B.** Learning capacity, long-term memory and new task learning were evaluated by the Barnes Maze test. The training phase showed that at D3, GA mice required significantly longer to learn the spatial navigation task (increased latency to escape) compared to pMCAo mice (n=10-17, GA vs pMCAo,  $P < 0.05$ \*), but this was restored at D4 (n=10-17,  $P > 0.05$ ). In the retention phase, only the Vehicle group showed impaired recall of the location of the escape box (n=7-17, §  $P < 0.05$ , §§  $P < 0.01$ , §§§  $P < 0.001$ ), indicating that long-term memory was preserved in GA-treated mice. In the reversal phase, the Vehicle mice performed significantly less well than all the other groups except those treated with GA on the 8<sup>th</sup> day (C vs Vehicle,  $P < 0.0001$ \*\*\*\*; D vs Vehicle,  $P < 0.01$ ###; pMCAo vs Vehicle,  $P < 0.0001$ \*\*\*\*); GA-treated mice also performed less well than the C mice ( $P < 0.05$  §). On the 9<sup>th</sup> and 10<sup>th</sup> days, the differences between the Vehicle mice and the other groups were seen to be the same (on the 9<sup>th</sup> day, C vs Vehicle,  $P < 0.01$  \*\*; D vs Vehicle,  $P < 0.01$ ###; pMCAo vs Vehicle,  $P < 0.001$ \*\*\*\*; at the 10<sup>th</sup> day, C vs Vehicle,  $P < 0.05$  \*; D vs Vehicle,  $P < 0.05$ #; pMCAo vs Vehicle,  $P < 0.01$ \*\*\*). On the 9<sup>th</sup> day, GA-treated mice performed significantly better than Vehicle mice ( $P < 0.01$  &&).

**Figure 3.** Infarct volume was significantly reduced at D3 and D7 in GA mice (n=7,  $P < 0.05$ ) (top, left), illustrated by Cresyl violet staining of coronal sections at D3 (right), whereas edema volume did not vary significantly regardless of whether the mice were treated with Vehicle or GA (bottom, left).

**Figure 4.** Microglia/macrophage cell density was not significantly modified by GA at D3 or D7 (n=7). Iba1 immunostaining in GA mice with magnification of resting form (top) and activated form (bottom) at D3 (left) and D7 (right). ROI, region of interest

**Figure 5. A. At D3,** COX2 mRNA levels were significantly decreased in GA mice compared to Vehicle mice ( $P = 0.014$ ) whereas CD32, TNF $\alpha$ , CD86 and IL-1 $\beta$  mRNA levels were not affected by GA treatment. **B. At D7,** COX2 mRNA levels were no longer significantly different between GA and Vehicle mice, whereas in contrast, CD32, TNF $\alpha$  and IL-1 $\beta$  mRNA levels were significantly decreased in GA-treated mice while CD86 mRNA levels were not significantly different between groups (n=6-8, \*  $P < 0.05$ , \*\*\*  $P < 0.001$ ).

**Figure 6. A. At D3,** there were no significant differences in mRNA levels of chosen markers (CD206, Arg1, IL-4, TGF $\beta$  or IL-10) between the different groups. **B. At D7,** mRNA levels of these markers were still not significantly modified by GA with the exception of IL-4 that was significantly increased in GA mice (n=5-8,  $P < 0.01^{**}$ ).

**Figure 7. At D7,** there was a significant increase in proliferating neuroblasts (KI67+/DCX+) in the GA mice compared to the Vehicle mice (n=5-7,  $P < 0,05^*$ ).

**Figure 8.** The distribution of A $\beta$ 40 between the soluble and insoluble pools was shifted by GA towards a soluble fraction. At D40, the A $\beta$ 42 soluble fraction was elevated in both GA- and Vehicle-treated groups and the insoluble fraction of A $\beta$ 42 was undetectable in both groups. In contrast, the A $\beta$ 40 soluble fraction was significantly increased in GA mice, whereas GA decreased the A $\beta$ 40 insoluble fraction dramatically and significantly to undetectable levels compared to Vehicle (n=8, \*\*  $P < 0.01$ , v  $P < 0.001$ ).

