

# **Extraction, characterization and gelling ability of pectins from Araçá (Psidium cattleianum Sabine) fruits**

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**Keywords:** Araçá; pectin; molecular structure; de-esterification; gelation; rheology.

#### **1 INTRODUCTION**

 The fruit by-products have been demonstrating potential for use in the development of functional ingredients. In contrast, many fruits from native biodiversity remain an under- explored source of bioactive compounds, unknown to the agri-food industry and to consumers (Biazotto et al., 2019; Picot-Allain, Ramasawmy, & Emmambux, 2020). The *Psidium cattleianum* Sabine (Myrtaceae family), also known as Araçá in Brazil and as strawberry guava or cattley guava in other countries, is a Brazilian native species that has been studied mainly regarding its biological activity [\(Franzon, Campos, Proença, & Sousa-Silva, 2009;](https://www.sciencedirect.com/science/article/pii/S2212429219305231#bib14) Patel, 2012; Pereira et al., 2018).

 Studies report that Araçá fruit extracts have several pharmacological properties, such as antimicrobial (Lima et al., 2020), antioxidant (Denardin et al., 2015) and antihyperglycemic (Vinholes, Lemos, Barbieri, Franzon, & Vizzotto, 2017) effects. These bioactivities are mainly attributed to the high content of phenolic compounds, vitamin C, carotenes, anthocyanins and flavonoids (Cardoso et al., 2018; Medina et al., 2011; Pereira et al., 2018) which are well known as secondary metabolites with high antioxidant capacity (Pereira et al., 2018). Nevertheless, few studies have been dedicated to the investigation of polysaccharides present in this fruit. Vriesmann, Petkowicz, Carneiro, Costa, & Beleski-Carneiro, (2009) studied the pectic polysaccharides present in the Araçá pulp. However, only parameters such as monosaccharide composition and extraction yield were investigated, while the fine chemical structure of the pectins of this fruit remains unknown, as well as reports on the purification, molar mass, and

the gelling behavior.

 Pectins are polysaccharides with a wide range of applications due to their functional properties, being widely used in the food industry as a gelling, thickening, texturizing, emulsifying and  stabilizing agent (Cao, Lu, Mata, Nishinari, & Fang, 2020; Ciriminna, Chavarría-Hernández, Hernández, & Pagliaro, 2015; Naqash, Masoodi, Rather, Wani, & Gani, 2017). In addition, pectins are also low toxic, biocompatible and biodegradable, and can be applied in different areas beyond the food appliance, such as the pharmaceutical industry and biomedical applications, where they can be used in the composition of hydrogel formulation and as a biomaterial applicable to drug delivery, gene delivery, wound healing, tissue engineering, among others (Khotimchenko, 2020; Munarin, Tanzi, & Petrini, 2012; Noreen et al., 2017).

 Structurally, pectins form a group of complex polysaccharides and, despite the wide variation in structure depending on the type of source, the location on the plant and the extraction method, they can be classified into three main types of blocks, according to common characteristics: homogalacturonans (HG), rhamnogalacturonans type I (RG-I) and rhamnogalacturonans type II (RG-II) (Gawkowska, Cybulska, & Zdunek, 2018; Kravtchenko, Voragen, & Pilnik, 1992; Voragen, Coenen, Verhoef, & Schols, 2009).

 Most of the structure of pectins (~65%) usually consists of HG blocks which are homopolymers of (1→4)-linked α-D-galacturonic acid units that are partially methyl-esterified at C-6. The degree of methyl-esterification (DM) is commonly used to classify pectins into: high methoxyl pectin (HM), when DM is larger than 50% and low methoxyl pectin (LM) when DM is less than 50% (Chan, Choo, Young, & Loh, 2017; Picot-Allain et al., 2020; Voragen et al., 2009). The HG blocks are interrupted by RG-I, which usually represents about 20-35% of the structure, 72 formed by the repeating disaccharide  $[\rightarrow 2)$ -α-L-Rhap-(1→4)-α-D-GalAp-(1→]<sub>n≥1</sub>, with neutral oligosaccharide side chains mainly composed of arabinans, galactans, and arabinogalactans (AG) (Khotimchenko, 2020; Voragen et al., 2009; Yapo, 2011), but the chemical structure is related to the conditions of extraction as demonstrated in many papers (Dranca & Oroian, 2018; Naqash et al., 2017; Zhang et al., 2018).

 The chemical structure of pectins and the degree of methyl-esterification (DM) affects the gelling properties of these polysaccharides. While the physical-chemical conditions for the formation of gels with HM pectins usually are the presence of co-solutes (such as sucrose) in 80 high concentrations (60-65%) and in acidic pH (pH  $<$  3.5), LM pectins gels are formed in the 81 presence of  $Ca^{2+}$  ions through associations between sequences of charged carboxylic groups of two different chains (Rinaudo, 1996; Stephen, Phillips, & Williams, 2006).

 Native pectins are commonly HM type. Thus, studies have been dedicated to producing LM pectins and to investigate the calcium binding properties with different levels and patterns of controlled de-esterification (Chan et al., 2017; Ngouémazong et al, 2012; Ralet, Dronnet, 86 Buchholt, & Thibault, 2001; Ventura, Jammal, & Bianco-Peled, 2013), given that  $Ca^{2+}$ - dependent gelation is one of the important functional properties of pectins to enable widespread use in the industry (Cao et al., 2020). Indeed, anionic hydrogels with hydrophilic properties and lower sensitivity towards pH variation are widely used in various fields of biomedicine including bondages, highly effective absorbents, and targeted drug delivery systems (Khotimchenko, 2020). In addition, LM pectins are important ingredients in the food industry to form low sugar jams, since it does not require the addition of sucrose for gelation (Noreen et al., 2017).

 However, most studies have been carried out with commercial citrus pectins and until now, the chemical structure of Araçá pectins, molar mass distribution, as well as their interaction process with calcium ions, remains unknown.

 Therefore, the present work aims to elucidate the chemical and molecular structure of pectic polysaccharides extracted and purified from Araçá fruits. In addition, Araçá pectins with different degrees of methyl-esterification are prepared and investigated in relation to the role of DM in the pectin gelation process in the presence of acid or calcium excess.

