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ACCEPTED VERSION

1	Trait-based sediment retention and runoff control by herbaceous vegetation in		
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14	Abstract		

15 Soil degradation by concentrated runoff and soil erosion induces major environmental and 16 economic damages, notably in agricultural areas under temperate climates. The use of 17 herbaceous vegetation aims to increase the hydraulic resistance and thus reduce runoff and soil erosion while retaining sediments on site. However, the identification of the most suitable 18 19 species to mitigate runoff is often specific to a phytogeographical territory and hampered by 20 the intraspecific variability, which reduces the transposition of a solution to other territories 21 and the ability to quantify the effects of the vegetation. Using a plant trait-based approach 22 allows understanding and characterising the direct effects of the vegetation on runoff and soil 23 erosion mitigation as well as on the sediment retention increase. Here, we review the influence 24 of plant aboveground functional types and traits of herbaceous vegetation on the hydraulic 25 resistance and sediment retention and the contentious effects of the functional diversity on the hydraulic resistance and sediment retention, within agricultural catchments. Using this knowledge, we propose applications of the trait-based approach to design and manage herbaceous hedges for sediment retention and soil erosion control. This review synthesises recent advances regarding the effects of the functional traits on runoff and sediment retention and defines a trait-based selection method of the plant species for runoff and soil erosion control.

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Keywords: Agroecological engineering; herbaceous hedges; hydraulic resistance; plant
 functional traits; plant-soil interactions; runoff-plant interactions.

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1. Introduction

39 Soil erosion by water is a natural hazard frequently observed in tropical, Mediterranean and 40 temperate areas leading to soil degradation, and is accentuated by anthropogenic factors, 41 especially by agriculture (Poesen, 2018). The efficiency of herbaceous vegetation to mitigate 42 soil erosion has been established for the past decades and their different effects on the soil 43 erosion processes (Figure 1) have been intensively studied (Haan *et al.*, 1994; Liu *et al.*, 2020; 44 Ludwig et al., 2005; Mekonnen et al., 2015). Herbaceous vegetation reduce soil erosion by protecting the soil against the raindrops impacts; furthering infiltration; stabilising soil; 45 46 increasing surface roughness; reducing runoff velocity; boosting evapo-transpiration; and 47 inducing sediment retention (Morgan, 2009; Styczen & Morgan, 1995). However, the plants 48 efficiency towards runoff and soil erosion reduction depends on the species used, which points 49 to the importance of inter and intraspecific variations in plant traits (Cao et al., 2015; Hayes et 50 al., 1984). The effects of plant root density, length density, tensile strength, area ratio and

51 system morphology on soil and slope stabilisation as well as on soil shear strength have been 52 thoroughly analysed (De Baets et al., 2006, 2009; Stokes, 2007; Stokes et al., 2014). The 53 reduction of the splash-driven soil detachment due to the vegetation has also been well 54 documented, showing the positive effect of the plant canopy on the decrease of the raindrop 55 kinetic energy (Gyssels et al., 2005; Morgan, 2004; Styczen & Morgan, 1995). The infiltration 56 rate and the hydraulic resistance are the two main processes inducing sediment retention at the 57 vegetation patch scale. As long as the hydraulic conductivity of the soil remains unsaturated, 58 the soil infiltration rate, increased by the presence of the vegetation, slows the runoff generation 59 (Styczen & Morgan, 1995). However, once the soil reaches the saturated hydraulic 60 conductivity, the main process inducing sediment retention and the reduction of the runoff flow 61 velocity is the hydraulic resistance created by the vegetation (Styczen & Morgan, 1995), which 62 also furthers infiltration (Dabney et al., 1995; Dosskey et al., 2010; Gilley et al., 2000). The 63 hydraulic resistance is the force that overland flow experiences on the soil surface and which may be influenced by the frictional drag-over the elements present at the soil surface scale such 64 65 as residue cover, clods, gravel and standing vegetation (Gilley & Kottwitz, 1995). Indeed, the aboveground biomass of the herbaceous vegetation slows the flow velocity down, creating a 66 67 backwater area in front of the vegetation where sediments settle as the sediment transport 68 capacity of the flow is reduced (Akram et al., 2014; Cantalice et al., 2015; Hussein et al., 2007). 69 This plant effect can be modelled by the use of hydraulic roughness coefficients, such as Darcy-70 Weisbach f and the Manning's n (Haan et al., 1994). Most of the studies referencing the 71 reduction of soil erosion by plants focussed on semi-arid and Mediterranean climates, as higher 72 soil erosion rates are found in these areas (De Baets et al., 2009; Durán Zuazo & Rodríguez 73 Pleguezuelo, 2008; Liu et al., 2020; Vannoppen et al., 2015; Zhu et al., 2015), giving soil 74 erosion processes under temperate climates less importance, mainly due to the average slope 75 gradients lower than 5% (Remy & Le Bissonnais, 1998).





