

Getting from Sea to Nurseries: Considering Tidal Dynamics of Juvenile Habitat Distribution and Connectivity in a Highly Modified Estuarine Riverscape

Céline Le Pichon, Maria Alp

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3	distribution and connectivity in a highly-modified estuarine riverscape
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8	Authors : Maria Alp ^{1,2} , Céline Le Pichon ¹
9	
10	Author affiliations:
11	¹ Université Paris-Saclay, INRAE, UR HYCAR, 1 rue Pierre-Gilles de Gennes, 92761,
12	Antony, France
13	² INRAE, UR Riverly, 5 rue de la Doua, 69625, Villeurbanne, France
14	
15	Corresponding author: Maria Alp, maria.alp@inrae.fr, +33 4 72 20 87 96.
16	
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18	preparation. MA led the data preparation and least-cost modelling.

19 Abstract

20 Productive and ecologically highly valuable ecosystems, macrotidal estuaries are also 21 characterised by complex habitat and connectivity dynamics driven by tidal and freshwater 22 influence. Organisms living in these constantly changing systems have to match their 23 movement patterns to the shifting habitat mosaic using available windows of connectivity to 24 access habitat patches of interest. This appears particularly important for the juvenile stages of 25 many fish species colonising shallow and intertidal areas of the estuaries as summer nurseries. 26 We apply tools from landscape ecology to investigate the estuarine habitat and connectivity 27 dynamics on the example of juvenile seabass (*Dicentrarchus labrax*). We test, under which 28 conditions spatio-temporal bottlenecks to estuarine nursery colonisation may emerge for this species in a human-modified estuary. Combining a hydrodynamic model of the Seine estuary 29 30 with remote-sensing data allows us to capture structural changes in habitat availability and 31 connectivity at the estuarine scale and at a fine spatio-temporal resolution. With chronological 32 least-cost modelling of successive tidal steps, we assess patterns of nursery accessibility and 33 estimate tidal colonisation fronts for different mobility scenarios. We show that, at certain 34 hydrological conditions, tidal water level variation causes local disruptions of habitat 35 availability and connectivity, creating temporary bottlenecks for seabass juveniles' 36 movement. Fish mobility appears determinant for their vulnerability to these connectivity disruptions. Our approach allows for quantitative assessment and visualisation of riverscape 37 complexity related to tidal dynamics. It is applicable to other highly dynamic ecosystems, 38 39 where the mobile nature of connectivity and habitats needs to be integrated into conservation 40 and management planning.

42	Keywords: least-cost modelling, spatio-temporal hydrodynamics, functional connectivity,
43	habitat patch dynamics, tidal cycle, dispersal, nursery habitats, Seine estuary, European
44	seabass Dicentrarchus labrax
45	Manuscript highlights
46	• Tidal estuarine habitat distribution and connectivity change on an hourly scale
47	• Transient bottlenecks to movement emerge in estuaries with modified topography
48	• Juvenile fish sensitivity to these bottlenecks depends on their swimming capacity

49 Introduction

50 When speaking of animal habitats in a landscape perspective, we may be inclined to imagine 51 clearly defined stable patches either isolated or connected by animal movement. In reality, environmental parameters delimiting habitats and determining landscape connectivity are 52 53 often subject to substantial fluctuations. In dynamic ecosystems, the distribution of habitat 54 patches changes spatially over time ("shifting habitat mosaic", Stanford and others 2005; 55 Wimberly 2006) and so does their accessibility characterised by "transient windows of 56 connectivity" (Zeigler and Fagan 2014). Several spatio-temporal scales may be involved in 57 such dynamics determined by natural or anthropogenic drivers. For instance, distribution of 58 vegetation cover (and thus of habitat patches) in a landscape may be re-set by volcano 59 eruptions or earthquakes occurring on the temporal scales of centuries or thousands of years, 60 or by more frequently recurring disturbances, such as fire or violent storms (Zeigler and Fagan 2014). In river floodplains, large-scale "reshuffling" of habitat mosaic results primarily 61 62 from major flood events (Hohensinner and others 2011), while natural or artificial fluctuations of environmental parameters (e.g. temperature or water level), occurring on the 63 64 daily or hourly basis, may affect habitat patch distribution and connectivity at finer spatio-65 temporal scales (Capra and others 2017; Tonolla and others 2010).

Theoretical modelling has allowed to explore the drivers of metapopulation 66 67 persistence in dynamic mosaic landscapes (Fahrig 1992; Keymer and others 2000), 68 demonstrating the importance of matching between spatio-temporal scales of landscape 69 dynamics and the life history traits of an organism, such as its life span and dispersal capacity. 70 Animal life cycle may involve movement related to changes of vital space between life 71 stages, most evident in species with complex life cycles shifting between terrestrial and 72 aquatic, or marine and freshwater environments. Furthermore, within the vital space of each 73 life stage, daily or seasonal movements between different habitat types may also occur

(Figure 1). The term "connectivity fractal" has been suggested by Sheaves (2009) to describe
the pattern produced by « the hierarchy of migrations at a variety of scales that connect a
variety of habitats in complex ways".

77 For understanding population dynamics within a landscape, it is crucial to link the habitat-patch-dynamics perspective with a temporal perspective on the organism's life history 78 79 including its changing dispersal capacity (Wiens 1976). This involves considering landscape 80 structure and landscape connectivity in terms of propensity or resistance to movement 81 (Baguette and others 2013; Taylor and others 1993). The landscape may thus be seen as an 82 organism- and stage-specific map of habitat patches connected by "highways", "backroads", 83 "barriers" etc. Furthermore, as the sequence of life cycle events occurs in a certain non-84 random and non-reversible order, taking a chronological approach is necessary for 85 understanding "life cycle connectivity" within a given landscape.

