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- 1 Day/night variations of feeding and immune activities in larvae of the European
- 2 grapevine moth, Lobesia botrana
- 3 Short title: Day/night variations of basal immunity in an insect
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18 Abstract

19 Daily varying intensities of exposure to infectious enemies should select for the evolution of a daily structure of host immunity with a marked peak and trough (i.e. a daily rhythm). Such 20 21 nychthemeral variations have been documented for insect inducible immunity (responsiveness to microbial challenge), while the existence of similar daily patterns in basal immunity 22 23 remains unexplored. Basal immunity is defined as the background, readily available protection aimed at preventing infection at any time. Daily rhythmic elevation of basal 24 immunity should bear substantial costs and be performed only when facing highly predictable 25 changes in threat of infection. This could be the case for risk of food-borne infection, 26 presumably fluctuating with daily patterns of host feeding activity. This study investigated the 27 existence of day/night variations in feeding activity and basal immunity, using larvae of the 28 29 moth Lobesia botrana (Lepidoptera: Tortricidae) raised under a realistic daily cycle of light and temperature conditions. At night, larvae (i) spent a greater amount of time feeding, (ii) 30 displayed a higher total phenoloxidase activity and (iii) underwent subtle changes in the 31 32 balance of some haemocyte types newly described for this species (increase in the relative abundances of prohaemocytes and plasmatocytes, decrease in the one of oenocytoids). These 33 data provide the first evidence of nychthemeral variations of basal immunity in an insect 34 model, with peaks in some immune effectors co-occurring with maximal feeding activity 35 (during nighttime). The ecological implications and the contribution of this work to improve 36 the general understanding of the temporal structure of immunity are discussed. 37

38 Keywords

Basal immunity, ecological and evolutionary immunology, nychthemeral variations,
haemocyte types, Tortricidae.

41 Introduction

42 The fundamental observation that organisms do not constitutively maintain immunity at its maximum levels has given rise to the field of evolutionary and ecological immunology 43 44 (Schmid-Hempel 2003; Schulenburg et al. 2009; Siva-Jothy et al. 2005). Its underlying theory predicts that the expression of immune traits can be adjusted in a dynamic way, depending on 45 environmental factors like population density (Barnes and Siva-Jothy 2000), food availability 46 and quality (Ponton et al. 2013; Vogelweith et al. 2011), temperature (Raffel et al. 2006) or 47 parasitism threat (Schmid-Hempel and Ebert 2003; Sheldon and Verhulst 1996). Indeed, 48 resource allocation to immunity is predominantly shaped by the intensity of exposure to 49 pathogens and parasitic faunas (parasites, parasitoids), which is spatially and temporally 50 dynamic (Lindström et al. 2004; Martinez-Bakker and Helm 2015). Accordingly, spatial 51 52 variations in levels of immunity have been found between distinct host populations experiencing geographically heterogeneous pressures exerted by these natural enemies 53 (Corby-Harris and Promislow 2008; Lindström et al. 2004; Vogelweith et al. 2013). Temporal 54 55 fluctuations in immunity may allow an organism to cope with recurrent variations in threat of infection resulting from seasonality (seasonal scale) or natural alternance of day and night 56 57 conditions (daily scale) (Martin et al. 2008; Martinez-Bakker and Helm 2015; Westwood et al. 2019). 58

Virtually all host species are confronted with daily rhythmic, predictable changes in their abiotic (e.g. light, temperature) and biotic environment, including exposure to natural enemies (Martinez-Bakker and Helm 2015; Westwood et al. 2019). For instance, most parasitoid species exhibit daily fluctuations in their patterns of foraging and oviposition, such that their hosts are expected to face varying parasitism pressures over the course of a day, culminating during the peak of parasitoid activity (Bertram et al. 2004; Fleury et al. 2000).

specific times of the day to maximise transmission rates during a restricted time interval that 66 coincides with host activity (Lu et al. 2009). Daily rhythms in host exposure to natural 67 enemies can also arise from host activity profiles, as convincingly illustrated by food-borne 68 infections. Natural food of both animal and vegetal origins is far from being totally aseptic 69 and, instead, harbours various microbial consortia partly constituted by pathogenic bacteria, 70 fungi and viruses (De Filippis et al. 2018; Turner et al. 2013). Thus, natural food can be 71 considered as a potential source of oral infection for a host through ingestion of intestinal 72 pathogens and parasites (Vogelweith et al. 2015). Given that many host species display a 73 daily structure of food intake with defined peak and trough (rather than feeding evenly 74 75 throughout 24 h), it is assumed that the risk of food-borne infection should predictably 76 fluctuate over the course of a day and peak during the active phase of host feeding (Westwood 77 et al. 2019).

Faced with such fluctuating environmental pressures, insect hosts rely on basal and 78 79 inducible immunity to defend themselves against infectious enemies (Gillespie et al. 1997; 80 Kanost et al. 2004; Schmid-Hempel 2005). Basal immunity corresponds to the background, readily available protection displayed by the host to prevent potential infection, that is, levels 81 of immune defences prior to a challenge. This immune maintenance is conferred by the 82 presence of effectors constitutively expressed in the insect haemolymph, such as the number 83 of haemocytes (blood immune cells of arthropods and molluscs) recruited during various 84 cellular processes and the melanisation cascade catalysed by the phenoloxidase enzyme (PO) 85 produced from inactive prophenoloxidase (PPO) (Cerenius and Söderhäll, 2004; Lavine and 86 Strand, 2002; Strand, 2008). Conversely, inducible immunity is mobilised upon an actual 87 88 infection and refers to the insect ability to mount an appropriate immune response to fend off the multiplying intruder. As part of this immune response, the insect can upregulate the 89 expression of the immune effectors mentioned above, and synthesise de novo specific immune 90

agents (e.g. anti-microbial peptides) following the recognition of a pathogenic signal (Brown
et al. 2003; Bulet et al. 1999; Schmid-Hempel 2005).