79 The reduction of the runoff flow velocity and soil erosion rates is mainly induced by the 80 hydraulic resistance of the plants at the vegetation patch scale in temperate agricultural 81 catchments. Distinctive to temperate oceanic climates, these catchments are regularly affected 82 by intense runoff and soil erosion episodes, due to the intensified tillage and the cultivation of 83 annual crops on sloping loamy soils (Boardman & Poesen, 2006; Gobin et al., 2003; Styczen 84 & Morgan, 1995). The improvement of the herbaceous vegetation efficiency for the mitigation 85 of soil erosion requires a good understanding of the relationship between the plant aboveground functional traits and the hydraulic resistance. Functional traits are defined as "morpho-physio-86 87 phenological traits which indirectly impact fitness via their effects on growth, reproduction and 88 survival" (Violle et al., 2007). Trait-based ecology and agroecology allow characterising the 89 plant responses to environmental changes and their effects on ecosystem processes, such as 90 soil erosion, and allow the transposition of these effects to other biogeographical territories 91 (Burylo et al., 2012; Kervroëdan et al., 2018; Liu et al., 2018b). Studying the linkages between 92 the plant functional traits and the soil properties and processes constitutes an essential approach

93 to understand hydrological processes allowing to design new ecosystems offering the best 94 efficiency for the reduction of soil erosion (Faucon et al., 2017). The functional diversity, defined as "the value, range, and relative abundance of plant functional traits in a given 95 96 ecosystem" (Díaz et al., 2007a; Tilman, 2001), influences the ecosystem processes and 97 functioning, although its effects are contentious (Garnier et al., 2016). The "mass ratio 98 hypothesis" stipulates that the ecosystem properties are driven by the traits of the dominant 99 species in the community (Grime, 1998). Accordingly, the ecosystem properties would be 100 determined by the community-weighted mean trait values of the dominant species (Díaz et al., 101 2007b). On the other hand, the ecosystem processes can also be driven by non-additive effects 102 (i.e. complementarity or facilitation) among the coexisting species with diverse trait values, 103 which can be designated by functional diversity indices (e.g. functional divergence, distance 104 between high abundant species and the centre of the functional space) (Díaz et al., 2007b; 105 Garnier & Navas, 2012; Mouillot et al., 2011). Given that functional diversity impacts various 106 ecological processes and notably soil erosion (Erktan et al., 2013; Garnier et al., 2016; Zhu et 107 al., 2015), the effects of the plant functional diversity can be analysed to understand the 108 potential impacts on the hydraulic resistance and the resulting sediment retention.

109 Even though a number of studies have reviewed the effects of vegetation on the soil erosion 110 processes, linking plants with the overall soil erosion rates and soil loss, only a limited 111 specification of the plant traits influencing more targeted processes, such as sediment retention, have been reported (Gyssels et al., 2005; Liu et al., 2018; Puigdefábregas, 2005). Identifying 112 113 the efficient functional traits to reduce concentrated runoff and soil erosion would allow 114 selecting plant species and designing herbaceous infrastructures to go further into land planning 115 and soil protection. This review synthesises the recent advances and contemporary 116 understanding on the effects of the plant functional traits in herbaceous vegetation on runoff 117 mitigation, sediment retention and soil erosion control in agricultural catchments by reviewing:

(1) the influence of plant aboveground functional types and traits on the hydraulic resistance and sediment retention; (2) the contentious effects of the functional diversity on the hydraulic resistance and sediment retention and (3) the applications of the trait-based approach for the design and the management of herbaceous hedges for sediment retention and erosion control.

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123 2. Effects of plant aboveground functional types and traits on the hydraulic 124 resistance and sediment retention

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2.1.Effects of the plant functional types

126 The characterisation of the functional types influencing the hydraulic resistance is required to 127 identify the most relevant herbaceous vegetation (Figure 2A). Species favouring vegetative 128 spreading with rhizomes, tilers or stolon can play a key role in the increase of the hydraulic 129 resistance and sediment retention. Indeed, rhizomes and stolon guarantee a lateral spreading 130 growth pattern, with a dense and homogenous ground cover (100%) limiting the presence of 131 preferential flow paths within the vegetation, and a burying tolerance towards recurring 132 sedimentation (Maun, 1998). The perennial herbaceous species under the Raunkiaer's life-form 133 categories "herbaceous chamaephytes" and "hemicryptophytes" provide an effective soil cover 134 through all seasons by increasing the hydraulic resistance in comparison to bare soils (Bautista 135 et al., 2007; Berendse et al., 2015; Martin et al., 2010). Within these life-form categories, the 136 caespitose and non-caespitose types with fresh or dry biomass in winter allow a constant 137 ground cover when soil erosion is observed at its highest in cultivated areas under temperate 138 climates (Boardman & Poesen, 2006; Durán Zuazo & Rodríguez Pleguezuelo, 2008). The 139 herbaceous vegetation should present a higher vegetative height than the water maximal level 140 found in the targeted areas of implantation (e.g. 20cm in north-west Europe at a frequency of 141 5 to 10 years in a catchment of 20ha (Richet et al., 2017)) to be efficient against concentrated flows (Dillaha et al., 1989; Van Dijk et al., 1996). Water maximal level should be estimated 142

143 using the discharges of the erosional episodes against which the herbaceous vegetation should 144 be efficient. The functional types involved in the increase of the hydraulic resistance and 145 sediment retention could constitute a set of criteria to select potential candidate species within 146 a specific phyto-geographical area for soil erosion control (Figure 2A). Perspective is to define 147 the selection method and to integrate the effects of functional traits into the selection process 148 to design efficient herbaceous vegetation to mitigate soil erosion.



