

Autism spectrum disorder and air pollution: A systematic review and meta-analysis

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2	a systematic review and meta-analysis
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32 Abstract

33 Despite the widely-known effects of air pollution, pollutants exposure surrounding pregnancy and the risk for autism spectrum disorder (ASD) in newborns remains controversial. The 34 35 purpose of our study was to carry out a systematic review and meta-analyses of the risk of ASD in newborns following air pollution exposure during the perinatal period (preconception 36 to second year of life). The PubMed, Cochrane Library, Embase and ScienceDirect databases 37 38 were searched for articles, published up to July 2020, with the keywords "air pollution" and "autism". Three models were used for each meta-analysis: a global model based on all risks 39 listed in included articles, a pessimistic model based on less favorable data only, and an 40 41 optimistic model based on the most favorable data only. 28 studies corresponding to a total of 758 997 newborns were included (47190 ASD and 703980 controls). Maternal exposure to all 42 pollutants was associated with an increased risk of ASD in newborns by 3.9 % using the 43 global model and by 12.3% using the optimistic model, while the pessimistic model found no 44 change. Each increase of $5\mu g/m^3$ in particulate matter <2.5 μ m (PM2.5) was associated with 45 46 an increased risk of ASD in newborns, regardless of the model used (global +7%, pessimistic +5%, optimistic +15%). This risk increased during preconception (global +17%), during 47 pregnancy (global +5%, and optimistic +16%), and during the postnatal period (global +11%) 48 49 and optimistic +16%). Evidence levels were poor for other pollutants (PM10, NOx, O3, metals, solvents, styrene, PAHs, pesticides). PM2.5 was associated with a greater risk than 50 PM10 (coefficient 0.20, 95CI -0.02 to 0.42), NOx (0.29, 0.08 to 0.50) or solvents (0.24, 0.04 51 to 0.44). All models revealed that exposure to pollutants, notably PM2.5 during pregnancy, 52 was associated with an increased risk of ASD in newborns. Pregnancy and postnatal periods 53 54 seem to be the most at-risk periods.

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57 Capsule: air pollution surrounding pregnancy increases the risk of ASD in newborns.

58

59 Introduction

Air pollution is a major public health ¹ and economic ² issue. associated with increased risk of 60 mortality² and morbidity in multiple diseases, such as cancer³, inflammatory⁴, neurological⁵ 61 and respiratory and cardiometabolic diseases $^{6-8}$. Despite the considerable number of studies 62 demonstrating the adverse health effects of air pollution, exposure to ambient air pollution 63 surrounding pregnancy and the risk for Autism Spectrum disorder (ASD) in newborns 64 remains controversial 9-12. Genetic and environmental factors specifically during perinatal 65 periods (preconception, pregnancy (first, second, third trimester), postnatal until 2nd year of 66 life) have been found to increase risk of pathology and malformation in children ^{13–15}. Air 67 pollution is composed of a wide range of pollutants such as particulate matter (PM), nitrogen 68 oxide (NOx), volatile organic compounds, pesticides, ozone (O3) and metals ^{16,17}. Though 69 few studies have focused on pregnancy and risk of ASD, air pollutants such as PM (PM10, 70 with an aerodynamic diameter $< 10 \,\mu$ m), appear to have the highest levels of toxicity ^{18,19}. 71 Among PM10²⁰, PM2.5 which have an even smaller aerodynamic diameter $\leq 2.5 \ \mu m$ are 72 particularly harmful, penetrating more rapidly, easily and deeply into the organism ^{18,19}. 73 Despite a recent article ²¹, no meta-analysis to date has provided an overview or comparison 74 of the effects of classes of air pollutants ²², or the effects of sociodemographic risk factors 75 such as parental ages, gender of newborns, or smoking ²³⁻²⁵. In addition, there are no 76 published guidelines as yet on how to manage different data relating to a same risk within an 77 included article (e.g. crude odds ratio, or adjusted on different covariables) ²² and no meta-78 analysis presented both risks quantified either as continuous (per increment of air pollutants) 79 or as categorical variables (high versus low exposure). 80

We hypothesized that there was an increased risk of developing ASD associated with air pollution during pregnancy. This meta-analysis focused on the association between children with ASD and exposure to air pollutants during the perinatal period (from preconception to the second year of life) and involved three models for each meta-analysis by air pollutant; a global model using all risks listed in included articles, a pessimistic model using less favorable data only, and an optimistic model using the most favorable data only. We also investigated related sociodemographic influences.

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89 Methods

90 Literature search

We reviewed all studies reporting an association between air pollutants and ASD. The 91 92 PubMed, Cochrane Library, ScienceDirect and Embase databases were searched for all original articles published up to July 2020, using the keywords "air pollution" and "autism" or 93 synonyms (see Appendix 1 for detailed search strategy). Inclusion criteria included articles 94 95 written in English or French, and that described our primary outcome variable i.e. the association between perinatal exposure to ambient air pollution and risk of ASD. The 96 perinatal period included the preconception period to the second year of life. Studies were 97 98 required to report risk estimates in the form of odds ratios (OR) with 95% confidence interval (95CI) or to provide data that allowed OR calculation. In order to identify studies not found 99 100 through our database search strategy, a manually search of new articles was carried out using reference lists from all publications meeting inclusion criteria and systematic reviews. Our 101 search strategy is presented in Figure 1 and Appendix 1. Two authors (AC and FD) separately 102 conducted all literature searches, collated and, reviewed the abstracts based on selection 103 criteria and decided on the suitability of articles for inclusion. When questions arose over 104

article suitability, a third author (NB) reviewed the articles. Having reached a consensus, allincluded articles were reviewed by the three authors.

107

108 **Quality of assessment**

The methodological quality of the studies was further evaluated using the Scottish 109 Intercollegiate Guidelines Network (SIGN) model for case control and cohort studies ²⁶. The 110 following 15 items were assessed: appropriate and clearly focused question, selection bias (2 111 items), performance bias (1 item), attrition bias (2 items), detection bias (6 items), confusion 112 bias (1 item), presence of confidence intervals, and general level of evidence (Figure 2). 113 Similar items were used to evaluate case control studies (Figure 2). We also used the 114 Newcastle-Ottawa Quality Assessment Scale (NOS) model ²⁷ with the following 9 items: 115 selection bias (4 items), comparability bias (2 items) and outcome bias (3 items) 116 (Supplementary Figure 1). Each item was assigned a judgment of "Yes" (+), "No" (-), "Can't 117 say" (?), or "Not applicable" (NA), with the exception of item 2.1 (to minimize risk of bias or 118 confounding) and the final item concerning evidence level of the SIGN checklist, which was 119 assigned "0", "+", or "++". Any disagreements over suitability were discussed with a third 120 author (BP) and a consensus reached. Assessment of article quality was carried out for the 121 two checklists by two authors (AC and FD). 122

123

124 Data analysis

The following data from articles were recorded: title, name of first author, journal and year of publication, main objective, time of exposure to air pollution (perinatal period, full pregnancy or during, first, second and/or third trimester of pregnancy and postnatal period), type and concentration of pollutants, crude and/or adjusted OR and lower and upper limits, and population characteristics (number of participants per study, parental mean age at birth,gender of newborns, level of parental education, smoking).

