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1 Parameters influencing the migration of trace metals in uncoated fruit cans

2 Running title: Migration of metals in uncoated fruit cans

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11 Abstract

The migration of 8 trace elements (Fe, Sn, Cr, Cd, Pb, Ni, Cu and Zn) was monitored for 12 fruits canned in uncoated tinplate cans under different storage conditions until the shelf life. 13 The levels of most of these elements significantly increased with storage time and were also 14 affected by storage temperature. Particularly, storage at 40°C (simulating sunlight exposure 15 of the cans) caused important release of Sn and Fe so that canned foods did not comply with 16 regulation. Can denting accelerated the migration of several metals, especially Fe and Sn. 17 18 Moreover, Fe and Sn levels drastically increased in fruits kept in open cans stored in the fridge for a few days. Small pieces of fruits contained higher level of metals than larger ones, 19 and the side seam coating reduced the migration of trace elements. 20

21 Keywords: canned fruits; migration; storage conditions; trace metals; uncoated cans

23 **Practical applications**

Canned fruits are a convenient alternative to fresh fruits to fulfil the nutritional 24 recommendations for a healthy diet. In the same time, canned fruits may be contaminated by 25 26 several trace metals (particularly tin, lead and chromium), partly due to their migration from the unlacquered tinplate cans. This study investigates several parameters prone to affect 27 metals migration during fruit cans handling and storage (storage time and temperatures, 28 denting the cans, leaving open cans in the fridge, as well as food brand and fruit type). Proper 29 advices for handling and storing canned fruits are proposed, especially since the low pH and 30 31 small pieces of fruits may favour metals release and uptake by the food.

32 Introduction

The daily consumption of fruits is nutritionally advisable. Yet, for some population fresh 33 fruits may be cumbersome to obtain due to retire locations or expensive costs. Canned fruits 34 are considered as a convenient alternative, and dietary advice to increase fruit consumption 35 include them as options in a healthy diet. In the same time, canned foods have been reported 36 37 to be significant contributors to human exposure to several trace metals (particularly tin, lead and chromium) since, beyond their presence in the food raw material, they may migrate from 38 the cans during the canning process and their storage (Arvanitoyannis & Kotsanopoulos, 39 40 2014; Raptopoulou et al., 2014). So, there is concern about the possible consumer exposure to trace metals through canned fruits that are frequently produced and stored in tinplate cans, 41 and epidemiological results raise questions about the evidence underlying dietary 42 recommendations to promote tinned fruit consumption as part of a healthy diet (Aasheim et 43 al, 2015). In particular, a recent study reported elevated Sn levels in urine collected from 44 children in Korea (reaching up to 3 mg Sn/day for some children), and this was suspected to 45 be related to consumption of tin-canned foods and beverages, especially canned fruits (Yang 46

et al., 2015). Similarly, the second French diet study conducted few years ago revealed that
canned fruits contained the highest levels of Sn (up to 8.55 mg/kg) (Millour *et al.*, 2012).

Tinplate has a multi-layered structure (the basic material is low-carbon steel plate, protected 49 50 on both sides with a tin layer), with both iron (Fe) and tin (Sn) are the main constituents. Metals (alloy components as well as impurities) may be released in food from tinplate cans 51 by electrochemical corrosion reactions in aqueous medium through formation of galvanic 52 cells. Such cells are formed when two dissimilar metals are coupled; the more active metal 53 (the anode) dissolves, thus protecting the passive metal (the cathode). Therefore, for tin to be 54 protective it has to be anodic to the steel. The impurities and microscopic faults present on 55 56 the metal surface may further lead to formation of local cells generating undesirable corrosion currents. Tin coupled to steel may be either the anode or the cathode, depending on 57 the corroding medium. In case of low-pH food products packed in plain tin cans, tin is often 58 59 anodic to steel and affords complete cathodic protection. The oxidation of tinplate, followed by the release of tin ions into the foodstuff, is known as a "sacrificial anode effect", a 60 61 physiochemical mechanism that protects the underlying steel from corrosion. Tin dissolution often passes through three stages (Landau & Mannheim, 1970; Ansari et al., 2019): (1) high 62 rate of tin oxide dissolution that generally occurs between 4 to 15 days after canning 63 (Sherlock et al., 1972); (2) lengthy and slow tin release, with almost constant corrosion rate; 64 (3) a last stage where large areas of steel are exposed, which results in a high rate of tin and 65 iron dissolution - by this time the can has reached the end of its shelf- life (Landau & 66 67 Mannheim, 1970).

Besides Sn and Fe, other trace metals are prone to be release in the food from tinplate cans,
particularly chromium (Cr). Passivation treatments using mainly trivalent chromium oxide
and chromium metal are classically applied to prevent uncontrolled oxidation of the tin layer

71 (Jorhem & Slorach, 1987). Tin may also be totally replaced by corrosion-resistant chromium layer, mainly in the can lids (Cederberg et al., 2015). Similarly, nickel (Ni) and zinc (Zn) are 72 sometimes intentionally added to enhance cans resistance to rusting and corrosion, while 73 copper (Cu) could be present to provide a hardening advantage (Cederberg et al., 2015). 74 Other metals such as lead (Pb) and cadmium (Cd) are also likely present as impurities 75 (Cederberg et al., 2015). In fact, the old cans soldering technique used tin-lead alloys (which 76 77 was a great source of dietary lead), soon replaced by lead-free electrowelded side seaming. However, the tin layer itself might still be a source of lead in canned foods since both 78 79 elements coexist in the ore (Jorhem & Slorach, 1987).

80 Determination of trace metals in canned foods is very important since it gives information about the contamination process and helps in improving canned food quality and safety. High 81 concentrations of essential metals (such as Fe, Ni, Zn and Cu) may still have adverse effects 82 83 on consumers' health or organoleptic properties of food. There is also health concern related to Sn, with high food levels (i.e. above 200 mg/kg) causing gastrointestinal symptoms and 84 85 diarrhea (Blunden & Wallace, 2003), as well as Cr since Cr(VI) is highly toxic and Cr (III), considered as essential for humans and the main form found in canned food (Cederberg et al., 86 2015), may be oxidized upon ingestion. Also, Cd and Pb are recognized as neurotoxic 87 88 compounds even at low concentrations (Obeid et al., 2014).