The existing body of evidence – gathered so far on dipteran insect models including 93 94 Drosophila melanogaster (Drosophilidae) and Anopheles stephensi (Culicidae) - suggests time-of-day dependent variations in inducible levels of insect immunity: the strength and 95 efficiency of the immune response expressed to combat a deadly microbial intruder (Lee and 96 Edery 2008; Murdock et al. 2013; Stone et al. 2012). In the diurnal species D. melanogaster 97 for instance, the immune response to an artificial bacterial infection (phagocytic activity, 98 99 expression of immune-related genes coding for anti-microbial peptides) is more elevated in 100 case of challenge occurring during the resting rather than the active phase (Lee and Edery 101 2008; Stone et al. 2012). This daily enhancement of inducible immunity is accompanied with 102 faster bacterial clearance and improved host survival upon the few hours after the infection (Lee and Edery 2008; Stone et al. 2012). Comparatively to this literature on host inducible 103 immunity, little is known about the way daily cycles may shape the insect investment in basal 104 105 levels of immunity, in anticipation of the risk of infection. Still, a dynamic investment in host 106 basal immunity all along the day could be expected, considering that keeping immune defences at high levels of readiness constitutively should result in severe energetic losses and 107 even collateral damage for the host (immunopathology) (Schmid-Hempel 2003; Schulenburg 108 et al. 2009). For example, daily rhythms in host basal immunity could have evolved to cope 109 110 with periodic and highly predictable risk of encounter with enemies, as would be the case for 111 food-borne infections (Westwood et al. 2019). In this context, host exposure to enemies should periodically oscillate between maximum and minimum threats of infection occurring 112 113 during active and resting phases of feeding, respectively (Westwood et al. 2019).

This study proposes to explore the day/night variations in feeding activity and basal
immunity (i.e. using non-experimentally challenged individuals) in an insect host. Laboratory

work was conducted on larvae of the grapevine moth Lobesia botrana (Lepidoptera: 116 Tortricidae), which have evolved a defensive strategy relying on a relatively important 117 investment in basal immunity (i.e. a high basal activity of the PO/PPO system) by comparison 118 with closely related tortricid species (Vogelweith et al. 2014). They can therefore be expected 119 120 to adjust the expression of these core defensive traits to contend with varying threat of infection over the course of a day. On the one hand, larval behaviour was monitored to 121 quantify the day/night amount of time spent feeding as a surrogate for the intensity of 122 exposure to food-derived enemies in natural conditions. Larvae of this species can be 123 expected to display a day/night structure of feeding activity as a way to cope with 124 125 nychthemeral variations in the nutritional value (e.g. amounts of defensive compounds) of 126 grape berries they feed upon (Carbonell-Bejerano et al. 2014). On the other hand, this work examined the day/night basal levels of several effectors involved in insect cellular and 127 humoral immunity. Focus was placed on systemic immunity (haemolymph) because immune 128 traits in the circulating compartment can be affected in case of oral infection, with 129 demonstrated consequences for the outcomes of the infection process (Freitak et al. 2014; Wu 130 et al. 2016). For cellular immunity, quantitative and qualitative measurements focused on 131 haemocyte load and the relative abundances of the different haemocyte types, respectively. 132 133 The haemocyte pool of insects is indeed constituted by several types of immune cells, each fulfilling a specific defensive function (e.g. phagocytosis, encapsulation, PO secretion) as a 134 component of host immunocompetence (Lavine and Strand 2002; Strand 2008; Vogelweith et 135 136 al. 2016). For humoral immunity, measures encompassed the activity of the PO/PPO system, which controls the production of melanin and intermediate compounds with cytotoxic 137 properties to kill microscopic and macroscopic intruders (Cerenius and Söderhäll, 2004). As 138 139 frequently observed in other Lepidopteran species, it may be expected that L. botrana larvae behave so they restrict their feeding activity to a specific phase, either daytime or nighttime, 140

rather than foraging at constant rates throughout the day (Goodspeed et al. 2012; Niepoth et
al. 2018; Suszczynska et al. 2017). Likewise, they are expected to condense their investment
in basal immunity to daytime or nighttime, rather than keeping these immune defences at
costly, high levels of readiness all along the day.

145 Material and methods

146 Insect stock and rearing methods

147 This study was performed with L. botrana individuals originating from a large laboratory stock, comprised of several thousand of caged moths (INRAe, Villenave d'Ornon, France). 148 149 The genetic diversity of the stock was preserved by ensuring a yearly supply with wild individuals picked from nearby vineyards. This strain has been already used in former studies 150 focused on the immunity of L. botrana larvae (Iltis et al. 2018; 2019; Vogelweith et al. 2014). 151 Since its establishment a few years ago and until the start of the experiments, the population 152 has been maintained without diapause on an artificial diet (see composition below) under 153 154 controlled rearing conditions (temperature: 20 ± 0.5 °C, relative humidity: 60 ± 5 %, photoperiod: L17:D6 and 1 h of dusk, luminosity: 650 lux during photophase and 100 lux at 155 dusk). Such a diapause-free biological cycle is unlikely to have impacted the basal immunity 156 of this laboratory-reared population over the daily scale examined in this study, since immune 157 variations related to diapause strategies should operate on longer timescales (e.g. seasonal 158 159 scale). Moreover, a previous work has reported that L. botrana individuals belonging to the laboratory stock used here display similar patterns of investment in basal and inducible 160 161 immunity by comparison with insects collected in field conditions during summer period 162 (Vogelweith et al. 2014). A few bands of waxed paper (5 x 10 cm) were hung inside the rearing cages as suitable oviposition supports for mated females. Once covered with eggs 163 164 (after 2-3 days), the papers were renewed and placed in plastic boxes under a moist surface to 165 minimise egg mortality due to desiccation.

Within the 24 h following hatching from the eggs, neonate larvae were collected with 166 a soft paintbrush and deposited individually in microtubes containing 1.5 ml of artificial 167 culture medium (Thiéry and Moreau 2005). In order to focus on basal immunity and avoid 168 immune challenge due to pathogen ingestion, larvae were fed with a rearing medium 169 supplemented with antifungal and antibacterial substances strongly limiting microbial 170 presence in larval food (composition for 1000 ml: 1000 ml permuted water, 15 g agar, 86.6 g 171 maize flour, 41.3 g wheat germ, 45.5 g beer yeast extract, 6 g ascorbic acid, 3.4 g mineral salt, 172 128 mg pyrimethanil, 2.7 g benzoic acid, 2.8 mg methyl 4-hydroxybenzoate and 5 ml 95% 173 ethanol). Tube caps were pierced for air circulation and covered with a piece of fine mesh 174 175 fabric to prevent larvae from escaping. Individuals were then transferred to climate chambers (ST 2/2 BASIC, Pol-Eko Aparatura, Wodzisław Śląski, Poland) to complete their 176 development until behavioural and immune measurements. 177

