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1 Impact of fishing gears and fishing intensities on maerl beds: an

2 *experimental approach*

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17

1. INTRODUCTION

18 Maerl beds are formed by an aggregation of live and dead unattached and non-19 geniculated coralline algae, also called rhodoliths, which form highly complex three-20 dimensional biogenic habitats (BIOMAERL team, 1999; Foster et al., 2013). Considering 21 their slow growth rate (~500 μ m/year), maerl beds are regarded as non-renewable resources 22 (Bosence and Wilson, 2003), although they can be long-lived when undisturbed. Indeed, some 23 maerl beds in the Glenan archipelago (France) are estimated to be more than ~8000 years old 24 (Birkett et al., 1998). The main factors affecting the presence of maerl appear to be light 25 penetration together with hydrodynamic conditions. The latter must be sufficiently strong to 26 maintain low turbidity and allow the maerl to photosynthesize while also preventing burial of 27 the maerl under fine particle sedimentation (Grall, 2003). Maerl beds can be locally structured 28 in ripple marks from exposure to these strong hydrodynamic conditions, but those from 29 sheltered areas lack such features (personal observations).

30 These habitats are found worldwide, from the Arctic to the tropics. In Europe, they are 31 especially present in the Mediterranean Sea and on the North-East Atlantic coast, particularly 32 in Galicia, Brittany, Ireland, Scotland, and Norway (Foster, 2001). Maerl beds are highly 33 ecologically important biogenic habitats with a complex three-dimensional structure involved 34 in numerous ecosystem functions, such as habitat and shelter for many benthic species (some 35 of them of economic value) and settlement and nursery areas for juveniles (Kamenos et al., 36 2004). As a result, maerl beds are considered to be bioengineers and have been viewed as 37 "biodiversity hotspots" for supporting high faunal and floral biodiversity and serving essential 38 ecological functions in coastal ecosystems (BIOMAERL team, 1999; Grall et al., 2006; Peña 39 et al., 2014).

40 Considering their ecological value, maerl beds are under national, European, and
41 international conservation legislation. At an international level, maerl beds are covered under

an "Action Plan for Coralligenous and other Calcareous Bio-Concretion" adopted during the 42 43 COP15 from 2008 and as a part of the Convention for the protection of the Mediterranean Sea 44 against pollution (UNEP-MAP, 2015). The OSPAR Convention is an agreement signed in 45 1992 and ratified by 15 European governments aiming, within the OSPAR maritime area, to 46 deal with the prevention and elimination of pollution, the assessment of the marine 47 environment quality and the protection and conservation of ecosystems and their biological diversity (OSPAR Convention, 1998). The OSPAR maritime area covers the North-East 48 49 Atlantic and parts of the Arctic ocean between 36°N to the North pole and from 44°W to 51°E (excluding the Baltic Sea and the area covering 44°W and 42°W to 36°N and 59°N)(Dinter, 50 51 2001). In this area, maerl beds are coastal habitats occurring in open or semi-enclosed spaces 52 at depths ranging from 0 to 51 m (Peña et al., 2014). 53 Maerl extraction was banned in France in 2012, and two of the main maerl-forming 54 species Phymatolithon calcareum (Pallas) W.H.Adey & D.L.McKibbin ex Woelkering & 55 L.M.Irvine, 1986 and Lithothamnion corallioides (P.Crouan & H.Crouan) P.Crouan & 56 H.Crouan, 1867 are now included in Annex V of the EC Habitats Directive (Council 57 Directive 92/43/EEC). Maerl beds occur in half of the Breton Natura 2000 areas (Grall and Hall-Spencer, 2003) and cover up to 64% of their surface (CRPMEM de Bretagne, 2020). In 58 59 addition, the main Breton maerl beds are in these protected areas. 60 Marine ecosystems – and more specifically benthic habitats – are increasingly threatened by human activities and anthropogenic factors (Glover and Smith, 2003; Halpern et 61 al., 2007). Maerl beds are no exception because they are highly vulnerable to climate change 62 63 and ocean acidification (Amado-Filho et al., 2012), eutrophication (BIOMAERL team, 1999), aquaculture and fish farms (Hall-Spencer et al., 2006), invasive species (such as the slipper 64 65 limpet Crepidula fornicata) (Grall and Hall-Spencer, 2003), and the fishery industry.

66 The dredging activities associated with fishing have a well-documented negative 67 impact on benthic ecosystems (de Groot, 1984; Dayton et al., 1995; Jennings and Kaiser, 68 1998; Blanchard et al., 2004), including maerl bed habitats. The repercussions of bivalve 69 dredging on maerl grounds have received considerable attention over the last decade, leading 70 to a better understanding of the impact of mobile bottom-contacting gears on this fragile and 71 unique habitat (Barberá et al., 2003, 2017; Kamenos et al., 2003). These studies showed that 72 the principal effects of bivalve dredging on maerl grounds are burial of live maerl, changes in 73 maerl structure and complexity, and reduced biodiversity and changes in the benthic 74 community.

75 Although the results of these and other studies (Cabanellas-Reboredo et al., 2017; 76 Coquereau et al., 2017) broadly illustrate how dredging affects maerl beds, they did not 77 evaluate outcomes by intensity of dredging or type of dredge used, which depends on the 78 targeted species. Here, we focus on the experimental assessment of specific gear types and the 79 level of pressure applied to the habitat. Our aim was to distinguish how two fishing intensities 80 and three dredge types (targeting clams, king scallops, and queen scallops) affect the habitat 81 and macrofauna biodiversity of the maerl beds. For this work, we used an experimental 82 Before - After - Control - Impact (BACI) design (Stewart-Oaten et al., 1986), which has 83 been commonly applied for benthic community impact assessments of anthropogenic 84 disturbances, including dredging (Currie and Parry, 1996; Guerra-García et al., 2003; Clarke 85 et al., 2014). This design involves simultaneous sampling of two groups of stations ("control" 86 and "impacted") multiple times before and after an experimentally induced disturbance. 87 Based on current evidence, we tested the following hypotheses: (1) that dredging would lead to biodiversity loss that varies with pressure level and/or gear type; (2) that fishing 88 89 pressure and gear type would affect habitat structure through reduced maerl complexity and

90 vitality; and (3) that dredging intensity would variably affect the one-year temporal evolution
91 of this habitat, depending on the pressure levels.

