

# Role of liver sinusoidal endothelial cells in non-alcoholic fatty liver disease

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1	<u>Role of liver sinusoidal endothelial cells in nonalcoholic fatty liver disease</u>
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1 Abbreviations: cGMP: cyclic guanosine monophosphate; eNOS: endothelial nitric oxide 2 synthase; FABP4: fatty acid binding protein 4; FFA: free fatty acids; HCC: hepatocellular 3 carcinoma; HIF: hypoxia inducible factors; ICAM-1: intercellular adhesion molecule 1; IL: 4 interleukin; iNOS: inducible nitric oxide synthase; KLF: krüppel-like Factor; LSECs: liver 5 sinusoidal endothelial cells; MAPK: mitogen activated protein kinase; NAFLD: 6 nonalcoholic fatty liver disease; NASH: nonalcoholic steatohepatitis; NK: natural killer; 7 ox-LDL: oxidized low density lipoprotein; PLVAP: plasmalemma vesicle-associated 8 protein; ROS: reactive oxygen species; TGF: transforming growth factor; TLR: toll like 9 receptor; TNF: tumor necrosis factor; VAP-1: vascular adhesion protein 1; VCAM-1: 10 vascular cell adhesion molecule 1; VEGF: vascular endothelial growth factor; VEGFR: 11 vascular endothelial growth factor receptor.

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#### 1 <u>Summary:</u> (233 words)

2 Nonalcoholic fatty liver disease (NAFLD) and its complication is an expanding health problem associated with the metabolic syndrome. Liver sinusoidal endothelial cells 3 4 (LSECs) are highly specialized endothelial cells localized at the interface between the 5 blood derived from the gut and the adipose tissue on the one side, and other liver cells 6 on the other side. In physiological conditions, LSECs are gatekeepers of liver 7 homeostasis. LSECs display anti-inflammatory and anti-fibrogenic properties by 8 preventing Kupffer cells and hepatic stellate cells activation and regulate intrahepatic 9 vascular resistance and portal pressure. This review focuses on changes occurring in 10 LSECs in NAFLD and on their consequences on NAFLD progression and complications. Capillarization, i.e. loss of LSECs fenestrae, and LSECs dysfunction, i.e. the loss of the 11 12 ability of LSECs to generate vasodilator agents in response to increased shear stress, are two events occurring early in NAFLD. These LSECs changes favor steatosis development 13 14 and set the stage for NAFLD progression. At the stage of non-alcoholic steatohepatitis, 15 altered LSECs release inflammatory mediators and contribute to the recruitment of 16 inflammatory cells, thus promoting liver injury and inflammation. Altered LSECs also fail 17 to maintain hepatic stellate cells quiescence and release fibrogenic mediators, including 18 Hedgehog signaling molecules, promoting liver fibrosis. Liver angiogenesis is increased 19 in NAFLD and contributes to liver inflammation and fibrosis, but also to hepatocellular carcinoma development. Improving LSECs health thus appears as a promising approach 20 to prevent NAFLD progression and complications. 21

#### 1 Lay summary

- 2 Liver sinusoidal endothelial cells are highly specialized endothelial cells integrating
- 3 signals derived from the gut and the adipose tissue, and interacting with other liver
- 4 <u>cells.</u>
- 5 <u>In nonalcoholic liver disease, liver sinusoidal endothelial cells alterations occur early in</u>
- 6 <u>disease progression, at the stage of simple steatosis.</u>
- 7 <u>In nonalcoholic liver disease, changes in liver sinusoidal endothelial cells contribute to</u>
- 8 liver angiogenesis, inflammation, fibrosis and to hepatocellular carcinoma.

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1 Nonalcoholic fatty liver disease (NAFLD) encompasses a spectrum of conditions 2 including simple steatosis and nonalcoholic steatohepatitis (NASH), defined as the association of steatosis, hepatocellular damage, inflammation and varying degree of 3 4 fibrosis [1]. NAFLD is associated with obesity, insulin resistance and/or type 2 diabetes 5 and other metabolic abnormalities, collectively termed the metabolic syndrome [2,3]. 6 NAFLD is an expanding health problem with an estimated global prevalence of 25% 7 [2,4]. A recent modeling approach estimated that NAFLD cases in the United States will expand from 83 million in 2015, corresponding to about 25% of the population, to 100 8 9 million in 2030, corresponding to more than 33% of the population [4]. While simple 10 steatosis is generally benign, NASH can progress to both cirrhosis and end-stage liver 11 disease. NASH is currently a leading cause of liver disease among adults awaiting liver 12 transplantation in Europe and in the United States and is projected to become the most 13 common indication for liver transplantation in the next decade [2,4]. Importantly, 14 patients with metabolic syndrome and NASH also develop hepatocellular carcinoma 15 (HCC) in the absence of cirrhosis [5,6]. Despite its prevalence and severity, there is no 16 approved therapy for NASH and available treatments only aim to control associated 17 conditions [1]. Understanding the mechanisms of NAFLD, and in particular how simple 18 steatosis progresses to NASH and then to cirrhosis and/or liver cancer, is of utmost 19 importance.

20 <u>Current view of the pathogenesis of NASH centers on the response of hepatocytes to</u> 21 <u>insulin resistance and lipotoxicity. Immune system and hepatic stellate cell activation</u> 22 <u>are regarded as secondary events [1].</u> Vascular endothelium, representing the interface 23 between blood and other tissues of the body, is not only a physical barrier but is 24 implicated in different physiological roles, such as hemostasis, metabolites

transportation, inflammation, thrombosis, angiogenesis and vascular tone. Liver 1 2 endothelium is mainly formed of liver sinusoidal endothelial cells (LSECs) which are highly specialized endothelial cells at the interface between blood derived from the 3 visceral adipose tissue and the gut, on the one side, and hepatic stellate cells and 4 5 hepatocytes, on the other side. LSECs have a unique phenotype in the human body as 6 they lack a basement membrane and have a multitude of *fenestrae* organized in sieves, 7 that regulate the transport of macromolecules, including lipids and lipoproteins, across 8 the sinusoid [7,8]. This review will specifically focus on the role of LSECs in the 9 pathophysiology of NAFLD and its complications.

