

# Colistin-containing cement spacer for treatment of experimental carbapenemase-producing Klebsiella pneumoniae prosthetic joint infection

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## ▶ To cite this version:

L. Gatin, A. Saleh Mghir, W. Mouton, F. Laurent, I. Ghout, et al.. Colistin-containing cement spacer for treatment of experimental carbapenemase-producing Klebsiella pneumoniae prosthetic joint infection. International Journal of Antimicrobial Agents, 2019, 54, pp.456 - 462. 10.1016/j.ijantimicag.2019.07.009. hal-03487617

# HAL Id: hal-03487617 https://hal.science/hal-03487617

Submitted on 21 Dec 2021

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Version of Record: https://www.sciencedirect.com/science/article/pii/S092485791930189X Manuscript\_fbfd52c255a4b8bcf4982c3faeb4ba92

1	Colistin-containing cement spacer for treatment of experimental
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**Running title:** Colistin spacer in prosthetic joint infection

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### 30 ABSTRACT

Background: Carbapenemase-producing *Enterobacteriaceae* (CPE) are emerging multidrug resistant bacteria responsible for invasive infections, including prosthetic joint infections
 (PJI). Local administration of colistin may provide bactericidal concentration *in situ*.

Objectives: To evaluate the efficacy of a colistin-impregnated cement spacer, alone and in
combination with systemic antibiotics, in a rabbit model of CPE PJI.

Methods: Elution of 3 M IU of colistimethate sodium (CMS) in 40 g of polymethyl 36 metacrylate cement was studied in vitro. In vivo, 5.108 CFU of KPC-producing Klebsiella 37 pneumoniae (colistin and meropenem MIC, 1 and 4 mg/L) were injected close to a prosthetic 38 knee. Surgical debridement and prosthesis removal were performed 7 days later, and rabbits 39 were assigned to one of six groups (12 rabbits each): i) drug-free spacer, ii) colistin-loaded 40 41 spacer, iii) colistin i.m., iv) colistin i.m. + colistin spacer, v) colistin i.m. + meropenem s.c., and vi) colistin i.m. + meropenem s.c. + colistin spacer. Systemic treatment was administered 42 at doses targeting pharmacokinetic in humans, and rabbits were euthanized seven days later, 43 to evaluate bacterial counts in infected bones. 44

**Results:** *In vitro*, CMS elution was low (<0.1% at 24 h), but reached local concentration of 20 mg/L. *In vivo*, combinations of local and systemic colistin, with or without meropenem, were the only regimens superior to control group ( $P \le 0.05$ ), in terms of viable bacteria counts, and proportion of rabbits with sterile bone, with no emergence of colistin-resistant strain.

49 Conclusions: Colistin-loaded cement spacer in combination with systemic treatment were the
50 most active regimens in this model of CPE PJI.

51 KEYWORDS: Prosthetic joint infection; orthopedic surgery; Carbapenemase-producing
 52 *Enterobacteriaceae*; experimental model; colistin; meropenem

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## 1. Introduction

Prosthetic joint infections (PJI) cause major morbidity and incur high treatment costs [1]. 54 Carbapenemase-producing Enterobacteriaceae (CPE) are emerging multidrug-resistant 55 bacteria [2], responsible for a broad range of difficult-to-treat invasive infections, including 56 PJI. As CPE increasingly present with resistance to almost all class of antibiotics available, 57 physicians are increasingly left with the use of old antibacterial agents, with limited data on 58 59 their efficacy [2, 3]. Although experts recommend various treatment combinations, data from clinical studies are scarce, and innovative experimental models are warranted to evaluate new 60 medical and surgical treatments [4-7]. Colistin is often the only remaining option for treating 61 62 carbapenemase-producing Klebsiella pneumoniae (CPKP). However, parenteral administration of colistin is associated with severe adverse effects, including nephrotoxicity 63 and neurotoxicity [8]. Moreover, the emergence of colistin-resistant strains has been 64 65 described in patients treated with colistin [9], possibly promoted by suboptimal drug concentration at the site of infection [10]. 66

