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5 Leptin enters the brain through a LepR:EGFR shuttle in tanycytes to 6 regulate peripheral lipogenesis and pancreatic β-cell function 7 8 Manon Duquenne¹, Cintia Folgueira^{2#}, Cyril Bourrouh^{3#}, Marion Millet^{4,#}, Anisia Silva^{5#} 9 Jérôme Clasadonte^{1#}, Monica Imbernon¹, Daniela Fernandois¹, Ines Martinez-Corral¹, 10 Soumya Kusumakshi⁶, Emilie Caron¹, S. Rasika¹, Eleonora Deliglia¹, Nathalie Jouy^{1,12} 11 Asturo Oishi⁵, Massimiliano Mazzone⁷, Eric Trinquet⁸, Jan Tavernier⁹, Young-Bum Kim¹¹,
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59 SUMMARY

60 Metabolic health depends on the brain's ability to control food intake and nutrient use versus storage, 61 processes that require peripheral signals such as the adipocyte-derived hormone, leptin, to cross brain 62 barriers and mobilize regulatory circuits. We have previously shown that hypothalamic tanycytes shuttle 63 leptin into the brain to reach target neurons. Here, using multiple complementary models, we show that 64 tanycytes express functional leptin receptor (LepRb), respond to leptin by triggering Ca2+ waves and 65 target-protein phosphorylation, and that their transcytotic transport of leptin requires the activation of a 66 LepR:EGFR complex by leptin and EGF sequentially. Selectively deleting LepR in tanycytes blocks leptin 67 entry into the brain, inducing not only increased food intake and lipogenesis but glucose intolerance 68 through attenuated insulin secretion by pancreatic β -cells, possibly via altered sympathetic nervous tone. 69 Tanycytic LepRb:EGFR-mediated transport of leptin could thus be crucial to the pathophysiology of 70 diabetes in addition to obesity, with therapeutic implications.

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73 INTRODUCTION

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75 Type 2 diabetes (T2D) is a common multigenic disorder affecting almost 10% of the world's population 76 ¹. However, the characteristics of this disorder do not appear to be homogeneous across the globe. In 77 Asia, for example, TD2 develops in a much shorter time, in a younger age group, and in people with a 78 much lower body-mass index (BMI) than in patients from other parts of the globe². In addition, while 79 Asian population studies suggest that a decrease in insulin production by β -cells is crucial for the 80 development of diabetes, impaired insulin sensitivity, i.e. the ability to modulate glucose levels in 81 response to circulating insulin, appears to be a prerequisite for incident diabetes in other ethnicities, 82 including Europeans^{2,3}.

83 Leptin is a 16-kDa peptide hormone produced by adipocytes. It functions as an afferent signal in a negative feedback loop that not only controls feeding and maintains energy homeostasis ⁴⁻⁹, but also 84 regulates glucose metabolism ^{10,11} and substrate fluxes ^{12,13} by activating leptin receptor (LepR) 85 86 signaling in the brain. How circulating leptin is transported into the central nervous system to reach its 87 target neurons remains an enigma. However, an increasing body of evidence points to the median 88 eminence, a circumventricular organ in the basal hypothalamus adjacent to the arcuate nucleus 89 (ARH), as a key entrance point for leptin into the metabolic brain ¹⁴⁻¹⁶.

90 By virtue of the fenestrated or porous endothelium of the underlying pituitary portal blood vessels. 91 which replaces a traditional blood-brain barrier (BBB), the median eminence acts as a brain window at 92 which circulating signals, including metabolic hormones, may enter the brain by passive diffusion ^{17,18}. 93 Among the neuronal populations responsive to metabolic hormones in this region, those of the 94 ventromedial ARH (vmARH)^{17,19} and neurons that extend dendrites into the median eminence can 95 directly sense this local blood-borne information ²⁰. However, the passive diffusion of metabolic signals into the median eminence is limited in extent ^{17,19}, and tanycytes, a specialized glial cell type lining the 96 97 floor of the third ventricle (3V), form a blood-cerebrospinal-fluid (CSF) barrier that prevents these 98 circulating metabolic signals from reaching deeper hypothalamic structures through the CSF¹⁴⁻¹⁶. 99 Consequently, in order to reach more distant targets such as neurons of the dorsomedial ARH 100 (dmARH), these signals require an active transport mechanism to cross the tanycytic blood-CSF barrier^{21,22}. 101

102 In a previous study, we have shown that tanycytes, whose end-feet contact the fenestrated 103 capillaries of the median eminence, themselves internalize and shuttle blood-borne leptin extravasating from these fenestrations into the CSF, in an ERK-dependent manner ²³. However, the putative involvement of LepR in this transcytotic transport process has remained unclear, with some authors questioning the expression of LepR by tanycytes ^{24,25}.

Here, by employing multiple *in vitro* and *in vivo* approaches and several mouse models, we demonstrate that tanycytes do indeed express functional LepR, and that this LepR expression is required for the transcytotic transport of peripheral leptin into the CSF, a process that appears to play a vital role in the central control of pancreatic β -cell function, lipid accumulation and subsequent glucose homeostasis.

112

113 **RESULTS**

114 LepR is expressed and active in tanycytes of the median eminence

115 In order to verify the expression of LepR by median eminence and ARH tanycytes, we first used 116 the powerful RNAscope approach with probes targeting the long and short forms of LepR, LepRb and 117 LepRa, respectively. Interestingly, while both isoforms were present in tanycytic cell bodies lining the 118 walls of the 3V, this expression was relatively weak compared to the overwhelmingly high expression 119 seen in leptin-responsive neurons of the ARH, providing an explanation for the failure of other, less 120 sensitive, methods to detect tanycytic LepR expression without resorting to the isolation of these cells 121 (Supplementary Figure 1A). We therefore searched for other tools such as novel antibodies capable of 122 reliably detecting LepR protein in order to confirm its presence in median eminence tanycytes. We 123 characterized the recently described biologically active allosteric antibody XPA, which was developed 124 to target mouse LepR²⁶. Using isolated parts/fragments of the LepR extracellular domain (ECD), we 125 found that the epitope specifically targeted by XPA lies in the cytokine receptor homology 1 (CRH1) 126 domain of mouse LepR (Figure 1A; Supplementary Figure 1B), outside the orthosteric leptin-binding 127 site of the CRH2 domain (Figure 1A, 1B). The use of LepR BRET biosensors indicated that XPA was 128 capable of inducing conformational changes and the oligomerization of LepR, even though these 129 changes were different from the ones promoted by the natural ligand (Figure 1C). Similarly to leptin 130 (50nM), treatment with 100nM XPA consistently triggered STAT3 signaling in HEK293, N46, HeLa and 131 CHO cells transfected with LepRb (Figure 1D; Supplementary Figure 1C), as well as ERK signaling in 132 HEK293 cells (Figure 1D). XPA also induced the phosphorylation of STAT3 in primary cultures of 133 tanycytes (Figure 1E), which we have previously shown to express LepR and to internalize 134 fluorescently labeled leptin in vitro²³. This indicates that, rather than simply being a passive marker of 135 LepR protein expression, XPA is also a vital marker for activated and internalized LepR. Accordingly, 136 a 5 min co-application of fluorescent leptin (125nM) and fluorescent XPA (30nM) to primary tanycyte 137 cultures showed that 100% of the cells that internalized fluorescent leptin also internalized fluorescent 138 XPA, and that 50 to 60% of the endocytosed leptin colocalized with XPA in vitro (Figure 1F), indicating 139 that these cells expressed LepR and internalized it in response to leptin binding. To confirm that 140 tanycytes also express LepR in vivo, we intravenously administered XPA (2 nmol/animal) or vehicle to 141 mice 2 min before sacrifice. At this short interval, XPA was seen to colocalize with the vimentin-142 immunoreactive cell bodies and processes of tanycytes arching down to the fenestrated capillary 143 plexus of the median eminence (Figure 1G).

144 In our quest for further indisputable evidence of LepR expression and function in median eminence 145 tanycytes, we assessed whether tanycytes in living brain slices could respond to leptin and initiate 146 Ca^{2+} signaling, as hypothalamic neurons do 27,28. To selectively target tanycytes, we generated mice 147 expressing the GCamp3 calcium biosensor under the control of the Trmp5 promoter, which is 148 selectively expressed in tanycytes in the median eminence and present in the majority of this cell 149 population (Figure 1H)²⁹, by crossing *Trmp5*:: Cre mice with those allowing Cre-dependent expression 150 of GCamp3. Puffing 6 µM leptin onto the ventricular wall of brain slices against the flow of perfusion 151 resulted in a [Ca²⁺], increase in the cell bodies of median eminence tanycytes, as seen using live 152 imaging (Figure 1H, and 1I). A bath-application of 6 μ M of the point-mutated leptin LAN (L39A/D40A/F41A), which acts as a competitive antagonist by binding LepR but blocking its activity ³⁰. 153 prior to puffing leptin onto tanycytes inhibited the leptin-induced $[Ca^{2+}]_i$ increase in these cells (Figure 154 155 11, and 1K), suggesting that LepR activation is required for this signaling cascade. To further test the 156 actual involvement of LepR in this process, we generated mice in which LepR was selectively knocked out in cells expressing the Trmp5 promoter. In these Trmp5::Cre; LepR^{loxP/loxP}; GCamp3^{loxP/STOP/loxP} 157 mice (Gcamp3^{Trmp5}; LepR^{Trmp5KO} mice), puffs of leptin failed to promote any change in [Ca²⁺], in 158 159 tanycytes (Figure 1J, and 1K). However, puffs of 10 mM ATP, a well-known and potent activator of calcium waves in tanycytes ^{31,32}, readily elevated [Ca²⁺]_i in both LAN-treated and mutated brain slices, 160 161 showing the viability of the cells (Figure 1L, Supplementary Figure 2). Together, these data 162 unequivocally show that tanycytes in vivo express active LepR, which mediates leptin-induced changes in [Ca²⁺]. 163

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EGFR-mediated LepRb signaling is required for the transcellular trafficking of leptin in tanycytes

167 To characterize the mechanism by which tanycytes transport blood-borne leptin into the CSF and the 168 rest of the hypothalamus, we next studied the transcytotic route followed by fluorescent leptin using 169 primary cultures of tanycytes. As early as 2 min after the internalization of fluorescent bioactive leptin, 170 the fluorescent signal was detected in EEA1-immunoreactive early endosomes (Figure 2A), where it 171 accumulated for the first 10 min. The fluorescent leptin then exited this subcellular compartment, as 172 indicated by the subsequent decrease in intensity and extinction of fluorescence over time (Figure 2B, 173 Figure 2C, Supplementary Figure 3A), along with leptin release into the culture medium (Figure 2D). 174 Similarly, fluorescent LAN, which binds to but is unable to activate LepR, was also seen to be 175 internalized (Supplementary Figure 3B) and to reach early endosomes (Supplementary Figure 3D). 176 However, the overall intensity of LAN fluorescence inside the cell remained constant over time 177 (Supplementary Figure 3B), and LAN was seen to remain sequestered in EEA1-immunoreactive 178 compartments (Figure 2E, Supplementary Figure 3C-D), suggesting that, in contrast to bioactive 179 leptin, captured LAN could not be released from tanycytes. These results suggest that LepR signaling 180 is not required for leptin uptake, but is required for internalized leptin to complete its transcytotic route 181 across tanycytes into the CSF.

182 Next, since this transcytosis could be mediated by the leptin signaling cascade, characterized by 183 the rapid activation of a series of tyrosine kinases (TK) and serine/threonine protein kinases (STK), we 184 performed kinome profiling to explore differential global kinase activity in tanycytes in the presence or 185 absence of 125nM leptin for 2, 5, 10 and 15 min. We used the PamGene array, which consists of 140 186 immobilized tyrosine- and serine/threonine-containing peptides that are the targets of most known 187 kinases (TK and STK PamChips). Peptides whose phosphorylation varied significantly between 188 control and leptin-treated primary tanycytes indicated the putative activation of specific kinases in 189 response to leptin. This kinase analysis revealed the significant activation of the EGFR pathway 2 min 190 after leptin treatment (Figure 2F) and of MAP kinases, including ERK, 2 15 min after leptin treatment 191 (Supplementary Figure 3E). We have previously reported that ERK activation is required for the 192 release of leptin internalized by tanycytes in vitro, and that the alteration of blood-borne leptin shuttling 193 into the hypothalamus in diet-induced obese mice can be rescued by activating ERK using potent inducers such as EGF ²³. Here, the novel and unexpected finding that EGFR itself is *trans*-activated by
 leptin in tanycytes suggests a possible molecular pathway underlying our previous observations.

In vivo, EGFR immunoreactivity was detected both in the cell bodies of tanycytes lining the walls and floor of the 3V and in their distal processes, which contact fenestrated capillaries at the pial surface of the brain in the external zone of the median eminence (Supplementary Figure 4A). Polymerase ligation assays using XPA demonstrated the extensive physical interaction of EGFR and LepRb in both cellular compartments, a phenomenon that is blunted in *Trmp5::Cre; LepR*^{loxP/loxP} mice (Figure 2G), suggesting that LepRb:EGFR signaling in tanycytic end-feet may play a role in the transcellular transport of circulating leptin once it is captured from the bloodstream.

203 We then explored this interaction between EGFR and LepR signaling. Co-transfection experiments 204 in HEK293 cells confirmed that EGFR was immunoprecipitated with LepR, suggesting, intriguingly, 205 that the two receptors could physically interact with each other even in the absence of a ligand (Figure 206 2H). To study the effect of ligand binding on this interaction, we next used Time-Resolved 207 Fluorescence Resonance Energy Transfer (TR-FRET) in living HEK293 cells to investigate the 208 proximity between leptin and EGF and their cognate receptors within the LepR:EGFR complex 209 (Supplementary Figure 3F). Taking advantage of targeted fluorescently-labeled SNAP receptors 210 (energy donor, Terbium (Tb)) and ligands (labeled with the energy acceptor, d2), TR-FRET enables 211 the demonstration of the proximity of a ligand at a distance of 10 nm or less to a specific and unique 212 receptor within a heteromeric receptor complex ³³. Because leptin does not bind to EGFR, the 213 incubation of fluorescent leptin-d2 even at high concentrations with fluorescently labeled SNAP-EGFR 214 did not lead to any TR-FRET signal (Figure 2I, Supplementary Figure 3F). However, the co-expression 215 of unlabeled LepR in fluorescent SNAP-EGFR-expressing cells in the presence of leptin-d2 gave rise 216 to a significant and specific TR-FRET signal, demonstrating the close proximity between SNAP-EGFR, 217 LepR and leptin-d2 (Figure 2I, Supplementary Figure 3F). This binding of leptin-d2 to the SNAP-218 EGFR:LepR complex was seen to increase and to reach saturation in a concentration-dependent 219 manner, with an affinity (K_D (SNAP-EGFR:LepRb) = 0.42 [0.26-0.49] nM) similar to the affinity of leptin 220 binding to isolated LepR³⁴ (Figure 2I). EGF binding to EGFR did not modify the affinity of leptin 221 binding to the LepR:EGFR complex (Figure 2I), but the significantly higher Bmax of the saturation 222 curve indicates that it likely induced a conformational change in LepR within the molecular complex 223 (Figure 2I; Supplementary Figure 3G). Similarly, cells expressing EGFR and fluorescent SNAP-LepR

224 that were stimulated by EGF-d2 (Supplementary Figure 3H) were seen to emit a specific TR-FRET 225 signal, reflecting the interaction between SNAP-LepR:EGFR:EGF-d2 (Supplementary Figure 3I). A 226 weak TR-FRET signal detected between SNAP-LepR and EGF-d2 in the absence of heterologous 227 EGFR may have arisen from a weak interaction between SNAP-LepR and endogenous EGFR. As 228 suggested by the model fitting of the saturation curve, EGF-d2 interacted with EGFR within the 229 LepR:EGFR complex with the same affinity ($K_D(SNAP-LepRb:EGFR) = 2.1 [1.6-2.5]$ nM) as with 230 isolated EGFR alone (K_D (SNAP-EGFR) = 3.2 [2.4-3.7]) (Supplementary Figure 3J). In line with the 231 binding of leptin-d2 or EGF-d2 to their cognate receptors within the complex, the proximity of 232 fluorescent leptin-Tb (energy donor) to EGF-d2 (energy acceptor) was only detected when both LepR 233 and EGFR were co-expressed (Supplementary Figure 3K, 3L), suggesting the formation of a 234 quaternary complex, Leptin:LepR:EGFR:EGF, in these cells.

