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# An anisotropic micro-ellipsoid constitutive model based on a microstructural description of fibrous soft tissues

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## Abstract

The aim of this paper is to propose a multi-scale anisotropic constitutive model based on a microscopic description of a soft fibrous tissue. The proposed model is based on directional (or micro-sphere) strain energy density, linking the contribution of fibers to macroscopic elasticity. The link between the microscopic fiber and the macroscopic response is obtained by homogenization involving numerical integration on the surface of the homogenized volume. Directly from the texture analysis of microscopic observations, anisotropy is accounted for an ellipsoid, used as the basis for integration. In each spatial direction of the summation, the initial length of the fibers is penalized according to the geodesic of the anisotropic ellipsoid. Unlike conventional models, anisotropy is taken into account for strains, which allows the mechanical properties of the fibers to be maintained throughout the elementary volume. A new specific integration scheme on an ellipsoidal surface was then developed to facilitate numerical implementation. **The strains penalization also ensures that the solution obtained when increasing the amplitude of anisotropy is not degraded.** This model, with the new integration method, has been tested for its relevance on numerical tissues. The objectivity and invariance of rotation were then proven. Finally experimental data obtained on human abdominal wall connective tissues were used to verify the accuracy of the results and the predictive capabilities of the model.

*Keywords:* constitutive behavior, anisotropic material, microstructure, biological material, soft tissue, hyperelasticity, directional model, micro-sphere model

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## 1. Introduction

Controlling the behaviour of biological tissues has become a major challenge. Thanks to numerical simulation, behaviour under physiological or pathological loading is understood and predicted, offering benefits in many areas: improvement of surgical techniques (Guérin and Turquier, 2013) or medical devices

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30 (Lister et al., 2011) or risk prediction for patients (Mayeur et al., 2017), allowing specific accessible treatment.  
31 For example, for a patient, the predictive numerical model will be used to choose one surgical method over  
32 another, with a customized surgical device, depending on the potential complications.

33 To achieve patient-specific simulation and improve medical treatments, it is necessary to characterize  
34 and model the mechanical behaviour of the tissues involved in the treatment. Classically, the macroscopic  
35 mechanical behaviour of biological soft tissues is characterized by several hyperelastic models (Mooney,  
36 1940; Rivlin, 1948; Ogden, 1978; Yeoh, 1993). However, these models derive from purely phenomenological  
37 functions of strain energy, considered isotropic (Chagnon et al., 2015; Wex et al., 2015): they are used as a  
38 first approach and because of their ease of implementation. Hostettler et al. (2010), Abraham et al. (2011)  
39 and Silva et al. (2017) used a Mooney-Rivlin or a Yeoh model to characterize the mechanical properties of  
40 the liver, the pelvic floor and the meniscal attachment while a Ogden model was used to characterize the  
41 skin (Lapeer et al., 2010), the brain Kaster et al. (2011), the liver (Lister et al., 2011) and the bladder and  
42 rectum (Boubaker et al., 2015). Human connective tissues are heterogeneous, composed of an intertwining of  
43 collagen and elastin fibers. This entanglement leads to highly anisotropic hyper-elastic non-linear behaviour  
44 (Korenkov et al., 2001; Astruc et al., 2018). In recent years, this constitutive phenomenological modeling has  
45 incorporated a microstructure-based approach to include some parameters with a more physical meaning  
46 (Holzapfel et al., 2015; Polzer et al., 2015; Brieu et al., 2016). The most commonly used model is the  
47 generalized structure tensor (GST) model, which includes a scalar structure parameter representing the  
48 fiber distribution (Gasser et al., 2006; Li et al., 2018). Such models therefore assume a predetermination  
49 of anisotropy with *a priori* preferential directions and introduce many material and geometric parameters  
50 leading to difficult **parameters** identification and numerical implementation. In case of anisotropic biological  
51 tissues such as the abdominal connective tissues, anisotropy predetermination is not possible because of  
52 its patient-dependency and its variation according to location (Gräßel et al., 2005; Astruc et al., 2018). A  
53 model where the directions of anisotropy are directly identifiable variables is lacking. The second commonly  
54 used class of model is the directional approach (also called micro-sphere), based on a spatial arrangement of  
55 weighted fiber bundles homogenized by integration on the surface of the unit sphere, either isotropic (Miehe  
56 et al., 2004) or anisotropic (Alastrué et al., 2009a). In this approach structural information is included  
57 assuming a fiber orientation distribution function (ODF).

58 Bergonnier et al. (2005) then Witz et al. (2008) found a clear link between image texture and linear  
59 elastic behaviour. For textured material as crimped glass wool, elastic properties were identified directly  
60 from quantitative images analysis of the heterogeneous texture of the sample. In this study, we propose  
61 to extend this approach to non-linear 3D hyper-elastic behavior. Images of tissues at the fiber scale were  
62 obtained using multiphotonic microscopy. Then texture analysis of the whole image gives access to the main  
63 orientation and the disorientation rate, i.e. the anisotropy rate. By applying the structure tensor method  
64 developed by Rao and Schunck (1991), the 3D texture gives an image of the anisotropy of the tissue in

65 the form of an ellipsoid, oriented along the main direction and whose minor axes correspond to the rate of  
66 disorientation of the fibers in space.

67 Biological tissues, composed of polymeric fibers, can be assimilated to hyperelastic macromolecular  
68 network (Brieu et al., 2016). It is then possible to use formulations developed for long-chain macromolecular  
69 network (Wang and Guth, 1952; Arruda and Boyce, 1993; Kuhl et al., 2005). Each type of fiber is described  
70 by physically-based parameters related to its macromolecular properties, *i.e.* its material properties. Based  
71 on the formalism of (Brieu et al., 2016) for the isotropic directional model, the microstructure can be taken  
72 into account by integrating on the surface of the ellipsoid representing the anisotropy. With such an approach,  
73 material and microstructural parameters are independent and uncorrelated. Material (intrinsic) parameters  
74 can be determined while microstructural (extrinsic) parameters can be identified from the texture analysis  
75 according to the location of the tissue and the patient. Anisotropy is accounted by changing the fibers  
76 initial length according to the ellipsoid geodesic, which means that anisotropy only impacts the structure  
77 of the tissue and not its intrinsic properties. The studied tissue is considered as composed of similar unit  
78 elements, *i.e.* the fiber, with the same intrinsic properties, only the spatial arrangement of the unit elements  
79 confers the extrinsic properties to the entire tissue. Moreover, unlike the micro-sphere model, working in  
80 deformation rather than stress avoids an increase in the number of integration points in the event of very  
81 significant anisotropy (Alastrué et al., 2009b; Verron, 2015), allowing implementation in finite element code  
82 with reasonable calculation times.

83 The purpose of this paper is to propose a multi-scale anisotropic constitutive model based on a directional  
84 strain energy density, using a microscopic description of the tissue to predict its macroscopic behaviour.  
85 One of the main interests lies in the limited number of parameters. The intrinsic parameters, linked to the  
86 material, are set common to all individuals and the extrinsic parameters, linked to the microstructure, are  
87 the only variable information. The first part describes the modeling framework and in particular the strain  
88 energy density integrated on the surface of a volume directly coinciding with the anisotropy of the tissue.  
89 A new method of integrating over a revolution ellipsoid surface is then proposed. The second part deals  
90 with the validation of the model, with several cases of anisotropy. The third part focuses on its application  
91 to experimental tests on human abdominal rectus sheath and the demonstration of the model's ability to  
92 identify the microstructure by setting constant material parameters.

## 93 **2. Theoretical study**

### 94 *2.1. Constitutive equations*

95 Biological fibrous soft tissues have an anisotropic hyper-elastic response (Martins et al., 2012; Astruc  
96 et al., 2018). To model the hyper-elastic behavior under large strains, a strain energy density  $\mathcal{W}$  is introduced  
97 to formulate constitutive equations. The deformation gradient tensor  $\mathbf{F}$  allows to describe the transformation

98 from an initial configuration to a deformed one. Stresses may be expressed with the second Piola-Kirchhoff  
 99 stress tensor,  $\mathbf{S}$ , as:

$$\mathbf{S} = \frac{\partial \mathcal{W}}{\partial \mathbf{E}} - p\mathbf{C}^{-1} \quad (1)$$

100 with  $\mathbf{C} = (\mathbf{F}^T \cdot \mathbf{F})$ , the right Cauchy-Green strain tensor and  $\mathbf{E} = \frac{1}{2}(\mathbf{C} - \mathbf{I})$ , the Green-Lagrange strain  
 101 tensor.  $p$  is a Lagrange multiplier, treated as a hydrostatic pressure resulting from the incompressibility  
 102 assumption of the tissue. Incompressibility also implies:

$$\det(\mathbf{C}) = 1 \quad (2)$$

103 A biological tissue is a polymer constituted of fibers (Gräbel et al., 2005), considered as a spatial network  
 104 of fibers, spread in every directions of space. Treloar and Riding (1979) proposed a full network model  
 105 assuming that each spatial direction  $\underline{u}$  contributes to the global elasticity of the material. The strain-energy  
 106 function,  $\mathcal{W}$ , is obtained by a summation over all directions,  $\underline{u}$ , on the spatial material layout  $\mathcal{S}$  of the  
 107 elementary strain energy densities,  $w$ , related to the contribution of fiber aligned with  $\underline{u}$ :

$$\mathcal{W}(\mathbf{C}) = \frac{1}{\mathcal{S}} \iint_{\mathcal{S}} w(\lambda(\mathbf{C}, \underline{u})) d\mathcal{S} \quad (3)$$

