



HAL
open science

Bisection for kinetically constrained models revisited

Ivailo Hartarsky

► **To cite this version:**

Ivailo Hartarsky. Bisection for kinetically constrained models revisited. *Electronic Communications in Probability*, 2021, 26, pp.60. 10.1214/21-ECP434 . hal-03465831

HAL Id: hal-03465831

<https://hal.science/hal-03465831>

Submitted on 3 Dec 2021

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution 4.0 International License

Bisection for kinetically constrained models revisited*

Ivailo Hartarsky[†]

Abstract

The bisection method for kinetically constrained models (KCM) of Cancrini, Martinelli, Roberto and Toninelli is a vital technique applied also beyond KCM. In this note we present a new way of performing it, based on a novel two-block dynamics with a probabilistic proof instead of the original spectral one. We illustrate the method by very directly proving an upper bound on the relaxation time of KCM like the one for the East model in a strikingly general setting. Namely, we treat KCM on finite or infinite one-dimensional volumes, with any boundary condition, conditioned on any of the irreducible components of the state space, with arbitrary site-dependent state spaces and, most importantly, arbitrary inhomogeneous rules.

Keywords: Kinetically constrained models; interacting particle systems; Glauber dynamics; Poincaré inequality; bisection.

MSC2020 subject classifications: Primary 60K35, Secondary 82C22; 60J27.

Submitted to ECP on April 27, 2021, final version accepted on October 16, 2021.

Supersedes arXiv:2104.07883.

1 Introduction

The bisection method (also halving or two-block) is one of the fundamental techniques in the rigorous theory of kinetically constrained models (KCM), introduced by Cancrini, Martinelli, Roberto and Toninelli [4, Section 4] and inspired by [17, Proposition 3.5] for the Glauber dynamics of the Ising model. Its variations are frequently used for KCM [9, 10, 12, 19], but also successfully applied to other contexts [2, 6]. The technique was originally developed to prove the positivity of the spectral gap of the East process (see also [1]), as well as determining its sharp scaling at low temperature. For background on the East process we direct the reader to [4, 7, 8] and the references therein. An exposition of the original bisection method can be found in the upcoming monograph on KCM by Toninelli [23].

In the present note we explore a new approach to the bisection method. In a way, the idea is the same, yet the proof and outcome are completely new. It is our hope that this new approach itself will be of independent interest and, in particular, our substitute for the two-block dynamics, Proposition 4, and its proof. We apply it in the following setting of unprecedented generality. The (standard) terms used are defined formally in Section 2. Consider KCM

*This work is supported by ERC Starting Grant 680275 “MALIG.”

[†]CEREMADE, CNRS, Université Paris-Dauphine, PSL University, 75016 Paris, France.

E-mail: hartarsky@ceremade.dauphine.fr

- on an arbitrary volume $L \subset \mathbb{Z}$, $1 \leq |L| \leq \infty$, which need not be an interval;
- with arbitrary boundary conditions;
- conditioned to belong to an arbitrarily chosen irreducible component of the state space;
- with arbitrary on-site finite state spaces, which may vary from site to site and need not have uniformly bounded size or atom probabilities, but the probability of being infected is uniformly bounded from below by $q > 0$;
- with arbitrary update rules, which may vary from site to site, but have a range uniformly bounded by $R < \infty$. Some sites may be completely unconstrained or, inversely, frozen.

In this setting we prove that for some $C_R > 0$ depending only on R

$$T_{\text{rel}} \leq (2/q)^{C_R \log(\min((2/q), |L|))},$$

which is known to be sharp for all homogeneous rooted KCM on an interval [15, 16], including East [1, 4], in the most interesting regime, $q \rightarrow 0$. In addition, it may come as a surprise to specialists that this is also sharp for some homogeneous unrooted KCM on intervals, despite the fact that on \mathbb{Z} their relaxation time is only $q^{-\Theta(1)}$ (see [18] for definitions and background).

Let us note that for such general KCM there are usually many irreducible components (there are always at least two, save for trivialities) and their combinatorial structure can be very intricate. They have proved hard to deal with due to the long-range dependencies they introduce, like those present in conservative KCM. Consequently, the only nontrivial case in which the relaxation in an irreducible component is under control [3] (see also [4, 5]) is the FA-1f model on an interval in its so-called ergodic component—the only nontrivial component for this KCM. An example of a situation in which such conditioned inhomogeneous one-dimensional KCM can arise naturally from ordinary KCM in higher dimensions can be found in [9, Appendix A.1] and originally motivated our work.

We direct the reader to [20, 21, 22] for inhomogeneous KCM, to [4, 5, 23] for KCM with various rules and boundary conditions and to [11, 18] for general state spaces. Yet, we emphasise that no two among: general state spaces, inhomogeneous rules and irreducible components have featured simultaneously until present. Formally, as we will see, non-interval domains, boundary conditions and irreducible components other than the ergodic one can be absorbed in the inhomogeneity of the rules, but such arbitrarily inhomogeneous KCM have not been considered previously.

