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1	Risk factors for early and late mortality following complex aneurysm repair with F-
2	BEVAR
3	
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18	
19	Conflict of Interest:
20	SH, is a consultant for Cook Medical, GE Healthcare, and Bentley.
21	
22	Key words: aorta, aneurysm, endovascular repair, fenestrated

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- 2 San Diego, CA.

1 ABSTRACT

2

3 Background: To evaluate outcomes following fenestrated and branched endovascular repair (F-4 BEVAR) performed in high-risk patients to treat para-renal (PR) and thoracoabdominal (TAAA) 5 aneurysms, and to identify those patients likely to benefit from this treatment. 6 Methods: A prospective single-centre review of patients treated electively for PR and TAAA 7 repair using F-BEVAR between 2004 and 2016 was performed. Survival was estimated utilizing 8 the Kaplan-Meier method. Risk factors associated with 30-day mortality and mortality during 9 follow-up where determined using multivariate statistical techniques and a Cox regression model 10 including all variables that were significant on univariate analysis (p < 0.05). 11 **Results**: 468 patients (median age 71.6 years) were identified with American Society for 12 Anaesthesiology score ≥ 3 in 94.7 %. There were 221 (47.2%) type 1-3 TAAA and 247 (52.8%) 13 Type 4, 5 and PR aneurysms, with a median diameter of 58 mm. Technical success for target 14 vessel stenting was 99.1 % (1493/1506). The 30-day mortality rate was 4.9% (23 patients). The 15 spinal cord ischemia rate was 3.8% (18 patients). Twenty patients (4.3%) required postoperative 16 dialysis and four patients (0.8%) long-term dialysis after discharge. Median follow-up was 29 17 months. Survival at one, three and five years was 86.7% (IC95% = 83.1 - 89.6), 73.3% (IC95% 18 = 68.3 - 77.6) and 59.6% (IC95% = 53.4 - 65.2) respectively. Freedom from any target vessel 19 occlusion and from secondary procedures were 96.2% (IC95% = 93.8 - 97.7) and 88.2% (IC95% 20 = 84.8 - 90.9) at one year, and 90.0% (IC95% = 84.5 - 91.9) and 70.2% (IC95% = 63.9 - 75.6) 21 at five years respectively. In multivariate analysis, early mortality was associated with procedure 22 time (HR=1.007 per minute; IC95% = 1.003 - 1.010; p < 0.001), TAAA pre-operative diameter 23 (HR = 1.053 per mm; IC95% = 1.020 - 1.087; p = 0.001) and chronic kidney disease (CKD)

1	(HR = 3.139; IC95% = 1.369 - 7.196; p = 0.007). Mortality during the first 24 months of
2	follow-up was associated with Crawford type I-III (HR = 1.526 ; IC95% = $1.061 - 2.196$; p =
3	0.023) as compared with infra diaphragmatic repairs, CKD (HR = 1.874 ; IC95% = $1.294 - 1.000$
4	2.712; p <0.001) and TAAA pre-operative diameter (HR = 1.027 per mm; IC95% = $1.010 - 100$
5	1.044; $p = 0.002$). In addition to the previous risk factors, mortality after 24 months of follow-up
6	was also associated with age at repair (HR = 1.055 per year; IC95% = $1.021 - 1.090$; p = 0.001).
7	
Q	Conclusion : E REVAR performed in high risk patients is associated with favourable outcomes

- **Conclusion**: F-BEVAR performed in high risk patients is associated with favourable outcomes.
- 9 Judicious patient selection should take into consideration the reported risk factors associated with
- 10 early and late mortality.

INTRODUCTION:

4	Fenestrated and branch endografts have been progressively utilized to treat complex aneurysms
5	involving visceral and renal arteries. The technique has matured, and the use of fenestrated and
6	branched endovascular repair (F-BEVAR) has evolved for the treatment of varieties of complex
7	anatomical aneurysms. F-BEVAR has been shown to be safe and effective with high technical
8	success and low mortality rates as reported in large series specialized centers. ¹⁻⁶
9	Although open remains standard of care in most centers, it is associated with high morbidity and
10	mortality rates and remains an excessive challenge in high risk patients. Contemporary F-
11	BEVAR has emerged as a promising modality in this patient population. ⁷⁻¹⁰
12	Prospective analysis of a large standard EVAR database identifies a number of factors associated
13	with peri-operative mortality. These include age, a history of congestive heart failure, aneurysm
14	diameter at treatment, and chronic renal insufficiency. ¹¹ To date, the limited populations
15	reported for F-BEVAR make it difficult to draw or refute equivalent conclusions. The
16	identification of these risk factors is paramount to the development of selection criteria and
17	management strategies for patients offered F-BEVAR.
18	
19	This study presents a single center experience of 468 high-risk patients and is intended to shed

light on the short and long-term outcomes after F-BEVAR and to elucidate factors that predict
poor outcomes in this fragile population.

2 MATERIAL AND METHODS

3

4 **Study population**

5 The study was conducted as a retrospective analysis of prospectively collected data at the Aortic 6 Center of CHU Lille, France. All patients with para-renal (PR, including AAA with necks 7 <10mm long, juxta renal aneurysms, and aneurysms with no normal aorta between upper extent 8 of aneurysm and renal arteries) or thoracoabdominal (TAAA) aneurysms who underwent 9 endovascular aneurysm repair with branched (BEVAR) or fenestrated (FEVAR) devices between 10 October 2004 and December 2016 were included. The indication for PR or TAAA aneurysm 11 repair was a maximum aneurysm diameter ≥ 50 mm or a rapidly expanding aneurysm (> 10 12 mm/year). F-BEVAR was restricted to elective cases because of the delay required to design and 13 manufacture these custom-made devices (CMD). Aneurysms were classified according to the 14 extent of aortic stent graft coverage into categories TAAA Crawford type 1 to 5 and PR 15 aneurysm. All patients signed pre-operative informed consent for the collection of their data in 16 our study database and for the future use of these data for scientific research. The choice between 17 open and endovascular repair of complex aneurysms was made during a weekly 18 multidisciplinary Aortic conference involving vascular and cardiac surgeons, cardiologists, 19 radiologists and anaesthetists. This retrospective study was undertaken as a clinical audit 20 according to our centres' local regulations. IRB approval was not required. 21 22 Pre-operative variables collected included demographics, co-morbidities and cardiovascular risk

