

Contrasting associations between nestling telomere length and pre and postnatal helpers' presence in a cooperatively breeding bird

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Oecologia				
Family Name	Quque			
Particle				
Given Name	Martin			
Suffix				
Division				
Organization	CNRS, IPHC UMR 7178, Université de Strasbourg			
Address	Strasbourg, France			
Phone				
Fax				
Email	martin.quque@iphc.cnrs.fr			
URL				
ORCID	http://orcid.org/0000-0001-7386-1416			
Family Name	Paquet			
Particle				
Given Name	Matthieu			
Suffix				
Division				
Organization	Swedish University of Agricultural Sciences (SLU)			
Address	Uppsala, Sweden			
Phone				
Fax				
Email				
URL				
ORCID				
Family Name	Zahn			
Particle				
Given Name	Sandrine			
Suffix				
Division				
Organization	CNRS, IPHC UMR 7178, Université de Strasbourg			
Address	Strasbourg, France			
Phone				
Fax				
Email				
	Contrasting association cooperatively breeding The Author(s), under e (This will be the copyr Oecologia Family Name Particle Given Name Suffix Division Organization Address Phone Fax Email URL ORCID Family Name Particle Given Name Suffix Division Organization Address Phone Fax Email URL ORCID Family Name Suffix Division Organization Address Phone Fax Email URL ORCID Family Name Particle Given Name Suffix Division Organization Address Phone Fax Email URL ORCID Family Name Particle Given Name Suffix Division Organization Address Phone Fax Email URL ORCID Family Name Particle Given Name Suffix Division Organization Address Phone Fax Email Email Email			

	ORCID	
Author	Family Name	Théron
	Particle	
	Given Name	Frank
	Suffix	
	Division	
	Organization	CNRS, CEFE UMR 5175, Université de Montpellier
	Address	Montpellier, France
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
Author	Family Name	Faivre
	Particle	
	Given Name	Bruno
	Suffix	
	Division	Biogéosciences
	Organization	CNRS UMR 6282, Université de Bourgogne Franche-Comté
	Address	Dijon, France
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
Author	Family Name	Sueur
	Particle	
	Given Name	Cédric
	Suffix	
	Division	
	Organization	CNRS, IPHC UMR 7178, Université de Strasbourg
	Address	Strasbourg, France
	Division	
	Organization	Institut Universitaire de France
	Address	Paris, France
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
Author	Family Name	Criscuolo
	Particle	
	Given Name	François
	Suffix	
	Division	

	Organization	CNRS, IPHC UMR 7178, Université de Strasbourg
	Address	Strasbourg, France
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
Author	Family Name	Doutrelant
	Particle	
	Given Name	Claire
	Suffix	
	Division	
	Organization	CNRS, CEFE UMR 5175, Université de Montpellier
	Address	Montpellier, France
	Division	Research Centre On Biodiversity and Genetic Resources
	Organization	CIBIO-InBio, University of Porto
	Address	Porto, Portugal
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
Author	Family Name	Covas
	Particle	
	Given Name	Rita
	Suffix	
	Division	Research Centre On Biodiversity and Genetic Resources
	Organization	CIBIO-InBio, University of Porto
	Address	Porto, Portugal
	Division	Fitzpatrick Institute of African Ornithology, DST-NRF Centre of Excellence
	Organization	University of Cape Town
	Address	Cape Town, South Africa
	Phone	
	Fax	
	Email	
	URL	
	ORCID	
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Abstract	Studies on cooperative parental care, but the Helpers are expected t parental reproductive condition, we conduct	e breeders have addressed the effects of non-breeding 'helpers' on reproduction and consequences for offspring physiology and long-term survival are less understood. to benefit offspring, but their presence can also lead to decreased pre- or post-natal effort. To examine whether prenatal and postnatal helpers influence offspring ted a whole-clutch cross-fostering experiment in sociable weavers (<i>Philetairus</i>

	<i>socius</i>) that altered the nestlings' social environment (presence/absence of helpers). We tested whether relative telomere length (rTL), an indicator of somatic maintenance, was influenced by prenatal and/or postnatal presence of helpers 9 and 17 days after hatching, and whether rTL predicted long-term survival. Nine days after hatching, we found an overall positive effect of postnatal helpers on rTL: for nestlings with prenatal helpers, a reduction in the number of helpers post-hatch was associated with shorter telomeres, while nestlings swapped from nests without helpers to nests with helpers had a larger rTL. However, when prenatal helpers were present, an increased number of helpers after hatching led to shorter telomeres. Nine-day old chicks with longer rTL tended to be more likely to survive over the 5 years following hatching. However, close to fledging, there was no detectable effect of the experiment on rTL and no link between rTL and survival. This experimental study of a wild cooperative breeder, therefore, presents partial support for the importance of the presence of helpers for offspring rTL and the link between early-life telomere length and long-term survival.
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PHYSIOLOGICAL ECOLOGY – ORIGINAL RESEARCH



² Contrasting associations between nestling telomere length

- ³ and pre and postnatal helpers' presence in a cooperatively breeding
- ⁴ bird

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Martin Quque¹ · Matthieu Paquet² · Sandrine Zahn¹ · Frank Théron³ · Bruno Faivre⁴ · Cédric Sueur^{1,5} ·
 Francois Criscuolo¹ · Claire Doutrelant^{3,6} · Rita Covas^{6,7}

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⁹ Abstract

10 Studies on cooperative breeders have addressed the effects of non-breeding 'helpers' on reproduction and parental care, 11 but the consequences for offspring physiology and long-term survival are less understood. Helpers are expected to benefit AQ1 12 offspring, but their presence can also lead to decreased pre- or post-natal parental reproductive effort. To examine whether 13 prenatal and postnatal helpers influence offspring condition, we conducted a whole-clutch cross-fostering experiment in 14 sociable weavers (*Philetairus socius*) that altered the nestlings' social environment (presence/absence of helpers). We tested 15 whether relative telomere length (rTL), an indicator of somatic maintenance, was influenced by prenatal and/or postnatal 16 presence of helpers 9 and 17 days after hatching, and whether rTL predicted long-term survival. Nine days after hatching, 17 we found an overall positive effect of postnatal helpers on rTL: for nestlings with prenatal helpers, a reduction in the number 18 of helpers post-hatch was associated with shorter telomeres, while nestlings swapped from nests without helpers to nests with helpers had a larger rTL. However, when prenatal helpers were present, an increased number of helpers after hatching 20 led to shorter telomeres. Nine-day old chicks with longer rTL tended to be more likely to survive over the 5 years following 21 hatching. However, close to fledging, there was no detectable effect of the experiment on rTL and no link between rTL and 22 survival. This experimental study of a wild cooperative breeder, therefore, presents partial support for the importance of the 23 presence of helpers for offspring rTL and the link between early-life telomere length and long-term survival.