131

132 Statistical considerations

Statistical analysis was conducted using Stata software (version 15, StataCorp, College 133 Station, US)^{28–33}. Characteristics of pollutant exposure, of individuals or other variables were 134 reported for each study as mean ± standard-deviation (SD) and number (%) for continuous 135 and categorical variables respectively (Table 1). When data could be pooled, we conducted 136 random effects meta-analyses (DerSimonian and Laird approach)³⁴ on the risk (OR) of ASD 137 138 in newborns following air pollutants exposure, centered at one. Particular attention was paid to the type of statistics retrieved from the included articles (OR or other risk measurements). 139 Air pollutants exposure were quantified either as a continuous (per increment of air 140 141 pollutants) or as categorical variables (high versus low exposure). For the highest level of proof, we first normalised all OR for a standardized increment in pollutant concentration (for 142 example per 5 μ g/m³ increase in PM2.5). We took into account the original increment of the 143 pollutant and we assumed a linear exposure outcome relationship ³⁵ using the following 144 equation: OR standardized = e^{1} [Ln(OR original) * 10 / (Increment original)]³⁶. When air 145 pollutant levels were expressed in parts per billion (ppb), we transformed those levels in 146 $\mu g/m^3$ (for example NO₂: 1 ppb = 1.88 $\mu g/m^3$; O₃: 1ppb = 2 $\mu g/m^3$)³⁷ The effects expressed as 147 interquartile (or quintile, or percentile differences) were converted into effects per 148 concentration unit increase with the previous equation (³⁶ Meta-analyses were computed by 149 type of air pollutants (PM2.5, PM10, NOx, O₃, metals, solvents, styrene, polycyclic aromatic 150 hydrocarbons (PAHs), pesticides), periconceptional periods, and pregnancy trimester where 151 sufficient data were available. For each meta-analysis, three models were used (a global 152 model of all risks listed in the included articles, a pessimistic model using less favorable data 153

only, and an optimistic model using the most favorable data only). Finally, we computed the 154 aforementioned meta-analyses categorical using OR based on categorical exposure (high 155 versus low exposure). For air pollutants that were the most reported, we also computed 156 sensitivity analyses depending on the methods to measure air pollutants. Heterogeneity 157 between studies was evaluated through forest plots, and their confidence intervals (CI), and I-158 squared (I^2) – varying from 0 to 100%. Heterogeneity is considered low for $I^2 < 25\%$, modest 159 for $25 < I^2 < 50\%$, and high for $I^2 > 50\%$. For example, a significant heterogeneity may be due to 160 the variability between the characteristics of the studies, such as the exposure to air pollutants 161 (type of air pollutants), periconceptional periods (preconception, pregnancy, postnatal), 162 pregnancy trimester (first, second, third), characteristics of individuals (age of mothers and 163 fathers, smoking, gender of newborns, etc). To ensure the robustness of our results, we 164 conducted sensitivity analysis by searching for potential publication bias through funnel plots 165 166 (metafunnels) of aforementioned meta-analyses. Then, we reperformed meta-analyses without the studies that were not evenly distributed around the funnel base ³⁸. When sample size 167 allowed, meta-regressions were performed to investigate the relationship between risk of ASD 168 169 in newborns following air pollutant exposure and putative variables such as type of air pollutant, periconceptional period, pregnancy trimester and population characteristics. Results 170 were expressed as regression coefficients and 95% CI. 171

172

173 **Results**

An initial search identified 913 possible articles for inclusion (Figure 1). Following
application of selection criteria and removal of duplicates 28 articles were selected ^{9–12,17,39–61}
(Table 1), all of which were written in English.

177

178 Quality of articles

Use of the SIGN model, notably revealed selection and attrition bias in included studies. Most studies had a high level of evidence. Detailed characteristics of methodological quality assessment for each included study are provided in Figure 2. Overall, for the SIGN model, most studies were shown to have a high level of evidence but performed, with lowest performance found response rate. The NOS model was also used to analyse the quality of included articles (Supplementary Figure 1).



186 Aims of included studies, study designs, and settings

All studies shared a similar objective i.e. the association of exposure to air pollution (PMs, 187 NOx, O3, metals, PAHs, solvents, pesticides) during the perinatal period and the development 188 of ASD. Six studies described a cohort study design ^{11,12,40,41,56,58} using a historical birth/child 189 cohort. The 22 remaining studies ^{9,10,17,39,42–54,57,59–61} described case control studies. Most 190 191 studies assessed exposure over several consecutive years with the exception of four studies which analyzed data from one year ^{10,40,42,50,60}. *Countries of exposure* included North America 192 for 20 studies (U.S ^{17,39-44,46,48-53,56,57,59-61}, Canada ¹²), Europe for 5 studies (Denmark ⁴⁷, 193 Sweden ^{9,10,58} and other European countries ¹¹), and Asia for 3 studies (Iran ⁵⁵, Israel ⁴⁵, China 194 ⁵⁴). 195

196

197 **Population**

Sample size for children with ASD ranged from 124 ⁵⁴ to 15 387 ⁴⁵. Population size for controls (children without ASD) ranged from 156 ⁵² to 130 949 ¹². In total 751 170 individuals (47190 ASD and 703980 controls) were included in this meta-analysis.

Age of mothers at birth was expressed as a mean value in 11 articles $^{9-12,45-50,56}$, ranging from 202 29.5 ± 5.0 47 to 34.0 ± 4.0 years old 46 for mothers of ASD (mean age 31.6, 95CI 28.3 to 203 34.9), and 28.5 ± 6.0 50 to 33.7 ± 3.7 46 years for mothers of controls (mean age 31.7, 95CI 204 28.6 to 34.7). Twelve articles reported different classes of age ^{17,39,42-44,51,54,55,57-60}, precluding
205 further analyses. Five articles did not mention age of mothers (37,48,49,57,60).

Age of fathers at birth was not reported in most (19/28) articles $^{9,11,12,17,40-44,48,51-54,56-59,61}$. Three articles expressed age of fathers at birth as classes 39,55,60 , and six as mean values $^{10,45-}$ 47,49,50 , ranging from 32.2 ± 6.1 47 to 36.8 ± 5.3 years 46 for fathers of ASD (mean age 33.9, 95CI 28.6 to 39.4), and 31.4 ± 6.6 50 to 33.7 ± 5.6 49 years for fathers of controls (mean age 33.9, 95CI 29.3 to 38.7).

Gender: All articles except two ^{53,61} reported child with ASD gender, ranging from 29% ⁵¹ to
87% ⁵². Seven articles did not report child without ASD gender ^{17,40–42,52,53,61}. 77% (95CI 73 to
81%) of children with ASD and 60% (95CI 55 to 65%) of children without ASD were boys.

214

215 Characteristics of air pollutant exposure

Types of pollutants analyzed in these articles included PM2.5 in 13 studies 11,12,39,44,46,47,49,52,54,56,57,59,61 , PM10 in 12 studies $^{9-11,39,43,47,52,54-56,59,61}$, NOx in 12 studies $^{9-12,39,45,47,52,56,58,59,61}$, O3 in 7 studies 39,44,52,56,57,59,61 , metals in 7 studies $^{17,40-42,48,50,60}$, solvents in 5 studies 17,42,50,55,60 , styrene in 3 studies 17,42,50 , PAHs in 3 studies 17,42,50 , and pesticides in 3 studies 17,42,50 .

Type of exposure included a general outdoor exposure in 19 studies ^{11,12,17,40–43,45–}
 ^{48,52,53,56,57,59,61}, in cities or regions of high human density in ten studies ^{9,10,39,44,49,50,54,55,58,60},
 with one study focusing on distance from homes to freeway and major roads ⁵¹.

Perinatal periods of exposure: 6 studies analyzed exposure to air pollutants during
 preconception ^{41–43,46,49,57}, 25 during pregnancy ^{9–12,17,39–41,43–47,49–53,55–61}, 9 during the postnatal
 period ^{9,10,43,46,48,49,54,56,57} and 5 during the two first years of life ^{44,45,47,52,61}.

Quantification of exposure: Most studies ^{9,11,12,17,39,40,43,45,47,48,50,54,55,57-59} assessed exposure
 to pollutants first by geocoding birth certificate residential addresses, followed by use of

different models (NATA for National-scale air toxics assessment ^{17,40,48,50}; LUR model for
 Land Use Regression ^{12,39,55}; CALINE4 line source air quality dispersion model ^{53,61}) to
 estimate average pollutant concentration at participants' home address at time of birth..

