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Declining reproductive success in the Gulf of St. Lawrence's humpback whales (*Megaptera novaeangliae*) reflects ecosystem shifts on their feeding grounds

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Abstract :

Climate change has resulted in physical and biological changes in the world's oceans. How the effects of these changes are buffered by top predator populations, and therefore how much plasticity lies at the highest trophic levels, are largely unknown. Here endocrine profiling, longitudinal observations of known individuals over 15 years between 2004 and 2018, and environmental data are combined to examine how the reproductive success of a top marine predator is being affected by ecosystem change. The Gulf of St. Lawrence, Canada, is a major summer feeding ground for humpback whales (Megaptera novaeangliae) in the North Atlantic. Blubber biopsy samples (n = 185) of female humpback whales were used to investigate variation in pregnancy rates through the quantification of progesterone. Annual pregnancy rates showed considerable variability, with no overall change detected over the study. However, a total of 457 photo-identified adult female sightings records with/without calves were collated, and showed that annual calving rates declined significantly. The probability of observing cow-calf pairs was related to favourable environmental conditions in the previous year; measured by herring spawning stock biomass, Calanus spp. abundance, overall copepod abundance and phytoplankton bloom magnitude. Approximately 39% of identified pregnancies were unsuccessful over the 15 years, and the average annual pregnancy rate was higher than the average annual calving rate at \sim 37% and \sim 23% respectively. Together, these data suggest that the declines in reproductive success could be, at least in part, the result of females being unable to accumulate the energy reserves necessary to maintain pregnancy and/or meet the energetic demands of lactation in years of poorer prev availability rather than solely an inability to become pregnant. The decline in calving rates over a period of major environmental variability may suggest that this population has limited resilience to such ecosystem change.

Keywords : biopsy, calving rates, endocrine profiling, environmental change, marine mammals, photoidentification, pregnancy rates

47 Introduction

Widespread, major changes have been documented in the marine environment over the last 48 decades as a result of anthropogenically driven climate change. These include changes in 49 atmospheric / ocean circulation patterns, ocean acidification, ocean warming, loss of sea ice 50 and greater stratification of the water column (Hoegh-Guldberg and Bruno 2010). Rapid 51 52 physical oceanographic changes are triggering huge shifts and reorganizations in regional ecosystems and biogeochemical cycles, especially at high latitudes (Ducklow, et al. 2007; 53 54 Moline, et al. 2008). Polar and sub-polar regions are particularly vulnerable environments, and the most accelerated changes have been documented in these areas (Moritz, et al. 2002; 55 56 Schofield, et al. 2010; Wassmann, et al. 2011). These changes come with associated risks of fundamental and irreversible ecological transformation. There is therefore an urgent need for 57

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58 more information to improve the ability to predict the future resilience of high latitude 59 ecosystems as climate change progresses (Schofield, et al. 2010). Long term monitoring efforts 60 are thus vital to assess ecological responses and ecosystem variability as currently, how these 61 large scale changes will affect the highest trophic levels in terms of marine predator abundance 62 and distribution is largely unknown.

Marine mammals, as long-lived, conspicuous and wide ranging top marine predators, can be 63 used as sentinel species to assess ecosystem health as they integrate environmental conditions 64 from the bottom through to the top of the food chain (Moore and Huntington 2008; Hazen, et 65 al. 2019). Ultimately, the most fundamental consideration to understand how these species are 66 responding to environmental variability at a population level is to understand the extent to 67 which their reproductive success, and by inference their fitness, is being affected. Monitoring 68 69 the reproductive success of these animals can therefore provide vital information on ecosystem productivity and environmental quality, and is imperative to predict population-level impacts 70 71 over meaningful timescales for these apex predators.

Knowledge of population vital rate parameters, specifically pregnancy rates and calving rates, 72 provides information on both population health and potential for growth. Historically, the 73 pregnancy status of cetaceans was assessed by examining carcasses taken in commercial whale 74 hunts. More recently, endocrinological profiling techniques have shown that blubber 75 progesterone concentrations are indicative of pregnancy in both mysticetes (Mansour, et al. 76 2002; Kellar, et al. 2013) and odontocetes (Kellar, et al. 2006; Perez, et al. 2011; Trego, et al. 77 2013), as confirmed by the physical examination of stranded carcasses and recording the 78 number of corpora as well as corpus lutea and foetus size, if present. Progesterone is produced 79 by the corpus luteum, and is the primary regulator of oestrous cycling and pregnancy in 80 mammals (Pineda 2003). Its lipophilic properties, as with other steroids, mean that increases 81 82 in circulating concentrations are measurable in the blubber. The collection and analysis of blubber biopsy samples is therefore a readily obtainable and non-lethal way of assigning 83 pregnancy status in free-ranging cetaceans, and has been applied to bottlenose dolphins 84 (Tursiops truncatus), long-finned pilot whales (Globicephala melas) (Perez, et al. 2011), and 85 humpback whales (Megaptera novaeangliae) (Clark, et al. 2016; Pallin, Robbins, et al. 2018; 86 Pallin, Baker, et al. 2018). From these studies, it appears that there may be species-specific 87 88 and/or blubber processing method-specific progesterone concentrations indicative of pregnancy. These methods therefore require pregnancy validation checks for each new 89 investigation. 90

91 To apply these methods, long-term time-series data are invaluable for identifying changes in population pregnancy rates and reproductive success. The population dynamics of baleen 92 whales in the Gulf of St. Lawrence, Québec, Canada, have been studied since the 1980s by the 93 Mingan Island Cetacean Study (MICS), and therefore represent a unique study to investigate 94 reproductive success and how this has been affected by environmental variability over time. 95 The Gulf of St. Lawrence (GSL) is a major feeding grounds for baleen whales, and other top 96 marine predators in the North Atlantic, and like many other sub-polar regions, has experienced 97 major ecosystem changes in the last decades. These include both physical (e.g. water 98 99 temperature, sea-ice volume) and biological changes (e.g. plankton production) (Long, et al. 2016; Blais, et al. 2019). The MICS has conducted annual cetacean surveys of parts of the GSL 100 during the summer feeding season for over 40 years, which has resulted in a well-established 101 catalogue of photo-identified individuals of the three largest baleen whale species present, 102 including humpback whales, and, importantly, an extensive archive of tissue samples. 103

