

The crustacean Armadillidium vulgare (Latreille, 1804) (Isopoda: Oniscoidea), a new promising model for the study of cellular senescence

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▶ To cite this version:

Charlotte Depeux, Ascel Samba-Louaka, Thomas Becking, Christine Braquart-Varnier, Jérôme Moreau, et al.. The crustacean Armadillidium vulgare (Latreille, 1804) (Isopoda: Oniscoidea), a new promising model for the study of cellular senescence. Journal of Crustacean Biology, 2020, 40 (2), pp.194-199. 10.1093/jcbiol/ruaa004. hal-03060295

HAL Id: hal-03060295 https://hal.science/hal-03060295v1

Submitted on 14 Dec 2020 $\,$

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1	Running head: DEPEUX ET AL.: ARMADILLIDIUM VULAGARE AS A MODEL FOR
2	CELLULAR SENESCENCE
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25

ABSTRACT

26 Senescence, the decline of physiological parameters with increasing age, is a quasi-ubiquitous 27 phenomenon in the living world. The observed patterns of senescence, however, can markedly differ across species and populations, between sexes, and even among individuals. To identify 28 29 the drivers of this variation in senescence, experimental approaches are essential and involve 30 the development of tools and new study models. Current knowledge of the senescence process 31 is mostly based on studies on vertebrates and main information about senescence in 32 invertebrates is mostly limited to model organisms such as Caenorhabditis elegans or 33 Drosophila melanogaster. In this context, we tested whether biomarkers of vertebrate aging 34 could be used to study senescence in a new invertebrate model: the common woodlouse 35 Armadillidium vulgare (Latreille, 1804). More specifically, we looked for the effect of age in 36 woodlouse on three well-established physiological biomarkers of aging in vertebrates: immune cells (cell size, density, and viability), β-galactosidase activity, and the gene 37 38 expression of telomerase reverse transcriptase (TERT), an essential subunit of telomerase 39 protein. We found that the size of immune cells was higher in older individuals, whereas their 40 density and viability decreased, and that the β -galactosidase activity increased with age, 41 whereas the TERT gene expression decreased. These findings demonstrate that woodlouse 42 display age-related changes in biomarkers of vertebrate senescence, with different patterns 43 depending on gender. The tools used in studies of vertebrate senescence can thus be 44 successfully used in studies of senescence of invertebrates such as the woodlouse. The

45	application of commonly used tools to new biological models offers a promising approach to
46	assess the diversity of senescence patterns across the tree of life.
47	
48	Key Words: immunosenescence, telomerase reverse transcriptase (TERT), β -galactosidase
49	activity
50	
51	INTRODUCTION
52	Many hypotheses have tried to explain why senescence is a quasi-ubiquitous phenomenon in
53	the living organisms. For instance, the disposable soma theory proposed the senescence
54	process as a result of damages accumulation over time (Kirkwood, 1977). These damages are
55	strongly influenced by the environment, leading to trade-offs between the different functions
56	(e.g., between reproduction and somatic maintenance) and shaping a high diversity of
57	senescence patterns across species and populations, among individuals, and between sexes.
58	One current challenge is to understand the selective forces and mechanisms driving this
59	diversity of senescence patterns.
60	At the cellular level, senescence corresponds to the cellular deterioration leading to
61	stop the cellular cycle (Campisi & d'Adda di Fagagna, 2007). As ageing is associated with
62	cellular senescence (Herbig et al., 2006; Wang et al., 2009; Lawless et al., 2010), many
63	biomolecular parameters potentially inform about senescence and can therefore be valuable
64	tools for studying this process (Bernardez de Jesus & Blasco, 2012). For example, the

