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1 Tectonic Control on Rapid Late-Miocene – Quaternary incision of
2 the Mekong River knickzone, Southeast Tibetan Plateau.

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18

19 **ABSTRACT**

20 The incision history of the Three Rivers (Salween, Mekong and Yangtze) region in the Southeast
21 Tibetan Plateau has been linked to both tectonic and climatic controls. In this study, we report new
22 apatite (U-Th)/He and fission-track thermochronology data from the >6000-m high Kawagebo
23 massif, which forms the edge of the high plateau on the western flank of the steepened knickzone
24 reach of the middle Mekong River valley. Thermal-history modeling of a thermochronological age-
25 elevation profile shows rapid cooling since ~1.5 Ma and suggests a mean Quaternary exhumation
26 rate of >1 km/Myr at the valley bottom. The amount of Quaternary exhumation is too high to be

27 caused by fluvial incision alone and requires additional tectonic uplift. Comparing our data from the
28 western flank of the Mekong River valley with published data from the eastern flank shows
29 differential exhumation across the valley in the late-Miocene, with the western flank undergoing
30 more exhumation, but relatively uniform exhumation in the Quaternary. We relate rapid exhumation
31 since the late-Miocene on the western flank of the Mekong valley and the high topography of the
32 Kawagebo massif to localized tectonic uplift associated with a restraining (left-stepping) overstep
33 between the still-active right-lateral Parlung and Zhongdian strike-slip faults. The pattern of river
34 steepness index across the knickzone also indicates that it results from locally focused uplift. Our
35 results demonstrate the importance of detailed thermochronologic studies in this very active region
36 to constrain the complex multi-phase tectonic history before invoking any potential climatic forcing
37 of river incision.

38

39 **Highlights**

- 40 • New low-temperature thermochronology data show rapid Quaternary exhumation in the
41 Mekong River knickzone, Southeast Tibet
- 42 • Both the amount of Quaternary exhumation and the pattern of river steepness point to a
43 tectonic origin of the knickzone
- 44 • The exhumation history and topography around the knickzone are related to localized
45 tectonic uplift associated with a restraining overstep between the Zhongdian and Parlung
46 faults.

47

48 **Keywords**

49 Southeast Tibet, Eastern Syntaxis, Mekong River, knickzone, restraining overstep,
50 thermochronology.

51

52 **1. Introduction**

53 The remarkable drainage patterns and deep gorges of the rivers incising the Southeast Tibetan
54 Plateau (Fig. 1) have attracted significant attention, as they are thought to contain information on
55 the drainage evolution, uplift history, and uplift mechanisms of the plateau. Early studies of the
56 incision history of rivers in Southeast Tibet (Clark et al., 2005; Ouimet et al., 2010) argued that the
57 timing of incision closely tracks that of widespread plateau uplift since ~15-10 Ma. However, paleo-
58 altimetry data suggest uplift of the Southeast Tibetan Plateau between the Eocene and the early
59 Miocene (Gourbet et al., 2017; Hoke et al., 2014; Li et al., 2015; Wu et al., 2018), i.e. before the
60 inferred late-Miocene onset of river incision, casting doubt on the direct link between plateau uplift
61 and river incision (Liu-Zeng et al., 2008). Moreover, the timing and rate of Cenozoic river incision
62 have been shown to vary significantly throughout Southeast Tibet (Liu-Zeng et al., 2018;
63 McPhillips et al., 2015; Nie et al., 2018; Tian et al., 2014; Wang et al., 2018; Yang et al., 2016),
64 which could be related to transient evolution of river profiles, climatic controls on incision rates, or
65 local tectonic perturbations. Thermochronology data collected away from the main rivers have been
66 interpreted in terms of major regional tectonic changes in Southeast Tibet during the Cenozoic,
67 which undoubtedly influenced the evolution of the river network. These data generally show
68 evidence for two phases of rapid exhumation the first one starting in the late Eocene or the
69 Oligocene depending on the locality, the second one starting in the Miocene, which are interpreted
70 to be related to phases of compressive deformation (Cao et al., 2019; Liu-Zeng et al., 2018; Wang et
71 al., 2012; Wang et al., 2016; Zhang et al., 2016). In contrast, present-day deformation in Eastern
72 Tibet is dominated by strike-slip faults opening wide pull-apart basins (Fig. 1). However, the
73 dispersed nature of the available thermochronology data does not allow drawing definite
74 conclusions regarding the origin of the observed variability in the timing and amount of exhumation
75 throughout Southeast Tibet, considering its complex tectonic evolution. Unraveling the tectonic
76 evolution of the region from its incision history requires a dense sampling strategy along the main

77 rivers and their nearby massifs.

78 Here, we report new apatite (U-Th)/He (AHe) and fission-track (AFT) thermochronology data from
79 the western flank of the middle Mekong River valley, combined with inverse modeling in order to
80 reconstruct the Miocene to recent exhumation history of the region. The AHe and AFT systems
81 allow constraining the thermal evolution of the upper ~5 km of the crust, given their thermal
82 sensitivity ranges spanning from ~40-80°C and ~60-120°C, respectively (Flowers et al., 2009;
83 Gallagher et al., 1998; Gautheron et al., 2009). The study area is located where the Mekong River
84 forms a conspicuous large-scale knickzone (Yang et al., 2016), adjacent to the Kawagebo massif,
85 the southernmost >6000-m high summit in Southeast Tibet (Fig. 1). Valley-bottom samples show
86 late Pliocene to Quaternary AHe ages, confirming earlier inferences of rapid recent incision in this
87 river reach (Yang et al., 2016). Our data substantially add to the earlier studies, because the
88 sampling density allows quantifying the amount, rate and pattern of incision along the Mekong
89 River knickzone. We compare our findings to other recent studies of incision along the Mekong
90 River (Liu-Zeng et al., 2018; Nie et al., 2018; Yang et al., 2016) to map out the regional incision
91 pattern. Finally, we discuss the potential tectonic or climatic controls on incision of the Mekong,
92 linked to the tectonic evolution of Southeast Tibet.

93

94 **2. Geologic and geomorphic settings**

95 ***2.1. Tectonics of Southeast Tibet***

96 Present-day deformation in Southeast Tibet is dominated by transtensional strike-slip faults opening
97 wide pull-apart basins (Fig. 1) and accommodating large-scale rotation around the Eastern
98 Himalayan syntaxis (e.g., Bai et al., 2018; Gan et al., 2007). Close to the syntaxis, the right-lateral
99 Jiali strike-slip fault splits into the ESE-trending Parlung fault and the SSE-trending the Po-Qu
100 fault, which turns sharply around the syntaxis to link with the Sagaing fault (Fig. 1A). Numerous
101 massifs peaking at >6000 m occur between these two faults close to the syntaxis; farther to the east,

102 the Parlung fault constitutes the southern limit of extensive >5000-m-high massifs (Fig. 1B). The
103 ESE-striking Parlung fault terminates in the “Three Rivers” region of Southeast Tibet, where the
104 Salween, Mekong and Yangtze rivers flow from North to South in close proximity to each other.
105 Here deformation is transferred along a restraining left-stepping overstep to the Zhongdian fault, a
106 strike-slip fault with a clearly expressed sub-vertical fault planes and sub-horizontal striations with
107 right-lateral shear criteria, as observed west of Benzilan (Fig. 2B) and northwest of Deqing at the
108 western extremity of the fault. In the stepover region, the Kawagebo massif forms the southernmost
109 >6000-m-high massif in Southeast Tibet (Fig. 1B). Farther to the southeast, the Zhongdian fault
110 links to the Red River fault, along a right-stepping overstep, through the Lijiang pull-apart (Fig. 1).
111 The Lijiang pull-apart and associated right-lateral motion along the Red River fault have been
112 estimated to be active since at least 5 Ma, and possibly since 14 Ma (Fyhn and Phach, 2015; Leloup
113 et al., 1993; Replumaz et al., 2001; Schoenbohm et al., 2006; Wang et al., 2016). Farther from the
114 syntaxis, the left-lateral Xianshuihe strike-slip fault system has been estimated to be active since ~9
115 Ma (Zhang et al., 2017). At present, the Xianshuihe fault continues to the south along the Xiaojiang
116 fault, which abuts the Red River fault trace (Replumaz et al., 2001; Schoenbohm et al., 2006). In
117 between these two major faults, the left-lateral transtensional Litang fault has been active since 7-5
118 Ma and has opened numerous pull-apart basins (Zhang et al., 2015).
119 Prior to the middle-Miocene, deformation in Southeast Tibet was dominated by NW-SE left-lateral
120 strike-slip faults, the major one being the Ailao Shan - Red River ductile shear zone bordering the
121 Red River fault, which accommodated extrusion of the Indochina block between ~34 and ~17 Ma
122 (Leloup et al., 1995, 2001; Replumaz and Tapponnier, 2003). To the southeast, the shear zone has
123 been exhumed by the post-extrusion reverse right-lateral Red River fault, forming the Ailao Shan
124 massif (Leloup et al., 2001; Replumaz et al., 2001). Within the Ailao Shan massif, a rapid
125 exhumation phase is recorded between ~27 and ~17 Ma, i.e. contemporaneous to extrusion, with
126 later post-extrusion exhumation occurring since ~14 Ma (Wang et al., 2016). The switch of shear

127 sense from left-lateral to right-lateral reflects a 90° rotation of the shortening direction from ~E-W
128 to ~N-S in the middle-Miocene (e.g. Leloup et al, 1995). To the northwest of the Ailao Shan, the
129 fault zone has been interpreted to broadly extend for more than 400 km along the Mekong River
130 (Leloup et al., 1995), following a highly elongated Jurassic clastic unit with a distinctive red-wine
131 color that dips vertically and trends N-S (Fig. 2D, E). This unit is is offset by NW-SE left-lateral
132 faults, the most prominent of which is the Zhongdian fault occurring immediately north of the
133 Kawagebo massif (Fig. 2A). These left-lateral faults are interpreted to be associated to a
134 compressive phase accommodating large-scale uplift and thickening of Southeast Tibet coevally
135 with Indochina extrusion (Liu-Zeng et al., 2008). If the finite offset on the Zhongdian fault is indeed
136 left-lateral (Fig. 2A), the present-day fault planes exhibit right-lateral shear criteria (Fig. 2C), then a
137 shear sense inversion comparable to that documented along the Red River fault is implied. The
138 Jianchuan basin, located between the Mekong and Yangtze rivers (Fig. 1B), was filled rapidly with
139 Paleogene sediments between 37 and 35 Ma (Gourbet et al., 2017), suggesting significant uplift and
140 erosion in the source region. The strata was subsequently deformed and exhumed by thrusting
141 between ~28 and 20 Ma (Cao et al., 2019). Smal basin strata remnants, mapped as Eocene (in
142 orange in Fig. 2A), are thrust and folded by a series of regional north-south trending faults (Fig.
143 2F). These faults bound topographic crests with elevations >5000 m, significantly higher than the
144 mean plateau elevation of ~4500 m (Fig. 1). The highest of these crests forms the Kawagebo massif
145 with elevation >6000 m. Some of the thrusts east of the Jianchuan basin were later re-activated as
146 normal faults coevally with the shear sense inversion of the Zhongdian fault, forming the Lijiang
147 pull-apart basin (Cao et al., 2019).