2 Formal statement

2.1 Definition of the models and notation

For all sites $x \in \mathbb{Z}$ fix a finite positive probability space (\mathcal{S}_x, π_x) called *state space* and $\mathcal{I}_x \subset \mathcal{S}_x$ satisfying $\pi_x(\mathcal{I}_x) \geq q > 0$. We say that $x \in \mathbb{Z}$ is *infected* when the event \mathcal{I}_x occurs and *healthy* otherwise. Thus, we refer to $q = \inf_{x \in \mathbb{Z}} \pi_x(\mathcal{I}_x)$ as the *infection probability*. The *volume* $L \subset \mathbb{Z}$ is a finite or infinite set. Consider the corresponding product space $\mathcal{S}_L = \prod_{x \in L} \mathcal{S}_x$ and measure $\pi_L = \bigotimes_{x \in L} \pi_x$. We will usually denote elements of \mathcal{S}_L (*configurations*) by η, ω, ξ , etc. and corresponding restrictions to any $X \subset L$ by η_X and η_x when $X = \{x\}$. A *boundary condition* is any $\omega \in \mathcal{S}_{\mathbb{Z} \setminus L}$ or an appropriate restriction, when some of the states of ω are unimportant. Given two configurations $\eta_L \in \mathcal{S}_L$ and $\eta'_{L'} \in \mathcal{S}_{L'}$ for volumes L, L' with $L \cap L' = \emptyset$, we denote by $\eta_L \cdot \eta'_{L'} \in \mathcal{S}_{L \cup L'}$ the configuration equal to η_x if $x \in L$ and to η'_x if $x \in L'$.

For all $x \in L$ we fix an *update family* \mathcal{U}_x that is a finite family of finite subsets of $\mathbb{Z} \setminus \{x\}$. Its elements are called *update rules*. We assume that there exists a *range*

$R \in [1, \infty)$ such that for all $x \in L$, $U \in \mathcal{U}_x$ and $y \in U$ we have $|x - y| \leq R$. For a site $x \in L$, a configuration $\eta \in \mathcal{S}_L$ and a boundary condition $\omega \in \mathcal{S}_{\mathbb{Z} \setminus L}$, we say that the *constraint at x is satisfied* if

$$c_x^\omega(\eta) = \mathbb{1}_{\exists U \in \mathcal{U}_x, \forall y \in U, (\eta \cdot \omega)_y \in \mathcal{I}_y}$$

equals 1. In words, we require that for at least one of the rules all its sites are infected, taking into account the boundary condition. The transitions allowed for the KCM are those changing the state of a single site whose constraint is satisfied (before and, equivalently, after the transition, since rules for x do not contain x). In these terms, $\mathcal{U}_x = \emptyset$ corresponds to a site unable to update under any circumstances, while $\mathcal{U}_x \ni \emptyset$ corresponds to a site whose constraint is always satisfied. The transitions define an oriented graph with vertex set \mathcal{S}_L and symmetric edge set (containing the reverses of its edges). We call its connected components *irreducible components* of the KCM and view them as events. Given an irreducible component $\mathcal{C} \subset \mathcal{S}_L$, we set $\mu_L = \pi_L(\cdot|\mathcal{C})$. We further write $\mu_X = \mu_L(\cdot|\eta_{L \setminus X})$, $\mu_x = \mu_{\{x\}}$ for $x \in \mathbb{Z}$ and $X \subset \mathbb{Z}$ and denote by Var_X and Var_x the corresponding variances.

The *general KCM* defined by L , \mathcal{S}_x , π_x , \mathcal{I}_x , ω , \mathcal{U}_x and \mathcal{C} is the continuous time Markov process with generator and Dirichlet form acting on functions $f : \mathcal{C} \rightarrow \mathbb{R}$ depending on the states of finitely many sites given by

$$\begin{aligned} \mathcal{L}_L(f)(\eta) &= \sum_{x \in L} c_x^\omega(\eta) \cdot (\mu_x(f(\eta)) - f(\eta)), \\ \mathcal{D}_L(f) &= \sum_{x \in L} \mu_L(c_x^\omega \cdot \text{Var}_x(f)) \end{aligned}$$

respectively. In other words, this is the continuous time Markov process which resamples the state of each site at rate 1 w.r.t. μ_x , provided its constraint is satisfied. It is useful to note that when $c_x^\omega = 1$, we have $\mu_x = \pi_x$. For the existence of such infinite-volume processes see [14] and for basic background refer to [4, 5]. It is also not hard to check that π_L and, therefore, μ_L is a reversible invariant measure for the process. Finally,

$$T_{\text{rel}}^{-1} = \inf_{f \neq \text{const.}} \frac{\mathcal{D}_L(f)}{\text{Var}_L(f)} \in [0, 1] \tag{1}$$

is the *spectral gap* of \mathcal{L}_L or inverse *relaxation time*.