235 In isolated tanycytes, combined treatment with leptin and EGF enhanced EGFR and ERK 236 phosphorylation, supporting the intricate collaboration between these two receptors at the level of the 237 tanycytic ERK signaling pathway (Figure 2J). Accordingly, EGF potentiated the leptin:LepR activation 238 of the ERK signaling pathway in HEK293T cells, a reaction that was blunted by pre-treating the cells 239 with the EGFR kinase inhibitor, AG1478 (Figure 2K). Conversely, the inhibition of MEK1/2, the 240 upstream activators of ERK, using U0126 led to the accumulation of fluorescent leptin in EAA1-241 immunoreactive early endosomes in tanycytes and blunted its release (Figure 2D), thus phenocopying 242 the behavior of fluorescent LAN, which does not activate LepR, after its internalization by tanycytes 243 (Figure 2E, Supplementary Figure 3B, 3C, 3D). We next verified whether this lack of LAN release from 244 the early endosome compartment in tanycytes could be bypassed by directly activating the EGFR-245 ERK signaling pathway. EGF treatment (1.5nM) strikingly restored the trafficking of fluorescent LAN 246 downstream of early endosomes (Figure 2E) and its probable release by tanycytes, suggesting that 247 EGFR activation occurs downstream of LepR activation (Supplementary Figure 3C). Together, these 248 data indicate that the transcytosis of leptin by tanycytes, which allows it to reach the CSF and distant 249 hypothalamic tissues, requires LepR-EGFR-ERK signaling.

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251 Mice lacking LepR-EGFR signaling in adult tanycytes show increased fat mass gain linked to

252 restricted access of blood-borne leptin to the hypothalamus

253 To examine the functional role of LepR expression in adult tanycytes, we used the injection of the 254 TAT-Cre recombinant protein into the 3V of LepR^{loxP/loxP} mice. The use of tdTomato^{loxP-STOP-loxP} reporter 255 mice revealed that 2 µl TAT-Cre infusion into the 3V (1.27 µg/µl over 15 min) caused genetic 256 recombination in about 60% of the tanycytes of the median eminence (Supplementary Figure 5A and 257 5B), but not in tanycytes of the area postrema, another circumventricular organ in the brainstem involved in the regulation of energy homeostasis ³⁵ (Supplementary Figure 5C). In contrast, TAT-Cre 258 259 infusion into the fourth ventricle (4V) was seen to target both median eminence and area postrema 260 tanycytes (Supplementary Figure 5C), while TAT-Cre infusion into the lateral ventricle was ineffective 261 in inducing Tomato expression in median eminence tanycytes (Supplementary Figure 5A - 5B). FACS 262 isolation of Tomato-positive ependymal cells from microdissected dorsal and ventral aspects of the 263 3V, which are enriched in ciliated ependymal cells and tanycytes, respectively (Supplementary Figure 264 5D), showed that LepR expression was readily detected by real-time PCR in the tanycyte-enriched 265 population, but not in classical ependymal cells (Supplementary Figure 5E). Accordingly, FACS 266 isolation of Tomato-positive median eminence tanycytes after the infusion of TAT-Cre into the 3V of tdTomato^{loxP-STOP-loxP}: LepR^{loxP/loxP} mice (Figure 3A) showed that the expression of transcripts encoding 267 268 both the short forms of LepR as well as LepRb was significantly diminished in these cells, when compared to Tomato-positive tanycytes from $tdTomato^{Tan}$: $LepR^{*/*}$ mice (Figure 3B and 3C). 269 270 Interestingly, the transcript of Socs3, a known leptin-responsive transcriptional target ³⁶, was also 271 found to be downregulated in Tomato-positive cells from *tdTomato*^{Tan}; *LepR*^{TanKO} mice (Figure 3D). 272 Importantly, LepR and Socs3 mRNA levels were not downregulated in Tomato-negative cells (Figure 273 3B-3D). The TAT-Cre-mediated loss of LepR expression in tanycytes was also accompanied by a 274 dramatic decrease in the PLA signal reporting the physical association between LepRb and EGFR (Figure 2G), as seen in *Trmp5*::*Cre*; *LepR*^{loxP/loxP} mice. 275

Interestingly, mice lacking LepR in tanycytes of the median eminence were seen to eat more (Supplementary Figure 6A), specifically in the morning after lights-on (Figure 3E). They also gained significantly more weight (Figure 3F) than both vehicle-injected control littermates with normal tanycytic LepR expression and TAT-Cre-injected heterozygous mice (*LepR*^{TanHet}). This weight gain was associated with a 3-fold increase in fat mass 12 weeks after *LepR* was knocked out in tanycytes (Figure 3G), with a concomitant loss of lean mass (Figure 3H) such that the net gain in body mass remained moderate (Supplementary Figure 6B). At 12 weeks post-TAT-Cre injection, *LepR*^{TanKO} mice 283 showed a significant increase in visceral (Figure 3I), but not subcutaneous fat mass (Figure 3J) when 284 compared to vehicle-injected LepR^{loxP/loxP} littermates. Surprisingly, this weight gain was independent of 285 hyperphagia, since LepR^{TanKO} mice pair-fed with controls gained the same weight as LepR^{TanKO} mice 286 fed ad libitum (Figure 3K and 3L). To characterize the reason for this change in body weight, we monitored these mice using an indirect calorimetry system. Weight gain in LepR^{TanKO} mice was 287 288 associated with an increased respiratory exchange ratio (RER) during the light phase both at 4 weeks 289 (Supplementary Figure 6A2) and 12 weeks after TAT-Cre injection (Figure 3M and 3N), a phenomenon that was conserved under the pair-fed condition (Figure 3K), in which LepR^{TanKO} mice 290 kept gaining more weight than LepR^{loxP/loxP} littermates (Figure 3L), even though energy expenditure 291 292 (Supplementary Figure 6A3 and 6C) and locomotor activity (Supplementary Figure 6A4 and 6D) 293 remained unchanged. These phenomena were reproduced when tanycytes in vivo were transduced with a viral vector expressing Cre under the control of the tanycyte-specific *Dio2* promoter ³¹, as an 294 295 alternative to TAT-Cre infusion into the 3V (Supplementary Figure 6A5-A8).

296 Interestingly, in accordance with the marked increase in fat mass, circulating levels of leptin were 297 seen to be increased as early as 4 weeks after the TAT-Cre-mediated LepR deletion in tanycytes 298 (Figure 3O). Taking into account the close relationship between LepR and EGFR and the likely trans-299 activation of LepR to some extent by endogenous EGF (Figure 2, Supplementary Figure 3), we 300 therefore also measured EGF levels in the blood of LepR^{TanKO} mice, to determine whether the lack of 301 LepR signaling in these mice would give rise to compensatory changes in the EGF-EGFR signaling 302 pathway. Interestingly, we found that EGF levels, which we could readily detect in the circulation, were increased in LepR^{TanKO} mice (Figure 3P). However, EGF levels were unchanged in wild-type mice 303 304 given a high-fat diet for 8 weeks as compared to chow-fed controls (Figure 3Q), suggesting that the 305 increase in EGF levels in LepR^{TanKO} mice were not related to the higher circulating leptin levels 306 observed in these animals per se (Figure 3O), but rather to central phenomena linked to deficient 307 LepR signaling.

Increased food intake after overnight feeding (Figure 3E) despite elevated adiposity (Figure 3G and 309 3I) and circulating levels of leptin in $LepR^{TanKO}$ mice (Figure 3O) further raised the possibility that these 310 animals could be developing hypothalamic resistance to circulating leptin, linked to defective leptin 311 transport across the BBB into the CSF by tanycytes, as seen at early stages of diet-induced obesity in 312 various animal models ^{23,37}. First, to confirm that this phenomenon occurs under physiological

313 conditions, we assessed endogenous STAT3 activation in the ARH, which has previously been shown 314 to be linked to endogenous LepR activation^{22,38}, at lights-on after overnight feeding, when circulating 315 leptin levels are at their highest ³⁹. While the number of P-STAT3-immunoreactive cells lying outside the BBB in the vmARH was seen to be unaffected in LepR^{TanKO} mice (Supplementary Figure 7A and 316 317 7B), the number of P-STAT-3 immunoreactive cells in the dmARH was diminished by about 30% in these mutant mice when compared to *LepR*^{loxP/loxP} control littermates (Supplementary Figure 7A and 318 319 7C). We then assessed the ability of exogenous leptin to activate leptin-sensitive hypothalamic 320 neurons 15 min after an intraperitoneal (i.p.) bolus injection. While leptin-induced P-STAT3 activation 321 was unaffected in the vmARH (Figure 4A and 4B), it was still significantly hampered in the dmARH of LepR^{TanKO} mice when compared to LepR^{loxP/loxP} mice (Figure 4A and 4C). To determine how this 322 323 decreased access to peripheral leptin could impact the neuronal populations of the ARH involved in 324 the control of body homeostasis, we analyzed the expression of several key leptin-regulated 325 transcripts by g-PCR. Figure 4D shows that, in *LepR*^{TanKO} mice, transcripts coding for the melanocortin 326 receptor antagonist Agrp were significantly induced, whereas Socs3 mRNA levels were downregulated. Next, we subjected LepR^{TanKO} mice as well as their control littermates to an i.p. or 327 328 intracerebroventricular (i.c.v.) injection of exogenous leptin and measured food intake 24h (Figure 4E). 329 While exogenous leptin injected i.c.v. directly into the CSF was equally efficient in reducing feeding in 330 both groups of mice, LepR^{TanKO} mice, in contrast to LepR^{loxP/loxP} mice, were unable to respond to 331 exogenous leptin injected i.p. by decreasing food intake (Figure 4E), suggesting once again that 332 tanycytic LepR is necessary for peripheral leptin to reach leptin-sensitive neurons not in the immediate 333 vicinity of fenestrated vessels in the median eminence. Finally, we further verified that the decreased response to peripheral leptin in *LepR*^{TanKO} mice was due to an alteration in the LepR-dependent 334 335 tanycytic transport of blood-borne leptin into the hypothalamus by implanting microdialysis probes into 336 the dorsomedial mediobasal hypothalamus of mutant mice and their control littermates (Figure 4F). In 337 agreement with the P-STAT3 distribution observed under physiological conditions (Supplementary 338 Figure 7), basal leptin levels in this region, before any dilution effect of peripheral vehicle injection, were seen to be significantly lower in $LepR^{TanKO}$ mice (0.8±0.5 pg/ml) than in $LepR^{IoxP/IoxP}$ littermates 339 (26.5±7.5 pg/ml, t-test, p=0.0196). In addition, 20 min after an i.p. bolus injection of leptin, LepR^{loxP/loxP} 340 341 mice displayed a significant early peak in hypothalamic leptin levels before reaching an intermediate plateau and a second peak at 80 minutes, which were both absent in LepR^{TanKO} mice (Figure 4F); in 342

the latter mice, leptin levels merely showed a small and non-significant rise at 60 min but remained at
 near-nadir levels otherwise (Figure 4F).

Similarly, mice in which EGFR expression in tanycytes was blunted by the AAV1/2-mediated expression of *Egfr* silencing RNAs in these cells (Supplementary Figure 4B, Figure 4G) phenocopied certain aspects of *LepR*^{TanKO} mice, notably the concomitant decrease in lean mass and increase in fat mass with no modification of body weight 8 weeks after infection, when compared with mice infected with a control virus expressing GFP (Figure 4H, 4I and 4J). Like *LepR*^{TanKO} mice, animals with EGFR silencing in tanycytes also showed a hampered ability to respond to an i.p. injection of leptin by decreasing food intake (Figure 4K).

Altogether, these results strongly support the view that tanycytic LepR-EGFR signaling is required for blood-borne leptin to be transported into the hypothalamus and exert its anorexigenic effect, and reveals an unpreceded role for tanycytic leptin transport in the control of body composition.

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357 Mice lacking LepR in tanycytes show hyperlipidemia and lipid accumulation in white 358 adipocytes as well as in the liver

Given the increase in RER in *LepR^{TanKO}* mice (Figure 3M), indicative of the increased consumption 359 360 of carbohydrates over lipids to meet energy requirements ⁴⁰, we next examined how lipid metabolism 361 was altered in mice in which leptin transport into the hypothalamus was defective. The changes in RER and food-intake-independent body weight gain in LepR^{TanKO} mice appeared to be due to 362 363 decreased fatty acid oxidation (Figure 5A), which was associated with an increase in both visceral fat 364 mass (Figure 3I) and leptinemia (Figure 3O) and elevated circulating levels of cholesterol and 365 triglycerides (Figure 5B), but not of non-esterified free fatty acids (NEFAS) (Figure 5C). These data, together with an increase in the size of white adipocytes (Figure 5D), suggest that LepR^{TanKO} mice 366 367 show hyperlipidemia and lipid accumulation in white adipocytes.

In agreement with the increased uptake of free fatty acids into white adipose tissue in response to central leptin deficiency ¹³, *LepR*^{TanKO} mice showed a marked increase in protein levels of lipoprotein lipase (LPL), an enzyme that promotes the uptake of circulating triglycerides, and acetyl-CoA carboxylase (Acc) and fatty acid synthase (FAS), enzymes crucial for *de novo* lipogenesis, in ependymal fat (Figure 5E and 5F). Of note, the ratio of phospho-Acc to total Acc was decreased in 373 LepR^{TanKO} mice (Figure 5E and 5F), which suggests, in agreement with previously published data ¹³, 374 that hypothalamic leptin regulates ACC in white adipose tissue. We next examined the expression of 375 the key lipolytic enzyme hormone-sensitive lipase (HSL), the activity of which is also known to be regulated by central leptin signaling ¹³, and found that the levels of phosphorylation-activated HSL 376 377 were lower in LepR^{TanKO} mice than in control littermates (Figure 5E and 5F). Overall, these results 378 indicate that the lack of LepR in tanycytes favors the accumulation of lipids by promoting lipogenesis 379 and lipid uptake while inhibiting lipolysis in white adipose tissue. Importantly, these effects were independent of feeding since they occurred in both LepR^{TanKO} mice fed ad libitum and those pair-fed 380 381 with the control group.

Increased accumulation of lipids was also noted in the liver of $LepR^{TanKO}$ mice using oil red staining (Figure 5G). Accordingly, liver triglyceride content was seen to be increased in these mice even in the pair-fed condition (Figure 5H), whereas circulating triglyceride levels were comparable to those in $LepR^{IoxP/IoxP}$ controls (Figure 5B). Given the absence of any marked change in the expression of enzymes involved in lipid metabolism (Figure 5I and 5J), the increase in lipid accumulation in the liver of $LepR^{TanKO}$ mice is likely not due to local *de novo* synthesis but indirectly to the increased weight and hyperlipidemia of these mice.

389

390 Mice lacking LepR in tanycytes sequentially develop impaired glucose tolerance and defective

391 insulin-secretory capacity

392 Leptin has long been known to influence glucose homeostasis independent of its effect on body 393 weight regulation ^{41,42}. These effects appear to be mediated by leptin action on LepR-expressing 394 neurons in the ARH, since the local reintroduction of LepR expression in otherwise LepR-knockout 395 animals normalizes insulinemia in these animals¹¹. In light of the altered gene expression in ARH 396 neurons observed in our mice, we therefore next investigated the effect of LepR deletion in tanycytes 397 in glucose metabolism. Four weeks after LepR deletion, mice did not appear to have any problem in 398 managing exogenous injections of glucose (Figure 6A). However, monitoring glucose-stimulated 399 insulin release in LepR^{TanKO} mice at 4 weeks intriguingly showed that, despite normal glucose 400 tolerance at this early time point (Figure 6A), these mice were secreting more insulin than control $LepR^{IoxP/IoxP}$ or $LepR^{TanHet}$ mice both before (12h fasting insulin: $LepR^{TanKO}$, 0.81 ± 0.12 µg/µl vs. 401 $LepR^{IoxP/IoxP}$, 0.48 ± 0.06 µg/µl and $LepR^{TanHet}$, 0.46 ± 0.03 µg/µl, p = 0.03 and p = 0.04, respectively, 402

403 one way ANOVA and Tukey's multiple comparison test) and after glucose injection (Figure 6B), 404 despite an apparently normal response to insulin (Figure 6C), suggestive of a pancreatic β -cell 405 function deficiency. This elevated release of insulin by β -cells even under basal conditions 406 phenocopies mice lacking LepR in POMC neurons ⁴³, concordant with an inability of ARH neurons to 407 appropriately perceive circulating leptin levels as suggested by decreased STAT3 activation after 408 overnight feeding (Supplementary Figure 7) or upon exogenous leptin treatment (Figure 4A, 4C), as 409 well as the downregulation of Socs3 in the ARH of LepR^{TanKO} mutants (Figure 4D).

