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# Heat capacity, isothermal compressibility, isosteric heat of adsorption and thermal expansion of water confined in C-S-H

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## Abstract

Nanoconfinement is known to affect the property of fluids. The changes in some thermo-mechanical properties of water confined in C-S-H are still to be quantified. Here, we perform molecular simulations to obtain the adsorption isotherms in C-S-H as a function of the pore size (spanning interlayer up to large gel pores). Then, fluctuations formula in the grand canonical ensemble are used to compute the isothermal compressibility (and its reciprocal, the bulk modulus), the heat capacity, the coefficient of thermal expansion and thermal pressure, and the isosteric heat of adsorption of confined water as a function of the (nano)pore size. All these properties exhibit a pore size dependence, retrieving the bulk values for basal spacing above 2 nm. To understand why property changes with confinement, we compute structural descriptors including the radial distribution function, apparent density, hydrogen bonds counting, and excess pair entropy of water as a function of the confinement. These descriptors reveal significant structural changes in confined water. The heat capacity shows a good linear correlation with the apparent density, entropy, and hydrogen bond number. The values of water property as a function of the basal spacing are a valuable input for multiscale modeling of cement-based materials.

*Keywords:* Thermal properties; Sorption; Enthalpy of adsorption;

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## 1. Introduction

Water confined in micro- and meso-pores exhibits unique properties that may strongly differ from that of bulk water. Hydrodynamics [1], self-diffusion [2] and dielectric properties [3, 4], heat capacity [5, 6], Biot coefficient [7], phase transitions [8] and water dissociation [9] are known to be affected by water confinement in various nanoporous materials, including C-S-H. A fundamental understanding of how confinement affects the properties of fluids is crucial to elucidate the nanoscale phenomena at the origin of the behavior of materials with hierarchical porosity such as cement-based materials.

Quantifying the effects of confinement in fluids represents a significant challenge considering the length and time scales that are needed to be probed. In this context, molecular simulations are particularly well-suited to assess the behavior of confined fluids since they enable the quantification of inter-atomic forces, structural changes, and other nanoscale processes responsible for the anomalous behavior of confined fluids. Several works have tackled the question of what are the particularities of the behavior of water confined in C-S-H using molecular simulations (e.g. [10] for a review), but there are still important open questions as discussed herein.

In the case of the heat capacity of confined water, conflicting information are found in the literature. On the one hand, Bentz [11] posits that confined water would exhibit an ice-like heat capacity due to more constraints to the dynamics of hydrogen bonds in confined geometries. In agreement with this postulate, molecular simulations on C-S-H for systems in the equilibrium basal spacing (i.e the most prevalent one) shows that the heat capacity of confined water is a fraction of that of bulk water [12]. In the same study, it was also observed a decrease in the heat capacity at constant pressure with increasing water density when various C-S-H models with different Ca/Si ratios were considered. Direct simulations in which H-bonds statistics are computed for systems according to

various basal spacings (not only the equilibrium basal spacing) may shed light  
30 on the pore-size dependence of the heat capacity of confined water.

On the other hand, evidence from experimental and modeling studies on  
other microporous materials including swelling clays [13], silica [14, 5], ion-  
exchange resins [15], and hydroxyapatite [6], shows that confined water may  
exhibit a heat capacity larger than that of bulk water. In the case of microporous  
35 silica, experiments show that the heat capacity of confined water peaks for  
pore sizes of about 7 nm, with a value approximately 25% larger than that of  
bulk water [14, 5]. An explanation for a heat capacity of confined water larger  
than that of bulk water is the coexistence of two populations of water, each  
population associated with an specific average enthalpy [16]. One population  
40 exhibits ice-like behavior (with a larger number of H-bonds [17]), while the other  
is associated with a large heat capacity [16]. These results show a much more  
complex picture required to understand the heat capacity of confined water  
than the one proposed so far for C-S-H based solely on a qualitative analysis of  
H-bonds constrains under confinement [11].

45 To date, no direct attempt to directly measure elastic properties (including  
the bulk modulus or its reciprocal, the isothermal compressibility) of confined  
water in C-S-H has been proposed in the literature. Evidence from shear sim-  
ulations suggests that contrarily to what is observed in bulk water, confined  
water in C-S-H may present non-zero shear strength, corroborating the picture  
50 of glassy or solid-like behavior for confined water [18]. Studies on other phyllosil-  
icates show that the isothermal compressibility increases with the water content  
 $N_w$  in swelling clays as  $\propto \exp(-1/N_w)$  [19], which is consistent with the picture  
that confined water (or at least a fraction of confined water) would exhibit a  
solid-like behavior with larger stiffness than bulk water.

55 The isosteric heat of adsorption of water in C-S-H has been computed using  
molecular simulations as a function of the relative humidity for two pore  
sizes representative of interlayer (equilibrium basal space) and gel pores [20].  
The isosteric heat of adsorption was shown to decrease with the water content  
in agreement with experiments [20]. More research is needed to understand

60 how confinement affects this property in a larger range of pore sizes and under controlled RH.

Finally, confinement has been evoked as a critical aspect that explains the thermal pressurization in nanolayered adsorbing materials [21, 22]. Thermal expansion and thermal pressure coefficients are properties directly associated  
65 with thermal pressurization. Comparing to other phyllosilicates, the coefficient of thermal expansion of water is reported to decrease with increasing water content in swelling clays [19]. The coefficient of thermal expansion of C-S-H has been successfully computed using molecular dynamics for equilibrium pore sizes as a function of the Ca/Si[12]. The specific contribution of confined water  
70 in this thermal expansion and how the aforementioned properties evolve with pore size in C-S-H remain open questions.

In this work, we perform molecular simulations to obtain the adsorption isotherms in (liquid) water saturated C-S-H as a function of the pore size, spanning interlayer up to large gel pores. A realistic C-S-H model [23] is studied using  
75 hybrid Grand Canonical Monte Carlo (GCMC)/ Molecular Dynamics (MD) simulations. From the well-suited fluctuation formula, we compute the bulk modulus (and its reciprocal the isothermal compressibility), the heat capacity (at constant volume and pressure), the coefficient of thermal expansion and thermal pressure, and the isosteric heat of adsorption of confined water as a  
80 function of the (nano)pore size. The results obtained constitute valuable input for multiscale modeling and may provide new physical insights into the origins of the thermomechanical behavior of cement-based materials.

## 2. Molecular models and methods

### 2.1. C-S-H atomistic model

85 The C-S-H model proposed by Kunhi et al. [23], with molecular formula  $C_{1.67}SiO_{3.7} \cdot nH_2O$ , is adopted. The calcium to silicon ratio Ca/Si of 1.67 is a common value measured in C-S-H obtained from Portland cement hydration [24, 25, 26]. Compared to other C-S-H models in the literature, in the present model

two features related to defective crystalline structures are included: substitution  
of bridging silicate tetrahedron with calcium and silicate dimer with hydroxyl  
90 groups, which leads to a structure where the concentration of protonated silanol  
groups, as well as the mean chain length, are more consistent with experimental  
evidence [24].

## 2.2. Force field

95 The interactions among atoms in C-S-H structure are described based on  
ClayFF [27] and SPC/E water model [28]. With these force fields, the potential  
energy writes:

$$U^{Tot} = U^{LJ} + U^{Coul} + U^{Bond} + U^{Angle} \quad (1)$$

Short-range repulsion and van der Waals attraction are modeled with the  
Lennard-Jones (LJ) potential:

$$U^{LJ} = 4 \sum_{i \neq j, ij \text{ nonbonded}} \epsilon_{ij}^{LJ} \left[ \left( \frac{\sigma_{ij}^{LJ}}{r_{ij}} \right)^{12} - \left( \frac{\sigma_{ij}^{LJ}}{r_{ij}} \right)^6 \right] \quad (2)$$

100 where  $r_{ij}$  is the distance between particle  $i$  and  $j$ .

Electrostatic interactions are modeled with the Coulomb potential

$$U^{Coul} = \frac{e^2}{4\pi\epsilon_0} \sum_{i \neq j, ij \text{ nonbonded}} \frac{q_i q_j}{r_{ij}} \quad (3)$$

where  $e$  is the elementary charge, and  $\epsilon_0 = 8.85419 \times 10^{-12}$  F/m is the dielectric  
permittivity of vacuum.

Lennard-Jones parameters ( $\epsilon_{ij}^{LJ}$  and  $\sigma_{ij}^{LJ}$ ) and partial charges  $q_i$  are given  
105 in Table 1. Lorentz-Berthelot mixing rule is used to compute LJ interaction  
involving dissimilar elements.

Bond interactions are defined only for water and hydroxide. Bond and angle  
interactions are described using harmonic potentials, respectively, by

$$U^{Bond}(r_{ij}) = \sum_{ij \text{ bonded}} k_B (r_{ij} - r_0)^2 \quad \text{and} \quad (4)$$

$$U^{Angle}(\theta_{ijk}) = \sum_{ijk \text{ bonded}} k_A (\theta_{ijk} - \theta_0)^2 \quad (5)$$

The associated bond  $k_B$  and angle  $k_A$  rigidities, as well as equilibrium distance and angles, are listed Table 2. We model hydroxide based on SPC/E model. The bond length of hydroxide adopted is smaller than the original SPC/E value to better capture structural features in C-S-H as reported in ref. [23].

Table 1: Non-bond parameters and partial charges.

Species and Symbol	partial charge [e]	$\epsilon^{LJ}$ [kJ/mol]	$\sigma^{LJ}$ [Å]
water hydrogen, $H_w$	0.4238	-	-
water oxygen, $O_w$	-0.8476	0.650	3.166
hydroxyl hydrogen, $H_H$	0.425	-	-
hydroxyl oxygen, $O_H$	-0.95	0.650	3.166
oxygen, O	-1.105	0.650	3.15
silicon (tetr.), Si	2.1	$7.701 \times 10^{-6}$	3.302
calcium (intra), Ca	1.05	$2.104 \times 10^{-5}$	5.567
calcium (inter), $Ca_W$	2.00	$2.104 \times 10^{-5}$	2.872

Table 2: Bond parameters (for SPC/E water and hydroxide).

	$k_B$ [kJ.mol <sup>-1</sup> .Å <sup>-2</sup> ]	$r_0$ [Å]
$O_w-H_w$	2318.500	1.0
$O_H-H_H$	2318.500	0.954
	$k_A$ [kJ.mol <sup>-1</sup> .rad <sup>-2</sup> ]	$\theta_0$ [°]
$H_w-O_w-H_w$	191.50	109.47

### 2.3. Molecular simulations

Hybrid GCMC-NVT simulations were carried out to sample the Grand canonical ensemble ( $\mu$ VT) for the fluid while keeping the number of solid particles, calcium counterions, and hydroxide constant. The imposed volume refers to a given basal spacing (directly related to the interlayer pore thickness), the

dimensions along with pore plane directions remain unchanged (as generally assumed in GCMC simulation of layered adsorbing materials [29, 30]). In the hybrid simulation protocol, the GCMC stage enables the exchange of water molecules with an infinite water reservoir at imposed temperature and chemical potential (corresponding to an RH of 100%). The NVT stage allows a gain in the efficiency of the simulation by better sampling the phase space. A timestep of 1 fs is adopted. Nosé-Hoover thermostat and barostat with damping parameters of 100 and 1000 timesteps, respectively, were adopted. The particles in the C-S-H solid layer (i.e. Si, O, and Ca) are not time-integrated (i.e are not accounted for in the MD moves) to gain in computation efficiency. After the c-length was increased, a first GCMC stage with 1 million Monte Carlo (MC) moves was performed with a partial pressure exceeding 10 fold the saturating pressure in order to fill the interlayer space with water. Then, at the RH of 100%, we performed various cycles of 1 million MC to check the equilibration time: 5 cycles were sufficient to equilibrate all systems considered in this study. The production time for the c-lengths up to 6 nm were 10 million MC steps, and 6 million MC for the larger systems. Under the production stage, the system exhibits stable total energy with a coefficient of variation below 0.05% and a stable number of water molecules with a coefficient of variation below 0.50%. Ewald summation (with desired relative error in forces of  $10^{-5}$ ) is adopted to deal with long-range electrostatic interactions. Periodic boundary conditions were adopted in all directions.