23 factors, cardiovascular drug intake, previous aortic surgery, maximum aortic diameter and the

1 presence of Marfan's syndrome or previous aortic dissection. Chronic kidney disease (CKD)

- 2 was defined as an estimated glomerular filtration rate (eGFR) less than 60 ml min $^{-1}$.
- 3

4 Eligibility for endovascular repair and device design

5 Anatomical suitability for endovascular repair was determined by the treating surgeon during a 6 dedicated planning meeting. Images from high-resolution thin-sliced CTA were analysed using 7 TeraRecon AquariusNet (TeraRecon, San Mateo, CA, USA). All procedures were performed 8 with custom-made (CMD) fenestrated or branched devices, or with off-the-shelf branched 9 devices (Zenith t-Branch), all of which were manufactured by Cook Medical (Bloomington, 10 IND, USA). The choice between a fenestrated, branched, or mixed graft was based on aortic and 11 target vessel morphology, including the extent of the aneurysm and the diameter of the aortic 12 lumen at the level of the visceral vessels.

13

14 Bridging stent configurations were selected during the planning meetings with consideration of 15 the type of endograft and the morphology of the target vessel lumen, including diameter and 16 distance from the ostium to the first major branch. Fenestrations were aligned with balloonexpandable covered stents such as the Advanta V12[®] (Atrium Medical, Maguet, New Hampshire, 17 USA) and the second generation BeGraft Peripheral Stent Graft[®] (Bentley InnoMed GmbH, 18 19 Hechingen, Germany) the latter after October 2015. Branches were aligned with self-expandable covered stents such as the Fluency[®] Vascular Stent Graft (Bard, Tempe, USA), with distal 20 relining with a self-expandable bare-metal stent such as the E-Luminexx[®] Endovascular Stent 21 22 (Bard, Tempe, USA).

Late target vessel instability was defined as a composite outcome including target vessel
 occlusion and target vessel reintervention during follow-up.

3

4 **Procedures**

Procedures were initially performed in a standard operating room with a mobile C-arm (GE
Healthcare, Buc, France). After October 2012, all interventions were performed in a dedicated
hybrid operating room using the Discovery IGS 730 module (GE Healthcare, Buc, France).
Radiation exposure was minimized in accordance to the ALARP principle, including the use of
fusion images, shielding, collimation, low-dose settings, and digital zoom instead of actual
magnification.

11

Procedures were performed under general or spinal anesthesia. Preventive measures for spinal cord ischemia (post-operative paraparesis or paraplegia) were implemented according to a standardized protocol. Spinal cord protection with cerebrospinal fluid (CSF) drainage was used in type 1-3 TAAA. ¹² Most spinal drains were inserted the day before the intervention. Additional preventive measures included early limb reperfusion during surgery, permissive hypertension (target mean arterial pressure of 90mmHg) and liberal transfusion in cases of postoperative hemoglobin < 10g/dl.</p>

19

The decision to perform percutaneous transfemoral access or surgical cutdown was based on the patient's body habitus, the localization of the femoral bifurcation and the quality of the vessel on preoperative CTA. In cases of percutaneous approach, two 6F Perclose ProGlide[®] Suture-Mediated Closure Systems (Abbott Vascular, Ill, USA) were used per punctured artery.

2 Follow-up

3 Post-operative 3D imaging before discharge was performed in all patients, either by early post-4 operative multi-detector computer tomography (MDCT) scans or by peri-operative Cone Bean 5 computer tomography (CBCT). Duplex ultrasound (mostly contrast enhanced) was performed in 6 all patients before discharge. Clinical and radiological follow-up was organized at 6, 12, 18 and 7 24 month intervals and yearly thereafter. MDCT scans, duplex ultrasound, plain radiographs and 8 eGFR assessments were obtained. 9 10 Cause of late death was determined from verbal or written communication with the treating 11 doctor at the time of death. 12 Post-operative diagnosis of acute renal failure (ARF) was defined as a decrease in estimated 13 14 glomerular filtration rate (eGFR) of more than 25 %, based on the RIFLE classification using 15 eGFR evaluated during the first 72 hours after the procedure. Severe acute renal failure was 16 defined as more than 50 % decrease in eGFR. 17 18 **Statistical analysis** 19 Data were collected in a prospective database with retrospective analyses using SAS software v 9.4 (SAS Institute Inc., Cary, NC, USA). Continuous variables were expressed as median with 20 their 25th and 75th percentiles. Categorical variables were presented as absolute numbers and 21

22 percentages.

1	Population means were compared using Student's t tests or Mann Whitney U tests (according to
2	normality assessed by the Shapiro-Wilk test in case of small sample sizes) and using the chi-
3	square test of Fisher's test, as appropriate, for proportions of a categorical variable.
4	Predictive factors for early and late mortality were identified with multivariate Cox analysis.
5	Patients with peri-operative mortality were excluded from late mortality analysis.
6	The linear relationship between the outcome and a continuous covariate and proportional hazard
7	assumption were tested by supremum tests. In case of a non-linear relationship, the continuous
8	variable was dichotomized, the cut-off value being visually established and minimizing
9	Schwarz's Bayesian Criterion. If proportional hazard assumption was not respected, a piecewise
10	model was used to model the hazard ratio (HR) as a step function of time, the cut-off value being
11	visually established.
12	The multivariate model was built by first including all predictors and then using different
13	backward selection to reduce the model.
14	A two-tailed type I error rate of 0.05 was considered for statistical significance.
15	

1 **RESULTS**

2

3

A total of 468 consecutive patients were treated with FEVAR or BEVAR from October 21st 2004 4 to December 31st 2016, including 441 males (94.2%) and 27 females (5.8%). Median age was 5 6 71.6 (65; 77) years, including 59 octogenarians (12.6 %). 7 Clinical and anatomical characteristics are listed in Table I. American Society for 8 Anaesthesiology score was ≥ 3 in 443 patients (94.7 %). Coronary artery disease (CAD) was 9 identified in 209 patients (44.7%), chronic obstructive pulmonary disease (COPD) in 172 10 patients (36.7%) and chronic kidney disease (CKD) in 112 patients (23.9%), including 3 11 dialysis-dependent patients (0.6%). One hundred and twenty-seven patients (27.1%) had prior 12 aortic surgery.