232

233 Meta-analysis by air pollutants

PM 2.5: Each increase of $5\mu g/m^3$ in PM2.5 was associated with an increased risk of ASD in 234 235 newborns, regardless of the model used (global +7%, pessimistic +5%, optimistic +15%). This risk increased during preconception (global +17%), during pregnancy (global +5%, and 236 optimistic +16%), and during the postnatal period (global +11% and optimistic +16%) (Figure 237 3). The risk was increased during the first and third trimesters regardless of the model used 238 (global +7% and +6%, pessimistic +7% and +7%, optimistic +7% and +7%, respectively) 239 240 (Figure 4). Results by periconceptional periods (preconception, pregnancy, postnatal) (Supplementary Figure 2), and by pregnancy trimester (first, second, third) were similar using 241 categorical data (high exposure versus low exposure): the risk of ASD in newborns increased 242 243 regardless of the model used (global +11%, pessimistic +6%, optimistic +16%). Results were also similar (Supplementary Figure 3). 244

PM 10: Each increase of $5\mu g/m^3$ in PM10 was not associated with risk of ASD using the 245 global model (-1%, non-significant), and was associated with a decreased risk of ASD using 246 247 the pessimistic model (-3%), and with an increased risk using the optimistic model (+1%). 248 Meta-analysis by periconception periods was associated with a decreased risk using the pessimistic model for the pregnancy period only (-4%) and with an increased risk using the 249 optimistic model for the postnatal period only (+2%) (Figure 3). There was not enough data to 250 251 perform meta-analysis by trimester using incremental risk (continuous data). Results were 252 also similar by periconceptional periods (preconception, pregnancy, postnatal) (Supplementary Figure 2) using categorical data. Meta-analysis by trimester did not reveal
any significant increase in risk, regardless of the model used (Supplementary Figure 3).

NOx: Each increase of $10\mu g/m^3$ in NOx was associated with an overall increased risk of ASD using the global (+2%) and optimistic models (+5%), as well as during pregnancy period. No significant results were found using the pessimistic model in all periods (Figure 3). Metaanalysis using categorical risks showed similar results (Supplementary Figure 2).

O3: Using categorical risks, overall risk of ASD following O3 exposure increased using the
global (+3%) and optimistic models (+11%). Similarly, exposure during pregnancy led to an
increase in risk, using the global (+3%) and optimistic (+10%) models only (Supplementary
Figure 2).

Metals: Using categorical risks, exposure to metals did not lead to an increase in risk of ASD using the global model but decreased using the pessimistic model, and increased using the optimistic model (Supplementary Figure 2).

The meta-analysis on **solvent**, **styrene**, **PAH**, and **pesticide** exposure was based on a maximum of five studies. Solvent and styrene exposure was found to increase the risk of ASD using both the global and optimistic models, whereas the pessimistic model showed a decreased risk following solvent exposure. Pesticide exposure was associated with a decreased risk using the global and pessimistic model. PAH exposure did not modify the risk of ASD (Supplementary Figure 2).

All individual meta-analysis are compiled in Supplementary Figure 4 for normalized OR
(continuous data) and in Supplementary Figure 5 for categorical data (high versus low
exposure).

275

276 Overall meta-analysis

Taking into account all air pollutants levels as categorical levels (high versus low exposure), 277 278 maternal exposure to air pollution was associated with an increased risk of ASD in newborns by 3.9 % using the global model (OR = 1.039, 95% CI 1.031 to 1.048, I2=70.9%), and by 279 12.3% using the optimistic model (1.123, 1.098 to 1.147, I2=83.0%), but not to increase when 280 using the pessimistic model (0.975, 0.960 to 0.991, I2=70.4%). Meta-analysis by 281 periconception periods demonstrated an increased risk during preconception with the 282 optimistic model only, an increased risk during pregnancy with both the global and optimistic 283 models, and an increased risk regardless of the model used during the postnatal period. 284

285

286 Metaregressions and sensitivity analyses

Using categorical levels of exposure, PM2.5 tended to lead to greater increased risk of having 287 a child with ASD compared with exposure to PM10 (coefficient 0.20, 95CI -0.02 to 0.42, 288 289 p=0.073), NOx (coefficient 0.29, 95CI 0.08 to 0.50, p=0.006), and solvents (coefficient 0.24, 95CI 0.04 to 0.44, p=0.017). No other differences between air pollutants exposure were noted, 290 291 nor between periconceptional periods or trimesters. Neither parental age or gender of 292 newborns were found to influence the risk of ASD (Figure 5). Due to insufficient data other sociodemographic variables were not analyzed. Results were similar using continuous levels 293 294 of exposure. For PM2.5 and PM10, meta-analysis depending on the methods to measure air 295 pollutants showed similar results.

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297

298 Discussion

The main findings revealed that air pollution particularly that of PM2.5 during the periconception period was associated with an increased risk of ASD in newborns, in all models used. The level of evidence is poor for other air pollutants. Exposure during pregnancy (first and third trimesters) and postnatal periods may be the most at-risk periods.
The increased risk of ASD following exposure to air pollutants surrounding pregnancy was
not linked with sociodemographic factors.

305

306 Air pollution and risk of ASD in newborns

We demonstrated that global air pollution exposure in the perinatal period is a risk factor for 307 ASD in newborns. Despite a previous meta-analysis ²¹, there is the first to report a risk based 308 309 on consideration of all air pollutants. As, exposures are in general multiple when quantifying risk, it is likely that overall risk is of most interest as reported by other authors 51-53. ASD was 310 311 first described as a disorder in children with problems relating to others, highly sensitive to changes in their environment ⁶². Prevalence of ASD appears to have increases over time ^{63,64} 312 possibly due to a modified definition of ASD, enhanced awareness and improved diagnosis 313 ^{65,66}, but also to a global increase in air pollutants in most megalopolis ^{67,68}. The rigorous and 314 sensitive statistical approach used in this meta-analysis allowed analysis of several included 315 316 studies presenting different data for the same risk (e.g. several models adjusted on different 317 covariables). There are presently no guidelines on how to manage this issue ²². To avoid potential limitations, we created three models for each meta-analysis; a global model based on 318 all risks reported in included articles, a pessimistic model using less favorable risks only 319 (statistically speaking), and an optimistic model using the most favorable risks only. 320 Unsurprisingly, use of optimistic models led to stronger results, but notably, we were unable 321 to demonstrate an increased risk using the pessimistic model based on all air pollutants. 322

323

324 **PM2.5:** a public health issue

Risk of developing ASD in newborns increased using the global and optimistic models only for all air pollutants, with a strong high risk following exposure to PM2.5 whatever the model. Even use of the pessimistic model based on the least favorable data (those with the least

increased risk) revealed a minimum increased risk of 6% (up to 15% using the optimistic 328 329 model). Nearly all individual studies showed that maternal exposure to PM2.5 was associated with increased risk of newborns with ASD ^{39,44,46,47,49,53,54,56,57,59,61}. Thus indicating the high 330 level of evidence concerning the deleterious effects of PM2.5 and related risk of ASD. PM2.5 331 particles appear to be the most dangerous pollutant due to their small size, and high volatility 332 ⁶⁹, able to be transported over longer distances ⁶⁹. They also have a lower sedimentation 333 velocity than other larger particles such as PM10⁶⁹. PM are primarily composed of toxic 334 particles such as PAHs, inorganic particles (sulfate, nitrate, ammonium), or organic carbon 335 metals (copper, iron, nickel) ^{70,71}. As road traffic is one of the primary sources of PM emission 336 ^{19,70,72} and predicted to double over the next twenty years ⁷³, the impact of PM2.5 on health 337 may become a major public health issue ⁷⁴. As diesel is considered to emit more fine PM than 338 gazoline ^{72,75}, it may become a target for future preventive strategy. Levels of evidence are 339 340 poor for the other air pollutants investigated.