104 The retrospective analysis of these long-term data sets has shown that the migratory timing of humpback whales into the GSL has shifted earlier by approximately 4 weeks between 1984 105 and 2010 (Ramp, et al. 2015). This difference was strongly related to earlier ice break-up as a 106 result of rising sea surface temperature (Ramp, et al. 2015). These observed changes in 107 phenology in response to ocean warming are an example of the behavioural plasticity of this 108 species (Ramp, et al. 2015), but whether the observed rate of change in timing is maintained, 109 and how this change will affect population status and trends is unknown. In addition, stable 110 isotope analysis of skin samples has also enabled an investigation of dietary changes in four 111 species of baleen whales in the GSL (Gavrilchuck, et al. 2014) following the collapse of the 112 several commercial groundfish populations in the early 1990s (Hutchings and Myers 1995; 113 Myers, et al. 1996). Specifically, there has been an increase in feeding on higher trophic-level 114 prey, such as small, pelagic, schooling fish, particularly for humpback whales (Gavrilchuck, et 115 al. 2014). This work provides evidence for differential resource use following ecosystem 116 change in the GSL, further demonstrating the behavioural plasticity of this species. However, 117 how changes in diet may affect vital rates are unknown. The next step in understanding how 118 population vital rates may be affected by such environmental variability is to apply newly 119 developed hormone profiling methods to investigate variation in reproductive success in this 120 population over time. 121

A unique dataset of archived blubber biopsy samples together with detailed, individual
sightings histories of female humpback whales was collected by the MICS between 2004 and

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2018. These data were used to investigate firstly, changes in calving rates (calculated here using 124 the number of calves that survive long enough to be observed in the following feeding season, 125 rather than the *birth rate* directly measured on the breeding grounds), and pregnancy rates over 126 the 15 year study period. Secondly, the relationships between these vital rates and 127 environmental covariate data collated by the Department of Fisheries and Oceans, Canada 128 (DFO) were investigated. Thus, by combining long-term survey efforts of photo-identified 129 individuals, endocrine profiling and environmental data, the population level impacts of, or 130 resilience to ecosystem change in the GSL humpback whales can be assessed. 131

- 132
- 133
- 134 Methods
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1. Blubber Biopsy Sample Collection and Sexing

A long-term dataset of 185 remotely obtained, shallow, blubber biopsy samples were collected 136 137 from 114 individually photo-identified, female humpback whales between 2004 and 2017. The sex of individuals had been previously determined genetically using standard polymerase chain 138 139 reaction (PCR) methods targeting sex-specific gene regions in skin samples (Palsbøll et al. 1992; Bérubé & Palsbøll 1996). Sampling occurred during the summer feeding season from 140 May to October in the St. Lawrence Estuary, the Jacques Cartier Passage and Gaspé Peninsula 141 regions of the Gulf of St. Lawrence, Québec, Canada (Fig. 1). Biopsies were collected from 142 rigid-hulled, inflatable boats using a crossbow and arrow system with hollow-tipped, stainless-143 steel biopsy darts (40 mm in length and 8 mm in diameter) (Borobia, et al. 1995; Gavrilchuck, 144 et al. 2014) from the dorsal and flank areas of individuals. Samples were stored either in 145 aluminium foil, plastic vials, or glass vials on ice immediately after collection, and were 146 subsequently frozen at -20° C before analysis. All samples were collected under annual permits 147 issued to the MICS by the Department of Fisheries and Oceans, Canada (DFO). 148

149

2. Life-history Data

Annual, boat-based surveys of baleen whale populations in the GSL conducted by the MICS since 1982 have generated a catalogue of 476 photo-identified humpback whales (at the end of the 2018 summer field season). Individuals were photo-identified using natural markings, with particular emphasis on the pigmentation on the ventral face of the fluke and the size and shape of the dorsal fin (Katona and Whitehead 1981). Life-history data were obtained for the sampled individuals using this photo-identification catalogue and the MICS sightings database. Detailed
sightings histories of the individuals were recorded throughout a feeding season where they
were sighted multiple times in the study areas (Fig. 1) between May and October, and also
between years.

In order to assign females into age-specific, reproductive classes, information on age at sexual 159 maturity from other studies was assessed. Age at sexual maturity appears to vary between 160 populations, and possibly also over time as populations increased post-whaling. Based on 161 Australian whaling records, females were thought to reach maturity at between 4 and 5 years 162 of age (Chittleborough 1959; Chittleborough 1965). In the Gulf of Maine, long-term sighting 163 histories of individually identified females first observed as calves and then re-sighted every 164 year thereafter were used to determine an age at first calving of between 5 and 7 years, with a 165 mean of 5.9 (n = 12) (Clapham 1992). Later, for the same population of the Gulf of Maine 166 whales, age at first calving was estimated at 8.78 years (n = 25), thus showing either, an 167 apparent increase between the 1970s - 1980s and the 2000s, or, that the early estimate was 168 169 biased towards younger mothers, as in 1990s only very young mothers could have been included due to the short length of the study (Robbins 2007). Similarly, using sightings 170 histories from photo-identified females in south east Alaska, the mean age at first calving was 171 11.8 years with a range of between 8 and 16 years (n = 11) (Gabriele, et al. 2007). Finally, for 172 the GSL population, based on a small sample size of 4 females sighted annually since birth, the 173 mean age at first reproduction was 12 years (range between 9 and 16 years) (MICS, 174 unpublished data). Thus, with ages ranging from between 4 and 12 years, for the purposes of 175 this study, individuals were considered as adults when they were sighted for the first time with 176 a calf, or when they were known for at least 8 years. Individuals were considered as juveniles 177 when they were known for less than 8 years or if they were first sighted as a calf, and their 178 exact age was therefore known. Lactating females were defined as large females that were 179 accompanied consistently by a smaller individual (approximately 1/3 of its size) during an 180 entire feeding season (Ramp, et al. 2010). Calves were considered as these smaller individuals 181 182 that were closely associated with the adult during an entire season. Finally, *confirmed* pregnant females were defined as those that were seen in the subsequent year with a calf. 183