92 This work was called for by the fishing industry as part of the DECIDER program
93 (*Diagnostic of gear/habitat interaction: the dredge/maerl example*) and strongly supported by
94 managers. Permission was granted by the *Armorique Regional Natural Park (Parc naturel*95 *régional d'Armorique*, PNRA), which took part in the decision making regarding the location
96 of the study area, which was within the Natura 2000 zone of the Bay of Brest.

97

2. METHODS

99 2.1. Study site

The Bay of Brest is a 180 km² semi-enclosed area located in Brittany, Western France. The bay is connected to the Atlantic Ocean and the Iroise Sea by a narrow strait (~2.5 km) and is under the influence of freshwater run-off from two main rivers (the Aulne and Elorn) draining a 2800 km² watershed (Le Pape and Menesguen, 1997). Approximately half of the surface of the bay is <5 m deep (Monbet and Bassoullet, 1989), which makes it a rather shallow bay. Maerl beds cover >30% of the bottom of the bay (Martin et al., 2005) and consist mainly of *Lithothamnion corallioides* and *Phymatolithon calcareum*.

107 The fishery industry in the Bay of Brest mainly focuses on three species: king scallops 108 (Pecten maximus, Linnaeus 1758), queen scallops (Mimachlamys varia, Linnaeus 1758), and 109 clams (Venus verrucosa, Linnaeus 1758). In recent years, 10-30 tonnes of queen scallops, 110 150–300 tonnes of king scallops, and 100–150 tonnes of clams were fished in the bay all 111 habitats considered (unpublished data from the Fishery Committee of Finistère (Comités des 112 *Pêches du Finistère*)). The fishing fleet exploiting these species consists of about 35 fishing 113 vessels of 11 m or less in length, with engines with a maximum power of 150 kW. Fishing 114 occurs every year from October to March. For this study, we focused on a 0.164km² (≈4000

m²) area in the eastern part of the bay, selected for the presence of an unfished homogeneous
maerl bed.

117

118 2.2. Experimental dredging

119 Eight 25×200 m zones (three controls and five impacted) were delimited to test the 120 impact of (1) three different dredges commonly used for bivalve dredging in the Bay of Brest 121 and (2) different fishing intensities on the maerl habitat (Figure 1). Features of the dredges 122 were as follows: (1) a clam dredge (CD), 70 to 90 kg, 1.5 m wide, 40 teeth of 11 cm each; (2) 123 a queen scallop dredge (QSD), 120 kg, 1.8 m wide, with a blade; and (3) a king scallop 124 dredge (KSD), 190 kg, 1.8 m wide, 18 teeth of 10 cm each every 9 cm (Figure 2). Penetration 125 into the substratum was estimated for each gear based on diver observation, as follows: ~5 cm 126 for the KSD, ~10 cm for the QSD, and ~15 cm for the CD (clams are difficult to access). 127 Pressure levels were measured as the number of dredge tows performed on the zone during 128 the experimental dredging session, i.e., 0, 10, or 30 dredge tows. These levels of pressure can be expressed as the number of times a zone was totally dredged by considering the width of 129 130 the zones and of each gear. With these factors, the zone would be totally dredged 0.6 times for 131 the CD_10 treatment, 0.72 times for the QSD_10 and KSD_10 treatments, 1.8 times for the 132 CD 30 treatment, and 2.16 times for the QSD 30 treatment. Each of the three dredges was 133 tested with two levels of pressure, except for the KSD, which was tested only for the 134 moderate pressure level because of funding limitations. The decision was made to conserve a 135 third replicate of control instead of dedicating a zone to a KSD_30 treatment for three 136 reasons: (1) to allow for maximum spatial variability in the control areas; (2) of the three 137 fisheries being compared, the king scallop fishery is not the main fishery on maerl beds; and 138 (3) king scallops have large epibenthic shells that can be easily captured without a significant 139 application of pressure.

140	The experimental pressures selected for this study are not equivalent to the most
141	extreme fishing intensities recorded (~60 dredge tows) (Bernard et al., 2019; Pantalos, 2015)
142	but still offer a good representation of the situation in the Bay of Brest. Indeed, fishing
143	intensities recorded in 50 m^2 cells on a nearby maerl bed for the 2015–2016 fishing season
144	showed a maximum of one cell being totally dredge 2.15 times in the span of 6 months
145	(unpublished data from the IMPECAPE program). Reproducing these levels of fishing
146	intensity would require recapitulating a ~60 dredge tows using a 1.8m wide dredge on a 50m ²
147	cell. In comparison, the highest level of pressure selected in this study (30 dredge tows using
148	a 1.8m wide dredge) would correspond to a 50 m^2 cell being totally dredged 1.08 times.
149	
150	2.3. Sampling protocol
151	Samples were collected on four occasions from April 2016 to April 2017. The study
152	area was monitored for a year according to the BACI approach: session 1 was sampled on
153	April 15, 2016 (T ₀), just before dredging; session 2 on April 27, 2016 (T ₀ + 1 week); session 3
154	on May 25, 2016 (T_0 + 1 month), and session 4 on April 6, 2017 (T_0 + 12 months).
155	In this study, 24 stations (3 stations randomly located for each of the 8 zones with 3
156	replicates per station) were sampled each session with a Smith grab (0.1 m ²) to study the
157	macrofauna population (Figure 3). For each station, three replicates were sampled a few
158	meters apart, but their position is not displayed in Figure 3 for clarity and readability
159	purposes. In addition, 15 normalized 0.1 m ² quadrats (1.5 m ² total) were randomly selected
160	and photographed in each zone and for each session (480 quadrats total) by professional scuba
161	divers for investigation of how dredging affected habitat (Figure 4).
162	

163 2.4. Characterization of the benthic community and the maerl habitat

Regarding the macrofauna community, each replicate was rinsed thoroughly in the laboratory using a 1mm mesh sieve to eliminate the formaldehyde used for preservation. All samples were sorted and the organisms isolated in 70% alcohol until identification at the lowest taxonomic level possible using a binocular and/or a microscope.

