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Impact of the dense water flow over the sloping bottom on the open-sea circulation: Laboratory experiments and the Ionian Sea (Mediterranean) example

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Abstract. The North Ionian Gyre (NIG) displays prominent inversions on decadal scales. We investigate the role of internal forcing, induced by changes of the horizontal pressure gradient due to the varying density of the Adriatic Deep Water (AdDW), that spreads into the deep layers of the Northern Ionian Sea. In turn, the AdDW density fluctuates according to the circulation of the NIG through a feedback mechanism named Bimodal Oscillating System. We set up laboratory experiments with a two-layer ambient fluid in a circular rotating tank, where densities of 1000/1015 kg m⁻³ characterise the upper/lower layer, respectively. From the potential vorticity evolution during the dense water outflow from a marginal sea, we analyse the response of the open-sea circulation to the along-slope dense water flow. In addition, we show some features of the cyclonic/anticyclonic eddies that form in the upper layer over the slope area. We illustrate the outcome of the experiments of varying density and varying discharge rates associated with the dense water injection. When the density is high, 1020 kg m⁻³, and the discharge is large, the kinetic energy of the mean flow is stronger than the eddy kinetic energy. On the other hand, when the density is smaller, 1010 kg m⁻³, and the discharge is reduced, vortices are more energetic than the mean flow, that is, the eddy kinetic energy is larger than the kinetic energy of the mean flow. In general, over the slope, following the onset of the dense water injection, the cyclonic vorticity associated with a current shear develops in the upper layer. The vorticity behaves in a two-layer fashion, thus becoming anticyclonic in the lower layer of the slope area. Concurrently, over the deep flat-bottom portion of the basin, a large-scale anticyclonic gyre forms in the upper layer extending partly toward a sloping rim. Density record shows the rise of the pycnocline due to the dense water sinking toward the flat-bottom portion of the tank. We show that the rate of increase of the anticyclonic potential vorticity is proportional to the rate of the rise of the interface, namely, to the rate of decrease of the upper layer thickness (i.e., the upper layer squeezing). The comparison of laboratory experiments with the Ionian Sea is made for a situation when the sudden switch from



35 the cyclonic to the anticyclonic basin-wide circulation took place following the extremely dense Adriatic water overflow after the harsh winter in 2012. We show how similar are the temporal evolution and the vertical structure in both laboratory and oceanic conditions. The demonstrated similarity further supports the assertion that the wind-stress curl over the Ionian Sea is not of paramount importance in generating basin-wide circulation inversions, as compared to the internal forcing.

1. Introduction

40 The effect of dense water outflow from marginal seas on the ocean circulation has attracted great attention because it represents an important component of the global thermohaline circulation (Jungclauss and Backhaus, 1994; Dickson, 1995). Numerical and laboratory studies of this phenomenon have been inspired primarily by the observations of mesoscale eddies over the dense water outflow in the ocean (e.g., Denmark Strait, Gibraltar Strait) (Mory et al., 1987, Whitehead et al., 1990; Lane-Serff and Baines, 1998; Lane-Serff and Baines, 2000; Etling et al., 2000). The coupling between the upper layer circulation and the dense water plume was also addressed by numerical modelling (see i.e., Spall and Price, 1998) which confirmed the formation of eddies in the upper layer. The eddies were predicted to travel along isobaths with a characteristic speed which depends on reduced gravity, 45 bottom slope, and Coriolis parameter (Nof, 1983). The early hypotheses stated that the cyclones form by the stretching of the high potential vorticity water column (Spall and Price, 1998). In addition to the formation of cyclonic eddies in the lighter upper part of the water column, according to Lane-Serff and Baines (2000) secondary anticyclonic motion occupying a major part of the tank develops. This is the only mention in the literature of this type of consequence of the dense water cascading off the slope.

50 The Ionian Sea, the deepest basin of the Mediterranean (maximum depth over 5000 m) together with its two adjacent basins, the Adriatic and Aegean Seas, represents a key area for both the Eastern and Western Mediterranean. It is crossed by the main Mediterranean water masses (Levantine Intermediate Water – LIW, Atlantic Water – AW) and it comprises the site of the Eastern Mediterranean Deep Water (EMDW) formation, a process which takes place mainly in the Adriatic Sea. Adriatic Dense Water (AdDW) overflows the Otranto Sill, represents the main component of the EMDW and spreads along the western continental slope 55 as a bottom-arrested current affecting the northern Ionian circulation. Only occasionally very dense water forms in the Aegean Sea as it happened in the early 1990's during the Eastern Mediterranean Transient - EMT (Roether et al., 1996; Klein et al., 1999). It was shown that the Aegean dense water overflow affected the upper layer circulation increasing the cyclonic vorticity at the continental slope area (Menna et al., 2019).

60 Analysis of long-term altimetric data reveals that the sea surface circulation in the Ionian shows peculiar characteristics (Vigo et al., 2005): at decadal time scales it switches from a cyclonic basin-wide gyre occupying the entire northern area, to an anticyclonic meandering. This fact contributes to determine the thermohaline properties of the interior Ionian basin, of the Adriatic Sea, and of the Levantine and even the Western Mediterranean basins (Gačić et al., 2013). During the cyclonic circulation mode, Ionian and Adriatic Seas are invaded by a highly saline Levantine water. On the other hand, during the anticyclonic circulation the two basins are affected by the low-salinity waters of Atlantic and Western Mediterranean origin (Brandt et al., 1999). For more 65 than ten years the decadal inversions of the northern Ionian circulation have been the focus of Mediterranean scientists' attention because the phenomenon is very prominent and involves a large part of the water column (about 2000 m deep). There has been a long discussion about the mechanism generating such inversions and some scientists suggested, mainly based on the numerical modelling studies, that the phenomenon is linked to the wind stress curl (see e.g., Pinardi et al., 2015; Nagy et al., 2019). Other studies, however, showed that the wind curl variations are not strong enough to generate such changes; these studies sustain that



70 the inversions are due to the interplay between the dense water flow (Adriatic or Aegean origin) and the Ionian horizontal
circulation (e.g., Gačić et al. 2010; 2011; 2013; Theocharis et al., 2014; Velaoras et al., 2014). The long-term density variability
of the bottom water associated with the salinity variations in the deep-water formation site induce reversals of the horizontal
pressure gradient in the Ionian Sea and hence of the circulation pattern (Borzelli et al., 2009). The mechanism was named Adriatic-
Ionian Bimodal Oscillating System (BIOS) and described for the first time by Gačić et al. (2010). It is the purpose of this paper to
75 study in more detail the inversions of the open-ocean residual circulation generated by dense water flow over a sloping bottom,
and to understand whether this flow is strong enough to produce inversions in the upper-layer circulation like those observed in
the Ionian Sea.

To address the impact of the dense water flow on the basin-wide open-sea circulation and on the formation of anticyclonic
vorticity in the upper layer, we base our study on the analysis of the results of a series of rotating tank experiments with injection
80 of the dense water at the slope area. Our attention is concentrated on a two-layer system, which approximates rather well the Ionian
Sea conditions. Then, we examine the response of the central abyssal plain of the idealized basin to the dense water sinking and to
its along-slope flow and compare the findings with the observative studies. We also discuss mesoscale eddies and their specific
features in function of the dense water outflow rate. The dense water flow is quite often a time-limited phenomenon with the
duration of several months after the winter convection in a marginal sea; therefore, our experiments are designed to mimic this
85 kind of conditions. More specifically, we address the response time of the residual current field at the open sea area to the dense
water flow of the limited duration over the continental slope. Hence, we discuss the effect of different discharge rates of the dense
water at the slope on the surface circulation at the open sea attempting to reproduce the circulation inversions in the northern Ionian
Sea. Rubino et al. (2020), by comparing the results of experiments in the rotating tank with those obtained by a numerical model
and altimetry data, show qualitatively that the inversion of the circulation in the Ionian Sea can be solely explained in terms of the
90 onset of the dense water injection over the slope area. Starting from this finding, the present work goals are 1) to study the evolution
of potential vorticity fields both in the slope and in the central area of the rotating tank, using the outputs of three different
experiments, and 2) to compare them with vorticity obtained from altimetry (surface layer) and model derived (deep layer) flow
in the ‘real’ Ionian.

We distinguish the slope and central deep (flat bottom) areas in the tank that are equivalent to the continental slope and
95 deep zone of the northern Ionian basin, respectively. We compare the potential vorticity evolution in each area as related to the
dense water flow. The two areas are presumably controlled by different processes of the vorticity generation. In the central area
(flat bottom) the upper layer squeezing, due to the downslope sinking of the dense water to the lower layer, generates the upper
layer anticyclonic vorticity. In the slope area, the upper layer stretching due to the downslope water flow results in the generation
of the cyclonic vorticity. The lower layer on the slope is subject to squeezing and anticyclonic vorticity generation as related to the
100 formation of the dense water flow parallel to isobaths.