2.2 Result

With this terminology, our main result is stated as follows.

Theorem 1. *There exists an absolute constant $C > 0$ such that for any range $R \in [1, \infty)$, infection probability $q \in (0, 1]$, volume $L \subset \mathbb{Z}$ and general KCM with these parameters it holds that*

$$T_{\text{rel}} \leq (2/q)^{CR^2 \min(\log |L|, R \log(2/q))}. \tag{2}$$

Remark 2. Equation (2) and its proof apply to general KCM on a circle $\mathbb{Z}/n\mathbb{Z}$ (uniformly on n). For trees of maximum degree Δ and diameter D we can only retrieve that for some C depending on Δ and R ,

$$T_{\text{rel}} \leq (2/q)^{C \log D}.$$

Before moving on to the proof of Theorem 1, let us mention a few applications.

As noted in Section 1, Theorem 1 is sharp not only for all homogeneous rooted supercritical models, but also for some unrooted ones. Indeed, an unrooted KCM in finite volume may lack clusters of infections mobile in both directions, but only be able to create them, using ones mobile in a single direction. Such is the case of the

homogeneous $\{\{-2\}, \{1, 2\}\}$ -KCM on $L = \{1, \dots, 2n\}$ with healthy boundary condition, only 1 and $|L|$ infected initially (so that it is in its “ergodic component,” able to infect the entire volume). As usual, a test function showing that $T_{\text{rel}} \geq \exp(\Omega(\log^2(1/q)))$ for $|L| = 1/q \rightarrow \infty$ is the indicator of configurations reachable from the initial state above without creating $\log(1/q)/10$ infections simultaneously.

This phenomenon is not related to the lack of symmetry—the same reasoning applies to the $\{\{-9, -8, -6\}, \{-7, -6, -4\}, \{-6, -5, -3\}, \{3, 5, 6\}, \{4, 6, 7\}, \{6, 8, 9\}\}$ -KCM on $L = \{1, \dots, 6n+3\}$ with the ergodic initial condition $\{1, 2, 4, 6n-1, 6n, 6n+3\}$. Indeed, for this KCM the sites $\{6n-1, 6n, 6n+3\}$ are unable to infect anything, while $\{1, 2, 4\}$ may infect a group of sites of the form $6k+1, 6k+2, 6k+4$, provided the previous such group is already present to its left. Hence, a similar test function yields the optimality of Eq. (2).

A more subtle application of Theorem 1 concerns homogeneous KCM in higher dimensions. Consider a one-dimensional subset L of \mathbb{Z}^d for $d \geq 2$, that is a sequence of sites such that if two sites are at distance more than C in the sequence, they are at distance more than R in \mathbb{Z}^d , where R is the range of the d -dimensional KCM and $C < \infty$ is some constant possibly depending on the KCM. In words, this is a discrete version of a one-dimensional manifold: a parametrised curve which may not come close to itself non-locally in the parametrisation (e.g. a line segment intersected with \mathbb{Z}^d). Fixing the state ω of all sites in $\mathbb{Z}^d \setminus L$, the dynamics allowed to flip only sites in L becomes a one-dimensional general KCM (with range C rather than R , but finite) treated by our result. Notice that, even if the original d -dimensional KCM is homogeneous and considered in infinite volume on its ergodic component, the resulting one-dimensional one may become inhomogeneous due to L bending in \mathbb{R}^d or due to ω not being translation invariant. Furthermore, it may naturally occur that this restricted dynamics is no longer able to infect all of L without changing the boundary condition ω (which is prohibited), so irreducible components become relevant.

The above application is the main motivation for our work. Indeed, control on the relaxation of a line segment at the boundary of a large infected region with arbitrary boundary condition elsewhere was needed for establishing refined universality results for two-dimensional KCM in [9]. More precisely, [9, Lemma A.1] is a direct corollary of Theorem 1 providing a much more tractable proof than the cumbersome canonical path approach outlined in that work.

3 Proof

Let us begin with a straightforward but important corollary of reversibility.

Observation 3. The irreducible component of a general KCM naturally identifies with the set of sites which can be eventually updated, together with the state of all remaining sites. We call the set of the sites that can be updated in L *closure* and denote it by $\{\eta\}_L^\omega \subset L$. We denote the state of the remaining sites by $\eta^0 := \eta_{L \setminus \{\eta\}_L^\omega}$ and refer to it as *initial condition*.

