

Rational formulation design of injectable thermosensitive chitosan-based hydrogels for cell encapsulation and delivery

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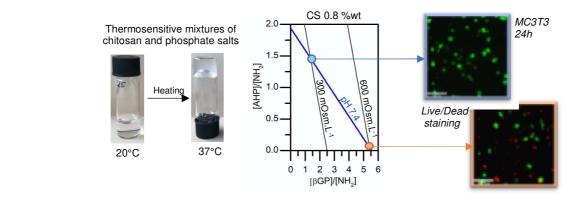
- 1 Rational formulation design of injectable
- ² thermosensitive chitosan-based hydrogels
- ³ for cell encapsulation and delivery
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13 **ABSTRACT** (150 words)

14

15 This work reports a rational design of injectable thermosensitive chitosan systems for cell 16 encapsulation and delivery. Using mixtures of two phosphate salts, beta-glycerophosphate and 17 ammonium hydrogen phosphate, we demonstrate that the pH and the osmolarity can be adjusted 18 separately by varying the molar ratios between the salts and the D-glucosamine monomers. We 19 found the existence of a critical temperature above which gelation time decays following a 20 power-law. This gelation kinetics can be finely tuned through the pH and salt-glucosamine ratios. 21 Formulations having physiological pH and osmolarity were produced for chitosan concentrations 22 ranging from 0.4 to 0.9 wt%. They remain liquid for more than 2 h at 20°C and form a 23 macroporous gel within 2 min at 37°C. In vitro encapsulation of pre-osteoblastic cells and 24 gingival fibroblasts showed homogeneous cell distribution and good cell viability up to 24 h. 25 Such an approach provides a valuable platform to design thermosensitive cell-laden systems.

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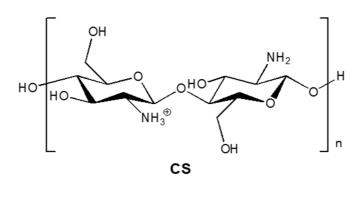
KEYWORDS: thermosensitive hydrogel, chitosan, phosphate salt, injectable vehicle, cell
 encapsulation, cell delivery

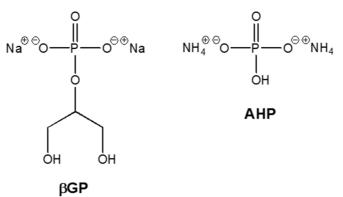
31 INTRODUCTION

32 Cell-laden injectable hydrogels have raised a great interest during the last decades as valuable 33 delivery vehicles or matrices for cell therapies (Li, Rodrigues, & Tomás, 2012). Administrated in 34 a minimally invasive manner, these gels fill-in the defects in hardly accessible and fragile tissues, 35 and might provide a temporary scaffold to injected cells to ensure their viability and stimulate 36 their activity. For effective clinical applications, such systems should stay liquid before and 37 during injection, then gel rapidly in physiological conditions for temperature, pH and osmolarity. 38 In the liquid state, pH and osmolarity should be finely controlled for the survival of the 39 encapsulated cells. After gelation, the gel scaffold must provide appropriate mechanical and 40 chemical properties as well as a macroporosity enabling cell invasion and growth. Different 41 stimuli-responsive systems for *in situ* gelling have been investigated, triggered by temperature (Yap & Yang, 2020), pH (Z. Li et al., 2016), or light (Neves et al., 2017). Among those, 42 43 thermogelling hydrogels based on biocompatible chitosan have been extensively studied 44 (Mekhail & Tabrizian, 2014).

45 Chitosan (CS) is a linear copolymer composed of D-glucosamine and N-acetyl-D-glucosamine 46 monomers (Figure 1). CS is obtained by alkaline deacetylation of parent chitin, a primary 47 component of cell walls in fungi and crustacean shells. As one of the few representatives of biodegradable and biocompatible polymers approved for clinical use (Berger et al., 2004; Riva et 48 49 al., 2011; Saravanan, Vimalraj, Thanikaivelan, Banudevi, & Manivasagam, 2019) CS has long 50 been a popular biomaterial for developing cell delivery matrices (Di Martino, Sittinger, & 51 Risbud, 2005; Zhou, Jiang, Cao, Li, & Chen, 2015). Amino groups of chitosan present an apparent pKa_{app} in the vicinity of 6.2. At pH < pKa_{app}, CS behaves as a cationic polyelectrolyte 52 bearing protonated amino groups, soluble in aqueous media. Near neutral pHs where CS is 53

mostly deprotonated, the strong tendency of the carbohydrate polymer to self-associate through H-bonding and hydrophobic interactions dominates, giving rise to the formation of a hydrated gel-like precipitate (Rinaudo, 2006). This poor solubility of CS at physiological pHs has long been a major limitation for biomedical uses, until the pioneering work by Chenite et al., who demonstrated that in presence of beta-glycerophosphate (β GP, **Figure 1**), cationic CS solutions turned into thermally sensitive solutions, remaining liquid at room temperature even at neutral pHs, and forming hydrogels around 37°C (Chenite et al., 2000, 2001).





61

62 **Figure 1**. Structures of chitosan CS, β -glycerophosphate β GP and ammonium hydrogen phosphate AHP.

63

64 The mechanisms responsible for the thermoresponsivity of CS-βGP mixtures are still debated. 65 Cho et al. associated the gelling mechanism with enhanced hydrophobic interactions with 66 increasing temperatures (Cho, Heuzey, Bégin, & Carreau, 2005, 2006). Filion et al. underlined 67 that the pKa_{app} of CS decreases by heating, producing a release of protons that may be accepted 68 by the negatively charged β GP, a weak base having a pK_{a.2} of 6.65 at 25°C. The CS neutralization induced by the temperature-dependent proton transfer would result in a phase 69 70 separation of the chitosan solution (Filion, Lavertu, & Buschmann, 2013; Lavertu, Filion, & 71 Buschmann, 2008). Thermodynamic insights into the mechanism of the phase transition of CS 72 induced by β GP have been recently related by Grinberg et al. (2020). From calorimetric analyses, they concluded that the β GP binding induces the formation of a highly ordered hydrate structure 73 74 of the polysaccharide, causing a large entropic stress despite the stability brought by stabilization 75 of the complexes. Heating thus leads to dehydration and release of β GP ligands, accompanied by 76 a transfer of protons from CS to BGP due to the simultaneous decrease in the ionization constant 77 of CS as already suggested by Lavertu, Filion, & Buschmann (2008). By losing their charges and 78 hydrated structures, CS chains eventually tend to self-associate and form a gel.