The quadrats were analyzed using geographic information system (GIS) software (ArcGis 10.3). Using a grid in which each cell was 0.33 cm², the surface occupied by maerl (live, dead, and broken), algae, sediment (mud), fauna, or "other" (eggs, dead shell) was digitally measured (for more details, see TBM Environnement, (2017)). All visible complex aggregations of pink/purple maerl were characterized as living maerl, pink/purple small maerl fragments on sediment (mud) or other maerl fragments were characterized as broken maerl, and all white/orange maerl fragments were characterized as dead maerl.

175

176 2.5. Statistical analysis

177 The effects of experimental dredging on the species richness and density of individuals were tested using R[©] software (R Core Team, 2019). One-way analyses of variance 178 179 (ANOVAs) were performed when the ANOVA assumptions (normality of residuals and 180 homogeneity of variance) were verified. Otherwise, non-parametric Kruskal-Wallis tests were 181 used. When a significant effect was identified (p < 0.05), Tukey's post-hoc test (ANOVA) or 182 the post-hoc Nemenyi test (Kruskal-Wallis) were used to characterize the differences. In 183 addition, two-sample Wilcoxon Mann-Whitney tests were used on arcsine-transformed 184 percentages of cover from the quadrats data. To assess the impact of dredging on the 185 macrofauna population spatially (among the different zones) and temporally (among the 186 different sessions), we performed non-metric multidimensional scaling (nMDS) on the non-187 standardized, log-transformed mean abundance data, using the Bray–Curtis similarity (Clarke, 188 1993). For comparing the observed species richness to the real diversity calculated by the

estimator, we computed the nonparametric diversity estimator Jackknife 2nd order (Jack2; 189 190 1000 randomizations) using *EstimateS* version 9 (Colwell, 2013) for each dredge and pressure 191 level tested and each session. Jack2 is reported to yield the best results for different benthic 192 communities and as such to be the most suitable non-parametric diversity estimator when 193 dealing with marine habitats (Canning-Clode et al., 2008). In addition, the number of 194 singleton and unique species were computed using the same software. The computation of 195 Jack2 and of the number of singletons allowed us to consider transient and highly dispersed 196 species that in situ measurements do not encompass. These species have an important role in 197 the functional richness of a habitat (Boyé et al., 2019) and also rely on maerl beds, so their 198 inclusion was expected to yield a better estimation of the actual diversity of the study area. 199 To distinguish the initial impact (t = 0) of the three dredges on the benthic community 200 and the rate of habitat recovery following such perturbations, we applied a previously 201 described method (Sciberras et al., 2018). We used the unadjusted log response ratio (ln(RR)) 202 because the different intensities of fishing were of interest. As specified, we used a weighted linear mixed-effects model with the rma.uni function in the metaphor R package 203 204 (Viechtbauer, 2010) with a restricted maximum-likelihood estimator. Model selection was guided by small sample-corrected Akaike information criterion (AICc) because our sample 205 206 size was small. The different models tested are listed in the supplementary material. 207 Replicate samples were used as replicates for all analyses except for the nMDS 208 analysis, in which stations were used as replicates (as the mean of the samples) for the 209 purposes of clarity. In the present study, the level of replication was different between the 210 controls and the impacted zones. For this reason, we considered each control as an 211 independent zone for the analysis and figures to illustrate the variability that can exist among 212 unaffected zones from the same area.

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9

214 **3. RESULTS**

215 *3.1. Impact of experimental dredging on the habitat*

216 To investigate the impact of dredging on habitat structure, 15 photographs of quadrats, 217 per zone and per session (480 photographs total) were digitally analyzed using GIS (Figure 5). 218 The results showed that during session 1, the live maerl was predominant in all zones and 219 covered around 90% of the quadrats. Dead maerl, fauna, and mud in small percentages 220 covered the remaining 10%. During session 2, mud covered around 20% of the surface at 221 CD_10 and KSD_10 and >50% at CD_30, QSD_10, and QSD_30. The percentage of mud 222 cover significantly increased in all zones compared to CTRL1 ($p \le 0.02$), in all zones ($p \le$ 223 0.01) except CD_10 compared to CTRL2 (p = 0.08), and in all zones ($p \le 0.01$) except for 224 KSD_10 compared to CTRL3 (p = 0.16) and CD_10 compared to CTRL3 (p = 0.62). The 225 percentage of mud cover did not differ significantly between KSD 10 and the other dredged 226 zones (p > 0.05) or among CD_30, QSD_10, and QSD_30 (p > 0.05). However, the 227 percentage of mud cover significantly differed between CD_10 and CD_30 (p = 0.01), CD_10 228 and QSD_10 (p = 0.007), and CD_10 and QSD_30 (p = 0.02). In addition, the results showed 229 a greater presence of broken maerl in the dredged zones (5%–15%) compared with very small 230 percentages in the three controls (<1%).

231 During session 3, macroalgae covered from 28% to 76% of the surface in dredged 232 zones and more than 80% in the three control zones. The surface area covered by algae was 233 significantly higher in the three controls than the dredged zones ($p \le 0.05$), except for the 234 comparison between KSD_10 and CTRL3 (p = 0.26), but this coverage did not differ 235 significantly among CD_10, CD_30, QSD_10, and QSD_30 (p > 0.05). Mud still covered an 236 important portion of the surface during session 3 in CD 10, CD 30, and QSD 30 (20%-237 33%). CD_10 and CD_30 significantly differed from KSD_10 (both p = 0.02) and QSD_30 (p 238 = 0.001 and p = 0.003, respectively), and CD_10 also differed from QSD_10 (p = 0.02).