The original atomic structure of Kunhi et al. [23] is orthogonal and composed of two layers, with a micro- and a meso-pore. The reported interlayer distance is 13.76 Å. Here, to obtain the initial configuration with two micropores, we have deleted all the water molecules and set the length in c-direction as 27.52 Å. Water molecules were then inserted using the GCMC-NVT simulations. Figure 1 shows a snapshot of the C-S-H structure at equilibrium basal spacing.

For further comparison, we also performed GCMC simulations on bulk (SPC/E) water using simulation boxes of 8000 nm<sup>3</sup> to compute the properties of the fluid using the same procedure described in Section 2.5.

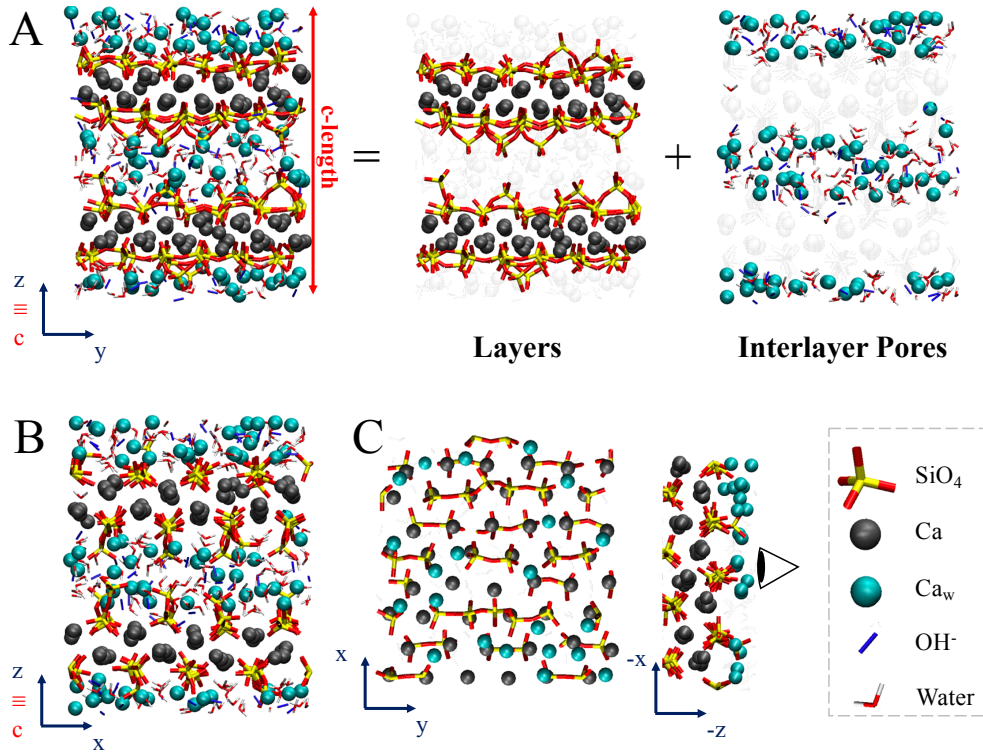


Figure 1: Snapshot of the C-S-H atomic structure at the equilibrium basal spacing  $d_{min}$  (minimum at the free energy potential). Projections according to (A)  $xz$ , (B)  $yz$  and (C)  $xy$  planes.

2.4. *Stability analysis under sorption: stable basal spacings, and effective inter-*  
 150 *actions*

In order to simulate drained experimental conditions, the hybrid ensemble  $N_s\mu VT$  based on grand canonical ensemble has been used. In this ensemble, (nano-)confined water in C-S-H interlayer pores is in equilibrium with an external water reservoir. The chemical potential of water  $\mu$ , the volume  $V$ , and  
 155 the temperature  $T$  are held constant. The system maintains a constant number of calcium counterions, hydroxide ions, and C-S-H solid particles  $N_s$  while only the number of water molecules is allowed to fluctuate.

The thermodynamic potential of the given system involves a function of the Helmholtz free energy  $F$  and is given as [29]:

$$\Lambda(N_s, V, \mu, T) = F - \mu N_w \quad (6)$$

160 where  $N_w$  is the number of water molecules. The confining pressure  $P$  is based on the thermodynamic potential  $\Lambda$  and is calculated using [29, 31]:

$$P = \frac{1}{S_s} \left. \frac{\partial \Lambda}{\partial d} \right|_{\mu, T} \quad (7)$$

where  $d$  is the basal spacing, and  $S_s$  is the layer surface area. The analysis of pressure isotherms enables the identification of unstable and stable zones. The mechanical stability condition imposes that whenever the pressure increase with the volume  $\partial P / \partial V > 0$  the system is under an unstable equilibrium. In the case of layered materials, this condition can be written as a function of the basal spacing  $\partial P / \partial d > 0$ , since only dimensional changes in the basal spacing  $d$  are expected while the surface area is kept constant. Using the same argument, the expression of the energy of the system can be calculated as a function of the basal spacing  $d$  using [29, 31]:

$$\lambda = \frac{\Lambda}{S_s} = \lambda_0(d_0, T, \mu) - \int_{d_0}^d P d(d) \quad (8)$$

where  $d_0$  is the reference basal spacing. The free energy  $\Lambda$  informs on the effective interaction, or potential or mean force (PMF), between two layers in a face-to-face configuration.

From the energy profile, one may determine the most stable configuration corresponding to equilibrium basal spacing. Basal spacing at which a free energy minimum (local or global) occurs is said to be stable. Following a stable path, the transition between stable states is only possible if the system acquires enough energy to overcome the activation barrier. If the energy barrier is on the order or smaller than the energy associated with the thermal fluctuations (i.e on the order of  $kT$ , where  $k$  is the Boltzmann constant), the transition between stable

states is expected to occur due to these fluctuations. Otherwise, the system is prone to metastability.

## 2.5. Properties computed from molecular simulations in grand canonical ensemble

### 2.5.1. Isothermal compressibility (and bulk modulus), heat capacity and coefficient of thermal expansion

The fluctuation  $\langle \delta \mathcal{A} \delta \mathcal{B} \rangle_{ENS}$  of two random variables is defined as the covariance:  $\langle \delta \mathcal{A} \delta \mathcal{B} \rangle_{ENS} = \langle \mathcal{A} \mathcal{B} \rangle_{ENS} - \langle \mathcal{A} \rangle_{ENS} \langle \mathcal{B} \rangle_{ENS}$  for averages  $\langle \cdot \rangle_{ENS}$  on the statistical ensemble  $ENS$  to be defined. For the case of a variance of a given random variable  $\langle \delta \mathcal{A} \delta \mathcal{A} \rangle_{ENS} = \langle \delta \mathcal{A}^2 \rangle_{ENS}$ . The properties of the adsorbate fluid can be computed in a grand canonical simulation from the fluctuations of the potential energy and number of particles [32].

The isothermal compressibility  $\beta_T$  (reciprocal of the bulk modulus  $K = 1/\beta_T$ ) is given by [32]:

$$\beta_T = \frac{\langle \delta N^2 \rangle_{\mu VT} V}{\langle N \rangle_{\mu VT}^2 kT} \quad (9)$$

where  $\langle \cdot \rangle_{\mu VT}$  denotes an average in the grand canonical ensemble.

The heat capacity at constant volume  $C_V$  is given by [33, 34]:

$$C_V = \frac{1}{MkT^2} \left( \langle \delta E_T^2 \rangle_{\mu VT} - \frac{\langle \delta E_T \delta N \rangle_{\mu VT}^2}{\langle \delta N^2 \rangle_{\mu VT}} \right) \quad (10)$$

where  $E_T$  is the internal energy, and  $M$  is the mass. In the derivation of this expression, no *a priori* assumption is made regarding the total number of degrees of freedom per molecule (for comparison, the expression in ref. [32] assumes no rotational degrees of freedom). Thus, the expression can be applied to molecules that present rotational degrees of freedom as is the case of water.

The coefficient of thermal expansion  $\alpha$  is given by [32]:

$$\alpha = \frac{\langle P \rangle_{\mu VT} \beta_T}{T} - \frac{\langle \delta U \delta N \rangle_{\mu VT}}{\langle N \rangle_{\mu VT} kT^2} + \frac{\langle U \rangle_{\mu VT} \langle \delta N^2 \rangle_{\mu VT}}{\langle N \rangle_{\mu VT}^2 kT^2} \quad (11)$$

which can also be written in an anisotropic frame as:

$$\alpha_{ij} = \frac{\langle P_{ij} \rangle_{\mu VT} \beta_T}{T} - \frac{\langle \delta U \delta N \rangle_{\mu VT}}{\langle N \rangle_{\mu VT} k T^2} + \frac{\langle U \rangle_{\mu VT} \langle \delta N^2 \rangle_{\mu VT}}{\langle N \rangle_{\mu VT}^2 k T^2} \quad (12)$$

where  $P_{ij} = \sum_k^N \frac{m_k v_{k_I} v_{k_J}}{V} + \sum_k^{N'} \frac{r_{k_I} f_{k_J}}{V}$  is the pressure tensor computed by  
 205 the virial formula, where  $N$  and  $N'$  is the total number of atoms in the system,  
 with  $N'$  including also periodic image replicas;  $m_k$  is the mass of the particle  $k$ ;  
 $v_{k_I}$ ,  $r_{k_I}$  and  $f_{k_I}$  are, respectively, the velocity of, the position of and the force  
 on particle  $k$  according to the direction  $I(=x, y, z)$ .

### 2.5.2. Isosteric heat of adsorption

210 The isosteric heat of adsorption  $q_{st}$  is a thermodynamic observable quantify-  
 ing the enthalpy change associated with the adsorption of a molecule on a given  
 surface. This quantity is key information to understand how sorption isotherms  
 are affected by the temperature, being, therefore, a fundamental input in the  
 modeling of drying processes in cement-based materials (e.g. [35]).

215 The isosteric heat of adsorption is the sum of the average energy of adsorp-  
 tion  $q = \frac{\Delta \langle U \rangle}{\Delta \langle N \rangle}$  (i.e. the variation in the average energy  $\Delta \langle U \rangle$  between two  
 systems under the same conditions with respect to the variation  $\Delta \langle N \rangle$  of the  
 number of particles) and the energy required to push the sorbate in the bulk  
 phase when it desorbs [36]:

$$q_{st} = -q + RT \quad (13)$$

220 where  $R$  is the gas constant.

In a molecular simulation, a direct evaluation of  $q$  can be made by approxi-  
 mation  $q \approx \frac{\partial \langle U \rangle}{\partial \langle N \rangle}$ , thus

$$q_{st} = -\frac{\partial \langle U \rangle}{\partial \langle N \rangle} + RT \quad (14)$$

Noise in simulation results can make it difficult to compute this derivative with  
 precision.

225 Another strategy is to consider the derivative product obtained by chain rule  
 $q \approx \frac{\partial \langle U \rangle}{\partial \langle N \rangle} = \frac{\partial \langle U \rangle}{\partial \langle \mu/T \rangle} \frac{\partial \langle \mu/T \rangle}{\partial \langle N \rangle}$ . Statistical physics shows that the second derivative  
is  $\frac{\partial \langle N \rangle}{\partial \langle \mu/T \rangle} = \langle N^2 \rangle - \langle N \rangle^2 = \langle \delta N^2 \rangle$ , i.e. the variance of the number of sorbate  
molecules [32]. The first derivative can be also obtained from the theory as  
 $\frac{\partial \langle U \rangle}{\partial \langle \mu/T \rangle} = -\frac{\partial \langle N \rangle}{\partial \langle 1/T \rangle} = \langle UN \rangle - \langle U \rangle \langle N \rangle = \langle \delta U \delta N \rangle$ , i.e. the cross-variance of the  
230 energy and the number of particles [36]. Finally, a fluctuation formula can be  
then obtained for  $q$  and the isosteric heat of adsorption reads [36]:

$$q_{st} = -\frac{\langle \delta U \delta N \rangle}{\langle \delta N^2 \rangle} + RT \quad (15)$$

as a function of quantifies that can be easily computed in GCMC simulations.

