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Integration of Transparent Supercapacitors and Electrodes Using Nanostructured Metallic Glass Films for Wirelessly Rechargeable, Skin Heat Patches

*Sangil Lee^{1, 2†}, Sang-Woo Kim^{3†}, Matteo Ghidelli^{4, 5†}, Hyeon Seok An^{1, 2†}, Jiuk Jang^{1, 2†},
Andrea Li Bassi^{4*}, Sang-Young Lee^{3*} and Jang-Ung Park^{1, 2*}*

¹Nano Science Technology Institute, Department of Materials Science and Engineering,
Yonsei University, Seoul, 03722, Republic of Korea

²Center for Nanomedicine, Institute for Basic Science (IBS), Seoul, 03722, Republic of Korea

³Department of Energy Engineering, School of Energy and Chemical Engineering, Ulsan
National Institute of Science and Technology (UNIST), Ulsan, 44919, Republic of Korea

⁴Dipartimento di Energia, Laboratorio Materiali Micro e Nanostrutturati, Politecnico di
Milano, via Ponzio 34/3, I-20133 Milano, Italy

⁵Laboratoire des Sciences des Procédés et des Matériaux (LSPM), CNRS, Université Sorbonne
Paris Nord, 93430, Villetaneuse, France

[†]These authors contributed equally to this work.

*Corresponding author. E-mail: jang-ung@yonsei.ac.kr; syleek@unist.ac.kr;
andrea.libassi@polimi.it

ABSTRACT

Here we demonstrate an unconventional fabrication of highly transparent supercapacitors and electrodes using random networks of nanostructured metallic glass nanotroughs for their integrations as wirelessly rechargeable and invisible, skin heat patches. Transparent supercapacitors with fine conductive patterns were printed using an electrohydrodynamic jet-printing. Also, transparent and stretchable electrodes, for wireless antennas, heaters and interconnects, were formed using random network based on nanostructured CuZr nanotroughs and Ag nanowires with superb optoelectronic properties (sheet resistance of $3.0 \Omega/\text{sq}$ at transmittance of 91.1%). Their full integrations, as an invisible heat patch on skin, enabled the wireless recharge of supercapacitors and the functions of heaters for thermal therapy of skin tissue. The demonstration of this transparent thermotherapy patch to control the blood perfusion level and hydration rate of skin suggests a promising strategy toward next-generation wearable electronics.

KEYWORDS

Nanostructured metallic glasses, transparent electrodes, transparent supercapacitors, wearable electronics, stretchable electronics

INTRODUCTION

Recent advances in skin-attachable devices have driven considerable attention in broad fields such as displays^{1,2}, motion detection sensors³⁻⁵, drug delivery devices⁶, and biosensors⁷⁻¹⁰. Most studies have been mainly focused on developing flexible and stretchable skin-attachable devices for the comfort of individuals^{11,12}. However, the transparency of the skin-attachable devices is one of the most important factors for user's aesthetic satisfaction. In addition to the transparency, wireless operation is another crucial factor for skin-attachable devices to avoid interfering with the user's routine activity. Nonetheless, most skin-attachable devices are not transparent^{11,13} or only partially transparent^{12,14-16}, and they often require additional bulky devices for the wireless operation such as modules, power sources (i.e. batteries)^{13,17-20}. Even though it is important to minimize the power sources, there are limitations for such skin-attachable devices to apply conventional power sources. The transparent power sources with reliable electrochemical performance should be indispensably required to operate the device successfully. Thus, several requisites must be considered for the next-step skin-attachable devices. These requisites include 1) high transparency and flexibility over all components, 2) an independent energy device that supplies consistent operating power to the functional components, 3) the wireless power transmission without additional wiring for power supply.

Herein, we fabricated a wirelessly rechargeable, transparent and flexible heat patch (dimension: $1 \times 1 \text{ cm}^2$) to demonstrate an example of the skin-attachable device that satisfied requisites mentioned above. To the best of our knowledge, this is the first practical demonstration that presents all components integrated within the skin-attachable device, including antenna, wireless power transmission circuit, and energy storage device, to be transparent and flexible. To fabricate a transparent and flexible device, metallic glass

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4 nanotroughs (NTs) and Ag nanowires (AgNWs) were hybridized^{19,21–24}. This CuZr NTs-
5 AgNWs hybrid electrode shows low sheet resistance (R_s) (3.0 Ω /sq) and high transmittance (T)
6 (91.1% in visible light range). Also, the electrical stability under the mechanical deformation
7 was verified. Especially, high elasticity of metallic glass can provide better mechanical stability
8 against deformations, which is important to reduce the damage of wearable electronic devices
9 caused by human activity¹⁹. Using this hybrid electrode, the transparent antenna with the
10 rectifier circuit was fabricated to develop a transparent and flexible wireless power
11 transmission circuit. In addition, we fabricated a new transparent supercapacitor (SC) with
12 exceptional high-resolution *via* an electrohydrodynamic (EHD) jet-printing technique. The
13 energy transferred wirelessly through the power transmission circuit charges SC, and this
14 charged energy is emitted through the antenna as heat when thermal therapy is required. By
15 integrating this transparent and flexible SC into the circuits, we successfully produced a
16 wireless skin-attachable device by fabricating all the components in a transparent and flexible
17 form. Furthermore, the increased blood perfusion and the hydration rate of the skin through
18 thermal therapy using the device provide the potential of the heat patch as a healthcare device.
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38 RESULTS