Since sites in $L \setminus \{\eta\}_L^\omega$ can never be updated, we may remove them from L and replace ω by $\omega \cdot \eta_{L \setminus \{\eta\}_L^\omega}$. With this reduction, we may assume that $\{\eta\}_L^\omega = L$ for the original general KCM. Further note that we may absorb any boundary condition in the inhomogeneous update rules by removing infected sites in ω from update rules and removing update rules containing non-infected sites in ω . Thus, we may further assume that our initial general KCM is defined so that its rules do not depend on the boundary condition and therefore discard ω . Moreover, once the boundary condition is irrelevant, we may replace L by an interval of length $|L|$, if L is finite, and \mathbb{N} or \mathbb{Z} , if L is infinite in one or two directions. Indeed, we can map L onto $\{1, \dots, |L|\}$, \mathbb{N} , $-\mathbb{N}$ or \mathbb{Z} , preserving the order, and this does not increase the range R . Finally, approximating L by large

finite segments if it is infinite (see [4, Section 2] and [14, Chapter 4]), we may assume $|L| < \infty$.

Henceforth, we fix a general KCM specified by its volume L , state spaces (\mathcal{S}_x, π_x) , infection events \mathcal{I}_x , and update families \mathcal{U}_x subject to the above simplification (we call such a model *simplified*):

- for all $x \in L$ and $U \in \mathcal{U}_x$ we have $U \subset L$;
- $\{\eta\}_L = L$;
- $L = \{1, \dots, |L|\}$ with $|L| < \infty$.

Note that in the course of the proof we will consider domains smaller than L and will then specify the closure, initial and boundary conditions. We will prove Theorem 1 by induction on $|L|$. The induction step is provided by the following two-block result, which is the core of the argument.

Proposition 4. *Let $L_1 = \{1, \dots, \ell\}$ and $L_2 = \{\ell - \Delta + 1, \dots, |L|\}$ with $\ell \in [1, |L|]$ and $\Delta \in [0, \ell]$. Then*

$$\text{Var}_L(f) \leq \gamma(\Delta) \sum_{i \in \{1, 2\}} \mu_L \left(\text{Var}_{L_i} \left(f | \{\eta\}_{L_i}^{\eta_{L \setminus L_i}}, \eta_{L_i}^0 \right) \right), \tag{3}$$

setting for some absolute constant $C > 0$

$$\gamma(\Delta) = \begin{cases} 1 + \exp(-\Delta q^{CR} / (CR^2)) & \Delta \geq CR^2 / q^{CR} \\ (2/q)^{CR^2} & \text{otherwise.} \end{cases}$$

Remark 5. This statement can be viewed as a Poincaré inequality for a Markov process with two symmetric moves performed at rate 1. We update the state η_{L_i} from the measure π_{L_i} conditioned on the irreducible component of the current state in L_i . Crucially, the closure is taken only inside L_i , without infecting sites in $L \setminus L_i$ and going back to L_i , but using $\eta_{L \setminus L_i}$ as a (frozen) boundary condition. In particular, the variance in Eq. (3) is not $\text{Var}_{L_i}(f)$.

Before proving Proposition 4, let us briefly recall how to deduce Theorem 1, referring to [4, Theorem 6.1] for more details. Let Γ_l denote the maximum of T_{rel} over all general KCM (simplified or not) of range at most R and infection probability at least q on volume with cardinal at most l . Plugging Eq. (1) into the r.h.s. of Eq. (3), we get

$$\text{Var}_L(f) \leq \gamma(\Delta) \Gamma_{\max(L_1, L_2)} \mu_L \left(\sum_{x \in L} c_x \cdot \text{Var}_x(f) + \sum_{x \in L_1 \cap L_2} c_x \cdot \text{Var}_x(f) \right).$$

We average this over $N \approx |L|^{1/3}$ choices of ℓ , so that the $L_1 \cap L_2$ for different choices are disjoint. All ℓ are chosen so that $\ell - |L|/2 \in [-N\Delta/2, N\Delta/2]$ for $\Delta \approx |L|^{1/3}$ fixed. This yields the recurrence relation

$$\Gamma_{|L|} \leq (1 + 1/N) \gamma(\Delta) \Gamma_{|L|/2 + N\Delta},$$

since the simplification operation may only decrease $|L|$ and R and increase q . Iterating this inequality, we derive the desired Eq. (2).

Thus, our task is to prove Proposition 4, for which we need the following.