Patients and aneurysms characteristics

- 13 Aneurysm classification according to aortic coverage was TAAA type I-II-III in 221 cases (47.2
- 14 %) and TAAA type IV, V and PR in 247 cases (52.8 %). Post-dissection aneurysm repair was
- 15 performed in 21 cases (4.5 %). Median maximum aortic diameter was 58 mm (53.75; 64).

16

17 Stent graft design and adjunct devices

- 18 Device specific details are outlined in Table II. Devices with fenestrations only, branches only,
- and a combination of both were used in respectively 375 (80.1 %), 43 (9.2 %) and 50 (10.7%) of
- 20 patients. A total of 1519 fenestrations or branches were designed with a mean of 3.2 ± 0.9
- vessels per device. In addition, one hundred and ninety-four scallops were incorporated in 189
 devices (40.4%).

Adjunct distal devices included bifurcated stentgrafts in 353 patients (75.4 %), mono-iliac grafts in 7 patients (1.5 %) and internal iliac branch devices in 12 patients (2.6 %). Thoracic endografts were used in 92 patients (19.7 %) during the same procedure and in 11 patients (2.3 %) during a first-stage procedure. In 1 case (0.2%) a simultaneous left carotid to subclavian transposition was performed, and in 12 cases (2.6%) during a first-stage procedure. One patient had a transcatheter aortic valve implantation (TAVI) during the same procedure.

7

8 **Procedure details**

9 Table III shows the procedural details. In one patient (0.2 %) an occluded left iliac artery was
10 recanalized prior to inserting the endograft.

11 Nine target vessels (9/1519, 0.6 %) were occluded at initiation of the procedure, and therefore 12 catheterization was not attempted. These vessels included 6/233 celiac arteries (2.6 %), 2/445 13 right renal arteries (0.4 %) and 1/446 left renal arteries (0.2 %). All those vessels had severe 14 stenosis depicted on the pre-operative CT scan. The fenestration or branch designed for those 15 target vessels was plugged during the same procedure in 3 patients; no additional maneuvers 16 were performed in 5/6 celiac arteries fenestrations located at the top of the endograft, and the left 17 renal artery fenestration was plugged during a secondary procedure. Three other target vessels, 18 both renal arteries and the superior mesenteric arteries were not stented because the patient died 19 from aneurysm rupture before the device was implanted. 20 Taking into account the 1507 target vessels that were eligible for catheterization and stenting,

21 technical success of target vessel stenting was 99.1% (1494/1507). Failure to catheterize and

stent a target vessel occurred in 2 right renal arteries (0.5 %), 1 left renal artery (0.2 %), 9 celiac

arteries (4.0%) and 1 accessory renal artery. In 1 patient with preoperative CKD in whom we

failed to access the right renal artery, an immediate ilio-renal bypass was performed to reduce the
risk of postoperative dialysis.

Additional target vessel ballooning or stenting was performed in 29 patients (6.2%) because of
target vessel or bridging stent kinking, dissections or ruptures, and in 27 patients (5.8%) because
of endoleaks.

6

One patient (0.2%) developed hemodynamic instability just after device insertion. Aortography
showed aortic rupture. The patient died during surgery despite urgent laparotomy for

9 hemostasis. Three other patients (0.6%) needed conversion because of arterial or venous iliac

10 bleeding and in 1 case an external iliac artery rupture was treated by covered stenting.

11 Conversion from a bifurcated aortic endograft to a mono-iliac endograft with a femorofemoral

12 crossover graft was performed in 3 cases (0.6%).

13

14 Early morbidity and mortality

15 The 30-day mortality rate was 4.9% (23 patients) and early complications occurred in 267

16 patients (57.1%). These are listed in Table IV.

17 The most common complication was acute renal failure, which was diagnosed in 109 patients

18 (23.3%), 85 patients (38%) with type I-III TAAA and 24 (9.7%) in the rest of the cohort. The

19 majority of acute renal failures were limited to RIFLE stage 1 (12.4 %). Severe acute renal

20 failure (> 50 % decrease in estimated glomerular filtration rate) appeared in 51 patients (10.9%).

21 Twenty patients (4.3%) required postoperative dialysis (17 patients (7.7%) with type I-III TAAA

and 3 (1.2%) in the rest of the cohort), and 4 (0.8%) needed long-term dialysis after discharge.

Eighteen patients (3.8%) suffered from spinal cord ischemia. Half of the episodes occurred less
than 24 hours after surgery. In 4 patients with delayed (>24 hours) spinal cord ischaemia, there
was complete recovery, 3 patients had partial improvement (2 with early and one with delayed
onset) and 11 patients had no improvement of symptoms. Spinal cord ischaemia rate was
diagnosed in 17 patients (7.6%) with type I-III TAAA and 1 patient (0.04%) with PR and type
IV TAAA.

7

8	Early occlusion was diagnosed in $10/1494$ of the stented target vessels (0.7 %). Percutaneous
9	recanalization was performed in 1 patient with RRA occlusion and 3 patients with LRA
10	occlusion. All 3 patients with early SMA occlusion underwent urgent re-intervention, including
11	1 endovascular SMA recanalization, 1 laparotomy for bowel resection and 1 endovascular
12	recanalization in combination with laparotomy for bowel resection.
13	
14	Late outcome (>30 days): target vessel occlusions, endoleaks, sac changes, limb occlusions.
15	Median follow up was 29 months (8.7; 51,1). Six patients (1.3%) were lost to follow-up after
16	discharge (five of those 6 patients live abroad).
17	There were 126 late deaths (29.5 %), including 90 non-aortic related, 11 aortic-related, and 25
18	undetermined causes (Table V). Estimated survival at one, three and five years was 86.7% (95%

19 CI = 83.1 – 89.6), 73.3% (95% CI = 68.3 – 77.6), and 59.6% (95% CI = 53.4 – 65.2)

20 respectively. Survival curves according to type of aneurysm (type 1-2-3 versus 4-5 and

21 pararenals) are shown in Figure 1.

