

Favourable outcome of de novo advanced phases of childhood chronic myeloid leukaemia

Frédéric Millot, Natacha Maledon, Joelle Guilhot, Adalet Meral Güneş, Krzysztof Kalwak, Meinolf Suttorp

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1 Favorable outcome of *de novo* advanced phases of childhood chronic myeloid leukemia. 2 3 Frédéric Millot¹, Natacha Maledon¹, Joelle Guilhot¹, Adalet Meral Güneş², Krzysztof 4 Kalwak³, Meinolf Suttorp⁴, 5 6 1 Inserm CIC 1402, University Hospital, Poitiers, France; 2 Department of Pediatric 7 8 Hematology, Uludağ University Hospital, Görükle Bursa, Turkey; 3 Department of Pediatric Hematology Oncology and Transplantation, Wroclaw Medical University, Wroclaw, Poland; 9 10 4 Medical Faculty, Department of Pediatric Hematology and Oncology, Technical University, 11 Dresden, Germany. 12 Corresponding author: Frédéric Millot, Inserm CIC 1402, 2 rue de la Miletrie, Poitiers, 13 France; Phone :33 (0)5 49 44 30 78; Fax : 33 (0)5 49 44 33 03 f.millot@chu-poitiers.fr 14 15 **Declarations of interest:** none 16 17 **Previous presentation:** Preliminary data was presented at the 59th Annual Meeting of the 18 American Society of Hematology, Atlanta, December 9-12, 2017 19 20 **Manuscript information:** 21 22 Word count: - abstract: 228 main text: 2679 23 24 References: 29 25 26 Number of Tables: 1 27 28 Number of Figures: 1 29 Number of Supplementary data: 1 30 31 **Key words:** 32 33 Chronic myeloid leukemia, imatinib, tyrosine kinase inhibitors, stem cell transplantation, 34 children 35

Abstract

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- 2 Background. Chronic myeloid leukemia is very rare in children. The aim of the study is to
- 3 report the experience within the I-CML-Ped study in children and adolescents presenting at
- 4 diagnosis with advanced phase disease and to describe their characteristics and outcomes.
- 5 Methods. Out of 479 children and adolescents enrolled in the International Registry for
- 6 Childhood Chronic Myeloid Leukemia (CML) (I-CML-Ped Study; www.clinicaltrials.gov
- 7 NCT01281735), 36 children (7.5%) presented at initial diagnosis with CML in advanced
- 8 phase according to the European LeukemiaNet criteria.
- 9 Results. Nineteen (4%) patients were diagnosed in accelerated (CML-AP) and among the 17
- patients (3.5%) diagnosed in blastic phase (CML-BP), 70% presented with lymphoid
- 11 immunophenotype. Initial treatment of CML-AP/CML-BP consisted of tyrosine kinase
- inhibitors (TKI) with or without chemotherapy leading to complete hematologic response in
- 13 33/36 (92%) patients. Seventeen patients proceeded to hematopoietic stem cell
- transplantation. At last follow-up 18/19 patients with *de novo* CML-AP are alive in at least
- major molecular response (MMR) (n=16), in progression (n=1) or in molecular relapse (n=1)
- and 13/17 patients with *de novo* CML-BP are alive in at least MMR. Five year overall
- 17 survival rates are 94% (95% confidence interval [CI]: 66%-99%) and 74% (95% CI: 44%-
- 18 89%) for patients diagnosed in CML-AP or CML-BP, respectively.
- 19 Conclusion. Children with advanced phase at diagnosis of CML seem to have a better
- survival rate than that reported for advanced phases evolving under TKI treatment

1. Introduction

- 2 Chronic myeloid leukemia (CML) is characterized by the translocation t(9;22) (q34;q11.2)
- 3 named the Philadelphia-chromosome (Ph) leading to the production of the oncogenic BCR-
- 4 ABL1 transcript. 1,2 In the absence of efficient treatment CML progresses from chronic phase
- 5 (CML-CP) to accelerated (CML-AP) and blastic phases (CML-BP).² CML usually presents as
- 6 CML-CP in adults whilst advanced phases at diagnosis represent 2.3 to 5.7% of the cases.
- 7 Only scant data are available regarding the outcome compared to advanced phases evolving
- 8 under treatment.^{3,4}
- 9 CML is very rare in children with an annual incidence of 1 and 2.2 cases per million in
- 10 children younger than 15 years and in adolescents between 15 and 19 years, respectively.⁵
- 11 Based on an international collaboration for collection of data, the International Registry of
- 12 CML in Children and Adolescents (I-CML-Ped Study; www.clinicaltrials.gov
- 13 NCT01281735) has provides unique and valuable data to better describe this disease in
- 14 pediatric cohorts.^{6,7} The increasing size of the registry now allows analysis of rare sub-
- cohorts of pediatric CML. The aim of the present study is to report the experience within the
- 16 I-CML-Ped study in children and adolescents presenting at diagnosis with advanced phase
- disease and to describe their characteristics and outcomes.