148

149 ***2.2. The Mekong River and the Three Rivers region***

150 The Salween (Nu), Mekong (Lancang) and Yangtze (Jinsha) rivers flow southeastward from the
151 core of the Tibetan Plateau around the eastern Himalayan syntaxis (Fig. 1). In the so-called Three

152 Rivers region, these three rivers flow parallel to each other with a spacing of only a few tens of km,
153 a pattern that has been interpreted either as resulting from complex drainage evolution through
154 multiple capture events (Clark et al., 2004) or as indicating pre-existing drainages subjected to
155 strong east-west shortening around the syntaxis (Hallet and Molnar, 2001; Yang et al., 2015). The
156 Salween and Mekong Rivers show conspicuous steep knickzones where they cross the Three-Rivers
157 region, between ~1500 and 3000 m elevation, whereas the Yangtze River shows a less-developed
158 knickzone in the same region (Liu-Zeng et al., 2008; Nie et al., 2018; Yang et al., 2016).
159 The parallel north-south course of these rivers in the Three Rivers region appears structurally
160 guided by N-trending (currently inactive) faults with similar left-lateral offsets as the geological
161 units (Fig. 2), which suggests that these rivers were already in place before the middle-Miocene
162 change of the shortening direction. Peculiar drainage patterns (hairpin loops) of the lower channel
163 of the Mekong River in Burma and Thailand record similar slip-sense inversion of strike-slip faults
164 (Lacassin et al., 1998), also suggesting that the river was in place before the middle-Miocene
165 tectonic inversion in the region.

166

167 ***2.3. Incision and exhumation in the Three Rivers region***

168 Yang et al. (2016) presented AHe, AFT and zircon (U-Th)/He (ZHe) data from the Salween,
169 Mekong and Yangtze river valleys that record an eastward decrease in the magnitude and rate of
170 erosion (Fig. 1B). Yang et al. (2016) interpreted their exhumation data as recording tectonic uplift
171 associated with the northward advance of the Indian indenter corner, which would have caused
172 northward migration of rapid exhumation towards the plateau interior and a westward increase in
173 exhumation rates toward the Eastern Himalayan syntaxis. However, this interpretation was based on
174 relatively sparse sampling, mainly focused on the valley bottoms, which does not provide sufficient
175 spatio-temporal resolution on exhumation rates. Liu-Zeng et al. (2018) presented AHe, AFT and
176 ZHe data collected along an elevation profile in the Mekong knickzone near Deqing (Fig. 1B). They

177 interpreted these data as showing two Cenozoic phases of rapid exhumation, one between 60 and 40
178 Ma, and the other since ~20 Ma. The first phase was suggested to be associated with the main uplift
179 phase of the southeastern margin of the Tibetan Plateau and the second phase as delayed incision of
180 the margin. Finally, Nie et al. (2018) presented AHe ages clustering around 20-15 Ma, from both
181 downstream and upstream of the knickzone (Fig. 1A). Nie et al. (2018) interpreted these data as
182 recording middle-Miocene initiation (or acceleration) of Mekong River incision due to an increase
183 in monsoonal precipitation at that time.

184

185 **3. Methods: low-temperature thermochronology and thermal-history modeling**

186 We collected 11 samples for AHe and AFT thermochronology from the Mekong River valley in the
187 knickzone region around Deqing and the adjacent Kawagebo massif (Fig. 3). Sampling focused on a
188 northern transect near the village of Ninong, on both valley flanks of the Mekong, and a southern
189 transect near the village of Yongzhi, along a west-bank tributary incising the Kawagebo massif. The
190 southern transect was collected exclusively in basement granites, whereas sampled rocks in the
191 northern transect were mostly Paleozoic and Jurassic clastic sediments. AHe and AFT dating
192 methods are detailed in the supplementary materials. Thermal histories were determined from the
193 AHe and AFT data from this study, complemented with ZHe data from the Mekong valley bottom
194 previously reported by Yang et al. (2016), using the QTQt code. QTQt uses a Markov-Chain Monte-
195 Carlo method to invert thermochronological ages for multiple samples with a known altitudinal
196 relationship (Gallagher, 2012), employing an alpha-damage-dependent kinetic model of helium
197 diffusion in apatite (Flowers et al., 2009), a multi-kinetic AFT annealing model (Ketcham et al.,
198 2007), and helium diffusion parameters for zircon (Reiners and Brandon, 2006). The input
199 parameters used to model the temperature history of each profile are the single-grain AHe data,
200 including grain sizes and He, U, Th and Sm content, and the AFT data (see supplementary
201 information).

202

203 **4. Results: timing and rate of exhumation in the Kawagebo massif**

204 *4.1. New thermochronology data*

205 We obtained eight AFT and 28 single-grain AHe ages from 11 samples (Table 1); six from the
206 northern transect near the village of Ninong, and five from the southern transect near the village of
207 Yonzhi (Fig. 3). Whereas the granitic rocks of the southern transect yielded apatite grains of
208 excellent quality for AHe dating, the sedimentary rocks of the northern transect yielded less apatite
209 grains, and of lesser quality.

210 The lowest-elevation samples close to the Mekong River (KW34, 52) show homogeneous single-
211 grain AHe ages between 1.1 ± 0.1 and 1.7 ± 0.2 Ma; age dispersion is within analytical error (Fig. 4).
212 Near Yonzhi village, the highest-elevation samples (KW41, 42) show more scattered single-grain
213 ages between 2.0 ± 0.2 and 3.8 ± 0.3 Ma. AFT ages have large error bars (Table 1), mostly because of
214 the young ages and low U content (see supplementary information). Near Yonzhi, AFT ages are
215 between 3.0 ± 0.8 and 6.1 ± 2.5 Ma, older than AHe ages and younger than the published ZHe age of
216 7.6 ± 0.5 Ma (sample MK04; Yang et al., 2016; Fig. 3). On the west flank of the Mekong valley near
217 Ninong, only sample KW-06 yielded sufficient apatites for AHe dating, with single-grain AHe ages
218 of 1.8 ± 0.2 to 2.8 ± 0.3 Ma. Sample KW-22 provided a single suitable apatite grain with an AHe age
219 of 3.9 ± 0.4 Ma. On the eastern valley flank, sample KW04 yielded single-grain AHe ages of 1.8 ± 0.2
220 to 4.4 ± 0.4 Ma. AFT ages are scattered between 15 ± 10 and 36 ± 17 Ma, with large error (Table 1).

221

222 *4.2. Time-temperature histories*

223 We performed thermal-history modeling of the Yonzhi profile, which has the most complete
224 dataset with both high-quality AHe data and consistent AFT ages on four samples. All samples have
225 been collected from the western flank of the Mekong valley in a crustal block without obvious
226 active faults. In addition, we used a published ZHe age (sample MK04; Yang et al., 2016), located

227 close to our profile along the Mekong River, to better constrain the late-Miocene thermal history.

228 The model results suggest a three-phase cooling history (Fig. 4): (1) late-Miocene to early-Pliocene
229 (i.e. between at least ~8 and 4 Ma) rapid cooling with a mean rate of ~27 °C/Myr (with large
230 associated uncertainties of +7.5 and -15 °C/Myr); (2) a relatively quiescent phase between 4 and 1.5
231 Ma (0 ± 5 °C/Myr); (3) very rapid cooling since ~1.5 Ma, well constrained at a maximum rate of
232 56 ± 5 °C/Myr for the lowest sample (KW52), and a minimum rate of 33 ± 7 °C/Myr for the highest
233 sample (KW41). The single-grain age dispersion obtained from the modeling reproduces the
234 observed data, showing that the model predictions in terms of timing and rate of cooling are robust
235 (Fig. 4). In particular, the dispersed single-grain AHe ages in the higher-elevation samples (KW41,
236 KW42) result from the relatively quiescent phase between 4 and 1.5 Ma, when these samples
237 resided at a temperature of ~60 °C, whereas the lowermost sample only cooled through the AHe
238 partial retention zone after 1.5 Ma.

239 The apparent geothermal gradient between the highest and lowest AHe samples is estimated at ~55
240 °C/km (elevation difference of 0.63 km, and temperature difference of ~35°C). Similar near-surface
241 geothermal gradients exceeding 50 °C/km have been reported for the rapidly exhuming (>5
242 km/Myr) Namche Barwa massif in the eastern Himalayan syntaxis (Craw et al., 2005). With such a
243 gradient, the Quaternary exhumation rate would be 1.0 ± 0.1 km/Myr for the lowest (KW52) and
244 0.6 ± 0.1 km/Myr for the highest sample (KW41), corresponding to total exhumation since 1.5 Ma of
245 1.5 ± 0.2 km and 0.9 ± 0.2 km, respectively. However, this high apparent geothermal gradient does not
246 account for the lateral offset of ~7 km between the samples, and should be considered as a
247 maximum; the associated exhumation rates and total amounts are therefore minimum values. A
248 more probable value for the geothermal gradient would be of the order of 40 °C/km; such a value
249 has been inferred by thermal-kinematic inversion of thermochronology data from the Gongga Shan
250 massif in Eastern Tibet (Zhang et al., 2017). With this gradient, the maximum Quaternary
251 exhumation rate would be 1.4 ± 0.1 km/Myr for the lowest sample (KW52), corresponding to

252 2.1±0.2 km of exhumation since 1.5 Ma, and 0.8±0.2 km/Myr for the highest sample (KW41),
253 corresponding to 1.2±0.3 km of exhumation.