184

3. Gulf of St. Lawrence Environmental Data

Biological variables were used to describe variations in environmental conditions during the summer feeding season in the GSL (Table 1). With a lack of specific data on a number of

potentially important humpback whale prey species, including sand lance (Ammodytidae spp.) 187 and krill, for example, these variables are a combination of indices that describe broad changes 188 in productivity as well as the abundance of some known prey species. These variables are 189 therefore used to investigate broad-scale, environmental variation on the humpback whales' 190 feeding grounds. Phytoplankton bloom magnitude, zooplankton biomass and both copepod 191 and *Calanus* spp. abundance data were collated from the DFO's Atlantic Zone Monitoring 192 Program (AZMP) (Therriault, et al. 1998). The AZMP uses satellite data and carries out regular 193 surveys along standard sections and at various stations in order to describe physical and 194 195 biological oceanographic conditions in the Canadian Atlantic region between June and November. Phytoplankton bloom magnitude (integral of the chlorophyll *a* concentration under 196 the Gaussian curve) was thus derived for each year in the northwestern, northeastern and 197 southern GSL subregions to cover the different parts of the GSL (see details for the calculation 198 in Blais et al., 2019). In the same regions, zooplankton samples were collected during surveys 199 using a zooplankton net (202 μ m) vertically towed from the bottom to the surface. Abundance 200 of the different copepod species was integrated over the water column (see Mitchell, et al. 2002 201 for the detailed AZMP protocol). Mackerel and herring (spring and fall spawning components) 202 annual spawning stock biomass estimates were extracted from DFO stock assessment reports 203 204 for the entire GSL (summed over the 4R, 4T and 4S areas for herring (DFO 2018a, b, 2019)) (Fig. 1). Specifically, annual spawning stock biomass estimates are generated as the product of 205 206 abundance, weight and the proportion of mature individuals (for the beginning of the year) summed over all ages (for details see DFO 2018a, b, 2019). Finally, relative changes in capelin 207 abundance were also included as the number of individuals caught in standard tows during 208 DFO ecosystem surveys conducted annually, in August, in the northern GSL (including the 209 lower Estuary) (Bourdages et al. 2020). 210

Humpback whales are known to feed through the entire GSL region from the Estuary, the 211 Laurentian Channel, the Jacques Cartier Passage, and up to the Straight of Belle Isle (Stevick, 212 et al. 2006) (Fig. 1). Individual whales are sighted throughout a feeding season moving between 213 214 the Jacques Cartier Passage, the Gaspé Peninsula and the Estuary (Ramp, et al. 2010). For these reasons, where different biological covariate values were available covering the various 215 subregions of the GSL (Blais, et al. 2019), these were averaged to produce a single value that 216 covers the whole area as a measure of the overall environmental conditions experienced by the 217 humpback whales on their summer feeding grounds in a year. 218

219 4. Blubber Progesterone Extraction and Quantification

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220 4.1 Progesterone Extraction

The blubber steroid extraction protocol developed by Kellar and colleagues (2006), and 221 previously used to extract progesterone (Kellar, et al. 2006; Trego, et al. 2013) and cortisol 222 (Kershaw and Hall 2016; Kershaw, et al. 2017), was used to extract progesterone from the 223 blubber biopsy samples. The epidermis was removed from the biopsy, and either the whole 224 blubber sample was used for hormone extraction when the tissue mass was < 0.2g, or where 225 the tissue mass was great enough, longitudinal sub-samples (0.15 - 0.2g) were taken while the 226 tissue was still frozen. Briefly, the tissue was accurately weighed, and the extraction protocol 227 involved tissue homogenisation in ethanol followed by tissue debris removal in a series of 228 solvent rinses (ethanol : acetone, diethyl ether, and acetonitrile) with recovery of the 229 supernatant each time. The resulting residues are washed (using hexane) to remove any 230 remaining lipid, and the final extract dried down for resuspension and assaying. The final 231 232 residue is centrifuged briefly and then re-suspended in 500µl phosphate buffered saline (PBS) (pH 7.5) before assaying (Kershaw, et al. 2017). 233

4.2 Progesterone Quantification

A commercially available ELISA (DRG International Inc. Progesterone ELISA EIA-1561) was 235 used for the quantification of progesterone. This ELISA has been successfully used for the 236 quantification of progesterone in harbour seal (*Phoca vitulina*) blubber biopsies to determine 237 pregnancy status (Hall, et al. 2020). The concentrations were measured according to the ELISA 238 kit instructions with a standard curve ranging between 0 and 40ng/ml with a sensitivity of 239 0.045ng/ml. Progesterone concentrations were determined using a 4 parameter log-logistic 240 241 model based on the standard curve. All samples were assayed in duplicate and the mean hormone concentration reported in ng/g wet weight of the sample. Extracts of varying 242 concentrations were used to calculate inter-assay (n = 22) and intra-assay (n = 12) CVs. The 243 mean inter-assay CV was 14.7%, and the mean intra-assay CV was 5.2%, and were therefore 244 below the acceptable limits of variation (mean percentage CVs of <20% and <10% were set as 245 the acceptable limits for inter-assay and intra-assay variability respectively (Andreasson, et al. 246 2015). 247

248 **4.3 Quality Assurance and Quality Control**

Quality assurance and quality control tests were performed to validate the use of thisprogesterone ELISA for the first time with humpback whale blubber extracts. Parallelism

assays with the standard curve were carried out using diluted sample extracts to confirm that

the antigen binding characteristics allow the reliable determination of hormone concentrations.