The linear barotropic vorticity equation for an f -plane approximation as derived from Lee-Lueng et al. (1995) in radial
coordinates for the surface layer without wind-stress forcing is:

$$\frac{\delta \zeta}{\delta t} + \frac{f}{H-h} (v * s + \frac{\delta h}{\delta t}) = 0 \quad (1)$$

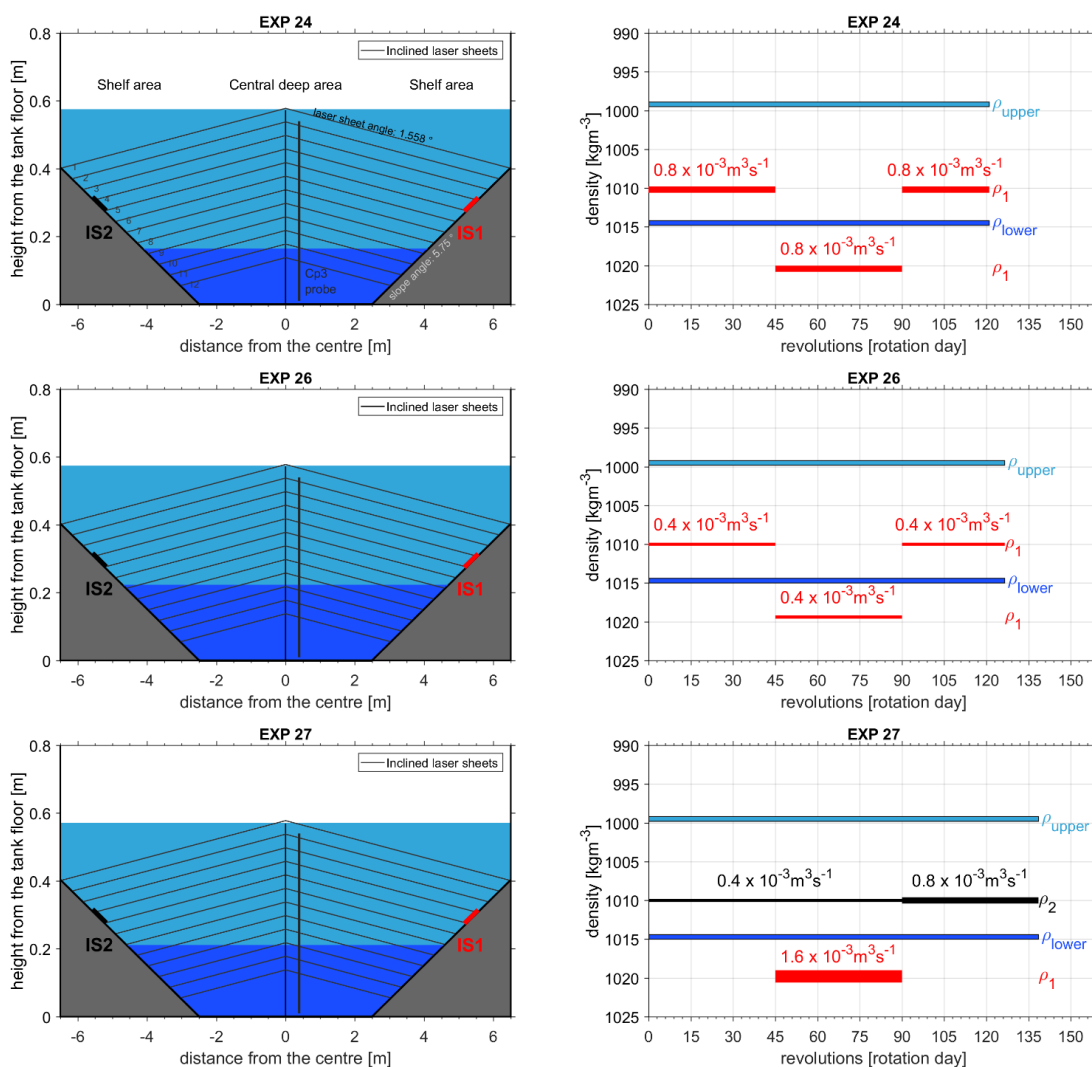
where ζ is the surface layer relative vorticity, f is the planetary vorticity, h and H are the lower layer and total fluid depth,
105 respectively, s is the bottom slope. Radial velocity component v is defined negative if directed toward the centre of the tank. In the
central deep area, the second term of Eq. (1) is zero (the bottom is flat). In this study we explore to what extent the linear vorticity



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equation represents a good approximation of the flow in the slope and in the central flat-bottom areas. We discuss mechanisms which should be taken into consideration in the case this equation does not describe satisfactorily the flow.

The paper is organized as follows: in section 2 we present experimental setup, an overview of the selected experiments and data analysis methods. In section 3 measurements and results are described, while section 4 is dedicated to the comparison of the laboratory results and Ionian Sea example. Finally, section 5 presents a summary and conclusions of the paper.



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Figure 1: Scheme of the rotating tank (not in scale) and density configuration for the three experiments discussed in the paper, EXP 24, EXP 26 and EXP 27. Left hand side: cross section with a central deep area, a slope and injectors IS1 and IS2; blue/cyan patches refer to the lower/upper layers; numbers from 1 to 12 indicate inclined laser sheet levels. Right hand side: initial density in the lower/upper layers (blue/cyan lines); density and discharge rate of the injected water (red/black colour from IS1/IS2); the thickness of the red and black lines corresponds to discharge rates during various phases (for details see Tables 1 and 2). Only EXP 27 has both injectors active.



120 2. Data and methods

2.1 Experimental design

Apparatus, experimental set-up, and the velocity measurement methods at 12 levels within the tank, their horizontal resolution, as well as the conductivity measurements (indicators of the water density) are described in detail by Rubino et al., 2020. Here we report some essential information only.

125 Experiments were conducted at the Coriolis rotating platform at LEGI (Laboratoire des Écoulements Géophysiques et Industriels), Grenoble, France. A circular tank of 13 m diameter and 1 m depth was adapted to simulate the sloping and deep flat-bottom ocean geometry (Fig. 1).

The slope area was realized using an axisymmetric conical-shaped boundary descending toward the centre of the tank with a constant slope which was determined by keeping dynamical similarity between the phenomenon to be simulated in the rotating tank and that occurring in the Ionian Sea. The similarity results from the ratio between the gravitational (g 's) and Coriolis accelerations (fu) being of the same order of magnitude for the two basins. Here $g' = g\Delta\rho/\rho$ is the reduced gravity, $\Delta\rho$ is the density difference between the injected water and the ambient water densities, f is the Coriolis parameter and u is the velocity component tangential to isobaths. We introduce typical values for g' , f and u for the Ionian Sea ($g' = 1.5 \times 10^{-3} \text{ m s}^{-2}$, $f = 10^{-4} \text{ s}^{-1}$, $u = 10^{-2} \text{ m s}^{-1}$) and take the value 5×10^{-2} for the western Ionian continental slope from the literature (Ceramicola et al., 2014). To get the similarity between the laboratory experiments and the Ionian Sea we set the slope s in the tank to 0.1, g' to 0.1 m s^{-2} ; for f we take 0.1 s^{-1} , corresponding to one rotation day (1 revolution) lasting 120 s, while for a typical speed we chose 10^{-2} m s^{-1} . In this way the rotating tank slope angle is equal to 5.7° and the ratios of the two acceleration terms are of the same order of magnitude for both basins. Hence, the slope area, with a total width of 4 m, gradually descends from the tank edge, where its height is 40 cm, down to the tank bottom. The central deep area with constant depth has a diameter of 5 m.

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Table 1. Initial conditions of the two layers and experiment duration: density (ρ_{upper} and ρ_{lower}) and thickness (h_{upper} and h_{lower}). Note: one revolution takes 120 s, i. e., one rotation day.

	ρ_{upper} [kg/m ³]	ρ_{lower} [kg/m ³]	$h_{upper} = H-h$ [m]	$h_{lower} = h$ [m]	duration [rotation day]
EXP 24	999.2	1014.5	0.411	0.162	121.0
EXP 26	999.5	1013.5	0.351	0.221	126.5
EXP 27	999.5	1014.7	0.360	0.209	138.5

In this paper we consider three experiments where the ambient fluid was a two-layer system (see Tables 1 and 2, and Fig. 1 for their characteristics). The upper layer was always freshwater while the lower layer had a density of 1015 kg m^{-3} . Dense water was injected from a single injector (IS1) or from the pair of injectors (IS1 and IS2). The latter case simulated the EMT event when presumably two dense water sources (Adriatic and Aegean Seas) were active. In the first part of all experiments (phase I, until the 45th day) the water of intermediate density (1010 kg m^{-3}) was injected and then, to mimic the dense-water discharge event, water of high-density (1020 kg m^{-3}) was injected for another 45 days (phase II). Finally, experiments ended with about a 30-day interval of the intermediate density water injection (phase III). The discharge rate was varied with the aim to study its influence on the pattern of both open-sea and continental slope residual circulations, on the vorticity field and on the eddy formation.

150



Table 2. Configuration of injection sources IS1/IS2: $\rho 1/\rho 2$ and $Q1/Q2$ are densities and discharge rates, respectively, of injected water.

	IS1		IS2		duration/phase [rotation days]
	$\rho 1$ [kg/m ³]	$Q1$ [10 ⁻³ m ³ /s]	$\rho 2$ [kg/m ³]	$Q2$ [10 ⁻³ m ³ /s]	
EXP 24	1010.2	0.8			0-45 (phase I)
	1020.4	0.8			45-90 (phase II)
	1010.2	0.8			90-121 (phase III)
EXP 26	1010.4	0.4			0-45 (phase I)
	1019.4	0.4			45-90 (phase II)
	1010.4	0.4			90-126.5 (phase III)
EXP 27	-	-	1010.4	0.4	0-45 (phase I)
	1019.8	1.6	1010.4	0.4	45-90 (phase II)
	-	-	1010.4	0.8	90-138.5 (phase III)

155 2.2 Data analysis

From the eastward and northward current components, we calculated radial and tangential velocities (in the right-hand side coordinate system); a radial one (v) is defined positive toward the tank edge.

The horizontal spatial resolution, for all velocity components, as well as for other derived fields, like vorticity, at each of the 12 vertical levels, is 5 x 5 cm.

160 For each vertical profile of density measured in the central deep area (by means of a probe Cp3, Fig. 1), we calculated the Mixed Layer Depth (MLD) using the threshold method with a finite difference criterion (de Boyer Montegut et al., 2004), considering a 1.5 kg/m³ vertical density gradient threshold and, as density reference, the value at 5 cm depth. On the other hand, we determined the base of the pycnocline using the same method but taking as density reference, the value at 56, 50, 50 cm depth for EXP 24, EXP 26 and EXP 27, respectively.