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2. Material and Methods

- 21 The I-CML-Ped Study was set up to assess epidemiology, management and outcome of CML
- 22 in children and adolescents. National pediatric study groups were invited to include newly
- 23 diagnosed patients less than 18 years with Ph-positive (Ph+) CML whatever the phase of the
- 24 disease diagnosed later than January 2000. Data were collected on standardized forms. Written
- 25 informed consent was obtained from the children and/or their guardians. The study is registered
- at www.clinicaltrials.gov as NCT01281735 and was open to recruitment in January 2011. From
- January 2011 to April 2017, 479 children and adolescents with CML from 14 countries have
- been registered. Among these 479 patients, 262 (55%) diagnosed in the time frame from 2000
- 29 until the end of 2010 were studied retrospectively while 217 (45%) diagnosed in the time frame
- 30 from 2011 until 2017 were studied prospectively. The phase of the disease was determined
- 31 according to the criteria of the European leukemiaNet (ELN) recommendations.⁸ The myeloid
- 32 or lymphoid immunophenotype was determined by flow cytometry for patients in blastic
- 33 phases.⁹

Chromosome G or Q banding analysis was performed on bone marrow metaphases as 1 previously reported. 10,11 In case of failure of the cytogenetic analysis, fluorescence in situ 2 hybridization (FISH) was used for the diagnosis of CML. 10 Determination of BCR-ABL1 3 transcript level in the blood was performed using quantitative RT-PCR as reported previously 4 and was expressed according to the International Scale (IS). 12 Conversion of local laboratory 5 6 BCR-ABL1 values to the International Scale was performed for assessment performed before 2006.12 7 BCR-ABL1 kinase domain mutation analysis was performed as previously reported. 13 8 Biological assessments were performed at local laboratories. Return to CML-CP under 9 treatment was defined as <15% blasts and < 30% blasts + promyelocytes in blood or bone 10 marrow and <20% basophils according to the ELN definition (8). A complete hematologic 11 response (CHR) required the normalization of platelet and white cell differential counts, less 12 than 5% blasts in bone marrow and absence of extramedullary involvement. Cytogenetic 13 responses and molecular responses were defined as reported previously.^{8,14} Major molecular 14 15 response (MMR), MR4 and MR4.5 were defined as a BCR-ABL/ABL ratio of <0.1%, <0.01% and <0.0032% according to the international scale (IS), respectively. ¹² For patients 16 17 achieving CML-CP and CHR after diagnosis of CML in advanced phase, relapse was defined 18 as reappearance of blasts in peripheral blood and 5% or more of blasts in bone marrow or 19 extramedullary disease. Overall survival was assessed from the diagnosis of advanced phase 20 until the date of death or last follow-up. Survival analysis was based on the Kaplan-Meier method.¹⁵ 21

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3. Results

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Among 479 children and adolescents registered (median age: 12.2 years, range: 0.8-18), 36 patients (7.5 %) were diagnosed in *de novo* advanced phases of CML. According to the date of diagnosis (before or after the opening of the registry in 2011) 20/36 children were studied retrospectively and 16/36 prospectively. The total number of patients with *de novo* CML-AP at onset of the disease was 19 (4%) including 11 patients initially notified as CML-CP by the local investigator who were reclassified according to the ELN criteria at the time of the present analysis and were upstaged from CML-CP to CML-AP (% of blasts equal or more than 15%: 4 patients; % of blasts + promyelocytes more than 30% with blasts less than 30%: 7 patients). Seventeen patients (3.5%) presented with CML-BP: lymphoid immunophenotype (13 patients), myeloid immunophenotype (3 patients) or unknown immunophenotype (1

patient). Six of them (35%) had extramedullary disease: leukaemia cutis (1 patient), lymph 1 nodes with blastic infiltration assessed by biopsy (1 patient), myeloid sarcoma (2 patients), 2 central nervous system disease (2 patients). The presence of extramedullary disease was the 3 4 sole criteria of blastic phase in 2 of these patients (patients #5 and #13, Supplementary data). 5 The main clinical and biological characteristics of the children in advanced phases at 6 diagnosis of CML are reported in Table 1. Only 27 out of 36 patients had an analysable 7 karyotype at diagnosis: additional chromosomal aberrations (ACA) beside the Ph+ 8 chromosome were observed in 3 (27%) of the 11 assessable patients in CML-AP. Among the 9 16 assessable patients in CML-BP, ACA and/or variant translocations were observed in 6 10 patients.