79 These CS- β GP mixtures appeared clearly as a promising thermo-gelling system for cell injection, 80 remaining liquid at physiological pH and turning rapidly into a gel at body temperature. 81 However, increasing salt concentrations to reach appropriate values of pH also increases the 82 osmolarity of the mixture up to cytotoxic values (Ahmadi & De Bruijn, 2008). Hence, strategies 83 were implemented to improve the standard system, mostly by replacing partially or totally β GP 84 by other salts. Using ammonium hydrogen phosphate (AHP, Figure 1), a lower salt concentration 85 was required to reach neutral pHs (7.0 - 7.2) resulting in physiological osmolarity (300 ± 30) 86 mOsm.L⁻¹) (Nair, Starnes, Ko, & Laurencin, 2007). Other inorganic phosphate salts without 87 polyol moieties, like dipotassium hydrogen phosphate K₂HPO₄ (Ta, Han, Larson, Dass, & 88 Dunstan, 2009), basic sodium phosphates as NaH₂PO₄, Na₂HPO₄, or even Na₃PO₄ (X. Y. Li et al., 89 2010; Casettari, Cespi, Palmieri, & Bonacucina, 2013), have also been studied to produce

90 thermo-sensitive CS formulations. Sodium hydrogen carbonate (SHC) has been studied as a 91 gelling agent, alone (Huang, Yu, Feng, & Li, 2011; Liu, Tang, Wang, & Guo, 2011) or in combination with BGP (Assaad, Maire, & Lerouge, 2015; Ceccaldi et al., 2017; Deng, Kang, 92 93 Zhang, Yang, & Yang, 2017; Alinejad, Adoungotchodo, Hui, Zehtabi, & Lerouge, 2018). 94 Mixtures of CS/AHP (Nair, Starnes, Ko, & Laurencin, 2007) or CS/ β GP/SHC (Ceccaldi et al., 95 2017; Alinejad, Adoungotchodo, Hui, Zehtabi, & Lerouge, 2018) have been evaluated in vitro as 96 3D scaffolds for cells. Encapsulation of mouse preosteoblastic cells and fibroblasts as well as 97 human mesenchymal stem cells confirmed the cytocompatibility for days for some formulations. 98 The feasibility of using these chitosan-based hydrogels as a cell carrier vehicle has therefore been 99 demonstrated. Nevertheless, the numerous variables, pH, osmolarity, salt and chitosan 100 concentrations leading to injectable cytocompatible solutions are all interdependent. A general 101 platform is still lacking, enabling to control independently pH and osmolarity, and therefore 102 gelation kinetics and cytocompatibility, whatever the chitosan concentration. Yet, controlling 103 chitosan concentration is a key to adjust the viscoelastic and microstructural properties of the 104 injected hydrogels, which are of the utmost importance to favor cell anchorage and growth.

105 In this study we present a rational formulation design to make thermosensitive CS solutions, by 106 partially replacing β GP by AHP in the mixture. With this third component, AHP, we can 107 decouple the control on pH and osmolarity, whatever the CS concentration. We show that these 108 two parameters can be adjusted independently by the simple ratios [salt]/[NH₂], where [NH₂] 109 denotes the concentration in D-glucosamine monomer in the solution, *i.e.* the concentration in 110 deacetylated chitin monomers bearing NH₂ functions. This approach gives rise to a robust 111 platform, to easily formulate physiological solutions able to form a gel within a couple of minutes 112 at body temperature. We investigated in depth the gelation kinetics for physiological formulations

and determined a critical temperature of gelation, under which the system remains liquid overtime, for different CS concentrations. We checked the cytocompatibility of our controlled $CS/\beta GP/AHP$ formulations and explored the effect of osmolarity on cell activity by encapsulating preosteoblastic mouse cells (MC3T3-E1) and human gingival fibroblasts (HGF). By means of confocal microscopy and rheology, we showed that hydrogel microstructure and mechanical properties can be varied by changing CS concentration while maintaining fixed pH and osmolarity.

120 EXPERIMENTAL METHODS

121 **1. Materials & Cells**

Three grades of chitosan (CS) having high purity (impurity level < 1.0%) were purchased from Glentham Life Sciences Limited. All the study was performed with chitosan low molar mass (viscosity 30-100 cps) having the following characteristics given by the supplier: deacetylation degree DD = 91%, as measured by potentiometric titration, average molar mass $M_w = 250$ kg.mol⁻¹, as measured by viscosimetry. For pH titration experiments, two other grades with DD of 95 % were also used: chitosan very low molar mass (10 cps) with $M_w = 30$ kg.mol⁻¹, and chitosan (100-300 cps) with $M_w = 890$ kg.mol⁻¹.

129 β-glycerophosphate disodium salt hydrate BioUltra (βGP) and ammonium hydrogen phosphate 130 BioUltra (AHP) were purchased from Sigma-Aldrich. Glacial acetic acid (AcOH, 99%) was 131 purchased from Alfa Aesar. Alexa Fluor 488 was purchased from Abcam. The Live/DeadTM kit and AlamarBlueTM reagent were purchased from Invitrogen. MC3T3-E1 pre-osteoblastic cells 132 133 were procured from ATCC[®], and human gingival fibroblasts were isolated from healthy donors 134 and kindly donated by Laboratory BioS, Reims University. α -MEM, DMEM, phosphate buffer saline without calcium and magnesium (PBS) were purchased from Gibco. Deionized distilled 135 136 water from Milli-O system prepare all aqueous solutions. а was used to 137

- 138 **2.** Methods
- 139

9 2.1.Preparation and sterilization of reactants

Aqueous suspensions of CS were sterilized in autoclave at 121°C for 10 min using standard
liquid cycle according to San Juan et al. (2012). After autoclaving, acetic acid (AcOH) was added

to the suspension with molar ratio $[AcOH]/[NH_2] = 1$, which was stirred at room temperature (21±1°C) for 24 h. The concentration of the CS stock solution was 1.33 wt%. CS stock solutions were stored at 5°C until further use. β GP, AHP and AcOH solutions at 1 mol.L⁻¹ were prepared in deionized water and sterilized by filtration using syringe filters having pore size of 0.2 µm.

146 2.2. pH titration of $CS/\beta GP$ solution with AHP solution

Stock solutions of β GP and AHP as well as CS solution at 0.8 wt% were chilled in an ice bath prior to mixture. All pH titrations were performed at 4 ± 1°C. The β GP solution was added dropwise to the CS solution under vigorous stirring. Solutions with molar ratio [β GP]/[NH₂] ranging from 0 to 4 were prepared. For each [β GP]/[NH₂] ratio, titration was carried out with AHP solution until the pH reached 7.4.

152 *2.3. Osmolarity measurement*

Osmolality of different solutions was measured with a cryoscopic osmometer (Osmomat 30, Gonotec). The apparatus measures the osmolality (mOsm.kg⁻¹), which is proportional through the density to the osmolarity (mOsm.L⁻¹). In this study, since all solutions are diluted, the difference between osmolarity and osmolality is insignificant.

