

Glucose-sensitive capsules based on hydrogen-bonded (polyvinylpyrrolidone / phenylboronic –modified alginate) system

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- **Glucose-Sensitive Capsules Based on Hydrogen-bonded** 1 (Polyvinylpyrrolidone / Phenylboronic –modified Alginate) System 2 Sabrina Belbekhouche,* Saddam Charaabi, Benjamin Carbonnier 3 4 5 Université Paris Est, ICMPE (UMR 7182), CNRS, UPEC, F-94320 Thiais, France 6 7 Corresponding authors: * Sabrina Belbekhouche 8 9 Université Paris Est, ICMPE (UMR7182), CNRS, UPEC, F-94320 Thiais, France Tel : +33 (0)1 49 78 11 49. 10 Fax: +33 (0)1 49 78 12 08. 11 E-mail address: belbekhouche@icmpe.cnrs.fr 12 13 Total numbers of words: 5,547 words, 8 figures in manuscript 14 Abstract. (167 191 words) 15 Glucose-responsive multilayer capsules have been produced through the layer-by-layer 16 deposition of biodegradable polymers (alginate derivative and polyvinylpyrolidone, PVPON) 17 based on hydrogen bonding. The used polymers are alginate derivative and 18 polyvinylpyrolidone (PVPON). Concentration-dependent glucose responsiveness was reached 19 through chemical modification of alginate, selected as polyanion, with phenylboronic acid 20 21 moieties (known to enable complexes with diols derivative). This strategy was implemented 22 for the fabrication of smart capsules employing calcium carbonate microparticles as a removable core template. Glucose responsiveness was induced in the polymer assembly 23 24 through chemical modification of alginate with phenylboronic acid moiety. Herein, we Quartz erystal microbalance measurements demonstrated that the alginate derivative self-assembles 25 with the PVPON in accordance with (i) the formation of hydrogen bonding layer-by-layer 26 assembly, and (ii) also evidence an enhancement of the stability versus the pH. We 27 demonstrate that incorporating boronic acid moieties inside a polymer chain allows (i) 28 glucose-responsiveness and (ii) using boronic moieties as hydrogen bond acceptor. This point 29 30 is very appealing since H-bonds are classically stable in acidic media. This strategy was implemented for the fabrication of smart capsules employing calcium carbonate 31 microparticles as a removable core template. This later strategy enables to consider the 32 loading of two probes (rhodamine b and methylene blue hydrate). The porosity of the calcium 33 34 carbonate microparticles this template has been used to load the first probe (rhodamine b) and 35 the other one has been loaded through electrostatic interaction with the carboxylate moiety in the alginate (methylene blue hydrate). Insulin has also been loaded as chemical of interest to 36 demonstrate the interest of the present strategy. 37 38
- Keywords: capsule; glucose-responsive; poly(vinylpyrrolidone); phenylboronic acid
 chemistry; alginate; hydrogen bonding

41 **1. Introduction**

The layer-by-layer (LbL) technique for the production of polymeric multilayer microcapsules 42 has attracted great attention in the development of drug delivery systems (DDS). Indeed, LbL 43 self-assembly is a versatile method enabling the production of multilayered thin films with 44 controlled structure, thickness and composition. [1] A key challenge for the application of 45 capsules as a responsive DDS is to stabilize them at physiological conditions, as in an 46 47 intracellular environment, while also being able to trigger film disassembly with an external stimulus, releasing the encapsulated substances. The driving force of LbL deposition is not 48 49 restricted to attraction by electrostatic forces, [2] but can include others binding interactions such as covalent bonding, biological affinity and hydrogen bonding. [3]. 50

Hydrogen-<u>bonding</u> bonded LbL assembly was first highlighted by Rubner and Zhang
simultaneously in 1997. [4, 5] This assembly method is based on alternate deposition of
polymers with either a hydrogen bond donor or a hydrogen bond acceptor. [6]

An important characteristic of hydrogen-bonding bonded LbL multilayer films is that they are 54 very sensitive to ionic strength and pH, which can be an advantage for the loading and release 55 of chemicals of interest from these films. [7] Since hydrogen-bonding bonded LbL films are 56 often composed of a polyacid (carboxylic acid moiety) as hydrogen bond acceptor, increasing 57 58 the pH above the pKa of the polyacid leads to the disruption of hydrogen bonding by deprotonation of the carboxylic acid group. [6] Consequently, most of the hydrogen-bonding 59 60 bonded LbL multilayers are not stable under physiological conditions, which might be an issue. Some strategies have been developed to overcome this problem. One example is 61 62 crosslinking the multilayer film [8] [3] [9, 10] However, developing a strategy to allow stability of hydrogen-bonded multilayer films under physiological conditions is still of major 63 64 interest.

The glucose-sensitive drug delivery systems use a crucial biological function in living 65 66 systems and are still a challenging task [11]. Only a few researchers have paid attention to 67 glucose as a chemical stimulus for monitoring the physicochemical properties of polymerbased assemblies. [12] Phenylboronic acids are recognized to be able to form covalent bonds 68 with polydiols such as polysaccharides under specific physicochemical conditions [12]. 69 Indeed, the complexation is only possible in a pH range above of the pKa of the boronic 70 moieties (pKa~9) [11-13]. Under this condition, there is an equilibrium between an uncharged 71 and a charged form of this chemical (phenylboronic vs phenylboronate). Complexation with 72 glucose is able to shift the equilibrium in the direction of increasing charged phenylborates 73

due to the fact that only charged borates can form a stable complex with glucose in aqueous 74 solution. Most of the developed strategies implied the total destabilisation of the film upon 75 contact with a sugar solution above a critical concentration.[12, 14] A complementary 76 approach to the sugar-induced total dissolution of multilayered has recently been proposed by 77 Belbekhouche et al. [15] We may then cite some example of work. Levy et al. reported on the 78 preparation of glucose-sensitive capsules, stabilized through ester bonds formed between 79 phenylboronic acid moieties grafted onto poly(acrylic acid) and mannan [14]. The 80 competitive binding of saccharides (fructose, glucose, mannose and galactose) and mannan 81 82 with the boronic acid moiety within the multilayer assembly induce destabilization of the film. Glucose sensitive capsules were also De Geest et al. produced by the layer by layer 83 technique, i.e. assembly of a poly(styrene sulfonate) as the polyanion and a copolymer of 84 acrylamidophenylboronic acid and dimethylaminoethylacrylate as the polycation. De Geest 85 86 found evidence of The glucose responsiveness due to a change in the electrostatic interactions between the phenylboronic acid-containing polycation and the polyanion [12]. Belbekhouche 87 et al. reported the glucose-sensitive microcapsules assemblies based on biopolymers, i.e. an 88 alginate derivative containing phenylboronic acid side group and chitosan. [15] The glucose-89 90 sensitive behaviour correlated to the glucose concentration in the surrounding buffer, involving The glucose response was correlated to a variation of the swelling behaviour 91 according to the crosslinking time, as well as the average chitosan molar mass and the 92 acetylation degree. Herein, we suggest a complementary approach to the sugar-induced total 93 dissolution of multilayered films. 94