341

342 Late pregnancy and early postnatal period: a key developmental periods

Late pregnancy and early postnatal periods were found to be the most at-risk periods for 343 developing ASD following air pollution exposure. These periods are crucial in the 344 development of the infant ¹³, and can influence long-term health outcomes ⁷⁶. Late pregnancy 345 is important for placental function, fetal growth and brain developments and is also the period 346 when maternal and fetal complications can occur, such as gestational diabetes, pre-eclampsia, 347 hypoxia or brain injury ^{77–80}. Our result showing increased risk of ASD during late pregnancy 348 is in accordance with previous meta-analyses ²¹. Similarly, the early postnatal period can also 349 impact health outcomes as has been shown with breastfeeding which may impact a wide 350 range of parameters such as cognition, brain structure, structural development of the heart and 351 lungs, bone health, or atopy ^{81,82}. In comparison with the meta-analysis of Chun et al., we 352

highlighted the detrimental effects of air pollution leading to increased risk of ASD during the postnatal period, being previously analyzed in relation to the prenatal period. Our results show that the most at-risk periods for ASD were early and late pregnancy and the early postnatal period. These results are in accordance with other studies on air pollution that have showed these periods to also be the most at-risk for other birth outcomes such as hypertension, preeclampsia, pre-term birth, or low birthweight ^{83–85}. Both late pregnancy and the early postnatal period appear key phases as regards vulnerability to air pollution ⁴³

360

361 Influence of sociodemographic and other factors

Most often, etiologies of ASD remain unknown. Although, genetic susceptibility has been 362 highlighted as a risk factor ⁸⁶. No included studies in our meta-analysis indicated genetic 363 susceptibility. Two further highlighted risk factors concern parental age and the newborn 364 gender. Several studies have shown that maternal and/or paternal age ^{87,88}, and male gender 365 ^{89,90} were associated with an increased risk of child neurodevelopmental outcomes such as 366 ASD. In our meta-analysis, neither parental age or newborn genders were found to influence 367 risk following exposure to air pollutants. However, our meta-regressions analyzed whether air 368 pollution modifies this risk depending on parental age or newborn genders. Other investigated 369 putative risk factors for ASD include maternal food intake ⁹¹, low birthweight or preterm birth 370 ^{89,92}. As these factors were not assessed in the articles included in our meta-analysis, further 371 analyses were precluded. 372

373

374 Limitations

Our study has some limitations. Despite the large number of studies, some air pollutants were only included in a few studies. Common air pollutants such as PM2.5, PM10, or NOx, were however commonly assessed and as we included a large sample of 395 615 newborns, this

allowed the greater generalizability of our results. Our meta-analysis inherited the limitations 378 of the 28 included studies and was therefore subject to individual bias such as bias of 379 measures of exposure to air pollutants and bias of reporting of ASD. Despite the quality of 380 research reflected in the studies included in our meta-analyses, ASD covers a wide range of 381 severity that was not reported within included articles. Diagnostic method for ASD also 382 differed, limiting quality of data and precluding further analyses, although, most articles used 383 384 National ASD databases thus guaranteeing data accuracy. A further limitation concerns a possible underestimation of our results. Diagnostic evidence of ASD can be underestimated 385 but is unlikely to be overestimated. Similarly, methods for detection or measurement of air 386 387 pollutant exposure differed between studies, thus precluding assessment of dose response effects. In addition despite similarities, population characteristics between studies were not 388 identical. Data were collected in various countries, but excluded developing countries. The 389 majority of studies were conducted in the USA ^{17,39–44,46,48–53,56,57,59–61}, and to a lesser extent in 390 Europe 9-11,47,58. The lack of data from Africa, Asia, and Oceania reduces potential 391 392 generalizability of our results, though. All ethnicities were included. Generalizability of our results may also be lessened due to analysis of single-site studies, even if the majority of 393 included studies were multi-site. As studies differed in their study design, we performed 394 sensitivity analyses allowing demonstration of similar results whatever the design. In our 395 meta-analysis global model, some included studies appeared several times, with different data 396 for the same outcome depending on adjustment models. In the absence of clear consensus and 397 despite having more effect sizes within each meta-analyses when compared with studies 398 included in several highly-regarded published articles published ^{93,94}, the weight of studies 399 may have required ponderation ⁹⁵. This is one of the reasons for use of optimistic and 400 401 pessimistic models when only one data is available for each included article. A further limitation of our meta-analysis concerns included studies using OR adjusted on different 402

403 factors between studies, even if adjusted OR may limit confusion bias. Finally, causality may

404 also be a limitation in retrospective or case-control studies.

405

406 Conclusion

Exposure to air pollution, notably PM2.5 during pregnancy was associated with an increased
risk of ASD in newborns regardless of the model used. The level of evidence concerning
other air pollutants is however poor. Exposure during pregnancy and the postnatal period
appear to be the most at-risk periods.

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412 **References**

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Table 1. Characteristics of studies included in meta-analysis.

As: Arsenic; Ld: Lead; Hg: Mercury; * for median; #: see original articles (Gong 2014: see Figure 2; Kalkbrenner 2010: see Table 2 ; Kalkbrenner 2018: see Table 2)

Study	Country	Study design	Dates of inclusion	Perinatal periods	n ASD/ n total	Air Types	pollutants Mean levels (* for median)	REF used for risk calculation	Concentration for REF of air pollutants	Type of risk	Adjustment of risk	Other variables
Becerra, 2013	USA	Case- control	1995-2006	Pregnancy	7594 / 83229	PM ₁₀ PM _{2.5} NO ² NO O ₃ , CO	-	IQR	PM ₁₀ : 8.3μg/m ³ PM _{2.5} : 4.7μg/m ³ NO ₂ : 10.5ppb NO: 29.7ppb O ₃ :11.5ppb	Odds ratio by IQR increase	Adjusted for maternal age, education, race/ethnicity, maternal place of birth, type of delivery, parity, insurance type, gestational weeks	Maternal place of birth, ethnicity, education, type of delivery, parity, insurance type
Chen, 2018	China	Case- control	2002-2011	Postnatal	124 / 1364	PM ₁ PM _{2.5} PM ₁₀	PM ₁₀ : 95.4μg/m ³ PM _{2.5} : 66.2μg/m ³ PM ₁ : 48.8μg/m ³	IQR	PM ₁₀ : 4.9μg/m ³ PM _{2.5} : 3.4μg/m ³ PM ₁ : 4.8μg/m ³	Odds ratio by IQR increase	Adjusted for birth weight; gestational weeks; disease, trauma, and mental health history; maternal age; familial history; parents' marital status, education, smoking, income; parental relationship; parenting	Gender
Dickerson, 2015	USA	Cohort	1992-2000	Pregnancy	2489 / 2489	Metals	-	>50 th centile of industrial facilities	>50 th centile: 46.9km from industry	Relative Risk by 10th centile	Crude and adjusted for ethnicity and maternal education	Gender
Dickerson, 2016	USA	Cohort	2000-2008	Preconception Pregnancy	2489 / 2489	Metals	-	1 st quartile	As:<0.02ng/m ³ Ld::<1.49ng/m ³ Hg:<1.52ng/m ³	Relative Risk by quartile	Crude and adjusted for ethnicity, education, poverty	-
Gong, 2014	Sweden	Case- control	1992-2000	Pregnancy Postnatal	109 / 3051	PM ₁₀ NOx	PM ₁₀ : 3.3- 4.2μg/m ³ NOx: 5.4- 12.7μg/m ³	<5 th percentile	#	Relative Risk for >95 th percentile vs <5 th and by severity of ASD	Crude and adjusted for parity gender	Birth weight, ethnicity, gestational age, zygosity
Gong, 2017	Sweden	Case- control	1993-2007	Pregnancy Postnatal	5136 / 23373	PM ₁₀ NOx	PM ₁₀ : 4.2- 4.4μg/m ³ NOx: 9.8- 11.0μg/m ³	Arbitrary cut-off	PM ₁₀ : <10μg/m ³ NOx: <20μg/m ³	Odds ratio by 10µg/m ³ increase in PM ₁₀ and 20µg/m ³ in NOx	Crude and adjusted for sex; birth month; sibling order; parents' age, education, employment, income, birth countries; marital status; neighborhood deprivation	Birth weight, congenital malformation, intellectual disability
Goodrich, 2019	USA	Case- control	1997-2008	Pregnancy	346 / 606	PM ₁₀ PM _{2.5} NOx O ₃	-	< median	PM ₁₀ : <22.9 μg/cm ³ PM _{2.5} : <12.4μg/cm ³ NOx: <14.2ppb O ₃ : <33.4μg/cm ³	Odds ratio for > median vs < median	and zinc intake during prednancy	Maternal age, education, birthplace; child ethnicity, sex; home ownership; preterm delivery; parity; gestational diabetes
Guxens, 2016	Europe (Italy, Spain, Nether- lands, Sweden)	Cohort	1992-2008	Pregnancy	541 / 8079	PM ₁₀ PM _{2.5} NO ₂	*PM ₁₀ : 15- 46µg/m ³ *PM _{2.5} : 8- 22µg/m ³ *NO ₂ : 17- 42µg/m ³ *NO _x : 34- 70µg/m ³	Arbitrary cut-off	*PM ₁₀ : <10µg/m ³ *PM _{2.5} : <5µg/m ³ *NO ₂ : <10µg/m ³ *NO _x : <20µg/m ³	Odds ratio by 10μg/m ³ increase in PM ₁₀ and NO2, and 5μg/m ³ in PM ₅ and 20μg/m ³ in	Adjusted for maternal education, country of birth, age, body mass index, height, smoking, parity, urbanicity; child's sex, season at birth, age at ASD diagnosis	- 24