22

23 Late target vessel occlusion and late target vessel instability:

1	Late occlusion was diagnosed in 30/1351 stented target vessels (2.2 %) in 22/424 patients
2	(5.2%), including 11 right renal arteries (2.7%), 9 left renal arteries (2.2%), 4 superior
3	mesenteric arteries (1.2 %,), 4 celiac arteries (2.1%), and 2 accessory renal and other
4	fenestrations (10%). Eighteen patients (4.2%) had 1 target vessel occlusion, 2 patients (0.5%)
5	had 2 target vessel occlusions, and 2 patients (0.5 %) had 3 target vessel occlusions. During
6	follow-up, six patients (1.4%) underwent 8 reinterventions, including 5 target vessel
7	recanalizations, 1 bilateral ilio-renal bypass, 1 open embolectomy and 1 laparotomy for bowel
8	resection in combination with percutaneous target vessel revascularization. Branch occlusion
9	during follow-up resulted in permanent dialysis in 5 patients.
10	Freedom from late target vessel occlusion at 1, 3 and 5 years was respectively 97.7 % (95 % $CI =$
11	95.6 - 98.8), $93.9 (95 % CI = 90.5 - 96.1)$ and $92.3 (95 % CI = 88.4 - 94.6)$.
12	Freedom from target vessel occlusion and from late target vessel instability are reported figure 2
13	and 3.
14	
15	Endoleaks and sac changes during follow-up

16 Clinical data on endoleaks, sac changes and limb occlusions during follow-up (> 30 days) were 17 obtained for 402 patients. Endoleaks during follow-up were identified in 118 patients by CTA or 18 color duplex ultrasound. Ninety-eight patients had 1 endoleak, whereas 17 patients had 2 19 different endoleaks and 5 patients had 3 different endoleaks. Type 1a, 1b and 1c endoleaks were 20 diagnosed in respectively 10, 13 and 3 patients. Ninety-one patients had a type 2 endoleak. 21 Twenty-six patients were identified with a total of 29 type 3 endoleaks.

shrinkage (> 5 mm) occurred in 218 patients (54.2 %) and sac enlargement was seen in 38
patients (9.4 %). One hundred and forty-six patients had stable diameters (36.3 %). Treatment of
endoleak types I and/or III was performed during follow-up in respectively 5/218 (2.3%), 17/38
(44.7%), and 8/146 (5.5%) of the patients in the sac shrinkage, sac enlargement, and stable
groups respectively.

7

1

8 Limb occlusion was identified in 6 patients during follow-up. One additional patient was

9 diagnosed with full bifurcated graft thrombosis including both iliac limbs. Surgical intervention

10 was performed in all patients, except 1 patient with unilateral asymptomatic limb occlusion.

11

12 Secondary interventions

A list of early and late reinterventions is displayed in Table VI. A total of 130 re-interventions
were performed in 99 (21.2 %) of 467 patients, excluding the one patient that died during
surgery. Ninety-two interventions are classified as aortic procedures versus 35 non-aortic
procedures. Three interventions were combined aortic and non-aortic interventions, i.e. 2
laparotomies for bowel resection in combination with percutaneous target vessel
revascularization and 1 type 1b endoleak treatment in combination with a crossover bypass for
lower limb ischemia.

Freedom from secondary intervention at 1, 3 and 5 years were 88.2 % (95 % CI = 84.8-90.9),
78.8 (95% CI = 74.0 - 82.8) and 70.2 % (95% CI = 63.9 - 75.6) (Figure 4).

1 Predictive factors for 30-day mortality

17

2	Predictive factors for early mortality according to univariate and multivariate analysis are listed
3	respectively in Table VII and Table VIII. According to univariate analysis, age (HR= 1.079 per
4	year; 95% CI = 1.19 – 1.143; p = 0.009), male gender (HR = 4.742; 95% CI = 1.760 – 12.774; p
5	= 0.002), maximum pre-operative an eurysm diameter (HR = 1.054 per mm; 95 % CI = 1.024 –
6	1.085; p < 0.001), chronic kidney disease (HR = 3.055; 95% CI = 1.348-6.923; p = 0.007),
7	procedure time (HR = 1.007 per minute; 95 % CI = $1.004 - 1.010$; p < 0.001), spinal cord
8	ischemia (HR = 5.567; 95 % CI = 1.893 – 16.367; p= 0.002) and ASA score 4 (HR = 0.175; 95%
9	CI 0.065 – 0.47; p 0.001) were significant risk factors for 30-day mortality. Multiple logistic
10	regression analysis confirmed a significant association between 30-day mortality and chronic
11	kidney disease (HR = 3.139; 95 % CI = 1.369 – 7.196; p = 0.007), procedure time (HR = 1.007
12	per minute; 95 % CI = $1.003 - 1.010$; p < 0.001) and an eurysm diameter (HR = 1.053 per mm;
13	95 % CI = 1.020 – 1.087; p = 0.001).
14	
15	Predictive factors for late mortality
16	Maximum pre-operative an eurysm diameter (HR = 1.029 per mm; 95 % CI = $1.013 - 1.046$; p =
17	0.001), chronic kidney disease (HR = 1.903; 95 % CI = 1.315 – 2.752; p = 0.001), procedure
18	time (HR = 1.003 per minute; 95 % CI = $1.001 - 1.005$; p = 0.015), spinal cord ischemia (HR =
19	2.410; 95 % CI = $1.173 - 4.953$; p = 0.017) and type 1-2-3 TAAA (HR = 1.698 ; 95 % CI = 1.185
20	-2.432; p = 0.004) are significant risk factors for late mortality according to univariate analysis.
21	Age is another significant risk factor for late mortality, but the effect is time-dependent. Up to 24
22	months after surgery, age is not a significant predictive factor (HR = 1.004 per year; 95 % CI =
23	0.971 - 1.039; p = 0.815), whereas after 24 months of follow-up, age becomes a significant risk

1	factor (HR = 1.052 per year; 95 % CI = $1.019 - 1.087$; p = 0.002). Multivariate logistic
2	regression analysis confirms this variable effect of age on late mortality, with age being an
3	independent risk factor for late mortality only after 24 months after surgery ($HR = 1.055$ per
4	year, 95 % CI 1.021 – 1.090; $p = 0.001$). In contrast, Crawford type 1-2-3 TAAA, chronic
5	kidney disease and maximum preoperative aneurysm diameter are all significant independent
6	risk factors for late mortality before and after 24 months of follow-up.