In order to protect the consumers, the Council of Europe have set specific release limits
(SRLs) for trace metals prone to be released from food packaging. These SRLs are as follows
(per kg of food): 100 mg - Sn, 40 mg - Fe, 0.25 mg - Cr, 4 mg - Cu, 0.14 mg - Ni, 5 mg - Zn,
0.01 mg - Pb and 0.005 mg - Cd (Council of Europe, 2013). In addition, the European
regulation (Council Directive 1881/2006/EC, 2006) fixed maximum levels (MLs) for Sn (200

94 mg/kg) in canned foods, as well as Pb (0.1-0.2 mg/kg) and Cd (0.05 mg/kg) in fruits
95 including canned fruits.

Canned foods face commonly long shelf life, up to 5 years. It is now well admitted that 96 release of metals, due to interactions between foodstuffs and the food contact surface of the 97 cans, will continue throughout the product shelf life. It remains difficult to predict the 98 concentration of each metal at the end of the shelf life since the increase in metal levels in the 99 food may not be linear. In practice, different parameters affect the internal corrosion rate 100 including thermal treatment, tinplate variables (impurities and surface defects), foodstuff 101 characteristics (particularly pH/acidity, and the presence of additives or oxidising reagents), 102 presence of air (oxygen) in the headspace, and storage conditions (time and temperature) 103 (Perring & Basic-Dvorzak, 2002; Reilly, 2002). 104

A lacquer is frequently applied on the inner surface of tinplate cans to prevent corrosion, 105 especially subsequent release of Sn and Fe in canned foods (Dey & Agrawal, 2018). Buculei 106 107 et al. (2012, 2014) showed the importance of the organic protective coating and its properties 108 (e.g. porosity) on the migration phenomenon. Yet, uncoated (or plain) cans are commonly used for fruits since colour changes of fruit (e.g. apricot) pieces have been reported in 109 110 lacquered cans (Tošković et al., 2015). Since canned fruits are acidic media (pH < 4.5) (Divis et al., 2017), they are expected to offer favoured conditions for trace metals' release due to 111 corrosion (Reilly, 2002; Ansari et al., 2019). In addition, fruits have significant natural 112 variation in, for example, pH and acid type and concentration, dependent on variety, maturity, 113 time/place/conditions of harvest, soil chemistry and agricultural practices; these are difficult 114 for a canner to control and may ultimately impact on the level of trace metals uptake by the 115 product. In this context, the aim of the present study is to investigate the influence of storage 116 time and temperature, can denting, and leaving opened cans in the fridge on the migration of 117

Fe, Sn, Cr, Pb, Cd, Cu, Ni and Zn from uncoated tinplate cans into fruit cocktails, peaches
and pears. The migration of metal elements was also compared between different brands of
totally uncoated or partially coated (on side seam) tinplate cans of fruit cocktail products.

121 Materials and Method

122 **Reagents**

All reagents used were of analytical grade. Standard solutions were freshly prepared through dilution of stock solutions with ultrapure water. Fe, Sn, Cd, Pb and Zn standard solutions were prepared from 1000 ± 4 mg/L stock solutions from Fluka Analytical (Buchs, Switzerland), and those of Ni, Cu, and Cr were prepared from 1000 ± 10 mg/L stock solutions from HACH (Dusseldorf, Germany). Microwave digestion was performed with nitric acid (69%; AnalaR, England) and hydrogen peroxide (30-31%; Sigma Aldrich, USA). All glassware was soaked in nitric acid (1%) overnight and then rinsed with ultrapure water.

130 Sample collection and storage conditions

A total of 69 cans of fruit cocktail, peach halves and pears halves were purchased from the local market of Lebanon. The main properties of the studied samples and the experimental design are detailed in **Table 1**. Note that three cans were considered for each experiment. Fruit cocktail cans were from different brands (A, B and C). Cans of same fruit product had the same production batch number. **Table 1**: Samples properties and storage conditions

	Brand	Purchase time (months)	pH ± SD†	Fruit size	Can coating	Free space (cm)	Can aspect	Storage temperature (°C± SD)	Storage time (months)
							Normal	Refrigerator (5 ± 1) Room temperature (22 ± 4) Oven (40 ± 2)	9, 19, 24 7, 9, 12, 19, 24 9
	А	7	4 ± 0.05	Small pieces	Uncoated	0.5	Dented	Room temperature (22 ± 4)	9, 19, 24
Fruit cocktail							Stored opened	Refrigerator (5 \pm 1)	1/3 (i.e. 10 days)
	В	7	3.49 ± 0.10	Small pieces	Coated on side seam	0	Normal	Refrigerator (5 ± 1) Room temperature (22 ± 4) Oven (40 ± 2)	24 7, 24 12
	С	9	3.83 ± 0.05	Small pieces	Uncoated	0	Normal	Room temperature (22 ± 4)	9, 24
Peach halves	А	10	3.54 ± 0.04	Fruit halves	Uncoated	0.7	Normal	Room temperature (22 ± 4)	10, 24
Pears halves		12	3.71 ± 0.10	Fruit halves	Uncoated	0.5	Normal	Room temperature (22 ± 4)	12, 24

n= 3 cans per experiment; †: SD of pH was determined on 3 cans per fruit product

After purchase, fruit cocktail samples from brands A and B were divided into three groups 139 that were stored at different temperatures i.e. in refrigerator (5 \pm 1°C), at room temperature 140 $(22 \pm 4^{\circ}C)$ and in the oven $(40 \pm 2^{\circ}C)$, since 5°C and 40°C are the temperatures 141 recommended in European regulation for testing migration with food simulants. The 142 remaining fruit products were stored at room temperature. Moreover, another group of fruit 143 cocktail samples from brand A was willingly dented and stored at room temperature. All 144 samples were analyzed at different time intervals between purchase date and until their shelf 145 life (2 years) as indicated in **Table 1**. Finally, the effect of keeping food in their cans in the 146 147 refrigerator was investigated through opening three cans of fruit cocktail (brand A) and keeping them in the refrigerator (in-home storage conditions) for 10 days. 148

149 Sample treatment

The total content (syrup and fruits) of three cans from each sample were homogenized in a 150 stainless steel blender. Three replicates of 2 g from each mixture were accurately weighed 151 into a modified polytetrafluoro-ethylene (PTFE-TFM) microwave bomb vessel. Then 7 mL 152 of nitric acid and 1 mL of hydrogen peroxide were added. The digestion was performed in a 153 high-performance microwave digestion system (Anton Paar, Multiwave 3000, Graz, Austria) 154 according to a program previously described (Kassouf et al., 2013). The final clear digest was 155 then completed to 25 mL with ultrapure water and filtered with 4 µm PTFE filters for 156 subsequent analysis by Atomic Absorption Spectrometry (AAS). During the analysis of some 157 elements, the samples were further diluted to remain within the linearity range of the AAS. 158 Method quantification (MQL) and detection limits (MDL) were determined by analyzing 10 159 160 method blanks, which were prepared following the previously described analytical method.

