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# Contribution of grain sorting to the bedload active layer dynamics

Alain RECKING<sup>1</sup>, Daniel VAZQUEZ<sup>2, 3</sup>, Guillaume PITON<sup>1</sup>

#### **Abstract**

During the last 20 years, numerous sediment transport flume experiments have shown that grain sorting generates bed level fluctuations and bedload pulses. In this work, we first propose a new analysis of these experimental data. From this analysis, we derive a model for gravel bed rivers where both local slope and bedload are known to largely fluctuate through space and time, in the socalled 'bedload active layer'. The model considers a maximum slope for local armoring equals to the mean bed slope affected by a coefficient which expresses the difference of mobility of the coarse fraction considered alone or in a mixture, and a minimum local slope for bed erosion equals to the mean bed slope corrected by a coefficient that depends on the armor ratio A<sub>r</sub> (ratio of the surface to the sub-surface grains diameter) and the reach-averaged transport rate. The model is then compared with a compilation of scour-fill depths measured in the field. Results suggest that the slope fluctuations in 1D flume experiments are consistent with in-channel bed-level fluctuations associated to scour-fill processes in the active layer, with a maximum scour depth which is slope dependent. For the pulse intensity, we provide a justification to the simplified squared slope equation used to compute solid concentration  $C = Qs/Q \propto S^2$  (with Qs the solid discharge, Q the water discharge and S the slope), which has often been used in place of standard bedload equations for modelling highly concentrated bedload transport events in mountain streams.

#### **Plain Language Summary**

Understanding how sediments are transported by rivers is essential because they largely control flood hydraulics, channel morphology and river ecology. What happens at the flow-grains interface is however complex, and for modelling purposes, it has for long been represented by a conceptual layer called the bedload 'active layer'. In this work we reanalyze existing flume results aimed at unraveling the physical mechanism acting within the streambed, both in the granular zone and in contact with the flow. We propose a model which is then successfully tested against available field measurements. This model confirms that the pulsating nature of bedload in gravel bed rivers can largely be explained by grain sorting dynamics in the active layer.

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#### 1. Introduction

Grain (size) sorting is a very efficient process by which grains of different size interact in a mixture. This process is omnipresent in all parts of the physics involving granular flows, and has large implications from industry to environment [Andreotti et al., 2011]. Mixture of grains also characterizes riverbed sediments, where evidences of grain sorting can be observed almost everywhere, both in the vertical and horizontal plans as shown in Figure 1.

Two main processes can drive grains to behave different ways in a mixture and finally to a spatial segregation of the different size classes in presence. The first process is a surface process, where smaller (and thus lighter) grains are more mobile than larger (and thus heavier) grains for a given shear stress exerted by the flow. However, such simple process is not always verified at the reach scale in riverbeds composed of a wide size range, because of hiding- and sur-exposing effects [Einstein and Chien, 1953; Egiazaroff, 1965; Parker and Klingeman, 1982]: despite they are lighter, finer grains are less mobile when protected by coarser immobile grains; conversely the mobility of the larger grains can be enhanced because of their larger exposure to the flow. At the reach scale, the most typical morphological feature associated with surface sorting is bed patchiness (Figure 1a) [Paola and Seal, 1995; Nelson et al., 2009; Guerit et al., 2014]. At a larger scale, it causes (in combination with abrasion) downstream fining, which means that finer sediments, lighter, are transported preferentially in the downstream direction [Seal et al., 1997; Toro-Escobar et al., 1997]. The second process responsible for segregation is a vertical motion of sediments within the mixture. The simplest form consists in infiltration or percolation of small grains in the voids between larger immobile grains [Perret et al., 2018]. But vertical sorting gains strongly in efficiency when the mixture becomes mobile, through the combined mechanisms of gravity-driven kinetic sieving [Middleton, 1970] and squeeze expulsion [Savage and Lun, 1988]. The result is a rapid migration of the coarser grains towards the surface and the burial of finer ones. This process which is present in all environments [Rosato et al., 1987] has been well described in dry granular flows [Gray, 2018] and have important implications for bedload transport in rivers [Frey and Church, 2009; Bacchi et al., 2014]. The main morphological feature associated with vertical sorting is bed armoring (Figure 1b), where a surface composed of large grains lies over a subsurface comprising much finer grains. Bedsurface armoring is very common in gravel bed rivers where it may be persistent during flood events [Wilcock and Mc Ardell, 1993; Church et al., 1998; Wilcock and Detemple, 2005; Clayton and Pitlick, 2007] because the shields stress is considered to barely exceed 1.2 times the critical Shield stress [Parker, 1978; Andrews, 1983] (i.e. the mixture is frequently 'shaken' but rarely fully and deeply destroyed and remobilized).

The study of grain sorting in sediment transport flume experiments can be traced back to early works [Gilbert, 1914; Iseya and Ikeda, 1987; Kuhnle and Southard, 1988; Lisle et al., 1991] but a growing interest to this question can be observed since the early 2000s [Kleinhans, 2002; Recking, 2006; Blom et al., 2008; Madej et al., 2009; Nelson et al., 2009; Bacchi et al., 2012; Saletti et al., 2015; Perret et al., 2018]. Results, obtained with a large range of slopes (from 0.5 to >10%), grain size distributions (sand to coarse gravel) and mixtures (unimodal to multimodal) have confirmed the very strong impact of grain sorting on bedload transport and the local morphodynamics (Figure 1c). Among interesting results these experiments have shown that even under quasi constant hydraulic conditions, bed surface armoring is not a uniform and constant process, but contrarily, is highly fluctuating through space and time, with successive local armor construction and destruction promoting very efficient exchanges between the transported and the bed material. The consequence is a very fluctuating bed state (local surface grain size and topography) associated with a bedload layer which is not a continuous carpet, but instead a succession of sediment pulses.



Figure 1: (a) Surface sorting resulting in bed patchiness (b) Vertical sorting resulting in bed armoring with a coarse layer at the surface and fine sediments in the subsurface and (c) Surface and vertical sorting in a step-pool

In the field, Parker and Klingeman [1982] also described the armor layer as a buffer zone promoting particle exchange between the transported and the bed material, and the pulsating nature of bedload transport was well documented [Gomez, 1983; Garcia et al., 2000; Cudden and Hoey, 2003; Vericat et al., 2006; Møen et al., 2010; Mao et al., 2014; Downs et al., 2016; Kreisler et al., 2017]. For numerical modelling purposes, this complexity of exchanges between the bedload and the bed material has been embedded under the concept of 'bedload active layer'. Parker [2008] defined this concept as a 'virtual' stratum of active sediment exchange between bedload and the bed material, whose vertical extent is defined by the oscillations in the bed-level elevation associated to bedload fluctuations, even in the absence of clearly defined bedforms. In this definition, the active layer relates to the formation and break up of coarse clusters leading to local bed scour and fill at the length-scale of the surface D90 of the bed material size-distribution. Church and Haschenburger [2017] proposed to extend this definition by distinguishing between the "dynamical active layer" which is the current dynamically active streambed surface and "event active layer" which is the depth of event-scale scour and fill.

Selective entrainment and kinetic sorting participate to the bedload active layer dynamics. In this work we take advantage of existing flume results obtained by the Etna team (University of Grenoble Alps) during the last 20 years in order to push forward our understanding of the mechanism controlling the local bed slope and bedload fluctuations. We then use these results for discussing the field implications in gravel bed rivers, by comparison with available scour fill data.

