

# Pharmaceuticals in the marine environment: What are the present challenges in their monitoring?

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## 1 Pharmaceuticals in the marine environment: what are the present

# 2 challenges in their monitoring?

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  - Abstract: During the last years, there has been a growing interest in the research focused on the pharmaceutical residues in the environment. Their presence has been widely described in fresh surface and ground waters, but less investigated in the marine environment, though it is the last receiver of the continental contamination. Those compounds have been recognized as a possible threat to aquatic ecosystems, due to their inherent biological activity and their "pseudo-persistence". In Europe, the Marine Strategy Framework Directive (2008) placed pharmaceuticals on the indicative list of elements covering the qualitative and quantitative mix of the various pressures on the environmental status of marine waters. Thus, pharmaceuticals monitoring data in marine waters are necessary to know the water quality and allow enhancing future regulations and management decisions. However, some marine environment specific features, such as the strong dilution occurring, the complex hydrodynamic and local logistical constraints are making this monitoring a very difficult and demanding task. A review of the current practices in monitoring strategies of pharmaceuticals in marine matrices (water, sediment and biota) is provided through the analysis of the available recent scientific literature. Key points are highlighted for the different strategy steps of marine waters monitoring. For example, the knowledge of the site topology, hydrodynamic conditions and direct or indirect contamination sources, is very useful when determining the sampling stations during the sampling strategy consideration. Key knowledge gap priorities for future research are identified and discussed, such as the need of suitable passive samplers to monitor pharmaceuticals levels, and to conduct long-term ecotoxicological tests on sensitive marine species at environmental levels, in a view to better assess the risk of these compounds for the marine ecosystems.
- 29 **Keywords:** pharmaceuticals, monitoring, marine environment

#### 30 Highlights:

- Need for a more systematic inclusion of pharmaceuticals in monitoring strategies.
  - Site-specific multicriteria analysis for sampling strategy is required.
- Prospects are passive sampling, non-target analysis and integrative monitoring.

34	Contents
35	I. Introduction
36	II. Monitoring of pharmaceuticals in the marine environment: a literature analysis
37	II.1. Steps in strategy development
38	II.1.1. Definition of the objectives
39	II.1.2. Selection of Substances
40	II.1.3. Sampling strategy
41	II.1.3.1. Selection of the study site and sampling scheme definition
42	II.1.3.2. Matrix Selection
43	II.2. Samples treatment and analytical methodology
44	III. Monitoring of pharmaceuticals in the marine environment: conclusion and perspectives
45	Acknowledgments
46	References
47	
48	Supplementary material
49	SM1: Watch lists of pharmaceuticals in water
50	SM2: Dataset on pharmaceutical occurrence in seawater (published papers over the 2014-2020
51	period) and statistical analysis (R software, version 3.6.3.)
52	SM3: Detailed maximal concentrations of pharmaceuticals in seawater, sediments/SPM and
53	biota from the selected published papers (2014-2020)
54	
55	SM4: Features of monitored pharmaceuticals with reported maximal concentrations in
56	seawater higher than 100 ng/L over the 2014-2020 selected articles
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59	I. Introduction
60	Over 4,000 pharmaceuticals are used all over the world for medical and veterinary health care, as well
61	as growth promotion of livestock (Boxall Alistair et al., 2012). After use, pharmaceuticals end up in
62	the environment as metabolites or parent compounds, mainly via effluent rejection after treatment in

care, as well ls end up in treatment in wastewater treatment plants (WWTPs) where they are often inefficiently removed. Identified 63 64 secondary pharmaceutical sources in the environment are manufacturing facilities, land application of 65 sewage sludge and agriculture, aquaculture, and veterinary practices (UNESCO and HELCOM, 2017). Their occurrence has been widely described in fresh surface waters and in ground waters (Beek et al., 66 67 2016) but their presence in the marine environment has been less investigated mainly because of the 68 complexity of the matrices to analyze and of pharmaceutical dilution in marine waters (Arpin-Pont et al., 2016; Gaw et al., 2014). However, there is a growing interest these last years for this compartment 69 70 considered as the last receiver of continental contamination.

Pharmaceuticals are biologically active compounds designed to interact with specific physiological pathways of target organisms. They may cause a risk to the health of marine non-target organisms and act as additional stressors on marine ecosystems already impacted by climate change, overfishing and eutrophication (Crain et al., 2009; Desbiolles et al., 2018; Mezzelani et al., 2018). As the antibiotic class is one of the most frequently detected in marine waters and sediments (Arpin-Pont et al., 2016),

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the overall contamination lead to the outbreak of antibiotic resistant bacteria at particular concern (Marti et al., 2014).

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Monitoring is generally defined as a long-term, standardized measurement and observation of the aquatic environment to define status and trends of the contamination. The use of monitoring has evolved to help determine trends in the quality of the aquatic environment and how that quality is affected by the release of contaminants, other anthropic activities and by waste treatment operations (UNESCO/WHO/UNEP, 1996). The availability of effective tools and standardized methodologies are crucial for one-time or routine chemical contaminants monitoring, in a view to collect relevant information at set locations and at regular intervals. The generation of such data is useful to future decisions concerning the quality management of the studied marine areas and for further environmental risk assessment initiatives.

Unfortunately, to this date, European and international legislation on chemical contamination of marine resources concerns very few pharmaceuticals. In western Europe, the Convention for the Protection of the Marine Environment of the North-Est Atlantic (the 'OSPAR Convention' (OSPAR Commission, 1992)) aims to monitor chemicals in marine waters of North-East Atlantic Ocean and proposes guidelines with recommendations for seawater sampling and analysis of organic contaminants in oceanic, coastal and estuarine waters (OSPAR Commission, 2013). Twenty pharmaceuticals and five hormones are listed as 'of possible concern' and the antifungal clotrimazole is listed as 'of priority action' (Supplementary Material 1). European Union regulation progresses to the integration of pharmaceuticals in the Watch List of the Water Framework Directive (WFD) 2000/60/EC, updated in July 2018, covering freshwater and transitional waters (estuarine and coastal areas up to one nautical mile from the shore). To this day, seven pharmaceutical compounds are included in the Watch List: three hormones (estrone (E1), 17-beta-estradiol (E2) and 17-aethinylestradiol (EE2)) and five antibiotics (amoxicillin, ciprofloxacin and the macrolides azithromycin, clarithromycin and erythromycin), making them potential candidates for the Priority Substance List. As well, monitoring programs for continuous evaluation of the marine waters environmental status should be established according to the Marine Strategy Framework Directive (MSFD) 2008/56/EC, including the evaluation of the impact of hazardous substances as pharmaceuticals (European Parliament and Council, 2008).

This review aims to provide an overview of the current practices in pharmaceutical monitoring strategies in the marine environment through the analysis of scientific literature, and to identify the key knowledge gap priorities for future research. The different steps of the monitoring strategy development are dissected to identify critical aspects to consider and the limits frequently encountered.

The research articles focusing of pharmaceutical occurrence in the marine environment included in this review were published between the period 2012-2020 and selected according to several criteria related to a previous article by (Arpin-Pont et al., 2016). As recommended by the European Commission's "Guidance document on analytical quality control and validation procedures for pesticide residues analysis in food and feed" ("SANCO/12571/2013" rev. 0 19/11/2013): (i) internal standards are used; (ii) the given pharmaceutical concentrations are from gas chromatography or liquid chromatography- tandem mass spectrometry (GC- or LC-MS/MS) analysis; (iii) the overall analytical procedure from the sample treatment to the analysis must be developed and validated (linearity, limit of quantification determination, matrix effect study, confirmation with two MRM) in marine waters, sediments, or biota, but not necessarily following a whole standard validation; (iv) recoveries are in the range of 70-120%; and (vi) precision of the instrumental method expressed as the relative standard deviation (RSD) is under 20%.

### II. Monitoring of pharmaceuticals in the marine environment: a literature

123 analysis

#### II.1. Steps in strategy development

#### II.1.1. Definition of the objectives

Generally, the main objective is to provide an overview regarding the occurrence of a panel of pharmaceuticals in a defined area for a specific time. Surveillance, operational and investigative monitoring are distinguished (European Commission and Directorate-General for the Environment, 2009). Surveillance monitoring is implemented mainly to assess long-term changes in natural or anthropogenic conditions. Operational and investigative monitoring are problems or source-oriented (Choi et al., 2020; Rimayi et al., 2018). Operational monitoring is focused on water bodies identified at risk to not meet good environmental status and investigative monitoring is related to water bodies that failed or did not meet environmental objectives.