108 where  $\lambda$  is the stretch measure seen by the direction  $\underline{u}$  (Arruda and Boyce, 1993; Diani et al., 2004):

$$\lambda = \sqrt{\underline{u} \cdot \mathbf{C} \cdot \underline{u}} \quad (4)$$

109 In order to obtain a microstructurally-based modeling of the behavior, the model is based on a physical  
 110 description of the fibers. A form of  $w$  was introduced by Kuhn and Gr $\ddot{u}$ n (1942), with a single-chain  
 111 probability density function:

$$w_{sc}(\lambda, N) = \kappa_B T N \left( \beta(\lambda) \frac{\lambda}{\sqrt{N}} + \ln \left( \frac{\beta(\lambda)}{\sinh(\beta(\lambda))} \right) \right) \text{ with } \beta(\lambda) = \mathcal{L}^{-1} \left( \frac{\lambda}{\sqrt{N}} \right) \quad (5)$$

112 which, after derivation, brings to:

$$\frac{\partial w_{sc}(\lambda, N)}{\partial \lambda} = \kappa_B T \sqrt{N} \mathcal{L}^{-1} \left( \frac{\lambda}{\sqrt{N}} \right) \quad (6)$$

113 where  $\kappa_B$  is Boltzmann's constant and  $T$  the absolute temperature.  $N$  is the average length of the  
 114 macromolecules, with  $\sqrt{N}$  the limit of extension of the chains and the function  $\mathcal{L}^{-1}$  is the inverse of the  
 115 Langevin's function:  $\mathcal{L}(x) = \coth(x) - 1/x$ , generally approximated by Pad $\acute{e}$  approximant (Cohen, 1991;  
 116 Jedynek, 2015) or a Taylor serie, chosen as long as  $\lambda$  is not too close to the limit of extension (Gillibert et al.,  
 117 2010). The total chain energy density derivative per unit volume is then:

$$\frac{\partial w(\lambda, \mathbf{C}, N)}{\partial \lambda} = C \sqrt{N} \mathcal{L}^{-1} \left( \frac{\lambda}{\sqrt{N}} \right) \quad (7)$$

118 where  $C = n\kappa_B T$  with  $n$  the chain density per unit reference volume (Arruda and Boyce, 1993; Diani et al.,  
 119 2006).  $C$  is homogeneous to a stress and is therefore treated as the rigidity of the chains.

120 The elastic energy density partial derivative from Eq. (3) with (1) comes as:

$$\frac{\partial \mathcal{W}}{\partial \mathbf{C}} = \frac{2}{S} \iint_{\mathcal{S}} \frac{\partial w(\lambda)}{\partial \lambda} \frac{\partial \lambda}{\partial \mathbf{C}} d\mathcal{S} \quad (8)$$

121 By substitution of Eq. (7) in (8), the expression of the second Piola-Kirchhoff stress tensor becomes:

$$\mathbf{S} = \mathbf{S}' - p\mathbf{C}^{-1} \quad (9)$$

122 with :

$$\mathbf{S}' = \frac{1}{S} \iint_{\mathcal{S}} \frac{C\sqrt{N}}{\lambda} \mathcal{L}^{-1} \left( \frac{\lambda}{\sqrt{N}} \right) (\underline{\mathbf{u}} \otimes \underline{\mathbf{u}}) d\mathcal{S} \quad (10)$$

123 However a problem occurs with this formulation in its initial state, for  $\mathbf{F} = \mathbf{I}$ . The directional invariant  
 124 does not allow a state free of stress, the addition of a prestress is therefore required to ensure an unloaded  
 125 state (Diani et al., 2004; Kuhl et al., 2005). In literature, few studies (Criscione et al., 2002; Ciarletta  
 126 et al., 2011) have examined the development of structural invariants ensuring a stress free initial state while  
 127 others (Chagnon et al., 2015) have used higher-order functions involving structural invariants. Similarly, the  
 128 structural invariant used in this study, directional elongation, can be modified to ensure a stress free state  
 129 without pretension. In order to maintain the use of the Langevin inverse function as extensibility function,  
 130 the new structural invariant becomes:

$$\nu(\mathbf{E}, \underline{\mathbf{u}}) = (\underline{\mathbf{u}} \cdot \mathbf{E} \cdot \underline{\mathbf{u}})^2 + 1 \quad (11)$$

131 as a function of  $\mathbf{E}$ , derived from the directional stretch and adapted to ensure an unloaded state in the  
 132 initial configuration, for the stress tensor part  $\mathbf{S}'$  in Eq. (9) expressed by:

$$\mathbf{S}' = \frac{2}{S} \iint_{\mathcal{S}} C\sqrt{N}\sqrt{\nu-1} \mathcal{L}^{-1} \left( \frac{\nu}{\sqrt{N}} \right) (\underline{\mathbf{u}} \otimes \underline{\mathbf{u}}) d\mathcal{S} \quad (12)$$

133 This form of the stress tensor depends on only two material (intrinsic) parameters,  $C$  and  $N$  and equals  
 134 zero at zero deformation by definition. Moreover, considering a higher order deformation function allows us  
 135 to achieve the same objectives as in worm-like chain models (Kuhl et al., 2005): the unitary element is not  
 136 loaded in the same way as the global tissue. During uniaxial traction, not all fibers are directly recruited:  
 137 the fiber does not deform as quickly as the overall tissue and is recruited in a more non-linear way. The  
 138 deformation measurement thus modified therefore makes it possible to take this phenomenon into account,  
 139 without the addition of parameters.

140 Thereafter, we will work with the first Piola-Kirchhoff stress tensor  $\boldsymbol{\tau}$ , also called the nominal stress  
 141 tensor, expressing the experimentally measurable stress, as:

$$\boldsymbol{\tau} = \mathbf{F}\mathbf{S} = \frac{2\mathbf{F}}{S} \iint_{\mathcal{S}} C\sqrt{N}\sqrt{\nu-1} \mathcal{L}^{-1} \left( \frac{\nu}{\sqrt{N}} \right) (\underline{\mathbf{u}} \otimes \underline{\mathbf{u}}) d\mathcal{S} - p\mathbf{F}^{-T} \quad (13)$$

142 *2.2. Analytical solution*

143 In order to conduct analytical solutions, we consider an uni-axial tensile test performed according to a given  
 144 loading direction, with an imposed stretch and a sought stress, on an anisotropic soft tissue sample with  
 145 arbitrary material properties,  $C$  and  $N$ , with an unidentified material reference.

146 The Cauchy stress tensor  $\sigma$ , also named the true stress tensor, defined in the principal stresses reference  
 147  $(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})$  (i.e. the load reference) is, for an uni-axial load in the  $\underline{e}_{\sigma I}$  direction:

$$\sigma = \begin{pmatrix} \sigma_I & 0 & 0 \\ 0 & \sigma_{II} = 0 & 0 \\ 0 & 0 & \sigma_{III} = 0 \end{pmatrix}_{(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})} \quad (14)$$

148 Because of anisotropy, the principal stresses reference and the principal strains reference are not necessarily  
 149 coincident. They coincide only in case of isotropy or when loading direction corresponds to material direction.

150 Then the deformation gradient tensor  $\mathbf{F}$  can be expressed in the principal stresses reference as:

$$\mathbf{F} = \begin{pmatrix} F_{11} & F_{12} & F_{13} \\ F_{21} & F_{22} & F_{23} \\ F_{31} & F_{32} & F_{33} \end{pmatrix}_{(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})} \quad (15)$$

151 where  $F_{11}$  is known as the elongation sustained by the material in the loading direction. The others 8  $F_{ij}$   
 152 components of the tensor are unknown. Eq. (14) and (15) provide the first Piola-Kirchhoff stress tensor  $\tau$   
 153 as:

$$\tau = J\sigma\mathbf{F}^{-T} = \begin{pmatrix} \sigma_I(F_{22}F_{33} - F_{23}F_{32}) = \tau_{11} & \sigma_I(F_{23}F_{31} - F_{33}F_{21}) & \sigma_I(F_{21}F_{31} - F_{22}F_{31}) \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}_{(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})} \quad (16)$$

154 where  $\tau_{11}$  is the experimental stress as  $\tau_{11} = \frac{F}{S_0}$ , with  $F$  the recorded force in  $N$  and  $S_0$  the measured initial  
 155 cross section in  $mm^2$ .  $\tau$  can then be re-expressed only according to  $F_{ij}$  and  $\tau_{11}$  in terms of:

$$\tau = \begin{pmatrix} \tau_{11} & \tau_{11} \frac{(F_{23}F_{31} - F_{33}F_{21})}{(F_{22}F_{33} - F_{23}F_{32})} & \tau_{11} \frac{(F_{21}F_{31} - F_{22}F_{31})}{(F_{22}F_{33} - F_{23}F_{32})} \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}_{(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})} \quad (17)$$

156 The management of the incompressibility is achieved by the introduction of  $p$  (Eq. (1)). Finally, the system  
 157 presents 10 unknowns:  $\tau_{11}$ ,  $p$  and  $F_{ij}$  (except  $F_{11}$ ). With Eq. (13), we obtain 9 equations, from the tensor  
 158 components, binding  $F_{ij}$ ,  $\tau_{11}$  and  $p$ . The incompressibility equation Eq. (2), linking the  $\mathbf{F}$  components,  
 159 provides the additional equation, rendering the problem solvable.