Local administration of antibiotics is a promising approach to reduce the risk of side 67 effects and the emergence of resistant strains. In orthopedic surgery, antibiotic-impregnated 68 cement spacers are often used for local delivery of antibiotics following revision surgery, 69 particularly in difficult-to-treat infections [15]. However, their use remains controversial 70 because of concerns about their efficacy [16,17], tolerability [17,18], and emergence of 71 72 resistance in sites where drug concentration is low [16]. Colistin elution from bone cement has been studied in vitro [19,20]. Cement loaded with colistin has been successfully used in 73 74 case reports of *Pseudomonas aeruginosa* osteomyelitis [21,22] or PJI [23].

The aim of this study was to evaluate the efficacy of a colistin-impregnated cement spacer alone or in combination with systemic colistin or systemic colistin + meropenem using a rabbit model of CPKP PJI that closely mimics human infection, adapted from a previous

- model [24]. Systemic colistin + meropenem was selected because this combination is recommended for CPKP with meropenem minimum inhibitory concentration (MIC)  $\leq 8$  mg/L [25].
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- 82

83 **2. Methods** 

## 84 2.1 Bacterial strain

KPC99YC is a KPC-producing *Klebsiella pneumoniae* clinical strain susceptible to
colistin (MIC, 1 mg/L), with intermediate susceptibility to meropenem and imipenem (MIC, 4
mg/L for both).

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89 **2.2** *In vitro* bactericidal activities of colistin and meropenem alone and in combination

Meropenem (AstraZeneca, Courbevoie, France), and colistin (colistimethate sodium, 90 Sanofi, Gentilly, France) were bought from local drug purchases companies and prepared 91 following label instructions for clinical use in humans. The bactericidal activities of colistin, 92 and meropenem, alone or in combination, were determined in triplicate. Overnight cultures 93 were diluted in 10 mL of fresh Mueller-Hinton broth, to yield an inoculum of 10<sup>5</sup> colony-94 95 forming unit (CFU)/mL. The antibiotic concentrations used were equivalent to 4 MIC. After 0, 3, 6, 9 and 24 h of incubation in a shaking water bath at 37°C, serial dilutions of 0.1 mL 96 97 samples were subcultured on Mueller-Hinton agar plates (Bio-Rad, Marnes la Coquettes, France), and incubated at 37°C for 24 h before the number of CFUs was counted. A 98 bactericidal effect was defined as a >2  $\log_{10}$  decrease compared to the initial inoculum. 99 Synergy was defined as a decrease of >2  $\log_{10}$  CFU/mL for the combination, as compared to 100 its most active constituent. 101

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## 103 **2.3** Selection of meropenem and colistin doses in rabbits

Plasma antibiotic concentrations were measured in uninfected rabbits to select doses that will lead to plasma concentrations equivalent to those obtained in humans. Initial doses were selected based on previous experimental studies in rabbits, and we verified that they achieved pharmacokinetic (PK) and pharmacodynamic (PD) targets for the KPC99YC strain, which are recommended for severe CPE infections in humans. Each antibiotic was tested on a
group of 4 uninfected rabbits. Samples were obtained after 24 h of treatment (steady-state
concentrations). Blood was drawn 15 min and 1, 2, 4, 6, 8, and 12 h after the injection, and
centrifuged. Concentrations were measured by high-performance liquid chromatography
(HPLC) - tandem-mass spectrometry using an electrospray ionization method. The limit of
quantification was 0.25 mg/L. PK parameters were calculated using Monolix version 4.3.3
(Lixoft SAS, Antony, France).

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### 116 **2.4** *In vitro evaluation of colistin elution from the spacer*

For elution of antibiotics, 6 samples of spacer were immersed in 10 mL of an isotonic saline solution placed at 37°C with agitation at 125 rpm. Then, 250  $\mu$ L of the saline solution was removed after 1, 4, 8, 24, 48, 72 h and 7 days. Colistin concentration was measured by HPLC with mass spectrometry detection, as described above. The results are expressed as percentages of colistin released from the cement spacers (amount released each day/total amount).