A direct evaluation of  $q_{st}$  using Eq. 13 is reported by Bonnaud et al. [20]  
for C-S-H with two pore sizes. In this work, we compute the isosteric heat of  
235 adsorption using the fluctuation formula (Eq. 15) for various slit pore sizes.

### 3. Results

#### 3.1. Isotherms, disjoining pressure and effective interactions

Figure 2(A) displays the adsorption isotherm as a function of the c-length  
imposed in the GCMC-NVT simulations. The overall trend is a linear increase  
240 of the water content with the pore size following the linear fit :

$$N_w/Si [mol/mol] = 0.1517||c|| - 2.520 \quad (16)$$

where  $||c||$  is the c-length. A zoom in the small  $c$  portion (Figure 2(B)) shows  
the tendency of plateau forming, which is an indication of molecule layering in  
the small pores (i.e. slit pore with thickness size of a few molecules diameters).  
In layered materials, each plateau can be associated with a stable basal spacing  
245 [29].

The disjoining or confining pressure isotherm is shown in Figure 2(C). The  
disjoining pressure  $\Pi = P - P_c$  is defined as the difference between the confining  
pressure and the capillary pressure  $P_c$ . Note that for a zero capillary pressure

in a liquid saturated porous media, the confining pressure is equivalent to the disjoining pressure. The pressure isotherms show an oscillatory allure at small c-lengths Figure 2(D), which is also an indication of molecule layering with each oscillation being associated with a stable basal spacing [29]. The mechanical stability condition imposes that whenever the pressure increase with the volume (or the basal spacing in the case of layered materials) the equilibrium is unstable. Unstable zones can be therefore identified in the domain of c-length 26.0-26.7 and 28.1-29.2 Å (gray rectangles in Figure 2(D)).

We also compute the partial contribution of each electrolyte species and solid layer to the disjoining pressure. As observed in previous studies [37], the calcium counterions exhibit the most negative pressure contributing to the cohesion of the material. As in the (total) pressure curve, all partial pressures go to zero with the increase in the pore size. The partial pressures also show an oscillating pace at small c-lengths Figure 2(D).

Figure 3 shows the effective interactions of the layers in a face-to-face configuration. The minimum of the potential appears at  $d_{min}$  of 13.7 Å, which is, therefore, the most prevalent basal spacings in a system under equilibrium under pressure control. Thus, the basal spacing can be related the c-length in our results using the expression (in Å):

$$d = ||c|| - 13.7 \quad (17)$$

We also identify other possible equilibrium hydration states:  $d_{0W?}=11.8$  Å and  $d_{2W?}18.3$  Å. We added the "?" to indicate that our simulation results do not enable to identify with certainty that these points are associated with local minima due to a lack of resolution in terms of c-length for  $d_{0W?}$  or lack of precision in pressure computation for  $d_{2W?}$ . For the latter, the potential well depth is on the order of the simulation precision. Note that other simulation protocols than GCMC simulation may be necessary to sample with precision basal spacings associated with higher hydration states [38].

The potential well depth is approximately  $20kT/nm^2$ , which is one order of

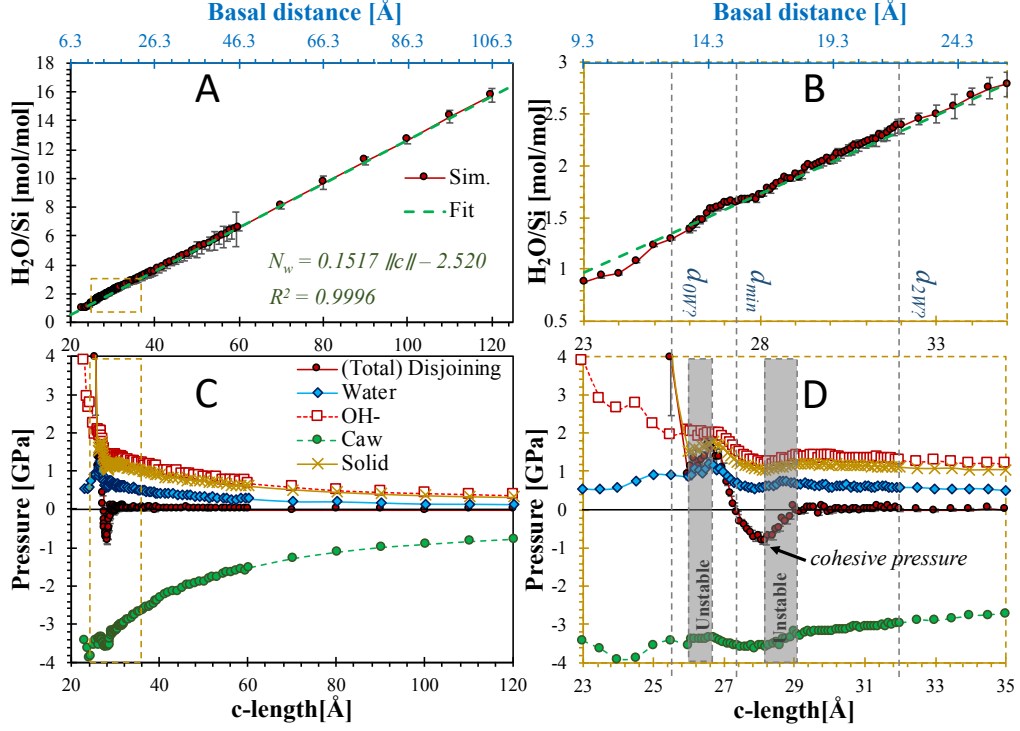


Figure 2: (A) Adsorption isotherm and respective zoom (B) in the small  $c$ -length portion (B). (C) Disjoining pressure, and confining pressure per electrolyte species (water, hydroxide, and calcium counterion) and in the solid layer, and respective zoom (D) in the small  $c$ -length portion. In both cases, the dashed yellow rectangles show the portion zoomed in. A linear fit of adsorption isotherm is shown. In (D), the domain of unstable equilibrium ( $\partial P / \partial d > 0$ ) is identified with the gray rectangles.

280 magnitude smaller than the value computed for tobermorite [30] but remains larger than the values observed in swelling clays [29] (the hydrophilicity of the pore walls are known to change the structure of vicinal water [8] and counterions correlations might also play an important role in the effective interactions of layered materials). To analyze the susceptibility of a system to metastability, the potential well depth can be compared with the energy associated with thermal fluctuations, which is on the order of  $kT$ . An energy barrier much larger than

285  $kT$  means that thermal fluctuations are generally not sufficient for the system to overcome a transition to another hydration state. Therefore, the studied system is prone to metastabilities.

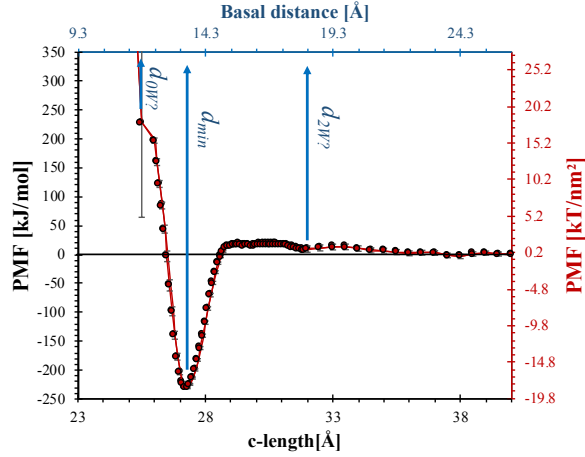


Figure 3: Potential of mean force (PMF) as a function of the c-length and basal spacing (which here are related through the expression in Eq. 17). The equilibrium basal spacings are displayed.

Table 3 gathers the parameters and properties that can be inferred from the pressure isotherms and effective interaction in a comparison with data from the literature. The cohesive pressure  $P_{co} = \min P(d)$  is the pressure needed to disjoin two solid layers (i.e. it corresponds to the global minimum in the pressure isotherms). The out-of-plane elastic modulus  $E_{zz}$  can be computed from slope in the pressure isotherms at a given basal spacing  $d_i$ :  $E_{zz} = -d_i \left. \frac{\partial P}{\partial d} \right|_{d_i}$ , where we have choose  $d_i = d_{min}$ . The surface energy  $\gamma_s$  is the work needed to put two layers apart:  $\gamma_s = -\frac{1}{2} \int_{d_{min}}^{\infty} P d(d)$ . The values of basal distances and  $E_{zz}$  are within the range of variability of the data from the literature. The cohesion pressure obtained here is closer to the experimental values reported by Plassard et al. [39] and the simulation of Bonnaud et al. [40] also in a disordered C-S-H. Other simulations studies in the literature [41, 4, 30, 42] report a  $P_{co}$  a few gigapascals larger than the value obtained here, with studies on tobermorite

300 [41, 30, 42] reporting the larger cohesive pressures.

Table 3: Equilibrium stable basal ( $d_1$ ,  $d_2$ ,  $d_3$ ) spacing, cohesive pressure  $P_{co}$ , surface energy  $\gamma_s$  and out-of-plane Young modulus  $E_{zz}$  (computed only for the  $d_{min}$ ): comparison with experimental and simulation data from the literature.

$d_1$ ( $d_2$ ) [ $d_3$ ] [Å]	$P_{co}$ [GPa]	$\gamma_s$ [J/m <sup>2</sup> ]	$E_{zz}$ [GPa]	Ref.
12.7? 13.7 (16.0?)	0.82	0.10	67.4	This work
	-	0.32-0.4	-	[43, 44] *
-	0.93	-	-	[39] *
12.5 (14.3) [16.1]	5.0	-	-	[41]
-	-	-	61, 89	[45, 46] *
11.4	0.931	-	42.28	[40]
10.4 (13.0) [15.7]	3.7	0.1716	102.43	Ca/Si=1.5 [4]
10.4 (12.9) [15.5]	3.0	0.1905	81.74	Ca/Si=1.7 [4]
12.6 (15.7)	4.17	0.61	61.5	[30] **
13.5 (15.9)	6.5	0.67	77.6	[42] **

\*Experimental. \*\*Tobermorite.

Water ordering adjacent to the pore walls is analyzed using z-profiles in Figure 4. As discussed in detail in ref. [30] in the case of tobermorite, here with a more disordered calcium silicate hydrate structure, we also observe the effect of roughness of the layer surface disturbing the ordering of adsorbed species.

305 Water and calcium ions are adsorbed within the cavities formed by silica chains projected outwards the layer surface. Note that in small basal spacings, calcium counterion ordering is highly impacted with a three layer configuration appearing in c-lengths below 3 nm. For c-length above 3 nm, calcium counterions are structured in a two layer configuration adjacent to each pore wall with the second

310 layer density decreasing as a function of the c-length. In all cases, hydroxides remain in-between the peaks observed for calcium counterions, which shows a strong correlation between these ions. Indeed, hydroxide ions form complexes with calcium counterions which can be associated with (micro)portlandite for-

315 mation [47, 10]. However, the Caw-Oh distances obtained here, due to ClayFF parameters, are smaller than the ones reported to 1D, 2D or bulk portlandite [48].