²⁴ Keywords Sociable weaver · Cross-fostering · Offspring · Early environment · Survival

1	Co	mmunicated by Kevin D. Matson.
42 43		Martin Quque martin.quque@iphe.cnrs.fr
44 45	1	CNRS, IPHC UMR 7178, Université de Strasbourg, Strasbourg, France
46 47	2	Swedish University of Agricultural Sciences (SLU), Uppsala, Sweden
\8 \9	3	CNRS, CEFE UMR 5175, Université de Montpellier, Montpellier, France
10 11	4	Biogéosciences, CNRS UMR 6282, Université de Bourgogne Franche-Comté, Dijon, France
12	5	Institut Universitaire de France, Paris, France
13 14	6	Research Centre On Biodiversity and Genetic Resources, CIBIO-InBio, University of Porto, Porto, Portugal
5 16	7	Fitzpatrick Institute of African Ornithology, DST-NRF Centre of Excellence, University of Cape Town, Cape Town, South Africa

Introduction

In iteroparous species, individuals are expected to maximize their lifetime reproductive success through trade-offs between the investments in current reproduction vs. survival and future reproduction (Stearns 1977). For egg-laying species, females may vary the allocation of nutrients, antibodies, or other substances to eggs, thereby influencing the environment in which their offspring will develop. This allocation is in turn influenced by the mother's breeding environment, which is expected to be an indication of the environment in which the offspring will develop. In agreement, studies have shown that when females can anticipate the conditions experienced during reproduction they can influence traits such as egg size (e.g. Fox et al. 1997; Taborsky 2006; Vijendravarma et al. 2010), and hormonal investment (Groothuis et al. 2019), and these traits can correlate with

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offspring survival or behavior (e.g. Krist 2011; Paquet et al. 2015a).

Among the environmental effects experienced by females 43 44 and their developing offspring, sociality has been receiving increasing attention (e.g. Russell et al. 2007, 2008; Dixit 45 et al. 2017). In cooperatively breeding species, sexually 46 mature non-breeding individuals-called 'helpers'-assist 47 in raising the offspring of others by bringing additional 48 food to the nest and performing other tasks such as terri-49 tory defense (Cockburn 1998). The presence of these help-50 ers is therefore thought to improve the breeding conditions 51 experienced by females and/or offspring, and studies on 52 several species have generally shown that helper presence 53 is associated with improved juvenile condition and survival 54 (e.g. Ridley 2007; Kingma et al. 2010; Brouwer et al. 2012; 55 Preston et al. 2016; Tanaka et al. 2018). Breeding females 56 may respond to this improvement in reproductive conditions 57 by either maintaining their investment in eggs or food provi-58 59 sioning (Clutton-Brock et al. 2001; Doerr and Doerr 2007; Lejeune et al. 2016), or decreasing it (Crick 1992; Santos 60 and Macedo 2011; Dixit et al. 2017), thereby reducing their 61 62 cost of reproduction and increasing their survival and future reproduction. Reduction in maternal investment should then 63 be compensated by the additional food brought by helpers 64 (Russell and Lummaa 2009). The direction and magnitude 65 of the response are expected to be influenced by the species' 66 life-history strategy and especially by the effects of mater-67 nal investment on mother's survival prospects and chances 68 of breeding successfully in the future (Russell and Lum-69 maa 2009). In birds, cooperatively breeding species tend 70 71 to be long-lived (Arnold and Owens 1998; Downing et al. 2015), and for long-lived species, maximization of lifetime 72 reproductive success was suggested to be more efficiently 73 achieved through increasing the number of breeding events 74 in life than through increased investment in each breeding 75 event (Ghalambor and Martin 2001; Drent and Daan 2002; 76 Reid et al. 2003), In agreement, a recent meta-analysis on 77 10 cooperatively breeding birds highlighted a tendency for 78 mothers to reduce egg size in larger groups in most species 79 studied (Dixit et al. 2017; but see Fortuna et al. 2021). 80

It is less clear whether such differential maternal invest-81 ments translate into differences in the condition and sur-82 83 vival of offspring and what is the relative influence of the pre- and post-natal environment. For example, in birds, 84 there are indications that larger eggs are positively asso-85 86 ciated with nestling's body size, growth and survival (Krist 2011). However, these associations could arise 87 from genetic and hormonal effects of parents (Morrison 88 et al. 2009; Voillemot et al. 2012; Weber et al. 2018), and/ 89 or from rearing conditions independently from parental 90 phenotype (Bize et al. 2002; Velando et al. 2005). From 91 the offspring's perspective, the presence of helpers can be 92 associated with weaker prenatal maternal egg investment 93

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(Russell et al. 2007; Paquet et al. 2013, 2015a; Langmore 94 et al. 2016) but identical or higher total feeding rate, as 95 more carers are present (Sappington 1977; Wilkinson and 96 Brown 1984; Clarke 1984; Hunter 1987). Higher levels 97 of care can lead to increased growth rate and potentially 98 better condition or higher body mass at fledging, and thus 99 increased likelihood to survive the first few months after 100 fledging (Russell et al. 2007; Canestrari et al. 2011; Loock 101 et al. 2017). The prenatal and postnatal effects of helpers' 102 presence can thus exert opposite influences on nestling 103 fitness. Studies of maternal effects concerning the social 104 environment, therefore, need to investigate the influence 105 of these two distinct environments. This requires (i) iden-106 tifying meaningful proxies of offspring fitness and (ii) 107 conducting experiments to separate the influence of the 108 pre- and post-natal environments. 109

Meaningful proxies of offspring condition should strongly 110 correlate with offspring survival. Telomeres are repeated 111 sequences at the ends of eukaryotic chromosomes. Replica-112 tion leads to the shortening of the telomeric DNA sequence 113 at each cell division, and beyond a certain number of cell 114 division, telomeres become too short, triggering cell repli-115 cative senescence, which participates in the senescence of 116 the whole organism (Tchkonia et al. 2013). Consequently, 117 telomeres became increasingly used as predictors of age-118 related survival. Telomere length (TL) and/or telomere 119 shortening rate have been shown to predict adult survival 120 in numerous studies involving bird species (Pauliny et al. 121 2006; Bize et al. 2009; Salomons et al. 2009; Heidinger et al. 122 2012; Barrett et al. 2013; Boonekamp et al. 2014). Both 123 ecological (Geiger et al. 2012; Stier et al. 2014; Salmón 124 et al. 2016; Spurgin et al. 2017) and social (Hall et al. 2004; 125 Nettle et al. 2015; Hammers et al. 2019) environments 126 may increase or decrease TL (see Dugdale and Richardson 127 (2018) for a review of the environment influence on ver-128 tebrate telomere length). This influence of ecological and 129 social environment on TL may be effective very early in an 130 individual's life, even before birth. For example, in birds, 131 unstable incubation temperature (Stier et al. 2020), predator 132 cues during embryonic development (Noguera and Velando 133 2019), increased clutch size (Noguera and Velando 2020), 134 or embryonic exposure to corticosterone (Haussmann et al. 135 2012) are all factors associated with shorter telomeres in 136 nestlings. Although not all studies have established a clear 137 link between telomere length and longevity or survival (e.g. 138 Beaulieu et al. 2011; Caprioli et al. 2013; Reichert et al. 139 2014), the general trend in birds, mammals and reptiles is 140 towards a consistent positive association between long tel-141 omeres and survival (Wilbourn et al. 2018). Taken together 142 these studies support the use of telomeres as reliable indica-143 tors of longevity and/or individual quality, sensitive to early 144 ecological and social stress, especially when measured dur-145 ing early life in birds (Eastwood et al. 2019). 146