253 Matrix effects tests confirmed that PBS was a compatible sample diluent using spiked samples

- 254 (Supplementary Fig. S1; for detailed quality assurance and quality control methods for blubber
- steroid extraction see Kershaw, et al. 2017).
- 256

5. Statistical Analysis

257 5.1 Blubber Progesterone Concentrations as an Indicator of Pregnancy Status

In the full sample set of 185 females, there were 14 confirmed pregnant individuals (based on 258 sightings records the following year). A mixture of immature females (known to be less than 8 259 years old as they were first sighted as calves) and calves (n = 31) were used as non-pregnant 260 controls. The progesterone concentrations measured in these 45 control samples, as well as the 261 concentrations measured in the other 'unknown' samples (n = 140) where reproductive status 262 was to be determined, are shown in Fig. 2. Using these two datasets of confirmed pregnant and 263 immature females we used a logistic regression model (binomial family with a "logit" link 264 function) to model the probability of a female being pregnant as a function of measured blubber 265 progesterone concentrations (Kellar et al., 2017; Pallin, Robbins et al. 2018). Progesterone 266 concentrations were log transformed and used as the predictor variable. The model generated 267 probabilistic estimates of pregnancy for each of the 45 females input into the model ranging 268 from 0 (not pregnant) to 1 (pregnant) (Supplementary Fig. S2). We randomly resampled the 269 progesterone concentration data (with replacement) and fitted the model 500 times to estimate 270 uncertainty (Supplementary Fig. S2), and used the best fitting model to assign probabilistic 271 272 estimates of pregnancy for the other 140 females of unknown pregnancy status. Each probability estimate was associated with a standard error (SE), and when the upper and lower 273 274 SE around the estimate was between 100% and \geq 99.0%, the female was classified as pregnant (see Supplementary Table S1 with probability estimates \pm SE for unknown females). 275

276 5.2 Population Calving Rates and Pregnancy Rates

Annual calving rates were calculated as the number of calves sighted as a proportion of the total number of adult females (≥ 8 years old) sighted in that year (2004 – 2018) (Table 2). Similarly, pregnancy rates were calculated as the number of pregnant females biopsied as a proportion of the total number of adult females (≥ 8 years old) biopsied in that year (2004 – 2017) (Table 2). The small sample sizes of adult females biopsied in some years (e.g. 2 adults

compared to 18 juveniles and calves in 2007) (Table 2), introduces variability into the
 pregnancy rates estimates, with some years thus producing more robust estimates than others.

Generalised Linear Models: As calving rates and pregnancy rates are both proportions, and are thus not normally distributed, binomial Generalised Linear Models (GLMs) (R version 3.6.2, 2019) with a "logit" link function were used to investigate, firstly, the relationship between calving rates and pregnancy rates over time, and secondly, the relationship between pregnancy rate, and the calving rate in the following year. Quasi-binomial GLMs were used to take into account over dispersion in the calving rate data.

Given the small sample sizes and the variability in the pregnancy and calving rates, it was 290 important to consider these data in the context of their power to detect significant relationships. 291 To estimate power for generalised linear models, the *pwr.f2.test* function in the *pwr* package 292 293 uses the number of coefficients in the model, the number of error degrees of freedom and the effect size based on the proportion of variance explained by the model for regression power 294 calculations (Kutner, et al. 2005). Setting the significance level at 0.05, the power to detect a 295 relationship in the calving rate regression over time was 80.0%, while the power to detect a 296 relationship in the pregnancy rate regression over time was much lower at just 9.30%. Thus, 297 these data are sufficient to measure trends in the calving rates for this population, but the 298 variability in pregnancy rate estimates makes the detection of significant trends over this 15 299 year period unlikely. Using the same *pwr* package, the sample size required to detect a 300 significant relationship in the pregnancy rate data was estimated by setting power to 0.8, and 301 significance level to 0.05. It was estimated that, given the high variability in the data, a sample 302 size of 234 pregnancy rate estimates would be required to detect a significant trend in 303 pregnancy rate over time. For more robust pregnancy rate estimates, larger sample sizes of 304 biopsied adult females are required every year (Table 2). 305

306 5.3 Population Calving Rates and Environmental Covariates

Generalised Linear Mixed Effects Model: The relationships between the probability of
 individual females being sighted with a calf (cow - calf pairs) and the environmental covariates
 and pregnancy rate in the previous year were investigated.

310 Specifically, a total of 457 photo-identified adult female sightings records were collated

between 2004 and 2018 (Table 2). Every year, each female was recorded as sighted without a

calf (0 or absent) or with a calf (1 or present), resulting in a total of 106 cow - calf pair sightings

over the study period. These sightings were of 83 different females. As these observations are

thus of the same females sighted over multiple years, a Generalised Linear Mixed Effects 314 Model (GLMM) was used to take into account the repeated records of the same individuals. 315 GLMMs incorporate random effects such that they encompass variation among individuals 316 when multiple responses are measured per individual. A GLMM (glmer function in lme4 317 package) with a binomial distribution and a "logit" link function, and with female ID as a 318 random effect, was used to investigate the effects of the environmental covariates on the 319 probability of calf presence in the *following* year. The explanatory environmental variables 320 investigated are listed in Table 1. To ensure that the environmental variables are not correlated, 321 322 and thus to avoid multicollinearity in the final model, variables were selected for inclusion based on variance inflation factors (VIFs). Starting with the full, global model, the VIF for each 323 of the six covariates in the model was calculated (car package in R). The covariate with the 324 highest VIF value was removed from the model in a stepwise fashion until the VIF values for 325 all covariates included in the model were below three (Zuur, et al. 2010). VIF calculation 326 showed that zooplankton biomass and mackerel spawning stock biomass were highly 327 correlated with a number of other covariates (Supplementary Fig. S3), and were thus removed 328 from the analyses. 329

A global model was generated including the five remaining environmental covariates in the 330 previous year (phytoplankton bloom magnitude, copepod abundance, Calanus abundance, 331 herring spawning stock biomass and capelin abundance) and pregnancy rate. Backwards model 332 selection using the *dredge* function was used to identify the variables that best explain the 333 variation in the calf presence/absence data, and thus to include in the final model based on the 334 smallest Akaike Information Criterion (AIC). Here, backwards model selection showed that 335 four models were of equal fit to the data as the AICs were within two units of each other. This 336 subset of four models was then used for model averaging (model.avg function in the MuMIn 337 package, R). This averages the regression coefficients across multiple models in order to 338 capture the overall effects of the different variables (Banner and Higgs, 2017), and is useful 339 when there is little to differentiate between a set of models. The model-averaged coefficients 340 were calculated based on full averages, which sets the coefficients of absent variables to zero, 341 rather than excluding them from the average (conditional averages). The full average ensures 342 that the presence of variables does not bias the model-averaged estimate away from zero. 343 Interpretations of the averaged model coefficients were used to assess the effects of each 344 variable. Predict plots, in the in the ggeffects package, were produced to visualize the effect of 345 each explanatory variable while all others were held constant at their mean. The residual plots, 346

the distribution of scaled residuals and the response against fitted values were checked for the
final, averaged model. An alternative modelling approach, using Generalized Additive Mixed
Models (GAMMs) was also trialled, but there was no evidence for non-linear smooths (all
effective degrees of freedom were estimated at 1), so the GLMM results are presented here.