Monitoring strategies can be aimed to generate a comprehensive dataset of the contamination (Biel-Maeso et al., 2018; Kötke et al., 2019; Zhao et al., 2017) or to be a preliminary study intended as a first-step exploratory survey establishing baseline levels which will facilitate comparisons through long-term monitoring (Long et al., 2013). The objective is sometimes to fill data gaps or to complete the results from previous research (Ali et al., 2018; Borecka et al., 2015). The identification of the compounds and the observed concentration ranges are defined for one (Ali et al., 2017; Alygizakis et al., 2016) or several compartments in a view to assess the distribution (or partition) of the compounds between the different matrices, for example dissolved and suspended particulate matter (Cantwell et

al., 2017), water and sediment (Chen et al., 2015b; Moreno-González et al., 2015), water and 143 organisms (McEneff et al., 2014). The elucidation of contaminant spatial status or temporal trends can also be looked for (Cantwell et al., 2016; Chen et al., 2015b; Moreno-González et al., 2015). 144

Along these occurrence issues, monitoring is sometimes intended to identify pollution sources 145 (Moreno-González et al., 2015; Zhang et al., 2013), and mainly point sources (Nödler et al., 2016). 146 147 The influence of a defined pollution source (e.g. WWTP effluent, river discharge) and the attenuation process of the contamination after release in the marine waters can be assessed by comparing the 148 concentrations between the WWTP effluent or the riverine inputs and receiving waters (Choi et al., 149 2020; Lara-Martín et al., 2014; Zhang et al., 2012). As an example of investigative monitoring, a one-150 151 time contamination through unregulated discharge was monitored at the Umgeni River (South Africa) estuary after an improper disposal of medical wastes (Rimayi et al., 2018). 152

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Besides these main objectives, the impact of factors such as salinity, tides, hydrodynamics or physicochemical properties of the compounds on their environmental behavior (spatial patterns) and their occurrence (concentration levels) may be investigated in the same time (Bayen et al., 2013; Cantwell et al., 2018; Zhao et al., 2015). Combination of river discharge flow rates and measured concentrations allows an estimation of pharmaceutical fluxes entering into coastal areas in the dissolved or particular phase (Cantwell et al., 2016; Szymczycha et al., 2020; Zhao et al., 2017). Monitoring of pharmaceuticals also permits to collect data in order to evaluate the ecological risk at environmental concentrations (Afsa et al., 2019; Azaroff et al., 2020; Biel-Maeso et al., 2018; Chen et al., 2015b; Szymczycha et al., 2020), or the potential exposure (Chen et al., 2015b) and/or risks for humans through seafood consumption (Silva et al., 2017).

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#### II.1.2. Selection of Substances

Considering the great number of pharmaceuticals sold and used all over the world, a large scale screening of pharmaceutical contamination would be preferable to have a comprehensive overview of the studied marine area status. However, the differences in physical and chemical properties of target compounds and the complexity of environmental matrices make their simultaneous analysis challenging. It requires thus a compromise in the choice of the compounds between a large scale screening of the substances present in the media and the technical feasibility. The selection of target molecules is generally based on several criteria detailed below: (i) pre-existing lists of compounds defined by international and/or national regulations or guidelines, (ii) information on local prescriptions and/or consumption habits, (iii) previous occurrence data in the environment, and (iv) physicochemical properties and environmental fate of these molecules.

As few pharmaceuticals are regulated, the selection of contaminants may be pre-defined by existing lists of compounds defined as of possible concern for aquatic environments, published by national environmental agencies or international institutions, for example as the OSPAR Commission, the European Commission or the United States' Environmental Protection Agency (US EPA). The identification of priority substances might permit to fill knowledge gaps concerning their occurrence and, furthermore, their impacts on living organisms. One may refer to the established lists by the Watch List of the WFD, by the OSPAR Commission (lists of substances of possible concern) and the NORMAN Network (210 pharmaceuticals in the listed emerging substances<sup>1</sup>). These lists are built upon prioritization methodologies that permit to select the substances in relation with the lack of data concerning their occurrence, analytical performance, and potential hazard upon living organisms. For their monitoring in California's aquatic ecosystems, (Maruya et al., 2014a) included, as a priority, unregulated contaminants that have been recommended by scientific experts to be monitored in recycled water applications from the US EPA's Candidate Contaminant List 3<sup>2</sup> including the antibiotic erythromycin. In the same way (Long et al., 2013) investigated the presence of pharmaceuticals in sediments of the Puget Sound (US): 73 out of 115 were originally selected by the US EPA (US EPA, 2007) as being compounds of emerging concern, especially from WWTP water and biosolid discharges. Of the 13 pharmaceuticals detected in the sediments, seven were selected by the US EPA (diphenhydramine, azithromycin, oxytetracycline, 4-epitetracycline, anhydrotetracycline, ibuprofen, miconazole).

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Local surveys on prescription habits or selling data can bring more information on substances which could be detected in the studied zone and permit to efficiently anticipate the monitoring campaign design. Data are mainly obtained at national scale (Matongo et al., 2015; McEneff et al., 2014; Paíga et al., 2015). For example (Cantwell et al., 2017) selected 15 pharmaceuticals highly prescribed in the US and investigated their occurrence in estuarine waters of the Narragansett Bay in Rhode Island. Of the 15 active pharmaceutical ingredients measured, 14 were consistently present in the dissolved phase, and 8 were bound to suspended particulate matter collected by sediment traps over the studied period.

<sup>&</sup>lt;sup>1</sup> https://www.norman-network.net/?q=node/81#sub23

<sup>&</sup>lt;sup>2</sup> https://www.epa.gov/ccl/contaminant-candidate-list-3-ccl-3

Another inclusion criterion can be their previously reported occurrence directly in receiving marine environment. For example, in the California Pilot Study (2009-2010) of the USA Mussel Watch Program, (Maruya et al., 2014a) based the target analyte selection on their known or suspected occurrence in sediments and/or tissues from previous surveys in California or other regions, and in the aqueous phase of receiving waters based on traditional or alternative (i.e. passive sampling) methods. Diclofenac, azithromycin, metoprolol, carazolol, hydrochlorothiazide, tamsulosin, venlafaxine, citalopram, carbamazepine and diazepam were proposed as prioritization substances for the monitoring of coastal areas from several sites across Europe, due both to detection frequencies and concentrations measured from their large sampling campaigns (Álvarez-Muñoz et al., 2015b).

To date over the 29 selected published papers between 2014 and 2020, 149 pharmaceuticals including nine transformation products; and caffeine and its metabolites (paraxanthine, 1-methylxanthine, 3-methylxanthine) and theophylline were quantified by grab sampling in estuaries, coastal and offshore waters (Figure 1 and Supplementary Material 2) from Europe (France, Germany, Great Britain, Greece, Ireland Italy, Poland, Portugal, Spain), Asia (China, Malaysia, Singapore, South Korea, Taiwan), the Middle Est (Israel, Saudi Arabia, Turkey), Africa (South Africa, Tunisia), Oceania (Australia), North America (the USA), the Antarctic and the Arctic.

This recent dataset enables to draw up a first preliminary global contamination profile of marine waters according to therapeutic classes and marine water locations. All the therapeutic classes (AINS, analgesics, antibiotics, central nervous system (CNS) drugs, cardiovascular system (CVS) drugs, lipid-lowering and the miscellaneous pharmaceutical molecules class named 'others') are occurring at once in estuaries, coastal and offshore waters. A significative difference between both estuary and coastal concentrations and offshore mean concentrations (Wilcoxon rank sum test, p-value<0.05, Supplementary Material 2) might be explained by pharmaceutical dilution in the water column at offshore locations, with mean maximal concentrations of 492.14±1,641.92 ng/L, 96.36±155.48 ng/L and 12.7±7.10 ng/L in coastal, estuarian and offshore locations respectively. Significative differences between some therapeutic class maximal concentration means are observed (Supplementary Material 3) but are not indicating a predominance of a particular class of pharmaceuticals in seawater.

