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#### Cationic Poly(cyclodextrin)/Alginate Nanocapsules: From Design to Application as Efficient Delivery Vehicle of 4-hydroxy tamoxifen to Podocyte *in vitro*

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- 28 Abstract. (173 words)
- 29

30 Most of the drug molecules are partially insoluble in aqueous solution and then may 31 accumulate in fat tissues hampering efficient therapy. Innovative drug delivery strategies have 32 emerged in industry or academia over the last decades, however preserving the activity of the 33 encapsulated drug, having high drug loading capacity and controlling drug release kinetics are 34 still challenging. In this context, we explored the preparation of new nanocarriers, namely 35 nanocapsules, via a templating method, and using polysaccharides exhibiting biological 36 functions. Cationic poly(cyclodextrin) (P(CD<sup>+</sup>)) and alginate (alg<sup>-</sup>) were initially self-37 assembled layer-by-layer on colloidal gold nanoparticles. Removal of gold nanoparticles was 38 then induced thorough cyanide-assisted hydrolysis, enabling the recovery of nanocapsules. A 39 hydrophobic drug known to allow the mutation of genes inside cells, namely 4-hydroxy-40 tamoxifen, was loaded within the nanocapsules' shell via inclusion with the cyclodextrin 41 cavities. The so-designed nanomaterials were incubated with immortalized podocytes to 42 investigate i) their incorporation inside cells and ii) their efficiency for in vitro 4-hydroxy-43 tamoxifen-induced CreERT2 recombination. This work undoubtedly highlights a proof-of-44 concept for drug delivery using polysaccharides-based capsules with host properties.

- 45
- 46

47 Keywords: particle-templated layer-by-layer assembly, poly(cyclodextrin), capsule,
48 supramolecular chemistry, host-guest complexation, podocyte

#### 50 **1. Introduction.**

51 Nowadays, the efficient delivery of hydrophobic drugs is still a key challenge in the field of 52 biotechnology.[1, 2] The limited clinical effectiveness may result from low solubility in 53 aqueous media, toxicity profile, and/or other poor pharmaceutical characteristics. The 54 development of drug vehicles has then been considered for encapsulating and delivering 55 poorly water-soluble drugs for several therapies. [3]. For the design of polymer-based 56 delivery systems various types of carrier-drug interactions, including electrostatic or host-57 guest ones, may be considered providing innovative solutions for carrying one or multiple 58 drug payloads. Similarly to common host molecules such as pillararenes, cucurbiturils and 59 crown ethers, low toxic cyclic oligosaccharides as cyclodextrins (CDs) can incorporate 60 various guest molecules into their hydrophobic cavity, thereby enabling enhanced 61 solubilization of high amounts of hydrophobic drugs and potentially transport though cell 62 membranes.[4]

63 In the literature, two strategies are presented to prepare CD-containing LbL assemblies. The 64 first one involves the use of charged CDs, and the LbL assemblies are obtained through 65 electrostatic interactions. [5-7] Nevertheless, molecular cyclodextrins did not provide highly 66 stable entrapment of the guest molecules, leading to a rapid drug release. The second strategy 67 for constructing CD-containing LbL assemblies relies on the use of host-guest complexation 68 as the driving force for the assembly built up.[8-11] In this case, CD-containing polymers and 69 guest molecule-appended polymers are built into LbL multilayers by forming host-guest 70 complexes.

71 Herein we propose an alternative path based on supramolecular chemistry for both the self-72 assembly of multilayered nanocapsules and the encapsulation of 4-hydroxytamoxifen via 73 electrostatic and hydrophobic effect driven inclusion complex formation, respectively. The as-74 designed nanometer-sized hollow polymeric spheres (or capsules) are expected to exhibit high 75 stability over a wide pH range, and enable efficient intracellular drug delivery. LbL-based 76 hollow capsules are generally stable, explaining the interest of using them as drug carriers. 77 [12, 13] Indeed, our approach involves the use of a charged polymeric carrier, namely a 78 cationic polycyclodextrin, capable of complexation with a hydrophobic chemical in 79 alternation with a degradable polyanion (the alginate). The synthesis of the polycation was 80 previously reported [14] but no previous study explored its potential use for the elaboration of 81 capsules with drug loading ability. Herein, the affinity of the cyclodextrin cavities has been

82 investigated with a model hydrophobic probe and a drug, namely pyrene and 4-hydroxy83 tamoxifen (OHT), respectively. [15]

OHT is the major active metabolite of tamoxifen which binds selectively estrogen receptor (ER) and estrogen-related receptors (ERR) with estrogenic and anti-estrogenic effects. Physiopathologic systems have been investigated through transgenic tools implying the targeted expression of the Cre-recombinase fused with a mutated form of the ER. This latter allows high affinity binding of OHT and a low affinity for endogenous estrogen [15, 16]. The fusion protein translocates from the cytoplasm to the nucleus upon its binding with OHT. This involves the excision of genomic segments between loxP sequences.

91 In our study, we will use a conditionally immortalized mouse podocytes cell line which has 92 been developed from transgenic mice Cmip conditional knock-out mice as described 93 elsewhere [17]. Indeed, these mice possess coding sequences for the chimeric Cre 94 recombinase associated with the mutated domain of the estrogen receptor (CreERT2). Upon 95 treated with binding OHT, the chimeric CreER protein translocation in the nucleus is induced 96 where the recombinase can play its role and thus cause the deletion of the exon 8 of the 97 second allele. It deserves noting that the formation the inclusion complex between tamoxifen 98 and its derivatives and CD has already been reported [18, 19] but to the best of our 99 knowledge, there are no studies reporting the host-guest (polycationic CD-4-100 hydroxytamoxifen) interaction-mediated Cmip exon 8 deletion in podocytes selected as an in 101 *vitro* model. Thus, this contribution aims at providing evidences for (*i*) the efficient loading of 102 4-hydroxytamoxifen within polycationic CD-alginate multilayered nanocapsules through 103 inclusion complex formation, (*ii*) the preservation of the biological activity of OHT through 104 such delivery pathway.