1 **DISCUSSION**

2

3 The current study represents early and late results of a large consecutive series at a single centre 4 of F-BEVAR for complex aortic aneurysms. With the majority (94.7%) of patients having an 5 ASA score of 3 or above with significant co-morbidities; this cohort characterises outcomes of 6 high risk patients reflecting pragmatic clinical practice conditions. Our findings suggest that F-7 BEVAR can be performed in high risk patients with excellent technical success (99.1%), low 30-8 day mortality rate (4.9%), low rates of spinal cord ischemia and permanent dialysis, and freedom 9 from target vessel occlusion that extends to 5 years (92.3%). Furthermore, our results confirm 10 that early mortality was associated with preoperative TAAA diameter and CKD among 11 additional factors. Long term mortality at 24 months continued to demonstrate the association of these factors and also included Crawford Type I-III TAAA as a significant risk factor. 12 13

14 30 day mortality rates have been reported between 3.7% to 8.9% in series examining patients with PR and TAAA aneurysms.^{13 2,14,15} Despite offering F-BEVAR only to patients that were 15 16 denied open surgical repair, these outcomes are similar. This also compares favourably to 17 perioperative mortality rates of 5 % to 8.7% in series of open surgical repair of similar anatomical aneurysms.^{7 16-18} Baseline CKD has been strongly predictive of perioperative 18 19 mortality in standard EVAR and continues to be a significant risk factor for patients undergoing F-BEVAR.¹¹ Furthermore, procedure time and aneurysm diameter are also associated with early 20 21 mortality. These outcomes reflect technical factors related to the complexity of repair. With the 22 evolution of experience, our standard approach includes the use of a preloaded system when 23 performing F-BEVAR. Two 6 French sheaths are positioned in the ipsilateral main delivery

1 system to create a stable platform to cannulate branches and provide access to branches from the 2 ipsilateral side. The contralateral access site is utilized only for the SMA and celiac. This method 3 both reduces procedure time and also limits limb and pelvic ischemia by allowing perfusion past 4 the relatively smaller access sheathes. Moreover, in order to contain procedure time, and to 5 avoid access via the supra aortic trunks (and thus reduce the risk of stroke), wherever possible 6 we limit branched grafts for the treatment of type II TAAA repairs. With experience (especially 7 since steerable sheaths became available) we have found that most type I and III TAAA can be 8 treated with fenestrated grafts if the aortic lumen at the origin of the visceral vessels is not 9 excessive (i.e. if the fenestration can be positioned within 10mm of the aortic wall). In the 10 reported cohort, branches were utilized in 42% of type I-III TAAA repairs.

11

As it is a relatively newly adopted technique, there are few large published F-BEVAR series with 12 13 long term survival data. Despite losing 8.8% of our series follow up, our five-year estimated 14 survival rate was 59.6%. This is in line with other series that describe similar high-risk cohorts with a 58% to 60% survival rate.^{3 1} The majority of late deaths are attributed to non-device, non-15 16 aortic related causes in keeping with the natural history of the patients that comprise the cohort. 17 There were few aortic-related deaths, including four that were secondary to late aortic rupture. 18 As aneurysm rupture remains the largest contributor to aneurysm related mortality in standard 19 EVAR at 8 years, longer follow-up is required to determine whether the low late aneurysmrelated mortality in the F-BEVAR group persists beyond 5 years.¹⁹ Both CKD and aneurysm 20 diameter remain significant predictors of long term, non-aortic mortality. In addition, patients 21 22 with Crawford Type I-III aneurysms do worse than those with type IV-VI TAAA aneurysms. We 23 suggest that these patients reflect more extensive underlying pathology and/or technical

1 demands, and a greater risk of SCI.

2 Somewhat surprisingly, patient age at the time of repair becomes predictive of late non-aortic

- 3 mortality only beyond 24 months post-operatively.
- 4

5 In keeping with our previously published F-BEVAR series, the majority of target visceral vessels are successfully stented at the time of initial procedure (99.1%).² The stenting of target visceral 6 7 vessels has become standard practice in order to align fenestrations, avoid target vessel occlusion 8 and provide seal. Covered stents are recommended for bridging due to their resistance to 9 intimal hyperplasia, improved patency rates, and need to seal the fenestration or branch in 10 order to avoid endoleaks. Target vessel patency has been reported to be between 84%-93.3% at 5 years which compares favourably to our rate at 92.3%.^{3 4,20} Recent work on branch instability 11 12 has highlighted the importance of this indicator as a comprehensive evaluator of target vessels. 13 Oderich et. al. report a freedom of branch instability of 93% at 1 year which is comparable to our rate at the same follow up (96%).⁵ Furthermore, the freedom from late 5-year target instability 14 15 was 83% - a modest improvement (70% at 5 years) from the comparable cohort from Mastracci et. al.²⁰ This may be attributed to that groups' practice evolving from uncovered to covered 16 17 stents during the study follow up, whereas our study utilized covered stents exclusively. 18

19 This strength of this study lies in the large cohort of prospectively collected patient data, 20 extensive follow up, and systematic approach to pre-operative planning, execution, and 21 surveillance. Nonetheless, important limitations should be highlighted. This study is a 22 comprehensive review of a 12-year period at a high volume aortic centre and thus reflects a 23 transformation in practice and techniques. Our early results may not be reflective of more contemporary practice. Although this cohort has been described as high risk, it is difficult to
 draw conclusions with a comparable open surgical group.

