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Effect of internal friction on the coil–stretch transition in turbulent flows

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A polymer in a turbulent flow undergoes the coil–stretch transition when the Weissenberg number, *i.e.* the product of the Lyapunov exponent of the flow and the relaxation time of the polymer, surpasses a critical value. The effect of internal friction on the transition is studied by means of Brownian dynamics simulations of the elastic dumbbell model in a homogeneous and isotropic, incompressible, turbulent flow and analytical calculations for a stochastic velocity gradient. The results are explained by adapting the large deviations theory of Balkovsky *et al.* [*Phys. Rev. Lett.*, 2000, **84**, 4765] to an elastic dumbbell with internal viscosity. In turbulent flows, a distinctive feature of the probability distribution of polymer extensions is its power-law behaviour for extensions greater than the equilibrium length and smaller than the contour length. It is shown that although internal friction does not modify the critical Weissenberg number for the coil–stretch transition, it makes the slope of the probability distribution steeper, thus rendering the transition sharper. Internal friction therefore provides a possible explanation for the steepness of the distribution of polymer extensions observed in experiments at large Weissenberg numbers.

1 Introduction

The coil–stretch transition is the complete unravelling of a polymer that occurs when the polymer is immersed in a non-uniform flow field and the magnitude of the velocity gradient surpasses a critical value. It was initially predicted^{1,2} and observed experimentally^{3,4} in a laminar extensional flow. The essential features of the coil–stretch transition, such as the strong distortion of the polymer and the associated conformational hysteresis, can be predicted^{1,2} by using a model as simple as the elastic dumbbell, which consists of two inertialess beads connected by a spring. Moreover, if the contour length of the polymer is used as fitting parameter, the dumbbell model satisfactorily reproduces the experimental measurements of the end-to-end distance.^{3,5–7} References 8–11 contain a comprehensive review of single-polymer dynamics in laminar flows.

It was later discovered^{12–14} that the coil–stretch transition also occurs in chaotic or turbulent flows, albeit with partially different features. The most notable difference between extensional and turbulent flows is in the probability distribution of the polymer end-to-end distances. In turbulent flows, indeed, the core of the distribution displays a power-law behaviour, which indicates that a wide range of polymer extensions is observed even

when the magnitude of the velocity gradient is very large. This feature of the statistics of the end-to-end distance was predicted by applying large-deviations techniques to the dumbbell model in a random flow¹² and was observed in both microfluidics experiments^{14–17} and numerical simulations of turbulent flows^{13,18–22} (see also Ref. 23, for a review).

The dynamics of a polymer involves internal dissipation processes, generally referred to as ‘internal friction’, which originate from local energy barriers to short-range conformational changes, such as bond rotations, or from interactions between distant segments of the polymer that come close in space.²⁴ In coarse-grained models of elastic polymers, such as the bead–spring chain,^{25,26} internal friction has been introduced by adding a linear ‘dashpot’ to each elastic link, which yields a resistive force proportional to the rate of deformation of the link. This idea was proposed by Kuhn and Kuhn²⁷ under the name of ‘internal viscosity’. The early applications of internal viscosity were mainly concerned with the rheology of viscoelastic fluids (see Refs. 25,28–31 and references therein). For instance, internal viscosity is known to cause shear thinning.²⁹ More recently, there has been renewed interest in bead–spring models with internal viscosity thanks to their application to the study of biopolymer dynamics (see, *e.g.*, Refs. 32–36). The reader is referred to Ref. 37 for a recent introduction on the notion of internal friction and the use of internal viscosity in polymer models.

It ought to be noted that the notion of internal viscosity has been subject to some criticism,^{9,38,39} for the magnitude of the

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force exerted by the dashpot is not easily estimated from the molecular properties of the polymer and it has been difficult to find conclusive experimental evidence for the need of internal viscosity in bead–spring chains. However, a protocol for measuring the value of the internal-friction coefficient to be used in bead-spring chain models has recently been proposed in Ref. 40.

The effect of internal viscosity on polymer stretching has been studied for laminar, planar velocity fields.^{38,41–43} In particular, it was shown in Ref. 38 that a moderate internal viscosity reduces the steady-state end-to-end distance, although without affecting the critical velocity gradient for the coil–stretch transition. In contrast, when the magnitude of internal viscosity exceeds a threshold value, polymers hardly deform. The limiting case of a purely extensional flow was shown to be special, since in such a flow internal viscosity does not modify the steady-state configuration of the polymer. The goal of this study is to examine the effect of internal friction on the coil–stretch transition when the velocity field is turbulent. To the author’s knowledge, indeed, the effect of internal dissipation processes in turbulent flows has not been studied yet. Thus, the dumbbell model with internal viscosity provides a simple setting for a qualitative understanding of this phenomenon.

The study consists of Brownian dynamics simulations in three-dimensional homogeneous and isotropic turbulence and focuses on the statistics of polymer extension and the coil–stretch transition. The numerical results are explained by adapting the theory in Ref. 12 to a dumbbell with internal viscosity. In addition, a fully analytical solution for a stochastic velocity gradient supports the interpretation of the results. Finally, the concluding section discusses the experimental evidence for the effect of internal friction on single-polymer dynamics and identifies a phenomenon, namely the steepness of the probability distribution of the end-to-end distances, that can be attributed to internal friction and not to other forces usually included in bead-spring chains, such as hydrodynamic and excluded-volume interactions or a conformation-dependent drag.