105

## 106107 2. Experimental section

#### 108 **2.1. Materials**

109 The following chemicals were used as received: chitosan (chi<sup>+</sup>, Sigma-aldrich), alginate (alg<sup>-</sup>, 110 Sigma-aldrich), sodium 2-mercaptoethanesulfonate (Sigma-aldrich, > 89.5%), pyrene (Sigma-111 Aldrich), 4-hydroxy-tamoxifen (OHT, Sigma-Aldrich), gold nanoparticles (60 nm, Sigma-112 Aldrich) and potassium cyanide (KCN, Sigma-Aldrich). The cationic cyclodextrin (P(CD<sup>+</sup>)) 113 was synthesized according to the procedure developed by Thuaud et coll. [14] The cationic 114 eyclodextrin polymer was synthesized by crosslinking the  $\beta$ -cyclodextrin ( $\beta$ -CD) with 115 epichlorohydrin [20] followed by a reaction with the 2,3 epoxypropyltrimethylammonium

- 116 chloride.[14] Briefly, β-CD reacted in NaOH solution (33 %) with epichlorohydrin at 50 °C 117 for 210 min. After neutralizing the pH, the polymer was concentrated by ultrafiltration to 118 remove salt or low molecular compounds and recovered through freeze drying process. The 119 resulting β-CD polymer was chemically modified with quaternary ammonium side groups through reaction with 2,3-epoxypropyltrimethylammonium chloride in basic media. The 120 121 resulting modified polymer was purified by a dialysis step using a cellulose dialysis membrane (1 kDa cut off). The product was isolated via freeze drying to yield a white solid. 122 123 Average molar masses and molar masses distributions were determined by size exclusion 124 chromatography (SEC) coupled online with multi-angle light scattering (MALS) and 125 differential refractive index (DRI) detectors. The MALS apparatus is the DAWN Heleos-II 126 from Wyatt Technology (Ca, USA) filled with a K5 cell and a Ga–As laser ( $\lambda$ = 690 nm). The DRI detector is a Shimadzu RID-10A (Japan). Columns [Shodex SB OHpak 804 and 806 HQ 127 128 for alginate  $(dn/dc = 0.140 \text{ mL}.g^{-1} [21])$  and PL aquagel OH 40+30 for the cationic polycyclodextrin] were eluted with 0.1mol.L<sup>-1</sup> LiNO<sub>3</sub> at 0.5 mL min<sup>-1</sup>. The flow rate was 129 130 fixed at 1 mL.min<sup>-1</sup>. The samples were filtered on 0.45  $\mu$ m unit filter before injection through 131 a 100 µL full loop.
- For the alginate, the  $\overline{Mn}$  value is 2.7 10<sup>5</sup> g·mol<sup>-1</sup>, the  $\overline{Mw}$  value is 3.8 10<sup>5</sup> g·mol<sup>-1</sup>. For the cationic poly(cyclodextrin), the  $\overline{Mn}$  value is 6.5 10<sup>3</sup> g·mol<sup>-1</sup>, the  $\overline{Mw}$  value is 2.4 10<sup>4</sup> g·mol<sup>-1</sup>
- 134 and the degree of substitution is  $0.40 \pm 0.05$  (estimated from <sup>4</sup>H NMR [14]).
- 135

#### 136 **2.2. Synthetic procedures**

137 2.2.1. Elaboration of P(CD<sup>+</sup>)/alginate multilayers films onto flat gold substrate

138 A Q-Sense E1 device (Q-Sense, Sweden) was employed to monitor the *in situ* formation of 139 the multilayer self-assembly of  $(P(CD^+)/alg^-)$  bilayers. The gold coated QCM crystals were 140 first cleaned with water and ethanol, then treated in an UV/ozone chamber (BioForce 141 UV/Ozone ProCleaner) for 20 min and pretreated with sulfonated thiol (5 g.L<sup>-1</sup>, 10 mg 142 sodium 2-mercaptoethanesulfonate in 2 mL of water). This sulfonated thiol derivative is used 143 as an anchoring layer for enabling the further adsorption of the polycation layer. After a 144 supplementary rinsing with ethanol, surfaces were dried under N<sub>2</sub> flow. After mounting in the 145 QCM-D flow chamber, the sensor was conditioned in water for 10 min prior to monitoring the self-assembly. All solutions were injected into the cell with a flow rate of 250  $\mu$ L.min<sup>-1</sup> at 25 146 147 °C. The self-assembly of  $P(CD)^+$  / alg<sup>-</sup> was performed onto the pretreated negatively charged 148 flat gold substrate via alternative contact with first the polycation followed by the polyanion solutions. Wetting angle measurements were performed at room temperature with a Krüss apparatus in the sessile drop configuration. A drop (5  $\mu$ L) was laid upon a flat gold substrate bare or modified with the multilayer film, and then, an image was captured using a black and white CCD camera.