#### 2. The flume experiments and results

# 2.1 Presentation of the experiments

Table A1 given in Appendix summarizes a series of experiments dedicated to grain sorting during the last 20 years, which will support the present analysis. Experiments were conducted in several tilting flumes from 2 to 10 m long and 0.05 to 1 m wide. For each experiment, the channel was steadily fed

with water and sediments during long duration observations. These long duration experiments are a peculiarity of this experimental dataset: the complex behavior that we discuss in this paper requires grain size sorting to progressively self-organize the alluvial surface and subsurface and thus takes time to emerge. The flume slope was varied in the range 0.5 to 18% depending on the experiments. Discharge was measured with an electromagnetic flowmeter. Depths and velocity were measured by several technics, including point gauge and image analysis [Recking et al., 2008a; Piton et al., 2018]. The local slopes and topography were measured from staff gauges installed along the flume side wall or with the Structure-from-Motion technics [Piton et al., 2018; Piantini et al., 2021]. The sediment was fed with a system composed of a hopper connected to a conveyor belt, the velocity of which controlling the feeding rate. Various sediment mixtures of sands (0.1-2mm) and gravels (2-25 mm) were used. In a few runs (E1, E2, E3), the sediments at the flume outlet were measured continuously by video tracking [Frey et al., 2003]. Grains were painted with different colors for distinguishing visually grain sorting effects in the bed. Because the objective was to measure in-channel processes in response to given known input values, all inputs were maintained constant in all runs. It concerns solid and liquid discharge and the composition of the injected mixture too (i.e. no sediment recirculation). More detail on measurements and associated uncertainties are given in the papers cited as references. The slope and bedload fluctuations were well documented for Experiments E2, E3, E5, and E7 and the data used in this manuscript are presented in appendix.

# 2.2 Grain sorting and fluctuations

The following paragraphs summarize the main observations and conclusions already published in the aforementioned papers. It is worth stressing that the mechanisms described here were observed the same way in all runs, whatever the slope investigated in the range 0.5 to 18%. Among interesting results, all these experiments have built very unstable beds despite constant feedings rates, alternating successive local armor construction and armor breaking (Figure 2).

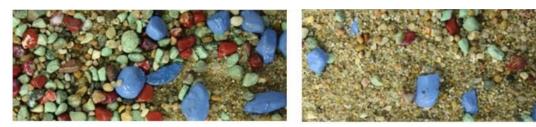


Figure 2: a) Congested (armor) and b) smooth bed (no armor)

The temporal succession of these two bed states was systematically associated with fluctuations of the local slope and bedload transport intensity, as illustrated with the example shown in Figure 3 (see also video 1 in given supplementary material):

- Marginal transport and slope increase ('stop' phase): the slope increase is always associated with a very low output solid discharge of preferably coarse elements, which means that sediments injected in the flume mostly participate to the bed aggradation. Fine sediments are rapidly captured in the interstices of poorly mobiles coarse grains, while the bed surface progressively built an armor (Figure 2a).
- Peak transport and slope decrease ('go' phase): after armor breaking (Figure 2b) fine sediments previously stored in the bed are remobilized by the flow. In addition to feed the bedload layer, the fine sediments smooth the bed and drastically increase the transport efficiency, producing a peak of transport and a rapid slope decrease.

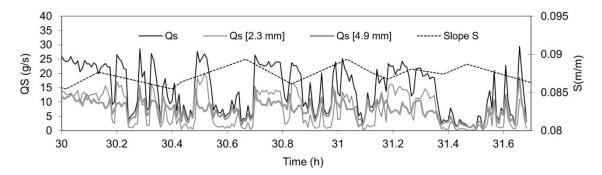


Figure 3: Typical signal obtained in experiments with non-uniform mixtures, showing slope and bedload fluctuations, and the stop and go bedload transport. This figure corresponds to a zoom of run7 in experiment E2 at time 30h, the only run for which we measured a continuous outlet solid discharge with image analysis.

#### 2.3 The conditions of occurrence

The process of kinetic sorting is closely dependent on the flow condition, which can be characterized by the dimensionless shear stress, or Shields number:

$$\tau^* = \frac{\tau}{g(\rho_s - \rho)D} = \frac{dS}{(s - 1)D} \tag{1}$$

Where  $\tau$  is the shear stress, g is the acceleration of gravity,  $\rho$  is the water density,  $\rho_s$  is the sediment density, D is the grain diameter, d is the flow depth, S is the slope and  $s=\rho_s/\rho$ . It was shown with experiments E3 that the near mobility of the coarse fraction (when the Shields stress ratio  $\tau^*/\tau_c^*$  computed for D<sub>84</sub> is near 1) is the condition required for kinetic sorting to exist. Its consequence is the co-existence of two antagonists' effects: on one hand, the coarse layer has a stabilizing effect by resisting to the water shear stress, allowing the construction of local steep (but poorly stable) slopes; on the other hand, by accumulating fines in the sublayer, it also creates a weaker layer, with poor shear resistance, contributing to the bed instability (Figure 4).

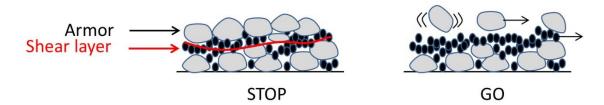


Figure 4: sketch of the antagonist effects

Experiments E2 and E3 have shown that this process does not exist when  $\tau^*/\tau_c^*$  << 1 (computed for the larger grains such as D<sub>84</sub>). The process is rather maximized when  $\tau^*/\tau_c^*$  is close to 1, diminish when  $\tau^*/\tau_c^*$  increases, and totally disappears when this ratio is over 2 (full mobility of the mixture). A large slope range has been investigated between 0.5 and 18%. On mild slope the observed armor was long to develop, incomplete and fragile; the steeper the slope and the thicker and more stable the armor, sometimes composed of several layers of coarse grains (see video\_2 given in supplementary material).

# 2.4 Maximum slope and armor breaking

When the flume is fed continuously, the bed accumulates sediments and builds a slope by aggradation, with an armored surface. This slope cannot growth indefinitely and tends to stabilize reaching an equilibrium value, which is always the same for a given run. Once this maximum slope is

reached, large grains injected upstream does not built the armor anymore but are transported. A long phase of marginal local reorganization of the surface armor was sometime observed at this stage. At some point, a few clusters of large grains in motion, either fed from upstream or set in motion due to random effect as turbulence, destabilize the armor by impacting other grains at rest on a weak layer [Heyman et al., 2013]. The armor then breaks and a self-reinforcing process is triggered. Fine grains from the sublayer are progressively released and participate to transport. By filling the bed surface roughness, they smooth the bed, with an increase in transport rate efficiency of all size classes as a consequence, and the coarser grains in particular [Gilbert, 1914; Wilcock et al., 2001]. The more the armor is destroyed, the more fine sediments from the sublayer are released, and the more the process becomes efficient (see video 2 in supplementary material).

#### 2.5 Bedload sheet and peak transport

The consequence of armor breaking is that, in a very short time, and for the same water discharge, bedload changes from a jerky low transport over a coarse and irregular bed (congested) into an intense continuous transport over a nearly flat (smoothed) bed. This generates peaks of transport reaching up to 2.5-3 times the average transport value, propagating in characteristic low and elongated bedforms, called bedload sheets, that are mainly composed of fine sediments from the subsurface eventually preceded by some coarser elements from the broken armor [Kuhnle and Southard, 1988].

#### 2.6 Minimum slope and armor construction

In all experiments, a sediment flux is still injected upstream during bedload sheet propagation. This injected material is efficiently transported, with the coarse grains rolling over the flat bed surface, contributing (with sediments coming from the bed erosion) to the peak solid discharge measured at the outlet. However, bed erosion cannot last infinitely. The stored mixtures deplete, slope decreases and erosion stops when the flow is not able to transport the incoming flux anymore: in a few seconds the flat sandy bed starts to slightly undulate and the coarser grains rapidly restart forming immobile clusters. This is the first step for a new bed armoring cycle. This minimum slope is always the same for a given imposed feeding rates (Q, Qs), and can be considered an equilibrium slope of the transient, highly efficient transport mode over a flat bed.