65	evolution of the integrity and efficiency of immune cells is particularly relevant to study
66	cellular senescence because a diminution of the number of effective immune cells with
67	increasing age takes place in both vertebrates (e.g., Cheynel et al., 2017) and invertebrates
68	(e.g., Park et al., 2011). Another marker used to study cellular senescence is the enzymatic
69	activity of the β -galactosidase. This enzyme is a hydrolase that transforms polysaccharides
70	into monosaccharides. The lysosomal activity of this enzyme is increased when the cell enters
71	in senescence (Dimri et al., 1995; Itahana et al., 2007). This phenomenon occurs in senescent
72	cells of many organisms ranging from humans (Gary & Kindell, 2005) to honeybees (Hsieh &
73	Hsu, 2011). Another protein linked to the cellular senescence process is the telomerase, a
74	ribonucleoprotein complex composed by two essential components, the telomerase reverse
75	transcriptase (TERT) and the telomerase RNA (TR) and other accessorial proteins (Podlevsky
76	et al., 2007). Telomerase lengthens the ends of telomeres (i.e., DNA sequences located at the
77	end of chromosomes that protect chromosome integrity and shorten after each cell division).
78	Cell senescence arises when the telomere length becomes critically short (Chiu & Harley,
79	1997; Shay & Wright, 2005). Telomerase activity depends on the species, age, as well as the
80	type of tissue (e.g., Gomes et al., 2010). For instance, telomerase is active during the
81	development before birth and after only in stem and germ cells in humans (Liu et al., 2007;
82	Morgan, 2013) whereas in Daphnia pulicaria Forbes, 1893 the telomerase activity in all
83	tissues of the body decreases with increasing age (Schumpert et al., 2015). The TERT is
84	essential in the telomerase protein complex and has been shown to be related to cell survival

85	in humans (Cao et al., 2002). The TERT has also been detected in numerous species including
86	vertebrates, fungi, ciliates, and insects (Robertson & Gordon, 2006; Podlevsky et al., 2007).
87	Because the patterns of senescence are strongly diversified within the living world, it
88	seems essential to study organisms displaying markedly different life histories strategies to
89	understand the causes and mechanisms underlying this diversity. Thus, invertebrates are
90	increasingly used in experimental studies of senescence (Stanley, 2012; Ram & Costa, 2018).
91	In addition to share similarities with vertebrates in terms of senescence, they can be
92	manipulated experimentally and they are easier to monitor throughout their entire lifetime
93	(Ram & Costa, 2018). These advantages make them models of choice for studying
94	senescence. Here, we propose the common woodlouse Armadillidium vulgare Latreille, 1804
95	as a promising new model for studying senescence. Woodlouse can live beyond three years
96	and display sex-specific senescence patterns in natural populations (Paris & Pitelka, 1962). In
97	addition, one study has already reported evidence of immune-senescence in this species
98	(Sicard et al., 2010).
99	In this context, we tested the suitability of β -galactosidase activity, immune cell
100	parameters, and the TERT gene expression to cause age-specific responses in A. vulgare.
101	According to reports in the literature, we expected an increase in β -galactosidase activity, and
102	a decrease of both TERT gene expression and immune cell viability and density in A. vulgare.

103 As males have higher adult survival than females (Paris & Pitelka, 1962), cellular senescence

104 patterns are also expected to be sex-specific in this species.

MATERIALS AND METHODS

107 Biological model

108 Individuals of A. vulgare used in the experiments were obtained from a wild population 109 collected in Denmark in 1982. These individuals have been maintained on moistened soil 110 under the natural photoperiod of Poitiers, France (46.58°N, 0.34°E) at 20 °C, and fed ad 111 libitum with dried linden leaves and carrots. Crosses were monitored to control and promote 112 genetic diversity. For each clutch obtained, individuals were sexed, and brothers and sisters were separated to ensure virginity. Woodlice are promiscuous and only breed when they are 113 114 one-year old during their first breeding season in the spring. Females carry their offspring in a 115 ventral pouch (marsupium) and can produce up to three clutches per season. In the common 116 woodlouse, individuals molt throughout their lifetimes, with approximate one molt per month. 117 During this process all the cells of the concerned tissues are renewed at 20 °C (Steel, 1980). 118 The brain, the nerve cord, and gonads, however, are not renewed during molting and are 119 therefore relevant candidates for tissue-specific study of senescence in this species. Woodlice 120 were classified in three different age categories: juvenile (before first reproduction, birth to 121 one-year old), young (one-year old, first year of reproduction), and old (up to two-year old), 122 which are very rare in natural populations (Paris & Pitelka, 1962). As the woodlouse is 123 continuous grower, juveniles and small individuals could not be used for certain experiments, 124 especially when they required protein extraction or hemolymph collection. Thus, we were