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42 To fabricate transparent electrode, we exploit the potential of pulsed laser deposition
43 (PLD) to synthesize nanostructured thin film metallic glasses (TFMGs). CuZr NTs networks
44 were prepared by electrospinning and PLD process. Polyvinylpyrrolidone (PVP) was
45 electrospun first to form a free-standing nanofiber web on a metal collector^{19,25,26}. More details
46 about the fabrication of CuZr metallic glasses NTs are described in Supporting Information.
47 Nanostructured Cu₅₀Zr₅₀ (% at.) TFMGs have been deposited on a nanofiber web by PLD,
48 enabling a combined control of film stoichiometry and morphology²⁷. **Figure 1a** shows a
49 schematic of the PLD process in which high energy (850 mJ) ns-pulsed laser hits a target whose
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4 ablated species (i.e. Cu-Zr ions, atoms, and clusters) are then condensed on a substrate (i.e. NT
5 network), see Supporting Information for more details. In order to develop a transparent
6 electrode, thin (~120 nm) CuZr metallic glass films have been deposited. Such low thickness
7 enables the activation of mechanical size effects occurring at the sub-micrometer scale for
8 TFMGs, promoting large ductility and fracture strength^{28,29}. In addition, TFMGs have shown
9 their potential as biocompatible coatings, while reporting high corrosion resistance and metallic
10 conductivity^{30,31}. Figure S1 shows the scanning electron microscopy (SR) image of the CuZr
11 NTs with its thin, convex, and half-shell structure. Figure 1b shows that CuZr TFMGs
12 deposited on NT are characterized by cluster-assembled growth, low density and significant
13 porosity. Further details about morphology and structure by SEM cross-section and X-ray
14 diffraction (XRD) are reported in Figure S2. As shown in Figure 1c, the resulting network with
15 CuZr deposited on the free-standing PVP fibers can be transferred onto various desirable
16 substrates. After the successive removal of the sacrificial PVP template—by dissolving it in
17 acetone, isopropyl alcohol (IPA), and deionized (DI) water, AgNWs were electrospayed to
18 promote the connection among CuZr NTs and guarantee electron percolation (Figure 1c). The
19 final structure results in a CuZr NTs-AgNWs hybrid network (Figure 1d) (see Supporting
20 Information).

