Rencontres annuelles du GDR MECABIO 3570

26-28 Janvier 2021 (online)





Drug delivery in the bloodstream using particles: A numerical study

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Thursday January 28th, 2021

Motivation: Drug delivery



Motivation: Drug-carrier micro-particles

Fluid-filled deformable micro-particles



Capsules (closed polymeric gel membrane) Liposomes (closed lipid membrane)



Core-shell reservoir

S. Seiffert et al., J. Am. Chem. Soc. (2010)



- Targeted and controlled drug <u>release</u> from particles
- Contrast-agent <u>release</u> from liposomes for MRI
- Oxygen <u>uptake</u> and delivery by red blood cells
- B₁₂ vitamin <u>uptake</u> by particles in an artificial liver

Problem statement



Red blood cell

 Liposome / Capsule (a closed membrane)

2D computer simulations

Multiphysics problem:

Biofluid mechanics + Fluid-structure interaction+ Transport phenomena

Polydisperse suspension

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Blood vessel

2D computer simulations: flow and mass transfer



Flow and mass transfer solver Lattice-Boltzmann Method

Unsteady mass transfer from a core-shell cylinder







Bielinski, Le, Kaoui, Phys. Rev. Fluids 6 (2), 023501 (2021) Kaoui, Phys. Rev. E 95, 063310 (2017)

<u>Steady</u> mass transfer from a <u>simple</u> cylinder







Cylinders in crossflow: <u>Classical studies</u>

 $\begin{array}{|c|c|} \hline & c_{\rm s} = {\rm constant} \\ & {}^{\rm or} \\ \varphi_{\rm s} = {\rm constant} \\ \hline & {\rm Steady \ and \ uniform \ boundary \ conditions} \end{array}$

2 control parameters: Reynolds number Schmidt number

 $\operatorname{Re} = \frac{Ud}{\nu} \qquad \operatorname{Sc} = \frac{\nu}{D_f}$

Existing correlations for the Sherwood number: $\mathrm{Sh} = f(\mathrm{Re},\mathrm{Sc})$

• Hilpert: $\operatorname{Sh} = c\operatorname{Re}^{m}\operatorname{Sc}^{n}$ $\operatorname{Sh}(\theta, t) = 2\frac{R}{D_{f}}h(\theta, t)$ $h(\theta, t) = -\frac{D_{f}}{c(R, \theta, t)} \left[\frac{\partial c}{\partial r}\right]_{r=R}$

Hilpert, Forschung auf dem Gebiet des Ingenieurwesens A (1933)

• Churchill-Bernstein: $\operatorname{Sh} = 0.3 + \frac{0.62 \operatorname{Re}^{1/2} \operatorname{Sc}^{1/3}}{\left[1 + \left(0.4/\operatorname{Sc}\right)^{2/3}\right]^{1/4}} \left[1 + \left(\frac{\operatorname{Re}}{282000}\right)^{5/8}\right]^{4/5}$

Churchill & Bernstein, J. Heat Transfer. ASME (1977)

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Cylinders in crossflow: Present study



3 control parameters:

Reynolds number Schmidt number $\operatorname{Re} = \frac{Ud}{d}$

 $Sc = \frac{\nu}{D_f}$ $p = \frac{D_s}{\delta}$

Permeability

Cylinders in crossflow: Present study



What is then the resulting correlation?

$$\mathrm{Sh} = f(\mathrm{Re}, \mathrm{Sc}, \mathrm{P}) \longleftarrow \mathrm{P} = \frac{d}{D_{\mathrm{f}}}p$$

Cylinders in crossflow: Present study



What is then the resulting correlation?

$$Sh = f(Re, Sc, P) \longleftarrow P = \frac{d}{D_f}p$$

Clément Bielinski PhD Student





Nam Le MEng Student

Sh vs Re: Impact of the flow regime



1st Step: Dependency of Sh on Re and Sc



The presence of the shell shifts Sh upwards to larger values

Bielinski, Le, Kaoui, Phys. Rev. Fluids 6 (2), 023501 (2021)

1st Step: Dependency of Sh on Re and Sc



Linear fit to extract the Reynolds and Schmidt exponents

$$\mathrm{Sh} = c(\mathrm{P})\mathrm{Re}^{0.43}\mathrm{Sc}^{0.40}$$

2nd Step: Sh correlation as a function of P



$$Sh = 1.99P^{-0.40}Re^{0.43}Sc^{0.40}$$

Conclusions of the 1st part

- Core-shell reservoirs involve unsteady and non-uniform concentration and mass flux at the cylinder surface, in contrast to classical studies,
- Decreasing the shell solute permeability shrinks the concentration boundary layer, and consequently increases the Sherwood number,
- A correlation for cylindrical core-shell reservoirs, highlighting the shell solute permeability, is proposed for the first time.

$$Sh = 1.99P^{-0.40}Re^{0.43}Sc^{0.40}$$

$$10 \le \text{Re} \le 180$$
 $1 \le \text{Sc} \le 25$
 $0.66 \le \text{P} \le 6.67$ $\text{B} = 0.5$

Blockage

Possible applications



Hollow-fiber artificial lung technology



Potkay, Lab Chip 14, 4122 (2014)