125	only able to test in them the telomerase expression. Old individuals were sampled according
126	to the number of individuals available in our breeding; sometimes we had two-year-old
127	individuals and sometimes three-year-old ones. Moreover, males and females were tested
128	separately to assess the impact of sex.
129	
130	Measurement of β -galactosidase activity
131	To test the impact of age on β -galactosidase activity, 180 individuals were used: 90 young
132	(i.e., six-month old, 45 males, and 45 females) and 90 old (two-year old, 45 males, and 45
133	females).
134	Individuals were dissected separately in Ringer solution (sodium chloride (NaCl) 394
135	mM, potassium chloride (KCl) 2 mM, calcium chloride (CaCl ₂) 2 mM, sodium bicarbonate
136	(NaHCO ₃) 2 mM) and nerve cord was removed. To obtain a sufficient amount of protein, we
137	made pools of five nerve cords from five different individuals of the same age. The five nerve
138	cords were filed in 500 μ l of Lyse buffer 1X (Chaps detergent ((3-((3-cholamidopropyl)
139	dimethylammonio)-1-propanesulfonate) 5 mM, citric acid (C6H807) 40 mM, sodium
140	phosphate (Na ₃ PO ₄) 40 mM, benzamidine (C ₇ H ₈ N ₂) 0.5 mM, and PMSF
141	(phenymethylsulfonyle (C7H7FO2S) 0.25 mM, pH 6) (Gary & Kindell, 2005), and then
142	centrifuged at 15,000g at 4 °C for 30 min. The supernatant was taken and kept at -80°C until
143	its utilization. The protein concentration was determined by the BCA (bicinchoninic acid
144	assay) assay (Thermo Fisher Scientific, Waltham, MA, USA) and homogenized at 0.1 mg ml

145	⁻¹ . The β -galactosidase activity was measured as described by Gary & Kindell (2005). Briefly,
146	100 μl of extracted protein at the concentration of 0.1 mg ml $^{-1}$ were added to 100 μl of
147	reactive 4-methylumbelliferyl-D-galactopyranoside (MUG) solution in a 96-wellmicroplate.
148	The MUG reactive, in contact to β -galactosidase, leads by hydrolysis to the synthesis of 4-
149	methylumbelliferone (4-MU), which is detectable using fluorescent measurements. Measures
150	were performed by the multimode Mithrax microplate reader (LB940 HTS III, excitation
151	filter: 120 nm, emission filter 460 nm; Berthold Technologies, Bad Wildbad, Germany) for
152	120 min. Two technical replicates were measured for each nerve pool.
153	
154	Measurement of immune cell parameters
155	To test the impact of age on the immune cell parameters (i.e., density, viability, and size), we
156	were able to undertake individual tests because of our previous experience. It was therefore
157	not necessary to carry out pools of hemolymph unlike proteins or DNA to make the
158	measurements. Sixty mature individuals were used: 30 young (i.e., one-year old, 15 males,
159	and 15 females) and 30 old (three-year old, 15 males, and 15 females) individuals.
160	To study the impact of age on the immune parameters, a hole was bored in the middle
161	of the sixth segment and 3 μ l of haemolymph were collected per individual with an
162	eyedropper and deposited promptly in 15 μ l of anticoagulant solution (MAS-EDTA (EDTA
163	(ethylenediaminetetraacetic ($C_{10}H_{16}N_20_8$)) 9 mM, trisodium citrate ($Na_3C_6H_5O_7$) 27 mM,
164	sodium chloride (NaCl) 336 mM, glucose (C ₆ H ₁₂ O ₆) 115 mM, pH 7 (Rodriguez et al., 1995)).

165	Then, 6 µl of trypan blue at 0.4% (Invitrogen, Carlsbad, CA, USA) were added to color the
166	dead cells. Thereafter, 10 μ l of this solution were deposed in a counting slide (Invitrogen
167	Coutness®; Thermo Fisher Scientific). The immune cell density, the immune cell viability,
168	and the immune cell size were evaluated using an automated cell counter (Invitrogen
169	Countess®).
170	
171	Measurement of TERT gene expression
172	The identification of the telomerase reverse transcriptase (TERT) gene was first performed
173	from the A. vulgare genome (Chebbi et al., 2019). In order to test whether this gene was
174	present and preserved in crustaceans, phylogenetic analyses were undertaken upstream (see
175	Supplementary material S1–S4). This gene has been found in crustacean transcriptomes and
176	the topology of the TERT-gene tree follows the phylogenetic relationships between the
177	involved species (Supplementary S3), suggesting a conserved role of the TERT gene.
178	
179	Gene expression
180	We tested the effect of age on the expression of TERT gene within four different age groups:
181	1) four-month old, 2) one-year old, 3) two-year old, and 4) three-year old. Females and males
182	were tested separately by pools of five individuals in one-, two-, and three-year-old groups
183	and by pools of seven individuals in a four-month-old group as smaller individuals provide
184	less biological material. All conditions required four replicates for each sex. A total of 176

individuals were used for this experiment. For each group we tested the expression level of
the TERT gene in two different tissues: the nerve cord (somatic line) and gonads (germinal
line).