86 Empirical studies of habitat distribution and landscape connectivity are challenging in 87 large dynamic ecosystems, as they require spatio-temporally explicit data acquired at 88 appropriate scales and a sufficiently fine resolution. Where direct observations of movement 89 are difficult, functional connectivity modelling offers a way of quantifying and predicting 90 habitat distribution and accessibility (Adriaensen and others 2003). It became particularly 91 promising in the view of technological developments in remote-sensing and environmental 92 modelling allowing for access to continuous environmental data with high resolution in space 93 and time (Carbonneau and Piégay 2012; Neumann and others 2015). When supported by good 94 knowledge of species ecology and dispersal capacity, these tools allow producing map 95 sequences of habitat patch distribution and landscape permeability for movement. 96 Habitat accessibility can then be assessed with least-cost modelling, whereby least-

cost paths correspond to "effective distances" between habitat patches estimated to have the
 lowest energetic cost and a maximum potential of survival (Adriaensen and others 2003;

2eller and others 2012). This approach has allowed identifying terrestrial wildlife corridors in conservation context at the scales from hundreds of kilometers for large mammals (Rouget and others 2006) to few hundreds of meters for amphibians (Ray and others 2002) and invertebrates (Sutcliffe and others 2003). It has also been applied in riverscapes (Foubert and others 2019; Hanke and others 2014) and seascapes (Caldwell and Gergel 2013), but, until recently, hardly used in highly dynamic aquatic systems (but see Foubert and others 2019).

105 Macrotidal estuaries represent an ecosystem with particularly complex habitat 106 dynamics involving several temporal scales. Daily tidal dynamics interact here with seasonal 107 patterns of freshwater discharge, driving environmental variability (salinity, water level, 108 current velocity and direction) and creating high spatio-temporal habitat heterogeneity. The 109 extremes of such variation can be observed in the intertidal habitats (tidal creeks, salt 110 marshes, mudflats), transformed within hours from nearly terrestrial at low tide to aquatic at 111 high tide. These highly productive habitats are of particular ecological value, as they are an 112 important part of nurseries for many fish and invertebrate species (Bretsch and Allen 2006; 113 Rountree and Able 2007), representing functional habitats, which contribute to their feeding, 114 growth and survival at early stages and offer refuge from predators (Cattrijsse and Hampel 115 2006; Rountree and Able 2007). Importantly, spatial distribution of optimal nursery habitat 116 patches changes with the progression of the tide due to water level and flow velocity 117 fluctuations creating a true "shifting habitat mosaic" on very short temporal scales. Juveniles 118 of many marine and estuarine fish species have adapted their behaviour to the tidal cycle, 119 effectuating daily migrations to temporarily available habitats (Gibson 2003; Laffaille and 120 others 2001; Martinho and others 2008) or using strong tidal currents (selective tidal 121 transport) to advance on a larger spatial scale in a required direction (Forward and Tankersley 122 2001).

123 Many of today's estuaries have been strongly degraded by human activities (Lotze and 124 others 2006). Strategical nodes for navigation and integrators of basin-scale processes, they 125 have a long history of morphological and physico-chemical alteration: channelization, 126 shoreline armoring, as well as upstream-derived impacts such as pollution, changes of river 127 flow regime, or sediment transport. This could have several effects on the habitat dynamics in 128 the estuarine intertidal zones. First, habitat patch availability may be reduced through 129 modification of estuarine morphology either throughout the tidal cycle or at its specific steps. 130 Second, connectivity between available habitat patches might be temporarily disrupted during 131 the tidal cycle, impeding the organisms, which colonise them, to complete their tidal 132 migration cycle.

133 The objective of our work was to quantify fish habitat availability and accessibility in 134 a macrotidal human-impacted estuary using a chronological map-based modelling approach. 135 We applied tools from functional landscape modelling developed for riverscapes (Roy and Le 136 Pichon 2017) to the case of tidal migration of juvenile European seabass (Dicentrarchus 137 labrax) towards summer nurseries of the Seine estuary at the moment of their colonisation. 138 Our study organism is a marine species with a well-documented life-cycle and extensive 139 experimental evidence on swimming capacity at different stages. Specific questions we asked 140 for seabass were: i) How do water level fluctuations affect the extent and distribution of its 141 estuarine nursery habitats? ii) Does a morphologically modified estuary allow for a 142 continuous functional connectivity of the nursery habitats on a large scale and thus for their 143 colonisation by early juveniles?

To address these questions, we considered two temporal scales of variation and conducted both an intra-annual and an intra-tidal analysis. We first tested for the effects of a range of tidal coefficients (TC) and two discharge levels on seabass nursery availability at high tide. Then, for two contrasted cases of hydrological conditions, we quantified nursery

148 and ebb habitat availability at different steps of the tidal cycle and modelled initial 149 colonisation of these habitats by seabass juveniles. Throughout the paper we used the term 150 "estuarine colonisation" to designate the process of first access of young juveniles from the 151 estuarine mouth to the whole extent of estuarine nurseries up to the upstream limit of their 152 salinity preferences. This large-scale and potentially multi-step advancement profits from 153 selective tidal transport during the flood stages of the tidal cycles. "Estuarine colonisation" 154 results in the establishment of juveniles in certain areas of the estuary, where they were not 155 initially present, and where they can then enter daily cycles of moving between patches of 156 habitat available at different moments of the tide, or "tidal migrations" (Rountree and Able 157 2007, Sheaves 2009).

158

159 Materials and Methods

160 Study site

161 The Seine estuary (Figure 2) is an example of a large macrotidal estuary of the European 162 Atlantic coast highly modified by human activities (Tecchio and others 2016). It is 163 characterised by a semidiurnal regime and tidal amplitude of 8.5 m in the mouth area (Lafite 164 and Romaña 2001). The spatial extent of tidal waters covers 170 km of river length, and is 165 limited by the Poses dam upstream. The mean annual Seine river discharge measured at Poses 166 is 450 m³ s⁻¹ (50 to 2200 m³ s⁻¹).