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43 Figure 1e shows the relationship between the R_s and T for the nanoporous CuZr NTs
44 network and CuZr NTs-AgNWs hybrid electrode indicating the trade-off between electrical
45 and optical properties. From Figure 1e, it can also be noted that AgNWs don't significantly
46 affect the R_s (which is only slightly reduced) while guaranteeing a better electron percolation
47 and mechanical cohesion. In addition, nanoporous CuZr NTs are characterized by high
48 transparency which can be larger than 90% for samples deposited on low density fibers
49 (electrospinning time < 10 sec), as also reported in our previous study for CuZr NTs deposited
50 by the sputtering method¹⁹. Figure 1f reports relative changes in the R_s of CuZr NTs electrodes
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4 as a function of the radius of curvature corresponding to bending induced strain. No significant
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6 change in R_s was observed even when the electrodes were bent to a radius of curvatures as
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8 small as 2 mm indicating a superior combination of conductivity and flexibility. Finally, Figure
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10 1g shows that low R_s ($< 4 \Omega/\text{sq}$) is kept even if large tensile strain (up to 70%) was applied.
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12 This implies that the CuZr NTs-AgNWs hybrid network does not break while keeping good
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14 electron percolation. This high stretchability without failure indicates good adhesion at the
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16 network joints, with the combined contribution of the activation of mechanical size effects for
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18 sub-micrometer scale TFMGs²⁹, with the presence of the large density of glass-glass interfaces
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20 and free volume as provided by the PLD microstructure. This prevents the development of
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22 shear bands while leading to high stretchability³². In our approach, transparent and stretchable
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24 electrodes for this antenna were demonstrated using a random network of CuZr NTs-AgNWs
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26 hybrid structure.
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33 **Figure 2a** shows an antenna with a 5-turns structure (antenna width of 800 μm , turn
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35 space of 100 μm) fabricated using this hybrid electrode made of a random network of AgNWs
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37 sprayed on top of the CuZr NTs network. As a transparent antenna, the CuZr NTs-AgNWs
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39 network formed by electrospinning of CuZr NTs for 10 seconds with the spraying of AgNWs
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41 for 60 seconds had a significantly low R_s of 3.0 Ω/sq with a T of 91.1% (Figure 2b). These
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43 sprayed AgNWs could bridge across the locally disconnected, open areas of the CuZr NTs
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45 network to preserve the resistance of these narrow antenna patterns (Figure S3). This CuZr NTs
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47 -AgNWs hybrid structure could be patterned photolithographically to form the antenna using
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49 dry etching. To compare resonance characteristics of the hybrid antenna with a conventional
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51 Cu antenna, we fabricated the Cu antenna as the same structure with the hybrid antenna (Figure
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53 S4). As shown in Figure 2c, both antennas showed the same resonance frequencies (13.6 MHz),
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55 and similar values of the minimum reflection (hybrid antenna: -64, Cu antenna: -69). A quality
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4 (Q) factor means the frequency selectivity to a given frequency. The hybrid antenna had high
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6 Q factors of ~ 45.5 for the transmission distance of 10 mm. Compare to the brittle Cu antenna
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8 which has the same dimension, this hybrid antenna exhibited good mechanical stretchability
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10 with a negligible change in its resistance ($\Delta R/R_0 < 1.5\%$) under a tensile strain of 30%, as
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12 shown in Figure 2d. For example, the Cu antenna showed mechanical failure at a tensile strain
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14 of 10%, contrast to the negligible change in a R_s of the hybrid antenna (Figure S5). In addition,
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16 this hybrid antenna can be used as a flexible and invisible heater. Figure 2e shows the
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18 temperature as a function of time with 0.9 V direct current (DC) bias. By applying constant DC
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20 bias, the temperature was raised and then saturated to the desired value within 9 seconds.
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22 Furthermore, this hybrid heater exhibits outstanding flexibility, as shown in the photo and
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24 infrared (IR) image in Figure 2f, and in the graph in Figure S6. The heater bent with a 20 mm
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26 radius of curvature while maintaining the DC bias (0.9 V). This bending did not change the
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28 temperature significantly ($\Delta T/T_0 \sim 2.3\%$), as shown in Figure S6.
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35 EHD jet-printing, a state-of-the-art drop-on-demand printing technique, has recently
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37 been spotlighted as a high-fidelity/large-area patterning technique in various microscale
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39 electronic devices^{33,34}. We fabricate a new transparent flexible SC with exceptional high-
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41 resolution *via* an EHD jet-printing technique (Figure S7). A stepwise fabrication procedure of
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43 the transparent and flexible SC is schematically illustrated in **Figure 3a**. Details about the
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45 fabrication procedure of SC devices are provided in Supporting Information. Figure 3b shows
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47 the structural features of the microscale grid-patterned SC electrodes. Conventional inkjet
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49 printing techniques have limitations in lowering widths of printed Ag grids (mostly, > 35
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51 μm)^{35,36}. By sharp contrast, the EHD jet-printed Ag grids enabled a significant reduction in the
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53 line width and height (Figure S8). Notably, the line width is far smaller than those directly
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55 detectable by human eyes, demonstrating a viable role of the EHD jet-printing in realizing the
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4 fine-resolution images that are essentially needed for transparent devices^{33,34,37}. Moreover, the
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6 grid pattern in the SC electrode was not structurally disrupted after spin coating-assisted
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8 deposition of the PEDOT:PSS layer on top of the Ag grids. The uniform distribution of the
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10 PEDOT:PSS was verified by tracing sulfur (S) elements in an energy-dispersive X-ray
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12 spectroscopy (EDS) mapping image (inset of Figure 3b). Figure 3c presents the
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14 electrical/optical properties of the above-prepared SC electrodes as a function of Ag grid pitch.
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16 In overall, the T of the SC electrodes tended to improve with increasing the grid pitch, whereas
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18 their R_s became larger. Such a trade-off between the T and R_s is ascribed to the scattering and
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20 reflection of incident light on the Ag grid patterns^{34,37,38}. Notably, over a whole range of the
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22 grid pitches examined herein, the T of the SC electrodes remained higher than 70% (Figure
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24 S9). Meanwhile, the R_s of the SC electrodes increased from 0.4 Ω/sq (T of 72%) to 2.3 Ω/sq (T
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26 of 93%). These results demonstrate a promising potential of the EHD jet-printed SC electrodes
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28 for transparent device applications. The resulting SC device showed a T above 78% in the
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30 visible range (Figure 3d). Although the T of the SC device was lower than that of the SC
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32 electrode, it was high enough to detect the images beneath the device (inset of Figure 3d).
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40 To successfully apply a transparent SC device to flexible thermotherapy patch, its
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42 thermal stability should be secured as a prerequisite. We monitored the change in the T of the
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44 transparent SC device as a function of temperatures (Figure 3e). The T remained almost
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46 unchanged over a wide range of temperature. Moreover, the transparent SC device showed
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48 good capacitance retention up to 2,000 cycles at a high temperature of 40 °C (Figure S10). We
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50 investigated the electrochemical performance of the transparent SC device. The cyclic
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52 voltammetry (CV) curves presented normal pseudo-capacitive charge/discharge behavior
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54 (Figure 3f), which appeared similar to those of conventional pseudo-capacitors based on