160 For any solicitation in a given direction, we can assess the mechanical stress exerted on the material and  
 161 the related deformation gradient tensor.

162 *2.3. Material anisotropy*

163 Directional models (or micro-sphere models) were previously developed on isotropic (Miehe et al., 2004;  
 164 Brieu et al., 2016) or Mullins softening induced anisotropic (Göktepe and Miehe, 2005; Merckel et al.,  
 165 2013) materials. Such materials are organized in a three-dimensional network of long chains. Each chain  
 166 is described with an elementary strain energy density with the same mechanical properties,  $C$  and  $N$  that  
 167 contributes equally to the material, constituting an isotropic three-dimensional lattice. The global strain  
 168 energy density is obtained by integration over the unit sphere according to Eq. (3). For computational time  
 169 aspects, discrete distributions with a finite number of directions are introduced (Wang and Guth, 1952;  
 170 Arruda and Boyce, 1993). Bažant and Oh (1986) directional integration networks are traditionally used,  
 171 in particular the 2x21  $\underline{u}_i$  directions network, providing a good precision of the integral. In this study, the  
 172 2x66 network is chosen for its accuracy and efficiency (Gillibert et al., 2010). The discretized strain energy  
 173 density is expressed as the summation of each elementary strain energy density  $w_i$  of direction  $\underline{u}_i$ , weighted  
 174 by the integration weights  $\omega_i$ :

$$\mathcal{W}(\mathbf{E}) = \sum_{i=1}^M \omega_i w(\nu(\mathbf{E}, \underline{u}_i)) \quad (18)$$

175 In case of an anisotropy resulting from **Mullins** effect, the same set of directions is chosen according to the  
 176 initial isotropy and the integration weights of the loading direction is penalized with an anisotropic damage  
 177 law (Diani et al., 2006). The network remains spherical but the penalty allows to induce the anisotropy.  
 178 In case of anisotropic materials, anisotropy ought to be taken into account from the outset. Micro-sphere  
 179 models (Alastrué et al., 2010) depict the dispersion of fibers with the Bingham (Bingham, 1974; Spronck  
 180 et al., 2016) or Von Mises ODF, assigning to each direction of the unit sphere an orientation concentration  
 181 factor (Sáez et al., 2016).

182 The proposed model reflects the dispersion directly on the three-dimensional network. Texture analysis  
 183 with the structure tensor method (Krause et al., 2010; Knutsson et al., 2011) establishes a distribution of  
 184 the spatial orientations of the observed anisotropic sample (Fig. 1-A), from which an ellipsoid reflecting the  
 185 anisotropy of the material is created (Fig. 1-B): the main direction of the ellipsoid coincides with the main  
 186 directions of the fibers and the semi-minor axis coincides with the distribution width  $\sigma$ . The greater the  
 187 anisotropy, the smaller the variance of the distribution, the thinner the integration ellipsoid becomes.

188 The ellipsoid is then used as an homogenization alternative to the unit sphere. Instead of considering  
 189 an homogeneous network such as the unit sphere, the network is deformed according to the ellipsoid of  
 190 revolution determined by image analysis. The vector materializing the direction  $\underline{u}_i$  is no longer a unit  
 191 vector, but its norm is correlated to the geodesic of the ellipsoid: a vector oriented in the direction of the  
 192 major axis of the ellipsoid has a unitary norm while a vector oriented in the orthogonal plane, containing  
 193 the minor axis, has a norm equal to  $R$  (Fig. 1-B). Physically, this is equivalent to locally changing the initial  
 194 length of the fibers when projecting deformations on the directions (Eq. (11)), and not their stiffness as in



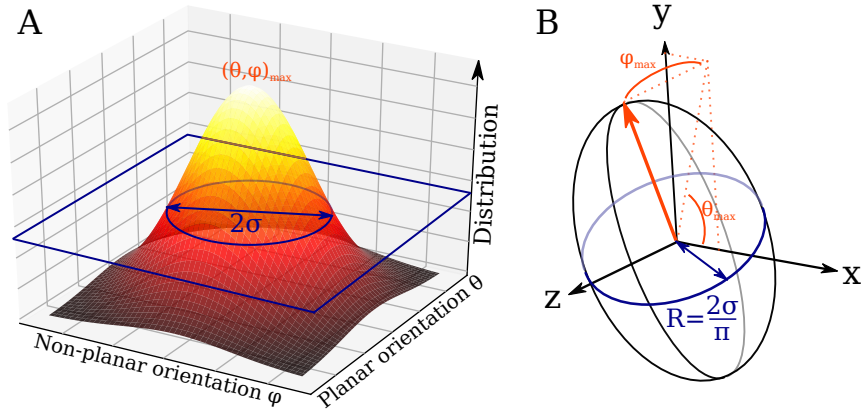


Figure 1: (A)-Gaussian type distribution of the spatial orientations of a transverse isotropic sample fibers and (B)-its related revolution ellipsoid: the major axis of the ellipsoid is oriented in the direction of the most represented orientation  $(\theta, \varphi)_{max}$  and the minor axis length corresponds to the Gaussian variance  $\sigma$ .

195 conventional models with ODF. The ellipsoid maintains the mechanical properties of the fibers, the average  
 196 length  $N$  and the density  $n$ , proportional to the stiffness  $C$ , and angularly varies the initial lengths of the  
 197 fibers along the geodesic of the ellipsoid. The deformation applied to the network impacts only the direction  
 198 and the norm of the network, in other terms the structure, but not the material properties of each direction.  
 199 The intrinsic properties, *i. e.* the chains properties  $C$  and  $N$ , are not modified. Only the extrinsic properties  
 200 are modified, namely the properties related to its structure, the initial length in each direction, which will  
 201 vary according to the degree of anisotropy indicated. In this study, only transverse isotropy is considered.  
 202 In case of a different anisotropic nature, an ordinary ellipsoid would be considered with two different minor  
 203 axes, correlated to the particular distribution of the spatial orientations.

#### 204 2.4. Numerical integration

205 Previous works (Bažant and Oh, 1986; Heo and Xu, 2001) used different schemes to evaluate integrals over  
 206 the surface of a sphere providing accurate results. However, these methods cannot be used for ellipsoids.  
 207 Pre-defined networks on the spheres cannot be deformed into ellipsoids. The distribution of integration  
 208 points, homogeneous on the surface of a sphere (Fig. 2-A), is indeed no longer uniform once the sphere is  
 209 deformed into an ellipsoid.

210 A customized integration scheme has therefore been developed to evaluate integrals over a revolution  
 211 ellipsoid, allowing to select privileged directions. The directions are then chosen arbitrarily or according to  
 212 the material microstructure. Fig. 2-B shows a specific distribution on a sphere, which can be easily applied  
 213 to discontinuous materials with specific directions such as textiles (Morch et al., 2019). For anisotropic  
 214 material, the parameterization of the surface, by angular discretization provides uniform distribution of the  
 215 integration points on the revolution ellipsoid surface (Fig. 2-C).

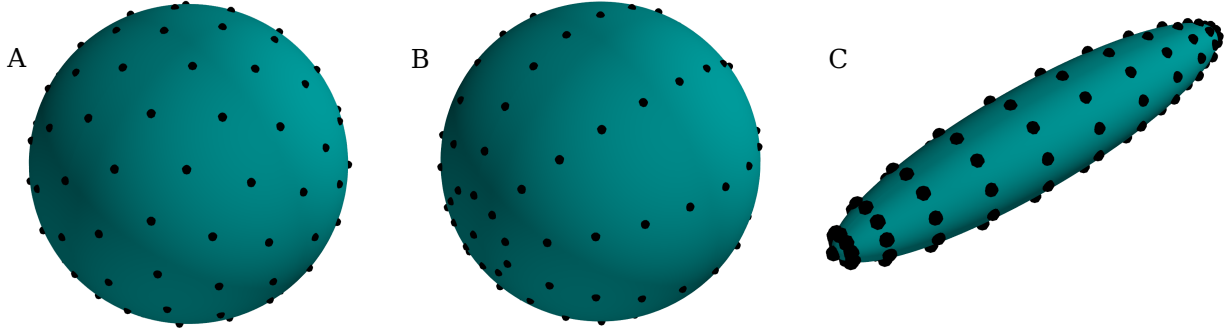


Figure 2: Comparison of the distribution of the integration directions over a sphere with the 122-directions set of Bazant-(A) and over a sphere-(B) and a revolution ellipsoid-(C) with the customized integration scheme with 112 directions.

