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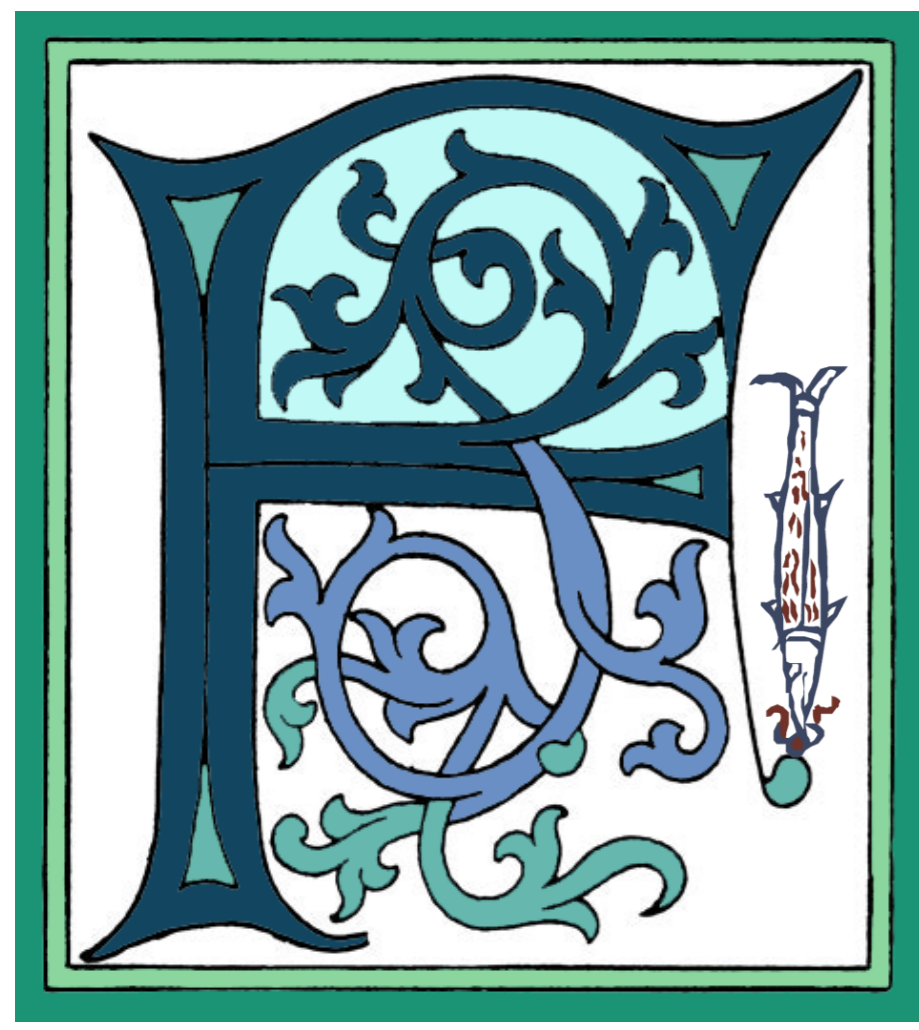
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FROM WATER TO SOUP

Food, resource management and fish farming landscapes in Provence from the 7th to the 17th century

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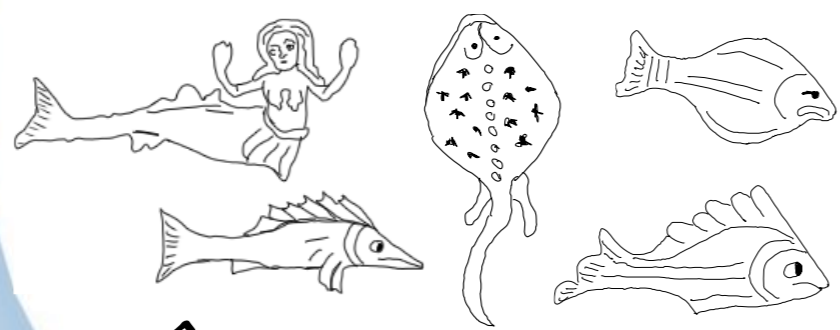
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Under the direction of Anne MAILLOUX (AMU-CNRS UMR 7298 LA3M) - of Myriam STERNBERG (AMU- CNRS UMR 7299 CCJ)

INTRODUCTION

This thesis addresses the question of the diet and supply of fish to medieval and modern populations in Provence through several **archaeological**, **historical** and **ethnographic** sources. It also looks at the development of the territory and its impact on the procurement of fish, their use in crafts, medicine and as payment for royalties.