										NOx		
Jo, 2019	USA	Cohort	1999-2009	Pregnancy Postnatal	2471 / 246420	PM ₁₀ PM _{2.5} NO ₂ O ₃	PM ₁₀ : 38.1μg/m ³ PM _{2.5} : 17.9μg/m ³ NO ₂ : 25.1ppb O ₃ : 41.6ppb	<5 th percentile	#	Hazard ratio for >95 th vs <5 th percentile	Adjusted for birth year, medical center, maternal age, ethnicity, parity, education, comorbidities; household income, child sex	-
Kalkbrenner, 2010	USA	Case- control	1992-1994 1994-1996	Perinatal	383 / 2829	Metals Solvents Styrene Pesticides PAHs	# (0.00001- 2108 μg/m ³ depending on air pollutants)	<20 th percentile	#	Odds ratio for >80 th percentile vs <20 th	Adjusted for maternal age, education, ethnicity, smoking; marital status; household income; urbanicity	Gender, first born, married
Kalkbrenner, 2015	USA	Case- control	1994- 1996- 1998-2000	Preconception Pregnancy Postnatal	645 / 13079	PM ₁₀	PM ₁₀ by groups: 21.8-24.3μg/m ³	Arbitrary cut-off	PM ₁₀ : <10µg/m ³	Odds ratio by 10µg/m ³ increase in PM ₁₀	Adjusted for maternal age, ethnicity, education; household income, urbanization, week of birth	Gender, smoking, married
Kalkbrenner, 2018	USA	Case- control	1994-2007	Pregnancy	1540 / 2017	Metals PAHs Solvents Styrene Pesticides	# (155 pollutants)	<25 th percentile (or (<5 th), and log- transformed	#	Odds ratio for >75 th vs <25 th (or >95 th vs <5 th)	Adjusted for air toxic levels in the family, birth year, education, income, population density	Gender, ethnicity, maternal age, number in siblings
Kaufman, 2019	USA	Case- control	2006-2010	Pregnancy Postnatal	428 / 6420	PM _{2.5} O ₃	РМ _{2.5} : 66.2µg/m ³ О ₃ : 48.8µg/m ³	<5 th percentile and IQR	<5 th percentile: data not shown IQR: PM _{2.5} : 3.5μg/m ³ O ₃ : 16ppb	Odds ratio for >95 th vs <5 th percentile and by IQR increase	Adjusted for year of birth; maternal education, body mass index, birth spacing, month of conception, pollutants	Gender; maternal age, ethnicity, smoking, body mass index; gestational age, birth weight, previous births
Kim, 2017	USA	Case- control	1999-2008	Pregnancy Postnatal	158 / 147	PM ₁₀ PM _{2.5} NO ₂ O ₃	PM ₁₀ : 6.2μg/m ³ PM _{2.5} : 3.7μg/m ³ NO ₂ : 5.7ppb O ₃ : 6.2 ppb	<75 th percentile	data not shown	Odds ratio for >75 th vs <75 th percentile	Adjusted for education, ethnicity, child's sex	-
MCGuinn, 2020	USA	Case- control	2003-2006	Preconception Pregnancy Postnatal	674 / 1529	PM _{2.5} O ₃	PM _{2.5} : 12.7μg/m ³ O ₃ : 35.1ppb	Arbitrary cut-off	PM ₁₀ : <1.6µg/m ³ O ₃ [:] <6.6 ppb	Odds ratio by 1.6 μg/m ³ in PM _{2.5} and 6.6 ppb in O ₃	Adjusted for maternal age, education, ethnicity, smoking; study site; month and year of birth; exposure time	Gender, preterm
Oudin, 2019	Sweden	Cohort	1999-2009	Pregnancy	768 / 47865	NOx	NOx: 17.7µg/m ³	<1 st quartile and arbitrary cut-off	1 st quartile: <11.3 μg/m ³ Arbitrary cut-off: NOx: 10μg/m ³	Odds ratio by quartile and by 10µg/m ³ in NOx	Adjusted for gender of child; maternal age, parity, smoking, body mass index, education, income, country of birth	-
Pagalan, 2018	Canada	Cohort	2004-2009	Pregnancy	1307 / 132256	PM _{2.5} NO NO ₂	PM _{2.5} : 5.0- 5.7μg/m ³ NO ₂ : 13.5- 16.0μg/m ³ NO: 11.0- 16.0μg/m ³	IQR	РМ _{2.5} : 1.5µg/m ³ NO ₂ : 4.8ppb NO ₂ : 10.7ppb	Odds ratio by IQR increase	Crude and adjusted for gender, income, urbanicity, month and year of birth, maternal age, birthplace	Gestational age, multiple birth, parity
Raz, 2015	USA	Case- control	1993	Preconception Pregnancy Postnatal	245 / 1767	PM _{2.5}	PM _{2.5} : 14.6μg/m ³	IQR	PM _{2.5} : 4.42µg/m ³	Odds ratio by IQR increase	Crude and adjusted for child sex, year and month of birth, parents age, income	Birth weight, education, marital status, prematurity, smoking
Raz, 2017	Israel	Case- control	2005-2009	Pregnancy Postnatal	2098 / 56289	NO ₂	*NO ₂ : 16.7ppb	IQR	NO2: 5.85ppb	Odds ratio by IQR increase	Adjusted for year and month of birth, ethnicity, paternal age, poverty	Birth weight, gestational age, income, population group, multiplicity of birth