Results from session 4 showed that living maerl predominantly covered the surface (from 60% to 95% of the surface) and mud and dead maerl were present in variable proportions, especially in CD_30 (dead maerl = 26%). Mud was significantly more abundant in CD_30 (p = 0.02) and QSD_30 (p = 0.03) than in at least one of the three control zones and in CD_30 compared to QSD_30 (p = 0.004). In addition, the results showed a significant loss in the cover of live maerl at CD_30 and QSD_30 between sessions 1 and 4 (p = 0.03 and p =0.02, respectively).

246 The results shown in Figure 5B may seem redundant with those already described, but 247 they attest to the important variability observed among photoquadrats taken in the same zone, 248 during the same session. Their position in relation to the dredge track influenced the 249 proportion of mud, maerl, and algae observed, factors that are important to consider when 250 using photoquadrats. Indeed, the cover of live maerl appeared to be extremely variable among 251 the 15 analyzed quadrats, except in the three controls and in CD_10 and KSD_10 during 252 session 3, where the variability was rather small. In contrast, the surface covered by dead 253 maerl appear to be similar between quadrats during sessions 1 and 2 but tended to increase 254 during session 3. There was an important heterogeneity in all zones in the surface covered by 255 mud during session 2 (except for the three controls). This high variability was still present 256 during session 3 in CD 10 and CD 30 only. Finally, the surface covered by algae during 257 session 3 appeared extremely variable among quadrats in all zones, except for the three 258 controls and KSD_10.

259

260 3.2. Impact of the experimental dredging on the benthic community

To investigate the impact of dredging on the benthic community, we performed
several analyses, using an important dataset produced from 288 grab samples, with 238
identified species and 101446 individuals counted (see supplementary material), including the

three target species in this study. Based on the general model (ln(RR) ~log2(t+1)), dredging (all gears and pressure combined) led to a significant reduction in benthic community abundance at t = 0 (mean response: -67%; 95% confidence interval [CI]: -73% to -53%; R² = 42%) and species richness (mean response: -30%; 95% CI: -40% to -18%; R² = 10%). Predicted recovery rates were estimated at ~8 years for benthic community abundance and >100 years for species richness.

270 Based on AICc values, the optimal model (that with the lowest AICc value) for both 271 abundance and species richness was $\ln(RR) \sim \text{gear} + \log_2(t+1)$. The reduction in benthic 272 abundance was the most important for QSD (-70%; 95% CI: -81% to -52%), followed by CD 273 (-65%; -73% to -54%) and KSD (-58%; -74% to -32%). Time to recovery was estimated at 274 ~16 years for QSD, ~6 years for CD, and ~1.5 years for KSD. Regarding species richness, the 275 reduction was steepest for QSD (-35%; -49% to -15%), followed by KSD (-27%; -45% to -276 4%) and CD (-26%; -36% to -12%). Time to recovery was estimated at ~17 years for CD, ~34 277 years for KSD, and ~900 years for QSD.

278 Figure 6 shows the significant effects of both gear characteristics and pressure levels 279 during the course of a year on species richness and density of individuals. No significant 280 differences were found regarding the species richness and density of individuals among the 281 three control zones for sessions 1 to 4. Species richness (Figure 6A) also did not differ significantly between experimental zones during session 1 (ANOVA; p = 0.89), whereas we 282 283 found a significant effect of dredging from sessions 2 to 4 (ANOVA; sessions 2 and 3: p <284 0.001; session 4: p < 0.002). A significant decrease in species richness was visible during 285 session 2 compared to one or more controls at CD_30 (p_{CD} 30-CTRL1 < 0.001; p_{CD} 30-CTRL2 = 0.052; $p_{CD_{30-CTRL3}} = 0.02$), QSD_10 ($p_{QSD_{10-CTRL1}} = 0.029$), and QSD_30 ($p_{QSD_{30-CTRL1}} < 0.029$) 286 287 0.001; $p_{\text{QSD}_{30}\text{-CTRL2}} = 0.02$; $p_{\text{QSD}_{30}\text{-CTRL3}} = 0.01$). During session 3, three zones experienced a 288 significant decrease in species richness compared to the three control zones (CD_30, p < 0.05; A significant reduction in species richness was still detectable during session 4 at CD_30 (*p*

291 $_{CD_{30}-CTRL1} = 0.0085$), KSD_10 (*p* KSD_10-CTRL1 = 0.004; *p* KSD_10-CTRL3 = 0.04), and QSD_30 (*p* KSD_10-CTRL3 = 0.04), and QSD_20 (

292 $QSD_{30-CTRL1} = 0.001; p QSD_{30-CTRL3} = 0.02).$

293 The density of individuals (Figure 6B) did not differ significantly among zones during 294 session 1 (ANOVA; p = 0.55), but a significant effect of dredging was detectable from 295 sessions 2 to 4 (session 2 ANOVA, $p \le 0.001$; session 3 ANOVA, $p \le 0.001$; session 4 296 Kruskal–Wallis test, p = 0.0006). During session 2, all zones underwent a significant decrease 297 in density of individuals compared to at least one of the three controls. The densities of 298 individuals at CTRL1 and CTRL3 were significantly higher than in almost all impacted zones 299 (p at least < 0.05 for CTRL1 and all $p \le 0.002$ for CTRL3), with the exception of CTRL3 300 compared with CD 10 (p = 0.18). The density of individuals in CTRL2 differed significantly 301 from CD_30 only (p = 0.04). During session 3, almost all zones showed a significant decrease 302 in density of individuals (all $p \le 0.03$) compared with the three control zones; the exception 303 was CD_10, which differed only from CTRL2 and CTRL3. During session 4, QSD_30 still 304 had a lower density of individuals than CTRL1 (p = 0.003), CTRL3 (p = 0.0015), and 305 QSD_10 (p = 0.009).