216 The customized method is used to evaluate the integral  $Q$  of a function  $q$  on the surface of a revolution  
 217 ellipsoid, with semi-major axis  $a$  and semi-minor axis  $b$ . Directions are located on the surface by the set  
 218 of spherical coordinates  $(u, v)$  (Fig. 3-A). By virtue of the first fundamental form in differential geometry  
 219 (Weisstein, 1999), the infinitesimal ellipsoid surface element is defined as:  $dS = \sqrt{a^2 - (a^2 - b^2) \sin^2 u} du dv$ .  
 220 The integral  $Q$  then becomes:

$$Q(u, v) = \int_{u=0}^{\pi} \int_{v=0}^{2\pi} q(u, v) \sqrt{a^2 - (a^2 - b^2) \sin^2 u} du dv \quad (19)$$

221 Spheroid surface is discretized with a tiling using nine-nodes quadrangles (Fig. 3-B-C). The discretization  
 222 is used as the integration basis for the function  $q$ , approximated with quadratic Lagrange polynomials for  
 223 each quadrangle.

$$q(u, v) = \sum_{i,j=0}^2 \alpha_{ij} u^i v^j \quad (20)$$

For each quadrangle  $I$ ,  $q$  is evaluated on the nine nodes of  $I$  (Fig. 3-C) as  $q_i$  ( $i = 1 \dots 9$ ), with node

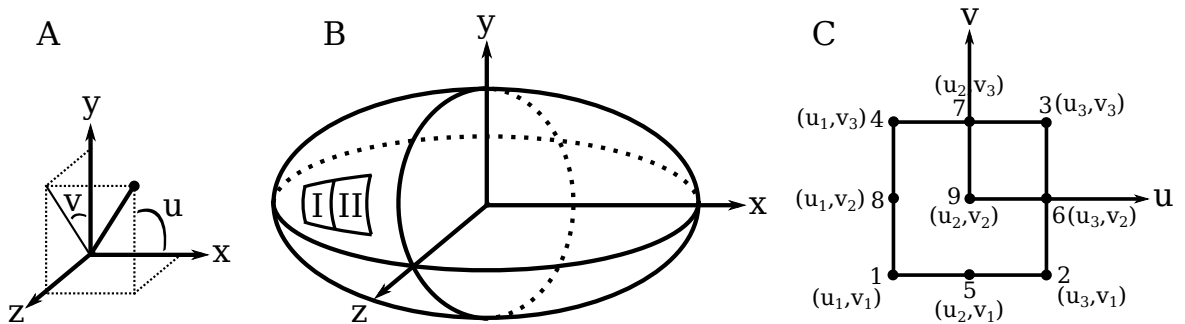


Figure 3: Numerical integration scheme: (A)-spherical angles defined in Cartesian basis, (B)-quadrangles tiling of the ellipsoid and (C)-representation of the nine-nodes quadrangle in the  $(u, v)$  space.

224

225 coordinates, providing an analytical expression of the coefficients  $\alpha_{ij}$  of the Lagrange polynomials, only  
 226 related to nodes and  $q_i$  by reversing the following system:

$$\left\{ \begin{array}{l} q_1 = \sum_{i,j=0}^2 \alpha_{ij} u_1^i v_1^j \\ q_2 = \sum_{i,j=0}^2 \alpha_{ij} u_3^i v_1^j \\ q_3 = \sum_{i,j=0}^2 \alpha_{ij} u_3^i v_3^j \\ q_4 = \sum_{i,j=0}^2 \alpha_{ij} u_1^i v_3^j \\ q_5 = \sum_{i,j=0}^2 \alpha_{ij} u_2^i v_1^j \\ q_6 = \sum_{i,j=0}^2 \alpha_{ij} u_3^i v_2^j \\ q_7 = \sum_{i,j=0}^2 \alpha_{ij} u_2^i v_3^j \\ q_8 = \sum_{i,j=0}^2 \alpha_{ij} u_1^i v_2^j \\ q_9 = \sum_{i,j=0}^2 \alpha_{ij} u_2^i v_2^j \end{array} \right. \quad (21)$$

227 Because of the size of the expressions, coefficients details are not shown. The coefficients  $\alpha_{ij}$  are then  
 228 included into the expression of  $q$  (Eq. (20)), expressed only with nodes parameters  $q_i$  ( $i = 1\dots 9$ ) and  $u_j, v_j$   
 229 ( $j = 1\dots 3$ ). The function  $q$  is integrated on each basis element  $X$  of the ellipsoid to evaluate the integral  
 230  $Q^X$  and the relative contributions of the element to the associated nodes  $(A\dots I)^X$ . To determine a node  
 231 contribution, we consider a function  $q$  equal to 1 on this node and 0 on all the other nodes of the element.  
 232 For the first quadrangle I, the integral is expressed as:

$$\begin{aligned} Q^I &= \int_{u_1}^{u_3} \int_{v_1}^{v_3} q(u, v) \sqrt{a^2 - (a^2 - b^2) \sin^2 u} \, du dv \\ &= A^I q_1 + B^I q_2 + C^I q_3 + D^I q_4 + E^I q_5 + F^I q_6 + G^I q_7 + H^I q_8 + I^I q_9 \end{aligned} \quad (22)$$

233 with  $A^I, B^I, C^I, D^I, E^I, F^I, G^I, H^I$  et  $I^I$ , only expressed with nodes coordinates  $u_i$  and  $v_i$  ( $i = 1\dots 3$ ). For  
 234 the second quadrangle II, the integral is expressed with nodes coordinates  $u_i$  ( $i = 3\dots 5$ ) and  $v_j$  ( $j = 1\dots 3$ ):

$$Q^{II} = A^{II} q_2 + B^{II} q_{10} + C^{II} q_{11} + D^{II} q_3 + E^{II} q_{12} + F^{II} q_{13} + G^{II} q_{14} + H^{II} q_6 + I^{II} q_{15} \quad (23)$$

235 The integration weights of each node are obtained by assembling elements, in the context of finite elements.  
 236 Node weight  $\omega$  is the summation of the contributions of every element in which the node is implicated as:

$$\omega = \left\{ \begin{array}{l} \text{node 1 : } A^I + \dots \\ \text{node 2 : } B^I + A^{II} \dots \\ \text{node 3 : } C^I + B^{II} \dots \\ \text{node 4 : } D^I + \dots \\ \text{node 5 : } E^I + \dots \\ \text{node 6 : } F^I + H^{II} + \dots \\ \dots \end{array} \right. \quad (24)$$

237 The integral  $Q$  can then be written, for a set of  $M$  directions  $\underline{u}_i$ , with  $M$  integration weights  $\omega_i$ :

$$Q(u, v) = \sum_{i=0}^M \omega_i q(\underline{u}_i) \quad (25)$$

238 In order to verify the relevance of numerical integration, a non-linear function,  $f(x) = e^x$ , is integrated  
 239 on the surface of different revolution ellipsoids, i) the unit sphere ( $S_{R=1}$ ), ii) an ellipsoid with an axis ratio  
 240 equals to 0.5 ( $S_{R=0.5}$ ) and a degenerated ellipsoid with an axis ratio equals to 0.01 ( $S_{R=0.01}$ ), with four  
 241 numerical integration schemes based on:

- 242 – Bazant and Oh (1986)'s 122 directions network. The spherical network is deformed in ellipsoid and  
 243 integration weights from the unit sphere are used.
- 244 – Bazant and Oh (1986)'s 122 directions network. The spherical network is conserved and integration  
 245 weights from the unit sphere are penalized according to ellipsoidal geodesic.
- 246 – a network of 112 directions with numerical integration, previously defined in the present paper.
- 247 – a network of 422 directions with numerical integration, previously defined in the present paper.

248 In the first Bazant case, the anisotropy is taken into account on the deformations, as in the approach  
 249 developed in the present paper while in the second Bazant case, anisotropy is taken into account on stresses,  
 250 as in the micro-sphere approach. The results are compared with numerical integration computed with Scipy  
 251 python library, using Gauss-Kronrod quadrature formula (Kronrod, 1965). Numerical results, longer to  
 252 assess (10 times longer than an unoptimized straightforward implementation of the presented method) and  
 253 therefore not usable in optimization or finite element simulation codes, are considered accurate and used as  
 254 a basis for comparison on Table 1 which provides the relative errors between the different methods.

	$S_{R=1}$	$S_{R=0.5}$	$S_{R=0.01}$
Bazant (directions penalization)	$1.10^{-6}\%$	4.8%	7.9%
Bazant (weights penalization)	$1.10^{-6}\%$	5.2%	32%
Proposed method (112 directions)	$2.10^{-3}\%$	$2.10^{-3}\%$	$3.10^{-3}\%$
Proposed method (422 directions)	$2.10^{-4}\%$	$3.10^{-4}\%$	$3.10^{-4}\%$

Table 1: Relative error for numerical integration over a sphere, an ellipsoid with an axis ratio of 0.5 and an ellipsoid with an axis ratio of 0.01 with four methods.

255 For the integration on the surface of a sphere, Bazant and Oh (1986) method is the most efficient,  
 256 with a relative error close to  $10^{-6}\%$ . Penalization has no effect whatsoever. However, the error becomes  
 257 very large, multiplied by several million, when integrating on the surface of an ellipsoid. For a very thin  
 258 ellipsoid, the error is almost 8% when ellipsoid directions are considered and 32% when spherical integration  
 259 weights are penalized. With the method described in the present paper, the error remains constant and

260 weak whatever the shape of the surface to be integrated. Integration is thus objective. By increasing the  
 261 number of directions, the relative error could be reduced. A compromise must therefore be chosen between  
 262 computation time and precision. For the remainder of the study, the 422 directions network was chosen,  
 263 considering the error insignificant.