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Data on treatment and outcome are reported in detail in Supplementary Table. Considering the 19 patients in CML-AP, only one patient of the 8 patients non-upstaged from CML-CP to CML-AP received a second generation TKI as first line therapy according to the recommendation in children.¹⁴ Among these 19 patients, 17 achieved a CHR after first line treatment including 15 patients who received imatinib alone (nine of these patients received at least a second line of treatment because of loss of CHR (n=1), progression to lymphoid blastic phase (n=2) or myeloid blastic phase (n=1), loss of molecular response (n=2), no achievement of complete cytogenetic response (CCyR) (n=1), or because of the treating physicians' choice (n=2). All but one patient achieved a CHR within a median time of 3 months (range 1-8). Six patients proceeded to hematopoietic stem cell transplantation (HSCT) from an unrelated donor (n=1) or a sibling donor (n=5) with a median time of 8 months (range: 4-21) after initial diagnosis of CML-AP. Five of them were transplanted in CHR whilst the remaining patient was transplanted in myeloid blastic phase 3 months after transformation. The reason for HSCT was the occurrence of blastic phase in 2 patients, non-achievement of CCR (1 patient) and choice of the treating physician for the 3 remaining patients. With a median follow up of 36 months (range: 5 to 117) 5/6 transplanted children are in deep molecular response and one patient, who was transplanted in progression to lymphoid blastic phase, is in uncontrolled disease at last follow-up. Thirteen patients diagnosed with de novo CML-AP were not transplanted including 8 of the 11 patients who were initially notified as CML-CP and reclassified as CML-AP. Three events (loss of CHR, loss of molecular response and progression to lymphoblastic phase leading to the death of the patient) occurred in this cohort. Eleven patients are at least in MMR with a

median follow-up of 53 months (range, 14-114). We have limited data on the mutational

status of the BCR-ABL1 kinase domain before treatment and during therapy. No mutation was found when mutation analyses was performed in one patient who progressed to blastic phase (patient 3), in 2 slow responder patients (patients #15 and #19) and in one patient with a fluctuation of BCR-ABL1 transcript level without loss of MMR (patient #11). With a median follow-up of 4.3 years (range: 8 months to 13.8 years), the probability of 5-year overall survival (OS) of the patients in CML-AP at diagnosis was 94% (CI 95%: 65-99%) (Figure 1).

For the 17 patients with de novo CML-BP, first-line treatment consisted of imatinib (n=7) whilst 10 patients were treated according to the recommendations in children with a combination of chemotherapy with either imatinib or second generation TKI. 14 Sixteen out of 17 returned to CML-CP and achieved a CHR with a median time of 2 months (range, 1-4) while one patient did not respond (presence of F317L mutation). Eleven patients in CML-BP at diagnosis proceeded to HSCT with a median time of 7 months (range, 4-10 months) after diagnosis as recommended in children with CML-BP.¹⁴ Donors were HLA-fully matched, unrelated in 8 patients and sibling donors in 3 patients. Five of them were transplanted after first line treatment (TKI in combination with chemotherapy) and 6 patients received more than one line of therapy prior to transplantation because of non response (1 patient), toxicity (1 patient), no achievement of CCyR (2 patients) and relapse to blastic phase (2 patients). All of these patients were transplanted in chronic phase, CHR, CCyR or MMR. Relapse after HSCT occurred in 5/11 patients with a median time of 5 months (range, 3-17 months). With a median follow-up of 29 months (range, 5-108) after HSCT, 8 patients are alive in at least MMR and 3 patients died (progressive disease, n=2; uncontrolled graft-versus-host disease, n=1).