In this context and with With the final aim of creating a glucose-sensitive DDS system, our 95 research consisted of building-up and characterizing, degradable LbL thin films based on 96 phenylboronic-modified alginate derivative and PVPON, a pair of polymers that forms 97 hydrogen bonds. The chemical modification of this alginate is reported [15] but no study 98 explores the potential use of this modified alginate containing both carboxylic acid and 99 boronic acid moieties, according to the pH, for producing a hydrogen-bonded multilayer film 100 101 with new properties (i.e. both glucose responsiveness and enhanced stability against high pH). This research aims to increase the LbL multilayer film stability against high pH. This is 102 crucial as the oral administration of glucose-responsive DDS containing a drug such as insulin 103 requires protection against acid condition as in the gastric environment, i.e. for crossing the 104 stomach, and release in intestinal media for promoting insulin uptake.[16]. In the present 105 work, in comparison with our previous study implying chitosan and phenylboronic acid-106

containing alginate, [15], we produce a glucose-responsive system based on PVPON instead 107 of chitosan. Employing this biopolymer requires a multilayer film crosslinking step to allow 108 stability against high pH or ionic strength and swelling ability in the presence of glucose. 109 Herein, we propose to use PVPON as a hydrogen bond acceptor and to use the phenylboronic 110 -modified alginate for simultaneously furnishing two types of hydrogen bond donors 111 according to the pH, i.e. acid moiety (boronic acid and carboxylic acid). We expect an 112 increase of stability according to the pH will then solve one of the main issues of using 113 hydrogen-bonding bonded LbL multilayers which has poor stability under physiological 114 conditions. Moreover, attaining this stability against high pH does not require an additional 115 processing step. As, the driving force of LbL deposition is hydrogen bonding if using PVPON 116 instead of chitosan. Then, , this results in particle without any electrostatic charge on the 117 surface (with the PVPON as the last layer). Therefore, this This may be useful to limit 118 interaction with the charged surface of cell walls for instance. **PVPVON interacts with alginate** 119 derivative through polar interactions. Furthermore, this multilayer may not be affected by the 120 increase of ionic strength which is not the case if implying chitosan as PVPON was proven to 121 prevent particle aggregation in 0.5 M NaCl which might be correlated to a steric barrier. [17] 122 Additionally, new characteristics can be developed, such as control of the multilayer 123 thickness, glucose-responsiveness or even the possibility to load another probe. 124

For the first time, we provide evidence that the incorporation of boronic moieties inside a 125 polymer backbone allows both (i) glucose-responsiveness and (ii) increasing stability of 126 hydrogen-bonding bonded multilayer films. This is based on the following hypotheses: (i) 127 glucose-responsiveness is expected due to the incorporation of boronic acid moieties, which 128 are known to be able to form covalent bonds with diol derrivatives such as saccharides and 129 130 (ii) the pKa of the boronic moieties is around 9, which is expected to enhance the film's stability against high pH (i.e. use of boronic acid-as hydrogen bond acceptor instead of the 131 132 well-known carboxylic acid alone).

Moreover, the implemented strategy allows the loading of two probes: (i) by using the calcium carbonate template porosity and (ii) inside the multilayer film by taking advantage of the presence of the carboxylate group according to the pH. This second possibility of loading is very appealing. Indeed, compared to reported glucose-systems, the possibility to simultaneously load two probes, one inside the glucose-responsive capsule and the other one in the shell, allows us to investigate the possibility of using the proposed system fortheranostic applications.

140

141 **2. Experimental**

142 **2.1. Materials**

The following chemicals were used as received: alginate (alg-, according to the data provided 143 by the manufacturer, the mannuronic / guluronic ratio was 1.4 (Cargill (Baupte, France), \overline{Mn} 144 = 270 000 g·mol⁻¹, Đ = 2.3), 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride 145 (EDC, Sigma-aldrich, > 98.5%), N-hydroxysuccinimide (NHS, Sigma-aldrich, > 98%), 146 poly(vinylpyrrolidone) (PVPON, 3.6 10⁵ g.mol⁻¹, Sigma-aldrich), poly(ethylenimine) (PEI, 147 Sigma-aldrich), calcium chloride (CaCl₂, rectapur, 99%), [9-(2-carboxyphenyl)-6-148 diethylamino-3-xanthenylidene]-diethylammonium chloride (rhodamine b, Alfa Aesar, > 149 98.5%), 4-aminophenylboronic acid hydrochloride (Alfa Aesar, 97 %), acetic acid (Alfa 150 Aesar,>99%), sodium acetate (Alfa Aesar, 99%), methylene blue hydrate (Sigma-aldrich), 151 insulin (bovine pancreas, Sigma-aldrich) and ethylenediaminetetraacetic acid (EDTA, Sigma-152 153 Aldrich, 98%).