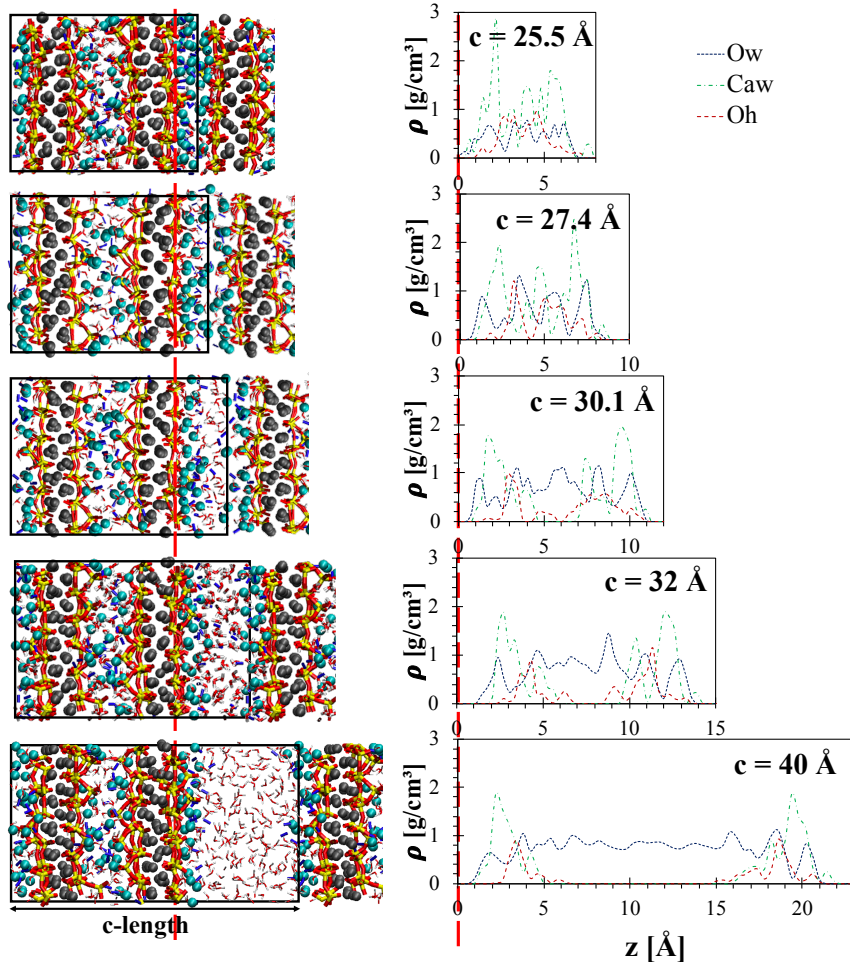


Figure 4: At left, snapshot of various pore sizes studies( from top to bottom c-length : 25.5(= $d_{0W}$ ?), 27.4 (= $d_{min}$ ), 30.1, 32 (= $d_{2W}$ ?) and 40  $\text{\AA}$ ). At right, the respective density profiles (of the associated to the left pore) of water oxygen (Ow), hydroxide oxygen (Oh) and calcium counterion (Caw) as a function of the  $z$  coordinate. The vertical red line depicts the interface with  $z=0$  imposed.

### 3.2. Structural data and validation of C-S-H model

In this section, the structural features and water content obtained for the stable basal spacings are compared with relevant experimental and simulation data from the literature.

Radial and pair distribution functions provide information on the structural features of ordered and disordered materials that can be used to validate atomistic models and simulations. The partial radial distribution function  $g_{i-j}(r)$  (RDF) of species  $i$  and  $j$  reads (e.g. [49]):

$$g_{i-j}(r) = \frac{\rho_{i-j}(r)}{\rho_0} = \frac{1}{N_t \rho_0 x_i x_j} \sum_{k=1}^{N_i} \sum_{l \neq k}^{N_j} \delta(\mathbf{r} + \mathbf{r}_k - \mathbf{r}_l) \quad (18)$$

where  $N_t$  is the total number of particles,  $\rho_0$  is the number density,  $x_i = N_i/N_t$  is the fraction of species  $i$  (respectively,  $x_j = N_j/N_t$ ), and  $\mathbf{r}_k$  is the position vector of particle  $k$  of species  $i$  (respectively,  $\mathbf{r}_l$  is the position vector of particle  $l$  of species  $j$ ).

The weighted average of the partial pair distribution function reads [50]:

$$g_w(r) = \sum_{ij} \frac{x_i x_j f_i(Q) f_j(Q) g_{i-j}(r)}{\langle f(Q) \rangle^2} \quad (19)$$

where  $\langle f(Q) \rangle = \sum_i x_i f_i(Q)$ ,  $f_i(Q)$  is assumed to be equal to the effective number of electrons  $Z$  for species  $i$  (with  $Z=1, 8, 14$  and  $20$  for H, O, Si and Ca, respectively [50]).

The pair distribution function  $N_{i-j}$  can be computed from  $g_w$  by (e.g. [51, 52]):

$$N_{i-j} = 4\pi r^2 \rho_0 g_w(r) \quad (20)$$

Radial and pair distribution functions obtained from simulation (for equilibrium c-length of  $27.4 \text{ \AA}$  (i.e.  $d_{min}=13.7 \text{ \AA}$ ) and experiments are compared in Figure 5. The simulated structure exhibits some of the experimental peaks also observed by Soyer-Uzun et al. [50] in C-S-H with Ca/Si of 1.6 and 1.75. A non-negligible shift is observed especially in the peak at  $r \approx 1.6 \text{ \AA}$  and  $2.4 \text{ \AA}$ .

340 Note that the peak at  $\approx 1 \text{ \AA}$  in the simulated  $N(r)$  is due to O-H pairs (we have included all pairs in the computations of  $N(r)$ ). That peak should not show up in the X-ray data since hydrogen is almost transparent to X-ray.

We also compute the structure factor  $S(Q)$  (Figure 5(B)), associated with the Fourier transform of the RDF, and compare with the experimental data from 345 the same authors. Some of the experimental structural features, as quantified by the structure factor, are captured by the C-S-H model used here.

The radial distribution functions are compared with the non-porous calcio-silicate glass and tobermorite  $14\text{\AA}$  reported by Pellenq et al. [53]. The first peaks are similar for both Ca-O and Si-O pairs, the latter being expected due to the utilization ClayFF. The second peaks in both Ca-O and Si-O pairs obtained in 350 our simulations exhibit features of the calcio-silicate glass, and to a lesser extent also that of the crystalline system. The small peak at  $r \approx 3.2\text{\AA}$  observed in the Ca-O RDF of tobermorite is not observed in our simulation nor the disordered system.

355 In figure 6, X-ray diffraction patterns obtained from simulation are compared to the experimental patterns reported by various authors [54, 55, 56, 57]. The difference between the experimental X-ray pattern  $XRD_{exp}$  and the simulated pattern  $XRD_{sim}$  is quantified using the error estimation:

$$R_{error} = \frac{|\int_{2\theta_i}^{2\theta_f} XRD_{exp}d(2\theta) - \int_{2\theta_i}^{2\theta_f} XRD_{sim}d(2\theta)|}{\int_{2\theta_i}^{2\theta_f} XRD_{exp}d(2\theta)} \quad (21)$$

where  $|\cdot|$  denotes the absolute value function, and the integration is performed 360 in all cases from  $2\theta_i = 5^\circ$  up to  $2\theta_f = 45^\circ$  (for Martin et al. [56] tobermorite and Janik et al. [54] C-S-H) or  $2\theta_f = 65^\circ$  (for Cong et al. [55] C-S-H). The differences between simulated and experimental patterns in the appropriate  $2\theta$  ranges are  $R_{error} = 5\%$  for Martin et al. [56] tobermorite,  $R_{error} = 8\%$  for Janik et al. [54] C-S-H, and  $R_{error} = 20\%$  for Cong et al. [55] C-S-H.

365 Figure 7 shows the water content and stable basal spacing obtained from simulations compared against various experimental and simulation data from the literature according to the Ca/Si ratio. The water content associated with

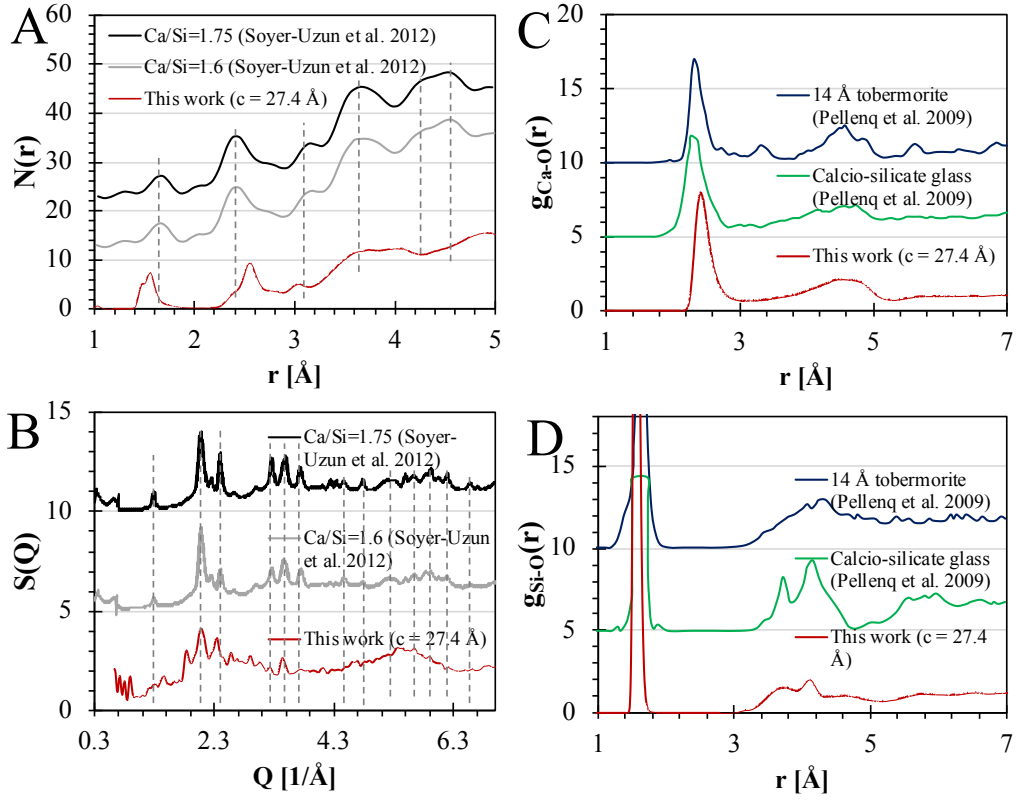


Figure 5: (A) Pair distribution function  $N(r)$ , and (B) structure factor  $S(Q)$  compared to the experimental data of Soyer-Uzun et al. [50] for C-S-H with Ca/Si of 1.6 and 1.75. Radial distribution functions  $g_{i-j}(r)$  of (C) Ca-O and (D) Si-O pairs compared to the data reported by Pellenq et al. [53] on non porous calcio-silicate glass and tobermorite 14Å.

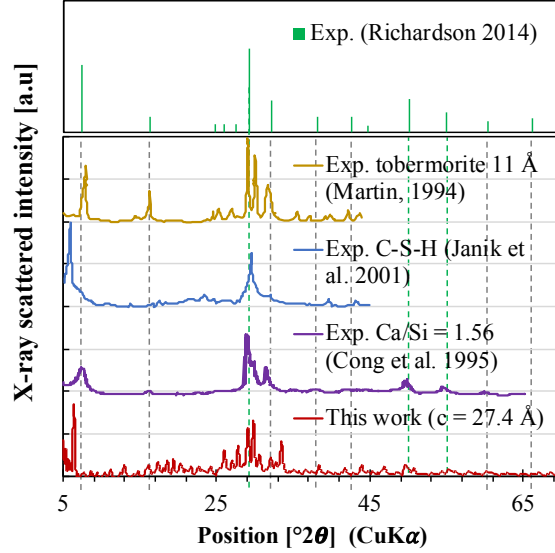


Figure 6: XRD patterns obtained from simulations at stable basal spacing  $c = 27.4 \text{ \AA}$  (using Debyer code (<https://debyer.readthedocs.io>)) compared against experimental data [54, 55, 56] from the literature (at the top, typical patterns of C-S-H presented by Richardson et al. [57]).

the most prevalent basal spacing  $d_{min}$  observed in simulation is consistent with the data available. The water content associated with this and the other stable  
 370 basal spacings obtained from simulation are in good agreement with the three hydration states discussed by Gartner et al. [58]. According to Figure 7(B), data from the literature show that the basal spacings tend to decrease with increasing Ca/Si. The metastable  $d_{0W?}$  is close to the values reported in the literature. The basal spacing  $d_{min}$  is larger than expected for a Ca/Si of 1.67. Simulations  
 375 of Morshedifard et al. [59] shows that basal spacing decreases with the Ca/Si when silicates ( $S = \text{SiO}_2$  in cement notation) are removed and increase with the Ca/Si when interlayer (micro)portlandite ( $\text{CH} = \text{Ca}(\text{OH})_2$  in cement notation) is added. This observation suggests that the large basal spacing observed here may be related to the amount of microportlandite in the interlayer in the Kunhi  
 380 et al. [23] C-S-H model.