157 2.4. Gelation time measurement

The gelation times were determined by the test tube inversion method. The sol phase was defined as the flowing phase and the gel phase as the non-flowing phase when the test tube was inverted. 1 mL of CS/ β GP solutions was introduced into 1.5 mL tubes that were incubated in a thermostat at fixed temperature (15-37°C). Time between inversions was as follows: 30 s from 0 to 10 min, 1 min from 10 to 30 min, 5 min from 30 to 60 min, 10 min from 60 to 120 min, 15 min from 2 h to 5 h, 30 min from 5 h to 10 h and 3 h after 10 h. The time at which the gel did not flow anymore was recorded as the gelation time and the time interval between two inversions gave the experimental uncertainty. Each measure was duplicated. The shortest measurable gelation time is given by the duration of thermal equilibration, which in these tubes was measured to be 1 min for a solution at 4°C immersed in a thermostat at 37°C.

168 2.5. Microstructure study of CS/ β GP/AHP hydrogels

169 CS was labelled with Alexa Fluor 488 (Alexa Fluor monomer units: $NH_2 = 1:150$) following a 170 protocol adapted from Zhang et al. (2011). The fluorescently labelled CS was then added to 171 regular CS suspensions before the autoclave process. Labelled CS chains represented only 0.5 172 wt% of the total amount of CS in each formulation. The amount of grafted fluorophore was three 173 orders of magnitude smaller than in Zhang et al. (AlexaFluor/NH₂ units 1:30000). Hence, the 174 perturbation caused by the labelling was considered to be negligible. Accordingly, there was no 175 difference in gelation time at 37°C between regular CS and fluorescently labelled CS.

176 A sample holder was filled with a few hundreds of microliters of fluorescently labelled 177 CS/ β GP/AHP solution, sealed to prevent evaporation and incubated in a regular oven at 37°C for 178 30 min. Hydrogels at CS concentrations between 0.5 and 0.8 wt% were observed at room 179 temperature using Laser Confocal Scanning Microscopy (LCSM, Zeiss Axiovert 200M). For 180 each sample, stacks of 10 images of (225 μ m x 225 μ m) with an interval of 1 μ m were recorded 181 in eight random positions at 100 μ m depth.

Deconvolution of the image stacks was performed using the Iterative Deconvolve 3D plugin with
a theoretical point spread function PSF calculated by the Diffraction PSF 3D plugin (ImageJ).
Deconvoluted images were binarized using Li's method (C. H. Li & Tam, 1998). The polymer-

185 rich zones are presented in white and the polymer-poor zones (pores) are presented in black. The 186 porosity was determined as the percentage of black pixels over the total number of pixels. The 187 pore size distribution was characterized quantitatively using a customized algorithm (Python) 188 based on the morphological sieve technique (Wu, van Vliet, Frijlink, & van der Voort 189 Maarschalk, 2007). This technique calculates on each image the fraction of porosity that is able to 190 fit a structuring element having a given shape and size, here a disk having a given diameter. For 191 each formulation, the average porosity and average pore size distribution were calculated over 8 192 stacks of 10 images.

193 2.6. *Rheological characterization*

Rheological properties of physiological formulations prepared with 0.5 wt% or 0.8 wt% of CS were studied using rheometer MCR502 (Anton Paar) with a cone-and-plate geometry (CP50-2TG). The temperature was managed by a Peltier controller and the geometry was previously stabilized at 18°C. Formulations were loaded immediately after preparation and silicone oil was added to the interface between the sample and the air to prevent evaporation.

For isothermal measurement, the temperature was rapidly increased $37^{\circ}C$ at a rate of $20^{\circ}C$.min⁻¹. The values of storage and loss moduli (G', G") were measured during 6 h, at a constant oscillatory strain of 0.1% and an angular frequency of 1 rad.s⁻¹. For temperature sweep measurement, the temperature was increased from $4^{\circ}C$ to $60^{\circ}C$ then decreased from $60^{\circ}C$ to $4^{\circ}C$, at a rate of $5^{\circ}C$ /min. The values of storage and loss moduli (G', G") were measured during one heating/cooling cycle, at a constant oscillatory strain of 0.1% and an angular frequency of 1 rad.s⁻¹.

206 2.7. Injectability evaluation

Injectability test was performed using the protocol reported by Kondziolka, Gobbel, Fellows-Mayle, Chang, & Uram (2011). For visualization, a small amount of rose Bengal dye was added to CS/ β GP/AHP mixture. Immediately following the preparation, the mixture was loaded into a 5 mL syringe equipped with a 21G needle and placed on a pump syringe. A volume of 1.5 mL was then injected at a rate of 250 μ L.min⁻¹ into a PBS solution at pH 7.4 and 37°C.

212 2.8. Cell encapsulation in thermosensitive chitosan hydrogels

213 We compared two formulations of hydrogels for cell encapsulation: $CS/\beta GP$ (600 mOsm.L¹) and CS/βGP/AHP (300 mOsm.L⁻¹) at fixed CS concentration (0.8 wt%) and at pH 7.4 on two cell 214 215 models: primary human gingiyal fibroblast (HGF) and pre-osteoblast immortalized murine cell 216 line (MC3T3-E1). HGF were cultured in DMEM and MC3T3-E1 cells were cultured in 217 α -MEM, both cell culture medium supplemented with 10%v/v fetal calf serum and 1%v/v 218 penicillin-streptomycin. For both cell types, the encapsulation protocol was as follows: (1) cells 219 were trypsinized and mixed gently with CS/BGP or CS/BGP/AHP solutions at a final concentration of 10^6 cells.mL⁻¹; (2) 300 μ L of the mixture containing cells were dispensed into a 220 221 24-well culture plate (Nunc[™] F96 MicroWell[™]) and incubated for 1 h at 37°C and 5% CO₂ to 222 induce gelation; (3) 1 mL of culture medium supplemented with 10%v/v fetal calf serum and 223 1%v/v penicillin-streptomycin was added into each well. Hydrogels without cells were also 224 prepared by replacing the cell suspension by culture medium.

225 2.9. Live/Dead assay

After 1 h or 24 h, the encapsulated cells were stained using calcein AM/ethidium homodimer (CalAM/EthD-1) mixture at optimized concentrations ([CalAM]/[EthD-1]: 2 μ M/2 μ M and 1 228 µM/0.5 µM for MC3T3-E1 cells and HGF, respectively). For positive control, cells were seeded 229 directly into the well at a density of 10⁴ cells.cm⁻². For negative control, cells were killed using 230 methanol solution at 70 wt%. 1 mL of the staining mixture was added into each well and the 231 plates were incubated at 37°C and 5% CO₂ for 45 min then the mixture was removed and the 232 hydrogels or cells were rinsed with PBS. 500 µL of PBS solution were added into each well to 233 prevent drying. The distribution and the state of the cells were visualized using a laser scanning 234 confocal microscope (LSM 710, Zeiss) using lasers at 488 nm and 561 nm. Each hydrogel sample 235 was scanned from bottom to 300 µm depth at 8 random positions. Stacks were taken at 20x 236 magnification and a 512x512 pixel resolution with the pinhole at 1 Airy unit and interval of 4 237 µm. Recorded images were then analyzed with ImageJ using 3D Object counter plugin (Bolte & 238 Cordelières, 2006). The cell viability (%) was determined as the number of living cells over the 239 total number of cells. Experiments were carried out with n = 2 for MC3T3 and n = 1 for HGF and 240 all samples were prepared in triplicate.