150 Figure 2. Functional types (a) and traits (b) involved in the increase of the hydraulic resistance and sediment



2.2.Effects of leaf and stem functional traits

153 Most of the studies about the effects of vegetation on soil erosion and sediment retention focus 154 on the impacts of the aboveground functional traits. Both stem and leaf traits have been 155 identified for the past decades as efficient for triggering sediment retention (Figure 2B). The leaf density and area are the main leaf traits impacting sediment retention (Burylo et al., 2012; 156 157 Graff et al., 2005; Lambrechts et al., 2014) and the hydraulic resistance (Kervroëdan et al., 158 2018). The stem density and diameter are two of the main stem traits influencing sediment 159 retention (Bochet et al., 2000; Isselin-Nondedeu & Bédécarrats, 2007; Mekonnen et al., 2016; Meyer et al., 1995; Morgan & Duzant, 2008). The efficiency of the stem density on runoff 160 161 depends on the slope and the type of soil. Indeed, on 20% slopes of silty soils, vegetation with a stem density of 7500 stems.m⁻² would reduce the flow velocity by 90.6%, while on a 10% 162 slope 2500 stems.m⁻² would reduce the velocity by 91.9%, in comparison to bare soil (Morgan, 163 164 2004). Focussing on the effects of traits on the hydraulic resistance at the vegetation scale in north-west Europe, Kervroëdan et al. (2018) investigated the effects of density-weighted traits 165 166 (trait weighted by the density of the trait). This approach identified the most efficient 167 combinations of density-weighted traits as: (1) the density-weighted leaf area (i.e. leaf area x 168 leaf density, in mm².dm⁻²) with the density-weighted stem diameter (i.e. stem diameter x stem density, in mm.dm⁻²) and (2) the density-weighted leaf area with the density-weighted 169 170 projected stem area (which represents the projected area towards the flow; stem projected area x stem density, in mm^2 .dm⁻²), also emphasising the indirect effect of the stem density. The stem 171 172 stiffness has also been found to induce sediment retention (Meyer et al., 1995), although 173 contrasting results are found in the literature (Burylo et al., 2012). These contrasting results 174 could be explained by the differences in the discharges used: with higher discharges (from 11 to 43.7 l.s⁻¹.m⁻¹) an effect of the stem stiffness was found compared to smaller discharges (1.6 175 1.s⁻¹.m⁻¹); indicating that the effects of traits could change depending on the discharge. Indeed, 176

the leaf area was found efficient for small discharges (2 and 4 L.s⁻¹.m⁻¹) while the leaf density 177 only had an effect at higher discharges (8 and 11 L.s⁻¹.m⁻¹) (Burylo *et al.*, 2012; Kervroëdan *et* 178 179 al., 2018). A changing response of the leaf structure, stem density and diameter on the hydraulic 180 resistance and sediment retention was also found depending on the discharge used. At low 181 discharges, the hydraulic resistance was dependent on the vegetation density (Temple et al., 1987; Van Dijk et al., 1996); while at higher discharges, with flow depths higher than the 182 183 deflecting vegetation height, the hydraulic resistance was found primarily influenced by the 184 stem density, diameter and stiffness, and less by the leaf structure (Meyer et al., 1995; Temple 185 et al., 1987; Vieira & Dabney, 2012).

186 The knowledge of the effects of plant traits on runoff and sediment retention constitutes an 187 advancement for the modelling of the vegetation effects on soil erosion and runoff mitigation, 188 such as in VFSMOD (Vegetative Filter Strip Modelling System). This model evaluates the 189 effects of vegetation on hydrology and sediment transport processes through vegetative filter 190 strips. The model is physically based and simulates the sediment retention resulting of the 191 vegetation hydraulic resistance (e.g. Manning index). Although this model is widely used, the 192 characterisation of the hydraulic resistance of the vegetation is based on a limited number of 193 plant traits: stem density and height (Muñoz Carpena & Parsons, 2014). Adding traits identified 194 as efficient in increasing the hydraulic resistance in herbaceous hedges would extend the 195 precision of the modelling of the efficiency of vegetative barriers and would broaden the field 196 of application of the model. Therefore, improvements may apply to: (1) the estimation of the 197 sediment transport and retention capacities, (2) the application of the model for other vegetative 198 objects than vegetative filter strips and (3) the design of herbaceous vegetation by creating 199 efficient vegetation for the hydraulic processes encountered in the implantation landscape. 200 Perspective is to compare results obtained using the model with ones obtained by 201 experimentations and to identify the main traits increasing the hydraulic resistance and 202 sediment retention.

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the hydraulic resistance and sediment retention

2.3.Contentious effects of the functional diversity in herbaceous vegetation on

For decades, studies highly focused on the effects of the functional diversity on few main ecosystem processes, notably related to the carbon cycles (Cadotte, 2017; Garnier *et al.*, 2004; Zuo *et al.*, 2016), but the effects of the functional diversity for a same process are found contrasting (Faucon *et al.*, 2017; Garnier *et al.*, 2016; Mariotte *et al.*, 2017). These contentious results stress the need to widen the range of processes related to plant-soil interactions which could be affected by the functional diversity.

