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**Q3** 

# Emotional Valence Recognition on Virtual, Robotic, and Human Faces: a Comparative Study

Lisa Cerda 1,2 • Pierluigi Graziani 1,2 • Jonathan Del-Monte 1,2

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#### **Abstract**

With the advent of new technologies in everyday life, leisure, or therapy, we will increasingly interact with a non-human virtual character. Understanding facial expressions and intentions of these virtual agents is important to enable them to achieve their goals. The objective of our study is to assess whether expressions are perceived as being positive or negative on faces more or less similar to those of humans. Eighty-three undergraduate students took part in a computerized emotion recognition task. The participants had to identify whether each face expressed a positive or a negative emotion. Eight different faces (human, avatar, mesh, and robot) were shown 38 times each on a computer screen. Each face was represented by a photo. Response time and the number of correct responses were recorded. Our research has raised important points: the accuracy and time taken for emotion recognition were found to be similar on human or avatar faces. On the other hand, as soon as these faces were too ambiguous or schematic, emotion recognition capacities were found to be diminished.

**Keywords** Avatar · Emotion recognition · Facial expression

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#### **Q2** 24 Introduction

Humans communicate in sophisticated ways through many channels such as sound, vision, and even touch. This is how they convey important information. The spoken language occupies such an important place that we sometimes forget the importance of non-verbal signs. However, facial expressions play a major role in social interactions (Adolphs 1999). They make it possible to convey messages and information essential for survival (i.e., fear) or more broadly for communication allowing empathy (Frith 2009). The ability to recognize and understand facial expressions is therefore essential for social relationships. This is a universal skill for social interaction

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Nîmes University, 5 Avenue du Dr Georges Salan, 30 000 Nîmes, France (Ekman 1993). The processing of emotional expressions involves several subcortical regions such as the amygdala and occipital and temporal cortex regions (Dubal et al. 2011). In general, humans recognize positive facial expressions faster than negative expressions because they do not require the analysis of the whole face (i.e., just a smiling mouth can signify joy) (Leppänen and Hietanen 2004). With the advent of new technologies, such as virtual reality, augmented reality, and artificial intelligence, we can wonder whether humans are capable of the same performance in recognizing emotions in robots and avatars. Artificial agents become an integral part of human life in leisure, the professional world or in therapy. We are therefore required to interact daily with virtual non-human characters or those personified in the form of a physical robot (Churamani et al. 2016).

Some studies have shown that virtual characters are capable of provoking social reactions equivalent to those experienced before humans (Garau et al. 2008). Expressive robots are considered as more friendly, more human and allow engagement among human users (Eyssel et al. 2010; Hall et al. 2014). Electromyographic studies have shown that photographs of robots and humans opening and closing their respective hands induce similar automatic imitation responses (Oberman et al. 2007; Oztop et al. 2005). But what about the emotions expressed by robots and other non-human agents?

It has been shown in a study that the emotions expressed by a virtual face are recognized comparably to the emotions expressed by natural facial expressions (Spencer-Smith et al. 2001). There seem to be minor differences in the observation time of the mouth area. Users observed virtual agents for a longer time period (Joyal et al. 2014). Moreover, natural and virtual facial expressions caused comparable brain activation (Moser et al. 2007: Hortensius et al. 2018). However, unlike natural faces, the emotions expressed by avatars were mainly confused with neutrality. This characteristic indicates that the emotions expressed by the avatars were not confused with completely different emotions; when people were unsure of the emotion expressed, there was a tendency to judge the expression as being neutral. (Dyck et al. 2008). It would thus seem that the emotions conveyed by avatars are not always clear. However, we know that ambiguity will be listed as a negative valence on avatars (Cheetham et al. 2015). Nevertheless, avatars are capable of evoking a sense of social presence (Biocca et al. 2003) which highlights our ability to identify their emotions. It has been shown that virtual characters transmit social information but are also perceived as social agents exercising a social influence on observers (Bailenson et al. 2003; Pertaub et al. 2001). Naive users (e.g., children) consider emotional feedback of artificial agents like real emotions (Kahn Jr. et al. 2012). Users can read social clues like emotions in virtual faces (Jack and Schyns 2017; Todorov et al. 2015).

