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Implicit temporal predictability enhances pitch discrimination sensitivity and biases the phase of delta oscillations in auditory cortex

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Abstract

Can human listeners use implicit temporal contingencies in auditory input to form temporal predictions, and if so, how are these predictions represented endogenously? To assess this question, we implicitly manipulated temporal predictability in an auditory pitch discrimination task: unbeknownst to participants, the pitch of the standard tone could either be deterministically predictive of the temporal onset of the target tone, or convey no predictive information. Predictive and non-predictive conditions were presented interleaved in one stream, and separated by variable inter-stimulus intervals such that there was no dominant stimulus rhythm throughout. Even though participants were unaware of the implicit temporal contingencies, pitch discrimination sensitivity (the slope of the psychometric function) increased when the onset of the target tone was predictable in time (N = 49, 28 female, 21 male). Concurrently recorded EEG data (N = 24) revealed that standard tones that conveyed temporal predictions evoked a more negative N1 component than non-predictive standards. We observed no significant differences in oscillatory power or phase coherence between conditions during the foreperiod. Importantly, the phase angle of delta oscillations (1–3 Hz) in auditory areas in the post-standard and pre-target time windows predicted behavioral pitch discrimination sensitivity. This suggests that temporal predictions are encoded in delta oscillatory phase during the foreperiod interval. In sum, we show that auditory perception benefits from implicit temporal contingencies, and provide evidence for a role of slow neural oscillations in the endogenous representation of temporal predictions, in absence of exogenously driven entrainment to rhythmic input.

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Introduction

The human brain is constantly forming predictions about its environment (Friston, 2005; Rao and Ballard, 1999), which concern the *where* and *what* of future events, but also the *when* (Arnal and Giraud, 2012; Coull and Nobre, 1998; Nobre et al., 2007; 4Nobre and van Ede, 2018; Rimmele et al., 2018). To predict when future events will occur, temporal statistics of sensory input are extracted and translated into temporal predictions that benefit perception and action. Yet little is known about how endogenous temporal predictions are formed from temporal regularities in sensory input, and how they are represented in human brain dynamics.

Temporal predictions are often enabled by an isochronous periodic structure of 10 sensory inputs, to which we will refer as *rhythmic* temporal predictions in the follow-11 ing. Rhythmic input structure has been shown to improve detection performance and 12 speed (Henry and Obleser, 2012; Lawrance et al., 2014; Rimmele et al., 2011; Stefanics 13 et al., 2010; Wright and Fitzgerald, 2004). Fewer studies have shown that rhythmic 14 temporal predictions can also improve perceptual sensitivity (i.e. discrimination per-15 formance) in the auditory (Jones et al., 2002; Morillon et al., 2016; Schmidt-Kassow 16 et al., 2009; but see Bauer et al., 2015), as well as the visual domain (Cravo et al., 17 2013; Rohenkohl et al., 2012). It is, however, not trivial to disentangle mechanistic 18 input-driven alignment of neural activity to rhythmic input from an internalized and en-19 dogenously activated representation of temporal predictions (Haegens and Golumbic, 20 2017; Rimmele et al., 2018; van Wassenhove, 2016). 21

To assess the endogenous representation of temporal predictions, devoid from 22 the representation of the periodic structure of sensory input, we here induced tem-23 poral predictability by manipulating the temporal statistics in a so-called foreperiod 24 paradigm (Niemi and Näätänen, 1981; Woodrow, 1914). This type of manipulation 25 has been shown to increase visual perceptual sensitivity (Correa et al., 2004, 2005; 26 Cravo et al., 2011; Rolke and Hofmann, 2007). In audition, temporally predictable 27 foreperiods have been found to speed up stimulus processing (Bausenhart et al., 2007) 28 and improve short-term memory performance (Wilsch et al., 2018, 2014). Morillion et 29 al. (2016) reported an increase in auditory sensitivity, inducing aperiodic but ordered 30 temporal regularities. 31

Importantly, forming temporal predictions does not require conscious awareness of the temporal structure, but can occur implicitly (Cravo et al., 2011; Herbst and Obleser, 2017). While some previous studies used explicit temporal prediction tasks, in which temporal regularities were fully disclosed to participants (Stefanics et al., 2010), here we aim at studying the automatic extraction of temporal predictions from sensory environments, to mimic naturalistic settings. 312

To assess an endogenous representation of temporal predictions, we investigated 38 the hypothesis that slow neural oscillations (in the delta/1–3 Hz and theta/4–7 Hz 39 frequency bands) implement temporal predictions via endogenous phase-resetting 40 and -shifting mechanisms. This hypothesis can be drawn back to the influential 41 proposal of Dynamic Attending in Time (DAT; Jones, 1976; Large and Jones, 1999), 42 suggesting that (auditory) attention fluctuates in phase with rhythmic input. A neural 43 implementation of dynamic attending has been postulated through phase-locking of 44 neural delta oscillations to rhythmic inputs, also termed entrainment. Entrainment 45 reflects an internalization of the exogenous temporal structure, to align the most 46 efficient brain states for sensory processing to the most likely time points for stimulus 47 occurrence (Lakatos et al., 2008; Schroeder and Lakatos, 2009). Behaviourally, this 48 results in fluctuations of performance in phase with the oscillation (Barczak et al., 49

2018; Besle et al., 2011; Cravo et al., 2013; Kösem et al., 2014; Lakatos et al., 2008; 50 Morillon and Baillet, 2017; Schroeder and Lakatos, 2009; Stefanics et al., 2010). 51

It is currently an open question to what extend entrained delta oscillations are a 52 generic signature of processing rhythmic input, versus specifically represent a neural 53 implementation of temporal predictions. Important evidence for a specific role of 54 endogenous delta oscillations for temporal processing in audition comes from two 55 studies showing that auditory processing fluctuates with the phase of spontaneously 56 present delta activity in auditory cortex, in absence of rhythmic stimulation (Henry 57 et al., 2016; Kayser et al., 2015). Furthermore, previous studies have shown that 58 entrainment is subject to top-down modulation, as phase coherence of slow oscillations 59 in anticipation of temporally predictive input scales with the strength of temporal 60 predictions (Breska and Deouell, 2017; Cravo et al., 2013; Stefanics et al., 2010). 61

As a means to experimentally separate endogenous delta oscillations from exoge-62 nous stimulus rhythms and the resulting entrainment of neural oscillations, studies 63 have started to test whether the phase of an ongoing oscillation can be aligned in 64 a top-down manner to an expected point in time, without an entraining stimulus 65 structure (Cravo et al., 2011; Herbst and Obleser, 2017; Solís-Vivanco et al., 2018). To 66 our knowledge, only one study in the visual domain reported an effect of increased 67 phase coherence in single-interval temporal predictions (Cravo et al., 2011, theta 68 band). Furthermore, a recent study (Barne et al., 2017) showed that delta phase in the 69 target-onset time window reflects adjustments to previously encountered violations of 70 temporal predictions in an explicit timing task. 71

Here, to investigate the role of slow oscillatory dynamics for an endogenous 72 representation of temporal predictions in auditory inputs, in absence of a rhythmic 73 structure, we implicitly associated temporal predictability to a sensory feature of the 74 standard tone in an auditory pitch discrimination task: the standard's pitch could be 75 deterministically predictive of the onset time (but not the pitch) of the target tone, or 76 convey no predictive information. Temporally predictive and non-predictive conditions 77 were presented interleaved in one stream, and separated by variable inter-stimulus 78 intervals such that there was no dominant stimulus rhythm throughout. 79

We hypothesized that, behaviourally, temporal predictability would increase pitch 80 discrimination sensitivity, assessed via the slope of the psychometric function. In the 81 concurrently recorded EEG data, we expected to see indices of temporally predictive 82 processing in the auditory evoked potential, namely the N1 and P2 components. 83 Based on the current literature the expected direction of the effect is not clear (Lange, 84 2013). Furthermore, we expected to confirm a hypothesized role of delta oscillations 85 in temporal prediction, surfacing as enhanced phase coherence in the temporally 86 predictive condition (Stefanics et al., 2010), or a direct relationship between delta 87 phase and our behavioral measures (Cravo et al., 2013). 88