213 Regarding runoff and soil erosion processes, most of the studies used a taxonomical 214 characterisation of the communities to analyse the effects of plant diversity (Bautista et al., 215 2007; Berendse et al., 2015; Fullen, 1998; Hou et al., 2016; Martin et al., 2010; Meyer et al., 216 1995; Pohl et al., 2009; Turnbull et al., 2008; Zhang et al., 2015). A number of these studies 217 focussed on the effects of non-herbaceous plant roots on soil stabilisation and vegetation patch 218 pattern impact on erosion rates, showing that an increase of diversity led to a better soil 219 resistance and stabilisation (Balvanera et al., 2006; Gyssels et al., 2005), as well as an increase 220 of sediment retention in heterogeneous vegetation patterns (Hou et al., 2016). Other studies 221 focused on the effects of functional groups, marking a first step into the use of a functional 222 characterisation of the vegetation effects on runoff and soil erosion processes. The results 223 showed complementarity effects on runoff, soil erosion and soil aggregation capacity (Martin 224 et al., 2010; Pohl et al., 2009; Zhang et al., 2015). However, using functional diversity – by 225 taking into account the aspects of diversity that impact the community structure and functions

- was highlighted to be a better predictor to characterise the effects of plant diversity on
ecosystem processes (Cadotte *et al.*, 2011), such as runoff and soil erosion.

228 Land restoration using monospecific vegetation may be inefficient in reducing soil erosion 229 given their simple canopy (Cao, 2011; Cao et al., 2009), however the effects of functional 230 diversity on runoff and soil erosion processes have not been thoroughly studied. It is 231 hypothesised that vegetation with high species and functional diversity positively influence the 232 hydraulic resistance and reduce soil erosion. Plants with wider stem diameters would support 233 the stems and leaves of species with higher leaf area and density. The biomass productivity of 234 herbaceous vegetation positively influences the hydraulic resistance and sediment retention 235 (Burylo et al., 2012; Podwojewski et al., 2011). Positive effects of the functional diversity on 236 plant productivity would thus lead to an increase of the hydraulic resistance and sediment 237 retention. These positive effects could notably come from the belowground traits by inducing 238 a diversification in the nutrients and water sources accessibility and acquisition in the soil 239 profile (Faucon et al., 2017; Tilman et al., 2014). Only few studies have focussed on the 240 functional diversity effects on soil erosion at the ecosystem level, with controversial results 241 (Erktan et al., 2013; Kervroëdan et al., 2019; Zhu et al., 2015). In semi-arid grasslands, the 242 functional divergence explained up to 40% of the variation of the erosion rates, due to a greater 243 niche differentiation within the tested communities (Zhu et al. 2015). However, when focusing 244 on the effects of functional types mixtures in Mediterranean mountainous ecosystems, no effect 245 of the functional diversity on sediment retention was found, due to areas of least resistance to 246 flow created by the shrubs and trees individuals (Erktan et al., 2013). These results are 247 consistent with other observed on the effect of trait divergence on the hydraulic resistance and 248 sediment retention for herbaceous vegetation in a temperate agricultural catchment 249 (Kervroëdan et al., 2019). However, the number of studies is limited to fully understand the 250 effects of functional diversity on the hydraulic resistance and sediment retention. Perspective is to study a number of combinations of species and a wide gradient of functional diversity comprising traits involved in the hydraulic resistance and sediment retention increase. This would allow analysing the contentious findings and identifying if they could be the result of idiosyncratic effects of the traits, corresponding to contrasting effects of the functional diversity influenced by the species-traits and the plant-soil interactions.

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3. Applications to design and manage herbaceous hedges for sediment retention and soil erosion control

260 In agricultural areas, implanting vegetative barriers in the form of herbaceous hedges across the flow path would reduce sheet and concentrated erosion, as well as retaining sediment 261 262 (Dabney et al., 1995). Herbaceous hedges are narrow strips of dense and stiff perennial 263 vegetation and present a high efficiency in reducing soil erosion caused by concentrated flows 264 and for sediment retention (Dabney et al., 1995; Yuan et al., 2009). They have been used for 265 decades in various areas such as in the United States, tropical or semi-arid areas (Dabney et al., 266 1995; Gilley et al., 2000; Liu et al., 2018; Mekonnen et al., 2016; Meyer et al., 1995; Wu et al., 267 2010; Xiao et al., 2012). They are differentiated from vegetative filter strips by their width and 268 functions (Figure 3). While herbaceous hedges are specifically designed to further the hydraulic 269 resistance and sediment retention in concentrated flow paths, vegetative filter strips further the water infiltration and sediment retention within a wide area (> 5m width) under superficial and 270 271 shallow flows and are useless under concentrated runoff events (Dabney et al., 1995; Dillaha 272 et al., 1989).