The phenylboronic-modified alginate (alg-bor) (grafting ratio of phenylboronic acid groups 154 about 20%, $\overline{Mn} = 2.5 \ 10^5 \text{ g.mol}^{-1}$, $\overline{D} = 2.5$) was synthesized according to the procedure 155 developed by Belbekhouche et al. [15]. Average molar masses and molar masses distributions 156 were determined by size exclusion chromatography (SEC) coupled online with multi-angle 157 light scattering (MALS) and differential refractive index (DRI) detectors. The MALS 158 159 apparatus is the DAWN Heleos-II from Wyatt Technology (Ca, USA) filled with a K5 cell 160 and a Ga–As laser (λ = 690 nm). The DRI detector is a Shimadzu RID-10A (Japan). Columns [Shodex SB OHpak 804 and 806 HQ for alginate, Eprogen CATSEC 100 and 1000 for 161 chitosan] were eluted with 0.1 mol.L⁻¹ LiNO₃ or acetate buffer 0.1M, respectively at 0.5 mL 162 min⁻¹. Eluent was filtered through 0.1 µm filter unit (Millipore, USA), degassed (Shimadzu 163 DGU3, Japan). The sample (1 g.L⁻¹ for alginate ($dn/dc = 0.140 \text{ mL}.g^{-1}$ [18] filtered on 0.45 µm 164 unit filter (Millipore) was injected (100 µL) with an automatic injector (Shimadzu SIL-20A). 165 Water was purified with a Milli-Q reagent system (Millipore). The modified alginate was 166 characterized by FT-IR, ¹H NMR and Total Organic Carbon analyses (TOC) and Total 167 Nitrogen (TN) analysis. Fourier transform infrared spectra were recorded on a Bruker Tensor 168 27 instrument equipped with a Digi TectDLaTGS detector. ¹H NMR spectra were recorded 169

- on a Bruker Avance 300 NMR spectrometer. ¹H NMR (Bruker Avance 300MHz, Ge) was
 used to estimate the Degree of Substitution (DS) of the modified alginate with solutions at 10
 g/L in D₂O.Total organic carbon analyses (TOC) and total nitrogen (TN) analysis were
- 173 performed on a Shimadzu TOC-L CSN instrument (ten measurements were performed).
- 174

175 **2.2. Fabrication of hollow "glucose-responsive" capsules.**

176 Negatively charged CaCO₃ microparticles were prepared according to Volodkin et al. [19] \rightarrow 177 Geest et al. [12] Equal volume of 0.33 M calcium chloride (CaCl₂) and sodium carbonate 178 (Na₂CO₃) solutions were mixed under a vigorous stirring for 3 min. This method led to a rapid 179 precipitation of the CaCO₃ microparticles. A centrifugation process of the suspension during 180 10 min allows removal of the residual ions. Lastly, the resulting particles were rinsed several 181 times with water. Acetone was used to remove the water. Particles were dried under a stream 182 of filtered air.

The hydrogen-bonded LbL films were based on the alternate deposition of polymers with a 183 184 hydrogen bond acceptor (PVPON) and a hydrogen bond donor (phenylboronic -modified alginate). As hydrogen bond acceptor, PVPON presented the carbonyl group. Interestingly, 185 186 according to the pH, phenylboronic -modified alginate furnished two types of hydrogen bond 187 donors, i.e. acid moieties (boronic acid and carboxylic acid). The pka of alginate and boronic acid are above 3-4 and 9, respectively. Two pH were then investigated, i.e. 2 or 8, to evidence 188 the possibility to use boronic acid moiety as hydrogen bond donors. Indeed, at pH 2, the 189 190 carboxylic and the boronic acid forms were obtained. Then, they both could be implied as hydrogen bond acceptor donnor. At pH 8, the carboxylate and boronic acid forms could be 191 considered. Therefore, only boronic acid moiety could be used as hydrogen bond acceptor 192 donnor. 193

194 These-microparticles were first pretreated with PEI. More precisely, 10 mg of CaCO₃ particles 195 were incubated in 500 μ L of water. The first layer of PEI (1 mg.mL⁻¹) was deposited onto the 196 surface of the calcium carbonate particles by adding 500 μ L of this polycation stock solution 197 to the particles during 15 min. At pH 2 (below pKa of alginate), the alginate derivative (alg-198 bor) presenting then carboxylic acid moiety will be adsorbed on the PEI layer through 199 hydrogen bond whereas at pH 8 (up to pKa of alginate) the polysaccharide derivative will be 200 absorbed through electrostatic interaction.

The excess of PEI was then removed by centrifugation process (5 min, 10 000 rpm) and particles were washed two times with water (5 min). Note that the final volume was always

kept at 1 mL and the aqueous solution used for the rinsing is water adjusted at pH 2 for the 203 build-up at pH 2 with few droplets of HCl 100 mM and 8 for the build-up at pH 8. After the 204 second rinsing, the particles were suspended in aqueous solution and 500 µL of alg-bor (1 205 mg.mL⁻¹) was added to the particles suspension and the mixture was stirred for 15 min for 206 alg-bor deposition on the previous PEI layer. The excess of polymers was removed by 207 centrifugation process (5 min, 10 000 rpm), after each adsorption process, by two washing 208 steps with aqueous solution each during 5 min. The particles were suspended in aqueous 209 solution and 500 µL of PVPON (1 mg.mL⁻¹) was added and the mixture was stirred for 15 210 min. This process describes the assembly of a single bilayer: (alg-bor /PVPON)₁ and was 211 repeated to obtain different number of assembled bilayers. 212

Multilayer buildup was then performed by a coating of hydrogen bonded film from aqueous
solutions of 1 mg.mL⁻¹ alginate derivative and 1 mg.mL⁻¹ poly(vinylpyrrolidone). The excess
of polymers was removed, after each adsorption process, by two washing steps. After the LbL
construction with the desired number of (alg-bor/PVPON) bilayers, the CaCO₃ core was
dissolved overnight using 0.2 M EDTA followed by a dialysis washing step (3.5 kDa cut off)..
The adsorption of the PEI and then alg-bor (at pH 8) was monitored by zeta potential
measurement (a Zetasizer Nano-ZS, Malvern Instrumente, equipped with a He–Ne laser, i.e.

220 $\lambda = 633$ nm; scattering angle, 173°).