Core-shell electrospun fibers for controlled release





L. Romano *et al.,* Mol. Pharmaceutics 13(3), 729 (2016)

2D computer simulations: FSI



2D computer simulations: structure deformation



Finite Difference Method

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2D computer simulations: FSI + Mass transport



Continuity in the concentration and the mass flux at the boundaries

Results: Drug molecules spatial distribution

Re = 0.1 Sc = 10³
$$N_{\rm p} = 25$$
 Ca = $\frac{\eta \gamma R^3}{E_{\rm B}} = 1$

Applied shear flow + Collective motion of particles = Complex flow



Kaoui, Eur. Phys. J. E 41, 20 (2018)

Previous studies: Only margination effect

Only fluid-structure interaction, without mass transfer (i.e. no drug release and transport)



Fig. 5. Image of the flow of µ-Ps and RBCs inside a 50-µm microcapillary. The migration of RBCs towards the capillary center-line leaves a cell-free layer (CFL) of 6 µm.

D'Apolito et al., Journal of Controlled Release 217 (2015)



Figure 1 | Snapshots of cell and particle conformations in microchannels in 3D and 2D. RBCs are colored in red and suspended particles in blue. (a) 3D simulation snapshot of blood flow for $H_t = 0.3$ and $\dot{\gamma}^* \approx 39$. (b) 2D simulation snapshot of blood flow for $H_t = 0.3$ and $\dot{\gamma}^* \approx 29.3$.

Mueller et al., Scientific Reports (2014)

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Fig. 5. Image of the flow of µ-Ps and RBCs inside a 50-µm microcapillary. The migration of RBCs towards the capillary center-line leaves a cell-free layer (CFL) of 6 µm.

D'Apolito et al., Journal of Controlled Release 217 (2015)

Present study



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Mueller et al., Scientific Reports (2014)





2D computer simulations: FSI + Mass transport



Unsteady jump boundary condition





Regular Article

Algorithm to implement unsteady jump boundary conditions within the lattice Boltzmann method

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Received 9 December 2019 and Received in final form 1 March 2020 Published online: 21 April 2020 © EDP Sciences / Società Italiana di Fisica / Springer-Verlag GmbH Germany, part of Springer Nature, 2020

$$g_i(\mathbf{r} + \mathbf{e}_i, t+1) - g_i(\mathbf{r}, t) = -\frac{g_i(\mathbf{r}, t) - g_i^{\text{eq}}(\mathbf{r}, t)}{\tau_{\text{g}}}$$
$$+\omega_i \left(\mathbf{Q}(x, y, t) \cdot \mathbf{e}_i\right)$$

Forcing term

$$\mathbf{Q}(x, y, t) = \int_{\partial \Omega_{\mathrm{m}}} \alpha(x, y, \mathbf{r}_{\mathrm{m}}) \mathbf{q}(\mathbf{r}_{\mathrm{m}}, t) \mathrm{d}s$$

 $\mathbf{q}(\mathbf{r}_{\mathrm{m}},t) = -R \left[c_{\mathrm{in}}(\mathbf{r}_{\mathrm{m}},t) - c_{\mathrm{out}}(\mathbf{r}_{\mathrm{m}},t) \right] \mathbf{n}$

Results: Solute release from a fluid-filled particle

Under <u>static</u> conditions

Under <u>flow</u> conditions

Membrane with infinite permeability

Membrane with <u>finite</u> permeability









Kaoui, Eur. Phys. J. E 43, 23 (2020)

Complex geometry: Vascular system

Release of doxorubicin (anticancer drug) in the bloodstream



Complex geometry: Vascular system

Release of doxorubicin (anticancer drug) in the bloodstream



Figure 4 Principle of thermally triggered drug release from liposomes. This illustration is based on experimental imaging of drug distribution⁵⁴. Local application of heat during the delivery of liposomes causes pores to form in the lipid bilayer and thus release of drug, which diffuses into the tissue. With heating, penetration of liposomes through blood vessel walls into tissue is not required for drug delivery to tumour. Here, drug release occurs intravascularly. Green shading indicates the level of drug.

Complex geometry: Vascular system

Release of doxorubicin (anticancer drug) in the bloodstream Only drug-carrier particles



The video you are about to see shows real time delivery of free drug to heated tumor tissue.

In Silico

Preliminary results

In Vivo

Manzoor et al. Cancer Research (2012)

Conclusions of the 2nd part

- The flow enhances the drug release: <u>convection effect</u>
- Red blood cells alter the released drug distribution in the blood vessel
- <u>A new numerical tool</u> to study and predict the impact of the plasma flow and red blood cells on drug mass transport in the bloodstream
- <u>A new numerical tool</u> to model solute mass transport across membranes with finite permeability: <u>unsteady jump BCs</u>

Sherwood number : dimensionless mass transfer coefficient (eq. Nusselt number)



Local mass transfer coefficient

$$h(\theta,t) = -\frac{D_f}{c(R,\theta,t)} \left[\frac{\partial c}{\partial r}\right]_{r=R}$$

Dimensionless mass transfer coefficient

$$\operatorname{Sh}(\theta, t) = 2 \frac{R}{D_f} h(\theta, t)$$

Average Sherwood number

$$\operatorname{Sh}_{\mathbf{a}}(t) = \frac{1}{2\pi R} \int_{\theta=0}^{2\pi} \operatorname{Sh}(\theta, t) \mathrm{d}s(\theta)$$