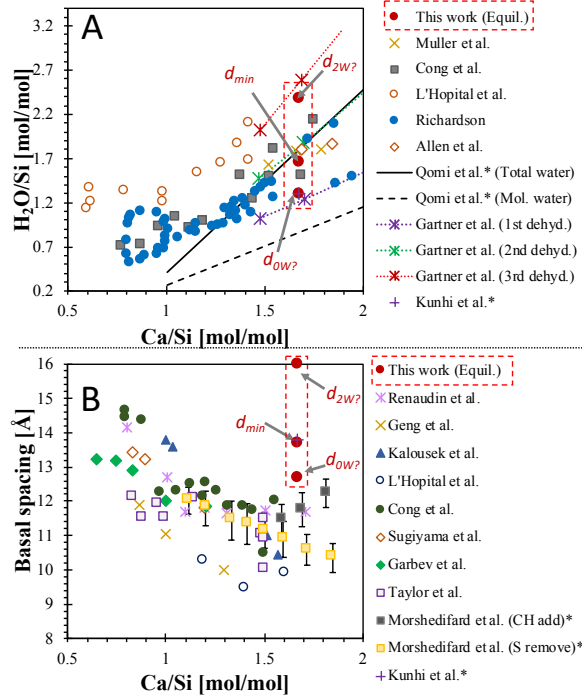


Figure 7: (A) Water content and (B) basal spacing as a function of the Ca/Si ratio: comparison with data from the literature (experimental [58, 60, 55, 57, 25, 61, 62, 63, 64, 65, 66], and simulation (marked with an “\*”) [67, 59, 23]). Simulations of Morshedifard et al. shows that basal spacing decreases with the Ca/Si when silicates (S=SiO<sub>2</sub> in cement notation) are removed and increase with the the Ca/Si when interlayer (micro)portlandite (CH=Ca(OH)<sub>2</sub> in cement notation) is added.

### 3.3. Dependence of the structure and thermo-mechanical properties of water on the pore size

385 Confinement induces changes in the water structure which may result in different physical properties. These structural changes are quantified using the radial distribution function in Figure 8. For systems with c-length as large as approximately 4-6 nm, the structure of confined water retrieves the one observe in bulk conditions. The first peak in Ow-Ow RDF (Figure 8 (A)) is slightly shifted to the left and is narrower with the confinement. Figure 8(C) shows the position of the first peak (the argument of  $g_{Ow-Ow}(r)$ ) when it reaches its

390 maximum) in Ow-Ow RDF as a function of the c-length. From c-lengths above  
 4 nm, the position of the peak is  $> 2.7 \text{ \AA}$ , close the values corresponding to bulk  
 water. For smaller c-lengths, a decrease of this peak position with confinement  
 shows that the confined water densifies with the confinement. The second peak  
 of Ow-Ow pairs in bulk water is divided into an intermediary peak at  $r \approx 3.5 \text{ \AA}$   
 395 and another peak at  $r \approx 5 \text{ \AA}$  in systems with c-length smaller than approximately  
 3 nm.

The first peak in Hw-Hw RDF (Figure 8 (B)) refers to hydrogen in the same  
 water molecule, being therefore at a distance imposed by the equilibrium bond  
 and angle in Eq. 4) and 5. The second and the third peaks exhibit shifts to  
 400 the left with the confinement; and a fourth peak (in the range 5-7  $\text{\AA}$ ) is more  
 pronounced under higher confinement. Figure 8(D) shows the position of the  
 second peak in Hw-Hw RDF as a function of the c-length. A decrease of this  
 peak position with confinement is also observed for c-lengths below 4 nm, which  
 is an additional indication of densification.

405 To evaluate the variations in water density, we define the apparent density  
 $\rho^*$  as function of the volume occupied by the water  $V_w$ :

$$\rho^* = \frac{N_w m_w}{V_w} = \frac{N_w m_w}{V(N_w) - V(N_w \rightarrow 0) - \sigma_O^{LJ} S_s} \quad (22)$$

where  $m_w$  is the mass of one water molecule,  $V(N_w)$  is the volume at equilibrium  
 water content  $N_w$ ,  $V(N_w \rightarrow 0)$  is the extrapolation (using the expression in  
 Figure 2(A)) of the volume at dehydrated state; and the term  $\sigma_O^{LJ} S_s$  is a function  
 410 of the Lennard-Jones diameter of oxygens  $\sigma_O^{LJ}$  (see table 2) and the  $xy$  surface  
 area  $S_s$  of the simulation box, this terms accounts for the space that cannot be  
 occupied by water at the interfaces due to steric repulsion. With this definition  
 of density, we obtain  $\rho^*$  tending to the bulk density of water as the pore size  
 increases, as shown in Figure 9. The apparent density increases significantly  
 415 with the decrease in basal spacing which suggests a more compact packing of  
 water molecules. The more compact arrangement can be associated to ordering  
 adjacent to the hydrophilic C-S-H layers as shown in Figure 4.

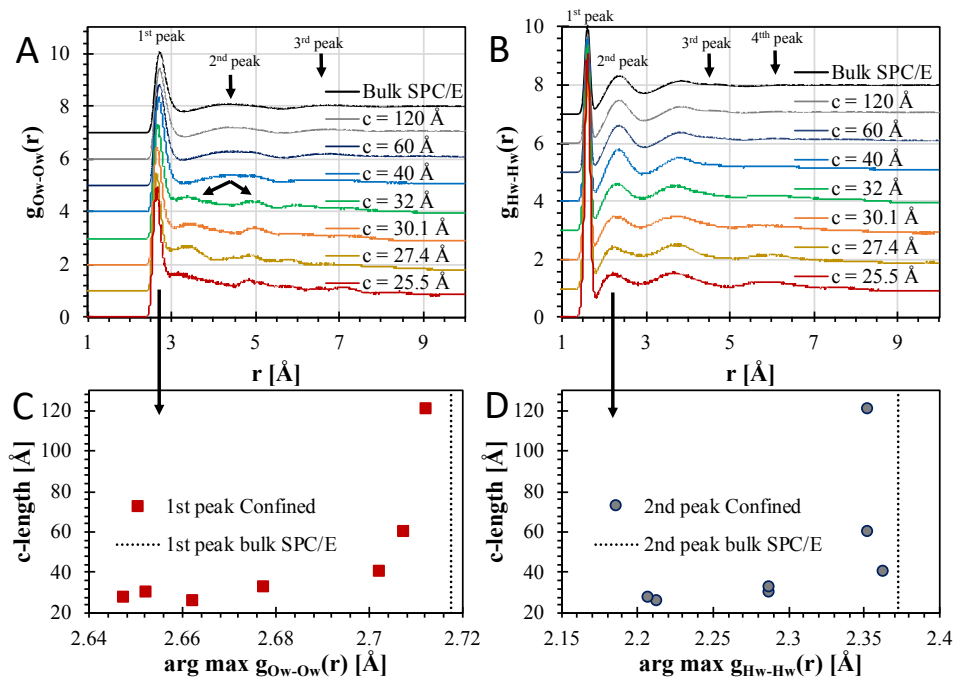


Figure 8: Radial distribution function of (A) Ow-Ow and (B) Hw-Hw pairs of water confined in C-S-H compared to bulk water. The peaks indicating the nearest, second (first peak), second, third, etc nearest correlations are labeled. The bifurcation of the second peak in Ow-Ow RDF for a  $c$ -length below 4 nm is also indicated. The positions of (C) the first peak in Ow-Ow RDF and (B) second peak in Hw-Hw RDF (the first peak is imposed by the equilibrium bond and angle in Eq. 4) and 5).

### 3.3.1. Bulk modulus and isothermal compressibility

Figure 10(A) and (B) shows how the bulk modulus and its reciprocal, the isothermal compressibility, of confined water change as a function of confinement. For systems with  $c$ -length as large as approximately 3 nm, confined water retrieves the bulk modulus of bulk water. In systems with smaller pores, water exhibits a larger bulk modulus than bulk water (i.e. smaller isothermal compressibility than bulk water). For  $c$ -lengths ranging from 3 to 5 nm, the isothermal compressibility of confined water is much larger than that of bulk

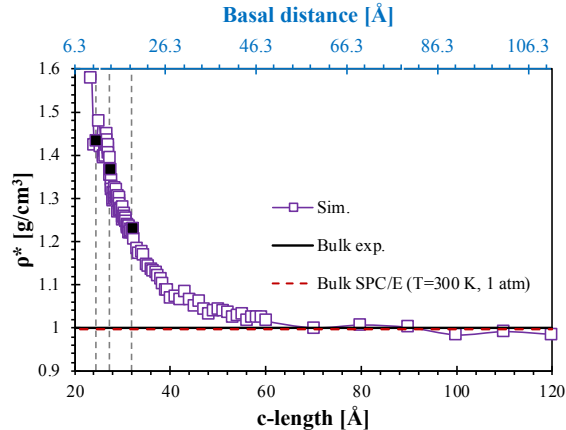


Figure 9: Apparent density  $\rho^*$  (Eq. 22) of water computed as a function of the c-length.

water, whereas the bulk modulus of confined water is only slightly smaller than the bulk value. This effect is expected since for small values of bulk modulus, as is the case here with a bulk modulus of the order of a gigapascal, the isothermal compressibility is quite sensible to any diminution of the bulk modulus (to  
 430 illustrate, at the limit, when  $K$  goes to zero,  $\beta_T$  tends to infinity).

A lower compressibility of confined water can be associated with a more compact structure. This general trend is in agreement with the apparent density increasing significantly for small basal spacings (Figure 9) as well as with the decrease in Ow-Ow and Hw-Hw distances observed in the RDFs of water  
 435 (Figure 8). However, it is more challenging to explain the larger isothermal compressibility in the 3 to 5 nm c-length range. A possible explanation could be found in the structural (or phase) transitions observed in the RDF for between  
 440 c-lengths ranging from 3 to approximately 4 nm: the coexistence of phases or even the existence of a transition state with larger compressibility could explain the differences observed in the  $\beta_T$  as a function of the confinement in this range.

### 3.3.2. Coefficients of thermal expansion and thermal pressure

The coefficient of thermal expansion of water as a function of the c-length is shown in Figure 11(A). The diagonal components ( $\alpha_x = \alpha_{xx}$  in Eq. 12,  $\alpha_y = \alpha_{yy}$

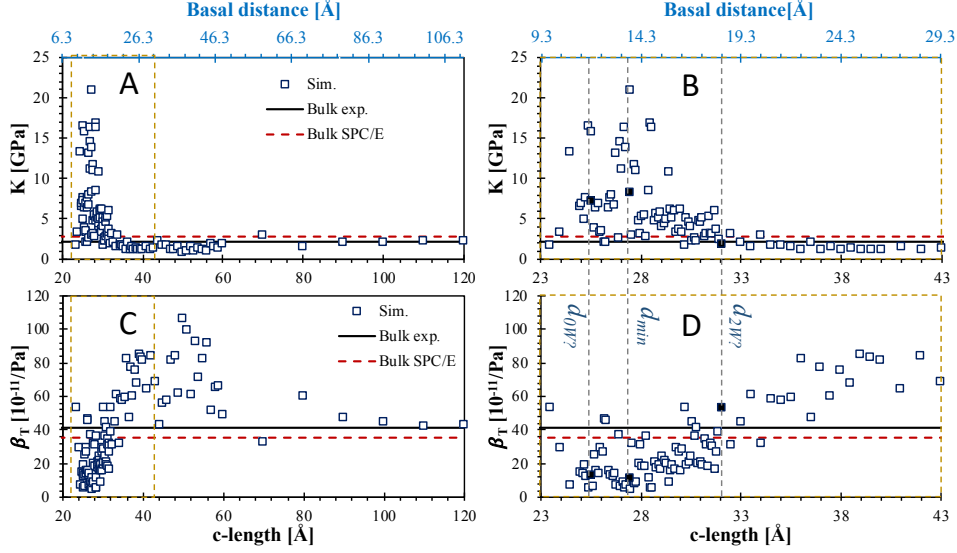


Figure 10: (A) Bulk modulus, and (C) isothermal compressibility of water confined in C-S-H as a function of the c-length. (B) and (D) show the respective details on the 23-43 Å c-length domain. The filled symbols refers to the stable basal spacings as indicated. The experimental and SPC/E model values concerning bulk water are taken from ref. [68]

and  $\alpha_z = \alpha_{zz}$ ) of the tensor of coefficients of thermal expansion are also shown  
 445 in order to highlight the possible anisotropic response. Note that the coefficient  
 of thermal expansion of bulk SPC/E water  $\alpha_V = 51 \times 10^{-5}$  1/K reported in the  
 literature is almost twice the experimental value  $\alpha_V = 21 - 27 \times 10^{-5}$  1/K [69].  
 In contrast with this result, the  $\alpha_V = 20 \times 10^{-5}$  1/K of bulk water obtained  
 in our GCMC simulations is closer to the experimental value. The thermal  
 450 expansion of confined water is smaller than the bulk's one. This observation is  
 in agreement with the supercooled nature of confined water since waters  $\alpha_V$  is  
 reported to decrease when the temperature decrease [69].