For the proof-of-concept, wetting contact angle and QCM were used. This last technique was 221 employed to monitor the hydrogen-bonding bonded multilayer buildup and to investigate the 222 glucose-response. A Q-Sense E1 (Q-Sense, Sweden) system employing AT_{cut} gold-coated 223 quartz crystal sensors (Lot-Oriel, France) with a nominal frequency of about 5 MHz was used. 224 225 The gold coated QCM Sensor Crystal was cleaned (i) with water and ethanol and (ii) in a UV/ozone chamber for 20 min. After an additional rinsing with ethanol, surfaces were dried 226 under N₂ flow and pretreated overnight with a solution containing the anchoring layer 227 (solution of PEI, 1 mg.mL⁻¹ prepared in water). After mounting in the QCM flow chamber, 228 229 the sensor was conditioned in the solvent (pH 2 or pH 8) for 10 min. The self-assembly of algbor /PVPON was performed onto flat gold substrate through a flushing of stock solutions of 230 polymers (1 mg.mL⁻¹) for 15 min injected into the cell with a flow rate of 500 µL.min⁻¹. A 231 rinsing step with aqueous solution was performed between each polymer deposition step 232 during 10 min. Stock solutions of polymers (1 mg.mL⁻¹) were injected into the cell with a 233 flow rate of 500 μ L.min⁻¹. After the multilayer build-up, the resulting film was exposed to a 234 235 gradual increase of concentration of glucose. The measurements of wetting contact angle were

carried out at room temperature with a Kruss goniometer in the sessile drop configuration. For the wettability study, the multilayer film was performed onto flat gold substrate pretreated with PEI through the dipping of stock solutions of polymers (1 mg.mL⁻¹) for 15 min. A rinsing step with aqueous solution was performed between each polymer deposition step. A droplet (5 μ L) of Milli-Q water was deposited onto the resulting modified surface and the recorded image was analyzed by the Drop Shape Analysis software to determine the contact angle value. An average of three measurements was performed on each modified surface.

243

244 2.3. Probes/Drug-loaded microcapsules.

Loading inside the capsule. A 0.5 mg of rhodamine b was dissolved in 5 mL of deionized water. 10 mg of microparticles were added to the solution and stirred for 12 h. The CaCO₃ microparticles were then centrifuged (5 min, 10 000 rpm) and washed with deionized water three times to remove free probe. The LbL process was conducted as described in section 2.42.2. The same process was used if loading insulin instead of rhodamine derivative. Both was loaded at pH = 4.

251

Loading in the capsule wall. Methylene blue hydrate was entrapped in the capsule particle 252 shell through a diffusion process/electrostatic interaction of this molecule from solution 253 through the (alg-bor/PVPON)_n multilayer at pH 8 (pH > pKa $_{alginate}$) (interaction between the 254 carboxylate group of the alginate and the cationic function of the methylene blue). A solution 255 containing (alg-bor/PVPON)_n particles microcapsules were introduced into a dialysis tubing. 256 A concentrated methylene blue hydrate solution (0.5 g.L⁻¹) was used as dialysate for 48 h at 257 room temperature. The unloaded probe was removed by a dialysis step. The loaded 258 microcapsules were subjected to absorbance measurement at 663 nm (Varian, Cary 100). 259 260 The probe loading, as well as the entrapment efficiency, are estimated as follows (equations 1) and 2). 261 Probe loading = (amount of probe in microparticles) / (amount of microparticles) x 100% 262 (1)

263 Entrapment efficiency = (amount of entrapped probe) / (initial amount of probe) x 100% (2)
264

To investigate the release behavior, the loaded microcapsules were introduced in a dialysis bag and immersed in glucose solution at pH 8 or 2, keeping the final dialysate volume equal to 400 mL. The involved glucose concentration, named "critical glucose concentration" will further be determined by QCM measurement. At predetermined intervals, 1 mL of solutionoutside the dialysis bag was taken out and replaced with 1 mL of fresh buffer solution.

Absorbance spectra were recorded with a UV-Visible spectrophotometer from Varian Cary 270 100 (at 554 nm for the rhodamine derivative and 663 nm for the methylene blue hydrate 271 272 solution). Insulin concentration was estimated using the Bradford assay. [16, 20] Insulin samples and Bradford reagent were admixed at 1:1 (v/v) ratio and incubated at room 273 temperature for 15 min. The absorbance was measured at 595 nm. Images of the capsules 274 were taken with an optical fluorescence ZEISS microscope equipped with a CCD camera and 275 276 a fluorescence illuminator and various mirror units. Images were recorded at ×630 magnification and processed using the ZEN software. A 5 μ L drop of capsules suspension 277 was placed on a coverslip to visualize the microcapsules. To visualize the microcapsules, a 5 278 μ L drop of capsule suspension was placed on a cover slip. To assess the glucose-responsive 279 behavior of the microcapsules, a To assess the glucose-responsive behavior of the 280 microcapsules, a second 5 μ L drop containing a solution of glucose was added gently 281 282 (preventing capsule movement as much as possible) to the drop of capsule suspension. preventing capsule movement as much as possible. [12] 283

284

285 3. Results and discussion

As shown in Figure 1, the implemented strategy combines both templating method-uses of 286 particles (CaCO₃) as a sacrificial template and glucose-responsive polysaccharide. We focus 287 on calcium carbonate (CaCO₃) cores as sacrificial template due to its easy preparation, low 288 cost, biocompatibility, decomposition in mild conditions and intrinsic porosity. After 289 deposition of the desired number of polymer layers (PVPON/phenylboronic acid-modified 290 alginate), the sacrificial template is eliminated in the presence of ethylenediaminetetraacetic 291 292 acid. Its selective removal allows the formation of capsules (hollow particles) presenting highly controlled dimensional features. This latter Glucose-response was obtained by the 293 chemical modification of the alginate (incorporation of phenylboronic acid moiety intended to 294 provide glucose sensitivity). The stability of microcapsules against glucose and the probe 295 loading/release properties are finally tested. 296



CaCO₃ microparticles

297

Figure 1. Implemented strategy for the elaboration of the glucose-responsive microcapsules
based on phenylboronic acid containing alginate (alg-bor) and poly(vinylpyrrolidone)
(PVPON) loaded with two cationic probes.

301

302 3.1. Glucose responsive alginate derivative, i.e. incorporation of phenylboronic acid as a303 pending group inside the alginate chain.