Methods

Participants

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In total, 51 participants were tested (23.6 years on average (SD = 3.5), 28 female, 6 left handed), 26 of which also underwent electroencephalography (EEG). All participants signed informed consent and received either course credit or payment for their participation (8 \in per hour). The study was approved by the local ethics committee at the University of Lübeck (17-154). We excluded two of the participants who 95 only underwent the behavioral testing, because of ceiling effects (their slopes for the 96 psychometric function in one of the two conditions exceeded the mean of the slope 97 distributions of all participants by more than 2.5 standard deviations). Furthermore, 98 we excluded the EEG data from two participants who had blinked in synchrony with 99 the auditory stimulation and for whom we were not able to separate blinks from the 100 auditory evoked potentials during EEG preprocessing. The behavioural data of these 101 two participants were kept in the analyses. 102

Stimuli and Procedure

The experiment was conducted in an electrically shielded sound-attenuated EEG booth. Stimulus presentation and collection of behavioural responses was achieved using the Psychophysics Toolbox (Brainard, 1997; Pelli, 1997) under Windows 7. Responses were collected on a standard keyboard. All participants were instructed to use the index and middle fingers of the right hand.

Participants performed a pitch discrimination task, comparing tone pairs embedded in noise, as illustrated in Figure 1A. They were instructed to indicate after each tone pair whether the second tone was lower or higher than the first.

A black fixation cross was displayed on gray background throughout the whole block. Auditory stimuli were delivered via headphones (Sennheiser HD 25-SP II). Lowpass (5kHz) filtered white noise was presented constantly throughout each block, at 50 dB above the individual sensation level, which was determined for the noise alone at the beginning of the experiment using the method of limits. Pure tones of varying frequencies (duration 50 ms with a 10 ms on- and offset ramp), were presented with a tone-to-noise ratio fixed at -18 dB relative to the noise level.

The first tone, to which we will refer as the *standard* in the following was always 119 at one of two frequencies: 550 or 950 Hz. The second tone, the *target*, was varied 120 in individually predetermined steps around its respective standard. The same step 121 size was used for both standards, but logarithmically transformed and multiplied 122 with the standard frequency, to obtain a log-spaced frequency scale around each 123 standard. To predetermine the step size, each participant was first presented with one 124 experimental block, containing all tone steps to familiarize themselves with the task. 125 Then, a second block was performed, and if pitch discrimination performance across 126 steps was below 65%, the tone-steps were increased, which was repeated up to three 127 times. All participants reached the minimum performance level after minimally two 128 and maximally four rounds of training. As a result of this procedure, the average lowest 129 target tone presented with the 550 Hz standard was 508.3 Hz (range 490.0–519.1 Hz), 130 and the highest target tone 595.3 Hz (range 582.7–617.4 Hz); the lowest target tone 131 presented with the 950 Hz standard was 878.0 Hz (range 846.4–896.7 Hz), and the 132 highest target tone 1028.3 Hz (range 1006.5–1066.3 Hz). The high and low tones never 133 overlapped. In the behavioural experiment, eleven tone frequencies were used from 134 the lowest to highest tone, including the standard; in the EEG experiment we used 7 135 discrete frequencies. 136

Critically, and unbeknownst to participants, we manipulated the interval between standard and target tones, the *foreperiod*, by either pseudo-randomly drawing foreperiods from a discretized uniform foreperiod duration (11 foreperiods in the behavioral experiment and 7 in the EEG experiment, all ranging from 0.5–3 s, blue distribution in Figure 1 A), or used the same foreperiod duration (1.75 s, green distribution in Figure



Fig 1. Paradigm and Behavioural Results. A. Paradigm: Tone-pairs were presented embedded in low-pass filtered white noise. Participants' task was to judge whether the target tone (T) was lower or higher in pitch than the preceding standard (S). Unbeknownst to participants, the pitch of the standard tone was associated with predictive (green) or non-predictive foreperiod intervals (blue). For the non-predictive condition, foreperiods were drawn from a uniform distribution (upper right panel), while for the predictive condition, foreperiods were fixed at 1.75 s (lower right panel). B. **Accuracy and response times:** Top: Accuracy improved significantly in the predictive condition (left panel), which was nominally also true at the intermediate foreperiod only (right panel). Bottom: Response times were faster in the predictive condition (left panel). The difference was driven by slower response times at short foreperiods in the non-predictive condition (right panel) **C. Averaged psychometric functions:** The slope of the psychometric function was steeper in the predictive compared to the non-predictive condition. There were no differences in threshold, nor the lower or upper asymptotes. **D. Slopes for single participants:** for the non-predictive (x-axis) versus predictive (y-axis) conditions. E. Thresholds for single participants: for the non-predictive (x-axis) versus predictive (y-axis) conditions. a.u. stands for absolute units.

1 A). This resulted in one condition in which the target onset was perfectly predictable 142 in time, the *predictive condition*, and one condition in which the target onset was 143 maximally jittered, the *non-predictive condition*. To allow participants to implicitly 144 dissociate the conditions, the foreperiod distributions were associated with one of 145 the standard pitches, for example for one participant the 550 Hz standard was always 146 followed by a predictive foreperiod and the 950 Hz standard was always followed by 147 a non-predictive foreperiod. The assignment was counterbalanced over participants. 148 The two conditions were presented interleaved, such that participants had to encode 149 the standard pitch on each trial. Importantly, the manipulation of foreperiod intervals uses strictly implicit, and participants were not informed about it.

To avoid build-up of a rhythm over trials, the inter-stimulus interval between a target tone and the standard tone of the next trial was drawn from a truncated exponential distribution (mean 1.5 s, truncated at 3 s) added to a minimum interval of 3 s (resulting in values between 3–6 s). After the target tone, participants had 2 s to respond. The stimulation continued automatically, even if no response was given. 151 152 153

One block consisted of 22 trials in the behavioural (one repetition per tone step and condition), and 56 trials in the EEG experiment (4 repetitions per tone step and condition). In the behavioural experiment participants performed 20 blocks (440 trials), and in the EEG experiment minimally 12 and maximally 15 blocks (672–840 trials). Between blocks, participants could take breaks of self-determined length. Feedback was given per trial during the training, and at the end of each block (as proportion of correctly answered trials) during the main experiment.

After the experiment, all participants were asked the same four questions by the 164 experimenter. First, the experimenter asked whether participants had noticed that 165 the interval between the first and second tone of a pair was variable. Second, they 166 were asked to describe whether they noticed any systematic variation therein. Third, 167 they were told that either the low or high tones were always presented with the same 168 separating interval and asked whether they noticed this. Fourth, they were asked to 169 guess whether in their case the low or high pitch tones were the ones presented with 170 the constant interval. Finally, they filled in a musicality survey (Schaal et al., 2014). The 171 full experimental session lasted about 2.5 h. 172

EEG recording and preprocessing

EEG was recorded with 64 electrodes Acticap (Easy Cap) connected to an ActiChamp174(Brain Products) amplifier. EEG signals were recorded with the software Brain Recorder175(Brain Products) at a sampling rate of 1 kHz, using no online high-pass filter and a176200 Hz low-pass filter. Impedances were kept below 10 kΩ. Electrode TP9 (left mastoid)177served as reference during recording. Electrode positions were digitized.178

EEG data were analysed using the Fieldtrip software package for Matlab (MAT-179 LAB 2016a, MATLAB 2017a), and the Ime4 package in R (Bates et al., 2015; R Core 180 Team, 2016). First, we re-referenced the data to linked mastoids. Then we applied a 181 low-pass filter to the continuous data (cut-off 45 Hz, two-pass, transition bandwidth 182 3 Hz; firws filter from the firfilt plugin, Widmann et al., 2015). No high-pass filter 183 was applied. For the time-frequency analysis, we produced a parallel version of the 184 data, that was not filtered during pre-processing. Filtering two-pass as done for the 185 analyses of event-related potentials might smear data back in time, which would be 186 problematic for analyses in the pre-target time window (Rousselet, 2012; Zoefel and 187 Heil, 2013). Filtering the data only in the forward direction, however, leads to phase 188 shifts (Widmann et al., 2015) which we wanted to avoid for the phase angle analyses. 189