#### **2 MATERIALS AND METHODS**

## **2-1. Materials**

 Ripe Araçá (*Psidium cattleianum* Sabine) fruits were collected from a conservation area in Irati- Paraná/Brazil, located at geographic coordinates of 25° 25' South latitude, 50° 36' West longitude, and 25° 17' South latitude, 50° 30' West longitude. The fruits were selected, washed, and the seeds were removed manually. Then, the seedless fruits were homogenized using a mixer (Black & Decker - SB60-BR, 300 W), giving rise to Araçá pulp (AP).

 Ethanol (99.5%) was purchased from Alphatec. Methanol (>99.8%), Sulfuric acid (95.0- 98.0%), 3,5-dinitrosalicilic acid (DNS), and Sodium Tetraborate decahydrate (≥99.5%) were obtained from VETEC (Duque de Caxias, Brazil). NaN<sup>3</sup> (>99%), Ethanol (P.A., **≥**99.9%), and 112 HCl 1 mol L<sup>-1</sup>(1 N) Titripur<sup>®</sup> were purchased from Merck (Darmstadt, Germany). Inositol (myo-Inositol, >99%), m-hydroxydiphenyl (phenyl phenol, >90%), NaBH4 (≥98.0%), NaCl 114 ( $\geq$ 99%), NaOAc ( $\geq$ 99%), NaOH ( $\geq$ 97%), NaNO<sub>2</sub> ( $\geq$ 99%), Pyridine ( $\geq$ 99%), %), the standards glucose (Glc - purity >99%), galacturonic acid (GalA - purity >97%), glucuronic acid (GlcA - 116 purity  $\geq$ 99%), arabinose (Ara - purity  $\geq$ 99%), rhamnose (Rha - purity  $\geq$ 99%), xylose (Xyl - purity >99%), mannose (Man - purity >99%), and Trifluoroacetic acid (TFA, >99.0%), were purchased from Sigma-Aldrich (St. Louis, USA). Cellulose MWCO 3500 D cut off membrane from acquired Spectrum Labs™ and ultrapure

120 water (18 MΩ, pH 6.9) was obtained through the Master system-MS2000/Gehaka.

#### **2-2. Extraction, fractionation, and purification of polysaccharides**

 The Araçá pulp (AP, 200 g) was submitted to an enzymatic inactivation and depigmentation treatment with 99.5% ethanol in a boiling water bath under reflux for 30 minutes, giving the alcohol insoluble residues (Residue I). The aqueous extract from the Residue I in mild conditions was obtained by extraction with hot ultrapure water in a boiling water bath under

127 reflux for 2 h. Then, the pH of the solution was adjusted to 7 with 1 mol  $L^{-1}$  NaOH solution. The volume was reduced to a quarter of the initial volume under vacuum, followed by 129 precipitation of the water soluble components with ethanol/water (up to around 1:1,  $v/v$ ), washing the precipitate with increasing concentrations of ethanol /water (70%, 80% v/v) and at end with ethanol P.A. and then dried under vacuum. The isolated polymers are identified as Araçá Crude Polysaccharide (ACP) (Fig. 1).

 The ACP fraction was further purified according to Rinaudo, 2005 with some adjustments: 1 g of the obtained crude fraction ACP was solubilized in 100 mL of deionized water. This solution was left under magnetic stirring overnight (16 h). Then, the solution was centrifuged (4600 x g, 1 h, at 20 °C) to remove water-insoluble impurities and get ACP-S. After centrifugation, the 137 precipitate was discarded and 0.45 g of NaCl was added to the supernatant  $(0.08 \text{ mol L}^{-1})$ , under stirring and left to stir for 30 min to get the sodium form of charged polymers. This step allows to exchange calcium counterions existing often in pectin extracts. The pH was adjusted to 7 140 with 0.1 mol L<sup>-1</sup> NaOH solution. Then, ethanol precipitation was carried out with increasing concentrations of ethanol. The polysaccharide precipitation was observed for a final ethanol/water mixture of approximately 60% (v/v). At relatively low ethanol content may avoid the precipitation of neutral polysaccharides able to exist in aqueous extract of pulp or peel. After, the precipitate was washed with increasing concentrations of ethanol/water (70%, 80% v/v) and at end with ethanol P.A. The sample was dried at atmospheric conditions until constant weight, obtaining the Araçá Purified Pectin (APP) (Fig. 1). As the precipitate is obtained at a relatively low yield in ethanol (60%) allows to assume that it is a charged polymer, mainly pectic materials.





 **Fig. 1**. Scheme of extraction and purification of pectins from the pulp of Araçá (*Psidium cattleianum* Sabine) fruits.

#### **2-3. Protein content**

Protein content of the Araçá pectin samples was determined using the Bradford method

(Bradford, 1976). A calibration curve of bovine serum albumin (BSA) was built as a standard.

Absorbance was measured by spectrophotometry (Epoch, BioTek, USA) at 595 nm, and results

were expressed in g protein/100 g of sample.

#### **2-4. Uronic acid content and degree of methyl-esterification (DM)**

The uronic acid content and the degree of methyl-esterification (DM) were quantified using a

conductometric titration technique described previously (Cárdenas, Goycoolea, & Rinaudo,

 2008; Thibault & Rinaudo, 1985). 20 mg of APP sample was dissolved in 50 mL of deionized water and solubilized overnight. Then, to determine the uronic acid content in free carboxylic 165 acid, titration was performed with  $0.02$  mol L<sup>-1</sup> HCl solution followed by titration with  $0.02$ 166 mol L<sup>-1</sup> NaOH, using a conductometer (Thermo Scientific, Orion Star A215). The same titration was also used after total de-esterification (as described in the next section 2-5). The difference between the uronic acid content after total de-esterification (total GalA) and the initial 169 carboxylic groups content (GalA<sup>-</sup>Na<sup>+</sup>) allowed to get the value of methyl-esterified uronic acid yield (GalA-Met). The degree of methyl-esterification (DM) was calculated through the ratio between GalA-Met and total GalA expressed in molarity x 100 as usually adopted.

 Additionally, from those determinations, the fraction of neutral carbohydrates (corresponding to the neutral side chains of the pectins in the sample) can be deduced by the difference between the total mass of sample and total GalA content. And finally, to convert the percentages 175 obtained from  $g/g$  to mol/g, the values were normalized considering the molar mass of 198 g 176 mol<sup>-1</sup>, 190 g mol<sup>-1</sup>, and 162 g mol<sup>-1</sup> for GalA<sup>-</sup>Na<sup>+</sup>, GalA-Met and neutral monosaccharides, respectively.