However, the link between avatar social influence and avatar graphics seems complex. Indeed, with a high level of realism, the avatar perception can lead to an unpleasant impression for an observer. This phenomenon is described as uncanny valley (Mori 1970). When the observer perceives a nonhumanoid robot, he pays attention to the few elements similar to humanoids. The feelings of familiarity then increase in the observer. Although when the robot looks very similar to a humanoid, the observer pays attention to the few nonhumanoid elements. There then appears a feeling of strangeness towards the robot. The robot is not seen as an agent awkwardly imitating a human but as a human incapable of acting like his fellows. Nonetheless, beyond this valley, the robot is accepted as a humanoid similar to the observer. The human visual system accepts all types of faces whether human, artificial, robotics, virtual, drawn, schematic, or geometric (Seyama and Nagayama 2007). It still remains necessary to adapt the physical appearance of robots and other virtual agents, taking into account the emotional and psychological impact it can have on humans. It is therefore necessary to find a balance between a schematic, anthropomorphic, and ultra-realistic face to allow communication and social cooperation in the various fields of use of virtual agents (i.e., training, leisure, therapy). Hence, the aim of our study is to make an update about our emotion recognition skills and to place a slider on the scale of realism to understand whether the human clue is necessary or deleterious for emotion recognition.

The objective of our research is to assess whether emotional valences are perceived in the same way on different types of faces (human, avatar, mesh and robot).

#### **Materials and Methods**

#### **Participants**

Eighty-three undergraduate students of Nîmes University participated for course credits. The sample size was determined by statistical requirements and the number of volunteers in the first year of psychology at the University of Nîmes. The sample was predominantly female (87.95%), young (M = 20.31, SD = 4.74), and educated (mean years of education = 12.07, SD = 0.376). Candidates suffering from psychotic disorders, substance abuse, major visual disturbance, or epilepsy were excluded. The totality of the data was provided by the participants. For all subjects, the level of depressive symptoms was assessed with the Beck Depression Inventory-IIII (BDI-II; Beck et al. 1996) and social anxiety using the Liebowitz-Social-Anxiety-Scale (LSAS; Liebowitz 1987). A complete description of the study was made to the participants after which written, informed consent was obtained.

#### Material

# State-Trait Anxiety Inventory (STAI; (Spielberger 1983)

The STAI is a widely used instrument for measuring the subject's general trait anxiety and current state anxiety. The valid French translation of the 20-item current anxiety state instrument (Spielberger 1983) was administered before the experiment to control a potential interpretation bias. A high level of anxiety is associated with a more pessimistic interpretation of an ambiguous stimulus (Lazzeri et al. 2015). The STAI score was controlled for; scores under 46 were considered as weak.

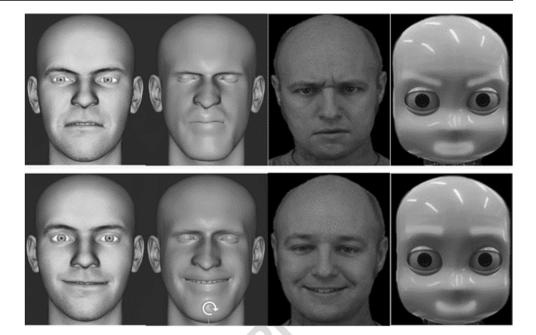
#### **Emotion Recognition Task**

Upon the administration of the instructions, a learning task consisting of 10 faces was conducted. This learning time was attributed to familiarize participants with the keyboard; the goal was to limit incorrect responses due to a lack of familiarization with the material. The experimental task comprises of eight different faces (Fig. 1) that were presented thirty-eight times (a total of 304 faces) on a computer screen (60 Hz, 439 mm, 128 DPI). Viewing was unrestrained at a distance of approximately 600 mm. The faces were categorized as follows: human, avatar, robot, and mesh (a frame of avatar represented by the base of avatar face without texture,