Figure 3. Comparison between vegetative filter strips (a) along: 1—the thalweg's bottom line and 2—an agricultural field; and a multi-specific herbaceous hedge (b) between two fields across a concentrated flow (1 and 2)

278 279 3.1.Candidates plant species to design herbaceous hedges: the case of northwest Europe

The first challenge is to apply defined criteria to select the species composition of herbaceous hedges in different phyto-geographical territories. Focussing on north-west Europe, composed of 3,500 spermatophyte species (Lambinon *et al.*, 2012), with the following criteria based from the functional types: (1) perennial herbaceous vegetation "herbaceous chamaephytes" and "hemicryptophytes" which present biomass in winter (fresh or dry biomass) when soil erosion is observed at its highest in north-west Europe (Boardman & Poesen, 2006); (2) the presence of rhizomes or stolon; (3) a minimum vegetative height equal or higher than 20 cm, as it is the 287 maximal level of the water flows in the north-west European catchments; (4) a broad ecological 288 niche for an implantation in a wide range of silty agricultural soils; and (5) non-weed species 289 to avoid the spreading of the vegetation into the agricultural fields; only 76 candidate species 290 potentially able to mitigate runoff and soil erosion are highlighted (Table 1; Villarroel, 2015). 291 The characterisation of the effects of leaf and stem traits on the hydraulic resistance and 292 sediment retention should be integrated into the selection criteria to narrow the list to efficient 293 species, using the range of efficiency of the trait values. The threshold values of traits from 294 which plants would efficiently increase the hydraulic resistance and sediment retention were identified using the unit stream power critical value of 0.004 m.s⁻¹ (Govers, 1990), being the 295 296 identified value of unit stream power from which the soil is likely to erode (for bare loess soils 297 (D_{50} from 58 µm to 218 µm), with slopes ranging from 1° to 8° for discharges between 2 and 100 cm³.cm⁻¹.s⁻¹ (0.2 to 10 l.s⁻¹.m⁻¹)). These data were extracted from data in Kervroëdan et al. 298 299 (2018), as it focussed on the effects of traits on the hydraulic resistance in agricultural 300 catchments from north-west Europe (Table 2). By using both the efficient combinations and 301 the identified threshold values, the 76-species list of potential candidate species could be 302 narrowed down to the most interesting ones to create herbaceous hedges in north-west Europe. 303 Perspective is to select the candidate species for north-west Europe and other 304 phytogeographical territories regarding their stem and leaf traits using studies identifying the 305 minimal threshold values of traits for the processes occurring in different phytogeographical 306 territories. Trait databases could also be used to select the candidate species and could be 307 completed, as there are many traits of interest for runoff and soil erosion mitigation that are 308 lacking for many species.

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3.2. Monospecific or multi-specific herbaceous hedges?

311 Biodiversity usually corresponds to a more ecologically stable system, as a stable and healthy 312 system would be less vulnerable to abiotic and biotic stress (Tilman, 1999). Therefore, 313 practitioners may ask if it is better to use only one or a few species that can efficiently increase 314 sediment retention and mitigate runoff and soil erosion, or if a diverse range of species, 315 sometimes less efficient, should be used. Most of the studied herbaceous hedges through the 316 literature were monospecific hedges (Cao et al., 2015; Cullum et al., 2007; Dabney et al., 2004; 317 Huang et al., 2010; Hussein et al., 2007; Lin et al., 2009; Liu et al., 2018; Mekonnen et al., 318 2016; Meyer et al., 1995). However, the use of multi-specific vegetation to control runoff and 319 soil erosion has been studied (Bautista et al., 2007; Berendse et al., 2015; Erktan et al., 2013; 320 Hou et al., 2016; Kervroëdan et al., 2019; Martin et al., 2010; Pohl et al., 2009; Turnbull et al., 321 2008; Zhang et al., 2015; Zhu et al., 2015), but some of the studies focussed on the diversity 322 of different functional types or within vegetation patches. A positive effect of plant diversity 323 was also found on the soil erosion resistance (Berendse et al., 2015). Trait divergence showed 324 positive effects on sediment retention and the hydraulic resistance in herbaceous vegetation in 325 loamy agricultural catchments, although the efficiency of the multi-specific vegetation could 326 be lowered by the presence of species with large stem (Kervroëdan et al., 2019).

327 Taking into account these contentious results and that species diversity within herbaceous 328 hedges did not show negative interactions with the efficiency of the multi-specific hedges, it 329 can be suggested using only few species with the best traits involved in decreasing runoff, 330 increasing sediment retention and mitigating soil erosion in a same herbaceous hedge (Rey & 331 Labonne, 2015). However, species diversity should be favoured as much as possible to: 332 (1) enable reducing the risks of failure of vegetation systems in the case of the loss of a species 333 on a site due to abiotic/biotic factors ((Berendse et al., 2015; Doak et al., 1998), and (2) provide 334 other ecosystem services (e.g. habitat creation, ecological connectivity enhancement, 335 integrated pest control).