Within these devices, larvae were all raised under a realistic cycle of diurnally 178 changing conditions of light and temperature (temperature ± 0.1 °C, relative humidity: 50 \pm 179 180 10%, photoperiod: L18:D6, luminosity: 650 lux during photophase). Rearing incubators were programmed to run a 'mean summer day', defined according to recent climatic observations 181 collected between 15 July and 15 August in Burgundy (Eastern France), where L. botrana 182 naturally occurs (for more details, see Iltis et al. 2019). Emphasis was placed on summer 183 period because L. botrana is mainly active over this date range, as evidenced by one peak of 184 adult emergence observed in field conditions (Barnay et al. 2001; Martín-Vertedor et al. 185 186 2010). The daily cycle of temperatures met by larvae throughout their development was constituted by six thermal segments of 4 h each: 17.8, 22.3, 24.9, 22.9, 19.0 and 16.4°C. To 187 188 reflect a natural alternance of diurnal and nocturnal conditions, lights were switched off during the 19.0 and 16.4°C thermal segments. Abiotic conditions inside the incubators were 189 tracked with independent data loggers (Hobo, Onset Computer Corporation, Bourne, USA) 190

and did not deviate from the regime programmed throughout the experiments. To enable
simultaneous collection of daytime and nighttime data during each working day (~ 10 h),
larvae were randomly distributed among different incubators with shifted phases (i.e. differing
in the onset timing of daytime and nighttime).

Experiments involved individuals reaching their 4th larval instar (i.e. at a larval age of 195 about 2 weeks after hatching), the penultimate stage of larval development in this species 196 (Thiéry and Moreau 2005). This selection procedure thus enabled to exclude individuals close 197 to metamorphosis (late 5th instar larvae), which may undergo profound behavioural and 198 physiological modifications as they start to pupate and stop feeding. Larvae were randomly 199 200 divided among two experimental groups because each group required distinct temporal organisation for measurements (see below). Group 1 was reserved for behavioural surveys 201 202 (time budget allocated to feeding activity). Group 2 was devoted to immune assays (haemocyte load, activity of the PO/PPO system, relative abundances of different haemocyte 203 types). 204

205 *Group 1: behavioural measurements of larval feeding activity*

206 <u>Temporal organisation</u>

The feeding behaviour of each tested individual was measured during four specified time 207 208 intervals of 1 h, termed as blocks, each being associated with a given thermal segment (daytime: 22.3 and 24.9°C, nighttime: 19.0 and 16.4°C) (Fig. 1). Importantly, each block was 209 210 disposed in the central part of its respective thermal segment of 4 h, such that measurements started 1 h 30 min after the onset and ended 1 h 30 min before the offset of the thermal 211 212 segment (Fig. 1). This allowed to avoid any excessive abrupt change in thermal conditions that could disturb larval behaviour during the tests (i.e. through a short-term larval 213 behavioural response to rapidly changing thermal conditions). Of note, this temporal 214

organisation also excluded the confounding effects due to sudden light transition between

216 daytime and nighttime (or inversely), which could also yield similar stress-related effects on

- the expression of larval feeding behaviour.
- 218 <u>Behavioural measurements of larval feeding activity</u>

Behavioural trials were conducted on 47 individuals (n = 47 for daytime, n = 47 for 219 220 nighttime) to quantify the amount of time each spent feeding during daytime and nighttime. Once they reached their 4th larval instar, larvae were gently extracted from their rearing tube 221 and individually placed in standardised compartmentalised Petri dishes (100 mm diameter x 222 15 mm height, 4 compartments of 29.4 cm³ each) covered with a thin layer of fresh rearing 223 medium (~ 10 ml per compartment). The lid was placed on the Petri dish to restrict larva's 224 movements within the boundaries of its assigned compartment and pierced to allow air 225 circulation in the different compartments. Therefore, each larva was confined to a single 226 compartment with accessible food ad libitum and impossibility of interacting with other 227 228 individuals in adjacent compartments. Petri dishes were kept within the incubators from which larvae originated throughout the 24 h of survey. After an acclimation period of 15 min, 229 230 the 24-h sequence started to be recorded with a camera (AD7013MTL, Dino-Lite, Almere, 231 Netherlands) fixed on a tripod to keep vision on the four compartments simultaneously. All the sequences were initiated during the 24.9°C thermal segment (photophase). Non-heating 232 red light lamps were placed inside the incubators to enable nighttime observations without 233 234 disturbing larval behaviour. Light and temperature conditions were spatially homogeneous inside the climate chambers and all tested larvae were presumably exposed to the same abiotic 235 236 conditions during the tests. Behavioural surveys were restricted to 24 h in a way to avoid larval moulting between fourth and fifth instar during the tests, which could have deeply 237 disturbed feeding behaviour. Indeed, L. botrana larvae require on average a few days to pass 238

through their fourth instar – especially in males which develop faster than females as larvae

(Thiéry and Moreau 2005) - such that extending behavioural tests to several days of 240 continuous monitoring could have resulted in a large proportion of individuals entering 241 premoulting or moulting stage during the experiments. Furthermore, behavioural tests were 242 not supposed to be stress-inducing as they were conducted within the rearing incubators, 243 under the same abiotic conditions that larvae encountered throughout their development, and 244 without possibility of antagonistic interactions between larvae in adjacent compartments. 245 Hence, a relatively short acclimation period (15 min) was deemed sufficient by comparison 246 247 with former studies involving a 24-h adjustment time prior to behavioural measurements of feeding activity as a way to allow larvae to acclimate to a sudden environmental change 248 between rearing and test conditions, which did not occur in the present work (Havko et al. 249 250 2020; Herden et al. 2016).

251 Once the 24 h elapsed, the videotapes were collected and further analysed with DinoCapture software (version 2.0, Dino-Lite, Almere, Netherlands). The feeding behaviour 252 253 of each tested individual was examined during daytime (two blocks) and nighttime (two 254 blocks) (i.e. four blocks throughout the 24-h sequence). During each block, larval behaviour 255 was continuously monitored to record the amount of time spent feeding. Feeding was scored in case of rhythmic head movement in a stationary position, with head lowered on the 256 medium surface, indicating biting and food ingestion (Bernays et al. 2004). Locomotion is 257 infrequent in L. botrana larvae since they usually complete their development within a silk 258 nest comprised of an aggregate of several floral buds or grape berries. Hence, the simple 259 260 distinction between feeding and resting (no obvious head movement) remains relevant with regard to the biological features of the species. The larval investment in feeding was 261 262 calculated as the time budget (in min) allocated to this activity during each block.

