

The mammalian ovary: Concerns about the evaluation of prenatal environmental exposures

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1	The mammalian ovary: concerns about evaluation of prenatal environmental		
2	exposures.		
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12			
13	Abstract		
14			
15	The number and volume of processed natural or synthetic chemical toxicants introduced on		
16	the market has soared over the past decades. Possible human environmental exposures to		
17	potentially adverse compounds have, therefore, increased, as has awareness regarding their		
18	potential hazard for reproduction. Concomitantly, numbers of couples seeking assisted		
19	reproduction has climbed sharply. Toxicant risk assessment represents a concern at both		
20	individual and population and socio-economic levels. Here, we review current methods used		
21	to assess impacts of prenatal environmental exposures on mammalian ovary development		
22	and female reproductive function. We highlight technical challenges that need to be		
23	overcome in a regulatory context and the necessity for the development of guidelines and		
24	policies to better characterise potentially deleterious substances for the female reproductive		
25	function.		
26			
27	Key words		
28	Endocrine disrupting compounds, ovary, development, fetus, adverse outcome		
29			
30	Abbreviations		
31	AOP: Adverse outcome pathway; DOHaD: Developmental Origins of Health and Disease;		
32	EDC: Endocrine disrupting compound; MIE: molecular initiating event; ODS: Ovarian		
33	Dysgenesis Syndrome; POI: Premature Ovarian insufficiency; PCOS: Polycystic Ovarian		
34	Syndrome; QSAR: Quantitative structure-activity relationship; REACH: Registration,		
35	Evaluation, Authorisation and restriction of Chemicals; TDS: Testicular Dysgenesis		

- 36 Syndrome. PCW: post-conceptional weeks; dpc: days post-conception, dpp: days post-
- 37 partum.

38

39 Introduction

40

41 Since the 19th century, there have been significant increases in production of environmental 42 pollutants and toxicants and, simultaneously, escalation in numbers of confirmed and 43 potential toxicants to which we are exposed [1]. Nevertheless, concerns about environmental 44 pollutants have been slow to emerge although that has improved over the past 40 years. 45 This raised awareness has led authorities to direct more resource to research on risk 46 assessment of exposure to such molecules, with endocrine disrupting compounds (EDCs) of 47 particular concern [2]. The European Commission adopted a common law concerning the 48 Registration, Evaluation, Authorisation and restriction of Chemicals (REACH) in 2006 [3]. 49 This is even more crucial because, in addition to synthetic molecules, some naturally 50 occurring substances are also potentially harmful for human health. Evidence that some sub-51 populations are more vulnerable to such exposures, especially during pregnancy, is 52 supported by growing numbers of studies on the fetal exposome [4], with short- and long-53 lasting impacts on organs. Long-term effects of dysregulated development on adult function 54 were first hypothesised for the association of low birth weight and chronic noncommunicable 55 diseases in adulthood [5,6]. This gave rise to the concept of developmental origins of health 56 and disease (DOHaD or "Barker Hypothesis") linking in utero exposures during critical 57 developmental "windows" with post-natal disease. Increasing frequencies of male 58 reproductive disorders over the past 70 years are considered symptomatic of a common 59 underlying entity, testicular dysgenesis syndrome (TDS) [7]. Although less clear, partly due 60 to the delay between in utero environmental exposures and observed adverse outcomes, a 61 similar trend is proposed regarding female reproductive impairments. Symptoms like 62 premature ovarian failure, delayed menarche and Mayer-Rokitansky-Küster-Hauser (MRKH) 63 syndrome, are gathered under an ovarian dysgenesis syndrome (ODS) umbrella [8]. 64