165 For what concerns the terms of the quasi-geostrophic linear vorticity equation (Eq. 1), the surface is defined as the mean of levels 2 to 5, and the bottom as the mean of levels 10 and 11. Level 1 is discarded because in the central deep area it is too close to the free surface and is therefore noisy. In the computation of the derivative of the curl, both the vorticity time series and its derivative are smoothed with moving average on 7 points.

170 In the calculation of the time-lag cross correlation of vorticity over the tank slope area, we averaged vorticity values over the levels 1 to 4 in each of three arbitrarily chosen zones. In the slope area, the levels 1-4 are well inside the upper layer of the tank. The time-series are lag-shifted for a maximum positive and negative time-lags imposed by the integral time scale, i.e. the sum of the normalized autocorrelation function, which gives the measure of the dominant correlation time scale (Emery and Thomson, 2001), and is calculated for the entire slope area of the tank.

175 Mean Kinetic Energy (MKE) and Eddy Kinetic Energy (EKE) have been computed over the slope following Poulain et al. (2001), in the surface layer defined as a depth interval containing velocity observations on levels 1 to 4. The mean velocity components (eastward and northward) were calculated at each measurement grid point and within each phase.



We compare the current fields in the rotating tank and in the real ocean for a particular condition when a circulation inversion event was observed in the northern Ionian Sea. Regarding the real ocean, for the surface we use the altimetry data, while for the deep layer conditions we make use of the hydrodynamic model of the Mediterranean Forecasting System. The latter concerns the physical reanalysis component, originating from the Copernicus Marine Service MEDSEA_REANALYSIS_PHYS_006_004 dataset supplied by the Nucleus for European Modelling of the Ocean (NEMO) (Simoncelli et al., 2019). This data set includes 3D monthly-mean and daily-mean temperature, salinity, and horizontal current components (eastward and northward) covering the entire Mediterranean Sea (https://doi.org/10.25423/MEDSEA_REANALYSIS_PHYS_006_004). The model has a horizontal grid resolution equal to $1/16^\circ$ (ca. 6-7 km) and 72 unevenly spaced vertical levels.

Daily absolute geostrophic velocities (AGV) derived from altimetric (surface) and model (1000 m depth) data are used to estimate the relative vorticity. The resulting geostrophic vorticity fields are spatially averaged in the northern Ionian (37° - 40° N; 15° - 21° E), separating the centre of the northern Ionian (bins located on depths larger than 2200 m) from the slope (bins located on depths smaller than 2200 m). Time series of these spatially averaged parameters are normalized (dividing by the Coriolis parameter) and filtered using a 61-day moving average.

3. Results of data analyses

3.1 Density in the central deep area

The dense fluid sinks from the source toward the central portion of the tank within the distance on the order of one radius of deformation and then it turns and flows along-slope (Smith, 1975; Juncklaus and Backhaus, 1994; Lane-Serff and Baines, 1998). Due to the sinking of the dense fluid, the interface, intended as the upper boundary of the pycnocline layer, in the central deep area of the tank rises. The rate of the interface rise is proportional to the volume discharge rate assuming that this water is distributed evenly over the entire basin:

$$dh/dt = \frac{Q}{\pi R(t)^2}, \quad (2)$$

where $R(t) = R_0 + \left(\frac{h}{S}\right)$ is the radius of the cylinder filled by the discharge and R_0 is the radius of the interface between the upper and lower layers at $t = 0$.

This estimate in our case can be compared with the experimental data, i.e., the vertical density profiling near the centre of the tank, which gives us the interface depth ($H-h$) in one point. The two values should coincide if the dense water volume is evenly distributed over the entire tank. The interface rise results then in the squeezing of the upper layer which is proportional to the rate of increase of the anticyclonic vorticity of the surface layer (see Eq. 1) in the central part of the basin. On the contrary, at the slope area in the surface layer we should expect the generation of the cyclonic vorticity associated with the downslope flow of the dense water. This dense current takes overlying ambient fluid into deeper areas causing a stretching of the water column. Conversely, the bottom layer over the slope area should be squeezed due to the dense water downslope flow.

Vertical density profiling during experiments enables us to reconstruct either the MLD or the lower layer thickness (h) as a function of time. We consider the lower layer thickness from experimental data as the total water depth in the tank minus the depth of the MLD (red solid line in Fig. 2). The rise of the interface associated with the dense water sinking down the slope to the lower layer of the central deep area is clear from the Hovmöller diagram. At the beginning of the experiment halocline is very thin but thickens with time due to the eddy diffusion. Lower layer thickness shows different rates of change for different experiments. It is,



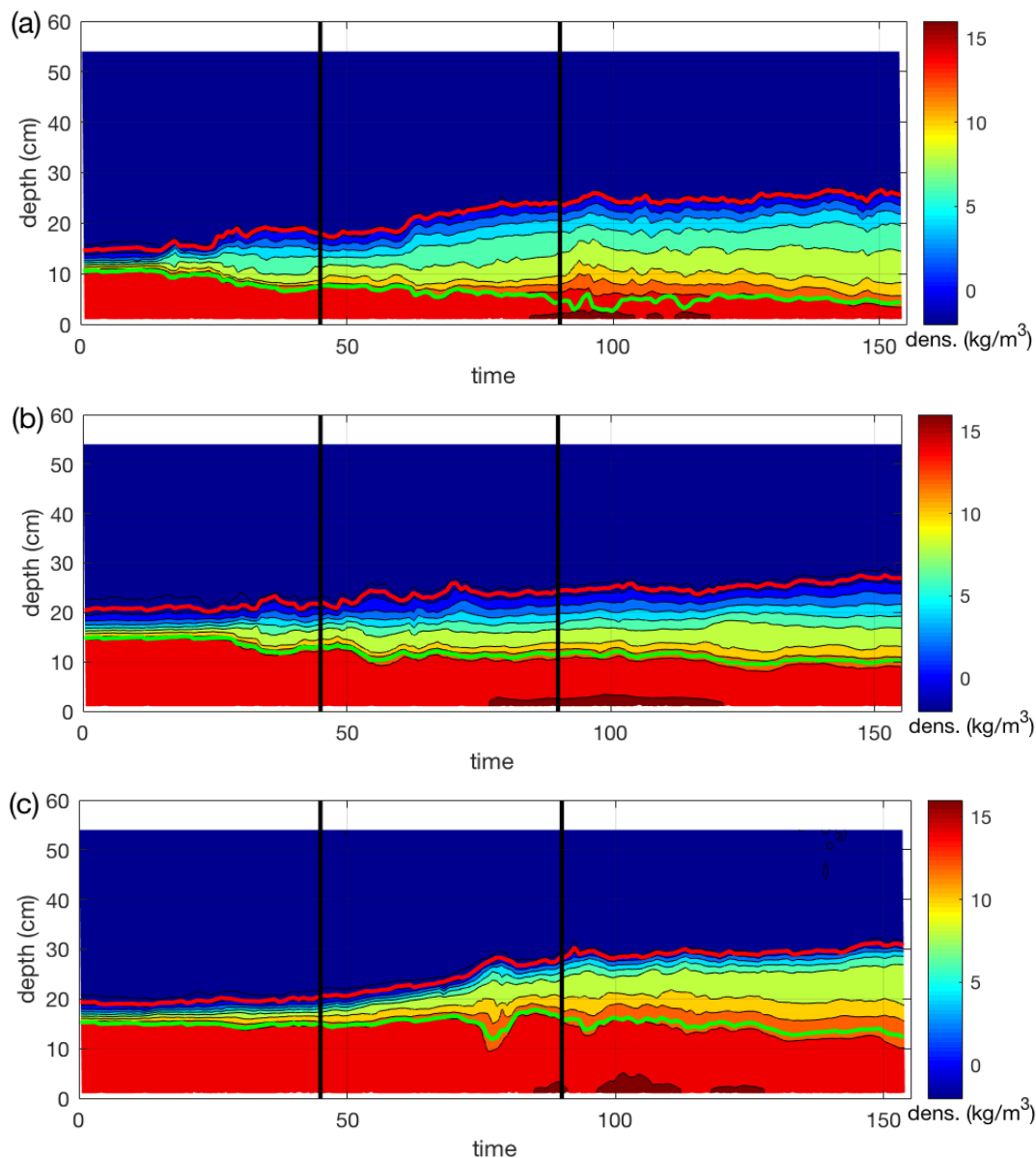
as follows from Eq. (2), directly proportional to the discharge rate and inversely proportional to the square of the radius of the volume of the tank occupied by the injected water.

Integrating Eq. (2) we obtain:

215

$$h = sR_0 \left\{ \left[\left(1 + \frac{h_0}{sR_0} \right)^3 + \frac{3Qt}{\pi s R_0^3} \right]^{\frac{1}{3}} - 1 \right\} \quad (3)$$

where the subscript 0 indicates quantities at $t = 0$.



220

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Figure 2: Temporal evolution of density and the Mixed Layer Depth (MLD, thick red line) for the experiments 24 (a), 26 (b) and 27 (c). The base of the pycnocline is denoted by the thick green line. Black solid lines indicate the rotational days 45 and 90, i.e., the start and the end of the high-density water injection, respectively (for reference see Fig. 1 and Tables 1 and 2). Black isoline step is 2 kg m^{-3} , starting from 1016 kg m^{-3} at bottom.

The slowest decrease of the upper layer thickness, i.e., a MLD decrease, is evident during the experiment 26, which is characterized by the lowest dense water discharge rate. In that case, the rise (descent) of the upper (lower) boundaries of the pycnocline layer probably depends both on the dense water sinking and the vertical mixing, which provokes the thickening of the



230 pycnocline layer. The temporal evolution of the MLD for the other two experiments is mainly due to the dense water sinking, while
 the vertical mixing and turbulent diffusion probably play a minor role. This is evident from the rise of the interface (that is, the
 upper boundary of the pycnocline) being larger than the deepening of the lower boundary. Indeed, as already pointed out, the rise
 of the interface is directly proportional to the discharge rate and inversely proportional to the area of the base of the volume
 occupied by the discharged water (Eq. 2). We limit our study to cases in which the filling up of the lower layer with the dense
 water is to a larger extent responsible for the interface rise, i.e., to experiments 24 and 27.

