

Coccidial oocyst release: once a day or all day long? Tropical bird hosts shed new light on the adaptive significance of diurnal periodicity in parasite output

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17	

18 Abstract

19 Many parasites spend part of their life cycle as infectious forms released from an infected host 20 in the external environment, where they may encounter and infect new hosts. The emergence 21 of infectious life stages often occurs once a day to minimize mortality in adverse environments. 22 In bird hosts, intestinal parasites like coccidia are generally released with faeces in the late 23 afternoon. This dynamic is adaptive since it allows avoiding desiccation and UV radiations, 24 thus reducing mortality of oocysts in the environment until transmission to the next host. If this 25 circadian rhythm is the result of natural selection to increase oocyst survival, we may 26 hypothesize that oocysts will appear in faeces at different times depending on the environment 27 where hosts live. Particularly, in an environment where UV radiations and desiccation are very 28 low, we may expect oocyst circadian release to disappear since the main selective pressure 29 would be relaxed. We sampled different species of birds in tropical and temperate forests in 30 spring and investigated coccidian oocyst output. A strong circadian variation in the prevalence 31 of hosts shedding coccidian oocyst was detected for species caught in the temperate forest with 32 an increase in prevalence in the late afternoon, whereas prevalence of birds shedding oocysts 33 was constant over the course of the day for most species sampled in the tropical rain forest. 34 These results are consistent with the hypothesis that oocysts circadian output is maintained by 35 natural selection to increase oocyst survival. We discuss the adaptive significance of diurnal 36 periodicity in parasite output.

37

38 Key words: circadian rhythms, Coccidia, temperate forest, tropical forest, host-parasite
39 interactions, birds

40

43 Key Findings

- Coccidia in birds are released with faeces in late afternoon
- This circadian output disappears for tropical forest birds
- In this environment the sun radiation reaching the ground is dramatically reduced
- Survival of the oocysts in this external environment are then maximum
- Natural selection shape rhythms for *Isospora* sp. in passerine birds

49 Introduction

50 From an evolutionary perspective, natural selection should favour any trait increasing the 51 probability of parasite transmission from one host to another (Bush et al., 2001; Combes, 2001). 52 For example, many parasite species with complex life cycles (i.e., parasites with successive 53 host species), have evolved strategies of releasing infective forms at times of the day when the 54 definitive host is most likely to be present in the environment (Théron, 1984; Combes et al., 55 1994; Combes, 2001 and references therein). Such a phenomenon of diurnal periodicity is also 56 observed in parasites with simple life cycles (i.e., parasites with a single host species). Coccidia 57 from the genus Isospora (Protozoa, Apicomplexa) are intracellular intestinal parasites of birds, 58 and typically peak oocyst release in the late afternoon (Boughton, 1933; Kruszewicz, 1995; 59 Brawner and Hill, 1999; Dolnik, 1999a, 1999b; Hudman et al., 2000; Brown et al., 2001; Misof, 60 2004). These protozoans exhibit both sexual and asexual phases. In most species, one or more 61 asexual multiplication's cycles are completed in the intestinal epithelium of the host, before 62 sexual development occurs (Olsen, 1974). Zygotes produced during the sexual phase transform 63 into oocysts that are then released into the host's intestinal tract and excreted within faeces. To 64 complete their development, oocysts must sporulate outside the host to become infective before 65 being ingested by their new host (see for an example Abd-Al-Aal et al., 2000).

In birds, coccidian oocyst shedding shows a strong circadian pattern that appears to be 66 67 ubiquitous since in all species tested to date (16 species), oocyst shedding has been found to 68 peak in the afternoon (Knight et al., 2018), whatever the latitude considered, from the tropics 69 zone to artic area (Dolnik et al., 2011). Even in an extreme environment with permanent 70 daylight like the arctic, this periodicity is conserved despite the absence of diurnal periodicity 71 in hosts' activity (Dolnik et al., 2011). The peak in oocyst shedding late in the afternoon is 72 considered an adaptative trait providing resistance to desiccation and UV radiations for oocysts 73 in the external environment (Martinaud et al., 2009). Indeed, a single hour of exposure of the 74 host's faeces to natural sunlight reduced the viability of oocysts by ca. 50%, which further 75 decreased with continued exposure (Martinaud et al., 2009). Therefore, releasing oocysts 76 throughout the day would result in a large proportion quickly dying due to sunlight exposure, 77 and a decrease in transmission probability to the next host. Interestingly, all bird species 78 showing temporal variation in the shedding of coccidia oocysts with a peak late in the afternoon 79 roughly have in common one characteristic of their environment: a ground exposed to strong 80 solar radiations including the arctic area (Knight et al., 2018). However, an exciting question 81 that remains open is whether oocysts shedding in an environment where the sun reaching the 82 ground is dramatically reduced throughout the year still shows diurnal periodicity. Indeed, in 83 such environments, the selective pressure of desiccation and UV exposure of oocysts during 84 the daytime would be relieved. One would therefore predict periodicity in oocyst shedding 85 either not to evolve or be lost as it would reduce transmission probability without the benefits 86 of increasing oocysts viability and should thus be selected against.