263 *Group 2: immunological parameters*

264 <u>Temporal organisation</u>

By contrast with long-lasting behavioural trials, collections of immune data were 265 instantaneous, and thus required a different scheduling (Fig. 1). Immune samplings were 266 267 dispersed throughout daytime and nighttime to obtain an integrative picture of larval 268 immunity, representative of changes occurring in both light and temperature conditions. Sampling periods excluded the first 25% of each phase (daytime or nighttime), that is, the first 269 4 h of daytime (which lasted 16 h) and the first 2 h of nighttime (which extended over 8 h) 270 271 (Fig. 1). As mentioned in case of behavioural trials (Group 1), this procedure enabled to avoid confounding stress physiological effects possibly arising from steep changes in light 272 conditions during the transition from daytime to nighttime, or inversely. Similarly, samplings 273 were never conducted during the first 20 min of a thermal segment to ensure temperature 274 275 stabilisation and larval acclimation to the shift in thermal conditions occurring between two 276 successive thermal segments. For haemocyte load and activity of the PO/PPO system, immune samplings were dispersed over three thermal segments of daytime (22.3, 24.9 and 277 22.9°C) and two thermal segments of nighttime (19.0 and 16.4°C). For the relative 278 279 abundances of haemocyte types, immune samplings occurred during one thermal segment of daytime (24.9°C) and one thermal segment of nighttime (16.4°C) (Fig. 1). 280

281 <u>Haemocyte load and activity of the PO/PPO system</u>

282	Basal levels of haemocyte load and activity of the PO/PPO system were assessed on a total of
283	211 individuals ($n = 102$ for daytime, $n = 109$ for nighttime), following standardised methods
284	formerly developed (Vogelweith et al. 2011). Immune measurements were run at room
285	conditions (temperature: $20 \pm 0.5^{\circ}$ C, relative humidity: $60 \pm 5\%$, luminosity: 650 lux). Prior
286	to the haemolymph samplings, larvae were transferred to sterile microtubes and dipped in an

ice-filled box for 15 min to facilitate handling, because L. botrana larvae are particularly 287 active when manipulated. Individuals to be tested during nighttime were maintained in 288 constant darkness until haemolymph collection by covering the box with an opaque lid. 289 Larvae were placed on a cold surface and wounded in the dorsal part of their abdomen (using 290 a sterile entomological pin) to collect a droplet of haemolymph (~ 1 µl) with a cold sterile 291 glass capillary (Hirschmann Laborgeräte, Eberstadt, Germany). Haemolymph sampling 292 usually requires no more than 10 sec, such that the abrupt shift from darkness to light 293 294 experienced by some individuals (in case of nighttime measurements) was unlikely to affect their immunity, even on the very short term. The 1 µl volume of haemolymph was mixed with 295 296 20 µl of filtered, cold phosphate-buffered saline (hereafter PBS, 10 mM, pH 7.4). Tubes were 297 homogenised before 10 µl of the solution were immediately pipetted into a Neubauer haemocytometer under a phase contrast microscope (Primo Star, Zeiss, Oberkochen, 298 Germany) at a magnification of 400x for a standardised estimation of the haemocyte load. The 299 remaining 11 µl of diluted haemolymph were supplemented with 10 µl of filtered PBS and 300 instantly snap-frozen in liquid nitrogen, before being stored at -27° C for subsequent 301 measurements of PO/PPO system activity. 302

The activity of the PO/PPO system was extrapolated spectrophotometrically, 303 distinguishing the activity of the functional PO extract naturally present in the sample (i.e. PO 304 activity) from the potential activity of the whole PO/PPO system (i.e. total PO activity). This 305 latter immune trait can be defined as the activity of both spontaneously functional PO and 306 proenzyme stock, and its estimation required the cleavage of PPO into PO by means of 307 chymotrypsin addition. Frozen haemolymph samples were gently thawed on ice for 15 min 308 309 and then centrifuged (4000 g, 15 min, 4° C) before two supernatant aliquots of 5 µl each were pipetted into microplate wells. The first aliquot was mixed with 160 µl of diluted PBS 310 solution (35 ml ultrapure water, 5 ml filtered PBS) and was reserved for measurement of PO 311

activity. The second aliquot was supplemented with 160 µl of chymotrypsin solution (35 ml 312 ultrapure water, 5 ml filtered PBS, 2.45 mg trypsin) to quantify total PO activity. The reaction 313 started after the addition of a colorimetric substrate comprised of 20 µl of L-Dopa solution 314 (40 ml ultrapure water, 160 mg L-Dopamine). This enzymatic reaction proceeded for 40 min 315 at 30°C in a microplate reader (Versamax, Molecular Devices, San Jose, USA). Absorbance 316 curves were fitted to regular absorbance recordings (every 15 s) at 490 nm. These curves were 317 then analysed with SOFT-Max Pro software (version 4.0, Versamax, Molecular Devices, San 318 Jose, USA) to extract the maximum enzymatic activity V_{max} (the maximum speed of 319 conversion of L-Dopamine into dopachrome by PO), which can be approximated by the 320 321 maximum slope of the absorbance curve during its starting linear phase. All immune 322 measurements were finally reported to 1 µl of pure haemolymph to enable comparisons between experimental groups. 323

324 Description and relative abundances of different haemocyte types

325 Flow-cytometric analyses were run on 30 individuals (n = 15 for daytime, n = 15 for nighttime) to discriminate the different haemocyte types present in the haemolymph and 326 assess their relative abundances. The method used to collect one droplet of haemolymph was 327 328 identical to the one described for measurements of haemocyte load, PO and total PO activities (see above). For fixation, the haemolymph samples were flushed into 0.5 ml microtubes 329 containing 9 µl of a 4% paraformaldehyde solution diluted with sterile filtered PBS. The 330 331 mixture was then gently homogenised and tubes were conserved at 4°C before analytical experiments. Haemolymph samples were processed through a flow cytometer (LSR Fortessa 332 X20, Becton Dickinson, San Jose, USA). Cells were discriminated based on their 333 complexity/granularity (side scatter) and size (forward scatter), with 10,000 threshold events 334 counted per sample. Results were analysed using Kaluza software (version 2.1, Beckman 335

Coulter, Brea, USA). Relative abundances were expressed in proportions of the total cellcount assessed in the haemolymph sample.