161 Instrumental conditions

All elements were analyzed by a Thermo Electron Corporation Atomic Absorption 162 Spectrometer with data acquisition carried on Thermo SOLAAR (version 10.11) software. 163 Fe, Sn and Zn were analyzed on a flame atomic absorption spectrometer (FAAS). The 164 analysis of Fe and Zn were respectively performed at $\lambda = 248.3$ and 213.9 nm, with an air-165 acetylene flame while Sn absorption was analyzed at $\lambda = 286.3$ nm using a nitrous oxide-166 acetylene flame. Graphite furnace atomic absorption spectrometer (GFAAS) was used with 167 argon as inert gas for determining Pb ($\lambda = 217$ nm), Cd ($\lambda = 228.8$ nm), Cu ($\lambda = 324.8$ nm), 168 Ni ($\lambda = 323$ nm) and Cr ($\lambda = 357.9$ nm). The GFAAS instrument was equipped with a D2 169 lamp for background correction. Calibration stock standards were appropriately diluted to 170 calibrate the spectrometer within the ranges shown in **Table 2**. A buffer solution (0.2% w/v 171 KCl of 1 g/L) was added to both the Sn standard and sample solutions to reduce its ionization 172 in the nitrous oxide-acetylene flame (temperature around 2800°C). For Fe and Zn analysis, 173 strontium releasing agent (1 g/L) was used in order to overcome most common interferences 174 175 in air-acetylene flame. In the case of GFAAS, matrix modifier (4% v/v mixture of 1 g/kg magnesium nitrate and 1 g/kg of ammonium phosphate solution) was used to trap Cd and Pb 176 during matrix ashing in order to overcome the matrix effect. 177

178 *Method accuracy*

For validating the used methodology, white cabbage certified reference material (BCR[®]-679, Sigma Aldrich, Geel, Belgium) was analyzed using the same analytical method. This reference material contains all targeted elements, except Pb and Sn. So, the latter two elements were spiked into fruit cocktail samples, in the homogenized mixture prior to microwave digestion, at three concentration levels covering the working ranges of Pb and Sn (**Table 2**).

185 *Statistical analysis*

The obtained data was analyzed with the XLStat and Microsoft Excel software (2007). Testing for significance of mean effects and interactions on all variables was calculated using ANOVA analysis of variance. Statistical significance was set at $p \le 0.05$.

Table 2: Validation data of our analytical method.

		Performances of the n	nethod		
Metal	Instrument	Linearity Range mg/L	R ²	MDL mg/kg	MQL mg/kg
Fe	FAAS	0.5-5	0.9998	0.65	1.7
Sn	FAAS	5-50	0.9998	9.8	25.4
Zn	FAAS	0.2-1.2	0.9997	0.33	1.1
Pb	GFAAS	0.005 - 0.070	0.9976	0.0093	0.0301
Cd	GFAAS	0.000125 - 0.0075	0.9915	0.0017	0.0021
Cu	GFAAS	0.006 - 0.040	0.9910	0.0104	0.0288
Ni	GFAAS	0.005 - 0.050	0.9930	0.0171	0.0610
Cr	GFAAS	0.0009 - 0.0045	0.9930	0.0028	0.0090

Recoveries of trace metals using CRM and spiked samples

Metal	Validation sample	Expected concentrations mg/kg	Estimated concentrations g/kg	Recoveries %
Fe		55.0 ± 2.5	59.7 ± 2.0	108.5 ± 3.6
Cr		0.60 ± 0.10	0.60 ± 0.04	100.0 ± 6.6
Cd	CRM	1.66 ± 0.07	1.51 ± 0.05	90.9 ± 3.0
Ni	(BCR [®] -679)	27.0 ± 0.8	26.7 ± 3.0	98.8 ± 11.1
Cu	$(BCK^{\circ} - 0/9)$	2.89 ± 0.12	2.65 ± 0.14	91.7 ± 4.8
Zn		79.7 ± 2.7	74.8 ± 3.3	93.8 ± 4.1
		25.0	25.3 ± 0.96	101.2 ± 3.8
Sn		187.5	196.3 ± 6.7	104.7 ± 3.6
	Spiked	375.0	341.8 ± 9.9	91.2 ± 2.6
	samples	0.050	0.054 ± 0.006	108.0 ± 13.3
Pb		0.100	0.091 ± 0.006	90.8 ± 5.8
		0.200	0.170 ± 0.015	82.8 ± 7.5

190 191

101

193 **Results and discussion**

194 *Method performance*

Quantification was performed with external calibration using five concentration level. R²
values of linearity were in the range of 0.9910-0.9998 (Table 2). MDL and MQL in Table 2
were calculated as the blank signal, plus 3 and 10 times, respectively, its standard deviation
(SD) (Feinberg, 2001). Method recoveries were found satisfactory, ranging from 90 to 110%
(Table 2).

200 Metal content in canned fruits

As tin, iron and chromium are by far the main constituents of can's metallic layers, they are 201 more likely to be released into the food. At purchase, the highest concentrations in our 202 canned food samples were thus obtained for these three elements: Sn 28.2-75.7 mg/kg (which 203 remains below its ML value in food), Fe 3.14-8.54 mg/kg and Cr 0.19-0.45 mg/kg. In our 204 205 previous study (El Moussawi et al., 2019), Sn was not detected in acidic vegetables stored in coated cans: this clearly shows that lacquering with organic coating minimizes tin 206 dissolution, and this suggests that tin found in uncoated canned fruits is mainly released from 207 the can. This is consistent with previous studies: ten times less concentrations of Sn were 208 present in fruits stored in protected cans than in non-protected or partially protected tinplate 209 cans (Rončević et al., 2012; Divis et al., 2017). 210

Our values are in the ranges reported by other authors for canned fruits as indicated in **Table** 3. In some cases, broad ranges were reported due to different types of cans or brands considered, as well as some discrepancy in storage time and conditions of canned fruits before analysis.

