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Differential effects of spinal cord transection on glycinergic and GABAergic synaptic

signaling in sub-lesional lumbar motoneurons.

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Abstract

This review takes stock on the impact of complete spinal cord transection (SCT) on the

plasticity of the inhibitory synaptic transmission on sub-lesional lumbar motoneurons (MNs),

differentiating between studies in neonate and adult rats.

After neonatal SCT, normal maturational up-regulation of glycine receptors was observed. On

the other hand, the developmental downregulation of the GABAA receptors, as well as the up-

regulation of the co-transporter KCC2, but not the normal decrease of NKCC1, were prevented.

In adult SCT rats, glycinergic synaptic transmission, which is the major contributor to spinal

MNs inhibition in adulthood, had normal control levels 2 months post-injury. On the other hand,

the GABAergic transmission was altered through an up-regulation of the pre-signaling levels

and a down-regulation in the density of post synaptic receptors. KCC2 membrane expression

was down-regulated at all post-injury times tested (24h to 4 months), thereby depolarizing the

Cl– equilibrium potential and reducing the strength of postsynaptic inhibition.

The preservation of glycinergic pre- and post signaling, is probably a key factor in the success

of locomotor rehabilitation programs in adult SCT rats. However, these data highlight the need

to develop strategies to restore KCC2 levels in lumbar MNs, to stabilize the

excitation/inhibition balance, which is essential to the effective control of skeletal muscle

activity.

Highlights

• Rats with complete spinal cord transection (SCT) are unambiguous models of

paraplegia.

• We review the plasticity of inhibition on spinal MNs in neonate vs adult SCT rats.

• In both models, glycinergic pre- and post-synaptic signalings were normal.

- On the contrary, the levels GABAAR and KCC2 were dysregulated.
- After SCT, KCC2 levels must be restored to increase glycinergic inhibition strength.

Introduction

More than 53% of patients with traumatic spinal cord injury are paraplegic. This justifies the use of rats with low thoracic spinal cord transection (SCT) rats, unambiguous models of paraplegia, to study the plasticity of the neural networks below the lesion (Edgerton et al., 2001; Rossignol, 2006). Among the changes resulting from the loss of supra-spinal descending inputs in SCT rats, alterations in inhibitory synaptic transmission to lumbar motoneurons (MNs), mediated by glycine receptors (GlyR) and γ-aminobutyric acid receptors (GABA_AR) (for reviews see (Fritschy, 2015; Legendre, 2001)), have been the subject of several studies over the last 20 years. They include changes in size and density of pre-synaptic inhibitory inputs (glycinergic and/or GABAergic) (Edgerton et al., 2001; Ichiyama et al., 2011; Khalki et al., 2018), post-synaptic expression of GlyR and GABAAR subunits (Edgerton et al., 2001; Khristy et al., 2009; Sadlaoud et al., 2020; Sadlaoud et al., 2010), anchoring protein gephyrin (Edgerton et al., 2001; Sadlaoud et al., 2010), and cation chloride co-transporters KCC2 (and/or NKCC1) that regulate intracellular chloride levels required for inhibition (Bos et al., 2013; Boulenguez et al., 2010; Chopek et al., 2015; Cote et al., 2014; Jean-Xavier et al., 2006; Khalki et al., 2018; Liabeuf et al., 2017). However, the variability of the experimental procedures and particularly of the onset of the lesion (cord-transected neonates vs adults) and the post-lesional delays, prevent a clear overview of the time course of this alteration. The purpose of the present work is to take stock of these data, based on the works in the literature listed in Table 1. Although some early studies have been done in SCT cats (Tillakaratne et al., 2002; Tillakaratne et al., 2000), only those done in SCT rats, which are the majority, have been considered here.

Developmental membrane expression of GlyR and GABA_AR in spinal MNs: Glycinergic ionotropic receptors form pentameric transmembrane quaternary structure. In fetal rat spinal cord neurons, GlyRs have a dominant homomeric form composed of 5 α2 subunits. Expression of α2 subunits decreases after birth, in favour of α1 expression, and GlyR becomes heteromeric with an invariant stoichiometry of $3\alpha/2\beta$ (Legendre, 2001). During development, the density of GlyR increased from P1 to P7 (See Fig.1) to reach a plateau that remains stable at P12 (Sadlaoud et al., 2010). In adults, glycine and strychnine bind to α subunits only (Legendre, 2001).