306 Figure 7 shows the results from the computation of the nonparametric estimator Jack2 307 and the measure of the number of singletons and unique species for each session and each 308 zone. The estimated and observed species richness findings are shown in Figure 7A. The 309 results for each session show that the estimated species richness was always higher than the 310 observed diversity. During session 1, there was no particular pattern, and both the estimated 311 and observed species richness appeared to be similar among zones. During session 2, all of 312 the dredged zones showed a decrease in both estimated and observed species richness. 313 CTRL3 had similar results between sessions 1 and 2, whereas CTRL1 and CTRL2 had lower

315 decrease in species richness, with the exception of CD 30, where both the estimated and 316 observed species richness increased. A clear pattern was visible for the observed species 317 richness during session 3 among the three groups: (1) CTRL3 and CD_30, (2) CTRL1, 318 CTRL2, KSD_10, and CD_10, and (3) QSD_10 and QSD_30 had the lowest diversity. 319 During session 4, the results were similar to those for session 1 but with a lower diversity. 320 QSD 10 and QSD 30, which had the poorest diversity in session 3, showed an increase in 321 diversity in session 4. 322 Regarding the number of singletons (Figure 7B), there was no evident pattern in

levels of diversity between these two sessions. During session 3, almost all zones had a

session 1. CTRL3 had the highest number of singletons during session 2, followed by CTRL2
and KSD_10. CD_30 had an important increase in singletons during session 3, whereas the
three controls and KSD_10 had a decrease. During session 4, QSD_10 and QSD_30 had an
important increase in number of singletons, but the other zones remained stable.

The findings regarding the number of uniques in the samples (Figure 7C) were similar. There is no particular pattern during session 1. CTRL3 had an increase in the number of unique species during session 2 whereas CTRL1, CTRL2, and KSD_10 showed stable results. The other zones showed decreasing curves during session 2, and CD_30 had a larger number of unique species than the other zones during session 3.

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314

333 *3.3. Temporal evolution of the habitat after the experimental dredging*

The results of the nMDS performed on the log-transformed mean abundance data (stress = 0.13) are shown in Figure 8. The different zones during session 1 are gathered on the ordination plot. For sessions 2 and 3, there was differentiation among zones, with the appearance of a pressure gradient effect in increasing order as follows: control zones (CTRL 1, CTRL2, CTRL3), zones affected by 10 dredge tows (CD_10, KSD_10, QSD_10), and 339 zones affected by 30 dredge tows (CD_30, QSD_30). In session 4, the position of the zones 340 on the ordination plot still showed a clear separation from session 1. However, in the plot, the 341 zones appear to be more closely gathered than during sessions 2 and 3, although the pressure 342 gradient is still visible. In addition, the position of the objects on the ordination plot shows a 343 different trajectory over time depending on the pressure levels, as indicated in the upper right 344 corner of Figure 8.

345

346 **4. DISCUSSION**

The objectives of this study were to use an experimental BACI approach to
characterize the effects on maerl habitat and benthic community structure of two fishing
intensities and three dredge types commonly used in the Bay of Brest for bivalve fisheries.

351 4.1. The BACI design

352 The BACI design is one of many possible approaches to assessing environmental 353 impact (Underwood, 1991). Underwood described how to implement a robust BACI sampling 354 design to detect environmental changes, recommending the use of several control sites. In this 355 way, our experimental design is consistent with Underwood's recommendations: we 356 established three control sites, one in the middle of the study area and one each at the north 357 and south extremities, thus allowing for consideration of spatial variability at the study site. In 358 addition, we sampled these three control areas at each session to obtain temporal and spatial 359 data from unaffected sites, as recommended by Green (1979). One could argue that sampling 360 only one area per treatment (per fishing gear and intensity) was insufficient (Figure 1); 361 however, we found clear differences in the temporal evolution of each zone (Figure 8), mostly 362 based on fishing effort, which suggests that these results are valid even if replicate zones 363 would have strengthened them.

364

365 4.2. Impact of dredging on the maerl habitat

366 We have illustrated the variability of the immediate impact of dredging on maerl beds, 367 using an analysis of 288 grab samples and 480 in situ photographs of quadrats, sampled over a 368 year from eight zones affected by three dredges and two fishing intensities. The consequences 369 of dredging were visible starting from session 2 (one week after dredging) through the 370 presence of broken maerl, an increase in mud-covered surface, and the loss of diversity 371 (Figures 5–7). Broken maerl is visually distinguishable from unbroken maerl because the 372 three-dimensional structure of the former is far less complex. The mechanical action of 373 bottom-contacting gears (which are very destructive to such fragile habitats) fragment the 374 maerl thalli into smaller pieces. Depending on the perturbation intensity, broken maerl can 375 range from rectilinear to small round pieces with a heterogeneity similar to gravel (Kamenos 376 et al., 2003), leading to reduced habitat complexity (Hall-Spencer et al., 2003; Bernard et al., 377 2019). Hall-Spencer and Moore (2000) reported that one immediate impact of dredging is 378 increased suspended matter in the water column, reducing light availability and thus maerl 379 photosynthesis. When these fine particles settle, they cover the maerl bed, fill its interstices, 380 and limit light availability, thus reducing Lithothamnion sp. productivity by up to 70% (Riul 381 et al., 2008). Our current observations are consistent with these previous findings, given that 382 the significant differences between the control and dredged zones clearly link the surface 383 covered by mud to dredging activities, with mud covering over 50% of the quadrats surface in the most damaged stations. We note, however, the quite high variability at each zone among 384 385 the 15 photographed quadrats (Figure 5B), which precluded our using Kruskal–Wallis tests to 386 evaluate the impact of dredging, despite previous observations (Figure 5A). Indeed, 387 depending on the location of the quadrats regarding the dredge track, variable proportions of 388 maerl (live, broken, or dead), mud, and algae could be observed (see Figure 4).