Although tropical rainforests receive 12 hours of sunlight daily, it is generally assumed that less than 2% of radiations ever reach the ground. Tropical rainforests have dense vegetation, often forming three different layers including a dense canopy that blocks out ca. 90 95% of sunlight (Brinkman, 1971; Bourgeron, 1983; Chazdon and Fetcher, 1984; Vazquez-

91 Yanes et al., 1990). Therefore, the rainforest ground rarely receives direct sunlight. Also, 92 tropical rainforests are characterized by high air humidity, ranging on average from 80 to 90% 93 relative humidity (RH; Freiberg, 1997; Bruno et al., 2006) and soil moisture. By combining 94 low direct sunlight and high RH, this environment provides faeces shed by birds with very 95 favourable conditions to allow oocyst sporulation and survival. If temporal variation in 96 shedding of coccidial oocysts is under natural selection to avoid desiccation and UV radiations 97 as hypothesized, we may predict that no circadian rhythm should be observed in tropical forests 98 contrary to temperate forests. Indeed, temperate forests are exposed to a stronger irradiance and 99 lower soil moisture compared to tropical forests since the vegetation canopy is moderately 100 dense and allows light to penetrate (Szwagrzyk et al., 2001). However, to our knowledge, 101 temporal variation in the shedding of coccidia oocysts has never been investigated in a tropical 102 rain forest environment.

103 To investigate whether periodically synchronised release of coccidia oocysts from the 104 genus Isospora may be absent in tropical forests, consistent with the hypothesis of relaxed 105 natural selection linked to UV radiations and desiccation, we compared patterns of oocyst 106 shedding from birds living in the primary rain forest in French Guyana (low luminosity and 107 high humidity and moisture) and that from birds living in open temperate forests in mainland 108 France (high ground luminosity and low humidity and moisture). The generality of this 109 expected difference in patterns of oocyst shedding across the diversity in host ecology and life 110 history was assessed by sampling a variety of bird species belonging to different families within 111 both habitat types. We expected marked temporal variation in the shedding of coccidia oocysts 112 for host species living in open forest and no or weak temporal variation for hosts living inside 113 the dark rain forest. Besides, we took advantage of the spatial heterogeneity in vegetation cover 114 existing around the field station located in the tropical rain forest to study variation in oocyst 115 shedding patterns at a smaller scale. Indeed, a large area has been maintained open at the edge

of the field station for more than 30 years (Fig. 1) and has selected bird species specialists of open habitats. We, therefore, expected temporal variation in the shedding of coccidia oocysts from host species inhabiting this open area, contrary to those inhabiting the close by rain forest.

119

120 Materials and methods

121 Trapping birds and sampling faeces

122 Adult males and females of different bird species (one-year-old and older, identified by 123 plumage characteristics) were caught using mist-nets from sunrise to sunset in both tropical and 124 temperate areas. Species and age were determined according to handbooks (Hilty, 2002; Restall 125 et al. 2006a, 2006b). The full list of species and number of individuals caught is given in Table 126 1. In the temperate forest habitat, we sampled birds in a young deciduous forest located in 127 Sologne (thereafter called Temperate Forest, France, 47°26'N, 2°13'E) during spring 2019 (10 128 sampling days). At that time of the season, sunrise occurs at 06:00 am and sunset around 09:00 129 pm. In the tropical forest, we sampled birds in the Amazonian primary rain forest during July 130 and August 2018 and October 2019 (15 and 11 sampling days in total) in the two field sites of 131 the Nouragues French research station: Saut-Pararé (thereafter Tropical Forest 1, French 132 Guyana, 4°02'N, 52°41'W, 8 sampling days in 2018 and 11 sampling days in 2019) and 133 Inselberg (thereafter Tropical Forest 2, French Guyana, 4°05'N, 52°41'W, 7 sampling days in 134 2018) where sunrise occurs at 06:00 am and sunset at 06:00 pm. In the first site, we sampled 135 birds both within the forest undergrowth and at its edge in the open area close to the field camp 136 (Fig. 1). On one typical sunny day, we measured abiotic parameters at ground level in these 137 two areas (open and undergrowth): temperature (°C), UV index, luminosity intensity (in lux). 138 These measures were performed 5 times over the course of the day (08:00 am, 10:00 am, 12:00 139 am, 15:00 pm, 17:30 pm), using a CROSCAAL phone – Trekker – X4 equipped with a software 140 X4 sensors in 10 different spots randomly chosen to take spatial heterogeneity into account.

141 For birds that can be kept in captivity throughout their lives such as poultry, the preferred method to track temporal patterns of oocysts release as accurately as possible is to collect faeces 142 143 every 2 h from sunrise to sunset for each bird maintained in an individual cage (Filipiak et al., 144 2009). However, in field conditions, enclosing wild birds in a cage for an entire day is not 145 acceptable from an ethical point of view, due to the stress of capture and prolonged restraint, 146 which may alter both their subsequent survival and ability to reproduce, as birds might have 147 been breeding at the time of capture. To limit the stress imposed on birds, we followed the 148 protocol adopted in snow bunting (Dolnik et al., 2011). Birds were placed in individual cages, 149 the bottom of which was lined with aluminium foil, at any time of capture during the day, for a 150 maximum of one hour before being released at their site of capture, had the birds shed faeces 151 or not. All fresh faeces present on the aluminium foil were collected and homogenised with a 152 small spoon and stored at 4°C in 15 mL Falcon tubes labelled with the date, time of the day and 153 bird species. To avoid repeated sampling of the same individuals, birds having shed faeces were 154 marked with a drop of nontoxic nail varnish on the tarsus and in case of recapture, were not 155 subjected again to faeces collection and were thus immediately released.

156

157 *Prevalence and intensity of parasite infection by* Isospora spp.

At the end of each field session in the two habitats (temperate/tropical), faeces samples were weighted to the nearest 0.01g using an electronic balance and a solution of Sheater (45% sugar in water) was added to a concentration of 1 mg of faeces for 4 ml of sheater, after which samples were gently homogenised. We sampled 600 μ l of this solution on a McMaster chamber and allowed oocysts to float to the top for 10 min. All the oocysts of *Isospora* spp. under the grid of each chamber in the McMaster were counted using 10 x magnification. Two counts were obtained for each individual faecal sample, and the average concentration, expressed as the number of oocysts per gram of faecal sample, was used as an estimate of oocyst productionrate.