Ritz, 2018	Denmark	Case control	1989-2013	Pregnancy Postnatal	15387 / 83526	PM ₁₀ PM _{2.5} NO ₂ SO ₂	-	IQR	PM ₁₀ : 3.80μg/m ³ PM _{2.5} : 3.61μg/m ³ NO ₂ : 11.41μg/m ³ SO ₂ : 2.80μg/m ³	Odds ratio by IQR increase	Crude and adjusted for parental age, birth place, neighborhood employment and housing, maternal smoking, pollutants exposure periods	Gender, birth weight, gestational age
Roberts, 2013	USA	Case- control	1987-2002	Postnatal	325 / 22426	Metals	-	1 st quintile	<1 st quintile: data not shown	Odds ratio by quintile	Adjusted for maternal age, year of birth, parents' education, income, and year	Gender, state of residence at birth, smoking
Talbott, 2015a	USA	Case- control	2005-2009	Preconception Pregnancy Postnatal	211 / 430	PM _{2.5}	PM _{2.5} : 15µg/m ³	IQR	PM _{2.5} : 2.84µg/m ³	Odds ratio by IQR increase	Crude and adjusted for maternal education, smoking, ethnicity, and age	Year and country of birth, multiple birth, birth weight, preterm birth
Talbott, 2015b	USA	Case- control	2005-2009	Pregnancy	216 / 4971	Metals Solvents PAHs Pesticides	# (30 pollutants)	1 st quartile	<1 st quintile: #	Odds ratio by quartile	Adjusted for maternal age, education, smoking, ethnicity, child's birth year and sex	Country of birth
Volk, 2011	USA	Case- control	1997-2006	Pregnancy	304 / 259	PM ₁₀ PM _{2.5} NOx O ₃	-	Last quartile of distance from freeway	Last quartile: >1.4km from freeway	Odds ratio by quartile	Adjusted for child sex, ethnicity; parents education; maternal age and smoking	Preterm delivery
Volk, 2013	USA	Case- control	1997-2008	Pregnancy Postnatal	279 / 524	PM ₁₀ PM _{2.5} NOx O ₃	-	1 st quartile	1 st quartile: <9.7ppb of global traffic air pollution levels	Odds ratio by quartile	Crude and adjusted for child's sex, ethnicity; parents education; maternal age and smoking	-
Volk, 2014	USA	Case- control	1997-2009	Pregnancy	251 / 156	PM ₁₀ PM _{2.5} NOx O ₃	-	<25 th percentile	PM ₁₀₅ ⁻ <29.2µg/m ³ PM _{2.5} ⁻ <16.0µg/m ³ NOx ₅ ⁻ <17.5ppb O ₃ :<41.8ppb	Odds ratio for >75 th vs <25 th percentile	Adjusted for child's sex, ethnicity; parents education; maternal age and smoking; home ownership	-
Yousefian, 2018	Iran	Case- control	2004-2012	Pregnancy	134 / 388	PM ₁₀ SO ₂ Solvents	PM ₁₀ : 105.1- 107.9μg/m ³ SO ₂ : 22.8- 26.4ppb Solvents: 60.7μg/m ³	per 1-unit increase in pollutants	per 1-unit increase in pollutants	Odds ratio per 1-unit increase in pollutants	Adjusted for maternal age, smoking; parents education; cousin marriage; birth order, gestational age, multiplicity, parents comorbidities	Gender, type of delivery
Windham, 2013	USA	Case- control	1994	Pregnancy	284 / 943	Solvents Pesticides Metals	-	Exposed workers vs non-exposed workers	Non-exposed workers: no concentrations given	Odds ratio exposed versus non- exposed workers	Crude and adjusted for child ethnicity, maternal age and education	Gender; paternal age, education; parity; birth weight; prematurity

Figure Legends

Figure 1. Search Strategy

Figure 2. Methodological quality of included articles using the SIGN checklist

Figure 3. Meta-analysis on risk of autism by air pollutant depending on perinatal periods (preconception, pregnancy and postnatal), using normalized Odds ratio (continuous data - incremental risk).

When available (more than one study), we computed three models for each meta-analysis (a global model using all risks listed in included articles, a pessimistic model using only the less favorable data, and an optimistic model using only the most favorable).

95%CI: 95% confidence intervals. Each meta-analysis is represented in the forest-plot by a dot on a horizontal line, with the corresponding number of articles (n studies (subgroups)) included within the meta-analysis. The white dots represent the odds ratio (OR), and the length of each line around the dots represent its 95% confidence interval (95CI). An overall summary pooled-estimate (result of the meta-analysis of meta-analyses) is represented by a blue lozenge at the end of the graph. The black solid vertical line represents the null estimate (with a value of 1 for OR). Horizontal lines that cross the null vertical line (OR=1) represent non-significant studies.

Figure 4. Meta-analysis on risk of autism for PM2.5 depending on trimester of pregnancy (first, second, third), using normalized Odds ratio (continuous data - incremental risk).

When available (more than one study), we computed three models for each meta-analysis (a global model using all risks listed in included articles, a pessimistic model using only the less favorable data, and an optimistic model using only the most favorable).

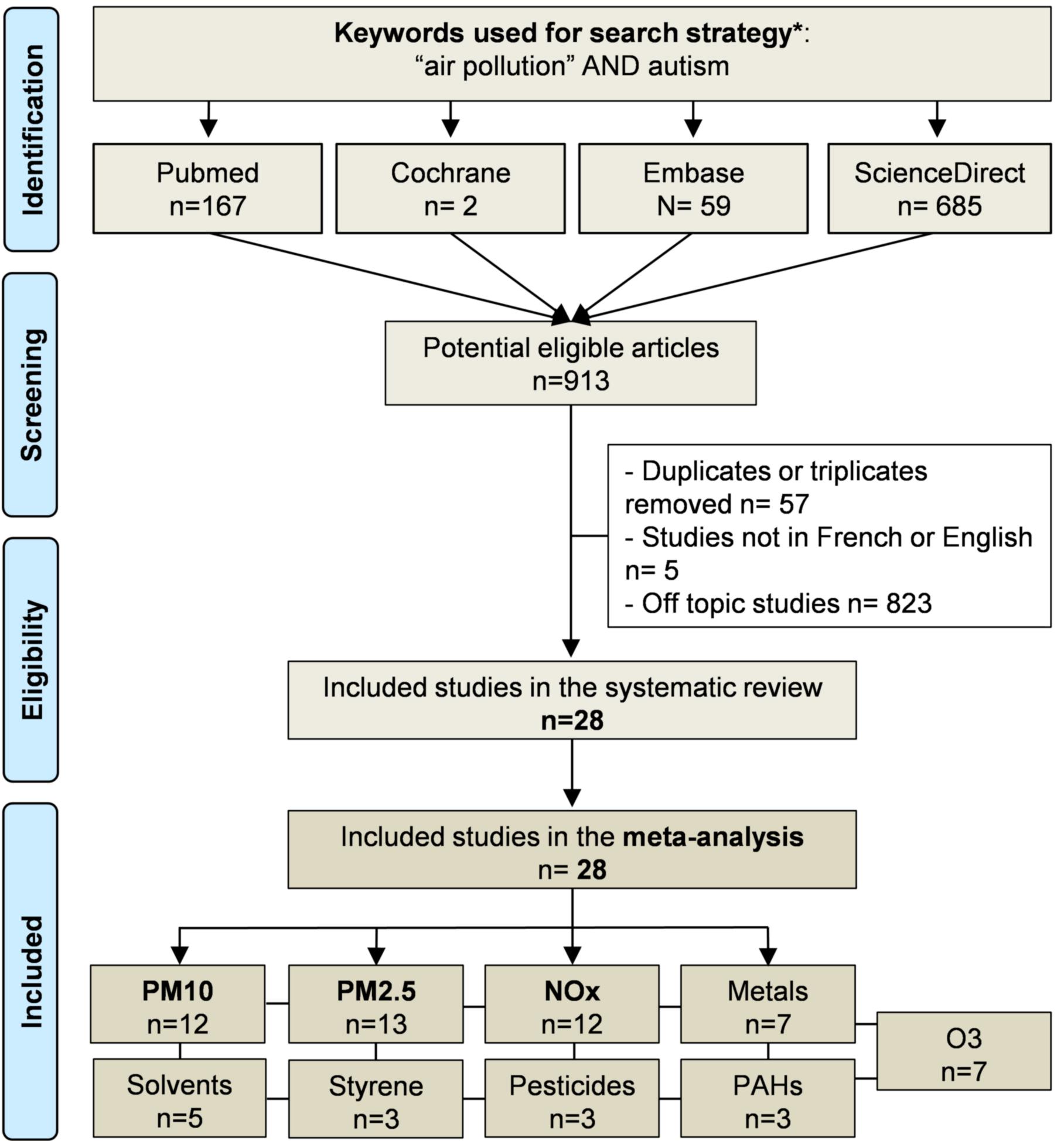
95%CI: 95% confidence intervals. Each meta-analysis is represented in the forest-plot by a dot on a horizontal line, with the corresponding number of articles (n studies (subgroups)) included within the meta-analysis. The white dots represent the odds ratio (OR), and the length of each line around the dots represent its 95% confidence interval (95CI). An overall summary pooled-estimate (result of the meta-analysis of meta-analyses) is represented by a blue lozenge at the end of the graph. The black solid vertical line represents the null estimate (with a value of 1 for OR). Horizontal lines that cross the null vertical line (OR=1) represent non-significant studies.

Figure 5. Meta-regressions

95%CI: 95% confidence intervals; t0: baseline; † Dropped because of collinearity.

The effect of each variable on the outcome is represented in the forest-plot by a dot on a horizontal line. The white dots represent the coefficient for each variable, and the length of each line around the dots represent their

95% confidence interval (95CI). The black solid vertical line represents the null estimate (with a value of 0). Horizontal lines that cross the null vertical line are non-significant variables.