#### 2.7 Periodicity and scales of interest

An important result is that for a given run, the intensity of each peak is always the same whatever the duration (Figure 3). However, the peak duration depends on the spatial extend of armor breaking and is consequently highly variable through time.

On the vertical direction, the distance of bed disturbance directly linked to the transportation of sediments (event active layer [Church and Haschenburger, 2017]) varies between a fine layer of moving sand (after armor wash out), and a mixture depth not exceeding one (or two) coarse (armor) grain size diameter (Figure 2). The part of the bed affected on the long term through the successive episodes of erosion and deposition (dynamical active layer [Church and Haschenburger, 2017]) can be several times the coarse grains diameter and is larger on steep slopes.

On the longitudinal direction, the same slope amplitude was associated with different length of bed disturbance [Recking, 2014], producing very short (associated to local bed erosion) to very long (associated with bed collapse) bedload sheets. It is usually the bed state which conditions the capacity of a bedload sheet to propagate downstream. Most of them actually rapidly vanished as they interact with the downstream bed, changing its local slope, and progressively contributing to the downstream bed aggradation, as sketched in **Figure 5**. But the more the downstream bed aggrades and build a slope, the more bedload sheet extend increases. In some rare events (associated with fully aggraded bed) bedload sheet could propagate without stopping over the entire

flume length, resulting in a complete bed collapse (which could explain dramatic transport events in steep-sloped mountain streams [*Piton and Recking*, 2016]).

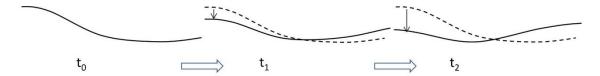


Figure 5: Sketch of local bed level evolution during a short bedload sheet event

The important results to retain for the following is that, for a given run, whatever the scale of observation considered (local or reach scale):

- the minimum and maximum slope values S<sub>min</sub> and S<sub>max</sub> attained by the bed are the same,
- all peaks of transport have sensibly the same intensity.

# 3. The equilibrium slopes hypothesis

#### 3.1 The idea

In the above description, we defined two transport modes (low transport efficiency over an irregular coarse bed, and high transport efficiency over a flat and smooth bed), and two slopes (minimum and maximum). Considering the basic concepts of river geomorphology, a constant transport rate can be associated with an equilibrium slope. Could we expect that, for constant feeding rates, those two transport modes generate two different equilibrium slopes (maximum slope for low transport efficiency and minimum slope for high transport efficiency)?

This idea is supported by the Bagnold equation [Bagnold, 1966] which, for a given input condition in a constrained flow (Q, Qs, and W constant), can be reduced to [Recking et al., 2009b]:

$$e \cdot S = Constant$$
 (2)

Where e is the transport efficiency and S is the slope. It means that the equilibrium slopes, if exist, are necessary ephemeral, because the change of efficiency is a very rapid process occurring as soon as the maximum or the minimum slopes are reached (armor breaking in one case and stop of bedload sheets in the other case).

Usually, equilibrium is considered when the bed slope stabilizes to a fixed value and the outlet  $Qs_{out}$  equals the inlet  $Qs_{in}$ . Unfortunately such condition is impossible to verify in our case as we are hypothesizing very ephemeral equilibrium states, where the transport conditions change abruptly as soon as the equilibrium is reached. Secondly, the sediment response always starts from upstream before propagating downstream, and in these transient states, a lag exists between the in-channel process (where Qs should actually be measured) and what is measured at the flume outlet, which makes the comparison of  $Qs_{in}$  and  $Qs_{out}$  very challenging.

This is why we chose another method in the next section, which consists in comparing the measurements in our runs (slope and Qs) with equations specifically derived for describing the transport of uniform sediments at equilibrium.

# 3.2 Test of the equilibrium hypothesis

Because both modes of transport are dominated by a size class (coarse elements for bed construction, and finer grains for bed erosion), we can test the equilibrium slope hypothesis by

comparing the measurements to equations proposed for describing equilibrium transport of uniform sediments. This is what we propose here with data from experiments E2 (the only data set well documented with all parameters required for computation; data are given in Appendix A2).

Many equations are available in the literature. Here we use the best fit equation obtained for a large flume data set (1200<sup>+</sup> data covering a large range of slope and grain size) [Recking et al., 2016]:

$$\Phi = \frac{14 \cdot \tau^{*2.5}}{1 + \left(\frac{\tau_m^*}{\tau^*}\right)^{10}} \tag{3}$$

Where  $\Phi=q_{sv}/\sqrt{g(s-1)D^3}$  is the dimensionless solid discharge [Einstein, 1950], and  $\tau_m^*=0.23\cdot S^{0.3}$  is a shields stress delimiting partial (grains are partially at rest, their movement being reduced around small bed undulations) and full-bedload mobility (grains move continuously over a flat bed). This equation fits the 1D local transport in a flume. Despite the same shape, it differs from a version derived for the field [Recking, 2013] where all parameters are averaged at the reach scale and implicitly incorporates the reach variability (exponent 4 instead of 10 and slightly different formulation for  $\tau_m^*$ ).

The results of the tests are plotted in Figure 6:

- Test 1 (Figure 6a) shows that for the maximum slope S<sub>max</sub>, the equation used with the mean bulk diameter D of the mixture fits the inlet solid discharge Qs of each run. This tends to confirm the hypothesis that the maximum slope is attained when the transport capacity matches the imposed inlet Qs.
- Test 2 (Figure 6b) indicates that just after armor breaking, the same calculation largely underestimates the peak transport measured at the flume outlet. It suggests that the equilibrium has changed.
- Test 3 (Figure 6c) indicates that the same calculation (maximum slope after armor breaking) done
  with the diameter of the sand fraction fits the peak outlet solid discharges. It suggests that after
  armor breaking, for the given steep slopes, the system rapidly adjusts the transport rate to the
  flow transport capacity.
- Test 4 (Figure 6d) indicates that calculation with the minimum slope attained by the erosion process and the sand diameter slightly overestimates the imposed inlet solid discharge. This support the hypothesis that when the high transport efficiency conditions prevail, the minimum slope is attained when the transport capacity reaches the imposed input Qs.

The end of erosion described in Test 4 is actually not easy to evaluate because the flow still transports few coarse grains coming from upstream and the later also contribute to the bedload dynamics. This probably explains why calculations done using the diameter of the fine fraction lead to overestimation. It seems obvious that the mobility of the coarse fraction alone does not explain the end of erosion as the flow depths is still 1.5 times higher than the critical depth computed for this size fraction in most runs. On the other end, what was clearly observed in all runs is that erosions systematically stopped when the coarse grains could no longer freely roll over a flat bed anymore, which always coincided with the reduced mobility of the finer fraction (passage from a perfectly flat sand bed to slightly undulated sand bed stopping the rolling grains).