351 **Results**

352

1. Identifying Pregnant Females

Blubber progesterone concentrations measured for each reproductive class confirmed by field 353 observations are shown in Fig. 3. Pregnant females had significantly higher blubber 354 progesterone concentrations than the other reproductive classes (ANOVA; df = 2, F = 8.40, p 355 < 0.001), that were not significantly different from each other. An additional 20 females were 356 357 identified as pregnant based on measured blubber progesterone concentrations. Over the study period, 9 females were sampled twice in one season. These were 4 non-pregnant adult females, 358 2 pregnant females, 2 juveniles and a calf. Progesterone concentrations extracted in the 359 duplicate samples from each of these females classified them into the same reproductive class 360 each time, thus giving confidence in the consistency of this method and these results. 361

362

2. Pregnancy Rates and Calving Rates Over Time

Calving rates ranged between 5% in 2014 to 52% in 2007, with an annual average over the 15 363 year period of $23.4 \pm 12.4\%$. These represent the number of calves that survive long enough to 364 be observed in the following feeding season, rather than the birth rate directly measured on the 365 breeding grounds. The generalised linear regression model showed that there has been a 366 significant decline in annual calving rates over the 15 year study period (2004 – 2018), from 367 ~40% to ~20% (quasi-binomial GLM: slope = -0.1, p = 0.01) (Fig. 4a). However, there was no 368 parallel trend in pregnancy rates as these showed considerable inter-annual variability ranging 369 from 0 to 100% (binomial GLM: slope = -0.04, p = 0.45) (Fig. 4a), and averaged at 36.7 \pm 370 27.9% over the study period. The small sample size of biopsied and pregnant females in some 371 years likely introduced variability in the pregnancy rate estimates, which led to a lack of power 372 to detect a trend in these data. Equally, there was a non-significant correlation between 373 pregnancy rate and calving rate observed in the following year (quasi-binomial GLM; slope = 374 0.29, p = 0.72) (Fig 4b). Again, the variability introduced by the small sample size resulting in 375 fluctuating pregnancy rates could explain the inability to detect a significant correlation. This 376 is exemplified in the years where no pregnancies were detected (2005, 2011, 2013) but calves 377

were sighted in the following year, clearly demonstrating that too few adult females werebiopsied in those years for robust pregnancy rate estimates.

The lack of a significant correlation may also suggest that the number of pregnant females is 380 not necessarily a good predictor of the number of females successfully returning to their 381 feeding grounds with a calf the following year. It was not possible to calculate the total number 382 of annual reproductive successes as not all females that were biopsied when pregnant were re-383 sighted in the study area the following year to confirm the presence / absence of a calf. 384 However, over the full study period, of the pregnant females that were re-sighted in the 385 following year, 39.4% had no calf (n = 13), suggesting reproductive failure in these individuals 386 (blubber progesterone concentrations ranging between 5.93 - 68.97 ng/g). There were no 387 significant differences in the blubber progesterone concentrations measured in the pregnant 388 females that were not re-sighted (15.6 \pm 9.67 ng/g), resighted without a calf (22.00 \pm 18.22 389 ng/g) and those that were resignted with a calf $(19.41 \pm 27.82 \text{ ng/g})$ (ANOVA; df = 2, F = 0.22, 390 391 p = 0.8) (Supplementary Fig. S3).

392

3. Probability of Cow-Calf Pairs and Environmental Variables

Using the sightings records of 83 photo-identified females between 2004 and 2018, the shortest 393 inter-calf interval observed for this population was two years. Results from the model 394 averaging of the four best-fitting GLMMs showed that all five environmental covariates were 395 retained as important predictors of the probability of females being sighted with a calf in the 396 following year, but pregnancy rate was not. Specifically, the probability of females being 397 sighted with a calf was positively correlated with four of the environmental covariates in the 398 previous year, although herring spawning stock biomass alone was individually statistically 399 400 significant (p = 0.001) and had the strongest effect on increasing this probability up to ~40% in the "best" years when biomass was highest (Fig. 5d). 401

Over the 15 years, the average herring spawning stock biomass over the whole of the GSL has decreased dramatically (linear regression model: p = 0.0002, Adjusted $R^2 = 0.6$) (Fig. 6d). *Calanus spp.* abundance has also shown an overall decline over the same period (Fig. 6c), but not to the same extent as this was only significant at the 10% level (linear regression model: p = 0.07, Adjusted $R^2 = 0.2$). Annual phytoplankton bloom magnitude, copepod abundance and capelin abundance and have remained highly variable (Fig. 6a, b and e).