 The content of total uronic acids of the Araçá pectin samples were also analysed by the colorimetric *m*-hydroxybiphenyl method (Blumenkrantz & Asboe-Hansen, 1973).

 The identity of the uronic acid was determined by anion exchange chromatography with pulse amperometric detection (HPAEC-PAD). Samples were prepared as described by Amaral et al., 2019 and injected into a Thermo Scientific Dionex ICS-5000 chromatograph (Thermo Fisher Scientific, USA) with CarboPac PA20 column (3×150 mm), with a gradient of 0.5 mol  $L^{-1}$  184 NaOH and 1 mol L<sup>-1</sup> NaOAc as eluent (Nagel, Sirisakulwat, Carle, & Neidhart, 2014) in an N<sub>2</sub> 185 atmosphere in a flow of 0.2 ml min<sup>-1</sup> at 24 °C. The data was collected and analyzed using the Chromeleon TM 7.2 Chromatography Data System software. The galacturonic acid was used as the standard and analysis was carried out in triplicate.

#### **2-5. APP de-esterification**

 To prepare pectins with different degrees of methyl-esterification (DM), the de-esterification 191 reaction was carried out with  $0.02 \text{ mol L}^{-1}$  NaOH for 15 min (APP-15), 30 min (APP-30), 60 min (APP-60), and 105 min (APP-105). Briefly, 150 mg of sample (APP) was solubilized in 24 mL of deionized water under stirring for 1 h and kept refrigerated overnight (~ 16 h). After, 6 194 mL of 0.1 mol L<sup>-1</sup> NaOH was added under stirring. After 15, 30, 60 or 105 min of reaction in 195 alkaline conditions, 1 mol L<sup>-1</sup> HCl was added gradually until reaching pH ~ 7-7.5. Then, ethanol precipitation and drying of APP de-esterified samples were carried out as described in the section 2-2.

#### **2-6. Neutral monosaccharide composition**

 Neutral monosaccharides involved in the polysaccharide structure may be determined after total hydrolysis of the initial sample and fractionation. However, the kinetic and conditions of hydrolysis are important (Nagel et al., 2014). Then, in order to determine the best hydrolysis condition to obtain the neutral monosaccharide rate, a hydrolysis kinetics was performed with the APP sample.

205 Briefly, 10 mg of APP were solubilized with 3.5 mL of 2 mol  $L^{-1}$  TFA and this solution was 206 divided into 7 tubes for hydrolysis at 100  $^{\circ}$ C at different times: 0.5, 1, 2, 3, 4, 6, and 8 h. After hydrolysis, the acid was removed by evaporation at room temperature under air current and washed with methanol (1 mL x 3). Then, 1 mL of ultrapure water was added to each tube.

sulfuric acid method, Dubois, Gilles, Hamilton, Rebers, & Smith, 1956) and reducing

At each time (0.5, 1, 2, 3, 4, 6, and 8 h) of hydrolysis kinetics, the total carbohydrates (phenol-

carbohydrates (dinitrosalicylic acid - DNS method, Miller, 1959) were measured. Both

212 determinations were calibrated using a standard solution containing GalA and Ara standards 213 (70:30, w/w).

214 The neutral monosaccharides composition was determined using Gas–Liquid Chromatography 215 (GLC - Thermo Scientific Trace GC Ultra gas chromatograph) after acid hydrolysis. For that 216 purpose, 10 mg of samples, added of 50  $\mu$ L of an inositol solution at 10 mg mL<sup>-1</sup> used as internal 217 standard, were hydrolysed with 2 mol  $L^{-1}$  TFA for 1 or 8 h at 100 °C, followed by conversion 218 to alditol acetates by NaBH<sub>4</sub> reduction (100 °C for 10 min) (Wolfrom & Thompson, 1963a) 219 and acetylation with acetic anhydride (Ac<sub>2</sub>O)-pyridine (1:1, v/v, 1 mL) at 100 °C for 30 min 220 (Wolfrom & Thompson, 1963b). The resulting alditol acetates were extracted with CHCl3, and 221 identified by comparing their profiles and retention times with standards after GLC. A mixture 222 of He and N<sub>2</sub> with compressed air was applied as a carrier gas at 1 mL min<sup>-1</sup>, and a DB-225-223 MS column programmed from 100 °C to 230 °C at a heating rate of 60 °C min<sup>-1</sup> was utilized. 224 To determine the total neutral monosaccharide (TNM) content, the peak areas of all the detected 225 monosaccharides were summed and quantified using inositol as internal standard.

#### 226 **2-7. Size exclusion chromatography**

227 The weight-average molecular weights (M*w*) of each sample were determined through Size 228 Exclusion Chromatography (SEC) measurements using two columns in series from Shodex SB 229 806 M HQ associated with a pre-column SB-G 6B. The solvent used was  $0.1 \text{ mol } L^{-1}$  NaNO<sub>3</sub> 230 including  $0.3$  g  $L^{-1}$  NaN<sub>3</sub>. A laser light scattering Mini Dawn Treos detector from Wyatt was 231 associated with a Wyatt differential refractometer. The selected flow rate was  $0.5$  mL min<sup>-1</sup> at 232 30 °C, the dn/dc was equal to 0.155 and sample concentration injected was 4 mg mL<sup>-1</sup>. The 233 samples were dissolved in water under stirring during 24 h and filtrated on a 0.2  $\mu$ m porous 234 membrane before injection.

#### 235 **2-8. Nuclear magnetic resonance (NMR) spectroscopy**

236 Mono-dimensional ( ${}^{1}H$ -) and bi-dimensional (HSQC) NMR spectra were acquired at 70 °C with a Bruker Avance *III* 400 MHz or Bruker Avance *III* HD 600 MHz spectrometers, equipped with a BBI 5 mm probe (400 MHz) or with a 5 mm CPP-TCI probe (600 MHz) (Bruker, Billerica, Massachusetts, USA).