2 Model and methods

2.1 Elastic dumbbell with internal viscosity

The polymer is described as an elastic dumbbell. The extension and orientation are specified by the vector \mathbf{q} that connects the two beads and represents the end-to-end separation vector of the polymer. Internal viscosity is introduced in the dumbbell model by adding the resistive force $\mathbf{F}_{iv} = -\phi(\mathbf{q} \cdot \dot{\mathbf{q}})\mathbf{q}/q^2$ to the equation for \mathbf{q} (see Refs. 27,29). Here $q = |\mathbf{q}|$ and ϕ is termed the internal viscosity coefficient. The resistive force is parallel to $-\mathbf{q}$ and has a magnitude proportional to dq/dt . Thus, for a finitely extensible nonlinear elastic (FENE) dumbbell with internal viscosity the evolution equation for the connector vector is^{44,45}

$$\dot{q}_i = A_i + C_{ijk} \kappa_{jk}(t) + B_{ij} \dot{W}_j(t) \quad (1)$$

with

$$A_i = -\frac{q_i}{2\tau(1+\varepsilon)(1-q^2/L^2)} - \frac{\varepsilon}{1+\varepsilon} \frac{4KT}{\zeta} \frac{q_i}{q^2}, \quad (2a)$$

$$B_{ij} = \sqrt{\frac{4KT}{\zeta}} \left[\delta_{ij} - \left(1 - \sqrt{\frac{1}{1+\varepsilon}} \right) \frac{q_i q_j}{q^2} \right], \quad (2b)$$

$$C_{ikl} = \left(\delta_{ik} - \frac{\varepsilon}{1+\varepsilon} \frac{q_i q_k}{q^2} \right) q_l, \quad (2c)$$

where $i, j, k = 1, 2, 3$ and summation over repeated indices is understood, τ is the relaxation time of the polymer, L is its contour length, ζ is the drag coefficient of the beads, K is the Boltzmann constant, T is temperature, $\kappa_{ij} = \partial u_i / \partial x_j$ is the velocity gradient at the position of the center of mass, and $\mathbf{W}(t)$ is the three-dimensional Brownian motion [in Eq. (1) the noise term is interpreted in the Itô sense⁴⁵]. The equilibrium length of the dumbbell, defined as the standard deviation of q for $\kappa = 0$, is $q_{eq} = \sqrt{12KT\tau/\zeta}$.

The parameter $\varepsilon = 2\phi/\zeta$ describes the ratio of internal viscosity to the hydrodynamic drag. The usual FENE dumbbell model is recovered for $\varepsilon = 0$, whereas for infinite ε Eq. (1) yields the rigid dumbbell model.²⁹ In the literature, ε is typically taken between 0 and 10.

The balance between polymer stretching and relaxation is measured by the Weissenberg number, which in a chaotic flow is commonly defined as $Wi = \lambda\tau$, where λ is the maximum Lyapunov exponent of the flow, *i.e.* the average exponential rate at which fluid particles separate.

Here Eq. (1) is studied under the assumption that $\kappa(t)$ is the gradient of a turbulent velocity field. It is worth mentioning that even though Eq. (1) assumes a linear velocity field, it remains appropriate for turbulent flows, because the length of a polymer is generally shorter than the viscous dissipation scale, which is the smallest length scale in such flows.

2.2 Brownian dynamics simulations

The effect of internal viscosity is studied by using a database of Lagrangian trajectories in homogeneous and isotropic, incompressible turbulence generated at ICTS, Bangalore⁴⁶. Although an isotropic turbulent flow has zero mean strain rate, line elements are stretched exponentially with an asymptotic rate λ . Thus, a polymer in an isotropic turbulent flow experiences strong stretching events that can unravel it completely.^{12,20,47} The database was obtained by tracking the positions of 10^5 fluid particles and calculating $\kappa(t)$ along their trajectories in a direct numerical simulation of the three-dimensional Navier–Stokes equations over a periodic cube and at Taylor-microscale Reynolds number $R_\lambda = 111$ (see Ref. 46 for more details). The time series of $\kappa(t)$ is then inserted into Eq. (1). This procedure assumes that the centre of mass of a polymer moves along a fluid trajectory; therefore the effect of thermal noise on the motion of the centre of mass is disregarded. Such an assumption is justified in a turbulent flow, because thermal diffusion is negligible compared to turbulent diffusion.