Next, we epoched the data around the standard tone onset (-3 to 6 s), and downsampled to 100 Hz. All data were visually inspected to mark bad channels that were interpolated (1.2 channels per participant on average). Then ICA were computed using the 'runica' algorithm, with the number of output components adjusted by subtracting the number of bad channels. Blinks, muscular artefacts, and unspecific noise occurring temporarily in a channel or trial were excluded, using the semi-automatic inspection

Analyses

Analyses of the behavioural data

We analysed accuracy as proportion correct (after removing trials in which the standard 200 and target were equal in pitch) and response times, defined as the interval between the 201 onset of the target tone and the registered button press. Response times shorter than 202 0.2 s were considered outliers and removed. We compared accuracy and response 203 times between conditions and over foreperiods for the non-predictive condition. Tone-204 steps and foreperiods used in the behavioral experiment were binned to reduce the 205 11 steps to 7 to match the steps in the EEG-experiment, by averaging the second and 206 third, fourth and fifth, as well as the seventh and eight and ninth and tenth tone steps. 207

To obtain a measure of pitch discrimination sensitivity, we fitted psychometric 208 functions to model participants' responses in the pitch discrimination task, using 209 bayesian inference, implemented in the *Psignifit toolbox* for Matlab (Version 4, Schütt 210 et al., 2016). The psychometric function describes the relationship between the stim-211 ulus level (on the abscissa, here: the difference in pitch between the target and the 212 respective standard tone) and the participant's answer (on the ordinate, here: pro-213 portion of trials on which the target pitch was judged as higher). To accommodate 214 the different standard tones per condition, and the individual pitch steps obtained 215 during the training, we transformed the discrete tone frequencies per participant and 216 condition to 11, or respectively 7 linearly spaced steps from -1 to 1, with -1 and 1 217 reflecting each participant's extremest tones, and 0 being the pitch of the standard 218 tone. 219

To select the options for the psychometric function (logistic versus cumulative 220 normal function, number of free parameters), we assessed deviance pooled for both 221 conditions. Deviance reflects a monotonic transformation of the log-likelihood-ratio 222 between the fitted model and the saturated model (a model with no residual error), 223 allowing for an absolute interpretation, or a comparison between different models 224 (Wichmann and Hill, 2001). The best fits (i.e. lowest deviance, 3.80 for the best model) 225 were obtained by fitting a cumulative normal function with four free parameters: 226 threshold, slope, lower, and upper asymptote. 227

For a yes-no-task as the one used here, the threshold parameter indicates the 228 stimulus level at which a participant is as likely to judge the stimulus as 'low' or 229 'high'. Divergence from the actual midpoint of all stimulus levels (here: 0) can thus be 230 interpreted as a response bias. The slope parameter reflects the amount of stimulus 231 change needed to distinguish between low and high tones, and can be interpreted 232 as the sensitivity of the listener. The lower asymptote indicates the proportion of 233 answering 'high' for the lowest pitches in the tested range, and the upper asymptote 234 the proportion of answering 'low' for the highest pitches, that is they reflect the errors 235 made by the listener at different target tone frequencies. 236

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that is data in which answer probabilities over blocks and trials are not independent as assumed by the conventional model. 242

We fitted psychometric functions to each individual's data separately per condition and compared the resulting parameters between conditions (threshold, slope, guessand lapse rates) using two-sided t-tests. Additionally, we calculated Bayes Factors for all statistical tests, using the *Bayes Factors* package for Matlab (Rouder et al., 2009). 245 246 247 247 248

Additionally, we computed a logistic regression on the single-trial responses of the pitch-discrimination task, to parallel the analysis of delta phase angles performed for the EEG (see below). Pitch difference and condition were used as interacting fixed effects (with random intercepts and random slopes for both predictors and their interaction), using the Ime4 package in R (function *glmer*, Bates et al., 2015) with a binomial link function.

Event-related potentials

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We examined the time-domain data with respect to responses evoked by standard 255 and target tones, contrasting the predictive and non-predictive condition. For the 256 standard-evoked response, we detrended the data based on the whole epoch and 257 applied baseline correction from -0.1 to 0 s pre-standard. We only examined the 258 time-window between standard onset and 0.5 s after, because this was the maximal 259 interval in which no target events occurred (earliest target onset was 0.5 s in the 260 non-predictive condition). For the target-evoked response, we first applied detrending 261 and the same pre-standard baseline to standard-locked epochs, and then re-epoched 262 to the target event. We examined the time interval from -0.5 to 0.5 s around the 263 target event. We averaged over trials within participants and condition, and then over 264 participants, to obtain the average event-related potential (ERP, depicted in Figure 2). 265

To test for statistically significant differences in the time-domain data, we ap-266 plied cluster permutation tests on two levels. First, we contrasted trials from the 267 non-predictive and predictive condition within each participant using independent 268 samples regression implemented in FieldTrip (ft timelockstatistics). This resulted in 269 regression coefficients (betas) for each time-electrode data point for the ERPs. Next, 270 the group-level analysis was performed with a dependent samples t-test to contrast 271 the betas from the subject-level analysis against zero. A permutation test (5000 Monte 272 Carlo random iterations, minimum of three neighbouring channels to count as a clus-273 ter) was performed with cluster-based control of type I error at a level of α =0.05 as 274 implemented in FieldTrip. The condition assignment (i.e. whether the predictive condi-275 tion was presented at the low or high pitch tones) was added as a control variable. This 276 analysis resulted in time-electrode clusters exhibiting significant condition differences 277 in the ERPs. 278

Time-frequency representations

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Time-frequency representations were computed for epochs time-locked to the standard tones, separately for the predictive and non-predictive condition. We performed this analysis on trials with foreperiods equal or longer than 1.75 s only to avoid evoked activity from target onsets occurring early in the non-predictive condition. We matched the smaller number of trials available from the non-predictive condition, by randomly sampling the same number of trials from the predictive condition. To obtain stable results, we repeated the random sampling 50 times and averaged over the resulting time-frequency representations. Additionally, we ruled out potential back-smearing of evoked activity related to target-onset by replacing all data points after 1.75 s by the value at this time point for the respective trial and channel before performing the time-frequency transformation. 290

Data were transformed to time-frequency representations for frequencies ranging from 0.5 to 34.5 Hz (linear steps, 1 Hz) and time points between -0.5 to 2.5 s, using convolution with a single adaptive Hanning taper with frequency-dependent time windows (increasing linearly from 2 to 4 cycles per frequency). To provide sufficiently long data epochs for the lowest frequencies, we appended the epochs (-3 to 6 s, time locked to the standard tone) with their inverted and right-left flipped version to the left and right before applying the time-frequency transform.

Power estimates were extracted as the squared modulus of the complex-valued Fourier spectra and baseline corrected to relative change (first subtracting, then dividing by the trial-average baseline value per frequency) using the condition average in the interval from -0.5 s to standard onset. Inter-trial phase coherence (ITC) was extracted as the magnitude of the amplitude-normalized complex values, averaged across trials for each time-frequency bin and channel.

Statistics were performed in the time-window between 0 to 1.7 s post standard onset and for all frequencies jointly. For power, we used a two-level procedure as described for the ERPs (but using ft_freqstatistics, 1000 permutations). For the ITC, we only computed statistics on the second-level condition differences since it represents a measure that already combines single trials. An additional, hypotheses-driven cluster test for power and ITC effects was performed, restricted to the delta band (1 to 3 Hz).