338 *Statistical analyses*

The aim of this study was to investigate the day/night fluctuations of larval feeding activity 339 and basal immunity while accounting for the possible variability related with realistic changes 340 341 in temperature conditions occurring within daytime and nighttime. Hence, statistical models for almost all traits (feeding activity, haemocyte load, PO and total PO activities) incorporated 342 a fixed-effect factor termed as 'phase' (daytime versus nighttime) alongside with a random-343 344 effect factor termed as 'timepoint' and represented by the timing at which measurements were 345 taken within each of these two phases (thermal segment sampled). Data for the relative abundances of haemocyte types were collected during one single thermal segment for each 346 phase and, therefore, the statistical models only encompassed the fixed effect driven by the 347 phase. 348

349 Data for time budget allocated to feeding activity met the assumptions required for parametric tests (normality and homoscedasticity), and were therefore analysed through a 350 univariate analysis of variance (ANOVA) with mixed effects, also integrating the identity of 351 352 the tested individual as an additional random effect. As overdispersed count data, haemocyte load was processed using a Generalised Linear Mixed Model (GLMM) with a negative 353 354 binomial error structure. Data for PO activity required a log-transformation to be normalised, while those for total PO activity naturally complied with the assumptions of parametric tests. 355 356 Consequently, PO and total PO activities were studied by means of ANOVAs with mixed 357 effects. The relative abundances of the different haemocyte types were compared between daytime and nighttime with Student's t-tests for independent samples. Normality and 358 359 homoscedasticity were assessed with a Shapiro-Wilk and a Levene test, respectively,

360 conducted on the residuals of the fitted model. All statistical analyses were run using R
361 software (version 4.0.3, R Core Team).

362 **Results**

363 Group 1: behavioural measurements of larval feeding activity

The time budget devoted to feeding was significantly impacted by phase (i.e. day/night cycle) (ANOVA with mixed effects, $\chi_1^2 = 5.61$, P = 0.02). Larvae spent a greater amount of time feeding (+16%) during nighttime than daytime (Fig. 2). As a random effect, the timepoint of data collection during the different phases did not affect larval feeding activity ($\chi_1^2 = 3.61$, P= 0.06) (Fig. 2).

369 *Group 2: immunological parameters*

Haemocyte load and PO activity were not significantly modulated by phase (haemocyte load: 370 GLMM negative binomial error, $\chi_1^2 = 2.34$, P = 0.12; PO activity: ANOVA with mixed 371 effects, $\chi_1^2 = 1.23$, P = 0.27) (Fig. 3(A), 3(B)). Total PO activity was significantly impacted 372 by phase (ANOVA with mixed effects, $\chi_1^2 = 7.16$, P = 0.007): individuals sampled during 373 nighttime exhibited higher basal levels of total PO activity (+26%) comparatively to those 374 375 sampled during daytime (Fig. 3(C)). As a random effect, the timepoint of data collection during the different phases had no effect on any of the three immune traits inspected 376 (haemocyte load: $\chi_1^2 = 0.03$, P = 0.87; PO activity: : $\chi_1^2 = 0$, P = 1; total PO activity: $\chi_1^2 = 0$, 377 P = 1) (Fig. 3(A), 3(B), 3(C)). 378

Flow-cytometric analyses combined with microscopic observations led to the discrimination of four haemocyte types circulating in the haemolymph of 4th instar *L. botrana* larvae: prohaemocytes, oenocytoids, granulocytes and plasmatocytes (Fig. 4). Prohaemocytes are the smallest cells, displaying a round shape, a low cytoplasmic granularity and a high nuclear cytoplasmic ratio (N:C, i.e. ratio of the size of the nucleus to the size of the
cytoplasm). Oenocytoids are intermediate in size and granularity, with a centred nucleus and a
high N:C (4:1). Granulocytes are relatively large cells with high granularity, easily identified
by the inclusion of numerous granules and vesicles in the cytoplasm. Plasmatocytes are
among the biggest immune cells with an off-centred nucleus and a low N:C (between 1:2 and
1:1).

Interestingly, three haemocyte types were found to be significantly influenced by 389 phase: prohaemocytes (Student's t-test, $t_{28} = -2.26$, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P = 0.03), oenocytoids ($t_{28} = 4.76$, P < -2.26, P <390 0.001) and plasmatocytes ($t_{28} = -4.03$, P < 0.001). The relative abundances of prohaemocytes 391 and plasmatocytes were higher for individuals sampled during nighttime by comparison with 392 393 those sampled during daytime (Fig. 5). The inverse pattern was observed for the relative 394 abundance of oenocytoids, which was higher for individuals sampled during daytime relative to those sampled during nighttime (Fig. 5). By contrast with these three haemocyte types, the 395 relative abundance of granulocytes did not significantly differ between daytime and nighttime 396 $(t_{28} = -0.76, P = 0.45)$ (Fig. 5). 397

398 Discussion

This study explored the existence of day/night fluctuations of feeding behaviour (presumably 399 400 influencing the dynamic of exposure to food-borne enemies in natural conditions) and basal 401 immunity in the larval stage of a non-experimentally challenged insect. In terms of behaviour, results outline that L. botrana larvae spent a greater amount of time feeding at night, which 402 403 could imply that the highest risk of food-borne infection would occur during this time 404 interval. In terms of immunity, both the humoral and cellular branches were impacted by the day/night cycle. Collectively, data gathered on PO and total PO activities indicate that (i) L. 405 406 *botrana* larvae maintained an amount of active enzyme (PO activity) at constant basal level 407 throughout 24 h, and (ii) they increased the inactive proenzyme stock (PPO) involved in total

PO activity during nighttime. Although haemocyte load remained unaffected by the day/night 408 cycle, the balance of the different types constituting the haemocyte pool was highly dynamic 409 all along the day. Out of the four haemocyte types identified through flow-cytometric 410 analyses (prohaemocytes, oenocytoids, granulocytes, plasmatocytes), the relative abundances 411 of three types were found to vary between daytime and nighttime. At night, the relative 412 abundances of prohaemocytes and plasmatocytes increased, whereas the one of oenocytoids 413 decreased. These data provide the first evidence of nychthemeral variations of basal immunity 414 in an insect model, leading to possible implications for the general understanding of the 415 temporal structure of insect immunity. 416