The coupling of the aminophenylboronic acid with the carboxylic acid groups of alginic acid 304 was done using [1-ethyl-3-(dimethylamino)propyl]carbo-diimide hydrochloride as a 305 condensation reagent.[21, 22] This allows obtaining an alginate derivative containing 306 phenylboronic acid as a pending group. In this method, the carboxyl group of the alginate 307 reacts with 1-ethyl-3-(3-dimethylaminopropyl)carbodiimide hydrochloride (EDC) to form an 308 309 unstable intermediate. Upon reacting with N-hydroxysuccinimide (NHS), a more stable, amine-reactive intermediate is formed. Finally, this intermediate is coupled to the amine 310 groups of the aminophenylboronic acid, completing the polysaccharide modification. After a 311 purification process (i.e. dialysis 6-8 kDa cut off and freeze-drying), a white compound was 312 obtained and labelled as alg-bor. The ¹H NMR spectra show the chemical shifts of the protons 313 of the alginate chain (from 3 to 4 ppm) and phenyl moiety (from 6.7 to 7.2 ppm) (Figure 2). 314 Indeed, as seen from the spectra of the pristine alginate, all the chemical shifts of the protons 315 in the alginate chain are above 3 to 4 ppm. Therefore, using this technique, the presence of 316 aromatic groups is qualitatively checked for the modified alginate. Unfortunately, we could 317 not distinguish, using this technique, whether the substitution occurred mainly on the 318 guluronate or on the mannuronate residues of alginate. Indeed, all the protons of the alginate 319 chain, i.e. protons from guluronate and mannuronate, all experience about the same chemical 320 shift. From ¹H NMR, the presence of aromatic groups is qualitatively evidenced and will 321 322 enable a qualitative determination of the Degree of Substitution "DS" (equation 1 3) by employing the method of Pettignano et al. [23], i.e. from the ratio between the integration 323

values of the phenylboronic acid unit those from the alginate and by considering the numberof hydrogens responsible for the integrated area.

326 $DS = (I_H \text{ in boronic unit in alg-bor}) / (I_H \text{ in alginate unit in alg-bor})$ (3)

327

335

328
$$DS = \frac{(I_{H \text{ in boronic unit in alg-bor}})}{(I_{H \text{ in alginate unit in alg-bor}})}$$

The DS value was also estimated and confirmed by Total Organic Carbon analyses (TOC)and Total Nitrogen (TN) analysis (equation 4).

331
$$\frac{C}{N} = \frac{(M_{C(alginate)} + DS X M_{C(boronic acid)})}{M_N} \qquad \text{i.e. } DS = 0.2 \frac{C}{N} - 1 \qquad (4)$$

332 $M_{C (alginate)}$: molar mass of carbon in the alginate unit; $M_{C (boronic acid)}$: molar mass of carbon in 333 the boronic acid; M_N : molar mass of nitrogen due to the grafting of the boronic moiety, C/N= 334 carbon/nitrogen ratio. The value of the C/N ratio for the modified alginate is above 6.0 ± 0.2 .

The FT-IR spectrum (Figure S1) of the polymer shows peaks that confirm the presence of 336 functional groups in the alginate structure (867 cm⁻¹ and 945 cm⁻¹ = guluronate and 337 mannuronate residues of alginate and alg-bor samples / 3300 cm^{-1} = hydroxyl groups / 1143 338 $cm^{-1} = C-O$ stretching vibration of alcoholic hydroxyl group / 1023 $cm^{-1} = C-O-C$ stretching 339 vibration / 1080 $\text{cm}^{-1} = \text{C-N}$ stretching vibration appeared after the chemical modification 340 with the aminophenylboronic acid / 1595 cm^{-1} and 1412 $\text{cm}^{-1} = \text{N-H}$ deformation and C-N 341 stretching vibrations / 1740 cm^{-1} = carbonyl group from the amide). The experimentally 342 determined phenylboronic acid content (the DS) is estimated to be about 0.20 ± 0.04 . The 343 average molecular weights and dispersity are $\overline{Mn} = 2.5 \ 10^5 \text{ g.mol}^{-1}$ and $\overline{D} = 2.5$, respectively. 344 345



351

3.2. Proof of concept: Elaboration of the glucose responsive multilayer film onto flat gold substrate based on alginate derivative and PVPON

The negatively charged surface of the CaCO₃ is first pre-treated with a polycation (poly(ethylene imine)) leading to a positively charged surface and enabling the adsorption of the polyanion (phenylboronic–modified alginate) at pH 8 or enabling the adsorption of a polysaccharide derivative through hydrogen bonding at pH 2.

After this step, a hydrogen-bonded layer-by-layer (LbL) technique was used to build multilayers (particle shell), i.e. between poly(vinylpyrrolidone) and the phenylboronic acid modified alginate. Herein, the hydrogen-bonding bonded LbL films are based on the alternate deposition of polymers with a hydrogen bond acceptor and a hydrogen bond donor. As hydrogen bond acceptor, poly(N-vinylpyrrolidone) (PVPON) presents the carbonyl group. Interestingly, according to the pH, phenylboronic -modified alginate furnishes two types of hydrogen bond donors, i.e. acid moieties (boronic acid and carboxylic acid) (Figure 3a). After adding the desired number of polymer layers, the sacrificial core is removed. The stability of microcapsules against glucose is then investigated. Furthermore, in the present study, it is possible to load one or two probes according to the pH, i.e. (i) inside the capsule (no pH restriction) and (ii) in the capsule shell (only possible at pH up to pKa of the alginate) (Figure 3b).

383 a)



386

387 Figure 3. a) Suggested illustration of the implied hydrogen-bonding interaction between algbor and PVPON pair at (A) pH 2, pH < pKa alginate and pH < pKa boronic acid (B) pH 8 and pH > 388 389 pKa alginate and pH < pKa boronic acid, b) Loading of a cationic probe inside the (PVPON/alg-bor)



394

Figure 3. A) Suggested illustration of the implied hydrogen-bonded interaction between algbor and PVPON pair at pH 2, pH < pKa _{alginate} and pH < pKa _{boronic acid} pH 8 and pH > pKa
alginate and pH < pKa _{boronic acid}, B) Loading of a cationic probe inside the (PVPON/alg-bor)
multilayer film. For clarity purpose, the scheme is not to scale.

399

In comparison with non-chemically modified polyanion (alginate), the electrolytic properties
 associated with its functionalization, i.e non-zero zeta-potential and water solubility, are
 15

402 conserved as evidenced by zeta-potential measurements at pH = 8, (-20 ± 3 mV for alg-bor). 403 This property allows us to (i) use this modified polyanion in the construction of multilayer 404 films via alternating adsorption of PEI and alginate derivative and (ii) load a positively 405 charged probe inside the multilayer film (Figure 3b).

406 For the proof-of-concept, the implemented strategy was first demonstrated on a flat substrate through static contact angle and QCM measurements. Static contact angle measurements are 407 performed on flat gold surfaces before and after treatment by the polymers, i.e. PEI-(alg-408 bor/PVPON)_n to qualitatively confirm the formation of the multilayer polymers onto the 409 substrate. The contact angle decreased from 70° to 20° upon coating, in agreement with the 410 hydrophilic nature of the introduced polysaccharide and PVPON (Figure 4). This variation in 411 surface wettability after LbL treatment is found to be independent of the number of bilayers 412 and the LbL procedure (pH 2 or 8). 413



414

Figure 4. Wetting angle contact value for (A) a flat gold bare surface and (B) gold surface

416 modified with (alg-bor/PVPON)₄.