410 By 12 weeks after LepR deletion, however, LepR^{TanKO} mice developed impaired tolerance to exogenous glucose (Figure 6D), while their basal insulin levels were similar to those in LepR^{loxP/loxP} 411 412 mice. This deficient glucose homeostasis was also correlated with a significantly lower increase in 413 glucose-stimulated insulin levels in LepR^{TanKO} mice, suggesting some degree of pancreatic dysfunction 414 in these mice (Figure 6E). Insulin sensitivity and HOMA-IR were similar in the two genotypes (Figure 415 6F and 6G). To investigate possible alterations in pancreatic function in mice lacking LepR in 416 tanycytes, we investigated glucose-stimulated insulin secretion (GSIS) in isolated pancreatic islets from *LepR*^{TanKO} and *LepR*^{loxP/loxP} littermates. Although *LepR* deletion in tanycytes did not affect the total 417 418 insulin content of islets (Figure 6H), insulin secretion from isolated islets was severely hampered 419 under high glucose conditions in 12-week LepR^{TanKO} mice when compared to LepR^{loxP/loxP} controls (Figure 6I). Gene expression analysis in islets from 12-week LepR^{TanKO} mice compared to controls 420 421 revealed the increased expression of genes involved in glucose sensing (Glut2, Gck) and insulin 422 maturation (*Pcsk1*) but decreased expression of key β -cell identity genes such as *Pdx1* (*p*=0.065) and *MafA* (Figure 6J). *LepR*^{TanKO} islets also exhibited an increase in the expression of markers of the 423 424 endoplasmic reticulum (ER) unfolded protein response (UPR^{er}) pathway, including Atf4 (p=0.016), 425 *Xpb1t* and *Chop* (Figure 6K), thought to be associated with impaired β -cell function and T2D 426 development ⁴⁴. The number of α (glucagon-positive) and β (insulin-positive) cells per islet was similar 427 in the pancreas of the two genotypes (Figure 6L, 6M, 6N). Altogether, these data suggest that the loss 428 of LepR function in tanycytes impairs glucose homeostasis and insulin secretion through the 429 transcriptional control of key pancreatic β -cell and UPR^{er} markers, preceded by the development of 430 mild insulin resistance, and that the whole sequence of events unfolds within 3 months of altering the 431 tanycytic shuttling of leptin into the hypothalamus.

432 To determine whether the restoration of hypothalamic access to leptin could rescue β -cell function in 12-week LepR^{TanKO} mice, we deprived animals of food 3h before stereotaxically injecting them with 2 433 434 µg of leptin i.c.v., shortly before lights-off. At lights-on, i.e. 12h after leptin injection in food-deprived 435 animals, a glucose tolerance test was performed by injecting glucose i.p. Pre-treatment with acute i.c.v. leptin significantly rescued the impaired glucose management in LepR^{TanKO} mice, without further 436 depressing glycemia in LepR^{loxP/loxP} littermates (Figure 6O). In addition, while glucose-stimulated 437 438 insulin secretion at 15 min was lower in mice lacking tanycytic LepR than in LepR^{loxP/loxP} littermates in 439 the absence of leptin pre-treatment, as shown above (Figure 6E), the central administration of leptin 440 significantly increased insulin secretion 15 min after glucose injection in both mutant and control mice, 441 compensating for the defective tanycytic function (Figure 6P). These results demonstrate that the 442 action of tanycyte-transported leptin in the hypothalamus is vital for the acute control of β -cell function 443 directly by the brain, likely through the intermediary of leptin-sensing ARH neurons connected to the 444 pancreas via the autonomic nervous system ⁴³, and raise the intriguing possibility that defects in the 445 tanycytic leptin shuttle may also play a critical central role in the pathophysiology of diabetes.

446

447 Impaired access of leptin to the hypothalamus could mediate central effects on glucose and 448 lipid metabolism through altered sympathetic tone

449 The central effects of leptin on glucose homeostasis appear to involve the melanocortin system ⁴³, which we have shown above to be altered in LepR^{TanKO} mice, and which impinges upon the 450 sympathetic nervous system ^{45,46}. In addition, the sympathetic nervous system is also known to 451 mediate the central effects of leptin on white adipose tissue lipid metabolism ¹³. We therefore next 452 assessed circulating noradrenaline levels in LepR^{TanKO} mice, with their defective tanycytic shuttling of 453 454 leptin into the hypothalamus (Figure 4E and 4F), and found that the levels of noradrenaline were 455 reduced, suggesting an overt decrease in sympathetic tone when compared to control LepR^{loxP/loxP} littermates (Figure 7A). Interestingly, the pancreatic islets of $Lep R^{TanKO}$ animals express more $\alpha 2A$ 456 457 adrenergic receptors compared to their littermates without affecting the expression of β^2 adrenergic 458 receptors (Figure 7B). α2A adrenergic receptors are known for their inhibitory action on insulin secretion by the pancreas ^{47,48}. To further probe the sympathetic nervous system in LepR^{TanKO} mice, 459 460 we subjected them to a 2h exposure to cold (4°C) and measured changes in rectal temperature as 461 well as noradrenaline levels. In cold conditions, LepR^{TanKO} mice experienced a drop in core

462 temperature (Figure 7C), a phenomenon associated with defective cold-induced noradrenaline 463 secretion (Figure 7D). Together, these results suggest a possible mechanistic pathway whereby 464 decreased leptin access to hypothalamic neurons controlling bodily homeostasis alters overall 465 sympathetic tone, which in turn affects peripheral glucose and lipid metabolism. Because previous 466 studies have shown that brain-pancreas and brain-adipose tissue connections involve leptin signaling through the melanocortin system ^{43,49} and because LepR^{TanKO} mice show altered levels of Agrp 467 468 transcripts (Figure 4D), it is tempting to speculate that the main hypothalamic neuronal population 469 affected by the defective shuttling of circulating leptin into the brain is that of AgRP-expressing ARH 470 neurons, which mediate melanocortin signaling.

471

472 Knocking out LepR in tanycytes blunts the leptin-mediated neuroendocrine response to fasting 473 Given our previous demonstration that tanycytes play a role in the adaptive response to fasting ²², and 474 because leptin has long been known to play important physiological roles during starvation ⁵⁰, we next 475 tested the ability of peripheral leptin treatment (1mg/kg/12h) to attenuate the adaptive neuroendocrine response to 24h fasting in *LepR*^{TanKO} mice. While leptin repletion after this period of starvation had no 476 477 effect on blood glucose, it caused a reduction in food intake over the first 4h and 12h of refeeding and a consequent reduction in weight gain after 24h in LepR^{IoxP/IoxP} mice, but not in LepR^{TanKO} littermates 478 479 (Figure 7E). Interestingly, while 24h fasting dramatically increased corticosterone levels in LepR^{loxP/loxP} 480 mice, a phenomenon normalized by leptin replacement therapy, it did not cause any change in corticosterone levels in *LepR*^{TanKO} mice (Figure 7E). 481

482 Overall, our results strongly suggest that in the absence of the tanycytic leptin shuttle, the brain loses
483 its ability to properly respond to physiological challenges and thus to restore bodily homeostasis.

484 485

486 **DISCUSSION** 487

Leptin, a hormone secreted by adipocytes in the periphery, plays a fundamental role in the regulation of energy homeostasis by controlling food intake and energy expenditure ⁴⁻⁹. To achieve its central effects, leptin needs to cross the blood-brain barrier and gain access to specific leptin-sensitive neurons in the hypothalamus and elsewhere, a process mediated by tanycytes ²³. Our results convincingly show that, in contrast to recent studies that question the expression of the leptin receptor LepR in tanycytes ²⁵, LepR is not only expressed but is functionally active in hypothalamic median

494 eminence tanycytes, and transports leptin into the hypothalamus in a leptin- and EGF-dependent495 manner by forming a complex with EGFR.

496 Possible explanations for the assumption that LepR is not expressed in tanycytes could be the fact 497 that, like astrocytes, these specialized hypothalamic glia do not express the cre-dependent reporter genes commonly used in LepR::Cre animal models ²⁴ or that most of the alternative detection 498 techniques used so far are not sensitive enough ²⁵. In addition, in the inducible Cre-driver mouse lines 499 500 used by others ²⁵, the accessibility of the LepR gene in tanycytes may be impaired by the use of 501 tamoxifen, which is known to alter chromatin architecture ⁵¹, interfere with estrogen receptor activity and impact metabolism on its own ⁵². These technical problems were overcome in the current study 502 503 with an array of methods to detect not only the presence of LepR protein in ME tanycytes but also its 504 function. In addition, we demonstrate that LepR signaling in tanycytes plays a critical role in the 505 transcytotic mechanism by which they shuttle blood-borne leptin into the hypothalamus, and show that 506 the leptin-mediated activation of LepR causes the early activation of EGFR, which we had previously 507 and serendipitously shown to be able to rescue diet-induced obese animals from central resistance to 508 peripheral leptin ²³. This leptin-LepR-dependent activation of EGFR in tanycytes, which our PLA 509 experiments suggest occurs in tanycytic distal processes that contact the fenestrated endothelium of 510 pituitary portal capillaries in vivo, is required for the release of internalized leptin from early 511 endosomes by triggering the downstream ERK signaling pathway. Furthermore, while LepR and 512 EGFR appear to form a complex capable of binding both leptin and EGF, the activation of EGFR by 513 EGF potentiates the effects of leptin on ERK activation while it appears to leave P-STAT3 activation 514 unaffected. The kinetics of EGFR and ERK activation by leptin in primary tanycytes, with the leptin-515 induced phosphorylation of EGFR occurring at very early time points, within 2 minutes as seen by 516 PamGene technology, and ERK phosphorylation occurring at 15 min, is reminiscent of that reported in 517 gastric cancer cells 53. Although we detected EGF in the circulation in our animals, this EGFR 518 activation in tanycytes could also involve trans-activation processes, similar to those observed in 519 cancer cells ⁵³ and also known to occur in tanycytes ^{54,55}.

Leptin signaling in the brain also exerts specific and complementary peripheral effects on adipose tissue through the regulation of nutrient partitioning by decreasing the expression of key de novo lipogenic enzymes and stimulating the levels of phosphorylated HSL, essential for the activation of lipolysis ^{7,13}. Interestingly, in addition to its mild consequences on body weight, we show that deleting

tanycytic LepR expression in the median eminence of adult mice increases food intake, modifies nutrient partitioning to favor the disproportionate use of carbohydrates, thus favoring lipid accumulation, dramatically alters body composition by promoting an increase in fat mass to the detriment of lean mass, and also impairs the ability of the brain to control glucose homeostasis in association with a marked impairment in pancreatic β -cell function and altered sympathetic tone.

529 The capacity of leptin to regulate these diverse metabolic parameters resides in LepR-expressing 530 neurons in the ARH, namely proopiomelanocortin (POMC) and agouti-related peptide (AgRP) expressing neurons, which are known to be involved in the control of adipose tissue lipogenesis ¹³ and 531 532 glucose homeostasis ¹¹, in response to this adiposity signal. For instance, the deletion of LepR in 533 either POMC or AgRP neurons leads to moderate obesity, while the knock-out of LepR in both AgRP 534 and POMC neurons combined has clear cumulative effects on adiposity despite a comparable effect 535 on food intake ^{56,57}. The fact that our mice mimic this metabolic phenotype suggests that the depletion 536 of LepR in tanycytes precludes the access of leptin to POMC and AgRP neurons and its subsequent 537 actions in these neuronal populations. This hypothesis is supported by the fact that the removal of 538 LepR form tanycytes severely hampers the ability of both endogenous and exogenous leptin to reach 539 the mediobasal hypothalamus and activate leptin-sensitive neurons in the dmARH, and upregulates 540 transcripts for Agrp, a melanocortin receptor antagonist, while downregulating the expression of 541 Socs3, a known leptin-responsive gene ³⁶, in the ARH. Interestingly, the melanocortin system is 542 involved not only in glucose homeostasis ^{11,43,58} but also in the sympathetic nervous system-mediated 543 regulation of lipid metabolism in white adipose tissue ^{13,49}, and both nadir and cold-induced circulating 544 noradrenaline levels are reduced in mice lacking tanycytic LepR. In light of these findings, we propose 545 that deficient leptin-regulated activity in POMC and AgRP neurons of the dmARH alters their capacity to use the melanocortin signaling pathway ^{59,60} to communicate with neurons of the autonomous 546 nervous system in the brainstem and the spinal cord ^{45,61}, and thus their control of peripheral target 547 548 tissues ^{7,62}. In keeping with the hypothesis above, we found that the decrease in insulin secretion by 549 pancreatic β -cells in mice lacking LepR in tanycytes was associated with a significant increase in their 550 expression of $\alpha 2A$ adrenergic receptors. This is also in agreement with previous studies showing that 551 the activation of these receptors is associated with a decrease in both glucose tolerance and insulin 552 exocytosis by β islets ⁴⁷. In addition, in humans, a polymorphism leading to the overexpression of the 553 α2A adrenergic receptor ADRA2A is associated with an increased risk of developing T2D ⁴⁸. Our

554 results suggest that the removal of leptin receptor expression in tanycytes may lead to a decrease in 555 insulin secretion that can be explained by an overexpression of adrenergic receptors α2A. Overall, our 556 results fill the gaps in our understanding of the mechanism of leptin action: i) blood-borne leptin 557 reaches dmARH neurons through a singular route involving transcytotic transport by median eminence 558 tanycytes, which depends on the activation of a LepR:EGFR complex and ERK signaling, ii) leptin 559 then stimulates the dmARH neurons controlling the melanocortin system and sympathetic outflow, and 560 iii) this diminishes lipid storage in adipose tissue and controls glucose homeostasis by shaping the 561 function and plasticity of pancreatic islet cells through their expression of α 2A adrenergic receptors. 562 Conversely, alterations in tanycytic leptin transport manifest as decreased sympathetic tone, 563 increased visceral adiposity, hepatic steatosis and glucose intolerance with pancreatic dysfunction.

564 Interestingly, regardless of whether LepR or EGFR signaling in tanycytes is defective in our mouse 565 models, the fat mass gain observed occurs concomitantly with an intriguing loss of lean tissue, 566 resulting in overall weight gain remaining limited. This phenomenon, where obesity is associated with 567 sarcopenia (sarcobesity), is reminiscent of that often seen during aging ^{63,64} and may promote the progression of related conditions such as diabetes and frailty ⁶⁵. A recent study has shown that in 568 569 mouse models of hyperglycemia and T2D due to defective β cell function, inter-tissue crosstalk 570 involving the liver and amino acid catabolism leads to skeletal muscle atrophy ⁶⁶. Further studies are 571 required to explore this pathway in mice in which LepR:EGFR signaling complex is defective in 572 tanycytes, to determine how alterations of the tanycytic leptin shuttle impact aging.