389 Severe impacts of dredging were recorded in terms of macrofauna diversity, with a 390 significant decline in density and species richness observed during sessions 2 and 3 (Figures 6 391 and 7). These results were expected because similar outcomes have already been reported 392 previously. Kaiser and Spencer (1996) concluded that trawling was responsible for the 393 disappearance of 50% of the species richness in their samples, a value slightly higher than our 394 estimated reduction of 37% after dredging, but our results still confirm the severity of the 395 impact. In addition, Bordehore et al. (2003) compared two maerl beds with different trawling 396 histories in the Iberian Peninsula (one preserved from all dredging activities and one dredged 397 for 25 years) and concluded that macrofauna species richness, biomass, and density of 398 individuals at the control site were significantly higher than at the impacted site. This 399 substantial body of evidence thus illustrates the impact of dredging on habitat structure 400 through ecological diversity declines and suggests consequences for ecosystem functioning 401 related to the nursery role of maerl beds for fishes and bivalves (Kamenos et al., 2004), effects 402 on nutrient cycling (Martin et al., 2007; López-Acosta et al., 2018), and benthic primary 403 production (Martin et al., 2005).

404 Our observations from session 3 may not be totally representative of the actual impact 405 one month after dredging because of the seasonal development of macroalgae covering the 406 maerl bed in abundance. This seasonal phenomenon is well known in this zone of the bay and 407 appears to be linked to eutrophic conditions (personal observation). However, some 408 interesting results emerged related to the percentages of surface covered by algae during 409 session 3, which tended to decrease when the pressure level increased (Figure 5). The algae 410 visible during season 3 were principally epiphytic macroalgae. Given these results, we 411 hypothesize that the removal of maerl and the amount of surface covered by mud because of 412 dredging prevented the algae from settling in a fixation spot, limiting their development. This 413 effect would not only highlight the negative indirect impact of dredging on macroalgae but

414 also indicate an alteration in natural ecosystem functioning and the natural dynamics of415 species that were not even present when dredging occurred.

416 After a year, the impacts of experimental dredging were still visible in the diversity 417 parameters from the grab samples, suggesting the long-lasting nature of these effects, as 418 previously reported (Hall-Spencer and Moore, 2000), but they were not discernible on the 419 quadrats. These authors noted no signs of recuperation in a previously unfished Scottish maerl 420 bed, even 4 years after experimental dredging that had triggered a 70% decrease in the 421 number of live thalli in core samples after 5 months. These results are more consistent with 422 the literature than those from our study regarding the live maerl surface, especially 423 considering the extremely slow growth rate of maerl-forming species, and indicate problems 424 in our selected methodology. We do note that the previous study involved a thin (and thus 425 vulnerable) layer of maerl, whereas the thickness of the maerl bed in our study area was 426 estimated at ~5 m on muddy substratum (Berthois and Guilcher, 1959); thus, the thickness of 427 the layer of live maerl can be expected to be important. In addition, external factors, such as 428 storms, water currents, or wave actions, can be responsible for maerl movements (Harris et 429 al., 1996). Session 3 occurred in May 2016 and session 4 in April 2017, and we cannot 430 exclude potential live maerl movements from adjacent areas that might have led to 431 overestimation of the live maerl surface one year after dredging. Considering the existing 432 literature and the *in situ* observations (Figure 4), these movements appear to be the most 433 logical explanation for these findings.

According to the literature, sand habitats require ~100 days to recover from a single dredging event, meaning that these habitats can withstand three fishing events per year before being in a "permanent(ly) altered state" (Collie et al., 2000). Considering our observations, the fragility and low resilience of maerl beds, and the results of Hall-Spencer and Moore (2000), it seems that maerl beds could reach a "permanently altered state" more rapidly than 439 sand habitats. Indeed, the estimated time needed to recover from the dredging session was ~ 8 440 years for abundance and >100 years for species richness. Even though this latter value seems 441 to be overestimated, it still highlights the low resilience of maerl beds. Commercially fished 442 maerl beds in the Bay of Brest are dredged every 6 months, as the fishing season runs from 443 October to March each year. Traces of our single dredging event were still visible after a year, 444 meaning that the maerl beds had not returned to their initial state by the time a new fishing 445 period began, suggesting that dredging commonly occurs on an already altered habitat. As a 446 result, recovery of long-term dredged maerl beds seems very unlikely.

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448 *4.3.* The importance of the gear characteristics and pressure level

449 Although numerous studies based on the impact of dredging on maerl beds already 450 exist, the objective of the present work was to characterize precisely the repercussions of 451 different fishing gears and pressure levels on this particular habitat. We observed differences 452 in the immediate impact of the three dredges and two pressure levels tested. For example, 453 there was a significant difference in the percentage of mud during session 2 with use of the 454 CD 10 or 30 times but no difference with use of the QSD. Moreover, the percentages covered 455 by algae during session 3 differed between two groups of zones, the first one consisting of the 456 three controls and KSD 10 and the second consisting of the remaining dredged zones 457 (CD_10, CD_30, QSD_10, and QSD_30). Significantly less surface was covered by algae in 458 the second group, suggesting that dredge features, along with the pressure level, may 459 negatively affect algae development, as hypothesized previously. 460 The most damaged zones in terms of the macrofauna diversity appeared to be CD_30 461 and QSD 30, which showed significantly lower levels of diversity compared with one or

462 more of the controls during session 4 (Figure 6). The absence of significant differences in

463 species richness in CD_10 and QSD_10 compared with controls can be attributed to the

464 important number of singletons and unique species present in the samples, biasing the results465 and inducing an overestimation of the total number of species.