188	Animals were washed by immersion for 30 sec in a 30% sodium hypochlorite solution
189	(NaClO) followed by two 30-sec immersions in distilled water. Tissues were dissected in
190	Ringer solution (sodium chloride 394 mM, potassium chloride (KCl) 2 mM, calcium chloride
191	(CaCl ₂) 2 mM, sodium bicarbonate (NaHCO ₃) 2 mM) and deposited by pools of five units for
192	each tissues on TRIzol reagent (Invitrogen) to extract RNA according to the manufacturer's
193	protocol after a cell disintegration using a Vibra Cell 75,185 sonicator (amplitude of 30%).
194	Total RNA was quantified by NanoDrop technology and stored at -80 °C until use. Reverse
195	transcriptions (RT) were made from 500 ng of RNA previously extracted and using the
196	SuperScript TM IV Reverse Transcriptase kit (Thermo Fisher Scientific) according to the
197	manufacturer's instructions. Primers were designed using the identified gene: primer
198	TERT_F: 5'-AGGGAAAACGATGCACAACC-3' and primer TERT_R: 5'-
199	GTTCGCCAAATGTTCGCAAC- 3' (see Supplementary material S1). Quantitative RT-PCR
200	was performed using 0.6 μl of each primer (10 μM), 2.4 μl of nuclease-free water, and 1.5 μl
201	of cDNA template and the LightCycler LC480 system (Roche, Pleasanton, CA, USA) as
202	follows: 10 min at 95 °C, 45 cycles of 10 s at 95 °C, 10 s at 60 °C, and 20 s at 72 °C.
203	Expression levels of target genes were normalized based on the expression level of two

204	reference genes previously established: the ribosomal protein L8 (RbL8) and the Elongation
205	Factor 2 (EF2) (Chevalier et al., 2011).

207	Statistical analyses.
208	All statistical analyses were performed using the R software v.3.5.2 (R. Core Team, 2018).
209	The β -galactosidase activity was analyzed with linear mixed effect models using the package
210	lme4 (Bates et al., 2014). As two technical replicates were measured for each pool, the model
211	included the pools fitted as a random effect, age and sex and their two-way interaction as fixed
212	factors.
213	Concerning the immune parameters, linear models with Gaussian distribution were
214	fitted to analyze variation in the cell size and viability. A linear model of the cell number (log-
215	transformed; (Ives, 2015) was fitted for the cell density.
216	The level of TERT expression according to age in the two different tissues were
217	compared by a Kruskal-Wallis rank sum test in combination with Nemenyi's post hoc
218	multiple comparison test with the Tuckey correction using R package PMCMR (Pohlert,
219	2014).
220	RESULTS
221	β -galactosidase activity
222	The β -galactosidase activity was higher in old (i.e., two-year old) than in young (i.e., six-
223	month old) individuals ($\chi^2_1 = 6.15$, $P = 0.013$; Fig. 1). We also detected a higher β -
224	galactosidase activity in females than in males ($\chi^2_1 = 7.26$, $P = 0.007$; Fig. 1).

226	Immune cells parameters
227	Cell size was higher in three-year-old than in one-year-old individuals ($F_{1,58} = 8.54$, $P =$
228	0.005; Fig. 2A). Conversely, the cell density was higher in one-year-old than in three-year-old
229	individuals ($F_{1,58} = 4.33$, $P = 0.01$; Fig. 2B). Concerning the immune cell viability, a
230	statistically significant interaction occurred between age and sex, with a relatively lower
231	immune cell viability in three-year-old females ($F_{3,56} = 6.85$, $P = 0.01$; Fig. 2C). No sex effect
232	was detected on cell size ($F_{2,57} = 0.76$, $P = 0.38$; Fig. 2A) or cell density ($F_{2,57} = 0.32$, $P =$
233	0.57, Fig. 2B).
234	< <i>Fig. 2</i> >
235	TERT gene expression
236	The TERT gene expression decreased with increasing age in nerve cords ($\chi^2_3 = 23.30$, $P <$
237	0.001; Fig. 3A). TERT expression was higher in four-month-old individuals compared to two-
238	year-old and three-year-old individuals ($P = 0.001$ in both cases) and in one-year-old
239	individuals compared to three-years-old individuals ($P = 0.038$), without any detectable sex
240	effect ($\chi^2_1 = 0.14$, $P = 0.70$; Fig. 3A). In gonads, the TERT gene expression was much higher
241	in females (χ^2_1 = 17.81, <i>P</i> < 0.001; Fig. 3B) and tended to decrease with increasing age (χ^2_3 =
242	7.5, $P = 0.057$; Fig., 3B) as the TERT gene expression tended to be higher in four-month-old
243	females compared to three-year-old females ($P = 0.054$). A general tendency was also
244	observed in males ($\chi^2_1 = 7.34$, $P = 0.061$; Fig. 3B), the TERT gene expression tending to be