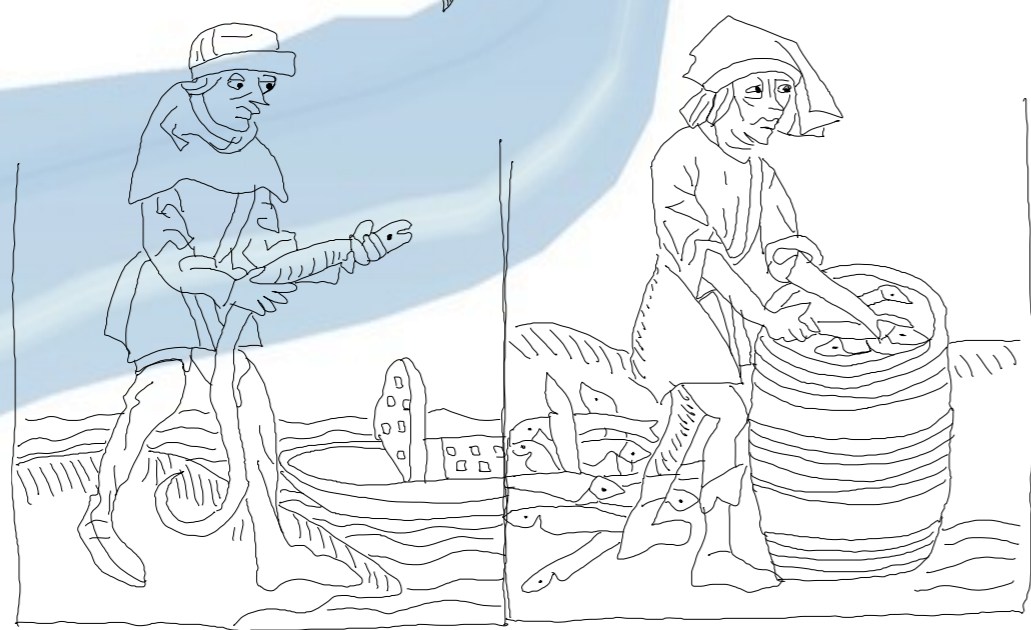
1. Fish identification



2. Fishing locations and techniques ?



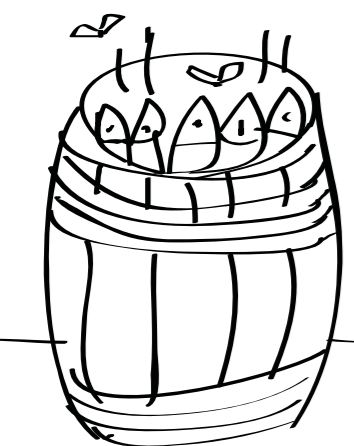
3. Acquisitions ?



4. Techniques and places of transformation ?



5. Health rules ?



6. Uses ?



MATERIAL

The castle, Fos-sur-Mer (13) - The castle, Hyères (83) - Place Verdun, Aix-en-Provence (13) - Old town, Marignane (13) - Notre Dame, Allemagne-en-Provence (83)

5 sites selected for :

➤➤➤ Their topography

Located on the coastline or inland near a watercourse.

➤➤➤ Their documentation

Numerous textual, iconographic and ethnological sources.

➤➤➤ Their method of excavation

Having been subject to a standardised sampling and sieving protocol.

➤➤➤ Their varied archaeological contexts

2 castle sites, 1 urban settlement, 1 village, 1 religious space, chronologies from the 7th century to the 17th century.

ANCIENT SOURCES

Published on **boundary marking**, **tonlieux**, **medicine**, **cooking recipes**