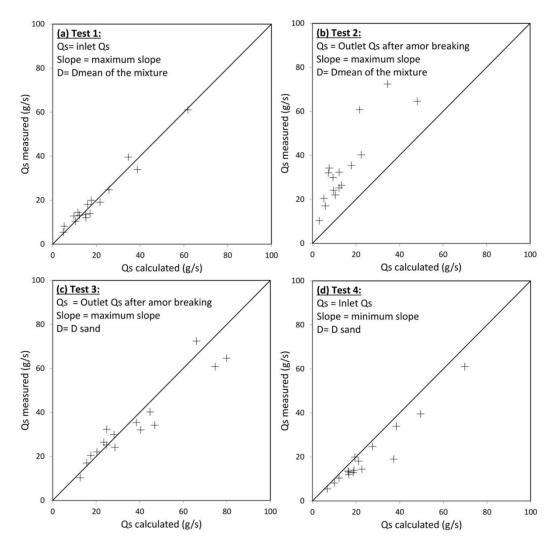


Figure 6: Test of the equilibrium slope hypothesis by comparison of the measurements with the bedload equation derived for transport of uniform sediments mixtures at equilibrium

To summarize, these results obtained by comparing the measured bedload flux with bedload computed with an equation that is supposed to represent equilibrium conditions of uniform sediments suggest the existence of three ephemeral equilibrium states, summarized in Table 1.

|    | Equilibrium 1       | Equilibrium 2            | Equilibrium 3    |  |  |
|----|---------------------|--------------------------|------------------|--|--|
| S  | S <sub>max</sub>    | S <sub>max</sub>         | $S_{min}$        |  |  |
| D  | D <sub>m</sub> bulk | D <sub>sand</sub>        | $D_{sand}$       |  |  |
| Qs | Qs <sub>in</sub>    | Qs <sub>out</sub> (peak) | Qs <sub>in</sub> |  |  |

Table 1: Three equilibrium slopes characterizing the fluctuation process

So, from a practical point of view, when designing an experiment, it should be easy to compute the input rates (Q,  $Qs_{in}$ ) for a given mixture and maximum expected slope  $S_{max}$ , considering Equilibrium 1. On the other hand, Equilibrium 3 should help to predict the associated minimum slope  $S_{min}$  attained during fluctuations. For that, the bedload equation must be inverted for computing  $S_{min}$  for the given Q and  $Qs_{in}$ . Because during the erosion phase the Shields stress  $\tau^*$  is computed with the diameter of the subsurface material, the transport conditions verify  $\tau^* > \tau_m^*$ , and as a first approximation Eq. 3 can be reduced to [*Recking et al.*, 2016]:

$$\Phi \approx 14 \cdot \tau^{*2.5} \tag{4}$$

Considering that the transport rate  $\Phi_{in}$  satisfies the minimum slope  $S_{min}$  at the end of the erosion process (Equilibrium 3), replacing  $\tau^*$  by Eq. 1 in Eq. 4 permits to write an explicit solution for  $S_{min}$ :

$$S_{min} \approx \frac{(s-1)D}{d} \left(\frac{\Phi_{in}}{14}\right)^{\frac{1}{2.5}}$$
 (5)

Where D characterizes the transported bedload sheet mixture (mostly composed of the sand fraction). Because we have two unknown parameters  $S_{min}$  and d, a second equation (flow resistance equation) is needed for closure and the calculation must be iterative. We used a flow resistance equation [Recking et al., 2008b] presented in appendix 3 to compute the minimum slopes for each run of experiments E2. Results are plotted in **Figure 7**. The computed minimum slopes are slightly under-estimated when compared to measurements, but globally the prediction of the minimum slope with the above approximation can be considered satisfying.

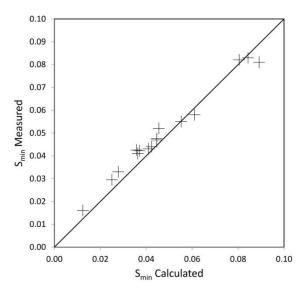


Figure 7 : Computation of the minimum slope of fluctuations and comparison with measurements for each run of experiments E2

We can conclude that, using standard tools (flow resistance and bedload equations), it is possible to reproduce the different steps of the fluctuating process affecting the bed material and associated bedload, whatever the scale of observation, in flume experiments. We will now use these results for discussing their field implications.

#### 4. Field implications

Because evidences of grain sorting are omnipresent in rivers, what was observed in the flume can thus be expected to emerge in the field. Despite slope and bedload fluctuations can occur at different scales, especially on steep slopes [Piton et al., 2016; Piton and Recking, 2016], direct evidences can be found at the scale of the bedload active layer. This is what we aim to discuss in this part.

# 4.1 Bed elevation fluctuation

We aim to test if the slope fluctuations measured in 1D flume experiments are consistent with the inchannel, roughly 1D local scour-fill processes associated with bedload transport that define the active-layer, as sketched in **Figure 5**.

We must first define a morphological referent flow depth  $d_{morpho}$  for the flow condition responsible for bed scouring. We propose to consider flows such that [*Parker*, 1979]:

Recking, Vazquez & Piton (2021), *personal draft version*, to be submitted to the journal Special Issue related to the Gravel-bed River 9 conference

$$\tau_{morpho}^* = \alpha \cdot \tau_c^* \tag{6}$$

with  $\alpha \approx 1$ -1.2. This assumption makes sense in unconfined gravel bed rivers, where sections are self-formed, and where we can consider that an excess in discharge does not generate more water depths but rather expand laterally, flooding the surrounding floodplain after rapid bed deformation, and keeping the maximum local Shields stresses close to its critical value. But even in case of larger flow conditions, flume observations also suggest that bed deformations would be maximum at relatively low shear stress, which means in the recessing part of an hydrograph [Recking et al., 2009a]. With this hypothesis, inverting the Shield parameter equation (Eq. 1) gives, for a known mean river bed slope  $S_{mean}$ , a referent flow depth  $d_{morpho}$  associated with the morphological processes:

$$d_{morpho} = \alpha \frac{(s-1)D_{ref}}{S_{mean}} \tau_{cRef}^* \tag{7}$$

Where  $\tau^*_{cRef}$  is the critical Shields stress associated with a referent quartile of the bed grain diameter  $D_{ref}$  used as a reference. Here we propose to use  $D_{84}$  and the following formulation [*Recking*, 2009]:

$$\tau_{cRef}^* = \tau_{c84}^* = 0.56 \cdot S_{mean} + 0.021 \tag{8}$$

Because Eq.6 implies that the flow is maintained close to incipient motion conditions, the equilibrium slope  $S_{\text{max}}$  imposed by the upstream bedload flux (as was the case in the flume), will be a near-threshold equilibrium slope. Secondly, because the armor is supposed well sorted and mainly composed of the coarser fraction, we assume that this local slope for armoring  $S_{\text{max}}$  can be approximated by the slope computed such that the coarse fraction (let say  $D_{84}$ ) is close to the incipient motion conditions of this size fraction considered as a uniform sediment. It reads:

$$S_{max} = \frac{(s-1)D_{84}}{d_{morpho}} \tau_{c\_Unif}^*$$
 (9)

where  $\tau^*_{c\_Unif}$  is a critical Shields stress defined for uniform sediment mixtures. By replacing  $d_{morpho}$  from Eq. 10, we obtain:

$$S_{max} = S_{mean} \frac{\tau_{c\_Unif}^*}{\alpha \cdot \tau_{c84}^*} \tag{10}$$

Written this way, the maximum local slope due to armoring is the mean bed slope affected by a proportionality coefficient expressing the difference of mobility between the coarse fraction considered alone, or in a mixture. Let consider for the uniform mixture [Recking et al., 2008b]:

$$\tau_{c\_Unif}^* = 0.15 \cdot S_{max}^{0.275} \tag{11}$$

Introducing Eq. 14 in Eq. 13 reads:

$$S_{max} = \left[\frac{0.15 \cdot S_{mean}}{\alpha \cdot (0.56 \cdot S_{mean} + 0.021)}\right]^{\frac{1}{1 - 0.275}}$$
(12)

This relation is valid for  $S_{mean} \ge 0.2\%$  (for milder slopes Eq.11 should be replaced by a constant value  $\tau_{c\ Unif}^* \approx 0.02$ ) which includes most gravel bed rivers with self-formed channels.