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In this study, we conducted a cross-fostering experiment 147 to investigate how the pre- and post-natal social environ-148 ments influence offspring condition, measured by relative 149 telomere length (rTL). In addition, we controlled for a 150 potential trade-off suggested in the literature (e.g. reviewed 151 in Monaghan and Ozanne 2018) between telomere length 152 (related to self-maintenance) and mass or body condition 153 (related to growth). We further assessed the relationship 154 between rTL and survival by testing whether rTL predicts 155 juvenile apparent survival as estimated with capture-mark-156 recapture models. 157

Our study model was the sociable weaver (Philetairus 158 socius), a colonial cooperatively breeding passerine endemic 159 to the semi-arid Kalahari savannahs of southern Africa. 160 These weavers are long-lived among passerines (up to 161 16 years, Covas 2012) and nest predation by snakes leads to 162 an extremely low reproductive success (Covas et al. 2008). 163 In sociable weavers, egg nutritional and hormonal content 164 were negatively associated with the number of helpers at 165 the nest (Paquet et al. 2013). On the other hand, the overall 166 food load provided to nestlings increases when the number 167 of helpers increases (Covas et al. 2008). In our cross-fos-168 tering experiment, we transferred whole clutches to a foster 169 nest (see cross-fostering design in Table 1). The nestlings 170 might thus have been conceived in the presence of help-171 ers but raised in their absence (or vice-versa) and thus their 172 prenatal social environment may differ from the post-natal 173 social environment. Based on the previous knowledge of 174 this species' life-history, and a previous result showing that 175 females with helpers lay smaller eggs with lower levels of 176 steroid hormones than females without helpers (Paquet et al. 177 2013), we predict: (i) a negative effect of the prenatal pres-178 ence of helpers on chick rTL; (ii) a positive effect of the 179 postnatal presence of helpers on chick rTL. In addition, we 180 expect an interaction between pre- and post-natal helper 181 presence, and we predict (iii) longer rTL of chicks that ben-182 efit from both higher maternal investment in eggs (absence 183

Table 1Cross-fosteringprocedure design

of pre-hatching helpers) and additional care provided by an184increased postnatal helper presence; (iv) a stronger negative185impact on chick rTL when the postnatal social environment186is unfavorable (decreased presence of postnatal helpers),187while prenatal conditions were unfavorable too (presence188of prenatal helpers). Finally, we expect that telomere length189will be positively associated with survival after fledging.190

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Material and methods

Species and study area

The study was conducted at Benfontein Game Farm in the 193 Northern Cape Province, South Africa (approx. 28° 53' S, 194 24° 89' E). The study area covers 15 km² and contains 195 approximately 30 sociable weaver colonies. The vegetation 196 is Kalahari sandveld, consisting of open savannah dominated 197 by Stipagrostis grasses and the camelthorn tree Acacia eri-198 oloba. The area is semi-arid, experiencing low and unpre-199 dictable rainfall (average 431 ± 127 mm/year, C.V. = 35.4; 200 Weather Bureau, Pretoria). Most of the precipitation in the 201 study area falls during the summer months, from September 202 to April, when breeding usually takes place. 203

Sociable weavers are small (ca. 27 g) sexually monomor-204 phic passerine birds endemic to southern Namib and Kala-205 hari regions of Southern Africa. They build a large commu-206 nal nest made of numerous independent chambers, wherein 207 the birds roost throughout the year and breeding takes place 208 (Maclean 1973a). These weavers are facultative coopera-209 tive breeders, with up to eight helpers assisting a breeding 210 pair in raising the chicks, notably by feeding them (Covas 211 et al. 2008). This lighter parental workload may increase the 212 survival of young female breeders (Paquet et al. 2015b) but 213 has no detectable association with clutch size (Covas et al. 214 2008; Fortuna et al. 2021). Helpers are most often the off-215 spring of one or both breeders (Covas et al. 2006). Younger 216

	Foster nest (postnatal)			
	Without helpers	With helpers		
Original nest (prenatal)				
Without helper	Never any helper (9 chicks, 4 nests) EG: 0 (n=9)	Postnatal helper(s) only (11 chicks, 5 nests) EG: $+1$ ($n=11$)		
With helpers	Prenatal helper(s) only (12 chicks, 5 nests) EG: $-1 (n=12)$	Always at least one helper (18 chicks, 9 nests) EG: + 1 (n=8)/0 (n=4)/-1 (n=6)		

Immediately after hatching, the whole clutch was transferred from its original nest with or without helpers to a foster nest with or without helpers, resulting in chicks with a similar or different pre- and post-hatching social environment. Chicks were swapped within the same colonies. 50 chicks were involved in this procedure, the sample sizes for nestlings and nests where they come from can be read within the brackets in bold font. In bold are also indicated the corresponding experimental groups (EG; + 1: increased number of helpers, 0: no change, -1: decreased number of helpers)

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helpers are both males and females while, when older than
one year, helpers are usually males (Doutrelant et al. 2004).
There is no extra-pair paternity in this species (Covas et al.
2006; Paquet et al. 2015b). Sociable weavers feed mostly
on insects, but also seeds and other plant products (Maclean
1973b).

223 Data collection

Data were collected between September 2013 and Febru-224 ary 2014 (for the variables related to breeding, growth, and 225 telomeres) and until 2019 for chick survival. Unique num-226 bered aluminum ring and color combination are attributed to 227 each adult during the annual captures in winter and to each 228 nestling before fledging, allowing individual identification 229 of each bird. During the breeding season, all chambers in 230 the study colonies are checked every three days, allowing 231 us to identify new clutches and estimate clutch size (in this 232 study, clutch size: mean = 3.5 and SD = 0.57 eggs; brood 233 size before fledging: mean = 2.25 and SD = 0.84 birds). All 234 chambers are visited daily at the end of the incubation period 235 (approximately 15 days), to identify the hatching date. The 236 nestling period usually lasts 21–24 days (Maclean 1973a). 237 Two sets of measurements were performed nine days (D9) 238 and seventeen days (D17) after the first chick hatched in each 239 nest. Hence, chicks were captured only twice, limiting stress. 240 D9 is the earliest moment where all chicks can be ringed and 241 sampled for blood and D17 was chosen to have a measure 242 as late as possible before fledging (as nestlings will fledge 243 prematurely if handled from day 18 onwards). At these two 244 dates, we measured brood size (number of chicks) and nest-245 ling mass, and we took blood samples from the brachial vein 246 for sex determination and telomere analysis. This procedure 247 was conducted on a total of 132 nestlings distributed among 248 15 colonies (containing approximately 400 chambers). In 249 our study, we observed that approximately 39% of the indi-250 vidual nests (chambers) lacked helpers, whereas 61% had 251 helpers. Individual nests harbored from 0 to 4 helpers and 252 the average group size (parents + potential helpers) was 3.2 253 birds (median = 3, SD = 1.2). 254