3 We did not find any striking changes in FEVAR outcomes over the time of this study because 4 patient selection evolved gradually. We have incrementally raised the technical challenge 5 associated with these procedures by taking on progressively difficult cases as our experience and 6 confidence has grown, but there has been no "before and after" step-change in our practice. 7 During the initial learning curve, we limited ourselves to 2 and 3 target vessel FEVAR. With 8 increasing experience, and with access to a hybrid room, we performed more complex 9 procedures including routine 4 vessel FEVAR and BEVAR. However, with specific respect to the TAAA repairs, our previous report¹² shows that our outcomes improved significantly after 10 2010 when we revised our spinal cord protection strategy. We optimized the implantation 11 12 procedure (to include the early restoration of pelvic and lower limb perfusion, aggressive 13 revascularization of the left subclavian and the internal iliac arteries, and staging repairs 14 whenever possible) together with systematic CSF drainage, assiduous blood pressure 15 management, and a strategy of pre-emptive of blood, plasma and platelet transfusion. We 16 attribute this pro-active spinal cord protective protocol together with the fluency of a high-17 volume practice to a significant reduction in the incidence of SCI after endovascular TAAA 18 repair.

We opine that these procedures can be offered safely, even in high risk patients. However, this mandate high-volume centers prepared to invest in the incrementally complex learning curve that this technology and these patients demand. Furthermore, we suggest that it is past time for the industry to invest in clinical trials in USA centers of excellence to avail currently disadvantaged north American patients of these technologies.

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2	Conclusion: F-BEVAR performed in high risk patients is associated with favourable outcomes.	
3	Patient selection should take into consideration the reported patient and aneurysm factors	
4	associated with early and late mortality.	
5		
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1	Figure legends
2	
3	
4	Figure 1: Survival curves (Kaplan-Meier) of 468 patients undergoing F-BEVAR for types 1-2-3
5	thoracoabdominal aneurysms (TAAA) versus type 4 TAAA and pararenal aneurysms (PR).
6	
7	Figure 2: Freedom from target vessel occlusion/patient (Kaplan-Meier) for types 1-2-3
8	thoracoabdominal aneurysms (TAAA) versus type 4 TAAA and pararenal aneurysms (PR).
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10	Figure 3: Freedom from late target vessel instability per patient (Kaplan Meier) for types 1-2-3
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12	
13	Figure 4: Freedom from secondary intervention
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Variable	Median (IQ25-75) or
	Number of patients (%)
Demographics	
Age (years)	71.6 (65;77)
Age ≥ 80 years	59 (12.6)
Male gender	441 (94.2)
Cigarette smoking (*)	
Never Smoked	58 (12.7)
Active smoker	124 (26.6)
Former smoker	282 (69.9)
Comorbidities	
Coronary artery disease	209 (44.7)
Chronic obstructive pulmonary disease	172 (36.7)
Chronic kidney disease	112 (23.9)
Diabetes mellitus	93 (19.8)
Prior aortic surgery	127 (27.1)
Preoperative medication	
Anti-platelet drugs	376 (80.3)
Anticoagulant drugs	58 (12.4)
Statins	346 (73.9)
ASA classification	
Class I	0
Class II	25 (5.3)
Class III	419 (89.5)
Class IV	24 (5.1)
Aneurysms characteristics	
Maximum diameter	58 (53.75;64)
Aneurysm Classification	
Type 1 TAAA	11 (2.3)
Type 2 TAAA	44 (9.4)
Туре 3 ТААА	166 (35.5)
Туре 4 ТААА	138 (29.5)
Type 5 TAAA	14 (3.0)
Pararenal aneurysm	95 (20.3)
Post-dissection aneurysm	21 (4.5)

Table 1: Clinical and anatomical characteristics of all cohort

Table 2: Device characteristics

Device design	N (%)
Fenestrations only	375 (80.1)
Branches only	43 (9.2)
Combination	50 (10.7)
Fenestrations	
Total	1286
RRA	399
LRA	407
SMA	303
CA	154
Accessory renal arteries	21
Other fenestrations*	2
Branches	
Total	233
RRA	46
LRA**	39
SMA	69
CA	79
Scallops	
Total	194
RRA	5
LRA	1
SMA	85
CA	103

* including 1 splenic artery fenestration and 1 inferior mesenteric artery fenestration
 ** including 1 left pelvic kidney artery branch

Table 3: Procedural details

Variable	Number of patients (%)
Approach	
Femoral access	
Surgical cutdown	432 (92.3)
Bilateral percutaneous access	24 (5.1)
Unilateral percutaneous access + contralateral cutdown	4 (0.8)
Retroperitoneal access	
Unilateral, without conduit	5 (1.1)
Bilateral, without conduit	1 (0.2)
Unilateral, with iliac conduit	2 (0.4)
Others	
Aorto-uni-femoral graft	1 (0.2)
Procedure	Median (25 and 75
Operation time (min)	percentile)
Contrast Volume (ml)	180 (150; 225)
Fluoroscopy time (sec)	120 (92; 155)
	2252 (1673; 3145)
Embolization	
Hypogastric artery	18 (3.8)
Inferior mesenteric artery	15 (3.2)
Accessory renal artery	7 (1.5)
Splenic artery	2 (0.4)
Left gastric artery	1 (0.2)
Left subclavian artery	1 (0.2)
Left renal artery (patient on dialysis)	1 (0.2)
Other interventions	
Conversion to laparotomy	1 (0.2)
Conversion for iliac bleeding arterial/venous	3 (0.6)
Conversion from bifurcated to mono-iliac endograft with	3 (0.6)
femoro-femoral cross over bypass	
Iliofemoral or femorofemoral graft	10 (2.1)
Target vessels	
Adjunct target vessel interventions	
Extra ballooning/ stenting for endoleak	29 (6.2)
Extra ballooning/stenting for kink, dissection or rupture	27 (5.8)
Technical success of target vessel stenting	Number of target vessels
Overall success:	(%)
Success of RRA stenting	1494/1507 (99.1)*
Success of LRA stenting	440/442 (99.5)
Success of SMA stenting	444/445 (99.8)
Success of CA stenting	371/371 (100)
Succes of accessory renal artery stenting	217/226 (96,0)
Succes of other target vessel stenting	20/21 (95.2)
	2/2 (100)

* Exclusion of 9 target vessels that were occluded at the beginning of the procedure and 3 target vessels of the patient that died during surgery before device implantation from aneurysm rupture.