Canned fruits	Fe	Sn	Cr	Cd	Pb	Ni	Cu	Zn	References
	mg/kg	mg/kg	mg/kg	µg/kg	$\mu g/kg$	mg/kg	mg/kg	mg/kg	
Peach halves	4.79	28.2	0.19	5.16	< 9.3	0.28	0.29	1.15	This study
Pear halves	4.72	28.6	0.19	5.24	< 9.3	0.34	0.27	1.77	
Fruit cocktails	3.14 - 8.54	36.9 - 75.7	0.20 - 0.45	2.22 - 8.71	< 9.3	0.29 - 0.94	0.25 - 0.35	1.35 - 2.58	
Peach compote		1.69 - 22.37	0.012 - 0.085	8 - 33	3.2 - 9.9				Divis et al. 2017
Pear compote		12.6 - 23.5	0.028 - 0.031	13 - 16	1.8 - 3.7				
Apricot compote		1.63 - 50.33	0.015 - 0.021	9 - 15	1.5 - 7.6				
Pineapple compote		19.2 - 52.3	0.028 - 0.072	14 - 35	1.9 - 3.2				
Mango compote		1.61 – 1.83	0.015 - 0.018	8 - 9	0.8 - 1.1				
Peach, orange, cherry, pineapple		0.071 - 0.14		1.09 - 5.56	470.6 - 910.1				Fathabad et al. 2018
Peaches, pears, apricots		< 0.01 - 150			< 10 - 54				FSANZ 2015
Mango pulp	near 5	54.05 - 64.06							Parkar & Rakesh 2014
Peach halves		28.6 - 82.8							Rončević et al., 2012
Fruit cocktails		108.6 - 117.3							
Peach halves		57.9							Perring & Basic-Dvorzak 2002
Pear halves		58.9							
Fruit cocktails		73.2							
Pineapples in syrup		113.5							
Pear, peach and apricot halves		44 - 48							Boutakhrit et al. 2011
Fruit cocktail		103							
Mango slices		148							
Pineapple slices		63							

Table 3: Comparison of the metal levels found in our samples (at purchase) with values reported in tinplate canned fruits^a by other authors.

a fruit juices excluded; grey boxes: element not analysed in the considered reference.

217 Also, our Fe levels are in close range to values reported for mango pulp (Parkar and Rakesh, 2014) and canned vegetable in previous Lebanese studies (Nasreddine et al., 2010; Korfali & 218 Hamdan, 2013: El Moussawi et al., 2019). On the other hand, our Cr concentrations are 219 220 higher by a factor of ten than the Cr levels reported by Divis et al. (2018) in canned fruits; additional data should be required for possible detailed comparison, since for all trace metals 221 broad range of levels are on the whole observed. One explanation lies in the chromium 222 223 passivation treatment that could have been applied in our tinplate cans, thereby leading to higher levels in the canned fruits. 224

All our samples comply with the ML of 50 µg/kg set for Cd in canned fruits, with levels in 225 the range 2.22 - 8.71 µg/kg. This is in agreement with previous concentrations reported for 226 this metal in canned fruits as shown in Table 3 (Diviš et al., 2017; Fathabad et al., 2018). 227 Relatively moderate levels of Ni (0.28 - 0.94 mg/kg), Cu (0.25 - 0.35 mg/kg) and Zn (1.15-228 229 2.58 mg/kg) were also found in our samples. Interestingly, Pb remained undetected in our samples, being in the same order of values previously reported by Diviš et al. (2017). The 230 231 study from the Food Standards Australian New Zealand (2015) reported Pb levels from undetected to 54 µg/kg in canned peaches and pears (see Table 3). Much higher 232 concentrations of Pb were reported in canned fruits purchased in local supermarkets in Iran 233 (Fathabad et al., 2018), possibly due to environmental contamination of the fruits before 234 canning. 235

Whatever the metals considered, similar levels are noted for peach and pear halves; the same trend has been reported in previous studies as indicated in **Table 3**. On the other hand, fruit cocktails exhibit higher levels for the same can brand as illustrated in **Figure 1a**. So, the size of the fruits could have played a role on the release of metal elements; the larger fruit halves possess lower fruit to can contact surface than the smaller pieces of the cocktail, thus limitingmetal release from the can and subsequent metal uptake by the fruit pieces.

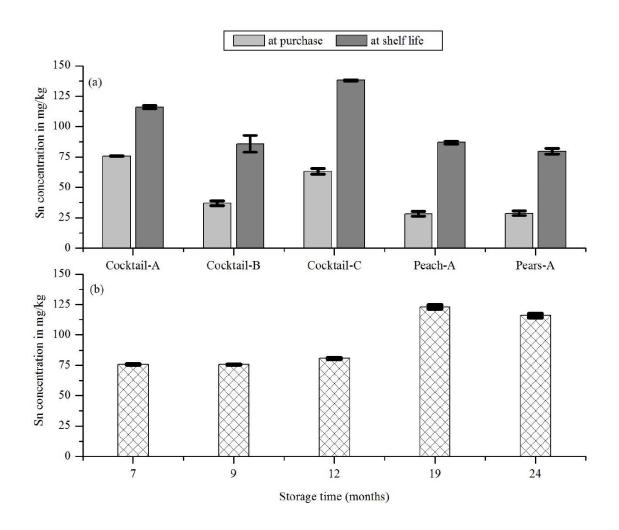


Figure 1: Evolution of Sn between purchase date and shelf life: (a) in canned fruits from
brands A, B and C; (b) as a function of time in fruit cocktail brand A

Finally, the amount of metal elements measured at purchase was significantly different (p<0.05) between the brands (A, B, C). For example, the lowest levels of all of Sn, Cr, Ni and Cu were detected in fruit cocktails of brand B (**Figure 1a and Table 4**), possibly due to the presence of protective coating on the side seam of these cans. Other elements, like Cr and Ni, were found in the highest levels in brand C canned fruits. Nonetheless, measuring the content

of elements at purchase is not sufficient to determine whether the elements are originated from the food or released from the cans, thus it is essential to monitor the evolution of metal elements as a function of storage conditions.