240 The samples were solubilized in  $D<sub>2</sub>O$  and the chemical shifts of the polysaccharide were 241 expressed as δ (ppm), using the resonances of -CH<sub>3</sub> groups of acetone (<sup>1</sup>H at δ 2.22; <sup>13</sup>C at δ 30.20) as internal references. The data were collected and processed using the Software TOPSPIN, version 3.1 (Bruker Biospin, Rheinstetten, Germany).

244 Complementary <sup>1</sup>H NMR measurements were performed at 353 K on a Bruker AVANCE I instrument equipped with a 5 mm probe operating at 400.2 MHz. An amount of 3 mg of 246 polymer was dissolved in 0.5 mL of D<sub>2</sub>O, and 32 scans were recorded. Chemical shifts are 247 expressed using H<sub>2</sub>O at 4.25 ppm at 80  $^{\circ}$ C as reference.

248 The values of degree of methyl-esterification (DM) were determined by  ${}^{1}$ H-NMR 249 spectroscopy integrating the hydrogen areas corresponding to H-1, H-5 of unesterified  $\alpha$ -D- GalA*p* units and H-5 of esterified α-D-GalA*p* units as discussed by Grasdalen, Bakøy, & Larsen, 1988. The hydrogen from -CH<sup>3</sup> around 3.76 ppm gives DM using H-1 integral as reference (Patova et al., 2019).

#### **2-9. Gelation ability and characterization**

 Depending on the degree of methyl-esterification, pectins are able to form gel in acidic conditions (excess of HCl) and/or in presence of calcium. Different amounts of the each 257 samples were solubilized in 1 mL of water. Then, 100  $\mu$ L of 1 mol L<sup>-1</sup> HCl or 100  $\mu$ L of 1 mol L<sup>-1</sup> CaCl<sub>2</sub> was added to determine the critical concentration necessary for the formation of homogeneous gel. Then, the critical concentration for gelation was determined at different degree of methyl-esterifications.

261 To prepare the pectin gels, a 10 g  $L^{-1}$  solution previously dissolved in deionized water were 262 placed into a dialysis cellulose bag (Spectrum<sup>™</sup> Labs Spectra/Por<sup>™</sup>, MWCO 3500 D) and 263 placed to dialysis against a 1 mol  $L^{-1}$  CaCl<sub>2</sub> solution for 24 h (Rahelivao, Andriamanantoanina, Heyraud, & Rinaudo, 2013). The resulting formed gels was recovered by cutting off the dialysis membrane with a scalpel and punched into 2 mm thickness disks for the rheological measurements.

#### **2-10. Rheological characterization**

 Rheological gel characterization was performed on an ARES-G2 rheometer from TA 270 Instruments Company. The APP-15 gel at 10 g  $L^{-1}$  formed in 1 mol  $L^{-1}$  CaCl<sub>2</sub> was loaded between the two rough plates separated by a gap of 2 mm and of 10 mm diameter. All experiments were performed at 28 °C, thanks to the forced convection oven. Three different types of experiments were conducted: (1) a classical oscillatory shear frequency sweep, (2) an orthogonal oscillatory frequency sweep and (3) one compression test from 2 to 1.5 mm gap at 275 constant velocity 0,05 mm s<sup>-1</sup>. Experiments (1) and (2) were performed under respectively 0.1% and 0.05% strain well under the upper limit of the linear regime determined at 0.5% strain.

# **3 RESULTS AND DISCUSSION**

#### **3.1. Extraction, purification and structural characterization of the polysaccharide**

# **extracted from Araçá pulp**

 The Araçá Crude Polysaccharyde (ACP) was obtained after extraction with hot water and precipitation with ethanol (Fig. 1). The extraction yield of ACP reached 4.7% (w/w) of the dry fruit (AP). The ACP fraction was then purified by centrifugation in order to remove insoluble particles, followed by addition of monovalent salt (Fig. 1) to exchange multivalent cations for sodium and to screen the long-range electrostatic repulsions (Rinaudo, 2005). Then, after  ethanol precipitation, the Araçá Purified Pectin (APP) fraction was obtained, with the yield of 75% (w/w) in relation to the starting ACP fraction (i.e. 3.5% w/w of the initial material).

 Firstly, the APP fraction was composed of 1.6 g/100g of proteins. This value is of the same order than that reported for apple pectin given as 1.6% of proteins (Kravtchenko et al., 1992). Considering that the ability of pectins to form hydrogels can be affected by intrinsic parameters, as the degree of methyl-esterification (DM), the APP fraction was submitted to chemical modification to obtain four pectins with different DM. After 15, 30, 60, and 105 min of hydrolysis reaction of the ester groups, from conductometric titration, it was obtained the APP-

15, APP-30, APP-60, and APP-105 values of DM (Table 1).

By conductimetry, it was possible to determine the content of free uronic acid (on –COO<sup>-</sup>Na<sup>+</sup> form) on each sample. Firstly, the titration is performed on APP-60 which is fully demethylated 297 as shown by <sup>1</sup>H-RMN (Table 1, Fig. 4D). It is found  $363 \times 10^{-5}$  -COO<sup>-</sup> per g which means 0.363 298 mol GalA in 100g of dried sample. Taking into account the molar mass of the repeat unit  $M_m =$ 299 198 g mol<sup>-1</sup>, the fraction of GalA in the polysaccharide equals 71.9 g/100g sample. Then, 28.1 g/100g should be represented by proteins and neutral saccharides (1.6 and supposed 26.5 g/100g respectively).

 Each sample was titrated to get the number of ionic unit in the dried weight which is expressed in g/100g sample (Table 1). Taking into account the total number of GalA units, the esterified sample is deduced and following the degree of methyl-esterification. The nearly constant value 305 of total GalA<sup>-</sup>Na<sup>+</sup> content up to 105 min confirms that total de-esterification was achieved after 306 60 min of reaction. These values were compared with  ${}^{1}H$  NMR experiments (Table 1). There is a relatively good agreement excluding APP-15 value which seems to be too large when using titration.

 The content of uronic acid was confirmed by Blumenkrantz & Asboe-Hansen, 1973 method and a similar value (76.9 g/100g) was obtained (Table 1), comparing to the value of 71.9 g/100g 311 obtained by titration method. Furthermore, the identification of the uronic acid type of the APP 312 sample was determined as GalA by HPAEC-PAD.