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Fig. 1 On the top row: negative valence stimuli (Avatar, Mesh, Human, Robot); on the bottom row: positive valence stimuli (Avatar, Mesh, Human, Robot)



i.e., skin color, eye details). Each face mimics a facial expres-**05** 158 sion having a positive and then a negative valence (Fig. 1). All 159 faces were 2D photos in front of a black background. Lighting 160 was similar for each face and there were no sound effects. 161 162 Each participant was required to choose whether the facial expression represented a positive or a negative valence, via 163 the keyboard. Keyboard letters were hidden, only letters S 164 and L were showed. "S" was to be used for "positive" re-165 sponse and "L" for "negative" response. Correct responses 166 167 and individual response times were recorded.

#### **Procedure**

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The participants in the present study were volunteers. Each participant signed an informed consent form and completed a general questionnaire about gender, age, native language, visual disturbances, academic degrees, family background, video game habits, virtual reality experiences, and psychiatric background. Current state anxiety and depression levels were measured using STAI and BDI. Participants then completed the preliminary questionnaire after which they were seated in front of a computer screen. The keyboard was customized as per the requirements of the experimental task. The experimenter verbally explained the instructions: "You will see different faces on the screen. For each face, you have to choose whether the facial expression is positive or negative. You have to push the corresponding button on the keyboard. Your response time will be recorded. This is not a rapidity exercise, but please respond as spontaneously as possible with the least possible errors." After this learning task, participants started the main task. A face appeared on the screen, and participants had to identify the valence of the emotion represented. To make a definitive choice, participants had to press the key corresponding to the identified valence. After each choice, another face appeared on the screen. The experiment was conducted in an office at the Nimes University; the participants were allowed to leave upon completion of the experimental task.

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#### **Statistical Analyses**

The Friedman test was used to compare the type of face or valence for the entire sample. The Wilcoxon test was employed for 2 by 2 comparison. The level of significance was set to p < .05. Response time is provided in milliseconds. Correct and incorrect responses are given as a percentage.

#### Results 200

#### **Demographic and Clinical Measures**

Eighty-three undergraduate students of Nîmes University participated. The sample was predominantly female (87.95%), young (M = 20.31, SD = 4.74), and educated (mean years of education = 12.07, SD = 0.376). Low scores on depression ( $M_{\rm BDI} = 13.17$ , SD = 10.06) and low current state anxiety levels were reported. ( $M_{\rm STAI} = 37$ , SD = 11.97).

#### **Results According to the Type of Face**

In this study, "response time" corresponds to the time spent to select a response on the keyboard, and "correct response"

corresponds to the correct classification of the valence of the face by the participants (Fig. 2).

#### Means According to the Type of Face

Friedman test on response time (Table 1) and percentage of correct response score ( $M_{\text{human}} = 94.95$ ; SD<sub>human</sub> = 7.74/ $M_{\text{avatar}} = 95.26$ ; SD<sub>avatar</sub> = 6.46;  $M_{\text{mesh}} = 91.28$ ; SD<sub>mesh</sub> = 13.81;  $M_{\text{robot}} = 92.93$ ; SD<sub>robot</sub> = 11.43) reveal a difference between the type of face for response time (M = 8208.815, SD = 93.60;  $\chi^2$ r = 17.501, p = 0.001).

To be more precise, participants took lesser time to differentiate the valence of the emotion of human faces compared with the other types of faces. There was no difference between other types of the face except for robots; they were associated to longer response times for the recognition of emotional valence.

#### **Results According to the Valence of Expression**

# Comparison of the Type of Face According to Emotional Valence

Comparison means showed that participants needed more time to determine negative valence of human (Z=-3.201, p=0.001, d=0.322) and robot faces (Z=-2.470, p=0.014, d=0.251). However, they need lesser time to determine negative valence of mesh faces (Z=-2.302, p=0.021, d=0.266) (Fig. 3). Regarding the percentage of correct responses (Fig. 2), there is a significant difference for mesh. Participants recognized positive valence expressions lesser (Z=-4.577, p=0.000, d=0.622).