Originally, the mouth of the Seine estuary was a large and shallow braided system characterised by islands, mobile sandbanks, and extensive intertidal areas with mudflats and salt marshes (Avoine and others 1981; Lesourd and others 2016; Figure 2), while the upstream freshwater part was a meandering river with numerous islands, shoals and pools. Since 1834, the Seine estuary has been experiencing morphological and sedimentary

172 modifications to secure boat traffic and stabilise river flow through channel containment, 173 dredging, diking and island removal. Furthermore, the Normandy Bridge construction (1995), 174 and the new port extension of Le Havre (2006) have considerably modified the structural 175 aspects and the hydrodynamic conditions at the Seine estuary, causing further loss of 176 intertidal habitats. Separating the main channel from the riverbanks by submersible dikes has 177 narrowed the estuary (Grasso and Le Hir 2019) and restricted its lateral connectivity. 178 Altogether, the estuary has lost 78% of its intertidal areas and 80% of the islands since the 179 beginning of the 20th century (Lafite and Romaña 2001; Cuvilliez and others 2009), with 180 76% of banks in the estuarine mouth being diked (Foussard and others 2010). The nursery 181 capacity of the Seine estuary has been strongly affected by these changes, for instance, for 182 flatfish, it has been estimated to be reduced by 42% (Rochette and others 2010).

183 Study species

184 European seabass (*Dicentrarchus labrax*) is a highly exploited fish species of the North East 185 Atlantic (NEA) coast, whose northern stock has been declining over recent years (López and 186 others 2015). The life cycle of NEA populations takes place between marine, coastal and 187 brackish habitats. Seabass spawn offshore in early spring with post-larvae spending about a 188 month in the unstratified waters of the English Channel (Jennings and Pawson 1992). Nursery 189 settlement at the NEA coast occurs between April and September, about 2-3 months upon 190 hatching, followed by the metamorphosis into juveniles between 50 and 110 days post-hatch 191 (Jennings and Pawson 1992; López and others 2015). In spring, once the water temperatures 192 increase, assisted by tidal currents, seabass juveniles colonise coastal and estuarine nurseries 193 and start daily migrations between subtidal and intertidal habitats in poly- and mesohalin 194 zones (Jennings and Pawson 1992; Cabral and Costa 2001). A high local site fidelity has been 195 observed, with juveniles staying for longer periods in proximity of the same nursery areas

(Green and others 2012). The tidal migrations continue until the onset of cold temperatures in
the fall, when the juveniles move to deeper areas of the estuary or to coastal habitats (Kelley
1986). Young seabass spend the first 2-4 years of their life in close association with the
estuaries, after which they shift to living in marine and coastal environments (López and
others 2015).

201 First-year juveniles of seabass start tidal migrations at the size of 10-15 mm (Jennings 202 and others 1991) and reach about 60 mm at the end of their first summer (Kelley 2002). 203 Dispersal capacity of early stages is rather low (with expected in situ swimming speeds of about 0.03-0.13 m s⁻¹ for fish under 30 mm; Leis and others 2012). As many marine and 204 205 catadromous species, juveniles of seabass appear to have the capacity of using selective tidal 206 transport and are guided by environmental cues, such as temperature and low salinity (Pickett 207 and Pawson 1994; López and others 2015). The latter facilitate and orient their movement 208 towards the nurseries located in tidal estuaries and coastal salt marshes or mangroves 209 (Jennings and Pawson 1992). Transport with tidal currents may thus be assumed as the 210 predominant mechanism for estuarine colonisation, but it may be complemented by small-211 scale movement in shallow areas along the shores or by using back eddies or other slack water 212 to avoid strong currents in the channel (Pickett and Pawson 1994). Furthermore, vertical 213 position selection in the water column presumably facilitating the adjustment of their 214 movement to flow velocity patterns has been reported for seabass larvae and juveniles (López 215 and others 2015). Own swimming capacity of juveniles increases rapidly with growth and reaches about 0.3-0.6 m s⁻¹ by the end of the first year. Optimal speeds for late juveniles are 216 217 predicted at temperatures between 7 and 22°C; Claireaux and others 2006).

The highest abundances of seabass juveniles are found in the euhaline and mesohaline zones (Selleslagh and Amara 2008). Shallow (< 2 m deep), turbid and muddy habitats typical of mudflats, salt marshes and tidal creeks have been described as rich feeding grounds

221 particularly prone to becoming seabass nursery habitats (Cabral and Costa 2001; Cattrijsse 222 and others 1994) and recent stable isotope data confirm an important contribition of intertidal 223 zones to their diet (Day & Brind'Amour, unpublished data for the Seine estuary). Field 224 observations indicate that most of the seabass tidal feeding occurs during the flood and the 225 high tide (Laffaille and others 2001). Nearly no quantitative information exists on their 226 behaviour during the ebb and the low tide. During these tidal phases they have been observed 227 to stay in the areas of low flow velocities in proximity to the high-tide nurseries (personal 228 communications E.Feunteun, S.Duhamel), with some individuals remaining in warm tidal 229 pools isolated from the main stream during low tide (Pickett and Pawson 1994; Kelley 1986). 230 In the Seine estuary, this behaviour has also been reported in the intertidal areas behind the 231 dikes (pers. communication E.Feunteun). However, as this behavioural strategy involves 232 substantial risks (desiccation, exposure to predators), we may expect only a very minor 233 fraction of the population to use it.

234

235 GIS-based analysis

236 Water depth and habitat mapping

237 Based on temperature and discharge time series at the estuarine mouth (Online Resource 1), we identified the period between April 1st and November 15th as the main period of nursery 238 239 use. This corresponds to the time window following the first spring river floods and when 240 temperature exceeds +10°C (a physiological threshold of feeding activity; Pastoureaud 1991). 241 For the intra-annual comparison of habitat distribution, we used ranking analysis and selected 242 two discharge levels and four tidal coefficients (TC) covering the variability of hydrological conditions occurring during the time window considered: 250 m³ s⁻¹ and 800 m³ s⁻¹ exceeded 243 244 60% and 5% of time respectively, and TC 45, TC 65, TC 80 and TC 115 exceeded 85%, 60%, 245 35% and 2% of time respectively. Tidal coefficients as high as 115 occurred during extreme

spring and fall tides, while variation in tidal coefficients in the summer was well covered bythe range between TC 45 and TC 85 (Supplementary Figure S1c).