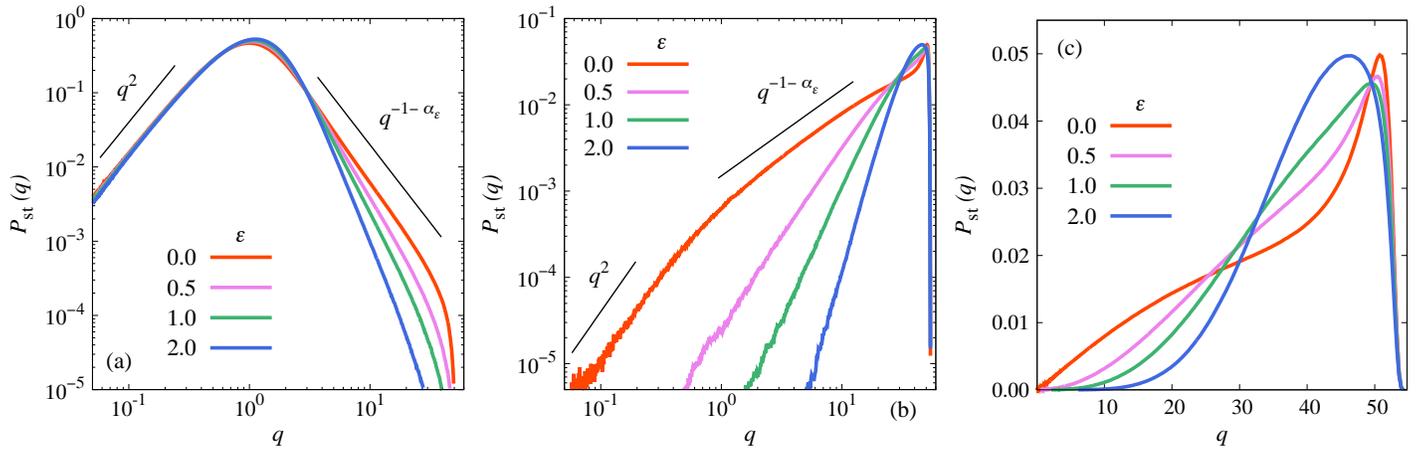


Fig. 1 Stationary PDF of q for different values of ϵ and (a) $Wi = 0.35$ and (b) $Wi = 2$. Panel (c) is the same as panel (b) but on a linear scale.

For the numerical integration of Eq. (1), Ref. 37 proposes a semi-implicit predictor–corrector scheme, which is adapted from an analogous algorithm initially derived for $\epsilon = 0$.²⁶ However, in the present setting the Euler–Maruyama method supplemented with a rejection algorithm²⁶ proved accurate enough to prevent extensions greater than L (for $\epsilon = 0$ and the largest value of Wi —the least favourable case—only 0.02% of the time steps were rejected). In the Lagrangian database, the velocity gradient was saved at a time interval $\Delta t = 4 \times 10^{-3}$. The time step used for the integration of Eq. (1) is $dt = 4 \times 10^{-4}$; a linear interpolation between two subsequent values of the velocity gradient is therefore required. In Sect. 3.1, the contour length is $L = \sqrt{3} \times 10^3$ and K , T , ζ , are such that q_{eq} is unity. The ratio L^2/q_{eq}^2 is thus comparable to that of long DNA molecules⁴ and is the same as that used in Refs. 20,47. In Sect. 3.3, L is taken unrealistically large, namely $L = 10^3$, in order accurately to resolve the power-law behaviour of the distribution of q . The Weissenberg number is varied between 0.05 and 8, while ϵ is taken between 0 and 2.

3 Results and discussion

3.1 Polymer stretching in isotropic turbulence: the effect of internal viscosity

The statistics of polymer stretching is described in terms of the stationary probability density function (PDF) of the polymer end-to-end distance, here denoted as $P_{st}(q)$. It was already mentioned in Sect. 1 that if $\epsilon = 0$, analytical,¹² experimental,^{14–17} and numerical^{13,18–22} studies of the dumbbell model have shown that $P_{st}(q)$ behaves as a power of q for $q_{eq} \ll q \ll L$, with a slope that is negative for small Wi , monotonically increases as a function of Wi , and crosses -1 when the Weissenberg number takes the critical value $Wi_{cr} = 1/2$ (note that the present definition of τ , and hence of Wi , differs by a factor of 2 from that used in some of the references cited above). Thus, in the $L \rightarrow \infty$ limit (linear polymer), $P_{st}(q)$ is no longer normalisable for $Wi \geq Wi_{cr}$, and this is interpreted as the indication of the coil–stretch transition occurring at $Wi = Wi_{cr}$. The power-law behaviour of $P_{st}(q)$ means that the PDF is not dominated by a peak about its mean, but the distribution of polymer extensions is broad. The transition is characterized by a rapid increase of the mean extension and a sharp maximum in

the coefficient of variation of q , defined as $\sigma/\langle q \rangle$, where σ is the standard deviation of q (see Refs. 14,20,48). The latter behaviour is a further indication of the breadth of the distribution and the heterogeneity of polymer configurations in a turbulent flow.

Figure 1 shows that, in the presence of internal viscosity, $P_{st}(q)$ continues to behave as a power of q for intermediate extensions, but the slope of the power law changes significantly with ϵ . Internal viscosity indeed makes the power steeper: the PDF falls faster than for $\epsilon = 0$ at small Wi and rises faster at large Wi . As a consequence, the mean polymer extension displays a sharper transition from the coiled to the stretched state as ϵ is increased, and its asymptotic value is larger at higher ϵ (see Fig 2(a)). At the same time, the dispersion of the PDF around the mean is reduced by internal viscosity, as is quantified by a systematically smaller coefficient of variation for $\epsilon > 0$ (inset of Fig. 2(a)).

This behaviour of $P_{st}(q)$ may be inferred from the fact that, in a turbulent flow, large deviations from the mean extension are the cumulative result of strong fluctuations of the velocity gradient, and the effect of internal viscosity is to attenuate the response of the polymer to sudden variations in the velocity gradient. However, a rigorous explanation of this phenomenon will be given in the following sections.