Blood samples at D9 were stored in 95% ethanol. In con-255 trast, because of use in other experiments, blood samples 256 at D17 were centrifuged immediately upon collection and 257 red blood cells were stored frozen. Because different stor-258 age conditions may affect rTL measured via quantitative 259 polymerase chain reaction (qPCR, Reichert et al. 2017), 260 we restricted our analysis to the same nestling age com-261 parisons, storage conditions within samples from the same 262 nestling age being strictly identical and could not affect the 263 outcomes. 264

Tarsus length at D17 was also recorded and used as a proxy for body size. The body condition of a chick was calculated as the residual value from the regression between

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tarsus length and mass at D17 (regression plot and statistics268available in Electronic Supplementary Material, ESM 1).269Tarsus length was not measured at D9. The 15 colonies from270where the 132 chicks in this study originated are monitored271annually, allowing us to analyze the relationship between the272early rTL and survival from birth to the present (6 years).273

Cross-fostering procedure

The detailed methods can be found in Paquet et al. (2015a), 275 with the difference that here we focused on the reproduction 276 period from September 2013 to February 2014. In brief, 277 when two clutches from the same colony and of the same 278 size were laid synchronously (or within a 1-day interval), 279 both whole clutches were swapped on the day after the last 280 egg was laid. Group sizes after hatching (i.e. parents + num-281 ber of postnatal helpers) were established by counting the 282 number of birds seen feeding the chicks. Observations and 283 counting took place from under a hide placed at 3-5 m from 284 the colony. The group size within a nest usually remains 285 stable during the breeding cycle (from nest building to off-286 spring fledging; Paquet et al. 2016), allowing us to infer 287 the number of helpers before cross-fostering retrospectively. 288 Within the 132 nestlings sampled during this study, 72 were 289 involved in the cross-fostering protocol, among them, the 290 presence (or absence) of helpers was known for 50 of them 291 (18 broods). The pre- and post-natal social environments for 292 these 50 chicks are detailed in Table 1. 293

Telomere length measurements

To assess the prenatal and postnatal effect of helpers on 295 chick rTL, we measured early relative telomere length at 296 D9 and just before fledging at D17 in chicks using the qPCR 297 procedure. This protocol was first developed by Cawthon 298 (Cawthon 2002) and thereafter popularized in birds' stud-299 ies (Criscuolo et al. 2009; Herborn et al. 2014; Nettle et al. 300 2015; Meillère et al. 2015; Costanzo et al. 2017). The qPCR 301 provides a non-absolute measure of an individual's TL, a rel-302 ative telomere length as it is expressed relatively to one spe-303 cific sample that is given arbitrarily the value of 1 (see Nus-304 sey et al. 2014; Lai et al. 2018) for a comparison between TL 305 measurement methods). Shortly, after genomic DNA extrac-306 tion from red blood cells (nucleated in birds) using silica-307 membrane columns (Nucleospin Blood QuickPure, Mach-308 erey-Nagel, Düren, Germany), DNA quantity and quality 309 were assessed based on spectrophotometer absorbance 310 (Nanodrop 1000 Thermo Scientific, ratios A260/280 and 311 A260/230) and gel-migration (on a sub-sample randomly 312 chosen of 30 samples, see ESM 2). Dilutions of extracted 313 DNA (at 2.5 ng/uL) were prepared using sterile distilled 314 water and were amplified using telomere and control gene 315 primers with the BRYT Green fluorescent dye (GoTag qPCR 316

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Master Mix, Promega Charbonnières-les-Bains, France). We 317 used recombination activating gene RAG1 as our control 318 gene for weavers, designed to be non-variable among the 319 individuals of our population (as advised by Smith et al. 320 2011; see ESM 2). The forward and reverse primers for the 321 control gene were: SOWEA-F: 5'-TGCAAAGAGATTTCG 322 ATATGATG-3', SOWEA-R: 5'-TCACTGACATCTCCC 323 ATTCC-3'. Tel1b: 5'-CGGTTTGTTTGGGTTTGGGTT 324 TGGGTTTGGGTTTGGGTT-3', Tel2b: 5'-GGCTTGCCT 325 TACCCTTACCCTTACCCTTACCCT-3' for the 326 telomere amplification. An automated thermocycler (CFX 327 384 Biorad Hercules, USA) was used, with reaction condi-328 tions set at 95 °C for 2 min, followed by 40 cycles of data 329 collection at 95 °C for 1 min and a 60 °C annealing-exten-330 sion step for 1 min for RAG1. For the telomeric sequence, 331 the conditions were set at 95 °C for 2 min followed by 30 332 cycles of data collection for 15 s at 95 °C, 30 s at 56 °C, 333 and 1 min at 72 °C. The 132 weaver samples used in the 334 present study were part of 504 samples that were measured 335 in duplicates on 5 different runs. Each run includes 1 plate of 336 telomere sequence amplification and 1 plate of control gene 337 sequence amplification, due to the differences in qPCR tem-338 perature conditions. On each plate, we ran a dilution curve 339 (20-0.313 ng) to check that the efficiency of amplification 340 did not vary among plates, and a melting curve to check for 341 amplification artifacts (like primer-dimer signal, see ESM 342 2). The mean qPCR amplifying efficiencies were 99.8% 343 (99.4-99.9) for telomere and 99.9% (99.7-100.1) for the 344 control gene (100% reflect a doubling of the DNA sequence 345 at each amplification step). Samples were randomly distrib-346 uted over the plates, and 40 were repeated to assess inter-347 plate variation. As advised by Eisenberg (2016), rather than 348 coefficients of variation, we reported the interplate and 349 intraplate intra-class correlation coefficients for T/S ratio, 350 respectively, 0.895 and 0.767. 351

The rTL is then calculated from the T/S ratio, where 'T' is the copy number of the telomeric sequence and 'S' is the copy number of the control sequence. We took into account the slight variation of efficiency between telomere and RAG1 amplifications by calculating the T/S ratio accordingly to Pfaffl's recommendation (Pfaffl 2001):

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$$\left[\left(1 + E_{(telomere)} \right)^{\wedge} \Delta Cq_{(telomere)} \right] / \left[\left(1 + E_{(RAG1)} \right)^{\wedge} \Delta Cq_{(RAG1)} \right]$$

where 'E' is the amplification efficiency and ' Δ Cq' the difference in time required to reach the fluorescence detectability threshold between control and sample (Cqcontrol – Cqsample).

364 Statistical analysis

Categorical variables were tested through ANOVA (package 'stats' v.3.6, R Core Team 2019). Post-hoc comparisons were done using the *multcomp* R package with Tukey contrasts corrections (Hothorn et al. 2008). Quantitative variables including the T/S ratio were first z-scored and then tested directly through the t statistics provided by default by the function 'lmer'. Statistical tests were performed by the R software (R Core Team 2019) at the significance threshold $\alpha = 5\%$.