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## 124 **2.5** *Experimental prosthetic joint infection, and treatment groups*

New Zealand white female rabbits, each weighing 2.5 to 3 kg, were used. They were 125 housed in individual cages with natural light-dark cycles. The experimental protocol was in 126 keeping with French legislation on animal experimentation and was approved by the Animal 127 Use Committee of Maisons Alfort Veterinary School. This model was previously described 128 [24]. Briefly, each rabbit underwent partial right knee replacement with a tibial component by 129 an orthopedic surgeon. The surgery was performed under general anesthesia induced by 130 intramuscular (i.m.) injection of 25 mg/kg ketamine (Ketamine 1000; Virbac, Carros, France), 131 and 25 mg/kg of 2% xylazine (Rompun; Bayer Santé, Division Santé Animal, Puteaux, 132

France), and then by continuous inhalation of 1% isoflurane (Vetflurane; Virbac, Carros, 133 France). The skin overlying the right leg was shaved before the operation, and cleaned with 134 an iodine solution prior to surgery. A longitudinal skin incision was made, and the knee joint 135 136 was exposed. The epiphyseal plates were removed. The metaphysis was exposed. A silicone elastomer implant, commonly used in arthroplasty of the first metatarsophalangeal joint 137 (Silastic, great toe implant HP; Swanson Design, Dow-Corning [provided by Wright Medical 138 France, Créteil, France]), was implanted as a tibial prosthetic component. Immediately after 139 surgery, 5.10<sup>8</sup> CFU KPC99YC in 0.5 mL was injected into the knee close to the prosthesis. 140 Each rabbit was given patch analgesia (Durogesic; Janssen-CILAG SA, Issy Les Moulineaux, 141 142 France). Blood cultures were performed 24 h after inoculation to identify the presence of early bacteremia. 143

Seven days after inoculation, surgical synovectomy was performed. Periprosthetic 144 145 fluid culture was performed to ensure that all rabbits were infected. The prosthesis was removed and replaced by a cement spacer. At least 12 rabbits were randomly assigned to each 146 147 control or treatment group, with six groups in total (treatments were for 7 days): i) Prosthesis 148 replacement by drug-free cement spacer (controls); ii) Prosthesis replacement by colistimethate sulfate (colistin)-loaded (3 M IU/40 g of cement) cement spacer (Coli-Ce); iii) 149 Prosthesis replacement by drug-free cement spacer, + colistin i.m., 12 mg/kg i.m. t.i.d., 150 equivalent to 3 M IU t.i.d. in humans (Coli S); iv) Prosthesis replacement by colistin-loaded 151 cement spacer + colistin i.m. (Coli-Ce + Coli S); v) Prosthesis replacement by drug-free 152 cement spacer + colistin i.m. and meropenem s.c., 80 mg/kg t.i.d., equivalent to 250 mg i.v. 153 t.i.d. in humans (Coli-Mero S); vi) Prosthesis replacement by colistin-loaded cement spacer + 154 colistin i.m. and meropenem s.c. (Coli-Ce + Coli-Mero S) 155

The antibiotic-loaded spacer was obtained by mixing 3 M IU colistimethate sulfate with 40 g of powdered cement polymer before the addition of methylmethacrylate, as done in clinical practice and according to the manufacturer's instructions (CMW radiopaque bone cement; DePuy CMW, Blackpool, England). The dose of colistin in cement was similar to the dose previously studied *in vitro*.<sup>19-21</sup> It was then molded to reproduce a facsimile of the silicone prosthesis.