241 2.10. AlamarBlue assay

242 The cell metabolism was evaluated using the AlamarBlue assay at 1 h and 24 h following encapsulation. After incubation, a solution of 10 %v/v AlamarBlue in culture medium (1 243 244 mL/well) was added directly on each hydrogel and incubated for 3 h at 37°C and 5 % of CO₂. 245 Then, the supernatant was homogenized by pipetting and 150 µL were transferred into a 96-well 246 plate (NuncTM F96 MicroWellTM). The intensity of fluorescence was determined by using Xenius XM spectrofluorometer (SAFAS Monaco) at 560 nm excitation and 590 nm emission. A value of 247 248 the metabolic activity per cell was estimated by normalizing the measured intensity by the 249 number of living cells obtained from the Live/Dead assay.

250 2.11. Statistical analysis

251 Statistical analysis was performed using a t-test with normality assumption. Statistical 252 significance was accepted at the level of p < 0.05.

253 **RESULTS & DISCUSSION**

In all the following, [NH₂] denotes the concentration in D-glucosamine monomer in the solution.

255

1. Controlling the pH using CS/βGP/AHP formulations

256 Control of the pH of thermogelling $CS/\beta GP$ solutions is determinant for the viability and the injectability of encapsulated cells. Cell viability requires that the pH be maintained close to 7.4 257 258 during cell suspension and storage until injection and immersion in other buffering media. The 259 gelation time of CS/ β GP solutions was also shown to depend greatly on pH (Chenite et al., 2001). Accordingly, we measured that the gelation time of $CS/\beta GP$ solutions increases from 1 min to 260 261 10 h when pH decreases from 7.5 to 7.1 (Figure S1). In the present study, CS was dissolved in acidic aqueous solutions with a fixed molar ratio $[AcOH]/[NH_2] = 1$. This ratio was chosen as the 262 263 minimum amount of acid required to ensure the solubilization of chitosan chains (Rinaudo, 264 2006). In CS/ β GP/AHP formulations, β GP and AHP are both weak bases that raise the pH of the 265 solution. As demonstrated thereafter, the pH can be finely controlled by the molar ratios between 266 each phosphate salt and D-glucosamine monomer, $[\beta GP]/[NH_2]$ and $[AHP]/[NH_2]$.

We carried out pH titration at 4°C by adding AHP (1 mol.L⁻¹) to solutions having an initial CS concentration of 0.8 wt% and different ratios of $[\beta GP]/[NH_2]$. The evolution of pH as a function of $[AHP]/[NH_2]$ is reported in **Figure 2a**. For a given $[\beta GP]/[NH_2]$, all titration curves show an increase in pH with increasing $[AHP]/[NH_2]$. Similarly, for a given $[AHP]/[NH_2]$, pH increases with increasing $[\beta GP]/[NH_2]$. From those curves, we extracted the pairs of ratios $[\beta GP]/[NH_2]$ and $[AHP]/[NH_2]$ producing a given pH and built the iso-pH curves represented in **Figure 2b**. Those iso-pH curves are linear in the studied range of pH from 7.0 to 7.4. Formulations using the

- ratios of the iso-pH curve at 7.4 but different initial CS concentrations (0.5 and 0.6 wt%) exhibit a pH 7.4 as well, which confirms that the pH is fully determined by the ratios $[\beta GP]/[NH_2]$ and [AHP]/[NH₂], irrespectively of the CS concentrations.
- 277 The pH of CS and CS/ β GP solutions is known to decrease substantially with increasing 278 temperature (Lavertu et al., 2008; Supper et al., 2013). A similar effect was observed in the 279 CS/ β GP/AHP formulations. For instance, the pH of a solution at CS 0.8 wt% decreases from 7.40 280 \pm 0.05 at 4°C to 6.95 \pm 0.05 at 37°C (**Figure S2**). Therefore, it seems more appropriate to target 281 formulations having a pH 7.4 at 4°C to ensure that the pH of cell-laden solutions remains within a 282 physiological range (typically 7.0-7.4) during cell dispersion and encapsulation.

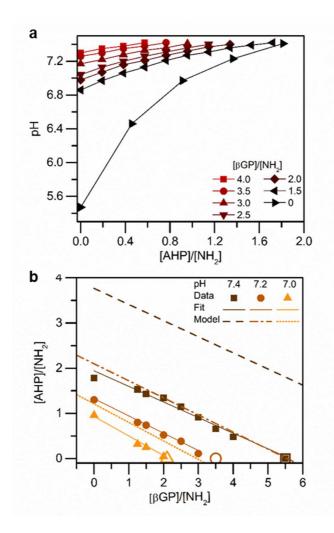


Figure 2. (a) Evolution of the pH as a function of $[AHP]/[NH_2]$ for formulations with initial CS concentration of 0.8 wt% and $[\beta GP]/[NH_2]$ ranging from 0 to 4. (b) Iso-pH curves at 7.0, 7.2 and 7.4 as a function of $[AHP]/[NH_2]$ and $[\beta GP]/[NH_2]$. Experimental data are shown as filled symbols. Linear fitting curves are shown as continuous lines and model predictions as interrupted lines. Predictions accounting for the polyelectrolyte effect based on Filion et al., 2007 are shown as open symbols for CS/ β GP mixtures $([AHP]/[NH_2] = 0)$.

The linear relationship observed in Figure 2b can be rationalized by considering the dissociation
of the different species present in the solution, as follows:

293
$$NH_3^+ \rightleftharpoons NH_2 + H^+$$
, Kcs (1)

$$AcOH \rightleftharpoons AcO^- + H^+$$
, K_{Ac} (2)

295
$$AHP \rightleftharpoons AHP^- + H^+ \rightleftharpoons AHP^{2-} + 2H^+, K_{AHP,1} \& K_{AHP,2}$$
 (3)

296
$$\beta GP \rightleftharpoons \beta GP^{-} + H^{+} \rightleftharpoons \beta GP^{2-} + 2H^{+}, K_{\beta GP,1} \& K_{\beta GP,2}$$
(4)

$$H_2 0 \rightleftharpoons H^+ + 0H^- \tag{5}$$

The values of the dissociation constants of AHP and β GP were measured by pH titration at 4°C and 25°C (**Figure S3**). Only the second equilibrium is observed for pH ranging from 2 to 8: $K_{AHP,2} = 10^{-6.7}$ and $K_{\beta GP,2} = 10^{-6.2}$. For CS and AcOH, values are chosen from the literature: K_{CS} $= 10^{-7.1}$ (4°C) (Filion et al., 2013) and K_{Ac} = 10^{-4.8} (Kortum, Vogel, & Andrussow, 1960).