167

168 *Statistical analyses*

169 The time of faeces collection was first calculated for each bird as the average hour between 170 entrance and release from the cage. This time was standardized in the proportion of daily 171 sunshine duration to take differences in day length between tropical and temperate sites into account as follow : $hstandardized = \frac{haverage - hsunrise}{hsunset - hsunrise}$ with $h_{average}$ the average hour of 172 173 collection, h_{sunrise} and h_{sunset} the sunrise and sunset time. Additionally, to compare morning and 174 afternoon prevalence and infection intensity, daylength was divided into two parts: morning: 175 standardized hour < 0.5 and afternoon: standardized hour > 0.5. All statistical analyses were performed with R software (v.4.0.4, R Core Team 2021) implemented with packages MASS, 176 177 car for model comparison for unbalanced design and emmeans for post hoc pairwise 178 comparison tests.

179 Differences in prevalence and parasite load between temperate (Temperate Forest) and 180 tropical environments (Tropical Forest 1 + Tropical Forest 2) in birds sampled in the forest 181 (birds caught in the open area in Tropical Forest 1 were excluded from this analysis) were 182 analyzed using a Generalized Linear Mixed-Effects Model with Binomial distribution (B-183 GLMM, using glmer function) and Negative Binomial distribution (NB-GLMM, using 184 *glmmTMB* function) respectively, including either the standardized hour or part of the day, 185 habitat (temperate vs. tropical) and their interaction as fixed effects. Species identity was 186 included as a random effect. The slope of fitted lines/curves were provided assorted with their 187 95% confidence interval from the models. Similar models were run to compare the two sites in 188 the tropical habitat (i.e. Tropical Forest 1 vs Tropical Forest 2).

189 The same procedures were used to investigate differences in prevalence and parasite
190 load in birds from open area *versus* surrounding undergrowth in the Tropical Forest 1.

Differences in abiotic factors during the day (temperature, UV radiations and luminosity) between these two habitats were analyzed including the standardized hour of the day as quadratic effect to test for a potential maximal effect at midday and the location and their interaction. The temperature was analyzed using a Gaussian GLM (glm function) while UV radiation and luminosity were analyzed using NB-GLM (glm.nb function).

For all GLMs and GLMMs, model comparisons were made using a deviance analysis for unbalanced design based on the likelihood ratio χ^2 -statistics or F-ratio for Gaussian GLM to test the contribution of the variable. Interactions were discarded when non-significant.

199

200 **Results**

201 Differences in temporal patterns of parasite prevalence in species from Temperate and Tropical
 202 Forests

203 The prevalence of *Isospora* spp. oocysts in bird faeces increased dramatically as the day 204 progressed for species inhabiting temperate forest to reach a maximum of 90% of infected 205 individuals (slope_{Temperate-Forest} [95% CI] = 6.89 [5.27; 8.50]) whereas in the same time the 206 prevalence for species living in tropical forest remained unchanged around 25% of infected individuals (slopeTropical-Forest [95%CI] = 0.86 [-0.40; 2.12]) (B-GLMM: effect of time: γ^{2}_{1} = 207 69.76, P < 0.0001, effect of location: $\chi^2_1 = 6.65$, P < 0.01, effect of their interaction: $\chi^2_1 = 33.72$, 208 209 P < 0.0001)(Fig. 2). The prevalence of *Isospora* spp. oocysts in bird faeces did not differ 210 between the two tropical forest sites (B-GLMM: effect of time: $\chi^2 = 2.47$, P = 0.12, effect of sites: $\chi^2_{1}=1.70$, P=0.19, effect of their interaction: $\chi^2_{1}=0.98$, P=0.32, slope_{Tropical}-211 Forest1[95%CI] = 0.43 [-1.18; 2.05] and slopeTropical-Forest2 [95%CI] = 1.87 [-0.42; 4.20]). 212

Complementary analyses of parasite prevalence contrasting morning and afternoon data arepresented in Table 1 and yielded the same results.

215

216 Differences in temporal patterns of infection intensity between species of Temperate and
 217 Tropical Forest

218 Pre-analyses showed differences in infection intensity, measured by parasite load in the host 219 faeces, between morning and afternoon in Temperate Forest (Wilcoxon test: W = 983.5, P =220 0.004), and in Tropical Forest 1 (Wilcoxon test: W = 206.5, P = 0.01) but not in Tropical Forest 221 2 (Wilcoxon test: W = 29.5, P = 0.38)(mean \pm s.e. of number of *Isospora* spp. shed in faeces in 222 the morning versus in the afternoon respectively: Temperate Forest: 35.36 ± 15.95 versus 223 222.81 ± 46.01 , Tropical Forest 1: 29.71 ± 24.88 versus 91.06 ± 44.13 and Tropical Forest 2: 224 27.20 ± 23.25 versus 62.33 ± 37.92). Therefore, analyses of differences in parasite load were 225 restricted to data from infected birds sampled in the afternoon (excluding birds from the open 226 area in Tropical Forest 1). Parasite load remained constant all the afternoon in species living in 227 temperate habitat (slope_{Temperate-Forest} [95%CI] = -0.002 [-3.01; 3.01]; mean \pm s.e. parasite load: 228 222.81 ± 46.01 oocysts per bird). In contrast, parasite load increased over time from 0 to around 229 200 oocyst per bird at sunset (slope_{Tropical-Forest} [95%CI] = 5.98 [2.27; 9.69], mean \pm s.e. parasite 230 load: 80.72 \pm 30.97 oocysts per bird), (NB-GLMM: effect of time: $\chi^2_1 = 0.00$, P = 1.00, effect 231 of location: $\chi^2_1 = 7.86$, P < 0.01, effect of their interaction: $\chi^2_1 = 5.84$, P < 0.05) (Fig. 3). In the 232 Tropical Forest, the number of oocyst released in bird faeces increased through the afternoon 233 and did not differ between the two sites and (NB-GLMM: effect of time: $\gamma^{2}_{1}=6.94$, P < 0.01, 234 effect of sites: $\chi^2_1 = 0.14$, P = 0.71, effect of their interaction: $\chi^2_1 = 0.02$, P = 0.89, slope_{Tropical}-235 Forest 1 [95%CI] = 6.18 [1.73; 10.6] and slopeTropical-Forest 2 [95%CI] = 6.64 [1.36; 11.9]).

