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# Evaluation of the necessity and the feasibility of the standardization of procalcitonin measurements: activities of IFCC WG-PCT with involvement of all stakeholders

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**Keywords**: procalcitonin, standardization, harmonization, traceability, reference measurement system

#### Abbreviations

International system (SI)

External quality assessment (EQA)

In vitro diagnostic device (IVD)

Reference measurement procedure (RMP)

Isotope dilution-liquid chromatography tandem mass spectrometry (ID-LC-MS/MS)

Analytical performance specifications (APS)

Isotope dilution mass spectrometry (IDMS)

Stable-isotope-labelled (SIL)

High-resolution mass spectrometry (HRMS)

Reference measurement system (RMS)

#### Abstract

Procalcitonin (PCT) is an important biomarker for sepsis diagnosis and management. To date, there is no higher-order reference measurement procedure (RMP) and certified reference material to achieve global standardization of results and results traceability to the SI units.

Although efforts have been made to harmonize PCT results, a number of correlation studies and external quality assessment (EQA) schemes show conflicting results regarding results comparability and to date, equivalence of PCT results across the assays remains questionable in absence of studies relying on commutable EQA materials. In this context, the IFCC initiated activities to fill these gaps through the creation of the working group on standardization of PCT assays that gathers experts from National Metrology Institutes, calibration laboratories, clinicians, biologists, EQA providers and assay manufacturers. Among the activities, a higher order RMP and commutable reference materials are under development to build a robust reference measurement system (RMS). A commutability study is being organized to identify EQA materials that are fit for purpose to reliably estimate the current comparability of PCT results. This work will make it possible to evaluate the necessity and the feasibility for establishing and maintaining a new RMS for PCT assays, if deemed necessary.

#### Introduction

Clinical laboratory tests play an important role across the healthcare continuum to diagnose and monitor patients and to guide treatment decisions. A study based on 72196 patients reported that 56% of patients from the emergency department and 98% of inpatients had at least one laboratory test ordered for diagnosis purpose during their care pathway [1]. Among clinical diagnostic technologies, immunoassay are the most widely used technique in routine laboratory [2]. In response to the high demand for testing, numerous immunoassays have been developed and commercialized. However, the co-existence of in vitro diagnostic medical devices marketed by different vendors may introduce some variability of the results between laboratories equipped with different analyzers. Depending on the purpose of the laboratory test prescription and the use of the test result in clinal management, such a variability could potentially lead to diagnostic errors, inappropriate treatment, and a misleading longitudinal patient monitoring [3]. This variability may have a crucial impact when an inpatient is moving from one unit to another, where different clinical laboratories with potentially different measurement procedures take over the patient follow-up, or when a biomarker has to be monitored for long period where analysis in different laboratories is inevitable. Moreover, from a research perspective as well as clinical decision, the lack of results comparability may impact conclusions and the subsequent definition of clinical practice guidelines and public healthcare strategies based on biomarkers measured values [3]. Thus, not only the precision and accuracy of guantitative methods are fundamental prerequisites for a proper diagnosis and appropriate therapeutic monitoring, but also the comparability and the reliability of the results from different routine assays.

A privileged mean to ensure accuracy and comparability of the results is to establish metrological traceability of results to the International System (SI) of units [3-5]. By definition, metrological traceability is the property of a measurement result whereby the result can be related to a reference through a documented unbroken chain of calibrations, each contributing to the measurement uncertainty [6]. For each measurement procedure used in clinical laboratory for a specific measurand, values associated with the calibrators should be traceable to the available higher-order reference measurement procedure (RMP) and/or reference materials, as requested by ISO 17511:2020 and the European regulation 2017/746 for in vitro diagnostic devices (IVD) that will come into full force on 26<sup>th</sup> May 2022 to replace the 98/79/EC Directive. Although ISO 17511:2020 includes alternative procedures to establish metrological traceability of results (e.g. harmonization protocols based on ISO 21151:2020), the ideal mean to establish metrological traceability of results to the SI Units is to rely on a reference measurement system consisting in higher-order RMP and materials (Figure 1) [7]. In this case, a primary RMP represents the highest metrological order and is used for the value assignment of a primary reference material. This primary reference material is in turn used to calibrate the secondary RMP that is used to assign certified values to secondary reference materials. Assay manufacturers then use these materials to calibrate routine assays and maintain an unbroken chain of calibrations between the primary RMP and the routine assay used to measure patient samples. In that context, standardization of measurement procedures thus ensures metrological traceability to the SI units. However, primary and/or secondary reference materials and procedures are not always available. In such a situation, a common reference measurement system that does not allow establishing results traceability to the SI units could still be agreed as a reference by convention with the objective to obtain equivalent results across the different commercially available assays [3]. This is the concept of harmonization.