However, one may highlight monitored substances with reported highest maximal concentrations (Supplementary Material 4). Referring both to the number of reported occurrence (>10), median concentrations higher than 100 ng/L and maximal concentrations (>500 ng/L), these were measured for AINS, analgesics, antibiotics, CVS drugs, lipid-lowering (gemfibrozil), CNS drug (carbamazepine) and several miscellaneous pharmaceuticals (antiretroviral, beta blockers; and caffeine), including metabolites (2-hydroxy-ibuprofen, carboxyibuprofen, Cl-diclofenac, 1- and 2-methylxanthine and paraxanthine. In particular, diclofenac, ibuprofen (up to 10,220 ng/L (Biel-Maeso et al., 2018)),

acetaminophen (up to 2,983 ng/L (Nödler et al., 2014)), carbamazepine (up to 1,410 ng/L (McEneff et al., 2014)) and caffeine (up to 7,708 ng/L (Ali et al., 2017)) should be regularly included into target list in monitoring programs. Additionally and despite low reported occurrence data (<10) one should pay attention to the following molecules: salicylic acid, oxytetracycline, tetracycline theobromine, iomeprol, iopamidol and metmorfin, along with transformation products of ibuprofen and diclofenac, to elucidate if the reported concentrations reflect punctual peak pollution or if these are emerging substances with high occurrence and concentrations in marine waters.

The argument of a high frequency of detection in wastewater effluents and freshwater is sometimes advanced (Cantwell et al., 2016; McEneff et al., 2014; Paíga et al., 2015; Vidal- Dorsch et al., 2012). (Ali et al., 2017) investigated the occurrence of 18 pharmaceuticals in the coastal waters of the Red Sea, which were previously detected in sewage effluent samples collected from Saudi Arabia. Thirteen pharmaceuticals were detected in most of the water samples collected in the Red Sea waters. As well, molecules may be sometimes chosen for their poor removal efficiency in conventional WWTPs (<20%) (Desbiolles et al., 2018).

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The properties of the compound may be considered when selecting the molecules of interest when helpful to predict their presence in the receiving compartment. To study the occurrence of compounds of emerging concern in municipal effluents and in marine receiving waters in the Southern California bight, Vidal- Dorsch et al. (2012) selected them based on their predicted environmental behavior such as their water solubility. For example, the highly soluble molecule atenolol was frequently detected, in 90% of the samples. Similarly Desbiolles et al. (2018) and Brumovský et al. (2017) selected molecules with a low octanol-water partition coefficient (Kow) (logKow<3) predicting their predominant distribution in the dissolved phase. Also, the potentiality of the molecule to be degraded through environmental biodegradation or photodegradation (Felis et al., 2019) leading to the formation of degradation products should be taken into account into the target molecule list. The predicted ecological risk of compounds can be considered as well. Paíga et al. (2015) selected compounds from two therapeutic classes (NSAIDs and analgesics) taking into account data that pointed out pharmaceuticals like ibuprofen, diclofenac and acetaminophen, as being detected in Portuguese environment at levels able to pose an ecotoxicological risk for aquatic organisms (Santos et al., 2013). Some pharmaceutical classes are monitored because they represent public health issues, such antibiotics as their presence in environmental waters is responsible for the development of antibiotic resistant bacteria (Brumovský et al., 2017). Pharmaceuticals of interest can also be selected depending on the availability of analytical methods (Vidal- Dorsch et al., 2012) with additional criteria such as their robustness, their capability of processing a large set of samples and to be multi-residue (ÁlvarezMuñoz et al., 2015a), or their capacity of detecting the chemical of interest in at least one of the investigated environmental matrices waters, sediments or biological tissues (Maruya et al., 2014c).

Multi-criterion decision analysis that is combining several criteria (e.g. volumes of production, ecotoxicological relevance) permits to implement prioritization scheme for the selection of monitored pharmaceuticals (Cantwell et al., 2018; Kötke et al., 2019; Li et al., 2020; Maruya et al., 2014c). In particular the State of California developed a risk-based adaptive monitoring strategy in a view to assess the potential effects of compounds of emerging concern on ecological health in California's freshwater, estuarine and oceanic ecosystems (Maruya et al., 2014c). For this purpose, they defined an initial list of relevant compounds for screening considering contaminant sources and their fate in receiving environments, and by comparing environmental concentrations with biological thresholds of adverse effects. However, they underlined that the availability of high-quality occurrence and effects data for these compounds is typically limited. This assertion is especially true for pharmaceuticals in the marine environment where such prioritization is limited by the rare data on their fate after release, or their toxicity on marine organisms (Arpin-Pont et al., 2016).

Considering the great number of parent compounds used in therapeutics and released in the aquatic environment, many transformation products (metabolites and degradation products) mostly of unknown toxicity and persistence are expected to be present in surface waters. Data on transformation products are even fewer than parent compounds as the traditional analytical approaches of applying target screening (MS (SIM) or MS/MS (MRM)) for parent molecules results inevitably in the nondetection of such compounds. However, some of them can be present in similar concentrations to or exceeding the parent compound (Gaw et al., 2014). For example, carbamazepine-10,11-epoxide was found in higher concentration than carbamazepine in seawater of the Olsofjord (Norway) (Langford and Thomas, 2011); and the N-acetyl-sulfamethoxazole found in slightly higher concentration (28.6 ng/L) than sulfamethoxazole (25.2 ng/L) in the Liaodong Bay in China (Jia et al., 2011). Whereas few studies are dealing with environmental degradation products (Afsa et al., 2019; Baena-Nogueras et al., 2016; Biel-Maeso et al., 2018; Brumovský et al., 2017; Fenet et al., 2014; Gros et al., 2012; Lolić et al., 2015; Paíga et al., 2015) metabolites are mainly researched in biota (Álvarez-Muñoz et al., 2015b; Martínez Bueno et al., 2014a; Moreno-González et al., 2016; Silva et al., 2017) or in the dissolved phase (Martínez Bueno et al., 2014b; Szymczycha et al., 2020). Paíga et al. (2015) developed a method for pharmaceuticals including glucuronide acetaminophen, carboxyibuprofen and 2hydroxyibuprofen that was applied to seawater samples of Atlantic Ocean collected in the North of the Portuguese coast during the 2013 summer season. Ibuprofen and its metabolite 2-hydroxyibuprofen

were detected in 100% of seawater samples with higher concentrations for the metabolite in some sampling points.

Along with the target compounds in monitoring studies, some pharmaceuticals (e.g. carbamazepine, valsartan) or other molecules from human activities (e.g. caffeine and its metabolite paraxanthine, artificial sweeteners) can be analyzed because of their suitability to be anthropic tracers as they are markers of domestic wastewater. The choice of the relevant tracer depends on the aim of the study, as tracing pollution and its sources (Cantwell et al., 2018; Goh et al., 2017; Nödler et al., 2016), studying of the dynamic of the contamination (Erostate et al., 2019; Szymczycha et al., 2020) or the vulnerability of coastal systems (Paíga and Delerue-Matos, 2017). The above-mentioned physicochemical properties of the molecules and particularly their persistence in the environment and study location are also decision criteria (Vystavna et al., 2013). For example, in their study of the contamination of the Hudson River estuary (US), (Cantwell et al., 2018) used the ratio caffeine/sucralose to distinguish treated or untreated wastewater origins, because of the labile property of caffeine that is easily degraded by WWTPs processes, contrary to the conservative behavior of sucralose. Moreover, they evidenced the ability of sucralose to be a tracer for recalcitrant contaminants whereas caffeine might reflect the fate of easily degradable contaminants. Thus, in marine water monitoring these tracers should be monitored in addition to target substances (Choi et al., 2020; Nödler et al., 2016).

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#### II.1.3. Sampling Strategy

Guidelines for the monitoring of various contaminants (trace metals, organic contaminants, priority substances, etc.) in the marine environment were produced early by international institutions, e.g. the "Guidance on surface water chemical monitoring under the Water Framework Directive" (surface waters include inland waters except groundwater; transitional waters and coastal waters) (European Commission and Directorate-General for the Environment, 2009), the "JAMP Guidelines for Monitoring of Contaminants" (seawater, sediments, biota) (OSPAR Commission, 2013), or the "Sampling and Consideration of Variability (Temporal and Spatial) for Monitoring of Recreational Waters" (US EPA, 2010). However, no specific guideline currently exists for monitoring pharmaceuticals in the marine environment. Thus, we aimed to provide above a synthesis of monitoring strategy considerations and their application in the selected published papers.