GABA_ARs form pentameric complexes assembled from a family of at least 15 subunits (α 1-6, β 1-3, γ 1-3, δ , ρ 1-2, (Bohlhalter *et al.*, 1996)). GABA_ARs are expressed early during ontogeny (E13), and α 1, α 2, α 3 and α 5 mRNAs are detected in the embryonic spinal cord (Ma *et al.*, 1993). At P1, only the GABA_AR α 2 and GABA_AR α 3 remain expressed on the spinal motoneuronal membrane (Sadlaoud *et al.*, 2010). During the first postnatal week, the expression of both subunits decreases but they are still observed in juvenile animals (P12), with a ratio of 5 GlyR α 1 to 1 GABA_AR α 2, α 3 (Sadlaoud *et al.*, 2010). In the mature spinal cord, the α 2 β 3 γ 2 and α 3 β 3 γ 2 combinations are preponderant (Fritschy and Brunig, 2003). The α and β subunits of the GABA_AR are required for GABA binding, and the α subunits determines the kinetics of deactivation and/or desensitization of the channel properties (Gingrich *et al.*, 1995). The coassembly of γ with α sub-units is required for benzodiazepine binding (Khristy *et al.*, 2009).

Membrane expression of GlyR and $GABA_AR$ in spinal MNs after neonatal SCT: After neonatal SCT (P0), normal densities of GlyRa1 were observed in the plasma membrane of triceps surae (TS) MNs at P7 (Sadlaoud et al., 2010). On the contrary, the developmental downregulation of the α2 and α3 subunits of the GABA_AR was prevented (Sadlaoud et al., 2010) (see Fig.1), whereas the GABAARy2 was down-regulated in soleus MNs and upregulated in tibialis anterior (TA) MNs (Khristy et al., 2009). Moreover, the up-regulation of KCC2 normally observed from P0 to P7 was prevented after neonatal SCT in the region of MNs (Jean-Xavier et al., 2006) as well as on TS MNs (Bos et al., 2013). SCT eliminates the major supra spinal source of 5HT, and only 2–15% of the 5-HT levels remain below the lesion, partly due to intrinsic spinal 5-HT neurons (Kong at al 2010). 5-HT_{2A} receptors expression increases after SCI (Kong at al 2010) and their activation with the specific agonist TCB2 leads to the restoration of KCC2 expression (Bos et al 2013). In neonatal SCT rats treated with DOI, a nonselective agonist of 5-HT_{2A}, B and C receptors, GlyRal expression remained stable, while that of GABAAR (Sadlaoud et al., 2010) as well as KCC2 (Bos et al., 2013) returned to control values. Interestingly, 5-HT_{2B}Rs and 5-HT_{2C}Rs, but not 5-HT_{2A}Rs become constitutively active (spontaneously active without 5-HT) after SCI (Murray et al., 2010) and this constitutive activity may be partly responsible for the depolarizing shift of the chloride equilibrium potential after SCI (Bos et al., 2013). This suggested that the plasticity of GlyR is independent of supraspinal influences whereas that of GABAAR and KCC2 is markedly influenced by descending pathways, in particular serotonergic projections (Jean-Xavier et al., 2006; Sadlaoud et al., 2010).

Membrane expression of GlyR and GABAAR in spinal MNs of adult SCT rats: In rats transected as adults, the expression of glycinergic and GABAergic synaptic signaling followed different time courses. The acute post-lesion phase was marked by an unstable temporal and spatial pattern of alterations in GlyR1-3 mRNA expression with different levels of up or down regulation occurring within 6h to 10 days after lesion (Esmaeili and Zaker, 2011). In the early chronic phase, 3 weeks post-injury, the levels of expression of GlyRa1 were significantly lower than in controls (Sadlaoud et al., 2020). This is related to inflammatory responses, as early treatment with the corticosteroid methylprednisolone allows a return to normal values. This down-regulation of the levels of GlyRα1 was transitory, since at later times (8 weeks postlesion), GlyRa1 expression had normal control values in both TA and gastrocnemius (GS) MNs (Sadlaoud et al., 2020). In this post-injury period, the density and size of pre-synaptic glycinergic inputs apposed on GS and TA MNs also displayed normal values (Khalki et al., 2018), suggesting a matching between pre-synaptic inputs and post-synaptic membrane receptors, which is a prerequisite for efficient synaptic transmission (Lardi-Studler and Fritschy, 2007). Note that after very long post-injury periods (16 weeks), the expression of GlyRal was significantly lower than in controls, in both TA and GS MNs (Sadlaoud et al., 2020).

In adult SCT rats, the sub-lesional spinal GABAergic synaptic system was differently affected than the glycinergic one. Three weeks after SCT, a down-regulation of GABAAR occurred, and could not be reversed by treatment with the anti-inflammatory methylprednisolone (Sadlaoud *et al.*, 2020). Then, at longer times post-injury (8 and 16 weeks) the levels of GABAAR at the membrane of GS and TA MNs remained significantly lower than in intact controls (Sadlaoud *et al.*, 2020). In this time window (11 weeks post-injury) an increase in the densities of GABAergic axon terminals apposed on lumbar MNs has been reported (Khalki *et al.*, 2018). Therefore, we are in the presence of a drastic mismatch between pre-synaptic and post-synaptic specializations, which suggests an impairment of the GABAergic synaptic transmission to sub-lesional MNs, from early to late chronic phase post-injury.

