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Biomechanical analysis of practitioner's gesture for peripheral venous catheter insertion

K. Torossian^{a,b,1}, M. Ottenio^b, A-C. Brulez^c, Y. Lafon^b, A. Viste^{b,d}, P. Attali^e, and S. Benayoun^a

^a Laboratoire de Tribologie et Dynamique des Systèmes, UMR CNRS 5513, Ecole Centrale de Lyon, 36 avenue Guy de Collongues, 69134 Ecully, France.

^b Univ Lyon, Université Claude Bernard Lyon 1, Univ Gustave Eiffel, IFSTTAR, LBMC UMR_T9406, F69622, Lyon, France

^c Laboratoire de Génie de la Fonctionnalisation des Matériaux Polymères, Institut Textile et Chimique de Lyon, 87 chemin des Mouilles, 69134 Ecully cedex, France.

^d Hospices Civils de Lyon, Hôpital Lyon Sud, Chirurgie Orthopédique, 165 Chemin du Grand Revoyet, 69495 Pierre Benite Cedex, France.

^e Institut de Formation en Soins Infirmiers, 5 Avenue Esquirol, 69003 Lyon, France.

Abstract

Peripheral venous catheter insertion (PVCI) is one of the most common procedures performed by healthcare professionals but remains technically difficult. To develop new medical simulators with better representativeness of the human forearm, an experimental study was performed to collect data related to the puncturing of human skin and a vein in the antebrachial area. A total of 31 volunteers participated in this study. Force sensors and digital image correlation were used to measure the force during the palpation and puncturing of the vein and to retrieve the kinematics of the practitioner's gesture. The *in vivo* skin rupture load, vein rupture load, and friction loads for skin only and for both the skin and vein were (mean \pm standard deviation) 0.85 ± 0.34 N, 1.25 ± 0.37 N, -0.49 ± 0.19 N, and -0.51 ± 0.16 N, respectively. The results of this study can be used to develop realistic skin and vein substitutes and mechanically assess them by reproducing the practitioner's gesture in a controlled fashion.

Keywords: peripheral venous catheter insertion, puncture, palpation, skin, vein

1. Introduction

When the oral route cannot be used, peripheral venous catheter insertion (PVCI) is performed to administer intravenous therapy, e.g., medication and fluids. This medical procedure consists of five main phases: (1) palpation to locate the superficial vein to puncture, (2) disinfection of the area to puncture, (3) skin stretching to prevent the vein from rolling by applying a normal and tangential force, (4) skin and vein puncture, and (5) catheter placement followed by withdrawal of the needle [1].

Although PVCI is one of the most common procedures performed by healthcare professionals, it remains technically difficult. Studies indicated that the success rates ranged between 44% and 76.9% for young nurses and between 91% and 98% for nurses with more education and experience [2–4]. Medical simulators are commonly used by healthcare students during their training, before their first procedure on a real patient. However, the haptic feedback of current simulators remains vastly

¹ Corresponding author: Laboratoire de Tribologie et Dynamique des Systèmes, UMR CNRS 5513, Ecole Centrale de Lyon, 36 Avenue Guy de Collongues, 69134 Ecully cedex, France.
E-mail address: kevin.torossian@ec-lyon.fr

40 different from the actual sensation of touch and perforation, reducing the immersivity of the
41 simulation experience.

42 To design more realistic PVCI simulators, attention should be paid to reproducing the mechanical
43 response of the forearm's skin and vein during *in vivo* PVCI. As mentioned previously, the two main
44 loadings performed by the practitioner are palpation, which is comparable to an indentation test
45 from a mechanical viewpoint, and perforation.

46 Indentation tests reported in the literature indicated that multilayered and viscoelastic materials
47 such as skin [5] are significantly influenced by the observation scale [6] and the loading speed [7].
48 Similarly, the force needed to puncture soft tissues depends on several parameters [8], such as the
49 penetrator geometry, tissue state, anatomical area, and loading parameters (velocity, angle
50 insertion, level of pre-stretching of the tissue). Therefore, for evaluating the realism of potential
51 synthetic surrogates for PVCI, the boundary conditions for *in vivo* PVCI must be quantified to
52 experimentally reproduce the practitioner's gesture.

53 A literature review [9] collected results from different studies all concerned with soft tissues
54 perforation by a needle. The peak loads were given as well as an indication of the anatomical area,
55 the perforator diameter, the insertion velocity and its angle. Among the cited papers, the work of
56 Shergold and Fleck [10] can be highlighted in regard with our application. They performed
57 perforation on *in vivo* human skin in the antebrachial area by driving a hand-operated instrument
58 making a 90° angle with the forearm at 1 mm.s⁻¹. Okuno et al. [11] is also of great interest since they
59 developed an instrumented syringe, so that puncture of the *in vivo* superficial veins of the ventral
60 forearm could be performed by a medical technician. Insertion velocity and angle were respectively
61 estimated at 15 mm.s⁻¹ and 15°, although no measurements were made. However, the tissues were
62 probably solicited mechanically in the same way as they would be during a PVCI on a patient. Both of
63 the mentioned studies reported rupture loads of either only skin or only vein which were
64 respectively measured between 0.6 – 0.8 N [10] and 0.14 – 0.87 N [11].

