

## Comparison of expander and Instant Controlled Pressure-Drop DIC technologies as thermomechanical pretreatments in enhancing solvent extraction of vegetal soybean oil

Cherif Jablaoui, Colette Besombes, Bassem Jamoussi, Larbi Rhazi, Karim

Allaf

## ▶ To cite this version:

Cherif Jablaoui, Colette Besombes, Bassem Jamoussi, Larbi Rhazi, Karim Allaf. Comparison of expander and Instant Controlled Pressure-Drop DIC technologies as thermomechanical pretreatments in enhancing solvent extraction of vegetal soybean oil. Arabian Journal of Chemistry, 2020, 13 (10), pp.7235-7246. 10.1016/j.arabjc.2020.08.005. hal-03387792

## HAL Id: hal-03387792 https://hal.science/hal-03387792

Submitted on 17 Oct 2022

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution - NonCommercial 4.0 International License

- 1 Comparison of Expander and Instant Controlled Pressure-Drop DIC
- 2 technologies as Thermomechanical Pretreatments in enhancing

## solvent extraction of vegetal soybean oil

4

3

- 5 Cherif JABLAOUI<sup>1,3,\*</sup>; Colette BESOMBES<sup>1</sup>; Bassem JAMOUSSI<sup>2</sup>; Larbi RHAZI<sup>3</sup>; Karim
   6 ALLAF<sup>1,\*</sup>
- 7 1. La Rochelle University; LaSIE (Laboratory of Engineering Sciences for Environment); 7356
- 8 UMR CNRS. Avenue Michel Crépeau 17042 La Rochelle (France); Phone: +33685816912. email:
  9 kallaf@univ-lr.fr; ORCID: 0000-0002-7600-5903.
- 10 2. Department of Environmental Sciences, King Abdulaziz University, Jeddah, Saudi Arabia.
- 11 3. UniLasalle Polytechnic Institute; Beauvais (France).
- 12 \* Corresponding author

## 13 Running Head:

14 DIC to enhance Solvent Extraction of vegetal oil

## 15 Abstract

As an intensification process of the unit operation of vegetable oil extraction, the cooking pre-16 17 treatment systematically results in damaging thermal degradations. However, recently, two 18 thermomechanical expansion processes have been suggested and applied at industrial scales to 19 pre-treat oilseeds: expansion and instant controlled pressure drop DIC. In both cases, it is a flash 20 transformation from high-temperature/high-pressure to 100°C/atmospheric pressure and 21 33°C/vacuum phases, respectively. The use of DIC resulted in cumulative impact yields of 247 22 mg oil/g db, compared to 210, 230, and 224 for cracking, cracking/blocking, and expanding, 23 respectively. To achieve the same yields obtained in 160 min for cracked or cracked/flaked 24 soybean, the expander took 120 min against 35 min for DIC. Besides, thanks to the short heat 25 treatment and the induced instant cooling, DIC allowed the highest preservation of soybean oil 26 quality, with fatty acid concentrations almost identical to that of untreated seeds.

## 27 Practical impacts

28 In the sector of the vegetal oil industry, researchers and engineers mostly look for increasing the

- 29 extraction yields while preserving or improving the sensorial and biochemical quality of the oil.
- 30 Henceforth, the modification of the oleaginous seed texture may usually be the major factor

31 affecting and normally enhancing the capacity of extraction. Based on the improvement of 32 material structure through adequate expansion, the higher the volume of vapor issued from the 33 autovaporization throughout the instant controlled pressure-drop (DIC) technology, the higher 34 the oil yields. Moreover, using the instantaneous thermodynamic theory, the feasibility of 35 integrating DIC technology as an HTST treatment in the industrial-scale soybean extraction 36 process could be performed and optimized without any biochemical degradation.

Keywords: Texturing; Instant Controlled Pressure-Drop (DIC); Coupled Washing-Diffusion
Modeling; Effective Solvent Diffusion; Oil Quality Preservation.

## 39 **1. Introduction**

Engineers and researchers studying the processes of extraction of plant-based ingredients (active molecules, fibers, vegetable oils, proteins, etc.) agree in the necessity of changing the natural structure of the plant before performing the properly said solvent extraction. Extraction process from beans and seeds, fruit and vegetables, leaves and roots, etc. normally requires significant initial pretreatment operations, such as husking and cutting, crunching and grinding, cracking and flaking, etc. Furthermore, the operations capable of increasing the porosity and tortuosity, allow improving the technological ability for solvent extraction.

47 The extraction of vegetal oil is highly important in industrial processes. Likewise, for dozens of 48 years, soybean has become one of the strongest oleaginous seeds with significant amounts of 49 both oil and protein with 21.38% and 40.69% db (dry basis), respectively (Brumm et al., 2004). 50 Thus, soybean has become one of the most important food crops and the main lipid resource consumed in the United States (57%) which, according to Cheng et al. (2018), is the world's 51 52 largest producer. The soybean oil is the largest vegetable oil used in industrial food applications 53 such as cooking, frying, etc., reaching 75% of the total human consumption of oil. With about 54 54% of the worldwide vegetal oil production, soybean is currently the main source of vegetable 55 oil (USDA, 2020) and protein-based meals (Britz et al., 2008). The adequate chromatography 56 analyses show that the polyunsaturated fatty acid fraction was the dominant compound with a 57 combination of linoleic acid C18:2, oleic acid C18:1, and linolenic acid C18:3 (Omega 3) with 58 percentages of 47.6%, 27.15%, and 6.7%, respectively (Cheng et al., 2018).

Commonly, the extraction of soybean oil is carried out by solvent, mainly n-hexane, which has
been preferred because of its high selectivity in dissolving the oil, its high volatility in removing
it from the meal, its high productivity and weak energy consumption, and environmental effects

62 (Hammond et al., 2005); (Rosenthal et al., 1996), and relatively low cost.

63 However, it is worth noticing that the modern industries of solvent extraction of oil, some initial 64 pre-treatment operations of oleaginous seeds have been used to render the structure and the sizes 65 more adapted to the process, whilst avoiding preheating stages that would induce thermal 66 degradations (Perez et al., 2011). Hence, normally successive mechanical pretreatments are used 67 such as i/ dehulling, ii/ grinding, and iii/ flattening. More recently, the use of expander has been 68 developed. It consists of short-term heat treatment at high steam pressure, followed by rapid 69 depressurization towards the atmospheric pressure. Expander treatment requires also a 70 subsequent cooling step to reach the ambient temperature level to stop thermal degradation and 71 meet consumer requirements of high-quality oil and meal. Expander removes the outer 72 membrane, reduces the surface resistance to mass transfer, and increases the porosity of the bean 73 matrix. Specifically, the solvent gets higher diffusivity within the expander-texture grain. 74 Therefore, a significant change in the structure of oleaginous material is essential to achieve 75 porosity (Zhang et al., 1994) (Hernandez E. 2019).

Nowadays, the pretreatment of seeds before the hexane extraction process and the degummingand other refining operations are included in the industrial flow diagram Figure 1.

78

#### Figure 1. Industrial flow-chart of the solvent extraction of soybean oil

79 The dehulling process of removing the outer membrane allows more direct contact between the 80 solvent and the interaction bean surface. The cracking operation results in the breaking up into 81 small pieces of soybeans, which pass between two crenelated cylinders able to achieve the 82 distortion and breakage of the grain. Although such an operation implies no real modifications of 83 the diffusivity, the extraction is improved through the reduction of the transfer distance and the 84 increase of the interaction surface. Thus, grinding normally results in increasing the interaction 85 between the granules and the solvent. Thus, the crushing stage is generally followed by an 86 aspiration operation performed to purge the fine powder and eliminate the shell-forming about 87 8% of the weight of the seed. This operation allows a clear increase in protein in the cake. 88 Following cracking, the flaking of the soybeans is carried out using a passage in a succession of 89 rotating cylinders operating at high temperatures. The thickness of the flasks obtained ranges 90 from 0.2 to 0.3 mm, which results in a greater interaction surface area between the solvent and 91 the material, i.e. a greater starting accessibility. However, it is worth noticing that such pressing 92 usually implies a decrease in porosity and thus a lower diffusivity. Notwithstanding, chipping 93 generally has a positive impact on extraction with better yield and greater kinetics (Zhang et al., 94 1994).