10

#### 11 LSECs and simple steatosis

#### 12 Role of LSECs in lipid transfer in the normal liver

Dietary lipids present in the circulation have to be transported through the vascular 13 endothelium to be metabolized by tissues. In physiological conditions, LSECs are major 14 regulators of the bidirectional lipid exchange between the blood and the liver 15 parenchyma in two manners. First, LSECs fenestrae allow for efficient transfer of 16 17 lipoproteins, chylomicron remnants (small lipoproteins derived from chylomicrons 18 generated by enterocytes from dietary lipids), and other macromolecules, from the 19 sinusoidal blood to the space of Disse, where they are taken up by hepatocytes [9–11]. 20 LSECs fenestrae form a selective barrier for lipids. Indeed, older studies using 21 radiolabeled lipoproteins showed that larger lipoproteins do not cross LSECs *fenestrae* 22 and remain in the lumen of the sinusoid [12]. Moreover, when LSECs loose their fenestrae following VEGF pathway disruption, [11,13,14], uptake of fluorescently 23

labelled lipids is impaired [11,15]. Second, LSECs also regulate lipid transfer through
 their high endocytosis capacity, as attested by their high ability to rapidly take-up
 oxidized or acetylated-low density lipoproteins [8,16,17].

#### 4 <u>LSECs capillarization occurs early in NAFLD and promotes steatosis</u>

5 LSECs undergo morphological and functional changes during liver steatosis [18–21]. 6 One of the most remarkable phenotypic changes is the loss of *fenestrae*, also called 7 defenestration or sinusoidal capillarization, associated with the formation of a basement 8 membrane on the abluminal surface of LSECs. Several independent groups reported that 9 sinusoidal capillarization appears very early in NAFLD [18-20]. Miyao and colleagues 10 observed that defenestration begins after 1 week of choline-deficient, L-amino acid-11 defined diet in mice [18]. Similar observations were made in rats fed a high-fat diet for 3 weeks [20]. 12

13 Triggers for sinusoidal capillarization are not fully identified, but we can speculate that 14 excessive dietary macronutrients, including lipids, carbohydrates, and gut microbiota-15 derived products play a role [19]. Cogger and coworkers demonstrated in mice 16 challenged with several diets varying in content of macronutrients and energy that 17 LSECs porosity and *fenestrae* frequency are inversely correlated with dietary fat intake, 18 while *fenestrae* diameter is inversely correlated with protein or carbohydrate intake 19 [19]. In this study, authors also found a negative correlation between LSECs fenestrae (frequency, porosity and diameter) and circulating free fatty acids (FFA) levels [19]. In 20 vitro studies suggested that defenestration occurs following excessive lipids exposition. 21 22 For instance, exposure of human primary LSECs to oxidized-LDL (ox-LDL) reduces the 23 diameter and the porosity of the *fenestrae* [21]. The effect of FFA on *fenestrae* has also 1

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been tested in primary rat LSECs, but firm conclusions cannot be drawn since authors did not test several concentrations of FFA but rather presence *vs.* absence of FFA, which does not adequately mimic *in vivo* conditions [22]. Recent evidence point to gut

4 microbiota in the pathogenesis of NAFLD [3,23]. Cogger and colleagues showed that 5 LSECs *fenestrae* inversely correlated with the abundance of *Bacteroidetes* in the gut and 6 positively correlated with the abundance of *Firmicutes* [19]. Moreover, it has been 7 shown that a single injection of endotoxin in rats induces a decrease in both diameter 8 and number of *fenestrae* suggesting that gut microbiota-derived products may 9 contribute to LSECs capillarization, although caution is needed since concentration of 10 endotoxin used in that study was high [24].

11 In turn, capillarization favors liver steatosis (Figure 1), as observed in mice deficient in 12 plasmalemma vesicle-associated protein (PLVAP), an endothelial-specific integral membrane glycoprotein required for the formation of endothelial *fenestrae* [25]. These 13 14 mice exhibit a pronounced reduction in the number of LSECs fenestrae, associated with a 15 decrease in sinusoidal permeability [25] and spontaneously develop extensive steatosis 16 [25]. These mice also have hyperlipoproteinemia and increased triglyceridemia due to 17 chylomicron remnants retention in the blood. As mentioned above, *vegfb-/-* mice also exhibit reduction in the number of LSECs fenestrae and less uptake of labeled oleic acid 18 19 due to capillarization, but seatosis was not evaluated [15].

A first hypothesis explaining this consequence of capillarization on steatosis could be that reduced LSECs permeability impairs the passage of hepatocytes-derived very lowdensity lipoprotein toward the sinusoidal lumen, thus inducing cholesterol and triglycerides retention in the liver. However, these lipoproteins may escape the liver through the lymphatic system [26]. As an alternative explanation, Herrnberger and

1 collaborators proposed that chylomicron remnants originating from the blood and 2 required for synthesis of very low-density lipoprotein by hepatocytes can not reach hepatocytes due to LSECs capillarization; their absence in hepatocytes might then 3 4 stimulate hepatic *de novo* lipid synthesis and induce steatosis, as a compensatory 5 mechanism [25,27]. However, there is no available data to ascertain this hypothesis. 6 Similarly, Fraser and collaborators postulated that, following LSECs capillarization, 7 chylomicron remnants and dietary cholesterol do no longer pass fenestrae and inhibit 8 HMGCoA reductase, the rate limiting enzyme for hepatocyte cholesterol biosynthesis, 9 consequently activating endogenous cholesterol synthesis in hepatocytes [28].

10 Taken together, these data suggest that features of metabolic syndrome are associated

11 with LSECs capillarization, which promotes steatosis (Figure 1).

#### 12 <u>LSECs dysfunction occurs early in NAFLD and promotes steatosis</u>

Liver steatosis is associated with an increased portal pressure and increased intrahepatic vascular resistance [29–32]. In patients, hepatic venous pressure gradient correlates with the degree of steatosis [29]. Using Doppler flowmetry, Seifalian and colleagues observed an impaired sinusoidal perfusion in human fatty liver grafts compared with normal liver grafts [33]. Similar results were obtained in rabbits and rats with diet-induced steatosis, with an inverse correlation between hepatic parenchymal microcirculation and the severity of steatosis [34,35].