254

255 **5. Discussion: exhumation and incision along the Mekong River**

256 *5.1. Comparison of exhumation histories across the Mekong middle reach*

257 We compare our data obtained from the west flank of the Mekong valley (Yongzhi profile) with
258 recently published AHe, AFT and ZHe ages from the eastern valley flank in the same area (Deqing
259 profile, samples indicated DQ and TL in Fig. 3; Liu-Zeng et al., 2018). Data from the eastern flank
260 (Liu-Zeng et al., 2018) were collected at higher elevations, between 3000 and 5000 m, relative to
261 our samples, which were collected between 2000 and 3000 m (Fig. 5A). Comparison of our AHe
262 ages with those from Liu-Zeng et al. (2018) shows a rather continuous age-elevation relationship
263 (Fig. 5A), suggesting uniform cooling of both flanks of the Mekong River valley. In contrast, ZHe
264 ages show a clear jump across the valley, from late-Miocene (DQ20: 7.9±1.2 Ma; DQ22: 16±13
265 Ma) on the western flank, to Cretaceous (100-80 Ma) on the eastern flank (Figs. 3 and 6B). The
266 ZHe ages from the western flank are consistent with an age obtained by Yang et al. (2016), ~10 km
267 farther south (MK04; 7.6±0.5 Ma). A comparison of the AFT ages from the Yongzhi profile (KW
268 40, 41, 42, 43: 3±0.8 to 6±2.5 Ma) with those at similar elevations (2400 – 2900 m) from the
269 eastern flank of the valley around Deqing (i.e. samples KW01, KW04, KW05 and KW34 from this
270 study: 15±10 to 36±17 Ma; sample YA28 from Wilson and Fowler (2011): 11±4 Ma; TL09-18/19
271 from Liu-Zeng et al. (2018): 15±1 / 21±1 Ma) also suggests a jump in AFT ages across the valley
272 (Figs. 3 and 6B). Therefore, the AFT and ZHe data record differential exhumation across the
273 Mekong valley in the late-Miocene, with the western flank undergoing more exhumation. In
274 contrast, the AHe data suggest a more recent uniform pattern of exhumation on both flanks of the
275 valley (Figs. 5A and 6B).
276 Liu-Zeng et al. (2018) interpreted their data using a stacked age versus pseudo-elevation profile,

277 assuming a geothermal gradient of 30 °C/km, and inferred that the eastern flank of the Mekong
278 River experienced an early Cenozoic phase of rapid exhumation at ~40 Ma and a second phase
279 since ~20 Ma, with a possible acceleration since 5 – 4 Ma. We modeled the AHe and AFT data of
280 Liu-Zeng et al. (2018), using the same approach as for our samples from the western flank, to
281 compare the exhumation histories across the Mekong valley more quantitatively. We included all
282 AFT ages (TL & DQ samples) but only the single-grain AHe ages (DQ samples) from the eastern
283 flank of the valley in this inversion. The resulting thermal history (Fig. S1) shows that the inferred
284 early phase at ~40 Ma is not well constrained by the dataset and is not reproduced by our modeling.
285 Our thermal-history modeling of these data predicts a rapid cooling phase between 80 and 50 Ma
286 followed by slow cooling since ~50 Ma. The Miocene to recent history is characterized by a rapid
287 cooling phase between ~10 and 8 Ma, and by a final phase of rapid cooling since ~2 Ma (Figs. 6A
288 and S1). The Miocene phase of cooling east of the Mekong valley occurs somewhat earlier (~10-8
289 Ma vs. ≥8-4 Ma) and a lesser amount (~25-30 °C vs. ~100 °C) than that inferred from our data in
290 the Kawagebo massif, consistent with differential exhumation between the two valley flanks around
291 this time (Fig. 6A). In contrast, the timing of the last phase is similar to the recent phase inferred
292 from our data (Fig. 4), and the amount of cooling is comparable, or somewhat lower (~30-70 °C to
293 the east vs. ~50-85 °C to the west). We conclude that a Quaternary acceleration in cooling is
294 recorded on both flanks of the Mekong valley, even though total exhumation to the east was
295 insufficient to expose samples with Quaternary cooling ages at the surface.

296

297 ***5.2. Late-Miocene tectonic forcing in the Mekong middle reach***

298 Late-Miocene cooling is both asynchronous and of different magnitude, with the western flank,
299 characterized by high topography in the Kawagebo massif, showing more uplift and exhumation
300 than the eastern flank (Fig. 6). We interpret this variable timing and amount of exhumation across
301 the Mekong valley as indicative of a tectonic origin. From our mapping of active faults in the

302 region, we suggest that this late-Miocene exhumation is related to a large-scale restraining left-
303 stepping overstep between the Parlung and Zhongdian right-lateral strike-slip faults (Fig. 1B). Both
304 these faults are reactivating left-lateral strike-slip faults, as shown by the offsets of both the Salween
305 and Mekong Rivers and the geological units (Fig. 2). In the field, no active thrust fault has been
306 identified along the Mekong between the Parlung and the Zhongdian faults. Nevertheless, we
307 suggest that some of the N-trending faults (Fig. 2) that were active between the Eocene and early
308 Miocene could have been locally reactivated during the late-Miocene within the restraining overstep
309 (Fig. 6C). More mapping and detailed thermochronology is needed to identify the structures
310 accommodating the compressive deformation.

311

312 ***5.3. Rapid Quaternary incision and the origin of the Mekong knickzone***

313 Rapid Quaternary cooling is indicated by our thermal-history inversion for both flanks of the river
314 valley in the Mekong knickzone, and directly by AHe ages as young as 1.2 Ma on the western flank
315 of the Mekong valley. Our modeling suggests that the valley bottom sample experienced at least
316 600-900 m more exhumation than the highest sample, implying that rapid Quaternary cooling of our
317 samples is associated with valley incision. Rapid incision of the knickzone is ongoing today, as
318 shown by fluvial terraces that record incision rates of up to >2 mm/yr since ~ 100 ka (Zhang et al.,
319 2018). Several potential mechanisms could explain the observed rapid, recent, km-scale incision,
320 and are possibly coupled: a climatically -controlled increase in incision rates, transient retreat of the
321 knickzone, or a tectonic control on incision and knickzone location.

322 It has recently been argued that the incision of the Mekong River is climatically driven (Nie et al.,
323 2018) and rapid Quaternary incision could result from climatic forcing, as has been suggested based
324 on studies of mountainous regions worldwide and including the Himalaya and Eastern Tibet (Clift
325 et al., 2008; Herman et al., 2013), although this global signal is currently discussed (Schildgen et
326 al., 2018). Increased incision rates have been unequivocally documented from glacially carved

327 valleys (e.g., Shuster et al., 2005; 2011; Valla et al., 2011). However, locally within the Kawagebo
328 massif, the maximum Quaternary extent of glaciers, as recorded by glacial valley morphometry and
329 terminal moraines, is restricted to elevations >3000 m (Fig. 3), well above the deep incision
330 described here. Therefore, Quaternary incision of the Mekong valley is fluvial in nature and the
331 increase in exhumation rates is not related to glacial erosion.

332 Furthermore, young thermochronological ages requiring rapid Quaternary exhumation are clearly
333 restricted to the knickzone reach of the Middle Mekong River and the adjacent anomalously high
334 Kawagebo massif, with older ages encountered at river level both below and above the knickzone
335 (Fig. 5). Major knickpoints and knickzones in river profiles can be either transient features, related
336 to upstream-propagating incision after a rapid base-level drop or increase in regional uplift rate, or
337 they can be stable and pinned by rapid localized uplift (Kirby and Whipple, 2012). Knickpoints and
338 knickzones in rivers incising Southeast Tibet have been interpreted as transient features that record
339 the incisional response to Miocene uplift of the plateau (Clark et al., 2005; Ouimet et al., 2010;
340 Whipple et al., 2017). The pattern of thermochronological ages, younging toward the knickzone in
341 the downstream reach (Yang et al., 2016), is at first order consistent with a retreating knickzone
342 (Braun and van der Beek, 2004; Safran et al., 2006), although Yang et al. (2016) argued that the
343 knickzone retreat rate required to reproduce the age pattern is much smaller than what would be
344 expected from fluvial incision models. Downstream extrapolation of the Mekong River profile
345 above the knickzone (Kirby and Whipple, 2012) sets the maximum differential incision across the
346 knickzone (without requiring additional tectonic uplift) to ~1 km. In contrast, the Quaternary
347 exhumation of river-bottom samples required by our data is at least 1.5 km, and more probably
348 2.1 ± 0.2 km, whereas upstream incision is predicted to be minimal, <1 km since the middle-Miocene
349 (Nie et al., 2018) and thus probably less than a few hundred meters during the Quaternary.
350 Therefore, the amount of incision recorded within the Mekong knickzone requires 0.5-1.0 km of
351 additional tectonic uplift to have taken place in this region.

352 Local tectonic uplift is also suggested by both the spatial pattern of river steepness and the
353 anomalous topography in the knickzone region. The pattern of steepness values, with high values
354 limited to the knickzone region and similar lower values above and below the knickzone (Fig. 5),
355 identifies it as a “vertical-step” knickpoint. These are generally stable features associated with
356 localized increases in rock hardness and/or tectonic uplift rate (Kirby and Whipple, 2012). As the
357 river flows mainly parallel to major geological units in the region (Fig. 2A), there is no obvious
358 variation in lithology associated with the knickzone, suggesting that it is related to spatially focused
359 rock uplift. Such localized uplift could also explain the topography of the Kawagebo massif,
360 standing ~1.5 km above the average plateau elevation in the region (Fig. 6C). As for the late-
361 Miocene exhumation phase discussed above, we cannot currently point to mapped active structures
362 accommodating this uplift. However, we note that the Mekong River knickzone is limited
363 downstream by the termination of the Parlung fault. Upstream, the knickzone appears to extend to
364 the north of the Zhongdian fault. This would suggest either that there are other active structures
365 north of the Zhongdian fault, or that some of the incision is transmitted upstream (e.g. Koons et al.,
366 2013). We therefore suggest that, similar to the late-Miocene, Quaternary uplift and incision in this
367 region is controlled by a restraining overstep in this major strike-slip fault system, and that the
368 Mekong River knickzone is pinned by active tectonic uplift in this zone (Figs. 5 and 6).