65 However, relying solely on rupture loads to mimic the sensation of perforation with tissue mimicking
66 substitutes is probably not enough to get a realistic haptic feedback. Indeed, Okamura et al. [12]
67 stated that needle insertion is characterized by a summation of stiffness, friction and cutting forces.
68 The stiffness force occurs before puncture, while friction and cutting forces occur after puncture. So,
69 friction and cutting forces should also be considered. Yet, none of the aforementioned results
70 obtained on *in vivo* ventral forearm were capable of decomposing the different loads applied on the
71 needle during puncture, because only the insertion phase was recorded.

72 Here, an experimental setup was developed to record both the spatial coordinates and the load
73 applied by the practitioner during palpation and perforation.

74 The remainder of this paper is organized as follows. First, the proposed method for capturing the
75 gesture and load applied to the forearm during palpation and perforation is described. Second,
76 kinematics and load measurements for each step of the medical procedure are reported. Finally, the
77 results are compared with those reported in the literature, and recommendations are provided for
78 future research.

79

80 2. Materials and methods

81 2.1. Volunteer panel

82 PPCI was performed on the ventral forearms of 31 healthy volunteers by an experienced
83 nurse instructor (29 years of experience). The participants included 8 women and 11 men in the age
84 range of 18–25 years and 11 women and 1 man in the age range of 60–75 years. Among them, three
85 young and three elderly volunteers were obese. The age difference between the groups was selected
86 according to the experience of the practitioner, who reported that the sensation of skin and vein
87 puncture changes slightly at approximately 60 years of age. This study was approved by the research
88 ethics committee “Comité de protection des personnes” of Ile-de-France V and the National Agency
89 of Medicines Security under the reference number 2018-A02895-50.

90 2.2. Kinematics recording

91 The medical gesture was recorded by two high-speed cameras (FASTCAM SA3, Photron,
92 Japan) at 125 frames per second. The self-adhesive targets located on the side of the palpating finger
93 and an instrumented syringe were tracked using digital image correlation (DIC) software (VIC 3D® -
94 Correlated Solution). The cameras were calibrated using a calibration chart and the DIC software
95 before each day of testing.

96

97 Using the recorded coordinates, the displacement amplitude and instantaneous velocity of the
98 palpating finger were determined, along with the needle insertion velocity during perforation. As
99 palpation is a cyclical motion, the mean of the maximum displacement for each palpation motion
100 was computed for each volunteer. The maximum displacement was determined by subtracting the
101 initial contact position of the practitioner’s finger on the volunteer’s forearm from the position of the
102 finger when it stopped pressing the forearm. The instantaneous velocity was calculated by dividing
103 the position interval by the time for each frame of the video.

104

105

[INSERT FIGURE 1]

106 **Figure 1: Explanatory scheme describing the projection of the instrumented syringe's targets on the**
107 **forearm**

108 An orthonormal plane called the “punctured plane” was constructed using self-adhesive targets
109 taped in the vicinity of the punctured area. The insertion angle α was calculated by projecting the
110 syringe vector $\overline{M_i N_i}$ (representing two targets on the instrumented syringe) onto the punctured
111 plane. As the forearm is slightly curved, a bisector plane P of unit normal vector \vec{n} was derived from
112 two planes symmetrically opposed with respect to the proximal–distal axis of the forearm (Figure 1).
113 P_1 was defined as a plane containing vectors \overline{AB} and \overline{AC} , and P_2 was defined as a plane containing
114 vectors \overline{DC} and \overline{DE} . The unit normal vectors \vec{n}_1 and \vec{n}_2 were obtained by taking the cross product of
115 the planes’ guiding vectors. Then, the cross product and the scalar product of vectors \vec{n}_1 and \vec{n}_2
116 yielded the guiding vectors \vec{x} and \vec{y} of the bisector. Finally, the cross product of \vec{x} and \vec{y} yielded \vec{n} ,
117 thus enabling to derive Eq. 1:

$$\alpha = \arcsin\left(\frac{\|\overline{M_i N_i} \cdot \vec{n}\|}{\|\overline{M_i N_i}\|}\right). \quad \text{Eq. 1}$$

118

119 **2.3. Palpation-load measurements**

120 During the palpation of the ventral forearm to localize the vein to puncture, the load was
121 measured using a 4.4-N flexible piezoresistive sensor (FlexiForce® A201–L, Mescan®) placed on the
122 tip of the palpating finger (Figure 2.a).