573 Longitudinal human studies show that T2D develops in subjects exhibiting insulin hypersecretion in 574 normoglycemic and prediabetic phases in order to keep glycemia near normal, in a context of chronic 575 nutrient surfeit and obesity-associated insulin resistance, until they reach a threshold at which this compensatory β cell response becomes unsustainable ⁶⁷. Compensating for insulin resistance by 576 577 increasing insulin secretion usually requires both enhanced β cell function and expansion of the β cell 578 mass, the latter being stimulated by the increased nutrient supply, including glucose and free fatty acids ⁶⁸. However, diabetes is a heterogeneous disease ⁶⁹, and an alternative pattern characterized by 579 580 the alteration of insulin secretion due to a β cell functional deficit could predominate in some ethnic 581 groups. This phenotypic variability can be seen in a Japanese study in which the proportion of patients 582 progressing to the onset of T2D was 50% in patients with a dysfunction of isolated β cells, as compared to 14% for patients with insulin resistance 70. Intriguingly, an epidemiological study of 583

584 Korean patients with T2D showed that they developed impaired insulin secretion and insulin 585 resistance 10 years before the onset of diabetes, and impaired β cell compensation with an abrupt 586 decrease in insulin secretion during the last 2 years before onset 3 , underscoring the central role of β 587 cell dysfunction in the pathogenesis of T2D in Asian populations. The existence of two patterns of 588 disease progression can also be seen from the fact that East Asian T2D patients have a much lower BMI than European patients but more intra-abdominal fat for similar BMI values². In our current 589 590 model, the attenuation of tanycytic leptin transport leads to an initial increase of insulin secretion 591 despite the absence of insulin resistance. Twelve weeks after selectively deleting LepR in median 592 eminence tanycytes, LepR^{TanKO} mice develop impaired insulin secretion in response to glucose, 593 against a backdrop of increased visceral fat but normal insulin sensitivity. This alteration of glucose-594 stimulated insulin secretion, which likely underlies the alteration of glucose homeostasis, can be seen 595 at the level of isolated pancreatic islets despite the lack of any apparent change in their size or 596 organization, suggesting a modification of β cell functional integrity instead, mimicking the principal 597 human phenotype described above. Despite this deficiency in β -cell function, the reactivation of 598 central control by infusing leptin into the cerebral ventricles 12 weeks after the tanycytic leptin shuttle 599 was inactivated by knocking out LepR restored the ability of these mice to manage exogenous 600 glucose, by restoring insulin secretion induced by CSF-borne leptin.

601 To summarize, the study of our LepR^{TanKO} mouse model appears to have unmasked two important 602 aspects of leptin action: i) the molecular and cellular mechanisms that regulate the physiological 603 access of leptin to leptin-responsive neurons in the brain, i.e. the LepR-EGFR-ERK-mediated 604 transcytotic transport of blood-borne leptin into the hypothalamus by tanycytes, and ii) the link 605 between deficient leptin transport by tanycytes and the pathophysiology of pancreatic β -cell failure and 606 lipid dysmetabolism in the context of moderate overweight and sarcobesity. Together, these findings shed light on the central control of peripheral lipid and glucose homeostasis by leptin, and create new 607 608 therapeutic avenues for metabolic disorders.

609

610 METHODS

611 Animals

All C57BI/6J mice were housed under specific pathogen-free conditions in a temperature-controlled room (21-22°C) with a 12h light/dark cycle and *ad libitum* access to food and water. *tdTomato*^{loxP-STOP-}

614 ^{loxP} (IMSR Cat# JAX:007914, RRID:IMSR JAX:007914) and GCamP3^{loxp-STOP-loxP} (IMSR Cat# JAX:025406, RRID:IMSR JAX:025406) reporter mice and LepR^{loxP/loxP} mice (IMSR Cat# JAX:008327, 615 RRID:IMSR JAX:008327) ⁷¹ were purchased from the Jackson Laboratories (Bar Harbor, ME). 616 617 Trmp5::Cre mice have been engineered by Dr. Ulrich Boehm (University of Saarland, Homburg, Germany) and published elsewhere ²⁹. Animal studies were approved by The Institutional Ethics 618 619 Committees for the Care and Use of Experimental Animals of the University of Lille; all experiments 620 were performed in accordance with the guidelines for animal use specified by the European Union 621 Council Directive of September 22, 2010 (2010/63/EU).

622

623 TAT-Cre, pAAV-Dio2-iCre-2A-GFP and AAV(1+2)-GFP-U6-m-EGFR-shRNA delivery

624 A TAT-Cre fusion protein and the AAV 1/2 Dio2::Cre virus (0,5x1010 genomic particles per µl) were 625 produced as detailed previously ^{31,72}. AAV(1+2)-GFP-U6-m-EGFR-shRNA was produced by Vector 626 Biolabs (shAAV-258137). All products were stereotaxically infused into the third ventricle (2uL over 7 627 min at 1.27 mg/ml; anteroposterior, -1.7 mm; midline, 0 mm; dorsoventral, -5.6 mm), the lateral 628 ventricle (Anteroposterior, -0.3 mm; midline, +/- 1 mm; dorsoventral, -3 mm) or the forth ventricle 629 (Anteroposterior, -6 mm; midline, 0 mm; dorsoventral, -4 mm) of 24h fasting isoflurane-anesthetized 630 floxed mice 1 week before experiments for the TAT-Cre one and 3 weeks before experiments for the 631 virus one.

632

633 **Evaluation of TAT-Cre recombination efficiency**

634 Four weeks after lateral ventricle or 3rd ventricle TAT-Cre infusion in *TdTomato* mice, animals were 635 anesthetized with ketamine (8mg/kg body weight) + xylazine (3mg/kg body weight) before being 636 perfused with Saline (0,9% NaCl) and 4% paraformaldehyde. Brains were collected before being 637 cryoprotected in 20% sucrose solution overnight, embedded in Tissue Tek (Sakura®) and frozen 638 freshly. 16 µm-thick coronal sections were cut and processed for immunofluorescence using chicken 639 anti-Vimentin (1:2000; Millipore Cat# AB5733, RRID:AB 11212377) primary antibodies and Alexa647-640 conjugated anti-chicken antibody (1/1000; Thermo Fisher Scientific Cat# A-21449, 641 RRID:AB 2535866). Images were acquired using an Axio Imager Z2 Apotome microscope (AxioCam 642 MRm camera, Zeiss). 8 median eminence representative slides per animal were then coded to 643 conceal treatment groups and the tanycytes (Vimentin positive cells) were divided into three groups 644 depending their projections (median eminence and arcuate nucleus, ventromedial hypothalamus,

645 dorsomedial hypothalamus). Number of DAPI+/Tomato+/Vimentin+ cells was reported on 646 DAPI+/Vimentin+ cells bording the 3rd ventricle. The ratio was compared between different groups.

647 To compare 3rd and 4th ventricle TAT-Cre infusion, the number of FACS -sorted Tomato positive cells

648 was compared in ME and 4th ventricle microdissected samples, 1 week after TAT-cre infusion.

649

650 Fluorescence-Activated Cell Sorting and Real-Time PCR Analyses

651 Isolation of hypothalamic tanycytes using Fluorescence Activated Cell Sorting

Median eminence from TAT-Cre injected tdTomato^{loxP/+} and LepR^{oxP/loxP}; tdTomato^{loxP/+} mice were 652 653 microdissected, and enzymatically dissociated using Papain Dissociation System (Worthhington, 654 Lakewood, NJ) to obtain single-cell suspensions. FACS was performed using an ARIA SORP cell 655 sorter cytometer device (BD Bioscience, Inc). The sort decision was based on measurements of 656 tdTomato fluorescence (excitation 561nm; detection: bandpass 675+/-20nm) by comparing cell 657 suspensions from tdTomato positive and wild-type animals, as indicated in Figure 3A. For each 658 animal, 4000 cells tdTomato positive and negative cells and negative cells were sorted directly into 659 10μL extraction buffer: 0,1% Triton® X-100 (Sigma-Aldrich) and 0,4 U/μl RNaseOUT[™] 660 (ThermoFisher).

661

662 **Quantitative RT-PCR analyses**

663 For gene expression analyses, mRNAs obtained from microdissected hypothalamic explants or FACS-664 sorted tanycytes were reverse transcribed using SuperScript® III Reverse Transcriptase (Life 665 Technologies) and a linear preamplification step was performed for the sorted cells only using the 666 TaqMan® PreAmp Master Mix Kit protocol (P/N 4366128, Applied Biosystems). Real-time PCR was 667 carried out on Applied Biosystems 7900HT Fast Real-Time PCR System using exon-boundary-668 specific TaqMan® Gene Expression Assays (Applied Biosystems): DARPP32 669 (Ppp1r1b_Mm00454892_m1); LEPR (Variant 1, long form) (LepR_Mm1265583_m1); LEPR (Variant 670 3, short form) (LepR_Mm01262070_m1), NPY (NPY-Mm03048253_m1), MECA32 (Plvap-671 Mm00453379_m1), POMC (POMC-Mm00435874_m1), AgRP (AgRP-Mm00475829_g1), CART 672 (CARTPT-Mm04210469_m1), Socs3 (Socs3-Mm00545913_s1), Ptp1b (Ptp1b-Mm00448427_m1) 673 DIO2 (Dio2-Mm00515664 m1), FGF10 (Fgf10-Mm00433275 m1), GPR50 (Gpr50-

- 674 Mm00439147_m1), SLCO1C1 (Slco1c1-Mm00451845_m1). Control housekeeping genes: r18S (18S-
- 675 Hs99999901_s1); ACTB (Actb-Mm00607939_s1). Gene expression data were analyzed using SDS
- 676 2.4.1 and Data Assist 3.0.1 software (Applied Biosystem).

677 Physiological measurements

678 Body Composition

Body composition was measured weekly in several cohorts of mice using Minispec LF Series (Bruker
Corporation, Massachusetts). Data on fat mass, lean mass and free liquid mass were collected and
expressed as % of body weight.

682 Analysis of basal metabolism

Mice were analyzed for total energy expenditure, oxygen consumption and carbon dioxide production, food intake and ambulatory movements (total beam breaks/h) using calorimetric cages (TSE Systems GmbH, Germany) and standard procedures. Mice were individually housed and acclimatized to the cages for 48h before experimental measurements. During the pair-fed test, paired-fed animals had the mean weight of food that the control group ate during the previous 24 hours (see paragraph below). RER and energy expenditure (EE) were calculated as previously reported by us ^{73,74}, and fatty acid oxidation was calculated using the formula reported by Bruss and colleagues ⁷⁵:

691 Pair-feeding experiments

692 Pair-feeding experiments were performed as documented previously ^{76,77}. Briefly, we assessed food intake under normal conditions in both LepR^{loxP/loxP} and LepR^{TanKO} mice for at least one week without 693 performing any type of experiment and avoiding any stress. Then, we pair-fed LepR^{TanKO} mice with the 694 group showing lower food intake, i.e., LepR^{loxP/loxP} mice. To avoid long periods of fasting that could 695 alter the results obtained from the pair-fed group, pair-fed LepR^{TanKO} mice mice received 2/3 of their 696 697 daily amount of food just before the dark phase (the active period when mice consume the highest 698 amounts of food) and 1/3 at lights-on (the period when mice are inactive and consume low amounts of 699 food).

700

701 Glucose Tolerance Test and Insulin dosage

702 Mice were fasted overnight before the experiment (12 hours). Blood sample for insulin dosage was 703 taken before, 15 and 30 min after glucose administration with glass capillary at the tail. Samples were 704 kept on ice during the experiments before being centrifuged (4°C, 600 rpm, 15 min) to collect serum 705 and frozen at -80°C until insulin ELISA (Mercodia). Basal blood glucose level was measured before 706 glucose i.p administration (1,5 mg glucose/g of body weight), 15, 30, 45, 60, 120 and 150 min after 707 glucose administration using glucometer (OneTouch® Verio meter). One cohort of animals was 708 injected i.c.v with recombinant murine leptin (2µg/animal; Harbor-UCLA Medical Center, California) 3 709 hours before lights-off, mice subjected to fasting overnight (12 hours) and glucose tolerance test as 710 well as insulin dosage performed the next day.

711 Insulin Tolerance Test

712 Mice were fasted 6 hours before the experiment. Basal blood glucose level was measured before 713 insulin i.p administration (0,75UI/kg of body weight), 15, 30, 45, 60, 120 and 150 min after glucose

714 administration using glucometer (OneTouch® Verio meter)

715 In vivo leptin sensitivity test

Mice were first separated one per cage and fasted during 3 hours in the afternoon. Then they are divided into two groups which received i.p or i.c.v injections of recombinant murine leptin (3mg/kg; Harbor-UCLA Medical Center, California) or vehicle (PBS pH 8.0) 3 hours before being reefed. Body weight and food intake were measured before, 12h and 24h after treatment period.

720 Assessment of the role of leptin in the corticosterone response to 24h fasting

Two weeks before fasting, at lights-on (8 am), glycemia was measured and blood was drawn from the animal's cheek ⁷⁸ to assess serum corticosterone levels in the fed condition. Then, mice were put in individual cages and subjected to fasting for 24 hours. Half the fasting mice received leptin (1mg/kg; Harbor-UCLA Medical Center, California) while the other half received saline i.p. injections every 12 hours (8 am and 8 pm). After 24h of fasting, blood samples were taken from each animal's cheek before refeeding. Food intake was then measured at 4, 12 and 24 hours after refeeding.

- 727 Corticosterone levels were quantified by ELISA (55-CORMS-E01; American Laboratory Products
- 728 Company) according to manufacturer's instructions.

729 Cold-exposure test: core temperature and noradrenaline measurements

Rectal temperature was measured in mice before collecting blood samples from the cheek. One hour later, mice were exposed to cold (4°C) for 2 hours, then rectal temperature was taken and blood collected. Delta temperature (difference between before and after cold exposure) was calculated and fed and fasting noradrenaline serum concentrations were quantified by ELISA (see paragraph below).

734 Microdialysis in vivo

735 Nine $LepR^{loxP/loxP}$; tdTomato^{loxP-STOP-loxP} mice were injected in the lateral ventricle with the AAV(1/2) 736 Dio2::Cre virus (n=4) or vehicle (n=5). In brief, 25-35g mice were deeply anesthetized with isoflurane 737 (3% in 1 L/min air flow) in an induction chamber, placed in a stereotaxic apparatus equipped with a 738 mask to maintain anesthesia during all the experiment (isoflurane between 1 to 1.5% in 1 L/min air 739 flow). Core body temperature was maintained at 37°C with an electrical blanket controlled by a 740 thermostat. A microdialysis cannula (CMA8 High Cut-off, 100 kDa, 1 mm membrane length; CMA 741 microdialysis AB, Sweden) was implanted over the mediobasal hypothalamus using the stereotaxic 742 coordinates (relative to bregma antero-posterior: -1.3, lateral: -0.3, ventral from brain: -6.1 mm). The 743 microdialysis probe was then perfused with sterile artificial cerebrospinal fluid (CMA Perfusion Fluid 744 CNS. NaCl 147 mmol/L, KCl 2.7mmol/L, CaCl2, 1.2 mmol/L and MgCl2 0.85 mmol/L; CMA, 745 Stockholm, Sweden) at a rate of 2 µL/min using a microinjection pump (CMA 402; CMA, Stockholm, 746 Sweden). Following a stabilization period of 45 min, one dialysate of 20 min was collected as basal. A 747 vehicle injection (i.p. PBS pH 8.0) was administered to the mice and two dialysates of 20 min were 748 recovered. Finally, at 60 min, a leptin solution was administered to the mice (i.p., 3mg/Kg in PBS pH 749 8.0, Harbor-UCLA Medical Center, California) and 5 dialysates of 20 min each were recovered. Brain 750 dialysates were placed in a fraction collector (CMA/820) during the experiment and immediately stored 751 at -80°C until analysis. At the end of the experiment, mice were euthanized by decapitation and brains 752 stored immediately in fresh paraformaldehyde 4%. Vibratome brain sections of 80 µm were 753 counterstained with DAPI to verify probe location. Only mice in which the probe was positioned 754 between antero-posterior: -1.2 and -2.3 were included in the analysis.

755 Leptin, EGF and noradrenaline ELISA assays

Basal leptin concentration in the serum of $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice and leptin content in microdialysates from the brain were measured using ELISA (Leptin mice MOB00; R&D systems) according to the manufacturer's protocol. EGF concentration in blood serum from C57BI/6J mice fed normal chow or 8 weeks of high-fat diet (#D12492; Research Diets), $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice were quantified by ELISA according to the manufacturer's instructions using a mouse EGF ELISA kit (EMEGF ; ThermoFisher). Basal noradrenaline concentrations in the serum of $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice were quantified using a noradrenaline ELISA kit (BA-E5200; Immusmol).