369

370 **6. Uplift and incision in Southeast Tibet**

371 *6.1. Controls on incision of the Mekong River*

372 Existing studies related middle-late Miocene (15-10 Ma) incision of rivers in Southeast Tibet
373 directly to uplift in the region (Clark et al., 2005; Ouimet et al., 2010), but more recent studies have
374 pushed back the onset of incision to at least the early Miocene (20-15 Ma) (McPhillips et al., 2015;
375 Nie et al., 2018; Tian et al., 2014). The drainage pattern, with rivers offset by structures related to
376 the extrusion of Indochina dated between 34 and 17 Ma (Lacassin et al., 1998; Leloup et al., 2001),

377 suggests Oligocene or earlier entrenchment, both in the upstream and downstream reaches of the
378 Mekong River. This timing is consistent with recent reinterpretations of sedimentary, structural,
379 thermochronology and paleo-altimetry data from the Jianchuan Basin in Southeast Tibet (Fig. 2),
380 which suggest that uplift occurred between the Eocene and the early Miocene (Cao et al., 2019;
381 Gourbet et al., 2017; Hoke et al., 2014; Li et al., 2015; Wu et al., 2018). However, this phase of
382 uplift and erosion is not clearly recorded in the thermochronology data. Our modeling of the age-
383 elevation profile near Deqing (data from Liu-Zeng et al (2018) shows relative thermal stability
384 between ~50 and ~10 Ma (Figs. 6A).

385 Based on the occurrence of early-Miocene AHe ages, mostly between 15 and 20 Ma, in the Mekong
386 valley both downstream and upstream of the knickzone (Fig. 5), Nie et al. (2018) argued for an
387 early-middle Miocene phase of rapid incision throughout the Mekong River, driven by strong
388 monsoon precipitation between 17 and 14 Ma. However, our AHe data from the Mekong knickzone
389 do not record exhumation or incision at that time. The lack of synchronous incision throughout the
390 Mekong River, as shown by our regional synthesis of AHe ages (Fig. 5B), casts doubt on a early-
391 middle Miocene (20-15 Ma) climatic origin.

392

393 **6.2. Regional patterns of river incision**

394 We combine our AHe results with published ages from the rivers incising Southeast Tibet (Fig. 7) in
395 order to assess spatial and temporal patterns of incision at a regional scale. AHe ages collected
396 along the Salween River (Yang et al., 2016; Wang et al., 2018) are ~5 Myr older than our Mekong
397 ages for similar elevations. However, all of these samples were collected south of the knickzone in
398 the Salween valley and farther south than our samples. The lack of ages along the knickzone of the
399 Salween River prevents us from directly comparing our results and interpretations obtained for the
400 Mekong River with the Salween River.

401 The AHe ages observed along the Mekong River near Deqing are similar to AHe ages observed

402 along the Liqiu River, a tributary of the Yalong River, showing a cooling phase starting >14 Ma,
403 constrained by ZHe ages <14 Ma, interpreted as recording the onset of incision of the Yalong River
404 (Ouimet et al., 2010). These ages are also very similar to AHe ages observed above the Jiulong
405 thrust fault branching on the Xianshuihe strike-slip fault (Fig. 1A; Zhang et al., 2016). Combined
406 with ZHe ages <40 Ma, these data were interpreted as recording the onset of a phase of thrust
407 activity at ~8 Ma, after initial thrusting between ~35-30 Ma (Zhang et al., 2016). The inferred late-
408 Miocene phase of thrusting is contemporaneous with the onset of activity of the Xianshuihe fault
409 system at ~9 Ma (Zhang et al., 2017).

410 Farther northeast, the Dadu River shows a different age-elevation relationship, with slightly older
411 (<10 Myr) ages than samples from the Yalong and Mekong rivers at similar elevations and some
412 grains being much older, between 50 and 15 Ma (Fig. 7). This pattern was interpreted as showing a
413 break in slope at ~10 Ma, recording the onset of incision of the Dadu River (Clark et al., 2005;
414 Ouimet et al., 2010). The Yangtze River shows a similar age-elevation relationship to the Dadu
415 River, similarly interpreted as recording onset of incision at ≥ 10 Ma (Ouimet et al., 2010). Sampling
416 sites along both of these rivers are located on the high plateau but away from the fault zones (Figs. 1
417 and 2). Therefore, the incision history inferred for the Yangtze and Dadu rivers cannot simply be
418 linked to local exhumation related to a specific fault.

419 The regional compilation of AHe ages thus supports widespread late-Miocene cooling, starting at
420 ~8 Ma in the Mekong River (this study; Liu-Zeng et al., 2018), at ~10 Ma in the Dadu River (Clark
421 et al., 2005), >10 Ma for the Yangtze River and >14 Ma for the Yalong River (Ouimet et al., 2010).
422 A moderate increase in cooling rates was also reported for the Salween River at ~8 Ma (Wang et al.,
423 2018). This widespread cooling could be interpreted as recording regional incision, which was
424 however not synchronous throughout Southeast Tibet (Fig. 7), as its onset varies between ~8 and
425 >14 Ma. Farther downstream, the Yangtze River (McPhillips et al., 2015), the Mekong River (Nie et
426 al., 2018) and the Red River in Yunnan (Wang et al., 2016) do not show increased incision since 10

427 Ma but since 18-14 Ma.
428 Interpretation of this apparent widespread late-Miocene incision as a response to plateau uplift (e.g.,
429 Clark et al., 2005; Ouimet et al., 2010) is compounded by the evidence for high elevations in
430 Southeast Tibet since the Eocene-Oligocene (Gourbet et al., 2017; Hoke et al., 2014; Li et al., 2015;
431 Wu et al., 2018). Likewise, the interpretation that such regional incision is linked to a specific
432 climatic event (e.g., Nie et al., 2018) is inconsistent with the observed asynchronous onset. In
433 contrast, some of the major regional faults have been shown to be activated or re-activated
434 contemporaneously with this cooling phase. That is the case of the Xianshuihe fault since 9 Ma
435 (Zhang et al., 2017), the Jiulong thrust since 8 Ma (Zhang et al., 2016), the Mekong thrust since ~8
436 Ma (this study). We therefore favor the interpretation of regional fault-controlled uplift around 8 Ma
437 combined with incision of the created topography. Incision could possibly be intensified due to a
438 phase of monsoon intensification at ~10 Ma (Nie et al., 2018), but does not appear to be primarily
439 caused by it.

440

441 **7. Conclusions**

442 Our AHe and AFT thermochronology data and thermal modeling show rapid Quaternary cooling of
443 samples located at the bottom and on the west flank of the Mekong valley near Deqing (Fig. 3). Our
444 data and models suggest that Quaternary exhumation rates range between 0.6 and 1.4 km/Myr (Fig.
445 4), with higher rates for topographically lower samples suggesting that exhumation is at least partly
446 controlled by incision and valley deepening. A higher-elevation transect from the east flank of the
447 Mekong valley (Liu-Zeng et al., 2018) shows similar rapid Quaternary cooling (Figs. 6 and S1).
448 Therefore, both our results and previously published data show a Quaternary increase of incision in
449 the Mekong valley. The regional geomorphology and erosion patterns suggest that Quaternary
450 incision of the Mekong River responds to tectonic forcing over long timescales, due to a restraining
451 left-stepping overstep between the right-lateral Parlung and Zhongdian strike-slip faults that was

452 established during the late-Miocene (~10-8 Ma). This earlier phase led to differential uplift and
453 exhumation between both flanks of the Mekong valley, uplifting the Kawagebo massif above the
454 mean plateau elevation (Figs. 5 and 6). Our results imply no direct link between plateau uplift and
455 river incision, but a possible lag-time between both processes (Liu-Zeng et al., 2008), nor between
456 river incision and climatic variations. They also show that the Mekong knickzone is the expression
457 of locally increased tectonic uplift rates rather than a transient feature related to potential plateau-
458 wide uplift.

459

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469

470 **Author contributions**

471 AR, PHL and PvdB designed the study; AR, PHL, CK, YZZ and PvdB performed fieldwork with
472 logistical support from GCW; MSJ and CG performed AHe analyses; MB performed AFT analyses;
473 AM performed QTQt modeling; AR and PHL performed the tectonic analysis; XO performed river
474 long-profile analysis with input from PGV; AR and PvdB wrote the paper with input from all co-
475 authors.

476

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629

630 **Figure captions**

631 **Figure 1.**

632 **A:** Topographic map of the eastern Himalayan syntaxis region and Southeast Tibet (inset shows
633 location of the study area within the Himalaya–Tibet system), showing major rivers in blue, major
634 active faults in black (AS: Ailao Shan massif, along the Red River fault), inactive thrust faults in
635 black dotted lines (Jiulong fault: J.f, Muli fault: M.f., Jinhe-Qinghe fault: J.Q.f.) and highest
636 summits as black triangles (NB: Namche Barwa, K: Kawagebo, G: Gongga Shan). Regional
637 compilation of AHe single-grain ages along elevation profiles (same color code as Figure 7).

638 **B:** Zoom on Three Rivers Region (see A for location). JB: Jianchuan basin. Sample codes for
639 samples along the Mekong: KW: this study; DQ: Liu-Zeng et al (2018), with only one symbol for
640 each dataset (see Fig. 3 for more detail); MK, LCJ: Yang et al (2016).