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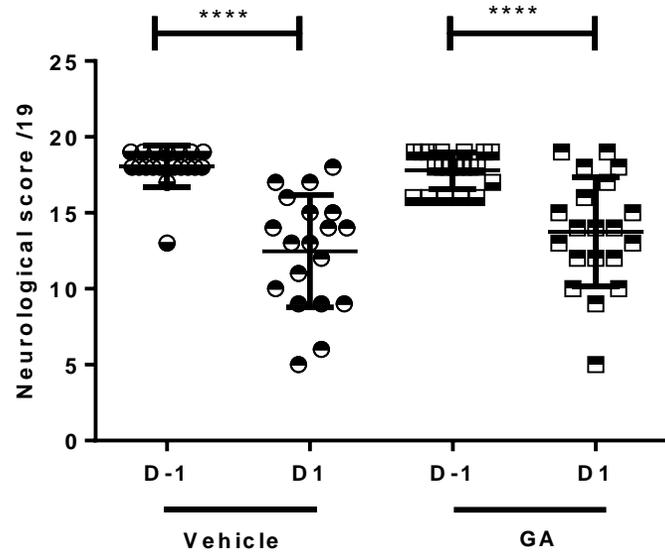
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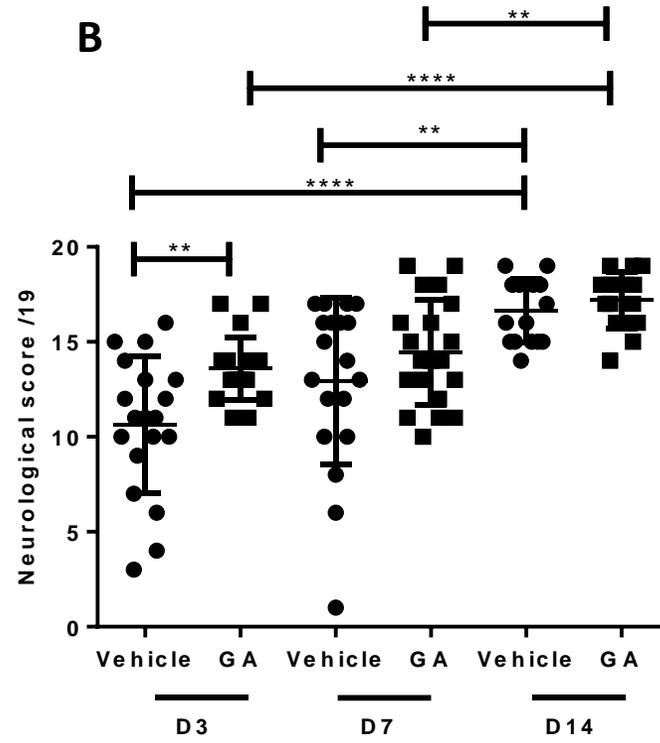
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**Figure 1. Assessment of sensorimotor deficit**