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Effects of helpers on chick telomere length: definition of variables

In our analysis, we considered the effects of (i) the natural 376 presence of helper in the nest of origin (hereafter referred 377 to as 'prenatal presence') and (ii) the postnatal change in 378 helper presence induced by the cross-fostering (hereafter 379 referred to as 'postnatal helper change'). The prenatal pres-380 ence of helpers was coded 0 (no helpers) and 1 (presence of 381 helpers) while the postnatal helper change was coded 0 (no 382 change), -1 (reduced number of helpers) and +1 (presence 383 or increased number of helpers). 384

We tested if the prenatal presence of helpers and the 385 postnatal helper change, as well as their interaction had an 386 impact on early telomere length (i) nine days after hatching 387 and (ii) later, just before fledging, at seventeen days after 388 hatching. Telomere length and dynamics are known to be 389 affected by individual characteristics, such as sex (Barrett 390 and Richardson 2011; Young et al. 2013) or growth rate 391 (Ringsby et al. 2015; Monaghan and Ozanne 2018; Ved-392 der et al. 2018), as well as by the social environment (Hall 393 et al. 2004; Nettle et al. 2015; Dugdale and Richardson 394 2018; Hammers et al. 2019). Hence, in addition to the pre-395 natal presence and the postnatal helper change, we tested 396 the influence of the following explanatory variables: sex, 397 breeding period (different climatic conditions), brood size 398 (intra-nest social competition), and body condition (an indi-399 cator of chick growth). The breeding period had two levels: 400 the first between October and November 2013 (sparse rains) 401 and the second between December 2013 and January 2014 402 (abundant rains). The prenatal presence of helpers and the 403 postnatal helper change were not correlated: ($\chi^2 = 0.040$, 404 P = 0.842), which validates the randomness of the cross-405 fostering procedure. Moreover, there was no evidence for 406 collinearity between all other variables (Variance Inflation 407 Factors were less than three: $VIF_{max} = 1.49$). 408

Effects of helpers on chick telomere length: model fitting and selection

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explanatory variables to avoid over fitting (Harrison et al. 416 2018). We applied a model selection procedure with the 417 'MuMIn package on R, based on the lowest Aikake's infor-418 mation criterion corrected for small sample sizes (AIC; v. 419 1.43 Bartoń 2013). The procedure was adjusted to provide 420 models containing no more than five variables, including the 421 two main effects we wanted to test, *i.e.*, prenatal presence 422 and postnatal variation in the number of helpers. We chose 423 models as complete as possible with a maximum ΔAIC of 424 2. Then, depending on the selection procedure, the interac-425 tion term 'prenatal presence x postnatal helper change' may 426 not be included in the lowest AIC model. All proposed and 427 selected models involving telomere length are available in 428 the electronic supplementary material (ESM 3, Table S1). 429 We graphically ensured that model residuals did not sig-430 nificantly differ from a Gaussian distribution and related 431 Anderson–Darling's tests had *P value* > 0.05 for rTL both 9 432 and 17 days after hatching, respectively, A = 0.25, P = 0.72433 and A = 0.33, P = 0.51, indicating that the model residuals 434 fitted a normal distribution. 435

A Pearsons' correlation test was conducted to test for correlation of intra-individual values of chick telomere lengths
repeatedly measured at day 9 and day 17 post-hatch.

439 Chick body condition and body mass growth vs. telomere440 length

Chick body condition was calculated as the residuals of the 441 regression of body mass vs. tarsus length both measured at 442 D17. Using the same statistical procedure as for telomere 443 length, we tested whether the effect of helpers could be 444 reflected in the body condition of chicks through mixed lin-445 ear models with mass at D9 and body condition at D17 as 446 dependent variables. Full models used in the model selection 447 procedure included brood sizes at D9 or D17, chick sex and 448 season, as well as nest/colony as random factors. Further-449 more, we used the same statistical approach to examine the 450 link between body condition at D17, body mass at D17 or 451 body mass gain between D9 and D17 and chick telomere 452 length at D17. 453

454 Telomere length and apparent survival

To estimate whether rTL predicted apparent survival we 455 fitted Cormack-Joly-Seber (CJS) models (Gimenez et al. 456 2007) on six years of capture-mark-recapture history of 132 457 fledglings (59 females and 73 males from cross-fostered as 458 well as non-cross-fostered nests). We measured apparent 459 survival, which does not allow us to differentiate dead indi-460 viduals from those that permanently dispersed beyond the 461 area studied. However, both sexes are philopatric (Dijk et al. 462 2015), and the 15–20 colonies in the study area are captured 463 yearly, allowing us to re-capture birds dispersing between 464

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colonies (usually less than 10%; Covas 2011). Furthermore, A03 15 by considering detectability values lower than one, CMR 466 models offer a reliable and explicit way to perform survival 467 analysis in the wild (Gimenez et al. 2008). The CJS model 468 is composed of apparent survival probability ϕ (defined as 469 the probability to survive and not permanently emigrate 470 the next year) and recapture probability p (defined as the 471 probability of an individual apparently alive in a year to be 472 recaptured with mist nets that year). We set ϕ to vary lin-473 early with rTL (scaled) on the logit scale. We also allowed 474 both ϕ and **p** to vary with the sex of the individuals as we 475 expected them to be lower for females (Dijk et al. 2015; 476 Paquet et al. 2015b) and to make sure that any relationship 477 between rTL and apparent survival was not solely due to sex 478 differences. We found an average recapture probability of 479 0.722 (min = 0.568, max = 0.854) for females and of 0.826 480 for males $(\min = 0.738, \max = 0.900)$. 481

We specified both capture-recapture models using JAGS, 482 version 4.2.0 (Plummer 2015) run using the rjags package 483 (Plummer 2013) in Program R, version 3.4.3 (see ESM 4 for 484 JAGS code). We estimated parameters using vague priors 485 (see ESM 4 for priors and initial values). We used 3000 486 posterior samples from three Markov Chain Monte Carlo 487 (MCMC) chains based on 3000 iterations after an adapta-488 tion period of 5000, a burn-in of 10,000 and thinning inter-489 val of 3. We assessed model convergence both visually and 490 by using the "R hat" Gelman-Rubin statistic (Gelman and 491 Rubin 1992) and found the 95% upper limits of potential 492 scale reduction factors to equal 1 for all estimated param-493 eters, indicating that convergence was achieved. We assessed 494 the fit of our two models to the data (i.e. posterior predictive 495 checks) by simulating capture recaptures histories from our 496 two models at each iteration and comparing the number of 497 simulated recaptures for the 3000 posterior samples with the 498 number of observed recaptures. Simulated values systemati-499 cally lower or higher than observed values would indicate a 500 lack of fit [*i.e. p* (simulated < observed) close to 0 or 1]. We 501 obtained p (simulated < observed) = 0.47 and 0.49 for mod-502 els looking at rTL at D9 and D17, respectively, indicating a 503 good fit to the data. 504

Ethical statement

All experiments were conducted with permission from the 506 Northern Cape Department of Tourism Environment and 507 Conservation (permit FAUNA 942/2012) and the approval 508 of the Ethics Committee of the University of Cape Town 509 (2009/V12/RCREN). Our procedures involved the cap-510 ture, confinement, handling, and blood sampling of the 511 birds in the field, with the time elapsed between extract-512 ing the birds from the nets until the last bird was released 513 ranging from 2 to 3 h. While queuing to be processed, 514 birds rested in individual bird bags and were placed in a 515