123

124

[INSERT FIGURE 2]

125 ***Figure 2: a) Piezoresistive sensor placed on the palpating finger of the practitioner; b) sensitive***
126 ***area of the sensor surrounded by a semi-rigid silicone disk and a metallic puck***

127 The sensor had a built-in sensitive area on which a semi-rigid silicone disk was placed to uniformly
128 distribute the reaction force. Additionally, a metallic puck was fixed on the other side of the sensitive
129 area to minimize the deformation of the fingertip during palpation (Figure 2.b). For each PVCI, the
130 sensor was attached to the fingertip with double-sided adhesive tape and maintained by a medical
131 glove. The double-sided tape was changed as soon as adhesion between the fingertip and the sensor
132 became sub-optimal due to sebum secretion or sweat. The flexible sensor was then connected to a
133 miniature WiFi transmitter to transfer data acquired at 200 Hz. This transmitter was fixed on the
134 wrist of the practitioner by using a compression arm sleeve. The sensor was calibrated with different
135 weights (50, 100, 200, and 300 g) before each half-day of testing to ensure a calibration score of $R^2 >$
136 0.95. Finally, the peak load was observed for each palpation motion for each volunteer (i) (Figure 3)

$$L_{P_i} = \frac{\sum_{j=1}^m L_{P_{i,j}}}{m}, \quad \text{Eq. 2}$$

137 to determine the average maximum palpation load (Eq. 2):

138 where m represents the number of peak loads observed when palpation was performed on a
139 volunteer, and $L_{P_{i,j}}$ represents the load for volunteer i and palpation j .

140

[INSERT FIGURE 3]

141 ***Figure 3: Typical palpation load ($L_{P_{i,j}}$) vs. time curve indicating each palpation load applied to the***
142 ***forearm of a volunteer***

143

144 **2.4. Puncture-load measurements**

145 The skin and vein puncture loads were measured using an instrumented syringe specifically
146 designed for this study (Figure 4). The device was composed of a 3D-printed casing, wherein a
147 miniature 5-N load sensor was enclosed (LSB 200-5N, Andilog, France). A conical fitting was fixed to
148 the sensor so that the catheter (20 Gauge, 20G) could be directly connected by wrapping its
149 extremity with a finger cot to increase the friction. This allowed the device to maintain the needle
150 and catheter assembly during its withdrawal while preventing blood from tainting the device. Sterile
151 skin closure dressing strips were used to keep the needle and the catheter together and counter the
152 influence of soft-tissue friction, which can withhold the catheter during withdrawal from the forearm

153 (Figure 4.b). Finally, the puncture loads and kinematics recordings were synchronized using a trigger
154 switch connected to the cameras and the instrumented syringe.

155

156

[INSERT FIGURE 4]

157

Figure 4: a) Photograph and b) schematic of the instrumented syringe

158

159 As reported by [9], the needle insertion force is the sum of the stiffness, friction, and cutting forces
160 (Eq. 3 2). The stiffness force occurs before puncturing, and the friction and cutting forces occur after
161 puncturing. Thus, we can expect various levels of these forces for layers of different materials, with

$$f_{needle}(x) = f_{stiffness}(x) + f_{friction}(x) + f_{cutting}(x) \quad \text{Eq. 3}$$

162

the friction increasing as the needle passes through the materials.

163

164 To improve the accuracy of the force estimation, the vein depth can be estimated using the needle
165 displacement (U_{skin}, U_{vein}) between the load peaks (Figure 5), which corresponds to skin and vein
166 rupture, and the insertion angle α by employing basic trigonometry (Eq. 4).

166

[INSERT FIGURE 5]

167

**Figure 5: Schematic of vein-depth computation: α represents the insertion angle, U_{skin} represents
168 the needle position during contact with the skin, and U_{vein} represents the needle position during**

168

$$\text{insertion depth} = \sin \alpha * |U_{skin} - U_{vein}| \quad \text{Eq. 4}$$

169

contact with the vein

170

171

2.5. Experiment

172

Prior to testing, the volunteers were informed about the purpose of the study; their written
173 informed consent was obtained. Then, they were examined by a physician to check whether they
174 met the inclusion/exclusion criteria. The inclusion criteria were as follows:

175

- Age of 18–35 years or 60–75 years;

176

- Normal weight ($18.5 \leq \text{Body Mass Index (BMI)} \leq 25$) or obese ($\text{BMI} \geq 30$).

177

The exclusion criteria were as follows:

178

- Bleeding disorders;

179

- Skin lesions, scars, and arteriovenous fistula in the ventral forearm;

180

- A high risk of infection;

181

- Women who had a lymph-node dissection on a malignant breast tumor;

182

- Declined cognitive function;

183

- Pregnancy or lactation;

184

- Participating in another study with an exclusion period;

185 - Medical history of fainting.

186 After it was confirmed that they satisfied the criteria, the volunteers sat on a blood sampling chair,
187 with their right arms shifted toward the cameras. First, the practitioner palpated their forearms using
188 only a tourniquet, both to identify the vein to puncture and to fix the camera shot. Once the vein was
189 located, the palpation gesture was recorded, and the corresponding loads were measured. Then, the
190 orthonormal plane composed of self-adhesive targets and used to compute the insertion angle was
191 taped to the puncture site to be recorded. Finally, the plane was removed, the puncture site was
192 disinfected, and puncturing was performed using the instrumented syringe.