95 The study of extrusion and expander in the preparation of oleaginous materials started in the 96 1970s at a laboratory scale. Contrariwise, their use at the industrial-scale has not started before 97 the 1980s to impact oil extraction (Johnson and Lusas, 1983). The expander allows the soybeans 98 to be in close contact with a high-pressure saturated steam flow and move through a screw 99 within the high-temperature treatment vessel. This heating system converts soya flakes into 100 porous plugs employing the rapid passage of the material from the high-pressure zone (in the 101 internal part of the expander) towards the atmospheric pressure. Extrusion and expander mainly 102 differ from the heating energy source. Indeed, while the expander heats the seeds by 103 condensation/convection of saturated and super-heated steam, the extrusion heating source is 104 chiefly performed by the mechanical way of sharing between the screw and vessel-wall (Mat 105 Yusoff et al., 2015). Allaf et al. (2014) proved that the decompression towards the atmospheric 106 pressure systematically has a very limited impact in terms of expansion, whereas the instant 107 controlled pressure-drop towards a vacuum has a much higher capacity of texturing (swelling, 108 etc.). DIC can lead to a rupture of the cell walls. Indeed, the texturing effect normally depends on 109 the amount of vapor generated by autovaporization which is directly correlated with the 110 temperature drop  $\Delta T_{pd}$ . Thus, at a similar temperature and for different treatment-time, expander 111 impact should normally be much weaker than the Instant Controlled Pressure-Drop DIC. Hence, 112 expander treatment of oleaginous grains, which is usually performed at 0.6 MPa as absolute 113 steam pressure with about 160 °C as treatment temperature, the decompression towards the 114 atmospheric pressure results in a temperature drop  $\Delta T_{pd} = 60$  °C. With similar treatment conditions of steam pressure and temperature, DIC flash-depressurization usually achieved 115 116 around a vacuum of 4 kPa, i.e. a final equilibrium temperature of about 30 °C, has a twice more 117 temperature drop  $\Delta T_{pd} = 130 \ ^{\circ}C.$ 

118 Our present study deals with inspecting, defining, and evaluating the impacts the different 119 mechanical pretreatments and thermal/mechanical texturing ways on solvent extraction of 120 soybeans brought in terms of oil yields and quality. It aimed at relevantly measuring the effects 121 of the processing conditions and optimizing the specific case of Instant Controlled Pressure-Drop 122 DIC texturing for the most relevant industrial operation. Such a study should also allow 123 establishing empirical correlations between treatment conditions, structure, and functional 124 behavior of differently pretreated soybeans. More than a simple yield intensification and 125 preservation of both oil and meal quality, this study goes beyond the simple technical 126 comparison study of the texturing treatment. It was integrating the industrial processes and 127 identifying their impacts in terms of energy consumption, environmental impact, and total costs.

## 128 2. Materials and methods

#### 129 **2.1. Raw materials**

- 130 American soybeans were provided by "Carthage Grains" corporation. They were pretreated at an
- 131 industrial scale before achieving the solvent extraction operation. The sequential pretreatments
- 132 were the cracking (C), cracking-flaking (CF), and cracking-flaking-expanding (CFEx) (Figure
- 133 2). Afterward, these differently pretreated C, CF, and CFEx soybeans were textured by Instant
- 134 Controlled Pressure-Drop DIC using the laboratory-scale equipment at different conditions of
- 135 saturated dry steam pressure P and treatment time t, as defined by the Design of Experiments
- 136 (DoE). The differently pretreated soybeans were all adjusted in terms of moisture content using
- 137 an airflow drying at 40 °C and 3 m/s to reach 11% wet basis.

#### 138 **2.2. Chemical product**

139 For the extraction and analysis of soybean oils (fatty acids and tocopherols), the solvents used

- 140 (methanol, ethanol, toluene, dichloromethane, acetonitrile, chloroform, and hexane) were HPLC
- 141 and GC -grade solvents were supplied from Thermo Fisher Scientific (Courtaboeuf, France) by
- 142 UniLasalle Polytechnic Institute (Beauvais, France) and La Rochelle University (France).

#### 143 2.3. Experimental Methodology

144 N-hexane solvent extraction of soybean oil was accomplished with differently pretreated samples 145 C; CF; and CFEx. To recognize the best manner of Instant Controlled Pressure-Drop DIC texturing, we defined a specific Design of Experiment DoE integrating the main DIC operating 146 parameters. The responses in terms of yields and kinetics were measured as the most effective 147 148 way to assess the modification of the technological aptitude of the materials. Randall extraction 149 method was adapted to compare various yields while dynamic maceration allowed defining the 150 extraction kinetics. Additionally, chromatography analyses were used for measuring the concentration of different fatty acids and specifying the extracted oil quality. 151

- 152 The protocol based on the integration of DIC texturing in the preparation stage of the soybean153 seeds before solvent extraction.
- 154 Figure 2. Diagram and experimental protocol of soybean oil extraction inserting a DIC texturing stage 155 Figure 2 presents different routes for vegetal oil extraction including the possible ways to 156 improve yields and kinetics of soybean oil extraction by adding DIC treatments using a Design 157 of Experiment DoE on each type of pretreated seed at the industrial scale of the solvent
- 158 extraction line.

#### 159 **2.4.** Main intensification ways and technology

DIC texturing process (Figure 3) had different impacts depending on the operating parameters, the characteristics of soybeans. It changed the porosity and the tortuosity of the treated samples to, consequently, increase the solvent diffusivity within the bean. It also allowed breaking the cell walls and increasing the oil availability in the grain (Jablaoui, 2018). The modifications of oil diffusivity and availability allowed n-hexane extraction to revise Randall yields and dynamic maceration kinetics, respectively.

Figure 4 shows that the difference in temperature just before and after DIC flash decompression
mainly alters its impacts. By using the saturated dry steam as the heating source, the treatment
temperature ranged from 152 to 180 °C depending on the pressure range between 0.5 and 1 MPa.
DIC processing time t usually ranged between 10 and 100 s, was defined to ensure adequate
thermal and moisture homogeneities within the seed. The pressure-drop is performed towards a
vacuum of 4 kPa, with an instantaneous mode in less than 20/40 10<sup>-3</sup> s. Usually, the

172 decompression rate  $\Delta P/\Delta t$  should be higher than 500 kPa s<sup>-1</sup>.

Figure 4 shows the DIC stage. It is worth noticing that a first vacuum phase is achieved to set a close superficial interaction between the material and the saturated dry steam in the treatment vessel. The high-temperature/high-pressure stage is usually defined to allow the grain to reach suitable internal thermal and moisture homogeneities. By abruptly dropping the pressure towards a vacuum, the autovaporization of some amount of the grain water instantaneously happens, provoking an inevitable cooling and a possible texturing (Ben Amor and Allaf, 2009a).

$$m_{v} = \frac{m_{d}(c_{p,d} + W_{p,H20}c_{p,w})(T_{t} - T_{f})}{L}$$
 Eq 1

179 The structure modification of the grains in terms of expansion ratio and tortuosity inevitably depends on the quantity of the generated vapor m<sub>v</sub> and more specifically its volume. For similar 180 181 treatment parameters of saturated steam pressure and temperature T<sub>t</sub>, the autovaporized quantity of  $m_v$  strictly depends on the final pressure, and, obviously the final temperature  $T_f$ . Since the 182 183 vacuum level of DIC was about 4-5 kPa, the temperature abruptly reached just after the instant decompression an equilibrium level of about 30-33 °C. This means that m<sub>v</sub> was about twice more 184 in DIC with  $(T_t - T_f) = (152 - 33)^{\circ}C$  than in expander  $(T_t - T_f) = (152 - 100)^{\circ}C$ . It is well-185 186 known that the higher the amount of vapor generated by autovaporization, the higher the 187 texturing effect (Ben Amor and Allaf, 2009b).

- 188 Subsequently, by instantaneously dropping the saturated dry steam towards a vacuum, DIC
- 189 incites a much higher possible expansion leading to much better porosity and greater tortuosity
- 190 than expander can do. The optimized DIC treatment should inexorably imply higher texturing
- 191 and tortuosity, hence possibly increasing the technological aptitudes of the product in terms of
- 192 effective diffusivity and starting accessibility with a higher interaction exchange surface.
- 193 Likewise, the autovaporization/texturing process may also lead to breaking cell walls, which
- 194 increases the availability of the oil and active molecules in the cells (Allaf and Allaf, 2014) and
- 195 (Jablaoui et al., 2019).
- 196Figure 3. Schematic diagram of DIC laboratory scale unit: 1/ Treatment vessel; 2/ Vacuum tank; 3/ Large section-<br/>instant opening valve; 4/ water-ring vacuum pump; 5/ Saturated steam generator with condensed water trap.
- 198 During the outstandingly short-time pressure-drop (dozens of milliseconds), only the
- 199 thermodynamics of instantaneity can adequately interpret this far-from the quasi-static process.
- 200 Since the temperature is fundamentally defined as the density per mole of the kinetic energy of
- 201 anisotropic translational random micro-agitation, the one-dimension organization of velocity
- 202 during such so short time decompression results in a precipitous cooling, easily crossing the
- 203 glass transition and greatly improving the vapor separation (Chemat et al., 2017).
- Figure 4. Stages of DIC and expander treatments, respectively: A/ Grains to set in the treatment vessel to immediately connect with the vacuum tank (only for DIC); B/ Saturated dry steam to reach the desired pressure and temperature treatment levels; C/ High pressure/high temperature to maintain for dozens of seconds (for DIC) and some minutes (for expander); D/ Pressure to abruptly drop towards a vacuum (3-5 kPa for DIC), and towards the atmospheric pressure (for expander); E/release from the vacuum towards the atmosphere pressure (for DIC) and a cooling stage from 100 °C towards an almost ambient temperature (for expander).
- 210 **2.4.1.** Oil yield and solvent extraction of soybean seeds
- 211 The impact of DIC treatments at different operating parameters was assessed by measuring the
- 212 oil yields and kinetics through n-hexane extraction. Each treated sample was crushed using a
- 213 knife-grinder for 15 s at 10000 t/min. Particles of 0.4 mm in diameter were selected for
- determining the oil yield based on Eq. 2 (ISO 659:1998 Oilseeds; Determination of oil content).

$$Y_{\text{oil}} = \frac{\text{mass of extracted oil}}{\text{mass of dry basis (db)}} \qquad \qquad Eq. 2$$

#### 215 **2.4.2.** Solvent extraction through Randall method

- Similarly, the differently DIC-treated soybeans were crushed. 3 g of soybean powder at 11%
- 217 moisture were placed in a Randall **velp-148** using n-hexane at 55°C, for 6-h. Then, the extract
- 218 was evaporated under vacuum using a 6-L rotary evaporator (Genser Scientific Instruments
- 219 91541 Rothenburg ob der Tauber; Germany) at 40 °C until constant mass to recover hexane
- 220 Micelle and residue under a dry air stream (Ben-Youssef et al., 2017).