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#### II.1.3.1. Selection of the study site and sampling scheme definition

Characterization of the studied marine receiving environment prior to the setup of a routine monitoring sampling strategy is recommended (Figure 2). The definition of the sampling scheme depends on the objective(s) of the monitoring, the location and the configuration of the marine studied area. The combination of pre-existing contamination data, the use of numerical modeling and a time-limited pilot study may permit a first screening of the contamination. Based on these first data a site-specific monitoring sampling scheme can be setup with optimal spatial and temporal sampling step scales and might be a compromise between a sufficient area coverage, limited costs and meaningful results.

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#### **Choice of the Study Site**

- Factors such as a high anthropogenic pressure or identified pollution sources may guide the type and the location of the study site.
- Among the different marine environments, estuaries are relevant locations to study pharmaceutical contamination because they are important economic areas (harbors, agriculture, aquaculture, industrial activities, urbanization, etc.) Thus, they represent privileged places for contaminant transportation from upstream treated or untreated sewage effluents or from agricultural lands to marine waters (Cantwell et al., 2017; Stewart et al., 2014). Besides, they are transitory environments characterized by complex mixing between fresh contaminated waters and saltwater, and specific hydrological dynamics due to tides and river inputs. Pharmaceutical contamination dynamics in water (Baena-Nogueras et al., 2016; Bayen et al., 2013; Borecka et al., 2015; Cantwell et al., 2018, 2017, 2016; Nödler et al., 2014; Zhao et al., 2017, 2015), sediments and suspended particular matter (SPM) (Lara-Martín et al., 2014; Liang et al., 2013; Stewart et al., 2014), and biota (Álvarez-Muñoz et al., 2015b; Klosterhaus et al., 2013; Meador et al., 2016) are documented in urbanized estuaries but their monitoring remains difficult to implement due to their complexity. Other types of marine sites can be selected depending on the aim of the study as coasts (bays, gulfs, beaches, etc.) (Afsa et al., 2019; Beretta et al., 2014; McEneff et al., 2014), offshore sites (Alygizakis et al., 2016; Brumovský et al., 2017), harbors (Cantwell et al., 2018; Stewart et al., 2016), mangroves (Bayen et al., 2016) lagoons and aquaculture areas (Chen et al., 2015a; Ismail et al., 2019).

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The site location choice is mainly based on its potential to show zones that are highly contaminated by pharmaceutical residues. The analysis of the land use surrounding each sampling station is informative, as the presence of pharmaceuticals in receiving marine waters is often linked to the proximity of highly urbanized or dense animal husbandry areas (Maruya et al., 2014b). The distribution of the contamination may largely depend on the hydrodynamics (Bayen et al., 2013).

Identification and characterization of direct or indirect contamination point sources such as WWTP effluent discharges (Ali et al., 2017), contaminated rivers discharging to coastal waters (Cantwell et al., 2016), sewage outfalls or aquaculture farms (Chen et al., 2015a) are useful to predict the most contaminated areas and the contamination patterns, Recently Szymczycha et al. (2020) measured diclofenac, caffeine, carbamazepine and sulfapyridine in submarine groundwater that thus could be a supplementary source of coastal contamination of the bay of Puck (Poland, Baltic Sea). Sites directly impacted by WWTP releases are frequently selected, as WWTP effluents are primary sources of anthropogenic contaminants found in coastal waters, such as human pharmaceuticals. As an example Afsa et al. (2019) measured the concentrations of 40 pharmaceuticals in the wastewater of the university hospital of Mahdia (Tunisia), in the effluents of the local WWTP and at the coastal area receiving the discharges. As expected, they observed a gradient of concentration from the hospital effluent (concentration range around 200-4,700 ng/L) to the coastal zone (maximal concentration around 200 ng/L). Zones with important stakes and sensitivities can be focused (Białk-Bielińska et al., 2016; UNESCO and HELCOM, 2017), such as marine areas particularly vulnerable to human activities. For example, coastal lagoons, mangrove forests or semi-enclosed bights, where the dilution of the contamination is limited due to their confinement from the open sea and their shallowness are more vulnerable than open seas (Erostate et al., 2019; Moreno-González et al., 2015; Nödler et al., 2016).

#### **Spatial and Temporal Features of Sampling Scheme Definition**

Spatial and temporal features of the selected study site are crucial to apprehend contamination patterns and to determine the number of sampling stations and the frequency of sampling events. Spatial factors are linked with pollution sources, the marine site configuration (coast, bay, estuary, offshore, etc.), its depth and width whereas temporal factors are linked with seasonality in pharmaceutical inputs and meteorological conditions.

Hydrodynamic conditions are strongly controlling the occurrence and the dynamics of contaminants in the marine environment (Bayen et al., 2013) thus their comprehension and estimation must be included in the monitoring programs, for example through numerical modelling. The spatial distribution of the contamination is influenced by factors such as tributary inputs, river flows or tides (Zhao et al., 2015) that play an important role by controlling dilution and, consequently, pharmaceutical concentrations (Biel-Maeso et al., 2018; Cantwell et al., 2018). As well, the complex hydrodynamics of water combined with the location such as in estuaries (Cantwell et al., 2017; Liang et al., 2013), the monsoon in tropical estuaries (Bayen et al., 2013), the contribution of submarine groundwater (Szymczycha et al., 2020) and the presence of a thermocline can explain the observed

spatial patterns of pharmaceutical distribution. Due to temperature stratification periods, pharmaceuticals can be trapped in the deeper layers of the water column, as shown by (Fenet et al., 2014) in winter for carbamazepine in Mediterranean coastal waters impacted by a submarine outfall (Montpellier, France).

Thus a progressive or staged approach should provide a rational method for determining the number and spacing of the sampling stations both to be cost-effective and to allow an acceptable representativeness of the measurement (US EPA, 2010). To overview the spatial distribution and to enable numerical modelling of the contamination (Björlenius et al., 2018; Fonseca et al., 2020), the distribution of monitoring points should be sufficient to cover the studied area (Kötke et al., 2019). These monitoring points should include reference sites although laborious to found. Indeed they have to be sampled at a sufficient distance of the studied contamination sources in order to describe the background conditions and to compare that contamination levels to those of most directly impacted stations (Moreno-González et al., 2015; Turja et al., 2015).

#### Sampling Station Location

With a simple source of contamination and in a shallow site, few locations within and outside the sites and few points per location may be enough to obtain an overall impression of the site contamination. However, for sites with complex contaminant distribution and hydrodynamic, such as estuaries, deep sites, or open sea (Brumovský et al., 2017) appreciably more monitoring locations and monitoring points at each location are likely to be required. As well, for deep sites, the sampling at different depths allows to investigate the vertical distribution of the contamination (Biel-Maeso et al., 2018; Borecka et al., 2015; Goh et al., 2017). If the aim is to identify and study local sources of contaminants, then the sampling grid should be denser in the vicinity of the suspected sources (Kim et al., 2017). To study the influence of a punctual source of contamination such as WTP effluents and the attenuation of the plume, a multi-site sampling is needed at regular distances from the source (Biel-Maeso et al., 2018), for example in a delimited spatial area to assess direct and indirect impacts of the pollution source and the background condition far from the source (Andral et al., 2013). Fang et al. (2012) investigated the occurrence of diclofenac, ibuprofen, clofibric acid and ketoprofen in the nearby coastal waters receiving WTP effluent discharges through an ocean outfall pipe in Taiwan's surface waters, and found the highest concentrations at the estuarine mouth and close to the ocean outfall area.