65 The mammalian germ cell lineage arises early during fetal life from an extra-embryonic 66 territory and migrates into the presumptive gonadal territory at the surface of the 67 mesonephros. This coincides with the proliferation and differentiation of somatic cells into 68 the nascent bipotential gonad. In the ovary, the crucial element of differentiation is the genesis of a stock of germ cells, by rounds of exponential proliferation, and their 69 70 commitment into meiosis before their arrest at the diplotene stage of prophase I. 71 Subsequently, germ cells are enclosed into a finite number of functional units, the primordial 72 follicles. Female reproductive lifespan is determined by this ovarian "stockpile" (reserve) [9]. 73 Importantly, although ovarian genesis is based on a sequence of morphogenetic processes

starting during fetal life that is common to mammals, stage duration and overlap differ greatly

75 between species. One major difference is the endocrine environment around follicle

- formation, which is characterised by a sudden decrease in estrogen levels in rodents, but
- high levels of estrogens for species like humans. If the prenatal exposure window is
- associated with the establishment of the germ cell reserve, the somatic cells are similarly
- 79 undergoing active differentiation into either the epithelial or interstitial cell lineages. Unlike
- 80 the adult ovary, whose endocrine relationships within the pituitary-hypothalamic-gonadal axis
- 81 are well characterised, the endocrine properties of the fetal ovary are less well known in
- 82 most species.
- 83

84 In this review, we update on the study of prenatal chemical toxicant exposure effects on 85 early steps of ovarian differentiation. We identify the technical blocks in current experimental 86 strategies in order to highlight research challenges, especially in a regulatory context. 87 Indeed, the endpoints currently used to unravel these questions remain mainly highly 88 focused on the germ cell lineage and on toxicity without questioning their potential endocrine 89 disrupting activity. These questions are crucial to identify pollutants or pollutant categories 90 that exert the most adverse endocrine disrupting effects on the developing ovary. This is 91 essential to categorise for regulators those EDCs for which in utero exposure presents risks 92 for female fertility.

93

94 Methodological approaches

95

96 Epidemiological studies first highlighted plausible associations between in utero exposures 97 and female reproductive alterations, such as for diethylstilbestrol [10]. Nevertheless, the 98 delay between exposure and adverse outcomes, and additional exposures after birth, makes 99 the establishment of cause-effect links very complex. To overcome confounding factors, in 100 vivo animal studies conducted under controlled conditions and in vitro/ex vivo studies were 101 used to address possible long- and short- term effects, respectively. A common limitation of 102 rodent studies is due to the experimental constraints on exposure routes which do not 103 necessarily correspond to the environmental exposure of the mother or differ in the routes of 104 exposure.

105

106 In vitro/ex vivo studies allow dissection of short-term effects at cellular and molecular levels.

- 107 However, while some cell lines can be considered as proxies for the human germ cell
- 108 lineage, such as embryonic stem cells [11], there is a lack of validated cell lines for the
- 109 human fetal ovarian somatic cell lineages. Therefore, organotypic cultures of fetal organs in
- 110 rodents or humans have been used for decades to address direct and short-term effects of
- 111 chemicals [12]. However, ex vivo cultures isolate the ovary from the other organs of the

112 body, not only those from the reproductive axis, but also organs involved in the absorption, 113 distribution, metabolism, and elimination of chemicals. These processes, determining factors 114 in real life, are, therefore, not necessarily investigated. To the best of our knowledge, multiorgan cultures have not yet been used for fetal ovary studies. This is a method gap since the 115 116 approach could rebuild the systemic complexity of ovarian function [13], and take into 117 account the relationships between organs, including the hypothalamo-pituitary ovarian axis 118 (active in second trimester human fetuses). This approach would also be highly relevant to 119 take into account the bio-transformation of chemicals by both placenta and fetal liver, and 120 the endocrine relationships between organs, including the adrenals. 121