To be used in a calibration hierarchy of one or more end-user measurement procedures and successfully lead to harmonized results, it is crucial that the secondary reference material is commutable for the concerned assays, i.e. that it behaves the same way as patient samples [8–10]. While non-commutability of secondary calibrators breaks the traceability chain and results in the inability to achieve results harmonization [3,9], commutable reference materials are also needed to evaluate accuracy and comparability of routine assays [11–13]. Additionally, commutable references materials are needed to conduct appropriate post-market vigilance to ensure that standardization has been achieved. Overall, establishing and maintaining a reference system leading to a consistent harmonization level appears demanding and only a limited number of success stories can be found in the field of clinical chemistry [14,15].

To improve global standardization and harmonization of laboratory tests, a wide range of activities are conducted by the Scientific Division of the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC). Within this article, we describe the objectives and activities of the working group on standardization of procalcitonin (PCT) that was created in 2018.

#### 1. Procalcitonin and its current measurement procedures

In the last 20 years, it has been shown that PCT, a 116 amino acids protein, is useful for both diagnosis and antibiotic stewardship in sepsis and lower respiratory tract infections [16-23], two global threats and health priorities [24-27]. Indeed, sepsis affected 48.9 million people, leading more than 11 million deaths worldwide [28], whereas antimicrobial resistance caused approximately 700,000 deaths every year. Without appropriate actions to address this issue, the number of annual deaths caused by antimicrobial resistance could reach 10 million by 2050 [26]. PCT measurement has already supported the clinical community for timely decision to start or terminate antibiotic treatment [29,30] supporting cost-effective patient management [31]. Changes in PCT have been clearly associated with disease outcome in ICU patients [32]. Moreover, elevation of PCT concentration has recently been reported in severe forms of coronavirus disease COVID-19 presenting bacterial coinfection [33,34]. Longitudinal PCT measurement is recommended by IFCC Task Force on COVID-19 to predict its severe form [35]. PCT measurement in COVID-19 patients has been associated with disease severity and mortality [36] but whether can serve as predictor of secondary bacterial infections is still unclear [37], possibly due to variations in PCT measurements that introduce limitations in meta-analyses.

In non-infectious conditions, PCT is cleaved in different products (NProCT, Calcitonin-GKKR-Katacalcin, Calcitonin and Katacalcin). Therefore PCT concentration remains low in the bloodstream ( $\leq 0.05$  ng/mL) (Figure 2) [38]. In infectious conditions, PCT is produced in thyroid C-cells and in various tissues and organs such as liver, lung, pancreas and is directly released into the blood [39]. Therefore, an increase up to 1100 fold of PCT concentration from the basal concentration was observed [39,40]. Moreover, in this condition, it was shown that PCT exists in three different isoforms in the bloodstream (intact PCT (1-116), PCT (2-116) in which the first amino acid is cleaved, PCT (3-116) in which the first two amino acids are cleaved). Among these forms, PCT (3-116) has been reported as the predominant form, but little is known about the relevance of the different forms [41,42].

Interestingly, PCT concentration remains low in the case of viral infections and localized bacterial infections [44,45]. Therefore, PCT concentration has been used to establish clinical guidelines for sepsis stratification and monitoring of antimicrobial therapy [16,17,46]. An example of decision-making process based on PCT concentration is presented in Figure 3.