237 Differences in temporal patterns of prevalence and intensity between open field and
238 undergrowth in the Tropical Forest 1

239 Prevalence of Isospora infection increased in the open area but remain stable inside the Tropical 240 Forest throughout the day (B-GLMM: effect of time: $\chi^2_1 = 4.90$, P < 0.05; effect of area: $\chi^2_1 =$ 241 2.66, P = 0.10, effect of their interaction: $\chi^2_1 = 4.30$, P < 0.05; slope_{openarea} [95% CI] = 8.87 [1.02; 242 16.72] versus slopeundergrowth [95% CI] = 0.47 [-1.09; 2.02])(Fig. 4). For example, in the most 243 abundant species captured in this open area (Silver-beaked Tanager), all individuals caught in 244 the afternoon shed oocyst in their faeces whereas no individual caught in the morning did (Table 245 1). Considering only infected birds in the afternoon (standardized hour > 0.5), parasite load was higher in the open area than in the undergrowth (NB-GLMM: effect of time: $\chi^{2}_{1} = 1.08$, P =246 0.30; effect of area: $\chi^{2}_{1} = 5.35$, P < 0.05, mean \pm s.e. parasite load open area: 1028.70 ± 441.20 247 oocysts/bird and forest undergrowth: 91.06 ± 44.13 oocysts/bird) (Fig. 5). 248

249

250 Comparison of abiotic factors between the forest undergrowth and open area

251 Variation in temperature showed a curvilinear relationship with time elapsed since sunrise, with 252 a peak around 35°C in open area and only around 30°C in the forest undergrowth between 12:00 and 15:00 (Gaussian GLM: time x area: $F_{1,94} = 4.88$, P = 0.03, time² x area: $F_{1,94} = 5.20$, P =253 254 0.02, Fig. 6a). In open area, UV radiation and luminosity showed a similar relationship with 255 time from the morning to midday to reach a high intensity of UV radiation and luminosity 256 intensity before a strong decrease until the sunset. In contrast, in the forest undergrowth UV 257 radiation and luminosity intensity remains at very low level throughout the day (NB-GLM for UV radiation: time: $\chi^{2_1} = 56.39$, P < 0.0001; time²: $\chi^{2_1} = 59,99$, P < 0.0001; location: $\chi^{2_1} =$ 258 169.08, P < 0.0001, Fig. 6b and NB-GLM for luminosity: time: $\chi^{2}_{1} = 52.01$, P < 0.0001; time²: 259 $\chi^{2}_{1} = 57.30, P < 0.0001$; location: $\chi^{2}_{1} = 188.73, P < 0.0001$, Fig. 6c). 260

262 **Discussion**

263 In this study, we expected circadian variation in coccidial oocysts shedding to be found in 264 temperate, but not in tropical forest habitat, consistent with the hypothesis that this trait in 265 parasites is maintained by natural selection to avoid desiccation and UV radiation, to which 266 oocysts are sensitive before sporulation. We predicted that in an environment where solar 267 radiations reaching the ground are dramatically reduced, like in the dense undergrowth of a 268 tropical forest, the circadian output of oocysts typically found in bird coccidia would disappear. 269 Our results clearly confirmed this prediction since circadian variation in coccidian oocysts was 270 high in the temperate forest (i.e., 90 % of bird were infected in the late afternoon and almost 271 none in the morning) and absent in the tropical forest (approximatively 20% of bird's sheds 272 oocyst in their faces whatever the hour of trapping). Furthermore, at a smaller spatial scale in 273 the Tropical Forest 1 site, a similar result was found, as birds captured in the open area showed 274 a strong circadian variation contrary to bird species from the surrounding undergrowth of the 275 rain forest.

276 The main goal of this study was to go one step further regarding the adaptive 277 significance of circadian variation in coccidial oocysts shedding in birds, demonstrated in all 278 tested species including birds living in the arctic area (Knight et al., 2018 for a review). Ten 279 years earlier, Martinaud et al. (2009) experimentally demonstrated that the release of oocysts 280 in the late afternoon was an adaptative trait to avoid desiccation and UV radiation, thus reducing 281 mortality of oocysts in the external environment. Before our study, such a circadian pattern 282 appeared to be a ubiquitous phenomenon in intestinal bird parasites, since all studies showed 283 that oocyst shedding peaks in the late afternoon (reviewed in Knight et al. 2018). To our 284 knowledge, this study is the first to document the absence of circadian variation in coccidial 285 oocysts shedding in a large set of species inhabiting the undergrowth of a rain forest. This 286 environment is characterized by low luminosity and low UV radiation levels reaching the 287 ground, combined with high soil and air moisture (Chazdon and Fetcher, 1984; Vazquez-Yanes 288 et al., 1990). All these abiotic characteristics are favourable for the survival of oocysts in host 289 faeces (Allen and Fetterer, 2002). If temporal variation in the shedding of coccidial oocysts is 290 a trait that has evolved under a natural selection to avoid desiccation and UV radiation as 291 commonly thought (Martinaud et al., 2009), such a pattern should not be observed in an 292 environment where these abiotic selective pressures are relaxed. Contrary to the continuous 293 multi-layered vegetation canopy of rain forests, the canopy in temperate forests is moderately 294 dense and allows greater and seasonally varying light penetration (Anderson, 1964; Koizumi 295 and Oshima, 1985; Szwagrzyk et al., 2001). Moreover, most temperate forests are managed and 296 affected by human activities, and light intensities reaching the ground may differ greatly 297 according to the stage in the forest management (Canham and Marks, 1985; Buckley, 1992; 298 McElrone et al., 2013). For example, in most recent cuts (1 year-old), light intensity was 3.5 to 299 5 times higher than in uncut plots, and rapidly decreased over time following selection cutting, 300 especially at ground level (Beaudet et al., 2004). Therefore, temperate forests are exposed to a 301 stronger and more variable irradiance compared to tropical rain forest. We observed marked 302 temporal variation in the shedding of coccidial oocysts in birds from the temperate forest, 303 consistent with previous studies (Knight et al., 2018). On the contrary, bird species living in the 304 tropical forest did not show this diurnal variation. These results suggest that natural selection 305 (evolutionary costs and benefits) may indeed shape release rhythms in *Isospora* spp. of birds 306 like in many other parasite species (Reece et al., 2017).