#### 221 **2.4.3.** Dynamic Maceration (DM)

222 3 g powder of DIC treated soybeans and a volume of 40 mL of n-hexane were added to a 100-ml 223 Erlenmeyer flask of. The mixture was stirred at 200 rpm for 12 h at 55 °C (slightly lower than 224 the boiling temperature of hexane). To study the maceration kinetics, the samples were collected 225 at different extraction times and filtered through a 0.2 µm filter syringe of (PTFE filters). The 226 extracted oil was separated from the solvent, and, then quantified. The filtrates were evaporated 227 to a constant weight under nitrogen flow at ambient temperature. The extraction yield was 228 defined as the amount of the oil extracted from 100 g of matter. Each experimental run was 229 conducted at least in duplicate.

#### 230 **2.5.** Study and modeling of the extraction kinetics

After the starting stage of superficial interaction of the solvent, and since n-hexane is capable of greatly dissolving the vegetable oils, the two phenomena of solvent-solute diffusion within the grain, and mass convection at the exchange surface, simultaneously occur. Since the extraction process was made under high-speed stirring conditions, the external superficial transport was so intensified that the extraction process briefly became Negligible External Resistance (NER). The internal effective diffusion of the solvent-solute was the limiting process.

237 Thus, the solvent extraction kinetics was studied through the phenomenological model of 238 Coupled Washing/Diffusion (CWD). In these conditions, the internal mass transfer revealed the whole extraction process. Subsequently, it was modeled based on similar Fick's law with the 239 effective diffusivity D<sub>eff</sub> (m<sup>2</sup> s<sup>-1</sup>) to expose the global internal liquid transfer (Fernández et al., 240 241 2012). The mathematical solutions change depending on the specific conditions of the shape and 242 average size of the granules. In the present case, we assumed D<sub>eff</sub> as a constant, independently on 243 the position within the grain and operation time. Crank solutions can then be adopted as series or 244 error functions for short diffusion times, or trigonometric series or Bessel functions for larger 245 time (Lebovka et al., 2016).

$$\frac{(\mathbf{Y}(t) - \mathbf{Y}_{t_0})}{(\mathbf{Y}_{\infty} - \mathbf{Y}_{t_0})} = \sum_{i=1}^{\infty} \mathbf{A}_i \exp(-\mathbf{q}_i^2 \tau) \qquad \qquad Eq \ 3$$

By limiting Crank series to its first term, the logarithm transformation allows linearizing **Eq 3**, to identify the slope K. The experimental results to use must excluding the data ranged between the initial time (t=0) and t<sub>0</sub> assumed as a time that let the extraction be controlled by the diffusion. Thus, the effective diffusivity  $D_{eff}$  is estimated from Eq. 4:

$$Ln\left(\frac{Y-Y_{t_o}}{Y_{\infty}-Y_{t_o}}\right) = f(t) = \mathbf{Kt} + \mathbf{a} \qquad Eq \ 4$$

250 It is noteworthy that only the experimental results for t>to were used in pursuing  $D_{eff}$ . By

extrapolating this theoretical model towards the origin (t=0), an initial yield  $Y_0$  usually higher than Y<sub>i</sub>=0 should reveal the starting accessibility  $\delta Y_s$  yield (g oil/g db):

$$\delta Y_{\rm s} = Y_{\rm o} - Y_{\rm i} = Y_{\rm o} - 0 \qquad \qquad Eq.5$$

the difference between the initial value of yield ( $Y_i=0$ ) and the theoretical value calculated from the diffusion model divulges the starting accessibility to link with the initial superficial interaction (Bouallegue et al., 2015). The starting accessibility  $\delta Y_s$  unfolds the oil quantity issued from the interaction between the solvent and the interaction surface of the product, normally carried out over a very short time.

#### 258 **2.6.** Assessments and Characteristics

#### 259 **2.6.1.** Chromatography measurements

Gas Chromatography GC was used to identify and quantify the free fatty acids. GC was Agile
Gas Chromatography 19091S-433 (Kyoto, Japan) well-appointed with a specific column (HP5MS 30m\*350µm\*0.25µm). The oven followed a special temperature program starting at 155
°C to rise 230 °C in 2 min to keep at a constant level of 240 °C for 50 min. Helium was the
carrying gas used at 0.37 m/s as speed.

- In an adapted vial, we set a sample of 15  $\mu$ l of oil, added 20  $\mu$ l of Tolbutamide Methyl-
- 266 Hydroxylase (TMH) with 1 ml of solution (50/50) of methanol-chloroform. Successively,
- samples of 1 µl each were automatically injected in a split mode of 1/200. The system was set to
- identify the fatty acids and their concentrations were measured through the integration of the
- 269 peaks using an internal program library (de Carvalho Claudio Guilherme Portela et al., 2018).
- 270 High-Performance Liquid Chromatography HPLC we used for the quantification of tocopherols
- 271 was a Shimadzu system fitted with two (LC-10AD) distribution pumps, an FL/FR-10AXL
- 272 detector, an automatic injector of 25 µl per sample, and, finally, an Altimma RPC-18 separation
- column of 250x4.6 mmx5 µm (Associates Inc.). Acetonitrile/methanol solution of 75:25 was
- injected as the mobile phase at 1 ml/mm as a flow rate. We stabilized the temperature of the
- column at 250 °C, set the fluorescence detector at 298 nm and 344 nm for excitation and
- emission wave, respectively, and selected the total separation time at 40 min. The  $\alpha$ ,  $\beta$ , and  $\gamma$

- 277 tocopherol fractions were identified, and their concentrations were measured based on the
- 278 retention time set with a calibration range of the different standards.

#### 279 **2.6.2.** Scanning Electron Microscopy

- 280 The assessments of microstructural changes of each soybean material depending on its
- 281 pretreatment way were achieved through an environmental scanning electron microscopy (SEM)
- 282 (JSM—5410/5410 LV JEOL Ltd., Tokyo, Japan), using the method defined by Mounir et al.
- 283 (2015). Each type of soybean was positioned using carbon adhesive on covered support and the
- 284 measurements were performed under a vacuum of 7 Pa and an accelerating voltage of 20 kV.

#### 285 **2.6.3. Design of Experiment DoE**

286 Among various possibilities, we opted for the Box Behnken as Design of Experimental DoE to 287 study the effect of DIC process parameters of saturated dry steam pressure (P) and treatment 288 time (t) on the oil extraction yields and kinetics. The RSM (response surface methodology) was 289 chosen as a nearly rotatable second-order design, with a five-level complete design consisting of 290 the center point, and the factorial and star points, normally identified as the points of the edges 291 from a cube. Indeed, while our objective was to study and optimize the DIC conditions, a 5-level 292 central composite design (CCD) was the most adequate design of experiment (DoE). This 293 implies a second-order empirical regression model to set the relationship between the controlled 294 independent variables of P and t input and the chosen responses. The selection of the 295 independent variables of the DIC processing parameters and their variation ranges was based on 296 the data issued from the literature and the accumulated 30-year know-how of our research team. 297 Additionally, some preliminary experiments were carried out in this objective. The dependent 298 variables chosen as responses were the following: oil yield  $Y_{\infty}$ , time to reach the same yields as 299 cracked Cr soybeans do in 160 min, starting accessibility  $\delta Y_s$ , and effective diffusivity  $D_{eff}$ .

300 To set the response surface methodology (RSM) to perform the statistical study of the data

301 issued from our experiments, Statgraphic software has been able to define the Analyses Of

302 Variance (ANOVA) and p-value of 5% probability level (p<0.05), and display on Pareto charts

to highlight the impacts of independent variables on each response. We reviewed the fit-degree

304 of the model to quote the lack of correspondence, including Fisher-test value and p-value, and

305 also built up the response surface from a quadratic empirical equation, while defining  $R^2$ .

## **306 3. Results and discussion**

#### 307 **3.1. Yield extraction versus DIC processing parameters**

The samples of different mechanically pretreated cracked (C), flaked (CF), and expanded (CFEx) soybeans, as well as the respective DIC textured forms (C-DIC) and (CF-DIC) were all submitted to the solvent extraction at the same conditions (Randall **velp-148** using n-hexane at 55 °C, for 6-h). The values of oil yields expressed in (g oil/g db) were shown in Table 1.

Table 1. Oil yields for Randall's 6-h extraction of soybean samples differently pretreated: (C) cracked,
(CF) flaked and expanded (CFEx) seeds, possibly followed by DIC texturing operation (C-DIC), (CF-DIC) and (CFEx-DIC) soybeans. Where P and t are the DIC steam pressure (MPa) and treatment time (s),
respectively; Y<sub>oil</sub> is Oil yields (g oil/g db: dry basis); RIE is the Ratio of Improvement of oil extraction=
Y<sub>oil-DIC</sub>/<sub>Yoil-RM</sub> (%); CPA represents the Central Points (DIC 1, 4, 7, 10, and 13).