The second hypothesis is that the minimum slope  $S_{min}$  can be computed with Eq. 5, where the incoming flux  $\Phi_{in}$  is the mean transport rate of the reach  $\Phi_{morpho}$  computed for  $\tau^* = \tau^*_{morpho}$  (Eq.6)

using the field version of Eq. 3, with a power exponent of 4 instead of 10 and  $\tau_m^* = (5S_{mean} + 0.06)(\frac{D_{84}}{D_{ro}})^{4.4\sqrt{S_{mean}}-1.5}$  for riffle pools morphology [Recking, 2013]:

$$S_{min} = \frac{(s-1)D_{sub}}{d_{morpho}} \left(\frac{\Phi_{morpho}}{14}\right)^{\frac{1}{2.5}}$$
(13)

where  $D_{sub}$  is a characteristic diameter representative of the subsurface sediment (let say  $D_{84}$  of the subsurface for consistency with the percentile used for the bed surface); replacing  $d_{morpho}$  by Eq. 10 we obtain:

$$S_{min} = S_{mean} \frac{1}{\alpha \cdot \tau_{cRef}^*} \frac{D_{84sub}}{D_{84surf}} \left(\frac{\Phi_{morpho}}{14}\right)^{0.4}$$
(14)

Naming the armor ratio  $A_r = D_{84surf}/D_{84sub}$ , it becomes:

$$S_{min} = S_{mean} \frac{1}{A_r} \frac{1}{\tau_{morpho}^*} \left(\frac{\Phi_{morpho}}{14}\right)^{0.4} \tag{15}$$

Written this way, the minimum local slope after local bed erosion is the mean bed slope affected by a coefficient which depends on the armor ratio  $A_r$  and the mean transport rate of the reach associated with the morphodynamically active Shields stress  $\tau^*_{morpho} = \alpha \cdot \tau^*_c$  (with  $\alpha \approx 1-1.2$ )

Finally, for computing a scouring depth, we must define a distance over which the local slope variation emerges. Whereas in the lab this distance was a few meters and constrained by the flume length, in the field it will likely be constrained by the dimensions of morphological units, such that the river width or length of bar units. This is why we propose to consider a characteristic length  $L = \epsilon \cdot W$  where W is the river (main channel) width and  $\epsilon$  is a constant. Then, the maximum scour depth  $\delta$  (m) becomes:

$$\delta = \varepsilon \cdot W \cdot (S_{max} - S_{min}) \tag{16}$$

For testing these hypothesis, the set of formulations (Eq. 10, 15 and 16) is compared with a selection of active layer thickness data compiled in Vázquez-Tarrío et al. [2020]. We used riffle-pool morphologies and excluded from the analysis step-pool morphologies, where the hypothesis  $\alpha$ =1.2 does not hold, and where other controlling factors such as the interactions with the channel walls exist [Church and Zimmerman, 2007]. We also excluded braiding rivers data, where the distinction between in-channel scour-fill depth associated with the bedload active layer (what interests this study) and large scour-fill depth (>1m depth) due to channel avulsion and lateral migration is not always clear. We also excluded a few data for which the width was not defined for the main channel (active width) but for the wetted extent of channel (active band). The data set is available in supplementary material. For each run the armoring ratio  $A_r$  was computed with D50<sub>surf</sub>/D50<sub>sub</sub> (note that the value was approximately  $A_r$ =2, which could be used as a first approximation when this information is missing). The results obtained with  $\alpha$ =1.2 and  $\epsilon$ =1 (i.e, the characteristic length for scour and fill in the active layer is the river width W) are plotted in Figure 8. It shows that the maximum scour-fill depth measured very seldom exceeds the theoretical maximum scour-fill depth.

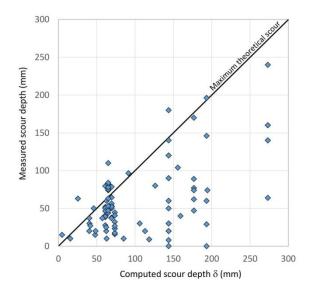


Figure 8 : Comparison between computed (Eq. 10, 15 and 16) and measured [Vázquez-Tarrío et al., 2020] scour and fill depth associated with bedload active layer

Figure 9a shows the computed maximum and minimum local slopes. Because we are considering local erosions, the minimum slope is expected to coincide with local bed adjustment (at the reach scale), as sketched in **Figure 5**. It is interesting to note that the slope fluctuation amplitude is of same order than the mean bed slope, which permits as a first approximation reducing Eq.16 to:

$$\delta \approx a.W.S_{mean}$$
 (17)

Where a is a constant (a $\approx$ 1.3 for the considered data set) and  $S_{mean}$  is the mean bed slope of the reach. Figure 9b indicates that the computed maximum scour depth varies with slope in the range 0.5 to 3 D<sub>90</sub> (computed here as 1.3·D<sub>84</sub>). This is consistent with a fluctuation controlled by the local armor mainly composed of the larger grains, and the increase armoring efficiency with slope observed in the flume experiments.

Figure 9c indicates that the computed maximum active depth  $\delta$  is well correlated with slope. The 2 outliers (near 2% slope) correspond to very narrow armored streams (with W $\approx$ 2m and D<sub>84</sub> $\approx$ 0.1m) and are consistent with the field measurements. The largest  $\delta$  value (at 2% slope) is associated with low field values, but the comparison is done with a limited set of field observations and a 30cm maximum scour is not unrealistic for a 12m wide and 2% slope stream (O'Ne-Ell stream).

Figure 9d indicates that the computed maximum active layer scour depth  $\delta$  is poorly correlated with the channel width.

This work aimed at comparing flume and field observations. At this stage, we will not definitely conclude that the processes observed in the flume are exactly what happen in the field. But it is interesting to note that, using standard concepts and tools for the hydraulics and sediment transport, we show that the slope fluctuations associated with grain sorting in the flume are consistent with local bed level fluctuations associated with the active layer in the field.

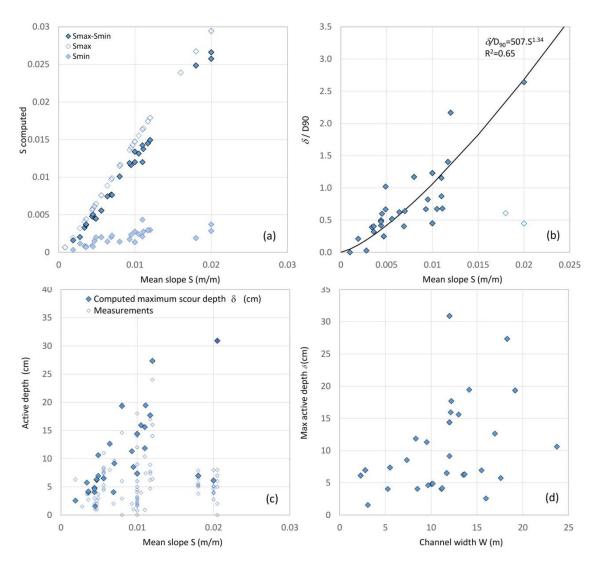


Figure 9: a) Computed maximum and minimum slopes, b) evolution of  $\delta$  with grain size, c) evolution of  $\delta$  with slope and d) evolution of  $\delta$  with channel width

# 4.2 A square slope formula for peak solid discharge

Can we predict the peak solid discharge associated with the bed elevation fluctuation, as proposed in the active layer concept? In our flume experiments the peaks of transport associated with armor breaking were 2 to 3 times the mean bedload value. It concerns short and long bed erosions, but because the scale of observation does not affect the intensity of transport (as discussed in a previous paragraph), we could consider as a first estimation this flume results as representative for the short time peak solid discharge naturally associated with fluctuations of the bed elevation in the active layer.