In addition, comparing circadian variation in coccidial oocysts shedding within the tropical habitat between species exclusively living in the open area and those living in the surrounding undergrowth further support this hypothesis. This open area was created at the construction of the field camp, more than 30 years ago, and has since selected bird species specialized in open habitats. Indeed, species captured in the open field were never caught in the 312 undergrowth, like Silver-beaked Tanager (Ramphocelus carbo carbo), Golden-sided Euphonia 313 (Euphonia cayennensis), Violaceous Euphonia (Euphonia violacea), Tropical Kingbird 314 (Tyrannus melancholicus), Great Kiskadee (Pitangus sulphuratus), Buff throated saltator 315 (Saltator maximus) and Ruffous browed peppershike (Cyclarhis gujanensis). A review of the 316 literature (Handbook of the Birds of the World Series) confirms that these bird species are 317 specialists of open habitats. Unlike the surrounding undergrowth, this open area is characterized 318 by strong level of luminosity and UV radiation reaching the ground. Indeed, during a typical 319 day in the tropical environment, light intensity and UV radiation reaching the ground measured 320 in the open area were on average 100 times higher compared to the ground in the undergrowth, 321 at any time but in particular at midday. Furthermore, the field camp is located near the equator, 322 a place where the annual UV doses reach their maximum (Marks and Plewig, 1991), increasing 323 the selective pressure towards a marked circadian variation in coccidial oocysts shedding. 324 Therefore, Isopora sp. infecting birds living in this open area have likely been selected to evolve 325 strong temporal variation in oocysts shedding allowing oocyst survival in such a harsh external 326 environment.

327 Regarding variation in the intensity of Isospora spp. infection, we found that parasite 328 load remained stable in temperate species through the day while it increased in tropical areas, 329 to reach by the end of the afternoon approximately the same parasite load as in temperate 330 species. This increase in oocyst release during the day confirms previous results on two species 331 (Serinus serinus and Sylvia borin) in which coccidial parasite load in the faeces peaked in the 332 late afternoon (Lopez et al., 2007). The mechanisms underlying this process, however, are still 333 unclear. After different phases of multiplication inside the intestinal tractus of its host, oocysts 334 are released from its host cell and shed into the environment with the faeces. The proximal 335 factors triggering coccidian oocyst discharge are not identified yet but it is known that they are 336 linked to host physiology (Boughton, 1933; Dolnik, 1999a, 1999b) and potentially mediated by 337 melatonin, which regulates daily activity patterns in vertebrates. Indeed, outside polar regions with constant daylight, avian Isospora species use cyclic changes in melatonin concentration in 338 339 their host blood to synchronize oocyst output (Dolnik et al. 2011, and references therein). 340 Therefore, we may hypothesize that the threshold of physiological signals inducing oocyst 341 discharge is very low for tropical species inhabiting the dense undergrowth, allowing oocysts 342 discharge early in the morning. The accumulation of these signals as the day progressed may 343 induce the slight but continuous increase in parasite load observed in our data over the 344 afternoon. Another but not exclusive hypothesis would be that the amount of faeces produced 345 could be higher in the late afternoon allowing a higher discharge in oocyst in the same time.

Finally, our results meet an interesting methodology issue for researchers interested in 346 347 working on intestinal parasites like Isospora spp. in wild birds' species (Biard et al., 2015, 348 2010). Due to circadian rhythm in oocyst shedding in temperate habitat there is a large 349 difference in the number of Isopora sp. oocysts shed between the morning and afternoon for a 350 given individual (Filipiak et al., 2009). Hence, to accurately assess, and make meaningful 351 comparisons in, the prevalence of Isospora infection, sampling of faeces must be standardized 352 at the same time of the day, as already demonstrated in previous studies (Filipiak et al., 2009; 353 Dolnik et al., 2010). In the tropical rain forest where this circadian rhythm in oocyst shedding 354 is absent, prevalence of infection may be assessed from faeces collected at any time of the day. 355 This makes it easier to work on the effects of intestinal parasites on bird host life-history traits 356 such as sexually selected traits for instance (Brawner et al., 2000; Hõrak et al., 2004). However, 357 as parasite load increases as the day progresses, we emphasise the need to precisely record the 358 time of day at which samples are collected. If Isospora spp. parasite loads are to be compared, 359 then sampling time should be standardized at the same time of day.