153

#### 154 2.2.2 Fabrication of P(CD<sup>+</sup>)-based nanocapsules

155 In order to adsorb the cationic-poly(cyclodextrin) and the polyanionic alginate on the 156 spherical surface, the colloidal gold nanoparticles were first pretreated with a thiol derivative 157 (sulfonate groups on the surface). 500 µL of a filtered suspension of gold nanoparticles, 400 158  $\mu$ L of aqueous solution and 100  $\mu$ L of sodium 2-mercaptoethanesulfonate solution (5 g.L<sup>-1</sup>, 10 159 mg in 2 mL of water) were mixed overnight in an Eppendorf tube. Free thiol derivative was 160 removed from the supernatant after centrifugation (17968 g for 15 min). 100 µL of cationicpoly(cyclodextrin) (1 g.L<sup>-1</sup> prepared in water) solution was added to a suspension of pre-161 162 treated gold nanoparticles. After 20 min, the polyelectrolyte excess was removed from the 163 supernatant fraction after centrifugation (17968 g for 15 min). This washing process was 164 repeated two more times keeping the final volume equal to 1 ml. This adsorption process was further repeated with the addition of 100 µL of alginate solution (1 g.L<sup>-1</sup> prepared in water) to 165 166 the suspension of cationic-poly(cyclodextrin)-modified gold nanoparticles. This procedure 167 describes the assembly of a single bilayer: (cationic-poly(cyclodextrin) /alginate)<sub>1</sub> 168  $(P(CD^+)/alg^-)_1$ . The LbL process was repeated to get the nanomaterials with a desired number 169 of layers. This process was monitored with zeta potential measurement (Zetasizer Nano-ZS, 170 Malvern Instrument).

171 Nanocapsules were obtained by dissolving the gold core using 100 µL of potassium cyanide 172 solution (70 mg of KCN in 15 mL of water). This step was followed by a dialysis process to 173 remove the gold complex (3.5 kDa cut off). Kinetic of the core removal was investigated through monitoring the spectroscopic signature of the gold core. Absorbance spectra were 174 175 recorded with a UV-Visible spectrophotometer from Varian Cary 50 Bio. Non presence of 176 gold complex was investigated in the last dialysat and in capsules by the Inductively Coupled 177 Plasma Optical Emission Spectrometry (ICP-OES) analyses (Au wt. %) (ICP-OES 178 spectrometer, Simultaneous Varian Vista Axial). The capsules were viewed with transmission 179 electron microscopy (TEM), a droplet of nanomaterial suspension and one of a solution of 180 uranyle acetate (0.7 wt %) were deposited on a plasma pre-treated copper TEM grid and 181 allowed to dry in air at room temperature prior analysing. Transmission Electron Microscopy 182 (TEM) were conducted on a Tecnai F20 ST microscope (field-emission gun operated at 3.8
183 kV extraction voltage) operating at an acceleration voltage of 200 kV.

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#### 186 2.3. Loading of hydrophobic chemicals inside CD cavity

187 Hydrophobic chemicals (pyrene and 4-hydroxy-tamoxifen) were loaded inside the188 cyclodextrin cavity.

- 189 The pyrene entrapment was achieved through simple diffusion process of this molecule from 190 solution through P(CD<sup>+</sup>)-based multilayer films preassembled on pretreated gold substrates, 191 namely flat surface (QCM sensor crystal) and nanoparticles. In the former case, gold coated 192 QCM Sensor Crystal was initially modified with an anchoring sulfonate thiol layer and 193  $(P(CD^+)/alg^-)_4$ -P(CD<sup>+</sup>) LbL films under dynamic flowing of the corresponding solutions in the 194 QCM cell. Polyelectrolytes-coated quartz slides were flushed with the pyrene solution  $(4.10^{-7})$ 195  $mol.L^{-1}$ ) 196  $P(CD^+)$ -based nanocapsules was overnight incubated with 50 µL pyrene solution (4.10<sup>-7</sup>)
- 197 mol.L<sup>-1</sup>, preparation described below) or a 4-hydroxy-tamoxifen solution (1  $\mu$ M  $\mu$ mol.L<sup>-1</sup> 198 prepared in ethanol).
- 199

Preparation of a pyrene solution at  $4.10^{-7}$  mol.L<sup>-1</sup>: A stock solution of pyrene ( $10^{-3}$  mol L<sup>-1</sup>) 200 201 was prepared in acetone. 200 µL aliquot of this solution was introduced into empty flask and 202 the solvent was evaporated. After evaporation, the flask were filled with 500 mL of water and gently stirred for 24 h. The final pyrene concentration was 4.10<sup>-7</sup> mol.L<sup>-1</sup>. All samples were 203 204 excited at 332 nm and the emission spectra of pyrene showed five vibronic peaks notably at 205 372 nm and 382 nm. The ratios  $I_{372}/I_{382}$  (error less than 5%) were then calculated leading to a 206 measure of the polarity of the pyrene micro-environment.[22] Fluorescence measurements 207 were performed with a spectrofluorimeter (Japan, Jasco) equipped with a xenon lamp. The 208 amount of pyrene incorporated in the CD cavity was estimated by fluorescence intensity 209 measurements after the extraction of pyrene from capsules with methanol. The suspension of 210 capsules (100 µl, 950 million nanoparticles) was centrifuged, and the supernatant was 211 removed. The experiment was performed with pyrene-loaded (P(CD<sup>+</sup>)/alg<sup>-</sup>)<sub>n</sub>-P(CD<sup>+</sup>)-coated 212 (n = 2 and 4) particles. After the addition of methanol (500 µL), the suspension was again 213 centrifuged, and the supernatant containing pyrene was recovered. This process was repeated

two times to ensure the total extraction of pyrene from the capsules. Then, the fluorescence intensity of the solutions was measured.