122 Unlike large mammals and humans, who are exposed to a wide range of environmental 123 pollutants, longitudinal studies are possible in small animal models bred in highly controlled 124 environments. Tight control of the environment is possible with human multi-organ chip 125 microfluidic culture technology [14], yet very long-term experiments are currently 126 unachievable. While fetal exposome studies are crucial to understand the complexity of 127 exposures, there remain issues around the more relevant dose to study: classic toxicological 128 studies with doses ranging from low to unrealistically high doses vs environmentally relevant 129 doses to identify realistic targets. The question of the optimum dose/s to test comes when 130 addressing chemical effects from suspected EDCs. Exposomics also opens new avenues in 131 experimental strategy design, shifting research in the field from exposure to single 132 component to "real-life" mixtures. However, to achieve environmental realism, choosing the 133 most relevant mixtures, and concentrations of each component, remains a major challenge. 134 Adding to the complexity is the unfortunate fact that experimental designs of cocktails may 135 induce complex responses within which the role/s, if any, of each single environmental 136 pollutant is almost impossible to assess. From a broader point of view, the choice of 137 exposure/s and relevant pathophysiological endpoints, do not meet regulatory requirements. 138 Regulatory tests are required to pinpoint highly sensitive biomarkers of exposure and future 139 adverse outcomes. Overall, this raises the importance of cross-sectional studies to address 140 the potential repercussions of fetal environmental exposures on ovarian development and 141 future function. 142

143 Classification of environmental pollutant according to their effects: the Adverse 144 **Outcome Pathway (AOP) challenge**

- 146 At the cellular level, several morphogenetic consequences of endocrine disruption have
- 147 been described, including alteration of: (i) cell determination and differentiation, (ii)
- 148 development and growth of the organ, (iii) cell, and more specifically germ cell proliferation.

149 Many human-made or natural chemicals displaying estrogenic properties have been studied 150 in animal models. However, the mechanisms of action on the ovary are often hypothesised 151 rather than demonstrated. Transcriptional studies following prenatal exposure to estrogenic 152 compounds have begun to unravel their mechanisms of action [15-19]. Endocrine disruption 153 is a first-line readout of exogenous compound effects on the fetal testis. This is poorly 154 investigated in the ovary where alterations in prenatal endocrine activity are rarely studied 155 [20]. While this is understandable in rodents, the steroidogenic capabilities of the human 156 fetal ovary are well known [21]. 157

158 At the subcellular level, exogenous compounds can trigger effects such as the formation of 159 reactive oxygen species, alterations of lipid and protein structures, and DNA damage [22,23]. The classical readout of such damage is DNA quality, including both its integrity and 160 161 epigenetic alterations (defined as inheritable modifications without alterations of the genetic 162 sequence). Epigenetic regulation is crucial in physiological processes and several studies show xenobiotic-induced epigenetic alterations in laboratory models [24,25]. Importantly. 163 epigenetic marks play roles in regulating expression of crucial genes at specific timepoints of 164 165 development. For the germ cell lineage this is vital since these modifications could be 166 transmitted to the next generation, leading to intergenerational or even transgenerational 167 effects. While epigenetic effects rely on several mechanisms, such as DNA methylation, 168 histone modifications and interfering non-coding RNA, DNA methylation alterations by 169 environmental exposures remains the most studied [26]. Germ cell meiotic commitment and 170 progression are key morphological events that are sensitive to xenobiotics, especially 171 estrogenic compounds (e.g. BPA)* [27,28]. Discrepancies between studies may be 172 explained by differences in the routes of exposure and by interspecies difference in patterns 173 of expression of estrogen receptor variants [29-31]. The challenge of epigenetic alterations 174 in the fetal ovary is the interference by xenobiotics with methylation status or physiological 175 demethylation/remethylation processes that takes place during fetal development [32]. This 176 is also true for DNA damage and repair [33,34].

177

The germ cell lineage, a vector of long-term effects on subsequent generations, is often in the crosshairs of these studies, the somatic cell lineage being mostly left in the shade. The lack of interest in the study of epigenetic alterations on the somatic lineage is unfortunate considering the tight relationship between somatic and germ cell lineages, and therefore the possible indirect effects of the alteration of one cell lineage on events such as primordial follicle formation. Overall, the single cell 'omics revolution has, unfortunately, had limited contact with fetal ovarian toxicological studies.