360

362 Concluding remarks

363 We believe that studying tropical birds improved our knowledge of the ecology of *Isospora* 364 spp. in natural populations of hosts and the adaptive significance of daily rhythm in oocyst 365 shedding. The available information on intestinal parasites in tropical birds to date is scarce as 366 research has often focused on blood parasites (Ricklefs, 1992; Durrant et al., 2006; Ricklefs 367 and Sheldon, 2007; Merino et al., 2008; Svensson-Coelho et al., 2014). Our study clearly 368 showed that the knowledge on the interaction between parasite and host in the temperate area 369 cannot be transposed for birds in tropical area. Therefore, future investigations are needed to 370 reveal more information's on host-parasite interactions concerning the probability to be infected 371 in the two different ecosystems. Comparative analysis with a large set of species would be very 372 useful to investigate the ecological factors and host life-history traits underlying parasite 373 diversity across different ecological contexts (tropical versus temperate).

374

375 Supplementary material

376 No supplementary material

377

378 **Data**

379 Once the paper has been accepted, data will be deposited in the Dryad

380

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385

- **387** Author Contribution
- 388 CB, KM and JM conceived and designed the study. CB, MT, SM, SBA, LD and JM conducted
- data gathering. KM and JM performed statistical analyses. CB, KM and JM wrote the article.

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395

396 Conflicts of Interest

- 397 The authors declare there are no conflicts of interest.
- 398

399 Ethical Standards

This work conforms to French legal requirements, and accepted international ethical standards, including those relating to conservation and welfare, and to the journal's policy on these matters. We thank the Direction Régionale de l'Environnement, de l'Aménagement et du Logement (DREAL) de la Guyane, de la Nouvelle-Aquitaine et du Loir et Cher for delivering legal authorizations of catching birds (authorizations no: R03-2018-07-17-002, R03-2019-03-14-005, 128/2017, 2019D/2323, 41-2018-04-03-002).

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- 610 Table 1: Complete list of bird species included in this study, showing prevalence of infection
- 611 by *Isospora* spp. (total number of birds caught and number of birds infected in brackets) 612 separately for birds caught in the morning (h standardized < 0.5) and in the afternoon (h
- separately for birds caught in the morning (in standardized < 0.5) and in the arternoon (in standardized > 0.5). Birds were caught in three different environments: Temperate Forest
- 614 (Souesmes), Tropical Forest 1 (Nouragues, Pararé) undergrowth and open area, Tropical Forest
- 615 2 (Nouragues, Inselberg). Differences in parasite prevalence in host faeces between morning
- and afternoon differed between tropical and temperate species (B-GLMM: effect of morning
- 617 vs. afternoon: $\chi^2 1 = 76.21$, P < 0.0001, effect of the site: $\chi^2 1 = 55.41$, P < 0.0001, effect of their
- 618 interaction: $\chi^2 1 = 38.03$, P < 0.0001). In the Temperate Forest, the prevalence of Isospora was
- 619 higher in the afternoon than in the morning, whereas prevalence did not differ between morning
- 620 and afternoon in the Tropical Forest (Table 2).

Species		Standardized hour	
		[0:0,5[[0,5:1]
TEMPERATE FOREST - Souesm	es	99 (14)	112 (95)
Acrocephalidae			
Hippolais polyglotta	Melodious warbler	1 (1)	4 (4)
Aegithalidae			
Aegithalos caudatus	Long-tailed tit	1 (0)	4 (4)
Certhiidae			
Certhia brachydactyla	Short-toed tree creeper	4 (0)	2 (1)
Emberizidae			
Emberiza citrinella	Yellowhammer	0	1 (1)
Fringillidae		11 (1)	12 (10)
Fringilla coelebs	Common chaffinch	5 (1)	7 (7)
Carduelis cannabina	Common linnet	1 (0)	0
Pyrrhula pyrrhula	Eurasian bullfinch	2 (0)	5 (3)
Carduelis chloris	European greenfinch	3 (0)	0
Locustellidae			
Locustella naevia	Common grasshopper-warbler	2 (0)	0
Motacillidae			
Anthus trivialis	Tree pipit	0	2 (2)
Muscicapidae		15 (1)	8 (8)
Phoenicurus ochruros	Black redstart	1 (0)	0
Luscinia megarhynchos	Common nightingale	2 (0)	2 (2)
Phoenicurus phoenicurus	Common redstart	0	1 (1)
Erithacus rubecula	European robin	11 (1)	4 (4)
Saxicola torquatus	European stonechat	1 (0)	1 (1)
Paridae		17 (5)	25 (17)
Parus caeruleus	Eurasian blue tit	9 (1)	14 (11)
Parus major	Great tit	6 (3)	8 (4)
Parus palustris	Marsh tit	2 (1)	3 (2)
Passeridae			
Passer domesticus	House sparrow	3 (0)	11 (11)
Phylloscopidae		10 (0)	9 (6)
Phylloscopus collybita	Common chiffchaff	10 (0)	8 (6)
Phylloscopus trochilus	Willow warbler	0	1 (0)
Picidae			
Jynx torquilla	Eurasian wryneck	1 (0)	2 (2)
Prunellidae			
Prunella modularis	Dunnock	3 (1)	3 (1)
Sittidae		6 (1)	1 (1)
Sitta europaea	Eurasian nuthatch	4 (1)	1 (1)