763 Brain and peripheral tissues analysis

764 Brain slice preparation and calcium imaging

Eight to 12 week-old male GCaMP3^{Tmp5} and GCaMP3^{Tmp5}; LepR^{Tmp5} mice were anesthetized with 765 766 isoflurane, and after decapitation, the brain was rapidly removed and put in ice-cold oxygenated (O2 767 95% / CO₂ 5%) artificial cerebrospinal fluid (ACSF) containing the following (in mM): 120 NaCl, 3.2 768 KCl, 1 NaH₂PO₄, 26 NaHCO₃, 1 MgCl₂, 2 CaCl₂, 10 glucose (300 mOsm, pH 7.4). After removal of the 769 cerebellum, the brain was glued and coronal hypothalamic slices 200 µm thick containing the median 770 eminence and lateral walls of the third ventricle were cut using a vibratome (VT1200S; Leica) as previously described ⁷⁹. Before recording, slices were incubated at 35°C for a recovery period of 1 h. 771 772 After recovery, slices were placed in a submerged recording chamber (31°C; Warner Instruments) and 773 continuously perfused (2 ml/min) with oxygenated ACSF. Tanycytes were observed with a 40x water 774 immersion objective in an upright Leica DM-LFSA microscope by using infrared differential 775 interference contrast (IR-DIC). To detect GFP fluorescence, a blue illumination was provided via a 470 776 nm LED and an ORCA-Flash4.0 LT digital CMOS camera (Hamamatsu) was used to collect images. 777 MetaMorph image acquisition software (Molecular Devices) was used to control the illumination and 778 camera. Analysis of imaging data was performed off-line using MetaMorph (Molecular Devices) and 779 Fiji software. Regions of interest (ROI) were drawn around individual tanycyte cell bodies from the 780 infrared and/or the fluorescence images. Changes in fluorescence intensity of GCaMP3 were 781 measured by plotting the intensity of ROI over time, after the intensity of a background ROI had been 782 subtracted. Then, an initial baseline fluorescence signal was computed before drug application at

783 resting state (F0) and subsequent fluorescence values (F-F0= Δ F) were normalized to this (Δ F/F0). 784 Drugs were applied via puffs from a patch pipette made of borosilicate glass (World Precision 785 Instruments) and pulled on a P1000 puller (Sutter Instrument Co). The tip of the pipette was positioned 786 25 µm away from tanycyte cell bodies. Puffs were delivered in the opposite direction of the flow of the 787 perfusion chamber at a pressure of 4 psi using a PV820 pneumatic PicoPump (World Precision 788 Instruments). The concentration of Leptin and ATP (Sigma) in the patch pipette was 6 µM and 10 mM 789 (both prepared in ACSF), respectively. To exclude mechanical responses of tanycytes to the puff, 790 patch pipettes were also filled with ACSF alone.

791

792 Leptin receptor detection with the XPA antibody

793 Twelve week-old C57Bl/6J mice were anesthetized with ketamine (8mg/kg body weight) + xylazine 794 (3mg/kg body weight) before being injected with the XPA antibody (2 nmol/animal, Xoma 795 Laboratories) into the jugular vein. As soon as the injection ended, mice were perfused with saline 796 (0.9% NaCl) and 4% paraformaldehyde. Brains were collected before being cryoprotected in 20% 797 sucrose solution overnight, embedded in Tissue Tek (Sakura®) and fresh-frozen. 20 µm-thick coronal 798 sections were cut and processed to reveal XPA using a 1 hour incubation at room temperature with 799 Biotinylated Goat anti-human IgG (1:1000; Jackson ImmunoResearch Labs Cat# 109-065-003, 800 RRID:AB_2337621). VECTASTAIN ® Elite ABC peroxidase kit (PK-6100, Vector Laboratories) used 801 according to the manufacturer's instructions to amplify the signal. The XPA antibody was visualized 802 with a TSA Biotin Tyramide kit (SAT70001EA, Perkin Elmer) associated with Streptavidin Alexa 803 Fluor® 568 (1:600; Thermo Fisher Scientific Cat# S-11226, RRID:AB 2315774).

804

805 Proximity Ligation Assay

Brain sections were fixed in 4% paraformaldehyde for 15 min, permeabilized and saturated with Triton X100 (0.3%) and 5% Horse Serum/PBS solution for 1 h. Sections were incubated with primary antibodies XPA (Xoma Laboratories) and rabbit anti-EGFR (Sigma, Ab-1070) at 4 °C overnight. PLA was performed using a Duolink® In Situ Red Starter Kit Goat/Rabbit (Sigma-Aldrich) according to the manufacturer's protocol. To assess the specificity of the PLA signal, the whole process was performed with only one primary antibody.

812

813 **RNAscope fluorescent in situ hybridization**

814 FISH was performed on 2% paraformaldehyde perfused brain sections (Egfr) and frozen brain 815 sections (LepR) of the median eminence of adult male mice using the RNAscope® Multiplex 816 Fluorescent Kit v2 according to the manufacturer's protocol (Advanced Cell Diagnostics, Inc., Newark, 817 CA, USA). Specific probes were used to detect LepR variant 1 (471171, NM 146146.2, target region 818 3220 - 4109), LepR variant 3 (496901-C3, NM_001122899.1, target region 3291 - 4713), and Egfr 819 (443551-C2, NM 207655.2, target region 58-2111) mRNAs. Hybridization with a probe against the 820 Bacillus subtilis dihydrodipicolinate reductase (dapB) gene (320871) was used as a negative control. 821 Following *Eafr* FISH.vimentin immunolabeling was carried out using a chicken anti-Vimentin antibody 822 (1:500 Millipore Cat# AB1620, RRID:AB 90774), revealed with Goat anti-chicken 647 (1:500 ; Thermo 823 Fisher Scientific Cat# A-21449, RRID:AB 2535). For FISH experiments and immunofluorescence 824 labeling of Vimentin, the acquisition of images was performed using an inverted confocal microscope 825 (LSM 710, Zeiss, Jena, Germany). Excitation wavelengths of 493/562 nm, 568/643 and 640/740 were 826 selected to image Alexa 488- and Alexa 568-secondary antibodies and TSA plus Fluorescein, Cyanine 827 3 and Cyanine 5. UV laser (wavelength of 355 nm) was used to image Hoechst and DAPI. Z-stack 828 images were acquired with a W Plan-APOCHROMAT 20x objective (NA 0.5, zoom 1.0). High 829 magnification photomicrographs were acquired with a 63x objective (NA 1.4) using the Airyscan 830 detector (Zeiss). Images to be used for figures were pseudocolored, adjusted for brightness and 831 contrast and merged using Photoshop (Adobe Systems, San Jose, CA).

- 832
- 833 pSTAT3 immunohistochemistry and analysis

834

Adult mice were sacrificed by decapitation in the morning at lights on. Brains were collected before

836 being embedded in Tissue Tek (Sakura®) and frozen freshly. 20 μm-thick coronal sections were cut,

837 postfixed with a solution of 2% paraformaldehyde during one hour and processed for

838 immunofluorescence as previously described (Bouret et al., 2012) using rabbit anti-pSTAT3 (Tyr705)

- 839 (1:1000; Cell Signaling Technology Cat# 9131, RRID:AB_331586) primary antibodies and revealed
- 840 with Goat anti-rabbit 647 (1/500; Molecular Probes Cat# A-21244, RRID:AB_141663).
- 841 Immunofluorescence images were acquired using an Axio Imager.Z2 Apotome microscope (AxioCam

- 842 MRm camera, Zeiss). Slides were then coded to conceal treatment groups, and pSTAT3
- 843 immunoreactive (IR) cells counted in eight sections par animal.

844 Pancreatic Islet Studies

845 Pancreata were digested by type V collagenase (C9263; 1,5 mg/ml) for 11 min at 37°C as described 846 previously (Annicotte et al., 2009, Rabhi et al., 2016). Briefly, after digestion and separation in a 847 density gradient medium, islets were purified by handpicking under macroscope and cultured 848 overnight in a 1640 RPMI (Gibco, 61870-010) media containing 1mM of FBS (Gibco, 10270-106) and 849 Penicillin/streptomycin. For insulin secretion tests, approximately thirty islets were exposed to either 850 2.8 mM or 20 mM glucose in Krebs-Ringer bicarbonate HEPES buffer containing 0.5% fatty-acid-free 851 BSA. Insulin released in the medium was measured 1 hour later using the Ultrasensitive Insulin ELISA 852 kit (Mercodia). Data are expressed as a ratio of total insulin content..

853 RNA Extraction, Measurements and Profiling of pancreatic islets

Total RNA was extracted from islets using RNeasy Plus Micro Kit (Qiagen, Tokyo, Japan) according to the manufacturer's recommendations. mRNA expression was measured after reverse transcription by real-time qPCR with FastStart SYBR Green master mix (Roche) according to the manufacturer's recommendations and gene-specific oligonucleotides. Real-time qPCR results were normalized to endogenous cyclophilin reference mRNA levels. Results are expressed as the relative mRNA level of a specific gene expression using the formula $2^{-\Delta Ct}$. List of used primers are summarized in the table below.

Gene	Sense Primer	Antisense Primer
Cyclophiline	ATGGCACTGGCGGCAGGTCC	TTGCCATTCCTGGACCCAAA
Glut2	AACCGGGATGATTGGCATGT	GGCGAATTTATCCAGCAGCA
Gck	GCTCAGTGAACCCCGGTCAGC	TGTGCGCAGCTGCTCTGAGG
Kcnj11	CACAAGCTGGGTTGGGGGGCTC	TGCCCCTCAGCTGGGTTCTGC
Glp-1r	GTTTCCTCACGGAAGCGCCA	AAGGAACCTGGGGGCCCATC
Ins1	GCCAAACAGCAAAGTCCAGG	GTTGAAACAATGACCTGCTTGC
Pcsk1	TGATGATCGTGTGACGTGGG	GGCAGAGCTGCAGTCATTCT
Pcsk2	AAAGATGGCGCTGCAACAAG	TTGCCCAGTGTTGAACAGGT
Pdx1	ATTGTGCGGTGACCTCGGGC	GATGCTGGAGGGCTGTGGCG
MafA	TCCGACTGAAACAGAAGCGG	CTCTGGAGCTGGCACTTCTC
Nkx2.2	GTGCAGGGAGTATTGGAGGC	GAAGGGCCAGAGGAGGAGA

Hnf1a	GGTGCGTGTCTACAACTGGT	ACCGTACACCGTGGACCTTA
Ucn3	TGATGCCCACCTACTTCCTG	CTGTGTTGAGGCAGCTGAAG
NeuroD1	CTTGGCCAAGAACTACATCTGG	GGAGTAGGGATGCACCGGGAA
ATF4	ATGGCCGGCTATGGATGAT	CGAAGTCAAACTCTTTCAGATCCATT
Xbp1t	GAGCAGCAAGTGGTGGATTT	CCGTGAGTTTTCTCCCGTAA
Xbp1s	GAGTCCGCAGCAGGTG	GTGTCAGAGTCCATGGGA
ChOP	CTGCCTTTCACCTTGGAGAC	CGTTTCCTGGGGATGAGATA
Ero1b	GGGCCAAGTCATTAAAGGAA	TTTATCGCACCCAACACAGT
PPP1R15a	GAGATTCCTCTAAAAGCTCGG	CAGGGACCTCGACGGCAGC
Pdia4	AGTCAAGGTGGTGGTGGGAAAG	TGGGAGCAAAATAGATGGTAGGG
Edem1	AAGTCTCAGGAGCTCAGAGTCATTAA	CGATCTGGCGCATGTAGATG

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862

863 Immunofluorescence (IF) on pancreatic sections

864 IF was performed as described previously (Annicotte et al., 2009, Blanchett et al., 2011). Briefly, after 865 antigen retrieval using citrate buffer (Sigma) 5 µm formalin fixed pancreatic sections were incubated 866 with primary antibodies: Anti-Insulin (1:1000, Agilent Cat# A0564, RRID:AB_10013624), anti-Glucagon 867 (1:1000, Sigma-Aldrich Cat# G2654, RRID:AB 259852). Immunofluorescence stainings were revealed 868 using Goat Alexa 594-conjugated anti Guinea-Pig antibody (1:500, Molecular Probes Cat# A-11076, 869 RRID:AB 141930) and Goat Alexa 488-conjugated anti-Mouse (1:500, Thermo Fisher Scientific Cat# 870 A-11001, RRID:AB 2534069). Nuclei were stained with Hoescht. For morphometric analysis, images 871 were processed by ImageJ software by an observer blinded to experimental groups.

872 Western Blot analysis on liver and WAT

873 Tissues were homogenized using a TissueLyser II (Qiagen, Tokyo, Japan) in cold RIPA buffer 874 (containing 200 mMTris/HCI (pH 7.4), 130 mM NaCl,10%(v/v) glycerol, 0.1%(v/v) SDS, 1%(v/v) Triton 875 X-100, 10 mM MgCl2) with anti-proteases and anti-phosphatases (Sigma-Aldrich;St.Louis, MO). The 876 tissue lysates were centrifuged for 30 minutes at 18000 g in a microfuge at 4°C. Liver and White 877 Adipose Tissue total protein lysates were subjected to sodium-dodecyl sulfate-polyacrylamide gels 878 (SDS-PAGE), then electrotransferred on a PVDF membrane and probed successively with the 879 following antibodies: Hormone sensitive lipase/HSL: (Abcam Cat# ab45422, RRID:AB 2135367); 880 Phospho-HSL (Ser660) (Cell Signaling Technology Cat# 4126, RRID:AB 490997) ; Phospho-Acetyl881 CoA Carboxylase (Ser79) (Cell Signaling Technology Cat# 3661, RRID:AB 330337) ; Acetyl CoA 882 Carboxylase 1 : (Millipore Cat# 04-322, RRID:AB 673047) ; Lipoprotein lipase (LPL Antibody (H-53)): 883 (Santa Cruz Biotechnology Cat# sc-32885, RRID:AB_2234585); Fatty Acid Synthase antibody (FAS): 884 (Abcam Cat# ab128870, RRID:AB_11143436) ; CPT1A: (Abcam Cat# ab128568, 885 RRID:AB 11141632); GAPDH: (Millipore Cat# CB1001, RRID:AB 2107426); β-actin: (Sigma-Aldrich 886 Cat# A2228, RRID:AB_47669) after incubating the membranes with 5% BSA blocking buffer. For 887 protein detection we used horseradish-peroxidase-conjugated secondary antibodies (Dako Denmark, 888 Glostrup, Denmark). Specific antigen-antibody bindings were visualized using chemiluminescence 889 method according to the manufacturer's instructions (Pierce ECL Western Blotting Substrate, Thermo 890 Scientific, USA). Values were expressed in relation to β -actin or GAPDH protein levels.

891 Blood lipids determinations

Serum cholesterol levels (1001093, Spinreact), triglycerides levels (1001310, Spinreact), free fatty
acids levels (436-91995, 434-91795, WAKO) were measured by spectrophotometry in a
ThermoScientific Multiskan GO spectrophotometer.

895 Histomorphology of WAT

WAT samples were fixed in 10% formalin for 24h and then were dehydrated and embedded in paraffin. Sections of 3µm were made on a microtome and stained by the standard hematoxylin/eosin alcoholic (BioOptica, Italy) and sections were observed and photographed using a Provis AX70 microscope (Olympus, Corp, Tokyo, Japan). Digital images were quantified with *ImageJ Software* (National Institute of Health; USA).

901 Triglycerides content in liver

Approx. 500mg of livers were homogenized for 3min in ice-cold chloroform-methanol (2:1, vol/vol). Triglycerides were extracted during 3hours shaking at room temperature. For phase separation, mili-Q water was added. Samples were centrifuged and the organic bottom layer was recollected. The organic solvent was dried using a Speed Vac and re-dissolved in chloroform. Triglycerides content of the samples were measured after evaporation of the organic solvent (1001310, Spinreact) by spectrophotometry in a ThermoScientific Multiskan GO spectrophotometer.