When monitoring large areas, to tackle logistical constraints, cost-effective approaches are desirable. Unmanned sampling on ships and marine platforms could be a possible strategy. As proof-of-concept Brumovský et al. (2016) collected aggregated samples in five different areas in the North Sea by robotic devices installed on commercial vessels, three times along routes approximately 120 km to 200 km long within each of the selected areas. The suitability of such existing infrastructure for carrying out both routine and exploratory monitoring of contaminants in marine waters has been demonstrated in this study, with the detection of pharmaceuticals at trace levels. However, focused experiments on the stability of the analytes in the samples during collection and on-board storage were considered as a further step to improve the accuracy of quantitative analysis. The variability of salinity or SPM content of seawater can also give an indication of the spatial variability of pollutants and act as "normalization" factors (OSPAR Commission, 2013).

#### Exploring temporal trends

- A one-time study permits to give a screenshot of the contamination, by sampling several matrices or several depths at selected sites, to determine the partitioning of target compounds or the influence of tides and the sampling depth in a defined area (Lara-Martín et al., 2014).
- Concentrations at a fixed geographical position may vary over the tidal cycle, the river flow in estuaries or seasons (e.g. dry or wet seasons, monsoon in tropical countries) and water body retention time. For example, seasonal differences can be observed in seawater stratification. Cantwell et al. (2017) observed seasonal trends in the riverine discharge with the peak concentrations of pharmaceuticals in the Narragansett Bay during the river low-flow period during the summer. Low temporal variation was observed in seawater concentrations in the Southern California Bight. Seasonal differences may not play a strong role in near-bottom seawater, where temperatures and other oceanographic conditions are relatively constant for most of the year (Vidal- Dorsch et al., 2012).

Further temporal variability may arise from variation in local inputs, as some classes of pharmaceuticals are seasonally used although temporal disparities are difficult to assess (Pouzol et al., 2020). For example (Martínez Bueno et al., 2014a) hypothesizes that venlafaxine consumption is increased during the January to April months because of depression disorders treatment during this period in the south of France. In order to identify temporal trends, a particular attention should be given to sources of variability such as seasonal consumption habits. For example, touristic seasons imply an increase in wastewater effluents thus potentially an increase in pharmaceutical amount inputs in receiving waters (Moreno-González et al., 2015). These include sampling at pre-defined times of the year and at the same phase of the tidal cycle (e.g. always at high tide), although for ship-based

discrete sampling it should be recognized that logistic constraints do not always allow such measures to be taken (OSPAR Commission, 2013).

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#### Spatial and temporal trend elucidation

When the aim is the spatial and temporal trend elucidation, several stations are sampled at several times (Cantwell et al., 2018, 2017, 2016). Identifying such trends for pharmaceutical concentrations in marine and coastal waters is crucial for determining periods during which sensitive ecosystems may be at greater risk from exposure (Hedgespeth et al., 2012). In case of a periodic monitoring of a specific area, sampling stations are generally the same as in the previous campaigns to allow a comparison of the concentrations between monitoring periods in a view to assess the evolution of the contamination (concentrations or nature of compounds detected) (Martínez Bueno et al., 2014b).

High resolution hydrodynamic models can be useful tools for providing estimations of hydrodynamics in the studied marine region, to understand the fate (transport, dilution, attenuation) and the spatio-temporal variations of the contaminants (James et al., 2020; Pairaud et al., 2011), and to calculate the predicted environmental concentrations (Fenet et al., 2014). At a local scale they can permit to predict contaminant dispersion in the studied area and help to choose sampling station location and the sampling depth (Bayen et al., 2013; Björlenius et al., 2018; Tian et al., 2019). They could permit to give a representation of tidal and seasonal forcing and investigating spatial-temporal water changes in complex marine environments. Contaminant trajectories can be simulated thanks to the combination of identified input discharges and local hydrodynamic modelling. For example Bayen et al. (2013) predicted the residence time of selected pharmaceuticals in Singapore's coastal marine environment using the hydrodynamic model "Singapore Regional Model", including river discharges. The hydrodynamic flushing and high residence time for confined water bodies are factors reported increasing concentrations in seawater and sediments. At the scale of the Tagus estuary (Portugal) Fonseca et al. (2020) combined a hydrodynamic model (MOHID Water Modeling system, (MARETEC, 2018)) to a Lagrangian particle tracking numerical model (Duarte et al., 2017) to identify the most vulnerable areas of the estuary considering their exposure to pharmaceuticals. It provided an integrated approach by including the multiple pharmaceutical entry points into the marine environment (WWTP effluents, river discharges), estuarian specific hydrodynamics and the different ecological environments.

Another approach is through the analysis of concentration spatial variations in the hydrological system considered. Björlenius et al. (2018) selected carbamazepine to be included in a grey-box model (mass-balance model PhATE combined to GREATER) to assess its fate in different locations of the Baltic Sea. They estimated a flushing half-time of ten years and thus its occurrence in seawater several years after the end of its consumption. Tian et al. (2019) used the mechanistic Salish Sea hydrodynamic and biogeochemical model designed to consider that the ocean contaminant concentrations are derived from their initial concentrations in point (WWTP, outfalls) and diffuse (runoff) sources, after dilution and transport but do not comprise environmental degradation processes. Spatial patterns identified at the estuary of Puget Sound (USA) with the model compared with measured concentrations support that sucralose and lamotrigine can act as urban wastewater tracers.

However, one may notice that specific challenges are raised by numerical modelling. They are related to the need of model calibration and validation, along with the choices of the integration of conservative or non-conservative behavior of the target contaminant, and the multiple forcing features to include (as wind) to provide a coherent simulation of the fate of the molecules. Thus, their use and outputs need to be exploited prudently.

#### II.1.3.2. Matrix Selection

The knowledge of the fate of pharmaceuticals after their release is useful when choosing study matrix of the sample. Once discharged into aquatic environments, their distribution between the environmental compartments (water, sediments/SPM and biota) is a function of their physicochemical properties, their interactions with the different matrices and the site hydrodynamic conditions (Bayen et al., 2013). The contaminants will undergo biotic and abiotic transformations (degradation); they can be (ab/ad)sorbed to SPM and sediments, and in some case be accumulated in the tissues of organisms, depending on their partition coefficients (Kow; Koc). However, fate studies of pharmaceuticals in marine systems, such as studies on sorption or degradation processes, are rare in the literature. Existing data on the environmental fate of pharmaceuticals available for freshwater ecosystems are generally not transposable to marine environments (Pazdro et al., 2016; Weigel et al., 2004) because of their differences in physicochemical and biological properties. In particular ionizable pharmaceuticals might undergo different fate under environmental pH, ionic strength and temperature, e.g. as fluoxetine and the tricyclic antidepressant compounds' amitryptiline, doxepine and imipramine (Togola and Budzinski, 2007), trimethoprim, naproxen and ketoprofen (Domínguez et al., 2011) or selected antibiotics (Wang et al., 2010; Xie et al., 2017).

#### Water

Pharmaceuticals are mostly polar compounds and will be investigated principally in the water column, even though they are quantified in other matrices (sediment, biota). Sampling of water column is not a trivial action in order to provide an accurate measurement of the contamination. Indeed, concentrations in water can evolve rapidly and are highly affected by hydrodynamic conditions (Bayen et al., 2014). Moreover, unlike concentrations in sediments and biota, pharmaceutical concentrations in water respond quickly to changes in inputs or other environmental conditions u.

In most reviewed articles, water was collected with pumps or grab (active) sampling (Arpin-Pont et al., 2016) then filtered (1-0.45  $\mu$ m) to report concentrations of pharmaceuticals present in the dissolved phase. This strategy is particularly interesting as it allows a direct quantification of target compounds and permits to detect peak contamination events. However, these samples show high variability which can result in a low representativeness. To detect a peak event or to investigate temporal variation during a long-term monitoring, a high-sampling frequency should be performed but implies high costs (OSPAR Commission, 2013).

Although passive sampling (PS) techniques are more challenging than grab sampling particularly due to sampler calibration requirements and hydrodynamic control issues, they have been recommended in the European Commission Guidance Document on surface water chemical monitoring, then in the WFD daughter 2013/39/UE, as complementary methods to improve the level of confidence in water monitoring data in comparison with conventional spot sampling (Miège et al., 2015). PS is assumed to have a positive influence on the future design and output of monitoring programs in the context of the WFD and the MSFD. In contrast with spot-sampling strategy, PS provides time-integrated concentrations of pollutants over the deployment period of the devices (Alvarez et al., 2008) by accumulating and concentrating the targeted molecules thus allowing to improve their detection limits (Miège et al., 2015; Vrana et al., 2016).