Delta phase angle analyses

A timing mechanism that predicts the onset of the target tone would have to be initiated 311 by the standard tone which serves as a temporal cue. Therefore, we examined the data 312 for any signatures of such a mechanism in the phase of the delta band (see Figure 4B for 313 a schematic depiction). To not confound target evoked activity with pre-target activity, 314 we used the same version of the data as for the time-frequency transformations 315 described above, to which no filters had been applied during preprocessing. Target-316 onset ERPs were muted (as described above) from the time point of target onset 317 on each trial (1.75 s in the predictive condition and 0.5 to 3 s in the non-predictive 318 condition). To reduce the dimensionality of the data, and to focus our analysis on 319 auditory activity, we computed a weighted average of single electrodes at each time 320 point. The weights reflected each participant's N1-peak topography, computed as the 321 average absolute value per channel in the time interval from 0.14 to 0.18 s following 322 the standard (see topography shown in Figure 4B). We then multiplied the time-domain 323 data at all latencies and channels with these weights and averaged over channels, 324 resulting in one virtual channel. 325

We applied a band-pass filter to the data (3rd order Butterworth, two-pass), with cut-off frequencies of 1 and 3 Hz for the delta band. After filtering, we applied the Hilbert transform and extracted phase angles as the imaginary value of the complex fourier spectrum averaged over latencies from 0.14 to 0.18 s, the peak latency of the N1. We chose the peak of the N1 as the window of interest, as the time point at which we measure the first reaction to the standard tone, possibly reflecting a phase reset of ongoing oscillations. Note that we did not choose the later time window in which

the difference in the standard-evoked ERP significantly differed between conditions to avoid biasing our analysis for a between-condition effect. 334

We subjected the phase angles to a logistic regression to test for an effect of phase angle on the behavioural response, using the Ime4 package in R (function glmer with a binomial link function, Bates et al., 2015). Per trial, we predicted the participant's response in the pitch discrimination task (second tone lower or higher) with two numerical predictors, (1) the normalized pitch difference between standard and target tone (Δ pitch in eq. 1, range -1-1, a.u.), and (2) the standard-evoked phase angle extracted as described above (φ), plus their interaction. 335

The predictors of the logistic regression can be interpreted following the logic 342 of the psychometric function (DeCarlo, 1998), which models a behavioural measure 343 (on the ordinate) based on variations of a stimulus feature (on the abscissa), and is 344 described by two main parameters: threshold and slope. A threshold effect, that is a 345 horizontal shift of the psychometric function, would be reflected by a main effect of 346 the predictor φ , indicating a response bias, which we did not observe in the behavioral 347 data.. A slope effect, reflecting a shift in the steepness of the psychometric function, 348 would result in an interaction between the predictors $\Delta pitch$ and φ . Here, we were 349 particularly interested in a slope effect, that is an interaction between the predictors 350 pitch and phase angle. Due to computational constraints, we only specified a random 351 intercept, but no random slopes for the predictors. 352

To account for the circularity of the phase angles, we followed an approach previously described by Wyart et al. (Wyart et al., 2012) (see also (Barne et al., 2017; Cravo et al., 2013)), using the sine and cosine of the phase angles jointly as linear predictors in a regression. For both, the $sin(\varphi)$ and $cos(\varphi)$, we specified an interaction with Δ pitch:

$$y = \beta_0 + \beta_1 \cdot (\Delta pitch \cdot sin(\varphi)) + \beta_2 \cdot (\Delta pitch \cdot cos(\varphi))$$
(1)

Then, we recombined the regression weights obtained for the interactions of $sin(\varphi)$ and $cos(\varphi)$ with Δ pitch: 359

$$\beta_{combined} = \sqrt{\beta_1^2 + \beta_2^2} \tag{2}$$

The resulting $\beta_{combined}$ is always positive and can thus not be tested against zero. We computed a reference distribution of $\beta_{combined}$ based on 1000 permutations, by permuting, per participant, the response values over trials, recomputed the model and retained the $\beta_{combined}$. To assess significance of the interaction between pitch and phase angle, we assessed 99% one-sided confidence intervals, and computed p-values from the permutation distribution (Phipson and Smyth, 2010): 360

$$p_{perm} = \frac{N(\beta perm_{combined} > \beta_{combined}) + 1}{N(perm) + 1}$$
(3)

To visualize the modulation of pitch discrimination sensitivity over phase angles, we predicted responses from the logistic regression model (using the R package emmeans, Lenth, 2018), for a range of $\Delta pitch$, $sin(\varphi)$, and $cos(\varphi)$ values, and plotted the resulting values for the recombined and binned φ (shown in Figure 4C).

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We additionally computed the phase analysis on data filtered for the low delta (0.5–2 Hz), theta (4–7 Hz), alpha (8–12 Hz), and beta (15–30 Hz) frequency bands (Figure 4D). P-values were Bonferroni-corrected (accounting for five tests with a p-value threshold of 0.05, one for each frequency band), resulting in an adjusted alpha level of 0.01.

Furthermore, we assessed the time-course of the regression weights per condition 376 by independently computing the model (Eq. 1) for each time point from -0.1 to 2 s 377 and for each of the two conditions separately (Figure 4F). Here, we did not mute 378 the time-domain data at target onset, since the model was computed separately per 379 condition. To test for significance, we applied the permutation approach described 380 above, using 200 permutations only (due to the time-consuming procedure). Finally, 381 to test for condition differences, we computed the time-resolved logistic regression for 382 both conditions jointly and added the factor condition to the above-described model 383 to test for a three-way interaction. 384

Distinguishing oscillatory from aperiodic activity

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To assess whether the activity observed in the delta band is truly oscillatory, rather 386 than reflecting aperiodic 1/f activity we applied irregular resampling (IRASA; Wen and 387 Liu, 2016; see also Helfrich et al., 2018; Henry et al., 2016). This technique consists in 388 downsampling the data at pairwise non-integer values and computing the geometric 389 mean of the resulting power spectra. The resampling leaves the 1/f activity intact but 390 removes narrow-band oscillatory activity. Once the 1/f activity has been obtained, it 391 can be subtracted from the total power spectrum to assess only the oscillatory activity. 392 We applied IRASA to the trial-wise data time-locked to the standard tone (-3 to 6 s), to 393 the trial-averaged data per participant (ERP), and to 9 s of simulated data with a brown 394 noise spectrum (see Figure 5A), as well as to single trial data from a 3 s snippet during 395 the inter-trial interval (see Figure 5B). Power spectral density (PSD) was computed in 396 sliding windows of 3 s in 0.25 s steps, using a fast Fourier transform tapered with a 397 Hanning window for a frequency range of 0.33 – 25 Hz, without detrending, and the 398 default resampling parameter (1.1 to 1.9, 0.05 increment). The PSD was normalized by 399 dividing all values by the maximum value of the respective total PSD (trial data, ERP, 400 and simulated data). 401

Results

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Temporal predictability improves pitch discrimination

On average, participants' responses were correct in 86% percent of trials. Using the full sample of 49 participants, we found that accuracy was significantly higher in the predictive compared to the non-predictive condition (T(48)=3.77, p<0.001, BF = 89.6); Figure 1B). We found a marginally significant increase in accuracy at the intermediate foreperiod for the predictive compared to the non-predictive condition (T(48)=1.8, p = 0.07, BF = 0.93); Figure 1B).

We furthermore analysed response times between conditions and over foreperiods. Response times were faster in the predictive (average 0.85 s), compared to the non-predictive condition (0.92 s), by about 70 ms (T(48)=8.3, p < 0.001, BF = 1^{10}). As shown in Figure 1B, the difference is strongly driven by slower responses at shorter foreperiods in the non-predictive condition, but there was still a significant difference between the response times at the intermediate foreperiod only (T(48)=2.10, p = 0.04, HIS BF = 1.47).

For the psychometric functions (depicted in Figure 1C), we observed a steeper slope in the predictive compared to the non-predictive condition (T(48)=3.85, p<0.001, Bayes Factor (BF)=114.3); Figure 1D), but no threshold effect (T(48)=1.05, p = 0.30, BF = 0.35); Figure 1E), nor effects on the lower asymptote (p = 0.48, BF = 0.27) or higher asymptote (p = 0.44, BF = 0.28).