More precisely, can we derive an equation for these peak values? The flume results indicate that the maximum transport occurs after armor breaking, when the flow transiently adjusts its transport rate to the new condition of efficient transport over a flat bed, and until it depletes the available highly mobile stocks. In the flume, this transport is well represented by Eq. 4. For computing bedload transport, it must be combined with a flow resistance equation. Because the triggering conditions for armor breaking are not necessarily high (e.g.,  $\tau^*/\tau_c^*\approx 1$  in E2, E3 and E7), we propose to consider the following flow resistance equation valid for 1<q\*<100 [*Rickenmann and Recking*, 2011]:

$$U/\sqrt{gSD} = 1.6 \cdot q^{*0.545} \tag{18}$$

Where  $q^* = q/\sqrt{gSD^3}$ . When Eq. 18 is rewritten for d=q/U and combined with Eq. 1, we obtain a formulation for the Shields  $\tau^*$  that can be replaced in Eq. 4, giving the following expression:

$$q_v[m^3/s/m] = 4.32 \cdot g^{-0.05}(s-1)^{-2} D^{-0.2} S^{1.93} q^{1.13}$$
(19)

This equation can be approximated by an equation taking the form:

$$C = q_v/q \approx \beta \cdot S^2 \tag{20}$$

Where C is the sediment concentration and  $\beta$  can be approximated as a constant ( $\beta \approx 2$ ) considering the weak power coefficient on the diameter. The interest of this kind of formulation is that only the slope is needed, which is a real advantage as the grain size distribution is a source of large uncertainties (especially in this context of armor breaking). Figure 10 plots the concentration measured in all experiments with Eq. 20 used with  $\beta = 5$ . This value seems adequate for modelling the maximum transport, but underestimates transport for the end of erosions. It also underestimates transport for the Piantini runs (for which  $\beta = 8$  would be more appropriate), which can be explained by the fact that in this experiment, the slope was not a self-formed alluvial slope as in the other runs, but an imposed 18% rigid slope over which bedload pulses propagate from an upstream alluvial fan, following the concept of travelling bedload, i.e., relatively fine, very mobile bedload material being transported over a rough and coarse static armor [Piton and Recking, 2017].

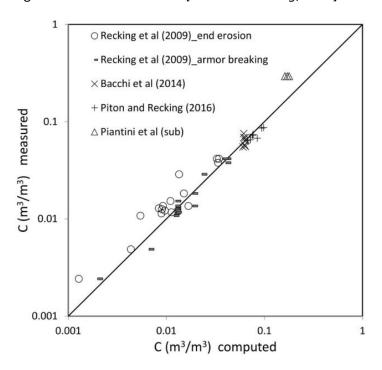


Figure 10 : Comparison between the measured concentration and the computations with  $C=5 \cdot S^2$ 

Because the scale of observation does not affect the intensity of transport (as discussed in a previous paragraph), the squared slope formula (Eq. 20) should a priori also be adequate for computing the values of the short time peak solid discharge naturally associated with fluctuations of the bed elevation in the active layer. It is however difficult to compare with the field data as many available data sets (available at <a href="https://www.bedloadweb.com/">https://www.bedloadweb.com/</a>) concerns transport much below the formative flow condition (considered here as the flow at which the bed deformation in the active layer is maximum and defined by  $\tau^*_{morpho} = 1.2 \cdot \tau^*_{c}$ ).

#### 5. Discussion

#### **Sediment bimodality**

We used sand gravel mixtures that was supposed to be representative of bimodal mixtures encountered in gravel bed rivers [Sambrook Smith et al., 1997]. This bimodality has largely contributed to the stop and go mode of transport described in our experiments. But the origin of bimodality remains an open question [Parker, 2008]. Can we then imagine that this mode of transport is in turn responsible for bimodality? Indeed, we have described a mechanism by which only the mobility of the fine fraction and the coarse fraction are impacted (infiltration for the fines and resistance of the coarse in the armour layer), the intermediate diameters being excluded from this process. We also mainly focused on vertical grain sorting, but considered on the longitudinal dimension, the successive stop and go phases could be seen as a very efficient sorting machine progressively evacuating the intermediate fraction downstream. This suggests a feedback process where the more the intermediate diameters are removed, the greater the bimodality, and the more efficient the sorting.

#### **Bedload fluctuation**

While the mechanism presented in this article may contribute to bedload fluctuations, it is of course not the only one. Sediment inputs from bank collapse, channel avulsion or any other external sources can also generate sediment pulses. Once a pulse is emitted, whatever its origin, it propagates downstream over more or less long distances, depending in the local morphology: in morphodynamically active alluvial reaches the pulse will rapidly be damped by interaction with the river bedforms and by vertical sorting; on the other hand the pulse can be transported over long distance over bedrocks or stable paved beds [Piton and Recking, 2017; Misset et al., 2020]. In all cases, pulses will contribute to bed patchiness in the downstream reaches. In association with the shear stress variability, this bed surface grain size variability is responsible for bedload fluctuations.

# Scale consideration

In this work we chose to focus on the small time and length scales, i.e. the scale of the event active layer. But we have demonstrated in previous works (what we have recalled in the first section) that the same processes are acting and produce same effects in amplitude (same slope fluctuation extent and bedload intensity) whatever scale considered [Recking, 2014]. More particularly, we demonstrated that at a much larger scale, it can be responsible for rare and dramatic bed collapse at the river reach scale (larger erosion duration and larger volumes transported). This is particularly true in the context of mountain streams, where fractioning the space with successive check dams or bedrock outcrops in a given reach reduces the scale of extent of the process, and consequently transforms rare and dramatic transport events (without check dams) into a succession of frequent but low transport events (with check dams or natural fixed sections) [Piton and Recking, 2016].

# Square slope transport formula

The square slope formula Eq. 20 is not unknown from people working on mountain streams and where bedload is strongly pulsating and highly concentrated. Similar formulations have been proposed in the past but with different values for the constant and the exponent, e.g., respectively 5.5 and 2 [Mizuyama, 1981], 2.5 and 1.6 [Smart and Jaeggi, 1983],  $2.5 \cdot p/p_s$  and 1.5 [Bathurst et al., 1987], 6.3 and 2 [Meunier, 1989], C\* (dimensionless Chezy coefficient) and 2 [Rickenmann and Koschni, 2010]. What is new in the results presented here is that, whereas these previous works have considered extreme flood events, we show that this formulation is also adapted to highly concentrated flows associated to the propagation of pulses under relatively low flow conditions, though such pulses can only be transient, i.e., just so long that the sub-surface material released is fully exported.

It is very difficult to validate such formulations against field data. Field events experiencing this asymptotic behavior are sudden, violent and poorly documented because unexpected, and unpredictable, in addition to be dangerous to measure. An interesting attempt was nonetheless proposed by Rickenmann and Koschni [2010] who combined Eq. 4. with the Chezy equation for computing the cumulated bedload transport associated with extreme events in Swiss torrents in 2005. They found that the computed volumes were overestimated. However, they considered the full flood event volume in their calculations. Coming back to our flume observations, it should be kept in mind that a pulse is by definition a finite volume of sediments released by the river reach experiencing armor breaking, and that consequently, Eq. 20 should a priori be applied to only a part of the hydrograph (the rest of the hydrograph being possibly supply limited). The use of the full hydrograph could explain overestimation in the study by Rickenmann and Koschni [2010].

One way to use Eq. 20 while constraining the overestimation observed in the past would be to cross check the cumulated volume computed considering its application on various fraction of the total flood hydrograph and checking whether the associated volumes make sense from a geomorphological point of view. Scenarios constraining the length of river channel possibly experiencing armor breaking and the eventual unitary erosion rate (expressed in m³/m of channel) based on field evidence and archives could for instance help bounding the eventual volume supplied by catastrophic armor breaking events. Hydrological data of such extreme events and of relevant grain sizes will likely always be partially uncertain. These uncertainties must be accepted as part of the difficult exercise that is to predict or reanalyze possible extreme geomorphic events.