The coil–stretch transition also manifests itself in a significant increase of the correlation time of polymer the end-to-end distance.²⁰ A related phenomenon is the slowing down of the equilibration dynamics of the polymer in the flow.⁴⁹ If $C(t) = \langle q(t)q(0) \rangle - \langle q(t) \rangle^2$ is the autocorrelation function of the end-to-end distance, the correlation time is defined as $T = \int_0^\infty dt C(t)/C(0)$. The inset of Fig. 2(b) shows that $C(t)$ decays approximately as an exponential function, as was already observed for $\epsilon = 0$ (see Ref. 20). However, internal viscosity strongly amplifies the aforementioned increase of the correlation time near the coil–stretch transition: T displays a higher and higher peak near Wi_{cr} as ϵ grows (in Fig. 2(b), time is rescaled by the Kolmogorov time τ_η , which is the time scale associated with viscous dissipation in turbulent flows).

Finally, the orientation dynamics of polymers in isotropic turbulence has also attracted some attention.^{20,21,50} Internal viscosity obviously does not affect the orientation of a polymer directly,

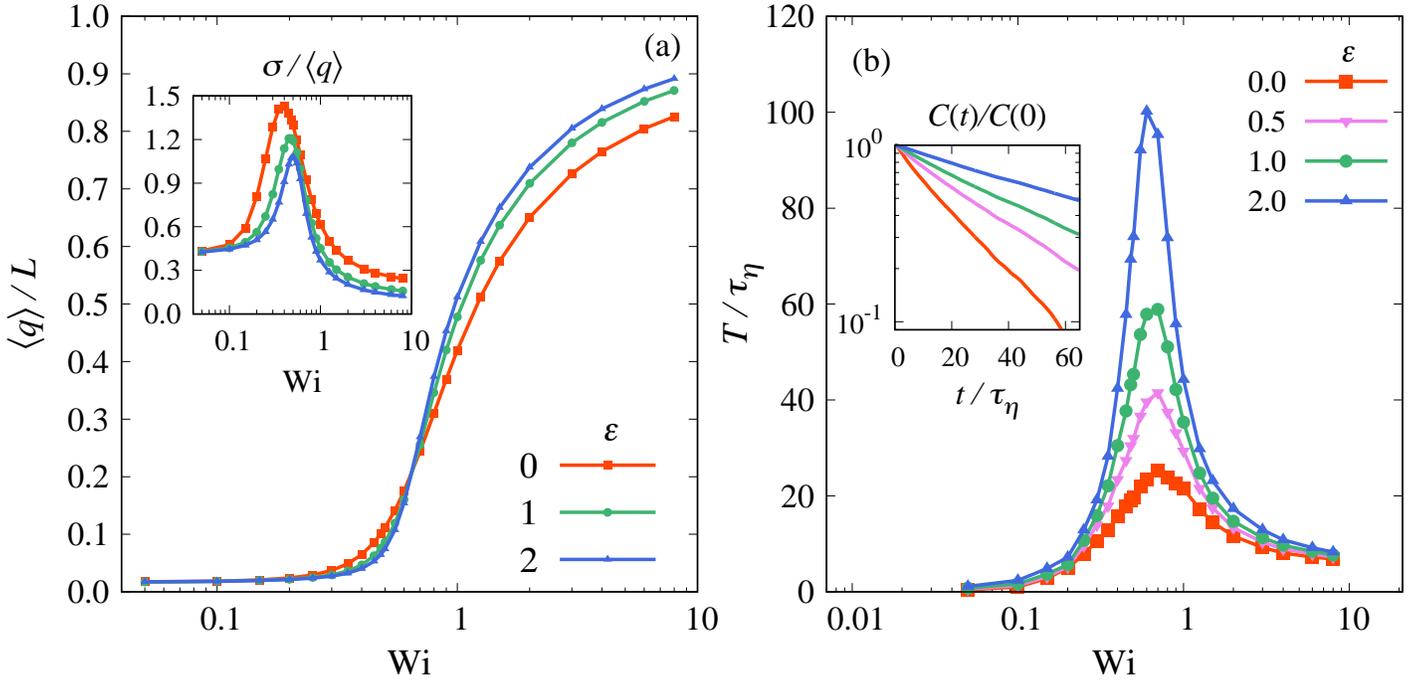


Fig. 2 (a) Mean extension rescaled by the contour length as a function of Wi for different values of ε . The inset shows the coefficient of variation of q for the same values of Wi and ε . (b) Correlation time of the polymer end-to-end distance as a function of Wi for different values of ε . The inset shows the autocorrelation of the polymer extension vs time for $Wi = 0.6$. The time scale τ_η is the Kolmogorov time.

because \mathbf{F}_{iv} is parallel to \mathbf{q} . However, it may in principle do so indirectly, since it modifies the statistics of q . The numerical results (not shown) indicate that internal viscosity causes a mild reduction of the alignment of the polymer with the vorticity only for Wi smaller than Wi_{cr} and close to Wi_{cr} . The effect on the orientation dynamics is otherwise negligible.