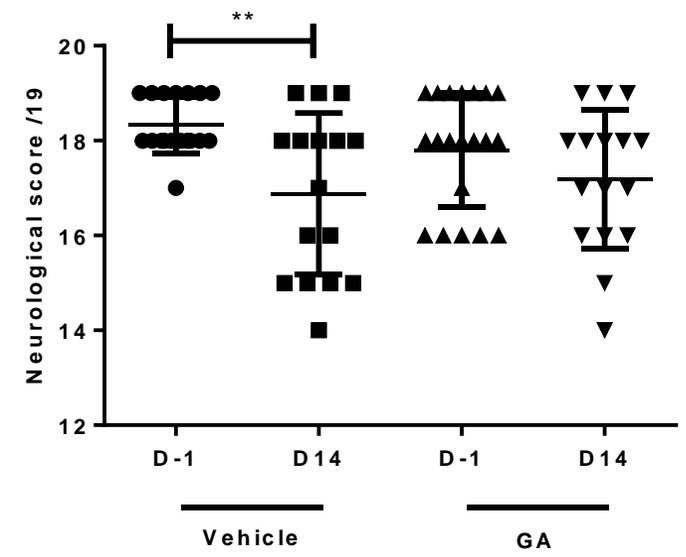
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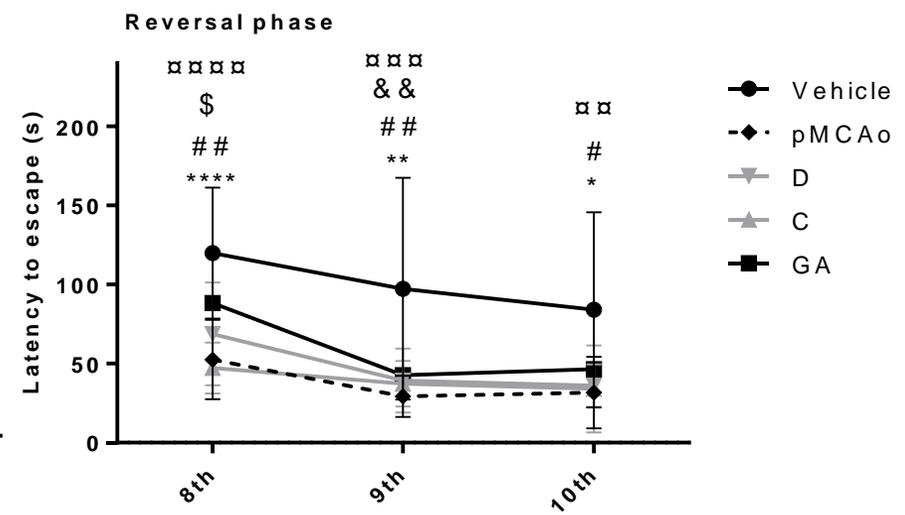
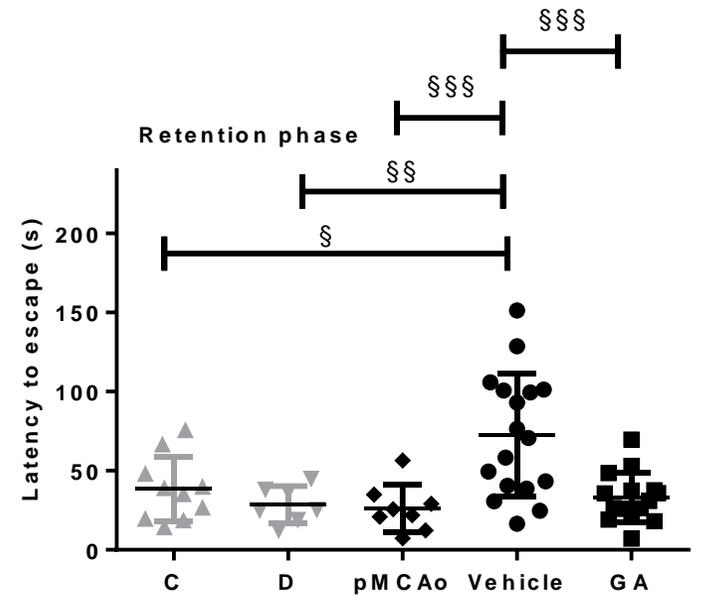
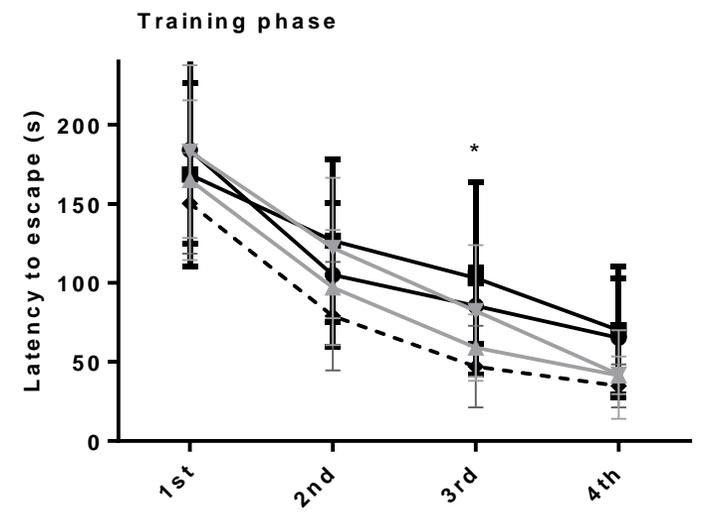
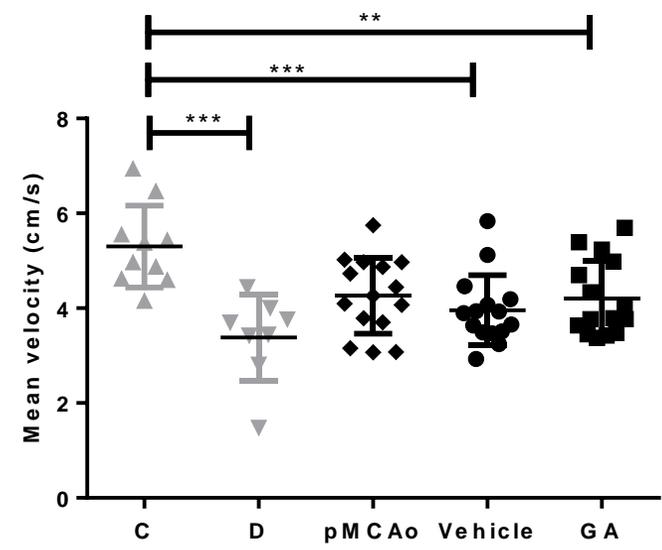
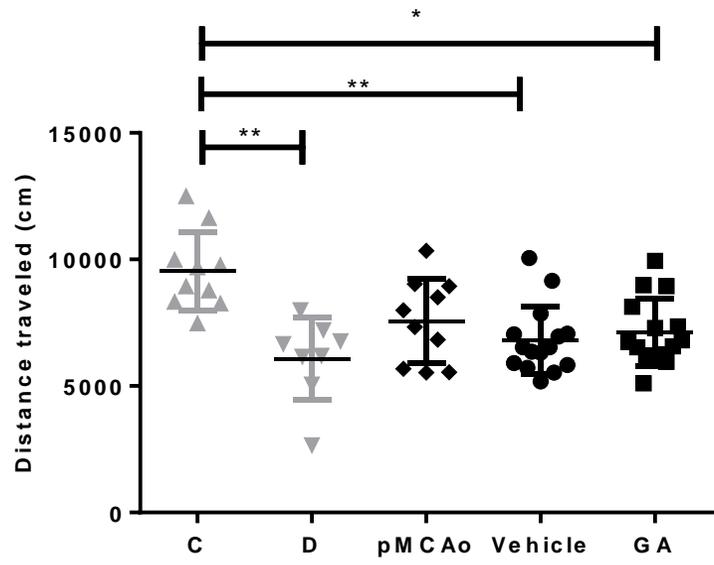
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**C.**