908 Oil Red O Staining

Frozen sections of 8µm of liver were cut with a cryostat and stained in filtered oil Red O for 10 min.
The sections were washed in distilled water, counterstained with Mayer's hematoxylin for 3 min, and

911 mounted in aqueous mountant. Sections were observed and photographed using a Provis AX70

912 microscope (Olympus, Corp, Tokyo, Japan).

913

914 **Primary cultures and cell lines experiments**

915 Primary culture of tanycytes

916 Tanycytes were isolated from the median eminence of 10-day-old (P10) rats as described previously
 917 ⁵⁴.

918 **PamGene arrays**

Primary cultures of tanycytes were incubated at 37°C with leptin (125nM) or DMSO for 2 or 15 minutes before washes and snap-freeze. For kinome analysis, STK microarrays were purchased from PamGene International BV (STK pamchips). Sample incubation, detection, and analysis were performed in a PamStation 12 according to the manufacturer's instructions and as previously described (Rabhi et al., 2018).

924 Fluorescent leptin internalization assay and immunofluorescence on primary culture

925 Tanycytes were seeded on poly-L-lysine-coated glass coverslips (10µg/ml) and incubated in TDM 926 (DMEM/F-12 (#11039, ThermoFisher), 1% L-glutamine (#25030-024, ThermoFisher), 2% penicillin-927 streptomycin (#P4458, Sigma), insulin (1/1000, #I5500, Sigma), putrescin (1/500, #P5780, Sigma)) for 928 24 hours before the experiment. Tanycytes were incubated for the indicated amount of time at 37°C 929 with either bioactive fluorescent leptin (Fluorescent-leptin, 125 nM, Cisbio Bioassays) or with 930 fluorescent leptin antagonist (LAN, 125 nM, Cisbio Bioassays) both diluted in TDM. Cells were then 931 fixed for 10min at 4°C with 4% paraformaldehyde (PFA, v/v in PBS) and washed 3 times with PBS 1X. 932 For cointernalization assay, tanycytes were incubated with Fluorescent-leptin and XPA antibodies 933 (30nM in TDM, Xoma Laboratories) for 5 min, washed and fixed. Cells were then washed and 934 permeabilized with 0.1 % Triton-X100 (v/v in PBS) for 5 min at room temperature. Antibodies were all 935 diluted in PBS with 3% BSA and incubated for 45 min at room temperature. Cells were either 936 incubated with primary anti-EEA1 antibodies (1/200; Santa Cruz Biotechnology Cat# sc-6415, 937 RRID:AB 2096822) followed by the Alexa488-conjugated anti-goat antibodies (1/1000; Molecular 938 Probes Cat# A-11055. RRID:AB 2534102) or Alexa488-conjugated anti-human antibodies (1/1000: 939 Molecular Probes Cat# A-11013, RRID:AB 141360) to stain XPA antibodies.

940 Fluorescent leptin release assay on primary culture

Tanycytes were incubated for 15 min at 37°C with either Fluorescent-leptin (125 nM, Cisbio Bioassays) or LAN (125 nM; Cisbio Bioassays). Cells were washed with TDM, incubated with TDM for the indicated amount of time and fixed for 10 min at 4°C with 4% PFA. To assess the role of MAPK pathway, tanycytes were pre-incubated for 30 min with the MAPK inhibitor UO126 (10 μM in TDM; #9903; Cell signaling technology). Fluorescent-leptin uptake and release was performed in the presence of UO126. To check for LAN release with EGF, EGF-TRITC (10 ng/ml; #3481; Molecular probes) was added during the chase.

948 ELISA

To quantify leptin release, tanycytes were cultivated in 10 cm Petri dish and incubated with recombinant leptin (62.5 nM, Protein Rehovot Laboratory) diluted in TDM for 15 min at 37°C. Cells were then washed and incubated with TDM to chase leptin for the indicated amount of time. Leptin in the medium as well as leptin remaining in cells were quantified by Elisa assay according to the manufacturer's instruction (#MOB00 ; R&D systems). Leptin secretion was expressed as a percent of total leptin.

955

956 Image acquisition and analysis

957 Cells were observed under a confocal microscope TCS SP5 (Leica microsystems) and images were 958 acquired according to Nyquist parameters using a 63x (NA 1.4) oil immersion objective. Single plane 959 images were analyzed using the open source Icy software (http://icy.bioimageanalysis.org/). The cell 960 periphery was manually delineated using phase contrast images and object-based segmentation using 961 wavelet transform algorithm (spot detector plugin) was performed to detect vesicles in each channel. 962 Objects were considered colocalized if the distance between their centroid was less than or equal to 3 963 pixels. EEA1 segmentation was used to estimate amounts of Leptin in EEA1 compartments and 964 percent of total leptin in EEA1 determined by normalizing the integrated intensity of leptin in EEA1 to 965 total leptin in cells.

966 Cells lines

HEK293T (human embryonic kidney), HeLa (cervical cancer), CHO (Chinese hamster ovary) and N46
 hypothalamic cells were grown in DMEM (Dulbecco's modified Eagle's medium; Gibco, life

technologies) with 4500 mg/l glucose and 10% fetal calf serum (Invitrogen) in a 10% CO2 humidified
atmosphere at 37°C. HEK293T cells were transiently transfected (48h) with jetPEI (Polyplustransfection), with a mock pCDNA3 vector or LepR or EGFR expressing pCDNA3 plasmids, or with
LIFR- or IL6R-expressing pMET7 plasmids. Activation of the ERK signaling pathway was performed in
transfected HEK29T cells expressing exogenous EGFR, LepRb or both receptors, with or without a 1h
pretreatment with 1µM AG1478 inhibitor (T4182, Sigma) prior to 15min of stimulation with EGF (1nM),
Leptin (10nM) or both.

976 Western Blot on primary cultures and cell lines

977 The sequences and protocols for the preparation of the extracellular sub-domains of LepR have been described previously by us ⁸⁰. Cell lysates (in Laemmli buffer supplemented with 30mM DTT, 2mM 978 979 orthovanadate and 10mM NaF) were separated by SDS/PAGE, transferred to nitrocellulose 980 membranes and immunoblotted with anti-phospho-tyrosine (Tyr-705) STAT3 (Cell Signaling 981 Technology Cat# 9145, RRID:AB 2491009) and anti-STAT3 antibodies (Cell Signaling Technology 982 Cat# 9139, RRID:AB 331757), anti-phospho-tyrosine (Tyr-204) ERK1/2 (Santa Cruz Biotechnology 983 anti-ERK2 Cat# sc-16982. RRID:AB 2139990) and (Proteintech Cat# 51068-1-AP, 984 RRID:AB_2250380) antibodies. anti-FLAG (Sigma-Aldrich Cat# SAB4301135, tag 985 RRID:AB 2811010), anti-HA tag (Cell Signaling Technology Cat#3724) or XPA (Xoma Laboratories). 986 Western Blots were scanned on the Odyssey infra-red Imaging System (Licor).

987

988 **Co-Immunoprecipitation**

989 HEK293T cells were transfected with a Flag-EGFR-expressing vector either with LepR-YFP or an 990 empty vector. 48h later, cells were harvested in lysis buffer containing Tris-EDTA-magnesium-1% 991 Triton X-100 and solubilized for 2 hr (4°C, under rotation), centrifuged (14,000× g, 45 min), and 992 supernatants were subjected to immunoprecipitation with 2 µg of antibody anti-GFP (Roche); 4 hr, 993 4°C, under rotation. Protein G beads (Sigma-Aldrich) were then added, and after a 2 hr incubation, the 994 samples were washed in the 0.1% Triton X-100 buffer by repeated centrifugation $(1,000 \times q, 5 \text{ min})$. 995 The remaining pellet was resuspended in Laemmli buffer (62.5-mM Tris/HCI pH 6.8, 5% SDS, 10% 996 glycerol, and 0.005% bromophenol blue), denaturated by heating (95°C, 5 min), and subjected to 997 SDS-PAGE analysis.

998

999 Bioluminescence resonance energy transfer (BRET)-based LepR biosensor

HEK293T cells were transiently transfected in 12-well plates with 40 ng of LepR-Luciferase plasmid with increasing amounts of LepR-YFP plasmids. Cells were grown overnight and transferred into 96well-Optiplates (PerkinElmer Life Sciences), pre-coated with 10 µg/mL poly-l-lysine (Sigma), where they were grown for additional 24 h. The next day cells were stimulated with leptin, XPA or vehicle for 30min at 37°C. After washing with PBS, Coelenterazine (Interchim France), a Luciferase substrate was added and cells were subjected to measurement of emission at Luciferase and YFP wavelength on a plate reader Tecan F500 (Tecan; Männedorf, Switzerland).

1007 TR-FRET binding assay

1008 TR-FRET assays are based on the energy transfer between a fluorescently labeled donor molecule 1009 (the long-lived fluorophore Terbium cryptate (Tb)) and a fluorescently labeled acceptor (d2). In order to 1010 covalently label cell surface EGFR or LepR, with the Tb, the receptor is fused to the SNAP enzyme 1011 that can be covalently labeled with the Tb fluorophore at a stoichiometry of 1Tb per 1SNAP-receptor. 1012 using a suicide enzyme substrate-Tb. 48 hours post-transfection, HEK293T cells, expressing SNAP-1013 EGFR +LepR or SNAP-LepR +EGFR, and previously plated in P96-well plates pre-coated with 1014 10 µg/mL poly-I-lysine (Sigma), are incubated with 100 nM of Tb-SNAP substrate in Tag-lite labeling 1015 medium (Cisbio Bioassays; 1h, 4°C). After several washes, cells are treated with several doses of 1016 leptin-d2 or EGF-d2 (CisbioAssays) respectively. For each concentration, non-specific binding was 1017 determined by adding an excess of unlabeled leptin or unlabeled EGF (200-500nM). Regarding the 1018 binding data analysis, the B max signal and the equilibrium dissociation constant (K_D) values were 1019 obtained by fitting the specific binding data points (triplicate) with one-binding site model using the 1020 GraphPad Prism software (GraphPad Software, Inc., San Diego, CA).

1021

1022 Statistics

1023 Results are given as mean \pm standard error mean (SEM). Samples or animals were excluded whether 1024 their values were outside the \pm 2-fold standard deviation, or whether an objective experimental failure 1025 was observed; studies were not blinded to investigators or formally randomized. To test if the 1026 populations follow a Gaussian distribution, a normality test was performed (Kolgomorov-Smirnov test 1027 for *n* between 5-7; Shapiro-Wilk test for $n \ge 7$). For normal distributions, parametric test were used; for

- 1028 two population comparisons, an unpaired t tests was used as indicated in figure legends⁸¹⁻⁸³⁸¹⁻⁸³⁸⁰⁻
- 1029 8279-8178-8077-7976-7876-78; for multiple comparison test, a one-way or two-way ANOVA followed by Tukey's
- 1030 *post hoc* multiple comparison test (unless otherwise indicated in the figure legends), was performed.
- 1031 For non-Gaussian distributions was used; Mann-Whitney test were used for two comparison test, and
- 1032 Kruskal-Wallis followed by Dunn *post hoc* test for multiple comparison. Data analysis was performed
- 1033 using GraphPad Prism Software Version 7 (GraphPad, San Diego, CA). The threshold for significance
- 1034 was p<0,05.

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1238 AUTHORS CONTRIBUTIONS

M.D., C.F., C.B., M.M., A.S., J.C., M.I., D.F., I.M.-C., S.K., E.C., E.I., N.J., A.O. and S.O carried out
the experiments. M.M., J.T., E.T., M.S., S.K. and U.B. generated tools, vectors and animal models. Y.B.K., R.J., M.S., U.B, R.N., J.-S.A., S.G., J.D. and V.P. designed and planned the study. All authors
contributed to the preparation of the manuscript.

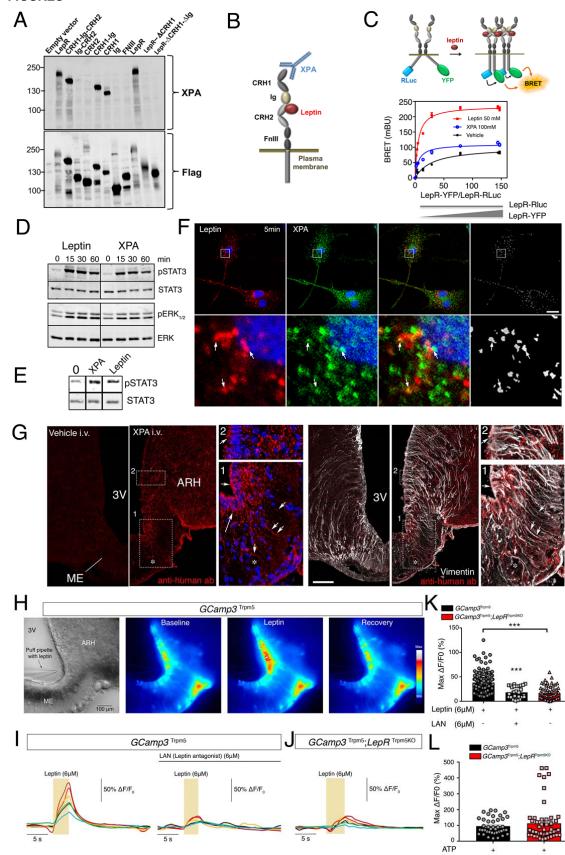
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1244 COMPETING INTERETS

1245 The authors declare no competing interest.

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1252 Figure 1. Tanycytes of the median eminence express functional leptin receptors

- 1253 (A) Western blot detection using the XPA antibody of different exogenously expressed LepR domains1254 in HEK293 cells.
- 1255 (B) Schematic representation of leptin receptor domains and the XPA binding site.

(C) *Top:* schematic representation of the BRET assay to study the ligand-induced conformational
 change/interaction between LepR-Rluc and LepR-YFP. *Bottom:* BRET donor saturation curves in
 HEK293T cells with a constant expression level of LepR-Rluc and increasing levels of LepR-YFP,
 upon stimulation with vehicle, leptin (50nM) or XPA (100nM) for 30 min at 37 °C.

(D) STAT3 and ERK1/2 phosphorylation in HEK293 cells stably expressing LepR after stimulation with
 50 nM leptin or 100 nM XPA for 5, 15, 30 or 60 minutes.

1262 (E) STAT3 phosphorylation in tanycytes upon 50 nM leptin or 100 nM XPA stimulation for 30 minutes.

(F) Leptin colocalizes with LepR in primary tanycytes. Representative confocal images of tanycytes treated for 5 min with 125 nM fluorescent leptin (red) together with 33 nM XPA antibodies against LepR labeled with fluorescent secondary antibodies (green). The extent of colocalization is represented by the mask on the right. Arrows point to examples of colocalized pixels. Scale bar: 10 μm.

(G) Representative photomicrograph revealing sites of XPA fixation in tanycytes of the median
eminence (vimentin-positive cells) 2 minutes after intravenous XPA injection (2 nmol/animal) *in vivo*.
White arrows show XPA (red) and vimentin (white) colocalization. 3V: third ventricle; ARH: arcuate
nucleus of the hypothalamus; ME: median eminence. Scale bar: 200µm.