- 318 In the same solvent extraction conditions, following the two mechanical pretreatments of
- 319 cracking C and cracking-flaking CF, the soybeans had increased oil yields. However, as we

320 expected, DIC texturing systematically allows the oil availability and yields to be noticeably

- 321 greater than cracked C and flaked CF soybeans, by 15.55% and 7.34%, respectively.
- 322 **3.2.** Statistical analysis of oil yields

323 To express and evaluate the kinetic parameters of solvent oil extraction (yields,  $D_{eff}$ , and  $\delta Y_s$ ),

324 versus the DIC texturing parameters such as the saturated dry steam pressure and processing

325 time, we used Statgraphics software in analyzing the effect plots, estimating the surface

326 response, defining the variance, and fitting the empirical equation of the experimental results.

- 327 We also systematically introduced the normalized Pareto diagrams. It is a convenient way to
- 328 possibly recognize the significant effects of the linear, quadratic, and interaction DIC parameters
- 329 P and t. The statistical results are represented in Figure 5. In the case of oil yields, it confirmed

that P and t had the highest significant effects with a p-value of 0.05.

- 331 Similarly, Eq.6 gives the second-order empirical regression model of the extraction yields Y<sub>oil</sub>
- 332 (expressed in g oil/g db) for cracked soybeans, versus the DIC processing parameters; P in MPa 333 and t in s with  $R^2=81.72\%$ .

$$Y_{oil_c} = 0.2088 + 0.1443P - 0.00041t - 0.218P^2 + 0.001Pt + 9.2 \ 10^{-7}t^2 \qquad Eq.6$$

The DIC parameters for cracked and flaked soybeans were optimized at 0.48 MPa for 105 s and 0.49 MPa and 96 s, with oil yields of 0.2452 and 0.24215 g oil/g db, which presents an increase

- of 0.033 and 0.00664 g oil/g db or about 14.56% and 3% higher than initial C and CF beans,
  respectively.
- 338 Figure 5 also shows a higher significant effect of the DIC processing parameters on the
- extraction yield of flaked soybeans CF with a regression coefficient  $R^2$ =89.13 and 0.05 as p-
- 340 value. Oil availability  $Y_{oil,CF}$  was given as an empirical regression model in Eq.7:

## $Y_{oiler} = 0.2091 + 0.11P - 0.000015t - 0.15P^2 + 0.00035Pt + 1.710^{-6}t^2$ Eq.7

- 341 By DIC texturing the flaked soybeans at 0.49 MPa for 96 s, oil yield reached 0.2452 g oil/g db
- 342 revealing an increase of 0.017 g oil/g db higher than the simply flaked soybeans.
- 343 In both cases C and CF, the optimal saturated steam pressure was identical (0.49 MPa).
- However, the optimal treatment times were different (105 and 96 s, respectively). This is
- obviously because the DIC treatment time depends on the thickness and the moisture and heatingdiffusivities.
- 347 The study confirms an improvement in extraction yields and kinetic extraction essentially
- 348 generated by a change in the technological aptitude of the grains treated with DIC.

#### Figure 5. Impact of DIC Parameters on oil yields in cracked C and flaked CF soybean seeds

350 Based on the results of the statistical study (separate effects Figure 5), variation in extraction

351 efficiencies as a function of the calculated amount of self-sprayed steam (Eq 1), and for a

- 352 pressure variation interval of [0.27, 0.63] confirms a positive correlation represented in Figure 6
- 353 for both the crushed and crushed flaked soybean study.

349

## 354 Figure 6: Correlation of the amount of the autovaporized vapor and oil extraction yield 355 3.3. Statistical analyses of the impact of DIC on extraction kinetics

356 To study the impact of various modifications of seed structure through the pretreatment 357 operations (cracking, flaking, and expansion) and DIC texturing technology on the kinetics of oil 358 extraction by n-hexane at each pretreated level of soybean, a study of the extraction yields as a 359 function of time was conducted. The purpose of the dynamic maceration extraction was to 360 compare the TRY (time required to achieve the same yields as cracked C beans) for CF beans 361 those from expander and suitable DIC-textured seeds (under optimal DIC conditions). The 362 experimental results (Figure 7) show that regardless of the level of pretreatment; Cracked, 363 flaked, or expanded, DIC texturing greatly accelerated the extraction process. Thus, while for 364 cracked soybeans, the oil yield of 0.207 g of oil/g db was reached in 160 min, a DIC-texturing

- 365 made it possible to obtain this level in only 35 min (TRY = 35 min), meaning three times faster
- 366 extraction capacity. For flaked soybean seeds, the value of **TRY** was almost similar to the
- 367 cracked beans, thus 160 min. The effect of expander was to reduce this **TRY** time to almost 120
- 368 min, which is about 1.33 times faster solvent extraction than for cracked or cracked/flaked beans.
- 369 It is worth highlighting that the optimized DIC texturing is about 4.7 times faster for solvent
- 370 extraction (TRY=35 min) (Table 2).
- Based on preliminary results and data issued from literature, the operations of the kinetics were considered for 160 min the differently treated seeds. In the cases of solvent extraction process of soybean, the highly stirred dynamic maceration was defined as a NER Negligible External Resistance process, which means that the resistance of the solute oil-in-solvent transport compared to the internal diffusion transfer was so weak that the properly said unit operation was methodically controlled by the internal mass transfer. We thus reviewed these different cases of
- kinetics through the Coupled Washing Diffusion CWD phenomenological model. With beans assumed to be spherical form, the slope K ( $s^{-1}$ ) issued from Eq 4 was used to identify the
- effective diffusivity  $D_{eff}$  (m<sup>2</sup>/s). Figure 7 shows its evolution versus the different processing parameters of DIC.
- Figure 7. Impact of Instant Controlled Pressure-Drop DIC texturing on oil extraction kinetics of different pretreated soybeans.
- From the diffusion theoretical curve, the starting accessibility was estimated as the yield of extracted oil before the diffusion process became the limiting phenomenon. It is projected by subtracting the inferred theoretical diffusion value  $Y_0$  and the experimental value  $Y_i$  at t=0 (Eq. 5). The starting accessibility  $\delta Y_s$  divulges the oil extracted through a direct interaction between the grain surface and the solvent.
- Table 2. Fundamental Parameters issued from the phenomenological model of Coupled Washing
   Diffusion CWD: the effective diffusivity D<sub>eff</sub> and starting accessibility δY<sub>s</sub>, while TRY is the "Time
   needed to get the same reference of Yield from cracked beans".
- 391 Cracked-flaked CF soybeans normally had lower effective diffusivity ( $D_{eff}=1.7$  against 3.2  $10^{-12}$
- $m^2/s$ ), and higher starting accessibility  $\delta Y_s$  (0.1487 against 0.1242 g oil/g db) than only cracked
- 393 C seeds. Certainly because of the decrease in porosity and an increase in exchange surface that394 flaking normally fetches.
- 395 Oppositely, by creating much higher porosity than expansion did, DIC-texturing resulted in
- twice more effective diffusivity while the starting accessibility was 60% higher (Figure 7 and
- 397 Table 2). These experimental data demonstrate that DIC texturing is a crucial pretreatment,
- 398 which marks much better than expander, the higher diffusivity and apparent exchange surface.

- 399 Specifically, the experiments confirmed what was predicted from the fundamental instantaneous
- 400 thermodynamic analyses. Thus, although similar in terms of saturated steam pressure and
- 401 process temperature, the DIC texturing resulted in a greater intensification of the solvent
- 402 extraction. The greater the structure modification, the higher the porosity and tortuosity, and
- 403 thus, the better the technological capabilities of DIC textured soybeans. This was confirmed by
- 404 scanning electron microscopic (SEM) observations in (Figure 8) to better recognize the
- 405 biological microstructure and textural modifications in each pretreated group of seeds.
- 406 Figure 8. Impact of expander and Instant Controlled Pressure-Drop DIC texturing on the structure of Crushed 407 flaked soybeans by scanning electron microscopy SEM observation: a) nonthermal textured seeds; b) Expander
   408 treated seeds; c) DIC textured seeds; d) DIC-textured of Expander treated seeds.
- 409 The microstructure of Crushed flaked soybeans presents effectively organized cells, while
- 410 expander thermal texturing implies slight modifications of these cells. The impact of DIC was
- 411 much more important in opening the cells and, thus, increasing the oil kinetic extraction. The
- 412 most expansion impact became from coupling both expander and DIC treatments.
- 413 Moreover, depending on the severity of each operation, possible broken-wall cells may occur.
- 414 However, the DIC stands out by reaching a more expanded structure, getting, just after
- 415 decompression, lesser equilibrium temperature (usually 33 °C instead of 100 °C) that is to say no
- 416 further cooling stage is needed and requiring much lower energy consumption. DIC allows
- 417 increasing oil yields, quality preservation, and effective kinetics.

# 418 3.4. Gas Chromatography analyses and soybean oil quality versus DIC treatment 419 conditions

- 420 Gas chromatography was used to identify and quantify the fatty acid compounds of the different
- 421 oil samples. Table 3 presents the two groups of saturated and unsaturated lipids. The amounts of
- 422 the palmitic acid (C16:0), stearic acid (C18:0), and arachidic acid (C20:0), which are the
- 423 saturated fatty acids, were preserved after DIC treatment at their initial percentages of 11%,
- 424 4.5%, and 0.4%, respectively. The same behavior was observed for the unsaturated fatty acids
- 425 with oleic acid (C18:1), linoleic acid (C18:2), and linoleic (C18:3) whose percentages were
- 426 24.1%, 53%, and 7%, respectively. In optimized DIC texturing conditions, the yield
- 427 enhancement was accompanied by substantial preservation of the oil quality.
- Table 3. Gas Chromatography analyses of Fatty acid distribution and tocopherol compounds and contents
   for raw material, Expander-treated, and differently DIC textured soybeans.
- 430 Such a similarity in the lipid profiles of oil extracted from raw material (RM) and DIC-textured
- 431 soybeans allowed increasing yields, enhancing the kinetics, and preserving the oil and cake
- 432 quality.