		[Sele bia		1		Asse me bia	nt	Con- foun- ding bias		Overall assess- ment			
	Appropriate and clearly focused question	Selection bias (comparable groups)	Selection bias (same exclusion criteria in both groups)	Selection bias (participation rate of both groups)	Attrition bias (comparison included/non-included)	Adequate case definition	Controls are non-cases ?	Detection bias (blind assessments)	Detection bias (exposure status is well measured)	Potential confounders taken into account	Confidence intervals are provided	To minimise the risk of bias or confounders	Overall effect is due to the study intervention	Results applicable to the patient group targeted	General level of evidence
Becerra 2013	Ŧ	+	+	100	Ŧ	Ŧ	÷	NA	+	+	•	•	•	•	•
Chen 2018	+	+	+	100	+	Ŧ	Ŧ	NA	+	+	+	++	+	Ŧ	++
Gong 2014	+	+	+	69	+	Ŧ	•	NA	+	?	+	+	+	Ŧ	+
Gong 2017	+	+	+	100	+	Ŧ	Ŧ	NA	+	Ŧ	+	+	+	Ŧ	++
Goodrich 2019	+	+	+	80	+	Ŧ	Ŧ	NA	+	Ŧ	+	+	+	Ŧ	Ŧ
Guxens 2016	+	+	+	62	+	Ŧ	Ŧ	NA	+	+	+	++	+	Ŧ	••
Kalkbrenner 2010	+	+	Ŧ	?	?	Ŧ	Ŧ	NA	Ŧ	+	+	0	+	Ŧ	Ŧ
Kalkbrenner 2015	+	+	Ŧ	9 3	•	Ŧ	Ŧ	NA	Ŧ	+	+	Ŧ	+	Ŧ	Ŧ
Kalkbrenner 2018	+	+	+	100	+	Ŧ	Ŧ	NA	+	+	+	•	+	Ŧ	•
Kaufman 2019	+	+	+	?	+	+	Ŧ	NA	+	+	+	+	+	Ŧ	+
Kim 2017	+	+	+	79	?	+	Ŧ	NA	+	+	+	••	+	Ŧ	+
MCGuinn 2020	+	+	+	?	?	+	Ŧ	NA	+	+	+	••	+	+	••
Raz 2015	+	+	+	88	•	Ŧ	Ŧ	NA	+	+	+	+	+	+	+
Raz 2017	+	+	Ŧ	99	+	Ŧ	Ŧ	NA	Ŧ	+	+	Ŧ	+	Ŧ	•
Ritz 2018	+	+	+	71	+	Ŧ	Ŧ	NA	Ŧ	+	+	Ŧ	+	Ŧ	Ŧ
Roberts 2013	+	+	Ŧ	84	•	Ŧ	•	NA	Ŧ	+	+	Ŧ	+	Ŧ	•
Talbott 2015a	+	+	+	98	+	Ŧ	+	NA	+	Ŧ	+	+	+	Ŧ	+
Talbott 2015b	+	+	+	81	?	Ŧ	+	NA	+	+	+	+	+	•	+
Volk 2011	+	+	+	100	+	Ŧ	+	NA	+	+	+	+	+	Ŧ	+
Volk 2013	+	+	+	100	+	Ŧ	+	NA	+	+	+	Ŧ	+	Ŧ	+
Volk 2014	+	+	+	63	•	Ŧ	+	NA	Ŧ	+	+	Ŧ	+	Ŧ	Ŧ
Yousefian 2018	•	+	Ŧ	96	?	Ŧ	•	NA	Ŧ	+	Ŧ	+	+	+	•
Windham 2012	Ŧ	Ŧ	Ŧ	?	?	Ŧ	Ŧ	NA	Ŧ	Ŧ	+	0	Ŧ	Ŧ	Ŧ

	[1		ias	•		[A	sses men bias	t	f	Con- oun- ding bias	Sta ti- stic		Over asses men	-8 5)
Appropriate and clearly focused question	Selection bias (comparable groups)	Selection bias (participation rate)	Performance bias (use of sensitivity analyses)	Attrition bias (% of patients lost sight)	Attrition bias (comparison included/lost sight)	Outcomes clearly defined	Detection bias (blind assessments)	Detection bias (process measures are comparable)	Detection bias (measure of assessment is reliable)	Detection bias (outcome measures are defined)	Detection bias (exposure level is assessed)	Confusion bias (confounders taken into account)	Confidence intervals are provided	To minimise the risk of bias or confounders	Clear evidence of link between exposure & outcome	Results applicable to the patient group targeted	General level of evidence
ickerson 2015 🛛 🕂	NA	Ŧ	Ŧ	0	NA	+	NA	NA	+	+	+	+	+	•	Ŧ	Ŧ	•
ickerson 2016 🛛 🔸	NA	Ŧ	+	2.7	NA	+	NA	NA	+	+	+	+	+	+	Ŧ	+	•
o 2019 🛛 🔸	+	Ŧ	+	?	NA	+	NA	+	+	+	+	+	+	+	Ŧ	•	••
udin 2019 🛛 🔒	+	Ŧ	+	?	?	Ŧ	NA	Ŧ	Ŧ	Ŧ	+	Ŧ	Ŧ	+	Ŧ	Ŧ	••
agalan 2018 🛛 🔸	+	Ŧ	+	?	?	+	NA	+	+	+	+	+	+	+	Ŧ	+	++

Case control studies

Cohort studies

			n studies	I-squared	Risk using normalized OR	Odds Ratio	Weight
			(subgroups)	(%)	(continuous data)	(95% CI)	(%)
		Preconception	3 (9)	12.1	· ·	1.17 (1.00 to 1.33)	2.5
	Global	Pregnancy	8 (36)	23.4	•	1.05 (1.03 to 1.07)	71.7
	model	Postnatal	7 (15)	23.1	-0-	1.11 (1.06 to 1.15)	24.5
		Overall	10 (62)	30.1	•	1.07 (1.05 to 1.09)	100
PM2.5		Preconception	3 (3)	19.5		1.17 (0.94 to 1.39)	6.5
(risk per	Pessimistic	Pregnancy	8 (8)	42.1	+	1.04 (0.97 to 1.11)	69.0
5µg/m3	model	Postnatal	4 (4)	3.3	—	1.07 (0.98 to 1.16)	24.5
increase)		Overall	9 (15)	30.6		1.05 (1.00 to 1.11)	100
,		Preconception	3 (3)	51.4		1.20 (0.83 to 1.56)	7.7
	Optimistic	Pregnancy	6 (6)	41.6		1.16 (1.06 to 1.26)	50.9
	model	Postnatal	5 (5)	0.0		1.16 (1.11 to 1.21)	41.4
		Overall	8 (14)	35.8		1.15 (1.10 to 1.21)	100
		Preconception	1 (2)	1.6		0.99 (0.92 to 1.05)	1.9
	Global	Pregnancy	8 (33)	35.6	0	0.98 (0.97 to 1.00)	65.2
	model	Postnatal	6 (29)	32.1	ρ Γ	1.01 (0.99 to 1.02)	32.9
		Overall	9 (64)	36.5	•	0.99 (0.98 to 1.00)	100
PM10	_	Preconception	1 (1)	0	<u> </u>	0.96 (0.88 to 1.04)	3.9
(risk per	Pessimistic	Pregnancy	7 (9)	45.5	-	0.96 (0.94 to 0.99)	73.0
5µg/m3	model	Postnatal	4 (6)	0.0	-9-	0.99 (0.95 to 1.02)	23.1
increase)		Overall	7 (16)	22.6	•	0.97 (0.95 to 0.99)	100
		Preconception	1 (1)	0.0	<u> </u>	1.03 (0.92 to 1.14)	2.2
	Optimistic	Pregnancy	7 (9)	24.8	Ŷ	1.01 (0.98 to 1.03)	59.7
	model	Postnatal	5 (7)	0.0	O-	1.02 (1.00 to 1.05)	38.1
		Overall	7 (17)	0.4	<u> </u>	1.01 (1.00 to 1.03)	100
	Global	Pregnancy	8 (70)	78.0	0	1.02 (1.01 to 1.03)	76.5
	model	Postnatal	4 (20)	85.8	-0-	1.02 (0.98 to 1.06)	23.5
NOx	model	Overall	4 (32)	82.2		1.02 (1.01 to 1.03)	100
(risk per	Pessimistic	Pregnancy	8 (12)	48.4	-	0.99 (0.97 to 1.02)	71.8
10µg/m3	model	Postnatal	4 (5)	55.6	-	1.02 (0.97 to 1.07)	28.2
	moder	Overall	8 (17)	50.4	<u> </u>	1.00 (0.98 to 1.02)	100
increase)	Optimistic	Pregnancy	8 (11)	92.3	·	1.04 (1.00 to 1.09)	70.4
	model	Postnatal	4 (5)	91.3	+	1.07 (0.96 to 1.18)	29.6
	moder	Overall	8 (16)	93.5	- - -	1.05 (1.01 to 1.09)	100
					I		