466 After a year, none of the zones had returned to their initial state (Figure 8). 467 Observations prior to dredging (session 1) illustrated the natural variability of the maerl bed, 468 whereas the different positions occupied by the three controls during session 1 and session 4 469 are indicative of the natural evolution of the undisturbed habitat. A clear gradient primarily 470 attributed to fishing intensity appeared in session 2 and was still visible a year after the 471 experimental dredging (Figure 8). The dredged zones showed different trajectories depending 472 on fishing intensity, but as noted, none had returned to their original state after a year, 473 suggesting that fishing intensity affects the temporal evolution of maerl beds and that 474 dredging has a lasting impact on the habitat. These results, coupled with those depicted in 475 Figure 6, are consistent with the findings of Hiddink et al. (2006), who modeled recovery 476 rates of biomass and production as a function of dredging intensity. In their study, for a single 477 dredging event, recovery times in terms of macrofauna diversity were measured in years to 478 reach initial biomass (1–41 years) and production (1–12 years) levels of the pristine maerl 479 bed, suggesting that trawling intensity affects the long-term evolution of the habitat. Thus, the 480 observed fishing intensity-based gradient we observed at one year after our single 481 experimental dredging event is not unexpected.

Our results also echo those of Kaiser et al. (2000), who studied the effects of chronic fishing disturbances on benthic community structure in gravel and coarse sand sediments and reported that repeated dredging led to significant changes. In their study, the removal of large organisms led to a population dominated by smaller and more resilient organisms after such physical disturbances. They concluded that if a habitat is altered to such an extent that it significantly differs from its original state, it might become unsuitable for species relying on it for their development, including commercial species, leading to decreased exploitable stocks. 489 Overall, our findings indicate that the QSD was the most destructive gear among the 490 three dredges tested because we observed no significant difference between the effects of a 491 pressure level of 10 or 30 with this gear. Conversely, the clam dredge may be less destructive 492 if used with a moderate intensity because we observed clear differences between CD 10 and 493 CD 30 regarding the percentages of surface covered by mud, species richness, and density of 494 individuals. The KSD used for 10 tows appeared to be the least damaging of the five 495 combinations of dredges and fishing intensity we tested, as the habitat seemed to recover 496 more rapidly than with the other two dredges (~1.5 years to reach the same level of abundance 497 as before dredging compared to ~6 years for CD and ~16 years for QSD). However, we 498 cannot conclude that the KSD did not affect the habitat because the results clearly show a 499 significant reduction in the density of individuals compared to controls and an increase in 500 mud surface one week after dredging. In addition, the estimated depletion of species richness 501 was similar between KSD and CD, whereas the estimated time to recovery was longer for 502 KSD (~34 years) than for CD (~17 years), highlighting a severe impact on the benthic 503 community. Indeed, a relatively moderate pressure in a short time period can still be 504 responsible for significant long-term impacts, especially on repetitively dredged beds, as 505 highlighted in the Bay of Brest with the IMPECAPE research project (Bernard et al., 2019). If 506 the fishing activity recurs, the KSD would be responsible for the same habitat alteration as the 507 other two dredges we tested.

These findings are in agreement with previous work by Thrush and Dayton (2002), who reported that the physical impact of a fishing gear on a habitat depends on the gear's characteristics (e.g., mass) and the way it is used (e.g., the degree of contact with the seabottom, speed). In addition, MacDonald et al. (1996) reported that the severity of these effects will depend on the type of gear and how deeply it penetrates the sediment, the latter of which is directly linked to the gear's characteristics. Moreover, the differences between the QSD and 514 the KSD are interesting considering that scallop dredges are more destructive than otter or 515 beam trawling (Foden et al., 2010). Our result implies that differences can exist between gears 516 in the same category, depending on the targeted species. In comparison with the hydraulic 517 dredge, which is currently considered one of the most destructive gears in bivalve fisheries, 518 our results showed similarities with those of Hauton et al. (2003) (reduced live maerl cover, 519 burial of maerl under fine particles, presence of broken maerl). Those authors estimated the 520 penetration depth of their hydraulic dredge to ± 10 cm, which was similar to the penetration 521 depth estimated for the QSD in our study (~10 cm). A reduction by ~67% of the live maerl 522 cover on photoquadrats after dredging with the hydraulic dredge compared to an average 523 decrease of ~35% in our study (by ~57% with the QSD, ~27% with CD_10, ~61% with 524 CD_30, and ~11% with the KSD) suggests that hydraulic dredges are more destructive than 525 the three dredges we tested.

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527 4.4. Limitations and the possible improvements

Experimental assessments of anthropogenic impacts such as dredging are commonly 528 529 used because they allow researchers to work on data closely related to a disturbance and 530 control factors such as intensity, time period, and gear employed (Lokkeborg, 2005). In this 531 paper, the experimental design we chose was intended to allow for the comparison of impacts 532 on the maerl habitat resulting from different dredges and pressure levels. The study zone was 533 not ideally located because it was subject to a seasonal phenomenon of eutrophication, introducing a bias in the results. In addition, the eight zones delimited for this study were (1) 534 535 located on a previously unfished maerl bed and (2) relatively small. As a result, the 536 experimental observations do not entirely reflect the reality of a repeatedly dredged bed or 537 large-scale and long-term effects of such disturbances on the habitat (Lokkeborg, 2005). As a 538 matter of fact, a recent study based on a nearby maerl bed subject to annual commercial

539 dredging for bivalves showed far more severe consequences than those we report here 540 (Bernard et al., 2019). Those authors differentiated three levels of pressure (control, moderate, 541 and high) based on the intensity of dredging over the past 5 years, for which they studied 542 different proxies of the maerl condition. The vitality of the maerl appeared to be strongly 543 affected by dredging and tended toward zero at the most severely dredged stations. Their 544 results, based on a maerl bed dredged for over 5 years, indicate the long-term effect of 545 dredging on maerl vitality in a way that the present approach was not designed to highlight. In 546 addition, they recorded a modification of the vertical structure of the maerl bed resulting from 547 the fragmentation and compaction of the maerl thalli and the filling of interstices by fine 548 particles. All of these consequences of dredging led to the destruction of suitable ecological 549 niches for the benthic macro- and megafauna and to the deterioration of the habitat, thus 550 diminishing its role in ecosystem functioning.