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56 conducting polymers. In addition, the transparent SC device showed normal symmetric
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4 galvanostatic charge/discharge (GCD) profiles at various current densities of 5 to 30 $\mu\text{A cm}^{-2}$
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6 (inset of Figure 3g). The cycling stability of the transparent SC device was examined at a
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8 constant charge/discharge current density of 50 $\mu\text{A cm}^{-2}$ (Figure 3g). After 5,000 cycles, the
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10 specific capacitance was maintained above 90% of the initial value. This superb cycling
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12 performance, in collaboration with a wireless charging system, is expected to enable long-term
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14 use of the integrated transparent heaters. We quantitatively investigated the mechanical
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16 flexibility of the transparent SC device. After 1,000 bending cycles, the SC device still retained
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18 their structural integrity without impairing the cell capacitance (Figure 3h). Even upon being
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20 subjected to bending deformation (the bending radii were varied from 20 to 4 mm), the CV
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22 curves of the transparent SC device remained almost unchanged (Figure S11). This result
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24 indicates that the transparent SC device presented herein can be easily integrated with various
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26 flexible/wearable electronics.
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33 The wireless operation is mandatory functionality to enhance the user experience of
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35 wearable electronics, especially for skin-attachable devices³⁹. **Figure 4** discusses the
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37 fabrication process, electrical properties, and operating mechanisms of a transparent heat patch
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39 integrated with the circuits for wireless functionalities. The device consists of three electrical
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41 components (rectifier, antenna, and SC) as shown in Figure 4a. A transparent heat patch was
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43 fabricated by integrating the antenna, rectifier circuits, and SC (Figure 4b). Figure S12 shows
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45 a photograph of the heat patch before the integration with the energy storage system. Details
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47 about the fabrication of the heat patch are described in Figure S13 and Methods. All
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49 components of the device except the Si diode were manufactured using the transparent
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51 materials to maximize the T . As shown in Figure S14, the heat patch shows outstanding T
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53 ($\sim 72\%$ in visible light range) even after incorporating all components. Figure 4c shows the
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55 rectifying characteristics of the wireless power transfer unit including the antenna and rectifier
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4 elements. The rectifier circuit was composed of the p-type/intrinsic/n-type (PIN) diodes
5 fabricated using an ultrathin Si nanomembrane (thickness: 200 nm) and SiO₂-based capacitor
6 (Figure S15). In this circuit, the antenna wirelessly receives power inductively (black line in
7 Figure 4c). The rectifier circuit converts the alternating current (AC) bias (red line in Figure
8 4c) of 5.2 peak to peak voltage (V_{pp}) at 13.6 MHz into DC bias (blue line in Figure 4c) of 2.01
9 root mean square voltage (V_{rms}).
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19 Figure 4d shows circuit diagrams of the heat patch and the mechanisms during the
20 wireless operation. Since the switch is opened during the charging process, the wirelessly
21 applied AC power is rectified to DC power along the rectifier circuit to charge the SC. In
22 contrast, the switch is closed during the discharging process, and the power from the SC is
23 applied directly to the antenna to generate heat. Figure 4e shows the results of the charge-
24 discharge test. During the 30 cycles of switching on and off test, there was negligible
25 degradation of maximum charging voltage and it maintained about 0.95 V. The rectified DC
26 power (2.01 V_{rms}) was also sufficient to charge the SC. Figure 4f shows the operating
27 mechanisms of the switch when external pressure is applied. As shown in the schematic image,
28 the power transmission circuit and the SC are connected by silver paste, and the switch is not
29 connected to the electrode physically unless pressure is applied. When pressure is applied to
30 the switch, the switch is connected to the electrode of the SC to heat the antenna using the
31 stored energy of the SC. The physical contact between these electrodes can turn on this switch
32 to operate the heat patch. In order to measure the minimum tactile pressure that can turn on the
33 switch, we applied the tactile pressure with a gradual increment on the device using a
34 commercial, programmable compression test instrument (Mark-10, Mark-10 Corp., USA). As
35 plotted in Figure S16, the minimal tactile pressure of 18 kPa can turn on the switch, which is
36 similar to the pressure level for gentle finger touch. The heat patch was attached to the back of
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4 the hand to demonstrate the skin-attachable device (Figure 4g). As shown in the photograph,
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6 the heat patch attached to the human skin is inconspicuous due to the superb *T*. The heat patch
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8 can receive inductively coupled AC power wirelessly from a transmitting coil (at 13.6 MHz)
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10 at the distance of 10 mm. More details about wireless power transmission of the heat patch are
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12 described in Supporting Information. Figure 4h shows IR images before and after the switch is
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14 pressed. When the switch was pressed, the heat patch started to generate heat. Subsequently,
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16 the temperature of the heater was increased and then saturated to target temperature within 3
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18 seconds (Supporting Movie S2). All the on/off tests were performed with one charge, and three
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20 tests showed a constant temperature about 40.6 °C (Figure 4i). Therefore, there is no concern
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22 about low-temperature burns (> 45 °C) due to the heater.
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28 Thermal therapy is one of the most popular physiotherapy methods, and it is effective
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30 to increase blood circulation, reduce inflammation and pain^{40,41}. Also, thermal therapy
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32 enhances transdermal molecular movement, thus increasing the skin permeability of active
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34 material⁴². Here, we measured blood perfusion and skin hydration rate to demonstrate the
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36 effectiveness of the heat patch. First, the increase in blood flow due to capillary dilation that is
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38 one of the effects of thermal therapy was measured by means of a laser Doppler imaging (LDI)
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40 device⁴³. **Figure 5a** presents a schematic image of the blood flow measurement steps before
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42 and after thermal therapy. After thermal therapy (41 °C) to a local skin area (back of a hand,
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44 dimension: 1 × 1 cm) for about 1 minute with the manufactured heat patch, the local blood
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46 perfusion was measured by LDI. Immediately after thermal therapy, the blood flow peaked up
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48 and then gradually decreased over time. It was found that a short-lasting heat application (41
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50 °C for 60 sec) causes significant cutaneous hyperemia existing for up to 13 minutes (Figures
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52 **5b, S17**). Figure 5c shows the results for laser Doppler perfusion monitoring at one spot of
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54 skin. Measurements are expressed as perfusion units (PU), which are arbitrary⁴⁴. Compared to
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4 before thermal therapy, the skin heated for 1 minute (41 °C) presented 3.8 times more blood
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6 flow rate than normal skin.
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10 We also measured the increase in transdermal absorption of active material to prove the
11 effectiveness of thermal therapy. Figure 5d shows a schematic image of the mechanisms for
12 the skin moisture changes measurement. More details about measurement of skin moisture
13 changes are described in Supporting Information. Figure 5e presents the average of the
14 hydration state of the skin when the heat is applied by the heat patch for 0, 10, 40, and 60
15 seconds immediately after applying moisture cream. More details of the experimental data are
16 shown in Figure S18. The results show that the hydration states (arbitrary unit, a.u.) of the skin
17 without moisture cream applied and the skin with only moisture cream applied were 32.3 and
18 47.6. After the application of moisture cream, the hydration state (a.u.) after 10, 40 and 60
19 seconds of thermal therapy was 69.7, 84.1 and 90.7. As thermal therapy time increased from
20 10 seconds to 60 seconds, the absorption rate of moisture cream increased linearly. In addition,
21 the moisture absorption rate of the skin after thermal therapy was increased by 1.9 times when
22 the hydration rate of the skin without thermal therapy (47.6) and the skin hydration rate (90.7)
23 after 60 seconds of thermal therapy were compared. Our data showed that the best combination
24 (heat temperature and time) was 41 °C for 60 sec that could remarkably exalt the skin hydration
25 rate compared with other times.
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46 47 CONCLUSION