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quiet, ventilated and shaded area. The sampling volume 516 (ca. 75 ul) remained well below the prescribed limits for 517 the percentage of the total blood volume of this passerine. 518 After handling, the adult birds could recover for a few 519 minutes before being released in small groups. Any birds 520 that showed signs of fatigue or injury were taken to an 521 indoor aviary to recover and were subsequently released. 522 This happened for less than 1% of the birds handled. To 523 decrease handling times, captures were conducted with a 524 team of 8-12 experienced ringers that were allocated spe-525 cific tasks to streamline the procedures conducted. 526

Results

We present for each result below the estimate \pm standard 528 error in brackets. In Table 2 (telomere-related models) 529 and Table 3 (body mass-related models), we present in 530 addition 95% confidence interval (CI95%), test statis-531 tics and P values. After the model selection procedure 532 (detailed in ESM 3, Table S1), all models contained the 533 following independent variables: prenatal presence, post-534 natal helper change and the random effect of the nest 535 nested in the colony. The interaction between pre- and 536 post-natal helpers (prenatal presence × postnatal helper 537

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Table 2Effect of the prenataland postnatal presence ofhelpers on chick relativetelomere length (rTL,z-transformed)

Predictors	rTL D9					
	Estimates	Std. error	CI	Statistic	Р	
(a)						
Intercept	-0.08	0.55	-1.17-1.00	-0.15	0.880	
Prenatal presence of helpers	0.29	0.45	-0.58-1.17	0.65	0.513	
Postnatal helper change	1.18	0.50	0.20-2.16	2.36	0.018	
Brood size D9	0.09	0.17	-0.24-0.43	0.54	0.587	
Chick sex	-0.43	0.25	-0.91 - 0.05	-1.74	0.082	
Prenatal presence × postnatal helper change	-1.76	0.54	-2.81 to -0.70	-3.27	0.001	
Random effects						
σ^2	0.46					
τ_{00} (nest:colony_id)	0.50					
τ_{00} (colony_id)	0.39					
ICC	0.66					
N (nest)	18					
N (colony_id)	3					
Observations	50					
Marginal R^2 /conditional R^2	0.177/0.718					
(b)						
Intercept	1.91	0.17	1.57-2.25	11.04	< 0.001	
Prenatal presence of helpers	-0.13	0.21	-0.53 - 0.28	-0.61	0.542	
Postnatal helper change	-0.06	0.12	-0.29-0.18	-0.48	0.635	
Breeding season	0.12	0.18	-0.23-0.46	0.66	0.508	
Random Effects						
σ^2	0.39					
$\tau 00$ (nest:colony_id)	0.00					
$\tau 00 \text{ (colony_id)}$	0.00					
N nest	18					
N (colony_id)	3					
Observations	50					
Marginal R ² /conditional R ²	0.017/NA					

The following tables list the estimates ('est.'), 95% confidence interval ('CI 95%'), standard error ('SE'), test statistics ('stat.', *t* or *F*, respectively, for continuous or categorical variables) and *P* values ('*P*') from linear mixed models. We only consider the variables retained after the model selection procedure (ESM 3). Continuous variables have been scaled and transformed into z-scores. Lines in bold indicate a significant test with $\alpha = 0.05$ as a threshold. Results are given for chick telomere length at 9 (a) and 17 (b) days after hatching. In this latter case, random effects did not explain a significant part of the variance

Table 3 Effect of the prenataland postnatal presence ofhelpers on the chick mass at day9 (a) and chick body conditionat day 17 (b) post-hatch (linearmixed models)

Predictors	Body mass D9 (g)					
	Estimates	Std. error	CI	Statistic	Р	
(a)						
Intercept	2.01	0.99	0.06-3.96	2.02	0.044	
Prenatal presence of helpers	0.51	0.43	-0.32-1.35	1.20	0.231	
Postnatal helper change	0.14	0.59	-1.00-1.29	0.24	0.808	
Brood size D9	- 0.88	0.23	-1.34 to -0.42	-3.77	< 0.001	
Chick sex	0.51	0.26	-0.01 - 1.02	1.94	0.053	
Prenatal presence × postnatal helper change	0.35	1.09	- 1.79-2.49	0.32	0.752	
Random Effects						
σ^2	0.62		C			
τ00 (nest:colony_id)	0.11					
$\tau 00 \text{ (colony_id)}$	0.46					
ICC	0.48					
N (nest)	18					
N (colony_id)	3					
Observations	50					
Marginal R^2 /conditional R^2	0.255/0.611					
(b)						
Intercept	-0.99	0.50	- 1.97-0.00	-1.95	0.051	
Prenatal presence of helpers	0.36	0.40	-0.42 - 1.15	0.90	0.367	
Postnatal helper change	0.90	0.44	0.04-1.77	2.04	0.041	
Breeding season	0.55	0.28	-0.00 - 1.11	1.95	0.051	
Chick sex	0.16	0.21	-0.26-0.58	0.76	0.450	
Brood size D17	-0.51	0.15	-0.80 to -0.21	-3.37	0.001	
Random effects						
σ^2	0.34					
τ00 (nest:colony_id)	0.59					
τ00 (colony_id)	0.00					
ICC	0.63					
N (nest)	18					
N (colony_id)	3					
Observations	50					
Marginal R^2 /conditional R^2	0.257/0.728					

None shows a significant effect of helpers. Testing body mass at D17 or body mass gain between D9 and D17 led to similar non-significant effects (data not shown)

change), as well as chick sex and brood size were kept 538 only for the presence of helpers at D9. Only the breeding 539 season was kept as an additional fixed factor for the model 540 testing individual variability in rTL at D17. The original 541 data sets regarding both the effect of helpers on chick rTL 542 and the effect of rTL on survival are available online as 543 distinct tables in ESM5. Chicks rTL measured at D9 and 544 D17 were found to be significantly correlated-even if 545 the correlation is not high (r=0.27, t=2.64, P=0.009,546 n = 93, Pearson's correlation). 547

Effect of the prenatal and postnatal presence of helpers on chick rTL

The detailed statistics are given in Table 2 and related plots550are Fig. 1a for D9 and 1B for D17.551

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Nine days after hatching, we found a significant interaction between the prenatal helpers' presence and the postnatal helpers' presence (-1.76 ± 0.54) . The Tukey contrasts post-hoc comparisons showed that for the chicks from nests without helpers during the prenatal stage, obtaining 556