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## 163 **2.6** Evaluation of therapy

Fourteen days after inoculation, rabbits were euthanized by i.v. pentobarbital. Skin 164 aspect and position of the prosthesis were noted. To quantify bacterial counts, the upper third 165 of the tibia (3 cm long), including compact bone and marrow, was isolated, split with a bone 166 crusher, weighed, cut into small pieces, and crushed in an autopulverizer (MM 200; Retsch 167 GmbH, Haan, Germany). After 24 h of incubation at 37°C, the number of viable 168 microorganisms was determined. The results are expressed as the median [IQR] log<sub>10</sub> CFU/g 169 of bone and the number of animals with sterile bone. Bone was considered sterile when the 170 culture showed no growth after incubation for 48 h at 37°C, and the number of CFUs 171 recorded was the limit of detection (1.64 to 1.84 log<sub>10</sub> CFU/g of bone, depending on sample 172 weight). 173

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## 175 2.7 In vivo selection of mutants

Subpopulation analysis was performed in untreated and treated rabbits to screen for the emergence of colistin-resistant strains. Each undiluted bone homogenate (50  $\mu$ L) was plated onto Mueller-Hinton II agar and onto Mueller-Hinton II agar supplemented with colistin, 8 mg/L, and incubated during 72 h at 37°C. When bacterial growth was observed, the colonies were counted, and *Klebsiella* identification was confirmed using matrix-assisted laser-desorption ionization - time of flight mass spectrometry (Vitek MS; bioMérieux, La Balme-les-Grottes, France). Colistin MICs were determined by liquid broth dilution methods based on the UMIC colistin reagents (Biocentric, Bandol, France). Mutants were defined ashaving a 3-fold-greater MIC than that of the initial strain.

185

186 *2.8 Statistics* 

Data were analyzed with R software (R Development Core Team, 2012) [26]. Due to 187 the small sample size and asymmetric distributions of the analyzed variables, exact 188 nonparametric tests implemented in the 'coin' package were used [27]. Data of numeric 189 190 variables are summarized by the minimum, maximum, median range, interquartile range, mean and standard deviation and categorical variables by numbers and percentages. The Chi-191 square test, Fisher's exact test and the Kruskal-Wallis nonparametric method were used, as 192 appropriate. The effect size of antibiotics and their 95% confidence intervals (CI) on log<sub>10</sub> 193 CFU criteria were calculated by the Hodges-Lehmann estimator and the Bauer algorithm, 194 195 respectively [28]. The effect size of antibiotics on 'sterility' criteria was estimated by the difference of 'sterility' proportion, and 95%CI. Results of the bilateral statistical tests were 196 197 considered significant when P < 0.05.

198

#### 200 **3. Results**

201 *3.1 In vitro evaluation of colistin diffusion from the spacer (Fig. 1)* 

From 3 M IU (240 mg) of colistin spiked into the cement, only 0.1% were detected in immersion solution after 24 h. The steady state was reached at 24 to 48 h. Although the elution coefficent was low, the concentration reached in the elution fluid was  $\geq$ 20 mg/L (i.e., 205 20 times the MIC).

206 *3.2 Plasma concentrations of antibiotics* 

For colistin, the PK/PD target was an area under the curve (AUC)/MIC ratio of 25-50. This target was achieved with a dosing regimen of 12 mg/kg i.m. t.i.d. equivalent to 3 MIU t.i.d. in humans. The mean peak plasma concentration 2 h after injection in four uninfected animals was 2.9 mg/L. The mean AUC 0–24 was 13.3 mg·h/L (Fig. 2).

For meropenem, the initial objective was to maintain concentration above the MIC for 211 212 at least 50% of the time between two injections. This target was achieved with 250 mg/kg t.i.d., but the treatment was very poorly tolerated, with severe diarrhea in rabbits and a 213 214 lethality > 50%. Hence, a dosage of 80 mg/kg t.i.d., equivalent to 250 mg t.i.d. in humans, was finally selected. With this dosing schedule, the concentrations were maintained above the 215 MIC for 20% of the time between the two injections, and no severe side effect was observed. 216 The plasma meropenem concentrations measured in 12 infected rabbits after 24 h of treatment 217 with 80 mg/kg t.i.d. (steady-state concentrations) were as follows: Mean Cmax,  $15.5 \pm 12.2$ 218 mg/L, and mean Cmin,  $0.35 \pm 0.6$  mg/L, which is comparable to Cmax and Cmin observed 219 with 250 mg t.i.d. in humans. 220

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## *3.3 In vitro bactericidal activity of colistin alone and in combination*

Time-kill studies obtained at 4 MIC (Fig. 3) showed that colistin alone was rapidly
bactericidal in the first 6 h. However, regrowth occurred after 9 h of incubation. The MICs of

bacteria regrowing after 9 h were similar to the initial strain. Meropenem alone was poorly
bactericidal, with a decrease of 2 log of the initial inoculum at 9 h. The addition of
meropenem to colistin was synergistic, with no remaining viable bacteria after 6 h.