Claim 6. *Let Λ be a volume. Then for any irreducible component $\mathcal{C} = (\{\eta\}_\Lambda^\omega, \eta^0)$, under $\pi_\Lambda(\cdot | \mathcal{C})$ the infections in the closure $(\mathbb{1}_{\mathcal{I}_x})_{x \in \{\eta\}_\Lambda^\omega}$ stochastically dominate i.i.d. Bernoulli variables with parameter q .*

Proof. Fix $x \in \{\eta\}_\Lambda^\omega$ and a configuration $\eta \in \mathcal{C}$. Observe that if $\eta_x \notin \mathcal{I}_x$, then every η' such that $\eta'_y = \eta_y$ for all $y \in \Lambda \setminus \{x\}$ is also in \mathcal{C} by Observation 3. Hence, conditionally on $\eta_{\Lambda \setminus \{x\}}$ and \mathcal{C} , either \mathcal{I}_x occurs a.s. or η_x has the law π_x . In both cases the conditional law of $\mathbb{1}_{\mathcal{I}_x}$ dominates a Bernoulli one with parameter q . \square

Sketch of the easier case of Proposition 4. As a warm-up, let us sketch the proof of Eq. (3) with $\gamma(\Delta) = (2/q)^{CR^2}$, which is valid for all values of Δ .

We aim to couple two copies η and η' of the chain in Remark 5, so that they meet with appropriate rate. To do this, we require that the following sequence of events all occur in both chains uninterrupted by any other updates. Each chain is updated on L_1 to a state such that the sites in $L_1 \setminus L_2$ at distance at most R from L_2 (if $|L_1 \setminus L_2| < R$, take all sites in $L_1 \setminus L_2$) which are in the closure $\{\eta\}_{L_1}^{\eta_{L \setminus L_1}}$ of the current state in L_1 are infected. Then do the same in L_2 , infecting all possible sites at distance at most R from L_1 in $L_2 \setminus L_1$. Repeat this couple of operations $R + 1$ times. The configurations provided to η and η' so far are chosen independently, but updates occur at the same times for both. Next update L_1 in both η and η' to the same configuration still with infections next to L_2 as above and finally update L_2 in both chains to the same configuration, forcing them to meet.

In order for this to work, we need two ingredients. Firstly, we need to check that the rate at which this sequence of updates occurs is at least $(q/2)^{CR^2}$. Indeed, the probability that fewer than $2(R + 2)$ updates occur up to time 2^{CR} is small; the probability that the first $2(R + 2)$ updates occur in the right positions (in L_1 then in L_2 , again in L_1 , etc.) is $2^{-2(R+2)}$; from Claim 6 the probability of infecting the desired (at most R) sites is at least q^R (this needs to happen $4R + 5$ times in total). Secondly, we need to check that this is a valid coupling, namely that in the last two steps the two chains are indeed resampled from the same distribution. For this it suffices to see that after $R + 1$ repetitions of the alternating updates in L_1 and L_2 , necessarily the R sites in $L_2 \setminus L_1$ closest to L_1 are all infected. This is not surprising, since each time we provide the best possible boundary condition and so the sequence of these boundary conditions is nondecreasing.

Therefore, it remains to see that after a couple of updates as above either the boundary condition is already fully infected or it increases strictly. Assume the last R sites in $L_1 \setminus L_2$ remain unchanged after updating L_2 and then L_1 as above. Then none of the remaining non-infected sites could be updated at all, since even the best boundary condition L_2 can provide does not allow L_1 to infect them. Since it was assumed that $\{\eta\}_L = L$, this implies that all R sites are infected, as desired. \square

Note that the above is sufficient to obtain Theorem 1 for $|L| \leq (2/q)^{CR}$.

Proof of the harder case of Proposition 4. We consider two copies $(\eta(t))_{t \geq 0}$, $(\eta'(t))_{t \geq 0}$ of the process from Remark 5. It is well known [13, Proposition 4.7, Corollary 12.6, Remark 13.13]¹ that it suffices to couple them so that the probability that they do not meet before time T is at most $Ce^{-T/\gamma(\Delta)}$ for any T large enough. Observe that whenever several successive updates are performed at L_1 (and similarly for L_2), the final result is preserved if we discard all but the last update, since the dynamics of Remark 5 is of Glauber type. Hence, we may consider a discrete time chain with the same state space which updates L_1 at odd steps and L_2 at even ones (so the update from time 0 to time 1 is in L_1). Conditionally on the number of alternating updates N up to time T , after removing redundant ones as indicated above, the two chains η and η' meet if their discrete time versions do. We denote the latter by ω and ω' .

¹For continuous time Markov chains the spectral radius in [13, Corollary 12.6] is replaced by $e^{-1/T_{\text{rel}}}$.

We assume that $\Delta \geq CR^2/q^{CR}$, the alternative being treated in a similar but simpler way as sketched above. We call any set $B \subset L_1 \cap L_2$ of $2R + 1$ consecutive sites a *block* and say it is *infected* if \mathcal{I}_x occurs for all $x \in B$.

Claim 7. Fix $\theta \in S_L$ such that $\{\theta\}_L = L$ and an infected block $B = x + \{1, \dots, 2R + 1\}$. Then $\{\theta\}_{\{1, \dots, x\}}^{\theta_B} = \{1, \dots, x\}$.