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Fig. 1 Relative telomere length (rTL, T/S ratio) 9 days (**a**) and 17 days (**b**) after hatching in relation to helpers' presence in sociable weavers. We compared the rTL of 50 cross-fostered individuals according to (i) the presence of helpers before the cross-fostering and (ii) after the cross-fostering. This latter experimental factor is categorised as increased number of helpers (+1, blue); no change in helpers' presence (0, green) and decreased number of helpers (-1, red). **a** Post-hoc significant differences (Tukey contrasts) concerned: longer

postnatal helpers was associated with larger rTL nine days 557 558 after hatching (Fig. 1a, 0/1 vs 0/0, post-hoc: 1.54 ± 0.49 , z = 3.13, P = 0.01). For chicks that had prenatal helpers, a 559 decrease in the number of helpers was associated with a 560 shorter rTL (1/-1 vs 1/0, post-hoc; -1.21 + 0.44, z = -2.75,561 P = 0.042). However, the rTL of chicks swapped from nests 562 with helpers to nests with more helpers was not affected by 563 the increase in helper number after hatching (1/+1 vs 1/0564 and 1/-1, post-hoc: respectively, -1.23 ± 1.20 , z = -1.03, 565 P = 0.83 and 1.20 ± 0.51 , z = 2.35, P = 0.12). Among the 566 chicks experiencing additional helpers, those with prenatal 567 helpers had shorter telomeres on average (0/+1 vs 1/+1,568 post-hoc: -1.18 ± 0.44 , z = -2.73, P = 0.043). The effect 569 of chick sex and brood size were not significant (respec-570 tively, -0.43 ± 0.25 and 0.09 ± 0.17). When measured at 571 D17 post-hatch, neither the prenatal presence or the postna-572 573 tal helper change nor their interaction term were found to be significantly related to offspring's rTL (Fig. 1b, Table 2b). 574 The breeding season, while kept in the selected model, had AQ5 576 no significant effect (0.12 ± 0.18) .

Effects of helpers on chick body mass and bodycondition

Neither the prenatal or the postnatal presence of helpers
were associated with a change in chick body mass at D9,
or chick body condition at D17 (Table 3). Only brood sizes
(D9 and D17) negatively affected body mass at D9 and body
condition at D17, respectively. Testing body mass at D17 or



rTL in chicks that started with no helpers but get experimental helpers' presence (P=0.010); decreased rTL in chicks that started with helper presence but thereafter experienced no helpers (P=0.042); shorter rTL in chicks that started with helpers and experienced increased helpers presence after hatching compared to chicks that had helpers only after hatching (P=0.043). **b** no significant differences were found at D17. See text for statistics. Error bars represent standard errors. White numbers inside the bars give the sample size

the gain in body mass between D9 and D17 did not shown584any significant relationships (data not shown). There was no585relationship between body mass gain (D17–D9) and chick586rTL at D17 (ESM 6, Table S2).587

Chick telomere length and apparent survival rate

We found that sociable weaver chicks with longer rTL at D9 589 tended to have a higher apparent survival rate the following five years although the 95% credible interval overlapped 591 zero [estimate (95% credible interval)=0.21 (-0.072, 0.52), 592



Fig. 2 Relation between relative telomere length (rTL, T/S ratio) 9 days after hatching and apparent survival. 132 birds were annually captured from 2014 to the present (6 years). Estimate and 95% Credibility Interval=0.21 (-0.07; 0.52), *p* (estimate > 0)=0.928

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p (estimate > 0) = 0.928, Fig. 2]. We found no clear association between rTL at D17 and apparent survival [estimate = -0.013 (-0.24, 0.22), *p* (estimate > 0) = 0.458].

596 Discussion

Author Proof

We investigated the influence of the prenatal and postnatal 597 presence of helpers on rTL and the link between rTL and 598 survival in nestlings of the sociable weaver, a cooperatively 599 breeding bird. Early-life rTL (i.e. measured nine days after 600 hatching) was overall positively associated with the presence 601 of post-natal helpers but was also influenced by an interac-602 tion of the presence of pre- and post-natal helpers. Specifi-603 cally, we found that for chicks coming from nests without 604 prenatal helpers, rTL was longer when postnatal helpers 605 were added after hatching. For the chicks coming from 606 nests that already had prenatal helpers, telomere length was 607 shorter when the number of helpers decreased after hatch-608 ing. For those chicks, however, an increase in the number of 609 postnatal helpers had no significant effect on offspring rTL. 610 The interaction between the prenatal presence and postnatal 611 helper change showed that the increase in postnatal help-612 ers was associated with a greater offspring rTL only when 613 no prenatal helper was present. The effects observed nine 614 days after hatching (D9) were not observed at the end of 615 the nestling period (D17; but see below). Finally, the CMR 616 analysis conducted to assess the link between early rTL and 617 post-fledgling survival showed a tendency for rTL at D9 to 618 be positively related to survival up to five years after hatch-619 ing, but this relationship was no longer present at D17. 620

Contrasting effects of pre- and post-natal helpers on offspring's telomeres

Nestlings from original nests without helpers had greater 623 rTL at D9 when raised with postnatal helpers than without. 624 On the other hand, reducing the number of postnatal helpers 625 (i.e. concerned nests with prenatal helpers) was associated 626 with shorter chicks' rTL. These two findings support a ben-627 eficial effect of post-hatching helpers on offspring rTL in 628 sociable weaver. Such positive postnatal influence is thought 629 to be mediated by the enhancement of developmental condi-630 tions that nestlings experience through the additional care 631 provided (Covas et al. 2008; Bebbington et al. 2018). This 632 additional care may also contribute to decreasing sibling 633 competition in larger broods, which has been shown as a 634 modulating mechanism of rTL in chicks from different spe-635 cies (Voillemot et al. 2012; Boonekamp et al. 2014; Nettle 636 et al. 2015; Young et al. 2017). A negative effect of sibling 637 competition on offspring development was also suggested 638 here through a negative effect of brood size on body mass. 639 Nevertheless, this beneficial effect appears to be limited, 640

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since the addition of postnatal helpers in nests already harboring prenatal helpers had no significant effect.

We found in addition an interaction between the prenatal 643 presence and postnatal helper change indicating that the pos-644 itive effect of postnatal helpers on chick rTL is dependent on 645 the presence of prenatal helpers. Indeed, adding helpers after 646 hatching was negatively associated with chick's rTL if those 647 chicks had experienced prenatal helpers (i.e. they had on 648 average shorter rTL than those without prenatal helpers); the 649 effect persisted even when removing the two extreme values 650 for the 0/1 condition (Fig. 1a). This outcome is expected if 651 there is a prevalent negative prenatal effect resulting from a 652 reduced maternal investment during egg production in pres-653 ence of prenatal helpers, compared to the benefits of being 654 raised with post-natal helpers. In fact, previous studies have 655 shown that the conditions experienced during embryonic 656 life may alter telomere length at birth (Entringer et al. 2011; 657 Haussmann et al. 2012; Vedder et al. 2018; Noguera and 658 Velando 2019, 2020; Stier et al. 2020). Sociable weavers 659 females were found to lay smaller eggs with lower steroid 660 hormone content (Paquet et al. 2013). Telomere shortening 661 may thus arise from this weaker maternal investment in the 662 presence of pre-hatching helpers. Our results suggest that 663 such initial telomere handicap may not be reversed by the 664 beneficial effects of post-natal helpers. Still, our sample size 665 does not allow us to draw definitive conclusions, and the pre/ 666 post-natal helpers interaction effects deserve further study. 667