235 We compare the MLD temporal evolution with variations of the lower layer thickness from the theoretical relationship (Eq.
 3). The interface rise as a function of the dense water injection rate (Fig. 3) is a good approximation of the interface depth variations
 in the central deep area. In fact, the inclination of the curves is remarkably close to each other. The offset between the theoretical
 curve and the experimental data is present probably because the interface is not a plane but a layer of the finite thickness due to
 the vertical diffusion.

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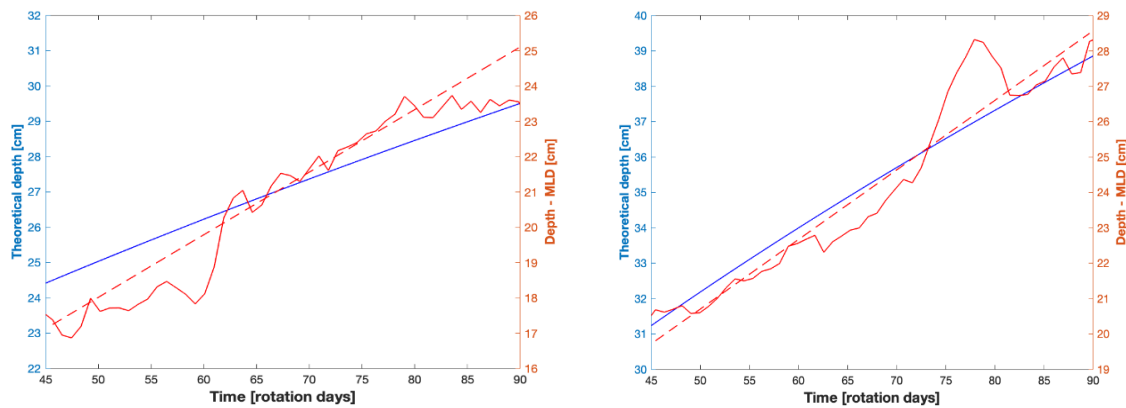


Figure 3: Evolution of the lower layer thickness: experimental data from the vertical profiling at Cp3 (continuous red line), linear regression curve (dashed line) and the term obtained from Eq. 4 (see text, blue line). Left panel EXP 24 and right panel EXP 27.

245 3.2 Vorticity in the upper and lower layers

The evolution of the potential vorticity of the upper layer for the central deep area is directly proportional to the dense water injection rate (Eq. 1). Here we assume that the interface is horizontal over the entire central deep area. Dividing Eq. (1) by f and defining now ζ as a relative vorticity normalized by the planetary vorticity f ($\zeta = \zeta/f$), and considering Eq. (2), we obtain the quasi-geostrophic potential vorticity equation for the flat bottom:

250

$$\frac{\delta\zeta}{\delta t} + \frac{1}{H-h} \frac{\delta h}{\delta t} = 0, \quad (4)$$

or from Eq. (2) we have:

$$\frac{\delta\zeta}{\delta t} + \frac{1}{H-h} \frac{Q}{\pi R^2} = 0 \quad (5)$$



The temporal evolution of the vorticity in the two presented experiments (Fig. 4) indeed confirms the above considerations. In the case of the experiment 24, when the dense water discharge rate was set constant to $0.8 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$, the vorticity in the upper layer of the central deep area begins to decrease immediately after the start of the experiment, becoming anticyclonic already after 20 rotational days. It continues to decrease gradually until the end of phase II. The slope of the vorticity curve does not change appreciably despite the high-density water discharge (1020 kg m^{-3}) during phase II. At the same time, the vorticity in the upper layer of the slope area shows monotonous increase reaching smaller absolute values than the anticyclonic vorticity in the central deep area. Lower layer vorticity evolution (Fig. 4 left) over the slope area shows an increase in the anticyclonic vorticity, while the vorticity in the central deep area is rather small.

In the case of experiment 27 (Fig. 4 right) the evolution of the vorticity in either the upper or lower layers of the deep central and slope areas shows similar features as for the experiment 24. Differences between the two experiments stay at the initial part of the time-series, when the dense water (1010 kg m^{-3}) injection rate is only $0.4 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$ for the experiment 27 while for the experiment 24 the injection rate starts with $0.8 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$ and remains constant throughout the entire duration. In experiment 27 the prominent vorticity variations occur only during phase II, when the high-density water (1020 kg m^{-3}) has much stronger discharge rate ($1.6 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$). About ten days after the onset of the dense water discharge the vorticity suddenly changes becoming anticyclonic in the surface layer of the central area and almost simultaneously the flow becomes cyclonic in the upper layer of the slope. In the central deep area, there is no clear signal of the lower layer vorticity variations. After the cessation of the high-density water discharge (phase III), the intermediate dense water (1010 kg m^{-3}) continues to be released at a discharge rate of $0.8 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$, which yields to a decrease of the anticyclonic vorticity in the surface layer of the central deep area.

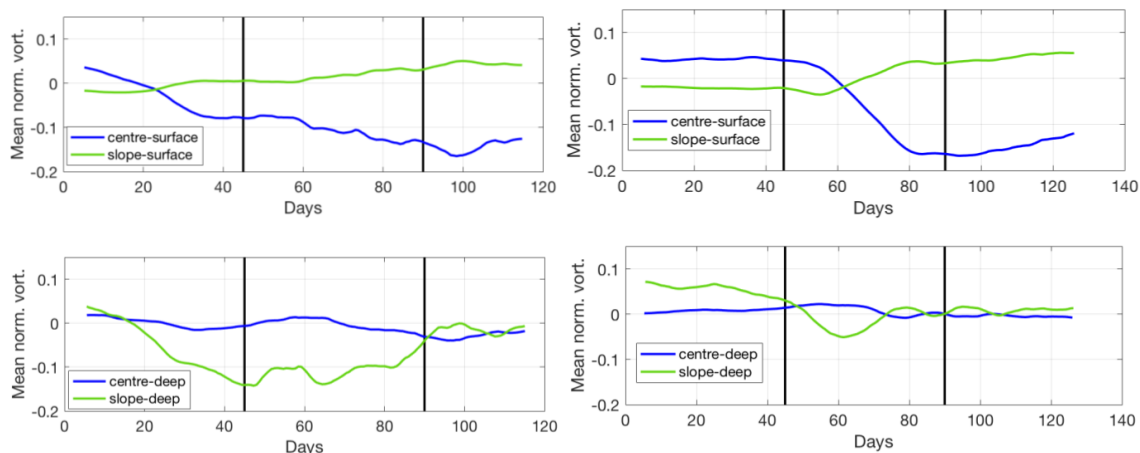


Figure 4: Evolution of the average vorticity normalized by the Coriolis parameter for the EXP24 (left) and the EXP 27 (right). Vorticity curves are smoothed with moving average on 15 points. In the legends, “centre” is referred to the central area of the tank (upper or lower layer), while “slope” to the slope area (upper or lower layer).

To summarize, at the slope area the vorticity behaves in a two-layer fashion. In the case of experiment 24 in the lower layer it becomes anticyclonic a few days after the beginning of the experiment, while in the upper layer (Fig. 4 left) it becomes cyclonic with about ten days phase-lag with respect to the underneath part of the water column. In the case of the experiment 27 the generation of the anticyclonic vorticity takes place only after the onset of the dense water injection with a high discharge rate ($1.6 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$, phase II), while in the phase I we set up very low discharge rate which did not virtually affect the vorticity field. Again,



the response in the upper layer lags the lower layer vorticity. The vertical structure in the central deep area for both experiments shows the occurrence of a strong anticyclonic motion in the upper layer, while in the lower layer there is no well-defined behaviour of the vorticity. The two-layer distribution of the vorticity at the slope area can be explained in terms of a small vertical-to-lateral friction ratio, whereas the single-layer circulation occurring occasionally in the center of the tank is supported by a relatively large vertical-to-lateral friction ratio (Orlić and Lazar, 2009). This also suggests that we cannot neglect the frictional influence especially at the slope.

Equation (5) suggests that for the flat bottom (central deep area of the rotating tank) the rate of change of the upper-layer normalized relative vorticity, is equivalent to the inverse residence time (Monsen et al., 2002), i.e. the ratio of the dense water injection rate and the volume of the upper layer. The rate of change of ζ is at the same time proportional to the time-derivative of the lower layer thickness (Eq. 4). Variations of the upper-layer potential vorticity (Fig. 4) confirm qualitatively the results of the Eq. (5), i.e., the time derivative of the normalized potential vorticity is smaller for the experiment 24 than for the experiment 27. Indeed, in the case of the former experiment, the dense water discharge rate is half of the latter one. This does not mean that the rate of change of the potential vorticity is twice as large for experiment 27 as for experiment 24 because it depends additionally on the upper layer depth and on the radius R which are different for the two experiments.

From the flow field and the MLD, we can check how successfully the quasi-geostrophic potential vorticity equation for the flat bottom does approximate the surface flow characteristics. The rate of change of the normalized potential vorticity is negatively correlated with the rate of change of the lower layer thickness (Fig. 5) as follows from Eq. (2). In fact, the calculated correlation coefficients (Table 3) are negative and statistically significant at the 95% confidence level. Therefore, in the flat-bottom area the quasi-geostrophic potential vorticity equation approximates rather well the upper layer vorticity evolution. In addition, it is evident that curves of the rate of change of the potential vorticity and the upper layer depth for the experiment 24 are noisier than for the experiment 27, which is probably due to the more prominent mesoscale activity in the former experiment than in the latter, as it will be shown later.