3.2 An exactly solvable model

The stationary PDF of q can be calculated exactly if the turbulent velocity gradient is modelled as a stochastic tensor with suitable statistical properties. In the Batchelor regime of the three-dimensional Kraichnan model,⁵¹ $\boldsymbol{\kappa}(t)$ is an isotropic traceless tensorial white noise, which means that $\boldsymbol{\kappa}(t)$ is Gaussian, has zero mean, and two-time correlation

$$\langle \kappa_{ij}(t) \kappa_{kl}(t') \rangle = \mathcal{K}_{ijkl} \delta(t - t'), \quad i, j, k, l = 1, 2, 3 \quad (3)$$

with $\mathcal{K}_{ijkl} = \lambda(4\delta_{ik}\delta_{jl} - \delta_{ij}\delta_{kl} - \delta_{il}\delta_{jk})/3$. This stochastic model of the velocity gradient has been widely used in the study of turbulent transport⁵¹ and was applied for the first time to single-polymer dynamics in Ref. 52. With this choice of $\boldsymbol{\kappa}(t)$, the velocity gradient plays the role of a multiplicative noise in the second term on the right hand side of Eq. (1) and is interpreted in the Stratonovich sense.^{51,52}

By using the methods presented in Ref. 53, it can be shown that if $\boldsymbol{\kappa}(t)$ is as above, then the PDF of the vector \mathbf{q} , denoted as $f(\mathbf{q}, t)$, satisfies the Fokker–Planck equation

$$\frac{\partial f}{\partial t} = -\frac{\partial}{\partial q_i} (V_i f) + \frac{1}{2} \frac{\partial^2}{\partial q_i \partial q_j} (D_{ij} f) \quad (4)$$

with drift and diffusion coefficients

$$V_i = A_i + \frac{1}{2} \mathcal{K}_{klmn} C_{jmn} \frac{\partial C_{ikl}}{\partial q_j}, \quad D_{ij} = B_{ik} B_{jk} + \mathcal{K}_{klmn} C_{ikl} C_{jmn}, \quad (5)$$

where A_i, B_{ij}, C_{ijk} have been defined in Eqs. (2). Summation over repeated indices is assumed also in this section. The change to spherical coordinates $\mathbf{q} = (q \sin \theta \cos \phi, q \sin \theta \sin \phi, q \cos \theta)$ transforms Eq. (4) into a Fokker–Planck equation for $f(q, \theta, \phi, t)$ with coefficients:

$$V_q = \frac{4KT}{(1+\varepsilon)\zeta q} - \frac{q}{2(1+\varepsilon)\tau(1-q^2/L^2)} + \frac{(4+3\varepsilon)\lambda q}{3(1+\varepsilon)^2},$$

$$V_\theta = 2 \left(\frac{KT}{\zeta q^2} + \frac{\lambda}{3} \right) \cot \theta, \quad D_{\theta\theta} = \frac{4KT}{\zeta q^2} + \frac{4\lambda}{3},$$

$$D_{qq} = \frac{4KT}{(1+\varepsilon)\zeta} + \frac{2\lambda q^2}{3(1+\varepsilon)^2}, \quad D_{\phi\phi} = 4 \left(\frac{KT}{\zeta q^2} + \frac{\lambda}{3} \right) \csc^2 \theta,$$

and $V_\phi = D_{q\theta} = D_{q\phi} = D_{\theta\phi} = 0$ (see Ref. 54, p. 88, for the transformation rules of a Fokker–Planck equation under a change of variables). Taking into account the statistical isotropy of the flow, it is now assumed that the stationary PDF of \mathbf{q} is of the form $f_{st}(q, \theta, \phi) = P_{st}(q) \sin \theta$. By replacing this expression into the Fokker–Planck equation for $f(q, \theta, \phi, t)$, it is then found that $P_{st}(q)$ satisfies the equation

$$2\partial_q (V_q P_{st}) = \partial_q^2 (D_q P_{st}), \quad (6)$$

which is solved with a reflecting boundary condition in $q = 0$. This implies that in the steady state the probability current vanishes everywhere.⁵⁴ The solution of Eq. (6) corresponding to zero

probability current is⁵⁴ $P_{\text{st}}(q) \propto D_{qq}^{-1} \exp(2 \int V_q / D_{qq} dq)$, whence the analytical expression of $P_{\text{st}}(q)$ is

$$P_{\text{st}}(q) \propto q^2 \left[1 + \frac{2\text{Wi}}{(1+\varepsilon)} \frac{q^2}{q_{\text{eq}}^2} \right]^{\frac{3}{2}\varepsilon - \gamma_\varepsilon} \left(1 - \frac{q^2}{L^2} \right)^{\gamma_\varepsilon} \quad (7)$$

with

$$\gamma_\varepsilon^{-1} = \frac{2}{3} \left[\frac{q_{\text{eq}}^2}{L^2} + \frac{2\text{Wi}}{(1+\varepsilon)} \right]. \quad (8)$$

If ε is set to zero, the above PDF reduces to that found in Ref. 48 for a polymer with zero internal viscosity in the Batchelor–Kraichnan flow. At small q , the PDF is proportional to q^2 , because the dynamics is dominated by thermal fluctuations. At very large q , the last term in Eq. (7), which originates from the nonlinear elastic force, introduces a cut-off at the length L . For $q_{\text{eq}} \ll q \ll L$, the stationary PDF of q behaves as $P_{\text{st}}(q) \sim q^{-1-\alpha_\varepsilon}$ with

$$\alpha_\varepsilon = \frac{3}{2} (1+\varepsilon) \left(\frac{1}{\text{Wi}} - 2 \right). \quad (9)$$

The factor $1+\varepsilon$ has the effect of reducing the slope of $P_{\text{st}}(q)$ for $\text{Wi} < \text{Wi}_{\text{cr}}$ and increasing it for $\text{Wi} > \text{Wi}_{\text{cr}}$. This makes $P_{\text{st}}(q)$ narrower and the coil–stretch transition sharper, although it does not modify Wi_{cr} , which is defined as the value of Wi at which α_ε vanishes. Thus, the stochastic model captures the effect of internal viscosity on the steady-state statistics of polymer extension as observed in the Brownian dynamics simulations and provides an analytical tool for the study of internal viscosity in turbulent flows.