The use of PCT tests has been gaining widespread in the clinical laboratory settings [48,49]. In consequence, multiple immunoassays measuring PCT concentration in human serum or plasma have been developed to meet the important demand of PCT testing and developments are continuing with new assays commercialized recently (e.g. Architect Brahms PCT assay in 2017, B·R·A·H·M·S PCT direct in 2018, Access PCT assay in 2019, Diasys PETIA PCT assay in 2020) (Table 1). To meet the need for short turnaround times, an increasing number of point-of-care tests for PCT have been developed for a rapid clinical decision and treatment initiation. As underlined previously, the PCT measurement results could vary from one immunoassay to another depending on different factors including detection method, antibody specificity, reagents, instrument platforms or calibrators. Commercially available immunoassays for PCT employ different mechanisms of detection such as chemiluminescence, electroluminescence, time-resolved fluorescence, or immuneturbidimetry whose sensitivity could be different. Moreover, not all immunoassays use the same antibodies. As different antibodies could recognize different epitopes of PCT, this could result in differences in assay specificity and selectivity. Currently, most PCT immunoassays use a pair of antibodies. However, assays like the Diazyme assay employ a single precipitating antibody, and assays like Advia Centaur Brahms, Lumipulse G Brahms and Atellica Brahms assays use a third antibody for the detection. In addition, most immunoassays employ monoclonal antibodies that recognize a single epitope of PCT with high specificity, while the BRAHMS Kryptor assay and Diasys PETIA assay are the only immunoassays using polyclonal antibodies that can potentially recognize multiple epitopes. There is generally limited information available on the PCT isoform(s) being actually measured or on cross reactivity, e.g. with PCT fragments. Liaison Brahms and Lumipulse Brahms assays reported the use of two monoclonal antibodies targeting two epitopes situated in calcitonin and katacalcin segments (Table 1). Furthermore, Brahms PCT LIA, the first commercial kit employed two monoclonal antibodies interacting with two different binding sites: the epitope residues 96-106, part of the katacalcin segment, and residues 70-76, part of the calcitonin segment [50]. However, these assays are not predominantly used in clinical practice.

Another source of variability across PCT assays lies in the use of different reagents such as biotin, streptavidin, ruthenium, acridinium, as described in Table 1. As demonstrated for other biomarkers, the use of different reagents may have a significant effect on measurement reliability [51–55]. As a consequence, these technical differences could potentially contribute to a lack of comparability across results provided by different immunoassays.

Immunoassay (Company)	Date of first market authorization	Market authorization	Predicate Device	Instrument	Assay principle	Antibodies and reagents	Sample volume Sample matrix	Measuring range (ng/mL)
BRAHMS PCT LIA (BRAHMS Diagnostica)	2005	FDA 510(k) - CE marked	Endotoxin Activity Assay	Luminometer	Immunoluminometric assay - non automated	Two mouse anti-PCT mAb	20 μL Se, Ρ	0.3-500
BRAHMS PCT Sensitive Kryptor (BRAHMS diagnostica)	2009	FDA 510(k) – CE marked	BRAHMS PCT LIA	Kryptor Test System	Time-resolved amplified cryptate emission (TRACE) immunoassay	Sheep anti-PCT pAb cryptate labelled Mouse anti-PCT mAb XL665 labelled	50 μL Se, H, E	0.02-50
Architect BRAHMS PCT (Abbott)	2017	FDA 510(k) – CE marked	BRAHMS PCT Sensitive Kryptor	Architect i2000SR Analyzer	Chemiluminescent microparticle immunoassay (CMIA)	Rat anti-PCT mAb microparticles coated Mouse anti- PCT mAb acridinium- labelled conjugate	100 μL Se, L, K2	0.02-100
Vidas BRAHMS PCT (Biomérieux)	2009	FDA 510(k) – CE marked	BRAHMS PCT LIA	Vidas	Enzyme-linked fluorescent immunoassay (ELFA)	Mouse anti-PCT mAb microwells coated Mouse anti- PCT mAb alkaline phosphatase-labelled	200 μL Se, L	0.05-200
Liaison BRAHMS PCT II Gen (Diasorin)	2015	FDA 510(k) – CE marked	BRAHMS PCT Vidas	Liaison analyzer	Chemiluminescence Immunoassay (CLIA)	Mouse anti katacalcin PCT mAb magnetic particle coated. Mouse anti calcitonin PCT mAb isoluminol labelled	225 μL Se, L	0.02-100
Lumipulse G BRAHMS PCT (Fujirebio)	2016	FDA 510(k) – CE marked	BRAHMS PCT Sensitive Kryptor	Lumipulse G system	Chemiluminescence Enzyme Immunoassay	Mouse anti PCT mAb Mouse anti calcitonin PCT mAb coated particles Mouse anti katacalcin PCT mAb alkaline phosphatase labelled	60 μL Se, N, L, K2	0.02-100
Elecsys BRAHMS PCT (Roche Diagnostics)	2009	FDA 510(k) – CE marked	BRAHMS PCT Sensitive Kryptor	Cobas e 411 analyzer	Electrochemiluminescence immunoassay (ECLIA)	Streptavidin-coated microparticles Mouse anti-PCT mAb biotinylated Mouse anti-PCT mAb ruthenium labelled	30 µL Se, K2, K3, L	0.02-100
Atellica IM BRAHMS PCT (Siemens healthcare)	2018	FDA 510(k) – CE marked	BRAHMS PCT Sensitive Kryptor	Atellica IM Analyzer	CLIA	Mouse anti-fluorescein mAb paramagnetic particles coated Mouse anti-PCT mAb acridinium ester labelled Mouse anti-PCT mAb fluorescein labelled	100 µL Se, E, L, N	0.04-50