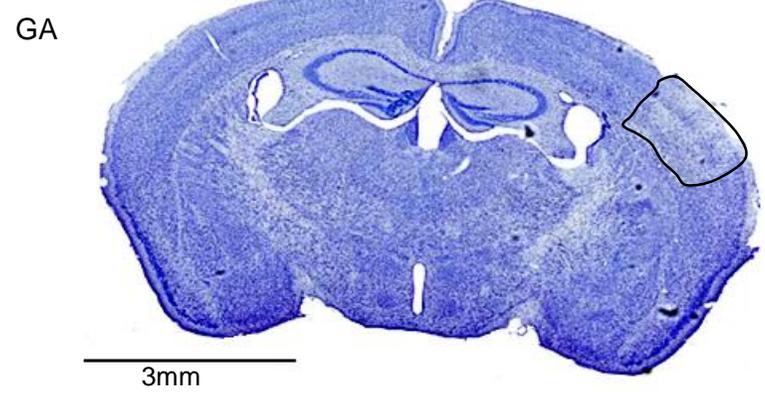
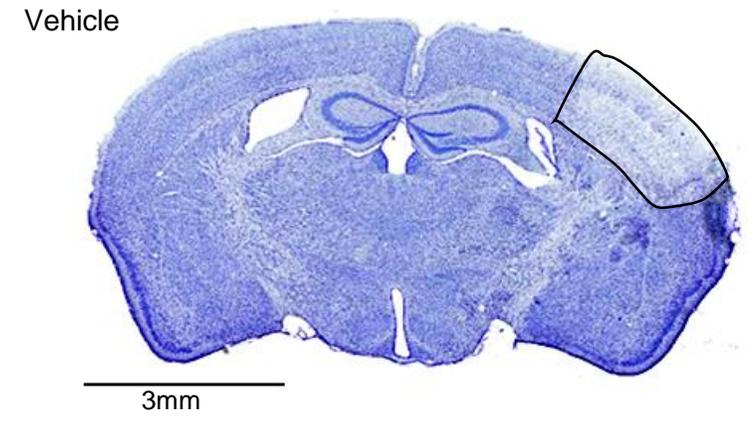
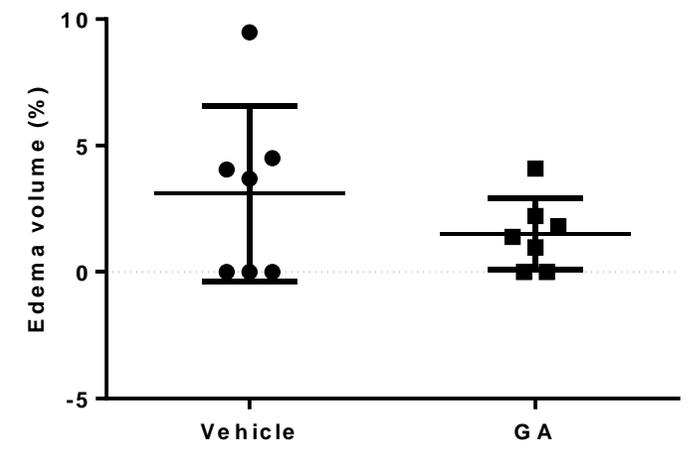
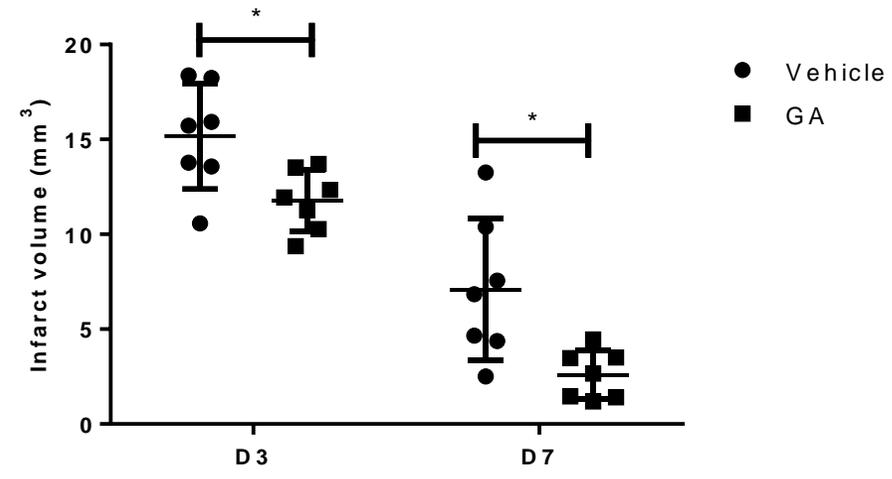