To a first approximation, we assume here that CS behaves like a small molecule and we do not take into account its polyelectrolyte nature. Writing electroneutrality, conservation of matter and acid-base equilibria, we find that for the pH range of interest (7.0-7.4), the ratios [AHP]/[NH₂] and [β GP]/[NH₂] satisfy the following relation (see detailed calculation in SI):

$$\frac{[AHP]}{[NH_2]} = -\frac{C_{\beta GP}}{C_{AHP}} \cdot \frac{[\beta GP]}{[NH_2]} + \frac{C_{Ac}}{C_{AHP}} \cdot \frac{[AcOH]}{[NH_2]} - \frac{C_{CS}}{C_{AHP}.DD}$$
(6)

where [AcOH], [β GP], [AHP], [NH₂] are respectively the initial concentrations in AcOH, β GP, AHP and D-glucosamine monomer, DD is the degree of deacetylation of CS. Factors C_{Ac}, C_{β GP}, C_{AHP} and C_{CS} are all functions of the concentration in protons h as follows: C_{Ac} = $\left(1 + \frac{h}{K_{Ac}}\right)^{-1}$,

310
$$C_{\beta GP} = \left(1 + \frac{K_{\beta GP,2}}{h}\right)^{-1}$$
, $C_{AHP} = \left(1 + \frac{K_{AHP,2}}{h}\right)^{-1}$ and $C_{CS} = \left(1 + \frac{K_{CS}}{h}\right)^{-1}$

For a fixed ratio [AcOH]/[NH₂], here equal to 1, equation (6) captures that for a given pH, the relationship between [AHP]/[NH₂] and [β GP]/[NH₂] is linear. The negative slope $-\frac{C_{\beta GP}}{C_{AHP}}$ depends 313 weakly on the pH of the mixture and the dissociation constants of the two salts β GP and AHP. 314 The model predicts the experimental values of the slopes with a good precision including the 315 slight increase when the pH decreases from 7.4 to 7.0, as shown in Figure 2b and Table S1. 316 However, it fails to predict the intercept. We attribute this discrepancy to the polyelectrolyte 317 nature of CS. In particular, the protonation of NH₂ along the CS chains is very sensitive to 318 entropic effects and pK_{CS} increases with increasing salt concentration (Filion et al., 2007). 319 Accordingly, predictions of pH for CS/ β GP accounting for these polyelectrolyte effects using a 320 model by Filion et al. (Figure S4) are in perfect agreement with our experimental measurements, 321 as indicated by the open symbols in Figure 2b. The simple small molecule model also confirms 322 that the linear relationship between [AHP]/[NH₂] and [βGP]/[NH₂] is independent on the CS 323 concentration as long as the ratio [AcOH]/[NH₂] is fixed. Therefore, such iso-pH curves may 324 serve as an efficient platform to prepare $CS/\beta GP/AHP$ formulations having a controlled pH.

2. CS/βGP/AHP formulations with adjustable pH and osmolarity

The contribution of β GP, AHP and AcOH to the osmolarity of the formulations was determined by measuring independently their osmolarity at different concentrations. We verified that osmolarity was proportional to the molar concentration for all three components (**Figure S5**). As expected from the dissociation constants, the osmolarity induced by β GP is higher than the one induced by AHP. The osmolarity of a CS solution at 0.8 wt% is negligible. The total osmolarity (expressed in Osm.L⁻¹) was calculated as the linear combination of the three contributions:

332 Osmolarity =
$$1.03 \cdot [AcOH] + 2.35 \cdot [\beta GP] + 1.82 \cdot [AHP]$$
 (7)

Normalizing Equation (7) by $[NH_2]$ gives a relationship between $[AHP]/[NH_2]$ and $[\beta GP]/[NH_2]$:

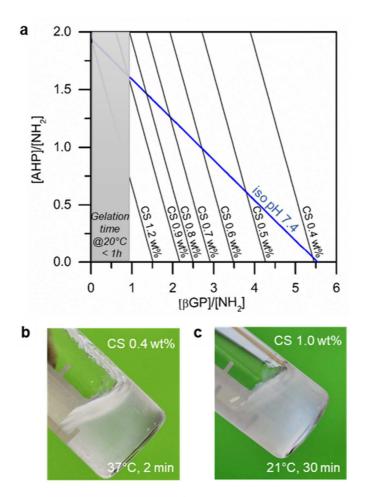
334
$$\frac{[\text{AHP}]}{[\text{NH}_2]} = -A_1 \cdot \frac{[\beta \text{GP}]}{[\text{NH}_2]} - A_2 \cdot \frac{[\text{AcOH}]}{[\text{NH}_2]} + A_3 \cdot \frac{\text{Osmolarity}}{[\text{NH}_2]}$$
(8)

335 where $A_1 = 1.29$, $A_2 = 0.57$ and $A_3 = 0.55$ are dimensionless constants.

For a fixed ratio [AcOH]/[NH₂], we obtain linear iso-osmolarity lines between [AHP]/[NH₂] and [β GP]/[NH₂]. Unlike the iso-pH curves above, the intercept of these curves depends on the CS concentration. The curves obtained for a physiological osmolarity of 300 mOsm.L⁻¹ are presented in **Figure 3a** for CS concentrations ranging from 0.4 to 1.2 wt%. For a given CS concentration, the intersection between the iso-pH (pH = 7.4) and iso-osmolarity lines give the unique formulation satisfying both conditions on targeted pH and osmolarity.

342 The representation in Figure 3a provides a way to determine the formulations of interest for 343 thermosensitive cell-laden hydrogels. In particular, it shows that the double constraint on pH and 344 osmolarity restricts the range of pertinent CS concentrations. As shown in Figure 3a, CS 345 concentration of 0.4 wt% is the lowest concentration allowing to achieve physiological pH (7.4) 346 and osmolarity (300 mOsm.L⁻¹). CS concentrations lower than 0.4 wt% would require either a 347 hypotonic mixture to satisfy pH = 7.4 or a basic pH (>7.4) to satisfy an osmolarity of 300 348 mOsm.L⁻¹. We verified that the physiological formulation at 0.4 wt% corresponding to 349 $[\beta GP]/[NH_2] = 5.5$ and $[AHP]/[NH_2] = 0$ forms a macroscopically homogeneous gel after 2 min 350 at 37°C (Figure 3b). In Figure 3a, the highest CS concentration allowing to achieve 351 physiological pH and osmolarity is 1.2 wt%. However, this concentration (corresponding to 352 $[\beta GP]/[NH_2] = 0$ is not pertinent for practical applications, because the gelation time at room 353 temperature (i.e. before injection) decreases when decreasing $[\beta GP]/[NH_2]$, as will be presented 354 in section 3. We found that a minimum ratio $[\beta GP]/[NH_2] = 1.0$, corresponding to a CS 355 concentration of 0.9 wt%, is required to maintain the thermosensitive solution in a liquid state for

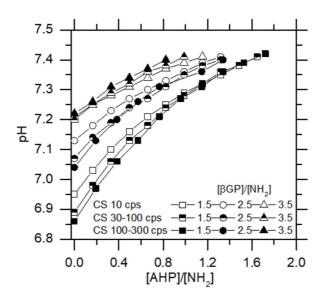
more than 1 h at 21±1°C. A duration of 1 h corresponds to the time needed to comfortably carry out cell trypsination, dispersion in CS/salt solution and injection. Accordingly, solutions prepared at a higher concentration than 0.9 wt% form a gel in less than 1 h at room temperature, as shown for example for a 1 wt% solution ([β GP]/[NH₂] = 0.7, [AHP]/[NH₂] = 1.7) which formed a gel within 30 min (**Figure 3c**).