- 408 Discussion
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410 **Decline in Calving Rates**

There was a significant decline in observed calving rates between 2004 and 2018. It is possible 411 that some females gave birth but were not observed at the study site as they moved to other, 412 more profitable feeding grounds. However, as there was no decline in the total number of adult 413 females sighted ever year, this suggests that a significant proportion of the population has not 414 been missed. The calving rate estimates are thus not overly affected by individuals not returning 415 to the study area. The small sample size of biopsied females in some years resulted in 416 significant variability in the pregnancy rate estimates, and led to a lack of power to detect any 417 418 trends over the same time period. This could also have resulted in the lack of relationship detected between the probability of sighting cow-calf pairs and the pregnancy rate in the 419 previous year. These results highlight the need for large, annual samples sizes of known adult 420 females in order to calculate consistently robust estimates. In the 10 years where there were 421 large enough sample sizes to calculate more accurate estimates (where the number of adult 422 females biopsied was more than 25% of the total number of females biopsied), pregnancy rates 423 ranged from 25% to 63%. These rates are similar to those previously published for other 424 humpback whale populations (Pallin, Baker, et al. 2018; Clark, et al. 2016). 425

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Estimating Reproductive Failure

Over the full study period, the average annual pregnancy rate was higher than the average 428 429 annual calving rate at ~37% and ~23% respectively. Reproductive failure, defined as identified pregnancies failing to produce a calf, or failing to produce a calf that survives long enough to 430 be observed in the following feeding season, was estimated here, over the full study period, to 431 be approximately 39%. Confirming reproductive failure is dependent on correctly identifying 432 pregnancy. Similarly to another study in humpback whales (Pallin, Robbins, et al. 2018), there 433 was considerable variation in the blubber progesterone concentrations in confirmed pregnant 434 females. It is possible that the variation in progesterone concentrations in these females, 435 combined with the small difference between some non-pregnant and pregnant females, led to 436 females with "intermediate" concentrations being misclassified here. These intermediate 437 progesterone concentrations could be the result of pseudopregnancies (Atkinson, et al. 1999; 438 Robeck, et al. 2009), and while this has been documented in captive cetaceans, the rate at which 439 this anomaly occurs in free-ranging animals is unknown, and therefore cannot be controlled for 440 here. However, even if a small number of potentially misclassified females are removed from 441 the estimate, the rate of reproductive failure here remains much higher than the reproductive 442 failure estimated at 13.3% for another North Atlantic feeding ground population in the Gulf of 443

Maine (Pallin, Robbins, et al. 2018). It therefore appears that this declining trend in calving rates may not be solely the result of the inability of females to become pregnant. The declining calving rates could therefore result from combinations of failures to maintain pregnancies to term, foetal losses, and calf mortality on the breeding grounds or during the northward migration back to the GSL.

449

High calf mortality rates, as with the young of other marine mammals, could be due to 450 predation, anthropogenic associated mortality including entanglements and vessel strike, or 451 452 starvation (Stroud and Roffe 1979; Kirkwood, et al. 1997; Mazzuca, et al. 1998; Bogomolni, et al. 2010; Pitman, et al. 2015; Groch, et al. 2018). Calf mortality rates were estimated at 0.182 453 (95% CI = 0.023, 0.518) for a Pacific population, although this was based on a very small 454 sample size of mothers sighted on the breeding grounds in Hawaii with calves, and then re-455 sighted on their feeding grounds in Alaska with/without the calf (Gabriele, et al. 2001). It is 456 currently not possible to estimate specific calf mortality rates for this population as there have 457 not been sightings of known females with calves on their Caribbean breeding grounds that were 458 subsequently sighted in the same year upon their return to the GSL feeding grounds. 459

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Calving Success Varies with Environmental Conditions

Here we provide evidence for links between the probability of sighting cow-calf pairs and 462 environmental conditions on their feeding grounds in the previous year. Specifically, the 463 probablity of females being sighted with a calf was related to the availability of herring, Calanus 464 *spp.*, copepods and the overall phytoplankom bloom magnitude in the GSL in the previous 465 year. In poor years of environmental productivity and thus prey abundance, females may have 466 been unable to accumulate the energy reserves necessary for the successful completion of 467 pregnancy and / or lactation as a result of the high energetic costs of these life-history stages. 468 Failure to maintain pregnancy and / or failing to transfer adequate energy reserves to their 469 calves to ensure their survival during lactation could therefore have contributed to the observed 470 calving rate declines in this population. 471

472

In mammals, spontaneous abortions, premature births, still births, and neonatal mortality occur
under harsh environmental conditions (Wasser and Barash 1983; Sibly, et al. 2002; Stockley
2003). For example, in marine mammals specifically, significant fetal mortality occurs in late
gestation in New Zealand Fur Seals (*Arctocephalus forsteri*), and reproductive failure during
gestation appeared to be the most significant factor in determining reproductive success in the

early 2000s (McKenzie, et al. 2005). A combination of ultrasound measurements and endocrine 478 profiling revealed high rates of pregnancy failure in the Gulf of Mexico bottlenose dolphin 479 populations following the Deep Water Horizon oil spill (Kellar, et al. 2017). Rates of 480 pregnancy failure were higher than in other populations in areas not impacted by the spill 481 (Kellar, et al. 2017). Pregnancy failure has also been documented in the Southern Resident 482 killer whale (Orcinus orca) population whereby up to 69% of all detectable pregnancies were 483 unsuccessful between 2008 and 2014 (Wasser, et al. 2017). The reduced availability of their 484 main prey, Chinook salmon (Oncorhynchus tshawytscha) was identified as a significant cause 485 486 of late pregnancy failure, including unobserved perinatal loss (Wasser, et al. 2017). In fact, half of these failures occurred at later stages of reproduction, and were significantly associated with 487 nutritional stress. It was concluded that pregnancy failure is a major constraint on killer whale 488 population growth, triggered by insufficient prey resources (Wasser, et al. 2017). 489

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For migratory baleen whales, including humpback whales, reproductive success is dependent 491 on the abundance of important prey resources on their high-latitude summer feeding grounds. 492 As capital breeders, they feed intensively on these high-latitude prey resources, then depend 493 entirely on stored energy reserves to fuel the rest of their seasonal cycle; migration to low-494 495 latitude breeding grounds, the breeding season itself, and migration back to summer feeding grounds (Baker, et al. 1986). In addition, for female baleen whales specifically, each stage of 496 reproduction requires the adequate availability of stored energy reserves. Firstly, an increase 497 in stored energy reserves is required prior to pregnancy (Lockyer 1986; Miller, et al. 2012). 498 499 Then, accumulated energy reserves support foetal growth and development during pregnancy, which is estimated to cost them up to 25% of their energy stores (Lockyer 1981). Finally, 500 energy stores are mobilized to meet the high energetic demands of lactation, estimated to cost 501 a further 20-35% of their remaining reserves (Miller, et al. 2012; Christiansen, et al. 2016). 502 Longitudinal studies on the endangered North Atlantic Right Whale (Eubalaena glacialis), 503 have hypothesised that the observed lengthened calving intervals suggest that abortion and 504 neonatal losses may be contributing to lower reproductive success in this species (Browning, 505 et al. 2010). 506

