

## Early identification and intervention to prevent reading difficulties -A longitudinal study on french-speakers at kindergarten

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# Early identification and intervention to prevent reading difficulties -A longitudinal study on french-speakers at kindergarten-





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**Background:** What can be done at school to reduce the number of children having difficulties in learning to read, especially those considered at risk for academic under-achievement, such as those who live in poverty? This research seeks to identify early predictors of reading in French children from low-income families, and to develop and test the efficacy of 3 different reading training programs to 5 years old children. What are their direct and indirect effects on later reading? Are they limited to what have been trained or have they a more general effect? Do their benefits maintain over a one year period of reading instruction, when children finish grade one?

**Method:** A control group is compared to 3 experimental ones which benefit from 3 pre-reading programs. Both experimental groups received 1 or 2 training sessions a week during 20 weeks, in small groups of 4 to 6 children. Tuitions are delivered by trained teachers in their class.

**Trainings: G1** = meta-phonological program fostering on syllabe, rhyme, phonem awareness, letter-sound correspondance. **G2** = training simultaneous or successive processes on visual and phonological stimuli. **G3** = training metacognition while comparing and categorising visual and phonological stimuli.

T1	Trainings at kindergarten G1 - phonological awareness	<b>T2</b>	<b>T3</b>
5 years	G2 – successive and simultaneous processes	5,9 years	6,9 years
Beginning Kindergarten	G3 – metacognition	End Kindergarten	End Grade 1
	G4 – control group		

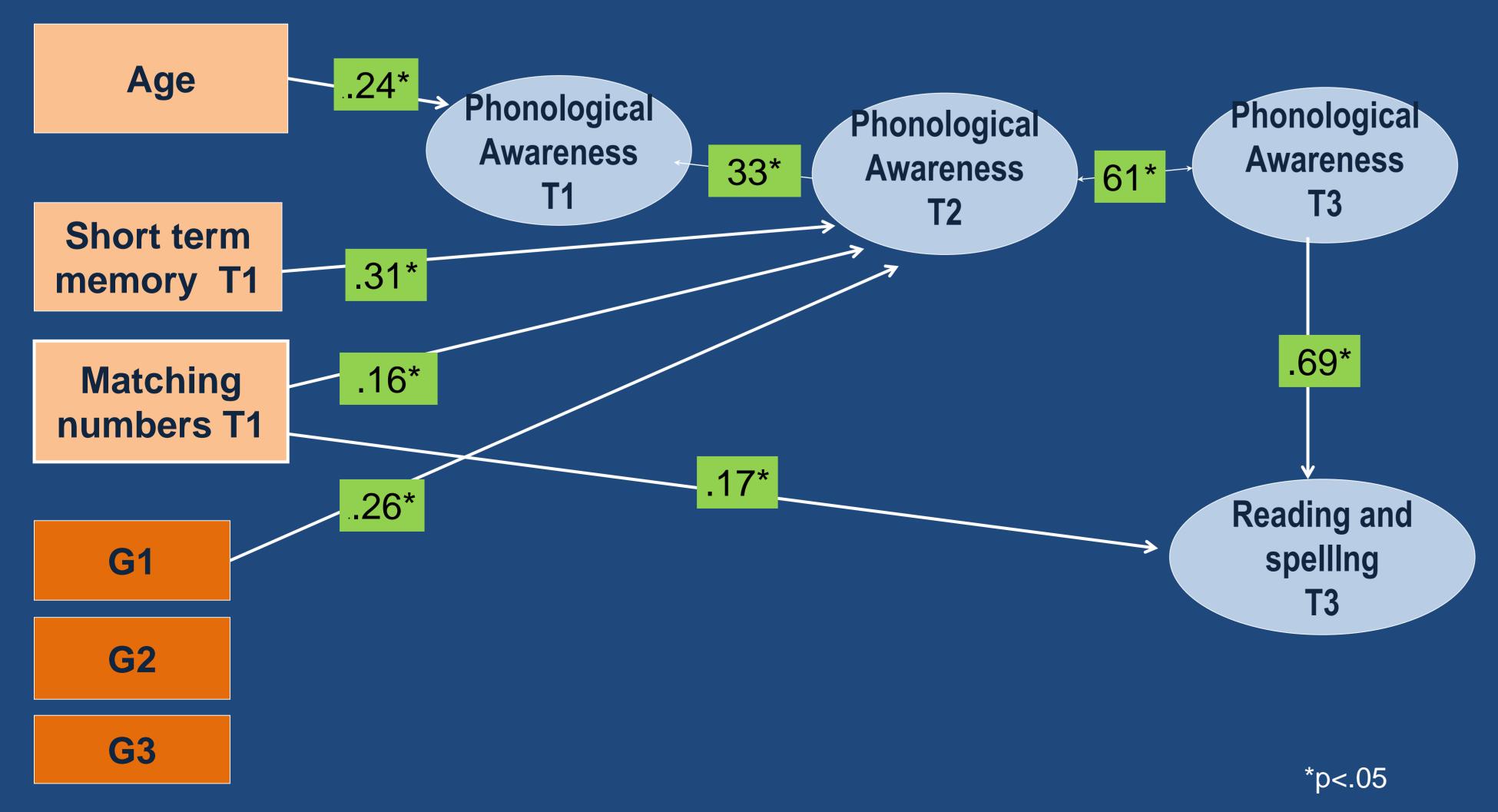
Fields	Tests	T1	<b>T2</b>	Т3
Non-verbal reasoning	Raven's Coloured Matrices	+	+	+
Information processing (Das & Naglieri Cognitive Assessment System)	Planning tests: matching numbers,	+	+	+
	planned codes	+	+	+
	Attention tests: number detection,	+	+	+
	expressive attention	+	+	+
	Simultaneous tests: figure memory,	+	+	+
A33C33IIICITC Oy3CIII)	verbal-spatial relations	+	+	+
	Successive tests : speech rate,	+	+	+
	words series	+	+	+
Short-term memory	Digits span	+	+	+
Base of knowledge Vocabulary		+	+	+
Compréhension Oral and reading comprehension			+	+
Métaphonology	Phonological awareness	+	+	+
School achievement	Reading, spelling, comprehension, mathematics			+