 Table 1. Characteristics of the current commercially available immunoassays for PCT

Alinity I BRAHMS PCT (Abbott)	n/a	FDA 510(k) – CE marked	BRAHMS PCT Sensitive Kryptor	Alinity i analyzer	Chemiluminescent microparticle immunoassay (CMIA)	Rat anti-PCT mAb microparticles coated Mouse anti- PCT mAb acridinium- labelled conjugate	100 μL Se, L, K2	0.02-100
Advia Centuar BRAHMS PCT (Siemens)	2011	CE marked	BRAHMS PCT Sensitive Kryptor	Advia centaur XP and CP analyzers	CLIA	Mouse anti-fluorescein mAb paramagnetic particles coated Mouse anti-PCT mAb acridinium ester labelled Mouse anti-PCT mAb fluorescein labelled	100 μL Se, E, H	0.02-75
Vitros BRAHMS PCT (Ortho Clincal Diagnostics)	2020	FDA 510(k) - CE marked	BRAHMS PCT Sensitive Kryptor	VITROS 3600	Luminescence immunoassay	Streptavidin-coated wells Anti-PCT mAb biotin labelled Anti-PCT mAb horseradish peroxidase labelled	30 µL Se, E, L	0.03-100
Access PCT (Beckman Coulter)	2019	FDA 510(k) – CE marked	BRAHMS PCT Vidas	UniCel DXI or Access 2	CLIA	Anti-PCT mAb paramagnetic particles coated (does not use biotin- streptavidin particle) Anti-PCT mAb alkaline phosphatase conjugate	35 μL Se, L, E	0.01-100
Diazyme PCT (Diazyme Laboratories)	2017	FDA 510(k) – CE marked	BRAHMS PCT Vidas	Olympus Beckman AU400 chemistry analyzer	Latex-enhance immunoturbidimetric assay	Anti-human PCT mAb latex particles coated	15 μL Se, E, L	0.2-52
Diasys PCT FS (Diasys Diagnostic GmbH)	2020	CE marked	BRAHMS PCT Sensitive Kryptor	Cobas c501 chemistry analyzer	Latex-enhance immunoturbidimetric assay	Anti-human PCT pAb latex particles coated	10 μL Se, L	0.2-50
Maglumi PCT (Shenzhen)	n/a	CE marked	n/a	Analyzer Maglumi	CLIA	Mouse anti-PCT mAb nano magnetic microbeads coated Mouse anti-PCT mAb ABEI labelled	40 µL Se, E, Ewb	0.13-100

mAB : monoclonal antibody ; pAb : polyclonal antibody ; Se : serum ; P : plasma ; H : heparin plasma ; E : EDTA plasma ; L : lithium heparin plasma ; K2 : K2EDTA plasma ; N : sodium heparin plasma ; K3 : K3EDTA plasma ; Ewb : EDTA whole blood

To assess the comparability of PCT measurement results, a number of correlation studies 1 2 have been conducted but these have shown conflicting results. Indeed, some studies showed significant differences between PCT concentration obtained from different immunoassays, 3 whereas other studies reported the opposite [56-59]. In addition, the evaluation of different 4 external quality assessment (EQA) schemes results has shown a substantial discrepancy 5 6 across the different EQA schemes: while some highlighted quite good agreement between the different assays, other EQA schemes showed the contrary [60]. Although substantial variations 7 8 in the PCT concentration measured by different immunoassays were reported in several 9 correlation studies and EQA schemes, the current clinical decision for diagnosis of sepsis and therapy monitoring is based on common clinical cutoff values regardless of the immunoassay 10 11 employed for PCT measurements. Even if a good clinical concordance at clinical cutoffs has been reported in the different correlation studies [60], several studies came up to the 12 conclusion that it would be preferable to compare results obtained from the same 13 14 immunoassay when interpreting serial evaluation of PCT concentration for a given patient [61-15 63].