High tide water levels across the estuary were estimated statistically using a model 248 249 based on the interpolation of tidal heights at eighteen gauges distributed over the estuary 250 between Honfleur and Poses. For the intra-tidal analysis, a 3D-hydrodynamic model of the 251 Seine estuary was used to calculate water level, current velocity and salinity for a 252 hydrologically average year (2010; Supplementary Figure S1b) at a time step of 15 min 253 (MARS-3D; Le Hir and Lafite 2012). We expected habitat surface decrease to be the major 254 driver of fragmentation and connectivity disruption. We thus selected one discharge level (250 m³ s⁻¹) and two tidal coefficients (TC 52 and TC 85) observed in combination in 2010 to 255 256 cover hydrological conditions resulting in most contrasting patterns of high tide habitat 257 distribution, and achieve the closest possible match to the intra-annual analysis.

A regular square grid with each cell covering 5 m x 5 m, was chosen for all GIS-based analyses as a compromise between i) the precision of habitat patch and barrier (e.g. submersible dikes) representation and ii) the calculation time necessary for least-cost modelling. For both intra-annual and intra-tidal analyses, maps of water depths were produced for each discharge level–TC combination and for each considered tidal step based on the difference between the estimated water level and LIDAR-based topo-bathymetric data (GIP Seine Aval) for each cell of the grid.

In the following, when referring to the intra-tidal analysis, we use the term "tidal time point" (t_N) to delimit a specific point ("snapshot") of environmental conditions in time, while "tidal time step" corresponds to the conditions in the interval (t_N - t_{N+1}) between two subsequent tidal time points. Flood thus starts at t_1 (0 min) and ends with t_{14} (195 min), high tide occurs between t_{14} and t_{24} (345 min) and the ebb between t_{24} and t_{49} (720 min) (Supplementary Figure S2). To capture key tidal changes of habitat availability and

connectivity, the flood and the ebb were divided into five time steps each (e.g. t_1 - t_5 , t_5 - t_7 etc.) based on two criteria: the degree of estuarine dike submergence (Figure 2) and the degree of tidal creek inundation along the upstream-downstream gradient (see insets in Figure 3).

274 The spatial extent considered for this study was determined by the area with the mean 275 salinity above 0.5‰ over the tidal cycle at median TC (70). In the NEA estuaries, the post-276 larvae have been reported to arrive to coastal areas early in spring and spend at least 30 days 277 in the proximity of the estuaries before colonising them (Jennings and Pawson, 1992). Basing 278 upon expert opinion, we assumed that in spring, early juveniles occupy moderately shallow 279 areas of the mouth of the Seine before entering the tidal cycle to access intertidal nurseries for 280 the first time (personal communication S.Duhamel). The departure habitat for colonisation 281 modelling was thus defined as estuarine mouth areas with 0.2-5 m depth (at low tide) and a 282 minimal patch size of 10 ha (Supplementary Figure S3). Tidal seabass nurseries were defined 283 as shallow areas (0.2-2 m at each time step of the flood) with either sandy or muddy substrate 284 (Fritsch 2005). Their distribution was estimated by intersecting maps of dominant (>50%) 285 bottom substrates in subtidal and intertidal areas (Online Resource 2) with water depth maps. 286 Having limited information on the low tide habitat selection, we chose a simple definition as 287 shallow areas (0.2-2 m) with current velocities not exceeding maximum juvenile swimming capacity tested ($< 0.3 \text{ m s}^{-1}$) corresponding functionally to "refuge habitats". The spatial 288 289 resolution of our data did not allow us to consider temporary tidal pools as potential refuge 290 habitats.

A value of 100 m² was chosen as a minimal patch size, smaller elements being visually identified as geomatic artefacts. For the intra-annual analysis, only high-tide nursery habitats were mapped, while for the intra-tidal analysis, both nursery and refuge habitats were mapped at five time points of the flood (t₅, t₇, t₉, t₁₁, t₁₄) and ebb (t₂₇, t₃₀, t₃₄, t₃₉, t₄₅). To compare habitat distribution along the longitudinal (upstream–downstream) and horizontal

296 (north-south) axes of the estuary, we distinguished between six sectors: the estuarine mouth,

the area with tidal creeks, and the upstream channel located either to the north or to the south

298 of the main channel (see Online Resource 3 for a map).

299 Resistance mapping

We assumed that key factors driving estuarine permeability for the movement of early seabass juveniles were current velocities in the areas submerged at each tidal time step. Resistance values were assigned to each map pixel based on the current velocities. The current could thus i) be neutral to movement (R=1); ii) facilitate movement (R<1); iii) impede movement (R>1); or iv) be so high as to be avoided by the juveniles and thus considered in the model as an impassable barrier (R=10 000).

306 As our connectivity model described below necessitates 2D-maps of riverscape 307 resistance to movement, flow velocities from MARS-3D model in subtidal zones were 308 averaged over the water column and across each time step. The choice of taking the average 309 value was a compromise allowing to both not underestimate the transport capacity of the tide 310 and to dampen the potential barrier effects in the most fast-flowing areas potentially avoided 311 by the juveniles through adjustment of their vertical position in the water column. Average 312 flow velocities per grid cell were divided into 6 classes. The mean of each class V_x (0.05, 0.2, 313 $0.5, 0.85, 1.1, > 1.2 \text{ m s}^{-1}$) was used for the calculation of resistance values. In the intertidal 314 areas (mudflats, tidal creeks), mean flow velocities were estimated for each tidal time step based on earlier field measurements (Online Resource 2). Current velocities below 0.05 m s⁻¹ 315 were assumed neutral for movement. Velocities between 0.05 and 1.2 m s⁻¹ were assumed to 316 facilitate movement, and resistance values R_x were calculated as inversely proportional to 317 0.05 m s⁻¹ (considered equivalent to neutral to movement) ($R_x = V_x/0.05$). We assumed that 318 flow velocities above 1.2 m s⁻¹ (the fourfold of the average juvenile's own speed in their first 319 320 summer) would be avoided by the juveniles (due to potential risk of mortality or impingement 321 by the flow) and considered them in the model as barriers (R=10 000). Dikes, unless

submerged by at least 0.2 m, were mapped as pixels out of water. Based on these principles,

323 resistance maps were produced for each tidal time step (Figure 3).