	Number of
	patients (%)
Any complication	267 (57.1)
Cardiovascular	
New onset arythmia	16 (3.4)
Cardiac failure	6 (1.3)
Cardiac arrest / cardiogenic shock	6 (1.3)
Resistant hypertension	3 (0.6)
Myocardial ischemia NSTEMI	3 (0.6)
Myocardial ischemia STEMI	2 (0.4)
New onset AV block with the need for pacemaker implantation	2 (0.4)
Endocarditis	1 (0.2)
Respiratory	
Pneumonia	27 (5.8)
Pneumonia requiring antibiotics	19 (4.1)
Pneumonia requiring antibiotics and invasive ventilation	8 (1.7)
Respiratory insufficiency	13 (2.8)
Mild insufficiency with or without non-invasive therapy and/or diuretics	7 (1.5)
With mechanical ventilation > 24 hours postoperative or re-intubation	6 (1.3)
Bronchitis requiring antibiotics	1 (0.2)
Sub-segmental pulmonary embolism	1 (0.2)
Pneumothorax requiring thoracic drain	1 (0.2)
Acute Renal Failure	
RIFLE 1	58 (12.4)
RIFLE 2	30 (6.4)
RIFLE 3	15 (3.2)
RIFLE 4	5 (1.1)
RIFLE 5	1 (0.2)
New onset dialysis	20 (4.3)
- Temporary	16 (3.4)
- Permanent	4 (0.8)
Urinary	
Urinary tract infection +/- urinary sepsis	40 (8,6)
Urinary retention requiring bladder catheter	7 (1.5)
Macroscopic hematuria (without urinary tract infection)	7 (1.5)
Gastro-intestinal	
Paralytic ileus	14 (3)
Intestinal ischemia	10 (2.1)
Gastro-intestinal bleeding	5 (1.1)
Bowel obstruction/sub-obstruction	6 (1.3)
Acute pancreatitis	2 (0.4)
Diarrhea without ischemia or infection	2 (0.4)
Flair-up of Chron's ileitis	1 (0.2)
Obstructive icterus	1 (0.2)
Neurological	
Spinal cord ischemia	18 (3.8)

Table 4: Early complications (< 30days) in 467 patients *

Stroke	9 (1.9)
Post CSF drainage headache – medical treatment	7 (1.5)
Post CSF drainage headache – bloodpatch	1 (0.2)
Miscellaneous **	13 (2.8)
Vascular	
Iliac limb or ilio-femoral occlusion/sub occlusion/kink	9 (1.9)
Cholesterol embolization lower limbs	4 (0.9)
Thrombosis left axillary artery	1 (0.2)
Pseudo-aneurysm radial artery	1 (0.2)
Non-access site hematoma (+/- hypovolemic shock)	
Perinefric hematoma	10 (2.1)
Other retroperitoneal hematoma's	5 (1.1)
Intraperitoneal hematoma	1 (0.2)
Intramesenteric hematoma	1 (0.2)
Cervical hematoma after central catheter	1 (0.2)
Postoperative hypovolemic shock without active bleeding	1 (0.2)
Sepsis with positive hemocultures (non-urological, non-respiratory)	
Gastro-intestinal sepsis (due to mesenteric ischemia or cholecystitis)	9 (1.9)
Catheter sepsis	7 (1.5)
Sepsis without origin	7 (1.5)
Access-site ***	
Medical treatment	49 (10.5)
Surgical treatment	11 (2.4)
Target vessel occlusions (as a percentage of stented target vessels)	
RRA	3/440 (0.7)
LRA	4/444 (0.9)
SMA	3/371 (0.8)
TC	0/217
Accessory renal arteries	0/20
Other target vessels	0/2
Early endoleak requiring therapy	
Type 1c endoleak	1 (0.2)
Type 3 endoleak	2 (0.4)
Other complications ****	13 (2.8)

* excluding 1 patient that died during surgery

**including temporary sensory deficits or motor deficits without evidence of spinal cord ischemia or stroke, neuropathic pain, persistent paresthesia, episode of peripheral diabetic neuropathy, convulsion due to alcohol abstinence, delirium tremens.

Including hematoma, seroma, dehiscence, pseudo-aneurysm, persistent bleeding * including severe epistaxis, seborrhoic dermatitis, episode of polyarthritis nodosa, flairup of pilonidal sinus inflammation, skin rash, urticaria, houlder contusion after accidental fall during hospitalization, acute knee arthritis, gout episode, voice alteration due to postintubation glotitis, bleeding hemorrhoids.

	Number of patients (%)
Total number of late deaths	126 (29.5)
Non-aortic related causes	90 (21.1)
Malignancy	23 (5.4)
Cardiac	19 (4.4)
General deterioration **	16 (3.7)
Infection/sepsis	10 (2.3)
Advanced renal insufficiency	7 (1.6)
Respiratory insufficiency	7 (1.6)
Cerebrovascular accident	3 (0.7)
Intestinal ischemia/obstruction/perforation	4 (0.9)
Pulmonary embolism	1 (0.2)
Aortic related causes	11 (2.6)
Target vessel thrombosis with MOF	4 (0.9)
Secondary aortic rupture	4 (0.9)
Aorto-oesofageal fistula	1 (0.2)
Graft infection with MOF	1 (0.2)
Graft thrombosis	1 (0.2)
Undetermined causes	25 (5.9)

Table 5: Causes of late death (> 30days) in 427 patients* treated with fenestrated and branched endografts for thoracoabdominal and pararenal aneurysms.