In the slope area we must consider also the topographic β -term (Eq. 1). Thus, we compare the rate of the vorticity change with the sum of the rate of change of the lower layer thickness and the topographic β -term for the two experiments (Fig. 6). We calculate the average radial velocity, which is negative for the downslope flow. We take the average lower layer radial velocity over the entire slope area since the downslope dense-water flow generates stretching of the water column in the surface layer and cyclonic vorticity. In fact, for a major part of the experiments the topographic β -term is negative (graph not shown) suggesting that the cyclonic vorticity generation takes place due to the cross-isobath, downslope dense water flow. Generally, the correlation coefficients for the slope area are smaller than for the central deep area. This confirms that at the continental slope the quasi-geostrophic vorticity equation does not describe the vorticity variations as successfully as in the flat-bottom area. This can probably be explained by the fact that the bottom viscous draining at the slope area is not included in the quasi-geostrophic vorticity equation. This fact is also supported by a two-layer vorticity behaviour.

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Table 3. (a) Correlation coefficients (r) between the terms of the vorticity equation (Eq. 1), for the central part of the tank. Upper and lower limits of the coefficients are given for 95% confidence level (c.l.).

$\frac{1}{f} \frac{\delta \xi}{\delta t}$ and $\frac{1}{H-h} * \frac{\delta h}{\delta t}$	Entire experiment duration		Period 45-90 rot. days	
	r	Limits 95% c.l.	r	Limits 95% c.l.
EXP24	-0.5466	-0.66/ -0.41	-0.6306	-0.77/-0.43
EXP27	-0.6357	-0.72/-0.53	-0.4581	-0.66/-0.20

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Table 3. (b) Correlation coefficients (r) between the terms of the vorticity equation (Eq. 1), for the slope of the tank. Upper and lower limits of the coefficients are given for 95% confidence level (c.l.).

$\frac{1}{f} \frac{\delta \xi}{\delta t}$ and $\frac{1}{H-h} \left(\frac{\delta h}{\delta t} + v * s \right)$	Entire experiment duration		Period 45-90 rot. days	
	r	Limits 95% c.l.	r	Limits 95% c.l.
EXP24	0.4202	0.27/ 0.55	0.6268	0.42/ 0.77
EXP27	0.3930	0.24/ 0.52	0.4552	0.20/ 0.65

3.3 Eddies over the slope area

325 The time evolution of the flow field reveals that the two chosen experiments do exhibit the eddy formation on the slope but not of the same intensity. Animated maps of the horizontal flow at level 1 for the entire experiment duration (animations S1 and S2 in the Supplementary Material) support this difference. Here we illustrate the eddy formation by showing the two selected snapshots from each of the three phases of the experiments (Fig. 7). Although eddies are not of our primary interest, we will shortly address their characteristics for experiments 24 and 27 since, as stressed by Whitehead et al. (1990), “Isolated eddies are some of the most beautiful structures in fluid mechanics”. Qualitatively speaking, experiment 24 shows stronger eddy activity than the experiment 330 27. To explain differences between the two experiments in terms of the eddy formation, we calculated the relative vortex stretching and the relative importance of the viscous draining following the approach by Lane-Serff and Baines (2000). With a reference to Fig. 3 in that paper, our calculations show indeed that the experiment 24 during the phase I falls within the parameter space where the relationship between the relative stretching and the relative importance of the viscous draining supports the formation of eddies.



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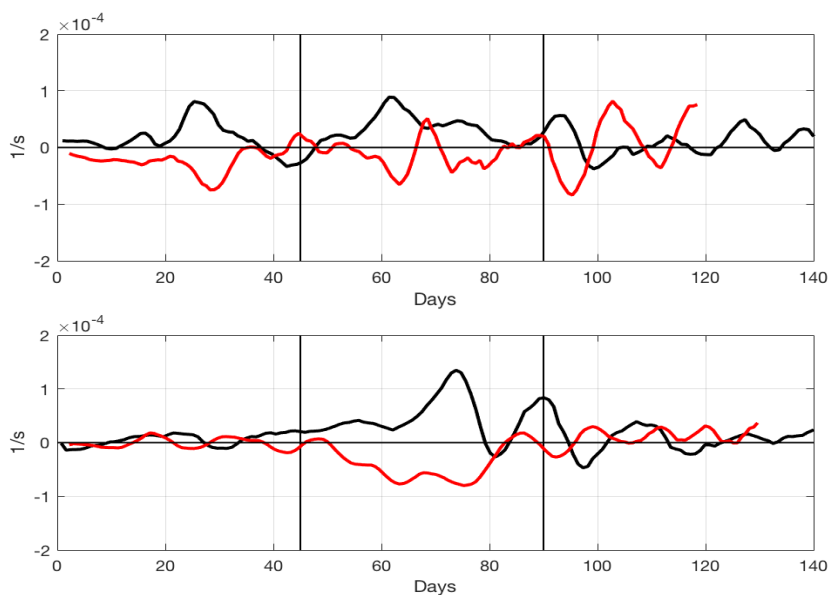


Figure 5: Time series in the central deep area of the rotating tank (flat bottom): the vorticity rate of change ($\frac{1}{f} \frac{\delta \xi}{\delta t}$, red line) and the rate of change of the lower layer thickness ($\frac{1}{H-h} \frac{\delta h}{\delta t}$, black line) for the EXP24 (upper panel) and the EXP 27 (lower panel). For reference, see Eq. 1, when slope $s = 0$.

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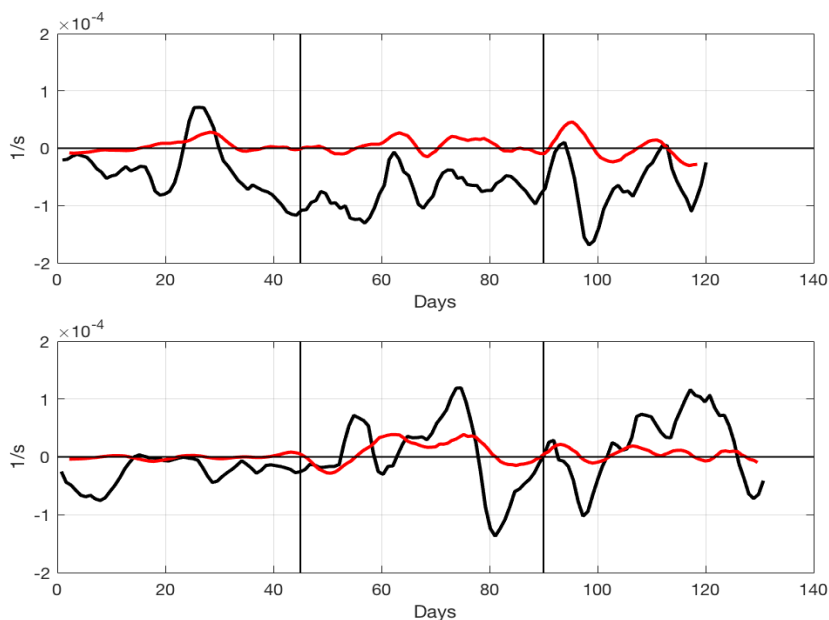
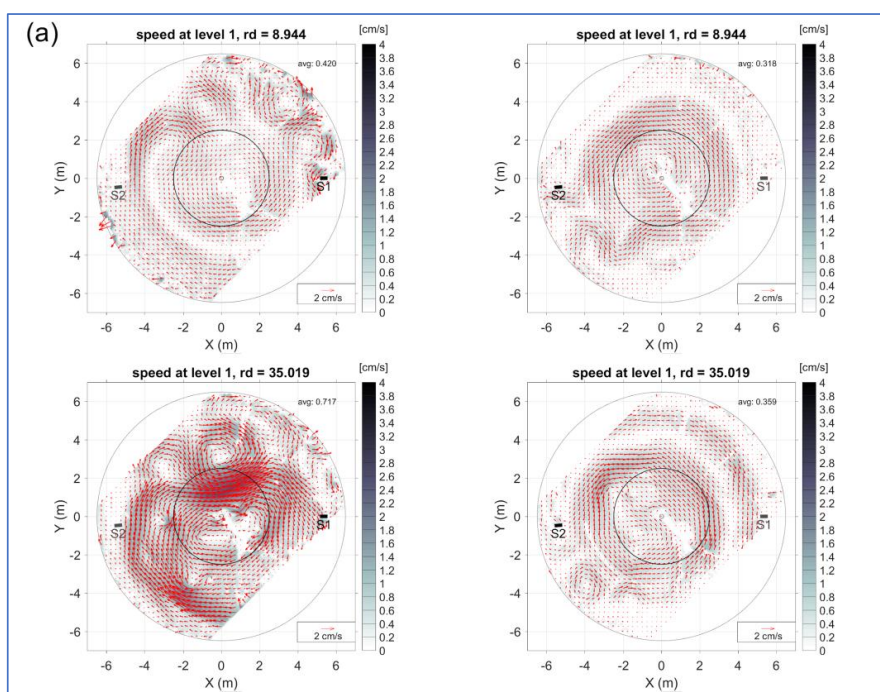