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50 In summary, this work presented the advantages of heat patches with transparent,
51 flexible, wireless, rechargeable characteristics. The antenna in the heat patch for wireless data
52 transmission using CuZr NTs-AgNWs hybrid network presents superb optoelectronic
53 properties (R_s of 3.0 Ω /sq at T of 91.1%) and mechanical robustness against folding and
54 stretching deformation. The fabricated antenna wirelessly received AC power from the reader
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4 coil, and the rectifier circuit converted AC power to DC power. In addition, as an energy
5 storage device, the transparent and flexible SC was integrated with the power transmission
6 circuit. We successfully produced a heat patch as an example of the skin-attachable device and
7 demonstrated the possibility of thermal therapy by measuring blood flow and skin hydration.
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9 We believe our approach presents the substantial promise of future skin-attachable electronics.
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FIGURES

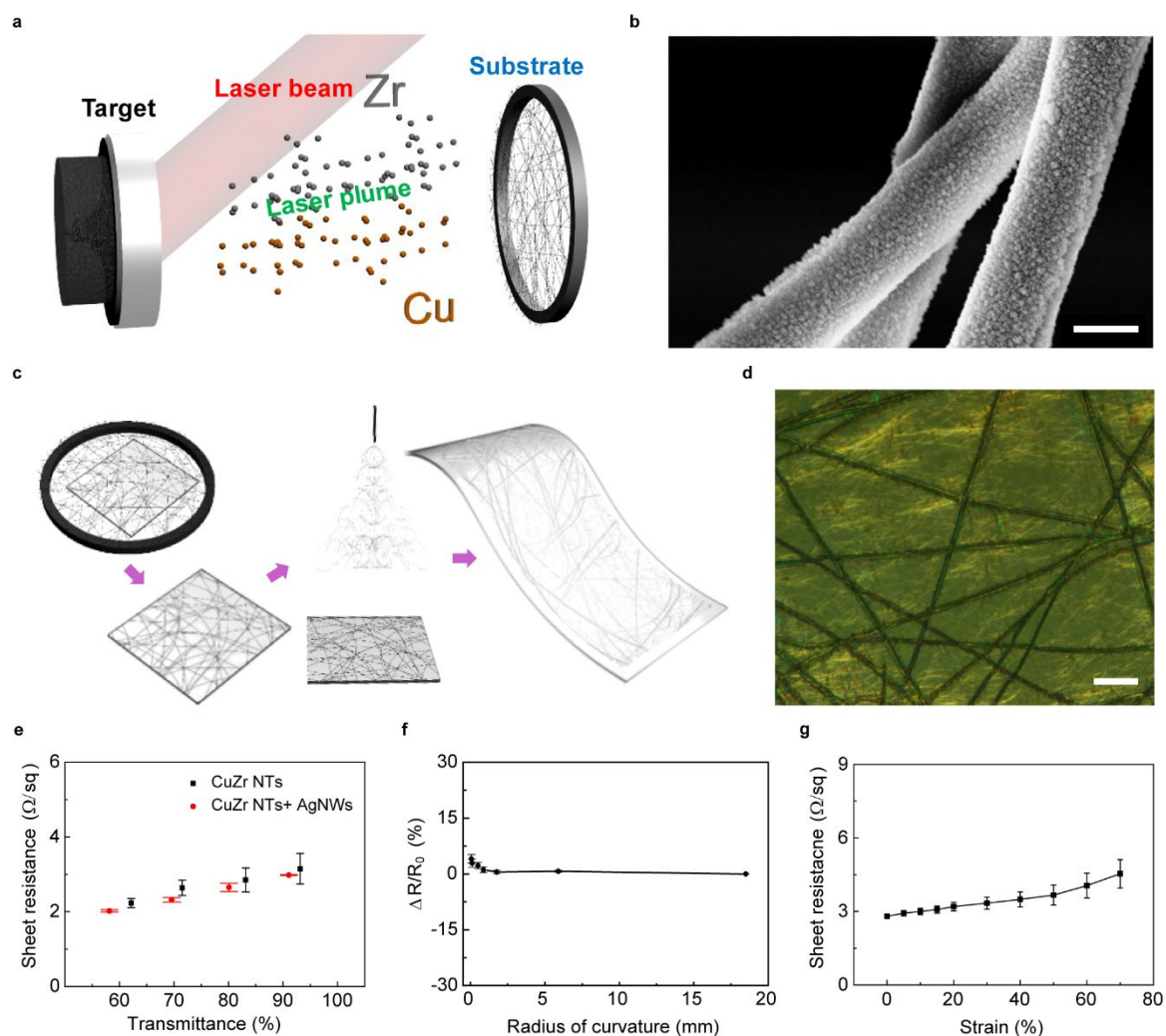


Figure 1. Metallic glass nanotrroughs (a) Schematic illustration of the pulsed laser deposition process of the CuZr NTs network. (b) SEM image of a CuZr NTs network. Scale bar, 1 μm . (c) Schematic illustration of the fabrication process of CuZr NTs-AgNWs hybrid network. (d) Optical microscope image of the CuZr NTs-AgNWs hybrid structure. Scale bar, 20 μm . (e) Transmittance versus sheet resistance of the CuZr NTs and CuZr NTs-AgNWs hybrid electrode. (f) Relative resistance changes as a function of the bending radius of the CuZr NTs and CuZr NTs-AgNWs hybrid electrode. (g) Sheet resistance of the CuZr NTs and CuZr NTs-AgNWs hybrid electrode as a function of tensile strain.