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3.3.Management of the herbaceous hedges to maintain their efficiency for sediment retention and erosion control

339 Once the herbaceous hedges are designed and implanted, definition of their management plan 340 is essential to maintain or improve their efficiency on the hydraulic resistance, sediment 341 retention and erosion control. To do so, it is necessary to preserve the initial vegetation 342 structure, which has the best community-weighted traits involved in the increase of the 343 hydraulic resistance for processes in north-west Europe (i.e. leaf area and density, density-344 weighted leaf area, stem projected area and stem diameter), by slowing down the vegetation 345 succession and, notably, shrub and tree colonisation. The establishment of scattered trees or 346 shrubs into the herbaceous hedge would enhance its infiltration capacity (Christen and 347 Dalgaard 2013), as long as they are kept at a low height and present a light foliage to avoid 348 competition and the reduction of the development of herbaceous species. The presence of too 349 many ligneous species would limit the development of the herbaceous species by competing 350 for the light and would then lead to the degradation of the herbaceous vegetation and thus, limit 351 the effects on the hydraulic resistance and sediment retention. Cutting the vegetation is 352 recommended in order to limit the dominance of tree and shrub species over herbaceous species 353 within the hedge. Cutting the hedge should be performed every two/three years at the end of 354 spring (circa end of June) in order to (1) allow the plants to grow back before the highest erosion 355 events in winter and (2) limit the damages on the local fauna which use the herbaceous hedges 356 to nest. The first 10 cm should be left as a cover to ensure a minimum survival of the plant in 357 case an erosive event happens before the regrowth of the plants. Perspective is to test these 358 management practices regarding the durability of the herbaceous hedge and its efficiency 359 towards sediment retention.

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3.4. From plot to catchment: location design and modelling of herbaceous hedges using a trait-based approach

363 Numerous soil and landscape processes can control runoff sources and pathways, which results 364 in a spatially heterogeneous runoff and erosion distribution (Vandaele & Poesen, 1995). Sediment control is site specific and thus requires specific studies to target the efficiency of the 365 366 herbaceous hedges (Mekonnen et al., 2015; Tomer et al., 2008). The first criteria to take into 367 account when designing herbaceous hedges is setting the expected levels of impacts, regarding 368 the rainfall properties and the reduction of suspended sediments. As the effects of the functional 369 traits can change regarding the flow characteristics (i.e. discharges), it is important to 370 implement the desired efficiency range of the hedge depending on the flow discharges into its 371 design (Kervroëdan et al., 2018). For recurrent processes (from twice to once a year), the 372 vegetation composing the hedge should comprise dense stems with large diameters, as well as 373 large leaf areas. For more stronger processes occurring less regularly (from once every two to 374 five years), vegetation with dense leaves and stems, important leaf areas and large stem 375 diameters should be considered for the design of herbaceous hedges. The following factors 376 should also be taken into account for design and modelling purposes (Carluer et al., 2017; 377 Dosskey et al., 2015): (1) the specific catchment area (i.e. upslope area contributing to runoff 378 generation); (2) the soil characteristics (e.g. texture); (3) the slope gradient and topographical 379 features (e.g. thalwegs); (4) the crops and (5) the observed runoff pathways. These factors can 380 be implemented in a scoping tool to help local planners to set-up the herbaceous hedges at the 381 most efficient location (Carluer et al., 2017; Dosskey et al., 2011, 2015; Tomer et al., 2008). 382 These tools often rely on modelling soil erosion and runoff pathways using field scale (e.g. 383 VFSMOD, CREAMS, TRAVA, WEPP) or catchment scale (e.g. LISEM, GeoWEPP, SWAT) 384 models (Arnold et al., 2012; de Roo et al., 1998; Deletic, 2001; Flanagan et al., 2001; Knisel 385 & Nicks, 1980; Muñoz Carpena & Parsons, 2014; Renschler et al., 2002). Methods to optimise

the location of vegetated objects such as filter strips have been developed (Gumiere *et al.*,
2011); however, herbaceous hedges functioning differently than filter strips, characterising a
protocol to locate suitable areas for herbaceous hedges is needed.

389 Two main approaches can be used to find out relevant location of herbaceous hedges (Dosskey 390 et al., 2011). The first approach assesses the capability of vegetated areas to reduce runoff and sediment transport through infiltration and sediment retention processes. This means using soil 391 392 and slopes properties to determine the infiltration capacity of the vegetated area which allows 393 to calculate indexes such as the 'Sediment Trapping Efficiency' of the herbaceous hedge 394 (Dosskey et al., 2011). The second approach performs terrain analysis through GIS use, 395 especially on elevation dataset (Digital Elevation Model), to predict the runoff spatial patterns. 396 The elevation dataset is processed to create the flow direction and the flow accumulation. The 397 resulting data enables to map the hydrological network used by the runoff and to delineate the 398 watersheds or specific catchment areas of previously selected places, such as field limits or 399 human infrastructures. Existing models focus on vegetative filter strips, based on their specific 400 design, to evaluate the vegetation efficiency towards sediment retention. These models can be 401 used by practitioners to evaluate the vegetation effect on soil erosion processes and runoff, at 402 the field or the catchment scale. They are based on hydraulic roughness coefficients, such as 403 the Manning's number n or the Darcy-Weisbach's coefficient f, and some basic plant 404 characteristics (Govers et al., 2007). They usually focus on a limited number of plant and 405 vegetation characteristics. The field scale-based models VFSMOD and TRAVA define the 406 effects of the vegetative filter strips using the vegetation height and density (Deletic, 2001; 407 Muñoz Carpena & Parsons, 2014); while WEPP uses plant growth (aboveground and roots), 408 height, the stem basal area and the leaf area index (Arnold et al., 1995). The catchment scale 409 model SWAT focus on the plant height, spacing and coverage, the leaf area index and the root 410 depth (Arnold et al., 2012). Others does not integrate any plant characteristics but the 411 Manning's hydraulic roughness coefficient (e.g. CREAMS), or the width of the vegetative filter 412 strip (e.g. LISEM) (de Roo et al., 1998; Williams & Nicks, 1988). Results on the effects of 413 plant traits in herbaceous hedges on the hydraulic resistance and sediment retention have 414 emphasised the effects of numerous traits not used in models (e.g. stem density, stem diameter, 415 leaf area and leaf density). Implementing these traits recognised as efficient to increase the hydraulic resistance and sediment retention into the models would improve the precision of the 416 417 model results and help better select the best implantation location. Perspective is to integrate 418 the effects of these traits into the models at both field and catchment scales, and to validate the 419 model predictions compared to the empirical approach.