This work identified four out of the five haemocyte types recovered in Lepidoptera: 417 418 only spherulocytes were not discriminated owing to their rarity and morphological/cytological 419 similarity with prohaemocytes (Ribeiro and Brehélin 2006; Strand 2008; Vogelweith et al. 2016). However, their relative abundance can be deemed negligible comparatively to 420 prohaemocytes, which were the most abundant haemocyte type in the haemolymph samples. 421 422 Such a predominance remains unsurprising for immature larvae used in this study, given that prohaemocyte abundance progressively declines with larval age due to differentiation in other 423 424 types (Ghoneim et al. 2015). The nighttime increase in the relative abundances of prohaemocytes and plasmatocytes could compensate for the concurrent decrease in the one of 425 oenocytoids. Indeed, the circulating stock of oenocytoids is more likely renewed through 426 differentiation of already circulating haemocytes as progenitor cells (prohaemocytes and 427 428 plasmatocytes), rather than mitosis or release of oenocytoids from the hematopoietic organs (Liu et al. 2013; Nakahara et al. 2010; Strand 2008). The nighttime drop in the relative 429 430 abundance of oenocytoids could be related with the concomitant increase in total PO activity, since oenocytoids are labile cells functioning as the site of PPO synthesis and releasing this 431 proenzyme in the haemolymph through lysis (González-Santoyo and Córdoba-Aguilar 2012; 432

Jiang et al. 2010). This study is among the first ones to demonstrate that the composition of
the insect haemocyte pool in different cell types can display nychthemeral variations, in the
absence of immune challenge (Islam and Roy 1982). In that respect, it suggests that the
mechanisms causing these variations (e.g. haemocyte differentiation, migration between
compartments) can operate rather quickly (on a daily scale).

In an ecological context, this nighttime elevation of several immune parameters could 438 translate into a higher ability of L. botrana larvae to combat a potential infection during 439 nocturnal time. The nighttime production of PPO (increase in total PO activity) might lead to 440 441 a more efficient melanisation response to an infection. Indeed, this immune process relies on the activation of the available PPO stock rather than an additional synthesis of this proenzyme 442 following challenge (Adamo 2004). For instance, studies conducted on several insect models 443 444 (mosquitoes, bumblebees) reported no significant upregulation of immune-related genes encoding PPO production as an immediate response to the infection (Cui et al. 2000; Erler et 445 al. 2011). However, there is no broad empirical support to a positive relationship between 446 447 basal levels of PO/PPO system activity and successful host defence against pathogens and parasites (Adamo 2004; González-Santoyo and Córdoba-Aguilar 2012; Mucklow et al. 2004). 448 This suggests that host immunocompetence is a multifactorial trait that cannot be assessed 449 450 through measurements of PO/PPO system activity alone (Mucklow et al. 2004). Besides this humoral aspect of immunity, the present study appears to indicate an increased ability of L. 451 botrana larvae to encapsulate an infectious enemy throughout nighttime, because 452 453 plasmatocytes act as the main capsule-forming agents in Lepidoptera (Lavine and Strand 2002; Strand 2008). Of note, variations in the abundance of haemocyte types mediating 454 455 encapsulation response were shown to correlate positively with the degree of host resistance to an infection involving multicellular organisms (Fors et al. 2014; Gerritsma et al. 2013). As 456 a next step, it would be worth investigating whether the nighttime upregulation of immune 457

traits highlighted here can translate into an actual elevation of larval resistance (decreased
infection rates) or tolerance (improved survival rates) in face of an experimental oral
infection, using antibiotic-free food allowing for the development of potentially pathogenic
microorganisms. In the same vein, further investigations should also examine the relation
between daily patterns of host immunity and both the intensity (e.g. bacterial load present in
the larval food) and the nature (infectious enemy involved) of the infection threat (Vogelweith
et al. 2015).

In natural environments, the day/night contrast in feeding activity reported here could 465 466 reflect the daily dynamic of food-borne infection of L. botrana larvae, likely to ingest microbes (yeasts, bacteria and fungi) developing in consortium on the grape surface (Barata et 467 468 al. 2012; Vogelweith et al. 2015). Many Lepidopteran larvae (in both moths and butterflies) 469 have been observed feeding predominantly at night, and this behaviour is thought to have evolved as a strategy of predator and parasitoid avoidance, or a way to take advantage of a 470 nighttime reduction in the amount of toxins contained in plant tissues (Goodspeed et al. 2012; 471 472 Suszczynska et al. 2017). In vineyards, mortality of L. botrana larvae is chiefly driven by parasitoids belonging to the Hymenoptera and Diptera orders, but the daily activity profiles of 473 474 these natural enemies remain fairly undocumented (Thiéry et al. 2018). Focusing on the plant-475 insect interaction, some transcripts related with the synthesis of defensive compounds in the flesh of grape berries were found to be upregulated during daytime (e.g. terpenoid 476 biosynthetic genes) (Carbonell-Bejerano et al. 2014). Such nychthemeral variations of plant 477 478 nutritional value could have possibly driven the evolution of a nocturnal pattern of foraging in carpophagous L. botrana larvae. 479

480 This work has implications with regard to the evolutionary dynamic of host-pathogen, 481 host-parasite or host-parasitoid interactions. Indeed, its results imply that the susceptibility of 482 a host species to an infection should fluctuate over the course of a day, and a similar

phenomenon has been described regarding the virulence and transmission of the infectious 483 enemy (reviewed by Westwood et al. 2019). It thus suggests that the daily rhythms inherent to 484 host resistance (immunity) and enemy virulence could be a major determinant of the 485 outcomes of the infection and the evolutionary trajectory of the interaction (Martinez-Bakker 486 and Helm 2015; Prior et al. 2020; Westwood et al. 2019). Extrapolating the results and 487 conclusions of this study to natural settings would require accounting for the bottom-up 488 regulation of plant traits (largely influenced by grape variety) on the nychthemeral variations 489 of larval immunity. This is especially true given that the abundance and composition of 490 microbial communities developing on the berry surface is influenced by grape cultivar, and so 491 492 should be the selective pressures exerted on the day/night structure of larval immunity (Barata 493 et al. 2012; Bokulich et al. 2014).