A non-exclusive explanation for the lack of a positive 668 effect of an increased number of postnatal helpers for nest-669 lings with prenatal helpers might be that, above an optimal 670 threshold, adding more helpers would have no benefits, or 671 could even become detrimental for offspring rTL. A pre-672 vious study in the same species has actually shown that 673 larger group sizes may result in a weaker offspring survival 674 likelihood (Covas et al. 2011, but see Wood 2017 chap. 3). 675 When analyzing only the effect of group size before and 676 after hatching, we found that the number of helpers had no 677 effect on telomere length at either D9 or D17 (ESM 7). This 678 confirms the results presented here and supports the inter-679 pretation that, in our case, a larger number of helpers does 680 not provide greater benefits for the offspring, whatever their 681 age. In addition, a previous study on this population found 682 that the positive effect of helpers on chicks after hatching 683 is mostly detected under adverse environmental conditions 684 (Covas et al. 2008). If fewer helpers provide sufficient help 685 under usual climatic conditions, this may explain why we 686 found no significant effect of an increased number of help-687 ers post-hatch when prenatal helpers were already present 688 (1/+1 vs 1/0 and 1/-1). Given the association between 689 helpers' presence and rTL at day 9, it may be surprising to 690 find no association at day 17. However, in addition to the 691 presence of helpers, several environmental factors such as 692 climate (Mizutani et al. 2013), sibling rivalry (Nettle et al. 693

2015; Mizutani et al. 2016) or food availability (Spurgin 694 et al. 2017) might have blurred possible helper effects at 695 D17. For example, in black-tailed gull chicks (Larus cras-696 sirostris), the effect of sibling competition on telomeres was 697 weak on the first day after hatching and became stronger 698 30 days after hatching, potentially concealing the effect of 690 other factors (Mizutani et al. 2016). In European starlings 700 (Sturnus vulgaris), the effect of sibling rivalry on telomere 701 attrition was also dependent on nestling age: not detectable 702 at 3 days after hatching (D3), detectable at D12 and faded 703 at D24 (Nettle et al. 2015). In the same study, the effect on 704 oxidative status was detectable at D3 but no longer at D12. 705 Those studies and ours seem to indicate that the effect of 706 different environmental factors might vary with individual 707 age and species. 708

709 Body mass growth, telomeres, and survival

The suggestion that offspring's early rTL is a proxy of sur-710 vival rate has been supported in other species (Geiger et al. 711 2012; Heidinger et al. 2012; Stier et al. 2014; Young et al. 712 2017; Eastwood et al. 2019; Chatelain et al. 2020); but see 713 (Boonekamp et al. 2014) or (Wood and Young 2019) for a 714 critical view on telomere shortening and survival. Although 715 the 95% credible interval slightly overlapped zero, our study 716 tends also to suggests that chick rTL early after hatching 717 might predict post-fledging apparent survival, at least up 718 to 5 years after hatching. In this species, a previous study 719 showed that helpers had a negative effect on offspring sur-720 vival but only during the first year after fledging, after that, 721 this negative effect disappeared (Covas et al. 2011). Even 722 if in the medium term (five years here) the presence of 723 postnatal helpers seems to be rather positive for offspring 724 apparent survival, the consequences of helpers could be 725 more complex especially in the very first years of life. This 726 adds another level of complexity in understanding the evo-727 lutionary advantages and disadvantages of social structure 728 involving cooperative breeding. 729

Heidinger et al. (2012) have shown that rTL measured 730 within the first month in zebra finches predicted lifespan 731 better than subsequent measurements. Our results are in line 732 with this finding, as we did not detect an association between 733 rTL and apparent survival for older chicks (before fledg-734 ing). However, the exact reasons for why earlier telomere 735 length is a better predictor or survival than later telomere 736 length remain elusive (Ingles and Deakin 2016; Lieshout 737 et al. 2019). 738

The improved rearing conditions induced by postnatal
helpers could have led also to improve body condition. However, and similarly to a previous study in the same species
(Paquet et al. 2013), both mass at D9 and fledglings' body
condition (D17) did not vary with the presence of helpers.
These results support previous suggestions on this and other

species in showing the ability of helpers to compensate for 745 the differential maternal investment in eggs so that, on aver-746 age, fledglings have the same body condition. Since, in our 747 study, chicks varied in their day 9 rTL but not body con-748 dition, it seems that for the chicks that do not have help-749 ers, allocation of energy is toward growth at the expense 750 of their telomeres. Such a trade-off between growth and 751 telomere maintenance has been shown in numerous verte-752 brate species (Tarry-Adkins et al. 2009; Geiger et al. 2012; 753 Stier et al. 2014; Pauliny et al. 2015; Ringsby et al. 2015; 754 Vedder et al. 2017, 2018). A quicker post-hatching growth 755 ensures a higher success rate at fledging (Kersten and Bren-756 ninkmeijer 1995; Harris et al. 2008; Canestrari et al. 2011; 757 Loock et al. 2017; Hipfner and Gaston 1999) and an earlier 758 fledging date may decrease predation risk in sociable weav-759 ers (Ferreira 2015). As a result, there could be a stronger 760 evolutionary pressure on body growth rather than telomere 761 length; in other words, short-term survival by avoiding 762 predation rather than long-term survival through somatic 763 maintenance. Alternatively, resource-investment trade-offs 764 may be reflected not in body condition or mass, but in tissue 765 maturation rate, which could be reflected in shorter telom-766 eres (Criscuolo et al. 2019). 767

Conclusions

Here, we set to investigate the effect of the social environ-769 ment (presence of helpers) before and after hatching on off-770 spring rTL. Our results suggest an overall positive effect 771 of postnatal helpers on the offspring rTL early in life, but 772 our study did not provide evidence that this relationship is 773 conserved until fledging. Furthermore, the positive postnatal 774 effect of helper presence was dependent on prenatal con-775 ditions, being stronger in nests that did not have pre-natal 776 helpers. Thus, the presence of helpers may induce opposite 777 effects depending on whether helpers are present before or 778 after hatching and that the interaction between the prenatal 779 and postnatal environment is essential to understand the con-780 sequences of the social environment on offspring. In addition 781 to the social environment, the ecological context (e.g., tem-782 perature, food availability) may also affect rTL, both before 783 and after hatching, but this was not investigated here. This 784 calls for data over longer periods spanning different climatic 785 conditions, to decipher the interaction between social and 786 ecological environment. According to our results, the chicks 787 with the shortest telomeres in their early life might also be 788 less likely to survive the first years of life. Although other 789 factors influence rTL, such as genetics or the quality of care 790 provided, our study suggests that social context, has a poten-791 tial important role to play in influencing individual develop-792 ment and survival in cooperatively breeding birds. However, 793 the mechanisms that sustain these pre- and post-natal social 794 effects on rTL remain to be identified and further studies 795

6 7	on the underlying molecular mechanisms (<i>e.g.</i> hormones, oxidative stress, metabolic pathways) are now needed.
8 9	Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s00442-021-04917-8.
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Author contribution statement BF, CD, MP and RC designed the study. CD, FT, MP and RC collected the data in the field. CD, FT, MP, MQ and RC organized the database. MQ performed the statistical analysis, MP the survival analysis and SZ the laboratory analyses. MQ wrote the first draft of the manuscript. CD, CS, FC, MP, RC and SZ wrote sections of the manuscript. All authors contributed to manuscript revision, read and approved the submitted version.

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824 Declarations

825 Conflict of interest The authors declare that the research was con 826 ducted in the absence of any commercial or financial relationships that
 827 could be construed as a potential conflict of interest.

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