216

#### 217 **2.4. In Vitro Biocompatibility Studies.**

218 *Cell Culture.* Immortalized mouse podocytes were cultured under permissive conditions: 219 RPMI 1640 medium containing 10% fetal calf serum, penicillin (100  $\mu$ g/ml), streptomycin 220 (100  $\mu$ g/ml), 1% of non-essential amino acids, 1% of HEPES, 1% of sodium pyruvate and 221 interferon- $\gamma$  (IFN- $\gamma$ , 50 U/ml), at 33°C. At 60-80% confluence on 6-well plates, the 4-222 hydroxy-tamoxifen-loaded nanomaterials (x 9.5 10<sup>9</sup> particles/ml) were immediately added to 223 the cells. After exposure to nanoparticles for 48h, cells were harvested and genotyping was 224 processed afterwards

225

226 Genotyping. Podocytes were washed 3 times with 1X PBS solution and then suspended in 227 lysis buffer (0.1 M Tris pH 8, 0.2 M NaCl, 0.2 % SDS, 5 mM EDTA, 150 µg/ml proteinase 228 K). After incubation at 55°C and complete lysis of the sample, the DNA was purified by the 229 phenol/chloroform extraction technique and then precipitated with ethanol. The resulting 230 genomic DNA pellet was dissolved in water and the DNA concentration was measured by 231 nanodrop. This solution was then diluted to a concentration of 150 ng/ml. 2 µl of this solution 232 are used for the PCR reaction. The PCR conditions were as follows: step 1 : 95 °C for 5 233 minutes ; step2 : 95°C for 30 seconds ; step 3 : 60°C for 30 seconds ; step 4 : 72 °C for 90 234 seconds) and then repeat steps 2-4 for 30 cycles then finally keep at 72°C for 10 min. the 235 respectively : Cmip PCR primer forward and reverse are lox Forward : 236 ACACTGGAGTCTCTCTCACTGCTGGC: lox Reverse Cmip : 237 GAGAACATCTGAAAAGGACACAGGCC

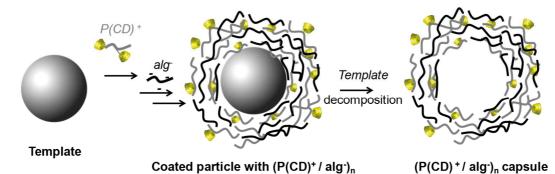
After the PCR, the samples migrate on a 1.2% agarose gel, in a migration buffer (Tris-base,
boric acid, EDTA and H<sub>2</sub>O). The expected size of the fragments with the Cmip allele is 976
bp (Cmip lox).

The following conditions have been tested on these podocytes with two controls. The first one consists in cells, untreated with nanoparticles (negative control), the second consists in cells treated with 2 layers 4-hydroxy-tamoxifen-loaded ( $P(CD^+)/alg^-)_n$ - $P(CD^+)$  particles with gold core. The third condition consists in cells treated 2 layers 4-hydroxy-tamoxifen-loaded ( $P(CD^+)/alg^-)_n$ - $P(CD^+)$  particles without gold core. 475 million nanoparticles (50 µl) are injected into each well. Finally the last condition consists in cells treated with 10  $\mu$ l of a 4hydroxy-tamoxifen solution (1  $\mu$ M  $\mu$ mol.L<sup>-1</sup> prepared in ethanol).

248

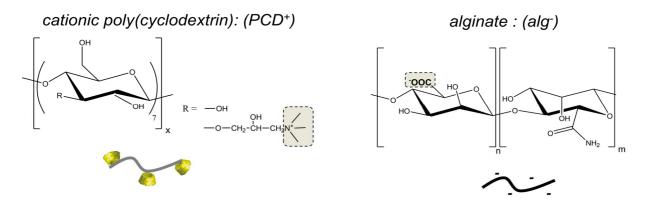
#### 249 **3. Results and discussion**

250 Polymeric nanoparticles/assemblies are promising candidates for oral drug delivery of 251 hydrophobic drugs by virtue of their potential biocompatibility and biodegradability especially when using polysaccharides, ability to increase drug solubility and to shield the 252 253 entrapped drug from external harsh conditions of chemical or enzymatic degradation, for 254 instances. To elaborate capsules able to selectively entrapped hydrophobic molecules inside 255 the particle shell, a cationic poly(cyclodextrin) was layer-by-layer assembled with alginate 256 onto a sacrificial gold template as outlined in Figures 1 and 2. Lastly, the template is 257 selectively removed through gold hydrolysis and diffusion of the resulting water-soluble salts 258 through the polyelectrolyte shell to ensure the capsules formation.



259

- Figure 1: Schematic illustration of the polyelectrolyte adsorption process for the elaboration
  of cationic-poly(cyclodextrin) (P(CD<sup>+</sup>)) /alginate (alg<sup>-</sup>) capsules.
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- 263



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Figure 2: Chemical structure of the cationic  $poly(\beta$ -cyclodextrin) (x" symbolises an integer number representing the degree of polymerization) and the polyanionic alginate.

#### 267 3.1. Elaboration of the cationic $poly(\beta$ -cyclodextrin)

268 The cationic cyclodextrin polymer was synthesized by crosslinking the  $\beta$ -cyclodextrin ( $\beta$ -CD) 269 with epichlorohydrin [20] followed by reaction with 2,3 a the 270 epoxypropyltrimethylammonium chloride.[14] Briefly, β-CD reacted in NaOH solution (33 271 %) with epichlorohydrin at 50 °C for 210 min. After neutralizing the pH, the polymer was 272 concentrated by ultrafiltration to remove salt or low molecular compounds and recovered 273 through freeze-drying process. This results in a  $\beta$ -CD polymer containing dihydroxypropyl 274 groups as substituents and hydroxypropyl groups as bridges linking  $\beta$  –CD. This polymer was 275 then chemically modified with quaternary ammonium side groups through reaction with 2,3-276 epoxypropyltrimethylammonium chloride in basic media. The supposed structure is illustrated 277 in Figure S1. The resulting modified polymer was purified by a dialysis step using a cellulose 278 dialysis membrane (1 kDa cut off). The product was isolated via freeze-drying to yield a 279 white solid.