This increased intrahepatic vascular resistance has a mechanical and a dynamic component. The mechanical part is due to the compression of the sinusoidal lumen by enlarged fat-laden hepatocytes [29,36–38]. The dynamic part is due to a liver endothelial dysfunction. Endothelial dysfunction is a pathological condition, common to

1 all vascular beds, defined as the inability of blood vessels to dilate in response to 2 increased blood flow. Endothelial dysfunction is generally indicated by the loss of nitric oxide bioavailability due to eNOS inhibition [39]. Several lines of evidence show that 3 4 LSECs dysfunction occurs in fatty livers and is involved in the increased intrahepatic 5 vascular resistance associated with steatosis [40-43]. eNOS activation and liver nitric 6 oxide content are reduced in mice and rats fed a high-fat diet or a rich saturated fatty 7 acids diet for 4 weeks [40,41]. Isolated-perfused liver experiments performed in these 8 animals showed augmented portal perfusion pressure and reduced vasodilatory 9 response to acetylcholine, attesting liver endothelial dysfunction. These changes were 10 observed in the absence of inflammation and fibrosis, suggesting that endothelial 11 dysfunction is an early feature associated with steatosis in NAFLD [41,42].

12 Several mechanisms could account for this liver endothelial dysfunction associated with steatosis (Figure 2). First, LSECs dysfunction can be induced by overabundance of lipids 13 14 during steatosis. In vitro experiments showed that stimulation of human primary LSECs 15 with ox-LDL downregulates eNOS expression through the ox-LDL receptor, LOX1 [21]. 16 In addition, exposure of primary LSECs to palmitic acid also attenuates nitric oxide 17 bioavailability through peroxynitrite production by NOX1, a nitric oxide consuming enzyme highly expressed in LSECs of mice fed a high-fat diet [44]. Second, steatosis 18 19 induces insulin resistance in LSECs, leading to impairment of insulin-dependent vasodilation [41,45,46]. This effect is due, on the one hand, to the downregulation of 20 21 eNOS activity [41], and on the other hand to the upregulation of iNOS, the inducible form 22 of NOS which can cause endothelial dysfunction through increased nitrooxidative stress [46-48]. Interestingly, V-PYRRO/NO, a diazeniumdiolate ion metabolized in the liver 23 24 that spontaneously decomposes to nitric oxide with a very short half-life at physiological

pH and triggers cyclic guanosine 3',5'-monophosphate (cGMP) synthesis, improves hepatic microcirculation in mice with high-fat diet-induced steatosis [49]. Third, gut microbiota also seems to contribute to liver endothelial dysfunction. Indeed, Garcia-Lezana and colleagues demonstrated that restoration of a healthy microbiota *via* fecal transplantation normalizes portal hypertension by improving intrahepatic vascular resistance and endothelial dysfunction in rats [43].

7 In turn, LSECs dysfunction favors steatosis (Figure 2). Indeed, deficiency in nitric oxide 8 in *eNos*<sup>-/-</sup> mice results in massive fat droplets deposition and increases liver triglyceride 9 content [40,50]. Nitric oxide contributes to the regulation of hepatic lipid content by 10 limiting citrate synthesis in mitochondria, which is involved in fatty acids production [50]. Nitric oxide also attenuates synthesis of fatty acids in isolated cultured rat 11 12 hepatocytes by nitrosylating acetyl-CoA [51] and activating AMP-activated protein kinase [52-54], an inhibitor of glycerol-3-phosphate acyltransferase and thus of 13 14 triacylglycerol synthesis [55,56]. In addition, nitric oxide also allows efficient fatty acids 15 beta-oxidation throught s-nitrosylation of very long-chain acyl-CoA dehydrogenase in 16 hepatocytes [57]. Interestingly, therapies augmenting nitric oxide availability in the liver 17 improve steatosis. The V-PYRRO/NO or the improvement of nitric oxide/cGMP signaling 18 with the phosphodiesterase-5 inhibitor sildenafil protect against liver steatosis in high-19 fat diet-fed mice [40,58,59]. Moreover, treatment with simvastatin, a drug able to increase expression and activity of eNOS expression in the liver, decreases high-fat diet-20 21 induced steatosis in rats [60].

To summarize, steatosis is associated with LSECs dysfunction which in turn worsens
steatosis (Figure 2).

#### 1 <u>Angiogenesis and steatosis</u>

Angiogenesis, defined as the formation of new vessels from preexistent vessels, is a key
event in the progression of NAFLD [61–65]. Vascular endothelial growth factor (VEGF) is
the master pro-angiogenic regulator of this process supported by activation of hypoxia
inducible factors (HIF) in hypoxic areas [64].

6 Serum VEGF levels are higher in patients with biopsy-proven steatosis than in healthy 7 individuals [62,63,65]. In animal models, liver expression of VEGF and CD105, an 8 endothelial cell marker, increase after 3 days of methionine and choline deficient diet in 9 obese and diabetic *db/db* transgenic mice and after 1 week of this diet in C57BL6/J mice, 10 before NASH appears [63]. However, three studies reported that new vessels develop in 11 the liver of patients with NASH, but not in the liver of individuals with simple steatosis or with a normal liver [66-68]. This suggests that molecular events associated with up-12 13 regulation of angiogenic factors start early in the course of NAFLD, while angiogenesis 14 appears later, as detailed below.

#### 15 *Key points:*

- LSECs capillarization and dysfunction occur very early in NAFLD progression and
   contribute to dietary induced steatosis.
- Intrahepatic vascular resistance is increased even when steatosis is the only
   histological feature of NAFLD. This is due to the combination of a compression of
   sinusoids by fat-laden enlarged hepatocytes and of a dysfunction of LSECs due to
   reduced nitric oxide bioavailability.
- Molecular events associated with angiogenesis are initiated during simple steatosis,
   but angiogenesis itself is only detected in NASH.