In summary, these data suggest that SCT differentially affects the two inhibitory neurotransmissions to lumbar MNs caudal to the lesion, whether the lesion is done at birth or in adults. The glycinergic system remains relatively stable, at least up to 2 months post-injury, whereas the GABAergic transmission is strongly altered. In the other hand, SCT prevents the maturational up-regulation of KCC2 expression in neonate rats (Bos *et al.*, 2013; Jean-Xavier *et al.*, 2006) and results in a down-regulation of KCC2 levels in MNs of adult rats (Boulenguez

et al., 2010; Chopek et al., 2015; Cote et al., 2014; Khalki et al., 2018), thereby depolarizing the Cl– equilibrium potential and reducing the strength of post-synaptic inhibition (see Figure 1) and contributing to spasticity (Boulenguez et al., 2010).

Functional considerations: Since GlyR expression returns to control levels by 2 months postlesion, one would expect improvement of the hindlimb function at this stage. However, no spontaneous locomotor recovery could be observed in adult SCT rats (Alluin et al., 2015). At all post-injury times tested (1, 7, 15, 21, 28 and 45 days, 8 and 11 weeks, 3 and 4 months, see Table 1) there was a down regulation of the levels of KCC2 in sub-lesional MNs. Note that the expression rates of NKCC1, which decreases from P5 to low levels in adult spinal MNs (Still et al. 2009), are not significantly affected by SCI in adult rats (Boulenguez et al., 2010; Cote et al., 2012). A restoration of KCC2 levels has been observed in SCT adult rats using sensorimotor strategies (Chopek et al., 2015; Cote et al., 2014; Khalki et al., 2018) or pharmacological treatments with the KCC2 activator prochlorperazine (Liabeuf et al., 2017) or the calpain inhibitor MDL28170 (Plantier et al., 2019). The effect of this up-regulation is twofold. It allows 1) a strengthening of inhibition through the preserved GlyR and chloride homeostasis and 2) a decrease of MNs hyperexcitability which resulted from the up-regulation of the persistent sodium current (INap) responsible for spasms (Brocard et al., 2016; Plantier et al., 2019). Therefore, the post lesional preservation of the glycinergic synaptic system, which is the major contributor to spinal MNs inhibition in adult (Gao et al., 2001; Khalki et al., 2018), is undoubtedly one of the factors that makes the locomotor rehabilitation possible in SCT adult rats. However, the search for strategies for restoring KCC2 levels, to maintain the chloride homeostasis and reduce the imbalance between excitation and inhibition, is a major issue to alleviate motor disorders affecting individuals with spinal cord injury, such as spasticity.

Study	Animal	Detection	Lesion	Lesion onset	Post lesional delay	studied regions (targets)	pre-synaptic signaling (inputs) onto MNs	post synaptic signaling (MN)	Expression/levels % controls
Edgerton et	4	W4Dl-4	CCT	D7	21			GlyRa1	up-regulated
al., 2001	rat	WesternBlot	SCT	P7	2 weeks			Gephyrin	up-regulated
Khristy et al., 2009	rat	IHF	SCT	P5	3 month	Soleus MNs		GABA _A Rγ2	down-regulated
						TA MNs		GABA _A Rγ2	up-regulated
Jean-Xavier et al. 2006	rat	IHF	SCT	P0	7 days	MNs pool (L4 segment)		KCC2	down-regulated
	rat	IHF	SCT			TS MNs		GlyRa1	no change
Sadlaoud et al. 2010				P0	7 days			GABA _A Rα2	up-regulated
								GABA _A Rα3	up-regulated
				P5	7 days	TS MNs		GlyRα1	no change
								GABA _A Rα2	up-regulated
								GABA _A Rα3	up-regulated
Ichiyama et al., 2011	rat	electron microscopy	SCT	P5	16 days	α and γ TA MNs	S-type boutons F-type boutons C-type boutons M-type boutons		Proportion of inhibitory to excitatory boutons increased in both MNs
Bos et al., 2013	rat	IHF, WB	SCT	P0	7 days	TS MNs		KCC2	down-regulated
Tillakaratne et al. 2000	cat	IHF, ISH, WB	SCT	adult	3, 6, 9 months	lumbar grey matter	GAD67		up-regulated
							GAD65		no change
Tillakaratne et al 2002	cat	IHC, ISH, WB	SCT (T12)	adult	3 to 25 months	LIX neurons (L5- L7 segments)	GAD67		up-regulated
Boulenguez et al., 2010	rat	IHF, WB	SCT	adult	24h	lumbar MNs			8% decrease
					7 days			KCC2	10% decrease
					15 days				19% decrease
					45 days				22% decrease
Esmaeili and Zaker 2011	rat	real time reverse transcription PCR	SCT	adult	6h, 24h, 3j, 7j, 10j	spinal cord 2,5 cm pre and post lesion site		GlyR1 mRNA, GlyR2 mRNA, GlyR3 mRNA	up regulate 7 day PL, down regulated, up regulated 3 days PL
Coté et al.,	rat	WB	SCT	adult	28 days	lumbar segment		NKCC1	no change
2014			561	udun	20 00,5			KCC2	down-regulated
Chopek et al. 2015	rat	qRT-PCR mRNA	SCT	adult	3 months	GS, Soleus MNs		KCC2	no significant change
Liabeuf et al.		IIIKINA				TA, EDL MNs		KCC2	20% decrease
2017	rat	IHF	SCT	adult	3 weeks	lumbar MNs		KCC2	20% decrease
Khalki et al., 2018		IHF	SCT			GS MNs	GABA boutons		up-regulated
						TA MNs	5. 15. 1 OOMOID		up-regulated
	rat			adult	11 weeks	GS MNs	Glycine boutons		no change
						TA MNs		VCC2	no change
Sadlaoud et al. 2020 (in press)			SCT					KCC2 GlyRα1	30% decrease down-regulated
						TA MNs		GABA _A Rβ2,3	down-regulated
					3 weeks			GlyRa1	down-regulated
						GS MNs		GABA _A Rβ2,3	down-regulated
		IHF				TA MNs GS MNs		GlyRa1	no change
	rat			adult	8 weeks			GABA _A Rβ2,3	down-regulated
								GlyRα1	no change
								GABA _A Rβ2,3	down-regulated
					16 weeks	TA MNs		GABA _A κρ2,3	down-regulated down-regulated
								GABA _A Rβ2,3	down-regulated
								GABA _A κρ2,3	down-regulated
						GS Mns		GABA _A Rβ2,3	
Table 1					+			Gridath2,3	down-regulated