641

642 **Figure 2.**

643 **A:** Geologic map of the Kawagebo region (white triangle K: Kawagebo; white star D: Deqing; f.:
644 fault; half arrows show current sense of motion on faults). Arrows indicate location of field photos
645 B-F; white box shows location of Fig. 3; black dots are sample location. **B:** Subvertical fault plane
646 of the Zhongdian fault between the Yangtze and the Mekong rivers trending N120. **C:** Sub-
647 horizontal striations consistent with the current right-lateral sense of motion (see location in B). **D:**
648 Jurassic unit following the Mekong River, with a typical red-wine color. This unit is only few 100
649 meters wide and trends N-S with mostly sub-vertical stratification. E: same unit visible in a curve of
650 the Mekong River along the Kawagebo massif, framed by Triassic and Paleozoic rocks. **F:** Triassic
651 rocks overthrusting an Eocene basin and associated folding of the basin strata, near Deqing.

652

653 **Figure 3.**

654 **A:** Topographic map of the study area (see Figure 2A for location), with sample locations (KW: this
655 study; YA: Wilson and Fowler, 2011; MK, LCJ: Yang et al., 2016; DQ, TL: Liu-Zeng et al., 2018);
656 symbols indicate different thermochronometers, colors indicate age (see legend). Blue and purple
657 contours show 5000 and 6000-m elevation, respectively. f.: fault **B, C:** views of the Mekong valley
658 and the Kawagebo summit taken from near KW01 sampling site showing the exceptionally deep
659 valley (see panel A for location).

660

661 **Figure 4.**

662 **A:** Age-elevation relationship for the Yongzhi profile, showing both observed and model (QTQt)

663 predicted ages (single-grain ages for AHe, central ages for AFT). **B:** Thermal modeling results for
 664 five samples of the Yongzhi profile; grey (KW40, KW42, KW43), orange (KW41) and red (KW52)
 665 lines annotated with the sample name indicate the most probable thermal history, on top of a single-
 666 sample thermal-history model for the lowest sample (KW52) with probability indicated by colors
 667 (scale on the right).

668

669 **Figure 5.**

670 **A:** Regional compilation of AHe single-grain ages along the Mekong River shown as an age-
 671 elevation plot (see Supplementary materials Table S3 for data); symbols according to authors (for
 672 sample locations see Figs. 1, 3) and color according to age. **B:** Projection of the samples along the
 673 Mekong River (grey shaded area is maximum topography). River profile is colored according to
 674 local steepness value (k_{sn}). Projected locations of the Parlung fault (PF) and Zhongdian fault (PF)
 675 are also indicated, showing the transpressional overstep pinning the knickzone. **C:** Map of Mekong
 676 River catchment with river profile colored according to local steepness value as in panel B, showing
 677 in map view the transpressional overstep between the Parlung and Zhongdian faults.

678

679 **Figure 6.**

680 **A:** QTQt thermal modeling results on both sides of the Mekong River, with to the west (left) the
 681 model presented in this paper (Fig. 4), and to the east (right) the model based on data of Liu-Zeng et
 682 al. (2018), presented in the supplementary material (Fig. S1), showing the variable amount and
 683 timing of exhumation across the Mekong valley. Note that time to the present is going for the west
 684 ad to the left for the east side of the Mekong valley.

685 **B:** AHe thermochronologic data on both sides of the Mekong River.

686 **C:** Schematic 3D view of the regional topography (from Google Earth) showing the high
 687 topography in the Kawagebo massif, and the inferred Mekong thrust fault geometry compatible
 688 with the regional topography and with thermochronology data. This fault has not been directly
 689 observed in the field.

690

691 **Figure 7:**

692 Regional compilation of AHe single-grain ages along vertical profiles (see figure 1 for localization,
 693 with the same color code).

694

695 **Table 1.** Synthesis of new thermochronology data^a

Sample	Longitude	Latitude	Elev.	AHe age	1 σ	#	AFT age	1 σ	#
--------	-----------	----------	-------	---------	------------	---	---------	------------	---

	(° E)	(°N)	(m)	(Ma)		replicates	(Ma)		grains
KW01	98.8773	28.4420	3463	-	-	-	36.3	17.1	18
KW04	98.8106	28.5049	2562	3.0	1.4	4	24.3	11.4	20
KW05b	98.8182	28.4805	2350	-	-	-	14.8	9.5	16
KW06	98.8223	28.4301	2504	2.2	0.2	3	-	-	-
KW22	98.8226	28.4054	3443	3.9	0.4	1	-	-	-
KW34	98.8688	28.3556	2115	2.2	0.2	5	33.7	17.9	7
KW40	98.7660	28.2013	2911	-	-	-	6.1	2.5	17
KW41	98.7776	28.2063	2694	2.7	0.8	3	5.6	1.0	20
KW42	98.7888	28.2022	2573	2.9	1.1	4	3.0	0.8	16
KW43	98.7932	28.2033	2429	1.5	0.4	4	3.2	1.2	20
KW52	98.8503	28.1982	2060	1.2	0.1	4	-	-	-

696

697 ^aNote that apatite (U-Th)/He (AHe) ages reported here are arithmetic means of the single-grain
698 replicate ages; see supplementary information (Table S1) for individual grain ages and note that the
699 AHe age of sample KW22 is from one replicate only. Apatite fission-track (AFT) ages are reported
700 as central ages with 1 σ uncertainty, see supplementary information (Table S2) for detail. In blue,
701 data used for QTQt modeling (Fig. 5).

Figure 1.

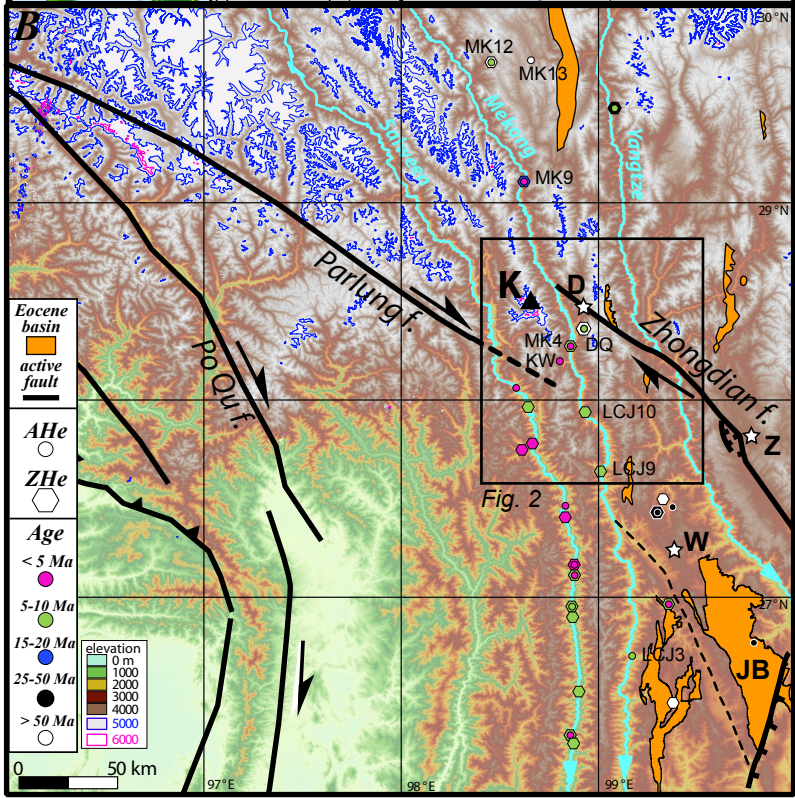
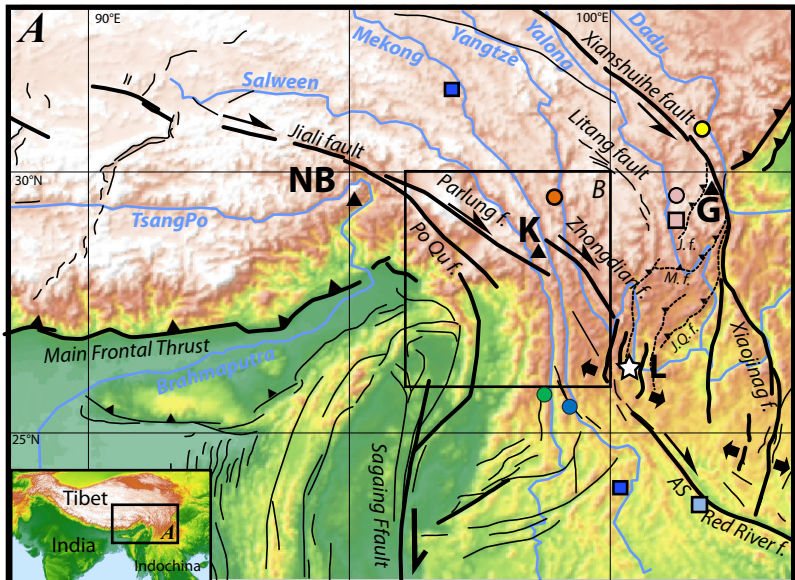


Figure 2.

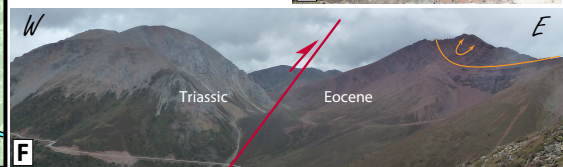
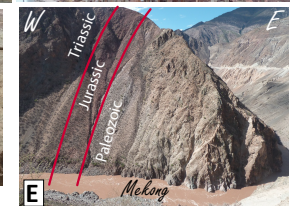
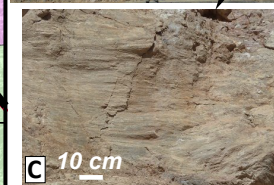
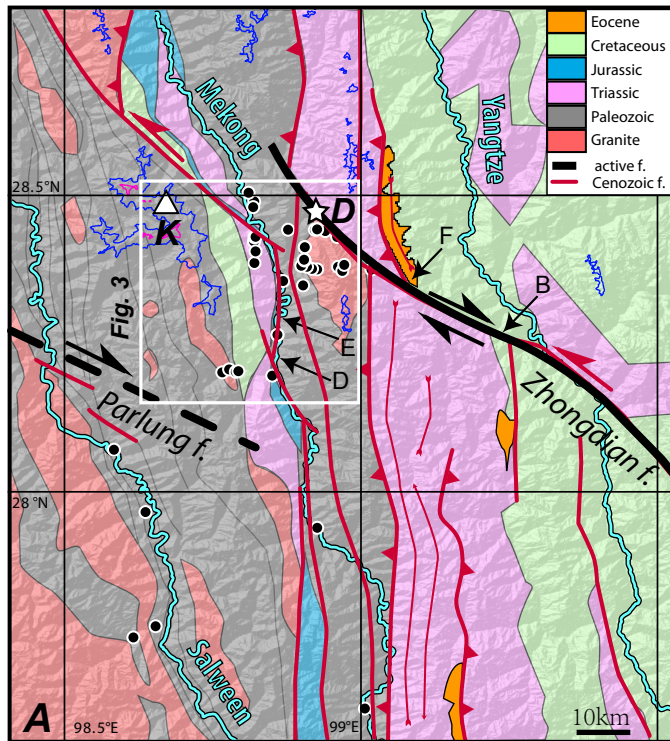


Figure 3.