186 Classification of pollutants according to their molecular mechanisms of action is extremely 187 delicate and requires large-scale studies at the transcript and/or the protein levels. These 188 studies are essential for AOP description. The principle of AOP is to define a series of 189 events initiated by a molecular initiating event (MIE) that ultimately leads to adverse effects 190 in the function of a given organ and can be induced by multiple exogenous compounds. 191 Surprisingly, to date, very few AOPs describe the ovary [35] and the best established in 192 shown in Fig. 1 (e.g. diisobutyl phthalate). One reason is that mechanisms of action of 193 xenobiotics on the fetal ovary are poorly understood. Animal models have provided many 194 correlations between fetal exposures to toxicants and long-term adverse effects on the 195 ovary, such as early decrease of the follicle reserve. Indeed, premature ovarian insufficiency 196 (POI, e.g. phthalates, polychlorinated biphenyls and organochlorine pesticides) [36], 197 polycystic ovarian syndrome (PCOS, e.g. perfluorooctanoic acid), infertility (e..g phthalates, organophosphate pesticides), delayed or precocious puberty are commonly investigated in 198 199 rodents in relation to fetal exposures [37-39], unlike ovarian cancer and endometriosis (e.g. 200 polybrominated diphenyl ethers). 201 202 Classification of environmental pollutant according to their chemistry: the QSAR 203 challenge

204

205 Typically, xenobiotics triggering an impact on the ovary are categorised as either estrogenic 206 or antiandrogenic, and these properties were used to design experimental strategies for 207 mixtures [40]. In silico quantitative structure-activity relationship (QSAR) models were 208 recently introduced as a way to identify chemicals most likely to be harmful based on their 209 similarities [41-44] with chemical structures of characterised compounds. While well 210 accepted that estrogenic compounds display various estrogenic potencies (e.g. Bisphenol A) 211 [45], this is not always taken into account for compounds with other activities. In addition, the 212 question of the dose is crucial because one compound can display multiple characteristics, 213 and properties can vary along concentration ranges. Classification of chemicals according to 214 their chemical family, their structure, or their known targets, is hazardous when challenging 215 their expected effect on a complex organ such as the developing ovary. A further 216 complication is that receptor endowments can vary between different cell types and stages 217 of development. All these parameters must be taken into account in study design and 218 interpretation. So far no ovarian chemical risk has been identified directly from QSAR. 219 220 Classification of environmental pollutant according to windows of sensitivity

222 In rodents, four specific time windows of heightened ovary sensitivity to disruption by 223 exogenous insults have been identified: (i) gonadal sex determination (e.g. paracetamol, 224 tamoxifen), (ii) meiotic division (e.g. bisphenol A, atrazine), (iii) follicle assembly (e.g. 225 polycyclic aromatic hydrocarbons, genistein) and (iv) the first wave of follicle recruitment 226 (e.g. benzo[a]pyrene, Di (2-ethylhexyl) phthalate) [46]. While almost synchronous for all 227 germ cells in small laboratory rodents, morphogenetic processes of ovarian differentiation 228 overlap in larger mammals and humans. Asynchronicity of processes make the precise 229 identification of sensitive windows difficult and they may more likely correspond to 230 morphogenetic events rather than developmental time periods (e.g. humans, sheep, 231 monkey). Follicles form in rodent models, like mice and rats, shortly after birth when the 232 circulating levels of estrogens drop to nadir, while in humans, and large mammal models, 233 they assemble in the womb in a high (human) or relatively high (sheep) estrogenic endocrine 234 environment (Fig. 2). Therefore, exposure to estrogenic compounds via the mother do not 235 necessarily target identical processes. A critical challenge, especially in the case of 236 endocrine disruption, is to determine whether a given pollutant will have similar effects on 237 specific process in different species. This has to be taken into account in the choice of the 238 appropriate time window/s according to the suspected process/es targeted by the chemical/s 239 of interest.