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## 229 *3.4 Experimental prosthetic joint infection, and treatment groups*

Initially, each group included 12 animals. Rabbits who died during anesthesia (n=1), 230 or before treatment start (n=3), or with sterile synovial fluid at D7 (n=2), were not included in 231 the analysis, so that the final number of animals per group was <12 (Table 1). In the control 232 group, peri-prosthetic joint infection was associated with severe local macroscopic changes at 233 autopsy, with bone marrow involvement (yellow/white in half of infected animals), bone 234 deformation in all animals, and purulent arthritis (Table 2). In the treatment groups, only a 235 few (always <50%) had bone deformation or bone marrow involvement. Blood cultures 236 237 performed 24 h after inoculation were positive in 44/72 rabbits (61%). All control rabbits except one (excluded from the analysis, as pre-specified) were infected at day 15 with a 238 239 median bone bacterial count of 6.1 CFU/g.

In contrast to local colistin, systemic colistin alone or combined with systemic meropenem was more effective than control on bacterial counts in bone at the end of treatment (P=0.043 and 0.05, respectively). However, only the combinations of local colistin and systemic colistin with or without meropenem were significantly more effective than the control on both proportions of rabbits with sterile bone (P=0.05 and 0.009, respectively) and median bacterial counts (P=0.005 and 0.003, respectively, Fig. 4 and Table 3).

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247 *3.5 In vivo* selection of mutants.

Colistin-resistant mutants were searched for in the tibial bone of all rabbits with persistent
infections (10 controls, 9 treated with local colistin, 7 treated with systemic colistin alone, 4

treated with systemic and local colistin, 10 treated with local colistin and systemic meropenem, and 4 treated with local and systemic colistin in combination with systemic meropenem). Only one rabbit, treated with local colistin alone, had colistin-resistant mutants with colistin MIC of 32 mg/L.

## 255 4. Discussion

Our study showed that combinations of local and systemic colistin with or without systemic meropenem were the only regimens significantly more effective than the control on both number of rabbits with sterile bone, and bacterial counts. This study therefore supports the efficacy of local colistin in the treatment of PJI with CPKP in combination with systemic treatment. It should be noted that local treatment alone was insufficient, as it did not significantly decrease the bacterial density in the bone compared to controls. Furthermore, a colistin-resistant mutant strain emerged in one rabbit treated by local colistin alone.

To overcome the limited efficacy of systemically delivered colistin, local colistin has 263 264 been used in infections due to multidrug-resistant bacteria, such as Pseudomonas aeruginosa pneumonia in cystic fibrosis patients, or ventilator-associated pneumonia [11,12], extensively 265 drug-resistant Acinetobacter baumannii ventriculitis, and meningitis [13]. Intravesical colistin 266 267 irrigation has also been successful for Acinetobacter baumannii urinary tract infection [14]. In our study, colistin elution represented a low percentage of colistin introduced in bone cement, 268 but achieved concentrations >20 MICs in the surrounding fluid, much higher than those 269 270 achievable with systemic treatment [36], which should translate into significant bactericidal activity in situ. Cement loaded with colistin has been used in case reports of Pseudomonas 271 aeruginosa osteomyelitis [21,22] or PJI [23]. Different doses of colistin in cement have been 272 used in the literature (Supplementary Table 1), including higher doses than in our 273 experiments. However, our study is the first to demonstrate the efficacy of local colistin 274 cement spacer in combination with systemic colistin in CPE experimental PJI. Of note, 275 276 although the proprotion of colistin elution was low (<0.1%), local concentrations of colistin were > 20 MICs (i.e. 20 mg/L) 277