Six patients in CML-BP did not undergo HSCT. These patients achieved a CHR with 1 or 2 lines of treatment after a median time of 2 months (range, 2-3). One of them required a second line of treatment in order to achieve a MMR. Among these 6 patients, one patient died of relapse 7 months after diagnosis and the remaining 5 patients are alive in MMR or better response with a median follow up of 28 months (range, 16-78 months). Mutation analyses of the BCR-ABL 1 domain kinase was performed in 2 patients in CM-BP phase at diagnosis (T315I: patient #21; no mutation found: patient #23) (Supplementary data). In 5 patients with no response or loss of response or switched for toxicity of the treatment, domain kinase mutation analyses were performed: mutations were found in all of them (T315I: patient #20, F317L: patients #28 and #22, G250E: patient #24, and E279K: patient #27) (Supplementary data). With a median follow-up of 52 months (range, 7-113 months), the probability of 5-year OS of all patients in CML-BP at diagnosis was 74% (CI 95%: 44-89%) (Figure 1). For the

subgroup of the six non-transplanted patients the median follow-up is 25 months (range 7 – 78 months) with on patient dying from disease at month 7 (pt # 31, Supplementary data).

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4. Discussion

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This is the largest database analysis describing the characteristics and outcome of childhood CML presenting in advanced phase of the disease. According to the EUTOS registry, 94.3% of the adults presented in chronic phase at diagnosis of CML whilst the remaining 5.7 % presented in accelerated (3.5%) or blastic (2.2%) phase.⁴ A quite similar proportion is observed in children and adolescent according to the present study (4% and 3.5%, respectively). A predominance of myeloid immunophenotype is observed in adults evolving from chronic to blastic phase under treatment. 16,17 By contrast to adults with CML we previously observed a majority of lymphoid blast crisis in 21 children in CML-CP at initial diagnosis who transformed under TKI treatment from this CML-CP status. 18 Unfortunately data regarding the immunophenotype is lacking in the rare series of adults who presented as de novo CML-BP. 16,19,20 In the present pediatric cohort the lymphoid immunophenotype was predominantly observed (76%) in *de novo* blastic phase. We cannot exclude the possibility that some patients presented with a Ph+ acute lymphoblastic leukemia rather than in de novo CML-BP with a lymphoid immunophenotype. In patients with Ph+ lymphoid blasts, the detection of the BCR-ABL1 rearrangement in granulocytes by the interphase-FISH technique was recently reported as a helpful decisive tool to prove the myeloid origin of the malignant clone and could be used prospectively.²¹ The proportion of children (35%) in the present cohort with extramedullary disease seems to be higher than in the adult population. 16,22 This may in part be explained by the higher frequency of lymphoid blast crisis in the present cohort with a propensity of central nervous system disease. Presentation with advanced stage of CML at diagnosis must be separated from CML-AP and CML-BP evolving under treatment. Dismal outcome is reported in adults treated after progression from CML-CP with a median survival in the range of 6 to 37 months and less than 12 months for patients with CML-AP and CML-BP, respectively. 17,19,22,23 HSCT can significantly improve the survival of some of these patients in advanced phases compared to TKI treatment alone. ^{24,25} Patients exhibiting a myeloid immunophenotype of CML-BP appear to have inferior survival compared with patients exhibiting the lymphoid immunophenotype but this remains controversial in the adult population. 16,22,26,27 We previously reported an