0.8 1 1.2 1.4

	n studies	I-squared	Risk using normalized OR	Odds Ratio	Weight
	(subgroups)	(%)	(continuous data)	(95% CI)	(%)
PM2.5					
Global model			1		
First trimester	4 (6)	0.0	O	1.07 (1.01 to 1.13)	35.4
Second trimester	4 (6)	0.0		1.04 (0.99 to 1.10)	34.1
Third trimester	4 (6)	0.0	O	1.06 (1.00 to 1.13)	30.5
Overall pregnancy	4 (18)	0.0	↓	1.06 (1.02 to 1.09)	100
Pessimistic model					
First trimester	3 (3)	0.0		1.07 (1.01 to 1.13)	35.1
Second trimester	3 (3)	0.0		1.04 (0.98 to 1.10)	34.3
Third trimester	3 (3)	0.0	O	1.07 (1.00 to 1.13)	30.6
Overall pregnancy	3 (9)	0.0	│ <u> </u>	1.06 (1.02 to 1.10)	100
Optimistic model					
First trimester	3 (3)	0.0	O	1.07 (1.01 to 1.14)	35.2
Second trimester	3 (3)	0.0	O	1.04 (0.98 to 1.10)	34.3
Third trimester	3 (3)	0.0	O	1.07 (1.00 to 1.13)	30.5
Overall pregnancy	3 (9)	0.0		1.06 (1.02 to 1.10)	100
		0.9	1 1.1		

		· · · · · · · · · · · · · · · · · · ·	p-value
		(95% CI)	(%)
All Age of mothers	4	$0.05 (0.12 \pm 0.02)$	0.16
Age of mothers Age of fathers	<u> </u>	-0.05 (-0.13 to 0.02) 0.03 (-0.19 to 0.25)	0.16
Sex of newborn, male as reference		0.00 (0.00 to 0.18)	0.21
Comparisons between pollutants		0.00 (0.00 to 0.10)	0.21
PM2.5 vs PM10		0.20 (-0.02 to 0.42)	0.073
PM2.5 vs NOx		0.29 (0.08 to 0.50)	0.006
PM2.5 vs O3	– –	0.15 (-0.07 to 0.39)	0.19
PM2.5 vs Metals	+>-	0.16 (-0.04 to 0.36)	0.13
PM2.5 vs Solvents		0.24 (0.04 to 0.44)	0.017
PM10 vs NOx		0.09 (-0.10 to 0.28)	0.37
PM10 vs O3	-0-	-0.05 (-0.26 to 0.17)	0.67
PM10 vs Metals		-0.05 (-0.23 to 0.14)	0.62
PM10 vs Solvents		0.04 (-0.14 to 0.22)	0.68
NOx vs O3		-0.13 (-0.34 to 0.07)	0.19
NOx vs Metals		-0.13 (-0.29 to 0.03)	0.12
NOx vs Solvents	-9-	-0.05 (-0.21 to 0.11)	0.56
O3 vs Metals	- 	0.00 (-0.19 to 0.20)	0.99
O3 vs Solvents	-	0.09 (-0.11 to 0.28)	0.38
Metals vs Solvents		0.08 (-0.07 to 0.24)	0.29
Comparisons between periconceptional periods			0.05
Preconception vs pregnancy		-0.01 (-0.28 to 0.26)	0.95
Preconception vs postnatal	7	0.02 (-0.27 to 0.32)	0.88
Pregnancy vs postnatal	<u> </u>	0.03 (-0.11 to 0.17)	0.66
PM2.5		$0.04 (0.21 \pm 0.22)$	0.77
Age of mothers Age of fathers		-0.04 (-0.31 to 0.23) 0.05 (-0.27 to 0.37)	0.77
Sex of newborn, male as reference		0.03 (-0.01 to 0.07)	0.20
Comparisons between periconceptional periods	- Ĭ	0.03 (-0.01 to 0.07)	0.20
Preconception vs pregnancy		- 0.18 (-0.49 to 0.85)	0.6
Preconception vs postnatal		• 0.02 (-0.72 to 0.76)	0.95
Pregnancy vs postnatal		-0.16 (-0.58 to 0.27)	0.47
Comparisons between stages of pregnancy			••••
First vs second trimester		-0.07 (-0.78 to 0.64)	0.84
First vs third trimester	0	0.09 (-0.56 to 0.73)	0.78
Second vs third trimester		- 0.16 (-0.62 to 0.94)	0.68
PM10			
Age of mothers		-0.11 (-0.48 to 0.26)	0.56
Age of fathers		-0.03 (-0.8 to 0.86)	0.94
Sex of newborn, male as reference	Ŷ	0.01 (-0.02 to 0.04)	0.45
Pregnancy vs postnatal	<u></u>	-0.03 (-0.31 to 0.26)	0.86
NOx			0.50
Age of mothers		-0.10 (-0.43 to 0.23)	0.56
Age of fathers		-0.08 (-0.76 to 0.60)	0.81
Sex of newborn, male as reference		0.01 (-0.02 to 0.04)	0.53
Pregnancy vs postnatal	_ <u></u>	0.15 (-0.10 to 0.41)	0.24
O3 Age of mothers		+	
Age of fathers		insufficient observatio	ne
Sex of newborn, male as reference		0.03 (-0.05 to 0.12)	0.44
Comparisons between periconceptional periods		0.00 (-0.00 to 0.12)	0.44
Preconception vs pregnancy		0.06 (-1.14 to 1.26)	0.92
Preconception vs postnatal		0.00 (-1.24 to 1.24)	0.99
Pregnancy vs postnatal		-0.06 (-0.47 to 0.34)	0.75
Metals			0.10
Age of mothers	- ÷	0.02 (-0.08 to 0.13)	0.63
Age of fathers		0.28 (-1.41 to 1.97)	0.74
Sex of newborn, male as reference	¢	0.01 (0.00 to 0.02)	0.21
Comparisons between periconceptional periods			
Preconception vs pregnancy	->	-0.11 (-0.45 to 0.23)	0.52
Preconception vs postnatal		-0.10 (-0.54 to 0.34)	0.66
Pregnancy vs postnatal		0.01 (-0.32 to 0.34)	0.94
Solvents			
Age of mothers		†	
Age of fathers	0	0.30 (-0.68 to 2.20)	0.3
Sex of newborn, male as reference		-0.02 (-6.75 to 1.42)	0.2
	1	-	
-2	0	2	

The risk of ASD following air pollutants exposure during pregnancy



	n studies	Odds Ratio (95%CI)
	(subgroups)	
PM2.5 (per 5µg/m3 ir	ncrease)	
Global model	10 (62)	↔
Pessimistic model	9 (15)	—
Optimistic model	8 (14)	—
PM10 (per 5µg/m3 in	crease)	
Global model	9 (64)	◆
Pessimistic model	7 (16)	- - -
Optimistic model	7 (17)	←
NOx (per 10µg/m3 in	crease)	
Global model	4 (32)	 Image: A set of the set of the
Pessimistic model	8 (17)	+
Optimistic model	8 (16)	
	0.8 Decreased ris of ASD	1 1.2 sk Increased risk of ASD