264 With this numerical integration method, a random network of directions can be used or a specific network,  
 265 coinciding with the structure of the material (Morch et al., 2019) for specific integrations. In addition, the  
 266 surface element may be modified in a sufficiently direct way to achieve integration on any shape. **Finally,**  
 267 **the discretization according to anisotropy (Alastrué et al., 2009b) no longer requires significant refinement,**  
 268 **thanks to the integration directly on the deformed network.** For qualitative purposes, two methods are  
 269 compared. Integration is first carried out on a spherical network with a penalty of rigidities (Fig. 4-A) as  
 270 in microsphere models, then the network is deformed according to the geodesic of an ellipsoid, penalizing  
 271 deformations (Fig. 4-B).

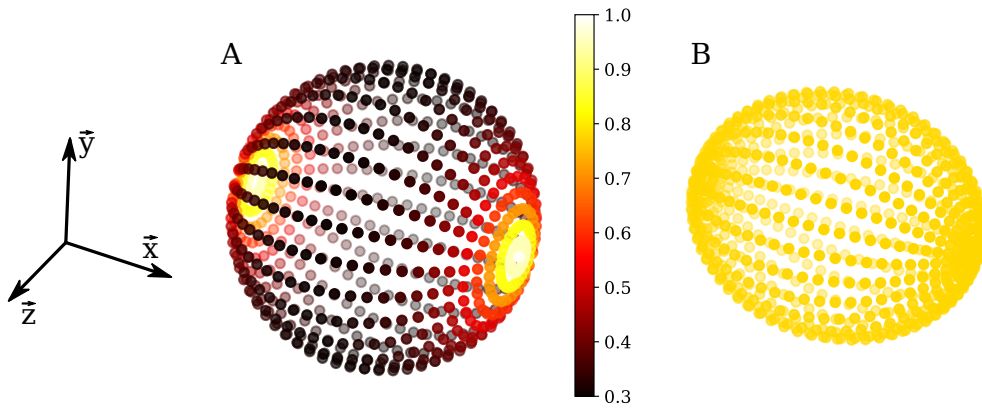


Figure 4: Integration points distribution for 874 directions: (A)-for a spherical network with a penalty on the rigidities according to the geodesic of an ellipsoid such as  $R = 0.3$  and (B)-for an ellipsoidal network such as  $R = 0.85$

272 An arbitrary material ( $C = 5$  MPa,  $N = 5$ ) whose anisotropy direction is set to  $\theta = 0^\circ$  and the anisotropy  
 273 amplitude (related to ellipsoid axis ratio  $R$ ) is chosen in order to obtain the same anisotropy ratio  $AR$ , *i.e.*  
 274 the ratio between the stresses obtained for loading perpendicular to the anisotropy direction and for loading  
 275 coincident with the anisotropy direction, is numerically tested. To obtain an  $AR$  in the range of 0.5, the  
 276 spherical network is penalized with an ellipsoid with  $R = 0.3$  and the ellipsoidal network is formed according  
 277 to an ellipsoid with  $R = 0.85$ . To obtain an  $AR$  in the range of 0.3, the spherical network is penalized with  
 278 an ellipsoid with  $R = 0.02$  and the ellipsoidal network is formed according to an ellipsoid with  $R = 0.75$ .  
 279 The study is also performed for a deformed network according to a degenerated ellipsoid with  $R = 0.2$  to  
 280 obtain an  $AR$  around 0.001. The stability of the  $AR$  is studied according to the number of integration  
 281 directions, from 112 to 19184 in Fig 5 using as a reference the value obtained for 19184 directions.

282 As expected, when integrating over spherical networks, the accuracy decreases with the number of

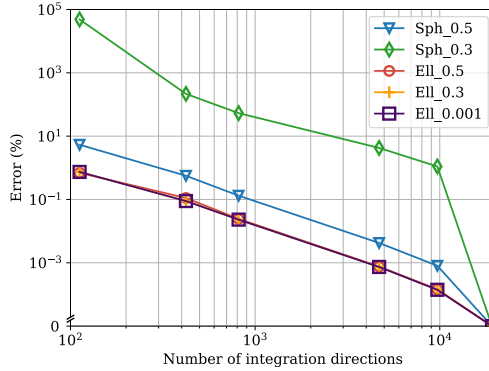


Figure 5: Variation of the anisotropy ratio  $AR$  error as a function of the number of integration directions obtained by integration over spherical networks penalized in rigidities (Sph\_0.5,Sph\_0.3) and ellipsoidal networks penalized in deformations (Ell\_0.5,Ell\_0.3,Ell\_0.001). Each value is compared to the value obtained with the greatest number of directions (19184), considered as a reference.

283 integration points. In addition, this accuracy decreases rapidly with the increase in anisotropy. The higher  
 284 the anisotropy, the more directions is needed. On the other hand, on ellipsoidal networks, the intensity of  
 285 anisotropy does not affect accuracy. Regardless of the type of anisotropy, the values obtained are essentially  
 286 the same. The number of directions can therefore remain constant for any case of anisotropy.

287 It should be noted that this integration method is subject to the same integration difficulties observed  
 288 by Verron (2015) and Itskov (2016). A very large number of directions is required in case of multi-axial  
 289 loading in very large deformation. The field of application is therefore limited to biological tissues where  
 290 deformation rates are lower compared to synthetic polymers.

### 291 2.5. Model admissibility requirements

292 In order to be able to use the model to identify mechanical parameters, it is necessary to verify the  
 293 thermodynamically eligibility of the model. As an illustration, an arbitrary numerical sample is selected  
 294 with moderate anisotropy oriented (if not specified) along  $\underline{x}$  axis:  $R = 0.5$ ,  $\theta = 0^\circ$ ,  $C = 5$  MPa and  $N = 5$ .

295 One of the main concerns in the constitutive modeling of materials is the validation of material frame  
 296 indifference principle. Load responses must be unaffected by the rotation of the reference or material. To  
 297 verify model objectivity, the example sample is rotated around  $\underline{z}$  axis: the main orientation of the fibers  
 298 varies accordingly. Loading is applied to the main direction of anisotropy, to the apex of the ellipsoid.  
 299 Stress-stretch responses are shown in Fig. 6-A. Curves are superimposed with a relative error (RE) of  
 300  $10^{-9}\%$  and are considered therefore equal, confirming rotation invariance. The same sample, oriented along  
 301  $\underline{x}$  axis is also charged with two symmetrical loads ( $+\pi/4$  and  $-\pi/4$ ). Stress-stretch responses are plotted  
 302 in Fig. 6-B. Symmetrical responses are strictly equal with a RE of  $10^{-11}\%$ , confirming model objectivity.  
 303 Then, the constitutive laws do not depend on the external frame of reference used to describe them.

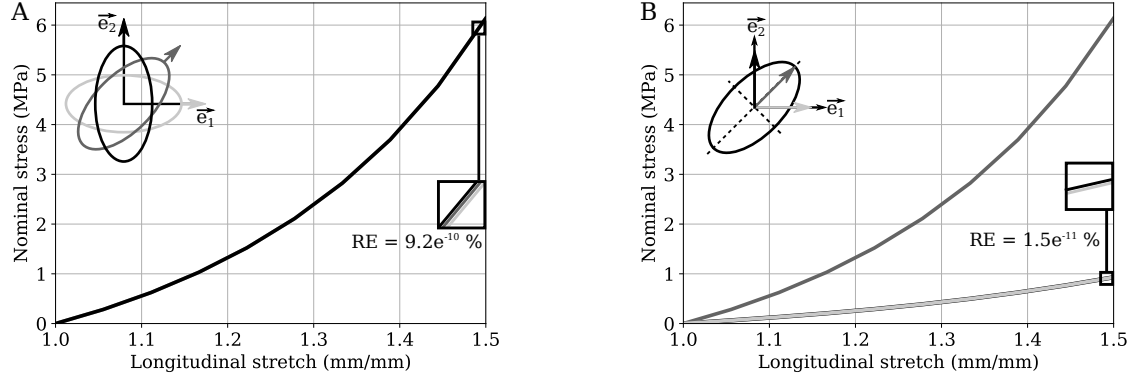


Figure 6: Influence of material rotation, nominal stress  $\tau_{11}$  vs longitudinal stretch  $F_{11}$  responses of : (A)-3 different anisotropic materials with loadings in the main anisotropy orientation and (B)-an anisotropic material with 3 loadings including 2 symmetrical loads with respect to the anisotropy axis, with 422 directions integration scheme.

304 Moreover, in the context of hyperelastic problems, the polyconvexity of the strain energy density is  
 305 a sufficient condition for the existence of the solution (Hill, 1956; Ball, 1976). The values of the strain  
 306 energy density with its first and second derivatives with respect to the stretch are always positive and  
 307 increasing, as observed in Fig. 7, meaning that the proposed density is an increasing monotonic function  
 308 and is polyconvex with respect to its argument. Thus, the strain energy density satisfies the polyconvexity  
 309 condition and guarantees the existence of a single solution. The material stability of the proposed model is  
 310 therefore established.

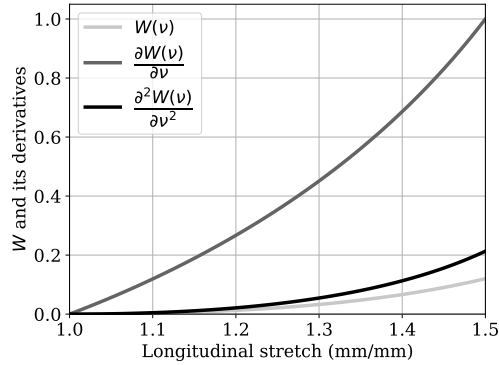


Figure 7: Strain energy density and its first and second derivatives according to  $\nu$  with respect to longitudinal stretch  $F_{11}$ . For comparative purposes, the curves have been normalized, the shape remains unchanged.