Archives **readable** by a non-specialist

Medieval and modern **iconographic** sources

ETHNOLOGICAL SURVEY

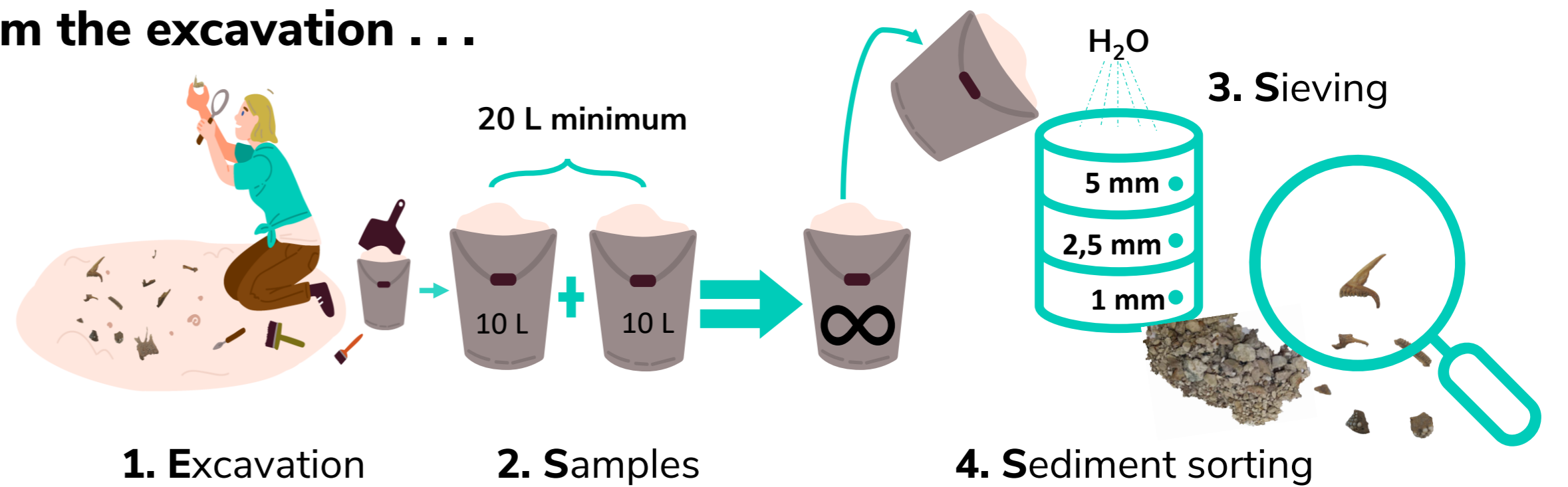


Fishing techniques

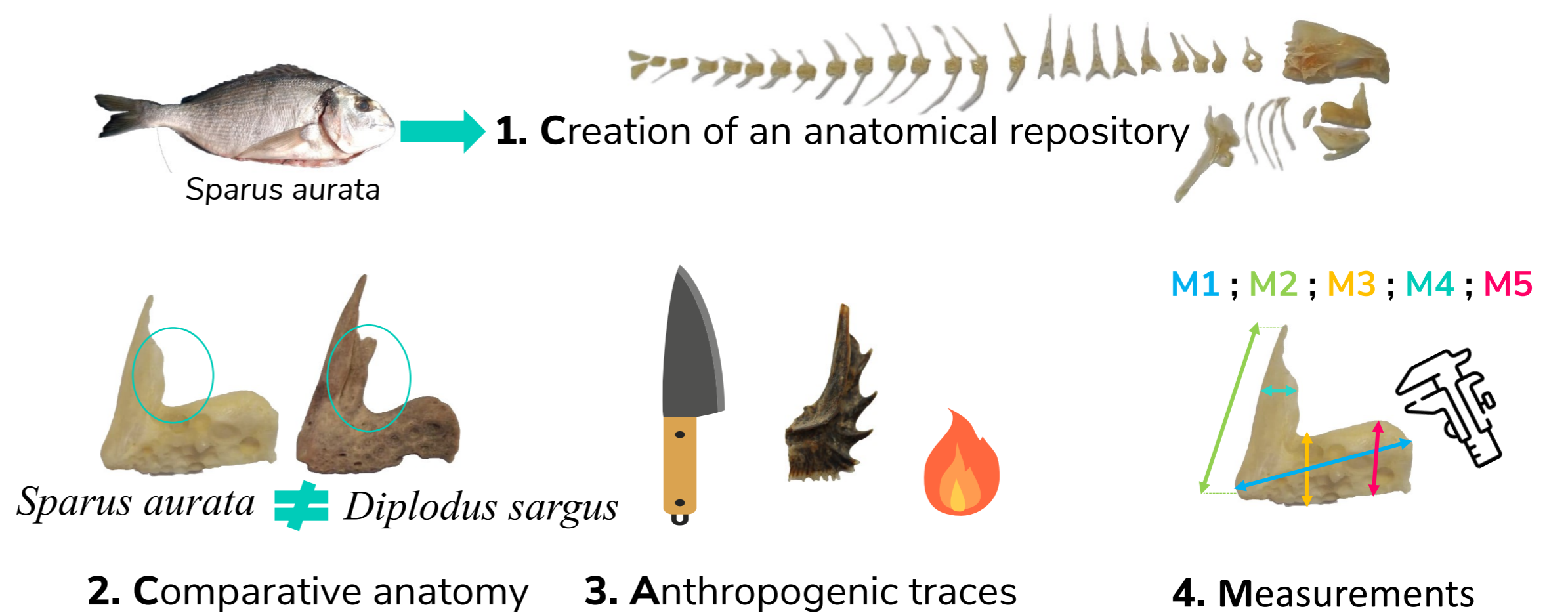
Manufacture of traps and nets

METHOD

From the excavation ...



... At the laboratory



$$\text{Size} = 31,699 + 9,5447 * M1 - \text{Weight} = 0,11123 * M1^{(2,6392)}$$

5. Size and mass reconstitution

CONCLUSION

NOVATORY research for the field of **archaeoichthyology**. No study on the medieval and modern period has been carried out to date in the Provençal area! Mobilisation of new **interdisciplinary** knowledge & elaboration of an **open data base**. Personal involvement in the creation of the **anatomical repository** and attempt to reconstruct medieval and modern tastes.

COLLABORATION