193 3. Results

194 3.1. Palpation step

195 The average palpation velocity (V_{P_i}), peak load (L_{P_i}), and maximum palpating-finger
196 displacement (D_{P_i}) were obtained for each volunteer (i) to calculate the average of the averages
197 (Table 1).

| Table 1 <i>Results obtained from the biomechanical analysis of palpation</i> | | | |
|---|--|----------------------------------|---|
| | Average palpation velocity (mm/s) | Average peak load (N) | Average maximum finger displacement (mm) |
| Mean \pm standard deviation | 14.21 \pm 4.32 | 0.15 \pm 0.08 | 2.02 \pm 0.82 |

198

199 The results were analyzed according to age and sex, as shown in Figure 6. On average, the palpation
200 velocity was higher for men than for women and was higher for younger volunteers. Regarding age,
201 the average maximum displacement of the palpating finger was significantly larger for the elderly
202 volunteers, whereas the average palpation peak load was similar between the old and young groups.

203 [INSERT FIGURE 6]

204 **Figure 6: Box plots illustrating the effects of age and sex on palpation: a) velocity; b) peak load; c)**
205 **maximum finger displacement**

206

207 The results in Table 1 are useful for reproducing the palpating gesture on skin substitutes, to
208 mechanically compare them with human forearms under realistic conditions.

209

210 3.2. Puncture kinematics

211 As shown in Figure 7, the insertion angle was not constant during the puncture tests. The
212 practitioner first increased the insertion angle to penetrate the skin and then gradually decreased it
213 to insert the needle–catheter assembly into the vein while attempting not to puncture the vein’s
214 inner wall. Plotting the puncture load together with the insertion angle revealed that the insertion
215 depth between the skin and the vein punctures was within the vein-depth range reported in the

216 literature. In a previous study [10], the depth of superficial veins in the forearm was estimated to be
217 1–3 mm via infrared imaging. The mean insertion angle and puncture velocity are presented in Table
218 2. Such results can be used in the design of venipuncture robots that mimic the gestures of medical
219 professionals.

220

221

[INSERT FIGURE 7]

222

Figure 7: Example graph of the insertion angle and puncture load vs. the insertion depth

223

| Table 2 Results obtained from the analysis of the puncture gesture | | |
|---|--------------------------------------|---------------------------------|
| | Mean puncture velocity (mm/s) | Mean insertion angle (°) |
| Mean ± SD | 10.8 ± 2.1 | 15.3 ± 5.9 |

224

225

226

3.3. Puncture loads

227

PVCI was performed on 30 volunteers. For four of the volunteers, only the skin was
228 punctured, because the practitioner missed the vein. Additionally, for five volunteers, the measured
229 friction load was excluded from the analysis, because the catheter remained in the vein during the
230 withdrawal phase. Figure 8 shows a typical load vs. time curve for the puncturing of a superficial vein
231 in the forearm. This curve can be decomposed into sections corresponding to the different steps
232 comprising the PVCI.

233

a) From A to B: The load increased owing to the skin stiffness until skin rupture, which occurred
234 when the catheter penetrated the skin.

235

b) From B to C: The catheter progressed until it touched the vein; i.e., the load increased until
236 the vein wall ruptured.

237

c) From C to D: The practitioner stopped the gesture and applied a cotton pad to stop the
238 bleeding.

239

d) From D to E: The tissue-relaxation phase was characterized by the absence of relative motion
240 between the needle and the tissues (only the static friction acting on the needle shaft was
241 present).

242

e) From E to F: The catheter was withdrawn from the vein.

243

f) From F to G: The catheter was withdrawn from the skin.

244

245

[INSERT FIGURE 8]

246

**Figure 8: Typical load vs. time curve obtained by puncturing the skin and vein of a human forearm
247 using a 20G catheter**

248

249 The skin and vein rupture loads, as well as the friction loads, are presented in Table 3. The friction
 250 loads were affected by the types of tissues in contact, the results are separated depending on
 251 whether the vein was punctured.

Table 3 Results obtained from the biomechanical analysis of perforation

| | Skin rupture load (N) | Vein rupture load (N) | Friction load (N) | |
|-----------|-----------------------|-----------------------|-------------------|--------------|
| | | | Vein and skin | Skin only |
| Mean ± SD | 0.85 ± 0.34 | 1.25 ± 0.37 | -0.51 ± 0.16 | -0.49 ± 0.19 |

252

253 Figure 9 presents the differences in puncturing with regard to sex and age. Sex did not appear to
 254 influence the puncture loads at the forearm site (Figure 9.a), whereas age affected the vein rupture
 255 loads (Figure 9.b).

256

257

[INSERT FIGURE 9]

258

Figure 9: Box plots of puncture loads, illustrating the influences of a) sex and b) age

259

260 **4. Discussion**

261 The palpation gesture can differ among practitioners. While some practitioners only apply a
 262 normal force to the surface of the forearm to feel the bounciness of the vein, others apply shear
 263 stress to identify the vein. The latter gesture also helps to determine whether the vein can roll during
 264 puncturing. The flexible piezoresistive sensor used in this study to measure the normal force
 265 provided haptic feedback to the practitioner. In future studies, three-axis sensors can be investigated
 266 for determining the tangential loads. The average maximum displacement of the practitioner’s finger
 267 depended significantly on the age of the subject, whereas the palpation peak load did not (Figure 6).
 268 These results can be explained by the variation of the Young’s modulus of the skin, which has been
 269 shown to decrease by a factor of more than 2 between young and old populations [11].