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#### 2 LSECs in NASH

#### 3 LSECs contribute to oxidative stress in NASH

4 In response to lipotoxicity, hepatocytes generate reactive oxygen species (ROS) and 5 initiate a robust inflammatory response that accentuates liver injury [1,3]. In addition to 6 hepatocytes [1,3], lipotoxic response also occurs in LSECs contributing to ROS 7 generation [44,69]. Indeed, ROS have been detected not only in hepatocytes but also in 8 sinusoidal cells in patients with NASH [70]. Circulating lipids seem to account for this 9 LSECs oxidative stress. Indeed, exposure of murine LSECs to palmitic acid upregulates NOX1 expression, an enzyme implicated in ROS production [44]. In addition, stimulation 10 11 of human primary LSECs with ox-LDL increases ROS generation after binding to LOX1 [21]. This LSECs oxidative stress contributes to NASH. Indeed, mice with a global 12 13 deficiency in NOX1, which is highly expressed in LSECs in NAFLD, and fed a high-fat diet 14 display attenuated liver lesions attested by lower serum ALT level and lower hepatic 15 cleaved caspase-3 expression [44]. Therefore, in NASH, ROS production takes place not 16 only in hepatocytes but also to some extent in LSECs and seems to contribute to 17 hepatocyte injury.

#### 18 Anti-inflammatory role of LSECs at initial stages of NASH

Progression of simple steatosis to steatohepatitis is accompanied with adhesion of leukocytes to the sinusoidal endothelium followed by infiltration of leukocytes within liver parenchyma to form inflammatory foci [71]. Moderate and resolved inflammatory responses are beneficial to the liver as they promote the re-establishment of homeostasis, contribute to tissue repair and exert hepato-protective effects [72].

1 However, chronic inflammation, as seen in NASH, is accompanied with death of 2 hepatocytes and causes damage to liver parenchyma [72]. In physiological conditions, 3 LSECs constitute a barrier regulating the entry of circulating leukocytes within liver 4 parenchyma and play an anti-inflammatory role [73–76]. At early stages of NAFLD 5 progression, some evidence indicates that LSECs also exhibit anti-inflammatory function 6 [40,77]. Indeed, Tateya and colleagues elegantly demonstrated that nitric oxide derived 7 from LSECs inhibits Kupffer cells activation in mice fed a high-fat diet for a short period 8 of time (8 weeks) [40]. In vitro, both human and murine LSECs exposed to FFA for a 9 short period (16 hours) exhibit a downregulation of pro-inflammatory chemokines 10 involved in monocyte and macrophage recruitment, through a MAPK dependent 11 pathway [77].

#### 12 *LSECs promotes liver inflammation at more advanced stages of NASH*

13 As mentioned above, LSECs alterations arise early in NAFLD progression, prior to liver 14 inflammation [18,41]. Indeed, LSECs capillarization precedes Kupffer cells activation [18,41] and liver nitric oxide content falls before liver NF-kB activation and TNFa, IL6 15 and ICAM-1 up-regulation [30,40,41]. LSECs capillarization and dysfunction are 16 17 permissive for establishment of liver inflammation. Indeed, mice deficient in eNOS 18 exhibit an accelerated hepatic inflammatory response, while improving nitric 19 oxide/cGMP signaling with the phosphodiesterase-5 inhibitor sildenafil or with 20 simvastatin prevents liver inflammation in rodents fed a high-fat diet [40,60].

During NALFD progression, LSECs then acquire pro-inflammatory phenotype and
functions (Figure 3).

LSECs pro-inflammatory phenotype during NASH is characterized by progressive
 overexpression of adhesion molecules at LSECs surface including ICAM-1, VCAM-1 and
 VAP-1, as observed in mouse models of NASH [68,78–82]. LSECs also produce a number
 of pro-inflammatory mediators in NASH, including TNFα, IL-6, IL-1 and MCP1 [68,82–
 <u>84</u>].

6 This pro-inflammatory phenotype of LSECs in NASH is associated with pro-7 inflammatory functions (Figure 3). First, dysfunctional LSECs fail to maintain Kupffer 8 cells quiescence [40]. Second, the release of inflammatory mediators by LSECs 9 contributes to the inflammatory response by activating neighboring Kupffer cells, and by 10 favoring blood leukocytes recruitment, adhesion and transmigration [82,85,86]. 11 Mechanisms of the interactions between leucocytes and LSECs in NASH have been 12 reviewed elsewhere in detail and are summarized in Figure 3 [80,87-89]. LSECs expression of ICAM-1, VCAM-1 and VAP-1 is crucial for these interactions since in vivo 13 14 and *in vitro* studies showed reduced leukocytes adhesion to hepatic sinusoids when 15 these receptors are blocked or not functional [80,90]. Moreover, inhibition of the VCAM-16 <u>1 ligand, VLA-4, on monocytes using an anti-VLA-4 antibody inhibits adhesion and</u> 17 transendothelial migration of monocytes across LSECs from wild-type mice fed a highfat diet fed mice and fom ob/ob obese mice, and improves liver inflammation [82]. 18

Although stimuli responsible for LSECs inflammatory phenotype and functions in NASH
are not firmly identified, several mediators are potential candidates. This includes
products derived from the visceral adipose tissue, such as ox-LDL, FFA and adipokines.
Indeed, *in vitro* studies showed that stimulation of LSECs with ox-LDL and FFA
(palmitate) activates NF-kB and toll-like receptor-4 (TLR-4), respectively [21,44,91].
Moreover, circulating concentrations of several adipokines, including TNFα and IL6, are

increased in the portal vein in the context of metabolic syndrome, and may contribute to
LSECs inflammatory phenotype [92]. Gut microbiota also has an emerging role in NASH
as a source for liver inflammation [1,3]. Increased intestinal permeability and elevated
plasma concentrations of lipopolysaccharide (LPS) [93,94] observed in NASH may also
contribute to LSECs inflammation [83]. Besides mediators derived from the portal vein,
hepatocytes and liver inflammatory cells also release inflammatory mediators in NASH
that can activate LSECs [1,95].