However, in addition to the need of suited deployment sites and the risk of a loss in the sea, some barriers still remain that prevent regulatory acceptance and actual implementation of these tools for routine monitoring of contaminants in aquatic systems, explaining why this technique is not widely used at the moment. In order to endorse PS use in monitoring programs, several actions have been conducted, including interlaboratory studies to evaluate performances of PS methods with a focus on emerging substances *in situ* (NORMAN network, (Miège et al., 2015; Vrana et al., 2016)).

Various types and configurations of PS exist today for a wide range of compounds depending on their physicochemical properties and particularly their log  $K_{ow}$ . For polar compounds (1< log  $K_{ow}$  <4)

including pharmaceuticals, the main PS employed are Polar Organic Chemical Integrative Samplers (POCIS), Chemcatcher® and organic Diffusive Gradient in Thin film (o-DGT) devices. The choice of the most appropriate receiving phase permit to retain molecules on a wide log K<sub>ow</sub> range (e.g. HLB sorbent), to target highly polar (e.g. SDB-RPS) or low-polar molecules (e.g. C<sub>18</sub> disks in Chemcatcher®) (Gong et al. 2018). Metal Organic Framework (MOF) derived porous carbon was used as binding gel in o-DGT for the sampling of various antibiotics in seawater (Ren et al., 2018). This configuration shows an interesting capacity to bind antibiotics in seawater, due to their specific mesoporous structure and large surface area, without being influenced by pH and ionic strength during this study.

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601 602 For pharmaceuticals, the POCIS are the most used in marine waters (Table 1). It was acknowledged that at present the mechanisms of uptake and release of hydrophilic substances from water into these adsorption-based PS are not fully understood. Almost all reviewed articles used laboratory-based sampling rates (Rs, liter per day) from experiments or literature. The Rs is dependent of the physicochemical properties of the compounds and of sampling device exposure conditions, mainly by flow velocity (Ibrahim et al., 2013), and temperature and salinity (Togola and Budzinski, 2007). The main Rs values were determined in freshwater then not suitable for time weighted average (TWA) concentration calculation in marine waters. Thus, there is a need of a specific calibration in the seawater matrix. Currently, adsorption-based passive sampling for hydrophilic compounds allows only semi-quantitative information to be obtained, because of the uncertainty in applying laboratory-based sampling rates to in situ field conditions. Performance Reference Compounds (PRCs) can be spiked into the passive samplers before exposure. Their dissipation into the environment enable to estimate the sampling rate of the device through mass transfer kinetic information between the sampler and the environment (Joyce and Burgess, 2018; Li et al., 2018). However, the exchange of compounds between POCIS and the aqueous phase can often be considered as an anisotropic process. Consequently, it is generally not possible to use the release of PRC to calibrate the uptake rate and allow calculation of TWA water concentrations for a wide range of compounds (Vrana et al., 2016). Nonetheless, PRCs should be used as surrogates to check that exposure conditions (temperature, salinity, water flow) are within the limits for which the laboratory derived the calibration data (quality controls). In the reported studies Gonzalez-Rey et al. (2015) used caffeine-13C and deisopropylatrazine-d5 as PRCs to calibrate POCIS.

The DGT devices firstly developed for monitoring dissolved trace metals (Zhang and Davison, 1995) were adapted to the sample of organic compounds (namely 'o-DGT') including pharmaceuticals. o-DGT were made of a XAD-18 resin gel as a binding phase to sample sulfamethoxazole in water (Chen et al., 2012). It has been assumed that the advantages of o-DGT over POCIS are (i) that the compound uptake (with o-DGT with or without a PES outer membrane) is mainly controlled by the hydrogel

diffusive layer then is significantly less sensitive to the hydrodynamic conditions (Belles et al., 2017; Challis et al., 2016; Zhang and Davison, 1995); (ii) Rs for o-DGT can be calculated from temperaturespecific diffusion coefficients (D) determined in the laboratory by relatively easy to implement celldiffusion calibration (Challis et al., 2016; Guibal et al., 2019); and (iii) it is possible to choose the appropriate combination of diffusive gel (type, thickness), binding phase and outer membrane considering the target molecules and the deployment conditions. (Guibal et al., 2019) provided a complete overview on the adaptations and field applications of o-DGT. Most of the studies focused on the device design, the influence of environmental factors (flow, temperature, biofouling, pH, ionic strength, organic matter) and performance assessment (Belles et al., 2018). Over the period 2011-2019, 50% of the published papers on o-DGT concerned pharmaceuticals and in particular sulfamethoxazole and the sulfamide family. The most used sorbent phases were XAD-18 and Oasis HLB. Some studies provided in-field results in natural waters mostly in freshwater and waste waters; with efficient sampling in the pH range of 4-9 and in the ionic strength range of 0.001-0.100 M. To date only four studies relate the application of o-DGT to monitor marine waters (Ren et al., 2018; Stroski et al., 2020; Xie et al., 2018, 2017) (Table 1). Thus specific challenges for the sampling of pharmaceuticals in seawater with o-DGT are (i) high dilution of these molecules and the relative small surface sampling area of DGT (3.14 cm<sup>2</sup>) as compared to POCIS (41 cm<sup>2</sup>) (Challis et al., 2016); (ii) hydrodynamics (currents, tides) (Belles et al., 2018; Buzier et al., 2019) and (iii) physicochemical properties of seawater (pH around 8 and ionic strength around 0.7 M) that affect ionization of certain compounds (antibiotics).

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Despite the inherent interest of the *in situ* calibration of PS devices, it remains difficult to implement. According to our knowledge only one study implemented *in situ* calibration of POCIS in the marine environment for a selected range of pharmaceuticals (Shi et al., 2014). POCIS were deployed in three sites highly impacted by human activities (sewage outfalls) in the Yangtze Estuary, China. They compared the laboratory and *in situ* calibrations and evidenced that field Rs were higher than laboratory Rs probably due to environmental conditions and especially water flow rate and significant turbulence in the estuary. Although a demanding task, *in situ* calibration of PS devices is, however, a relevant approach to significantly increase confidence in TWA estimation.

Interlaboratory studies showed that accurate analysis of some hydrophilic substances, including pharmaceuticals, remains a challenge. The reported variability of TWA concentrations partly stems from the calibration of the PS devices, for example leading to TWA estimation variation coefficient of 73-256% for pharmaceuticals with POCIS (Vrana et al., 2016). Even if PS tools for hydrophilic substances still need developments and adaptations, guidelines describing how to conduct PS

calibrations and deployment are required. Such guidance should define a common set of metadata and calibration conditions (water flow, temperature, type of exposure system, salinity) to be reported together with the obtained sampler calibration parameters. All this information is required for the assessment of the possible relationship between the observed variability in available calibration data and the exposure conditions used in calibrations. According to (Miège et al., 2015), data obtained by PS techniques are as representative as low frequency spot sampling (4-12 sampling times per year) used in compliance monitoring for the WFD, considering that the uncertainty of PS concentrations is lower than the variability of environmental concentrations.

Besides the Passive Sampling with Ionic Liquids technique (PASSIL) was proposed as a new receiving phase in passive sampler device designed as a dosimeter for selected pharmaceuticals (carbamazepine, diclofenac, 17- $\beta$ -estradiol, sulfapyridine and sulfamethoxazole) (Caban et al., 2016), and was tested at the marine pH and salinity (Męczykowska et al., 2018, 2017). Their interest lies in their ability to sample molecules with a wide range of polarities due to their heterogeneous structure at the nanometer scale. It is therefore possible to design specific ILs for the extraction of various analytes. Thus they represent an additional promising tool for the passive sampling of pharmaceuticals in water.