433 Moreover, the data (Table 3) based on a comparative determination of the tocopherols content  $(\delta, \gamma, \text{ and } \alpha)$ , show a slightly-significant variation according to the differently DIC treated 434 soybeans. These modifications inside the values of tocopherol compounds;  $\delta$ ,  $\gamma$ , and  $\alpha$  occurred 435 436 but without any negative impact on total tocopherol content. Moreover, as usual, optimized DIC 437 treatment allows preserving or even increasing the antioxidant availability in various types of 438 plant-based materials, because of the new porous texture performed at high temperature for a very short time (High-Temperature/Short-Time HTST DIC process). The fact that Expander 439 440 treatment implies much larger thermal treatment time and resulting in much lower porosity than 441 DIC perfectly explains this behavior.

442 As confirmed in the work of (Mannaï et al., 2019) and (Jablaoui et al., 2018), a high-

443 temperature/short-time treatment, a suitably optimized DIC involves significant conservation of

444 the biochemical composition, even for thermal sensitive molecules. Indeed, since the high-

temperature treatment is achieved in a very short time and the final low temperature is

446 immediately reached thanks to the vacuum level, DIC treatment didn't imply any notable

447 biochemical degradation.

#### 448 **3.5.** Industrial application: Energy balance and environmental impact

449 The integration of DIC in the industrial process of solvent extraction of soybean oil results in a

450 great reduction of the operation time and an overall increase in oil yield with preservation of the

451 quality. Thus, for a total quantity of one ton (1000 kg) of raw material, the oil yields become 177

452 kg for DIC-soybeans in about 35 min and 163 kg for expander-soybeans in about 120 min

453 against 154 kg in 160 min for nonthermal textured cracked soybeans (Table 4).

454 The "Expander" and DIC operations need energy consumptions, which can be issued from Eq. 1.

455 They both depend on the treatment temperatures and oil and water contents:

$$Q = m(ac_{p,d} + X_{wb}c_{p,w} + Y_{o}c_{p,o})(T_{t} - T_{f})$$
 Eq.8

456 where m is the total considered weight of soybeans, a, X<sub>wb</sub>, and Y<sub>o</sub> are the relative percentages of

457 dry material, moisture content, and oil, respectively; their values depend on the pretreatment

458 types (nonthermal textured, and Expander and DIC textured beans), the specific heats are  $c_{p,d}$ =

- 459 1.050,  $c_{p,w}$ = 4.180, and  $c_{p,o}$ =2.365 kJ kg<sup>-1</sup> K<sup>-1</sup> of dry material, water, and oil, respectively; and
- 460 latent evaporation values are 2107 and 2085 kJ kg<sup>-1</sup> at 152 and 159 °C, respectively.
- 461 Table 4. Main data of improvement of oil yields and energy consumption using DIC and expander texturing ways

462 This table allows justifying the interest of using DIC texturing as an intensification way of
463 solvent extraction of soybean oil. The environmental impact is directly correlated with energy
464 consumption.

## 465 **4. Conclusion**

It is well known that the natural structure of plant organs (fruit, vegetables, leaves, roots, 466 467 seeds...) has a too weak technological aptitude versus numerous unit operations of extraction. Adequate pretreatments of the natural structure may, if well-defined, lead to increasing the yields 468 469 and enhancing the operation kinetics while preserving the final oil and cake quality. Hence, in 470 this way for the specific case of solvent extraction of soybean oil, a new trend was introduced at 471 the industrial scale; this has been the pretreatment through the texturing of cracked and/or 472 cracked/flaked beans. Another texturing process was also separately studied; the Instant 473 Controlled Pressure-Drop DIC. The current research aimed to mainly compare the impact of 474 these both texturing operations of expander and DIC before the n-hexane solvent extraction 475 resulted in so greater kinetics. The "expander" allowed the oil yield of cracked soybean to 476 increase from 209.6 in 160 min to 224.4 mg oil/g db in 120 min, while DIC texturing resulted in 477 a yield of up to 248.95 mg oil/ g db in about 35 min.

The phenomenological modeling of coupled washing diffusion CWD allowed defining and measuring the effective solvent diffusivity  $D_{eff}$  as well as the starting accessibility  $\delta Y_s$  of Nhexane solvent extraction of soybean oil in the different studied cases.  $D_{eff}$  and  $\delta Y_s$  were recognized as 0.022 10<sup>-10</sup> m<sup>2</sup>/s and 124.2 mg oil/g db, respectively for the non-textured cracked beans. After the expander treatment, they increased until 0.027 10<sup>-10</sup> m<sup>2</sup>/s and 166.3 mg oil/g db, respectively. The specific texturing by DIC resulted in much higher  $D_{eff}$  and  $\delta Y_s$  with 0.065 10<sup>-10</sup> m<sup>2</sup>/s and 199.6 mg oil/g db, respectively.

GC and HPLC assessments of the oil established that the fatty acid profiles and tocopherol contents for the DIC-textured soybeans were almost similar to the untextured seeds. This reveals that optimized DIC texturing is correlated with the absence of any significant biochemical degradation. Indeed, although DIC texturing implies the use of high-temperature saturated steam, it is performed in so specific short time that it results in the preservation of the oil quality in terms of fatty acids' compounds and tocopherol content. This study proves the ability of DIC treatment to preserve the extracted oil quality.

- 492 The present technical and scientific study as well as the first approach of the economic analysis
- 493 shows that DIC can advantageously replace the mechanical flaking and thermal texturing
- 494 Expander. The well-optimized DIC allows reducing the extraction time, increasing yield, and
- 495 preserving the quality of finished oil and cake products with low energy consumption and
- 496 positive environmental impact.

### 497 Nomenclatures and abbreviations:

a Percentage of dry matter in soybean C: Soybean cracking (C), Central composite design of experiments CCD: Soybean cracking-flaking (CF), CF: Soybean cracking-flaking-expanding (CFEx) CFEx: Specific heat capacity of dry matter ( $c_{p,d} = 1050 \text{ J kg}^{-1}\text{K}^{-1}$ ) c<sub>p,d</sub>: Specific heat capacity of soybean oil ( $c_{p,o} = 2385 \text{ J kg}^{-1}\text{K}^{-1}$ ) Specific heat capacity of water ( $c_{p,w} = 4180 \text{ J kg}^{-1}\text{K}^{-1}$ ) c<sub>p,o</sub>:  $c_{p,w}$ : CPA: Central Point Average, Coupled Washing/Diffusion phenomenological kinetic modeling where washing is the CWD: interaction between the solvent and surface. D<sub>eff</sub>: Effective solvent diffusivity  $(m^2s^{-1})$ Instant Controlled Pressure-Drop DIC: DM: **Dynamic Maceration** DoE: **Design of Experiments** Variation of temperature through the pressure drop for Expander or DIC texturing  $\Delta T_{pd}$ : processes Value of starting accessibility expressed en (kg oil/kg dry basis db)  $\delta Y_s$ : Gas chromatography GC: High performance liquid chromatography HPLC: High-Temperature/Short-Time HTST: Latent heat of vaporization at  $T_t (J kg^{-1})$ L: Amount of dry matter (kg) m<sub>d</sub>: Amount of vapor generated by autovaporization (kg) through the pressure drop for m<sub>v</sub>: Expander or DIC texturing processes Negligible External Resistance hypothesis for phenomenological modeling. NER: Saturated dry steam pressure (MPa) in DIC treatment **P**: PTFE: Polytetrafluoroethylene membrane Filters Qc Amount of cooling energy for Expander or DIC texturing processes Amount of heating energy for Expander or DIC texturing processes  $\mathbf{Q}_{h}$  $=\pi^2 \frac{D_{eff}}{4L^2}(t-t_0)$  for infinite plate and  $=-\frac{\pi^2 D_{eff}}{L^2}(t-t_0)$  for spherical form  $q_i^2 \tau$ : The total amount of energy used with Expander or DIC texturing processes Qt RM: Raw Material, Response surface methodology RSM: DIC treatment time (s) t: T: Temperature (°C), T<sub>a</sub>: Ambient temperature T<sub>c</sub> Post cooling temperature after Expander or DIC texturing processes  $T_{\rm f}$ Final Equilibrium temperature of Expander (100 kPa) or DIC texturing process (5 kPa) TRY: The time required to reach the same cracked beans C as the reference Yield (min)

- T<sub>t</sub>: Treatment temperature just before dropping the saturated steam pressure (°C)
- W<sub>p,H2O</sub>: Moisture content dry basis (kg H<sub>2</sub>O/kg db)
- $X_{wb}$  Percentage of Moisture content in soybean
- $Y_{\infty}$ : Oil yield at infinite time
- Y(t): Oil yields versus extraction time
- $Y_0$ : The calculated value of oil yield at t=0
- Y<sub>i</sub>: Value of oil yield at t=0; here =0
- Y<sub>o</sub> Percentage of oil in soybean
- Y<sub>oil</sub>: Oil yield= Extract Oil Mass/Dry Basis (db) Mass (kg Oil/kg db)
- $Y_{t0}$ : Oil yield at a time  $t_0$
- 498 Acknowledgments: The authors would like to thank both La Rochelle University and Carthage
- 499 Grains who financially supported this research work. Thanks also to ABCAR-DIC Process who
- 500 provided the laboratory-scale and industrial-scale DIC units.