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418 The possibility to involve both carboxylic acid and boronic acid as hydrogen bond donors was then demonstrated by the construction of multilayers under varying pH. To support this aim, 419 420 QCM measurements were performed (Figure 5a). This technique enables the monitoring of the assembly in real time on a flat surface to (i) evidence the stepwise adsorption of (alg-421 422 bor/PVPON) polymers, (ii) investigate the adsorption kinetics and (iii) illustrate the impact of 423 the pH (2 and 8) on the LbL build-up. First, a quartz substrate is precoated with a PEI layer, 424 enabling the adsorption of the polyanion (alginate derivative, i.e. electrostatic interaction at pH 8 or H-bonding at pH 2) followed by PVPON adsorption (i.e. hydrogen bonding 425 426 interaction). The build-up procedure at pH 2 ensures, both the presence of carboxylic groups 427 and that boronic acid moieties remained uncharged during the layer-by-layer build-up since

the pKa of phenylboric acid is 8.9, [24] facilitating hydrogen bonds between the carbonyl 428 group of PVPON and the carboxylic acid and boronic acid groups of alginate. However, 429 preparing the assembly at pH 8 leads to the formation of carboxylate groups (pH > pKa of 430 alginate) and therefore there is only formation of hydrogen bonds between boronic moieties 431 and the carbonyl groups of PVPON. As evidenced in Figure $\frac{6}{5a}$, a decrease of the frequency 432 signal by increasing the number of adsorption cycles is noticed regardless of the pH, 433 indicating that mass was being added onto the surface and then evidencing the successful 434 multilayer buildup (i.e four bilayers of alg-bor/PVPON) at pH 2 or 8. This result is very 435 interesting because hydrogen-bonded multilayers are typically only stable at low pH. Since 436 hydrogen-bonding bonded LbL films are often composed of a polyacid (carboxylic acid 437 moiety) as the hydrogen bond acceptor, increasing the pH above the pKa of the polyacid leads 438 to the disruption of hydrogen bonding by deprotonation of the carboxylic acid group.[6] 439 440 When comparing films based on electrostatic interactions to the ones based on hydrogenbonding bonded interactions, the pH range at which hydrogen-bonding bonded polymers can 441 442 interact and form stable films is restricted because it depends on the pKa of the polymers and the strength of the interaction between the pairs of polymers which have hydrogen-bonding 443 444 bonded functional groups. Several researchers have reported the stabilization of hydrogenbonding bonded multilayers versus pH through crosslinking using either photochemical, [25] 445 chemical [8, 26] or even thermal [8] techniques. Herein, we then propose a new method based 446 on the incorporation of boronic acid moieties in a polymer backbone to tune the 447 448 responsiveness of pH-sensitive film.

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Figure 5.a) Evolution of the frequency shift values as a function of time for films build up at (A) pH 8 and (B) 2 with (alg bor/ PVPON)_n as a function of bilayer number. (filled arrow (alg-bor) addition) and unfilled arrow (PVPON addition), b) Effect of increasing concentrations of glucose at pH 8 on (alg-bor/PVPON)4 film.

471 A)



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Figure 5. A) Evolution of the frequency shift values as a function of time for films build up at
(a) pH 8 and (b) 2 with (alg-bor/ PVPON)_n as a function of bilayer number. (filled arrow (alg-bor) addition) and unfilled arrow (PVPON addition), b) Effect of increasing concentrations of
glucose at pH 8 (■) and pH 2 (o) on (alg-bor/PVPON)₄ film.

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To demonstrate glucose sensitivity, different concentrations of glucose solution (from 0.05
g.L⁻¹ to 5 g.L⁻¹) at pH 8 or pH 2 are flushed through the (alg-bor/PVPON)₄ multilayer film. As
seen in Figure 5a, the final equilibrium frequency shift values after build-up of the
PVPON/alg-bor films were -60 ± 5 Hz and -115 ± 7 Hz for the build-up at pH 8 and at pH 2,
respectively. These values can be used as references to investigate the glucose response of the

films, in accordance with the swelling behaviour due to glucose complexation with the 485 boronic moieties, and the film's stability. For this last case, the film removal should lead to a 486 variation of the equilibrium frequency shift of about $+60 \pm 5$ Hz and $+115\pm 7$ Hz for the 487 build-up at pH 8 and at pH 2. As seen in Figure 5b, increasing the glucose concentration leads 488 to an increase of the frequency signal which reaches to a plateau regime. The critical glucose 489 concentration is close to 1 $g.L^{-1}$. The same experiments were repeated (i) at pH 2 in presence 490 of glucose and (ii) at pH 8 without glucose, but no variation of the frequency shifts was 491 observed. Note that no variation of the frequency shift was observed upon the increased of the 492 493 ionic strength. Therefore, the multilayer stability was not affected by this parameter which is in accordance by the work reported by Smith et al. [17] 494

495 Phenylboronic acids are known to form covalent bonds with polydiols such as saccharides [12] and the complexation occurs efficiently in a pH range above the pKa of the boronic 496 497 moities (pKa~9) [11, 13] This lead to the formation of anionic complex formed by "glucose/borate" as presented in figure 6B. The sensitivity of phenylboronic acid derivative to 498 saccharide (as glucose) [27] is well-known to be dependent on the pH of the surrounding 499 medium, more precisely around the pKa of the phenylboronic acid. From Springsteen and 500 501 Wang's work, the phenylboronic acid/polydiol complexes formation clearly induces a decrease of 2-4 pKa units of the apparent pKa. [27] They explained the change in pKa to the 502 stronger acid behaviour of the polydiol complex compared to the phenylboronic acid 503 derivative. [27, 28] De Geest et al. [12] and Belbekhouche et al. [15] who prepared glucose-504 responsive capsules at pH 8 and 9 explained their results based on Springsteen and Wang's 505 work, [27] the as-observed glucose behavior arises mainly from incorporation of glucose 506 507 within the films through complexation with the phenyl boronic moieties.