To test whether the slope effect might be driven by shorter or longer foreperiods 422 only, we computed psychometric functions on the trials with intermediate foreperiods 423 (1.25–1.5 s in the behavioral sample, 1.33 – 2.17 s in the EEG sample; see Figure S1). 424 We found a smaller but significant slope effect between conditions (T(48)= 2.73; p<0.01; 425 BF = 5.46) showing that the slope difference was not solely driven by the shortest or 426 longest foreperiods. Together with the condition differences in accuracy (not signifi-427 cant) and response times at the intermediate foreperiod only, this suggests that the 428 performance improvement occurred not only at unexpectedly early or late foreperiods, 429 but results from the difference in temporal predictability between conditions. 430

All of the above results held, albeit somewhat weaker, when analysing only data from participants for whom we had recorded EEG: Predictability resulted in marginally higher accuracy, (T(25)=1.82, p = 0.08, BF = 1.07), significantly larger PMF slopes (T(25)=2.60, p = 0.02, BF = 4.04), and no effects for the threshold, guess, and lapse rate (all p > 0.18, BF: 0.43, 0.61, 0.29, respectively).

To parallel the analysis of delta phase angles reported below, we also computed a logistic regression for the behavioural data, for the participants from the EEG sample only, with the predictors pitch difference (Δ pitch), condition, and their interaction (plus random effects for all three). The analysis confirms the results described above, namely a significant main effect for Δ pitch (p < 0.001), no main effect for condition (p = 0.9), but an interaction between Δ pitch and condition (p < 0.01), which can be interpreted as a slope effect (see Figure 4A).

Finally, we assessed to what extend the predictability manipulation had been 443 noticed by participants. During debriefing, no participant spontaneously reported 444 to have noticed the manipulation of temporal predictability. Four participants from 445 the behavioral and eight participants from the EEG sample said they had noticed the 446 manipulation *after* the experimenter explained it. 16 (70%) of the behavioral and 447 17 (65%) of the EEG participants guessed correctly whether the high or low tones 448 were temporally predictive in their case. Neither the participants who recognized 449 the manipulation once it was explained, nor the ones who guessed correctly which 450 tones were temporally predictive in their case showed a larger behavioral slope dif-451 ference than the other ones (one-tailed Wilcoxon signed rank test, p = 0.88, p = 0.94, 452 respectively). This suggests that the fact that participants were able to recognize the 453 manipulation once it was explained did not reflect active engagement in timing during 454 the experiment. The high percentage of correct guesses can possibly be explained by 455 reverse inference, in which participants noticed that one condition was easier than the 456 other, and – after learning about the predictive foreperiods – associated the perceived 457 facilitation with predictability. 458

Temporal predictability affects both, standard- and target-evoked event-related potentials: 459

Standard-evoked activity: Event-related potentials were examined time-locked to 461 the standard-tone (Figure 2A). Both conditions showed a negative deflection between 462 0.1–0.2 s after the standard onset, with a peak at 0.16 s and a fronto-central topography. 463 We refer to this component as the standard-evoked N1. We observed a significant 464 difference between conditions in the time window of the late N1/ early P2 component. 465 where amplitude was more negative for standards that were temporally predictive 466 of the onset of the target (predictive condition; 0.21-0.26 s, p = 0.02). This difference 467 is important in that it shows that standard tones were processed differently if they 468 served as a temporal cue for the target onset versus did not serve as a temporal cue. 469 The latency and topography of the standard-evoked N1 (not the time-range in which 470 the difference was found which was slightly later) was used for the analysis of phase 471 angles described below. When directly comparing the ERPs evoked by the 550 versus 472 950 Hz standards (randomly assigned to the predictive and non-predictive condition 473 over participants), there was no statistically significant difference in the early time 474 window following the standard tone. 475

Target-evoked activity:Event-related potentials time-locked to the target-tone (Fig-
ure 2B) also showed a negative deflection between 0.1–0.2 s after the target onset,
with a fronto-central topography. We refer to this component as the target-evoked
N1. For targets in the predictive condition, the N1 was larger (0.09–0.14 s, p = 0.02).
Importantly, the difference is not solely due to the onset time of the target (see inset
in Figure 2B and Figure S2), which would be reflected by a difference only for long or
short foreperiods in the non-predictive condition.476

To test for an apparent latency shift in the N1 between the non-predictive and predictive conditions, we computed the half-area measurement (Luck, 2005), which indexes the time-point at which half the area of a deflection has been reached. Compared to peak-latencies, this measure accounts better for asymmetric deflections. We found a significantly earlier N1-latency for the predictive, compared to the nonpredictive condition (Cz, 0.13 s versus 0.15 s; T(23)=3.03, p < 0.01).

Furthermore, there was an amplitude difference at a later positive prolonged 489 component, which was positive at posterior and negative at frontal electrodes (0.20– 490 0.45 s, p < 0.01; 0.28–0.36 s, p = 0.02). When computing the analysis using only trials 491 with foreperiods \geq 1.75 s (and equating the number of trials in the predictive condition 492 for a fair comparison), the early cluster and the later frontal clusters remained (0.09– 493 0.14 s, p = 0.04; 0.25–0.37 s, p = 0.008, marked in light blue in Figure 2B, right panel). 494 When running the same analysis on the trials \leq 1.75 s, we again found the early cluster 495 (0.08-0.14 s, p = 0.01), and the later posterior cluster (0.16-0.49 s, p<0.001, marked)496 in pink in Figure 2B). These findings show that the early difference was not driven by 497 the shorter or longer foreperiods separately, but resulted from temporal predictability 498 per se. The positive difference at posterior channels (cluster marked in pink in Figure 499 2B), however, was driven by the short foreperiod trials, and the negative difference 500 at frontal channels (cluster marked in light blue in Figure 2B) was driven by the long 501 foreperiod trials. 502

No condition differences in delta (1–3 Hz) power or ITC during the foreperiod 503

We assessed power in a frequency range between 0.5–34.5 Hz for the predictive and non-predictive conditions (see Figure 3A), time-locked to standard onset. Both conditions showed an increase in power in the delta-range (1–3 Hz, Figure 3B) after 507



A ERP (Fz), time-locked to standard tone



standard onset, and a prolonged increase in the alpha-range (8–12 Hz) relative to baseline. We found no statistically significant power differences between conditions at the cluster level (see Figure 3C). 510

ITC across the 1–3 Hz range did show the expected increase following the stan-511 dard tone, ranging from 1–3 Hz, and a prolonged increase in the delta band in both 512 conditions (Figure 3D,E). However, when comparing inter-trial phase coherence (ITC) 513 for all frequencies between conditions, no significant differences were observed. A 514 hypothesis-driven cluster test restricted to the delta frequency band (1–3 Hz) revealed 515 a non-significant cluster of enhanced delta ITC (Figure S3; 0.85–1.1 s, 1.5–2.5 Hz, p 516 = 0.19). This shows that delta ITC increased nominally, albeit not significantly in the 517 predictive condition. Likely the effect is too weak to reach significance either because 518 of signal processing constraints (muting of target-evoked activity), or the absence of 519 an entraining rhythm. 520



Fig 3. Time-frequency representations. A. Power, time-locked to standardonset. Power estimates were baseline-corrected to the pre-standard interval and display relative change. Top panel: non-predictive condition, bottom panel: predictive condition. The topographies show the power scalp distributions in the interval from 0.2–0.4 s for frequencies from 1–3 Hz. **B. Delta power (1–3 Hz) over time** for the non-predictive (blue) and predictive conditions (green). Fine lines depict single participant's power values. **C. Power-difference between conditions (T-values).** No significant condition differences were found. **D. Inter-trial phase coherence (ITC), time-locked to standard-onset.** Top panel: non-predictive condition, bottom panel: predictive condition. The topographies show the ITC scalp distributions in the interval from 0.2–0.4 s for frequencies from 1–3 Hz. **E. Delta ITC (1–3 Hz) over time** for the non-predictive (blue) and predictive conditions (green). Fine lines depict single participant's ITC values. **F. ITC-difference between conditions (T-values).** No significant condition differences were found.