The current situation regarding the comparability of PCT measurement results may be 16 17 explained either by differences in assays selectivity or a calibration issue caused by the lack of higher-order reference materials for PCT measurement and thus a lack of traceability to the 18 SI Units. It should be noted that manufacturers offering a PCT assay belonging to the Brahms-19 20 like family participate in a harmonization program through the use of the Brahms Kryptor assay as surrogate reference method in absence of any higher order RMP and certified reference 21 materials. However, not all assays commercially available take part in this harmonization effort, 22 thus there is currently no commonly agreed reference material for all available PCT 23 immunoassays at the international level. Therefore, the need for a new reference system 24 based on higher order reference materials and/or a higher-order reference method to achieve 25 global standardization/harmonization of PCT results worldwide has been pointed out in a 26 number of studies [56-59,64,65]. 27

#### 28 **2.** IFCC working group on standardization of PCT assays (IFCC WG-PCT)

29 To address the question of PCT measurements reliability and comparability and more specifically to evaluate the need and the feasibility for standardization or harmonization, a 30 dedicated IFCC working group was created in 2018. This working group gathers clinicians, 31 32 biologists, in vitro diagnostic manufacturers, EQA providers and metrology institutes. The participation of all concerned stakeholders is of upmost importance for the successful 33 implementation of a reference measurement system. Within this working group, the efforts 34 focused on five terms of reference (Figure 4): the development of a reference measurement 35 system (reference materials and procedures), the evaluation of the variability of results 36 provided by the different commercially available PCT assays, the evaluation of the need and 37 38 the feasibility for standardization of PCT assays, and the implementation of standardization of PCT assays if deemed needed and feasible. 39

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- The first term of reference consists in the development and validation of a RMP for
   PCT absolute quantification by stable isotope dilution-liquid chromatography-tandem
   mass spectrometry (ID-LC-MS/MS) in order to establish metrological traceability of
   measurement results to the SI Units. The standardization of PCT tests could only be
   implemented if the following prerequisites are met to achieve results comparability
   independent of time, location and measurement procedures [3]. First, a proper

definition of the measurand should be established, i.e. clearly define what entity is 48 49 intended to be measured. Then, the selectivity of the different assays should be close enough, i.e. measure the same entity. Finally, a reference measurement system 50 enabling to establish results traceability to the SI units should be established. This 51 includes availability of primary reference materials, commutable secondary reference 52 materials and a higher-order RMP meeting analytical performance specifications (APS) 53 that are fit for purpose to meet the medical need (e.g. sufficiently small measurement 54 uncertainties, high precision, high selectivity and high accuracy). 55

- Definition of the clinically relevant measurand: , Measurand is defined by the 57 58 International Vocabulary of Metrology as a quantity intended to be measured [6]. 59 Defining the measurand comes down to respond to the question "What is being measured?". At first sight the answer may seem simple, however that may be difficult 60 to answer according to the complexity of analyte, particularly in case of proteins [8]. 61 Indeed, proteins could be subjected to heterogeneity and present as a mixture of 62 different molecular species in biological fluids such as it has been shown for human 63 growth hormone [66], human cardiac Troponin I [8,67], brain natriuretic peptide (BNP) 64 and N-terminal fragment of the BNP [68,69]. Thus, for an accurate quantitative analysis 65 and implementation of a reference measurement system, the isoforms of interest 66 should be clearly defined as it has been performed for HbA1c [70]. In the case of PCT, 67 there is currently no assay that detects the whole form of PCT, particularly the N-68 terminal side of the sequence to discriminate the three different PCT isoforms. 69 Therefore, the most practical solution has been to define the measurand as total serum 70 PCT, including PCT (1-116), PCT (2-116) and PCT (3-116) isoforms. 71
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### Selection and development of candidate reference measurement system

75 Isotope Dilution Mass spectrometry (IDMS) is widely applied for protein absolute 76 quantification [66,71–79]. Thanks to its high selectivity and the use of stable-isotopelabelled (SIL) compounds as internal standards, IDMS allows accurate quantification 77 78 of the measurand with low measurement uncertainties and is recognized as a primary reference method by the Consultative Committee for Amount of Substance of BIPM 79 (Bureau International des Poids et Mesures). In a number of Reference Measurement 80 81 Systems, IDMS successfully serves as higher-order reference method and a number of IDMS-based RMPs are listed as such in JCTLM database [80]. Still, validation of an 82 IDMS-based RMP remains a challenge for different reasons, including the need to 83 extensively characterize purity of primary calibrators, to obtain stable-isotope-labelled 84 (SIL) compounds which behavior is close enough to the endogenous compound to 85 make them suitable for use as internal standards, and to reach sufficiently low limit of 86 quantification with sufficiently small measurement uncertainties while achieving high 87 accuracy and high precision. 88