253 *Effect of storage time at room temperature*

Upon storage, the migration of metals from the can into its content is not a simple relationship, and migration rate may vary over time (Buculei *et al.* 2014). Thus, no significant relationship was found between the age of the can (from 1 to 3 years) and the tin concentration of canned fruits (Divis *et al.* 2017). Migration is also linked to the electrochemical properties of the metals, so that some initial metals present in the food may be replaced by other metals released from the can.

260 The release of Sn over storage under ambient conditions was significant (p<0.05) in all our 261 samples. According to Table 4 and Figure 1a, Sn levels increased by a minimum value of 53% (fruit cocktail / brand A) and up to 208% (peach halves / brand A). In the meantime, the 262 migration of Fe was either very low or insignificant over the studied time interval. These 263 results are consistent with the "sacrificial anode effect" played by the tin layer. Our data are 264 clear indication of the good protection offered by the tin layer in our plain tinplated cans, 265 266 thereby avoiding or limiting steel plate corrosion and Fe release. Considering the reported three-stage anodic tin dissolution (Landau & Mannheim, 1970), the period considered in our 267 study (7 to 24 months) is probably related to the second stage, where tin dissolution is slow 268 and continuous. The slow-down of Sn migration after 6 months was also observed with 269 270 canned mango pulp: this was suspected to be due to oxygen present in the canned food that favors tin corrosion and Sn release at the beginning of storage, the slow-down being 271 272 explained as the residual oxygen concentration decreases over time (Parkar and Rakesh 2014). 273

The migration rates assessed based on our data are in agreement with previous studies related to metals migration from canned fruits as indicated in **Table 5**, with ambient migration rates of around 1 mg/kg/week for Sn and below 0.2 mg/kg/week for Fe. Also, stabilization of Fe levels around 9 months is noted (see **Table 4**), as already reported for other canned foods (Kassouf *et al.*, 2013; Buculei *et al.*, 2014).

Again, pear and peach halves show the same trend. For fruit cocktails, some discrepancy is 279 observed with the brand, possibly due to slight variations of canned fruits pH and differences 280 in can material composition (i.e. content of each metals). There is a lack of knowledge in 281 literature on the potential release of metals prone to be present in the alloy or as impurities. 282 283 As reported for other canned foods in our previous study (El Moussawi et al., 2019), Ni and Zn showed close migration trend to Sn, while Cr, Cd and Cu had a tendency to long-term 284 slow migration. Again, it is interesting to note that most metals' evolution during storage up 285 286 to shelf life was very similar between canned peach and pear products (e.g. Sn, Cr, Cd and Cu levels increased by about 208%, 42%, 284% and 131% respectively in peaches, and by 287 178%, 37%, 305% and 126% in pears). 288

Overall, all our canned fruits comply with regulation related to Sn (i.e. SRL 100 mg/kg and ML 200 mg/kg) and Pb. On the opposite, most of our samples face Ni migration that exceeds its SRL value of 0.14 mg/kg. There is also concern for Cd release in peaches, pears and fruit cocktails of brand B, with release over the SRL value of 5 μ g/kg, but still with levels below the ML of 50 μ g/kg.

Product	Brand	Time (months)	Fe (mg/kg)	Sn (mg/kg)	Cr (mg/kg)	Cd (µg/kg)	Pb (µg/kg)	Ni (mg/kg)	Cu (mg/kg)	Zn (mg/kg)
		7	3.14 ± 0.27^{a}	75.7 ± 0.13^{a}	0.26 ± 0.01 ^a	2.22 ± 0.00^{a}	ND	0.46 ± 0.04 a	0.27 ± 0.02^{a}	2.58 ± 0.00^{a}
		9	4.63 ± 0.24^{b}	$75.6 \pm 0.02^{\text{ a}}$	$0.33 \pm 0.01^{\text{ b}}$	2.22 ± 0.00^{a}	ND	$0.62 \pm 0.02^{\text{ b}}$	0.30 ± 0.03^{a}	$2.87 \pm 0.00^{\text{ b}}$
	А	12	4.20 ± 0.50^{b}	$80.7 \pm 0.38^{\text{ b}}$	0.27 ± 0.03^{a}	$4.41 \pm 0.00^{\text{ b}}$	ND	0.70 ± 0.02 ^c	0.27 ± 0.02^{a}	$3.24 \pm 0.16^{\circ}$
	11	19	-	$123 \pm 1.33^{\circ}$	0.38 ± 0.02 °	$4.21 \pm 0.18^{\text{ b}}$	ND	$0.87 \pm 0.00^{\text{ d}}$	$0.38 \pm 0.01^{\text{ b}}$	$3.68 \pm 0.26^{\text{ d}}$
		24	$4.59 \pm 0.25^{\text{b}}$	$116 \pm 1.42^{\text{ d}}$	$0.42 \pm 0.04^{\circ}$	3.81 ± 0.29^{b}	ND	0.94 ± 0.07 ^d	0.36 ± 0.01 ^b	3.15 ± 0.24 °
Fruit	% evolution	(7-24 months)	46.2 %	53.2 %	61.5 %	71.6 %	-	104.3 %	33.3 %	22.1 %
cocktail										
	В	7	$8.54\pm0.23^{\rm a}$	$36.9\pm2.10^{\rm \ a}$	$0.20\pm0.02^{\text{ a}}$	$8.71\pm0.20^{\rm \ a}$	ND	$0.29\pm0.02~^{a}$	0.25 ± 0.03 a	$2.19\pm0.26^{\text{ a}}$
		24	8.41 ± 0.18 a	$85.7\pm6.90^{\text{ b}}$	0.24 ± 0.03 a	24.07 ± 0.96^{b}	ND	0.40 ± 0.07 $^{\rm b}$	$0.82\pm0.05^{\text{ b}}$	$3.19\pm0.31^{\text{ b}}$
	% evolution	(7-24 months)	Insignificant	132.2 %	Insignificant	176.3 %	-	37.9 %	228.0 %	45.6 %
		9	6.86 ± 0.69 a	63.2± 2.30 ª	$0.45\pm0.03^{\ a}$	$7.45\pm0.70^{\ a}$	ND	0.94 ± 0.11 a	$0.35\pm0.01~^a$	$1.35\pm0.09^{\text{ a}}$
	С	24	$6.08\pm0.52^{\rm \ a}$	138 ± 9.40^{b}	$0.43\pm0.01~^{a}$	$9.73\pm0.32^{\text{ b}}$	ND	1.24 ± 0.10 $^{\rm b}$	$0.65\pm0.06^{\:b}$	$2.74\pm0.23^{\text{ b}}$
	% evolution	(9-24 months)	Insignificant	118.3 %	Insignificant	30.6 %	-	31.9 %	85.7 %	102.9 %
Peach		10	4.79 ± 0.49 a	28.2 ± 2.10^{a}	0.19 ± 0.00^{a}	5.16 ± 0.40 a	ND	$0.28 \pm 0.00^{\text{ a}}$	0.29 ± 0.03 ^a	1.15 ± 0.17 a
halves	А	24	4.79 ± 0.49 6.55 ± 0.26 ^b	26.2 ± 2.10 86.9 ± 1.20^{b}	$0.17 \pm 0.00^{\text{b}}$ $0.27 \pm 0.01^{\text{b}}$	19.81 ± 2.01 ^b	ND	$0.28 \pm 0.00^{\text{b}}$ $0.48 \pm 0.02^{\text{b}}$	$0.27 \pm 0.03^{\circ}$ $0.67 \pm 0.04^{\circ}$	1.15 ± 0.17 $1.36 \pm 0.02^{\text{ a}}$
	% evolution	(10-24 months)	36.7 %	208.1 %	42.1 %	284 %	-	71.4 %	131 %	Insignifican
Deene		12	4.72 ± 0.60^{a}	28.6 ± 1.80^{a}	0.19 ± 0.00^{a}	5.24 ± 0.09^{a}	ND	0.34 ± 0.01 ^a	0.27 ± 0.02^{a}	1.77 ± 0.05 ^a
Pears halves	А	24	4.72 ± 0.00 5.44 ± 0.46^{a}	28.0 ± 1.80 $79.6 \pm 2.40^{\text{ b}}$	0.19 ± 0.00 0.26 ± 0.01 ^b	3.24 ± 0.09 21.25 ± 1.65^{b}	ND	0.34 ± 0.01 0.43 ± 0.03 ^b	0.27 ± 0.02 $0.61 \pm 0.03^{\text{ b}}$	1.77 ± 0.03 1.87 ± 0.04^{a}
	% evolution	(12-24 months)	Insignificant	178.3 %	36.8 %	305 %	-	<u></u> 26.5 %	125.9 %	Insignificant