324 *Least-cost modelling of habitat connectivity during the tide: a chronological approach*

325 We used ANAQUALAND (Le Pichon and others 2006) and ARCGIS 10.3 to estimate estuarine 326 mouth connectivity to seabass nursery and refuge habitats across the estuary over the tidal 327 cycle. ANAQUALAND requires 2D-raster maps of habitat patches and riverscape resistance to 328 movement as input, and takes into consideration an upstream-downstream (or vice-versa) 329 orientation of the flow direction. The software uses least-cost modelling to calculate 330 minimum functional distance to the nearest habitat patch for each pixel of the map. To 331 distinguish between pixels connected or not connected to a habitat of interest at a given point 332 in time, we applied a swimming-speed-dependent threshold value or "mobility coefficient" 333 (Roy and Le Pichon 2017) which varied depending on the tested scenario (see below). Least-334 cost modelling of tidal flood phase was carried out for all scenarios. Furthermore, for the 335 lowest swimming speed scenario (see below), several complete tidal cycles were modelled. 336 We used a chronological principle: starting from departure patches at low tide, connectivity 337 between habitat patches was modelled over successive time steps (see Online Resource 4 for 338 details). Only habitat patches connected to the previous step (t_N) of the tidal cycle were taken 339 into account for modelling each subsequent time step (t_{N+1}) (Figure 4). During the high tide 340 $(t_{14}-t_{24})$, we assumed a multidirectional small-scale exploratory movement between 341 neighbouring nursery patches driven by feeding behaviour rather than further directed 342 colonisation of the estuary in its longitudinal extent.

A sensitivity analysis was conducted to cover several levels of mobility between early spring juveniles with very weak swimming capacities (0.05 m s⁻¹) and summer juveniles of up to 6 cm total length progressively acquiring swimming speed. The expected sustained

swimming speed of the juveniles at the end of the first summer was calculated as a fivefold of their body length per second $(0.6*5=0.3 \text{ m s}^{-1}; \text{Leis} \text{ and others } 2012)$ and was in line with the ranges of optimal speeds reported for late juveniles (Claireaux and others 2006). We modelled four scenarios corresponding to four swimming speeds $(0.05; 0.1; 0.2; 0.3 \text{ m s}^{-1})$. The colonisation front for each scenario was determined as the position of the most-upstream nursery habitats accessible at the beginning of the high tide.

352 To estimate the duration of complete colonisation of the estuary by early juveniles, we 353 modelled successive tidal cycles including ebb and low tide phases for the 0.05 m s⁻¹ scenario 354 (at both TC 52 and TC 85), until the upstream limit of the study area was reached. Starting 355 from the second tidal cycle, the refuge habitat patches accessible at the end of the previous 356 tidal cycle were used as the departure habitat of the following tide. The low tide could 357 potentially be used for further advancing the colonisation front, if the individuals restarted 358 directed movement in the upstream direction already at this tidal stage. However: i) the actual 359 behaviour of the juveniles at low tide is largely unknown; ii) the current velocities at this tidal 360 phase are very low and multidirectional; iii) the own swimming speed of the juveniles tested 361 in this scenario was very low (0.05 m s^{-1}) and would allow them to advance in areas with no 362 assisting flow at most by 450 m over the low tide duration (2.5 h). Considering these 363 uncertainties, we chose not to take potential low-tide movement into account, and assumed in 364 the model, that the position of the juveniles in the beginning of the next flood would be 365 approximately the same as in the end of the preceding ebb.

366

367

368 **Results**

369 Intra-annual analysis: potential nursery availability at high tide

370 Our comparison of high-tide habitat distribution across different hydrological conditions 371 showed two main trends: i) a non-linear response of potential nursery surfaces to tidal 372 coefficient gradient on both north and south sides (Figure 5a), and ii) consistent differences in 373 habitat distribution between estuarine sectors (Figure 5b). The total area of potential estuarine 374 nursery surface at high tide varied by about 80 ha across the hydrological conditions tested. 375 The extremes of potential nursery surface were found at the higher discharge level (800 m³ s⁻ 376 ¹) with the minimum of 351.3 ha at TC 115 (the highest TC tested) and the maximum of 377 434.4 ha at TC 45 (the lowest TC tested).

378 Under all hydrological conditions, potential habitats were predominantly located in the 379 estuarine mouth area (52-70% on the north side, and 54-87% in the south) with the rest 380 distributed between the tidal creek sector and the intertidal zones along the channel 381 (Figure 5b). Potential habitat availability in different sectors on the north side was rather 382 stable across different hydrological conditions: it varied moderately in the mouth area, and, at 383 both discharge levels, showed a progressive increase in tidal creeks and a decrease in the 384 intertidal zones along the channel with augmenting TC (Figure 5b). On the south side, the 385 relative distribution of high-tide nurseries between the mouth area and other sectors was less 386 balanced in space and time. For instance, the surface of potential nursery habitats in the 387 mouth area decreased by over 100 ha between the lowest and the highest TC (Figure 5b). 388 Nursery availability in other sectors was considerably lower on the south side compared to the 389 north side. Only in tidal creeks did it increase along the tested TC gradient with nursery 390 surface multiplied by four between the lowest and the highest TC at both discharge levels 391 (Figure 5b).