270

271 The results for the mean displacement (Table 1) agree with the observations of Payne [12] who
 272 performed indentation tests on human skin. Payne reported that the subcutaneous fat tissues and
 273 underlying tissues have no influence on skin indentation for displacements of which are not
 274 exceeding 700 µm. This is consistent with the maximum displacement applied by the palpating
 275 finger, as the practitioner must feel the superficial veins to localize the area to puncture. Such
 276 displacement was applied in indentation tests in a few studies [13]. The researchers were thus able
 277 to evaluate the Young’s modulus of the different layers of the skin and the underlying muscle.
 278 However, no study has been reported where indentation tests were performed to assess the effects
 279 of superficial veins on the mechanical response of the forearm. For the average palpation velocity
 280 and peak load, the obtained results were significantly higher than values reported in the literature, as
 281 the tests were performed in a quasi-static state, with an indentation speed and maximum normal
 282 load respectively lower than 1 mm/s and 60 mN, [11,14,15].

283
284
285

Table 4 shows rupture loads for different soft tissues reported in the literature review performed by Torossian et al. [9]. Experimental conditions were also reported.

| Table 4 | | Overview of published results for peak perforation during needle insertion in soft tissues [13] | | | | |
|-----------------------------------|---|--|---------------------------|---------------------|--------------------------|-------------------------------------|
| References | Materials | Catheter | Insertion velocity (mm/s) | Insertion angle (°) | Perforator diameter (mm) | Peak force (N) (mean ± SD or range) |
| Abolhassani et al. [16] | Turkey skin and tissue | No | 5–20 | - | 1.02 | 0.96 ± 0.063 |
| Suzuki et al. [17] ^a | Polyethylene | Yes | 3.3 | 30–45 | 0.09 1.02 | 0.12 0.27 |
| | Lamb skin | | 1.67 | 30 | - | 3.4 ± 0.6 4.1 ± 0.2 |
| Eriksson et al. [18] ^b | Latex | Yes | 0.83 | 90 | - | 0.2 |
| | <i>In vivo</i> human skin and dorsal hand vein | | - | 15–20 | - | 2.4 ± 0.9 3.5 ± 1.2 |
| Shergold & Fleck [19] | <i>In vivo</i> human forearm skin | No | 1 | 90 | 0.3 0.6 | 0.6 0.8 |
| | Perineal area <i>in vivo</i> male skin | No | 300 | 90 | 1.47 | 15.03 ± 3.26 |
| Podder et al. [20] | Bovine muscle surrounded by chicken skin | No | 100 | - | - | 4.4 |
| Barbé et al. [21] | <i>In vivo</i> porcine skin | No | - | - | - | 3 |
| Zivanovic & Davies [22] | Polymer | No | - | 30 | - | 1.5 |
| Saito & Togawa [23] | <i>In vivo</i> rabbit ear and vein | No | 2.5 | 15 | 0.4 | 0.18 ± 0.04 |
| Kobayashi et al. [24] | Porcine jugular vein | No | 5 | 20 | 1.36 | 0.52 |
| Okuno et al. [25] | <i>In vivo</i> human forearm skin and median vein | No | 15 | 15 | 0.4 0.8 | 0.23 ± 0.09 0.64 ± 0.23 |

^a Peak forces correspond to needle insertion and catheter insertion.

^b Peak forces were obtained for different catheter materials: PTFE and PUR.

286

287 Skin rupture loads measured in this study are consistent with results obtained by Shergold & Fleck
288 [10] although experimental conditions were not similar. Measured vein rupture loads are relatively
289 higher than those obtained by Okuno et al. [11] which could be explained, in our case, by the use of a
290 larger gauge needle (20G).

291
292 As indicated by Table 3, the puncturing of superficial veins did not significantly increase the friction
293 load, either because the wall was thin or because the contact friction was reduced by lubrication
294 due to blood. Additionally, the vein rupture load was lower for older subjects (Figure 9), possibly
295 owing to lower Young's moduli. A few volunteers with a BMI superior to 30 participated in the study.
296 Obesity appeared to not affect the puncture loads; however, additional data are needed to confirm
297 this.

298
299 To the best of our knowledge, this is the first paper to propose an analysis of the practitioner's
300 gesture for PVCI, which can be now quantified with results shown in Table 2. The instrumented
301 syringe affected the practitioner's gesture and thus the success rate, owing to the lack of haptic
302 feedback through the needle tip. In future studies, researchers should aim to develop an
303 instrumented syringe with enhanced haptic feedback.