494 Additionally, there should be value in uncovering the role (if any) played by light and temperature conditions in shaping the immune response patterns to day/night conditions here 495 highlighted. This work was not designed to quantify specifically the importance of these 496 497 abiotic variables for the fluctuations of insect immune function. This would require, for instance, comparing different cycles of light and temperature conditions, uncoupling these 498 two environmental parameters, or more thoroughly controlling for the effect of the timing of 499 500 data acquisition (e.g. by evenly distributing timepoints of data collection and standardising their number and duration for both day and night). From a mechanistic perspective, several 501 processes can be proposed to explain the possible influence of fluctuating light and 502 503 temperature conditions on the insect immunity. On the one hand, the insect could plastically adjust its immunity to short-term changes in light and/or temperature occurring throughout the 504 505 day. For instance, temperature is known to be a critical determinant of immune function in L. botrana larvae, such that cooler conditions during nighttime may explain the concomitant rise 506 in some immune traits like total PO activity, pending that such thermally-induced plasticity in 507

immune traits can occur on a daily scale (Iltis et al. 2018; 2019). On the other hand, another 508 509 plausible explanation to these results would lie in the chronobiological route, involving an endogenous biological rhythm (orchestrated by a circadian clock) to account for the 510 nychthemeral variations observed. This cycle could be entrained by daily recurrent 511 512 fluctuations of light and temperature, since they may both act as environmental cues (i.e. 'Zeitgebers') driving the circadian machinery and regulating its outputs in natura (Bell-513 514 Pedersen et al. 2005; Vanin et al. 2012). Identifying the nature of these mechanisms should help to examine the importance of day/night transitions (i.e. dusk and dawn in natural 515 conditions) in shaping the daily profiles here reported, considering that environmental 516 517 changes occurring during these transitions could serve as external cues enabling the insect to 518 adaptively anticipate the upcoming environment. In the present investigation, it appears unlikely that transitions between the two phases would have driven the daily pattern responses 519 520 of immunity observed, provided that data collection was evenly distributed over each of the 521 different timepoints. Therefore, individuals sampled at the very end of the last timepoint for daytime and nighttime (approximating dusk and dawn conditions, respectively) only 522 represented a minor proportion of the overall dataset, but more mechanistic investigations are 523 524 clearly needed at this point to ascertain this statement.

In conclusion, this study evidences a marked day/night contrast in the basal levels of 525 expression of several immune traits in an insect model. It could be proposed that the increase 526 in basal immunity at night has evolved with a predominantly nocturnal pattern of feeding in L. 527 botrana larvae (i.e. an endogenous immune cycle). This feeding activity profile has been 528 supposedly shaped by daily dynamics in the strength of bottom-up and top-down forces 529 530 mediated by plant and natural enemies, respectively, on the behaviour of the phytophagous insect. However, further investigations are required to test the hypothesis postulating that L. 531 botrana larvae adjust their investment in basal immunity as a specific response pattern to 532

day/night variations in feeding activity and intensity of exposure to food-borne enemies. This 533 work was conducted with almost aseptic and artificial food to investigate day/night variations 534 in insect basal immunity. Hence, as a next step, the functional consequences of these immune 535 fluctuations have to be carefully examined at the level of biotic interactions, in the event of 536 more ecologically relevant risks of oral infection (e.g. larvae feeding upon antibiotic-free 537 food). This procedure would help ascertaining the role of daily variations of immunity in 538 preventing and/or dealing with infection, and estimate the specificity of these processes in 539 face of attacks from a wide range of potential enemies (Stone et al. 2012; Westwood et al. 540 2019). Besides, other biotic (plant) and abiotic parameters (light, temperature) could have 541 542 shaped the immune pattern observed, which could also evolve in response to the need of 543 temporally segregating incompatible physiological processes or align immunity with other physiological rhythms (Westwood et al. 2019). Thus, assessing the contribution of such 544 environmental variables to this day/night structure of host immunity would be of high 545 relevance to identify the in situ environmental drivers of rhythms in traits underpinning host 546 resistance and to extrapolate the results of this study to a broader ecological context. Such 547 investigations should hold promise for improving the general understanding of the temporal 548 549 variations of insect immunity through the lens of evolutionary and ecological immunology.

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779 Figure legends

Fig. 1. Temporal design of the experiments and scheduling of the different behavioural 780 (Group 1) and immune measurements taken (Group 2). Larvae were exposed to a L16:D8 781 regime with six thermal segments of 4 h each, designed to emulate a mean summer day in 782 Eastern France. In Group 1, tests were conducted to quantify the time budget each individual 783 spent feeding during four timepoints of measurements (green) distributed over the course of a 784 day (A, B, C, D). In Group 2, immunological assays were focused on haemocyte load and 785 786 activity of PO/PPO system on one side (red) – involving five timepoints of measurements (A', B', C', D', E') – and relative abundances of different haemocyte types on the other (blue). No 787 measurements occurred over hatched areas. 788

Fig. 2. Response of the time budget allocated to feeding (during an observation of 1 h) to the random effect represented by the timing of data collection (timepoint of measurements) and the fixed global effect of phase (white = daytime, grey = nighttime). Represented values are means (\pm 95% c.i.). Significant differences are shown by asterisks (* *P* < 0.05). Numbers within the bars indicate sample sizes. Data for the different timepoints and phases were collected on the same individuals.

Fig. 3. Responses of haemocyte load (A), PO activity (B) and total PO activity (C) to the random effect represented by the timing of data collection (timepoint of measurements) and the fixed global effect of phase (white = daytime, grey = nighttime). Represented values are means (\pm 95% c.i.). Significant differences are shown by asterisks (** *P* < 0.01), and n.s. stands for non-significant. Numbers within the bars indicate sample sizes.