393 Intra-tidal analysis: dynamics of potential nursery availability

394 We found an even higher level of variation in potential nursery availability when zooming 395 into the dynamics of a single tidal cycle. During the tide, the distribution of potential nursery 396 habitats progressively shifted in the lateral and longitudinal direction resulting in no overlap 397 between the low-tide and the high-tide habitat patches (Figure 6). In the beginning of the 398 flow, most habitat patches were located in the downstream areas of the subtidal zone. With 399 the tidal water level rise, intertidal zones became progressively submerged and hydrologically 400 reconnected to the main channel, whereas some nursery patches in the mouth area became 401 unfavorable. This resulted in an unbalanced distribution of low-tide versus high-tide habitats 402 at the estuarine scale with high-tide "desert areas" (stretches completely lacking habitat) 403 emerging along the diked channel both on the south (downstream part) and the north (first 404 loop of the Seine) side (Figure 6).

405 The intra-tidal decrease of the habitat surface in the mouth area was particularly 406 pronounced in the south: habitat surface available there was four to nine times lower (at 407 TC 52 and TC 85 respectively) at high tide compared to low tide (Figure 7b). This decrease 408 was moderate in the north, where low-to-high-tide relation of habitat surface was 2:1 at both 409 TCs. Temporary loss of habitat in the mouth area was compensated by a substantial increase 410 of habitat surface in the tidal creek area (1:4 at TC 52 and 1:8 at TC 85) in the north, but not 411 in the south, where very little intertidal habitat was available throughout the tidal cycle at both 412 tidal coefficients (Figure 7b).

Tidal coefficient also affected the lateral habitat distribution and degree of
fragmentation. At TC 52, the lateral extent of habitats was smaller and the strips of habitat
patches along the diked channel upstream were more continuous, whereas, at TC 85, many of

these patches became very narrow or completely unavailable due to a drastic water depthincrease in this area (insets in Figure 6).

418 Connectivity analysis: nursery accessibility from the estuarine mouth

419 Both tidal coefficients and fish swimming speeds tested had a strong effect on the 420 colonisation front reached within a single flood (Figure 8). Advancement in the estuary was 421 faster at the lower tidal coefficient (TC 52). With a minimal own speed of 0.05 m s⁻¹, using 422 the upstream-directed current, the juveniles would reach the areas above the largest tidal creek 423 on the north side within a single tide (Figure 8a). Increasing swimming capacity advanced 424 their colonisation front progressively on both the north and the south side, with an average gain of 9.4 km (along the shoreline) with every 0.1 m s⁻¹ of own speed added. The swimming 425 speed of 0.3 m s^{-1} resulted sufficient for colonising the whole estuary within a single flood. 426

427 At the higher tidal coefficient (TC 85), not only did the colonisation front advance 428 substantially slower compared to TC 52 in each of the swimming speed scenarios, but also the 429 extent of this difference varied depending on the side of the estuary. Thus, while on the north side, the colonisation front of the 0.05 m s⁻¹ was situated 3.4 km further downstream 430 431 compared to the same scenario at TC 52, on the south side, this gap was about three times larger (Figure 8). It is only for the swimming speed of 0.2 m s⁻¹, that colonisation fronts at TC 432 433 85 became approximately aligned between the north and the south side (Figure 8b). Finally, at 434 TC 85, the full extent of the estuary could not be colonised within a single tidal cycle in the 0.3 m s⁻¹ scenario: 1.8 km and 3.7 km remained until the upstream limit of the study area on 435 436 the north and south side respectively.

437 Importantly, while increasing juvenile swimming speed accelerated upstream
438 advancement of the colonisation front, the effective gain in total accessible habitat surface
439 was very moderate. The number of habitat patches reached at high tide was multiplied by two

(TC 52) and four (TC 85) between the lowest and the highest swimming speed scenarios, but this corresponded to only 30 % increase of the total habitat surface accessible across the estuary (Supplementary Figure S4). This result was consistent with the general pattern of habitat fragmentation along the estuary with large habitat patches available in the mouth area and a high number of smaller habitat patches present in the upstream areas (Figure 6).

445 A facilitating effect of the lower tidal coefficient on the estuarine colonisation became 446 particularly evident when modelling progressive colonisation of the estuary at the lowest 447 swimming speed (0.05 m s⁻¹). The full colonisation of the estuary necessitated five tidal 448 cycles at TC 52 and seven cycles at TC 85. Even if at both TCs the mouth areas of some of 449 the largest tidal creeks were reached rapidly, a second tidal cycle appeared necessary for full 450 colonisation of the lateral dimension (inset in Figure 9). As mentioned above, this result did 451 not take into account that some further advancement in the creek could have eventually been 452 made during the high tide of the first tidal.

453 Successive tidal cycle modelling revealed the emergence of temporal connectivity 454 bottlenecks for weak dispersers. In particular, local connectivity disruptions behind the 455 colonisation front were observed at some stages of the flood in the first loop of the Seine 456 (Supplementary Figure S5). Fish that would have advanced above this area in the beginning 457 of the flood would remain in an area disconnected from downstream habitat patches at later 458 stages of the flood.

459 **Discussion**

The term "moving target" has been coined in conservation biology to underline the
importance of considering habitat patch dynamics tracked by animal movement for
establishing meaningful measures of protection (Bull and others 2013). Highly dynamic
environments represent a challenge for understanding and quantifying patterns of habitat

464 availability, especially, because not only the structure (patch size and distribution), but also
465 functional connectivity of such landscapes varies in space and time (Zeigler and Fagan 2014).
466 Characterised by pronounced spatial dynamics of habitat turnover and connectivity at several
467 temporal scales, macrotidal estuaries are perfect examples of environments with constantly
468 "moving targets".