This study has several limitations. Firstly, a single strain of CPE was tested; these bacteria have different susceptibility profiles, and these results may not apply to all CPE

strains. Particularly, the strain was of intermediate susceptibility to meropenem (MIC, 4 280 mg/L), and the findings may not apply to fully resistant strains. Secondly, we did not carry 281 out a safety study. Although systemic effects of local administration of antibiotics are reduced 282 as compared to systemic administration in humans, adverse events have been reported with 283 local administration, as a consequence of systemic diffusion [17,18]. We performed 284 histological studies of kidneys in three rabbits treated with local colistin, and two controls, 285 and found no sign of nephrotoxicity (data not shown). Thirdly, we did not carry out a 286 287 biomechanical study to test for the resistance of colistin-impregnated cements. Finally, we used a low dose of meropenem, i.e. 80 mg/kg s.c. t.i.d., equivalent to only 250 mg i.v. t.i.d. in 288 humans, due to poor tolerability of higher doses in rabbits. Most experts would recommend 289 meropenem doses of 2 g t.i.d. in humans with normal renal function for the treatment of 290 multidrug-resistant PJI. However, even with this low dose, the combination of colistin + 291 292 meropenem was effective, and the addition of local colistin was beneficial.

294 **5.** Conclusions

Optimal treatment of CPE PJI is poorly defined. The use of local colistin in a cement spacer in combination with systemic colistin, with or without meropenem, allowed for a marked reduction in the count of viable bacteria at the surgical site in this experimental model. This study suggests that local antibiotics, such as colistin-loaded cement spacer during a two-stage surgical procedure, should be considered in addition to systemic treatment, as it may increase the probability of treatment success in extensively durg-resistant PJI.

301

## 302 Acknowledgement

303 The authors thank Dr Omar Aimé for his support during these experiments.

304

### 305 **Declarations**

Funding: This study was supported by an unrestricted grant from the French National
Agency for Drug Safety (Agence Nationale de Sécurité du Médicament, ANSM).

308 Competing Interests: P. Tattevin has served as a scientific advisor for Astellas, AstraZeneca,

309 Correvio, Gilead Sciences, MSD, Mylan, and Pfizer. A-C. Crémieux has received grants from

310 Janssen–Cilag, Novartis, AstraZeneca, Aventis and Haeraus for consultancies, workshops and

- 311 travel to meetings and accommodations.
- Ethical Approval: The experimental protocol was in keeping with French legislation on
  animal experimentation and was approved by the Animal Use Committee of Maisons Alfort
  Veterinary School.

315

This study was presented during the 28<sup>th</sup> European Congress of Clinical Microbiology and
Infectious Diseases (ECCMID), Madrid, Spain 2018.

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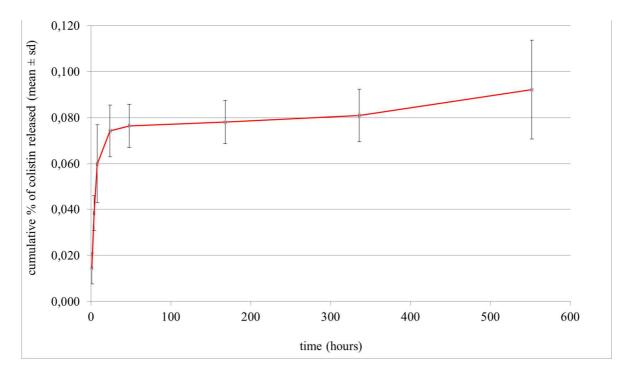
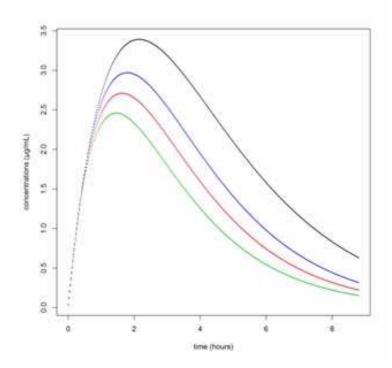
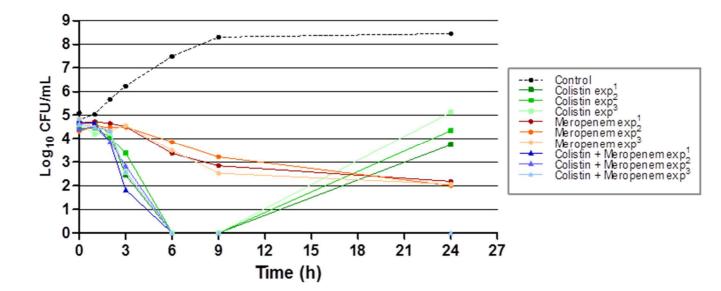