**Figure 2. Assessment of cognitive decline**



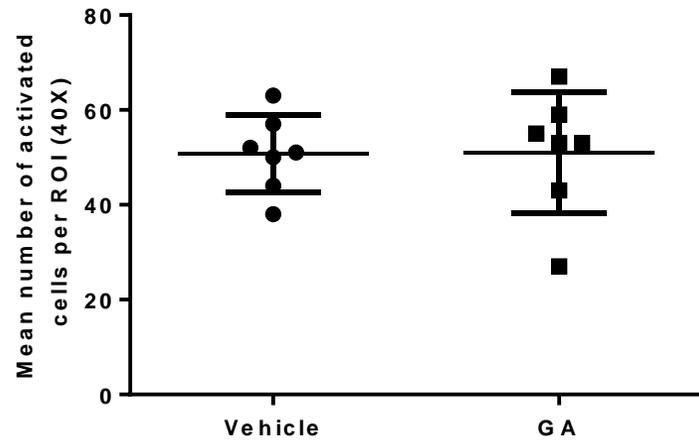
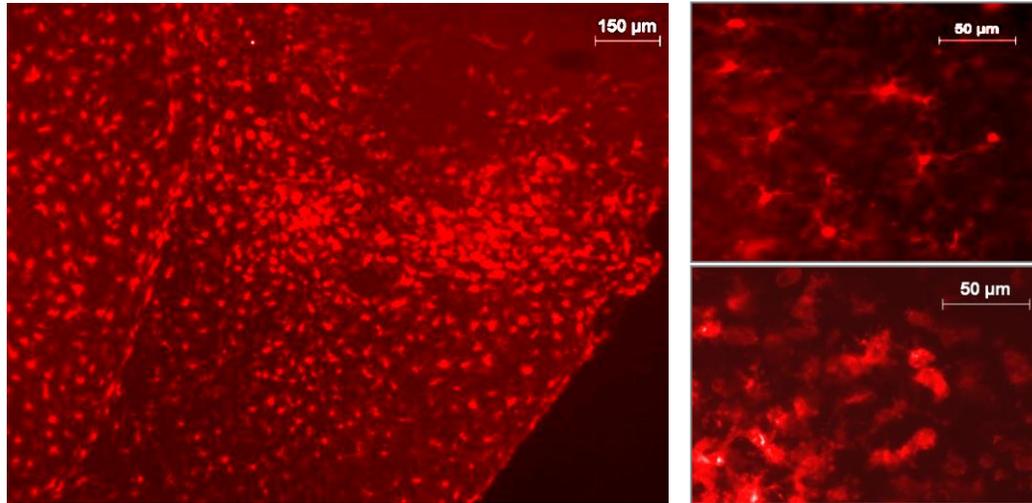
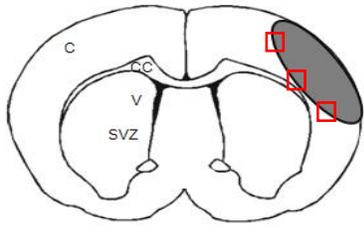
- Vehicle
- ◆ pMCAo
- ▼ D
- ▲ C
- GA