Table 4: Evolution of trace metals in canned fruits (stored at room temperature) as a function of storage time

295 Superscripts ^{a, b, c, d} correspond to significantly different concentrations of metals (p<0.05), whereas concentrations showing same letter are close

Canned food and storage conditions after purchase	Fe mg/kg/week	Sn mg/kg/week	Cr mg/kg/week	Cd µg/kg/week	Ni mg/kg/week	Cu mg/kg/week	Zn mg/kg/week	References
Peach halves – brand A		0.0	0.0		00	0.0	0.0	This study
$22^{\circ}C - 14$ months	0.0314	1.048	0.0014	0.262	0.0036	0.0068	0.0037	·
Pear halves – brand A								This study
$22^{\circ}C - 12$ months	0.015	1.063	0.0015	0.334	0.0019	0.0071	0.0021	-
Fruit cocktails – brand A								This study
$22^{\circ}C - 2$ months	0.186	-0.0125	0.0088	0	0.0020	0.0037	0.0362	
$22^{\circ}C - 17$ months	0.0213	0.593	0.0023	0.0234	0.0071	0.0013	0.0084	
$40^{\circ}C - 2$ months	15.48	33.66	0.0363	0.260	0.035	0.0225	0.240	
Fruit cocktails – brand B								This study
$22^{\circ}C - 17$ months	-0.0019	0.718	0.00059	0.226	0.0016	0.0084	0.0147	
$40^{\circ}\text{C} - 5$ months	49.77	25.05	0.0095	0.621	0.005	0.0250	0.0240	
Fruit cocktails – brand C								This study
$22^{\circ}C - 15$ months	-0.013	1.247	-0.00033	0.038	0.005	0.005	0.0232	
Fruit cocktails – brand A								This study
$22^{\circ}C - 2$ months – dented cans	0.302	4.188	0.0138	0.261	0.005	0.0188	0.070	
$22^{\circ}C - 12$ months – dented cans		1.023	0.0021	0.0475	0.0127	0.0048	0.0210	
$22^{\circ}C - 17$ months – dented cans	0.0235	0.560	0.0026	0.0249	0.0066	0.0022	0.0193	
Fruit cocktails – opened cans								This study
$5^{\circ}C - 10$ days	73.40	103.11	-0.0028	0	0.0035	0.0119	0	
Mango pulp								Parkar & Rakesh 2014
$28^{\circ}C - 3$ months	near 0.02	1.578						
$28^{\circ}C - 12$ months	near 0.02	1.421						
$38^{\circ}C - 6$ months	near 0.54	15.48						
$38^{\circ}C - 12$ months	near 36	6.22						
$48^{\circ}\text{C} - 6$ months	near 100	20.96						
Tomato paste (different brands)								Gordon et al. 2015
$<=4^{\circ}C-6$ weeks	0.0429 - 2.246	<0.0001 - 0.0137						
28°C – 6 weeks	0.683 - 9.691	0.0025 - 0.163						

Table 5: Comparison of the migration rate estimated in our samples with values from other reported studies.