#### Comparison According to the Type of Face for each Valence

Friedman test on response time and percentage of correct response scores revealed a difference between the types of the face for response time  $(M = 1014.93, SD = 253.00; \chi 2r =$ 

responses (M = 95.30, SD = 9.35;  $\chi 2r = 14.798$ , p = 0.002) for negative valence expression. **Positive Valence** For positive valence expressions, the participants took lesser time to differentiate the emotional valence of the human face compared with mesh and robot type of face

10.475, p = 0.015) and the percentage of correct responses

 $(M = 91.91, SD = 17.91; \chi 2r = 14.066, p = 0.003)$  for positive

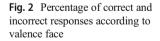
valence expression, and only for the percentage of correct

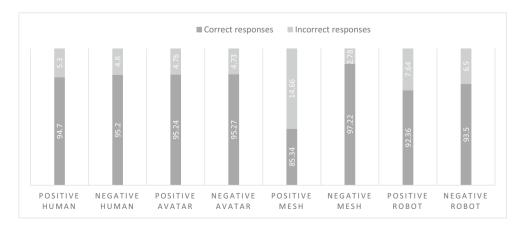
positive valence For positive valence expressions, the participants took lesser time to differentiate the emotional valence of the human face compared with mesh and robot type of face (Table 1). There was no difference with the avatar. Participants needed more time to respond for mesh face in comparison with the avatar, but they needed equivalent time in comparison to the robot. Regarding the percentage of correct responses in positive valence expression, participants made more mistakes for mesh face in comparison with the other types of faces ( $Z_{\text{human/mesh}}$ :- 3.537, p = 0.000, d = 0.457/ $Z_{\text{avatar/mesh}}$  = -3.621, p = 0.000, d = 0.508/ $Z_{\text{mesh/robot}}$  = -2.258, p = 0.024, d = 0.316). For other faces, participants had equivalent performance ( $Z_{\text{human/avatar}}$  = -0.210, p = 0.834, d = 0.0488/ $Z_{\text{human/robot}}$  = -1.661, p = 0.097, d = 0.152/ $Z_{\text{avatar/robot}}$  = -1.551, p = 0.121, d = 0.205).

**Negative Valence** For the percentage of correct responses in the negative valence expression, participants made more mistakes for mesh face in comparison with the other types of faces  $(Z_{\text{human/mesh:}} - 3.250, p = 0.001, d = 0.219/Z_{\text{avatar/mesh:}} - 3.018, p = 0.003, d = 0.239/Z_{\text{mesh/robot}} = -3.155, p = 0.002, d = 0.360). For other faces, participants had an equivalent performance <math>(Z_{\text{human/avatar}} = -0.815, p = 0.415, d = 0.010/Z_{\text{human/robot}} = -0.577, p = 0.564, d = 0.189/Z_{\text{avatar/robot}} = -0.570, p = 0.569, d = 0.185)$  (Fig. 4).

#### **Discussion**

The results of our study comply with literature. Indeed, our results show the fastest response for human faces in comparison with other faces. Moreover, the results show the fastest





**Q8** 

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t1.3 t1.4

t1.5 t1.6 t1.7 t1.8 t1.9 t1.10 t1.11 t1.12 t1.13 t1.14 t1.15

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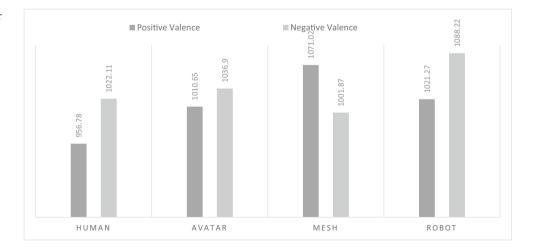
**Table 1** Comparison of means according to the type of face for response time