311 In order to verify thermodynamic admissibility and convexity, the equivalent elasticity stiffness tensor  $\mathbb{C}$   
 312 can be determined as:

$$\mathbb{C} = \frac{\partial \mathbf{S}'}{\partial \mathbf{E}} = \frac{4C}{S} \iint_S \beta \left( \frac{\sqrt{N}}{2} + \frac{(\nu - 1) \beta \sinh(\beta)^2}{\sinh(\beta)^2 - \beta^2} \right) ((\underline{u} \otimes \underline{u}) \otimes (\underline{u} \otimes \underline{u})) dS \quad (26)$$

313 with  $\beta = \mathcal{L}^{-1}\left(\frac{\nu}{\sqrt{N}}\right)$ . The fourth-rank tensor may be written in 2-index Mandel notation as the matrix:

$$\mathbb{C} = \begin{bmatrix} C_{1111} & C_{1122} & C_{1133} & \sqrt{2}C_{1123} & \sqrt{2}C_{1131} & \sqrt{2}C_{1112} \\ C_{2211} & C_{2222} & C_{2233} & \sqrt{2}C_{2223} & \sqrt{2}C_{2231} & \sqrt{2}C_{2212} \\ C_{3311} & C_{3322} & C_{3333} & \sqrt{2}C_{3323} & \sqrt{2}C_{3331} & \sqrt{2}C_{3312} \\ \sqrt{2}C_{2311} & \sqrt{2}C_{2322} & \sqrt{2}C_{2333} & 2C_{2323} & 2C_{2331} & 2C_{2312} \\ \sqrt{2}C_{3111} & \sqrt{2}C_{3122} & \sqrt{2}C_{3133} & 2C_{3123} & 2C_{3131} & 2C_{3112} \\ \sqrt{2}C_{1211} & \sqrt{2}C_{1222} & \sqrt{2}C_{1233} & 2C_{1223} & 2C_{1231} & 2C_{1212} \end{bmatrix} \quad (27)$$

314 Whatever the state of deformation applied and the type of sample, this matrix becomes:

$$\mathbb{C} = \begin{bmatrix} C_{11} & C_{12} & C_{12} & 0 & 0 & 0 \\ C_{12} & C_{22} & C_{23} & 0 & 0 & 0 \\ C_{12} & C_{23} & C_{22} & 0 & 0 & 0 \\ 0 & 0 & 0 & C_{22} - C_{23} & 0 & 0 \\ 0 & 0 & 0 & 0 & 2C_{55} & 0 \\ 0 & 0 & 0 & 0 & 0 & 2C_{55} \end{bmatrix} \quad (28)$$

315 The shape of  $\mathbb{C}$  is consistent with the transverse isotropy hypothesis. To verify the polyconvexity hypothesis,  
316 it is sufficient that  $\mathbb{C}$  is defined as positive regardless of the state of deformation applied. The diagonalization  
317 of the matrix shows that the terms are always positive and increasing. Moreover, during the loading phase,  
318 the coefficients  $C_{ij}$  exhibit a convex evolution.

319 The thermodynamic admissibility hypothesis leads also to restrictions on the elastic coefficients of  
320  $\mathbb{C}$ . Through the generalized Hooke's law, the Young moduli and Poisson ratios verify Lempriere (1968)  
321 inequalities and thus ensure the existence and admissibility of the micro-ellipsoid model.

### 322 3. Theoretical results of the proposed model

323 In order to verify its relevance and consistency, the proposed model is applied to numerical uni-axial  
324 tensile tests performed in various directions of loadings on specimen from:

- 325 • Isotropic sample with evenly distributed fibers (Fig. 8-A)
- 326 • Anisotropic sample with a broad fibers distribution (moderate anisotropy) centered on  $\theta$  (Fig. 8-B)
- 327 • Anisotropic sample with highly oriented fibers (huge anisotropy) at  $\theta$  (Fig. 8-C)

328 It is assumed that samples are transversely isotropic. For an isotropic sample, the fibers distribution is  
329 homogeneous, so the ratio between major and minor ellipsoid axis,  $R$ , equals 1. The anisotropy thus can be  
330 defined as:  $A = 1 - R$ . When anisotropy is increasing ( $A > 0$ ), ratio  $R$  is decreasing ( $R < 1$ ).



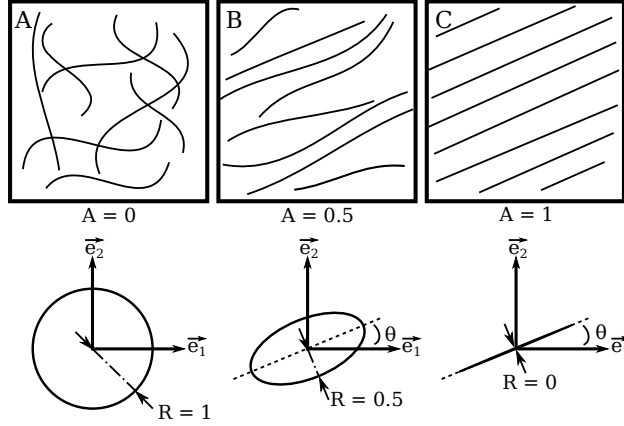


Figure 8: Examples of numerical samples with three types of anisotropy and the associated ellipsoid of orientation distribution: (A)-isotropic with a spherical distribution, (B)-moderately anisotropic with a large ellipsoidal distribution and (C)-very anisotropic with a thin ellipsoidal distribution.

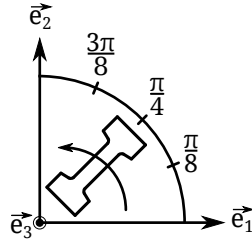


Figure 9: Loads applied on the specimens between 0 and  $\frac{\pi}{2}$ , in the sample reference  $(\underline{e}_1, \underline{e}_2, \underline{e}_3)$ .

331 Five types of loading between 0 and  $\pi/2$  (Fig. 9) are simulated on every sample and the main orientation  
 332  $\theta$  of the anisotropy is chosen at  $\pi/8$  from the sample basis  $(\underline{e}_1, \underline{e}_2, \underline{e}_3)$ . The material parameters,  $C$  and  $N$   
 333 are arbitrarily fixed as:  $C = 5MPa$  and  $N = 5$  (dimensionless), constant whatever the type of anisotropy  
 334 and the direction  $\underline{u}_i$ . Stresses are assessed with the nominal stress tensor from the Eq. (9), (12), (18) and  
 335 (25):

$$\boldsymbol{\tau} = C\sqrt{N} \sum_{i=0}^{M=422} \omega_i \sqrt{\nu_i - 1} \mathcal{L}^{-1} \left( \frac{\nu_i}{\sqrt{N}} \right) \mathbf{F}(\underline{u}_i \otimes \underline{u}_i) - p\mathbf{F}^{-T} \quad (29)$$

### 336 3.1. Isotropic case

337 The directional model is applied on numerical isotropic sample and five loading directions are simulated  
 338 with a stretch of 1.5. Thank to the sample isotropy, fibers and therefore mechanical properties are evenly  
 339 distributed over space, the integration is over a sphere with  $R = 1$ . The ellipsoid deforms the initial lengths  
 340 of the fibers, so for a sphere the fibers are equivalent in every directions, with strictly equal mechanical and  
 341 structural properties. The first Piola-Kirchhoff stress tensor  $\boldsymbol{\tau}$  and the transformation gradient tensor  $\mathbf{F}$  are  
 342 evaluated in the principal stresses reference  $(\underline{e}_{\sigma I}, \underline{e}_{\sigma II}, \underline{e}_{\sigma III})$ , the loading reference (Eq. (14)). Stretch-stress

343 responses are shown on the Fig. 10. Nominal stresses  $\tau_{11}$  for each loading are plotted with respect to  
 344 the longitudinal strain ( $F_{11}$ ). As expected for an isotropic sample, all curves are superimposed. Strain  
 345 responses are equal whatever the loading direction. To quantify the integration error, the relative error  
 346 (RE) is calculated as the largest difference between curves for the **last acquired** stretch. Here, the RE is  
 347 0.18%, considered as insignificant. The model applied to an isotropic sample returns a perfectly isotropic  
 348 response, regardless the load.

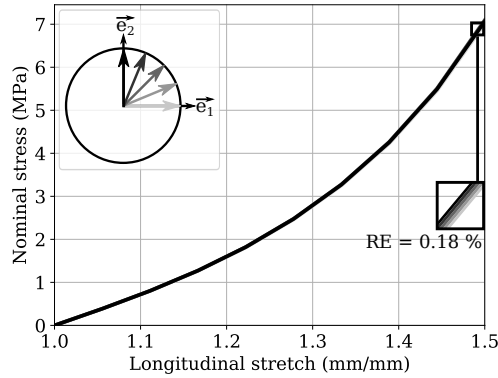


Figure 10: Nominal stress  $\tau_{11}$  vs longitudinal stretch  $F_{11}$  responses for an isotropic sample along 5 directions of loadings.