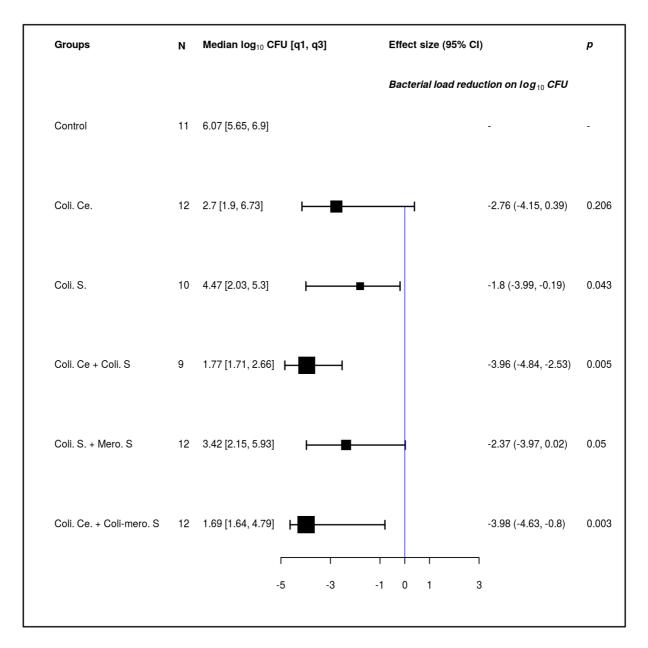
Fig. 1: Cumulative percentage of colistin released from the colistin-impregnated cement spacer over time



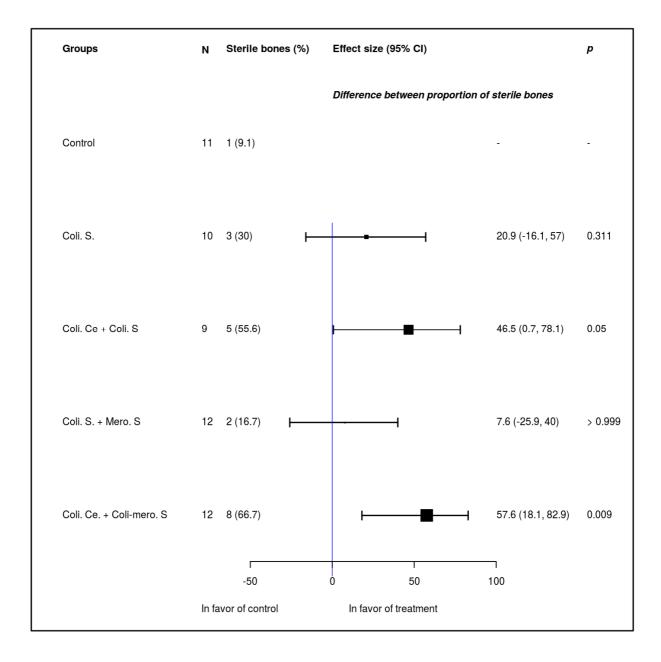
**Fig. 2:** Time–concentration profiles of colistin in rabbits plasma following a single i.m. administration of 12 mg/kg (n=16)



**Fig. 3:** *In vitro* killing curves for carbapenemase-producing *Klebsiella pneumoniae* strain KPC99YC, using different antibacterial agents alone and in combinations, at 4 MICs. All experiments were performed in triplicate.