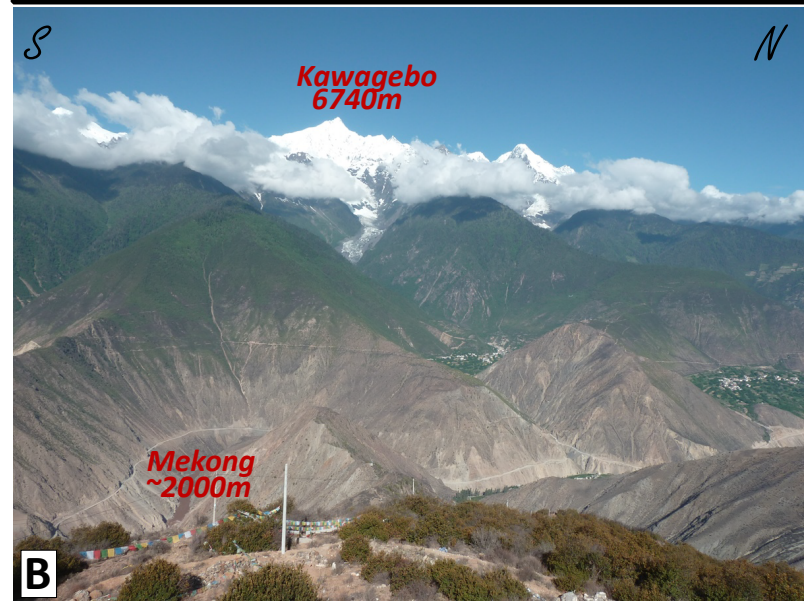
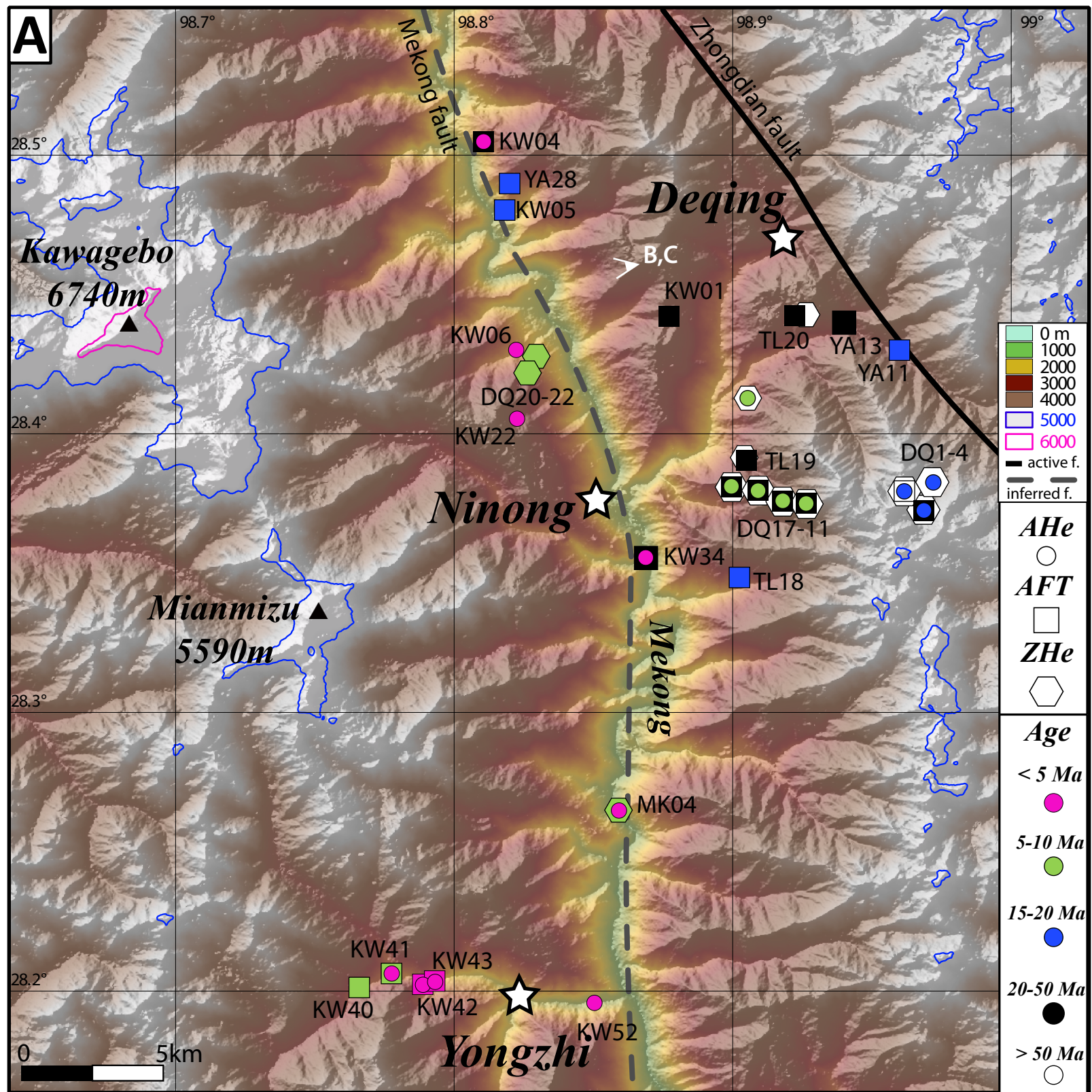


Figure 4.

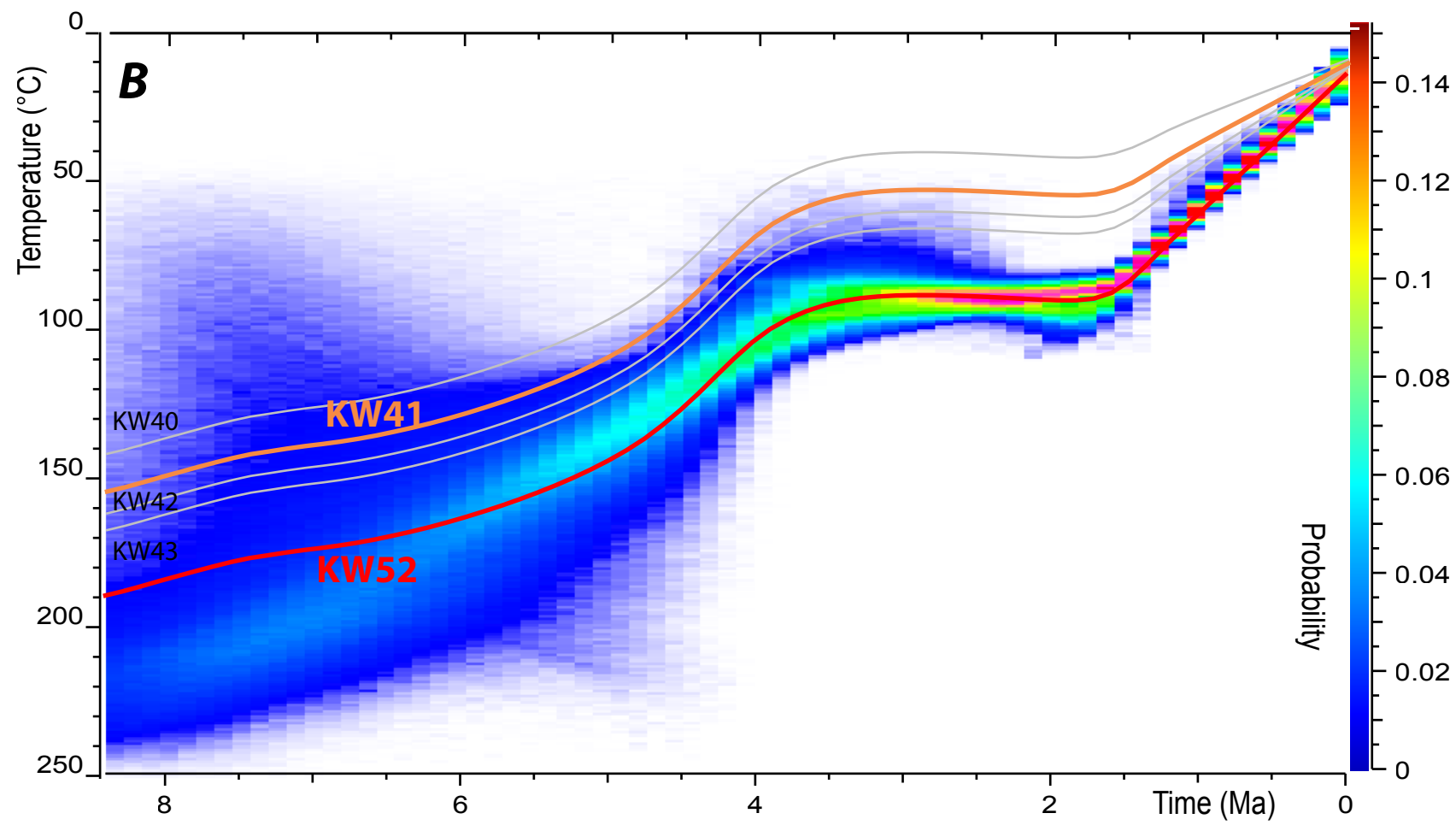
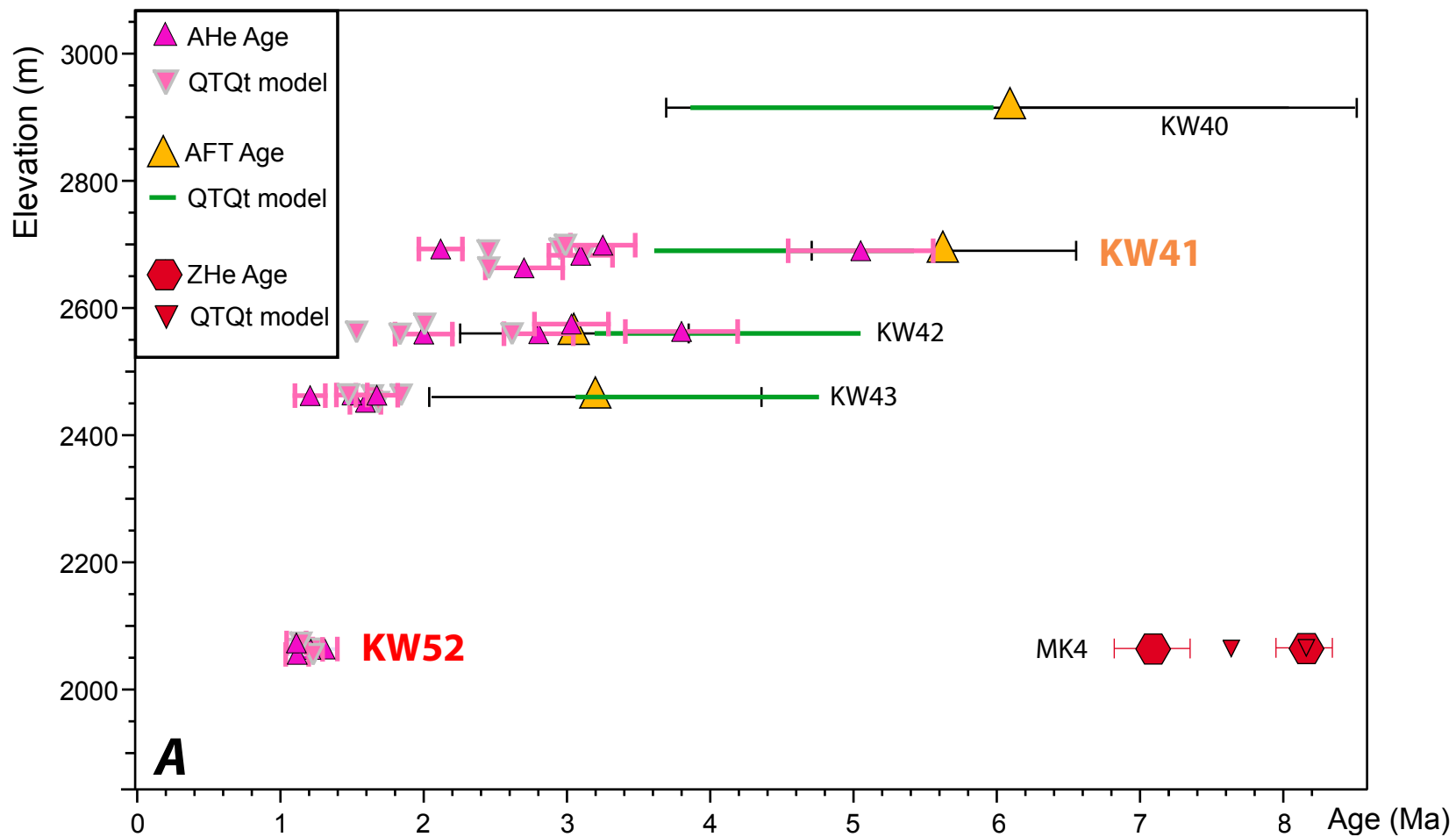