- For the cationic poly(cyclodextrin), the  $\overline{Mn}$  value is 6.5 10<sup>3</sup> g·mol<sup>-1</sup>, the  $\overline{Mw}$  value is 2.4 10<sup>4</sup> g·mol<sup>-1</sup> and the degree of substitution is 0.40 ±0.05 (estimated from <sup>1</sup>H NMR [14]).
- 282
- 283

#### 284 *3.2.1. Proof of concept: Elaboration of the multilayer films onto flat gold substrate.*

To confirm the success of the multilayer film elaboration, static contact angle measurements are performed on flat gold surfaces before and after deposition of the polyelectrolytes (Figure 3). The contact angle decreases from  $\sim 50^{\circ}$  for a gold substrate pre-treated with the sulfonated thiol derivative (data not shown) to  $\sim 20^{\circ}$  upon the layer-by-layer deposition process, in agreement with the hydrophilic nature of the adsorbed polysaccharides. This variation in wettability after the multilayer build-up is found to be independent of the number of layers.

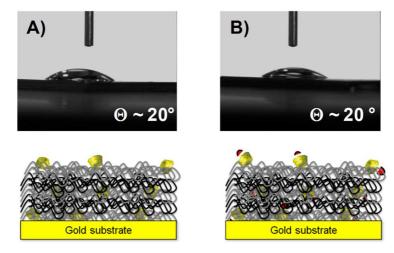


Figure 3: Water contact angle measurements on flat gold substrates A) after coating with  $(P(CD^+)/alg^-)_4 - P(CD^+)$  and B) after coating with pyrene-loaded $(P(CD^+)/alg^-)_4 - P(CD^+)$ .

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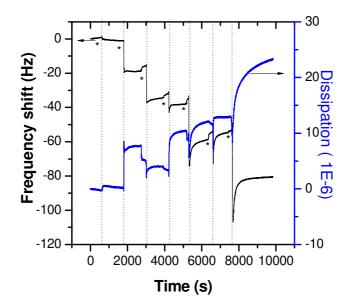
295 The assembly of  $P(CD)^+$  and alg<sup>-</sup> in multilayer films was monitored by QCM-D 296 measurements (Figure 4). A stable baseline is first measured prior to adsorption of the 297 polyelectrolytes. After 10 minutes, a solution of P(CD<sup>+</sup>) (1 mg.mL<sup>-1</sup>) is injected into the 298 measurement chamber of the QCM-D. A decrease in frequency is then observed 299 corresponding to the adsorption of the cationic P(CD<sup>+</sup>) to the sulfonated anionic gold 300 substrate. P(CD<sup>+</sup>) is allowed to adsorb for 900 s before the rinsing step begins. It is assumed 301 that this adsorption time enables sufficient surface coverage of sulfonated gold substrate with 302 P(CD<sup>+</sup>) to lead to charge reversal of the interfacial layer that is a prerequisite for further 303 polyanion adsorption. Upon rinsing, a slight increase in the frequency shift assigned to the 304 polyelectrolyte excess removal is observed. It must be kept in mind that for the studied films 305 the frequency changes as observed during the rinsing process are much smaller than those measured during the adsorption steps. The polyanionic alginate  $(1 \text{ mg.mL}^{-1})$  is then injected. 306 307 A decrease in the resonance frequency is observed due to the adsorption of the anionic 308 alginate macromolecules to the cationic polycyclodextrin adsorbed layer. Once again, free 309 polyelectrolyte chains are removed during the rinsing step before the multilayer assembly was 310 continually built up with consecutive adsorption of P(CD<sup>+</sup>) and alg<sup>-</sup>. Typical decrease in the 311 frequency signal by further increasing the number of adsorption cycles is then observed, 312 indicating that mass was being added onto the surface. This is in agreement with previously 313 reported results indicating that the adsorption of polyelectrolytes onto oppositely charged 314 surfaces essentially leads to irreversible adsorbed layers in a predetermined range of pH, 315 temperature, ionic strength.[13]

Further information may be obtained from dissipation monitoring about the viscoelastic properties of the polyelectrolyte multilayer films. The voltage imposed to the QCM is suspended and the decay of the amplitude of the crystal is measured as a function of time. From this, the dissipation factor *D*, is defined according to the following equation:

 $D = \frac{E_{dissipated}}{2\pi E_{stored}}$ 

321  $E_{dissipated}$  and  $E_{stored}$  correspond to the dissipated energy and the stored energy respectively. A 322 positive shift of *D* is typical assigned to less rigid (water-rich) structures.

324 Figure 4 shows the stepwise change in dissipation as the multilayer film is built up upon 325 successive adsorption of  $P(CD^+)$  and alginate. The magnitude of the dissipation factor 326 (dissipated energy) increases as a function of the bilayer number. For both polyelectrolytes, an 327 initial rise in the dissipation is observed after flushing with polymer solution. The dissipation 328 factor levels off rapidly yielding a plateau regime. Such behaviour suggests that upon 329 adsorption of the polyelectrolyte layers, water molecules are coupled to the adsorbed polymer 330 layers as an additional mass. The P(CD<sup>+</sup>)/alg<sup>-</sup> films can then be regarded as composed of 331 polymer chains and entrapped water with viscoelastic characteristics.