**Figure 3. Stroke volume and edema**

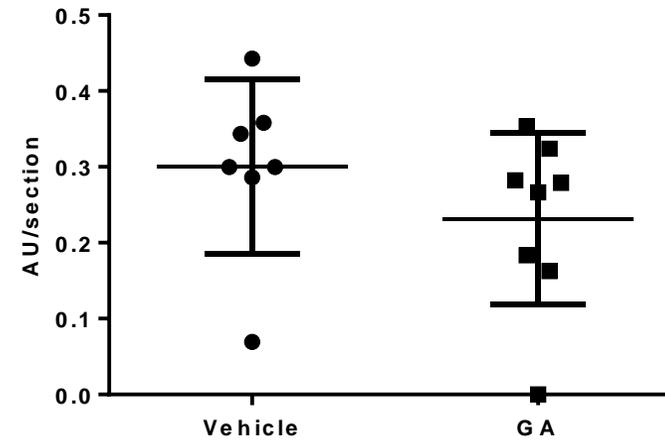
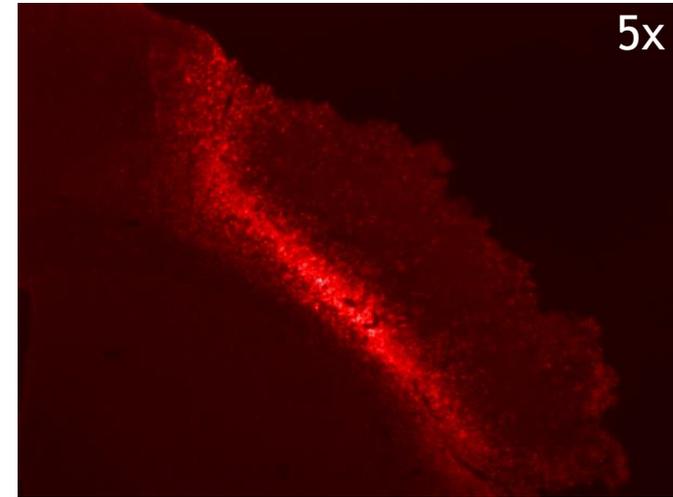
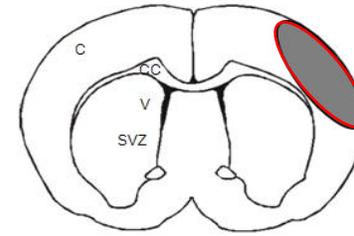