507

508 Other studies on baleen whale reproductive rates have also shown responses to prey availability 509 and oceanic conditions; specifically with changes in sea-ice conditions affecting temporal 510 access to preferred feeding grounds (Perryman, et al. 2002; Moore and Huntington 2008), 511 changes in the availability of their preferred copepod prey (Meyer-Gutbrod, et al. 2015; Meyer512 Gutbrod and Greene 2018) and large scale climate anomalies (Cartwright, et al. 2019). Here, 513 similarly to previous reports in other cetacean populations (Kellar, et al. 2017; Wasser, et al. 514 2017), it appears that one of the drivers of the relationship between variation in environmental 515 conditions and calving success could be the effects on foetal loss / calf survival, rather than on 516 pregnancy rates alone. Such longitudinal studies of well-known individuals with detailed 517 sightings histories are thus imperative to allow reproductive success to be investigated over 518 time, and thus the drivers of apparently low calving rates to be established.

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Environmental Variability and Implications for Population Growth

Widespread physical and biological oceanographic condition changes have been documented 521 in the GSL as part of the Atlantic Zone Monitoring Program (AZMP), implemented in 1998 522 (Therriault et al. 1998). A strong warming event began in 2010, and it is estimated that on 523 average, GSL water will become warmer between now and 2060 (Long, et al. 2016). Oxygen 524 concentration anomalies have been measured, with the lowest ever concentration recorded in 525 2018 (Blais, et al. 2019). Changes in nitrate patterns through the water column associated with 526 intrusions of warm, salty water have occurred since 2012 (Blais, et al. 2019). These changes, 527 together with changes in the timing of sea ice dynamics, then have knock on effects for the 528 529 whole ecosystem. For example, satellite observations show that the spring phytoplankton bloom starts earlier, lasts longer, and shows an above-normal magnitude across most regions 530 of the GSL (Blais, et al. 2019). Further, overall zooplankton biomass remains below normal 531 across the GSL and, large calanoid abundance has declined, largely as a result of decreases in 532 Calanus hyperboreus and Calanus finmarchicus abundance in certain areas (Blais, et al. 2019). 533 These, and other copepod species, are prey for humpback whales (Borobia, et al. 1995; 534 Gavrilchuk, et al. 2014), and predicted declines in these prey species from ocean warming and 535 increasing interspecific competition between baleen whale species are predicted to contribute 536 to declining populations of Atlantic humpback whales (Tulloch, et al. 2019). Small calanoid 537 abundances have not shown the same declining trend in the GSL, but the abundances of warm-538 water-associated copepods have increased in some areas (Blais, et al. 2019). There therefore 539 appears to be a shift in community structure at these lower trophic levels which have impacts 540 up the food chain resulting in decreases in herring recruitment and abundance (Brosset, et al. 541 2019). Herring are known to be a hugely important prey species for humpback whales in both 542 the North Pacific and the North Atlantic (Gavrilchuk, et al. 2014; Jourdain and Vongraven 543 2017; Richard, et al. 2017; Moran, et al. 2018). Forage fish, specifically capelin and herring 544 together, are estimated to make up 44% of their diet in the GSL (Gavrilchuk, et al. 2014). Here, 545

546 we demonstrate that their reproductive success is correlated with the annual abundance of 547 herring.

548

Responses in the distribution and demography of baleen whales to climate change have been 549 documented (Leaper, et al. 2006; MacLeod 2009; Simard, et al. 2019), and long-term studies 550 are invaluable for such responses to be detected. Thus, while this population of humpback 551 whales has shown some behavioural plasticity to cope with environmental changes 552 (Gavrilchuck, et al. 2014; Ramp, et al. 2015), the declining calving rates measured here could 553 554 be evidence that this population does not show as much resilience to change as previously thought, and population trends could be affected. Equally, for long lived animals, such as 555 humpback whales that may be adapted to dealing with decadal-scale shifts in oceanographic 556 regimes (Fleming et al. 2015), decreases in reproductive output over the timescales presented 557 here may also be a sign of plasticity as they reduce current reproductive investment in favour 558 of future survival. Thus, it is possible that these animals reduce reproductive effort in 559 unfavourable conditions, which could manifest as fewer females carrying pregnancies to term, 560 and then increase it when conditions later improve. Continued monitoring of this study 561 population will help to determine if this decline in reproductive success continues, and thus 562 563 distinguish between a shorter-term trade-off in reproductive investment and longer-term reproductive failure. 564

A review of data on life-history parameters influencing rates of population growth in humpback 565 whales, including survival, age at first parturition and calving rate was carried out to establish 566 possible growth rate estimates for humpback whale populations in general; estimates varied 567 between a mean of 7.3% per year (95% CI = 3.5-10.5% per year) and mean of 8.6% per year 568 (95% CI = 5.0–11.4% per year) (Zerbini, et al. 2010). A meta-analysis of published humpback 569 whale population growth rates suggests that, globally, they are increasing, but growth rates in 570 the Northern Hemisphere are predicted to be slower than those in the Southern Hemisphere 571 (Wedekin et al. 2017). To date, there are no published growth rates for the GSL population 572 specifically, but the most recent estimate from another population in the North West Atlantic 573 is an annual increase of 9.4% (SE = 0.01) in Greenland (Heide-Jorgsen et al. 2012). Moving 574 forward, estimating population growth rates for the GSL population would help to establish 575 how the observed decline in calving rates are affecting population growth and viability. 576