- 313 The degree of methyl-esterification (DM) of the APP sample obtained from conductometric
- 314 titration equals DM = 55.9% characterizing this polymer as a high methoxyl (HM) type
- 315 (Munarin et al., 2012). A similar high DM (60%) was observed for the GW pectin extracted
- 316 from the Gabiroba (*Campomanesia xanthocarpa* Berg) (Barbieri et al., 2019) and for the Murta
- 317 (*Ugni molinae* Turcz) pectin (57%) (Taboada et al., 2010) both belonging to the Myrtaceae
- 318 family.
- 319

320 **Table 1.** Uronic acid and DM of pectins obtained from the Araçá pulp.

<b>Uronic</b> acid							
<b>Sample</b>	GalA Na <sup>+</sup> $(x10^{-3})$ a	$GalA Na+ b$	GalA-Met <sup>b</sup>	Total GalA <sup>b</sup>	GalA <sup>c</sup>	DM $(\% )^a$	NMR DM $(\% )$
APP	162.4	32.1	39.8	71.9	76.9	55.9	58
$APP-15$	208.0	41.2	30.7	71.9	70.2	43.5	18
$APP-30$	324.1	64.2	7.7	71.9	66.3	11.9	10
$APP-60$	368.1	71.9	$\boldsymbol{0}$	71.9	66.9	$\boldsymbol{0}$	$\boldsymbol{0}$
APP-105	345.8	68.4	$\boldsymbol{0}$	68.4	Nd	$\boldsymbol{0}$	$\mathbf{0}$

<sup>&</sup>lt;sup>a</sup> Quantified by conductometric titration. GalA<sup>-</sup>Na<sup>+</sup> expressed in -COO<sup>-</sup> per 100 g. DM in molar ratio x100

 $322$  b GalA-Met, free Gal-A and total GalA expressed in g/100 g of initial dried sample.

323  $\cdot$  (g/100g) Determined by Blumenkrantz & Asboe-Hansen, 1973 method.

 $324$  Nd = not determined

325

326 In order to determine the value of total neutral monosaccharides of the APP sample it was first

327 selected the best hydrolysis conditions, taking into account the wide variation on the stability

328 of glycosidic bonds to acid hydrolysis and that different monosaccharides are destroyed by acid

329 at different rates (Mankarios, Jones, Jarvis, Threfall, & Friend, 1979).

 Therefore, considering the balance between the total hydrolysis time and the degradation of free monosaccharides, a kinetics of hydrolysis was obtained by dosage of the total carbohydrates (Dubois et al., 1956) and the reducing carbohydrates (Miller, 1959). Through Fig. 2 it is possible to observe that 1 hour of acid hydrolysis gives the maximum value of carbohydrates, which we adopt as the best condition for the determination of total neutral monosaccharides for the APP sample.

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- 



 **Fig. 2**. Hydrolysis kinetics of the APP sample. Concentration of total carbohydrates (phenol-sulfuric) and reducing 340 carbohydrates (DNS) at different hydrolysis times  $(0.5 h - 8 h)$  on 1.43 mg in 1 mL.

 From the hydrolysis kinetics, the times of 1 hour (best condition) and 8 hours of hydrolysis, condition usually used (Sassaki et al., 2008), were selected for the GLC analysis. The APP sample showed a total reducing carbohydrates of 0.64 mg/mL after 1 hour of hydrolysis corresponding to 50.4 % as the maximum yield hydrolysis of the initial dried sample. After 8 hour of hydrolysis, 0.22 mg/mL of monosaccharide are produced i.e. the fraction of sample equals 17.3%. This value is lower than after 1 hour confirming the occurrence of neutral 348 monosaccharide degradation in longer hydrolysis times with 2 mol  $L^{-1}$  TFA at 100 °C. The difference between the degrees of acid hydrolysis with time may be due to the difficulty of  finding a compromise between destruction of the less stable monosaccharide (Ara) and incomplete hydrolysis of the more resistant glycosidic bonds in polyuronates, such as pectins (Mankarios et al., 1979). The neutral carbohydrates analysis on these hydrolyses allows to determine Rha, Ara and Gal contents with inositol as reference giving a total neutral monosaccharide (TNM) content of 14.6 g and 10.6 g/100g of APP sample for 1 and 8 hours of hydrolysis, respectively (Table 2). Considering the maximum degree of hydrolysis, it is concluded that the content in neutral carbohydrates may correspond to 28.9 g/100g dried sample ( (14.6/50.4) x100= 28.9 g/100g) completing the total galacturonic acid determined as 71.9g/100g by titration. In addition, from Table 2, it may be concluded that rhamnose involved in RG-I zone is progressively released due to the neighbor galacturonic acid preventing hydrolysis when arabinose is labile.

Monosaccharide composition $(g/100g)$						
<b>Sample</b>	GalA <sup>e</sup>	Rha	Ara	Gal	TNM <sup>f</sup>	Protein <sup>g</sup>
APP <sup>a,b</sup>	71.9	0.2	14.1	0.4	14.6	1.6
APP <sup>a,c</sup>	71.9	0.6	9.2	0.8	10.6	1.6
APP <sup>d</sup>		2.6	29	Nd	Nd	Nd

**Table 2.** Monosaccharide composition of pectins obtained from the Araçá fruit.

363 aMonosaccharide composition, determined by GLC using inositol as standard.

<sup>b</sup>Monosaccharide composition and TNM after 1 h of hydrolisys

c Monosaccharide composition and TNM after 8 h of hydrolisys

366  $\mathrm{d}$  Monosaccharide composition by <sup>1</sup>H NMR

e g/100g of total uronic acid determined by titration. GalA was identified by HPAEC-PAD.

368 fTNM: Total neutral monosaccharides after hydrolysis

369  $g/100g$  determined by Bradford method

Nd = Not determined

 The GalA/Rha molar ratio of the monosaccharide composition obtained for APP equals 27.6 considering the rhamnose content obtained by NMR. The large difference between rhamnose obtained by acid hydrolysis and by NMR may be attributed mainly to rhamnose involved in the RG-I blocks resistant to hydrolysis. The large ratio GalA/ Rha indicates predominance of long HG regions (Zhang et al, 2018).