## 502 **References**

- Allaf, T. and Allaf, K. (Eds.), 2014. Instant Controlled Pressure Drop (D.I.C.) in Food
   Processing: From Fundamental to Industrial Applications, Food Engineering Series.
   Springer-Verlag, New York.
- Allaf, T., Zougali, B.B., Van Nguyen, C., Negm, M., Allaf, K., 2014. DIC Texturing for Solvent
  Extraction, in: Allaf, T., Allaf, K. (Eds.), Instant Controlled Pressure Drop (D.I.C.) in
  Food Processing: From Fundamental to Industrial Applications, Food Engineering Series.
  Springer New York, New York, NY, pp. 127–149. https://doi.org/10.1007/978-1-46148669-5\_7
- Ben Amor, B., Allaf, K., 2009a. Impact of texturing using instant pressure drop treatment prior
   to solvent extraction of anthocyanins from Malaysian Roselle (Hibiscus sabdariffa). Food
   Chem. 115, 820–825. https://doi.org/10.1016/j.foodchem.2008.12.094
- Ben Amor, B., Allaf, K., 2009b. Impact of texturing using instant pressure drop treatment prior
  to solvent extraction of anthocyanins from Malaysian Roselle (Hibiscus sabdariffa). Food
  Chem. 115, 820–825. https://doi.org/10.1016/j.foodchem.2008.12.094
- 517 Ben-Youssef, S., Fakhfakh, J., Breil, C., Abert-Vian, M., Chemat, F., Allouche, N., 2017. Green
  518 extraction procedures of lipids from Tunisian date palm seeds. Ind. Crops Prod. 108,
  519 520–525. https://doi.org/10.1016/j.indcrop.2017.07.010
- Bouallegue, K., Allaf, T., Besombes, C., Younes, R.B., Allaf, K., 2015. Phenomenological
  modeling and intensification of texturing/grinding-assisted solvent oil extraction: case of
  date seeds (Phoenix dactylifera L.). Arab. J. Chem.
  https://doi.org/10.1016/j.arabjc.2015.03.014
- Britz, S.J., Kremer, D.F., Kenworthy, W.J., 2008. Tocopherols in Soybean Seeds: Genetic
  Variation and Environmental Effects in Field-Grown Crops. J. Am. Oil Chem. Soc. 85,
  931–936. https://doi.org/10.1007/s11746-008-1286-y
- Brumm, T., Hurburgh, C., Rippke, G., 2004. Quality of the 2004 Soybean Crop from the United
   States. Agric. Biosyst. Eng. Tech. Rep. White Pap.
- 529 Chemat, F., Rombaut, N., Meullemiestre, A., Turk, M., Perino, S., Fabiano-Tixier, A.-S., Abert530 Vian, M., 2017. Review of Green Food Processing techniques. Preservation,
  531 transformation, and extraction. Innov. Food Sci. Emerg. Technol. 41, 357–377.
  532 https://doi.org/10.1016/j.ifset.2017.04.016
- Cheng, M.-H., Sekhon, J.J.K., Rosentrater, K.A., Wang, T., Jung, S., Johnson, L.A., 2018.
  Environmental impact assessment of soybean oil production: Extruding-expelling
  process, hexane extraction and aqueous extraction. Food Bioprod. Process. 108, 58–68.
  https://doi.org/10.1016/j.fbp.2018.01.001
- de Carvalho Claudio Guilherme Portela, da Silva Matheus Felipe, Mandarino José Marcos
  Gontijo, Grunvald Anna Karolina, Ramos Nilza Patrícia, Ribeiro José Lopes, de Paulo
  Campos Godinho Vicente, 2018. Fatty Acid Profiles in Sunflower Grains During Storage
  in Different Environments. J. Am. Oil Chem. Soc. 95, 61–67.
  https://doi.org/10.1002/aocs.12007
- Fernández, M.B., Perez, E.E., Crapiste, G.H., Nolasco, S.M., 2012. Kinetic study of canola oil
  and tocopherol extraction: Parameter comparison of nonlinear models. J. Food Eng. 111,
  682–689. https://doi.org/10.1016/j.jfoodeng.2012.01.036

- Hammond, E.G., Johnson, L.A., Su, C., Wang, T., White, P.J., 2005. Soybean Oil, in: Bailey's
  Industrial Oil and Fat Products. American Cancer Society.
  https://doi.org/10.1002/047167849X.bio041
- Hernandez E. 2019. Production, Processing, and Refining of Oils. In Healthful lipids/Editors,
  Casimir C. Akoh and Oi-Ming Lai. Taylor & Francis Group ISBN 13: 978-1-893997-516 (hbk).ISO 659:1998 Oilseeds -- Determination of oil content (Reference method)
  [WWW Document], n.d. URL https://www.iso.org/standard/23297.html (accessed
  4.5.18).
- Jablaoui, C., 2018. La texturation par detente instantannée [sic] controlée DIC dans le
  developpements [sic] de nouvelles opérations d'extraction d'huiles des graines
  oleagineuses (phdthesis). Université de La Rochelle ; Université de Carthage (Tunisie).
- Jablaoui, C., Besombes, C., Jamoussi, B., Ismail, H.B., Rhazi, L., Allaf, K., 2018. Phytosanitary
   Decontamination of Crude Rapeseed Oil by Instant Multi-Flash Autovaporization (MFA)
   3, 13.
- Jablaoui, C., Zeaiter, A., Bouallegue, K., Jemoussi, B., Besombes, C., Allaf, T., Allaf, K., 2019.
  8 Instant controlled pressure drop as new intensification ways for vegetal oil extraction, in: Chemat, F., Vorobiev, E. (Eds.), Green Food Processing Techniques. Academic Press, pp. 221–244. https://doi.org/10.1016/B978-0-12-815353-6.00008-2
- Johnson, L.A., Lusas, E.W., 1983. Comparison of alternative solvents for oils extraction. J. Am.
  Oil Chem. Soc. 60, 229–242. https://doi.org/10.1007/BF02543490
- Lebovka, N., Vorobiev, E., Chemat, F., 2016. Enhancing Extraction Processes in the Food
   Industry. CRC Press.
- Mannaï, A., Jableoui, C., Hamrouni, L., Allaf, K., Jamoussi, B., 2019. DIC as a pretreatment
  prior to ultrasonic extraction for the improvement of rebaudioside A yield and
  preservation of vitamin B1 and B6. J. Food Meas. Charact. 13, 2764–2772.
  https://doi.org/10.1007/s11694-019-00197-2
- Mark Ash and Dana Golden, July 2020. Oil Crops Outlook. USDA (United States Department of
   Agriculture) No. (OCS-20g) 7 pp.
- Mat Yusoff, M., Gordon, M.H., Niranjan, K., 2015. Aqueous enzyme assisted oil extraction from
   oilseeds and emulsion de-emulsifying methods: A review. Trends Food Sci. Technol. 41,
   60–82. https://doi.org/10.1016/j.tifs.2014.09.003
- Perez, E.E., Carelli, A.A., Crapiste, G.H., 2011. Temperature-dependent diffusion coefficient of
   oil from different sunflower seeds during extraction with hexane. J. Food Eng. 105, 180–
   185. https://doi.org/10.1016/j.jfoodeng.2011.02.025
- Rosenthal, A., Pyle, D.L., Niranjan, K., 1996. Aqueous and enzymatic processes for edible oil
  extraction. Enzyme Microb. Technol. 19, 402–420. https://doi.org/10.1016/S01410229(96)80004-F
- Zhang, F., Koseoglu, S.S., Rhee, K.C., 1994. Effects of expander process on the phospholipids in
   soybean oil. J. Am. Oil Chem. Soc. 71, 1145–1148. https://doi.org/10.1007/BF02675910
- 584

#### **Tables**

Table 1. Oil yields for 6-h Randall extraction of different-pretreated soybean samples; cracked (C), flacked (CF), and expanded (CFEx) seeds, and their DIC textured forms (C-DIC), (CF-DIC), and (CFEx-DIC) soybeans; where P and t are the DIC steam pressure (MPa) and treatment time (s), respectively; Y<sub>oil</sub> is Oil yields (g oil/g db: dry basis); RIE is the Ratio of Improvement of oil extraction= Y<sub>oil-DIC</sub>/<sub>Yoil-RM</sub> (%); CPA represents the Central Points (DIC 1, 4, 7, 10, and 13).

. DIC parameters			Cracked C seeds	Expanded CFE seeds	
	P (MPa)	t (s)	, in the second s		
Untreate	d samples:		0.20962 (100.00%)	0.23019 (100.00%)	0.2352 (100%)
DIC-CPA	0.45	70	0.2300± 0.0020 (109.71±0.95%)	0.2439± 0.0006 (105.95±0.25%)	-
DIC2	0.7	70	0.21597 (103.03%)	0.23352 (101.45%)	-
DIC3	0.45	120	0.24215 (115.52%)	0.24216 (105.20%)	-
DIC5	0.63	105	0.23145 (110.42%)	0.24713 (107.36%)	-
DIC6	0.63	35	0.22590 (107.77%)	0.23539 (102.26%)	-
DIC8	0.27	35	0.22839 (108.95%)	0.23559 (102.35%)	-
DIC9	0.27	105	0.22114 (105.49%)	0.23839 (103.56%)	-
DIC11	0.20	70	0.21719 (103.61%)	0.23505 (102.11%)	-
DIC12	0.45	20	0.22210 (105.95%)	0.23598 (102.52%)	-
Optima	I DIC textu	ring	0.24221 (115.53%)	0.24520 (106.52%)	-

P: DIC saturated dry steam pressure (MPa); t: DIC processing time (s); Y<sub>oil</sub>: n-hexane Oil yields (g oil/g db: dry basis); RIE (Ratio of Improvement of oil Extraction) = Y<sub>oil-DIC</sub>/Y<sub>oil-RM</sub> (%); CPA: Central Points (DIC1, 4, 7, 10, and 13).