240

241 Discussion

242

243 The weight of evidence that female reproductive disorders partly result from deleterious 244 environmental exposures, such as to EDCs, during prenatal life has been building. These 245 effects represent challenges, not only in terms of technical approaches, but also in data 246 interpretation. Nevertheless, if a decrease in the germ cell "stockpile" may lead to reduced 247 future fertility, we have to be cautious regarding this assertion. Indeed, depending on the 248 severity of the depletion of germ cells, compensatory mechanisms cannot be excluded 249 [47,48]. An additional difficulty is the range of key factors subsequently affecting fertility, for 250 instance, the quality as well as number of oocytes and follicles are key components of 251 female reproductive function. The complexity of studying female reproductive function comes 252 from the fact that it does not rely only on ovarian function and germ cell/follicle reserves, but 253 also on relationships between ovarian cell types and their functions (e.g. steroidogenesis) 254 and with organs such as the hypothalamo-pituitary-ovary axis, liver and adrenal gland, as 255 well as with the placenta in fetal life.

256

An additional dimension of the challenges of studying exposure of the fetal ovary to EDCs is the complexity of mechanisms involved: will the EDC be toxic for the germ cell lineage, alter

259	fetal e	al endocrine function, disturb somatic cell lineage programming, dysregulate formation of				
260	follicle	ollicles and generate epigenetic alterations? Thus, endocrine disruption could be a direct				
261	result	esult of exposure, or an indirect, long-lasting, adverse effect on the endocrine cell lineage.				
262	Fetal ovarian cultures present difficulties beyond the small number of endpoints currently in					
263	the ex	perimental toolbox. These include relatively small organ size and the limited number of				
264	conditions that can be addressed simultaneously, which, together with the current outdated					
265	toxicological guidelines, are relatively insensitive to detect disturbances that might lead to					
266	long-term effects. These will limit the number of fetal ovarian studies of <i>in utero</i> exposure to					
267	pollutants, including EDCs, published, especially in the human, exacerbating the problem by					
268	addin	g publication bias. A consequence is the potential misinterpretation of the level of risk a				
269	partic	ular toxicant might pose to the female fetus and her future fertility.				
270						
271	Footr	note to go after and close to line 185				
272	*For ease of reading, (e.g. text) is used to provide examples of endocrine diruptors					
273	associated with the process under discussion.					
274						
275	Acknowledgements					
276	This work was supported by the European Union's Horizon 2020 FREIA project (grant					
277	agree	ment No. 825100). The authors declare no conflicts of interest regarding this study.				
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430		

# 431 Annotations

- 432
- 433 [1] This review highlights not only the complexity of the chemical exposome but also the434 challenges in assessing its effects in an integrative way.
- 435 **[4]** In this review, the authors provide an overview of the prenatal chemical exposome. They
- 436 pinpoint the knowledge gaps that are still to be overcome in order to better characterise the
- 437 exposome and thus link it with fetal outcomes.
- 438 [13] The integrated microfluidic platform set up by the authors supports, not only follicle
- 439 maturation and differentiation, but also dynamic hormonal secretion through an extended
- 440 period of time. This model represents significant technical progress that can be used for the
- integrative understanding of the female reproductive physiology and also as a more
- 442 representative model for pharmacology and toxicology studies.
- 443 **[18]** This study provides a mechanistic insights into the understanding of premature ovarian
- 444 failure following cyclophosphamide exposure and demonstrate that it occurs through
- 445 alteration of the steroid biosynthesis pathway.
- 446 **[30]** The authors review the epigenetic effects of several endocrine disruptors on different
- 447 components of the reproductive system. These could explain the multigenerational, and
- 448 even transgenerational effects, that are observed following exposures.
- 449 [33] From a molecular point of view, the authors review the mechanisms underlying the DNA
- 450 repair system which is such crucial for the oocyte quality. It provides a clear overview on the
- 451 possible targets that need to be to investigated when addressing xenobiotic effects,
- 452 especially when they are known to be associated with multigenerational effects.
- 453 [35] Suggesting new avenues to investigate causes of female reproductive disorders, this
- 454 review pinpoints the urgent need for an intensified work towards characterising female
- 455 reproductive adverse outcomes pathways. Such pathways are an essential basis of robust
- 456 policy formulation.
- 457