Standard-evoked delta phase angle predicts pitch discrimination sensitivity 522

To test whether delta oscillations play a role in temporally predictive processing in this study, we tested for a relation between delta phase angles and pitch discrimination performance using a logistic regression approach (see Figure 4B for a schematic depiction). A timing mechanism that predicts the onset of the target tone would have 526 to be initiated at the standard tone, which acts as a temporal cue, which is why we were particularly interested in this time window. We chose the peak of the N1 as time point of interest, as it is the earliest measurable response to the temporal cue. We hypothesized that temporal predictions could possibly be implemented via a phase reset of an ongoing delta oscillation.

Phase angles in the post-standard time window (0.14–0.18 s) were extracted by 532 applying the Hilbert transform to band-pass filtered (1–3 Hz) single trial data with one 533 virtual channel (see Methods for details) representing the sum of all channels weighted 534 by the N1-topography. We subjected the phase angles (as their sine and cosine) to 535 a logistic regression with two numerical predictors, the normalized pitch difference 536 between standard and target tone, and the standard-evoked phase angle, plus their 537 interaction. To assess significance of the interaction effect, we used a permutation 538 approach. We found a significant interaction between pitch and phase angle, which 539 indicates that the slope of the psychometric function varied depending on the delta 540 phase angle evoked by the standard tone (Figure 4 C). The interaction effect was 541 significant only for the delta band (1–3 Hz), but not for other frequency bands tested 542 (0.5–2 Hz; 4–7 Hz; 8–12 Hz; 15–30 Hz; Figure 4 D). Note that this procedure was 543 performed on all trials, without separation into conditions, and thus is generally valid, 544 both for trials on which the standard served as a temporal cue and trials for which it 545 did not. 546

Next, we tested whether the interaction between delta phase angle and pitch 547 discrimination sensitivity was specifically driven by our manipulation of temporal 548 predictability. We examined the regression weight for the interaction at different 549 time points over the trial, and independently for the predictive and non-predictive 550 conditions. This analysis (Figure 4F, upper panel) showed that the interaction effect 551 between delta phase angle and the slope of the psychometric function was significant 552 (i.e. exceeded the 99% confidence interval of the permutation distribution) only for 553 the predictive condition, and occurred at two time points: after the standard tone 554 (around 0–0.4 s), and prior to target onset (around 1.1–1.4 s). We therefore conclude 555 that the interaction effect was mainly driven by the predictive condition. 556

The three-way interaction between condition, delta phase angle, and pitch discrimination sensitivity was significant only in the later time window (Figure 4F, lower panel). A supplementary analysis testing the effect of different foreperiods (target onset times) on delta phase angles in the non-predictive condition (Figure S4), confirmed that phase angles in the time ranges in which we observed the above-described effects were not affected by the different target offsets in the non-predictive condition. 560

We also assessed the relationship between phase angle (binned into 6 bins for this 563 purpose) and condition (indexed as -1 for the non-predictive and 1 for the predictive 564 condition; Figure 4 E). If the trials would be equally distributed over conditions per 565 phase angle bin, this should result in an average condition of 0 at all phase angles. We 566 found more trials of the predictive condition to occur at the phase angles at which 567 we had found the higher slopes (Figure 4 C), which suggests that phase angles varied 568 between the two conditions. A post-hoc test for a quadratic effect of phase bin on 569 condition (computing a generalized linear model predicting condition from phase 570 bins) yielded only a marginally significant weight for this contrast (p = 0.09). We thus 571 conclude that there is no meaningful phase angle difference between conditions at 572 the population level. 573





Fig 4. (Continued from previous page.) C. Effect of delta phase angle on pitch **discrimination sensitivity:** Model predictions from the logistic regression model with the predictors pitch (abscissa) and phase angle (colors, binned only for visual display). There was a significant interaction between pitch and phase, that is the slopes of the psychometric functions differed depending on delta phase angle (depicted in the bar plot). Note that this analysis was performed on all trials, without separation into conditions. The inset on the bottom right side shows the observed interaction weight (in black) compared to a permutation distribution and its 99% confidence interval (in grey). D. Pitch \times phase interaction and confidence intervals for different frequency bands. The grey bar shows the 99% confidence interval, the black bar the observed weight. Only for the delta band (1-3 Hz) the observed weight significantly exceeded the permuted weights. E. Distribution of conditions over phase angles. Conditions were coded as -1 for the non-predictive and 1 for the predictive condition, therefore an equal distribution of conditions over phase angle bins should result in an average condition (colored bars) of 0, which was not the case. Instead, more trials from the predictive condition occurred at the phase angles that were related to a steeper slope of the psychometric function (panel C). **F. Upper panel: Pitch** \times phase interaction over time, separated by condition. The thick lines indicate the regression weights for the interaction over time for the predictive (green) and nonpredictive condition (blue), the thin lines and grey shade indicate the 99% confidence interval computed with the permutation approach. Lower panel: Condition \times pitch imes **phase interaction over time.** The three-way interaction was significant only in the pre-target time window, indicating that only in the predictive condition delta phase angles predicted pitch discrimination performance during this time.

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Additional analyses

Oscillatory versus 1/f activity. To test for the presence of oscillatory activity in 577 the delta band, we subtracted fractal power spectra (obtained using the irregular 578 resampling method (IRASA; Wen and Liu, 2016) from the total power spectra. The 579 results (depicted in Figure 5, see also S5) show that albeit no clear peaks can be found 580 in the delta range, power spectral density (PSD) computed from single trial data was 581 higher in the 1–3 Hz range compared PSD computed on the ERP and simulated data 582 (Figure 5A). If anything, the PSD computed on single trial data has a small peak around 583 1 Hz, while the PSD of the ERP has two smaller peaks at 3 and 4 Hz. When computing 584 the same analysis on pre-stimulus data (from the ISI, 3 s signals), we observe residual 585 oscillatory activity in the 1–3 Hz range (Figure 5B). While it is difficult to completely 586 separate oscillatory from 1/f activity at slow frequencies – and to our knowledge, no 587 previous study showed a clear oscillatory peak in the PSD in the delta range – our 588 analyses suggest some oscillatory activity in the delta band. 589

Mediation analysis.We also considered mathematically the possibility that deltaphase angle in the post-cue time window would mediate the effect of temporal pre-590dictability on pitch discrimination sensitivity, by comparing the regression weight of591the interaction between pitch and temporal predictability estimated from a model with593no other predictors (as depicted in 4A), and from a model that additionally contained594an interaction term for pitch and phase angle (Baron and Kenny, 1986; Muller et al.,595

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Fig 5. Testing for oscillatory activity in the 1–3 Hz range using the irregular resampling method. A: from single trial data (red), trial-averaged data (blue) and simulated brown noise (thick lines: average, fine lines: single participants). The left panel shows the oscillatory activity, obtained by subtracting the fractal PSD from the total PSD. The inset magnifies the delta frequency range from 1–3 Hz, and the shaded areas show 99% confidence intervals computed from a t-distribution. The difference between the red and blue lines shows that single trials contain additional, non-phase locked oscillatory activity in the 1–3 Hz band as compared to the ERP (trial average). **B:** Oscillatory spectrum obtained from resampling the pre-stimulus time window (3 s, taken from the ISI). Note that there is significant oscillatory activity in the 1–3 Hz range.