The coefficient of thermal pressure of water, defined as the products of the  
 bulk modulus and the coefficient of thermal expansion  $\gamma_V = K\alpha_V$ , is displayed  
 455 in Figure 11(B). The values of  $\gamma_V$  associated with the stable basal spacings are

smaller than the values of bulk water.

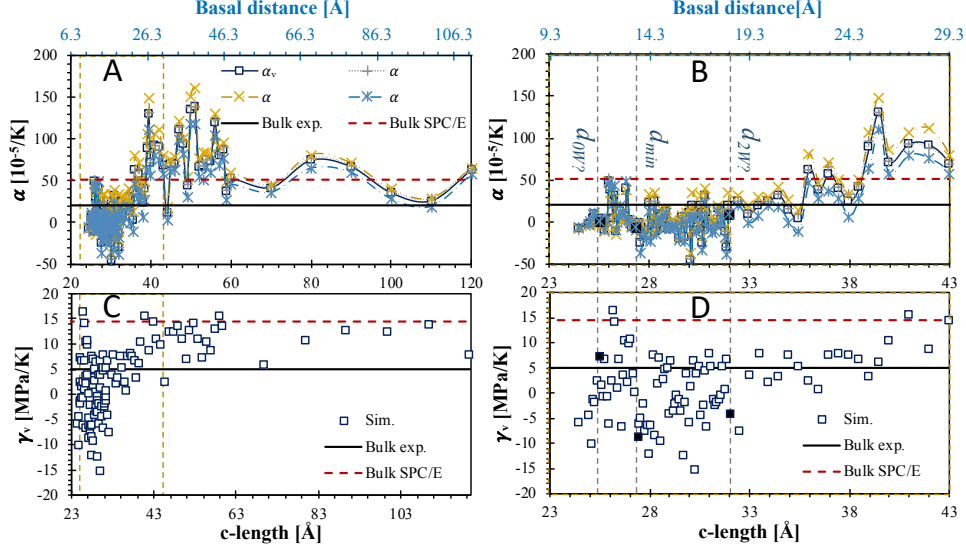


Figure 11: (A) Coefficient of thermal expansion of water as a function of the c-length. For a response which is approximately isotropic the components along each direction are expected to be close to the volumetric value (i.e.  $1/3$  of the trace of the tensor of coefficients of thermal expansion):  $\alpha_x \approx \alpha_y \approx \alpha_z \approx \alpha_V = \frac{1}{3}(\alpha_x + \alpha_y + \alpha_z)$ . The experimental and SPC/E model values of the coefficient of thermal expansion concerning bulk water are taken from ref. [69]. (C) Coefficient of thermal pressure  $\gamma_V = K\alpha_V$  of water as a function of the c-length. (B) and (D) show the respective details on the 23-43 Å c-length domain. The experimental and SPC/E model values of the coefficient of thermal pressure are computed from the corresponding values of coefficient of thermal expansion (from ref. [69]) and bulk modulus (from ref. [68]).

### 3.3.3. Heat capacity

Figure 12 (A) and (B) shows the heat capacities at constant volume  $C_V$  and constant pressure  $C_P$  as a function of the C-S-H system c-length as obtained by GCMC simulations. The heat capacity at constant pressure  $C_P$  can be computed from  $C_V$  and the coefficient of thermal expansion and the isothermal

compressibility via Mayer’s relation (e.g. [70]):

$$C_P - C_V = V_w T \frac{\alpha_v^2}{\beta_T} \quad (23)$$

where the definition of the volume occupied by the water  $V_w$  as in Eq. 22 was used. The heat capacities of confined water retrieve the bulk values for c-lengths exceeding 3-4 nm. We observe heat capacities of confined water that are higher than the bulk values, in agreement with studies in other nanoporous materials [5, 17, 6]. The origin of this phenomenon has been attributed to the (co)existence of two population with specific enthalpies [5, 17]: one with supercooled or ice-like behavior (with a larger number of H-bonds [17]), another with large heat capacity [16]. Also, a high heat capacity agrees with the "supercooled picture" of water confined in C-S-H: experimental evidence shows that the heat capacity at a constant pressure of water increases markedly with decreasing temperature [71].

A heat capacity of confined water that is larger than the bulk one challenges previous simulation studies on C-S-H. Qomi et al. [12] reported an apparent heat capacity of interlayer water (in equilibrium basal spacing) as only a fraction of that of the bulk water (this result being in agreement with Bentz’s postulate discussed in the introduction [11]). Qomi et al. [12] compute the heat capacity of confined water indirectly by the difference between the heat capacity of hydrated and dry (i.e. in which all interlayer water molecules are removed) systems. This approach does not take into account that in the saturated systems the presence of water changes the energetics of the solid layers and interlayer ions. In other words, the heat capacity of confined water should be not only the difference between the heat capacity of the saturated system and the heat capacity of a system without water but also take into account how the presence of water changes the potential energy of the layer and interlayer ions (i.e the difference between the energy of the dry system and the energy of the layer and interlayer ions in a hydrated system is not expected to be zero).

To shed light on the origins of these differences, we also compute the to-

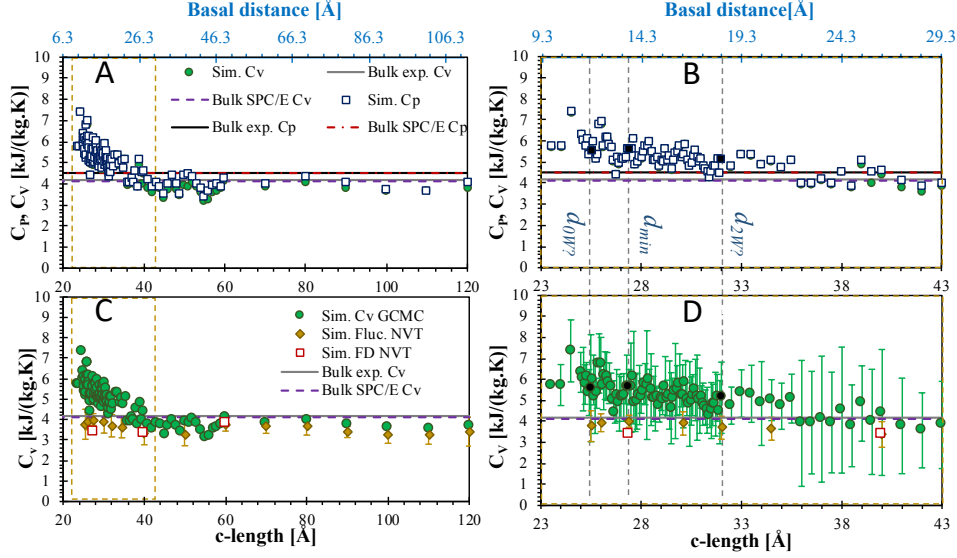


Figure 12: Heat capacity at constant volume  $C_V$  and at constant pressure  $C_P$  as a function of the  $c$ -length. In (A) the entire range of  $c$ -length is displayed; in (B), we zoom in the 23-40 Å range to highlight the values associated with the basal spacings  $d_{0W?}$ ,  $d_{min}$  and  $d_{2W?}$ . The experimental and SPC/E model values of the heat capacities are taken from refs. [72] and [73], respectively. (C) Comparison of  $C_V$  of confined water computed using GCMC simulations, and NVT simulations in finite difference (FD, Eq. 24) and fluctuation (Eq. 25) approaches. In (D), we zoom in the 23-40 Å range to highlight the values associated with the basal spacings  $d_{0W?}$ ,  $d_{min}$  and  $d_{2W?}$ . The standard deviations are shown for GCMC results only in (D) for the sake of readability.

490 tal heat capacity at constant volume of C-S-H using both a finite difference  
 approach and fluctuation-dissipation formula in saturated systems.

For the finite difference approach, independent NVT simulations were per-  
 formed for  $T$  ranging from 280 to 350 K. For the fluctuation-dissipation ap-  
 proach, NVT simulations at 300 K were performed for some selected  $c$ -lengths.  
 495 In both cases, a timestep of 0.1 fs for a production run of 0.1 ns and Nos-Hoover  
 thermostat with a damping parameter of 100 timesteps are adopted. The atoms  
 in the solid layers are also time-integrated. During the production run, the total

energy of the system  $E_T$ , and the total energy of water  $E_w$  were averaged, as well as their respective squares ( $E_T^2, E_w^2$ ) in the case of the fluctuation-dissipation approach. In the finite difference approach we use the definition of  $C_V$  (e.g. [32]):

$$C_V = \left. \frac{\partial E_T}{\partial T} \right|_V \quad (24)$$

as the variation of the total energy  $E$  with respect to  $T$  as constant volume  $V$ . In the fluctuation-dissipation approach,  $C_V$  is computed from the fluctuation of total energy (e.g. [32]):

$$C_V = \frac{\langle \delta E_T^2 \rangle_{NVT}}{kT^2} \quad (25)$$

In both approaches, the heat capacity of water can be directly computed considering the internal energy of water  $E_w$  in the formula. Also, the heat capacity of solid layer and interlayer ions can be computed using  $E_{sol} = E_T - E_w$ .

Figure 13 shows the excess energy (with respect to the internal energy at 300 K) for the NVT simulations were performed for  $T$  ranging from 280 to 350 K. From Eq. 24, the slope of the curve gives the heat capacity and constant volume.

Figure 12 (C) and (D) shows the comparison of  $C_V$  of confined water computed using GCMC simulations, and NVT simulations in finite difference (FD, Eq. 24) and fluctuation (Eq. 25) approaches. Both NVT approaches are in agreement yielding a heat capacity of confined water slightly below the bulk value irrespective of the confinement. GCMC and NVT yield similar results for c-lengths above approximately 3 nm. It is unclear why the results diverge for small pore sizes.