304
305 None of the studies on *in vivo* forearm skin reported in the literature involved the decomposition of
306 the load applied to the needle during puncturing, as only the insertion phase was recorded. In our
307 study, the stiffness and friction forces were evaluated, and the cutting forces were neglected, as skin
308 and veins can both be considered as thin membranes. Van Gerwen et al. [26] reviewed studies on
309 needle–tissue interactions and proposed two types of crack growth processes that can occur on soft
310 materials: stable (i.e., cutting) and unstable (i.e., rupture). They emphasized that for thin
311 membranes, the amount of energy stored during the boundary displacement phase can be so large
312 that a sudden crack extension occurs, forming a hole prior to the needle passing through the
313 membrane thereby justifying the absence of cutting forces in this study.

314
315 One might also investigate whether the catheter surrounding the needle has a significant impact on
316 the puncture curves, by changing the diameter or the friction comparing to stainless needle only.
317 Eriksson et al. [18] performed PVCI with an instrumented syringe on *in vivo* dorsal veins of the hand,
318 *in vitro* lamb skin membranes, and latex membranes. In their study, the catheter did not have a
319 visible impact on the puncturing of human skin. However, for the lamb skin and latex membranes,
320 peak loads were observed when the catheter top and tip were pushed through the membranes.
321 Similarly, in our study, the catheter did not appear to affect the puncture measurements, indicating
322 that its effects are only visible for stiffer materials.

323
324 The differences in the rupture loads with regard to age indicate that population-specific medical
325 simulators must be designed to prepare students for different clinical situations. However, the
326 differences may be too small to be haptically perceived by medical professionals and students.
327 Therefore, venipuncture simulators should be developed with consideration of the tribology and
328 subcutaneous properties, such as the vein prominence and tortuous or rolling veins.

329

330 5. Conclusion

331 A novel method was developed for the biomechanical analysis of the practitioner's medical
332 gesture for PVCI. The kinematic analysis of palpation and puncture gestures can henceforth be used
333 to mimic the practitioner's gestures. The average palpation and needle insertion velocities were
334 14.21 ± 4.32 mm/s and 10.8 ± 2.1 mm/s, respectively, and the average maximum finger displacement
335 was 2.02 ± 0.82 mm. The visualization of the vein depth through the insertion angle, which had an
336 average value of $15.3^\circ \pm 5.9^\circ$, provided a useful discriminative criterion for determining the vein
337 rupture load.

338
339 Measured puncture loads can now be used to mechanically validate skin and vein substitutes. The
340 skin rupture load, the vein rupture load, and the friction loads for the puncturing of the skin only and
341 the puncturing of both the skin and vein were 0.85 ± 0.34 N, 1.25 ± 0.37 N, -0.49 ± 0.19 N, and -0.51
342 ± 0.16 N, respectively. Experimental results indicated that the age of the subject affected the vein
343 rupture load, but further tests must be performed to confirm this.

344
345 Finally, the following question arises: to what extent does the instrumented syringe affect the haptic
346 feedback of the practitioner and thus the venipuncture success rate? In future studies, different
347 instrumented-syringe designs can be investigated to enhance the haptic feedback.

348

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353 on behalf of the joint research unit Laboratoire de Biomécanique et Mécanique des Chocs (LBMC).

354

355 **Ethical approval**

356 The authorization for the study was granted by the ethic committee CPP of Ile-de-France V under the
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364

365 **Conflicts of interest**

366 The authors declare that they have no conflicts of interest.

367

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Figure legend 1

Explanatory scheme describing the projection of the instrumented syringe's targets on the forearm

Figure legend 2:

a) Piezoresistive sensor placed on the palpating finger of the practitioner; b) sensitive area of the sensor surrounded by a semi-rigid silicone disk and a metallic puck

Figure legend 3:

Typical palpation load ($L_{P_{i,j}}$) vs. time curve indicating each palpation load applied to the forearm of a volunteer

Figure legend 4:

a) Photograph and b) schematic of the instrumented syringe

Figure legend 5:

Schematic of vein-depth computation: α represents the insertion angle, U_{skin} represents the needle position during contact with the skin, and U_{vein} represents the needle position during contact with the vein

Figure legend 6:

Box plots illustrating the effects of age and sex on palpation: a) velocity; b) peak load; c) maximum finger displacement

Figure legend 7:

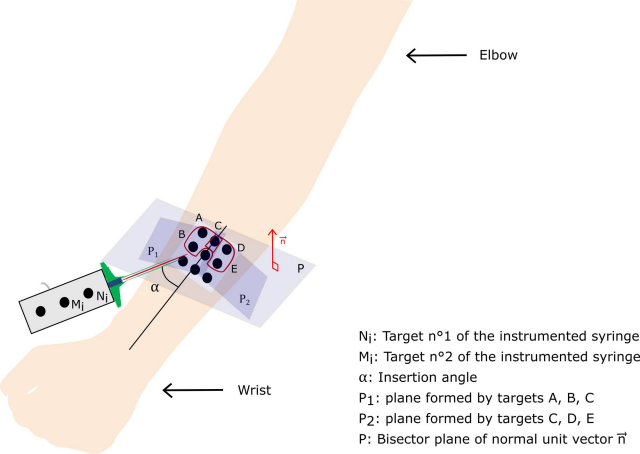
Example graph of the insertion angle and puncture load vs. the insertion depth

Figure legend 8:

Typical load vs. time curve obtained by puncturing the skin and vein of a human forearm using a 20G catheter