2005). The negligible change in weight between both models (0.307 to 0.304) indicates that there is no evidence for a mediation effect. 597

Delta phase versus ERP effect. To distinguish between the ERP effect (found on 598 the N1) and the delta phase effect, we tested whether the N1 amplitude could explain 599 the findings. Computing the same logistic regression model with the N1 amplitude 600 (averaged activity between 0.14–0.18 s, using the same spatial filter) instead of the 601 phase angles as above revealed no significant interaction effect (p = 0.15), i.e. the N1 602 amplitude does not predict pitch discrimination performance on single trials and can 603 thus not simply replace the delta phase angle. However, the N1 amplitude correlated 604 significantly with the standard-evoked phase-angle at all frequency bands, as assessed 605 by a circular-linear correlation (from the Directional package in R, Tsagris et al., 2018); 606 R²: 0.5-2 Hz: 0.21, 1-3 Hz: 0.27, 4-7 Hz: 0.06, 8-12 Hz: 0.056, 15-30 Hz: 0.004 (all 607 p-values < 0.001). 608

Discussion

In this study, we asked whether human listeners extract implicit temporal contingen-610 cies from auditory input to form temporal predictions in absence of a periodic input 611 structure. If so, how are such endogenous temporal predictions represented in neural 612 dynamics? We implicitly manipulated temporal predictability by varying the foreperiod 613 (i.e., the interval between standard and target tones) in a pitch discrimination task. 614 Unbeknownst to participants, one of two possible pitches used as the standard tone 615 was indicative to one of two foreperiod distributions, respectively: drawn either from 616 a uniform distribution, under which the onset of the target tone was unpredictable, or 617 from a single-valued distribution under which the onset of the target tone was fully 618 predictable. 619

The data reveal several indices that participants did form temporal predictions: 620 most importantly an increase in pitch discrimination sensitivity in the predictive condi-621 tion, and condition differences in the evoked response to standard- and target tones. 622 However, contrary to our initial hypothesis, classical time-frequency analyses revealed 623 no differences in power or inter-trial phase coherence in slow oscillatory frequencies. 624 Yet, a direct analysis of delta phase angles shows that the phase of delta oscillations 625 in response to the standard tone and in the pre-target time window is indicative of 626 pitch discrimination performance. This finding suggests an instrumental role of delta 627 oscillations in implementing endogenous temporal predictions for audition. 628

Implicit temporal predictability improves pitch discrimination 629 sensitivity 630

Behaviourally, we observed an increase in pitch discrimination sensitivity in the tem-631 porally predictive condition, reflected in a steeper slope of the psychometric function 632 (Figure 1). Even though the absolute difference in behaviour is not large, we observed 633 a robust set of converging effects of temporal predictability on response times, ac-634 curacy and slopes (49 participants). These suggest that listeners can implicitly learn 635 to associate sensory stimulus features like pitch with single-interval temporal predic-636 tions, emphasizing the relevance and ubiquitousness of timing in human cognitive 637 processing. 638

Importantly, participants were not made aware of the predictability manipula-639 tion, and no participant was able to correctly describe it during debriefing. About 25% 640 of participants were able to recognize the manipulation after it was described by the 641 experimenter, but did not show a larger behavioural effect, suggesting they did not 642 actively engage in timing. The fact that a majority of participants guessed correctly 643 which standard tone was associated with temporal predictability can be explained 644 by reverse inference: participants noticed that one condition was easier than the 645 other, and – after being informed about the predictive foreperiods during debriefing – 646 associated the perceived facilitation with predictability. 647

To our knowledge, this is the first study to show that pitch discrimination sensitivity is improved by implicit but non-rhythmic temporal predictions. In the auditory domain, detection speed and performance are facilitated by rhythmic temporal predictability (Henry et al., 2014; Henry and Obleser, 2012; Lawrance et al., 2014; Wright and Fitzgerald, 2004), but the use of detection tasks might underline the timing aspects of the task.

One previous study (citepbausenhart2007knowing showed that shorter pre-654 sentation times (difference of about 6 ms) are needed for to achieve correct pitch 655 discrimination performance, when the target tone occurs with a block of constantly 656 short foreperiods. Another study (Morillon et al., 2016) revealed that aperiodic regular-657 ities improved auditory sensitivity when participants had to discriminate a deviant tone 658 from standards, but likely the manipulation was more easily detectable by participants 659 due to the use of rhythmic and monotonically increasing intervals. Complementing 660 these previous findings, we here show that implicit temporal predictability improves 661 auditory perceptual processing in absence of an embedding rhythm, and despite any 662 explicit incentive to engage in timing. 663

Temporal predictions affect neural processing of predictive and ⁶⁶⁴ predicted tones ⁶⁶⁵

Predictive tones (standards). An important indicator for the successful extraction of temporal predictability is the difference in event-related potentials evoked by predictive and non-predictive standard tones (Figure 2A). It suggests that participants learned to associate the pitch of the standard tone to temporal predictability, and flexibly used the standard as a temporal cue on a trial-by-trial basis.

Few studies have investigated effects of predictability on the early sensory 671 processing of the *predictive* or cue stimulus. In spatial cueing, there is evidence for 672 an effect of predictions on early positive and negative cue-evoked components (100– 673 200 ms post cue; Jongen et al., 2007; Nobre et al., 2000; Yamaguchi et al., 1994). In 674 the temporal domain, there is, to our knowledge, only one study that showed an 675 enhanced N1-after temporal cues (in 8–12 years old children, Mento and Vallesi, 2016). 676 Our results are in line with this finding and reveal that the cue-evoked N1 in adults is 677 affected even by implicit temporal predictability. The observed N1 enhancement, a 678 response previously assigned to the recruitment of additional attentional resources in 679 the context of predictive processing (Bendixen et al., 2012), could speculatively be 680 explained as enhanced attentional processing of the predictive cue, which conveys 681 more information about future task-relevant events than a non-predictive cues. 682

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Predicted tones (targets). In response to target tones, we found a larger and faster 684 N1 in the predictive compared to the non-predictive condition, suggesting a facili-685 tation of sensory processing of temporally predicted targets (Figure 2B). This result 686 corroborates a large base of studies reporting mainly amplitude effects of temporal 687 predictability on sensory evoked potentials (Correa et al., 2006; Hsu et al., 2014; Hughes 688 et al., 2013; Kok et al., 2011; Lampar and Lange, 2011; Lange, 2009; Miniussi et al., 1999; 689 Sanders and Astheimer, 2008; Schwartze et al., 2013). The reported direction of those 690 amplitude effects varies with the paradigm used (for an extensive discussion see Lange, 691 2013) – for probabilistic foreperiod variations as used here, both, reduced (Paris et al., 692 2016; Sherwell et al., 2017) and enhanced N1 amplitudes (Griffin et al., 2002) have 693 been reported. The main specificity of the present study is that we only manipulated 694 temporal, not spectral predictions, and hence the temporal prediction could have 695 resulted in a faster and more efficient allocation of attentional resources to predicted 696 stimuli, to facilitate the assessment of their pitch, which could not be predicted. 697

The observed latency-shift of the N1 by temporal predictions is in line with one 698 previous study using a manipulation of foreperiods (Seibold et al., 2011), and one study 699 on rhythmic temporal predictability (Rimmele et al., 2011). Further evidence comes 700 from experiments reporting a faster N1 for auditory speech and non-speech events 701 combined with visual events (Paris et al., 2017; Stekelenburg and Vroomen, 2007; 702 Vroomen and Stekelenburg, 2010; Wassenhove et al., 2005). Note that in our study, 703 the predictive information conveyed by the cue was purely temporal, since the pitch 704 of the target tones was unpredictable. In sum, the facilitation of the target-evoked N1 705 suggests that temporal predictions alone can enhance early auditory processing. 706

Implementation of temporal prediction through slow neural oscillations

A central aim of this study was to assess the role of slow neural oscillations for an 709 endogenous representation of temporal predictions. Previous studies convincingly 710 established a mechanism of facilitation of sensory processing via phase alignment of 711 delta oscillations for stimuli that occur during the preferred phase, i.e. in synchrony 712 with the preceding rhythm (Cravo et al., 2013; Henry et al., 2014; Kösem et al., 2018; 713 Lakatos et al., 2008; Schroeder and Lakatos, 2009). An open guestion is however, 714 whether the alignment of slow neural oscillations towards predicted stimulus onsets 715 is contingent on rhythmic entrainment to the exogenous stimulation, or whether 716 slow oscillations also implement endogenous temporal predictions, for example via 717 single-trial phase resets. 718