**Participants:** 396 preliterate 5 years old french speakers kindergarteners are divided in 4 groups. As groups were not strictly equivalent at the beginning of the study, children were matched 4 by 4, on age, Raven and vocabulary. Analysis are conducted on these 4 groups of 37 children (N=148).

Parental Occupational Status is controlled and is homogenous between groups recruited in urban special needs education areas.

**Assessment:** At three points in time over a 2 years period the children were submitted to standardized cognitive and linguistic tests given individually. At T3: addition of tasks measuring academic achievement in French and mathematics.

**Results:** 5 years old children, from low income families, considered at risk for reading difficulties can benefit from early interventions at school. But programs have differential effects in the short and medium-term and all are not helpfull: G2 is rarely different from the control one. The analysis performed with the EQS program give the structural organisation below  $(\chi^2_{\Box 45})$ =480, p<.001, GFI =.92, CFI=.88, RMSEA=.13).



### Training:

A meta-phonological program has a positive direct effect on phonological awareness (PA) and a indirect effect on reading and spelling skills at Grade 1.

A program focusing on metacognition has no direct effect on PA and on decoding at Grade 1 (but it has one on comprehension).

No positive effect of these programs on mathematics at Grade 1..

Predicting: PA at T3 determines a large part of reading and spelling. Early PA and short term memory have an indirect effect on later reading and spelling. An outsider for reading acquisition: matching numbers? This test predict at 5years a part of reading performance at Grade 1 independently of phonological awareness and short term memory. This visual analysis of digit strings task can be an indicator of visual attention span (= number of distinct visual elements which can be processed in parallel). Further research is required to investigate this hypothesis.