 Despite the decrease in the TNM value, the relative proportion between monosaccharides was maintained even after 8 h of hydrolysis, with only a small decrease in Ara and an increase in Rha and Gal contents. In fact, arabinose in the pectin side chains is the monosaccharide to be released more rapidly and which tends to be more liable to breakdown following their release during acid hydrolysis (Mankarios et al., 1979).

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#### **3-2. NMR structure characterization.**

 $1\text{H}/13\text{C}$  heterocorrelated HSQC NMR spectrum was employed to provide detailed structural information about the APP sample isolated Araçá pulp. In Fig. 3 the HSQC NMR spectrum revealed <sup>1</sup>H/<sup>13</sup>C correlations from HG assigned to the anomeric carbon of →4)-α-D-6MeGalA*p*-388 (1→ at  $\delta$  4.96/99.6 (unit A<sub>1</sub>) and of  $\rightarrow$ 4)-α-D-GalA*p*-(1→ at  $\delta$  5.13/99.0 (unit B<sub>1</sub>) (Dias, Barbieri, Fetzer, Corazza, & Silveira, 2020). The remaining unesterified and methyl-esterified units of α-D-GalA*p* ring correlations were showed in Table 3. The signal at δ 3.81/52.8 391 corresponding to methyl group (O-CH<sub>3</sub>) of  $\alpha$ -D-6Me-GalA*p* (1  $\rightarrow$  4) units, whereas the acetyl group (O-Ac) was observed at δ 2.09/20.09 ppm (Colodel, Vriesmann, Teófilo, & Petkowicz, 2018; Patova et al., 2019).

 Characteristic correlations attributed to the presence of RG-I blocks was also observed 395 at  $\delta$  1.17/16.5 (H-6/C-6) to  $\rightarrow$ 2)- $\alpha$ -L-Rhap-(1 $\rightarrow$  (units C<sub>6</sub>) and at  $\delta$  1.25/16.5 ppm to substituted 396  $\rightarrow$ 2,4)-α-L-Rhap-(1 $\rightarrow$  (unit D<sub>6</sub>) (Fig. 3, Table 3), in agreement with the presence of Rha determined by GLC (Table 2).

398 In addition, the  ${}^{1}H/{}^{13}C$  correlations at δ 5.10/101.6 (H-1/C-1), δ 4.13/76.6 (H-2/C-2), δ 4.04/74.4 (H-3/C-3), δ 3.90/81.9 (H-4/C-4) were assigned to terminal β-L-Ara*f*-(1→ (unit E). Despite few reports of the presence of the t-β-L-Ara*f*-(1→ units, this signal was recently observed for pectins obtained from Myrtaceae family fruits as Guavira pomace (Schneider,

Iacomini, & Cordeiro, 2019) and Gabiroba pulp (Dias et al., 2020).



**404** Fig. 3. <sup>1</sup>H/<sup>13</sup>C HSQC spectrum of the APP sample from the Araçá pulp. The sample was dissolved in D<sub>2</sub>O and 405 data were collected at a probe temperature of 70 °C and measured relative to acetone at <sup>1</sup>H ( $\delta$  2.22) and <sup>13</sup>C ( $\delta$ 30.2).

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 The other anomeric signals (H-1/C-1) at δ 5.17/107.0 and δ 5.08/107.6 ppm were attributed to →3)-α-L-Ara*f*-(1→ (unit F) and →5)-α-L-Ara*f-*(1→ (unit G), respectively. The correlations corresponding to →4)-β-D-Gal*p*-(1→ (unit H), were also shown at δ 4.61/104.3, 3.54/71.3, 3.75/72.5, 4.13/77.6, 3.70/74.6, 3.81/61.0 assigned as H-1/C-1, H-2/C-2, H-3/C-3, H-4/C-4, H- 5/C-5 and H-6/C-6 of →4)-β-D-Gal*p*-(1→ (unit H), respectively (Fig. 3, table 3), suggesting the presence of arabinans, galactans or type I arabinogalactans (AG-I), which can be linked as a side chain in RG-I (Dias et al., 2020; Schneider et al., 2019). Thus, according to the monosaccharide composition together with the NMR analyzes it is possible to suggest that the

 APP sample has a structure formed mostly by HG blocks with a lower proportion of RG-I blocks with a side chain consisting of arabinans, galactans or AG-I.

422 The bidimensional analysis was completed with  ${}^{1}H$  NMR studied after different times of hydrolysis as shown in Fig. 4. A large modification occurs as soon as hydrolysis starts allowing to follow the demethylation rate. The spectra allows to quantify Rha, acetyl and methyl substituents, and Ara relatively easily from the integrals around 1.3 ppm, 2.1 ppm, 3.8 ppm and around 5.11 ppm, respectively. In addition, around 5-5.1 ppm are H-1 and 4.98 ppm is the H- 5 of Me-GalA and around 4.67 ppm is the H-5 of free GalA units. (as proposed by Grasdalen et al., 1988). Interestingly, the ratio between the signal of H-5 of free GalA and total of H-5 also approach the DM determination avoiding some overlap of the 3.8 ppm signal.





**Fig. 4.** <sup>1</sup>H NMR spectrum of the APP samples isolated from the Aracá fruit obtained at 80 °C in D<sub>2</sub>O (chemical

shifts are expressed in δ, ppm). (A) Initial sample APP, (B) sample obtained after 15 minutes (APP-15) of de-

esterification reaction; (C) sample obtained after 30 minutes (APP-30) of de-esterification reaction ; (D) sample

- obtained after 60 minutes (APP-60) of de-esterification reaction
- 

 The evolution of the spectra allows to draw few conclusions concerning the molecular structure of the different samples as a function of the alkaline hydrolysis time. Firstly, it is shown that he 444 acetyl as well as the methyl content obtained by  ${}^{1}H$  NMR decreases progressively compared to H-1 or H-5 signals. Concerning the degree of acetylation, it is obtained a ratio Acetyl content/GalA starting as 0.018 (i.e.~2% of GalA units being acetylated) and decreasing to 0.004.

 The analysis allows also to determine the DM values given in Table 1. and compared with the values obtained by titration with a good agreement, excluding APP-15. It is also shown that rhamnose content remains constant around 2.6 g/100g in the samples. Arabinose decreases slightly from 29 g to 21 g/100g in agreement with its low stability also observed in acid hydrolysis. Clearly, the monosaccharide contents (arabinose, rhamnose) are larger than the values found after acid hydrolysis (1h or 8h) especially for rhamnose involved in the resistant RG-I block. Those yields in neutral monosaccharides obtained by NMR look slightly overestimated to complete the GalA content.