We found no robust condition differences in oscillatory power or phase using 719 classical time-frequency analyses (see Figure 3). The absence of condition differ-720 ences in phase coherence during the foreperiod (Figure 3F) replicates our previous re-721 sults (Herbst and Obleser, 2017) and suggests that enhanced phase coherence (Breska 722 and Deouell, 2017; Cravo et al., 2011) might be affected by dedicated or residual 723 periodicity in the stimulation (Obleser et al., 2017), and/or overt engagement in tim-724 ing (Stefanics et al., 2010). As a side note, it is important to emphasize the method-725 ological challenge of analysing low frequency oscillations in the pre-target window. 726 The probabilistic manipulation of foreperiods as applied here results in differential 727 time-locking of target activity between conditions, and our conservative approach of 728 removing this activity might have weakened existing pre-target differences through 729 back-smearing of the muted activity. Here, a nominal increase in delta phase coher-730 ence was found in the predictive condition (Figure S3), but failed to pass the threshold 731 for statistical significance, suggesting that a phase coherence effect is not fully ab-732 sent in non-rhythmic temporal predictions, but not strong enough to be measured 733 with the available techniques. Thus, the representation of temporal predictions by 734 enhanced phase coherence – or at least our ability to measure it in human EEG – is 735 likely contingent on rhythmic stimulation. 736

Crucially, we found that the absolute phase angle of the delta oscillation in 737 auditory areas shortly after the temporal cue predicted behavioural sensitivity in 738 response to the later-occurring target tone (see Figure 4C). The effect was observed 739 for data spatially filtered with a topography relevant for auditory stimulus processing 740 (from the N1), suggesting auditory cortex as the most likely generator. Furthermore, 741 the effect was specific for the delta band (1-3 Hz) with the highest sensitivity occurring 742 at phase angles closest to the trough of the delta oscillation ($\pm\pi$) at the cue and about 743 1.4 s post-cue (average period of 0.5 s). Albeit interpreting the absolute phase angle 744 from EEG data demands caution, this corroborates the idea that the trough of the 745 delta oscillation is a particularly beneficial state for auditory perception (Henry et al., 746 2016; Lakatos et al., 2013). Theoretically, the proposed mechanism should surface as 747 a relationship between delta phase and behavior throughout the whole foreperiod 748 interval, but here we only observed it in the post-cue and pre-target time intervals. It 749 is conceivable that the discontinuity of the effect throughout the foreperiod results 750 from the EEG signal reflecting summed activity from large populations of neurons: 751 other neural processes might overlay the maintenance of delta phase throughout the 752 foreperiod, which surfaces only during the initiation of the prediction by the temporal 753 cue, and the anticipation of the target, which are the most relevant time points for the 754 proposed mechanism. 755

This relationship between delta phase and behavioural sensitivity held across 756 all trials, regardless of their experimental condition. However, a follow-up analysis 757 per condition found this relationship between delta phase angle in the post-cue 758 time window and behavioural sensitivity to occur only in the predictive condition 759 (Figure 4F, upper panel). To test whether the relationship between delta phase and 760 behavioural sensitivity differed statistically between conditions, we computed the 761 three-way interaction between pitch, delta phase angle, and condition (4F, lower 762 panel), which was significant only during the pre-target time window. Possibly, low 763 statistical power for this particular analysis prevented us from confirming the condition 764 difference in the post-cue time window. This finding thus suggests that delta phase in 765 the post-cue time window affects behavioural sensitivity in both conditions, while the 766 effect found in the pre-target time window is specific to the predictive condition only. 767

This per se is not proof of a *causal* chain from temporal predictability *via* op-768 timized phase angle of delta oscillations to increased auditory sensitivity. While not 769 state of the art in neuroscience, our analysis did fail to establish hard statistical evi-770 dence for such a mediation effect. Possibly, different steps necessary to accommodate 771 the complexity of our data in the model (dealing with the circular measure of phase 772 angle and assessing an interaction effect as a measure of behavioural sensitivity), 773 and the small proportion of variance explained by the experimental manipulation (a 774 common problem in cognitive neuroscience) might have prevented us from observing 775 a mediation effect (but see Benwell et al., 2017, for a successful example). 776

An important question is to what respect the observed phase effect reflects truly oscillatory activity, rather than a modulation of the evoked response to the standard or target tones. Admittedly, temporal smearing occurs due to the long analysis windows needed to capture slow oscillations. Importantly, the contingency between delta phase angle and auditory sensitivity re-occurs in the pre-target time window at around 1.4 s and does not rise monotonically into the post-target window. Therefore, we deem it unlikely this effect resulted from back-smearing of target-evoked activity. 777

Furthermore, the observed phase effect is specific to the frequency range identified by previous studies, rather than resulting from broad-band activity – as one would have expected from a purely evoked effect. We further showed that the N1 amplitude itself does not show the critical relationship with behavioural sensitivity, although the two measures correlate, arguing for a more specific role of delta oscillations in temporal prediction. In fact, the ERP might at least partially result from a reset of ongoing neural dynamics by the onset of a stimulus (Makeig et al., 2002). 780 790 790

The effect is strongest in the 1–3 Hz range, and not at the frequencies that would 791 reflect the stimulation (0.57 Hz for the intermediate foreperiod of 1.75 s), which is in 792 line with a study that showed selective entrainment at 1.33 Hz despite stimulation 793 at 0.67 Hz (Gomez-Ramirez et al., 2011). These findings align with the assumption 794 that auditory processing fluctuates with the phase of endogenous delta oscillations in 795 the absence of evoked activity (Henry et al., 2016; Kayser, 2019; Kayser et al., 2015; 796 Stefanics et al., 2010). Not least, additional spectral analyses suggest some oscillatory 797 activity in the delta band after subtracting the 1/f spectrum, which is not explained by 798 the ERP (see Figure 5 and S5 for comparison of the spectra). 799

Taken together, these findings speak for a dedicated mechanism that imple-
ments temporal predictability in the auditory domain via a phase shift of auditory-
cortical delta oscillations. While this study was not designed to directly test assump-
tions derived from dynamic attending theory (Jones, 1976; Large and Jones, 1999), but
rather to assess the endogenous implementation of temporal predictions through a800

neural phase code, our findings are consistent with a dynamic adjustment of attentional windows to events in time.

We acknowledge that as an alternative explanation to an oscillatory effect, it is 807 conceivable that the activity we observe reflects the extraction of temporal predictions 808 from the temporal cue, but that another process is responsible for maintaining this 809 prediction throughout the foreperiod interval to alert the system when it it is time to 810 expect the target stimulus. For instance, this could be achieved via top-down projec-811 tions from auditory areas towards thalamic and thalamostriatal pathways described 812 as crucial for auditory timing (Barczak et al., 2018; Ponvert and Jaramillo, 2018), con-813 verging with an instrumental role of the striatum in explicit timing (Mello et al., 2015). 814 Future research is needed to assess sub-cortical circuits. 815

In sum, our findings do underline the relevance and specificity of delta oscillations for an endogenous representation of temporal predictions. The adjustment of phase angles at the cue can be seen as the initiation of a timing process, which prepares the system to be in a beneficial state at an anticipated time point, resulting in an optimized delta phase angle prior to target onset.

Conclusions

Human listeners do use strictly implicit temporal contingencies to perform a sensory 822 task for which timing is not an explicit requirement. Here, we assessed how temporal 823 predictions are implemented in neural dynamics by combining psychophysics and EEG 824 data. We found endogenous temporal predictions for audition to be reflected in the 825 phase of delta oscillations, likely via an optimized phase reset of delta oscillations in 826 auditory areas evoked by a temporal cue. These results point towards an instrumental 827 role of delta oscillations in initiating temporal predictions, even in the absence of an 828 entraining rhythm. 829

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