### 349 3.2. Moderately anisotropic case

350 The five loading directions are now simulated with the same stretch of 1.5 on a moderately anisotropic  
 351 sample (Fig. 8-B). Because of the sample anisotropy, fibers and therefore structural properties are not equal  
 352 with directions. The ellipsoid deforms, according to its geodesic, the initial lengths of the fibers, then  
 353 modifying the mechanical responses according to the direction of loading. Anisotropy  $A$  is evaluated to  
 354 0.5, minor axis  $R$  equals  $1 - A = 0.5$ . The anisotropy main orientation is set to  $\pi/8$ . The model is then  
 355 integrated on the surface of an ellipsoid with a minor axis  $R$  and oriented at  $\pi/8$ . Stress-stretch responses  
 356 are shown in Fig. 11. Loadings at 0 and  $\pi/4$  are therefore symmetrical, as illustrated on the figure: curves  
 357 are superimposed, with a RE of  $10^{-8}\%$ . This superposition of the responses is due to the symmetry of the  
 358 load with respect to the main orientation of the anisotropy. The others loading directions are well ordered:  
 359 the loading at  $\pi/8$ , corresponding to the main anisotropy direction, is the stiffest. The shape of the ellipsoid  
 360 represents the spatial distribution of fibers. The direction at  $\pi/2$  corresponds to the least dense loaded  
 361 sample direction. At  $\pi/2$ , there are therefore fewer fibers than at  $\pi/8$ . Its response is consequently the least  
 362 rigid. To characterize the anisotropy level, the anisotropy ratio ( $AR$ ) between **the last acquired** stresses  
 363 (corresponding to a stretch of 1.5) for a loading at  $(\pi/8 + \pi/2)$  and a loading at  $\pi/8$  is evaluated:

$$AR = \frac{\sigma(\theta + \pi/2)}{\sigma(\theta)} \Big|_{\lambda=1.5}$$

364 A loading in the main direction of anisotropy has a response 16 times stiffer than a loading in a perpendicular  
 365 direction, corresponding to  $AR = 0.063$ .

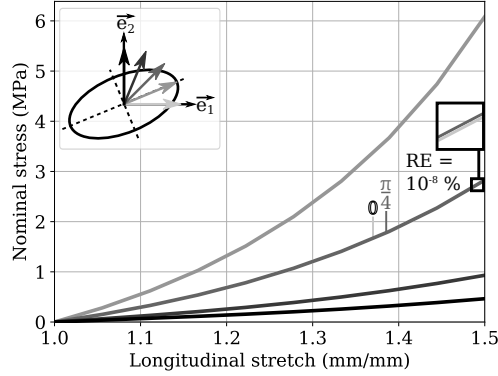


Figure 11: Nominal stress  $\tau_{11}$  vs longitudinal stretch  $F_{11}$  responses for an anisotropic sample with a moderate anisotropy along 5 directions of loadings.

### 366 3.3. Highly anisotropic case

367 The simulation is performed on the highly anisotropic sample, in five loading directions and a stretch  
 368 of 1.5. The anisotropy is set to 0.9 (an anisotropy set to 1 is ideal but unable to be simulated), which  
 369 corresponds to an ellipsoid with a minor axis at 0.1. The model is then integrated on the surface of an  
 370 ellipsoid with a minor axis equals to 0.1 and oriented at  $\pi/8$ . Stress-stretch responses are shown in Fig. 12.  
 371 The predominant direction, at  $\pi/8$ , is very far from the others, because of the very strong anisotropy of the  
 372 sample. A very thin ellipsoid implies a near absence of fibers in the other directions, which gives near zero  
 373 stress responses. Loadings at 0 and  $\frac{\pi}{4}$  responses are superimposed, with a RE of  $10^{-9}\%$ . Here, the AR is  
 374 close to 0.000125, which would never corresponds to our biologic tissue behavior. The model can therefore  
 375 be use in its operational range.

## 376 4. Application to human abdominal rectus sheath

377 The anisotropic constitutive model presented in this article is consistent and reflective of the anisotropic  
 378 behaviour of the numerical tissues tested. However, it is interesting to evaluate this model against experimental  
 379 results in order to test its validity.

380 This microstructure-based model is developed with the main assumptions that structural parameters  
 381 and material parameters can be decoupled and that structural parameters play a significant role for classical  
 382 range of material characteristics. To verify the validity of this hypothesis, model is applied to human  
 383 abdominal wall connective tissue. Connective tissues are composites with an interweaving of collagen and  
 384 elastin fibers, leading to highly anisotropic behavior due to their oriented microstructure (Korenkov et al.,

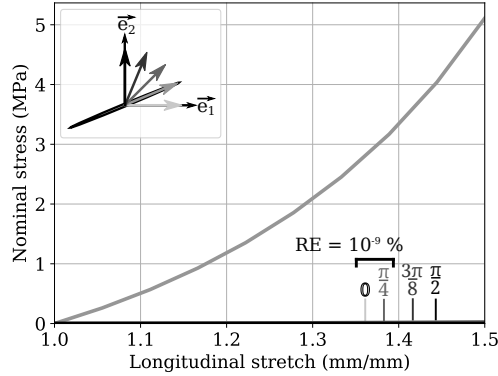


Figure 12: Nominal stress  $\tau_{11}$  vs longitudinal stretch  $F_{11}$  responses for an anisotropic sample with a huge anisotropy along 5 directions of loadings

2001; Gasser et al., 2006). The model is parameterized using a set of micro-structural parameters derived from fibers distribution ( $A, \theta$ ) and a set of mechanical parameters related to macromolecules ( $C, N$ ). First, structural parameters are imposed in order to identify the material parameters on one experimental data set. In a second step, the structural parameters are identified using the precedent identified material parameters and compared to real parameters. The quality of the fittings are evaluated by computing the coefficient of determination  $R^2$ .

In the present paper, from two different individuals, epigastric anterior rectus sheath were sampled (Astruc et al., 2018). From each sample, three specimens were retrieved very close to each others to assume the fibers orientations are equivalent. Then each sample was tested under uni-axial tension along three directions of loading. Tests were performed under a multi-photon confocal microscope (Levillain et al., 2016). The three-dimensional collagen images acquired with the microscope were then processed by texture analysis (Rao and Schunck, 1991; Westin et al., 2002) to obtain a distribution of fibers orientations, represented as an ellipsoid (Fig. 1). The anisotropy of the collagen fibers were therefore included through an ellipsoid oriented in the main direction and whose minor axis corresponds to the dispersion of the fibers.

#### 4.1. Identification of material parameters

The first individual is used to obtain material parameters ( $C, N$ ). A classical multi-photon confocal image is given in Fig. 13-A where collagen fibers are clearly visible in red. Texture image analysis provides micro-structural information about the anisotropy with a main orientation of the fibers,  $\theta$  close to  $31^\circ$ , and the minor axis of the anisotropy ellipsoid,  $R$  close to 0.20. Experimental stress-stretch curves obtained in the three loading directions ( $0^\circ$ ,  $45^\circ$  and  $90^\circ$ ) are given in Fig. 13-B in dashed lines. The optimization of the material parameters is obtained through the minimization of the error between the experimental and modeled curves along the three directions, using a Truncated-Newton algorithm (Dembo and Steihaug, 1983), available in Python library Scipy (Jones et al., 2001). The material parameters,  $C$  and  $N$ , for collagen

fibers are given in Table 2:

Identified material parameters	
$C$ (MPa)	23.1
$N$	11.3

Table 2: Identified material parameters (intrinsic) for the first individual rectus sheath samples based on comparison between nominal stress-stretch curves in the three loading directions.

408

409 The optimization of the directional model is close to the experimental data. With a single pair of identified  
 410 parameters, the three stress-stretch responses are modeled, showing a good agreement of the numerical  
 411 results (solid line) with the experimental data (Fig. 13-B), with  $R^2$  close to 1. Moreover, the identified  
 412 parameters are consistent with the results of Brieu et al. (2016) for collagen fibers, namely  $C_C = 4.7\text{MPa}$   
 413 and  $N_C = 21.1$ , with similar orders of magnitude. The chain density  $n$ , derived from the rigidity  $C = n\kappa_B T$ ,  
 414 as  $n = 5.6e^{21}m^{-3}$ , is also consistent with the density used in Kuhl et al. (2006) study for tendon collagen  
 415 soft tissues,  $\gamma_{ch} = 7e^{21}m^{-3}$ . Elastic moduli of biological tissues are generally lower: in a previous study  
 416 on connective tissues of the abdominal wall (Astruc et al., 2018), the moduli ranged from 0.39 MPa in  
 417 small deformations to 15 MPa in large deformations. However, in this constitutive model, the  $C$  parameter  
 418 does not correspond to the stiffness of the entire tissue, but to the stiffness of the unit element, the fiber.  
 419 Sherman et al. (2015) conducted a literature review on collagen tissues at different scales. The rigidity of  
 420 the collagen molecule is in the GPa range while the whole tissue has a modulus in the MPa range, or even  
 421 kPa. Sasaki and Odajima (1996) explains this phenomenon by the organization of collagen fibers that are  
 422 not directly recruited in traction. The apparent rigidity of the entire tissue therefore appears to be reduced.  
 423 The parameter determined by the optimization is therefore consistent.