#### **3-3. Molecular weight characterization.**

 SEC results are given in Fig. 5 and 6. A clear modification in the molecular weight distribution occurs as soon as hydrolysis starts.







 **Fig. 5**. SEC-MALLS-RI elution profile of APP samples: (A) unmodified APP; (B) APP-60. Light scattering (LS-90º - green), and refractive index (RI - black) detectors.



 

 **Fig. 6**. SEC-RI elution profile of APP samples after different times of hydrolysis: unmodified APP (Red); APP-15 (Green); APP-30 (Pink); APP-60 (Brown); APP-105 (Blue)

 In the initial sample (Fig. 5A), the chromatogram shows that the unmodified sample APP demonstrates 3 different series of molecules. A shoulder in the light scattering signal at lower 474 elution volume at  $\sim$  25 min, may be attributed to a small amount of aggregates of weight-475 average molar mass in the range of  $10<sup>7</sup>$  (lower than 1 weight %). Then, around 20 weight % of

476 molecules with  $M_w \sim 1.5 \times 10^6$  are eluted at 30 min corresponding to the maximum of the light 477 scattering signal. At  $\sim$  33 min, the maximum in the RI detector signal indicates that around 80 478 weight % of molecules have a  $M_w \sim 160,000$ . The same type of distribution was obtained previously on different commercial pectins (Malovikova, Rinaudo, & Milas, 1993; Zhang et al., 2018).

 As soon as de-esterification reaction starts, the chromatogram is seriously modified with only two fractions as shown in Fig. 5B. Around 20 weight % of molecules are eluted first with an 483 average  $M_w \sim 800,000$  followed by 80 weight % with  $M_w \sim 60,000$ . The molecular weight distributions of the de-esterified samples (APP-15, APP-30, APP-60, and APP-105) are summarized in Fig. 6 where the refractive index detector signal indicates that all the samples have nearly the same molecular weight distribution excluding the initial sample. In Table 4, the weight-average molecular weights (M*w*) of the different samples are listed showing the molecular weight stability when hydrolysis time increases.

Table 4. M*<sup>w</sup>* of the unmodified and de-esterified pectins samples obtained by SEC experiments.

Samples   APP		$APP-15$   APP-30   APP-60   APP-105	
$\mathbf{M}_{w}$		480,000   194,000   173,000   176,000   180,000	

#### 

 These data indicate that the molecular weight of de-esterified pectins samples (APP-15, APP- 30, APP-60, and APP-105) remained unchanged for the different alkaline treatments performed. The only change compared with APP is related to the dissolution of pectins in alkaline conditions which may dissociate association of molecules (forming aggregates) or/and exchanging few remaining Ca counterions in excess of sodium even if the purification was performed in excess of NaCl.

#### **3.4. Critical concentration for gelation**

 In table 5, the observed gelation as a function of pectin concentrations are given in acidic and calcium excesses. For the tested conditions, the unmodified APP sample was not able to form 501 a gel even at high polymer concentrations (10 mg mL<sup>-1</sup>). This result was expected considering that this sample presented a high DM (DM = 55.9%). HM pectins does not contain sufficient blocks of free carboxyl groups to form gel or precipitate with calcium ions (Sriamornsak, 2003). In this case, the gelation of HM pectins are mainly imposed by hydrogen bonding and hydrophobic interactions in the presence of co-solutes, such as sucrose, which reduces the water activity, at pH lower than 3.5 that causes protonation of carboxylate residues (Picot-Allain et al., 2020; Rinaudo, 1996).

508 Different concentrations of the APP, APP-15, APP-30 and APP-60 samples were solubilized 509 in 1 mL of water. Then, 100  $\mu$ L of 1 mol L<sup>-1</sup> HCl or 100  $\mu$ L of 1 mol L<sup>-1</sup> CaCl<sub>2</sub> was added to 510 observe the gel formation (Table 5).

511

<b>Samples</b>	<b>Concentration</b>	<b>Addition of</b>		
	$(mg \, mL^{-1})$	<b>HCl</b>	CaCl <sub>2</sub>	
<b>APP</b>	$2 - 10$	N	N	
	1	D	D	
$APP-15$	2 and 3	D	H	
$APP-30$	1	D	D	
	2 and 3	D	H	
$APP-60$	1 and 2	D	D	
	3		H	

512 Table 5. Observed critical concentration for gelation of the Araçá pectin samples in excess of acid and calcium.

513 N: no gel; D: dispersed microgel; H: homogeneous gel

 No gel was obtained with APP, but the de-esterified samples APP-15, APP-30 and APP-60 516 were able to start the gelation process at a concentration of 1 mg  $mL^{-1}$  after the addition of HCl or calcium solutions, forming a dispersed microgel.

 The formation of homogeneous gel was observed for all the de-esterified samples at a 519 concentration of 3 mg mL<sup>-1</sup> after the addition of CaCl<sub>2</sub>. This ability to form gels in the presence of calcium is in agreement with the chemical structure of Araçá pectin which is rich in GalA blocks.

 Therefore, to better understand the ability of the Araçá pectin to give good gels in presence of calcium, the APP-15 sample was selected for rheological studies.

#### **3.5 Characterization of gelling properties**

 In order to study the ability for gelation in presence of calcium ions in aqueous solution, a gel 527 was prepared with the obtained de-esterified sample APP-15 dialyzed against 1 mol  $L^{-1}$  CaCl<sub>2</sub> solution. Thus, the rheological behaviour of the formed gels was investigated in oscillatory mode.

 Fig. 7 shows the dependence of the elastic (G') and viscous (G'') moduli as a function of angular frequency for an applied oscillatory strain of 0.1%. On the all range of investigated angular frequency, the elastic modulus is almost 10 times higher than the viscous modulus. G" 533 is constant and approximately equal to 5 x  $10^3$  Pa and, at 1 rad/s, G' is equal 2 x  $10^4$  and 534 continuously increases with a power law  $\omega^{0.17}$ . This result is in agreement with the signature of a strong gel for which the network was a consequence of calcium-mediated junctions in the gel structure (Löfgren, Walkenström, & Hermansson, 2002; Vincent, & Williams, 2009).