Figure 5.

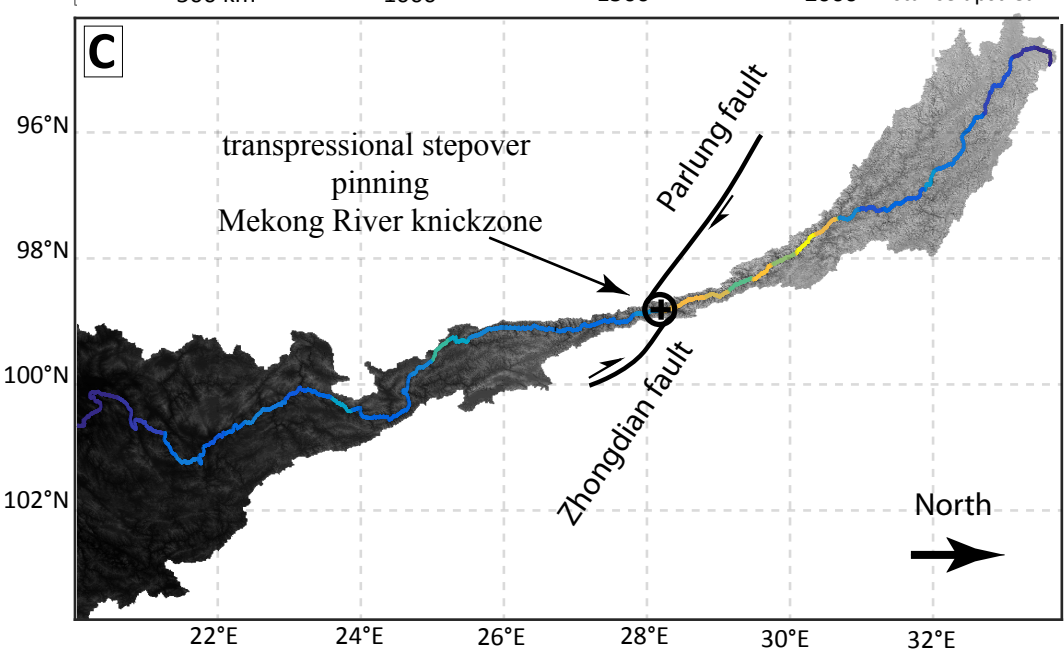
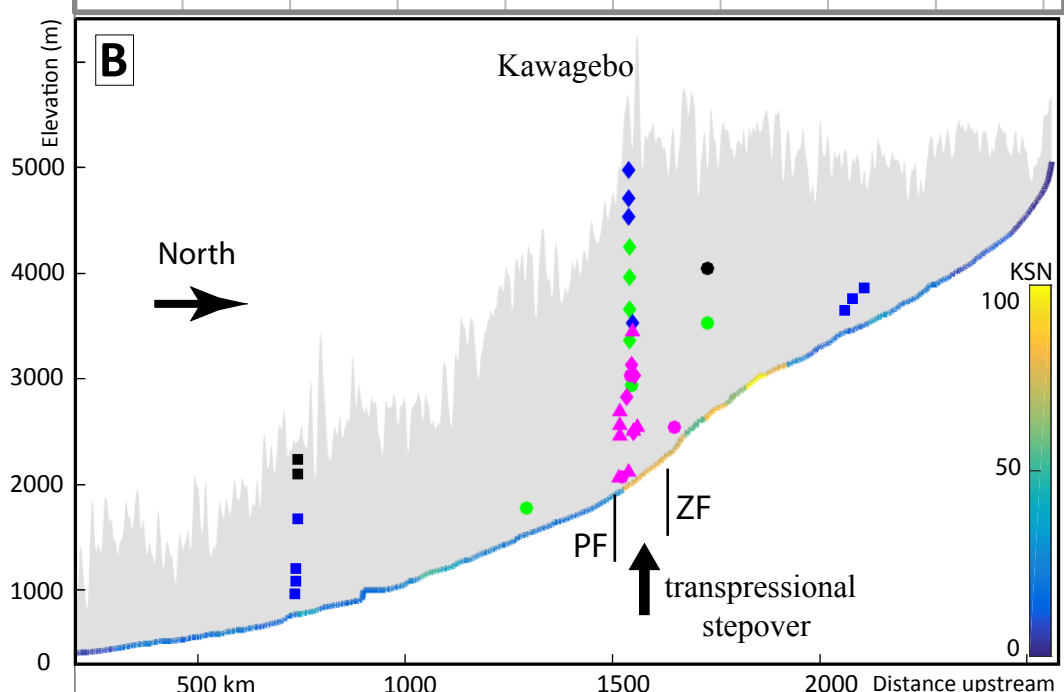
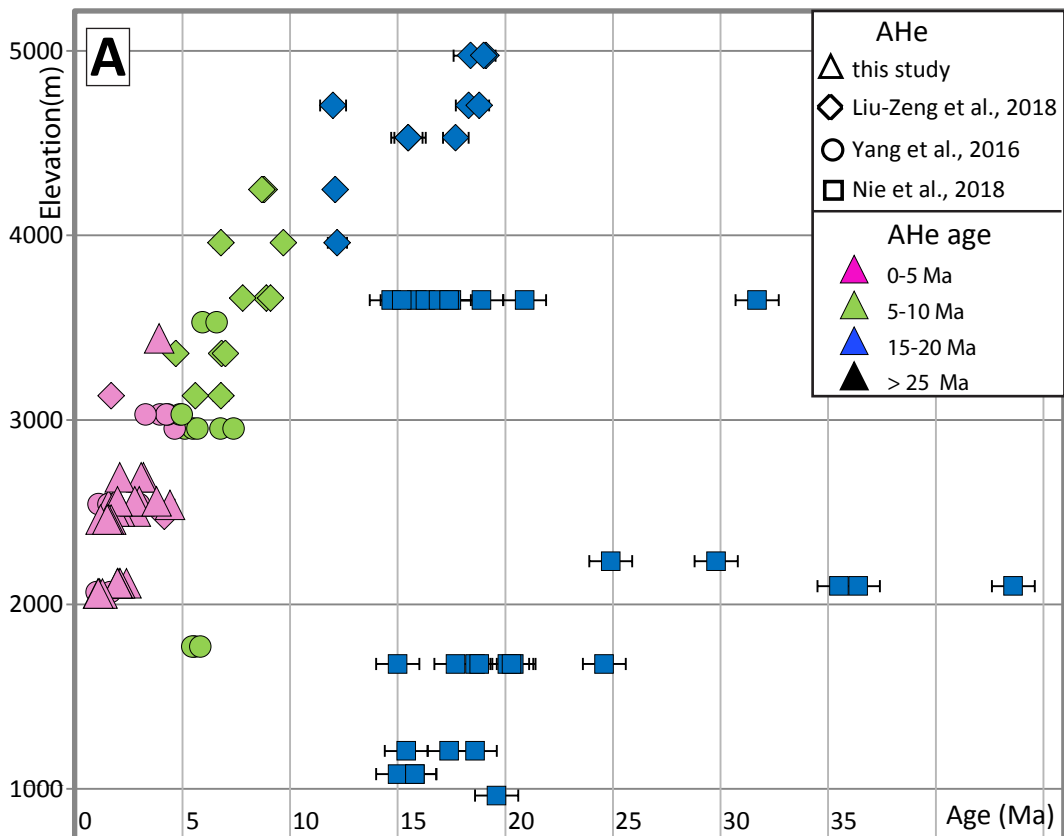


Figure 6.

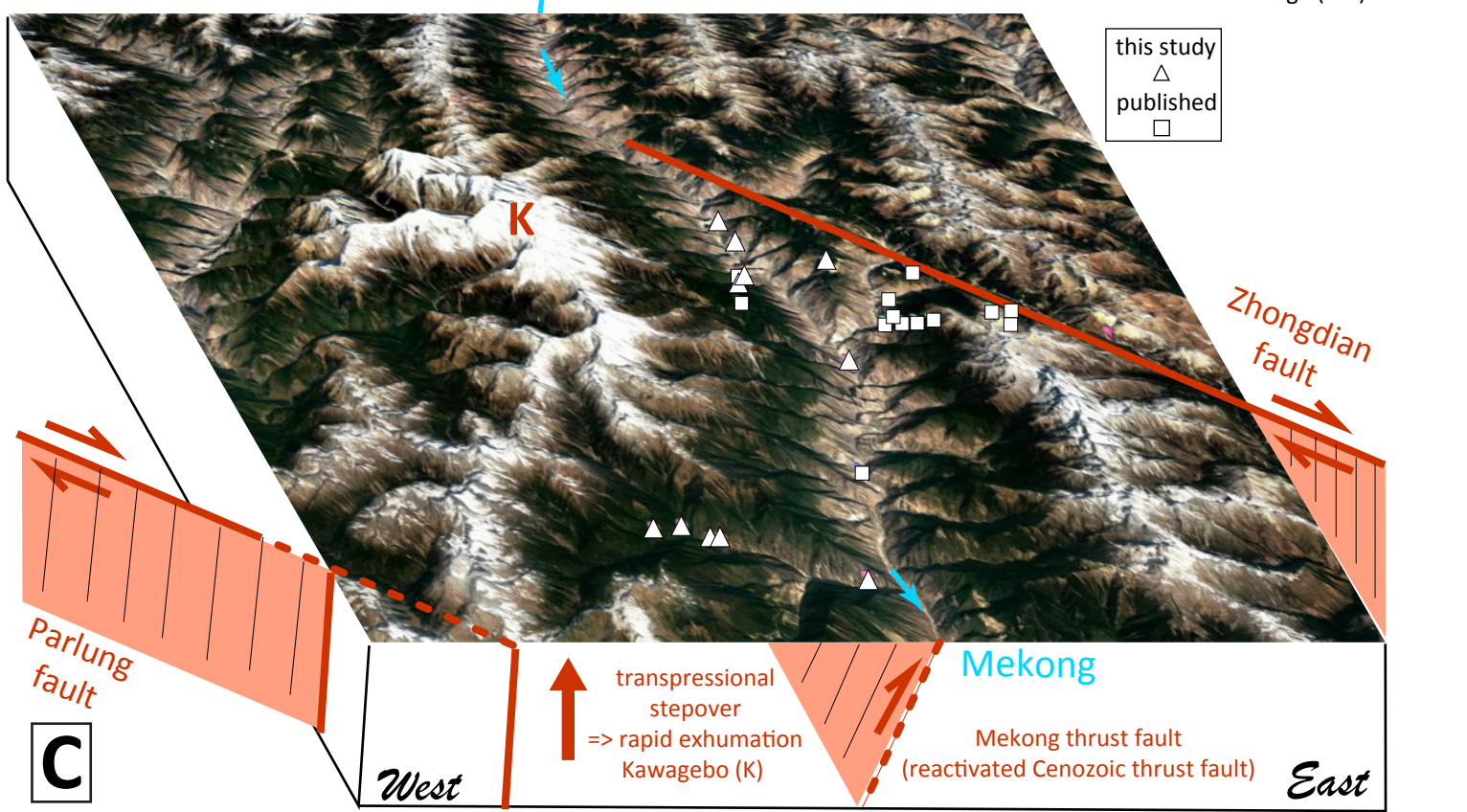
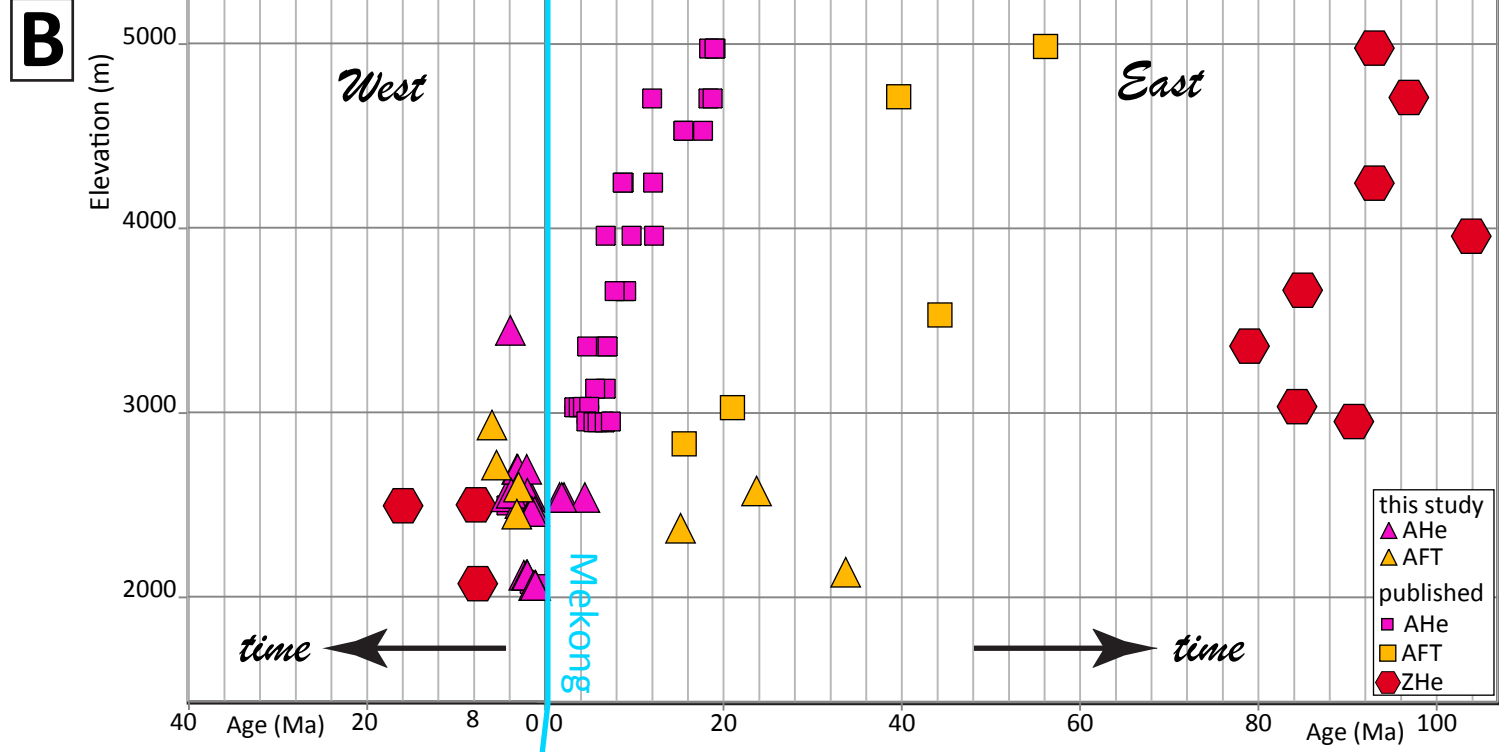
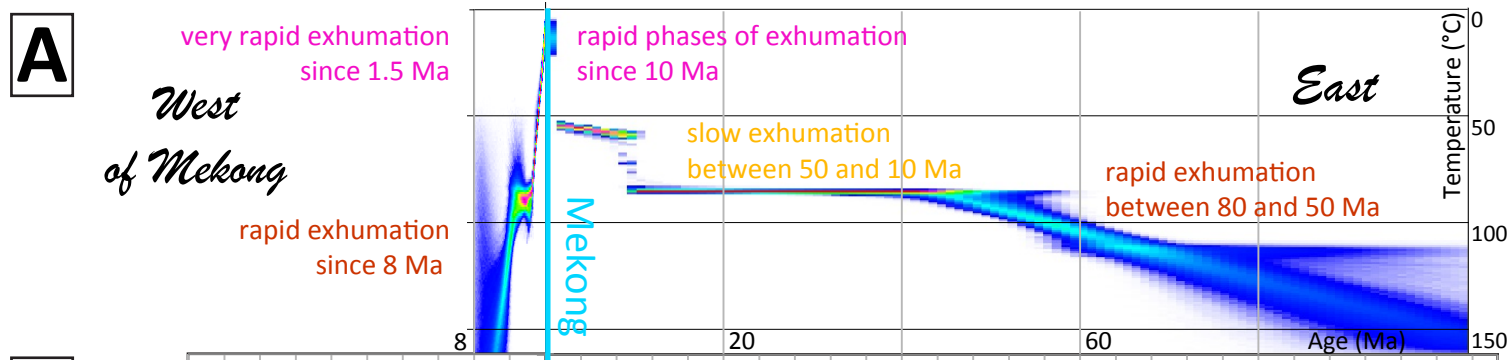


Figure 7.