**Figure 4. Microglia/macrophage cell density**

D3



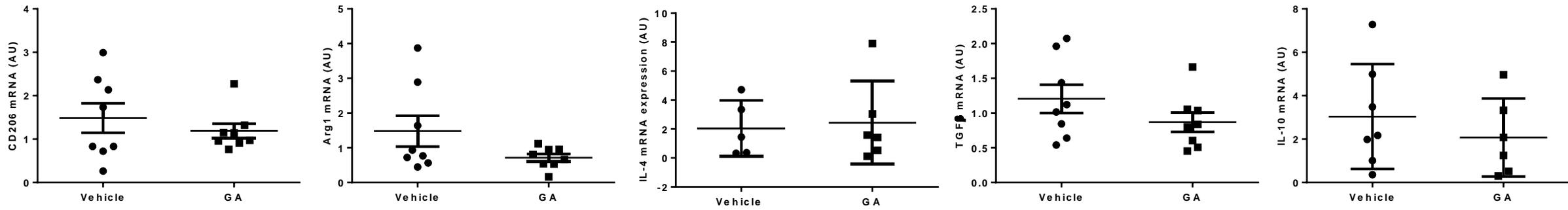
D7





**Figure 6. Expression of anti-inflammatory mediators at D3 and at D7**

**A**



**B**

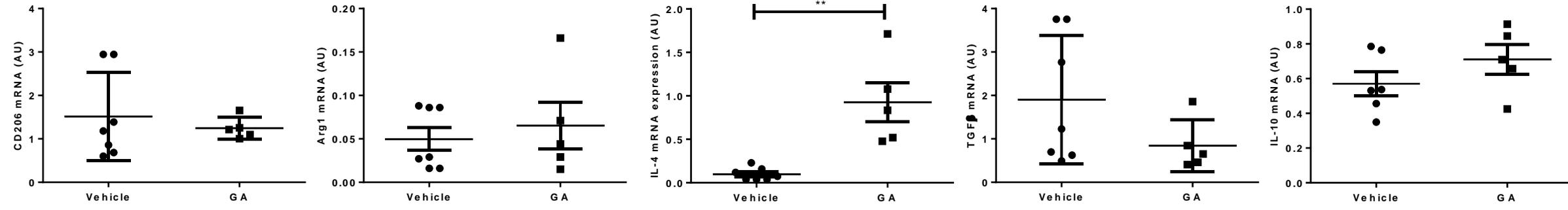
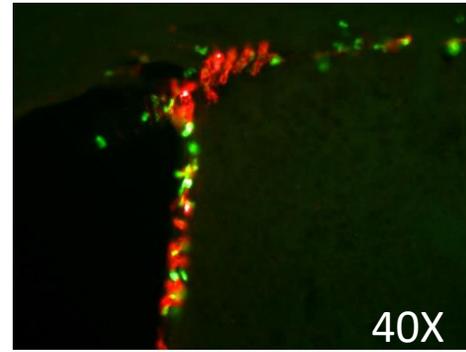
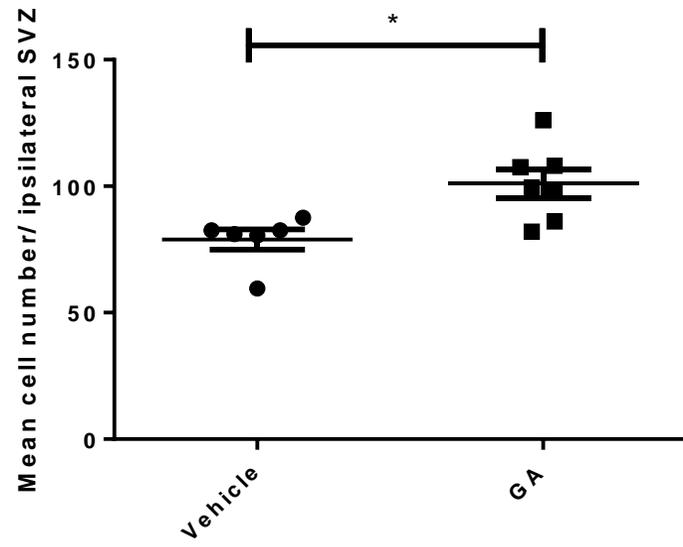
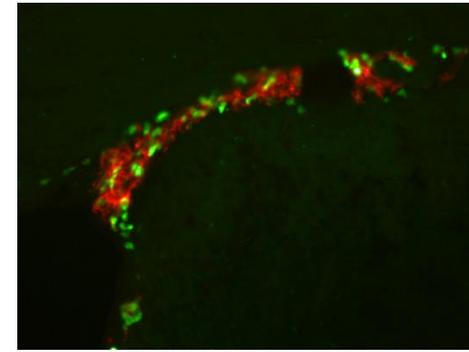


Figure 7. Neurogenesis at D7



Vehicle



GA

**Figure 8. Distribution of A $\beta$ 40 and A $\beta$ 42**