In a healthy state or in the absence of infection, plasma or serum concentration of PCT 90 is below 0.05 ng/mL. Due to ion suppression phenomena occurring in mass 91 spectrometry-based analysis, the sample preparation is critical for PCT absolute 92 quantification in a complex serum matrix by mass spectrometry. For sample 93 preparation, an antibody-free approach based on the physicochemical properties of 94 PCT was preferred in contrast to immuno-affinity approaches, which are currently 95 employed in commercially available immunoassays. After optimized sample 96 purification, PCT is then digested into peptides with trypsin. Peptides are then 97 quantified using high-resolution mass spectrometry in order to reduce interferences. 98

99 The ID-LC MS/MS analysis consists in the separation, the fragmentation and the detection of PCT-related peptides generated by the digestion of the protein. The 100 different strategies for targeted quantification of proteins by ID-LC MS/MS are 101 described in Figure 5. As the selected bottom-up strategy provides an indirect detection 102 of PCT through the quantification of peptides derived from tryptic digestion, it is crucial 103 104 to select PCT-related peptides that are unique representatives of PCT protein (proteotypic peptides). Two PCT-related peptides, located in two different segments of 105 PCT amino acid sequence, were selected to improve the specificity of the quantitative 106 method by discriminating the different PCT cleavage forms such as NProCT, 107 Calcitonin-GKKR-Katacalcin, Calcitonin and Katacalcin. 108

- 109 PCT concentration is obtained through the measurement of the concentration of the PCT-related proteotypic peptides calculated from a calibration curve that is established 110 by measuring calibrators that are prepared by mixing known amounts of the labeled 111 and non-labelled primary calibrators. Depending on the calibration strategy, the 112 measured concentration of peptides might be negatively biased due to material loss 113 during the different step of the sample preparation, incomplete protein extraction, 114 115 incomplete proteolysis by trypsin, peptides loss by adsorption) [81]. The two commonly used calibration quantification strategies include peptide-based calibration or protein-116 based calibration, in which calibrators are prepared with synthetic PCT-related peptides 117 or PCT recombinant protein, respectively (Figure 5). The protein-based calibration 118 approach presents one main advantage: as the protein-based internal standard 119 undergoes the same sample processing as the endogenous protein, incomplete protein 120 extraction, incomplete proteolysis by trypsin and any material loss during sample 121 preparation steps occurring after spiking of the labeled protein are all compensated and 122 do not affect method's accuracy. However, the characterization of protein-based 123 primary calibrator is more challenging than for peptide-based calibrators as protein-124 based impurities are expected to present, impurity identification and impurities 125 126 quantification is harder than for peptides. In addition, protein-based calibrators are expensive to produce and can be subject to batch to batch variations. In order to 127 evaluate the most appropriate approach to ensure high accuracy and precision, these 128 two approaches have been employed and compared for the development of a 129 candidate higher-order RMP. Both peptide- and protein-based calibrators were 130 obtained from different providers. The peptides and proteins PCT standards produced 131 132 from the selected providers were then SI-traceably quantified by the primary RMP composed of amino acid reference method using ID-LC MS and correction of the 133 contribution from impurities containing amino acids (Figure 1). The homogeneity and 134 stability of these materials still need to be evaluated before certification of the primary 135 reference material can be finalized. 136
- The second term of reference consists in documenting and understanding the 138 variability of measurement results provided by different commercially available PCT 139 assays. The state of the art of PCT measurement shows conflicting results regarding 140 the comparability of PCT measurement results [60]. Moreover, in almost all correlation 141 studies available in the literature and all EQA programs, no information on the 142 commutability of the study samples is available when the studies are performed using 143 samples other than fresh single donations. However, this is a crucial aspect to 144 accurately document the need for PCT standardization/harmonization. In this respect, 145 agreement and correlation between the different PCT assays will be evaluated through 146 the organization of an interlaboratory comparison involving most popular PCT assays 147 and relying on samples of proven commutability. Thus, the two main tasks of second 148 term of reference consist in the production of candidate EQA materials and the 149

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organization of a commutability study. This will result in the identification of appropriate
 EQA materials to properly evaluate the comparability of the different PCT assays and
 evaluate the need for further improving results consistency through calibration
 standardization.