Proof. This follows immediately from the fact that the closure is increasing in the set of infections (since constraints are), since an infected block is the maximal possible boundary condition. \square

Let us denote by $M = \ell - \lfloor \Delta/2 \rfloor + \{-R, \dots, R\}$ the middle block. Our coupling of ω and ω' is the following for integer $t \geq 0$.

- The two chains evolve independently between $2t$ and $2t + 2$, unless

$$\{\omega(2t)\}_{L_1}^{(\omega(2t))_{L \setminus L_1}} \cap \{\omega'(2t)\}_{L_1}^{(\omega'(2t))_{L \setminus L_1}} \supset M. \tag{4}$$

- If Eq. (4) occurs, we first sample two independent configurations $\xi, \xi' \in S_{L_1}$ with the laws of $(\omega(2t+1))_{L_1}$ and $(\omega'(2t+1))_{L_1}$, given $\omega(2t)$ and $\omega'(2t)$. Let $x + \{-R, \dots, R\}$ be the rightmost block contained in $L_1 \cap L_2$ infected in both ξ and ξ' , if it exists. We set $\omega(2t + 1) = \xi \cdot (\omega(2t))_{L \setminus L_1}$ and

$$\omega'(2t + 1) = \xi_{\{1, \dots, x\}} \cdot \xi'_{\{x+1, \dots, \ell\}} \cdot (\omega'(2t))_{L \setminus L_1}$$

and sample $\omega(2t + 2) = \omega'(2t + 2)$ with their (common) law given the state at time $2t + 1$. If no such block exists, $(\omega(2t + 1))_{L_1} = \xi$ and $(\omega'(2t + 1))_{L_1} = \xi'$ and the two evolve independently between $2t + 1$ and $2t + 2$.

This is a legitimate Markov coupling of the homogeneous chains $(\omega(2t))_{t \geq 0}$ and $(\omega'(2t))_{t \geq 0}$. Indeed, by Claim 7, conditionally on $x + \{-R, \dots, R\}$ being the rightmost infected block, $\xi_{\{1, \dots, x\}}$ and $\xi'_{\{1, \dots, x\}}$ are identically distributed. We define $X(t) = \left| M \cap \{\omega(2t)\}_{L_1}^{(\omega(2t))_{L \setminus L_1}} \right|$ and similarly for ω' . Equation (4) then reads $X(t) = X'(t) = 2R + 1$. We will lower bound $\min(X(t), X'(t))$ by the discrete time Markov chain $Y(t)$ on $\{0, \dots, 2R + 2\}$ which:

- starts at 0;
- is absorbed when reaching $2R + 2$;
- increments by 1 with probability

$$\left(1 - (1 - q^{4R+2})^{\Delta/(4R+3)} \right)^4; \tag{5}$$

- jumps to 0 with the complementary probability.

We call a transition of Y to 0 a *failure*.

Lemma 8. For all $t \geq 0$, $\mathbb{P}(Y(t) \neq 2R + 2) \geq \mathbb{P}(\omega \text{ and } \omega' \text{ have not met by time } 2t)$.

Proof. It suffices to prove that if Eq. (4) holds, ω and ω' meet in two steps at least with the probability in Eq. (5), while if Eq. (4) fails, at least with the probability in Eq. (5) each of X and X' not equal to $2R + 1$ increases.

Assume that $X(t) = X'(t) = 2R + 1$. By Claim 7 (note that if $X(t) = 2R + 1$, then M can be infected inside L_1) we have that $\{(\omega(2t))_{L_1}\}_{L_1}^{(\omega(2t))_{L \setminus L_1}} \supset \{1, \dots, \ell - \lfloor \Delta/2 \rfloor\}$. Recalling Claim 6 and the fact that the configurations ξ and ξ' are chosen independently, we obtain that the probability that $\omega(2t + 2) \neq \omega'(2t + 2)$ is at most $(1 - q^{4R+2})^{\Delta/(4R+3)} \leq (5)$, since $\Delta \geq CR^2/q^{CR}$.