Sturnus vulgaris	Common starling	2 (0)	0
Sylviidae		24 (4)	26 (25)
Sylvia communis	Common whitethroat	4 (0)	9 (9)
Sylvia atricapilla	Eurasian blackcap	17 (4)	13 (12)
Sylvia borin Garden warbler		3 (0)	4 (4)
Troglodytidae			
Troglodytes troglodytes	Eurasian wren	0	1 (1)
Turdidae			
Turdus philomelos	Song thrush	1 (0)	1 (1)
TROPICAL FOREST 1 - Pararé		79 (17)	74 (17)
Cardinalidae			
Cyanocompsa cyanoides	Blue-black grosbeak	1 (0)	0
Columbidae			
Leptotila rufaxilla	Grey-fronted dove	0	1 (0)
Cotingidae			
Lipaugus vociferans	Screaming piha	1 (0)	1 (0)
Formicariidae			
Formicarius analis	Black-faced antthrush	1 (0)	0
Furnariidae		14 (3)	14 (5)
Xiphorhynchus pardalotus pardalotus	Chestnut-rumped woodcreeper	1 (0)	1 (1)
Automolus infuscatus	Olive-backed foliage-gleaner	4 (1)	0
Xenops minutus	White-throated xenops	0	1 (0)
Philydor erythrocercum	Rufous-rumped foliage-gleaner	1 (0)	0
Sclerurus rufigularis	Short-billed leaftosser	2(1)	0
Glyphorynchus spirurus spirurus	Wedge-billed woodcreeper	6(1)	12 (4)
Grallariidae			
Hylopezus macularius	Spotted antpitta	0	1 (0)
Pipridae		9 (1)	14 (0)
Pipra erythrocephala	Golden-headed manakin	1 (0)	0
Manacus manacus manacus	White-bearded manakin	1 (1)	2 (0)
Dixiphia pipra pipra	White-crowned manakin	2 (0)	7 (0)
Lepidothrix serena	White-fronted manakin	2 (0)	3 (0)
Corapipo gutturalis	White-throated manakin	3 (0)	2 (0)
Polioptilidae			
Ramphocaenus melanurus	Long-billed gnatwren	1 (0)	0
Thamnophilidae		29 (8)	26 (8)
Hypocnemoides melanopogon	Black-chinned antbird	0	1 (0)
Percnostola rufifrons rufifrons	Black-headed antbird	4 (0)	0
Frederickena viridis	Black-throated antshrike	1 (0)	0
Myrmotherula (epinecrophylla) gutturalis	Brown bellied antwren	4 (2)	1 (1)
Thamnomanes caesius	Cinereous antshrike	1 (0)	3 (1)

Willisornis poecilinotus	Common scale-backed antbird	2(1)	1 (0)
Thamnomanes ardesiacus	Dusky-throated antshrike	0	2 (2)
Cercomacra cinerasans	Grey antbird	0	1 (0)
Myrmotherula menetriesii	Grey antwren		4 (2)
Myrmotherula longipennis	Long-winged antwren	0	5 (0)
Thamnophilus murinus	Mouse-colored antshrike	2 (0)	0
Isleria guttata	Rufous-bellied antwren	2(1)	1 (0)
Hylophylax naevius naevius	Spot-backed antbird	2(1)	0
Hypocnemis cantator	Warbling-antbird	1 (1)	0
Myrmotherula axillaris	White-flanked antwren	2 (0)	2 (0)
Pithys albifrons albifrons	White-plumed antbird	7 (2)	5 (2)
Thraupidae		4 (0)	0
Tachyphonus surinamus surinamus	Fulvous-crested tanager	2 (0)	0
Lanio fulvus	Fulvous shrike-tanager	2 (0)	0
Tityridae		5 (0)	3 (1)
Onychorhynchus coronatus	Royal Flycatcher	0	1 (0)
Terenotriccus erythrurus	Ruddy-tailed flycatcher	1 (0)	0
Myiobius barbatus	Sulphur-rumped flycatcher	4 (0)	2(1)
Troglodytidae			
Pheugopedius coraya	Coraya wren	3 (1)	0
Turdidae			
Turdus albicollis	White-necked thrush	4 (1)	0
Tyrannidae		6 (2)	13 (3)
Platyrhinchus saturatus	Cinamon-crested spadebill	0	1 (0)
Platyrhinchus coronatus	Golden-crowned spadebill	1 (0)	1 (0)
Mionectes macconnelli	McConnell's flycatcher	5 (2)	6 (2)
Rhynchocyclus olivaceus	Olivaceous flatbill	0	3 (1)
Corythopis torquatus	Ringed antpipit	0	2 (0)
Vireonidae			
Hylophilus ochraceiceps	Tawny-crowned greenlet	1 (1)	1 (0)
TROPICAL FOREST 1 OPEN ARE	A - Pararé	9 (0)	16 (10)
Fringillidae		0	4 (3)
Euphonia cayennensis	Golden-sided euphonia	0	1(1)
Euphonia violacea	Violaceous euphonia	0	3 (2)
Thraupidae		6 (0)	9 (7)
Coereba flaveola	Bananaquit	0	1 (1)
Thraupis episcopus	Blue-grey tanager	0	1 (0)
Saltator maximus	Buff-throated saltator	1 (0)	0
Sporophila lineola	Lined seedeater	0	1 (0)
Ramphocelus carbo carbo	Silver-beaked tanager	5 (0)	6 (6)
Tyrannidae		2 (0)	2 (0)
Pitangus sulphuratus	Great kiskadee	1 (0)	0