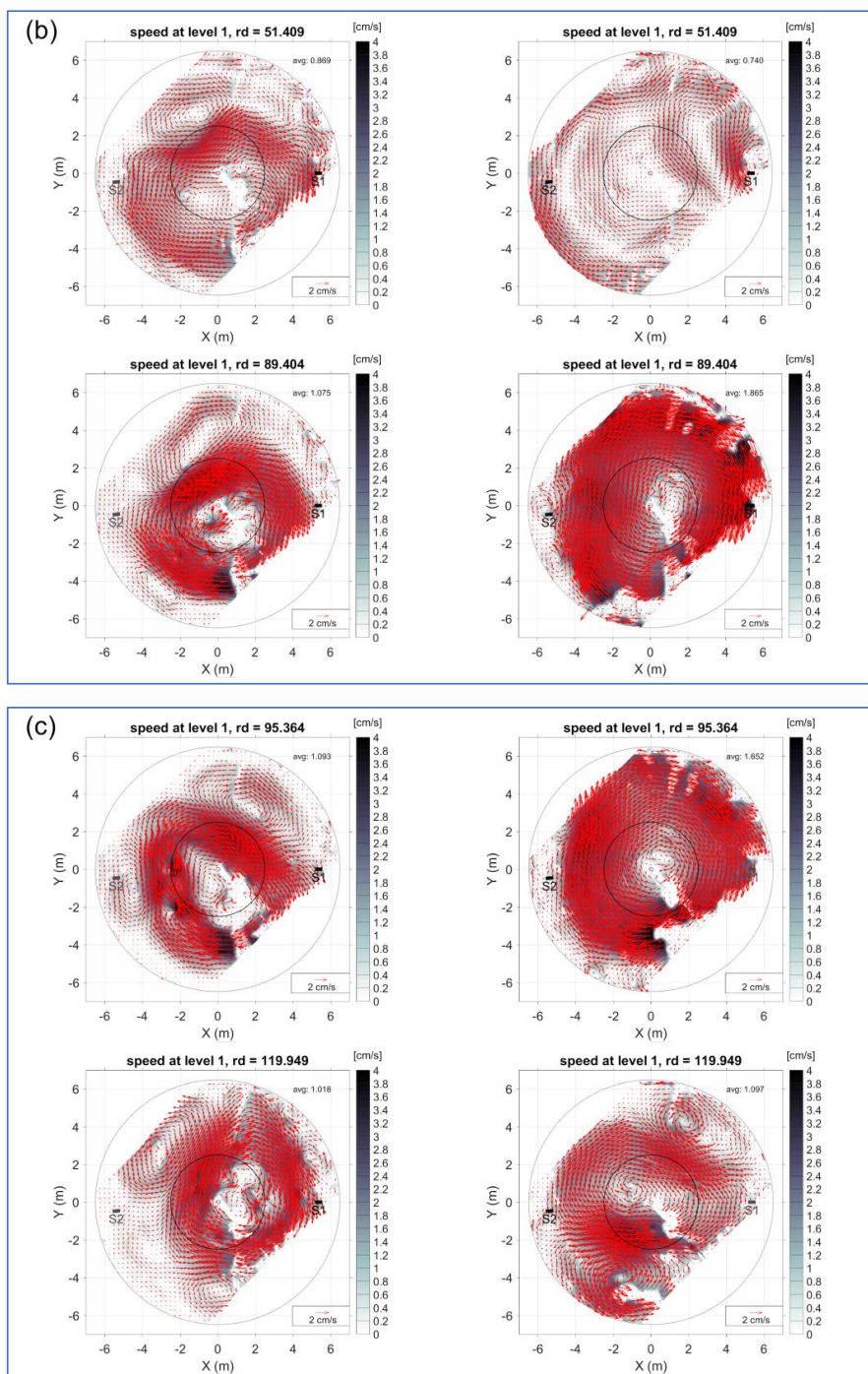
Figure 6: Time series in the slope area: the vorticity rate of change ($\frac{1}{f} \frac{\delta \xi}{\delta t}$, red line) and the sum of the rate of change of the lower layer thickness and the topographic β -term ($\frac{1}{H-h} \frac{\delta h}{\delta t} + v_r s$, black line) for the EXP 24 (upper panel) and for the EXP 27 (lower panel). For reference, see Eq. 1, when slope $s = 0.1$.



345 The experiment 27, on the other hand, having a discharge rate of only $0.4 \cdot 10^{-3} \text{ m}^3\text{s}^{-1}$ during the phase I, falls within the overlapping region and thus eddies are less likely to occur. In addition, both experiments 24 and 27 during phase II fall in the overlapping region where the eddy formation is less likely to take place. In the final part of the experiments when the discharge rate is $0.8 \cdot 10^{-3} \text{ m}^3\text{s}^{-1}$, the two experiments fall within the eddy region in the parameter space. Hence, the mesoscale eddies are likely to be formed most of the time in the experiment 24, but only during the last part in the experiment 27.

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355 **Figure 7:** Two realizations of the current field at level 1 (surface): (a) during phase I (before the high-density water injection, $rd < 45$), (b) during phase II (when the high-density water injection is switched on, $45 < rd < 90$), and (c) during phase III (when the high-density water injection is switched off; $rd > 90$). Experiment 24 (left-hand side) and experiment 27 (right-hand side); rd stands for rotational day.



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The ratio between the eddy kinetic energy per unit mass (EKE) and the kinetic energy of the mean flow per unit mass (MKE) measures the relative importance of eddies with respect to the mean flow. Thus, we calculate the average EKE and MKE for both experiments for the three phases over the entire slope area, as well as the ratio between the two (Fig. 8). It is evident that in the phase I for the experiment 24 $EKE > MKE$, i.e., eddies are more energetic than the mean flow (MKE), as already pointed out from the relationship between the relative stretching and the relative importance of the viscous draining. For both experiments MKE is larger than EKE in the phase II, as it also follows from the fact that the two experiments fall within the overlapping region where eddies are less likely to be formed. Finally, in the phase III both experiments have MKE larger than EKE, although they fall within the eddy region. This can be due to the rather high remaining energy of the mean flow from the phase II being larger than the energy of the newly formed eddies.

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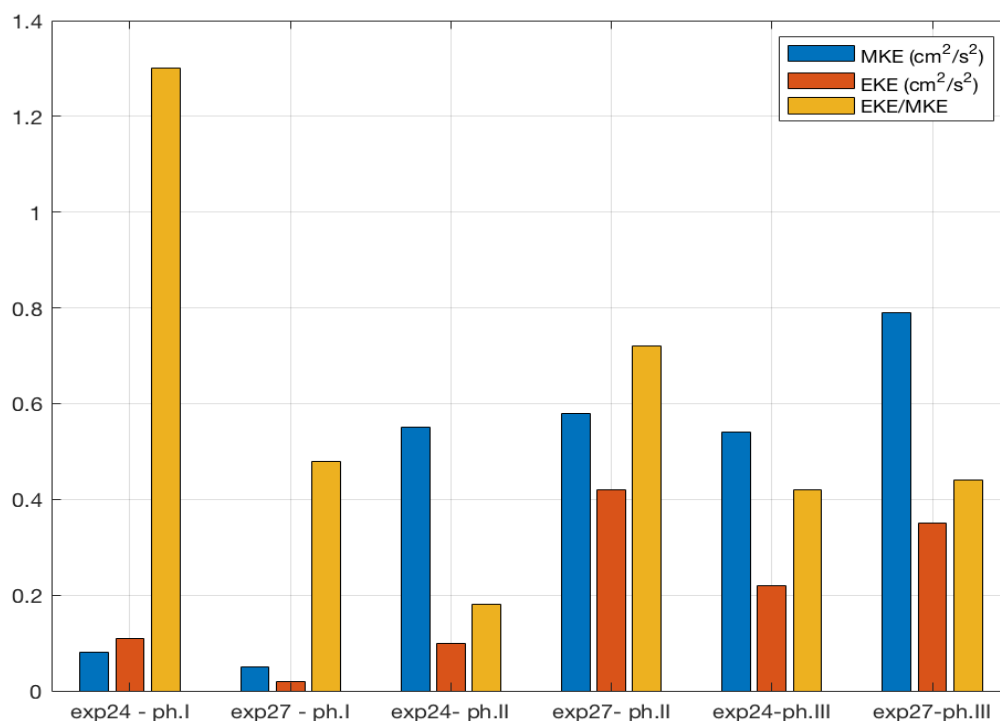


Figure 8: Eddy kinetic energy (EKE) and kinetic energy of the mean motion (MKE) in the surface layer (mean velocities from levels 1-4), spatially averaged over the slope area during phases I, II, and III (i.e., before, during, and after the high-density water injection) for experiments 24 and 27.

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The horizontal distribution of current vectors in the phase I shows dissimilarities between experiments 24 and 27. The differences are partly due to the different dense water discharge rates ($0.4 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$ for 27 and $0.8 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$ for 24). In both experiments, we see the formation of mesoscale eddies and their progression downstream from the source. However, in the case of the experiment 27 eddies are anticyclonic and weaker than in the case of the experiment 24. Downstream of the source of the dense water during the experiment 24 cyclonic eddies prevail. This could be associated with the larger distance between the dense water source and the interface in experiment 24 resulting in the longer sinking path of the dense water and the more intense stretching of the water column. It should be specified that the dense water entering the upper layer during the phase I has density

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of 2010 kg m^{-3} for both experiments, while the lower layer water density is 2015 kg m^{-3} and thus the inflowing water spreads on the interface. The prevalence of the anticyclonic eddies during the experiment 27 is probably because the dense water source is rather close to the interface and thus there is a weak column stretching. The anticyclonic eddy formation is due to the upper layer squeezing because of the dense water along-slope flow on the interface.

380 During the phase II, when the dense water discharge is stronger for the experiment 27 than for the experiment 24, toward the end of the phase the flow field shows strong clockwise basin wide circulation more spatially coherent for the experiment 27 than for the experiment 24. Eddy activity as a residual of the phase I is still prominent in the experiment 24. The phase III with the same dense-water flow rate for both experiments shows the slowdown of the basin wide anticyclonic circulation and the relative increase of the mesoscale activity.

385 To study in more detail the evolution of the vorticity field in the upper layer of the slope area, we calculate average vorticities for three chosen zones at the slope of the tank (Fig. 9a) and the lagged cross-correlation between them, to estimate eddy propagation direction and speed. As an example, we present here the results for experiment 24, which has a prominent eddy activity at the slope area as shown earlier. The cross-correlation between zones 1 and 2 (Fig. 9b) displays a significant maximum for the positive phase-lag at about 21 rotational days suggesting that the vorticity structures propagate prevalently anticlockwise between the two zones, i.e., leaving the shallow water on their right. From this phase-lag we calculate the propagation speed which is thus about 0.3 cm s^{-1} and this value is smaller than the eddy speed (1.3 cm s^{-1}) estimated in the work by Lane-Serff and Baines (1998). On the other hand, the cross correlation between zones 1 and 3 in general is the most significant showing the peak for a negative phase-lag at around ten days revealing the propagation of the vorticity structures in the opposite direction, with a speed of about 1.1 cm s^{-1} .