Figure legend 9:

Box plots of puncture loads, illustrating the influences of a) sex and b) age



← Elbow

← Wrist

- N_j : Target n°1 of the instrumented syringe
- M_j : Target n°2 of the instrumented syringe
- α : Insertion angle
- P_1 : plane formed by targets A, B, C
- P_2 : plane formed by targets C, D, E
- P : Bisector plane of normal unit vector \vec{n}



a)

2.6 mm

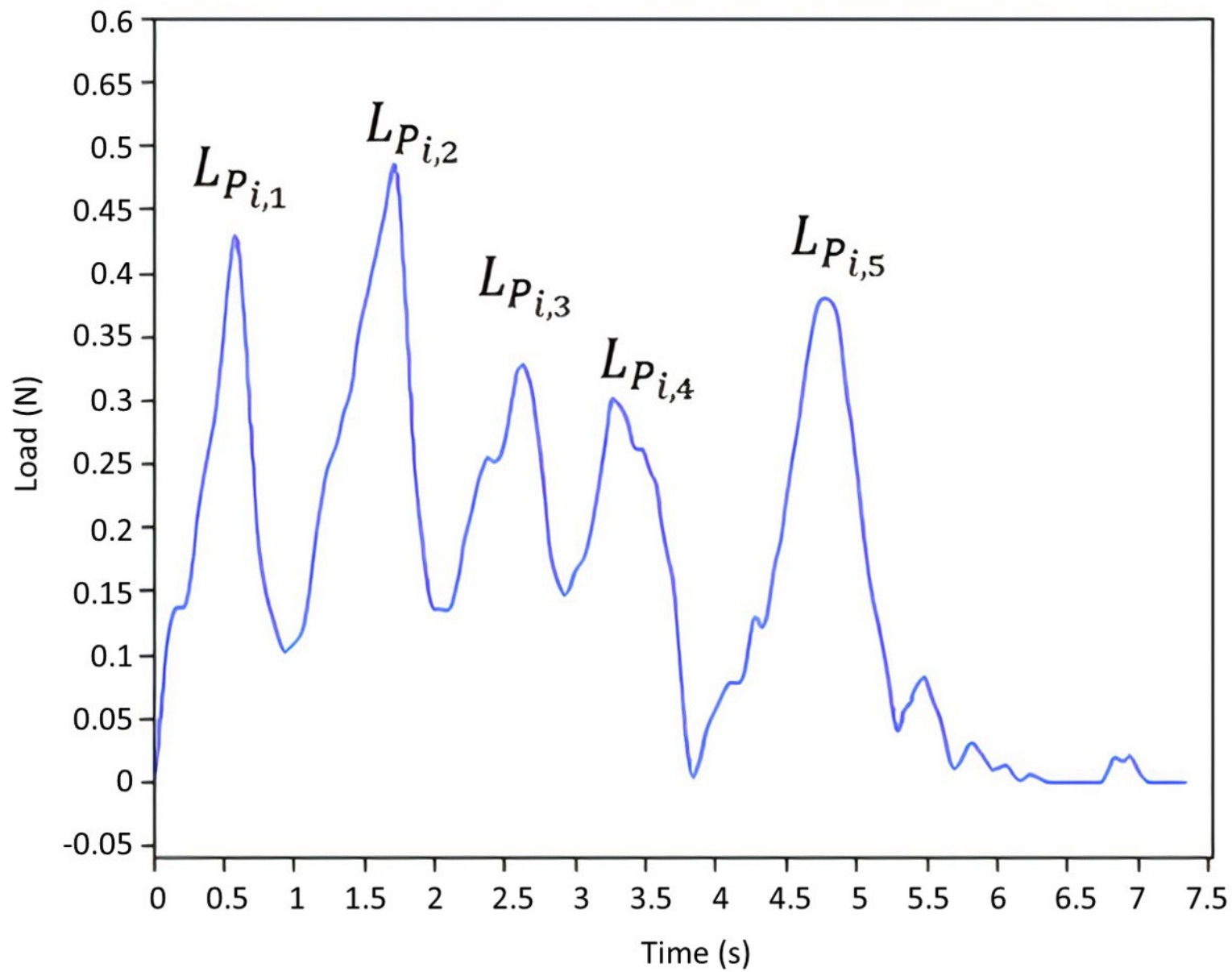


← \varnothing 8 mm
silicone disk



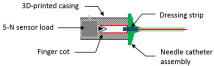
← \varnothing 12 mm
metallic puck

b)