8 To summarize, while at initial stages of NAFLD LSECs play an anti-inflammatory role, a 9 switch towards pro-inflammatory functions occurs during the course of NAFLD 10 development, paving the way for NASH progression.

#### 11 <u>Angiogenesis in liver inflammation in NASH</u>

Pathologic angiogenesis increases with NASH [61,68,96,97] (Figure 4). Indeed, several studies reported the formation of new vessels in the liver of patients with NASH. Moreover, serum VEGF and sVEGFR1 levels are higher in patients with steatosis and biopsy-proven NASH than in healthy individuals [62,66–68,98]. Similarly, in animal models of NASH, liver vasculature is disrupted and hepatic expression of VEGF and CD105 is increased [63].

18 Several mechanisms trigger angiogenesis during NASH. First, chronic inflammation 19 promotes angiogenesis. Indeed, chronic inflammation sustains tissue hypoxia and 20 induces transcription of angiogenic genes modulated by HIF-1 $\alpha$  [61,99]. Pro-21 inflammatory mediators also elicit a direct angiogenic response through the induction of 22 HIF-1 $\alpha$  transcriptional activity and VEGF production [61]. Moreover, cytokines and ROS 23 released during NASH can activate the MAPK/ERK pathway, a signaling pathway

1 involved in cell migration and angiogenesis [61]. Second, hepatocyte-derived 2 microvesicles link lipotoxicity with angiogenesis. Indeed, hepatocytes exposed *in vitro* to excessive amounts of saturated FFA, that mimics steatosis, release microvesicles with a 3 4 pro-angiogenic activity [100]. Likewise, mice fed a methionine and choline deficient diet 5 have high circulating levels of hepatocyte-derived microvesicles able to induce 6 angiogenesis. Third, angiopoietin-2 is another mechanism of liver angiogenesis in NASH. 7 Angiopoiteins are key regulators of angiogenesis. Although angiopoietins-1 and 2 8 contribute to vascular stability and quiescence in physiological conditions, angiopoietin-9 2 promotes pathological angiogenesis in inflammatory conditions [101]. Lefere and coworkers recently showed that serum angiopoietin-2 levels are increased in patients 10 with NASH and correlate with liver steatosis, inflammation and hepatocyte ballooning, 11 12 but not with liver fibrosis [68]. Similar findings were observed with two murine models of NASH, namely mice fed a methionine and choline deficient diet and mice with 13 14 neonatal injection of streptozotocin followed by 16 weeks of western diet [68]. The main 15 source of hepatic angiopoietin-2 was LSECs [68]. Inhibiting angiopoietin-2 levels using 16 the angiopoietin-2/Tie2 receptor inhibiting peptibody L1-10 reduced hepatic 17 angiogenesis and normalized vascular microarchitecture [68].

In turn, angiogenesis promotes inflammation since various strategies of inhibition of angiogenesis all improve liver inflammation (Figure 4). Coulon and colleagues showed in a mouse model of NASH that treatment with anti-VEGFR2 antibody improves liver vasculature and decreases liver inflammatory gene expression, both using preventive and therapeutic approaches [63]. Lefere and colleagues showed that blocking angiopoietin-2/Tie2 interaction with the L1-10 peptibody also alleviates liver injury and inflammation in mice fed a methionine and choline deficient diet [68]. Importantly, this effect of L1-10 therapy is at least partly mediated by an effect on LSECs since L1-10 treatment downregulates VCAM-1, ICAM-1 and MCP1 expression in liver endothelial cells isolated from mice fed a methionine and choline deficient diet [68]. This antiinflammatory effect of anti-angiogenic treatment is not specific for NASH, as it is observed in most models of chronic liver disease, namely carbon tetrachloride, and bile duct ligation [102–106].

7 To summarize, inflammation stimulates angiogenesis that in turn worsens
8 <u>inflammation</u>, as attested by the anti-inflammatory effect of anti-angiogenic therapies
9 (Figure 4).

#### 10 *Key points:*

Lipotoxicity and inflammation induce endothelial inflammation. Activated LSECs
 release cytokines and chemokines and overexpress adhesion molecules, thus
 sustaining liver inflammation.

Inflammation promotes angiogenesis that in turn worsens liver inflammation as
 attested by the anti-inflammatory effect of anti-angiogenic therapies.

16

#### 17 LSECs in NASH-related liver fibrosis

Liver fibrosis is defined as the excessive deposition of extracellular matrix in liver parenchyma. The main mechanism leading to liver fibrosis is a long-standing wound healing process caused by hepatocellular injury and inflammation and mediated by hepatic stellate cells activation [1,107]. Hepatic stellate cells are nonparenchymal cells close to LSECs, in the space of Disse, which store retinoids in physiological conditions

1 and shift their phenotype to an activated myofibroblastic state during liver injury and 2 inflammation to secrete large amounts of extracellular matrix compounds [107]. As detailed above, LSECs are major effectors of liver inflammation in NASH, and 3 4 consequently also promote hepatic fibrosis. For example, LSECs overexpress VAP-1 5 during inflammation which, in addition to its pro-inflammatory functions in NASH, is 6 directly involved in hepatic stellate cells activation [80]. Inhibition or deficiency in VAP-7 1 in mice fed a methionine and choline deficient diet or a high-fat diet attenuates liver 8 fibrosis [80]. LSECs also contribute to liver fibrosis through capillarization and 9 endothelial dysfunction, as detailed below.

#### 10 *LSECs capillarization promotes liver fibrosis*

Capillarization is observed in patients and animal models of NASH and precedes fibrosis
[18,41,108–112], but also promotes its development. Indeed, PLVAP deficient mice,
displaying a pronounced reduction in the number of LSECs *fenestrae*, spontaneously
develop perisinusoidal liver fibrosis [25].

Experiments performed using cultured LSECs and hepatic stellate cells highlighted an important cross-talk between LSECs and hepatic stellate cells to regulate each other phenotype. While healthy LSECs maintain hepatic stellate cells quiescent, capillarized LSECs loose this ability [112,113] (Figure 5). A vicious cycle between LSECs capillarization and hepatic stellate cells activation then occurs during the fibrotic process.