469 Previous studies have mapped large-scale nursery availability (Nagelkerken and others 470 2015; Whaley and others 2007), and emphasised the paramount importance of the intra-471 habitat connectivity for the value of estuarine and coastal nurseries (Secor and Rooker 2005; 472 Sheaves and others 2015). However, few have looked into the intra-tidal dynamics of the 473 estuarine habitat availability. Trapping and video observations during flood and ebb tides 474 recorded the transient habitat utilization by young stages of many necton species (Bretsch and 475 Allen 2006; Ellis and Bell 2008; Laffaille and others 2001). However, technically 476 challenging, such field studies are limited in spatial scale and temporal resolution. Spatio-477 temporally explicit approaches, which integrate hydrological and biotic connectivity of a 478 landscape, appear indispensable for quantifying habitat dynamics and accessibility in large 479 estuaries. Our study represents, to our knowledge, the first case of least-cost modelling 480 application to estuarine habitats and the first example of investigating intra-tidal habitat 481 dynamics across a large estuary with such a fine spatio-temporal resolution.

482 Spatio-temporal bottlenecks in estuarine habitat availability and connectivity

In the pristine Seine estuary (large, shallow, and with weak lateral slopes), water level increase during the tidal cycle must have led to a continuous shifting of shallow areas from mudflats in the mouth area into tidal creeks and salt marshes (lateral shifts) as well as in the upstream direction (longitudinal shifts). In these conditions, seabass juveniles probably had access to nurseries throughout the tidal cycle and at any hydrological conditions. We observe

488 no spatio-temporally continuous access to shallow-water nurseries across the Seine estuary in 489 its current highly modified state. Altogether, we find a highly counter-intuitive result: the 490 relationship between water level and potential nursery surface availability is inversed. Thus, 491 in contrast to what we would expect in a pristine system, in the modern Seine estuary, 492 advancing tidal flow results in a dramatic drop of the total nursery habitat surface. This is 493 particularly pronounced on its south side, where temporary gaps in nursery distribution 494 emerge.

495 Highly modified topography of the Seine estuary is the most likely explanation for this 496 "surprise", and this conclusion is in line with previous studies of artificialised floodplains of 497 the upstream Seine river (Le Pichon and others 2009) and the Saint-Lawrence River (Foubert 498 and others 2019). Harbour expansion, channel dredging, and creation of steep banks along 499 submersible dikes led to a massive loss of the intertidal zones (Cuvilliez and others 2009), and 500 introduced artificial « breaks » in the cross-sectional profile of the estuary (Supplementary 501 Figure S6). Consequently, in many areas of the mouth zone, no gradual transition between the 502 subtidal and the intertidal zones exists anymore. Instead, with the rising water level, shallow 503 patches get fragmented and small, and, at some point, disappear locally until a critical water level allowing for dike submersion is reached, and the intertidal zones behind them become 504 505 available for colonisation. Dike construction and channel dredging have also modified the 506 estuarine permeability to movement. Our results show that flow velocities along the dikes 507 increase substantially during the tide. At some stages of the tide, channel current velocities are 508 so high that juvenile movement may only be possible in remaining narrow strips of slow flow 509 velocity along the channel margins.

510 The role of dispersal capacity for estuarine colonisation

511 In order to predict an organism's propagation through a landscape, we need to consider its 512 dispersal capacity and behaviour in interaction with the environment it encounters. In a 513 riverscape, the extent of fish movement is predominantly determined by the animal's 514 swimming capacity, the flow velocities, and the direction of the current. Behavioural 515 strategies of marine and estuarine fish, such as selective tidal transport, allow them to 516 augment movement range and reduce related energy costs in systems exposed to tides and 517 current reversal (Forward and Tankersley 2001). Here, testing several scenarios allowed us to 518 analyse the effects of swimming speed on the estuarine colonisation using selective tidal 519 transport. We show that, early juveniles with a low swimming capacity need several 520 successive tides to reach high-tide nurseries in the entire study area, while a single tide would 521 be sufficient by the end of their first summer.

522 Our results, representative of hydrological conditions at medium discharge (250m³.s⁻ 523 ¹), suggest that colonisation is facilitated by low rather than by high TCs. On the occasion of 524 spring flooding, extreme river discharge levels (potential triggers of estuarine colonisation; 525 Jennings and Pawson 1992) may occur in the Seine estuary, whereby tidal flood current 526 velocities are counteracted by the river discharge (unpublished simulations of MARS-3D 527 model, Lemoine). This effect, which we, unfortunately, could not explore in the framework of 528 this study, should probably reduce both the speed of juvenile advancement in the estuary and 529 the extent of estuarine areas with high currents and thus the potential risk of being swept away 530 at high TCs.

Altogether, our comparison across different steps of the tidal cycle allows for several conclusions. We show that transient local bottlenecks of nursery availability and accessibility emerge in the Seine estuary during specific time windows of the tidal cycle. Our second conclusion is that these bottlenecks are driven both by progressive habitat fragmentation and by locally increasing riverscape resistance to movement. Finally, own mobility of juveniles

appears to play a key role for successful colonisation with weak dispersers obliged to follow astepping-stone-type colonisation.

538

539 Caveats and limitations of least-cost analysis

540 Chronological modelling approach, proposed here for dynamic environments, requires a 541 careful consideration of the choice of appropriate spatio-temporal scales. The latter should 542 cover the range of variation in both habitat availability and connectivity relevant for the 543 movement of the species with its specific ecological, behavioural and dispersal-related traits. 544 In the case of the seabass juvenile estuarine colonisation, the spatial component had to include 545 both an extent sufficient for covering the entire area of the estuarine mouth containing tidal 546 habitats, and a resolution allowing us to consider narrow tidal creeks and channel banks with 547 high-tide nurseries. Furthermore, the selection of time steps had to capture the structural 548 connectivity changes during the tidal cycle. Remote sensing data and a 2D-hydrodynamic 549 model available for the Seine estuary at high spatio-temporal resolution permitted us to fulfill 550 these criteria.