361

Figure 3. (a) Iso-osmolarity curves at 300 mOsm.L⁻¹ (black) and iso-pH curve at 7.4 (blue) as a function of [AHP]/[NH₂] and [β GP]/[NH₂] for CS concentration ranging from 0.4 to 1.2 wt%. Shaded area indicates formulations for which gelation time at 21°C is less than 1 h. (b) Hydrogel (300 mOsm.L⁻¹; pH = 7.4) obtained with 0.4 wt% of CS after 2 min of incubation at 37°C, (c) Hydrogel (300 mOsm.L⁻¹; pH = 7.4) obtained with 1.0 wt% of CS after 30 min at 21±1°C.

367 These results and methodology show how the pH and osmolarity of CS/ β GP/AHP mixtures can 368 be independently adjusted for different CS concentrations. It is worth to note that the 369 concentration range for cytocompatible values of pH and osmolarity has been measured here for 370 one type of CS having a given degree of deacetylation (DD = 91 %) and a given molar mass 371 distribution (viscosity 30-100 cps, $Mw = 250 \text{ kg.mol}^{-1}$). It has been reported that the gelation rate 372 of CS/BGP solutions at given pH increases with CS of higher DD (Ruel-Gariépy, Chenite, 373 Chaput, Guirguis, & Leroux, 2000). Therefore, the upper bound of the accessible concentration 374 range is expected to decrease with increasing DD. As regards the molar mass, we verified that the 375 pH can be adjusted by the salts/NH₂ ratios whatever the chitosan chain length is as long as the 376 deacetylation degree is known, as shown for CS with DD = 95 % for two different molar masses 377 (Figure 4). Hence, this rationalized formulation is applicable to other types of CS.



378

Figure 4. Evolution of the pH as a function of $[AHP]/[NH_2]$ in formulations with initial CS concentration of 0.8 wt% and fixed $[\beta GP]/[NH_2] = 1.5$, 2.5 and 3.5 for three different chitosan grades (10 cps, 30-100 cps and 100-300 cps) having DD = 95%, 91% and 95%, respectively.

382 3. Gelation kinetics of CS/βGP/AHP formulations

It is important to notice that the gelation time of $CS/\beta GP$ systems depends greatly on the pH 383 384 (Chenite et al., 2001). As a result, we focus here on the gelation kinetics at a fixed pH = 7.4. 385 Figure 5 shows the evolution of storage, G', and loss modulus, G", during a heating-cooling cycle 386 between 4 and 60°C for CS/βGP and CS/βGP/AHP, both at pH 7.4. While heating, both moduli 387 exhibit a sharp increase and the gel point (G' = G") is reached near 45°C for CS/ β GP and 40°C 388 for CS/βGP/AHP. Upon cooling, a large hysteresis is observed and both moduli decrease slowly 389 below 30°C. This weak thermoreversibility is very similar to what has been reported earlier by 390 Chenite et al. (2001).

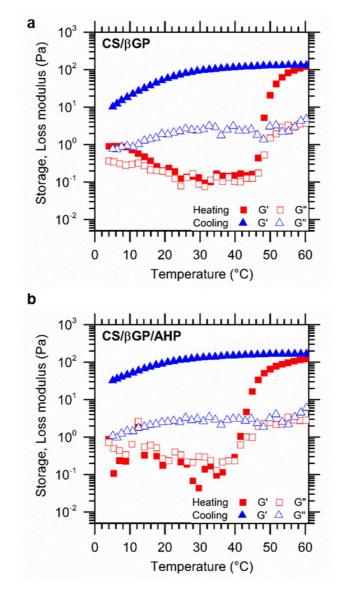




Figure 5. Evolution of the storage and loss modulus during a heating/cooling cycle for CS/ β GP mixture (a) and CS/ β GP/AHP mixture (b), both at fixed pH of 7.4, CS concentration of 0.8 wt%.

A more systematic characterization of the thermosensitivity of CS/ β GP/AHP mixtures was performed using the test tube inversion method (**Figure S6a**). We verified that the time measured by this method is consistent with the time to reach the gel point as determined by rheology (**Figure S6b-c**). In a first series of experiments, we studied the effect of the relative salt ratio [AHP]/[β GP] on the gelation time. For that, a fixed CS concentration of 0.8 wt% was chosen.

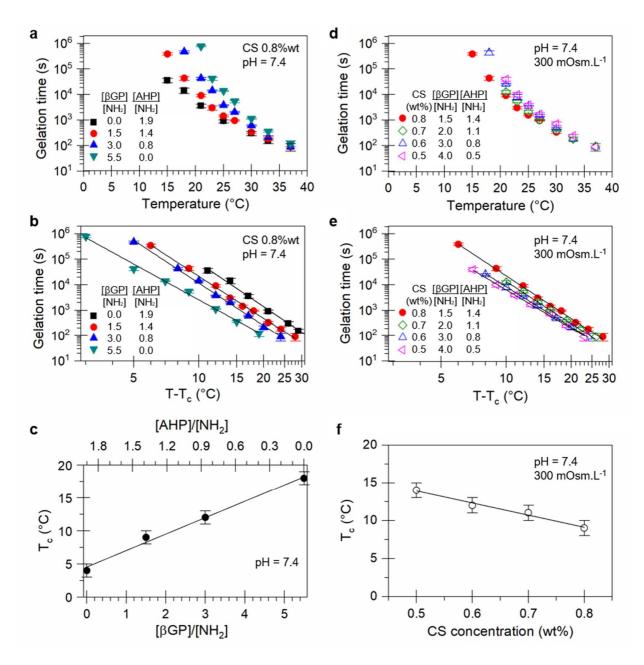
399 Four ratios $[\beta GP]/[NH_2]$ were studied (0, 1.5, 3 and 5.5) and the corresponding $[AHP]/[NH_2]$ 400 ratios were adjusted to maintain pH = 7.4 (1.9, 1.4, 0.8 and 0, respectively). In those solutions, 401 the osmolarity varied from 300 to 600 mOsm.L⁻¹. Figure 6a shows that the gelation time 402 decreases by at least four orders of magnitude when temperature increases from 15°C to 37°C for 403 all four formulations. At a given temperature, the gelation time decreases with decreasing 404 [\beta GP]/[NH2] ratio or increasing [AHP]/[NH2] ratio. This sensitivity to [AHP]/[\beta GP] becomes 405 increasingly pronounced with decreasing temperature. At 20°C, the formulation with only β GP 406 become a gel more than 100 times slower than the one with AHP only.