332

341

333 Figure 4: Monitoring of the LbL build-up of the  $(P(CD^+)/alg^-)_n$  film on gold flat substrate by QCM-D experiment. The quartz crystal was initially placed in contact with solvent (noted 334 "\*"); after an equilibrium time of 10 min, cationic poly(cyclodextrin) ( $P(CD^+)$ ) and alginate 335 (alg<sup>-</sup>) solutions (1 mg.mL<sup>-1</sup>) were alternatively added. A rinsing step was performed between 336 337 each polymer deposition step. After elaboration of the  $(P(CD^+)/alg^-)_4 P(CD^+)$  multilayer film, flushing the multilayer 338 assembly with a solution of pyrene (4.10<sup>-7</sup> mol.L<sup>-1</sup> prepared in water) leads to a decrease of 339 the equilibrium frequency shift of  $10 \pm 2$  Hz. This evidences an increase of the film weight 340

342 that no variation in the equilibrium frequency shift is seen for the  $(chi^+/alg^-)_4$  chi<sup>+</sup> multilayer

and then suggests an entrapment of pyrene through the multilayer film. It is worth mentioning

film upon contact with the pyrene solution suggesting that the entrapment of pyrene within  $(P(CD^+)/alg^-)_4 P(CD^+)$  results from inclusion complex formation. The water contact angle

value is around 20° (figure 3b) for the pyrene incubated with  $(P(CD^+)/alginate)_4$ -P $(CD^+)$ multilayer film.

Note that after elaboration of the multilayer film  $((P(CD^+)/alg^-)_4 P(CD^+))$ , the latter has been flushed with culture medium. This film is stable as evidenced by QCM measurement. (see Figure S2)

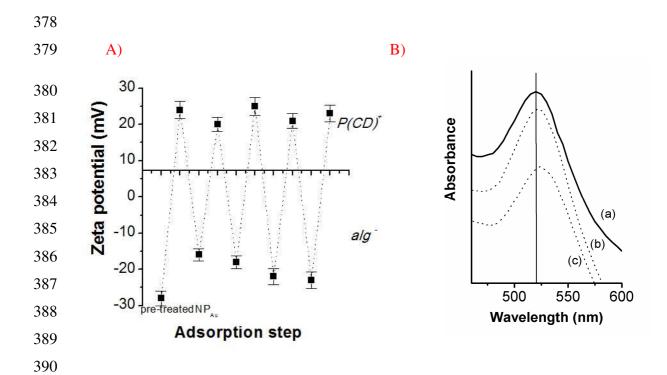
350 Once the feasibility of the LbL strategy is evidenced onto flat gold substrate, it was 351 transposed to spherical templates, gold nanoparticles, having a well-defined size, dispersity 352 and surface chemistry (sulfonated thiol stabilized gold nanoparticles) for the elaboration of 353 capsules.

354

# 355 3.3.2. From flat to colloidal gold substrates: Elaboration of cationic poly(cyclodextrin)-based anocapsules

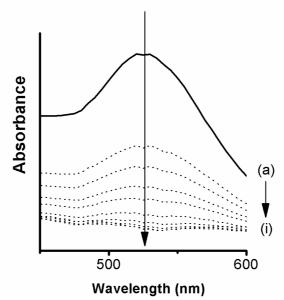
357 Zeta potential measurement is used herein to follow each stage of the polyelectrolyte 358 deposition onto the spherical substrate (Figure 5 A). [23, 24] The  $\zeta$ -potential values for pre-359 treated gold nanoparticles are -28 mV ( $\pm$  2) due to the ionized sulfonate functions on the 360 particle surface. As expected after the exposition of gold colloidal nanoparticles to P(CD)<sup>+</sup> 361 and alginate solution, the value alternately switches to a positive one ( $\sim +20$  mV) and to a 362 negative value (~ -20 mV), respectively. This clearly indicates the successful stepwise growth 363 of polyelectrolytes multilayer films on colloids though robust adsorption of both polycationic 364 and polyanionic polymers onto the colloidal material. [25-28]

365 We have evidenced the adsorption onto the gold nanoparticles surface by exploiting the 366 sensitivity of the gold nanoparticle's surface Plasmon band.[13, 29] Towards this aim, UV-vis 367 spectroscopy technique was used to follow each step of surface coating with the 368 polyelectrolytes (Figure 5B). The absorption peak is correlated to the transverse surface 369 Plasmon band of the bare colloidal gold nanoparticles. Compared to the bare gold 370 nanoparticles, the coating of the gold nanoparticles with 2 and 4 (P(CD<sup>+</sup>)/alg<sup>-</sup>) leads to a red-371 shift of 2 and 6 nm respectively in the Plasmon band maxima. All samples present stable 372 electronic absorption spectra up to 4 weeks. The colloidal stability was also measured at 25°C 373 and 37°C up to one month by DLS and zeta, a very good stability was observed, i.e. for 374  $((P(CD^+)/alg^-)_4 P(CD^+)$  around 60 nm and -20 mV. Moreover, the absence of a Plasmon band 375 blue-shift clearly demonstrated the robust deposition of the polyelectrolytes on the gold 376 nanoparticles that is a crucial point for the elaboration of stable hollow nanoparticles.