Herein, at pH 8, the multilayer build-up between PVPON and alg-bor is due to hydrogen 508 bonds between PVPON/carboxylic groups of alg-bor and between PVPON/ phenylboronic 509 510 acid moieties of alg-bor (near the pKa of phenylboronic acid), the decrease of the apparent pKa upon addition of glucose involves a strong enhancement of borate anions. More 511 precisely, the borate groups are charged and complexation could occur between borate 512 moieties and glucose. Increasing the glucose concentration promotes an increase in the 513 number of borate moieties which begin to strongly interact with the polymers constituting the 514 multilayers. There is simultaneously (i) complexation caused by the electrostatic interactions 515 in the anionic complex composed by glucose/borate complex and (ii) disruption of the 516 hydrogen-bonding bonded between the boronic acid and the PVPON. The synergy of these 517

phenomena seems to result in the disruption of the overall multilayer film. Therefore, This explains why at pH 8 the gradual increase of the glucose concentration leads to the frequency signal increases. , This could be directly correlated to in accordance with a mass removal or multilayer disassembly, due to the addition of glucose, where the glucose concentration is gradually increased. Schemes presented in figure 6 illustrate this hypothesis.

However, at pH 2 upon the increase of the addition of glucose concentration, the increase in 523 borate anions does not occur. Therefore, no impact of the increase of the glucose 524 concentration variation of the glucose is expected at this pH no variation of equilibrium 525 526 frequency shift as a function of glucose concentration is expected at this pH. This is corroborated by the QCM results, after the multilayer build-up, no variation of the frequency 527 signal or impact on the multilayer is observed (Figure 5b). As the layer by layer assembly 528 was done under acidic conditions (At pH 2, the phenylboronic acid moieties are uncharged 529 530 and participate in the hydrogen bound during the assembly along with the carboxylic groups. Furthermore, Complexation between glucose and borate is not favourable at this pH. 531 532 Consequently, no significant impact on the hydrogen-bonding bonded assembly multilayers behaviour is observed due to the addition of glucose. 533



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Figure 6. A) Suggested mechanism of the glucose-induced decomplexation of (PVPON/algbor) bilayer at pH = 8. The circles containing the letter A represent the PVPON as H-acceptor, the one containing the letter D represent the boronic groups, i.e. as H-donor. The circles labeled D⁻ corresponds to the uncharged phenylboronic acid groups becoming anionic after addition of glucose (red circles with the letter G). B) Equilibrium between phenylphenylboronic acids- containing alginate and diols-based glucose in aqueous solution.

The alg-bor/PVPON pair has been evidenced to be suitable for multilayer formation and exhibits glucose-responsive behaviour at pH 8. These conditions will further be employed for the preparation of hollow polyelectrolyte microcapsules exhibiting glucose-response.

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545 3.3. Elaboration of the glucose responsive capsules based on alginate derivative and PVPON

The zeta-potential value of the particles is measured after PEI and alg-bor addition for monitoring their adsorption onto the microparticles. The zeta-potential value of the bare (uncoated) calcium carbonate particles is -7 mV and switches to a positive value after the initial layer of PEI adsorption (+ 50 mV) and a negative value after the subsequent layer of alginate derivative deposition at pH 8 (-20 mV). This step is followed by hydrogen-bonding bonded assembly on particle templates by sequential alternative deposition of PVPON and alg-bor. The probe was preloaded on the particle templates prior to LbL film assembly.

Preloading allows to great enhancement of the efficiency of encapsulation as significantly less 553 554 amount of probe material is required in the adsorption/loading step. As a typical example, Caruso et al. reported that a distinguishing feature of this method was the possibility to 555 concentrate DNA from a dilute solution onto the template particles to produce capsules with 556 increased concentration compared to the initial solution. [10] In their study, the DNA was 557 electrostatically bound to the surface of the particles and then multilayers were assembled. 558 Removal of the sacrificial silica particles results in the formation of capsules containing DNA. 559 560 We have then used this method to load a probe (i.e. rhodamine) inside the capsule. The rhodamine loaded microparticles are prepared and then the CaCO₃ core is removed employing 561 562 a 0.2 M EDTA solution. The incorporation of rhodamine does not significantly impact the zeta-potential of the loaded CaCO₃ template. As evidenced by fluorescent microscopy, even 563 564 after the core removal step, microparticles have a well-defined spherical shape and mainly exist as single microparticles (Figure 9 7A). SEM and TEM images also confirm the spherical 565 566 shape and micrometer size of the microparticles and microcapsules (Figures S2 and S3). The entrapment efficiencies of microcapsules are greater than 60% and the probe loading is 567 around 5%, indicating this probe could be readily loaded into the particles' matrix due to the 568 569 porous structure of CaCO₃.

570 When the rhodamine-loaded capsules were placed into a solution at pH 8, they remained 571 intact and stable (Figure 7 A). However, when the capsules were suspended in a solution 572 containing glucose at pH 8, the capsules were destabilized and rhodamine is released as 573 shown in Figure 9 7 B. For the release, the involved glucose concentration is the critical 574 glucose concentration determined during the QCM experiment. We repeated the same test at 575 pH 2 and, as expected, we observed that the capsules remained stable in the presence of 576 glucose (data not shown-Figure 7C).

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Figure 7. Confocal microscopy image of microcapsules consisting of $(alg-bor/PVPON)_5$ loaded with rhodamine derivative A) before and - B) after addition of a solution containing glucose at pH = 8 and C) after addition of a solution containing glucose at pH = 2 (630x magnification).