# 6. Conclusion

This paper is an attempt to shed a new light on the interplay between the geomorphology of gravel-bed river systems and the physics of bedload transport. The objective was to clarify some links between grain size sorting (channel bed armoring, armor breaking and bedload sheet propagation), regimes of bedload transport and the dynamics of bedforms (scour and fill, bed incision and aggradation). We gathered long-lasting small-scale experiments on gravel bed systems resulting from the cumulated work of six PhD thesis and countless side tests and Master theses. During these experiments, water discharges were not extraordinary high, i.e., vary in the range that rivers experience below or slightly above channel forming discharges. Flume gradients varied between relatively gentle to very steep slopes (0.5 %– 18 %). In such conditions, and providing that sediment is not uniform, whatever be the slope, very efficient grain size sorting processes systematically emerged.

When giving time to the systems to fully rework the alluvial bed by bedload transport, a dynamic equilibrium appeared: cycles systematically emerged with alternating phases of aggrading and armoring with weak bedload transport and incising, armor breaking events with intense bursts of transport. We demonstrate in this paper that the main states of these cycles (steep armoring reach, gentler and finer eroding reach), and the range in which slope varies between these extremal and transient states, can be computed using a classical bedload transport equation and typical consideration on Shields stresses. In essence, armoring enables aggradation until the bed surface reaches an equilibrium slope allowing the full transport of the incoming flux. When armor breaks, the finer subsurface material is released, self-reinforcing feedback loops enhance transport efficiency and erosion lasts until the fine material stocks and the upstream supply is depleted.

We broaden the perspective and these lessons learnt from flume tests by showing that scour depths observed in gravel bed rivers, more precisely their maximum values, seems correctly bounded by these empirical considerations. This means that the dynamics of the active layer in natural rivers could also be controlled by self-induce, cycles of local armoring and aggradation followed by armor breaking and efficient erosion.

Our analysis of the armor breaking and pulses of bedload transport also brings an explanation to the asymptotical behavior of bedload transport intensity computed with simple equation of the shape C =  $Qs/Q = \beta \cdot S^2$ . We show that such behaviors are consistent with theory (friction laws and asymptotical equations of bedload transport). We hope that the added clarification of a geomorphic description of one process driving the appearance of such extremal bedload transport capacity will help users of this approach to cross-check their use with the field evidences they can find about armor breaking, catastrophic reach incision and the potential volume associated with these events.

Overall, the key point in this analysis was to acknowledge that, although averaged grain size distribution can be measured at large scale, the spatial and temporal variation of bedload transport, of scour and fill processes and of armor building and breaking is strongly related to the local grain sizes, i.e., to variation around the average distribution induced by grain size sorting. We also highlight that accounting simply for this variation and using existing, tried and tested methods, enable to better understand scour and fill processes, as well as bursts of sediment transport, that are, in essence, just natural consequences of varying grain size with sorting.

#### Acknowledgement

This work was supported by Inrae.

# **Appendix**

Appendix 1: summary of experiments performed by the Etna group during the last 20 years

| Exp N°           | Period | Objectives                        | Flume set-up            | Main results                                    | References           |
|------------------|--------|-----------------------------------|-------------------------|---|----------------------|
| E1 2000-<br>2003 |        | Development of new methods        | 4x 0.1 m   S = %        | Large bedload fluctuations were associated      | [Frey et al., 2003;  |
|                  |        | for bedload measurements with     | Q = 1 l/s               | with grain sorting                              | Ancey et al., 2006]  |
|                  |        | images analysis (backlight ramp)  | Qs = 270 g/s            |   |                      |
|                  |        | on steep slope experiments        | Duration = 2 h          |   |                      |
| E2               | 2003-  | A systematic analysis of grain    | [4-8]x[.05-0.15] m      | Large bedload and slope fluctuations            | [Recking, 2006;      |
|                  | 2006   | sorting with different mixtures   | S =1 to 9 %             | associated with bedload sheets (pulses).        | Recking et al.,      |
|                  |        | and flow conditions               | Q = 0.2-5 l/s           | Reproducibility of the process, analysis of the | 2009b; Recking,      |
|                  |        |                                   | Qs = 4-61 g/s           | mechanisms                                      | 2014]                |
|                  |        |                                   | Duration = 0.5 - 64 h   |   |                      |
| E3               | 2007-  | Testing the optimum conditions    | 6 x 0. 1 m   S = 12%    | The grains mobility must be such that the       | [Bacchi, 2011;       |
|                  | 2010   | for kinetic sorting               | Q = 0.3 & 0.55 l/s      | coarse fraction is poorly mobile (not too low,  | Bacchi et al., 2014] |
|                  |        |                                   | Qs = 6 & 60 g/s         | not too high).                                  |                      |
|                  |        |                                   | Duration = 110 & 92 h   |   |                      |
| E4               | 2010-  | A study of the effect of grain    | 6 x 1 m   S = 1.4%      | Horizontal and vertical sorting coexist and     | [Leduc, 2013]        |
|                  | 2013   | sorting on alternate bars and     | Q = 0.23 - 1.75 l/s     | control the dynamics of bar emergence (in a     |                      |
|                  |        | braided river morphodynamics      | Qs = 0.5 -5 g/s         | different way than with uniform mixture)        |                      |
|                  |        |                                   | Duration = 35 - 194 h   |   |                      |
| E5               | 2013-  | Sediment transport in channels    | 4.8 x 0. 11 m  S = 12%  | The efficiency of check dams is partly          | [Piton, 2016; Piton  |
|                  | 2016   | equipped with control structures  | Q = 0.55 l/s            | explained by grain sorting and its effect on    | and Recking, 2016]   |
|                  |        | in mountain streams               | Qs = 44 g/s             | the bed scouring at the reach scale             |                      |
|                  |        |                                   | Duration = 50 h         |   |                      |
| E6               | 2016-  | Study of the competition          | 6x[0.5-0.25] m   S = 3% | When the main channel is constrained,           | [Carbonari, 2019;    |
|                  | 2019   | between surface and vertical      | Q = 0.55 l/s            | vertical sorting predominates. Alternate bars   | Carbonari et al.,    |
|                  |        | sorting with various lateral      | Qs = 8 g/s              | may be an optimum morphology for                | 2020]                |
|                  |        | constrain conditions              | Duration = 60 h         | transport.                                      |                      |
| E7               | 2019-  | Study of self-generated pulses in | 6x 0.1 m   S = 18 %     | The dynamics of the pulses is fully controlled  | [Piantini et al.,    |
|                  | 2022   | mountain fans                     | Q = 0.45 l/s            | by grain sorting                                | 2021]                |
|                  |        |                                   | Qs = 80 g/s             |   |                      |
|                  |        |                                   | Duration = 45 h         |   |                      |