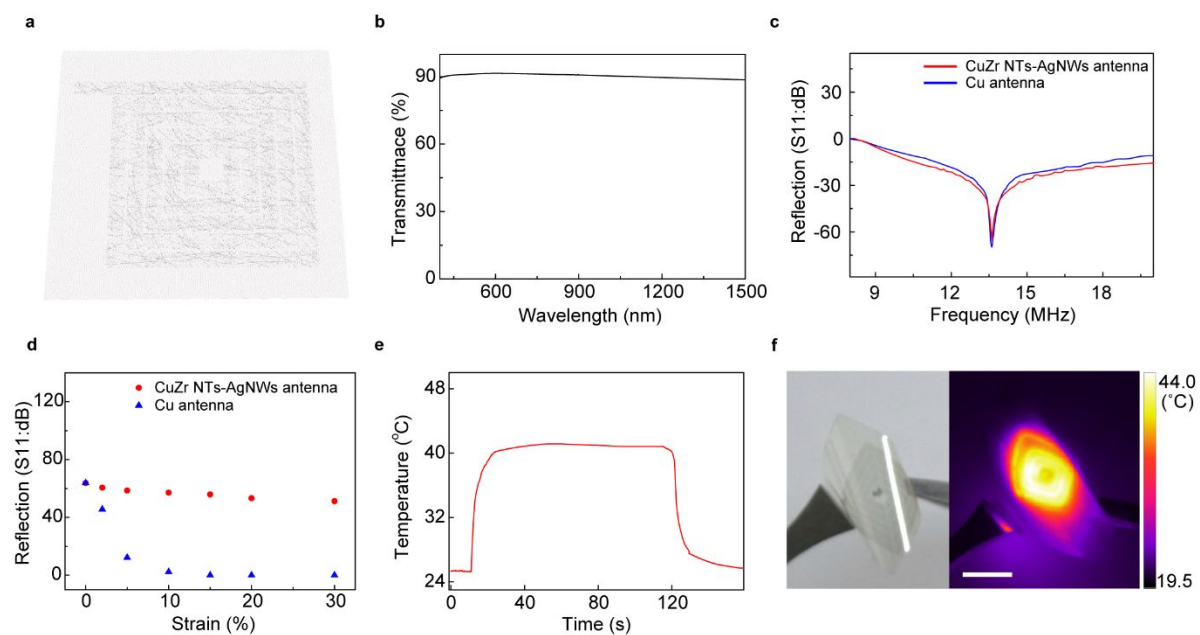


Figure 2. Transparent antenna and heater (a) Schematic illustration of transparent antenna. (b) Optical transmittance spectrum of the CuZr NTs-AgNWs hybrid antenna. (c) Resonance characteristics of the Cu antenna and CuZr NTs-AgNWs hybrid antenna. (d) Reflection values of the Cu antenna and CuZr NTs-AgNWs hybrid antenna as a function of tensile strain. In the case of Cu antenna, as tensile strain increases above 10%, its reflection becomes 0 due to cracking of Cu. (e) Temperature as a function of time with DC Voltage. (f) The photograph and IR image of the CuZr NTs-AgNWs hybrid antenna under bending stress. Scale bar, 1 cm.

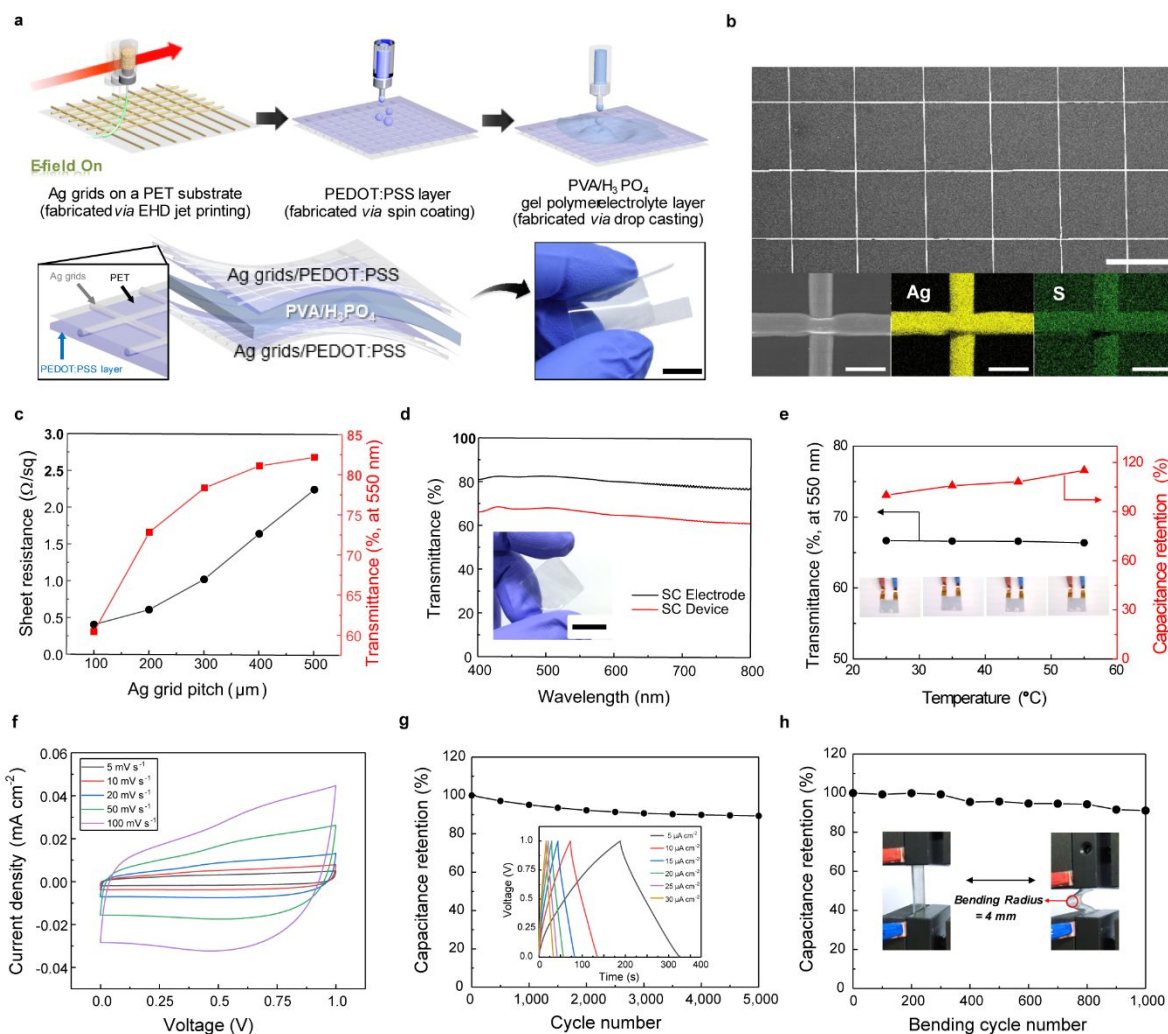


Figure 3. Fabrication and characterization of the transparent/flexible SC device. (a) Schematic of the overall fabrication process of the transparent SC device comprising on the EHD jet-printed Ag grids on a PET substrate, spin-coated PEDOT:PSS layer, and drop-casted PVA/H₃PO₄ gel polymer electrolyte. Scale bar, 1 cm. (b) SEM and EDS mapping images of the SC electrode (PEDOT:PSS electrode on top of the EHD jet-printed Ag grids). Scale bars, top: 1 mm, bottoms: 20 μm. (c) Sheet electrical resistance and optical transmittance of the SC electrodes as a function of Ag grid pitch. (d) Transmittance profile (vs. wavelength) of the SC electrode, and SC device. Inset is a photograph of the SC device. Scale bar, 1 cm. (e) Optical transmittance and capacitance retention of the SC device as a function of temperature. (f) CV curves of the SC device at various scan rates. (g) Cycling performance of the transparent SC (measured at a constant charge/discharge current density of 50 μA cm⁻²). Inset is the GCD profiles at various current densities of 5 – 30 μA cm⁻². (h) Bending stability of the SC device with bending radii of 4 mm at a scan rate of 50 mV s⁻¹.