395 This is probably associated with the average advection speed of the basin-wide anticyclonic flow. The change of the propagation direction can be explained by the fact that vorticity structures (eddies and meanders) firstly propagate cyclonically from the dense water source, as noticed in various papers and experiments (see e.g., Etling et al., 2010 and references cited therein); then they start to be advected by the basin-wide anticyclonic flow, which develops about ten days after the beginning of the experiment due to the surface layer squeezing. The cross correlation between zones 2 and 3 is the least significant probably because zone 2 is under the combined influence of eddies moving in opposite directions. It is evident from the horizontal distribution of current vectors (see Supplementary material), that cyclonic or sometimes anticyclonic eddies continuously form downstream of the dense water source due to the upper-layer stretching in the case of the high-density water spreading, or to the upper-layer squeezing associated with the intermediate density (1010 kg m^{-3}) water spreading along the interface between the upper and lower layers. These eddies move counterclockwise until they experience the advection by the anticyclonic basin-wide flow and start moving in the opposite direction.

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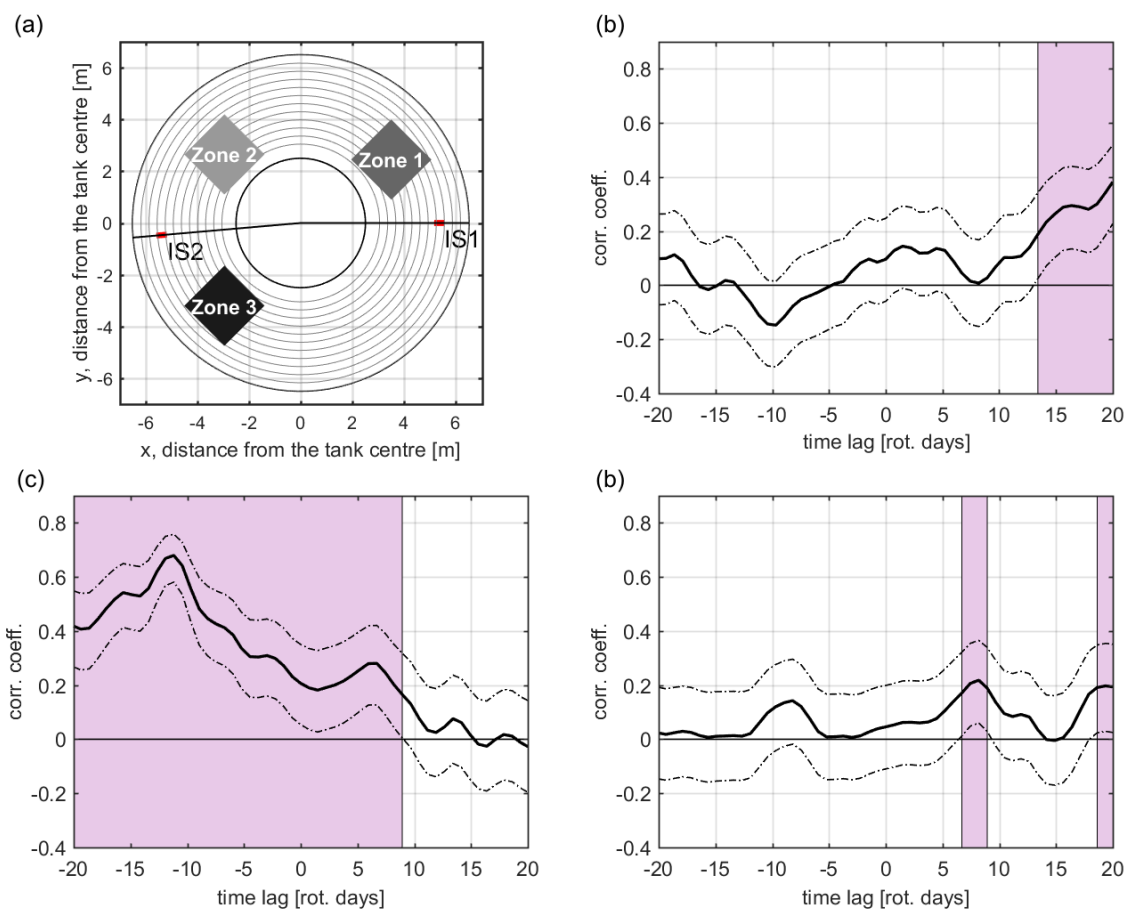


Figure 9: Vorticity correlations over the slope for EXP24. Position of the three selected zones (a); time-lagged correlation coefficients (solid line) between zones 1 and 2 (b), between zones 1 and 3 (c); between zones 2 and 3 (d). Upper and lower limits of the coefficients, corresponding to the 95% confidence level, are indicated by dashed-dot lines. Rose shaded areas indicate positive correlation at 95% confidence limits. The limits for the maximum time lag were set by the calculated correlation time for the entire slope area, equal to about 22 rotation days.

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4. Comparison between the laboratory experiment and the Ionian Sea

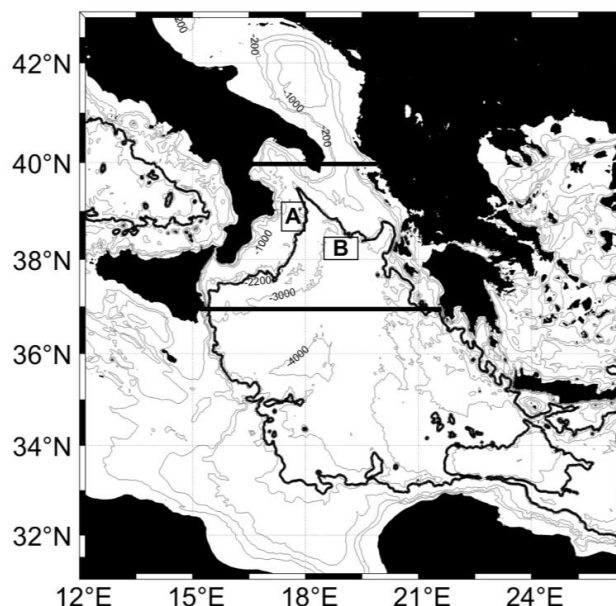
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We compare the laboratory experiments, which simulate the effects of the dense water overflow into the real ocean with an event occurred in the northern Ionian Sea characterized by the sudden change of the circulation as a consequence of the very dense water flow from the Adriatic Sea following harsh winter (Mihanović et al., 2012; Bensi et al., 2013; Raicich et al., 2013; Gačić et al., 2014; Querin et al., 2016). This discharge event, which took place in 2012, generated an abrupt and temporary inversion of the upper-layer Ionian circulation from cyclonic to anticyclonic. Gačić et al. (2014) were able to determine accurately the start and the cessation of the dense water flow thanks to an ample availability of in situ data mainly from floats. They estimated that the sudden inversion of the horizontal circulation from cyclonic to anticyclonic took place in June 2012 and subsequent return to cyclonic in February/March 2013. To carry out the comparison with the tank experiment, we determine the response of the surface geostrophic flow field to the dense water discharge event from satellite altimetry data. In addition, we use the density field during the event, as

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425 of the tank.



430 **Figure 10:** Study region in the Northern Ionian Sea. Heavy black east-west lines mark the northern and southern boundaries of the sector where the surface geostrophic and the 1000 m depth vorticities were calculated. The isobath 2200 m divides the continental slope from the open-sea region. Areas A and B refer to the subregions where the vorticity was calculated, and the model density data were extracted. The map was created by us using the MATLAB software. Bathymetry data were retrieved by the ETOPO2_2016 product (ETOPO2, 2-Minute Gridded Global Relief Data (ETOPO2v2), NOAA, World Data Service for Geophysics, Boulder, June 2006. <http://www.ngdc.noaa.gov/mgg/fliers/01mgg04.html>)

435 We define the continental slope in the Ionian as an area between the 2200 m isobath and the coast while the central part, equivalent to the flat-bottom central deep area of the tank, is represented by the rest of the basin within the latitudinal limits 37-40°N (Fig. 10). Indeed, the vorticity evolution in the Ionian Sea in 2012 (Fig. 11) shows behaviour like that in the tank (see Fig. 4, experiment 27). Concomitantly with the start of the dense water flow, around May 2012, in the surface layer of the slope area the vorticity inverted its decreasing trend becoming rather soon cyclonic for the rest of the year. At the same time, in the surface layer of the central Ionian area the weakening of the cyclonic vorticity took place, which eventually resulted in a prevalent anticyclonic motion around July. The flow field in the surface layer of both continental slope and deep area of the northern Ionian reached its maximum cyclonic and anticyclonic motion, respectively, in October/early November (Fig. 11), when the dense water outflow from the Adriatic seemingly ceased, as suggested by Gačić et al. (2014). At the 1000 m depth in the continental slope area the vorticity curve varied out of phase with respect to the upper layer. This suggests the presence of the two-layer structure of the vorticity field at the continental slope area similarly to what was observed in the rotating tank experiments. In the deeper central area, as in the rotating tank experiments, no clear two-layer structure occurred in the vorticity field; solely the surface layer was