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422 Conclusion

423 This review on the effects of plant functional traits in herbaceous vegetation on the hydraulic 424 resistance and sediment transfer has allowed the improvement of the understanding of the 425 vegetation roles on runoff, sediment retention and erosion control, facilitating the design of 426 herbaceous hedges for these purposes. Leaf and stem traits (i.e. leaf area, leaf density, stem 427 diameter, stem projected area and stem density) directly increase the hydraulic resistance and sediment retention in herbaceous vegetation, especially when they are density-weighted, in 428 429 temperate agricultural catchments. The knowledge of these highlighted traits to illustrate the 430 vegetation effects on the hydraulic resistance and sediment retention is transposable to different 431 pedoclimatic contexts, with the characterisation of the intensity of the concentrated runoff (e.g. 432 slope and soil texture). The challenge of designing vegetation structures for soil erosion and 433 runoff mitigation is to include the plant traits involved in the increase of the hydraulic resistance 434 and sediment retention into the modelling of the vegetation effects by using existing models 435 for soil erosion control. Herbaceous hedges showing dense perennial herbaceous vegetation on 436 a narrow strip constitute a major structure to reduce concentrated flows and soil erosion under 437 temperate climates in agricultural catchments. Their design should consider (1) the selection 438 method based on the functional types and traits of the indigenous species located in the 439 implantation area; (2) the number of species and their traits composing the hedge, as choosing 440 if the hedge should comprise several species with contrasting traits and (3) the positioning of 441 the hedges using multi-scale analysis and modelling. Perspective is to unravel the contrasting 442 effects of the functional diversity on runoff and sediment retention by studying a wide gradient 443 of functional diversity within plant communities on these ecosystem processes. Comparison of 444 the functional diversity effects among several processes and services should also be examined 445 to design multifunctional ecosystems and specifically manage major ecosystem services in 446 each phytogeographical territory. 447

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456 Data Availability Statement

457 Data sharing not applicable to this article as no datasets were generated or analysed during the458 current study.

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781 Table 1. The 76-candidate species list potentially able to mitigate soil erosion in the north-

782 west European loess belt.

The minimum vegetative heights are represented under the median value (Quartile 1; Quartile
4) of the data obtained from Hegi (1906); Jauzein and Nawrot (2011); Lambinon et al. (2012);
Mansion et al. (1989); Rothmaler and Jäger (2009); Bugnon (1995) *In* Université de Bourgogne
(UFR Science de la vie) (2018)). Hem.: Hemicryptophyte; C. Hem.: Caespitose
hemicryptophyte; Ch.: Chamaephyte; R. Hem: Rosette hemicryptophyte.

Family	Species name	Life form	Minimum vegetative height (cm)	
Adoxaceae	Sambucus ebulus L.	Hem.	55 (50; 80)	
	Anthriscus sylvestris (L.) Hoffmann	Hem.	45 (40; 80)	
Apiaceae	Bupleurum falcatum L.	Hem.	30 (20; 50)	
	Heracleum sphondylium L.	Hem.	50 (30; 50)	
	Achillea ptarmica L.	Hem.	20 (20; 30)	
	Artemisia verlotiorum	Hem.	70 (67.5; 150)	
	Artemisia vulgaris L.	Hem.	60 (52.5; 60)	
	Aster laevis L.	Hem.	60 (60; 60)	
	Aster salignus Willd.	Hem.	80 (72.5; 90)	
Asteraceae	Eupatorium cannabinum L.	Hem.	55 (50; 80)	
	Hieracium piloselloides Vill.	Hem.	20 (20; 20)	
	Senecio jacobaea L.	Hem.	30 (30; 40)	
	Tanacetum corymbosum L.	Hem.	30 (30; 50)	
	Tanacetum parthenium L.	Hem.	30 (30; 30)	
	Tanacetum vulgare L.	Hem.	55 (42.5; 60)	
Caryophyllaceae	Saponaria officinalis L.	Hem.	30 (30; 30)	
Clusiaceae	Hypericum perforatum L.	Hem.	27.5 (21.25; 30)	
	Carex acutiformis Ehrh.	Hem.	50 (35; 50)	
	Carex binervis Smith	C. Hem.	30 (30; 30)	
	Carex brizoides L.	Hem.	25 (25; 30)	
	Carex canescens L.	Hem.	20 (20; 25)	
~	Carex otrubae Podp.	Hem.	30 (30; 30)	
Cyperaceae	Carex diandra Schrank	Hem.	20 (20; 30)	
	Carex distans L.	Hem.	22.5 (20; 30)	
	Carex divulsa Stokes	C. Hem.	20 (20; 30)	
	Carex elongata L.	C. Hem.	30 (30; 30)	
	Carex flacca Schreb.	Hem.	20 (10; 20)	