Tyrannus melancholicus Vireonidae	Tropical kingbird	1 (0)	2 (0)
Cyclarhis gujanensis	Ruffous-browed peppershike	1 (0)	1 (0)
TROPICAL FOREST 2- Inselberg		49 (5)	40 (9)
Caprimulgidae			
Caprimulgus nigrescens	Blackish nightjar	0	1 (1)
Cardinalidae			
Cyanocompsa cyanoides	Blue-black grosbeak	1 (0)	0
Furnariidae		8 (3)	4 (4)
Xiphorhynchus pardalotus pardalotus	Chestnut-rumped woodcreeper	1 (0)	0
Deconychura longicauda	Northern long-tailed woodcreeper	1(1)	1 (1)
Certhiasomus stictolaemus	Spot-throated woodcreeper	0	1 (1)
Glyphorynchus spirurus spirurus	Wedge-billed woodcreeper	6 (2)	2 (2)
Galbulidae			
Galbula albirostris	Yellow-billed jacamar	1 (0)	0
Pipridae	2	17 (0)	10 (0)
Manacus manacus manacus	White-bearded manakin	1 (0)	0
Dixiphia pipra pipra	White-crowned manakin	7 (0)	4 (0)
Lepidothrix serena	wind pipe pipe with the control manakin white-fronted manakin		2(0)
Corapipo gutturalis	White-throated manakin	2(0)	$\frac{-}{4}(0)$
Polioptilidae		- (*)	
Microbates collaris	Collared gnatwren	1 (0)	0
Thamnophilidae	6	12 (2)	15 (3)
Percnostola rufifrons rufifrons	Black-headed antbird	1(0)	0
Willisornis poecilinotus	Common scale-backed antbird	1(0)	4(0)
Thamnomanes ardesiacus	Dusky-throated antshrike	2(1)	1 (1)
Mvrmotherula menetriesii	herula menetriesii Grev antwren		1(1) 1(0)
Myrmotherula longipennis Long-winged antwren		1(0)	4(2)
Thamnophilus murinus Mouse-colored antshrike		1(0)	0
Hylophylax naevius naevius	Spot-backed antbird	1(0)	0
Myrmotherula axillaris	White-flanked antwren	0	1 (0)
Pithys albifrons albifrons	White-plumed anthird	4(1)	4(0)
Thraunidae		0	3 (0)
Tachyphonus surinamus surinamus	Fulvous-crested tanager	0	2(0)
Saltator grossus	Slate-colored grosbeak	0	$\frac{2}{1}(0)$
Titvridae	Shale colored grosseak	2 (0)	1 (0) 1 (0)
Schoffornis turdina	Brown-winged schiffornis	$\frac{1}{1}(0)$	1 (0) 0
Myjohius barbatus	Sulphur-rumped flycatcher	1 (0)	1 (1)
Turdidae	Sulphur rumped fryemener	1 (0)	1(0)
Turdus albicollis	White-necked thrush	<i>A</i> (0)	1 (1)
Turans uncoms Turannidaa	white neeked unush	+(0)	1(1)
1 yr annuac Mionactas macconnalli	McConnell's flycatcher	2(0)	4 (0)
mionecies mucconnelli	with official salution	5(0)	4 (0)

Vireonidae Hylophilus ochraceiceps	Tawny-crowned greenlet	0	1 (0)
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Table 2: Post hoc tests based on the B-GLMM for the comparisons of morning (AM) and
afternoon (PM) prevalence in temperate and tropical areas (corrected for multiple comparisons,
see text for details). Significant differences are in bold.

	Contrasts	estimate	Standard error	Z ratio	Р
	temperate PM - AM	3.70	0.42	8.73	< 0.0001
	tropical PM - AM	0.37	0.34	1.10	0.32
	temperate AM - tropical AM	-0.27	0.42	-0.63	0.53
	temperate PM - tropical PM	3.06	0.41	7.45	< 0.0001
	temperate PM - tropical AM	3.43	0.42	8.23	< 0.0001
	tropical PM – temperate AM	0.64	0.42	1.51	0.20
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664 Legend to Figures:

Figure 1: Location of the open area inside the Tropical Forest 1 - French Guyana, Nouragues
French research, Saut-Pararé station (copyright: Florian Jeanne)

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Figure 2: Prevalence of *Isospora* spp. (i.e. probability of infection, 1: infected, 0: not infected) in faecal samples from different bird species as a function of time elapsed through the day (standardized time of the day from 0 corresponding to sunrise to 1 corresponding to sunset) and of sampling site (Temperate Forest in black and Tropical Forest 1 + 2 in grey). Data points show actual prevalence, and predicted values fitted with the GLM model are in plain lines assorted with 95% confidence interval in light grey.

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Figure 3: Parasite load of *Isopora* spp. (number of oocysts per gram of faeces) in different bird species as a function of time elapsed through the afternoon (standardized time of the day ranging from 0.5 corresponding to midday to 1 corresponding to sunset) and of sampling site (Temperate Forest in black and Tropical Forest 1 + 2 in grey). Data points show actual parasite loads, and predicted values fitted with the GLM model are in plain lines assorted with 95% confidence interval in light grey. Data presented here is restricted to infected birds sampled after a standardized hour of 0.5 (see text for more details).

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Figure 4: Prevalence of *Isospora* spp. (probability of infection, 1: infected, 0: not infected) in faecal samples for different bird species as a function of time elapsed through the day (standardized time of the day from 0 corresponding to sunrise to 1 corresponding to sunset) and of sampling location within the Tropical Forest 1 site (open area in black, surrounding undergrowth in grey). Data points show actual prevalence (1: infected, 0: not infected), and predicted values fitted with the GLM model are in plain lines assorted with 95% confidenceinterval in lighter grey.

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Figure 5. Parasite load of *Isopora spp* (number of oocysts per gram of faeces) in different bird species as a function of time elapsed through the afternoon (standardized time of the day from 0.5 corresponding to midday to 1 corresponding to sunset) and of sampling location within the Tropical Forest 1 site (open area in black and surrounding undergrowth in grey). Data points show actual parasite loads, and predicted values fitted with the GLM model are in plain lines assorted with 95% confidence interval in light grey. Data presented here is restricted to infected birds sampled after a standardized hour of 0.5 (see text for more details)

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Figure 6. (a) Temperature (°C), (b) UV radiation index and (c) luminosity intensity (Lux) as a function of time elapsed through the day and of sampling location within Tropical Forest 1 site (open area in black and surrounding undergrowth in grey). At the time of sample collection, sunrise occurred at 06:00 am and sunset around 06:00pm. Data points show actual values, and predicted values fitted with the GLM model are in plain lines assorted with 95% confidence interval in light grey.

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