* excluding patients with early mortality, patients lost to follow-up after discharge or patients with no follow-up after 30 days because of recent surgery

**including 2 patients who died as a direct consequence of post-procedural deterioration, but > 30 days after surgery.

Variable	Number of patients (%)			Number of
	All	< 30 days	>30days	procedures
	n = 467 *	n = 467 *	n = 427	
Aortic				
Endoleak	37 (7.9)	3 (0.6)	36 (8,4)	48
Туре 1А	3 (0.6)	0	3 (0.7)	3
Туре 1В	6 (1.3)	0	6 (1.4)	6
Туре 1С	2 (0.4)	1 (0.2)	1 (0.2)	2
Туре 2	13 (2.8)	0	13 (3.0)	14
Туре 3	14 (3.0)	2 (0.4)	13 (3.0)	18
Combined endoleaks treatments **	5 (1.1)	0	5 (1.2)	5
Target vessel stenosis	15 (3.2)	0	15 (3.5)	17
Target vessel occlusion	9 (1.9)	3 (0.6)	6 (1.4)	11
Target vessel stent fracture	3 (0.6)	0	3 (0.7)	3
Target vessel pseudo-aneurysm	1 (0.2)	0	1 (0.2)	1
Iliac limb occlusion	10 (2.1)	5 (1.1)	5 (1.2)	10
Fully thrombosed endograft	1 (0.2)	0	1 (0.2)	1
Aorto-esofageal fistula	1 (0.2)	0	1 (0.2)	1
All aortic procedures	73 (15.6)	12 (2.7)	63 (14.7)	92
Non aortic				
Acces site complications	12 (2.6)	11(2.4)	1 (0.2)	12
Lower limb ischemia (non-iliac limb)	6 (1.3)	4 (0.9)	3 (0.7)	8
Laparotomy (bowel resection or hematoma	10 (2.1)	10 (2.1)	0	10
drainage)	1 (0.2)	1 (0.2)	0	1
Nephrectomy	1 (0.2)	1 (0.2)	0	1
Drainage iliac fossa hematoma	2 (0.4)	2 (0.4)	0	2
Percutaneous embolisation bleeding arteries	29 (6.2)	26 (5.6)	4 (0.9)	34
All non-aortic procedures				
Combined aortic + non aortic surgery				
Endoleak 1b treatment + revacularisation ischemic	1 (0.2)	0	1 (0.2)	1
limb	3 (0.6)	1 (0.2)	2 (0.5)	3
Percutaneous target vessel stenosis or occlusion +				
laparotomy for bowel resection	4 (0.9)	1 (0.2)	3 (0.7)	4
All mixed procedures:				
All reinterventions	99 (21.2)	38 (8.1)	71 (16.6)	130

Table 6: Early and late reinterventions in 467 patients treated with BEVAR/FEVAR for TAAA and PR aneurysms.

* excluding 1 patient who died during surgery before device implantation

**Combined type endoleak treatment: type 1b and type 1c, type 1b and 2, type 1b and type

3, type 2 and type 1c, type 2 and type 3

Variable	HR	95 % CI	р
Age (per year)	1.079	[1,19- 1.143]	0.009
Male gender	4.742	[1.760 – 12.774]	0.002
Maximum aneurysm diameter (per mm)	1.054	[1.024 -1.085]	< 0.001
Diabetes	0.841	[0.286- 2.471]	0.753
Smoking	0.947	[0.530-1.693]	0.854
Coronary artery disease	1.632	[0.716-3.721]	0.244
Chronic obstructive pulmonary disease	1.115	[0.483 – 2.576]	0.799
Chronic kidney disease	3.055	[1.348 – 6.923]	0.007
Preoperative anti-platelet therapy	0.556	[0.229 - 1.352]	0.196
Preoperative statin therapy	0.539	[0.233 – 1.244]	0.148
Preoperative anticoagulant therapy	1.054	[0.313 – 3.546]	0.933
Marfan syndrome	0.049	[0 - 460141]	0.712
Post-dissection aneurysm	0.046	[0 - 270]	0.488
Procedure time (per minute)	1.007	[1.004 – 1.010]	< 0.001
Postoperative spinal cord ischemia	5.567	[1.893 – 16.367]	0.002
ASA score 1,2,3 versus 4	0.175	[0.065 – 0.472]	0.001
Aneurysm type Crawford type 1,2,3 versus	1.778	[0.769 – 4.107]	0.178
4,5,6			

Table 7: Univariate Cox models for the risk of early mortality in the study population.

For all the variables tested, nor proportional hazard assumption, nor log linearity assumption were met.

HR: hazard ratio. CI: confidence interval

	· • • • • • • • • • • • • • • • • • • •		
Variable	HR	95 % CI	р
Procedure time (per minute)	1.007	[1.003-1.010]	< 0.001
Maximum aneurysm diameter (per mm)	1.053	[1.020- 1.087]	0.001
Chronic kidney disease	3.139	[1.369 – 7.196]	0.007

Table 8: Multivariable Cox model for the risk of early mortality in the study population

For all the variables tested, nor proportional hazard assumption, nor log linearity assumption were met.

HR: hazard ratio. CI: confidence interval





	1 month	1 year	2 years	3 years	4 years	5 years
Survival (%)`						
EDP 123	93.55	82.18	76.15	64.34	58.25	50.75
EDP 456	96.32	90.32	86.91	79.37	70.72	65.24
CI 95%						
EDP123	89.35 - 96.13	75.99 - 86.90	68.96 -81.88	55.46 -71.89	48.64-66.68	39.87-60.63
EDP 456	93.04 - 98.07	85.79 - 93.46	81.78 -90.68	73.19-84.27	63.49-76.77	57.44-71.96
Deaths (n)						
EDP 123	14	35	43	55	60	64
EDP 456	9	23	30	44	57	64
Patients at risk (n)						
EDP 123						
EDP 456	194	134	94	62	36	25
	234	199	171	144	99	72

Figure 2: Freedom from target vessel occlusion/patient (Kaplan-Meier) of patients undergoing F-BEVAR for types 1-2-3 thoracoabdominal aneurysms (TAAA) versus type 4 TAAA and pararenal aneurysms (PR).



Figure 3: freedom from branch instability (Kaplan-Meier) of patients undergoing F-BEVAR for types 1-2-3 thoracoabdominal aneurysms (TAAA) versus type 4 TAAA and pararenal aneurysms (PR).



Figure 4: Freedom from secondary intervention



(n)

Patients at risk