Next assume that $\min(X(t), X'(t)) < 2R + 1$. Then $\omega(2t + 2)$ and $\omega'(2t + 2)$ are independent conditionally on $\omega(2t), \omega'(2t)$, so it suffices to establish that

$$\mathbb{P}(X(t + 1) \geq \min(X(t) + 1, 2R + 1) | \omega(2t) = \eta) \geq \left(1 - (1 - q^{2R+1})^{\Delta/(4R+3)}\right)^2 \quad (6)$$

for any η compatible with $X(t)$. Consider the event \mathcal{E} that in $\omega(2t + 1)$ for at least one block B to the left of M all sites in $B \cap \{\omega(2t)\}_{L_1}^{(\omega(2t))_{L \setminus L_1}}$ are infected and likewise for $\omega(2t + 2)$, a block B' to the right of M and $B' \cap \{\omega(2t + 1)\}_{L_2}^{(\omega(2t+1))_{L \setminus L_2}}$. By Claim 6, $\mathbb{P}(\mathcal{E} | \omega(2t) = \eta)$ is bounded by the r.h.s. of Eq. (6). Thus, Proposition 9 below concludes the proof of Lemma 8. \square

Lemma 9. *In the above setting \mathcal{E} implies $X(t + 1) \geq \min(X(t) + 1, 2R + 1)$.*

Proof. Fix blocks $B = x + \{-R, \dots, R\}$ and $B' = x' + \{-R, \dots, R\}$ witnessing the occurrence of \mathcal{E} and denote $\theta = (\omega(2t + 1))_{L_1}$, $\zeta = (\omega(2t + 1))_{L \setminus L_1}$, $\theta' = (\omega(2t + 2))_{L_2}$ and $\zeta' = (\omega(2t + 2))_{L \setminus L_2}$ for shortness.

We know that $\{\theta\}_{L_1}^\zeta \cap B$ is infected. Therefore,

$$\begin{aligned} \{\theta\}_{\{x, \dots, \ell\}}^{\theta_{\{x-R, \dots, x-1\}} \cdot \zeta} &= \{\theta\}_{L_1}^\zeta \cap \{x, \dots, \ell\}, \\ \{\theta\}_{\{1, \dots, x\}}^{\theta_{\{x+1, \dots, x+R\}}} &= \{\theta\}_{L_1}^\zeta \cap \{1, \dots, x\}, \end{aligned} \quad (7)$$

by Claim 7 applied to the general KCM restricted to L_1 after performing the simplifications from the beginning of Section 3. Consequently,

$$\begin{aligned} \mathcal{M} &:= M \cap \{\omega(2t)\}_{L_1}^\zeta = M \cap \{\theta\}_{L_1}^\zeta = M \cap \{\theta\}_{\{x-R, \dots, x-1\}}^{\theta_{\{x, \dots, \ell\}} \cdot \zeta} \\ &\subset M \cap \{\theta_{L_1 \cap L_2} \cdot \zeta\}_{L_2}^{\zeta'} = M \cap \{\omega(2t + 1)\}_{L_2}^{\zeta'}. \end{aligned} \quad (8)$$

Using the analogous relation for the second transition, we obtain $X(t + 1) \geq X(t)$ and equality holds iff Eq. (8) and its analogue are equalities.

Assume that $X(t + 1) = X(t)$. Then, for an augmented configuration $\bar{\omega}$ equal to $\omega(2t + 1)$ with additionally all sites in \mathcal{M} infected, neither update can modify states in $M \setminus \mathcal{M}$. Thus, for $\bar{\omega}$ the block M simultaneously has the isolation property Eq. (7) of B and its analogue for B' . Hence,

$$\{\bar{\omega}\}_L = \{\bar{\omega}\}_{\{1, \dots, \ell - \lfloor \Delta/2 \rfloor - R - 1\}}^{\bar{\omega}_M} \cup \mathcal{M} \cup \{\bar{\omega}\}_{\{\ell - \lfloor \Delta/2 \rfloor + R + 1, \dots, |L|\}}^{\bar{\omega}_M},$$

since the update rules of each site in M cannot look both to the left of M and to its right. Recalling that $\{\bar{\omega}\}_L \supset \{\omega(2t + 1)\}_L = L$, we get $\mathcal{M} = M$ yielding the desired conclusion that $X(t + 1) = X(t) = 2R + 1$, since $X(t) = |\mathcal{M}|$. \square

Returning to the proof of Proposition 4, clearly, in order for Y not to be absorbed, at least one failure must occur in every $2R + 2$ steps. Hence, the probability that η and η' have not met by time $T \geq 2$ is at most

$$\begin{aligned} e^{-T} \sum_{n=0}^{\infty} \frac{T^n}{n!} \left(1 - \left(1 - (1 - q^{4R+2})^{\Delta/(4R+3)}\right)^{8R+8}\right)^{\lfloor n/(4R+4) \rfloor} \\ \leq e^{-T} T^{9R} + \exp\left(-T \left(1 - A^{1/(9R)}\right)\right), \end{aligned}$$

since N has the Poisson distribution with parameter T , setting

$$A = 1 - \left(1 - (1 - q^{4R+2})^{\Delta/(4R+3)}\right)^{8R+8} \leq (8R + 8) \exp\left(\frac{-\Delta q^{4R+2}}{4R + 3}\right). \quad \square$$