# 458 Figure legends

- 460 Figure 1 : AOP7 from the AOPwiki was mainly established from rodent data and
- 461 epidemiological studies, illustrating the importance of cross-sectional studies for the

# 462 development of such AOPs.

- 463 This well established AOP presents the peroxisome proliferator activated receptor gamma
- 464 (PPARγ) activation as the molecular event that leads to ovarian cycle irregularity and
- 465 impaired fertility in adult females, and describes the key events leading to this adverse
- 466 outcome. The ovarian cycle irregularity that ultimately causes impaired fertility following the
- 467 initiating PPARγ activation, is dependent upon a reduction inf aromatase levels that lead to
- 468 lowered circulating estradiol (E2) levels. Adapted from the AOPwiki at https://aopwi
- 469 ki.org/aops/7.
- 470 Newly formulated putative AOPs for endocrine disruption of the ovary are given in reference
- 471 [35] as part of the FREIA project outputs (<u>http://freiaproject.eu/wp/).</u>
- 472



Figure 2: Comparison of the sequence of morphogenetic events occurring during fetal
and/or neonatal development in the ovaries of different mammalian species.

477 Representative timelines of germ cells cyst formation by rounds of incomplete mitosis,
478 meiotic onset and arrest in diplotene stage of prophase I and primordial follicle formation in
479 rodents (mouse and rat), rabbit (A), and human, sheep and goat (B).

480 Although the overall sequence of morphogenetic events culminating in the formation of

481 primordial follicles is similar in mammals, timing of specific events differs between species.

482 Indeed, after differentiating in an extra-embryonic territory (5 dpc in mouse, 9 dpc in rabbit),

483 primordial germ cells settle the genital ridge at about 10.5 dpc in mice, 12.5 dpc in rat, 5 DW

in humans, 23 dpc in sheep and before 36 dpc in goat. By 16 dpc, most germ cells have

485 entered the gonad in rabbit. During their migration and after they enter the gonad, germ cells

486 undergo a series of incomplete mitotic divisions allowing germ cells cysts formation. As a

487 sign of ovarian differentiation, germ cells then cease mitosis to enter in a synchronous

488 manner in meiosis I at 13.5 dpc in mouse, 16.5 dpc in rat and around birth in rabbit. Finally,

489 after meiosis, oocytes cysts breakdown to form primordial follicle pool, from shortly before

birth in mouse, after birth in rat and from 16 dpp in rabbit (Fig 1A). While rodents and rabbit
germ cells enter synchronously in the key steps of their differentiation, in human, sheep and

492 goat several germ cells population coexist at a given timepoint. Indeed, while some germ

493 cells keep proliferating until 20 DW in humans and 90 dpc in sheep, others enter meiosis as

494 early as 11 DW and 55 dpc in humans and goat, respectively. In sheep, meiosis I onset

495 occurs at 55 dpc and these cells are increasingly prevalent by 75 dpc. The first primordial

496 follicles are observed at mid gestation (around 16 DW) in human, 75 dpc in sheep and 90

497 dpc in goat. Besides, while in humans mainly primordial and anecdotic primary follicles can

498 be found in the ovary at birth, in sheep and goat, folliculogenesis occurs during fetal life. (in

499 sheep, first primary and first antral follicles observed at 100 dpc and 135 dpc, respectively)

500 PCW: post-conceptional weeks; dpc: days post-conception, dpp: days post-partum.

501 (Drawings were edited from BioRender.com)



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	Molecular	Cellular/Tissue	Organ	Organism	
AOP 7	PPARγ activation	- → Reduction aromatase levels → E2 synthesis	Reduction E2 circulating levels	Ovarian cycle irregularity	



#### **Declaration of interests**

### The mammalian ovary: concerns about evaluation of prenatal environmental exposures.

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 $\boxtimes$  The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: