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1 **Styrene alters potassium endolymphatic concentration in a**
2 **model of cultured utricle explants**

3
4 Running title: **An *in vitro* model for styrene vestibulotoxicity**

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12
13 **Abbreviations**

14 3D: three-dimensional
15 DC: Dark Cells
16 DIV: Days *in vitro*
17 DMEM-F12: Dulbecco's Modified Eagle Medium / Nutrient Mixture F-12
18 HC: Hair Cells
19 K⁺: Potassium ion
20 MET: mechano-electrical transduction
21 Na/K-ATPase: Sodium-Potassium Adenosine Triphosphate pump
22 NKCC1: Na-K-Cl co-transporter 1
23 OHC: Outer Hair Cells
24 P: Post-natal day
25 PBS: Phosphate-Buffered Saline
26 TC: Transitional Cells
27

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32 **Highlights:**

- 33 • Styrene vestibulotoxicity was assessed *in vitro* with cultured rat utricles
- 34 • This model forms a sphere filled with high-K⁺ endolymph-like fluid
- 35 • Styrene causes a decrease of K⁺ concentration as soon as 2h after treatment.
- 36 • The decrease of K⁺ level was significant from 0.75 mM of styrene
- 37 • Histopathological effects of styrene may appear prior to the decrease of K⁺
- 38 concentration.
- 39

40 **Abstract:**

41 Despite well-documented neurotoxic and ototoxic properties, styrene remains commonly used
42 in industry. Its effects on the cochlea have been extensively studied in animals, and
43 epidemiological and animal evidence indicates an impact on balance. However, its influence
44 on the peripheral vestibular receptor has yet to be investigated. Here, we assessed the
45 vestibulotoxicity of styrene using an *in vitro* model, consisting of three-dimensional cultured
46 newborn rat utricles filled with a high-potassium (K^+) endolymph-like fluid, called “cysts”.
47 K^+ entry in the cyst (“influx”) and its exit (“efflux”) are controlled by secretory cells and hair
48 cells, respectively. The vestibular epithelium’s functionality is thus linked to K^+
49 concentration, measured using a microelectrode.

50 Known inhibitors of K^+ efflux and influx validated the model. Cysts were subsequently
51 exposed to styrene (0.25; 0.5; 0.75 and 1 mM) for 2 h or 72 h. The decrease in K^+
52 concentration measured after both exposure durations was dose-dependent, and significant
53 from 0.75 mM styrene. Vacuoles were visible in the cytoplasm of epithelial cells from
54 0.5 mM after 2 h and from 0.25 mM after 72 h.

55 The results presented here are the first evidence that styrene may deregulate K^+ homeostasis in
56 the endolymphatic space, thereby altering the functionality of the vestibular receptor.

57 **Keywords:** Styrene, vestibular explants, potassium, endolymph, rat, organotypic culture.

58 **1. Introduction**

59 Aromatic solvents have many applications in industry, and long-term exposure to some of
60 them has been shown to impair vigilance and postural stability (Vouriot et al., 2005).
61 Consequently, exposure to solvents may increase the risks of occupational accidents and
62 affect the quality of life of workers. Styrene is one of the most extensively used industrial
63 solvents, mainly as a precursor of polymers and copolymers. Styrene is used in boat,
64 automobile, aircrafts construction and their highest potential exposure to this chemical is
65 reported in occupational setting for the production of glass-reinforced plastics (Miller et al.,
66 1994). In addition to neurotoxic effects described in humans (Bergamaschi et al., 1997; Kishi
67 et al., 2000), several animal and epidemiological studies indicate that styrene has deleterious
68 effects on hearing (Hoet and Lison, 2008; Johnson, 2007; Loquet et al., 1999; Pleban et al.,
69 2017) and balance (Calabrese et al., 1996; Larsby et al., 1978; Möller et al., 1990; Niklasson
70 et al., 1993; Toppila et al., 2006). These studies show that styrene may cause elevation of the
71 auditory threshold and alter postural performances and vestibular reflexes. Most of the reports
72 relating to styrene-induced balance impairments assumed the vestibular system to be affected.
73 However, no clear demonstration of the precise mechanism – whether through an effect on the
74 peripheral end-organ or an impact on central structures and pathways – has yet been provided
75 (for review, see Gans et al., 2019).

76 In contrast, the effect of styrene on the cochlea is well described: electrophysiological
77 measurements in rats exposed to styrene vapors showed an auditory deficit related to dose-
78 dependent loss of cochlear outer hair cells (OHC) (Lataye et al., 2001). An *in vivo* study
79 comparing level of OHC losses of 21 aromatic solvents showed that styrene is one of the most
80 ototoxic agents among these tested chemicals (Gagnaire and Langlais, 2005). Because of its
81 high lipophilicity styrene is assumed to reach the OHCs through the membranes of the cells
82 constituting the outer sulcus within the organ of Corti, and not through the liquids contained

83 in the inner ear. Campo et al., (1999) suggested that styrene reaches the cochlea through the
84 stria vascularis, from where it can access the organ of Corti and thus the OHCs. Several
85 authors have shown that Deiters' cells may be damaged by solvents at doses that do not
86 induce OHC loss (Campo et al., 2001; Chen et al., 2007; Fetoni et al., 2016). Since Deiters'
87 cells are involved in K^+ re-uptake from OHCs (Hibino and Kurachi, 2006; Spicer and Schulte,
88 1998), some authors have suggested that styrene exposure affects the K^+ cycle (Campo et al.,
89 2001; Fetoni et al., 2016). Although this hypothesis has never been experimentally confirmed,
90 it is reasonable to assume that ototoxicity is not limited to disruption of the OHC, but also
91 perturbs ionic balance in inner ear fluids.

92 To our knowledge, no study has yet demonstrated the impact of an aromatic solvent, such as
93 styrene, on the vestibular receptor. Both auditory and vestibular receptors are composed of
94 sensory hair cells and secretory cells – stria marginal cells and vestibular dark cells –
95 involved in inner ear fluid homeostasis. Moreover, cochlear and vestibular endolymph both
96 exhibit a high K^+ concentration required to permit mechano-electrical transduction (MET) at
97 the level of the sensorial hair cells (Ciuman, 2009; Hibino et al., 2010). Given these
98 similarities, in addition to its cochleotoxic effect, we hypothesize that styrene may be
99 vestibulotoxic. In support of this hypothesis, other ototoxic agents - such as cisplatin,
100 gentamicin, or nitriles – have been linked to balance disorders related to disruption of the
101 neurosensory epithelium within the vestibular receptor (Callejo et al., 2017; Kim et al., 2013;
102 Llorens et al., 1993).

103 Given the number of unknowns surrounding the vestibulotoxic properties of aromatic solvents
104 and the time-consuming *in vivo* studies that would be needed to investigate the ototoxic
105 mechanisms of these chemicals, a fast and reliable *in vitro* method is required to assess the
106 functional and histological consequences of solvent exposure on the vestibular end-organ.

107 Here, we used newborn rat utricles cultured in three-dimensional (3D) medium as a model to
108 assess the potency vestibulotoxic of styrene (Bartolami et al., 2011; Gaboyard et al., 2005).
109 This *in vitro* model, initially developed to investigate endolymph formation in immature
110 vestibule consists in a sphere, called “cyst”, which forms when the harvested utricle is placed
111 in the 3D medium. After a few days in culture, the volume of the cyst increases as it fills with
112 an endolymph-like fluid. All utricular cell types (hair cells, transitional and dark cells) and
113 their associated proteins involved in K⁺ cycling (MET channels, Na/K-ATPase and Na-K-2Cl
114 co-transporter 1 (NKCC1)) are preserved in the “cysts” and contribute to endolymph
115 production (Bartolami et al., 2011; Gaboyard et al., 2005). Acquisition of hair cells sensory
116 transduction at embryonic state (Géléoc and Holt, 2003) and complete maturation of
117 vestibular dark cells observed around the 4th day post-partum (Anniko and Nordemar, 1980),
118 are in line with the production of an endolymph-like fluid in the lumen of the cyst.

119 The biochemical composition of endolymph therefore depends on the functionality of
120 utricular cells. For this study, the potential vestibulotoxicity of styrene was investigated by
121 measuring its effect on the endolymphatic K⁺ concentration using an electrochemical method,
122 and by observing its histopathological consequences on the vestibular sensory epithelium.

123 **2. Materials and methods**

124

125 **2.1 Animals**

126 Pregnant Long-Evans female rats were purchased from Janvier Laboratories and were housed
127 in individual cages (surface: 1032 cm²; height: 20 cm) from the 15th day of pregnancy until
128 birth under a 12 h light / 12 h dark cycle. In the animal facilities, temperature was maintained
129 at 22 ± 2 °C and relative humidity at 55 ± 15%. Food and water were available *ad libitum*.
130 Animals were weighed upon arrival at the facility and just before giving birth to monitor
131 weight gain during the third week of pregnancy. Birth was natural, and newborns aged

132 between 0 (P0) and 4 post-natal days (P4) were used in experiments. All investigations
133 involving animals were performed in accordance with the Guide for Care and Use of
134 Laboratory Animals promulgated by the European parliament and council (EUROPEAN
135 DIRECTIVE 2010/63/EU, 22 September 2010). The animal facilities are accredited by the
136 French Ministry of Agriculture (Authorization N° D 54-547-10).

137 **2.2 Three-dimensional culture of utricle explants**

138 The utricle explants were cultured using a technique described in previous studies (Bartolami
139 et al., 2011; Gaboyard et al., 2005). Newborn rats (P0-P4) were decapitated and the head was
140 hemi-sectioned. The temporal bones were harvested and placed in Leibovitz's L-15 medium.
141 Utricles were aseptically removed, taking care to conserve the epithelium covering the
142 macula. The basal surface of the sensory epithelium was stripped of surrounding nervous
143 tissue. Explants were then placed on 12-mm diameter glass coverslips previously coated with
144 10 µg/ml laminin (Sigma-Aldrich, Saint-Louis, MO, U.S.A.) in 35-mm Petri dishes. Ten
145 microliters of Matrigel[®] (Corning, NY, USA) was gently overlaid on the vestibular structures.
146 To allow explants to grow, they were positioned so that the basal surface of the sensory
147 epithelium faced the coverslips. Cultures were incubated at 37 °C for 30 min in a 95% O₂ /
148 5% CO₂ atmosphere in a humidified incubator. Embedded utricular explants were then
149 covered with culture medium Dulbecco's Modified Eagle Medium / Nutrient Mixture F-12
150 (DMEM-F12, Thermo Fisher Scientific, Waltham, MA, USA) supplemented with 2% N-2
151 (Life Technologies, Carlsbad, California). Vestibular explants were maintained at 37 °C in a
152 humidified 5% CO₂ atmosphere and half of the culture medium was renewed three times per
153 week. After a few days *in vitro* (DIV), the utricular structures sealed themselves and formed a
154 vesicle enclosing the endolymphatic compartment ("cyst"). Deflated cysts were excluded
155 from the study.

156 **2.3 Electrophysiological measurements**

157 The potassium concentration inside the vesicle was determined using an ion-sensitive
158 microelectrode. Borosilicate glass capillaries with filament (1B100F-4; WPI, Sarasota, FL,
159 USA) were melted and pulled vertically using a PUL-100 Microprocessor-controlled
160 micropipette Puller (WPI, Sarasota, FL, USA) before baking at 200 °C for 2 h to eliminate
161 proteins contaminant among others. Microelectrodes were then silanized with
162 dichlorodimethylsilane (Sigma-Aldrich, Saint-Quentin Fallavier, France) vapors for 5 min to
163 create a hydrophobic layer inside the microelectrode. Capillaries were dried by baking for 4 h
164 at 200 °C. The microelectrode tip was backfilled with liquid membrane ion K⁺ exchanger
165 (Potassium Ionophore I – Cocktail B, Sigma-Aldrich, Saint-Quentin Fallavier, France) and the
166 barrel was filled with 150 mM KCl. Microelectrode impedance was determined using an
167 ohmmeter (Omega TipZ, WPI, Sarasota, USA) to select microelectrodes with an impedance
168 of less than 200 MΩ. Microelectrodes were connected, *via* a holder, to the headstage amplifier
169 of a differential electrometer (HiZ-223 Warner Instruments, Hamden, USA). The reference
170 electrode was immersed in the calibration solutions or the medium covering the sample to
171 close the electrical circuit. The electrical signal was monitored with Pulse® software and a
172 3160-A-022 analyzer (Brüel & Kjær, Nærum, Denmark). Before recording the electrical
173 potential of the cyst's endolymphatic compartment, the electrical signal of the microelectrode
174 was calibrated with decreasing concentration of KCl solutions: 150, 100, 75, 50, 20 and
175 10 mM. All calibration solutions contained 150 mM cation, supplemented with NaCl as
176 appropriate.

177 To measure the K⁺ concentration in the endolymphatic compartment, cysts were placed on the
178 microscope stage and covered with medium. Before measuring the potassium concentration of
179 the endolymphatic compartment, the microelectrode tip was immersed in the medium, which
180 contained a known K⁺ concentration (about 4 mM KCl, DMEM-F12, Thermo Fisher
181 Scientific). Then, the ion-sensitive microelectrode was inserted into the vesicle explants under

182 optical control. Once inside the vesicle, the stabilization of the signal took few second and the
183 duration of the K^+ measurement never exceeded 30 s.

184 **2.4 Pharmacological treatment**

185 Several pharmacological molecules known to alter the activity of ion channels and pumps
186 were added to the culture medium to test their effects on the endolymphatic K^+ concentration.
187 Ouabain (a Na/K-ATPase inhibitor), bumetanide (a NKCC1 inhibitor disrupting potassium
188 entry in the cyst), gentamicin and gadolinium (which both block mechano-electrical
189 transduction channels at the top of stereocilia of hair cells), were tested in the present study.
190 Ouabain, gadolinium chloride hexahydrate, gentamicin solution and bumetanide were
191 purchased from Sigma-Aldrich (Saint-Quentin Fallavier, France). At 7 DIV, cysts were
192 incubated with gentamicin (1 mM, 2 h), gadolinium (0.1 mM, 2 h), ouabain (1 mM, 2 h) or
193 bumetanide (0.05 mM, 0.5 h), and the effects of these pharmacological treatments were
194 measured. In parallel, control cultures were incubated in the same conditions with the
195 corresponding vehicle.

196 **2.5 Styrene exposure**

197 Styrene (Acros Organics, Illkirch, France; 99%) was added directly to DMEM-F12 medium
198 (Thermo Fisher Scientific, Waltham, MA, USA) in a volumetric flask to prepare the different
199 stock solutions of styrene: 0.25, 0.5, 0.75 and 1 mM. The styrene-medium solution and 2% N-
200 2 were added to glass headspace vials (8 ml) which were then sealed with a Teflon-faced
201 butyl rubber septum and an aluminum crimp cap to avoid solvent evaporation. Each vial was
202 completely filled in order to have no gaseous phase, thus avoiding styrene stagnation in this
203 compartment. The vial caps were removed to place cysts in contact with medium containing
204 styrene before sealing once again. Cysts were maintained in these conditions for 2 h or 72 h,
205 to observe acute and cytotoxic effects of styrene respectively, prior to measuring the K^+
206 concentration at 7 DIV. For 2-h exposures, the treatment was performed at 7 DIV, whereas

207 for 72-h exposures, cysts were maintained in culture with styrene from the 4th DIV to the 7th
208 DIV. Control cysts were cultivated in medium without styrene in the same sealed chemical
209 vials for 2 h or 72 h.

210 **2.6 Tissue section preparation for light microscopy**

211 After culturing for 7 DIV, cysts were collected and fixed with 2.5% glutaraldehyde in 0.2 M
212 cacodylate buffer for 24 h. Samples were rinsed in 0.2 M cacodylate buffer and post-fixed for
213 1 h with 1% osmium tetroxide in the dark. Cysts were dehydrated in graded ethanol
214 concentrations up to 100% and then embedded in epoxy resin after soaking in incremental
215 50%/50% and 75%/25% resin / propylene oxide solutions. Following polymerization at 60 °C
216 for 24 h, 2.5- μ m transversal sections were cut with a microtome (Leica, UC7), and stained
217 with toluidine blue (Sigma-Aldrich, Saint-Quentin Fallavier, France). Sections were observed
218 with an optical microscope (BX41, Olympus, Tokyo, Japan).

219 **2.7 Immunohistochemical analysis of cleaved caspase-3**

220 The embedded Matrigel® was removed and cysts were fixed with 4% formaldehyde buffered
221 at pH 6.9 for 24 h. After rinsing with Phosphate-Buffered Saline (PBS), cysts were
222 dehydrated in graded ethanol concentrations up to 100%. After a clearing step in xylene,
223 samples were embedded in paraffin. Transversal sections (4 μ m) were cut with a microtome
224 (Microm, HM 340E). Slices were dewaxed in xylene and rehydrated. A heat-induced antigen
225 retrieval step was performed in citrate buffer (10 mM, pH 6) for 5 min. To reduce nonspecific
226 staining, endogenous peroxidase activity was blocked with 3% H₂O₂ for 5 min, and
227 nonspecific antibody binding sites were blocked with 5% of normal goat serum for 1 h at
228 room temperature. Sections were incubated with the cleaved anti-caspase 3 monoclonal rabbit
229 antibody (dilution 1/800, Cell Signaling, MA, USA) overnight at 4 °C. After rinsing in TBST-
230 1X, sections were incubated with the detection reagent containing peroxidase enzyme
231 (SignalStain® Boost Detection Reagent, Cell Signaling) for 30 min at room temperature. The

232 immunoreaction was visualized with 3,3'-diaminobenzidine (DAB), and sections were
233 counterstained with Mayer Haemalum. Sections were mounted and observed under the optical
234 microscope.

235 **2.8 Statistical analysis**

236 Results were expressed as mean \pm standard error of the mean (SEM). The difference between
237 experimental groups was determined using one-way ANOVA. Statistical results were
238 expressed as follows: $F(\text{dfb}, \text{dfr}) = F\text{-ratio}$; $p = p\text{ value}$, where dfb is the number of degrees of
239 freedom between groups, and dfr is the number of residual degrees of freedom. A post-hoc
240 least-significant difference test (LSD) was run to compare variations between "DIV" groups,
241 and Dunnett's method was used to compare variations between control and the various
242 styrene concentration groups. Student's t-test was applied to compare two experimental
243 conditions. The threshold for statistical significance was set at $p = 0.05$.

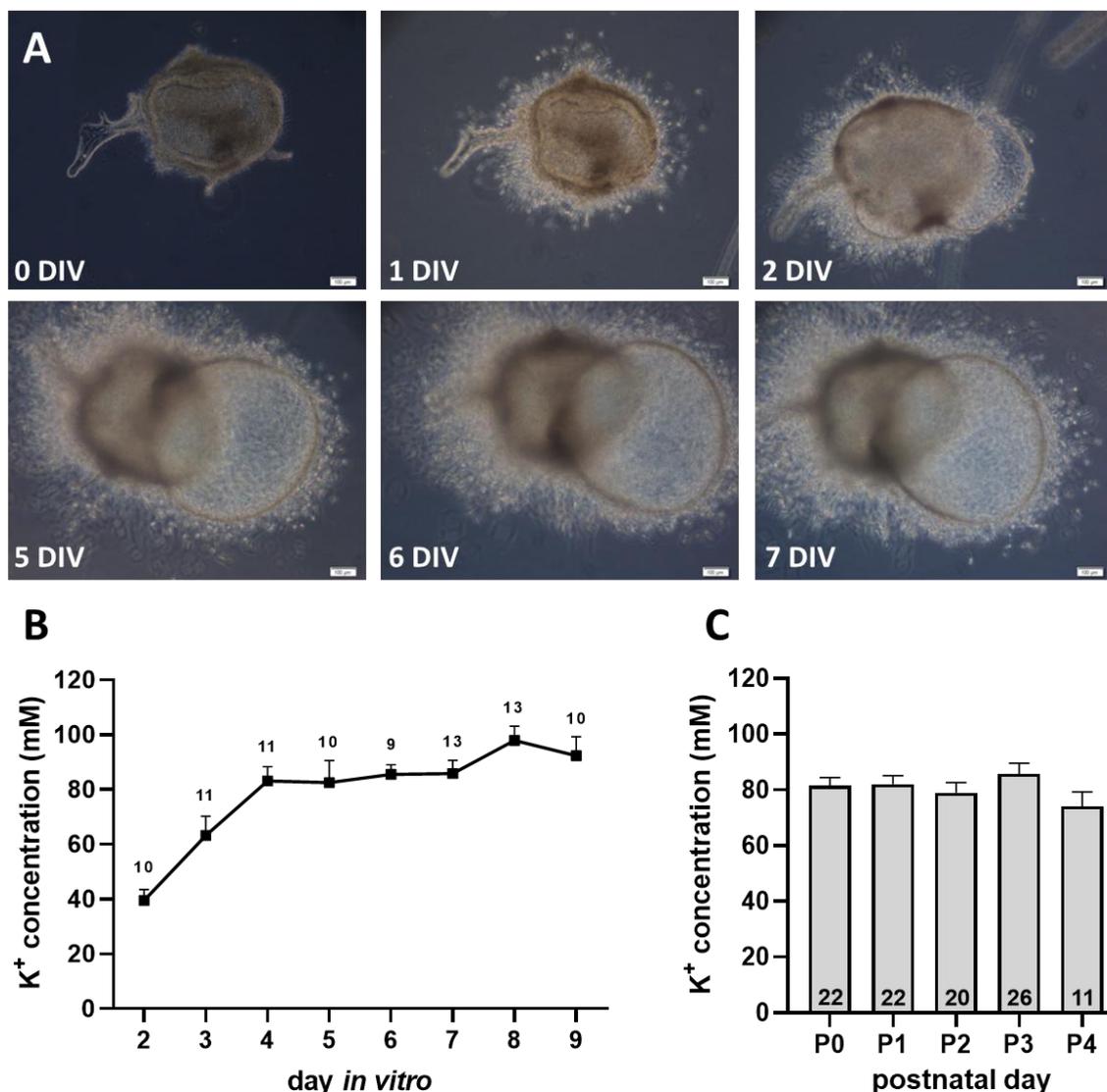
244 **3. Results**

245 **3.1 Endolymphatic compartment development in utricle explants**

246 Utricles were dissected from P2 rats, and the morphological development of utricle explants
247 was monitored from the day the tissue was placed in culture (0 DIV) until the 7th DIV (*figure*
248 *1.A*). After 1 DIV in the extracellular matrix, the utricle explants were surrounded by growing
249 fusiform cells, possibly fibroblasts. At 2 DIV, the utricle explants appeared swollen and a
250 small vesicle was observable. At 5 DIV, the vesicles had reached their maximum size, which
251 remained unchanged until 7 DIV.

252 The endolymphatic K^+ concentration was monitored from 2 to 9 DIV (*figure 1.B*). A
253 progressive accumulation of K^+ was measured between 2 DIV (39.6 ± 4.0 mM) and 4 DIV
254 (83.1 ± 5.2 mM), at which time it reached a plateau which was maintained until 7 DIV ($85.8 \pm$
255 4.8 mM). These differences in K^+ concentration were significant [$F = (7, 79) = 10.33$;

256 $p < 0.001$]. Post-hoc comparisons between groups show that the K^+ concentrations measured at
257 2 and 3 DIV were significantly lower ($p < 0.05$) than those measured between 4 and 9 DIV.
258 Potassium concentrations were not significantly different between 4 and 9 DIV ($p > 0.05$).
259 The endolymphatic K^+ concentration was measured in 7-DIV cysts obtained from newborn rat
260 utricles harvested at different postnatal days (*figure 1.C*). The one-way ANOVA does not
261 reveal any difference between groups [$F(4, 96) = 1.13$; $p = 0.346$], indicating that culture
262 development is not dependent on the day of utricles was dissected.



263

264 **Figure 1. Morphological and functional developments of 3D utricle explants. (A)**
265 Newborn rat utricles were dissected at post-natal day 2 (P2) and maintained for 7 days *in vitro*

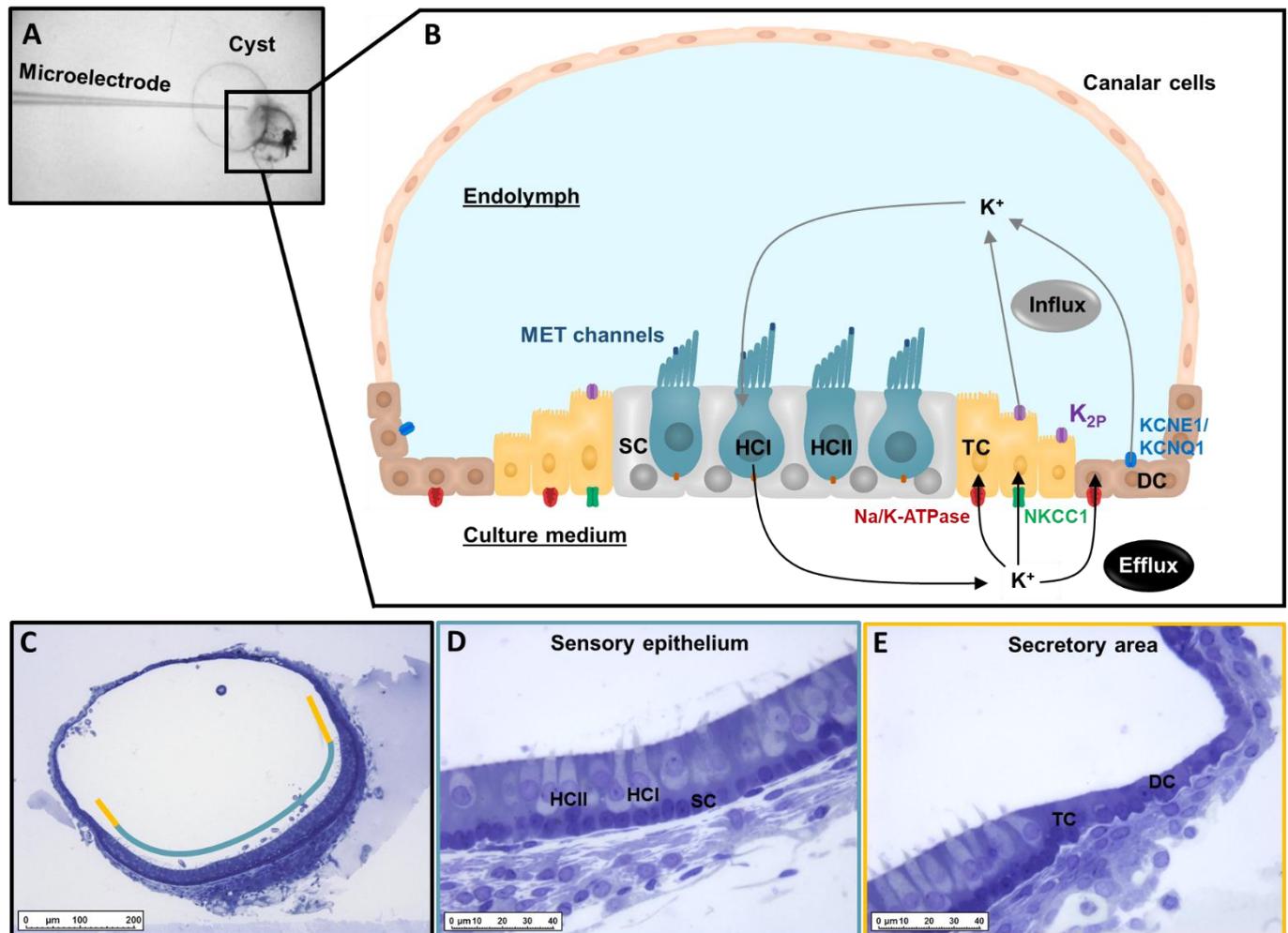
266 (DIV). Light microscopy pictures show morphological evolution and cyst formation of
267 cultured utricles from 0 to 7 DIV. Scale bar = 100 μm . (B) Endolymphatic potassium
268 accumulation in cysts from P0-P4 newborn rats was measured from 2 to 9 DIV. (C)
269 Endolymphatic K^+ concentration of 7-DIV cysts obtained from newborn rat utricles was
270 measured as function of postnatal day. Mean \pm SEM; the number of samples are indicated
271 above each symbol (B) or in each bar of the histogram (C).

272

273 **3.2 Effects of K^+ “influx” or “efflux” inhibitors on endolymphatic concentration**

274

275 Secretory cells (transitional and dark cells) are responsible of the K^+ “influx”, the term
276 “influx” being defined as the passage of K^+ ions from the culture medium to the
277 endolymphatic space (*figure 2*). Na/K-ATPase and NKCC1 expressed at their basolateral pole
278 control the K^+ uptake (Bartolami et al., 2011). Potassium ions are released in endolymphatic
279 compartment though the complex KCNQ1/KCNE1 expressed at the apical side of dark cells
280 and the two-pore-domain K^+ channels ($\text{K}_{2\text{P}}$) expressed in the apical membrane of dark and
281 transitional cells (Nicolas et al., 2001, 2004; Popper et al., 2008). Conversely, K^+ “efflux”, *i.e.*
282 the movement of the K^+ ions from the endolymphatic space to the culture medium, is
283 performed by sensory hair cells involved in mechano-electrical transduction. Endolymphatic
284 K^+ enters the hair cells though the MET channels, a phenomenon which depolarizes the cells
285 and results in the excitation of the afferent neurons. Recovery of the resting membrane
286 potential is then dependent on the K^+ exit across the basolateral membrane of the hair cells
287 mainly through voltage-gated K^+ channels, whose molecular identity remains unclear
288 (Meredith and Rennie, 2016).



289

290 **Figure 2. Description of the 7-DIV cyst:** (A) Photograph an ion-sensitive microelectrode
 291 penetrating a cyst during the recording of the K⁺ concentration. (B) Schematic representation
 292 of a 7-DIV cyst. The cyst is an enclosed structure filled with a high-K⁺ endolymph-like fluid,
 293 which contains sensory and secretory cells participating in the K⁺ cycle. Transitional cells
 294 (TC) and dark cells (DC) are involved in K⁺ “influx”, i.e. the passage of K⁺ ions from the
 295 culture medium to the endolymphatic compartment. These cells absorb K⁺ ions from the
 296 culture medium via Na/K-ATPase and NKCC1 channels expressed at their basolateral
 297 membrane and release them in the endolymphatic compartment at their apical side through
 298 KCNE1/KCNQ1 and K_{2P} channels. K⁺ “efflux”, i.e. the movement of K⁺ ions from the
 299 endolymphatic compartment to the culture medium is ensured by sensory hair cells. Mechano-
 300 electrical transducer (MET) channels expressed in stereocilia the hair cell stereocilia allow the
 301 passage of K⁺ ions into the cytosol, which in turn triggers depolarization and the release of K⁺
 302 ions in the culture medium through voltage-gated K⁺ channels expressed in basolateral
 303 membrane (C) Semi-thin sections of 7-DIV obtained from P2 newborn rat utricle were
 304 observed in light microscopy. The sensory epithelium is indicated in green and secretory area
 305 in yellow. (D) The sensory epithelium is composed of supporting cells (SC) and 2 types of
 306 hair cells expressed ciliary bundles at their apical surface; pyriform-shaped type I hair cell
 307 (HCI) and column-shaped type II hair cell (HCII). (E) The secretory area is composed of

308 transitional cells (TC) neighbored cubic-shaped dark cells (DC). Scale bar = 200 μm in C and
309 40 μm in D, E

310

311 Figure 3 shows that gentamicin and gadolinium, both of which reversibly block the MET
312 channels in hair cell's stereocilia, significantly increased the K^+ concentration in 7 DIV cysts.

313 K^+ concentration was increased by 14% after exposure to gentamicin (treated group: $100.75 \pm$
314 3.2 mM vs. control group: $88.2 \pm 3.3 \text{ mM}$; $p = 0.028$) and by 20% upon incubation with

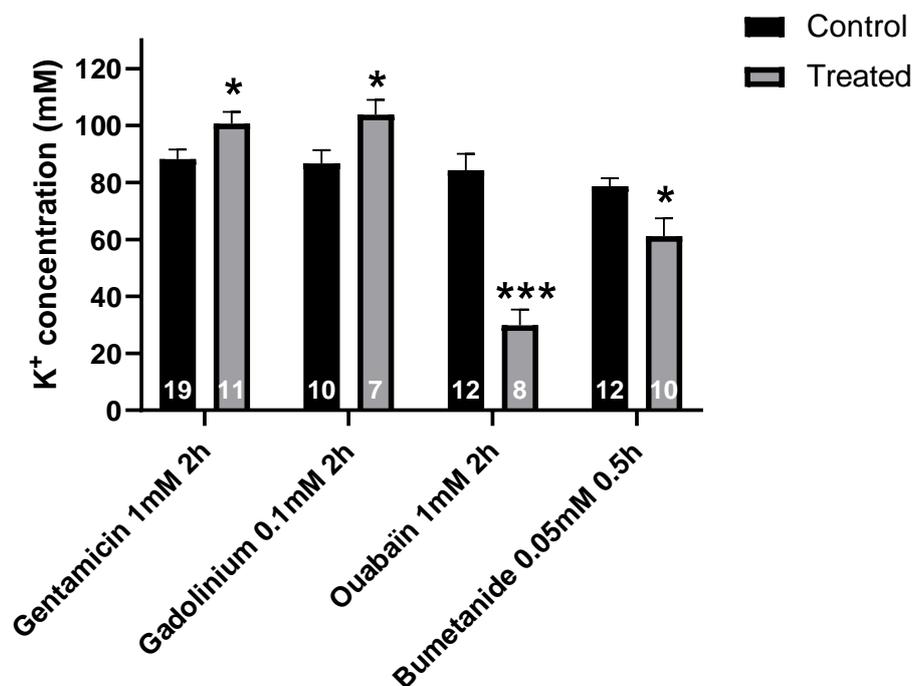
315 gadolinium (treated group: $103.9 \pm 5.1 \text{ mM}$ vs. control group: $86.8 \pm 4.7 \text{ mM}$; $p = 0.028$).

316 Conversely, ouabain and bumetanide significantly decreased the K^+ concentration: ouabain
317 treatment (1 mM, 2 h) caused a drastic 65% reduction in K^+ (treated group: $29.8 \pm 5.5 \text{ mM}$ vs.

318 control group: $84.4 \pm 5.7 \text{ mM}$; $p < 0.001$), whereas bumetanide (0.05 mM, 0.5 h) triggered a

319 22% decrease in K^+ concentration in 7 DIV cysts (treated group: $61.2 \pm 6.3 \text{ mM}$ vs. control
320 group: $78.7 \pm 2.82 \text{ mM}$; $p = 0.014$). A one-way ANOVA comparing the different control

321 groups showed no significant difference [$F(3, 49) = 1.06$; $p = 0.373$].



322

323 **Figure 3. Effects of inhibitors of MET channels, Na/K-ATPase and NKCC1 on endolymphatic**
324 **K⁺ concentration:** 7 DIV cysts obtained from P0-P4 newborn rats were treated with gentamicin
325 (1 mM, 2 h), gadolinium (0.1 mM, 2 h), ouabain (1 mM, 2 h) or bumetanide (0.05 mM, 0.5 h). Control
326 cysts were treated with the corresponding vehicle. Each histogram represents the mean ± SEM; the
327 number of samples for each group is indicated in each bar of the histogram. Student's t-test: *p<0.05
328 and ***p<0.001.

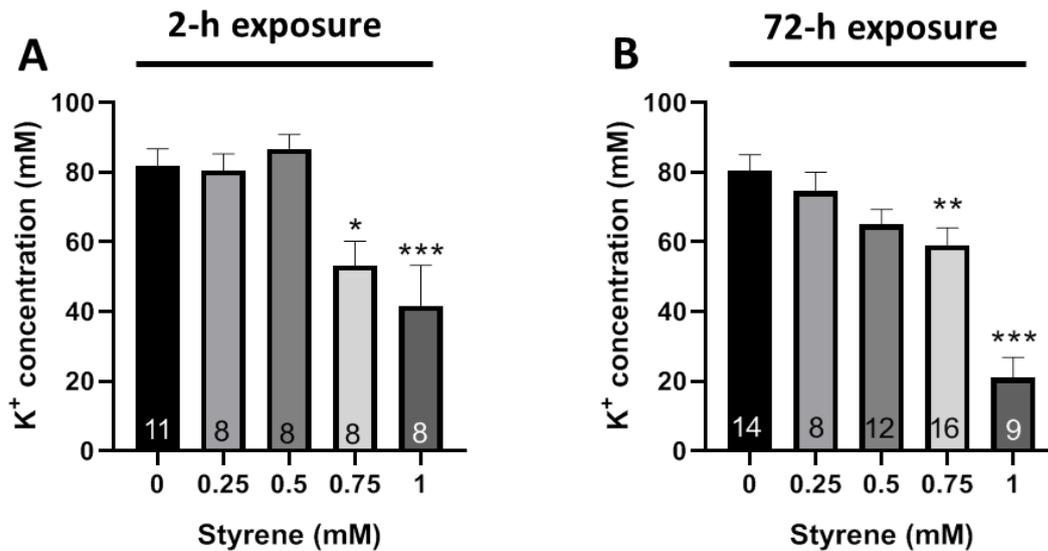
329

330 **3.3 Effect of styrene on endolymphatic K⁺ concentration**

331 Cysts were maintained in contact with varying styrene concentrations (0.25; 0.5; 0.75 and
332 1 mM) for either 2 or 72 h (*figure 4.A,B*). For the 72- h condition, utricle explants were
333 treated from the 4th DIV to 7th DIV, when the K⁺ concentration is the most stable (*figure 1.B*).

334 Exposure to styrene for 2 or 72 h caused dose-dependent decreases in K⁺ concentrations [2 h:
335 F (4, 38) = 8.43; p = 0.0001 – 72 h: F (4, 54) = 17.99; p < 0.0001].

336 After exposure to styrene for 2 h, K⁺ concentration decreased significantly compared to
337 control group (82.0 ± 4.8 mM) for cysts exposed to 0.75 mM (53.2 ± 7.0 mM; p = 0.014) and
338 1 mM styrene (41.7 ± 11.6 mM; p < 0.001). The decline in concentration was 35.12% and
339 49.13%, respectively. Exposure for 72 h also triggered a significant decrease in K⁺
340 concentration compared to the control group (80.6 ± 4.5 mM) in the 0.75 mM (59.1 ±
341 4.9 mM; p = 0.004) and 1 mM (21.0 ± 5.9 mM; p <0.001) groups. The reductions measured
342 were 22.75% and 73.97%, respectively.



343

344 **Figure 4. Exposure to styrene decreases the endolymphatic K⁺ concentration.** Cysts were
 345 obtained from P0-P4 newborn rats and measurements were performed at 7 DIV. Utricle
 346 explants were exposed to varying styrene concentrations (0.25; 0.5; 0.75 and 1 mM) for 2 h
 347 (A) or 72 h (B). Two-hour exposures were performed at 7DIV and 72-h exposures between 4
 348 DIV and 7 DIV. Control samples were cultured in sealed vials for the corresponding
 349 exposure-time. Each histogram represents the mean ± SEM. The number of samples is
 350 indicated in each bar of the histogram. Dunnett: *p<0.05; **p<0.01 and ***p<0.001.

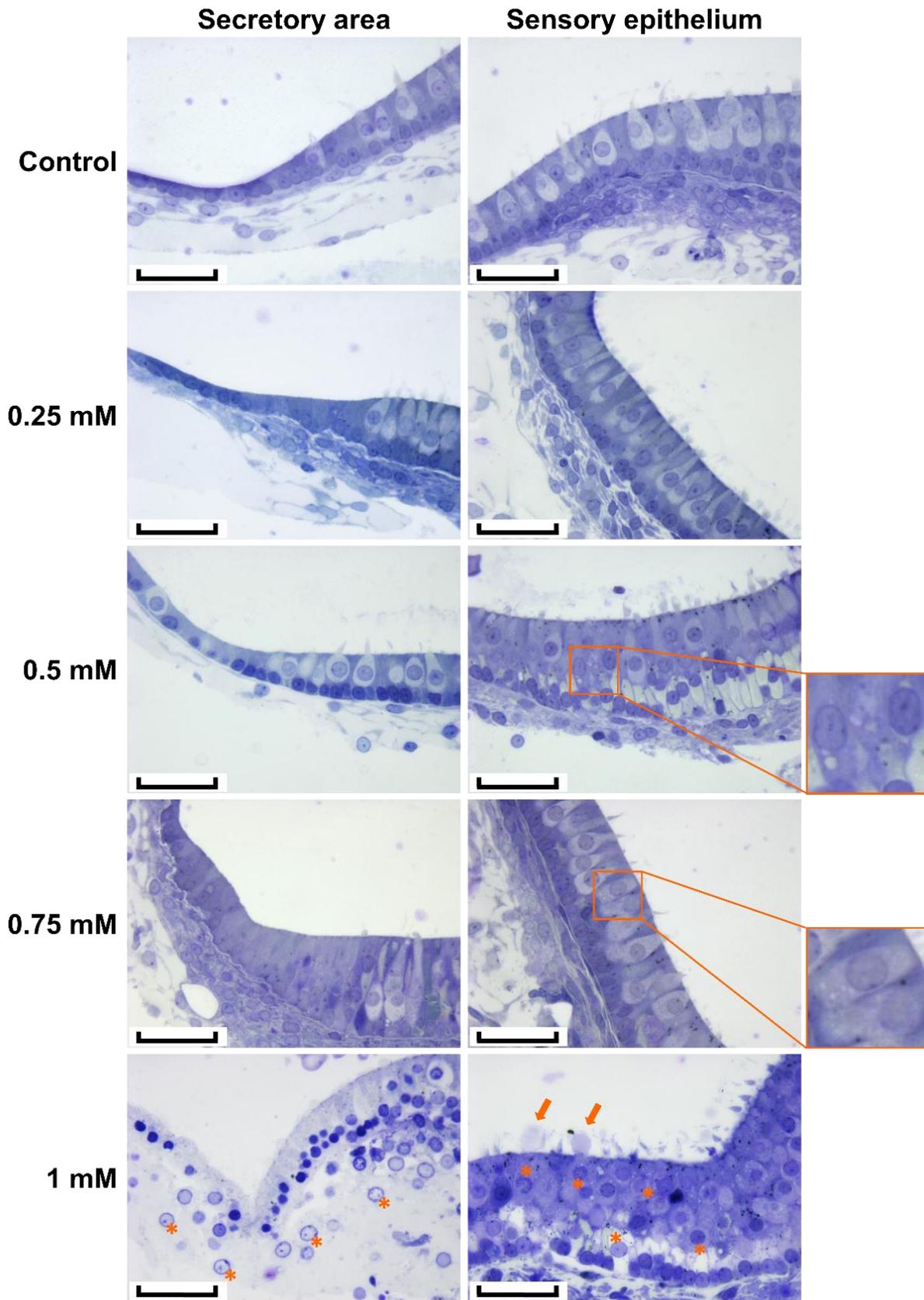
351

352 3.4 Histological analysis

353 To determine if styrene induced an apoptotic pathway mechanism, cleaved caspase-3 was
 354 immuno-stained. Antibody-staining revealed no caspase-3 activation in cysts exposed to
 355 styrene for 72 h, whatever the concentration assessed (data not shown).

356 The gross morphologies of epithelial cells (P1-4, 7 DIV) in cysts exposed to styrene (0; 0.25;
 357 0.5; 0.75 and 1 mM) for 2 or 72 h were observed under light microscopy (*figures 5 and 6*). In
 358 control samples, type I (pyriform shape) and type II (column-shaped) hair cells and
 359 intercalated supporting cells could be clearly distinguished in the sensory epithelium. No
 360 obvious morphological alterations to epithelial cells were observed, with no vacuoles visible
 361 in the cytoplasm, and normal-looking nuclei. A layer of secretory cells bordering the sensory
 362 epithelium was identifiable. It consisted of cuboidal dark cells and transitional cells, the latter

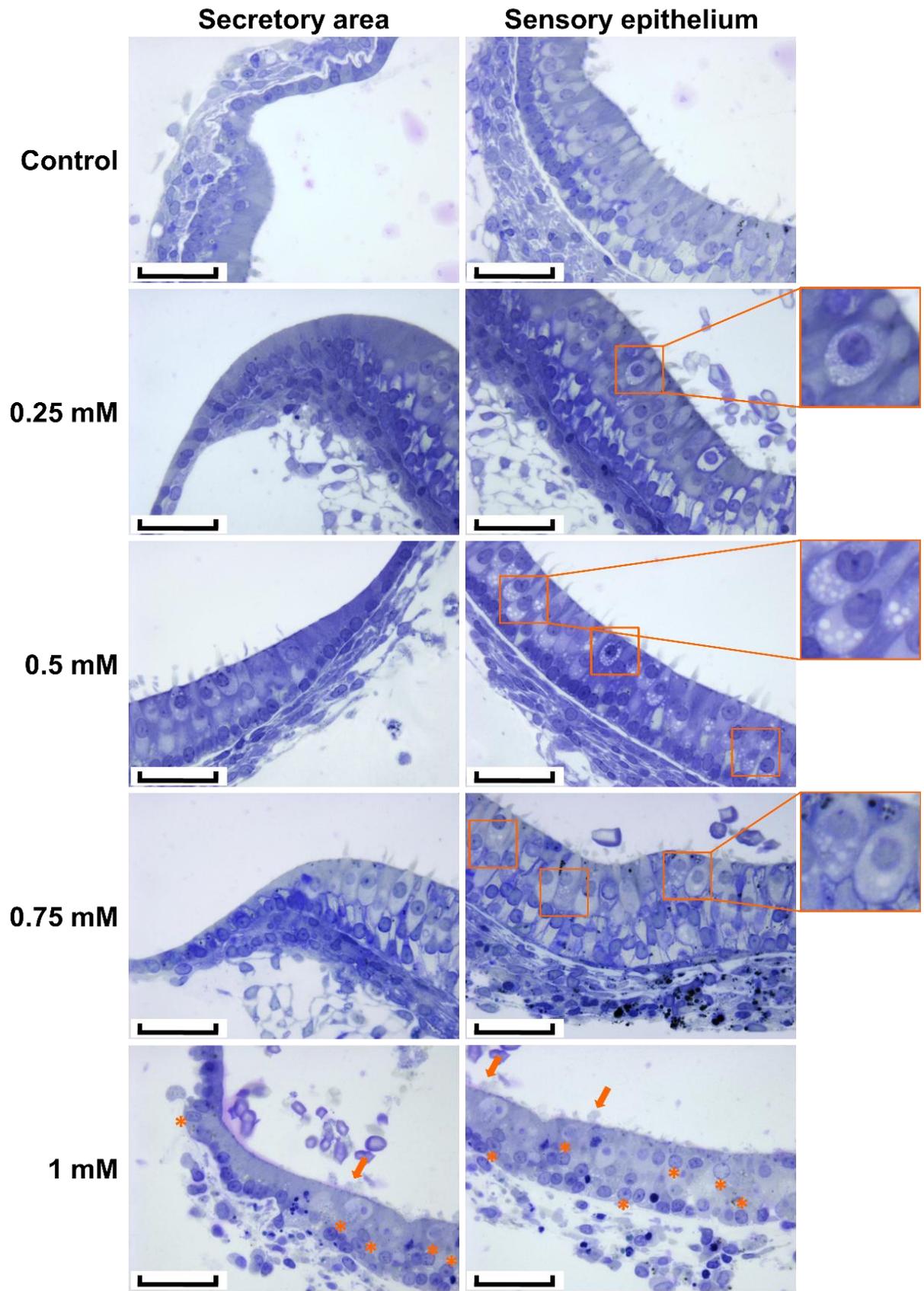
363 of which are in contact with sensory cells. Cysts exposed to 1 mM of styrene for 2 h or 72 h
364 contained cells with condensed and/or swollen nuclei, low-density cytoplasm, and displayed
365 vacuolization. This effect was visible in all cell types in the sensory and secretory epithelia.
366 Some hair cells were extruded from the cuticular plate, but most stereocilia remained present.
367 Small numbers of vacuoles were visible in epithelial cells of cysts exposed to 0.5 and
368 0.75 mM of styrene for 2 h, whereas no sign of cellular damage was observed in cysts
369 exposed to 0.25 mM styrene. After 72 h exposure, cytoplasmic vacuoles were observed in all
370 epithelial cell types in cysts exposed to styrene at a concentration exceeding 0.25 mM. Apart
371 from cytoplasmic vacuoles observed in the various sensory and secretory epithelial cells in
372 cysts, no other obvious features of cell injury were noted.



373

374 **Figure 5. Histological sections of cysts after exposure to varying styrene concentrations**
 375 **for 2 h.7-DIV cysts obtained from P1-P4 newborn rats were observed under light microscopy**

376 after styrene exposure. Styrene concentrations are indicated to the left of the figure. For each
377 condition, pictures in the left panel display part of the sensory epithelium; the right panel
378 shows images of the secretory cell area. Cytoplasmic vacuoles were further magnified
379 (insets). Extrusions are indicated with arrows, and condensed nuclei by asterisks. Scale bar =
380 40 μ M.



381

382 **Figure 6. Histological sections of cysts after exposure to varying styrene concentrations**
 383 **for 72 h. 7-DIV cysts obtained from P1-4 newborn rats were observed under light microscopy**

384 after styrene exposure. Styrene concentration is indicated to the left of the images. For each
385 condition, the left panel displays part of the sensory epithelium; the right panel shows images
386 of the secretory cell area. Cytoplasmic vacuoles were further magnified (insets). Extrusions
387 are indicated with arrows, and condensed nuclei by asterisks. Scale bar = 40 μ M.

388 4. Discussion

389 For this study, the adverse effects of styrene on the vestibular receptor were investigated using
390 an *in vitro* model adapted from Bartolami et al., (2011) and Gaboyard et al., (2005). This
391 model consisted in a 3D utricular explant from newborn rats, and was compatible with the
392 assessment of both functional and morphological consequences of styrene exposure on
393 utricular cells.

394 Morphological changes and electrophysiological recordings over time demonstrated a
395 progressive maturation of this model (*figure 1*). After two days in culture, the 3D utricular
396 explant displayed a small vesicle. We assumed that epithelial cells would proliferate to
397 produce a closed utricular explant. Indeed, Gnedeva et al., (2017) demonstrated that utricles
398 cultured in a low-stiffness extracellular matrix – close to our conditions – provides a
399 conducive environment in which supporting cells can reenter their cell cycle and therefore
400 extend the macular area. Moreover, the extracellular matrix and the N-2 supplement used in
401 this study contain several growth factors, including EGF, bFGF and IGF-1, that should
402 contribute to the proliferation of utricular cells and the emergence of surrounding fibroblast-
403 like cells at 1 DIV (Zheng et al., 1997). In addition to the mechanical properties of the
404 extracellular matrix and the use of growth factors promoting cell expansion, the maximal
405 proliferative response of rat sensory epithelia to some growth factors has been shown to occur
406 between birth and the 5th day post-partum (Gu et al., 2007). This time window seems to be in
407 accordance with our observation of the development of cysts in explants from newborn rats
408 harvested between P0 and P4. The K⁺ concentration in the endolymphatic compartment
409 (*figure 1.B*) appears to be related to the size of the vesicle. Indeed, 2-DIV cysts display a

410 small vesicle and have a low endolymphatic K^+ concentration, whereas in 4- to 7-DIV cysts,
411 the K^+ concentration plateaus when the vesicles reach their maximal size. This result suggests
412 that the swelling of the cysts is triggered by the accumulation of K^+ ions, and the resulting
413 osmotic water influx.

414 The cyst encloses an endolymph-like fluid with a high K^+ concentration (85.8 ± 4.8 mM at 7
415 DIV, **figure 1.B**), slightly below *in vivo* values (between approximately 100 and 120 mM).
416 Endolymph is mainly produced by secretory dark cells, which transport K^+ from perilymph to
417 endolymph. Even though rodent dark cells appear morphologically mature at birth, the
418 composition of endolymph only matures 6-8 days after birth (Anniko, 1980; Anniko and
419 Nordemar, 1980). Vestibular dark cells in P0-P4 newborn rats may not yet be fully functional,
420 which could explain why the K^+ concentration in our model was lower than *in vivo* values. K^+
421 concentrations measured in organotypic cultures of chicken embryos were also reported to be
422 lower than *in vivo* values (Masetto et al., 2005). The K^+ concentrations and their progression
423 profile obtained in the current study (**figure 1.B**) are in good agreement with those reported
424 by Bartolami et al. (2011) who described an increase in K^+ concentration between 2 and 5
425 DIV, and a plateau between 5 and 8 DIV.

426 The endolymphatic K^+ concentration is maintained by an active equilibrium between influx
427 and efflux of K^+ . This equilibrium is regulated by dark and transitional cells, which secrete K^+
428 into the endolymph through the action of the Na/K-ATPase pump and the NKCC1 channel
429 expressed at their basolateral pole, and by sensory hair cells, which release K^+ to the
430 perilymph through transduction channels expressed in the hair cell's stereocilia. Ouabain, a
431 Na/K-ATPase inhibitor, and bumetanide, a NKCC1 inhibitor, both cause the K^+ concentration
432 to decrease, proving that the model is sensitive to the inhibition of K^+ influx. These data are in
433 line with those presented by Bartolami et al. (2011) using cysts obtained from P2-P3 mice:

434 when treated with 1 mM ouabain for 1 h, the K⁺ concentration in cysts decreased by 85%;
435 0.05 mM bumetanide treatment for 15 min, the transient decrease was more moderate at 28%.

436 The involvement of sensory cells in K⁺ efflux was revealed using 2-h treatments with
437 gentamicin and gadolinium, both of which block hair cell stretch-activated channels
438 (Kimitsuki et al., 1996; Kroese et al., 1989). Gentamicin and gadolinium led to 14% and 20%
439 increases in the K⁺ concentration, respectively. These percent changes are lower than those
440 reported by Bartolami et al., (2011) with P2-P3 newborn mice cysts – at 38.6% and 56.1%
441 increases in K⁺ after gentamicin and gadolinium treatments, respectively. The acquisition of
442 sensory transduction during embryonic stages is well described for mouse utricles (Géléoc
443 and Holt, 2003), but no information is available for rats. MET in rat utricle hair cells may not
444 be fully functional during the first days after birth. In addition, the fact that utricle hair cell
445 density in newborn rat (P1) is lower than in mice (19th gestation day) (Dechesne et al., 1986;
446 Mbiene et al., 1984; Wubbels et al., 2002) may enhance the difference between the data
447 reported by Bartolami et al. (2011) and the results presented here. Nevertheless, taken
448 together the results obtained with the different pharmacological treatments confirm that all
449 cell types involved in K⁺ cycle are functional in the present model.

450 To assess the vestibulotoxic potential of styrene, cysts were exposed to varying concentrations
451 for either 2 h or 72 h. The 2-h exposure was chosen to study the *pharmacological* effects of
452 styrene. Infact, several *in vivo* and *in vitro* studies showed that short exposures (30 s to 1 h) to
453 aromatic solvents can modulate the function of N-methyl-D-aspartate (NMDA) and nicotinic
454 receptors as well as Na/K-ATPase and voltage-dependent Ca²⁺ channels (VDCC) (Bale et al.,
455 2005, 2002; Calderón-Guzmán et al., 2005b, 2005a; Cruz et al., 2000, 1998; Lebel and
456 Schatz, 1990; Maguin et al., 2009; Vaalavirta and Tähti, 1995a, 1995b). The 72-h exposure-
457 time was used to investigate the cytotoxic effects of styrene. A similar duration has previously
458 been used to assess the effect of aromatic solvents *in vitro* on human cord blood cells

459 (Diodovich et al., 2004), primary cortical astrocytes (Lin et al., 2002) and primary cultures of
460 motor and sensory neurons (Kohn et al., 1995). The 72-h exposure condition was centered on
461 the 4- to 7-DIV period, when the K^+ concentration was stable (**figure 1.B**), so that normal cyst
462 development would not interfere with the styrene effect.

463 As aromatic solvents can interact with the polystyrene walls of culture flasks, glass headspace
464 vials were used for styrene exposure experiments (Croute et al., 2002). One major problem
465 with experiments involving aromatic solvents is their high volatility. In unsealed containers,
466 25% of the solvent content is reported to evaporate within 30 min, and 90% within 4 h (Cruz
467 et al., 1998, 2000; Rogers et al., 2004). This level of evaporation would necessarily lead to an
468 underestimation of the toxic potency of solvents. To avoid this type of bias in our
469 experiments, cysts were exposed to styrene in sealed vials, thus limiting evaporation and
470 allowing a stable concentration to be maintained. This method was demonstrated to maintain
471 more than 90% of the initial concentration of volatile organic compounds (Rogers et al.,
472 2004).

473 The styrene concentrations used in this study were comprised between 0.25 and 1 mM. These
474 concentrations were selected as they are close to styrene concentrations predicted or
475 determined in animal blood *in vivo* after exposure. For example, the PBPK models developed
476 by Sarangapani et al., (2002) to predict the concentration of styrene in rodent blood indicate
477 that after 6 h of exposure to 1200 ppm styrene, the blood concentration would be
478 approximately 0.8 mM, and 0.25 mM after exposure to 600 ppm. Similarly, *in vivo* studies
479 reported 0.382 mM and 0.232 mM of styrene in rat blood after inhalation exposure to
480 1750 ppm for 10 h and 1000 ppm for 6 h, respectively (Lataye et al., 2003; Loquet et al.,
481 1999). Results from another study with rats exposed to styrene by oral gavage at 800 mg / kg /
482 day indicated a blood concentration of styrene that quickly reaches a plateau at approximately
483 0.20 mM; this level is maintained for at least 6 h (Chen et al., 2007). In addition, the

484 concentrations of styrene used here are of the same order of magnitude as those used in other
485 *in vitro* studies evaluating the toxic effects of styrene in dimethyl sulfoxide (DMSO) or not
486 (ranging from 0.1 to 10 mM for 1 to 96 h) (Diodovich et al., 2004; Harvilchuck et al., 2009;
487 Harvilchuck and Carlson, 2006; Kohn et al., 1995).

488 Our findings from this *in vitro* study indicate that styrene decreases K^+ concentration from a
489 solvent concentration as low as 0.75 mM after both 2- and 72-h exposure (**figure 4**). Styrene
490 exposure induced dying cell after 2- and 72-h exposure to 1 mM and cellular suffering
491 features from 0.5 mM after 2-h and from 0.25 mM after 72-h exposure. Indeed, histological
492 analysis highlighted pathological features such as extrusions, low-density cytoplasm and
493 condensed and swollen nucleus in both secretory and sensory epithelia after exposure to 1-
494 mM styrene for 2 and 72 h. Cytoplasmic vacuoles were visible from 0.25 mM in the 72-h
495 exposure condition. Unexpectedly, vacuoles were also observed after just 2 h exposure, but
496 only at concentrations exceeding 0.5 mM. Based on these observations, the effects of styrene
497 are not specific to a cell type, and both secretory and sensory cells can be affected (**figures 5**
498 **and 6**).

499 The absence of cleaved caspase-3 in cysts exposed to styrene, at any concentration or duration
500 of exposure (data not shown), indicates that styrene probably does not induce apoptotic
501 mechanisms under the experimental conditions tested here. Indeed, the low-density
502 cytoplasm, swollen nuclei and the absence of caspase-3 expression in cysts exposed to 1 mM
503 of styrene for 2 h and 72 h suggest that this concentration rather induced necrosis. Diodovich
504 et al., (2004) reported similar findings with human cord blood cells, where *in vitro* exposure
505 to 0.8 mM of styrene for 24 h and 48 h induced necrosis and down-regulated the pro-apoptotic
506 protein Bax. In contrast, *in vivo* studies have indicated that styrene exposure induced cochlear
507 cell death mainly through an apoptotic pathway, and lower levels of necrosis (Chen et al.,
508 2007; Fetoni et al., 2016; Yang et al., 2009). This discrepancy could be explained by the fact

509 that styrene 7,8-oxide (SO), the major metabolite of styrene, may be responsible for triggering
510 the apoptotic pathway (Chen et al., 2007; Fetoni et al., 2016).

511 Although the decreased K^+ in cysts exposed to 1 mM styrene can be explained by the
512 cytotoxic effect of the solvent, the mechanism by which K^+ decreases upon exposure to lower
513 concentrations remains unclear. Vacuolization observed at concentrations below 1 mM may
514 be a side effect of the action of a cytotoxic inducer, such as styrene, and cytoplasmic vacuole
515 accumulation could be an initiating event accompanying cell death (Shubin et al., 2016). As
516 these vacuoles appear at lower styrene concentrations than those that induce K^+ modifications,
517 it is reasonable to conclude that K^+ concentration changes is a cause of a toxic effect of
518 styrene and are not a simple pharmacological effect. Further studies will be needed to infer
519 the precise toxic mechanism used by styrene.

520

521 **5. Conclusion**

522 Conventional tests to study vestibular functionality in animals and the means used to expose
523 animals to solvent vapors are time-consuming and costly. Moreover, given the large numbers
524 of chemicals and possible mixtures used in industry, *in vivo* testing does not appear
525 reasonable (Bakand et al., 2005). The resulting need to develop a reliable and rapid test to
526 determine potential vestibulotoxic effects has been taken into consideration in the present
527 study. Cysts can be used to measure the endolymphatic K^+ concentration, which reflects the
528 functionality of vestibular cells. Indeed, there is a probable relation between endolymph
529 secretion anomalies and vestibular dysfunctions, such as described in Menière's disease
530 (Farhood and Lambert, 2016; Merchant et al., 2005) as well as Jervell and Lange-Nielson
531 syndrome (Casimiro et al., 2001; Winbo and Rydberg, 2015). The results presented in this
532 article show that styrene can lead to a decrease in K^+ concentration in the endolymphatic

533 compartment associated to histopathological damages in the sensory and secretory utricular
534 epithelia. It is therefore reasonable to suppose that this solvent may have a vestibulotoxic
535 effect on balance. This study highlights that variations in K^+ concentration within cysts could
536 be used as an early marker of vestibulotoxicity, and its measurement could be predictively
537 used to distinguish between vestibulotoxic and non-vestibulotoxic compounds.

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