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The ability to load small molecules containing ionic groups in polyelectrolyte layers 584 (chitosan/poly(acrylic acid)) of a particle through simple diffusion/electrostatic entrapment is 585 highlighted in the work of Hu et al. [29] or Belbekhouche et al. also evidenced the possibility 586 to load an antibiotic (i.e. amoxicillin) through a polyelectrolyte multilayer film. [30] Based on 587 these works, a second probe (methylene blue) has been entrapped in the multilayer shell,. This 588 implies i.e. through the electrostatic interaction of the methylene blue loading in a protonated 589 form and the carboxylate groups of alginate (Figure 4 3B). The methylene blue entrapment 590 efficiency is $70\pm3\%$ and the probe loading is $3.4\pm0.2\%$ with (alg-bor/PVPON)₄. This was 591 determined by subjecting the loaded microcapsules to absorbance measurement at 663 nm. 592 We then demonstrate the possibility to load two probes one inside the capsule (rhodamine 593 derivative) and one in the multilayer shell (methylene blue). 594

After this demonstration of proof-of-concept, we then switch to loading insulin instead of rhodamine derivative. The entrapment efficiencies of microcapsules and the probe insulin loading are greater than 65% and 5.5 % respectively. At pH 2, in presence of glucose, no release of insulin was observed in agreement with the proof-of-concept result (Figure 8). This point is very appealing because resistance to acid pH is required to prevent the release of insulin from the carriers when passing through the stomach to release this drug in intestinal media and promote insulin uptake. [16]. However, when the PVPON/alg-bor microcapsules were suspended in glucose solution at pH 8, the insulin is released in fewer 10 minutes. As expected at pH 8 without glucose, no release is observed. Indeed as discussed during the QCM study, for impacting the multilayer assembly, pH 8 and glucose are both required simultaneously to allow (i) complexation caused by the electrostatic interactions in the anionic glucose/borate complex and (ii) disruption of the hydrogen-bonding bonded between the boronic acid and the PVPON. In these conditions, the insulin release from the microcapsule might be correlated to the multilayer disassembly as discussed in section 3.2.

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Figure 8. A) Release of insuline from (alg-bor/PVPON)₅ capsules pH 8 in presence of glucose solution (1 g.L⁻¹) at Δ pH 2, \blacksquare pH 8 and x pH 8 without glucose, B) Zoom-in of graph A.

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The ability to load small molecules containing ionic groups in polyelectrolyte layers 622 623 (chitosan/poly(acrylic acid)) of a particle through simple diffusion/electrostatic entrapment is highlighted in the work of Hu et al. [29] Belbekhouche et al. also evidenced the possibility to 624 625 load an antibiotic (i.e. amoxicillin) through a polyelectrolyte multilayer film. [30] Based on these works, a second probe (methylene blue) has been entrapped in the multilayer shell. This 626 627 implies the electrostatic interaction of the methylene blue loading in a protonated form and the carboxylate groups of alginate (Figure 4 3B). The methylene blue entrapment efficiency is 628 70±3% and the probe loading is 3.4±0.2 % with (alg-bor/PVPON)₄. This was determined by 629 subjecting the loaded microcapsules to absorbance measurement at 663 nm. We then 630 631 demonstrate the possibility to load two probes one inside the capsule (rhodamine derivative) and one in the multilayer shell (methylene blue). 632

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634 **4.** Conclusion

Novel assemblies based on PVPON and an alginate derivative containing phenylboronic acids 635 moieties have been employed to prepare glucose sensitive hollow microspheres. This 636 approach combines both templating method and hydrogen-bonded LbL multilayer. One of the 637 novelties of the present work is to provide evidence that the incorporation of boronic acid 638 moieties in the alginate backbone enables (i) production of multilayer films based on 639 hydrogen bonding that are stable under physiological conditions (Figure S4 S3) and even in 640 basic media (pH \leq 9) and (ii) glucose-responsiveness. This involves PVPON as a hydrogen 641 bond acceptor and phenylboronic -modified alginate simultaneously furnishing two types of 642 hydrogen bond donors according to the pH, i.e. acid moieties (boronic acid and carboxylic 643 acid). Our strategy is based on the sequential surface deposition of the respective 644 phenylboronic acid containing polyanion and PVPON on pretreated, with PEI, CaCO₃ 645 microparticles used as sacrificial templates. The hollow morphology of the microcapsules was 646 647 evidenced by fluorescence microscopy imaging and SEM. The glucose-sensitive character was related to the glucose concentration in the surrounding buffer, involving a 648 649 disassembly/destructuring of the multilayer film. This phenomenon is related to the competitive binding of glucose and boronic acid groups of the alginate within the multilayer 650 651 film, resulting in destabilization of the film. Furthermore, one of the novelties of the present

- work is to provide evidence that the incorporation of boronic acid moieties in the alginate 652 backbone enables (i) production of multilayer films based on hydrogen bonding that are stable 653 under physiological conditions and even in basic media (pH < 9) and (ii) glucose-654 responsiveness. The initial hypotheses are successfully validated, i.e. incorporating boronic 655 acid moieties inside a polymer chain (herein a polysaccharide, the alginate) allows glucose-656 responsiveness and (ii) using boronic moieties as hydrogen bond acceptor. We then 657 demonstrate an increase of stability according to the pH under neutral conditions and even in 658 basic media and then propose a new approach to overcome the main issues due to hydrogen-659 bonding bonded LbL multilayer, poor stability under physiological conditions. This is crucial 660 as DDS must resist the acidic media in the gastric environment. Moreover, this elegant 661 strategy enables the loading of two probes: (i) by using the calcium carbonate template 662 porosity and (ii) inside the multilayer film by taking advantage of the presence of the 663 664 carboxylate group according to the pH. Indeed, the glucose-dependent stability of these capsules has been investigated by monitoring the loading and release of probes (rhodamine 665 derivative inside the capsules and methylene blue inside the shells) and then insulin. The 666 present capsules with dual functionality may be useful for theranostic applications for both 667 668 glucose detection and treatment.
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Figure S2. SEM images of modified microspheres (left panel) and microcapsules (C) (right panel) composed by (PVPON/alg-bor)₆ polymers pair. Scanning Electron Microscopy (SEM) with line scanning of energy-dispersive X-ray spectroscopy was produced Leo Elektronenmikroskopie, Oberkoche in Germany. The non-conducting surface of the modified calcium carbonate particles and capsules was covered with palladium before subject to analysis.



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Figure S3. TEM images of modified microcapsules composed by (PVPON/alg-bor)₆ polymers pair. Observations were conducted on a Tecnai F20 ST microscope (field-emission gun operated at 3.8 kV extraction voltage) operating at an acceleration voltage of 200 kV. The samples were prepared as follows: a droplet of capsule suspension and one of a solution of uranyle acetate (0.7 wt%) were deposited on a plasma pre-treated copper grid and left to dry at room temperature prior to analysing them on the copper grid.

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Figure S3 S4: QCM-D measurements. Flushing of a gold sensor coated with (alg-bor/ PVPON)₄ film under physiological salt and pH condition (150 mM NaCl, 2 mM CaCl₂, TrisHCl, pH 7.0). The non variation of the frequency evidences the stability of the multilayer films under such condition.

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