391 Figure 5: A) Zeta potential values measured upon alternating adsorption of  $P(CD^+)$  with alg<sup>-</sup> 392 on pre-treated gold nanoparticles. B) UV-vis spectra of polyelectrolyte-coated gold 393 nanoparticle as a function of the number of adsorbed polymer layers: curve a: uncoated gold 394 nanoparticles; curve b:  $(P(CD^+)/alg^-)_2$ ; curve c:  $(P(CD^+)/alg^-)_4$ ; Curves are offset for clarity. 395

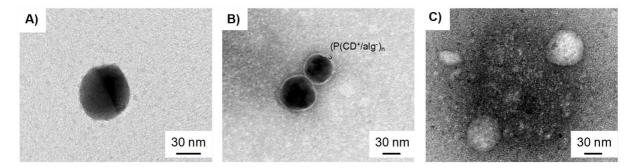
396 A major extension of core-shell particles technology is the removal of the core, leading to 397 hollow particles (nanocapsules) that are replicas of the template-core. The procedure lies on 398 the inherent permeability of the multilayer shell enabling diffusion-controlled removal of the 399 core decomposition components. Sufficient shell permeability is required to preserve the 400 structural integrity of the hollow particles. Herein, the removal of the gold cores and 401 consequently the formation of nanocapsules were induced through cyanide etching of the gold 402 core. This leads to the formation of gold cyanide complexes (4 Au + 8 KCN + 2 H<sub>2</sub>O +  $O_2 \rightarrow$ 403  $4 \text{ KOH} + 4 \text{ KAu}(\text{CN})_2$ ) that can leach through the polymer capsule shell. This can be easily 404 performed by repeated dialysis process.[30] The dissolution process of the gold core was 405 monitored by the change in the UV/Vis spectrum. As evidenced from figure 6, a gradual 406 disappearance of the absorbance peak is observed due to KCN treatment. This result is in 407 accordance with the dissolution of the gold core by cyanide (Figure 6). No presence of atomic 408 gold was detected by inductively coupled plasma optical emission spectrometry analysis in 409 the last dialysate solution and in the  $(P(CD^+)/alg^-)_n$  nanocapsules.



410 411 Figure 6: UV-vis spectra of  $(P(CD^+)/alg^-)_4$  coated gold nanoparticle as a function of gold 412 etching time: (a) 0 min, (b) 5 min, (c) 10 min, (d) 15 min, (e) 20 min, (f) 30 min, (g) 40 min, 413 (h) 50 min and (i) 60 min.

414

415 Direct visualization of the morphology of bare gold nanoparticles, polymer-coated gold
416 nanoparticles and nanocapsules is provided by TEM micrograph of air-dried polymer capsule
417 (Figure 7). As observed, after core dissolution by treatment with an aqueous solution of KCN,
418 we successfully obtain capsules (Figure 7C).



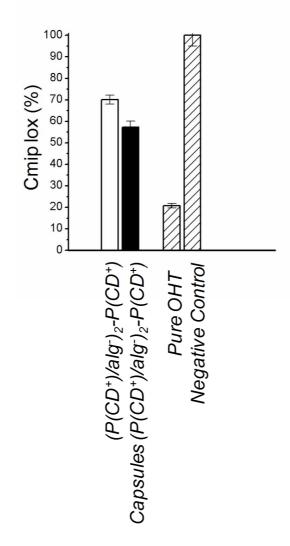
419 420

421 Figure 7: TEM micrographs of: A) bare gold nanoparticles, B)  $(P(CD^+)/alg^-)_4$ -coated gold 422 nanoparticles and C)  $(P(CD^+)/alg^-)_4$  nanocapsules.

423 Pyrene is a fluorescent probe whose emission spectrum changes in response to changes in 424 polarity of the surrounding solvent.[31] The intensity ratio of the first peak (372 nm) and the 425 third peak (382 nm) -  $I_{372}/I_{382}$  - in its fluorescent spectrum is classically used to evidence of a 426 subtle environment change in terms of polarity. [32] For instance, the decrease in  $I_{372}/I_{382}$ 427 intensity indicates the formation of hydrophobic clusters expected to occur with the 428 aggregation of amphiphilic polymers. [33] At the studied pyrene concentration of 4.10<sup>-7</sup> 429 mol.L<sup>-1</sup>, no excimer band due to the interaction of an excited- and ground-state pyrene species 430 was observed. [34-36] Such a low concentration was indeed chosen to minimize the influence 431 of pyrene on the formation and/or the stability of hydrophobic domains. The initial  $I_{372}/I_{382}$ 432 value of the pyrene solution at 4.10<sup>-7</sup> mol.L<sup>-1</sup> is found to be around 1.8 which is the classical 433 value obtained for the pyrene in water at this concentration. After incubation with the P(CD<sup>+</sup>), 434 this value decreases to 0.8-0.9.

435 Of utmost importance, a similar I<sub>372</sub>/I<sub>382</sub> value of 0.8-0.9 is measured for the nanocapsules 436 composed by pyrene-loaded  $P(CD^+)$  and alginate, and the ratio value is found to be 437 independent of the number of multilayers from 2 to 4. As a control experiment, we prepared 438 nanocapsules using chitosan as polycation instead of the cationic polycyclodextrin. Chitosan 439 is a linear copolymer of  $\beta$ -(1,4)-2-amino-2-deoxy-D-glucose and N-acetyl-D-glucosamine in 440 variable ratios that bears does positive charges in acidic conditions but does not provide 441 hydrophobic interaction domains. Chitosan is not able to be implied in host-guest inclusion 442 complex formation in contrast to CD-based polymers. In the case of the chitosan/alginate 443 nanocapsules, the  $I_{372}/I_{382}$  value is measured around 1.8. This result can be fully explained by 444 the fact that neither chitosan nor alginate can entrap pyrene through hydrophobic interaction 445 and more importantly that the entrapment of pyrene within P(CD<sup>+</sup>)/alginate results from 446 host-guest complex formation. We quantified the amount of pyrene entrapped in the capsules 447 by fluorescence intensity measurements. After extraction of pyrene from the CD cavity with 448 methanol, the effective concentration of pyrene in 100 µL of a capsule suspension was found to be 0.145 and 0.310  $\mu$ mol.L<sup>-1</sup> for pyrene-loaded particles coated with (P(CD<sup>+</sup>)/alg<sup>-</sup>)<sub>n</sub>-449 450  $P(CD^+)$  with n=2 and 4 respectively.