In NASH, ballooned hepatocytes produce Hedgehog molecules [114]. Hedgehog pathway
regulates capillarization, as inhibition of Hedgehog signaling prevents capillarization
and partially reverts LSECs phenotype from dedifferentiated to their differentiated state
[115]. LSECs are thus Hedgehog-sensitive cells, but they are also Hedgehog producing

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1 cells. Similarly, quiescent hepatic stellate cells are Hedgehog-sensitive cells, while 2 activated hepatic stellate cells become Hedgehog-producing cells able also to release 3 microvesicules loaded with Hedgehog signaling molecules that interact with LSECs [116,117]. It is thus tempting to speculate that during NASH, Hedgehog ligands are 4 5 released by hepatocytes and LSECs, thus activating LSECs themselves, as well as 6 quiescent hepatic stellate cells, by autocrine and paracrine effects. Activated hepatic 7 stellate cells can then secrete Hedgehog molecules, promoting LSECs capillarization 8 which in turn favors hepatic stellate cells activation, promoting the fibrogenic process.

#### 9 <u>LSECs dysfunction promotes liver fibrosis</u>

Endothelial dysfunction appears very early in the course of NAFLD and precedes fibrosis 10 11 in animal models of NASH [30,40,41]. Several lines of evidence suggest that liver 12 endothelial dysfunction contributes to liver fibrosis. First, in rats fed a high-fat diet, 13 simvastatin increases liver eNOS expression and ameliorates liver fibrosis [60]. Second, 14 eNOS inhibition using L-NAME blocks the ability of healthy LSECs to keep hepatic stellate cells quiescent [118,119]. Third, an activator of soluble guanylate cyclase, a 15 16 receptor for nitric oxide, can recapitulate the effect of healthy LSECs and reverse hepatic stellate cells activation [13]. A limitation of these studies is however that most 17 18 approaches might not only act on endothelial function but also on LSECs capillarization 19 [112,118]. Indeed, although L-NAME blocks LSECs-induced hepatic stellate cells 20 quiescence, addition of a nitric oxide donor does not directly reverse hepatic stellate 21 cells activation in vitro [13], suggesting that additional LSECs-derived factors could be 22 responsible for the reversion of activated hepatic stellate cells to quiescence.

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1 To summarize, these data demonstrate that capillarization and LSECs dysfunction not 2 only precedes liver fibrosis, but are also permissive for it (Figure 5). LSECs are able to 3 maintain hepatic stellate cells quiescent as long LSECs are differentiated, so that 4 differentiated LSECs are gatekeepers for fibrosis in NASH, like in other chronic liver 5 diseases.

#### 6 Liver endothelial-to-mesenchymal transition: a process promoting liver fibrosis?

7 Another important process that links endothelial cells to organ fibrosis is endothelial-to-8 mesenchymal transition, *i.e.* a mechanism by which endothelial cells convert into 9 myofibroblasts and contribute to extracellular matrix deposition [120,121]. Endothelialto-mesenchymal transition occurs in various fibrotic cardiovascular and pulmonary 10 11 diseases [120-122]. In vitro studies showed that healthy LSECs produce a modest 12 amount of collagen and fibronectin [123]. Capillarized LSECs secrete fibrogenic factors, 13 such as TGF-β1, and extracellular matrix proteins, such as fibronectin and laminin, that 14 may be considered as an endothelial-to-mesenchymal transition, and also stimulates 15 activation of neighboring hepatic stellate cells [8,124,125]. In vivo, in the liver disease 16 field, only one study described endothelial-to-mesenchymal transition in patients with 17 alcohol or hepatitis C virus-related cirrhosis and in mice treated with carbon 18 tetrachloride [126]. This process might also happen during liver fibrosis in NASH, but 19 will deserve further studies.

#### 20 Angiogenesis in NASH-related liver fibrosis

Liver angiogenesis correlates with liver fibrosis in patients with NASH [66,67]. The mechanisms leading to liver angiogenesis in NASH-related fibrosis include those mentioned above, namely tissue hypoxia [61], hepatocytes-derived microvesicles [100,127] and angiopoietin-2 [68], but also leptin. Leptin concentrations are increased
 in the serum of patients with NAFLD [128]. This adipocytokine has both pro-angiogenic
 effects [129], and direct pro-fibrogenic effects, through the upregulation of TGF-β in
 LSECs and Kupffer cells [130].

5 In turn, angiogenesis promotes liver fibrosis since several approaches inhibiting liver 6 angiogenesis prevents NASH-related fibrosis (Figure 4). First, in the study by Kitade and 7 colleagues, neither angiogenesis nor fibrosis was observed in the absence of leptin 8 signaling in a rat model of NASH [129]. Second, blocking the release of pro-angiogenic 9 microvesicles from fat laden-hepatocytes or inhibiting their binding to their target cells 10 protects mice from steatohepatitis-induced pathologic angiogenesis and results in a 11 reduction in liver fibrosis [100]. Third, Zhou and coworkers recently showed that a 12 specific deletion of the physiological inhibitor of angiogenesis, prolyl-hydroxylase-2, in endothelial cells results in an overexpression of angiopoietin-2 and TGF-β1 in the liver 13 14 and promotes dietary-induced liver fibrosis in mice [131,132]. Whether this pro-fibrotic 15 effect of endothelial prolyl-hydroxylase-2 deficiency is directly induced by promoting 16 angiogenesis remains to be demonstrated. Fourth, two studies reported that inhibiting 17 angiotensin-II receptor using telmisartan or candesartan inhibits liver angiogenesis and 18 fibrosis in rats fed a choline-deficient, L-amino acid-defined diet [96,97]. Finally, Lefere 19 and colleague demonstrated that blocking angiogenesis by inhibiting angiopoietin-20 2/Tie2 interaction using the L1-10 peptibody improves liver fibrosis in preventive and 21 therapeutic strategies in mice fed a methionine and choline deficient diet. Therapeutic 22 application of L1-10 peptibody also prevents liver fibrosis in diabetic mice with NASH (streptozotocin and western diet model) [68]. It should be noted that an anti-fibrotic 23

effect of anti-angiogenic treatments has also been observed in models of chronic liver
 disease without NASH [102–106,133–139].