overall survival rate of 41% at 60 months in 21 children receiving imatinib for CP-CML who 1 progressed to predominant lymphoid blastic phase. 18 2 Most of adult studies reported on advanced phases as events occurring in pretreated patients 3 diagnosed in chronic phase with only a limited proportion (15 to 20%) of de novo CML-AP or 4 CML-BP. 16,19,22,23 Interestingly, patients with *de novo* CML-AP or CML-BP seem to have 5 6 better overall survival compared with patients who transformed from CML-CP or CML-AP. ^{19,20,28} In one of these studies, Geelen et al reported on a cohort of 15 adult patients who 7 presented in advanced phase (8 CML-CP and 7 CML-BP) with a 5-year overall survival rates 8 of 38% and 57%, respectively. Ohanian et al reported an overall survival of 87 % and 95% 9 at 36 months in 51 adult patients with de novo CML-AP treated with imatinib or second 10 generation TKI, respectively.²⁸ In another cohort of 71 adults with de novo CML-BP, the 5-11 year overall survival rate was 34%. 19 The good survival rates of pediatric patients with de 12 13 novo CML-AP are consistent with these findings. This analysis raised the question of compliance to our published recommendations: second 14 15 generation tyrosine TKI as first line therapy followed by HSCT in case of an available sibling 16 donor for children with AP-CML, second generation TKI in combination with chemotherapy followed by HSCT with a sibling or an alternative donor for children with BP-CML).¹⁴ 17 However, it must be kept in mind that this publication came out in the year 2014 and thus 18 19 could not be followed in the majority of patients analyzed in our cohort. Most of our patients 20 in advanced phase were treated upfront with TKIs alone (17/19 patients with CML-AP and 21 7/17 with CML-BP) with objective responses. Interestingly, a high rate of patients (17/19 of 22 the patients with CML-AP and 16/17 of the patients with CML-BP) achieved a CHR with the 23 first line of treatment including TKIs. Moreover, a high proportion of non-transplanted patients (11/13 of the patients with CML-AP and 5/6 of the patients in CML-BP) are alive 24 25 with a notable follow-up including one patient treated for a myeloblastic phase at diagnosis 26 being alive in MMR with a follow-up of 28 months without HSCT. Among the 4 alive 27 patients of a recently published cohort of 10 adults with myeloid blastic phase at presentation of CML, one patient is alive without transplantation with a follow up of 43.6 months (29) 28 29 Early HSCT could be avoided in some children with advanced phase at diagnosis and restricted to second or third line of treatment. However, because of the limited number of 30 pediatric cases, further data collection is needed to determine the optimal treatment of 31

advanced phases at diagnosis of CML in children and adolescents.

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5. Conclusion

- 2 A quite similar frequency of advanced phase at diagnosis of CML is observed in children and
- 3 in adults. By contrast to the adult population, a predominance of a lymphoid
- 4 immunophenotype is observed in pediatric patients with de novo CML-BP. The outcome of
- 5 children and adolescents in advanced phase at diagnosis seems to be favorable even without
- 6 HSCT in some cases. Upfront treatment recommendations for newly diagnosed CML-AP and
- 7 CML-BP in pediatric patients are based on TKI but the optimal treatment remains to be
- 8 determined. Keeping in mind the small number of pediatric cases analyzed in this study,
- 9 treatment approaches for advanced phases of CML diagnosed de novo in children might be
- different from progress of the disease under upfront TKI treatment.

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25 Appendix A. Supplementary data

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Table 1: Clinical and biological characteristics of the children with accelerated phases and blastic phases at diagnosis of chronic myeloid leukaemia

Characteristics	Accelerated Phase (n=19)	Blastic Phase (n=17)
Age: median, years (range)	12.7 (3-18)	11.1 (5-17)
Sex: Female, (%) Male, (%)	7 (37) 12 (63)	6 (35) 11 (65)
Splenomegaly (%) Median (cm) below the costal margin (n=16; n=11 respectively)	18 (95%) 9 (1-20)	13 (76%) 9,5 (4-20)
Leukocytes (10 /L)	269 (5-657)	295 (37-653)
Hemoglobin (g/dL)	8.7 (5,1-11,5)	7.4 (2,2-12,3)
Blasts in blood (%)	6 (0-23,5)	32 (0-84)
Blasts in bone marrow (%)	7 (0-28)	48 (0-96)
Imnunophenotype lymphoid myeloid unknown	-	13 (76%) 3(18%) 1(6%)
Cytogenetics additional cytogenetic abnormalities and/or variant translocation (%)	3/11* (27%)	6/16* (37.5%)
Transcript/protein b2a2 b3a2 Others p210 unknonw Extramedullary disease (%)	3 (16%) 4 (21%) 0 8 (42%) 4 (21%)	6 (36%) 5 (28%) 3 (18%) 3 (18%) 0 6 (35%) leukaemia cutis (n=1)
		lymph nodes (n=1) myeloid sarcoma (n=2) central nervous system disease (n=2)

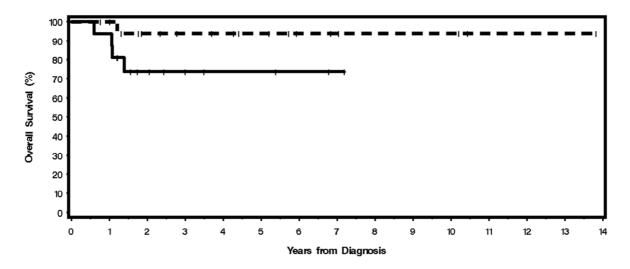


Figure 1 Overall survival curve of the children and adolescents in accelerated phase (doted line) and in blastic phase (solid line) at initial diagnosis of chronic myeloid leukemia