551 As we have described, however, the present experimental design followed the 552 recommendations of Underwood (1991) and Green (1979), and thus presents reliable results regarding the immediate impact of dredging based on fishing intensity and gear features. A 553 554 potential improvement in the design would be to include replicates for each impacted zone to 555 consolidate the present observations. The estimation of time to recovery could also be 556 improved because the estimates seemed to be surprisingly long (>100 years for abundance, 557 ~900 years for species richness). It would also be of interest to apply this method in future 558 assessment along with *in situ* data on fishing pressure and different fishing histories because 559 the impact of dredging is greater on previously unfished maerl beds. However, we found it 560 useful to distinguish the initial impact of the dredges tested and to classify their impact on the 561 maerl benthic community.

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563 4.5. Implication for fishing activity management on maerl beds

Because we did find differences in impacts among the QSD, KSD, and CD, we suggest that these parameters be considered when dealing with management measures, both for maerl conservation and for fishing regulation. To preserve habitat richness and complexity, the priority should be on areas with intermediate levels of alteration because the most severely altered beds are not expected to recover from such intense and repeated pressures. Thus, it appears that non-destructive activities such as hand-collecting bivalves by diving should be favored when aiming to ameliorate maerl bed exploitation.

571 The conservation of maerl beds through the creation of protected areas would, in the 572 long run, allow for a higher rate of recruitment and the development of a more diverse 573 community of species (including species targeted by bivalve fisheries) in terms of genetics 574 and age range, making them more resistant to natural environmental changes (Roberts et al., 575 2005). Ultimately, this conservation would allow for higher stock levels of targeted species 576 with mature organisms that could potentially (re)colonize less vulnerable adjacent habitats 577 through spawning. The fisheries would benefit with this version of "insurance" against stock 578 collapse by the creation of new fishable grounds (Hall-Spencer et al., 2003).

579

580 5. CONCLUSION

581 Our aim with this study was to add new information about the impact of dredging on 582 maerl bed by characterizing this impact in terms of different dredges and dredging intensities 583 using a BACI approach. Overall, the impacts recorded were consistent with the literature (loss 584 of diversity, increased mud cover, destruction of maerl thalli). We could differentiate the 585 immediate and one-year impacts of three different dredges and two levels of pressure. In this 586 context, the high-pressure level appeared to be the main factor affecting maerl habitat, 587 whereas under low fishing intensity, the extent of damage depended on the type of gear used. 588 Impacts were still visible after one year whereas fishing occurs every 6 months in the Bay of

Brest, raising questions about the recovery capacities of this habitat under repetitive dredging
activity. This issue is particularly important considering the severity of the impacts
highlighted in a field study (non-experimental) in an adjacent maerl bed. This questions the
advantages and drawbacks of the experimental approach *versus* real-life observations and
their reliability in assisting in the development of fishing policies related to the maerl habitat. **Funding**

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791 FIGURE CAPTIONS

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793 Figure 1: Location of the study area (A) in France and (B) in the eastern part of the Bay of 794 Brest (Brittany, France) and (C) position of the eight zones delimited inside of the study area. 795 Each zone was either left unaffected (control) or tested with different gears (clam dredge 796 (CD), king scallop dredge (KSD), or queen scallop dredge (QSD)) and/or different fishing 797 effort (i.e., number of dredge tows = 0, 10, or 30). The figure was created using QGIS 3.8.0 798 software (QGIS Development Team, http://qgis.osgeo.org). 799 800 Figure 2: Photographs of the three gears used in this study: (A) the king scallop dredge 801 (KSD), (B) the queen scallop dredge (QSD), and (C) the clam dredge (CD). Image credit: 802 Fishery Committee of Finistère (Comités des Pêches du Finistère). 803 804 Figure 3: Location of the 24 stations (three stations randomly placed for each of the eight 805 zones) sampled during the four sessions using a Smith grab (0.1 m²). For each station, three 806 replicates were sampled a few meters apart (not displayed). The figure was created using 807 QGIS 3.8.0 software (QGIS Development Team http://qgis.osgeo.org). 808

- 809 Figure 4: Variability of the maerl bed structure one month after experimental dredging. (A–C)
- 810 Control zone. (B–D) Dredged zone. Image credit: Erwan Amice, CNRS Laboratoire des
- 811 sciences de l'Environnement MARin (LEMAR).

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814 fauna, or "other" (eggs, dead shells) and (B) variability of the percentages of cover of the 815 quadrats for each zone and for the four sessions. Percentages of cover were obtained by 816 digital analysis of the quadrats. 817 818 Figure 6: Boxplot of (A) the species richness and (B) the density of individuals for the eight 819 zones and for each session in the Bay of Brest. The horizontal line in the box represents the 820 median, the box indicates the interquartile range, and the black dots indicate outliers. 821 ANOVA or Kruskal–Wallis results are indicated (*p*), and different letters indicate significant 822 differences. 823 824 Figure 7: (A) Species richness observed (dashed lines) and estimated by Jack2 (solid lines); 825 (B) number of singleton and (C) unique species measured for each zone and for each session. 826 827 Figure 8: Non-metric multidimensional scaling ordination for the eight zones and for the four 828 sessions based on log-transformed abundance data using the Bray–Curtis similarity. Each 829 session is represented by a different color (S1: red; S2: green; S3: blue; S4: yellow), and each 830 fishing effort is indicated by a different symbol (circle: 10 dredge tows; square: 30 dredge 831 tows; triangle: control). The schema in the upper right corner of the plot indicates the 832 trajectory of the objects depending on the fishing effort over time. 833

Figure 5: (A) Percentages of cover of maerl (live, dead, and broken), algae, sediment (mud),

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Categories observed: 🗮 Live maerl 🗮 Broken maerl 🗰 Dead maerl

Algae

븜 Mud















IMPACTS

SHORT TERM (+1 WEEK) DESTRUCTION OF THE HABITAT DAMAGE / DEATH OF ORGANISMS INCREASE IN MUD CONTENT LONG TERM (+1 YEAR) LOSS OF MAERL VITALITY DESTRUCTION OF ECOLOGICAL NICHES LOSS OF DIVERSITY