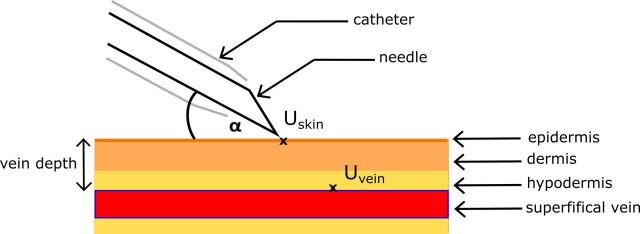


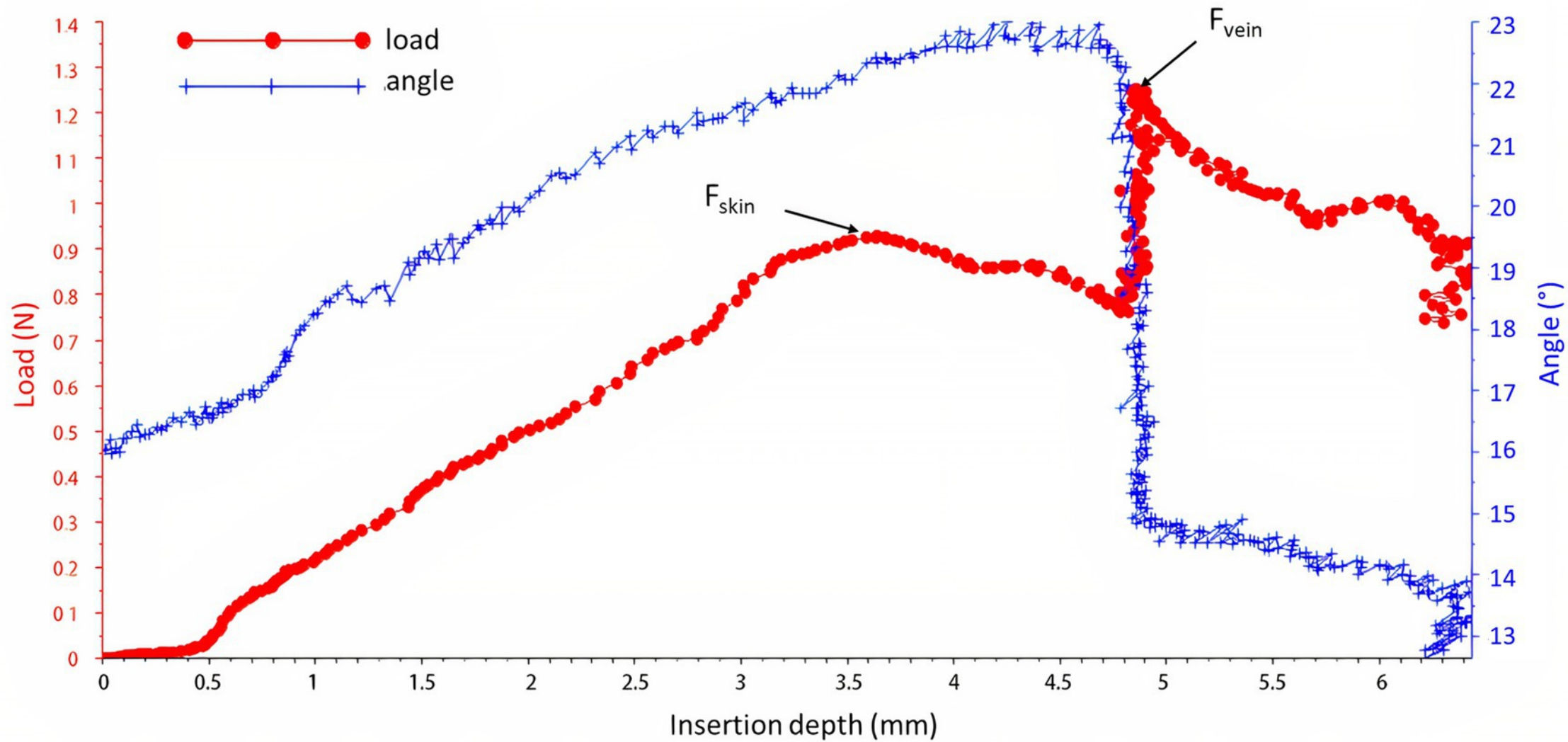


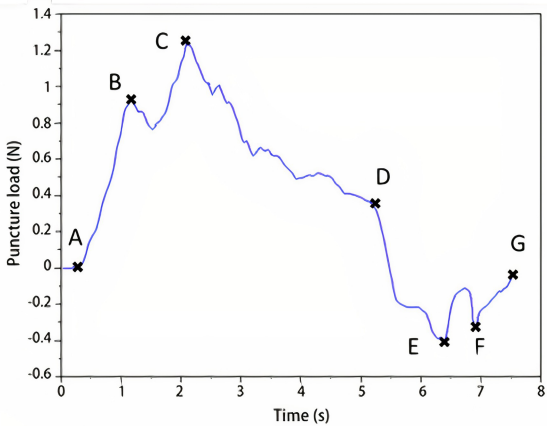
a)

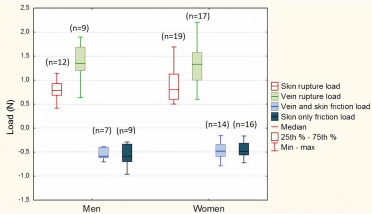


b)

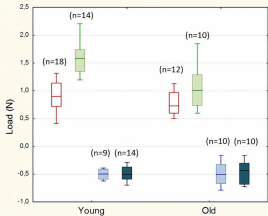








a)



b)