3.3 Predictions for a general random flow

The behaviour of $P_{\text{st}}(q)$ observed in the Brownian dynamics simulations and reproduced by the stochastic model can be predicted for a general random flow by invoking the theory in Ref. 12. This is briefly recalled below in the version provided in Ref. 18, which uses the generalized Lyapunov exponents.

Let $\ell(t)$ be a line element in a random flow. Its time evolution is given by the equation $\dot{\ell}(t) = \boldsymbol{\kappa}(t) \cdot \ell(t)$, which in turn yields the following equation for the length of the line element:

$$\frac{d}{dt} \ln \ell = \widehat{\boldsymbol{\ell}} \cdot \boldsymbol{\kappa}(t) \cdot \widehat{\boldsymbol{\ell}} \quad (10)$$

with $\widehat{\boldsymbol{\ell}} = \boldsymbol{\ell}/\ell$. The p -th generalized Lyapunov exponent is defined as^{55,56}

$$\mathcal{L}(p) = \lim_{t \rightarrow \infty} \frac{1}{t} \ln \left\langle \left[\frac{\ell(t)}{\ell(0)} \right]^p \right\rangle, \quad (11)$$

where $\langle \cdot \rangle$ denotes the average over the statistics of the velocity field. $\mathcal{L}(p)$ represents the rate of exponential growth of the p -th moment of $\ell(t)$. It is a positive and convex function of p and satisfies $\mathcal{L}(0) = \mathcal{L}(-d) = 0$, where d is the space dimension. In addition, $\mathcal{L}'(0) = \lambda$.

References 12 and 18 express $P_{\text{st}}(q)$ in terms of $\mathcal{L}(p)$ (or its Legendre transformation). It is first observed that if $\varepsilon = 0$ and thermal noise is disregarded, the end-to-end distance and the orientation of a *linear* polymer evolve according to the following

equations:^{12,57}

$$\frac{d}{dt} \ln q = \beta(t) - \frac{1}{2\tau} \quad (\varepsilon = 0) \quad (12a)$$

$$\frac{d\widehat{\boldsymbol{q}}}{dt} = \boldsymbol{\kappa}(t) \cdot \widehat{\boldsymbol{q}} - \beta(t)\widehat{\boldsymbol{q}} \quad (12b)$$

with $\beta(t) = \widehat{\boldsymbol{q}} \cdot \boldsymbol{\kappa}(t) \cdot \widehat{\boldsymbol{q}}$. The similarity between Eq. (12a) and Eq. (10) makes it clear that the statistics of q must be related to the generalized Lyapunov exponents of the flow. Extensions much greater than q_{eq} are observed after the polymer has experienced large values of $\beta(t)$. Thus, q is expressed in terms of $\beta(t)$ by writing the first of Eqs. (12a) in integral form, and then the probability of large values of $\beta(t)$ is approximated with its large-deviations form to find:

$$P_{\text{st}}(q) \sim q^{-1-\alpha_0} \quad \text{with} \quad \alpha_0 = 2\tau \mathcal{L}(\alpha_0) \quad (13)$$

for $q_{\text{eq}} \ll q \ll L$. The value of α_0 is therefore sought as the nonzero intersection of the straight line $\alpha_0/2\text{Wi}$ with the graph of the function $\mathcal{L}(\alpha_0)/\lambda$. Since $\mathcal{L}(p)$ is convex, the above equation indeed has two solutions, of which $\alpha_0 = 0$ is not meaningful and should be discarded (except of course at the coil–stretch transition, when the two solutions coincide). By using the aforementioned properties of $\mathcal{L}(p)$ as a function of p , it is easy to see that the non-zero solution is positive for small Wi and decreases with Wi , until it vanishes for $\text{Wi} = \text{Wi}_{\text{cr}}$. It then becomes negative for $\text{Wi} > \text{Wi}_{\text{cr}}$. Close to $p = 0$, the generalized Lyapunov exponent can be expanded as $\mathcal{L}(p) = \lambda p + \Delta p^2/2 + O(p^3)$ with $\Delta = \int (\langle \beta(t)\beta(t') \rangle - \lambda^2) dt'$. This expansion allows the explicit calculation of α_0 for Wi near to Wi_{cr} :

$$\alpha_0 = \frac{\lambda}{\Delta} \left(\frac{1}{\text{Wi}} - 2 \right). \quad (14)$$

In particular, the latter expression shows that $\text{Wi}_{\text{cr}} = 1/2$. Finally, in the limit of very large Wi , the straight line $\alpha_0/2\text{Wi}$ becomes parallel to the horizontal axis. Since $\mathcal{L}(p)$ vanishes at $p = -d$, for infinite Wi the intersection of the straight line $\alpha_0/2\text{Wi}$ with the graph of $\mathcal{L}(\alpha_0)/\lambda$ is located at $\alpha_0 = -d$, i.e.

$$\lim_{\text{Wi} \rightarrow \infty} \alpha_0 = -d. \quad (15)$$

Thus, in the limit of very large Wi the stationary PDF of q remains broad and reaches an asymptotic shape such that $P_{\text{st}}(q) \sim q^{-1-d}$ for $q_{\text{eq}} \ll q \ll L$. A saturation of the PDF of polymer extensions is observed also in the regime of elastic turbulence of the Oldroyd-B model.⁵⁸ In that case, however, the asymptotic shape results from the backreaction of the linear polymers on the flow and therefore differs from the prediction in Eq. (15).