	Means	SD	Statistic (Z)	p value	Effect size
Sample		,			
Human/avatar	1978.89/2047.55	369.70/446.08	-2.048	0.041*	0.167
Human/mesh	197,889/2072.89	369.70/453.169	-2.888	0.004*	0.227
Human/robot	1978.89/2109.49	369.70/472.022	-3.814	0.000*	0.308
Avatar/mesh	2047.55/2072.89	446.08/453.169	-1.171	0.241	0.057
Avatar/robot	2047.55/2109.49	446.08/472.022	-2.361	0.018*	0.135
Mesh/robot	2072.89/2109.49	453.169/472.022	-0.445	0.656	0.079
Positive valence con	ndition				
Human/avatar	956.78/1010.65	184.11/239.28	- 1.966	0.049*	0.252
Human/mesh	956.78/1071.02	184.11/301.68	-4.032	0.000*	0.457
Human/robot	956.78/1021.27	184.11/263.72	-2.029	0.042*	0.283
Avatar/mesh	1010.65/1071.02	239.28/301.68	-2.888	0.004*	0.221
Avatar/robot	1010.65/1021.27	239.28/263.72	-0.867	0.386	0.042
Mesh/robot	1071.02/1021.27	301.68/263.72	-1.898	0.058	0.175

recognition of positive facial expressions in comparison with negative facial expressions. According to Leppänen and Hietanen (2004), humans recognize positive facial expressions faster than negative facial expressions because positive expressions are characterized by obvious and unique characteristics such as the smile (Adolphs et al. 2002). Negative expression requires an in-depth analysis of facial traits. Another interesting finding was that the recognition of expression among avatars did not differ from the recognition of expressions among human faces. Similar results have been shown in previous studies. Expressions of the virtual face are as well recognized as those of natural faces (Spencer-Smith et al. 2001). Moreover, both activate the amygdala in the brain (Dyck et al. 2008). These results reflect habituation of human traits which facilitates their understanding. This could explain why we find opposite results with less "human" faces. Indeed, our study shows slower responses for avatars

compared with responses given for human faces. More particularly, the discrimination of positive expressions requires significantly more time for robot faces than human faces. Even if humans tend to attribute human traits to robots (Breazeal 2003; Wendt and Berg 2009), other studies show that these faces are still perceived differently from human faces. It all depends on the human characteristics of the robot's face; the more anthropomorphic it is, the easier it will be to recognize its expressions (Raffard et al. 2016). We can, therefore, imagine that the more robots share common features with us, the more natural the communication, which would be a good sign for the acceptance of social robots (Wendt and Berg 2009). Studies using iClub's face, like us, have found similar results: participants respond more quickly to negative valence expressions than to positive valence expressions (Pais et al. 2013). These results are consistent with a recent meta-analysis conducted by Nummenmaa and Calvo (2015), which showed that

**Fig. 3** Means of response time for valence for each type of face



**Q7** 

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Fig. 4 Ranking of faces from worst to best performance in recognition of the valence of emotion (positive mesh, negative robot, positive robot, negative avatar, negative human, positive avatar, negative mesh, positive human)