	Carex flava L.	Hem.	20 (20; 30)
	Carex paniculata L.	C. Hem.	40 (40; 50)
	Carex pendula Huds.	C. Hem.	50 (50; 60)
	Carex pilosa Scop.	Hem.	20 (20; 30)
	Carex pseudocyperus L.	C. Hem.	40 (40; 50)
	Carex remota Jusl. ex L.	C. Hem.	30 (22.5; 30)
	Carex spicata Huds.	C. Hem.	20 (10; 30)
	Carex strigosa Huds.	C. Hem.	35 (22.5; 50)
	Carex sylvatica Huds.	C. Hem.	20 (12.5; 30)
	Carex vulpina L.	C. Hem.	30 (30; 40)
	Calamintha nepeta (L.) Savi	Hem.	30 (27.5; 30)
	Clinopodium vulgare L.	Hem.	25 (20; 30)
. .	Mentha longifolia L.	Hem.	40 (30; 50)
Lamiaceae	Mentha spicata L.	Hem.	35 (27.5; 50)
	Mentha suaveolens Ehrh.	Hem.	25 (16.25; 40)
	Origanum vulgare L.	Ch.; Hem.	25 (20; 40)
Linaceae	Linum perenne L.	Hem.	25 (22.5; 30)
Papaveraceae	Meconopsis cambrica (L.) Vig.	Hem.	30 (25; 40)
	Agrostis gigantea	Hem.	30 (30; 40)
	Arrhenatherum elatius L.	Hem.	60 (50; 70)
	Brachypodium pinnatum (L.) Beauv.	Hem.	40 (32.5; 60)
	Brachypodium sylvaticum (Huds.) Beauv.	Hem.	50 (50; 60)
	Bromus erectus Huds.	Hem.	30 (30; 30)
	Bromus inermis Leyss.	Hem.	30 (30; 50)
	Bromus ramosus Huds.	Hem.	70 (45; 100)
	Calamagrostis arundinacea (L.) Roth	C. Hem.	60 (60; 60)
	Calamagrostis epigejos (L.) Roth	Hem.	60 (45; 60)
	Calamagrostis varia (Schrad.) Host	Hem.	40 (40; 50)
	Calamagrostis villosa (Chaix ex Vill.) J.F. Gmel.	Hem.	60 (45; 60)
Desses	Cynosurus cristatus L.	Hem.	20 (20; 30)
Poaceae	Dactylis glomerata L.	Hem.	20 (20; 50)
	Deschampsia cespitosa (L.) Beauv.	Hem.	30 (30; 50)
	Deschampsia flexuosa (L.) Trin.	C. Hem.	25 (20; 30)
	Festuca arundinacea Schreb.	Hem.	60 (40; 70)
	Festuca gigantea (L.) Vill.	Hem.	55 (50; 60)
	Festuca heteropachys (St-Yves) Patzke ex Auquier	C. Hem.	27.5 (23.75; 40)
	Festuca heterophylla Lam.	C. Hem.	40 (40; 60)
	Festuca longifolia Thuill.	C. Hem.	20 (20; 30)
	Festuca marginata (Hack.) K. Richt.	C. Hem.	20 (18.75; 20)
	Festuca polesica Zapal.	C. Hem.	20 (20; 20)
	Festuca pratensis Huds.	Hem.	30 (30; 40)
	Festuca rubra L.	Hem.	30 (20; 40)

	Koeleria pyramidata (Lam.) Beauv.	Hem.	20 (20; 45)
	Melica ciliata L.	Hem.	22.5 (20; 30)
	Melica nutans L.	Hem.	30 (22.5; 30)
	Melica uniflora Retz.	Hem.	25 (20; 30)
	Milium effusum L.	Hem.	55 (50; 80)
	Phalaris arundinacea L.	Hem.	50 (50; 80)
Rosaceae	Filipendula ulmaria (L.) Maxim.	R. Hem.	50 (50; 100)

790 Table 2. Minimal threshold values of the efficiency range of each trait and density-

791 weighted trait on the hydraulic resistance and sediment retention.

The threshold values were identified using the results from the generalised linear regression models in Kervroëdan et al. (2018). It represents the intersection between the USP critical value and the regression curve. As leaf area and density had different responses toward the hydraulic resistance depending on the discharge, the non-significant effects for the relevant discharges were darkened. The combination of both leaf area and leaf density was found to explain better the effects on the hydraulic resistance for all discharges rather than the traits taken separately.

	2 L.s ⁻¹ .m ⁻¹	4 L.s ⁻¹ .m ⁻¹	8 L.s ⁻¹ .m ⁻¹	11 L.s ⁻¹ .m ⁻¹
Leaf area (mm ²)	200	2200	6500	8200
Leaf density (m ⁻²)	0	7000	25000	31000
W. leaf area $(mm^2.m^{-2})$	200000	22750000	82000000	10000000
W. projected stem area (mm ² .m ⁻²)	200000	840000	1875000	2350000
W. stem diameter (mm.m ⁻²)	2000	8000	19000	23000

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