It is worth mentioning that Eq. (13) holds under very mild assumptions on the random flow, namely that the correlation time of $\beta(t)$ is finite.¹² Moreover, even though Eq. (13) is derived for a dumbbell, Ref. 20 has shown that the steady-state statistics of the end-to-end distance is the same for a dumbbell and a chain with multiple beads, provided that a suitable mapping between the parameters of the two systems is applied. Hence the validity of Eq. (13) is not restricted to the dumbbell model.

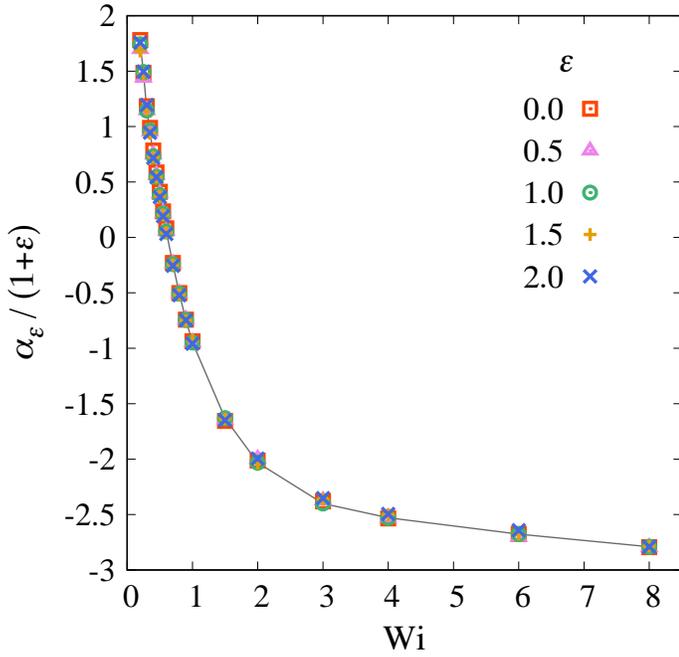


Fig. 3 Exponent α_ε rescaled by $1 + \varepsilon$ as a function of Wi for different values of ε .

It is now discussed how internal viscosity modifies the above predictions. If $\varepsilon > 0$, the analogue of Eq. (12a) can be obtained by multiplying Eq. (1) by q_i , neglecting the noise term, summing over i , and dividing by q^2 to find:

$$\frac{d}{dt} \ln q = \frac{1}{1 + \varepsilon} \left[\beta(t) - \frac{1}{2\tau} \right] \quad (\varepsilon \geq 0). \quad (16)$$

Constrastingly, Eq. (12b) is unchanged. Therefore, for $\varepsilon > 0$, the time evolution of $q(t)$ is the same as that of a polymer with $\varepsilon = 0$, provided that τ is multiplied by $1 + \varepsilon$ and $\beta(t)$ is rescaled by the same quantity. It follows immediately that $P_{st}(q)$ must display a power-law behaviour also in the presence of internal viscosity:

$$P_{st}(q) \sim q^{-1 - \alpha_\varepsilon} \quad (q_{eq} \ll q \ll L) \quad (17)$$

with an exponent that can be determined as follows. Rescaling $\beta(t)$ by $(1 + \varepsilon)$ is equivalent to considering the evolution of q in a flow with generalized Lyapunov exponents $\mathcal{L}_\varepsilon(p) = \mathcal{L}(p/(1 + \varepsilon))$. This can be seen by noting that the solution of Eq. (10) is $\ell(t) = \ell(0) \exp[\int_0^t ds \hat{\ell} \cdot \boldsymbol{\kappa}(s) \cdot \hat{\ell}]$; if this expression is replaced into Eq. (11), it follows that considering a flow with a rescaled $\beta(t)$ is the same as taking a moment of $\ell(t)$ of a rescaled order in the original flow. Hence, the equivalent of Eq. (13) for $\varepsilon > 0$ is

$$\frac{\alpha_\varepsilon}{1 + \varepsilon} = 2\tau \mathcal{L}_\varepsilon(\alpha_\varepsilon) = 2\tau \mathcal{L}\left(\frac{\alpha_\varepsilon}{1 + \varepsilon}\right). \quad (18)$$