Table 2. Fundamental Parameters issued from the phenomenological model of Coupled Washing Diffusion CWD: the effective diffusivity  $D_{eff}$  and starting accessibility  $\delta Y_s$ , while TRY is the "Time needed to get the same reference of Yield from cracked beans".

Tune of protreatment of couloons	D <sub>eff</sub>	δΥ₅	TRY	R <sup>2</sup> of CWD model (%)
Type of pretreatment of soybeans –	Value (10 <sup>-12</sup> m <sup>2</sup> /s)	Value (mg oil/g db)	Value (min)	
Cracked soybeans	3.2 (100%)	124.2 (100%)	160 (100%)	86.57%
Flaked soybeans	1.7 (53%)	148.7 (120%)	160 (100%)	95.55%
Expander textured by Flaked soybeans	2.7 (84%)	166.3 (134%)	120 (75%)	98.64%
DIC textured Flaked soybeans	6.5 (203%)	199.6 (161%)	37 (22%)	98.84%

Cracked	bean oil	Flaked I	Expander-bean oil							
RM	DIC OPT	RM	DIC OPT	RM						
10.96±0.61	11.02±0.58	11.01±0.72	10.87±0.48	10.83±0.51						
4.55±0.02	4.5±0.02	4.51±0.01	4.53±0.02	4.46±0.01						
24.13±1.31	24.04±1.62	23.81±1.57	24.76±2.01	24.02±1.42						
52.99±2.55	52.85±3.01	53.11±3.12	52.37±2.88	53.1±3.15						
6.95±0.04	7.07±0.05	7.12±0.03	7.1±0.05	7.19±0.06						
0.42±0.01	0.52±0.01	0.44±0.01	0.39±0.01	0.41±0.01						
191.39±9.52	177.82±8.02	175.90±10.85	208.95±11.30	162.55±8.95						
341.21±10.20	378.08±11.33	327.00±10.01	284.99±09.84	308.78±11.32						
48.38±1.51	46.84±1.32	36.28±2.01	34.58±1.85	40.14±2.10						
580.98±14.32	602.74±15.12	539.18±13.83	528.52±14.12	511.47±15.03						
	RM         10.96±0.61         4.55±0.02         24.13±1.31         52.99±2.55         6.95±0.04         0.42±0.01         191.39±9.52         341.21±10.20         48.38±1.51	Cracked bean oilRMDIC OPT10.96±0.6111.02±0.584.55±0.024.5±0.0224.13±1.3124.04±1.6252.99±2.5552.85±3.016.95±0.047.07±0.050.42±0.010.52±0.01191.39±9.52177.82±8.02341.21±10.20378.08±11.3348.38±1.5146.84±1.32	Cracked bean oilFlaked IRMDIC OPTRM10.96±0.6111.02±0.5811.01±0.724.55±0.024.5±0.024.51±0.0124.13±1.3124.04±1.6223.81±1.5752.99±2.5552.85±3.0153.11±3.126.95±0.047.07±0.057.12±0.030.42±0.010.52±0.010.44±0.01191.39±9.52177.82±8.02175.90±10.85341.21±10.20378.08±11.33327.00±10.0148.38±1.5146.84±1.3236.28±2.01	Flaked bean oilRMDIC OPTRMDIC OPT10.96±0.6111.02±0.5811.01±0.7210.87±0.484.55±0.024.5±0.024.51±0.014.53±0.0224.13±1.3124.04±1.6223.81±1.5724.76±2.0152.99±2.5552.85±3.0153.11±3.1252.37±2.886.95±0.047.07±0.057.12±0.037.1±0.050.42±0.010.52±0.010.44±0.010.39±0.01191.39±9.52177.82±8.02175.90±10.85208.95±11.30341.21±10.20378.08±11.33327.00±10.01284.99±09.8448.38±1.5146.84±1.3236.28±2.0134.58±1.85						

Table 3. Gas Chromatography analyses of Fatty acid distribution and tocopherol compounds and contents for raw material, Expander-treated, and differently DIC textured sovbeans.

			Pre-thermal texturing data											
	m₀/m <sub>d</sub>	m <sub>d</sub>	m₀	m <sub>w</sub>	Ta	Tt	T <sub>f</sub>	Tc	$\Delta {\rm T}_{\rm pd}$	Qh	Qc	Qt	mv	Energy Cost/Added kg oil
			(kg)				(°C)				(kWh)		(kg)	(kWh kg⁻¹ oil)
Non-textured	0.210	735.78	154.22	110	/	/	/	/	/	/	/		/	
Expander	0.224	727.89	163.11	110	20	159	100	33	59	62	30	92	46	10.35
DIC	0.249	712.60	177.40	110	20	152	33	33	119	60	0	60	92	2.57

Table 4. Main data of improvement of oil yields and energy consumption using Expander and DIC texturing ways for a basis of m=1000 kg of soybeans; m<sub>d</sub>, m<sub>o</sub>, and m<sub>w</sub> are the weight values of the dry material, oil content and moisture content, respectively.

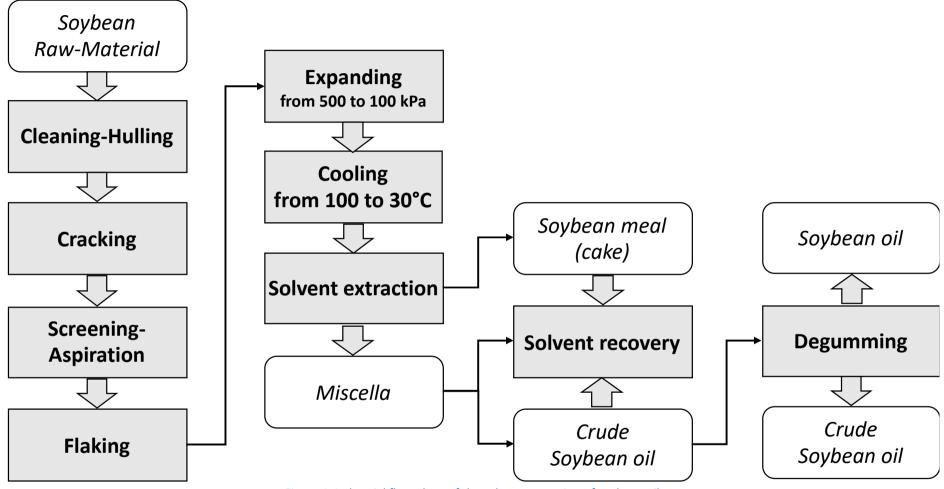


Figure 1. Industrial flow-chart of the solvent extraction of soybean oil

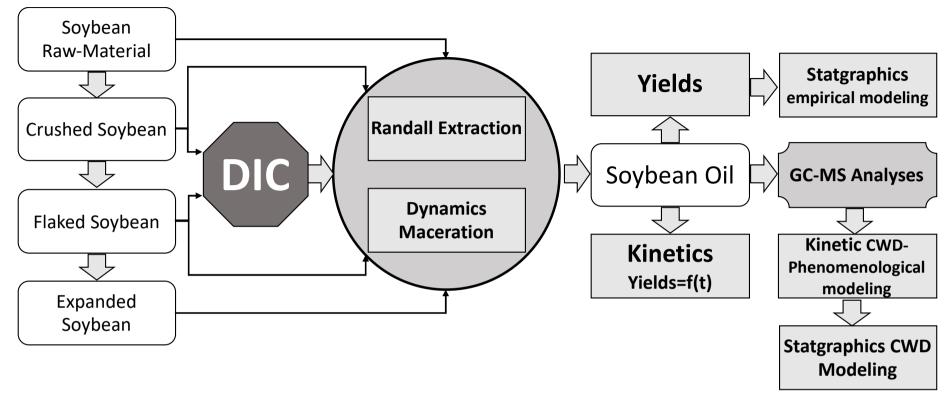


Figure 2. Diagram and experimental protocol of soybean oil extraction inserting a DIC texturing stage

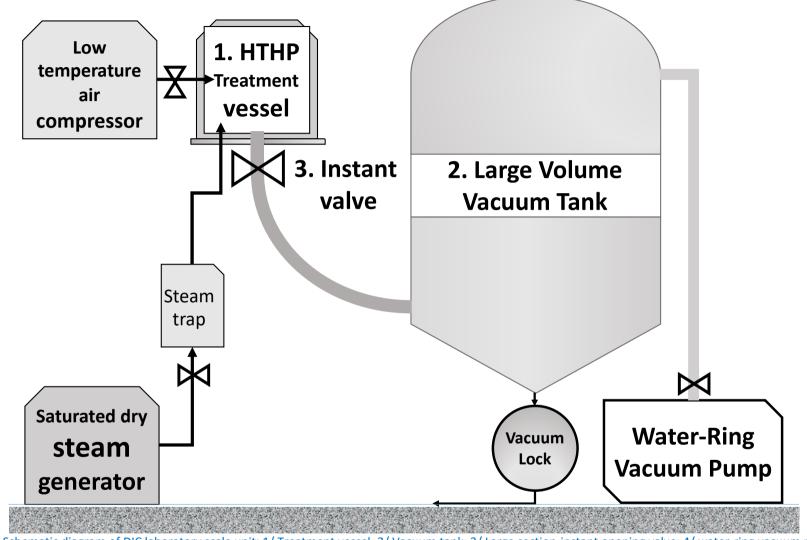


Figure 3. Schematic diagram of DIC laboratory scale unit: 1/ Treatment vessel; 2/ Vacuum tank; 3/ Large section-instant opening valve; 4/ water-ring vacuum pump; 5/ Saturated steam generator with condensed water trap.