#### 3 Key points:

- LSECs capillarization and dysfunction precede liver fibrosis and are permissive for
  it, through the loss of the ability of LSECs to maintain quiescence of hepatic stellate
  cells.
- Liver angiogenesis correlates with the severity of liver fibrosis and promotes its
   development. Once established, fibrosis stimulates angiogenesis by increasing tissue
- 9 hypoxia. Blocking pathologic angiogenesis prevents liver fibrosis.

10

#### 11 LSECs in NASH-induced hepatocellular carcinoma

In most cases, hepatocellular carcinoma (HCC) develops within a background of chronic
liver disease (70–90% of all patients). The role of liver endothelial cells in HCC
development, outside the NAFLD setting, has been reviewed elsewhere and is
summarized in Figure 6 [8,76,140–143].

Patients with metabolic syndrome and NAFLD also develop HCC in the absence of
underlying cirrhosis, suggesting oncogenic pathways specific for NAFLD [5,6].
Adipokines and angiogenesis associated with NAFLD seem to account –at least partlyfor this specific link between NAFLD and HCC.

20 Circulating concentrations of the adipokine FABP4 are increased in patients with NAFLD
21 without HCC and correlate with liver inflammation and fibrosis [144]. Interestingly,

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Laouirem and colleagues recently demonstrated that LSECs exposed to conditions
mimicking NAFLD -namely high concentrations of glucose, insulin, or VEGFA- release
FABP4. They also observed that FABP4 released by LSECs exerts pro-oncogenic effects,
since it induces hepatocyte proliferation. In mice fed a high-fat diet, specific inhibition of
FABP4 reduces HCC growth [145]. We can speculate that FABP4 from LSECs not only
contributes to HCC progression but also to HCC development in a NAFLD setting.

7 In NAFLD, angiogenesis is highly stimulated and promotes NAFLD-associated HCC, since 8 various inhibitions of angiogenesis all prevent HCC development. First, leptin-mediated angiogenesis has been demonstrated to be involved in HCC development as neither 9 10 angiogenesis nor HCC develop in the absence of leptin signaling in Zucker rats fed a 11 choline-deficient, L-amino acid-defined diet [129]. Second, Yoshiji and colleagues 12 showed that a conventional anti-angiogenic treatment with sorafenib inhibits preneoplastic lesions appearance in rats fed a choline-deficient, L-amino acid-defined 13 14 diet [146]. In this study, authors also demonstrated that a treatment combining low 15 doses of sorafenib with the angiotensin-II receptor inhibitor losartan also successfully 16 inhibits preneoplastic lesions [146]. Third, Tamaki and colleagues demonstrated that 17 inhibition of angiotensin-II receptor with telmisartan inhibits HIF-1α activity and VEGF expression and prevent HCC development in the liver of rats fed a choline-deficient, L-18 19 amino acid-defined diet for 48 weeks [96]. Finally, Lefere and coworkers recently 20 showed that therapeutic inhibition of angiopoietin-2 alleviates steatohepatitis and 21 prevents NASH-associated HCC progression in mice [68].

#### 22 Key point:

#### 23

• Adipokines contribute to HCC development in NAFLD.

- 25/48
- NALFD associated angiogenesis promotes HCC. Blocking pathologic angiogenesis
   prevents HCC development and progression.
- 3

#### 4 Gaps in knowledge and future directions

Even if our understanding of the role of LSECs in NAFLD has progressed over the last 5 6 vears, several aspects remain elusive. First, triggers responsible for LSECs alterations in 7 NAFLD are mostly unkown. Mediators derived from the visceral adipose tissue and the 8 gut have been speculated, but not convincingly established. Indeed, available in vitro 9 studies considered each meaditor individually and not in combination as in vivo in the 10 portal venous blood [21,44,77]. Second, mechanisms underlying endothelial changes in NAFLD, including capilarization, need to be defined which might provide new 11 therapeutic targets for NAFLD. Third, the role of LSECs in NASH-related cirrhosis has not 12 been specifically investigated. Whether LSEC function and phenotype differ in cirrhosis 13 related to NASH from cirrhosis related to other causes remains to be assessed [147]. 14 Fourth, although NAFLD is well recognized as favoring HCC development, we are still at 15 16 a very early stage of understanding how LSECs changes might favor HCC development.

17

#### 18 <u>Conclusion</u>

19 LSECs are gatekeepers of liver homeostasis in physiological conditions. In NAFLD, 20 sinusoidal endothelial alterations, including capillarization and LSECs dysfunction, occur 21 early in disease progression, at the stage of simple steatosis. These initial changes, 22 triggered by lipotoxicity, adipokines, and inflammation and gut microbiota-derived products are associated with a loss of the ability of LSECs to prevent liver inflammation and fibrosis associated with NASH. Indeed, altered LSECs fail to maintain Kupffer cells and hepatic stellate cells quiescence. At the stage of NASH, altered LSECs contribute to liver angiogenesis, inflammation, fibrosis and HCC. Improving LSECs health has high therapeutic potential for NAFLD. Current challenge is the identification of strategies to target specifically LSECs to modulate their activity.

- 7
- 8

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#### 1 Figure legend

2 Figure 1: LSECs capillarization promotes steatosis. In physiological conditions, chylomicron remnants cross LSECs *fenestrae* and provide cholesterol and triglycerides 3 4 for VLDL synthesis. VLDL are then released by hepatocytes and reach blood flow through *fenestrae*. In metabolic syndrome conditions, LSECs capillarization arises 5 6 early in the course of NAFLD, possibly because of exposure of LSECs to dietary 7 macronutrients. In turn, LSECs capillarization promotes steatosis, possibly because 8 capillarization blocks the transfer of chylomicron remnants to hepatocytes, thus 9 stimulating endogenous cholesterol and triglycerides synthesis, as a compensatory 10 mechanism for the synthesis of VLDL, wich reach blood flow through the lymphatic system. FFA, free fatty acids; LDL, low-density lipoprotein; LSECs, liver sinusoidal 11 12 endothelial cells; ox-LDL, oxidized low-density lipoprotein; VLDL; very low-density lipoprotein. 13