# Appendix 2: Data Set

5

# Table A2.1: Data from experiment E2

|     | Sediment Mixture |           |           | Flume<br>dimensions Duration |         | Inlet fluxes |          | Slope (m/m) |         | Output peak* solid discharge (g/s) |            |       |       |            |              |          |
|-----|------------------|-----------|-----------|------------------------------|---------|--------------|----------|-------------|---------|------------------------------------|------------|-------|-------|------------|--------------|----------|
|     |                  | Seulinent | Iviixture | D                            | uiiilei | 1510115      | Duration | met         | liuxes  | 310                                | pe (III/II | ''    | Qs    | put peak s | onu uiscriai | ge (g/s) |
| Run | %2.3mm           | %4.9mm    | %9mm      | (mm)                         | W(m)    | L(m)         | (h)      | Q(I/s)      | Qs(g/s) | S mean                             | Smin       | Smax  | (g/s) | %2.3mm     | %4.9mm       | %9mm     |
| 1   | 50               | 0         | 50        | 5.65                         | 0.15    | 8            | 22       | 5           | 14.4    | 0.018                              | 0.016      | 0.020 | 32    | 50.6       | 0.0          | 49.4     |
| 2   | 50               | 50        | 0         | 3.60                         | 0.1     | 2            | 2.3      | 0.8         | 5.41    | 0.033                              | 0.030      | 0.036 | 10.3  | 57.3       | 42.7         | 0.0      |
| 3   | 50               | 50        | 0         | 3.60                         | 0.1     | 2            | 1.8      | 0.6         | 8.17    | 0.046                              | 0.041      | 0.050 | 20.4  | 64.2       | 35.8         | 0.0      |
| 4   | 50               | 50        | 0         | 3.60                         | 0.1     | 2            | 1.7      | 0.7         | 13.1    | 0.047                              | 0.043      | 0.050 | 25.2  | 58.3       | 41.7         | 0.0      |
| 5   | 50               | 50        | 0         | 3.60                         | 0.1     | 8            | 22       | 0.8         | 18.05   | 0.049                              | 0.047      | 0.050 | 32.3  | 54.8       | 45.2         | 0.0      |
| 6   | 50               | 50        | 0         | 3.60                         | 0.05    | 8            | 64       | 0.17        | 10.38   | 0.086                              | 0.082      | 0.090 | 17    | 58.8       | 41.2         | 0.0      |
| 7   | 50               | 50        | 0         | 3.60                         | 0.05    | 8            | 46       | 0.2         | 13.53   | 0.087                              | 0.083      | 0.090 | 22    | 53.2       | 46.8         | 0.0      |
| 8   | 50               | 50        | 0         | 3.60                         | 0.05    | 8            | 33       | 0.24        | 19.9    | 0.084                              | 0.081      | 0.087 | 26.4  | 47.0       | 53.0         | 0.0      |
| 11  | 30               | 70        | 0         | 4.12                         | 0.1     | 2            | 1        | 0.8         | 12.83   | 0.046                              | 0.042      | 0.050 | 24.1  | 44.0       | 56.0         | 0.0      |
| 12  | 30               | 70        | 0         | 4.12                         | 0.1     | 2            | 0.5      | 0.9         | 13.91   | 0.046                              | 0.043      | 0.049 | 29.9  | 52.2       | 47.8         | 0.0      |
| 13  | 30               | 70        | 0         | 4.12                         | 0.1     | 2            | 0.7      | 1.1         | 24.7    | 0.047                              | 0.044      | 0.050 | 35.4  | 44.1       | 55.9         | 0.0      |
| 14  | 30               | 70        | 0         | 4.12                         | 0.1     | 2            | 0.7      | 1.3         | 33.91   | 0.049                              | 0.048      | 0.050 | 40.2  | 36.3       | 63.7         | 0.0      |
| 15  | 0                | 50        | 50        | 6.95                         | 0.1     | 2            | 0.9      | 1.5         | 39.52   | 0.058                              | 0.055      | 0.061 | 72.4  | 0.0        | 62.2         | 37.8     |
| 16  | 0                | 50        | 50        | 6.95                         | 0.1     | 2            | 0.5      | 1.8         | 61      | 0.060                              | 0.058      | 0.061 | 64.6  | 0.0        | 46.1         | 53.9     |
| 17  | 40               | 20        | 40        | 5.50                         | 0.1     | 2            | 0.8      | 1.2         | 11.97   | 0.041                              | 0.033      | 0.049 | 34.2  | 49.1       | 19.9         | 31.0     |
| 18  | 33               | 33        | 33        | 5.35                         | 0.1     | 2            | 0.5      | 0.8         | 19      | 0.060                              | 0.052      | 0.068 | 60.8  | 29.9       | 40.3         | 29.8     |

<sup>\*</sup>Bedload was sampled by hand except for run7 for which image analysis was used for a continuous survey (the peak value corresponds to a mean for values overpassing a threshold)

Table A2.2 Data from other experiments

| Experiment  | W(m)          | S(m/m)       | Q(I/s)       | Qsin(g/s) | Qs peak (g/s) |  |  |  |  |
|---|---------------|--------------|--------------|-----------|---------------|--|--|--|--|
| E3 (D <sub>16</sub> = 1.84 mm, D <sub>30</sub> = 2.13 mm, D <sub>50</sub> = 3.16 mm, D <sub>84</sub> = 9 mm, D <sub>m</sub> = 6 mm) |               |              |              |           |               |  |  |  |  |
| Runs duration = 92 and 110h   |               |              |              |           |               |  |  |  |  |
|   | 0.1           | 0.11         | 0.55         | 60        | 80            |  |  |  |  |
|   | 0.1           | 0.113        | 0.55         | 60        | 92            |  |  |  |  |
|   | 0.1           | 0.112        | 0.55         | 60        | 84            |  |  |  |  |
|   | 0.1           | 0.113        | 0.55         | 60        | 100           |  |  |  |  |
|   | 0.1           | 0.114        | 0.55         | 60        | 94            |  |  |  |  |
|   | 0.1           | 0.113        | 0.55         | 60        | 81            |  |  |  |  |
|   | 0.1           | 0.111        | 0.55         | 60        | 110           |  |  |  |  |
|   | 0.1           | 0.111        | 0.55         | 60        | 100           |  |  |  |  |
| E5 (D <sub>min</sub> = 0.8 mm, D <sub>50</sub> = 3 mm, D <sub>84</sub> = 8.2 mm, D <sub>max</sub> = 20 mm, D <sub>m</sub> = 5.6 mm) |               |              |              |           |               |  |  |  |  |
| Run duration  | 1 = 50h, Sele | ection peaks | values in Ri | un 0      |               |  |  |  |  |
|   | 0.107         | 0.124        | 0.55         | 44        | 108           |  |  |  |  |
|   | 0.107         | 0.12         | 0.55         | 44        | 95            |  |  |  |  |
|   | 0.107         | 0.13         | 0.55         | 44        | 98.4          |  |  |  |  |
|   | 0.107         | 0.116        | 0.55         | 44        | 93.2          |  |  |  |  |
|   | 0.107         | 0.123        | 0.55         | 44        | 105           |  |  |  |  |
|   | 0.107         | 0.14         | 0.55         | 44        | 126.67        |  |  |  |  |
|   | 0.107         | 0.137        | 0.55         | 44        | 125           |  |  |  |  |
|   | 0.107         | 0.12         | 0.55         | 44        | 100.5         |  |  |  |  |
| E7 (mixture of sand 40% and gravel 60%, D <sub>50</sub> = 5.16 mm, D <sub>84</sub> = 9 mm)  |               |              |              |           |               |  |  |  |  |
| Runs duration = runs of 0.5-1 h   |               |              |              |           |               |  |  |  |  |
|   | 0.1           | 0.18         | 0.45         | 80        | 350           |  |  |  |  |
|   | 0.1           | 0.185        | 0.45         | 80        | 350           |  |  |  |  |
|   | 0.1           | 0.189        | 0.45         | 80        | 350           |  |  |  |  |

### 10 Appendix 3: Flow resistance equation [Recking et al., 2008b]

The following flow resistance equation (deduced from the analyses of 2282 flume and field values) was specifically derived in Recking et al. [2008] for accounting for the effect of bedload on flow resistance:

$$\frac{U}{\sqrt{gRS}} = 6.25 + 5.75 \log \left( \frac{R}{\alpha_{RL} \alpha_{BR} D} \right)$$

Where 
$$\alpha_{RL} = 4 \left(\frac{R}{D}\right)^{-0.43}$$
 with  $1 \le \alpha_{RL} \le 3.5$ 

$$\alpha_{BR} = 7S^{0.85} \frac{R}{D}$$
 with  $1 < \alpha_{BR} \le 2.6$ 

where U is the vertically averaged flow velocity, R is the hydraulic radius,  $\alpha_{RL}$  is a roughness layer coefficient taking into account deviation from the logarithmic profile on small relative depth flows (with an increasing influence of the roughness layer), and  $\alpha_{BR}$  is a bedload roughness coefficient taking into account additional flow resistance caused by bedload.

# **Supplementary material**

Available upon request to the first author.

SM1: The field data set used in the paper

SM2: video\_1 (Sediment pulses)

SM3: video 2 (amour breaking)

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