#### 424 4.2. Identification of structural parameters

425 For the second individual, the microscopic observations of collagen fibers using confocal microscopy are  
 426 given in Fig. 14-A. Texture image analysis provides micro-structural information about the anisotropy with  
 427 a main orientation of the fibres,  $\theta$ , close to  $12^\circ$ , and the minor axis of the anisotropy ellipsoid,  $R$  close  
 428 to 0.13. As in the study by (Brieu et al., 2016), the mechanical parameters of the collagen fibers of the  
 429 rectus sheath are considered similar for each non-pathological individual. The only varying information  
 430 is the microstructure, described thorough the spatial arrangement of the fibers. The identified material  
 431 parameters,  $C = 23.1\text{MPa}$  and  $N = 11.3$ , obtained from the first individual are then used as inputs for the  
 432 second individual. Fig. 14-B gives the experimental (dashed line) of the stress-stretch curves for the second  
 433 individuals rectus sheath samples and the results of numerical simulation (continuous line) with  $\theta = 12^\circ$ ,  
 434  $R = 0.13$ ,  $C = 23.1\text{MPa}$  and  $N = 11.3$  for the three loading directions. Numerical and experimental

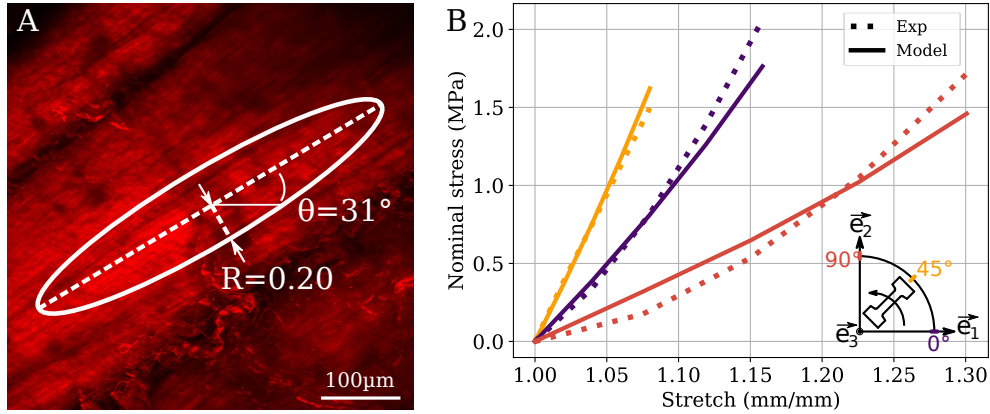


Figure 13: (A)-Microscopic observations of collagen fibers with the related anisotropy ellipsoid and (B)-comparison of experimental (dashed line) and modeled (continuous line) stress-stretch responses for three directions of loading for the first individual rectus sheath samples using the identified material parameters  $C = 23.1\text{MPa}$  and  $N = 11.3$ . The quality of each fitting is evaluated with:  $R_{45^\circ}^2 = 0.99$ ,  $R_{0^\circ}^2 = 0.96$ ,  $R_{90^\circ}^2 = 0.94$ .

435 responses are close, validating the hypothesis that the properties of materials are not specific to individuals.  
 436 Material properties are constant and independent of the individuals.

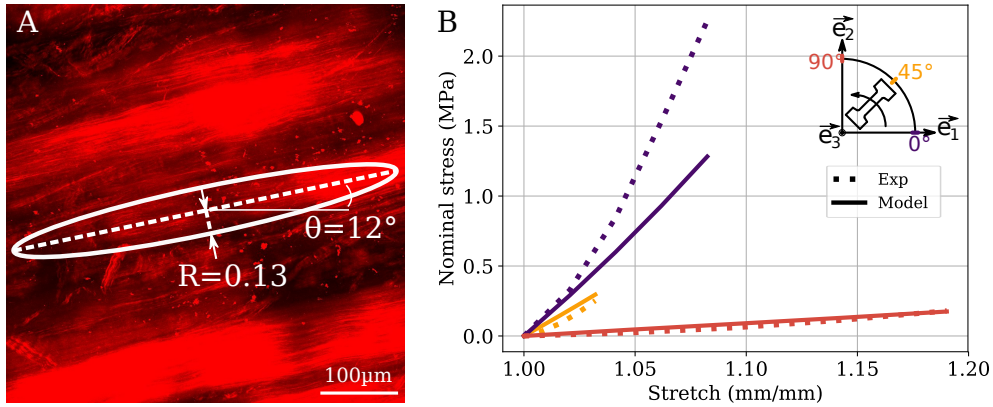


Figure 14: (A)-Microscopic observations of collagen fibers with the related anisotropy ellipsoid and (B)-comparison of experimental (dashed line) and modeled (continuous line) stress-stretch responses for three directions of loading for the second individual rectus sheath samples using the fixed material parameters,  $C = 23.1\text{MPa}$  and  $N = 11.3$ . The quality of each fitting is evaluated with:  $R_{45^\circ}^2 = 0.76$ ,  $R_{0^\circ}^2 = 0.60$ ,  $R_{90^\circ}^2 = 0.92$ .

437 Conversely, a reverse procedure can be performed to identify the structural parameters related to the  
 438 microstructure, based on the experimental stress-stretch curves of the second individual with the fixed  
 439 material parameters  $C = 23.1\text{MPa}$  and  $N = 11.3$ , with no mention about anisotropy. Then, the identified  
 440 parameters obtained using the Truncated-Newton algorithm are the main orientation of fibers,  $\theta$ , and the  
 441 ellipsoid minor axis,  $R$  given in Table 3:

Identified structural parameters

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$\theta$ ( $^\circ$ )	10
$R$	0.14

Table 3: Identified structural parameters (extrinsic) for the second individual rectus sheath samples based on comparison between nominal stress-stretch curves in the three loading directions samples using the fixed material parameters  $C = 23.1$  MPa and  $N = 11.3$ .

442 The numerical responses (solid lines) are close to the experimental data (dashed lines), as observed in  
 443 Fig. 15. With the fixed material parameters and the identified pair of structural parameters, the three  
 444 stress stretch responses are modeled, showing a good agreement between the numerical results and the  
 445 experimental data. Identified structural parameters are then successfully compared to the microscopic  
 446 observations (Fig. 14-A). The experimental main orientation is  $12^\circ$ , close to the identified value, just as  
 447 for the experimental ellipsoid minor axis, set at 0.13. These parameters are completely consistent with  
 448 the identified values, validating the similarity hypothesis of macromolecular properties. With material  
 449 parameters  $C$  and  $N$  set, the only needed information to predict behavior is structural.

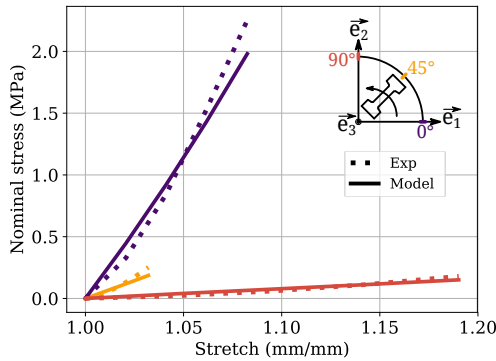


Figure 15: Comparison of experimental (dashed line) and modeled (continuous line) stress-stretch responses for three directions of loading for the second individual rectus sheath samples using the fixed material parameters  $C = 23.1$ MPa and  $N = 11.3$  and the identified structural parameters  $\theta = 10^\circ$  and  $R = 0.14$ . The quality of each fitting is evaluated with:  $R_{45^\circ}^2 = 0.91$ ,  $R_{0^\circ}^2 = 0.76$ ,  $R_{90^\circ}^2 = 0.94$ .

## 450 5. Conclusion

451 In this paper, based on the microstructural description of the tissues, we have proposed a constitutive  
 452 model accounting the anisotropic and non-linear behavior of fibrous biological tissues, without prior knowledge  
 453 of the nature of anisotropy. The originality of this model lies in its consideration of anisotropy. Instead  
 454 of penalizing rigidities as in conventional models, anisotropy is taken into account on the initial lengths

455 of the fibers, thus impacting only the structural (or extrinsic) parameters of the fibers. The material (or  
456 intrinsic) parameters are then considered similar for any individual. The only variables are the structural  
457 parameters, related to the architecture of the tissue. **Moreover modeling the impact of anisotropy by  
458 penalizing deformations rather than stresses prevents the solution obtained by our numerical  
459 integration scheme from being degraded when the amplitude of anisotropy is increased.**

460 The model was tested on three numerical examples. Its consistency and invariance have been proved.  
461 The model was then applied to several biological tissue tests. The intrinsic parameters could be determined  
462 based on the histological description of the first set of tests and applied to the second set of tests. The  
463 extrinsic parameters, corresponding to the anisotropy of the tissue could then be predicted, showing a good  
464 adequacy with the experimental tests.

465 Non-linear anisotropic behavior can therefore be predicted with a microscopic description of tissues,  
466 considering that the parameters of the constitutive fibers are similar for every individuals. Extrinsic  
467 parameters, relative to the structure, and intrinsic parameters, relative to the material, are fully decoupled.  
468 Knowing the material parameters of the fibers, it is then sufficient to feed the model with microscopic  
469 observations to predict the behaviour of anisotropic fibrous tissues.

470 This model will be implemented in further studies a in finite element code to describe more complex  
471 structures such as the abdominal wall. In the long term, the mechanical behaviour of tissues could then  
472 be fully understood and would lead to patient-specific simulations, to guide the improvement of medical  
473 treatments.

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