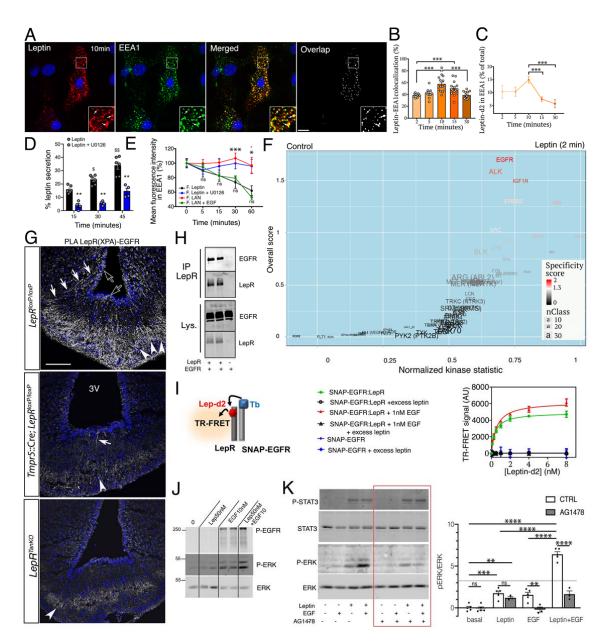
(H) Representative image of a living brain slice containing the median eminence from a *GCamp3*^{Trpm5}
 mouse under bright-field and fluorescence microscopy, showing the reversible increase in intracellular
 calcium levels in tanycytic cell bodies lining the third ventricle (3V) upon the local application of a puff
 of leptin (6µM) via a glass pipette. ME: median eminence. Scale bar: 100 µm

1276 (I) Representative curves of GCamp3 fluorescence (calcium current) over time (Delta T) compared to
 1277 the baseline in tanycytes in living hypothalamic slices during a puff of leptin (yellow rectangle, 6uM),
 1278 alone (left curve) or after pre-treatment with leptin antagonist (LAN, 6µM, top black line; right curve), in
 1279 a *GCamp3*^{Trpm5} mouse.

(J) Same measurement as in (I) in a *GCamp3^{Trpm5}*; *LepR^{Trpm5}* mouse lacking LepR in tanycytes after a puff of leptin (6μM, yellow rectangle).

1282 **(K)** Graph representing maximum difference in calcium concentration from baseline during the 1283 treatment of living brain slices in $GCamp3^{Trpm5}$ and $GCamp3^{Trpm5}$; $LepR^{Trpm5}$ mice, described in (I) and 1284 **(J)**. Mann Whitney test; ***: p<0.001; between indicated groups. Values indicate means ± SEM.

(L) Graph representing maximum c difference in calcium concentration from baseline during a puff of
 ATP (10 mM) in living brain slices from *GCamp3*^{Trpm5} and *GCamp3*^{Trpm5}; *LepR*^{Trpm5} mice. See also
 Supplementary Figure 1.



1290 Figure 2. Tanycytic EGFR physically interacts with LepR in *vivo* and plays a role in leptin 1291 trancytosis *in vitro*

(A) Endocytosed leptin colocalizing with early endosomes. Representative confocal images showing
 primary tanycytes treated for 10 min with 125 nM fluorescent leptin (red) and antibodies to the early
 endosome marker EEA1 (green). The extent of colocalization is represented by the mask on the right.
 Arrows in inset point to examples of colocalized pixels. Scale bar: 10 μm.

(B) Percentage of leptin colocalizing with EEA1 over time following object-based detection of
 fluorescent leptin and EEA1 vesicles. Values represent means ± SEM. A Mann-Whitney test was
 applied. ***: p<0.001

(C) Percentage of endocytosed leptin found in the EEA1-positive compartment over time. Values
 represent means ± SEM. A Mann-Whitney test was applied. ***: p<0.001

(D) Leptin secreted into the medium by primary cultures of tanycytes as a percentage of total leptin concentration (intracellular and medium) 15, 30 and 45 minutes after fluorescent leptin addition. Mann-Whitney U test or one-way ANOVA as required. **: p<0.01 leptin vs. leptin + U0126; \$: p<0.05 Leptin 15 min vs. Leptin 30 min and \$\$: p<0.01 Leptin 30 min vs. Leptin 45 min.

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1306 (E) Percentage (as % of 0 min time point) of endocytosed fluorescent leptin or fluorescent LAN found
1307 in EEA1 compartments over time in cells treated or not with U0126 (leptin) or EGF (LAN). Values
1308 represent means ± SEM. A Mann-Whitney U test was applied. ***: p<0.001

1309 (F) Volcano plot showing differences in peptide phosphorylation between primary cultures of tanycytes 1310 treated for 2 min with vehicle (PBS pH 8.0) or leptin (1 μ g/ml in PBS pH 8.0) (n=4). Upstream kinases 1311 were identified using the Human Protein Reference Database.

(G) Proximity Ligation Assay (PLA) between LepR and EGFR using XPA and a rabbit anti-EGFR antibody. PLA signal is seen in tanycytic cell bodies (empty arrows), processes (white arrows) and end-feet in the external zone of the median eminence, where they contact the fenestrated endothelium of the pituitary portal circulation (arrowheads). Scale bar: 100 μm.

(H) Co-immunoprecipitation of EGFR along with LepR in HEK293T cells; no co-immunoprecipitation of
 EGFR is observed when LepR is not expressed. IP, immunoprecipitation; Lys., cell lysate.

1318 (I) Schematic representation of the TR-FRET technique (left). Right: specific saturation curves of 1319 leptin-d2 binding to its cognate receptor LepR within the LepR:SNAP-EGFR complex at the cell 1320 surface are obtained after 3h at 37°C; no TR-FRET signal is detected when SNAP-EGFR is expressed 1321 in the absence of LepR. Saturation binding experiments are performed by adding an increasing dose 1322 of leptin-d2, combined or not with 1nM EGF, to HEK293 cells expressing SNAP-EGFR alone or in 1323 combination with LepR and pre-labeled with the fluorescent SNAP-Tb substrate. The TR-FRET signal 1324 is strongly displaced by an excess of unlabeled leptin (200nM). Data are presented as means ± SD of 1325 3 replicates of 1 representative experiment out of 3 independent experiments. The mean dissociation 1326 constant was determined from the average of the Kd values extracted from a fitting analysis of the 1327 saturation curve of 3 independent experiments with non-linear regression "one-site specific binding 1328 equation.

(J) Phosphorylation of EGFR and ERK upon addition of leptin 50nM, EGF 10nM or both for 30min at37°C in primary tanycytes.

1331 (K) Phosphorylation of STAT3 and ERK upon addition of leptin 10nM, EGF 1nM or both for 30min at
 37°C in HEK293T cells expressing endogenous EGFR and transfected with LepRb in the presence or
 absence of the EGFR inhibitor AG1478 (1μM).

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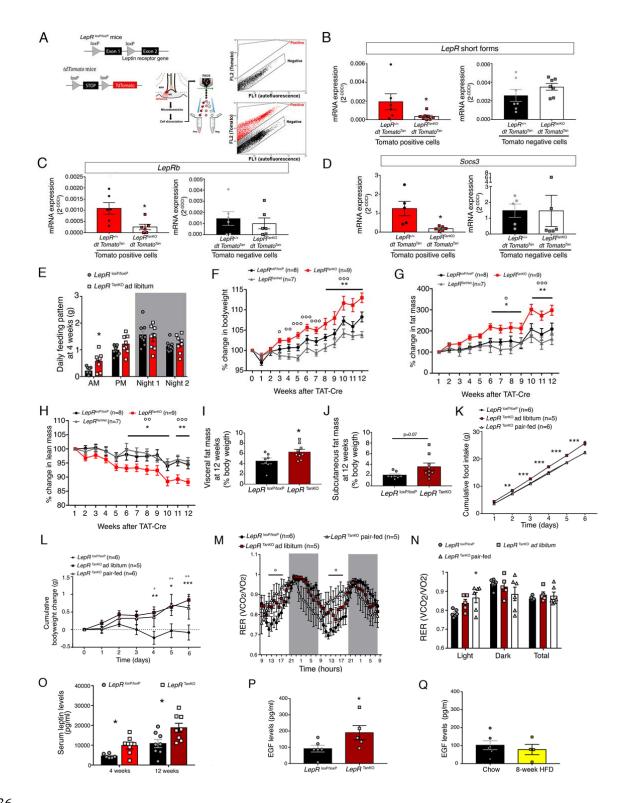


Figure 3. Selective LepR deletion in tanycytes causes food-intake-independent body weight gain and increased adiposity

(A) Schematic diagram and gating strategy for sorting Tomato positive cells following vehicle (top panel) and TAT-Cre infusion (bottom panel) into the third ventricle (3V) of $LepR^{+/+}$; $tdTomato^{loxP-STOP-loxP}$ or $LepR^{loxP/loxP}$; $tdTomato^{loxP-STOP-loxP}$ littermates.

(B-D) mRNA expression levels of short forms (B) and the long form, LepRb (C), of the leptin receptor, and of Socs3 (D) in tdTomato-positive cells (left panels) and tdTomato-negative cells (right panels). A Student t-test or Mann-Whitney U test was applied, depending on Shapiro-Wilk normality test results.*: p<0.05; LepR^{+/+} tdTomato^{Tan} vs. LepR^{TanKO} tdTomato^{Tan}. Values indicate means ± SEM.

(E) Food intake pattern (daily average of automatic measurements in metabolic cages over 24h), showing an increase at lights-on in LepR^{TanKO} mice when compared to LepR^{bxP/loxP} littermates. *: p<0.05. Values indicate means ± SEM. The night was divided in two 6h time slots (Night 1 and Night 2).

1353 (F-H) Curves representing the kinetics of the % change in body weight (F), % change in fat mass (G) and % change in lean mass (H) between $LepR^{IoxP/IoxP}$, $LepR^{TanHet}$ and $LepR^{TanKO}$ through the 12 weeks following the TAT-Cre infusion into the 3V. Two-way ANOVA with Tukey's correction; *: p<0.05, $LepR^{oxP/loxP}$ vs. $LepR^{TanKO}$; *: p<0.01, $LepR^{VaP/loxP}$ vs. $LepR^{TanKO}$; *: p<0.05, $LepR^{TanKO}$; *: p<0.05, $LepR^{TanHet}$ vs. $LepR^{TanHet}$ vs. $LepR^{TanKO}$; *: p<0.05, $LepR^{TanHet}$ vs. $LepR^{TanHet}$ vs. $LepR^{TanKO}$; *: p<0.05, $LepR^{TanHet}$ vs. $LepR^{TanKO}$; *: p<0.05, $LepR^{TanHet}$ vs. $LepR^{TanKO}$; *: p<0.05, $LepR^{TanKO}$; *: p<0.05; P<0.05SEM

(I,J) Visceral fat mass (I) and subcutaneous (J) 12 weeks after TAT-Cre infusion. Mann-Whitney U test: *: p<0.05. LepR^{/oxP/loxP} vs. LepR^{TanKO}. Values indicate means ± SEM.

(K) Cumulative food intake in LepR^{TanKO} pair-fed mice 12 weeks after TAT-Cre infusion compared to their control littermates. 2-way ANOVA with Tukey's correction; **: p<0.01, $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ pair-fed vs. $LepR^{TanKO}$ fed *ad libitum*; ***: p<0.001, $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ pair-fed vs. $LepR^{TanKO}$ pair-fed

(L) Cumulative body weight change. 2-way ANOVA with Tukey's correction; *: p<0.05, LepR^{bxP/loxP} vs. Lep R^{TanKO} fed ad libitum; **: p<0.01, Lep $R^{\text{oxP/loxP}}$ vs. Lep R^{TanKO} fed ad libitum; **: p<0.001, Lep $R^{\text{oxP/loxP}}$ vs. Lep R^{TanKO} fed ad libitum; **: p<0.001, Lep $R^{\text{oxP/loxP}}$ vs. Lep R^{TanKO} fed ad libitum; *: p<0.001, Lep $R^{\text{oxP/loxP}}$ vs. Lep R^{TanKO} pair-fed; °°: p< p<0.01, Lep $R^{\text{oxP/loxP}}$ vs. Lep R^{TanKO} pair-fed; °°: p< p<0.01, Lep R^{IanKO} pair-fed; °°: p< p<0.01, Lep R^{IanKO} vs. Lep R^{TanKO} pair-fed; °°: p< p<0.01, Lep R^{IanKO} pair-fed. Values indicate means ± SEM.

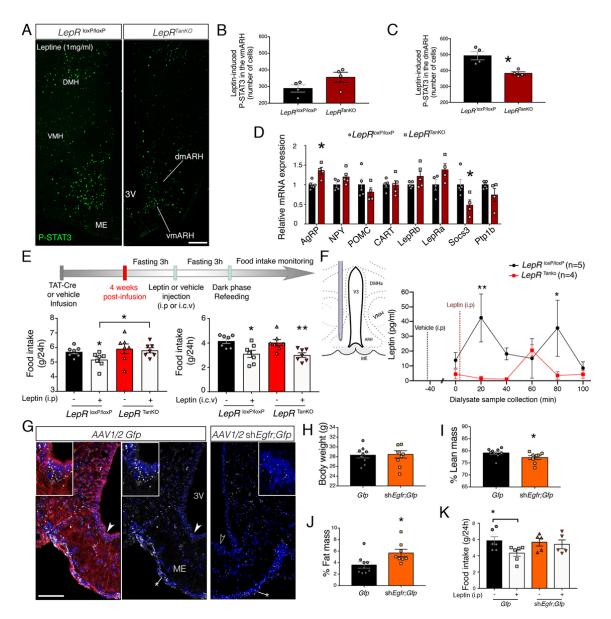
(**M**) Energy ratio (RER) over time. 2-way ANOVA with uncorrelated Fisher's LSD test; °: p< p<0.05, *LepR*^{bxP/loxP} vs. *LepR*^{TanKO} pair-fed. Values indicate means ± SEM.

(**N**) Mean energy ratio (RER) during light phase, dark phase and total. Two-way ANOVA with Tukey's correction; *: p< p<0.05, *LepR*^{loxP/loxP} vs. *LepR*^{TanKO} pair-fed. Values indicate means ± SEM.

(**O**) Circulating leptin levels in LepR^{loxP/loxP} and LepR^{TanKO} animals at 4 weeks and 12 weeks after TAT-Cre infusion into the 3V. Mann-Whitney test (4 weeks) and unpaired t-test (12 weeks). *: p<0,05 $Lep R^{OxP/IoxP}$ vs. $Lep R^{TanKO}$. Values represent means ± SEM.

(**P**) Basal serum EGF concentrations in $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion. Mann-Whitney U test. *: p<0.05, $LepR^{IoxP/IoxP}$ vs. $LepR^{TanKO}$.

(Q) Basal serum EGF concentrations in C57BI/6J mice fed normal chow or those fed a high-fat diet for 8 weeks.



1394

1395Figure 4. Defective LepR and EGFR signaling in tanycytes causes hypothalamic resistance to1396circulating leptin.

1397(A-C)Representative photomicrograph(A) and quantification of leptin-induced P-STAT31398immunofluorescence in the ventromedial (vm)(B) and dorsomedial (dm) arcuate nucleus (ARH)(C).1399Scale bar: 200µm. Unpaired Student's t-test. *: $p<0.05 \ LepR^{toxP/loxP}$ vs $LepR^{TanKO}$. Values indicate1400means ± SEM.

1401
1402(D) Relative mRNA expression levels of several genes known to be involved in the hypothalamic
regulation of energy homeostasis and leptin activity in the microdissected mediobasal hypothalamus
(MBH) of $LepR^{\text{oxP/loxP}}$ and $LepR^{\text{TanKO}}$ mice, 12 weeks after TAT-Cre infusion. Student's t-test or Mann-
Whitney U test, depending on Shapiro-Wilk normality test results. *: p<0.05, $LepR^{\text{loxP/loxP}}$ vs. $LepR^{\text{TanKO}}$
Values indicate means ± SEM.

1406 (E) Schematic diagram showing the design of the experiment investigating the anorectic response to 1407 either intraperitoneal (i.p) or intracerebroventricular (i.c.v) leptin administration. Bottom left graph 1408 represents food intake in $LepR^{loxP/loxP}$ (black and grey bars) and $LepR^{TanKO}$ mice (red and pink bars) 1409 24h after i.p. leptin (3mg/kg, grey and pink bars) or vehicle (PBS pH 8.0, black and red bars) 1410 administration. Bottom right graph represents food intake in $LepR^{oxP/loxP}$ and $LepR^{TanKO}$ mice 24h after 1411 i.c.v. leptin (2µg in 2µL) or vehicle (2µL PBS pH 8.0) injection. Mann-Whitney U test; *: *p*<0.05; **: 1412 *p*<0.01; leptin vs. vehicle and between indicated groups. Values indicate means ± SEM.