In a recent review based on data provided from 10 EQA providers of PCT assays, the 154 155 use of spiked materials was suspected to cause the inability to properly evaluate the comparability between measurement results obtained from the different commercially 156 available PCT assays [60]. Surprisingly, the suitability of EQA materials consisting in 157 pools of fresh unspiked human serum was not evidenced, possibly due to ethical issues 158 and limitations in material stability and challenges to get sample collection, shipment 159 160 and testing conducted in a sufficiently low period of time [60]. The fact that no data is provided regarding commutability of the materials and the measurement protocol of 161 laboratory participants represents a major limitation to determine what lessons can be 162 learned from such studies. In fact, various modifications/alterations of functional nature 163 could occur during the process to produce commutable candidate material such as 164 lyophilization, freezing, pooling, which could induce matrix effects for all or most of 165 166 assays. As commutability of a reference material cannot be predicted, it has to be demonstrated against a set of authentic clinical specimens. Different EQA materials 167 will therefore be evaluated to identify the most suitable way to consistently obtain 168 commutable materials. Candidate EQA materials will consist in different matrices, 169 including frozen or lyophilized pools of human serum, artificial matrices, spiked or not 170 with recombinant PCT from different sources. A number of EQA providers already 171 agreed sharing their materials for inclusion in the commutability study. As 172 recommended in the IFCC latest recommendation, commutability of the candidate EQA 173 materials will be evaluated against a set of clinical specimens which PCT concentration 174 brackets that of the EQA materials. Ideally, clinical specimens should consist in fresh 175 unadulterated single donations (i.e. not pooled, not frozen, not spiked with any 176 177 exogenous substance) because these are commutable by definition. However, maintaining materials stability from sample collection to testing is an important issue, it 178 is challenging to collect within one or two days a set of 30-50 fresh single donations 179 covering the entire concentration range, to ship the materials to all participating 180 laboratories and to get samples tested with a sufficiently short turnaround time to 181 maintain samples stability. It is therefore anticipated that clinical specimens will consist 182 183 in frozen single donations. In such a case, the absence of freeze-thaw effect should be demonstrated beforehand. As a commutability assessment of a candidate reference 184 material should ideally include all commercially available assays, another challenge 185 lies in the need to collect a sufficiently large volume of each single donation to allow 186 conducting measurements with the different assays with appropriate replication 187 number. Although a commutability assessment should include as many PCT 188 measurement procedures as possible, involved assay should target the same 189 measurand and have adequate APS. The measurement results obtained will be 190 analyzed using the difference in bias approach [82]. An important prerequisite will be 191 to select appropriate acceptance criteria for commutability, ie. to decide what level of 192 non-commutability is acceptable, which is the current topic of the IFCC Working Group 193 on Commutability in Metrological Traceability (WG-CMT). It is expected that results of 194 the commutability will allow identifying the manufacturing process leading to the highest 195 commutability level. An EQA scheme relying on commutable material(s) will allow to 196 accurately document the current state of the art of harmonization of PCT results and 197 consequently to determine whether standardization is needed or not to improve the 198 comparability of the results provided from the different PCT assays used in routine 199 clinical practice. 200

201 The third term of reference consists in evaluating the need for standardization of PCT 202 assays through a common calibration with commutable calibrators value assigned with 203 the ID-LC HRMS RMP. The consultation of the International Consortium for 204 Harmonization of Clinical Laboratory Results (ICHCLR) has already revealed that 205 206 standardization/harmonization of PCT assays is considered as a high priority due to the growing utilization of PCT and to the implementation and integration in clinical 207 guidelines and antimicrobial stewardship programs [83]. Moreover, a high medical 208 impact of this standardization was pointed out by the ICHCLR. The strength of the IFCC 209 working group on PCT assays, that gathers almost all IVD manufacturers marketing 210 211 PCT assays, is particularly relevant for the objective of this term of reference. Indeed, the consultation of assay manufacturers was initiated with the creation of the working 212 group and reveals that the need and demand for standardization on PCT assays differ 213 across assay manufacturers. For some commercially available PCT assays (BRAHMS) 214 licensed assays group), a harmonization system is already in place through the use of 215 the Kryptor method as a consensus reference method. Thus, for this group of methods, 216 217 the recalibration of PCT assays is not perceived as a priority. On the contrary, for PCT assays other than BRAHMS PCT assays, there is currently no common calibrators nor 218 reference system. Thus, standardization or harmonization is needed for these assays. 219 Although views differ, all IFCC WG-PCT members agreed that commutable EQA 220 materials are needed to accurately estimate between-method agreement (second term 221 of reference) and thus assess the need for standardization of PCT. 222