Comparing Eq. (18) with Eq. (13) finally yields

$$\alpha_\varepsilon = (1 + \varepsilon)\alpha_0. \quad (19)$$

Therefore, the effect of internal viscosity on the PDF of polymer extensions is to multiply α_0 by a factor of $(1 + \varepsilon)$. Since the criterion for the coil–stretch transition in random flows is $\alpha_\varepsilon = 0$, in-

ternal viscosity does not modify the critical Weissenberg number. However, the statistics of q is affected. Indeed, $-1 - \alpha_\varepsilon < -1 - \alpha_0$ when $\alpha_0 < 0$, *i.e.* for $Wi < Wi_{cr}$, whereas $-1 - \alpha_\varepsilon > -1 - \alpha_0$ in the opposite case. Thus, below the coil–stretch transition the probability of large extensions is depleted by internal viscosity; above the transition it is the small extensions that are disfavoured. As a result, the mean extension is reduced when Wi is below Wi_{cr} and increased for $Wi > Wi_{cr}$, while the width of the PDF of the extension is systematically decreased by internal viscosity. The coil–stretch transition therefore becomes sharper with increasing ε . Figure 3 clearly illustrates the validity of Eq. (19) by showing α_ε rescaled by $(1 + \varepsilon)$ from the Brownian dynamics simulations described in Sect. 2.2. The value of α_ε is estimated by fitting $P_{st}(q)$ for $q_{eq} \ll q \ll L$ with a power law (in order to obtain an accurate estimate, here the ratio of L and q_{eq} is taken larger than in Sect. 3.1, *i.e.* $L/q_{eq} = 10^3$). Figure 3 also shows that, for large Weissenberg numbers, α_ε tends to $-d(1 + \varepsilon)$, as can be seen by combining Eqs. (15) and (19).

In the Batchelor–Kraichnan flow studied in Sect. 3.2, $\mathcal{L}(p)$ is exactly quadratic for all p (see Ref. 51). Hence the expression for α_0 given in Eq. (14) holds for all Wi and not only near the coil–stretch transition. In addition, $\lambda/\Delta = d/2$ for this flow.⁵¹ Therefore, Eq. (9) is an explicit example of the general relation given in Eq. (19).

4 Summary and conclusions

The effect of internal friction on polymer stretching in turbulent flows has been studied by considering an elastic dumbbell with a linear dashpot. The results are based on Brownian dynamics simulations using a database of fluid trajectories in isotropic turbulence, an exact solution for a stochastic velocity gradient, and a generalization of the large deviations approach of Ref. 12 that takes internal viscosity into account. Although it does not modify the critical Weissenberg number for the coil–stretch transition, internal viscosity strongly affects the statistics of polymer extension in two opposite ways below and above the transition. Its effect is indeed to multiply α_0 by a factor of $(1 + \varepsilon)$. This depletes the probability of large extensions below the transition and the probability of small extensions above the transition, thus leading to a sharpening of the transition itself. Internal viscosity also enhances the peak of the correlation time of the extension near Wi_{cr} , whereas it has a negligible effect on the orientation statistics of the polymer.

It remains to consider the question of the experimental evidence for the phenomenon described here. If internal viscosity is disregarded, the theory¹² predicts that, in the limit of very large Weissenberg numbers, α_0 should tend to $-d$, and hence, in a three dimensional flow, $P_{st}(q) \sim q^2$ for $q_{eq} \ll q \ll L$. However, experiments¹⁶ show PDFs as steep as q^4 when the Weissenberg number is large. The $\varepsilon = 0$ theory therefore does not explain the shape of $P_{st}(q)$ in the large- Wi regime. Contrastingly, if internal viscosity is taken into account, Eqs. (15) and (19) imply that $\alpha_\varepsilon \rightarrow -d(1 + \varepsilon)$ and hence $P_{st}(q) \sim q^{d(1 + \varepsilon) - 1}$ as $Wi \rightarrow \infty$. Thus, internal friction provides a possible explanation for the steep behaviour of $P_{st}(q)$ observed in experiments at large Wi . Moreover, the experimental slope $P_{st}(q) \sim q^4$ found in Ref. 16 is recovered

by taking $\varepsilon = 0.67$, a value of ε which falls in the range typically considered in studies of internal friction.

These predictions also imply that, as Wi is increased, the statistics of polymer extensions becomes independent of Wi , but the asymptotic shape of $P_{st}(q)$ is sensitive to the magnitude of internal viscosity and is therefore non-universal. It would be interesting to perform experiments that compare different polymers in the same flow conditions in order to examine this point.

Finally, it is important to note that other forces that are usually included in bead-spring chain models cannot increase the steepness of $P_{st}(q)$ for large Wi . Hydrodynamic interactions between the beads have the effect of delaying the unravelling of the polymer, and once this is sufficiently stretched, they become negligible. Therefore, in a turbulent flow, hydrodynamic interactions reduce the probability of large extensions for all Wi . Excluded-volume interactions are short-range and do not impact the statistics of large polymer extensions. A conformation-dependent drag, which interpolates between the drag coefficient of a sphere in the coiled state and that of a thin cylinder in the stretched state,² impacts the dynamics of the polymer around the coil–stretch transition, but has little effect at large Wi , when most of the polymers are highly stretched anyway.^{4,7,49} In particular, by using the analytical results of Ref. 49, it is easy to check that, in the Batchelor–Kraichnan flow, $P_{st}(q) \sim q^2$ as $Wi \rightarrow \infty$, even if the drag coefficient of the polymer depends on its conformation. Thus, the present study identifies a phenomenon that is the unambiguous result of internal friction.

Conflicts of interest

There are no conflicts to declare.

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