1413 **(F)** Leptin concentrations in the ARH interstitial liquid collected by microdialysis every 20 minutes 1414 following i.p. vehicle $(t_{40 \text{ min}})$ or leptin $(t_{1 \text{ min}})$ injection in $LepR^{\text{oxP/loxP}}$ (n= 7) and $LepR^{\text{TanKO}}$ mice (n=6). 1415 Two-way ANOVA followed by Fisher's LSD post hoc test analysis was applied; *: p<0.05; **: p<0.01; 1416 $LepR^{\text{oxP/loxP}}$ vs. $LepR^{\text{TanKO}}$

1417 (G) Representative photomicrograph of *in situ* hybridation of EGFR using RNAscpe technology on 1418 fresh-frozen brain sections from the median eminence of C57BI/6J mice injected with AAV1/21419 *Dio2::gfp* or AAV(1+2)-*GFP-U6-m-EGFR-shRNA*. The left panel shows vimentin-immunoreactivity in 1420 red. Arrowheads show the cells seen at higher magnification in insets. Scale bar: 100µm (25 µm in 1421 inset).

(H-J) Curves representing the evolution of body weight (H), % change in fat mass (I) and % change in lean mass (J) between mice injected with AAV1/2 Dio2::gfp (control in black) or AAV(1+2)-GFP-U6-m-EGFR-shRNA (in orange) over 4 weeks following the beginning of the viral activity. 2-way ANOVA with Tukey's correction; *: p<0.05, AAV1/2 Gfp vs. AAV1/2 shEgfr.

1426 (K) Graph representing food intake in mice injected with AAV1/2 Dio2::gfp or AAV(1+2)-GFP-U6-m-

1427 EGFR-shRNA 24h after i.p. leptin (1mg/kg) or vehicle (PBS pH 8.0) injection. An unpaired Student's t 1428 test was applied; *: p<0.05; **: p<0.01; leptin vs. vehicle and between indicated groups. Values
 1429 indicate means ± SEM.

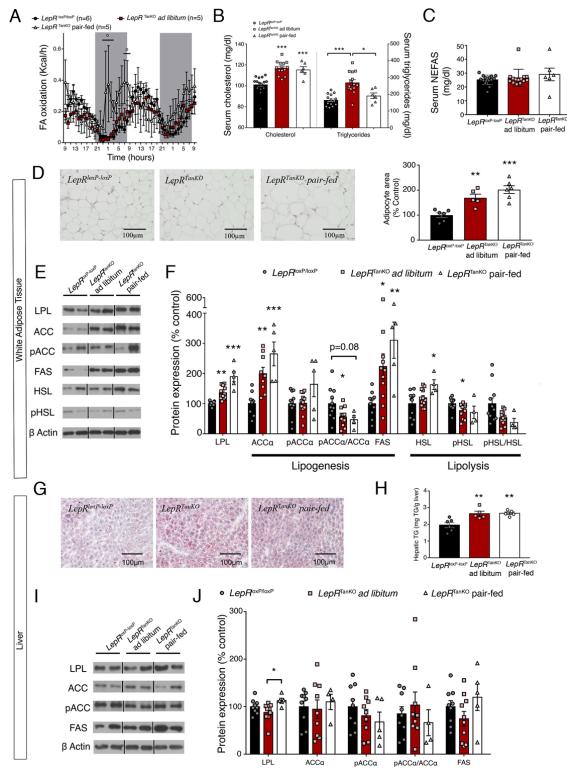
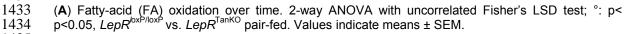




Figure 5: Selective LepR deletion in tanycytes causes hyperlipidemia and steatosis



1435 1436 (**B**) Graphs representing serum cholesterol and triglyceride concentrations in $LepR^{loxP/loxP}$ and 1437 $LepR^{TanKO}$ mice fed *ad libitum* on chow and $LepR^{TanKO}$ mice pair-fed with $LepR^{loxP/loxP}$ mice, 12 weeks 1438after TAT-Cre infusion. One-way ANOVA with Tukey multiple comparison test or Kruskal-Wallis test1439with Dunn multiple comparison test were applied depending Shapiro-Wilk normality test results.. *:1440 $p < 0.05; ***: p < 0.001, LepR^{TanKO}$ ad libitum or LepR^TanKO pair fed vs. LepR^IOXP mice. Values indicate1441means ± SEM.

1442 (**C**) Graph representing serum non-esterified fatty acid (NEFAS) concentrations in $LepR^{loxP/loxP}$ and 1443 $LepR^{TanKO}$ mice fed *ad libitum* on chow and $LepR^{TanKO}$ mice pair-fed with $LepR^{loxP/loxP}$ mice, 12 weeks 1444 after TAT-Cre infusion. One-way ANOVA with Tukey multiple comparison test *: p<0.05; ***: p<0.001, 1445 $LepR^{TanKO}$ ad libitum or $LepR^{TanKO}$ pair fed vs. $LepR^{loxP/loxP}$ mice. Values indicate means ± SEM.

1446 **(D)** Representative images of histological hematoxylin-eosin staining of the adipose tissue in 1447 $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice fed *ad libitum* on chow and $LepR^{TanKO}$ mice pair-fed with $LepR^{loxP/loxP}$ 1448 mice. Graph shows quantification of adipocyte size. One-way ANOVA with Tukey multiple comparison 1449 test. **: p<0.01, ***: p<0.001, $LepR^{TanKO}$ ad libitum or $LepR^{TanKO}$ pair fed vs. $LepR^{loxP/loxP}$ mice. Values 1450 indicate means ± SEM.

1451 (E) Representative western blots of the different proteins mentioned in (E).

1452 (F) Graph representing protein expression levels of several proteins implicated in fatty acid synthesis 1453 or fatty acid lipolysis in white adipose tissue from $LepR^{\text{loxP/loxP}}$ and $LepR^{\text{TanKO}}$ mice, 12 weeks after 1454 TAT-Cre infusion. Lipoprotein lipase (LPL) is implicated in the lipids uptake from the circulation to the 1455 adipose tissue. One-way ANOVA with Tukey multiple comparison test or Kruskal-Wallis test with Dunn 1456 multiple comparison test. *: p<0.05; ***: p<0.001, $LepR^{\text{TanKO}}$ ad libitum or $LepR^{\text{TanKO}}$ pair fed vs. 1457 $LepR^{\text{loxP/loxP}}$ mice. Values indicate means ± SEM.

1458 (G) Representative Oil-Red-stained images from the liver of $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice fed *ad libitum* and $LepR^{TanKO}$ mice pair-fed with $LepR^{loxP/loxP}$ mice.

1460 **(H)** Quantification of triglycerides in the liver of $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice fed *ad libitum* and 1461 $LepR^{TanKO}$ mice paired-fed with $LepR^{loxP/loxP}$ mice. One-way ANOVA with Tukey multiple comparison 1462 test. **: *p*<0.01, $LepR^{TanKO}$ *ad libitum* or $LepR^{TanKO}$ pair fed vs. $LepR^{loxP/loxP}$ mice. Values indicate 1463 means ± SEM.

1464 (I) Representative western blots of the different proteins mentioned in (I).

1465 (J) Graph representing protein expression levels of several proteins implicated in fatty acid synthesis 1466 and lipid uptake from the circulation into the liver in $LepR^{OxP/IoxP}$ and $LepR^{TanKO}$ mice fed *ad libitum* and 1467 $LepR^{TanKO}$ mice paired-fed with $LepR^{IoxP/IoxP}$ mice, 12 weeks after TAT-Cre infusion. One-way ANOVA 1468 with Tukey multiple comparison test. *: p<0.05; $LepR^{TanKO}$ pair fed vs. $LepR^{TanKO}$ ad libitum mice. 1469 Values indicate means ± SEM.

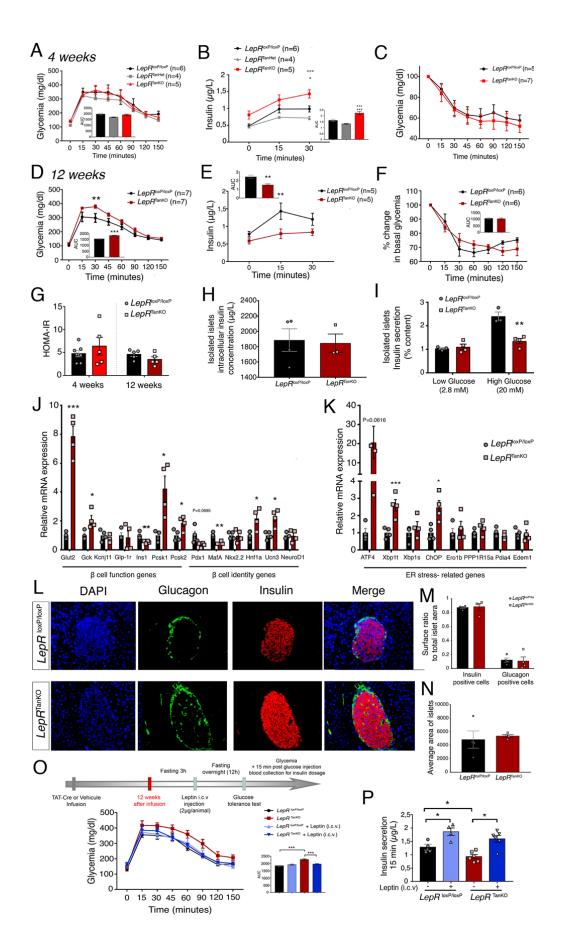


Figure 6. Loss of LepR expression in median eminence tanycytes causes severe pancreatic β cell dysfunction possibly due to defective noradrenaline activity

1474 **(A)** Curve representing glycemia during a glucose tolerance test in $LepR^{loxP/loxP}$, $LepR^{TanHet}$ and 1475 $LepR^{TanKO}$ mice, 4 weeks after TAT-Cre infusion. Graph represents the area under the curve; 2-way 1476 ANOVA with Tukey's correction. Values indicate means ± SEM.

1477 **(B)** Serum insulin concentrations during the first 30 mins of a glucose tolerance test in $LepR^{loxP/loxP}$, 1478 $LepR^{TanHet}$ and $LepR^{TanKO}$ mice, 4 weeks after TAT-Cre infusion; 2-way ANOVA with Tukey's 1479 correction; *: p<0.05, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$; °°°: p<0.001, $LepR^{TanHet}$ vs. $LepR^{TanKO}$. Graph 1480 represents the area under the curve; Student's t-test; ***: p<0.001, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$; °°°: 1481 p<0.001, $LepR^{TanHet}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1482 (**C**) Graph representing serum insulin concentrations at T0 of the glucose tolerance test; Student's t-1483 test; *: p<0.05, $LepR^{loxP/loxP}$ vs $LepR^{TanKO}$. Values indicate means ± SEM.

(D) Curve representing glycemia during a glucose tolerance test in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 1485 12 weeks after TAT-Cre infusion; 2-way ANOVA with Tukey's correction; **: p<0.01, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Graph represents the area under the curve; Student's t-test; ***: p<0.001, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1488 (E) Serum insulin concentrations during the first 30 mins of a glucose tolerance test in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion; 2-way ANOVA with Tukey's correction; **: p<0.01, $LepR^{loxP/loxP}$ vs $LepR^{TanKO}$. Graph represents the area under the curve; Student's t-test; **: p<0.01, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1492 (F) Percentage change in basal glycemia during an insulin tolerance test in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ 1493 mice, 12 weeks after TAT-Cre infusion. Values indicate means ± SEM.

1494 **(G)** Graph representing insulin secretion from total isolated pancreatic islets from $LepR^{loxP/loxP}$ and 1495 $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion, following treatment with low or high glucose 1496 concentrations. Student's t-test; **: p<0.01, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1497 (H) Graph representing insulin concentrations in isolated pancreatic islets from $LepR^{loxP/loxP}$ and 1498 $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion. Values indicate means ± SEM.

1499 (I) Relative mRNA expression levels of markers of β cell function and identity in isolated pancreatic 1500 islets from $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion. A Student t-test or 1501 Mann-Whitney U test was applied, depending on Shapiro-Wilk normality test results. *: p<0.05, 1502 $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1503 (J) Relative mRNA expression levels of ER stress markers in isolated pancreatic islets from 1504 $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion. A Student t-test or Mann-Whitney U 1505 test was applied, depending on Shapiro-Wilk normality test results. *: p<0.05, $LepR^{loxP/loxP}$ vs. 1506 $LepR^{TanKO}$. Values indicate means ± SEM.

1507 (**K**) Confocal images representing nuclei (blue), glucagon (green) and insulin (red) in isolated pancreatic islets from $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion.

1509 (L) Graphs representing the ratio between insulin-positive (left) or glucagon-positive area (right) to the 1510 total islet surface area in $LepR^{oxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion. Values 1511 indicate means ± SEM.

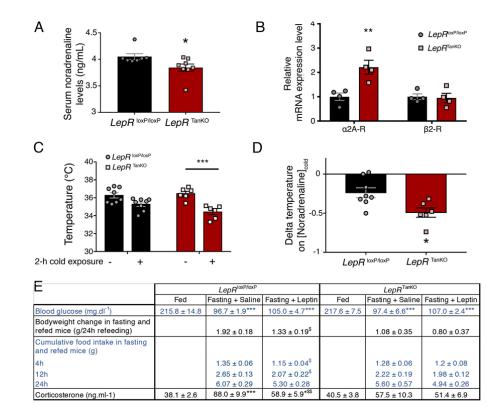
1512 (**M**) Graph representing the average surface area of pancreatic islets from $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ 1513 mice, 12 weeks after TAT-Cre infusion. Values indicate means ± SEM.

1514 (N) Graph representing serum noradrenaline concentrations in $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice, 12 1515 weeks after TAT-Cre infusion. Student's t-test. *: p<0.05, $LepR^{IoxP/IoxP}$ vs. $LepR^{TanKO}$. Values indicate 1516 means ± SEM. Student's t-test; *: p<0.05

1517 (**O**) Curve representing glycemia during a glucose tolerance test in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 1518 before (black and red curves) and after (light and dark blue curves) i.c.v. leptin injection (2µg/animal). 1519 Graph represents the area under the curve; 1-way ANOVA with Tukey's correction; ***: p<0.001 1520 between groups. Values indicate means ± SEM.

1521 (P) Serum insulin concentrations at 15 minutes during the glucose tolerance test presented in (O). A paired Student's t-test was applied for comparisons between the same group before and after leptin

- injection and an unpaired Student's t-test between $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$; *: p<0.05. Values indicate means ± SEM. 1524



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Figure 7. Loss of LepR expression in median eminence tanycytes impairs cold- and fastingmediated increases in noradrenaline and corticosterone, respectively.

1530 **(A)** Serum noradrenaline concentrations in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre 1531 infusion. Unpaired Student's t-test. *: p<0.05 $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1532 **(B)** Relative mRNA expression levels of adrenergic receptors in isolated pancreatic islets from LepR^{loxP/loxP} and LepR^{TanKO} mice, 12 weeks after TAT-Cre infusion. Unpaired Student's t-test. **: p<0.01, LepR^{loxP/loxP} vs. LepR^{TanKO}. Values indicate means \pm SEM.

1535 (C) Rectal temperature mesured in $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice, 12 weeks after TAT-Cre infusion, 1536 before and after 2h cold exposure. Paired Student's t-test. *** p<0.001 in $LepR^{TanKO}$ before cold 1537 exposure vs. $LepR^{TanKO}$ after cold exposure. Values indicate means ± SEM.

1538 (**D**) Ratio between the delta temperature after-before cold exposure to the serum noradrenaline 1539 concentration after cold exposure from $LepR^{loxP/loxP}$ and $LepR^{TanKO}$ mice. Unpaired Student's t-test. *: 1540 p<0.05, $LepR^{loxP/loxP}$ vs. $LepR^{TanKO}$. Values indicate means ± SEM.

1541 **(E)** Table summarizing data from fed and 24h fasting and refed $LepR^{IoxP/IoxP}$ and $LepR^{TanKO}$ mice after 1542 saline or leptin (1mg/kg) i.p injection. Unpaired Student's t-test or one-way ANOVA with Tukey's 1543 correction as requied. *: p<0.05 compared to fed mice; ***: p<0,001 compared to fed mice; \$: p<0,05 1544 and \$\$: p<0.01 compared with fasting mice.

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