References

- [1] D. Aldous and P. Diaconis, *The asymmetric one-dimensional constrained Ising model: rigorous results*, J. Stat. Phys. **107** (2002), no. 5-6, 945–975. MR1901508
- [2] N. Bhatnagar, P. Caputo, P. Tetali, and E. Vigoda, *Analysis of top-swap shuffling for genome rearrangements*, Ann. Appl. Probab. **17** (2007), no. 4. MR2344312
- [3] O. Blondel, N. Cancrini, F. Martinelli, C. Roberto, and C. Toninelli, *Fredrickson-Andersen one spin facilitated model out of equilibrium*, Markov Process. Related Fields **19** (2013), no. 3, 383–406. MR3156958
- [4] N. Cancrini, F. Martinelli, C. Roberto, and C. Toninelli, *Kinetically constrained spin models*, Probab. Theory Related Fields **140** (2008), no. 3-4, 459–504. MR2365481
- [5] N. Cancrini, F. Martinelli, C. Roberto, and C. Toninelli, *Facilitated spin models: recent and new results*, Methods of contemporary mathematical statistical physics, Lecture notes in math., vol. 1970, Springer Berlin, Berlin, Heidelberg, 2009, pp. 307–340. MR2581609
- [6] P. Caputo, F. Martinelli, and F. L. Toninelli, *Mixing times of monotone surfaces and SOS interfaces: a mean curvature approach*, Comm. Math. Phys. **311** (2012), no. 1, 157–189. MR2892467
- [7] A. Faggionato, F. Martinelli, C. Roberto, and C. Toninelli, *The East model: recent results and new progresses*, Markov Process. Related Fields **19** (2013), no. 3, 407–452. MR3156959
- [8] S. Ganguly, E. Lubetzky, and F. Martinelli, *Cutoff for the East process*, Comm. Math. Phys. **335** (2015), no. 3, 1287–1322. MR3320314
- [9] I. Hartarsky, *Refined universality for critical KCM: upper bounds*, arXiv:2104.02329.
- [10] I. Hartarsky, F. Martinelli, and C. Toninelli, *Sharp threshold for the FA-2f kinetically constrained model*, arXiv:2012.02557.
- [11] I. Hartarsky, F. Martinelli, and C. Toninelli, *Coalescing and branching simple symmetric exclusion process*, Ann. Appl. Probab. (To appear).
- [12] I. Hartarsky, F. Martinelli, and C. Toninelli, *Universality for critical KCM: finite number of stable directions*, Ann. Probab. **49** (2021), no. 5, 2141–2174. MR4317702
- [13] D. A. Levin, Y. Peres, and E. L. Wilmer, *Markov chains and mixing times*, American Mathematical Society, Providence, RI, 2009, With a chapter by J. G. Propp and D. B. Wilson. MR2466937
- [14] T. M. Liggett, *Interacting particle systems*, Classics in mathematics, Springer Berlin, Berlin, Heidelberg, 2005, Reprint of the 1985 original. MR2108619
- [15] L. Marêché, *Combinatorics for general kinetically constrained spin models*, SIAM J. Discrete Math. **34** (2020), no. 1, 370–384. MR4062795
- [16] L. Marêché, F. Martinelli, and C. Toninelli, *Exact asymptotics for Duarte and supercritical rooted kinetically constrained models*, Ann. Probab. **48** (2020), no. 1, 317–342. MR4079438
- [17] F. Martinelli, *Lectures on Glauber dynamics for discrete spin models*, Lectures on probability theory and statistics (Saint-Flour, 1997), Lecture notes in mathematics, vol. 1717, Springer, Berlin, 1999, pp. 93–191. MR1746301
- [18] F. Martinelli, R. Morris, and C. Toninelli, *Universality results for kinetically constrained spin models in two dimensions*, Comm. Math. Phys. **369** (2019), no. 2, 761–809. MR3962008
- [19] F. Martinelli and C. Toninelli, *Kinetically constrained spin models on trees*, Ann. Appl. Probab. **23** (2013), no. 5. MR3134727
- [20] A. Shapira, *Bootstrap percolation and kinetically constrained models in homogeneous and random environments*, PhD thesis, Université Paris Diderot, Sorbonne Paris Cité, 2019.
- [21] A. Shapira, *Kinetically constrained models with random constraints*, Ann. Appl. Probab. **30** (2020), no. 2. MR4108128
- [22] A. Shapira and E. Slivken, *Time scales of the Fredrickson-Andersen model on polluted \mathbb{Z}^2 and \mathbb{Z}^3* , arXiv:1906.09949.
- [23] C. Toninelli, *Interacting particle systems with kinetic constraints*, In preparation.

Acknowledgments. We thank Cristina Toninelli for stimulating discussions and helpful remarks. We are also grateful to the anonymous referee for careful proofreading and helpful comments on the presentation of the paper.