For further comparison, the heat capacity of C-S-H ( $c = 27.4 \text{ \AA}$ ) obtained from the NVT simulation is 0.81 kJ/(kg.K) (finite difference) and 0.79 kJ/(kg.K) (fluctuation). These values compare well with the results of Qomi et al. [12] which obtained  $C_V$  of C-S-H in the range 0.85-0.96 kJ/(kg.K) according to various Ca/Si ratios. The heat capacity of "dry" C-S-H in our case (i.e only the particles in the solid layers and interlayer ions) is 0.30 kJ/(kg.K) for both finite

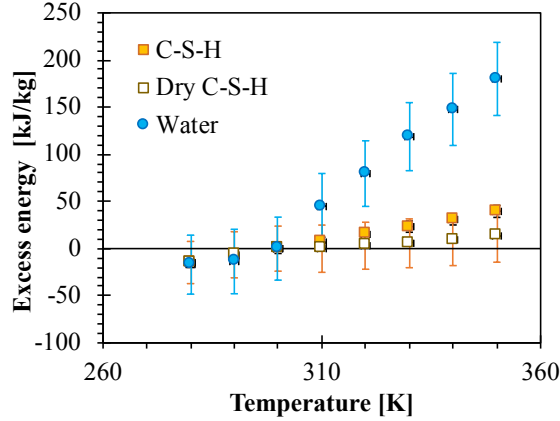


Figure 13: Excess energy with respect to the energy at  $T=300$  K for water saturated C-S-H (system at equilibrium basal spacing  $d_{min}$ ) obtained in NVT simulations. The energy was computed for the whole system (C-S-H), water, and "dry" C-S-H (i.e only the particles in the solid layers and interlayer ions).

difference and fluctuation approaches.

525 One possible explanation for the differences observed between NVT and GCMC simulations could come from finite-size effects. In small systems, insertion/deletion of one water molecule affect more significantly the coefficients of variation of both the number of water molecules and the energy since there are fewer water molecules in the system. Finite size effects are recognized to affect  
 530 the estimations of some properties from molecular simulation (e.g. [74, 75]). To check for finite-size effects we also run simulations with a system with twice the volume of the simulation box. With these simulations, the high values of  $C_V$  at small c-lengths were also obtained. Therefore, finite-size effects cannot explain the differences observed between NVT and GCMC estimations.

535 Different simulation techniques show that the heat capacities of confined water in C-S-H retrieve the bulk values for c-lengths exceeding 3-4 nm. In smaller systems, results from NVT simulation differ from results of GCMC simulations. Additional studies are required to fully understand the origins of these disparities at ultra-confined systems. Both NVT and GCMC results

540 obtained here show a heat capacity of confined water that is either higher or  
only slightly smaller than the heat capacity of bulk water.

For further validation, we estimate the heat capacity of cement pastes and  
compare the results with the experimental data from Bentz [11] in Figure 14.  
A mixture rule is the right theoretical framework to upscale the heat capacity  
545 [12, 76]:

$$C_P^{est} = \sum_i f_i^m C_{P,i} \quad (26)$$

where  $f_i^m$  is the *mass* fraction of phase  $i$ , and  $C_{P,i}$  is the heat capacity at  
constant pressure of phase  $i$ . The phases present in the cement pastes and their  
volume fraction are estimated as a function of the  $w/c$  and degree of hydration  
following Knigsberger et al. [77] (see the Supporting Information for details).  
550 In this approach, the phases accounted for are capillary porosity, gel porosity,  
air (or chemical shrinkage), C-S-H, CH, and clinker. Also, C-S-H densification  
is accounted for in agreement with NMR experimental evidence [77]. Since the  
heat capacity of confined water retrieves the bulk value for basal distances above  
approximately 3 nm, both capillary and gel water heat capacity are taken as  
555 the bulk experimental value of 4.18 kJ/(K.kg) [72]. The heat capacity  $C_P$  for  
air and CH are 1.012 kJ/(K.kg) and 1.15 kJ/(K.kg) [78], respectively; and for  
solid “dry” C-S-H 0.30 kJ/(kg.K), as discussed above. We use as  $C_P$  of water  
confined in C-S-H the values obtained from:

- $\mu$ VT simulations:  $C_P = 5.6$  kJ/(K.kg), and
- 560 • NVT simulations:  $C_P = 3.9$  kJ/(K.kg).

Both values refer to the equilibrium basal spacing  $d_{min}$ , which must be the most  
prevalent basal spacing in C-S-H gel. The cases in which the  $\mu$ VT simulation  
values are used lead to estimates closer to the experimental data. But we note  
that the effective heat capacity of the cement paste is not strongly affected by  
565 the choice of the interlayer water  $C_P$ . This is expected since the mass fraction  
of water in C-S-H at the equilibrium basal spacing is only 0.155.

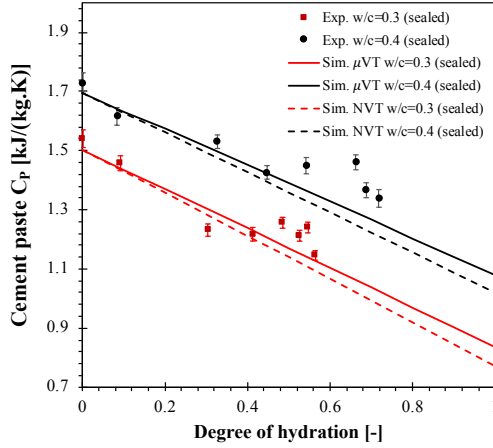


Figure 14: Effective heat capacity  $C_P$  of cement pastes with  $w/c$  of 0.3 and 0.4: comparison of estimates using input from molecular simulation and the experimental results of Bentz [11]. Solid lines correspond to the case in which results from  $\mu$ VT simulations are used for interlayer confined water in C-S-H ( $C_P = 5.6 \text{ kJ}/(\text{K}\cdot\text{kg})$ ); dashed lines, to the case in which results from NVT simulations are used for interlayer confined water in C-S-H ( $C_P = 3.9 \text{ kJ}/(\text{K}\cdot\text{kg})$ )

### 3.3.4. Isotheric heat of adsorption

Figure 15 displays the isotheric heat of adsorption  $q_{st}$  as a function of the c-length. For comparison, the bulk experimental and SPC/E water vaporization enthalpy are shown. An isotheric heat of adsorption above the vaporization enthalpy indicates an enthalpic driving force for further hydration, whilst a  $q_{st}$  below the vaporization enthalpy indicates an enthalpic driving force for dehydration. The vaporization enthalpy is retrieved for a system with a c-length exceeding approximately 3 nm. Due to water layering in micropores, a damped oscillatory  $q_{st}$  profile as a function of the basal spacing, with  $q_{st}$  at large basal spacings tending to the vaporization enthalpy, is expected [79]. The oscillations are not very well distinguishable in our results (as is the case of clays [79]), and that may be due to the interference of the roughness of C-S-H layer surfaces on water ordering (as depicted in Figure 4).

As a summary, Table 4 gathers the properties of confined water in C-S-H according to the stable hydration states discussed in Section 3.1.

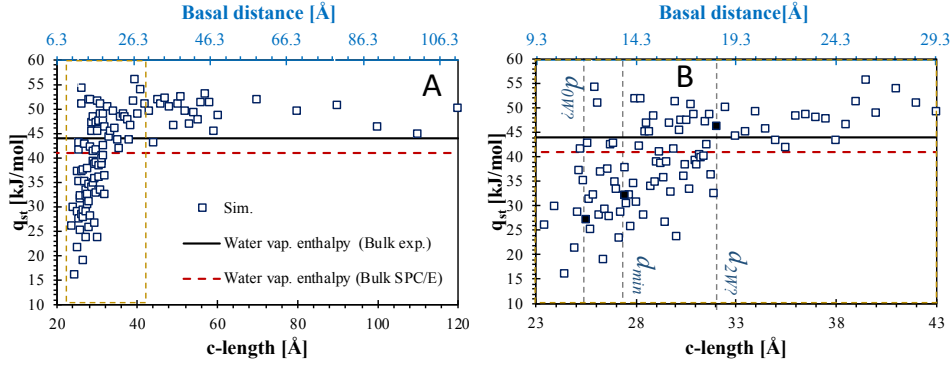


Figure 15: (A) Isosteric heat of adsorption  $q_{st}$  as a function of the  $c$ -length. Bulk experimental and SPC/E water vaporization enthalpy are shown for reference. (B) shows the details on the 23-43 Å  $c$ -length range. The experimental and SPC/E model values of the vaporization enthalpy of bulk water is taken from ref. [69].

#### 4. Discussion: why property changes with confinement?

Changes in the structure of water due to adsorption and confinement are expected to be at the origin of the changes in properties observed in the last section. A direct relation between a structural quantifier and the properties evolution is not simple to be established, though. In addition to the apparent density (Figure 9), which can also be used as a structure quantifier, we compute the pair excess entropy  $S_2$  and the number of hydrogen bonds as detailed in the following.

##### 4.1. Entropy

To quantify the relative order in a molecular system, we use the concept of excess entropy, which has been connected to the structure, thermodynamics, and transport properties of liquid and disordered systems [80], including C-S-H [81]. The pair (first-order) excess entropy  $S_2$  can be computed from the pair

Table 4: Properties of water confined in C-S-H according to the stable basal spacings  $d_{0W?}$ ,  $d_{min}$  and  $d_{2W?}$ . Data from experimental studies from the literature simulations and simulation results of bulk SPC/E water are shown for comparison.

Property		$d_{0W?}$	$d_{min}$	$d_{2W?}$	(Bulk) Exp.	Bulk SPC/E
$\rho$	g/cm <sup>3</sup>	1.48	1.39	1.27	1.0	0.997 [69]; $0.996 \pm 0.006^*$
K	[GPa]	7.1	8.1	1.8	2.2 [68]	2.4; $3.4 \pm 0.4^*$
$\beta_T$	[10 <sup>-11</sup> /Pa]	14.1	12.3	54.9	45.2 [68]	$41.4 \pm 1.95$ [68]; $29.5 \pm 2.9^*$
$\gamma_V$	[MPa/K]	0.13	-3.9	4.3	5 **	$14.5^{**}$ ; $68.0 \pm 4.4^*$
$\alpha_V$	[10 <sup>-5</sup> /K]	0.19	-4.8	23.5	20.7; 27.0 [69]	51[69]; $19.6 \pm 12.2^*$
$\alpha_x$	[10 <sup>-5</sup> /K]	0.01	-4.2	20.1	-	-
$\alpha_y$	[10 <sup>-5</sup> /K]	-1.19	-1.8	38.4	-	-
$\alpha_z$	[10 <sup>-5</sup> /K]	1.75	-8.4	11.9	-	-
$C_V$	[kJ/(K.kg)]	5.6	5.6	5.1	4.18 [72]	4.12349 [73]; $3.88 \pm 0.16^*$
$C_P$	[kJ/(K.kg)]	5.6	5.6	5.1	4.18 [72]	4.51339 [73]; $3.95 \pm 0.14^*$
$q_{st}$	[kJ/mol]	27.4	32.3	46.3	43.8 [69]	41; 46.1 [69]; $46.9 \pm 2.2^*$

\*This work: GCMC simulations in bulk SPC/E water.

\*\* Computed from  $\alpha_V$  and  $K$ .

595 radial function  $g_{i-j}$  using [82, 80]:

$$\frac{S_2}{kN} = -\frac{2\pi}{V} \sum_{i,j} \int_0^\infty [g_{i-j}(r) \ln g_{i-j}(r) - g_{i-j} + 1] r^2 dr \quad (27)$$

where  $N$  is the total number of particles and  $x_i$  is the molecular fraction of particle of type  $i$  in the system. This formula enables the computation of the pair-wise contribution  $S_{2_{i-j}}$  to the total entropy according to the choice of pairs  $i, j$ . In Figure 16(A), we compute the contributions associated with the pore fluid or electrolyte, as a sum of the  $S_{2_{i-j}}$  involving all pairs  $i, j$ =Ow, Hw, Hh, Oh, and Caw combinations; and of water, as a sum of the  $S_{2_{i-j}}$  involving all combinations of Ow, Hw pairs (in all cases, including self-combinations).

The excess entropies are non-monotonous functions of the c-length. For  $c > \approx 5$  nm, the total, water, and electrolyte excess entropies are an increasing

605 function, indicating that adding water to the system only contributes to the  
increase in its entropy. A (less intuitive) decrease in system excess entropy  
is observed in  $c$ -lengths ranging from 33 to 50 Å. The main contributor to the  
decrease of entropy in this range is the decrease in water entropy, as shown in the  
inset of Figure 16(A), which reaches a minimum at a  $c$ -length of approximately  
610 4 nm. This  $c$ -length corresponds to the point in which the second peak of water  
oxygens RDFs bifurcates (Figure 8). The analysis of Figure 4 also suggests that  
from a  $c$ -length below 4 nm the effects of the layer surface interactions superpose  
affecting the structure of the electrolyte, and in particular water, in the entire  
interlayer pore thickness. For  $c$ -lengths of at least 4 nm, a portion of the pore  
615 (center) start to be occupied by water with bulk density. The minimum is water  
entropy profile might be therefore correlated to the pore size in which bulk water  
starts to exist in C-S-H.