577 **Conclusions and Future Directions**

Our results show decadal variation in population pregnancy rates and calving rates, 578 highlighting the importance of longitudinal studies and linking endocrine measures with 579 observational data. Humpback whales are recognized as a sentinel species of ecosystem health 580 (Bengtson Nash, et al. 2018), so changes in a key vital rate, such as reproductive success, 581 provide a detectable signal of the population level impact of environmental change. Here, we 582 improve our understanding of the environmental factors affecting the reproductive biology of 583 humpback whales on their feeding grounds, by showing the relationship between prey species 584 availability and subsequent calving success. This understanding will assist monitoring, 585 586 management and conservation efforts as continued changes in the GSL, and other sub-polar regions experience ecosystem shifts as a result of climate change. Maximising the use of 587 interdisciplinary and long-term datasets, like these, is imperative to provide insight into the 588 functioning and challenges facing ecosystems in warming oceans. 589

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603 Data Sharing and Accessibility

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The data that support the findings of this study are openly available in the University of St
Andrews Research Portal, Pure, at <u>https://doi.org/10.5194/essd-10-1807-2018</u>, Pure ID:
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- 875 Table 1. Annual biological data collated and/or collected by the Department of Fisheries
- and Oceans, Canada, between 2003 and 2017 in the Gulf of St Lawrence, Canada.

Biological Data	Covariate	Description	Source
Phytoplankton	Phytoplankton	Quantifies both the duration and the	Satellite
	Boom Magnitude	amplitude of the bloom, averaged over	
	(mg Chl / m ³)	the entire GSL.	
Zooplankton	Zooplankton	Average zooplankton biomass in June	Atlantic Zone
	Biomass	and in October, over the South, NE	Monitoring
	(dry weight g/m ²)	and NW GSL.	Program
	Copepod	Average of the abundance of all	Atlantic Zone
	Abundance	copepod species measured in June and	Monitoring
	(ind / m^2)	in October, over the South, NE and	Program
		NW GSL.	
	Calanus	Average of large Calanus species	Atlantic Zone
	Abundance	abundance in June and October (C.	Monitoring
	(ind / m ²)	fimarchicus, C. glacialis, C.	Program
		hyperboreus) over the South, NE and	
		NW GSL.	

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	FishHerring SSB.Herring (Clupea harengus) spawningstock biomass in the entire GSL			DFO	stock			
		Stock blomas	stock biomass in the entire USL			ussessment		
		Mackerel SSB.	Mackerel	(Scomber	scombrus)	DFO	stock	
			spawning sto	ock biomass o	f the entire	assessm	ient	
	C		Canadian spawning contingent which					
				spawns mainly in the southern GSL.				
				pelin (Malloti	ıs villosus)			
		Capelin	abundance in	n August in tl	he northern	DFO		
		Abundance	GSL.			ecosyste	em	
		(ind / standard tow)				survey		
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885	Table 2 Summa	ary of the annual si	ohtings and	hionsy infor	mation used	l to calc	ulate	

Table 2. Summary of the annual sightings and biopsy information used to calculate
pregnancy rates and calving rates.

	Adult Females	Calves	Females	Adult Females	Pregnancies
Year	Sighted	Sighted	Biopsied	Biopsied	Detected
2004	26	4	5	4	1
2005	34	17	8	1	0
2006	28	6	13	5	2
2007	27	14	18	2	1
2008	35	11	6	2	2
2009	30	6	18	8	6

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2010	29	9	14	6	3
2011	31	6	10	1	0
2012	23	4	21	11	3
2013	18	4	9	6	0
2014	19	1	NA	NA	NA
2015	27	4	15	11	4
2016	43	4	20	16	6
2017	51	10	18	14	5
2018	36	6	NA	NA	NA
Total	457	106	175	87	33

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Fig. 1. Map of the Gulf of St. Lawrence, Québec, Canada, with the main study area of the 889 Mingan Island Cetacean Study in the Jacques Cartier Passage indicated in the top left 890 891 insert. Between 2004 and 2018 most sightings data and biopsy sample collection took place in the Jacques Cartier Passage. Some surveys took place, and a number of samples were also 892 collected in the Estuary and off the Gaspé Peninsula. The three North Atlantic Fisheries 893 894 Organisation management divisions where biological environmental data were collected and collated by DFO and used here are indicated (4R, 4S, 4T). Figure adapted with permission 895 896 from Schleimer, et al. 2019.

Fig. 2. Progesterone concentrations in 185 female blubber biopsy samples coloured by known or unknown reproductive status. The concentrations measured in the confirmed pregnant (black) and not pregnant (light green) samples were used in a logistic regression model to determine the probability that a female was pregnant in order to assign a pregnancy status to the 'unknown' individuals (dark green) based on their measured progesterone concentrations. 903 Fig. 3. Median blubber progesterone concentrations by reproductive status confirmed 904 from field observations. The 25th and 75th percentiles are indicated within the boxes, and the 905 whiskers show values up to 1.5 times the inter-quartile range. Outlier data points beyond the 906 end of the whiskers are plotted individually.

Fig. 4. a) Annual calving rates declined over the 15 year study period, but there was no
significant decrease detected in annual pregnancy rates. N.B. A pregnancy rate estimate
was not available for 2014. b) No significant correlation was detected between annual
pregnancy and calving rates in the following year. Solid lines indicate the generalised linear
model trends, while dashed lines indicate the 95% confidence intervals.

Fig. 5. Predict plots from the best fitting, averaged calf presence / absence GLMM 912 following backwards model selection. The predicted probability of cow-calf pairs are shown 913 914 on the y-axis, all on the same scale to visualise the relative effects of each covariate. a), b), c) The probability of cow-calf pairs is positively correlated with phytoplankton bloom magnitude, 915 copepod abundance and Calanus abundance in the previous year. d) The probability of cow-916 calf pairs is significantly correlated with herring spawning stock biomass in the previous year 917 (p = 0.001). e) The probability of cow-calf pairs is not positively correlated with capelin 918 abundance in the previous year. 919

Fig. 6. Averaged annual environmental covariates over the whole of the Gulf of St
Lawrence. a) Overall, annual phytoplankton bloom magnitude was highly variable between
2003 and 2017 b) Annual copepod abundance was also highly variable over the study period.
c) *Calanus spp.* abundance showed an overall decline, significant at the 10% level. d)
Significant declines in annual herring spawning stock biomass occurred over the study period.
e) Capelin abundance was highly variable over the study period.

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