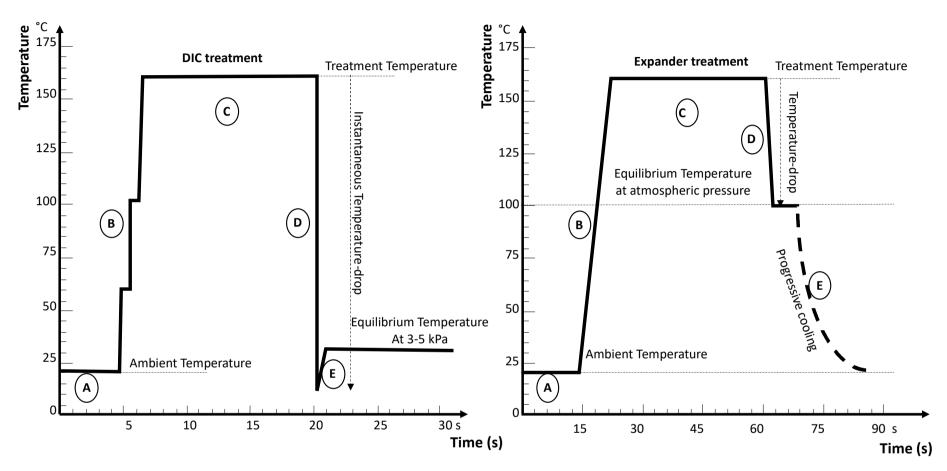


Figure 4. Stages of DIC and expander treatments, respectively: A/ Grains to set in the treatment vessel to immediately connect with the vacuum tank (only for DIC); B/ Saturated dry steam to inject till reaching the desired pressure and temperature treatment levels; C/ High pressure/high temperature to maintain for dozens of seconds (for DIC) and some minutes (for expander); D/ Pressure to abruptly drop towards a vacuum (3-5 kPa for DIC), and towards the atmospheric pressure (for expander); E/release from the vacuum towards the atmosphere pressure (for DIC) and a cooling stage from 100 °C towards an almost ambient temperature, (for expander).

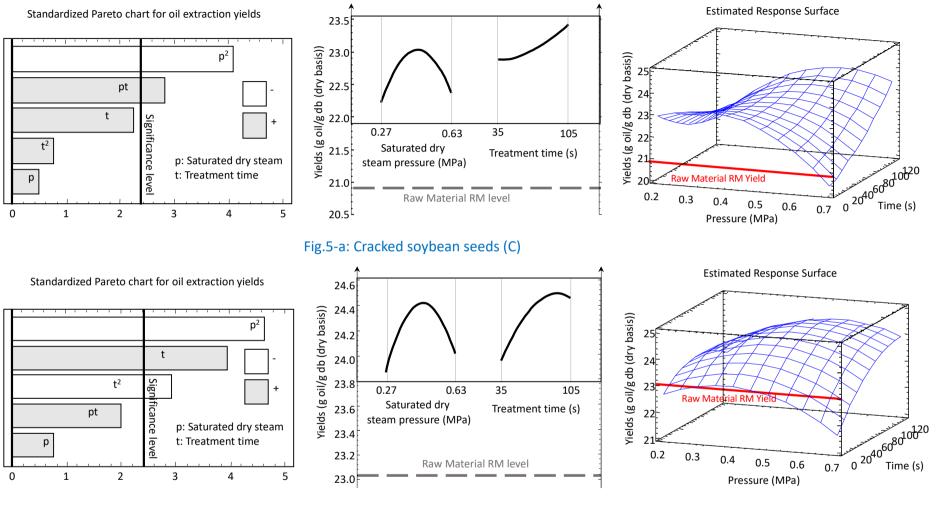


Fig.5-b: Flaked soybean seeds (CF)

Figure 5. Impact of DIC Parameters on oil yields in cracked C and flaked CF soybean seeds

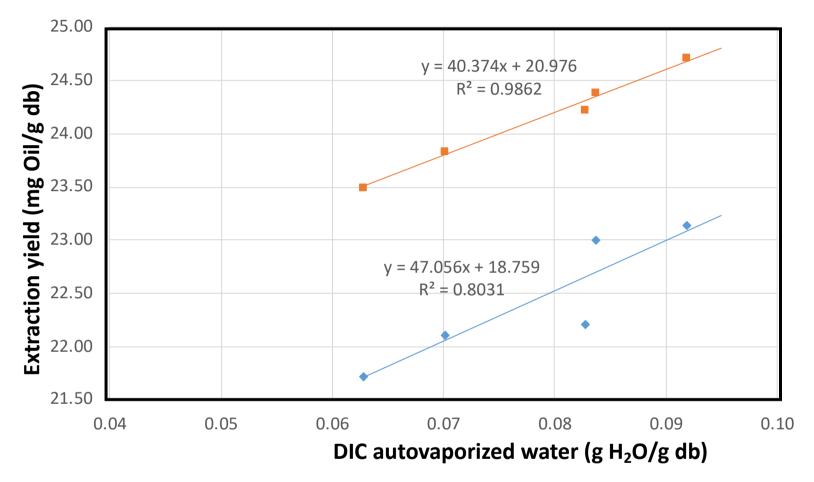


Figure 6: Correlation of the amount of the autovaporized vapor and oil extraction yield

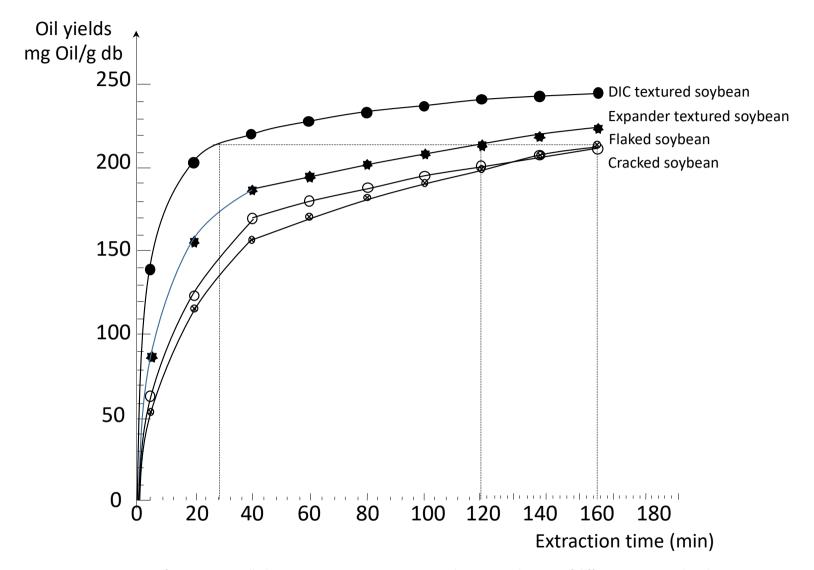
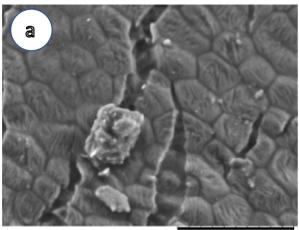
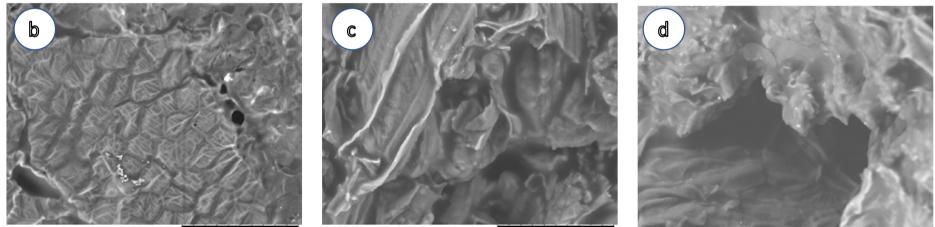


Figure 7. Impact of Instant Controlled Pressure-Drop DIC texturing on oil extraction kinetics of different pretreated soybeans.



TM-1000\_0404 2

2020/03/02 10:22 D1.9 x1.5k 50 um



TM-1000\_0406

2020/03/02 10:41 D2.3 x1.5k 50 um

TM-1000\_0412

2 2020/03/02 11:19 D2.3 x1.5k 50 um

TM-1000\_0414 2020/03/02 11:34 D2.2 x1.5k 50 um

Figure 8. Impact of expander and Instant Controlled Pressure-Drop DIC texturing on structure of Crushed - flaked soybeans by scanning electron microscopic SEM observation: a) non thermal textured seeds; b) Expander treated seeds; c) DIC textured seeds; d) DIC-textured of Expander treated seeds.