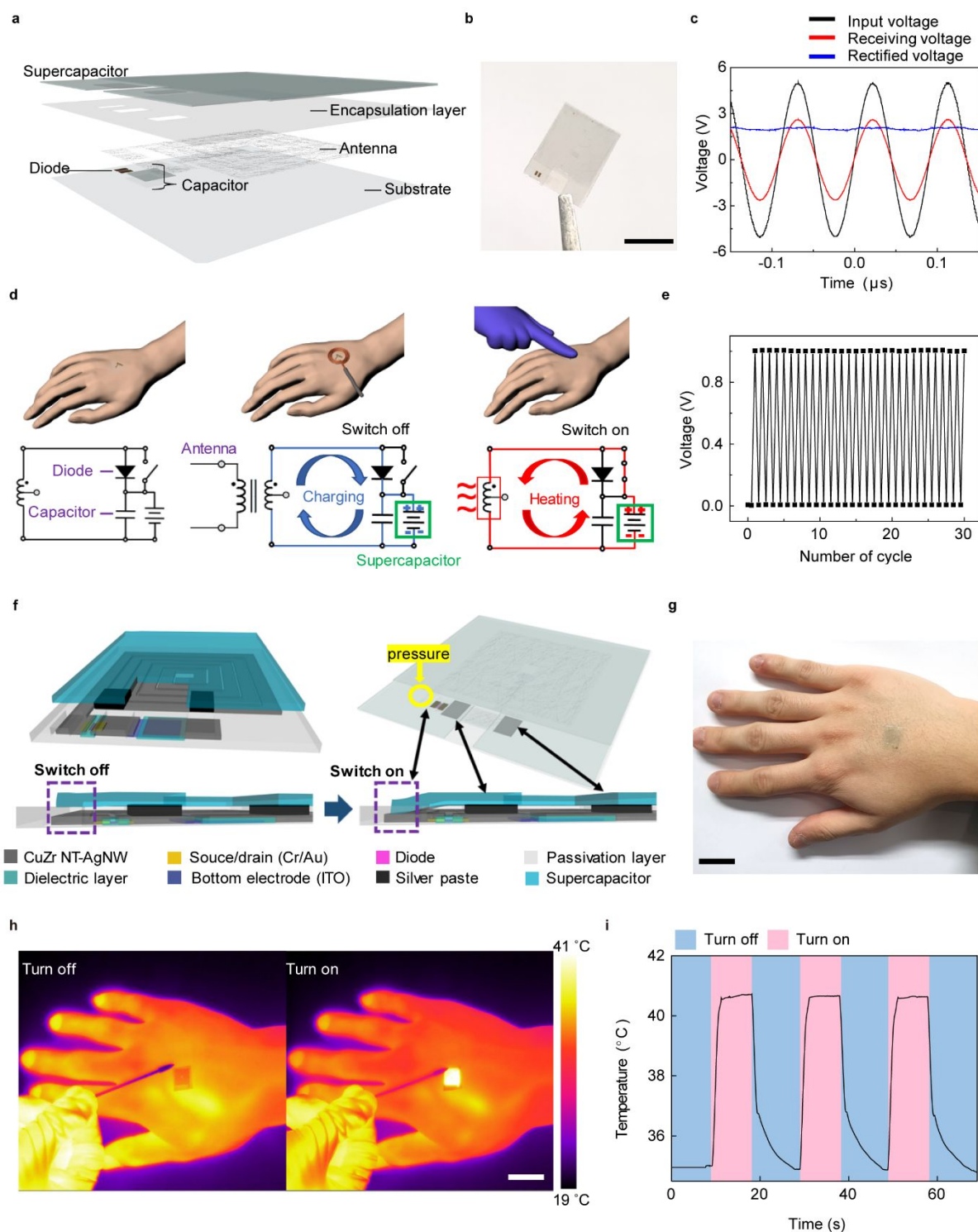


Figure 4. Thermal therapy patch (a) Schematic illustration of the integrated system, consisting of the rectifier (diode, capacitor), antenna, supercapacitor. (b) Photograph of wirelessly rechargeable, transparent and flexible heat patch. Scale bar, 1 cm. (c) Rectified properties of the fabricated rectifier. (d) The changes in the circuit diagram of the heat patch following wireless charging and discharging. (e) Charging and discharging properties of the heat patch. (f) The operating mechanisms of the switch and the heat patch when external pressure is applied. (g) Photograph of the heat patch attached on the back of the hand. Scale bar, 2 cm. (h)