#### 4.2. H-bond statistics

H-bond network statistics inform on the degree of constraints in water, and  
620 have been linked to changes in the thermo- mechanical properties of layered  
silicates [83]. The criteria adopted to define a H-bond are [84]: a distance of  
donor-acceptor oxygens  $2.5 < d_{HB} < 3.5$  Å and angle between O-H and O...O  
vectors  $\theta_{HB} \leq 100^\circ$  (see the inset in Figure 16(B)). The total H-bonds  $HB$  are  
computed as the sum of the contribution of water oxygen  $HB^{WW}$ , hydroxide  
625 groups  $HB^{HH}$ , water oxygen and hydroxide groups  $HB^{WH}$ , layer oxygen and  
water oxygen  $HB^{LW}$ , and layer oxygen and hydroxide  $HB^{LH}$ :

$$HB = HB^{WW} + HB^{HH} + HB^{WH} + HB^{LW} + HB^{LH} \quad (28)$$

For the H-bonds counted in  $HB^{LW}$  and  $HB^{LH}$ , the oxygens in the layer function  
only as an acceptor; in the other cases, the oxygens can be both donor or  
acceptor.

630 Figure 16(B) shows the total H-bonds  $HB$  and the contributions defined  
above as a function of the  $c$ -length for a few selected points. The  $HB^{WW}$   
retrieves the value associated with bulk water for  $c > \approx 7$  nm. A larger number

of H-bonds is observed when one accounts for the contributions of oxygens out of water molecules, and this contribution is more significant the smaller the pore. This result indicates that confined fluids are more constrained in what concerns H-bonds than the bulk system. More constraints can explain the higher bulk modulus (respectively, lower isothermal compressibility) of water in ultra-confined systems observed in the previous sections. In liquid systems, the thermal excitation of the H-bond network is associated with the high heat capacity of water [85]. These observations suggest that liquid systems with more H-bonds could present high heat capacity, in agreement with what was discussed in Section 3.3.3.

#### 4.3. Linear correlations between properties and structural descriptors

Table 5: Linear correlations coefficients  $R^2$  of properties computed by simulations and water content, basal spacing  $d$  and structural descriptors (density  $\rho^*$ , pair excess entropy  $S_2$ , and H-bonds per water molecule). The values in-between the parenthesis corresponds to correlations in for systems with c-length greater or equal to 40Å.

	$q_{st}$	$\beta_T$	$K$	$C_V$	$C_P$	$\alpha_V$	$\alpha_x$	$\alpha_y$	$\alpha_z$	$\gamma_V$
$N_w$	0.17 (0.17)	0.01 (0.44)	0.15 (0.32)	0.67 (0.66)	0.67 (0.68)	0.09 (0.34)	0.10 (0.32)	0.07 (0.41)	0.11 (0.29)	0.20 (0.00)
$d$	0.18 (0.17)	0.01 (0.44)	0.15 (0.32)	0.67 (0.66)	0.67 (0.69)	0.10 (0.34)	0.11 (0.32)	0.07 (0.41)	0.11 (0.29)	0.20 (0.00)
$\rho^*$	0.37 (0.08)	0.28 (0.54)	0.50 (0.41)	0.89 (0.67)	0.85 (0.67)	0.34 (0.31)	0.35 (0.29)	0.35 (0.38)	0.32 (0.25)	0.27 (0.00)
$S_2$	0.15 (0.22)	0.05 (0.43)	0.28 (0.28)	0.76 (0.58)	0.78 (0.66)	0.07 (0.40)	0.08 (0.37)	0.07 (0.46)	0.07 (0.34)	0.12 (0.01)
$S_2$ (elec.)	0.21 (0.17)	0.07 (0.51)	0.30 (0.35)	0.83 (0.66)	0.83 (0.71)	0.14 (0.40)	0.14 (0.37)	0.12 (0.46)	0.14 (0.33)	0.18 (0.00)
$S_2$ (wat.)	0.02 (0.17)	0.11 (0.54)	0.00 (0.38)	0.23 (0.65)	0.25 (0.72)	0.00 (0.42)	0.00 (0.39)	0.01 (0.49)	0.00 (0.35)	0.07 (0.00)
$HB$	0.37 (0.08)	0.23 (0.63)	0.48 (0.49)	0.89 (0.64)	0.85 (0.69)	0.31 (0.39)	0.32 (0.37)	0.31 (0.47)	0.29 (0.32)	0.28 (0.00)
$HB^{WW}$	0.27 (0.06)	0.20 (0.44)	0.43 (0.39)	0.93 (0.81)	0.91 (0.71)	0.25 (0.21)	0.26 (0.19)	0.25 (0.27)	0.24 (0.16)	0.21 (0.01)
$HB^{HH}$	0.26 (0.18)	0.32 (0.71)	0.59 (0.45)	0.75 (0.42)	0.72 (0.59)	0.20 (0.58)	0.20 (0.56)	0.23 (0.65)	0.16 (0.51)	0.10 (0.01)
$HB^{WH}$	0.37 (0.07)	0.16 (0.53)	0.39 (0.42)	0.83 (0.74)	0.79 (0.70)	0.33 (0.29)	0.34 (0.27)	0.30 (0.36)	0.34 (0.23)	0.39 (0.01)
$HB^{LW}$	0.32 (0.07)	0.21 (0.55)	0.44 (0.45)	0.92 (0.75)	0.89 (0.72)	0.29 (0.30)	0.30 (0.28)	0.29 (0.37)	0.28 (0.24)	0.26 (0.00)
$HB^{LH}$	0.23 (0.07)	0.26 (0.48)	0.47 (0.41)	0.76 (0.78)	0.74 (0.71)	0.18 (0.25)	0.18 (0.23)	0.21 (0.31)	0.14 (0.19)	0.09 (0.00)

In Table 5, using the linear  $R^2$  coefficient, we quantify the correlations between the computed properties of confined water and the water content, basal spacing  $d$  and structural descriptors such as the density  $\rho^*$ , the pair excess entropy  $S_2$ , and the number of H-bonds per water molecule. For the heat capacity, only GCMC results were considered. It is important to highlight that correlations with a small linear  $R^2$  may be an indication of parameters that are

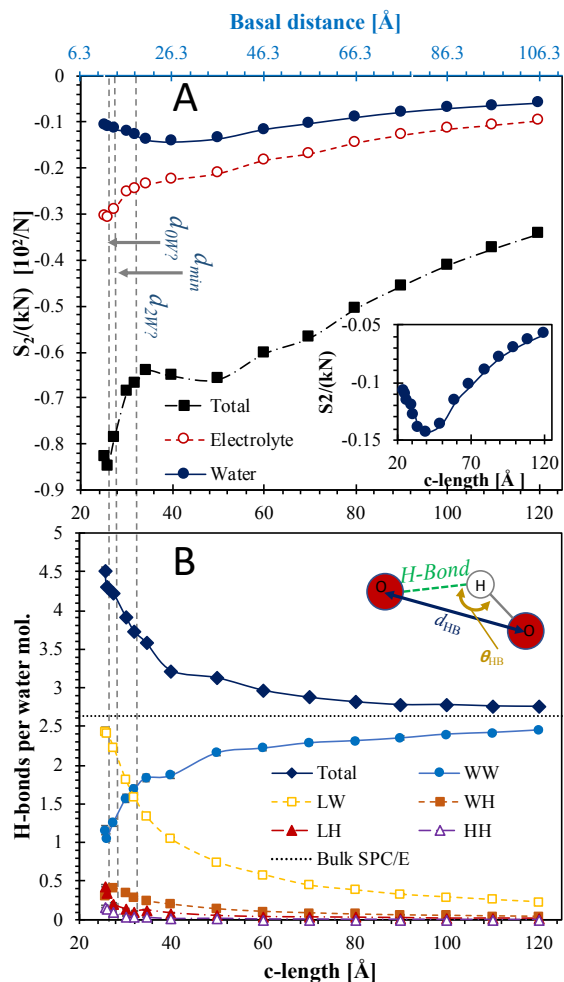


Figure 16: (A) Pair excess entropy  $S_2$  ("electrolyte" refers to the sum of all pairs  $i, j = \text{Ow, Hw, Hh, Oh, and Caw}$  combinations; "water" refers to the sum of all pairs  $i, j = \text{Ow, Hw}$  combinations), and (B) H-bonds per water molecule (and the contributions of water-water  $HB^{WW}$ , hydroxide-hydroxide  $HB^{HH}$ , water-hydroxide  $HB^{WH}$ , layer-hydroxide  $HB^{LW}$ , and layer-water  $HB^{LW}$  bonds) as a function of the c-length. We selected a few points covering the whole range of c-length in figures.

650 correlated but not following a linear relation. The same points as in Figure 16 have been used to compute the correlations. See the Supporting Information for the graphics with each property plotted against each structural descriptor.

The most significant linear correlations are observed between the descriptors and the heat capacities. Heat capacity displays a good correlation with the total and electrolyte entropy. This observation is in agreement with experimental considerations showing that the heat capacity is linearly correlated to the entropy for hydrated mineral calcium silicates [86]. The heat capacity also shows a significant linear correlation with the total, water, and layer-water H-bonds number as well as the apparent density.

The isosteric heat of adsorption and the coefficients of thermal expansion exhibit a small linear association with the apparent density, total and water-hydroxide H-bonds. No significant linear correlations are observed between the coefficients of thermal pressure and the descriptors considered. Structural changes of adsorbed water have been evoked to explain the changes in the coefficient of thermal expansion of water confined in porous silica [87]. The structure descriptors used here might not capture the relevant structural changes. Also, the large noise associated with the results of the computed coefficients of thermal expansion impairs the computation of a precise correlation.

The number of H-bonds per water molecule shows a small linear correlation with the bulk modulus. No significant linear correlation with the isothermal compressibility is observed except for the hydroxide H-bonds. These observations may suggest that the nature of the H-bond (strong or weak [84]) may play a crucial role. H-bonds involving OH groups outside water molecules have been reported as presenting higher energy [88] than the one involving only water. Also confined water itself may present H-bonds with higher rigidity under confinement [89]. Further studies including the energetics of H-bonds may shed light on the influence of the nature of H-bonds on constraining confined fluids.

## 5. Conclusion

In this work, we analyzed how confinement affects the thermomechanical properties of water in C-S-H using molecular simulations. For the first time, fluctuations formula in the grand canonical ensemble were used to compute

directly the properties of confined water in C-S-H. The results provided here can be used as input in multiscale modeling of thermomechanical processes in cement-based materials.

685 Molecular simulation under drained conditions shows that the thermomechanical properties of water confined in C-S-H are dependent on pore size, following the example of transport and electromagnetic properties [9, 30, 4, 2]. For the bulk modulus, isothermal compressibility, heat capacities, and coefficients of thermal expansion and thermal pressure the bulk values are retrieved for basal  
690 spacings as small as 16.3-26.3 Å (i.e.  $c$ -lengths of approximately 3-4 nm).

Property change of fluids under confinement has been associated with fluid structural changes in the literature. We correlated the computed properties with structure description such as the apparent density, the excess entropy, and H-bonds statistics. Good linear correlations were obtained for the heat capacities.  
695 Further studies are needed to explain the origins of property change due to confinement in mechanical properties, isosteric heat of adsorption, and thermal expansion coefficients. Other structural descriptors or plus precise H-bonds statistics may be helpful.

Similar strategies can be deployed to understand the effect of confinement  
700 in other layered materials in cement systems such as crystalline ASR products or AFms [75, 90]. Multiscale modeling of cement-based materials can improve its precision by accounting for the pore-size dependence of confined fluids. One should pay particular attention to the pore sizes associated with a stable equilibrium.

## 705 **Acknowledgement**

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#### **Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.