407 The temperature dependence of the gelation time of $CS/\beta GP$ formulations was presented in an 408 earlier study by Chenite et al. (2001) who concluded that the gelation time displayed an 409 exponential decay with temperature. Our data which cover a larger range of times and 410 temperatures do not fit with a simple exponential decay, but rather with a model of critical 411 transition, as already observed in thermosensitive gelatin gels (Te Nijenhuis, 1979). Our 412 experimental data were successfully fitted with the critical-like model $t_{gel} = k(T-T_c)^{\gamma}$ where T_c is 413 a critical temperature above which the sol-gel transition occurs and γ is a critical exponent 414 (Figure 6b). The exponent γ and the prefactor k decrease with increasing [β GP]/[NH₂] (Figure S7a-b). Conversely, T_c increases from 4 to 18°C when going from CS/AHP to CS/ β GP as shown 415 416 in Figure 6c. Overall these results show that the thermal stability of CS/ β GP/AHP solutions at a 417 fixed pH increases with $[\beta GP]/[NH_2]$. This observation together with the rheological results in 418 Figure 5 supports the hypothesis that the polyol part of β GP hinders the interactions between CS 419 chains as suggested by Supper et al. (2013).

25

420 Similar experiments were performed in a second series with formulations defined by the iso-pH (7.4) and iso-osmolarity (300 mOsm.L⁻¹) curves for different CS concentrations ranging from 0.5 421 422 to 0.8 wt%. The gelation time decayed strongly with increasing temperature in a similar way to 423 the first series, as shown in Figure 6d. For a given temperature, gelation occurred faster with 424 increasing CS concentration (together with decreasing $[\beta GP]/[NH_2]$ and increasing $[AHP]/[NH_2]$ to maintain physiological conditions). Again, a critical power law behavior was observed as 425 426 shown in Figure 6e (and Figure S7c-d). The critical temperature, and therefore the thermal 427 stability of the solution, decreased with increasing CS concentration.

428 From a practical point of view, these results show that all the formulations having physiological 429 pH and osmolarity present an adequate gelation kinetics for use as cell delivery vehicles. At 21°C, they remain liquid for more than 2 h, which is appropriate for cell dispersion and 430 431 manipulation. At body temperature, they form a gel within less than 1 min, therefore preventing 432 cells from being dispersed away. The injectability of the formulation having a CS concentration 433 of 0.8 wt% was verified using standard injection parameters into a PBS solution at 37°C. A 434 continuous injection could be performed with the quasi-instantaneous formation of a macroscopic hydrogel (Video S1). 435



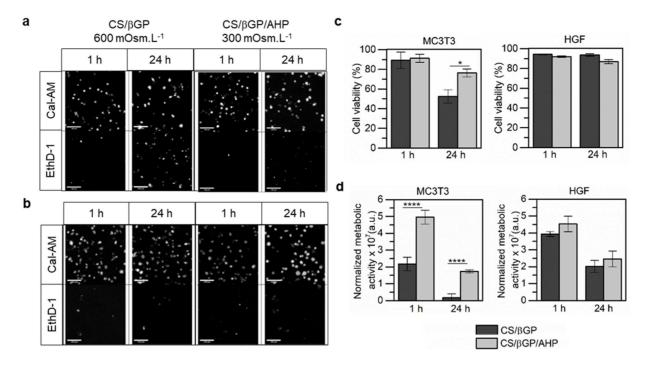
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Figure 6. (**a-c**) Gelation kinetics of formulations having fixed CS 0.8 wt% and pH 7.4 and various [β GP]/[NH₂] and [AHP]/[NH₂] ratios. Gelation time as a function of temperature (**a**) and (T-T_c) (**b**). Full lines show fits by a power law. (**c**) Critical temperature as a function of [β GP]/[NH₂] and [AHP]/[NH₂]. (**d-f**) Gelation kinetics of physiological formulations (pH = 7.4 and 300 mOsm.L⁻¹) for CS concentration ranging from 0.5 to 0.8 wt%. Gelation time as a function of temperature (**d**) and (T-T_c) (**e**). Full lines show fits by a power law. (**f**) Critical temperature as a function of CS concentration.

443 **4.** Cell encapsulation in CS/βGP/AHP hydrogels

444 The viability and the metabolism of encapsulated cells was studied using Live/Dead and AlamarBlue assays with formulations having a CS concentration of 0.8 wt% and pH 7.4. Two 445 446 formulations were compared to assess the effect of osmolarity: an isotonic formulation denoted $CS/\beta GP/AHP$ (300 mOsm.L¹) produced with ratios [βGP]/[NH₂] = 1.5 and [AHP]/[NH₂] = 1.4, 447 and a hypertonic formulation denoted CS/βGP (600 mOsm.L⁻¹) obtained with ratios [βGP]/[NH₂] 448 449 = 5.5 and $[AHP]/[NH_2] = 0$. Two cell types were studied: pre-osteoblast immortalized murine cell 450 line (MC3T3-E1) and primary human gingival fibroblasts (HGF). Cells were dispersed in the 451 liquid formulations at 20°C at a concentration of 10⁶ cells. mL⁻¹. Encapsulation was achieved by gelation at 37°C for 1 h in an incubator prior to the addition of culture medium. Cells were 452 453 stained and observed 1 h and 24 h after encapsulation. The staining efficiency was verified on 454 positive and negative controls (Figure S8). The homogeneity of the cell dispersion was verified 455 by cell counting in multiple areas of the gels (Figure S9) and a local cell concentration of 1.2 x $10^6 \pm 0.2$ cells per cm³ was found, which is in agreement with the density of seeded cells. 456

457 Typical images obtained with Live/Dead staining are shown in Figure 7a-b for MC3T3-E1 and 458 HGF, respectively. At 1 h, the viability for both cell types is high (90%) for the two studied 459 formulations (Figure 7c). At 24 h, differences are observed: for MC3T3-E1 cells, a significantly 460 better cell viability is observed in CS/ β GP/AHP hydrogel (78 ± 6 %) than in CS/ β GP hydrogel 461 $(52 \pm 5\%)$; for HGF, cell viability remains high in both hydrogels. The metabolic activity of the 462 encapsulated cells was assessed with an AlamarBlue assay (Figure 7d). A value of the metabolic 463 activity per cell was estimated by normalizing the measured intensity by the number of living 464 cells. At 1 h, a clear difference can be seen between the two cell types: MC3T3 have a much 465 higher metabolic activity in the isotonic formulation CS/ β GP/AHP than in CS/ β GP while HGF 466 have a similar metabolic activity in both formulations. At 24 h, the same trend is observed but the 467 metabolic activity drops significantly for both cell types.



469 **Figure 7**. Cell encapsulation in CS/βGP/AHP and CS/βGP hydrogels for 1 h and 24 h. (**a-b**) Confocal 470 images of Live/Dead assays for MC3T3 (**a**) and HGF (**b**) cells. Images are obtained from the projection of 471 76 slices taken at a random position in the hydrogel with a field of 425 x 425 x 300 µm. (**c**) Cell viability. 472 (**d**) Normalized metabolic activity. Statistically significant at p < 0.05 (*) or p < 0.0001 (****).