Table 1: Summary of literature data on the effect of SCT on the inhibitory pre- and post-synaptic signaling. IHF: Immunohistofluorescence; IHC: immunohistochemistry; ISH: In situ hybrydation; WB: Western blot; SCT: Complete spinal cord transection; MN: Motoneuron; TA: Tibialis anterior; GS: Gastrocnemius; TS: Triceps surae

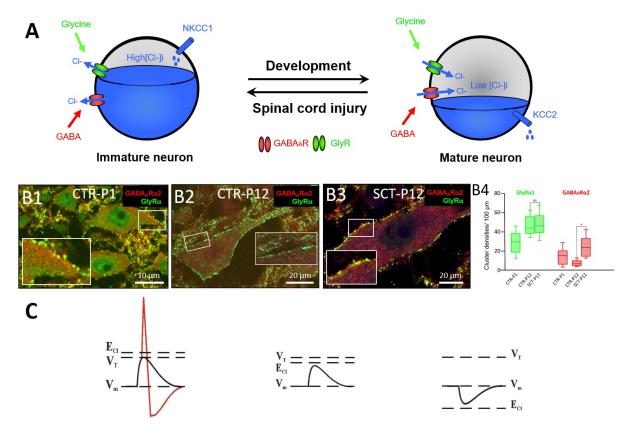


Figure 1: Regulation of intracellular Cl- concentration during development and after spinal cord injury. A) The two inhibitory neurotransmitters glycine and GABA act through glycine and GABA_A receptors (GlyR and GABA_AR), respectively. Cation-chloride (Cl-) cotransporters NKCC1 (Cl- intruder) and KCC2 (Cl- extruser) are responsible for the regulation of intracellular chloride concentration ([Cl-]i). B) Dual immunohistochemistry of GlyRa1 and GABA_ARα2 on identified TA MNs in control (CTR) rats at P1 (B1), during development and on juvenile control rats (P12; B2), and P12 rats transected at P7 (SCT-12; B3). B4: Histograms of the densities of GlyR α1 and GABA_AR α2 per 100 μm of somatic motoneuronal membrane, quantified in CTR-P1, CTR-P12 and SCT-P12, respectively. Adapted from (Sadlaoud et al., 2010). C) In immature neurons, [Cl-]i is high and the equilibrium potential of Cl- (ECl) is above the resting membrane potential (Vm). Activation of GlyR and GABAAR leads to depolarization and may even trigger cell firing when ECl is above action potential threshold (VT). During development, because of the down-regulation of NKCC1 and up-regulation of KCC2, [Cl-]i decreases, ECl shifts to values below Vm. As a result, the strength of postsynaptic inhibition increases. Spinal cord transection rapidly transforms the actions of GABA and glycine from inhibition to excitation, by increasing the [Cl-]i via downregulation of KCC2. Adapted from (Vinay and Jean-Xavier, 2008).

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