happy faces are better recognized in photographs, whereas angry/sad faces are recognized better in schematic faces. This notion seems to be the explanatory key of the results obtained for the "mesh" face. Indeed, negative emotions were identified faster than positive emotions. Some studies have shown that when a face is ambiguous it is attributed to a more negative valence than when it is less ambiguous (Cheetham et al. 2015; Lazzeri et al. 2015). This may be why we obtained a lesser number of correct responses for this face type. Participants interpret it more negatively and attribute a negative valence even for expressions with a positive valence. Authors explain this tendency by our innate predisposition to treat strangers with caution (Zajonc 1998). Moreover, the skin reflects our identity, health care, and other individual characteristics (Alkawaz and Basori 2012). This is what makes us human, and warm. For example, the lack of wrinkles affects emotion perception and recognition (Milcent et al. 2019). We can assume that the mesh stimulus does not allow the collection of relevant information. It would then be considered as an ambiguous stimulus treated negatively by the participants. The realism needed to ward off the ambiguity of facial expressions may lead to the uncanny valley issue. There comes a time when if the agent looks too similar while retaining certain flaws, these appear to be particularly monstrous and disturbing, as when observing a zombie, for example. The degree of familiarity contrasts too starkly with the flaws that remind us that the agent is not a living being when human behavior is expected from him. However, beyond this valley, familiarity reaches a second peak, and humanoids are accepted again. This theory, although controversial, has had a huge impact on robotics and 3D animation. Designers are advised not to attempt to reach the second familiarity peak present after the uncanny valley given the risk of not reaching it (MacDorman 2019) It is because they do not claim to reach the second peak that the avatars presented in our study were able to achieve such good results. Identifying them as a humanoid agent was enough to understand them and interpret their facial expressions. This maintained a relevant degree of affinity and familiarity. The use of this type of face seems relevant for social skills training or every training with nonhuman agents. Individuals recognize and understand these agents as well as human faces. Moreover, clinical populations with social cognition deficit show altered recognition skill of

avatars' emotions (Dvck et al. 2010). That makes non-human agents very good training tools, like avatars (Joyal et al. 2014). Their use makes it possible to have training environments very close to the natural environments known to the patient. Despite poorer performance for mesh faces, these faces allow better recognition of negative emotions. Their poor global score is due to difficulties in identifying positive emotions. In contrast, negative emotions are much better and much faster recognized than on other types of faces. This type of face is not to be banned and could be useful for other therapeutic purposes. For example, this type of face can be used to increase the difficulty in an exposure exercise for patients with social anxiety. Once again, this is proof that there is no point in pushing realism to extremes in virtual reality to achieve interesting environmental and social immersion.

#### Limitations

Our study still has some limitations. We would have liked more males to participate in order to balance the sample. It has been repeatedly proven (see Lawrence et al. 2015) that women tend to identify emotions better than men. A higher proportion of men would have made it possible to obtain more generalizable results for the general population. In addition, recruiting participants among first-year students made our sample young. However, a difference in abilities has been shown in the identification of emotions according to age. For example, Mill et al. (2009) have shown that older individuals recognize negative emotions (sadness and anger) less accurately than younger individuals. Another limitation is that our study involves photos. By definition, images are static, and certain emotions may be more difficult to identify in this manner. We know, for example, that in robots, certain emotions (anger, disgust, fear) are better recognized when they are physically present compared with when displayed on a screen (Lazzeri et al. 2015). To overcome this absence of physical reality, the same virtual reality assessment could be relevant to have a situation closer to a real physical encounter. Thus, the sense of presence and the sense of social presence generated by the different types of faces could be measured, informing us of their understanding by the subjects.

With respect to the clinical implications and therapeutic objectives, it may be interesting to test these stimuli on a

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clinical population in order to observe if the results are similar so as to adapt the therapeutic tools.

#### Conclusion

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Our research has raised important points: Emotion recognition requires similar processing time or human and avatar faces. On the other hand, as soon as these faces are too ambiguous or schematic, our capacities are diminished. Theories about the uncanny valley also explain that too much realism of virtual or robotic faces is a guarantee of unpleasant impression. It therefore seems essential to take these results into account while using virtual therapies, for example. A realistic avatar that evokes an unpleasant sensation may not have the desired effect. It is therefore advisable to prefer the use of an avatar but one which retains features of virtual characters in order to promote a sense of presence essential to digital therapies, as well as to avoid the generation of negative sensations. In virtual reality, graphic realism is not a sine qua non condition for the sense of presence for which, in technical terms, material comfort and a sense of familiarity are enough (Sjölie 2012).

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#### **Compliance with Ethical Standards**

418 **Conflict of Interest** The authors declare that they have no conflict of 419 interest.

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