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4 IR image of the heat patch with the switch turned on/off. Scale bars, 2 cm. (i) Thermal stability
5 and turn on/off test of heat patch with one charge.
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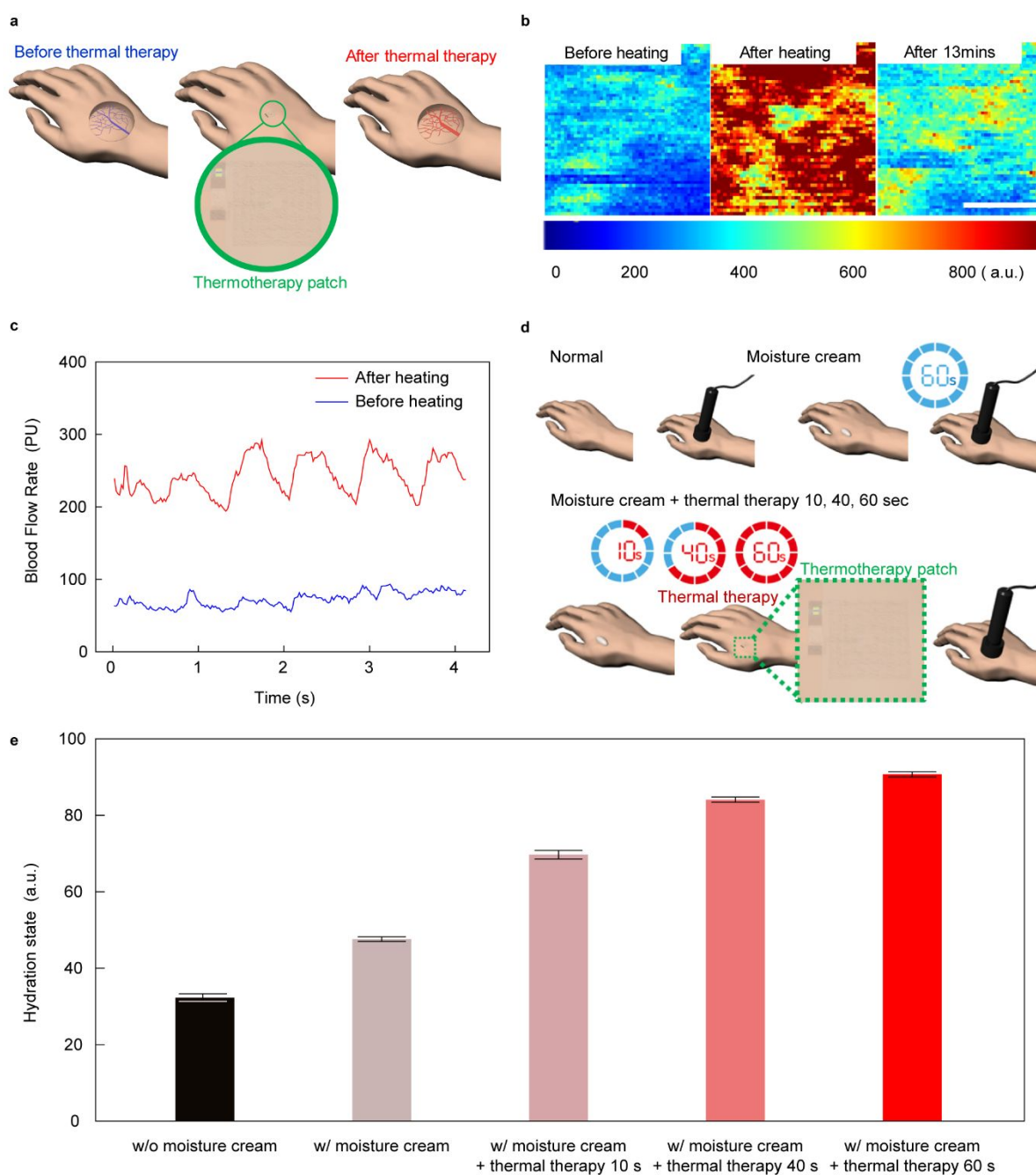


Figure 5. The effect of the thermal therapy (a) Schematic image showing blood flow rate change on the back of hand caused by thermal therapy. (b) Laser doppler images exhibiting blood flow rate changes with thermal therapy time. Scale bar, 5 mm. (c) The results for laser doppler perfusion monitoring at one spot of skin. Measurements are expressed as perfusion units (PU). (d) A schematic image of hydration state measurements over time applied to thermal therapy. (e) Hydration state (a. u.) of the skin according to applied thermal therapy time immediately after applying moisture cream. The control group, the hydration state of the skin without moisture cream, were also compared.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.nanolett.

- Methods and materials, comparison with previous studies, SEM images of CuZr NTs and hybrid electrode, photograph of Cu antenna, relative change in sheet resistance of the hybrid antenna and Cu antenna as a function of tensile stain, temperature changes as a function of the bending radius of the hybrid antenna, schematic of the EHD jet-printing equipment, SEM images of the EHD jet-printed Ag grid, optical properties of SC electrodes as a function of Ag grid pitch, cycling performance of the SC at 40 °C, CV curves of the SC device as a function of bending deformation, photograph of antenna and rectifier circuit on polyimide (PI) substrate, fabrication procedures of the heat patch, optical transmittance of the heat patch in visible light range, characteristics of the Si diode, characteristics of the switch in the heat patch, details of laser Doppler images by thermal therapy time, details of moisture tests
- Supporting Movie 1. The fabrication of Ag grid current collector using the EHD jet-printing
- Supporting Movie 2. Wireless operation of the heat patch

AUTHOR INFORMATION

Corresponding Author

*E-mail: jang-ung@yonsei.ac.kr; syleek@unist.ac.kr; andrea.libassi@polimi.it

Author Contributions

S.L., S.-W.K., M.G., H.S.A., and J.J. contributed equally to this work. S.L. and H.S.A. fabricated the device and conducted experiments for performance evaluation of the heat patches. S.-W.K. manufactured the transparent SCs. M.G. synthesized the CuZr NTs-AgNWs hybrid network. S.L., S.-W.K., M.G., and H.S.A. analyzed the data and wrote the manuscript. J.J. supported experiments for fabricating the device and contributed the revision of this manuscript. A.L.B. contributed to the analysis of the CuZr NTs-AgNWs hybrid network synthesis process and the revision of this manuscript. S.-Y.L. contributed to the appraisalment of transparent SCs and the revision of this manuscript. J.-U.P. oversaw all research phases and revised the manuscript. All authors discussed and commented on the manuscript.

The authors declare no competing financial interest.

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