800 Fig. 4. Lobesia botrana larvae were fixed in 4% paraformaldehyde solution and then dehydrated in a series of ethanol solutions. Specimens were next embedded in a Paraplast 801 Plus[®] and cut in paraffin longitudinal sections with a thickness down to 5 µm (A). After being 802 dewaxed and rehydrated, paraffin sections were coloured using Papanicolaou stain or 803 toluidine blue (0.1%) for 4 min. Nucleic acids were then labelled in blue using a 4',6-804 805 diamidino-2-phenylindole solution (DAPI) diluted in PBS (0.5 µg/ml). The samples were stained for 20 min with this solution in the dark, at room temperature. They were examined 806 using a fluorescence microscope (Axio Imager 2, Zeiss, Oberkochen, Germany) (B). 807 808 According to flow-cytometric analyses, four haemocyte types were identified in the haemolymph of 4th instar *L. botrana* larvae: prohaemocytes, oenocytoids, granulocytes 809 (yellow arrow indicates a granule included in the cytoplasm) and plasmatocytes. Photographic 810 811 data of haemocyte types were obtained using a phase contrast microscope (Primo Star, Zeiss, Oberkochen, Germany) (C). 812

Fig. 5. Responses of the relative abundances of the four haemocyte types found in

haemolymph of 4^{th} instar larvae to the phase (white = daytime, grey = nighttime).

Represented values are means (\pm 95% c.i.). Significant differences are shown by asterisks

- 816 (*** P < 0.001, * P < 0.05), and n.s. stands for non-significant. Numbers within the bars
- 817 indicate sample sizes.

818 Figures

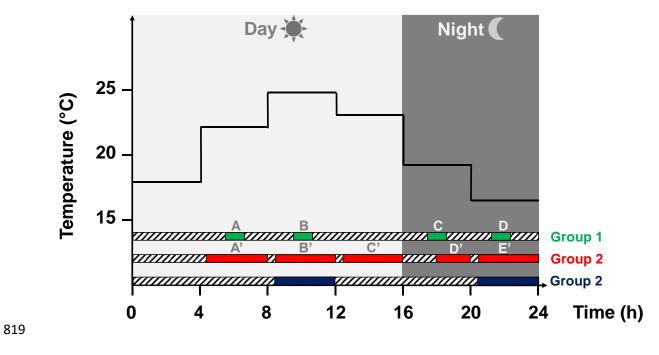


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821 (Group 1) and immune measurements taken (Group 2).

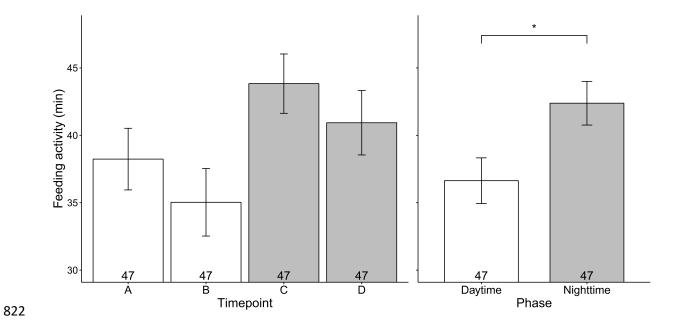


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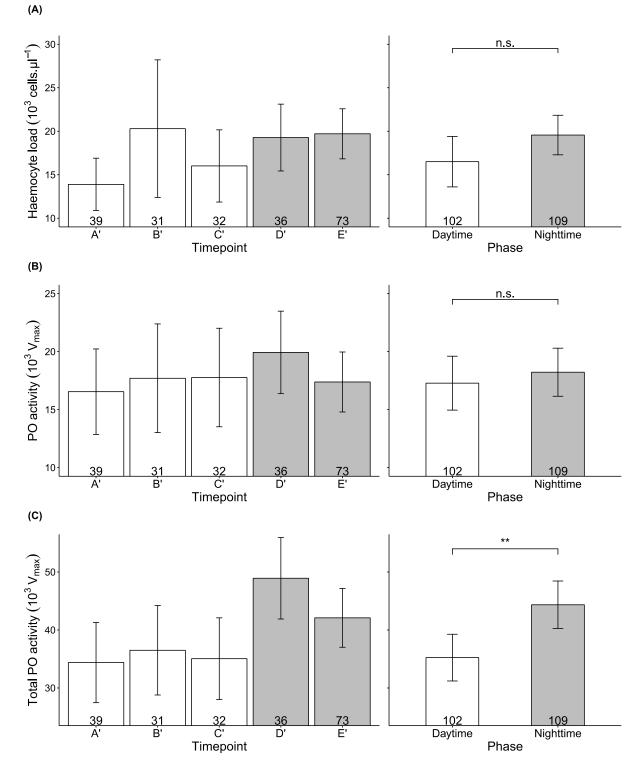


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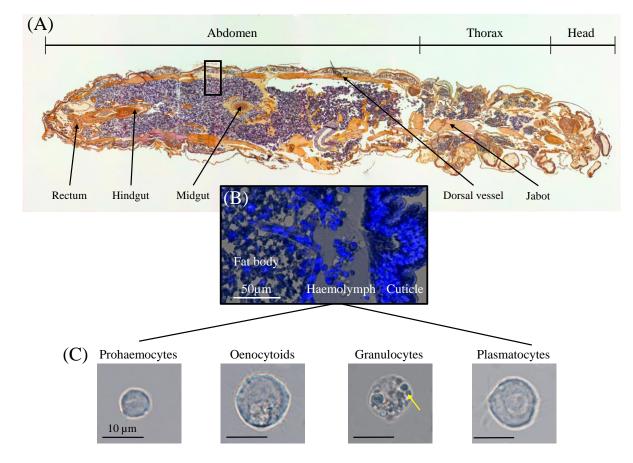


Fig. 4. According to flow-cytometric analyses, four haemocyte types were identified in the

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- 833 (yellow arrow indicates a granule included in the cytoplasm) and plasmatocytes.

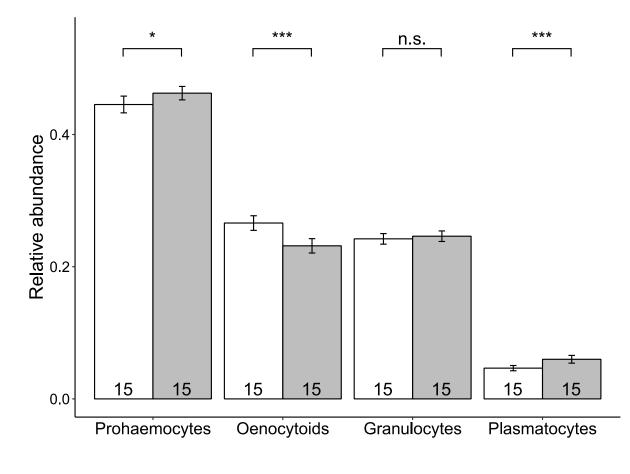




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