551 While our approach provides a highly flexible and spatially relevant framework, some 552 limitations related to biological assumptions and their translation into habitat and connectivity 553 modelling exist. Thus modelled nursery habitat was primarily defined by a combination of 554 water depth ranges and sediment characteristics established based on rare reported field 555 observations of juvenile seabass in the intertidal zones of NEA coast. Ideally, fine-scale field 556 investigations of nursery habitat characteristics, potentially taking into account further 557 dynamic variables (e.g. turbidity, temperature, dissolved oxygen or food availability) would 558 allow for a better delimitation of nursery habitats. Furthermore, in the connectivity analysis 559 applied we could not consider differences in habitat quality and patch size, which could affect 560 patch carrying capacity and juvenile preferences (Teichert and others 2018).

561 Parametrization of the least-cost analysis itself may also strongly affect its results. 562 Resistance values attributed to each pixel of a riverscape map are a crucial element linking GIS-based data to the organism mobility and dispersal behaviour (Adriaensen and others 563 564 2003). Field or mesocosm studies quantifying the effect of high current velocities on early juvenile fish could improve the calibration of riverscape resistance to movement and the 565 566 precision of the current velocity threshold above which water flow may become a barrier. 567 Further sensitivity analysis may allow for quantification of the effects of these parameters and 568 the related error margins (Beier and others 2008). However, in the case of complex 569 chronological calculations as the ones presented here, investigating ranges of values is rapidly 570 translated into long computation times and a compromise needs to be found. Here we chose to 571 focus on testing a plausible range of juvenile seabass mobility parameters.

572 Implications for management and conservation

573 Fish stocks of many marine and estuarine species experience a drastic decline (Christensen 574 and others 2014; Vasilakopoulos and others 2014). Increasing attention has been given in the 575 last decades to identifying population bottlenecks, notably at the sensitive stages of spawning, 576 juvenile colonisation of nurseries and growth, to be targeted by management and conservation 577 efforts (Sheaves and others 2015). In macrotidal estuaries, the nature and drivers of such 578 bottlenecks may be difficult to identify and common-sense assumptions (as simple as "higher 579 water level means more available intertidal habitat") may prove to be misleading in human-580 modified systems.

581 Chronological functional connectivity modelling offers a road for addressing this 582 challenge. Zooming into the processes occurring during tidal cycles helps disentangle the 583 effects of habitat fragmentation and riverscape connectivity and identify the timing of 584 occurrence and location of the transient bottlenecks that may affect habitat colonisation by

juveniles. Maps produced by our approach may be directly used to test and visualize the
consequences of different management scenarios, and subsequently guide decision-making
(e.g. prioritisation of areas for dike removal or for conservation).

588 Our work demonstrates that focusing exclusively on the protection and restoration of 589 high tide nurseries may prove inefficient, as they may be disconnected from the succession of 590 habitat patches needed over the tidal cycle. This is an empirical illustration to the notions of 591 "moving targets" (Bull and others 2013), "seascape nurseries" (mosaics of functionally 592 connected habitat patches; Nagelkerken and others 2015) and "transient windows for 593 connectivity" (Zeigler and Fagan 2014) formulated in conservation biology and emphasising 594 the importance of taking the mobile nature of connectivity and habitats into account when 595 planning conservation measures. We suggest that chronological functional connectivity 596 modelling is a valuable tool applicable to any ecosystem where organisms have to cope with 597 highly dynamic environments over their life cycle.

598

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779 Figure captions

780 **Figure 1**: A life cycle example (inspired by Schlosser 1995) with (a) living space (all

habitats) occupied by each stage; (b) example of directed daily movements (e.g. tidal

dynamics) of a single stage between habitats; (c) seasonal dynamics of habitat use of another

183 life stage (adult). $t_{N...t_{N+i}}$ represent points in time, whereby time scales may vary.

784

Figure 2: The spatial extent of the Seine estuary considered in this study. High-tide wetted area at TC 85 (at 250 m³ s⁻¹) is presented for 2010. Historical estuarine data is based on the maps of Magin and Magin (1750).

788

Figure 3: Time-step-specific resistance maps used for modelling upstream movement of
 juveniles with the flood (two TCs and discharge of 250 m³ s⁻¹). Colours represent resistance
 values (R) calculated based on mean current velocities (V).

792

Figure 4: The principle of habitat patch connectivity calculation between tidal time steps. H(t_N) represents departure habitat at time point t_N ; H(t_{N+1}) represent patches of potentially available habitat at the next time point t_{N+1} . The dotted lines delineate the areas within threshold functional distances calculated with the least-cost modelling for four hypothetical scenarios. In scenario 4, only the part of H(t_{N+1}) in light grey is connected to H(t_N) and retained for the next step of the analysis.

799

Figure 5: Intra-annual analysis: high-tide nursery surface areas at four TCs and two levels of
discharge on the north and south side: a) total potential nursery area; b) potential nursery area
by estuarine sector.

804 **Figure 6**: Distribution of nursery habitats in the beginning and at the end of the flood at two 805 TCs and discharge of $250 \text{ m}^3 \text{ s}^{-1}$.

806

Figure 7: Nursery surface change during the flood at two TCs and discharge of 250 m³ s⁻¹: a)
total potential nursery area; b) potential nursery area by estuarine sector.

809

810 **Figure 8:** Colonisation front under different swimming speed scenarios at two TCs and

811 discharge of 250 $\text{m}^3 \text{ s}^{-1}$. Separate arrows are shown for the south and the north, when

812 colonisation fronts on the two sides are not aligned.

813

814 **Figure 9:** Successive tidal colonisation fronts modelled at two TCs and discharge of 250 m³ s⁻

 1 for the 0.05 m s⁻¹ swimming speed scenario. The inset (b) shows details of the lateral

816 intertidal zones colonised at TC 52 with the first tide. Separate arrows are shown for the south

817 and the north, when colonisation fronts on the two sides are not aligned.

- 818 Figures
- 820 Figure 1





