32° C, humid – 6 weeks	3.165 - 18.138	0.0902 - 0.257	
Tomatoes			Buculei et al. 2012
$25^{\circ}C - 3$ years	near 0.06	0.6 - 0.14	

298 Values in grey and italic characters: insignificant migration. Striking values are shown in bold characters.

299 *Effect of storage temperature*

300 It has been reported that the corrosion process obeys the Arrhenius type reaction, so that corrosion rate of tinplate in fruit juices was reported to increase with temperature (from 10 to 301 302 55°C) (Dey & Agrawal, 2017). In Lebanon and other countries, can storage under elevated temperatures may occur, especially when cans are left to sun exposure. So, 40°C was tested 303 here to simulate storage in hot areas. Hence, Fe contents in various canned drinks was found 304 to increase upon sunlight exposure of the cans (Rahayu & Asmorowati, 2019). On the 305 opposite, a previous study reported no significant changes in Sn levels for canned tomato 306 paste stored in the fridge (4°C or below) over 6 weeks (Gordon et al., 2015). 307

Surprisingly, at high temperature, our fruit cans were blown after few months (2 months for 308 309 brand A and 5 months for brand B) due to important corrosion. In fact, under high storage temperature, the tin layer is more likely to be released, leaving unprotected steel to corrode 310 very rapidly with vigorous evolution of hydrogen (Blunden & Wallace, 2003). Consequently, 311 312 Fe and Sn levels drastically increased in these samples (up to near 120 times as indicated in 313 **Supplementary Table 1**), exceeding the regulated values for both elements (SRL of 40) mg/kg for Fe; SRL of 100 mg/kg and ML of 200 mg/kg for Sn respectively). This evolution 314 of Fe and Sn is in agreement with two other studies also made on plain tin cans of fruits 315 (Calloway & McMullen, 1966; Parkar & Rakesh, 2014), where their content increased by up 316 to 12 fold when the storage temperature increased from 37 to 48°C. 317

The significant impact of 40°C was also noticed on the remaining metals, but to less extend than Fe and Sn (see **Table 5** and **Supplementary Table 1**). In particular, Pb was not detected in fruit cocktail of brand A even at high temperature, but it reached 57 μ g/kg in brand B at 40°C where it exceeded its SRL value of 10 μ g/kg. This result reflects the importance of the purity of metal substrates used in the studied cans. Low storage temperature (5°C) was significant on slowing down the migration of most trace metals at earlier storage time (between 7 and 9 months in brand A). However, in most cases close concentrations were reached at 24 months between cans stored at 5 and 22°C (see **Supplementary Table 1**).

327 Effect of can denting

Good practices recommend to handle canned foods with caution in order to avoid damaging 328 the cans, since it is now well-known that can denting leads to deterioration of the different 329 layers in the tinplate, with subsequent enhanced corrosion and release of trace metals such as 330 Fe and Pb (Kassouf *et al.*, 2013). As expected, we have observed higher levels of Fe, Sn and 331 Cd (extra levels of 20, 44 and 94%, respectively) in dented cans than in the same undented 332 cans (Supplementary Table 2). Yet, surprisingly, at shelf life, equal concentrations were 333 reached for these metals in both types of cans (for example Sn was present at 114 mg/kg in 334 dented cans and 116 mg/kg in normal cans at 24 months). Thus, upon denting, the 335 336 equilibrium of Fe, Sn and Cd release is reached faster as shown by the estimated migration 337 rates (see **Table 5**). On the other hand, different behaviour was observed for Cu and Zn: still faster release in dented cans at the beginning of storage, but significant higher levels (about 338 20% higher) in dented cans at shelf life. Finally, the content of Cr and Ni was not affected by 339 the denting. 340

341 Effect of leaving open cans in the fridge

On the package label there are some instructions for use of an open can in such a way as to be consumed in a maximum period of three days. This period of time is considered as crucial in order to avoid the development of mold, without any consideration on the possible migration of metals from the package material. Yet, previous studies showed strong correlation between the 346 storage time and the content of several metals in the open cans. In particular, storing food in open unlacquered cans led to substantial increases in the tin levels in the food (Perring & 347 Basic-Dvorzak, 2002). This is due to the increased concentration of oxygen upon opening that 348 accelerates corrosion of food cans (Parlar & Rakesh, 2014; Raptopoulou et al. 2014, 2018). 349 Recent results suggest that open canned foods should be consumed within 24 hours due to 350 metals migration (Petropoulos et al., 2018); 6 hours after the opening was considered as the 351 352 crucial time point for food degradation. Alternatively, the can contents should be placed in another container for longer storage. 353

When we kept our open cans for 10 days in the fridge, the tin layer sloughed off and tin content increased by 3 times to reach 223 mg/kg, exceeding its SRL of 100 mg/kg as well as its ML of 200 mg/kg (**Supplementary Table 3**). The steel layer was then attacked and Fe increased by 35 times to reach 108 mg/kg, where about 105 mg/kg of Fe were released within 10 days. Copper release was also accelerated in the opened cans (see **Table 5**). Surprisingly, Cr showed a slight significant decrease after opening the cans (15 %), thereby indicating that Cr may only be present in the lids.

361 Conclusion

362 Fruits cans are considered at risk of metals migration due to the use of unlacquered tinplate cans as the packaging material to protect fruit quality (such as colour) and their low pH (< 363 4.5) that favours corrosion. Our study shows that fruit cans deserve particular attention and 364 caution during handling and storage, not only in the canner industry and the points of sale, 365 but also at consumer's home. The absence of protective lacquer certainly leads to high release 366 of Sn that showed slow and continuous dissolution as a function of storage time. The tin layer 367 368 was found effective in preventing steel corrosion and further Fe release in the food. However, corrosion is accelerated under elevated temperature storage (40°C), leading to important 369

370 release of Sn, Fe and other metal alloys, even exceeding the regulated limits. Similar results are obtained with open cans stored in the fridge for a few days, due to fast oxidation of tin 371 layer; consequently, consumers should be advised against storing food in open tinplate cans. 372 Also, cans with defects (like dented cans) are more prone to corrosion, and higher migration 373 rates were clearly observed for several metals in that case. Finally, the quality and integrity of 374 metal alloy used by the canner industry should be carefully controlled since they affect the 375 quantity of metals released. As an illustration, upon storage for months under ambient 376 temperature, Ni and Cd exceeded their recommended SRL in 50% of our canned fruit 377 378 samples while Pb remained undetected.