**Fig. 4a:** Efficacy of colistin-loaded cement spacer alone (Coli Ce), or combined with systemic colistin (Coli S, with or without systemic meropenem (Mero S), for the treatment of carbapenemase-producing *Klebsiella pneumoniae* experimental prosthetic joint infection KPC99YC (bacterial load reduction).



**Figure 4b:** Efficacy of colistin-loaded cement spacer alone (Coli Ce), or combined with systemic colistin (Coli S, with or without systemic meropenem (Mero S), for the treatment of carbapenemase-producing *Klebsiella pneumoniae* experimental prosthetic joint infection KPC99YC (% of sterile bones).

**Table 1.** Number of rabbits excluded from the analysis in control and treatment groups, and

 reasons for exclusion

Groups	Enrolled	Died during surgical procedure	Died before beginning of treatment	Non-infected	Analyzed	
Control	12	1	0	0	11	
Coli-Ce	13	0	1	0	12	
Coli S	11	0	1	0	10	
Coli-Ce + Coli S	12	0	1	2	9	
Coli S + Mero S	12	0	0	0	12	
Coli-Ce + Coli S + Mero S	12	0	0	0	12	

Coli-Ce, colistin-loaded cement spacer; Coli S, systemic colistin; Mero S, systemic meropenem

**Table 2.** Macroscopic findings in rabbits at day 15 of carbapenemase-producing *Klebsiellapneumoniae* experimental prosthetic joint infection.

Groups	Bone deformation		Necrotic bone marrow		Purulent bone marrow		Open wound	
	n (%)	Р	n (%)	Р	n (%)	Р	n (%)	Р
Controls (n=11)	11 (100)	ref	11 (100)	ref	0 (0)	ref	6 (54.5)	ref
Coli-Ce (n=12)	6 (50)	0.014	9 (75)	0.217	1 (8.3)	>0.99	1 (8.3)	0.027
Coli S (n=10)	2 (20)	<0.001	2 (20)	<0.001	3 (30)	0.09	6 (60)	>0.99
Coli-Ce + Coli S (n=9)	7 (77.8)	0.189	6 (66.7)	0.074	5 (55.6)	0.008	5 (55.6)	>0.99
Coli S + Mero S (n=12)	5 (41.7)	0.005	6 (50)	0.014	8 (66.7)	0.001	4 (33.3)	0.414
Coli-Ce + Coli S + Mero S (n=12)	7 (58.3)	0.037	5 (41.7)	0.005	9 (75)	<0.001	4 (33.3)	0.414

*P* is in comparison with the control group

Coli-Ce, colistin-loaded cement spacer; Coli S, systemic colistin; Mero S, systemic meropenem

**Table 3.** Pairwise comparisons for evaluation of efficacy of colistin-loaded cement spacer, and systemic colistin, for the treatment of carbapenemase-producing *Klebsiella pneumoniae* experimental prosthetic joint infection.

	Reduction on log <sub>10</sub> , CFU/mL	Р
	[95% CI]	Γ
Coli-Ce + Coli-Mero S, compared to		
- Coli S + Mero S	-1.28 [-2.56, 0.13]	0.193
- Coli-Ce + Coli S	-0.04 [-0.6, 2.79]	0.715
- Coli S	-0.85 [-3.53, 0.1]	0.174
Coli S + Mero S, compared to		
- Coli-Ce + Coli S	1.4 [-0.16, 3.87]	0.115
- Coli. S.	-0.06 [-2.19, 1.69]	0.959
Coli-Ce + Coli S, compared to		
Coli S	-1.56 [-3.55, 0.08]	0.108
Coli-Ce, colistin-loaded cement spacer; Coli S,	systemic colistin; Mero S, sy	ystemic

meropenem