451 Then, a chemical presenting a biological activity, namely 4-hydroxy tamoxifen, has been 452 loaded instead of pyrene. The ability of OHT-loaded (PCD<sup>+</sup>/alg<sup>-</sup>)<sub>2</sub>- PCD<sup>+</sup> nanomaterials to be 453 incorporated inside immortalized podocytes was investigated and the impact of the presence 454 gold core was also studied. The OHT-loaded nanomaterials induce Cmip exon 8 deletion, 455 deletion highlighted by specific PCR reaction. This technique leads to a 976 bp exon 8 floxed-456 arm band that is reduced or may fade out after deletion. In the conditions used for this 457 experiment, exposure to the OHT-loaded nanovectors after 48h changes Cmip lox percentage. 458 The quantification of the PCR bands is shown on Figure 8. Note that the hydroxy-tamoxifen-459 loaded nanomaterials have been dispersed in the culture medium. These nanoparticles could 460 be used for cellular tests even after two months. The same biological results are obtained. This 461 evidenced unambiguously the stability of the loaded nanoparticles in the culture medium.



462

463 Figure 8: Quantification of Cmip lox PCR products in each condition:  $(P(CD^+)/alg^-)_{2^-}$ 464  $P(CD^+)$ -coated gold nanoparticles,  $(P(CD^+)/alg^-)_{2^-}P(CD^+)$  nanocapsules, OHT (positive 465 control) and negative control (cells, untreated with nanoparticles) characterizing the full 466 Cmip lox expression.

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468 A significant Cmip lox exon 8 band decrease (figure 8) can be observed after exposure to 469 nanomaterials for 48h, i.e. 70.1% for P(CD<sup>+</sup>)-coated nanoparticles with 2 layers. After 470 removing the gold core, this value is 57.2 % P(CD+)-nanocapsules with 2 layers respectively. 471 Note that with the 1  $\mu$ M  $\mu$ mol.L<sup>-1</sup> 4-hydroxdy-tamoxifen solution, the percentage falls below 472 20%. All these results are expressed in percentage of the negative control. This data suggests 473 that the nanomaterials are able to enter cells and that the 4-hydroxy tamoxifen retains its 474 biological activity despite encapsulation. While we expected that hollow nanocapsules would 475 be more malleable, more flexible compared to the coated gold nanoparticles, thus allowing a 476 better penetration into podocytes and, by extension, a greater Cmip extinction. Further 477 experiments are required to understand the role of the structure and composition of 478 nanoparticles as factors influencing the entry pathway and the molecule release.

In addition, a toxicity test (A morphological study by indirect *immunofluorescence* with
Annexin V or cleaved caspase 3) could show higher mortality after exposure to gold
nanoparticles (data not shown).

482

#### 483 **4. Conclusion**

484 We demonstrate an easy and efficient approach combining both templating method, self-485 assembly and host-guest complexation to obtain well-designed and stable cyclodextrin-486 containing capsules in aqueous system. This elegant strategy requires neither surfactants nor 487 even organic solvents. The elaboration of these capsules relies on the ability of cationic-488 poly(cyclodextrin) to be layer-by-layer assembled with alginate onto sacrificial particles. The 489 built-up process is driven by electrostatic interactions in aqueous solution as evidenced by 490 zeta measurements. The results of TEM and Au plasmon absorbance evidence the successful 491 formation of nanocapsules with spherical shape. We gained advantage of the presence of CD 492 cavities to entrap 4-hydroxy tamoxifen within the nanocapsules' shell through inclusion 493 complexion formation. It was further shown that 4-hydroxy tamoxifen can be efficiently 494 delivered to podocytes in vitro using CD-containing nanocapsules as carriers.

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#### 496 **5. References**

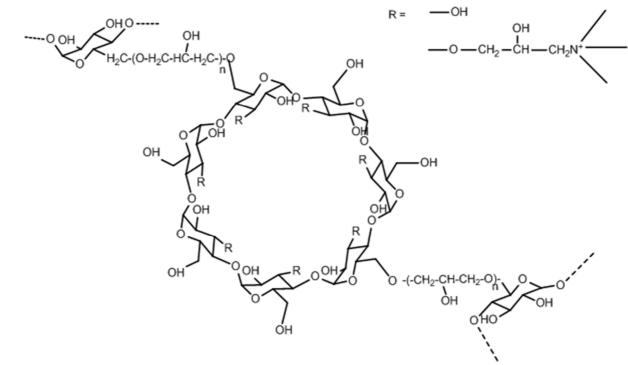
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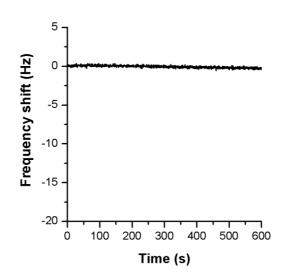
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- Figure S1: Proposed structure of cationic  $poly(\beta$ -cyclodextrin)



621 Figure S2: QCM-D measurements. Flushing of a gold sensor coated with (P(CD<sup>+</sup>)/alg<sup>-</sup>)<sub>4</sub> P(CD<sup>+</sup>) film with the culture medium. The non variation of the frequency evidences the stability of the multilayer films under such condition.

#### **Graphical Abstract**