- 224 The fourth term of reference consists in evaluating the feasibility for standardization 225 of PCT assays through common calibration with commutable calibrators, value assigned with the ID-LC HRMS RMP. This activity is highly dependent on the activities 226 of the first and second terms of reference. Indeed, if a RMP is not available or does not 227 228 meet appropriate APS, standardization will not be feasible. When validated, it will be necessary to evaluate if the candidate reference method by ID-LC MS/MS is robust 229 enough at PCT concentration of clinical interest and if it enables to properly establish 230 results traceability to the SI Units with sufficiently low measurement uncertainty. In 231 addition, a sufficiently strong correlation between the different commercially available 232 PCT assays and the candidate reference methods by ID-LC HRMS has to be 233 234 demonstrated. Finally, the availability of the commutable calibrators has to be ensured. The feasibility of the standardization of PCT assays will thus be assessed if all these 235 criteria are met. 236
- The fifth term of reference consists in implementing the standardization of PCT 238 239 assays at the global scale, if it appears desirable and feasible. If all the conditions for feasibility are met and if discrepant results between the different PCT assays are still 240 observed from the EQA scheme relying on commutable EQA materials, standardization 241 242 of PCT assays could be done either through panels of patient or commutable secondary calibrators value assigned with the ID-LC HRMS RMP. As recalibration of 243 commercially available assays for PCT would require important efforts from IVD 244 manufacturers, there should be strong evidence that standardization is necessary and 245 feasible. EQA schemes will be needed to assess the accuracy and comparability of 246 247 PCT measurement and evaluate the impact of the recalibration. Subsequently, it would be necessary to assess if the current clinical decision used in clinical practice need to 248 be reconsidered or not. 249
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#### 251 Conclusion

Due to the growing threat of antimicrobial resistance and high mortality associated with sepsis, 252 having accurate and comparable PCT results appears of high importance. Still, in absence of 253 neither any higher order reference material nor any accuracy-based program relying on EQA 254 materials of proven commutability, the current state of the art regarding comparability of PCT 255 256 results across the different commercially available assays remains to be properly documented. In this context, the IFCC Working Group on standardization of PCT assays has initiated 257 activities to fill this gap. A higher order RMP and commutable reference material are under 258 development to evaluate the necessity and the feasibility for establishing and maintaining a 259 new reference measurement system for PCT. As cooperation from all stakeholders is of major 260 importance, the working group gathers experts from National Metrology Institutes, calibration 261 laboratories, clinicians, biologists, EQA providers and assay manufacturers. 262

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#### **Figure captions**

**Figure 1.** Example of a metrological traceability chain for procalcitonin (PCT) measurement (ISO 17511-2020) relying on the development of a reference measurement system consisting of a hierarchy of different reference materials and reference measurement procedures.

**Figure 2**. Amino acid sequence of procalcitonin (PCT) and the different forms of PCT derived products which can be detected at different concentrations in the bloodstream of healthy subjects (figure adapted from Maruna et al 2000 and Becker et al 2004 [38,43])

**Figure 3.** PCT clinical cut-off values for patient stratification (figure adapted from Meisner 2014 [47])

**Figure 4**. Terms of Reference of IFCC working group on Standardization of Procalcitonin (PCT) assays (IFCC WG-PCT)

**Figure 5**. Different calibration strategies for procalcitonin (PCT) targeted quantification by ID-LC MS/MS.

Analyte and internal standard (IS) could be spiked at different steps of the sample preparation process: 1 – before protein purification step; 2 – after protein purification step and before protein digestion step; 3 – after digestion step and before LC-MS/MS analysis. Depending on when analyte and IS are added to calibrators or patient samples, results accuracy could be influenced by various random variabilities during the whole quantification process such as sample handling, inefficient protein purification/digestion, protein/peptides adsorption, LC injection volume or MS ion suppression/enhancement.

<u>Peptide-based calibration</u>: calibrator produced by the addition of peptide analyte and SILpeptide internal IS after protein digestion step (3)

<u>Protein-based calibration</u>: calibrators produced by the addition of protein analyte and SILprotein IS before (2) or after (3) protein purification step.



PCT amino acid sequence (NProCT-KR-Mature Calcitonin-GKKR-Katacalcin)

H₂N-APFRSALESS PADPATLSED EARLLLAALV QDYVQMKASE LEQEQEREGS

SLDSPRS<mark>KR</mark>C GNLSTCMLGT YTQDFNKFHT FPQTAIGVGA P<mark>GKKR</mark>DMSSD

LERDHRPHVS MPQNAN<mark>-COOH</mark>





## Standardization of Procalcitonin assays (IFCC WG-PCT)

![](_page_26_Figure_1.jpeg)

![](_page_27_Figure_0.jpeg)