538 Fig. 7. Viscoelasticity moduli versus angular frequency of APP-15 at 10 g L<sup>-1</sup> in CaCl<sub>2</sub> at 28 °C for an applied 539 oscillatory strain  $\gamma = 0.1$ %. Open points correspond to the viscous modulus G" (Pa) and full dots correspond to the elastic modulus G'(Pa).







 Fig. 8. Storage (E', full dots) and loss (E'', open dots) moduli for an orthogonal oscillatory frequency sweep at 544 constant compression strain  $\varepsilon = 0.05\%$ .

546 The loss modulus is quite constant and equal to  $E''(Pa) \approx 2 \times 10^4$  Pa (Figure 8) whereas the storage modulus E'(Pa) evolves slowly following a power law  $\omega^{0.17}$  with a value E'  $\approx$  5.5 x 10<sup>4</sup> 547 548 Pa at  $\omega = 1$  rad/s.

549 Fig. 9 shows the axial stress evolution as a function of the compression strain. Initially, the axial 550 stress evolves linearly with the strain with a slope  $E_I = 8 \times 10^4$  Pa which is identified as the 551 Young modulus of the gel. The first linear behavior is followed by a second linear behavior showing a proportional evolution of the axial stress versus strain with a slope  $E_{II} = 2.05 \times 10^4$ 552 553 Pa.

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556 Fig. 9. Axial stress versus strain obtained by a compression test between a rough plate-plate geometry. Open points 557 were measured on APP-15 dialysed against 1 mol L<sup>-1</sup> CaCl<sub>2</sub> at T = 28 °C. Dotted lines correspond to best fits 558 obtained onto linear part of stress versus strain. (I) corresponds to a Young modulus  $E_I = 8 \times 10^4$  Pa and (II) to a 559 Young modulus  $E_{II} = 2.05 \times 10^4$  Pa.

- 560
- 561 562

563 It is found that viscous terms named in compression loss modulus E" is quite constant and equal 564 to 2 x  $10^4$  Pa. In shear experiment, the viscous term is named shear modulus G" and is quite 565 constant and equal to 5 x  $10^3$  Pa (Fig. 7 and 8). There is a direct link between those two 566 parameters moduli given by the classical Trouton ratio (Tr) which equals the ratio between the 567 extensional viscosity E" to the shear viscosity G" moduli. For isotropic solutions or soft 568 polymers in solutions  $Tr = 3$  or 4 at low extension and shear rates depending of experimental conditions (Amin, & Wang, 2020; Ng, Mun, Boger, & James, 1996). Nevertheless, it has been shown that Trouton ratio drastically increases when molecular rigidity increases, or if the polymer concentration increases or if the extensional strain rate is increased (Tirtaatmadja, & Sridhar, 1993). In the present case, the Trouton ratio is equal 4 which is in agreement with classical observations. The exact cause of this value is out of scope of the present article. Storage moduli E' and G' increase slightly with a power law  $\omega^{0.17}$ . At  $\omega = 1$  rad/s E'  $\approx$  5.5 x 10<sup>4</sup> 575 Pa and G' = 2 x 10<sup>4</sup> Pa. There is a direct connection between those elastic moduli given by the 576 following equation  $E' = 2G'(1+v)$ , in which v is the Poisson coefficient equal to 0.375, which is in good agreement with Poisson coefficient for polymeric material. Those main characteristics are the signature of a physical gel in which pectin gel is stabilized by cooperative linkage with calcium counterions. This was also confirmed by the fact that before and after the compression test (Fig. 9) evolution of viscoelastic moduli G' and G" versus angular frequency were identicals.

## **4.CONCLUSION**

 Pectins from Araçá (*Psidium cattleianum* Sabine) fruit pulp were obtained under sodium form of GalA forming long blocks (HG blocks) interrupted by rhamnogalacturonan blocks (RG-I). Different techniques were used to characterize the chemical structure based on titration of the GalA units before and after de-methylation in alkaline conditions, and total GalA units by Blumenkrantz & Asboe-Hansen technique with good agreement. In addition, different pectins were prepared with different degrees of methylations using alkaline treatment and characterized for their degree of methylation. In the initial sample (APP), total GalA is found around 72 weight %, a small protein amount lefted is detected (1.6 weight %) completed by neutral 592 saccharidic chains around 30 weight % as obtained from  ${}^{1}H$  NMR but slightly overestimated.

 The conditions for total hydrolysis was investigated due to resistance of uronic acid block to hydrolysis and low stability of some monosaccharides. The kinetic of hydrolysis was studied up to 8 h in usual conditions. Maximum amount of monosaccharides was produced after 1 h, indicating instability and resistance to hydrolysis of some part of pectins. From these data, it is clear that other techniques must be used for accurate carbohydrate analysis. Then, NMR analysis was performed to complete the structure analysis and to control the evolution of the chemical structure during alkaline treatment. It is shown that, in the initial sample, few GalA units are partially acetylated. The degree of methylation is confirmed and the composition of the side chains are established with mainly galactose and high yield of arabinose.

 From SEC experiments, the molecular weight distributions indicate the presence of two ranges of chain length after alkaline treatment which remain unchanged independently of the time of 604 alkaline treatment. By bi-dimensional and  $H<sup>1</sup> NMR$  study, it is confirmed that the main chain composition is stable too, with just the decrease of methylation and acetylation degrees with time of treatment going to zero after 60 minutes of treatment. The fraction of arabinose is slightly decreases also during this treatment.

 At end, it is demonstrated that, even if the initial sample does not gel in presence of acid or calcium excess, as soon as DM decreases over a critical polymer concentration around 2 mg  $610 \text{ mL}^{-1}$  a pectin gel is stabilized. Rheological tests were performed by classical oscillatory shear frequency sweep, orthogonal oscillatory frequency sweep and a compression test on a gel 612 obtained by dialysis of a 10 g L<sup>-1</sup> solution against 1 mol L<sup>-1</sup> CaCl<sub>2</sub>. It is concluded that in such conditions, a homogeneous strong physical gel is obtained. The role of the degree of methylation on physical and biological properties (gelation and interaction with proteins) of Araçá pectins will be developed in our following work.

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Conflict of Interest

There is no conflict of interest