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Brand	Storage time (months)	Storage Temp. (°C)	Fe (mg/kg)	Sn (mg/kg)	Cr (mg/kg)	Cd (µg/kg)	Pb (µg/kg)	Ni (mg/kg)	Cu (mg/kg)	Zn (mg/kg)
	7	22	3.14 ± 0.27	75.7 ± 0.1	0.26 ± 0.01	2.22 ± 0.00	ND	0.46 ± 0.04	0.27 ± 0.02	2.58 ± 0.00
		5	-	67.6 ± 0.0	0.20 ± 0.01	2.22 ± 0.00	ND	0.38 ± 0.02	0.31 ± 0.00	2.49 ± 0.17
	9	22	4.63 ± 0.24	75.6 ± 0.0	0.33 ± 0.01	2.22 ± 0.00	ND	0.62 ± 0.02	0.30 ± 0.03	2.87 ± 0.00
		40	127 ± 3.5	345 ± 27	0.55 ± 0.02	4.3 ± 0.00	ND	0.74 ± 0.00	0.45 ± 0.03	4.50 ± 0.25
A		5	5.50 ± 0.27	106 ± 3	0.39 ± 0.00	3.50 ± 0.60	ND	0.81 ± 0.06	0.40 ± 0.00	3.11 ± 0.02
	19	22	6.06 ± 0.72	100 ± 0 123 ± 1	0.38 ± 0.01	4.21 ± 0.18	ND	0.87 ± 0.00	0.38 ± 0.01	3.68 ± 0.26
		40					analyzed†			
		5	4.96 ± 0.60	107 ± 10	0.42 ± 0.03	2.53 ± 0.09	ND	0.94 ± 0.03	0.35 ± 0.01	2.83 ± 0.01
	24	22	4.59 ± 0.25	116 ± 2	0.42 ± 0.04	3.81 ± 0.29	ND	0.94 ± 0.07	0.36 ± 0.01	3.15 ± 0.24
		40				Not a	analyzed†			
	7	22	8.54 ± 0.23	36.9 ± 2.1	0.20 ± 0.02	8.71 ± 0.20	ND	0.29 ± 0.02	0.25 ± 0.03	2.19 ± 0.26
	12	40	1004 ± 35	538 ± 42	0.39 ± 0.03	21.12 ± 1.88	57.05 ± 1.56	0.39 ± 0.03	0.75 ± 0.04	2.67 ± 0.21
3		5	8.53 ± 0.31	68.9 ± 4.3	0.25 ± 0.02	21.03 ± 0.41	ND	0.27 ± 0.03	0.76 ± 0.01	3.15 ± 0.12
	24	5 22	8.53 ± 0.31 8.41 ± 0.18		0.25 ± 0.02 0.24 ± 0.03		ND ND			3.15 ± 0.12 3.19 ± 0.31
	24	22 40	0.41 ± 0.18	85.7 ± 6.9	0.24 ± 0.03	24.11 ± 0.90	analyzed†	0.40 ± 0.07	0.82 ± 0.05	3.19 ± 0.31

Supplementary Table 1: Evolution of trace metals in fruit cocktail (brands A and B) as a function of storage temperature

512 † The cans were blown and could not be analyzed

	11	•			0 0
515					
516		Element	Time	Normal	Dented
517			(months)		
518					
519		Fe	9	4.63 ± 0.24	5.55 ± 0.02
520		(mg/kg)	24	4.59 ± 0.25	4.74 ± 0.11
521			9	75600	100.2 + 2.7
522		Sn	9 19	75.6 ± 0.0 123 ± 1	109.2 ± 2.7 124.8 ± 4.0
		(mg/kg)	24	125 ± 1 116 ± 2	124.0 ± 4.0 113.8 ± 1.0
523			2.		11010 - 110
524		Cd	9	2.22 ± 0.00	4.31 ± 0.00
525		Cu (μg/kg)	19	4.21 ± 0.18	4.50 ± 0.14
526		(µg/Kg)	24	3.81 ± 0.29	3.91 ± 0.07
527			9	ND	ND
28		Pb	9 19	ND ND	ND ND
29		(µg/kg)	24	ND	ND
30			21		
31		Cr	9	0.33 ± 0.01	0.37 ± 0.01
32		Cr (mg/kg)	19	0.38 ± 0.02	0.36 ± 0.03
		(IIIg/Kg)	24	0.42 ± 0.04	0.44 ± 0.01
33			0	0.62 + 0.02	0.50 . 0.01
34		Ni	9 19	0.62 ± 0.02 0.87 ± 0.00	$0.50 \pm 0.01 \\ 1.07 \pm 0.05$
35		(mg/kg)	19 24	0.87 ± 0.00 0.94 ± 0.07	1.07 ± 0.03 0.91 ± 0.04
36			27	0.04 ± 0.07	0.91 ± 0.04
537		C	9	0.30 ± 0.03	0.42 ± 0.04
38		Cu (mg/kg)	19	0.38 ± 0.01	0.50 ± 0.00
39		(mg/kg)	24	0.36 ± 0.01	0.42 ± 0.01
540			0	2.87 . 0.00	214 . 0.16
541		Zn	9 19	2.87 ± 0.00 3.68 ± 0.26	3.14 ± 0.16 3.59 ± 0.33
542		(mg/kg)	19 24	3.08 ± 0.20 3.15 ± 0.24	3.89 ± 0.33 3.89 ± 0.19
04Z			<u>_</u>	5.15 ± 0.24	5.07 ± 0.17

Supplementary Table 2: Effect of can denting on the migration of target metals

n= 3 replicates per experiment

546 Supplementary Table 3: Effect of leaving opened fruit cocktail cans for 10 days in
547 refrigerator on the migration of target metals

Element	Before opening	After opening	p-value
Fe (mg/kg)	3.14 ± 0.27	108 ± 2.5	2.31E-07*
Sn (mg/kg)	75.7 ± 0.13	223 ± 4.7	6.94E-07*
Cr (mg/kg)	0.26 ± 0.01	0.22 ± 0.00	0.0020*
Cd (µg/kg)	2.22 ± 0.00	2.22 ± 0.00	0.327
Ni (mg/kg)	0.46 ± 0.04	0.51 ± 0.01	0.0925
Cu (mg/kg)	0.27 ± 0.02	0.44 ± 0.04	0.0037*
Zn (mg/kg)	2.58 ± 0.00	2.58 ± 0.00	0.608

 n=3 replicates per experiment

*: significantly different concentrations of metals (p<0.05)