#### **Sediments and suspended matter**

Sediments constitute a reservoir and even a sink for the accumulation of pharmaceuticals in marine ecosystems. They reflect the quality of the habitat of benthic organisms and give an overview of the 'time-integrated' environmental contamination completing water and biota monitoring (Chen et al., 2015b; Na et al., 2013). Pharmaceutical deposition and adsorption on sediments are depending on the flow velocity, pH, salinity, organic matter content and texture of sediments (Ismail et al., 2019; Rimayi et al., 2018). The inner properties of the considered molecules also influence strongly their distribution between sediments and aqueous phase. Sorption is expected for the compounds which pKa corresponds to the seawater pH (7.4-8.35) (Guo et al., 2019). The adsorption coefficient (Kd) and high hydrophobic partition coefficients (Kow) are in favor of pharmaceutical bind to sediments (Lara-Martín et al., 2014). The normalized Kd with the fraction of organic carbon (Koc) may give information about specific interaction of certain pharmaceuticals with sediments linked to their content (Cantwell et al., 2016). Thus sediments can act as a secondary pollution source (Pazdro et al., 2016) from which pharmaceuticals can be released by changes in environmental conditions such as salinity and pH (Gaw et al., 2014) and resuspension of the bed sediment, by environmental disturbances

670 (storms, currents, bioturbation, etc.) or anthropic causes (dredging, trawling) (Ismail et al., 2019;

671 Snelgrove, 2013).

 The advantages of sediment sampling belong to their capacity to concentrate and to be an integrative matrix of the contamination (Gonzalez-Rey et al., 2015), to reflect long-time contamination and to assess spatial variability. In response depending on the molecule persistence, the dating of the contamination and/or the tracking of the pollution source is tricky. Sediments can be sampled along with water to compare the spatial distribution of the contamination (differences between sites and

difference between the types of molecules) (Guo et al., 2019).

Depending on the location, sediments can be sampled with grab samplers (Shipek, Petersen, Van-Veen Ekman) for surface sediments or with spades or scoops, and with a gravity corer or even ruby scuba divers with hand corers for deeper samples. Sometimes very deep sampling requires a Hybrid Remotely Operated Vehicle (HROV) as for the study of the Capbreton Canyon (France) (Azaroff et al., 2020). The pharmaceutical concentrations in sediments are depending on their chemical composition and texture and thus there is a need of normalization of the results (Cantwell et al., 2017).

However seasonal monitoring is not always possible, because of the sedimentation rates and the mixing between the superficial layer in coastal area due to specific hydrodynamics and bioturbation (Schutte et al., 2019). As sedimentation rates are not always determined, temporal variations of the contamination are difficult to apprehend in routine monitoring.

The occurrence of pharmaceuticals on the suspended matter phase is the subject of few studies (Cantwell et al., 2017, 2016; Lara-Martín et al., 2014) and aimed partly to determine partition coefficients.

#### **Organisms**

A commonly used tool for describing the quality of the aquatic environment is biomonitoring, which makes use of various aquatic biota, including invertebrates and fishes (Maruya et al., 2014b; Świacka et al., 2019) or algae (Ali et al., 2018; Cunha et al., 2017). Bivalves, such as mussels, are often used as bioindicators for aquatic pollution monitoring (Almeida et al., 2020) and are representative of the sampling area because of their sedentary behavior. Being filter-feeders, mussels bioconcentrate chemicals to concentrations much higher than those found in the surrounding waters and reflect a much longer time frame than conventional sampling (Cunha et al., 2017; Świacka et al., 2019). Native mussels can be collected (passive biomonitoring, namely 'mussel watch') (Maruya et al., 2014b, 2014a) or caged mussels can be deployed (active biomonitoring) (Bayen et al., 2016; McEneff et al.,

2014; Moreno-González et al., 2016). Fishes are less representative of a site, because they are highly mobile and may have migratory behavior, thus complicating data interpretation, or requiring benthic species (Maranho et al., 2015; Snelgrove, 2013). The question of the distribution of the pharmaceuticals into the different tissues of fishes was raised by (Liu et al., 2018), whereas bioaccumulation mechanisms in mussels depend on their physiologic status (Arpin-Pont et al., 2016) and are not fully understood because it is not relying only on the K<sub>ow</sub> distribution coefficient (Martínez Bueno et al., 2014a). Also pharmaceuticals can be readily metabolized in living organisms (Atashgahi et al., 2018) thus limiting bioaccumulation (US EPA, 1998) and increasing analysis complexity in biota matrices.

Studies on marine organisms are limited, maybe caused by the lack of suitable analytical methods for these challenging matrices, as these samples required extensive extraction and clean-up procedures for proteins and lipids (Pazdro et al., 2016). Moreover pharmaceuticals are mainly metabolized by marine organisms which induce the release of metabolites that need to be investigated (Bonnefille et al., 2017).

#### II.1.4. Sample treatments and analytical methodology

Białk-Bielińska et al. (2016) and Pazdro et al. (2016) provided complete synthesis concerning current trends of pharmaceutical analysis in the marine environment. The main steps in the analytical procedures are briefly detailed above.

#### Sample Pretreatment

The sample size and the number of replicates must be sufficient to support the desired detection limits for the contaminants of interest, and to enable descriptions of spatial and temporal trends. For example (Phuong et al., 2018) evidenced that ten sediment replicates are needed to achieve a good representativeness of the sediment contamination. Steps of cleaning and purification permit to limit the interaction between the target molecules and the components of the sample and reduce or suppress matrix effects. The more often, water samples are filtered through glass-fiber filters (1-0.45  $\mu$ m) to eliminate SPM thus only the dissolved fraction is considered. Acidification is sometimes necessary to reduce potential biodegradation of the target molecules and insure the sample stabilization. A pH control and/or modification can be realized to improve the extraction of ionic target analytes and eventually the addition of Na<sub>2</sub>EDTA for antibiotic analysis to avoid their chelation to metallic ions.

Sediments and sample biota are freeze-dried and/or homogenized and/or grounded prior to the analyte extraction steps.

#### **Sample Extraction**

- Water samples undergo solid phase extraction (SPE) procedures. The choice of the sorbent depends on the properties of the target compounds. Oasis HLB (Waters) and Strata-X (Phenomenex) sorbents remain the more used for pharmaceuticals. (Vanryckeghem et al., 2019) reports the use of Bakerbond hydrophilic divinylbenzene (DVB) Speedisk that enable the extraction of large volumes (500 mL) of seawater to improve detection limits and reduce the time of extraction. Elution of pharmaceuticals is mainly realized with the polar solvent methanol.
- Extraction of pharmaceuticals from sediments and biota matrices requires liquid (solvent) extraction then purification steps to take into account molecular interactions of target compounds with sediment due to their nature (texture, pH, organic matter, etc.); and high amounts of lipids and proteins contained in biota. Solvent extractions can be operated with ultrasonication or accelerated solvent extraction (ASE). Then liquid extracts from sediments are purified through SPE methods (C<sub>18</sub> or anion-exchange columns, in tandem with reversed-phase column as Oasis HLB). Clean-up procedures of biota extracts consist of adsorption columns (polar sorbent with normal phase) or gel-permeation chromatography.
- The QuECHERs (Quick, Easy, Cheap, Effective Rugged and Safe) (Anastassiades et al., 2003) method briefly consists in the succession of the following steps: organic sample homogenization; extraction with solvent, specific salts and buffer to separate the aqueous and organic phases; then purification with dispersive-SPE with appropriate sorbent mixtures. It has been recognized as adaptable and suitable to extract pharmaceuticals from biota, for example venlafaxine and its metabolites (Martínez Bueno et al., 2014a), carbamazepine and oxcarbazepine (Martínez Bueno et al., 2013) in marine mussels, diclofenac in algae and mussels (Cunha et al., 2017).

#### **Separation and Detection**

Separation, detection and quantification of pharmaceuticals require trace analysis in complex matrices. Chromatographic techniques, mostly liquid chromatography (LC) because of the polarity of pharmaceuticals, coupled with MS or better with MS/MS with electrospray ionization (LC-ESI-MS/MS) for sensitivity and selectivity are mostly used for this purpose (Pazdro et al., 2016). Ultra-

high-performance liquid chromatography (UHPLC) permitting to achieve a better resolution thus higher selectivity and faster analysis than HPLC is developed. High-resolution mass spectrometry (HRMS) as time-of-flight (TOF), Orbitrap or linear ion trap, and hybrid HRMS as QTOF or QTrap (Loos et al., 2016) permit to increase sensitivity and selectivity and its use is reported in some studies (Álvarez-Muñoz et al., 2015a; Bayen et al., 2013; Borecka et al., 2013; Martínez Bueno et al., 2014b; Vanryckeghem et al., 2019).