473

468

These differences in viability and activity may be explained by the different ability of the cell types to adapt to hypertonic conditions (Dmitrieva & Burg, 2005). To our knowledge, no study has been reported on MC3T3-E1 whereas it has been shown that HGF are resistant to osmotic shocks (Huynh, Everts, Leethanakul, Pavasant, & Ampornaramveth, 2016). In our study, the encapsulated cells exhibit rounded phenotypes after 24 h, which reflects a poor adhesion to the chitosan matrix. This observation is in agreement with a previous study on encapsulated MC3T3E1 in CS/AHP hydrogels (Nair et al., 2007). Therefore, the proposed approach could be advantageously combined with bio-functionalization strategies providing adhesion sites to the encapsulated cells. For example, covalent grafting of peptides or proteins responsible for cell adhesion on chitosan chains have shown promising results (Custodio, Alves, Reis, & Mano, 2010; Tsai, Chen, & Liu, 2013).

485

5. Microstructure and mechanics of CS/βGP/AHP hydrogels

486 The possibility to vary the CS concentration while maintaining physiological conditions, provides 487 a way to adjust the microstructure and the mechanical properties of cytocompatible formulations. 488 The microstructure of hydrogels (pH = 7.4 and 300 mOsm.L⁻¹) was characterized by LSCM using 489 fluorescently labelled formulations. After 30 min at 37 °C, heterogeneous structures were 490 observed composed of interconnected polymer-rich and polymer-poor phases, the latter being 491 qualified as pores (a). We measured that the porosity (%) decreases linearly with increasing CS 492 concentration as shown in Figure 8b, from 75 ± 5 % for CS 0.5 wt% to 63 ± 7 % for CS 0.8 wt%. 493 Such a linear relationship was reported earlier for CS/BGP (Crompton et al., 2006). Besides 494 porosity, the pore size is a crucial parameter governing cell-cell interactions and vascularization 495 (Kaivosoja et al., 2012). Targeted pore sizes vary from tens to hundreds of micrometers 496 depending on the cell type and on the application (Kaivosoja et al., 2012; O'Brien, Harley, 497 Yannas, & Gibson, 2005). With the present systems, we observed large interconnected elongated 498 macropores. The longest dimension of the largest pores was found to reach 15 µm for CS 0.8 499 wt% and up to 30 µm for CS 0.5 wt%. Pore size distribution was analyzed quantitatively by 500 image analysis using a morphological sieve algorithm. The distributions in Figure 8c show the 501 fraction of porosity able to fit a circular structuring element of a given diameter. This analysis

502 clearly reveals that the characteristic size of the macropores increases with decreasing CS 503 concentration. Indeed, 98% of the porosity can contain structuring elements having diameters 504 ranging from 1 to 9 μ m for CS 0.8 wt% and from 1 to 14 μ m for CS 0.5 wt%.

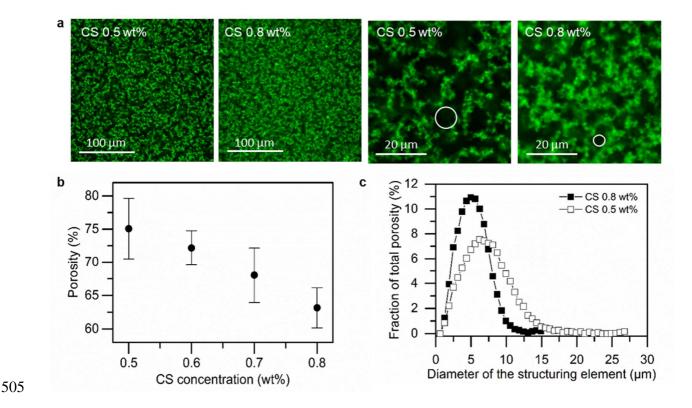
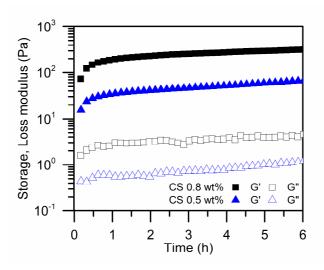


Figure 8. (a) Confocal images of fluorescently labelled CS/βGP/AHP hydrogels prepared with 0.5 or 0.8
wt% after 30 min at 37°C, white circles show circular structuring elements having the mean diameter
determined by a morphological sieve algorithm. (b) Hydrogel porosity as a function of CS concentration.
(c) Pore size distributions determined by morphological sieve technique for CS/βGP/AHP hydrogels
prepared with 0.5 and 0.8 wt%.

The mechanical properties of hydrogels prepared with 0.5 and 0.8 wt% at 4°C were characterized by oscillatory rheology during an isotherm at 37°C as shown in **Figure 9**. Gelation occurs within one minute for both formulations with a rapid increase in the storage modulus (G') reaching approximately 30 Pa for 0.5 wt% and 180 Pa for 0.8 wt% at 1 h of incubation. After 6 h, G' reaches 60 Pa for 0.5 wt% and 300 Pa for 0.8 wt%. These values of G' are low as compared to the ones of most biological tissues. For this reason, these hydrogels might be more particularly appropriate for very soft tissues, such as brain tissue which G' is in the range 100-300 Pa (Tabet et al., 2019). Accordingly, CS gels were shown to be suitable matrices for cells of the nervous system (Kornev, Grebenik, Solovieva, Dmitriev, & Timashev, 2018).



520

521 **Figure 9**. Storage modulus (G') and loss modulus (G") as function of time at 37°C for physiological 522 formulations prepared with a CS concentration of 0.5 wt% ($[\beta GP]/[NH_2] = 4.0$ and $[AHP]/[NH_2] = 0.5$) 523 and 0.8 wt% ($[\beta GP]/[NH_2] = 1.5$ and $[AHP]/[NH_2] = 1.4$).

524 CONCLUSION

525 In this study, we report a rational formulation design to prepare thermo-gelling systems 526 composed of chitosan CS and two phosphate salts, β GP and AHP. We show how the pH and the 527 osmolarity can be adjusted independently by the ratios [salts]/[NH₂], arising possibility to obtain physiological formulations having tunable CS concentration. Moreover, a systematic study of the 528 529 gelation kinetics revealed that the gelation time follows a power law that diverges at a critical 530 temperature. With this approach, injectable solutions having a pH of 7.4 and a physiological 531 osmolarity of 300 mOsm.L⁻¹ can be produced for CS concentrations ranging from 0.4 to 0.9 wt%. 532 The cytocompability of the subsequent gels was demonstrated by in vitro encapsulation of 533 MC3T3-E1 and HGF cells. Elastic moduli of the gels can reach up to 300 Pa, a value found in 534 brain tissues. The proposed methodology could be applied to solutions of chitosan or 535 functionalized chitosan having various molar mass and deacetylation degrees, therefore providing 536 a general platform to prepare valuable thermosensitive hydrogels for cell encapsulation and 537 delivery.

538

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