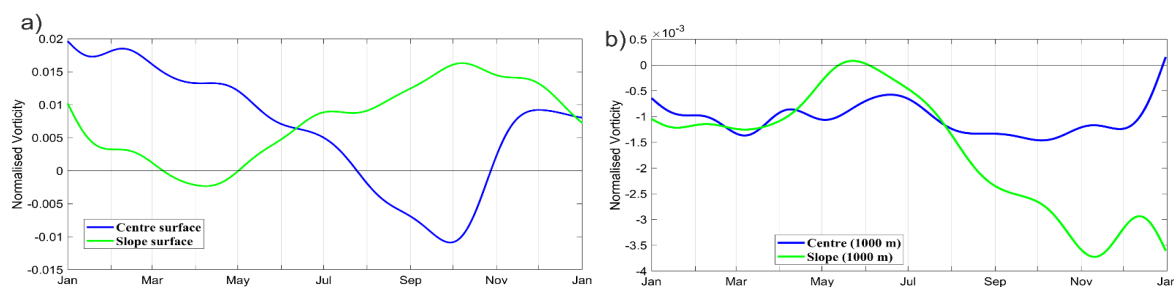
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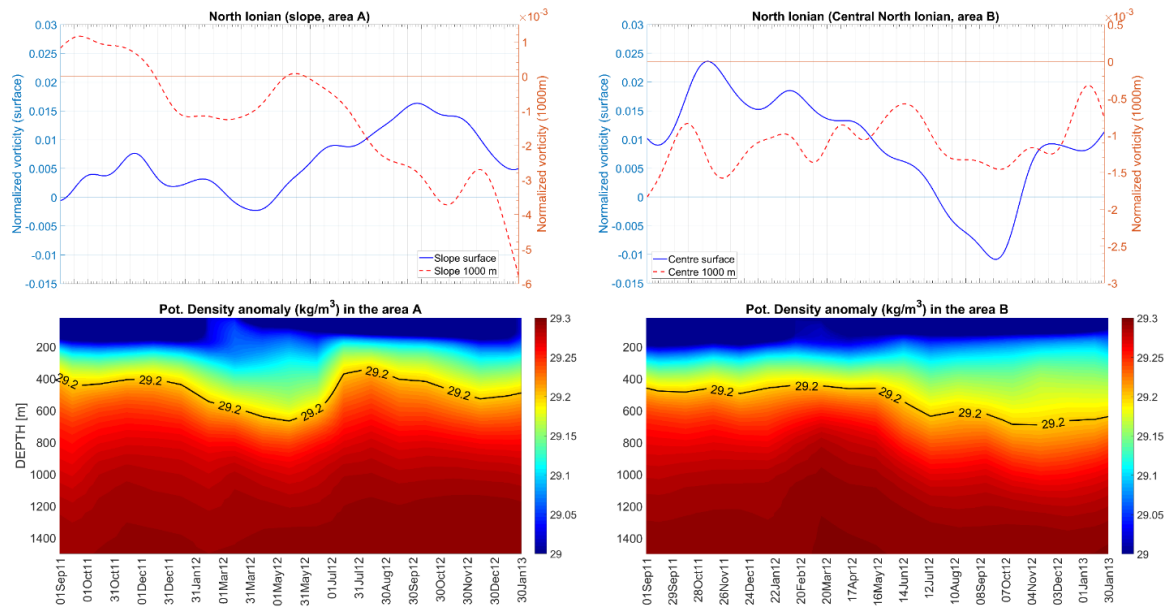


450 characterized by the circulation inversion from cyclonic to anticyclonic motion. The 1000 m vorticity values are one order of magnitude smaller than those at the surface since the depth of 1000 m is below the velocity zero-crossing level but close to it. According to some estimates from the thermal wind relationship (Giuseppe Civitarese, personal communication) the zero-crossing is situated at the depth of around 800 m. Consequently, velocities are smaller than those at the surface having as a result the smaller vorticity values, even for one order of magnitude.

455 From the combined analysis of the outputs of the hydrodynamic model (which assimilates the *in-situ* data) and the vertical density profiles of the ARGO floats which were active in the northern Ionian during 2012, we observe that the absolute density values obtained from the model are typically larger than those measured by floats, but temporal variations of both data sets are consistent. Thus, we reconstruct the evolution of the density field on the continental slope and in the deep area of the northern
460 Ionian Sea using only the data from the hydrodynamic model and compare it with the vorticity variations at the surface and in the deep layer (i.e., 1000 m depth, Fig. 12). From the evolution of the vorticity field in the surface layer and the vertical density distribution in the sub-areas A and B (Fig. 10) it is evident that in the open sea the cyclonic vorticity started decreasing concurrently with the rise of the isopycnals (e.g., 29.2 kg m^{-3}) and squeezing of the upper layer, becoming eventually anticyclonic when the depth of that isopycnal reached minimum around the month of August 2012. Conversely, the surface layer isopycnals on the continental slope area deepened and the anticyclonic vorticity started to decrease, switching eventually to cyclonic due to the dense water sinking and the surface layer stretching, as mentioned above for the rotating tank experiments.



465 **Figure 11: Temporal evolution of the vorticity normalized by the Coriolis parameter f (10^{-4} s^{-1}) in the surface (a) and deep (b) layer (1000 m depth) of the Ionian Sea.**



470 **Figure 12:** Vorticity variations (upper panels) as in Fig. 11 and the Hovmöller diagram of the potential density anomaly field (lower panels) for the continental slope - area A (left hand side) and the open-sea - area B (right hand side), based on the numerical model data, see Fig. 10 for the position of areas A and B. Please note different scales of the surface (left) and deep (right) vorticity values.

Similarity between the Ionian and the rotating tank can also be quantified by comparing the respective vorticity rate of change, i.e., $\frac{\delta\zeta}{\delta t}$. It is inversely proportional to the residence time of the upper layer (see Eq. 5). Hence the ratio of the inclination of the vorticity curve for the Ionian and the rotating tank, is inversely proportional to the ratio of their residence times associated with the dense water flow rate. Calculating the receiving volume of the Ionian Sea and the tank and knowing the dense water flow rate in the tank for the experiment 27 ($1.6 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$) and the dense water outflow from the Adriatic (on average $3 \cdot 10^5 \text{ m}^3 \text{ s}^{-1}$ according to Lascaratos, 1993), we estimate the ratio between the residence times. On the other hand, we estimate $\frac{\delta\zeta}{\delta t}$ from vorticity curves both for the rotating tank and the Ionian (see Figs. 4 and 11) and the ratio of the vorticity rate of change of the two basins. Our results indeed show that the ratio between residence times of the Ionian Sea and the rotating tank is of the same order of magnitude as the ratio of the vorticity rate of change in the rotating tank and in the Ionian Sea. This confirms the dynamical similarities of the dense water flow in the two basins.

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5. Summary and conclusions

The decadal inversions of the horizontal circulation, peculiar phenomena in the Ionian Sea, according to the BiOS theory (see e.g., Rubino et al., 2020 and papers cited therein) are not wind-induced but are due to inversions of the internal density gradients. Observations reveal that a reversal can occur very rapidly, i.e., even at time scales on the order of a month (see Gačić et al., 2014). Here we simulate this type of situation in the rotating tank and compare it with observational data gathered in the Ionian basin during the 2012 exceptional dense water overflow. This remarkable phenomenon occurred when, due to the harsh 2012 winter the

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490 BiOS cyclonic mode which started in 2011, was suddenly interrupted and reversed to the anticyclonic flow. To carry out the
comparison between such reversal and the tank experiments, we focus on two laboratory experiments where different dense water
discharge rates created the similar dynamics to that observed in the real ocean. For the two experiments analysed in detail the
ambient fluid consists in two layers: the upper one is made of freshwater while the lower layer has a density of 1015 kg m^{-3} . In the
first part of the experiments, water of 1010 kg m^{-3} was discharged for a period of 45 rotational days (1 day = 120 sec) after which
a high-density water of 1020 kg m^{-3} was released until the 90th day. We vary the dense water flow rates of the two experiments and
observe the evolution of the current field. The formation of the large basin-wide anticyclonic gyre in the surface layer of the central
495 flat-bottom area of the tank initiates after the dense water flow starts. Concurrently, over the slope area in the upper layer the
cyclonic vorticity manifests itself as a series of counter-clockwise travelling mesoscale cyclones (leaving the shallow water on
their right) or in the form of a cyclonic basin-wide shear. We show that the mesoscale eddy activity depends on the dense water
discharge rate. Also, the mesoscale eddies propagate anticlockwise from the dense water source, until the onset of the basin-wide
anticyclonic circulation. Then, the vortices are advected by the mean basin-wide flow in the opposite direction. In the lower layer
500 of the slope area, instead, an anticyclonic vorticity is generated and therefore in that portion of the tank the current field behaves
in a two-layer fashion from the point of view of the vorticity pattern. The vorticity in the Ionian Sea shows a vertical structure both
in the continental slope and in the central deep area like in the rotating tank. We show that the evolution of the flow field in the
Ionian following the dense water outflow from the Adriatic is dynamically similar to the flow field in the rotating tank following
the dense water injection. The similarity is shown for the experiment with the dense water discharge rate of $1.6 \cdot 10^{-3} \text{ m}^3 \text{ s}^{-1}$ when
505 the ratio between the vorticity rate of change in the Ionian and in the tank is of the same order of magnitude as the inverse of the
ratio of the residence times. This laboratory experiment confirms that the internal forcing, the only forcing applied in the rotating
tank, is sufficient to create inversions of the basin-wide cyclonic circulation to the anticyclonic one in the Ionian Sea as already
hypothesized by the BiOS theory.

510 **Data availability**

All used data sets can be made available by request to the first and corresponding author.

Supplement

Link to S1&S2.zip

Authors contribution

515 MG, AR, JS designed the laboratory experiments; MG prepared the manuscript with the help of all co-authors; AR, LU, VK,
VM, MEN, VC, MO, JS, MM contributed to writing and editing of the manuscript and participated in the theoretical aspect
discussions; LU, VK, MM, MB, MEN, VC, RVB carried out the data analysis using specifically designed analysis routines; VK,
MB, MEN, VC, JS, RVB, SV, BP, GS, MG, AR performed the laboratory experiments.



Competing interest

520 The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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