Matrix effects due to high salinity and dissolved organic matter are a major challenge in pharmaceutical analysis in the marine matrices. Internal standard and surrogates are efficient to correct the matrix effects, but they are expensive and not enough references are available for each compound especially for metabolites and degradation products. Development and application of multiresidue analytical methods remain difficult because pharmaceuticals belong to a wide range of different physicochemical properties. Then the simultaneous analysis of diverse and different molecules requires concessions in the experimental conditions thus in the method performance for certain compounds.

Non-target analysis is a relatively recent qualitative approach in analytical chemistry aiming at identifying the occurrence of molecules in the environment but not previously target thus enhancing the water contamination screening (Choi et al., 2020; Tian et al., 2019). Also, it enables a posteriori data mining of the whole acquired information relative to each analyzed sample. It is permitted thanks to the development of tandem HRMS techniques. The main difficulty is relative to the confidence in the proper identification of the molecules through their structure. For this reason, identification confidence levels for MS analysis were proposed based on the available or acquired data relative to molecular structure and analytical parameters. Building of workflows permit to prioritize and identify the molecules (Schymanski et al., 2014).

To date according to our knowledge four published studies developed suspect and non-target analysis applied to marine environment samples (seawater, sediments and mussels). (Ccanccapa-Cartagena et al., 2019) combined target, suspected and non-target screenings to assess the occurrence of several classes of contaminants in sediments and seawater of the Mediterranean Sea; in particular eprosartan was identified with non-target screening. Preliminary screening by suspect and non-target screening of the shoreline and the offshore waters of the Kongsfjorden in the Arctic in 2016 permitted during a second campaign in 2017 to target confirmed substances (Choi et al., 2020). A large screening of the North-Est Atlantic Ocean was led by Lara-Martín et al. (2020) and permitted to identify over 500 sewage-derived contaminants including pharmaceuticals (parents and metabolites) that represented over 25% of the detected substances. These studies emphasis the wide contamination of the ocean

shelf, and the complementarity approach of target and non-target screening that permit then to focus on specific target methodologies in order to assess the potential risk for the marine ecosystem. Besides Bonnefille et al. (2017) identified 13 metabolites of diclofenac in *M. galloprovincalis* tissues with non-target analysis (exposed/non-exposed to diclofenac experimentations), quantified them and proposed several metabolic pathways of these new compounds that remained undocumented until their study.

#### Validation and Quality Assurance/Quality Control

Up to now, there are no existing guidelines for the analysis of pharmaceuticals in environmental matrices (Arpin-Pont et al., 2016). Thus there is a need of validation and quality assurance criteria for this purpose (Białk-Bielińska et al., 2016; Maruya et al., 2014a), using of other not best suited guidelines (pesticide residues in food SANCO/12571/2013 or veterinary pharmaceuticals in food 2002/657/EC). International standardized system as ISO/CEI 17025:2017 ('General requirements for the competence of testing and calibration laboratories') might be implemented and specific criteria are needed for validation (matrix effects, instrumental calibration, surrogate recoveries, chromatographic separation quality and analyte identification) and quality assurance (analyte-specific reporting limits, , procedural blanks, internal standards, and when available agreement with certified/standard reference materials).

#### **Databases**

The development, improvement and optimization of each steps from the sampling techniques to the analysis of pharmaceuticals in the marine environment should lead to a harmonized methodology for the future monitoring. Management of the generated data is thus a crucial point, taking for example the databases of the Norman Network<sup>3</sup> or the master database of the analytical data passing the QA/QC evaluation from the Mussel Watch (Maruya et al., 2014a).

# III. Monitoring of pharmaceuticals in the marine environment: conclusion and perspectives

 Since 2012; an increasing number of monitoring strategies included or focused on pharmaceutical contamination of the marine environment despite the lack of international guidelines. Most often, data available in the literature are generated by one-time surveys. These are intensive monitoring programs

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<sup>33</sup> Norman Network Databases : <a href="https://www.norman-network.net/?q=node/24">https://www.norman-network.net/?q=node/24</a>

set up during a punctual period of time, to measure and observe the quality of the aquatic environment for a specific purpose. The broad occurrence and variability of the marine environment pharmaceutical contamination highlighted by recent studies (Arpin-Pont et al., 2016) suggest that pharmaceutical compounds should be more systematically included both in large (UNESCO and HELCOM, 2017) and in routine marine environment monitoring programs.

Prioritization methodologies permitted to set up watch lists of targeted molecules by some international institutions on which certain monitoring are based. At the local scale, the specificities of the study area might be considered i.e. the local pharmaceutical sources. Drug local consumption patterns might be identified (examples of high occurrence of antiretroviral and antimalarial in Africa (K'oreje et al., 2020)), or data gathered from the pollution sources as WWTP effluents. The priority substance lists might be built in the prospect to be regularly monitored to set up databases and to allow analysis of temporal trends.

Sampling strategy should be site-specific and preceded by a pilot study to choose the most relevant and cost-effective sampling locations and frequency. Marine sites configuration (offshore, bay, gulf, beaches, etc.) plays a crucial role in hydrodynamics thus in pharmaceutical concentrations especially when using PS techniques. Seawater is the systematically sampled matrix as pharmaceuticals are rather polar, and sediments and biota are the subject of several studies as their sampling give complementary information to better assess the overall contamination. Thanks to the development of HRMS techniques, highly sensitive analyses can be conducted to quantify trace concentrations of pharmaceuticals diluted in the seawater column. Non-target analysis represent a promising approach to identify fate of known contaminants, new molecules of interest and to redefine the monitoring by updating the target list of compounds (Tian et al., 2019).

In the light of this dataset, and to go along with future protective measures to limit the evidenced overall contamination by these compounds (Arpin-Pont et al., 2016), several perspectives might permit to go further in the ongoing assessment of the environmental status of the seawater, sediment and biota.

Beyond the objectives of the monitoring strategy, monitoring of contaminants in water can provide information on the fate of pharmaceuticals in the environment, e.g. transformation, partitioning, and transport processes. Thus, such inclusion requires further investigations on the fate, the behavior and the toxicity of the parent compounds and the transformation products. The inclusion of metabolites and degradation products in monitoring strategies is essential and can be implemented with the development and the complementarity of non-target analysis (Pazdro et al., 2016); it would permit to assess their potential combined ecotoxicological effects.

- As cited above there is an urgent need of harmonization in the monitoring procedures of pharmaceuticals in the marine environment and particularly the validation of the developed analytical methods. The design and adaptations of PS devices less sensitive to environmental conditions and particularly to marine conditions (hydrodynamics, pH, ionic strength) is a promising perspective to complete grab sampling of seawater. *In situ* calibration of PS devices are rare and although it is demanding it could permit to achieve a better accuracy in TWA measurements by using *in situ* determinate RS.
- For the priority substances identified, integrated monitoring of the environmental matrices conducted in parallel with the measure of biomarkers of exposure and effects (ecological endpoints) would enable to link contaminant occurrence and related ecological responses (Hylland et al., 2017; Vethaak et al., 2017). The broadening of the data about ecological impacts of pharmaceuticals present in the studied environment would permit to develop environmental quality standards and/or guidelines for pharmaceuticals in seawater, sediments, and biota. Extensive monitoring of pharmaceuticals in the environment and their impact on living organisms is listed among the proposed short-term measures to minimize the exposure of humans, animals and ecosystems to these compounds (Klatte et al., 2017). Last, a compromise is necessary between recommended scientific approaches and economic and logistic constraints.
- The implementation of routine pharmaceutical monitoring strategies in the marine environment implies urgent measures to reduce the sources of contamination. The main stake lies in the reduction in human and veterinary drug consumption. This obviously opens wide, complex, and delicate social and scientific debates, and is turning the fight against environmental pollutions from the opposition of the 'guilty pollutant industries' vs the 'brave environmentalists', to the 'nasty environmentalists' vs the 'sick victims'. Beyond this, one may question about the implementation of preventive measures and the reduction of disease risk factors to lastingly improve general animal and human health. To conclude this work and questions raised highlight the ecological imbalances and the wide impacts caused by anthropization of water resources.

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