Figure 2: LSECs dysfunction promotes steatosis. In physiological conditions, LSECs 14 release NO which regulates intrahepatic vascular tone on the one hand, and hepatic lipid 15 16 metabolism on the other hand. NO limits hepatic lipid content by inhibiting hepatic de 17 novo lipogenesis, through a limitation of citrate synthesis in mitochondria, an inhibition 18 of ACC and of GPAT, and by promoting fatty acids beta-oxidation. In metabolic 19 syndrome conditions, overabundance of lipids and insulin resistance lead to 20 downregulation of eNOS activity and to upregulation of iNOS and of NOX1 (a nitric oxide 21 consuming enzyme), causing nitrooxidative stress through peroxynitrites production 22 and eventually endothelial dysfunction. Reduced NO availability promotes steatosis. Liver steatosis is associated with an increased intrahepatic vascular resistance which 23 has a mechanical component, due to the compression of the sinusoidal lumen by 24

enlarged fat-laden hepatocytes, and a dynamic component, due to a liver endothelial
dysfunction. ACC, acetyl CoA carboxylase; AMPK, AMP-activated protein kinase; eNOS;
endothelial nitric oxide synthase; GPAT, glycerol-3-phosphate acyltransferase; LSECs,
liver sinusoidal endothelial cells; IHRV; intrahepatic vascular resistance; iNOS, inducible
nitric oxide synthase; NO, nitric oxide; NOX1, NADPH oxidase 1.

6 Figure 3: LSECs acquire pro-inflammatory functions in NASH. Lipotoxicity, 7 inflammation and gut microbiota-derived products induce LSECs inflammatory 8 phenotype and function mediated by NFkB activation, which orchestrate the release of 9 pro-inflammatory mediators and the overexpression of adhesion molecules. 10 Inflammatory mediators and LSECs dysfunction promote Kupffer cells activation and 11 leukocytes chemoattraction. Adhesion molecules overexpression allows adhesion and 12 transendothelial migration of the recruited leukocytes in the hepatic parenchyma. ICAM-1, intercellular adhesion molecule-1; LSECs, liver sinusoidal endothelial cells; NF-kB, 13 14 nuclear factor kappa B; NO, nitric oxide; VAP-1, vascular adhesion protein-1; VCAM-1, 15 vascular cell adhesion molecule-1.

Figure 4: Angiogenesis in NASH. Hypoxia, liver injury, lipids, oxidative stress, 16 inflammation and fibrosis induce the release of pro-angiogenic factors, such as 17 18 hepatocyte-derived microvesicles, VEGF and Angiopoietin-2, from parenchymal and 19 non-parenchymal cells including LSECs, therefore promoting pathologic angiogenesis. 20 Adipokines, such as leptin, also exhibits pro-angiogenic activity contributing to 21 pathologic angiogenesis in NASH. In turn, angiogenesis promotes liver inflammation and 22 fibrosis as attested by anti-angiogenic therapies which prevent liver inflammation and 23 fibrosis in experimental models of NASH. VEGF, vascular endothelial growth factor; 24 VEGFR2, vascular endothelial growth factor receptor2.

Figure 5: LSECs in NASH-related fibrosis. Healthy LSECs are gatekeepers of liver 1 2 fibrosis by maintaining HSCs quiescent through NO, while altered LSECs (following capillarization and LSECs dysfunction) lose this ability. In addition, altered LSECs 3 release profibrogenic molecules such as TGF-B, Hedgehog molecules, laminin and 4 5 fibronectin, which activate HSCs. Activated HSCs produces Hedgehog molecules 6 reinforcing their own activation and LSECs capillarization. Activated HSCs then produce 7 large amounts of extracellular matrix thus inducing liver fibrosis. ECM, extracellular 8 matrix; Hh, Hedgehog; HSC, hepatic stellate cell; LSECs, liver sinusoidal endothelial cell; 9 NO, nitric oxide; TGF- $\beta$ , transforming growth factor- $\beta$ .

Figure 6: Role of liver endothelial cells in hepatocellular carcinoma (HCC) 10 development in chronic liver diseases (not specific for NAFLD). During HCC 11 12 progression, endothelial cells sequentially lose their specific markers including stabilin-1, stabilin-2, LYVE-1 and CD32b (SE-1). Conversely, endothelial expression of integrins 13 14 increases, facilitating adhesion of liver cancer cells. In parallel, endothelial expression of 15 ICAM-1 decreases, leading to a lower ability of leukocyte to adhere and infiltrate 16 HCC. Endothelial cells within HCC can also alter tumor-associated immune responses via 17 their ability to confer T cell tolerance towards cancer-associated antigens and to create 18 an immunosuppressive environment.

Figure 7: Role of liver endothelial cells in hepatocellular carcinoma development in the NAFLD setting. Circulating concentrations of angiocrine factors, such as VEGF and angiopoeitin-2, and adipokines, such as leptin are increased in NAFLD. These mediators induce angiogenesis which promotes HCC growth. The adipokine FABP4 is released by adipose tissue and endothelial cells and contributes to HCC development and progression.

# BOX: Liver sinusoidal endothelial cell (LSEC) changes are not specific for certain animal models of NASH

- 3 <u>LSECs alterations are observed in various dietary or genetic models of NAFLD, without</u>
- 4 apparent specificity. Indeed, LSECs capillarization is observed in animals fed a choline-
- 5 <u>deficient, l-amino acid-defined diet or a high-fat diet [18–20]. LSECs dysfunction can be</u>
- 6 induced by a high-fat diet, or a rich saturated fatty acids diet, or a high-fat high-glucose
- 7 and high-fructose diet [40,41,43]. Markers of LSECs inflammatory phenotype are
- 8 observed in animals fed a high-fat diet or a methionine and choline deficient diet
- 9 [68,82]. Markers of angiogenesis appear after methionine and choline deficient diet in
- 10 *db/db* obese mice and in C57BL/6 mice and in rats fed a choline-deficient, l-amino acid-
- 11 <u>defined diet [63,129].</u>







Figure 4





## **Tumor progression**