higher in two-year-old individuals compared to one-year-old and three-year-old individuals (P= 0.14 and P = 0.12, respectively; Fig. 3B).

248

DISCUSSION

249 We tested several effective physiological biomarkers of vertebrate senescence to assess 250 whether they could also be used in invertebrates such as the common woodlouse. Immune 251 cells showed an increase in their size and a decrease in their density and viability with increasing age. The activity of the β -galactosidase enzyme in nerve cords increased. The 252 253 TERT gene expression decreased with increasing age in nerve cords of males and females and 254 in the gonads of females. In contrast, the TERT gene expression was very low in the male 255 gonads to suggest a role on the cellular senescence status in this tissue. The difference 256 regarding the expression of TERT in the nerve cords and gonads underlies the importance of 257 organ choice to perform such an analysis. 258 Our study is in line with previous studies that had previously revealed the possibility 259 of using vertebrate biomarkers in invertebrates (Hsieh & Hsu, 2011; Park et al., 2011; 260 Schumpert et al., 2015). By testing a set of different physiological biomarkers of vertebrate 261 senescence, often studied independently, our study supports both ideas that routinely used 262 biomarkers in vertebrates can be adapted in invertebrates and that the senescence process is 263 quasi-ubiquitous in the living world and can be expressed in a similar way in very different organisms. 264

265	Previous studies have shown that the probabilities to survive decrease with increasing
266	age in A. vulgare (Paris & Pitelka, 1962). The cellular damages accumulated during the life of
267	the isopod could be the cause of cell senescence and therefore the driving force behind
268	actuarial senescence (Harman, 1956; Barja, 2000; Barja & Herrero, 2000; Finkel & Holbrook,
269	2000). In A. vulgare, the 2- and 3-year-old individuals could have therefore accumulated more
270	cellular damages during their lifetime, leading to the cellular senescence we report.
271	Our study also revealed a strong difference between sexes on the response of
272	biomarkers to age changes. At a given age, females display higher β -galactosidase activity
273	and lower immune cell viability than males, as if they age faster than males. Between-sex
274	differences in lifespan have been reported in A. vulgare with a longer lifespan in males than in
275	females (Geiser, 1934; Paris & Pitelka, 1962). Exact differences in actuarial senescence
276	patterns (i.e., age-specific changes in survival probabilities) remain to be quantified in A.
277	vulgare but such differences are quite common both in vertebrates and invertebrates (Tidière
278	et al., 2015; Marais et al., 2018). One of the main hypotheses proposed to explain sex
279	differences in longevity or senescence patterns relies on different resource allocation
280	strategies between sexes (Vinogradov, 1998; Bonduriansky et al., 2008). Females carry their
281	offspring in their marsupium for one month, giving nutrients and protection, thus, they
282	allocate more energy to reproduction than males that do not provide any parental care. The
283	fact that the lifespan of A. vulgare is shorter in females (Paris & Pitelka, 1962) thus supports a
284	role of differential sex allocation in this species. Moreover, the difference between males in

285	TERT expression in gonads also suggest a difference in sex allocation according both to age
286	and sex. The increased in TERT expression in male gonad in two-years-old individuals should
287	be the result of a terminal investment in reproduction for males: by increasing their TERT
288	expression and thus potentially their telomerase activity they should provide a better fitness to
289	their offspring. This allocation may be lost when males are too old (three-year old).
290	Sex differences in resource allocation strategies could also be driven by environmental
291	conditions (Shertzer & Ellner, 2002). Our physiological biomarkers of vertebrate senescence
292	revealed sex differences, and as supported in Depeux et al. (2019), they could constitute
293	useful tools to identify other factors involved in variations in senescence patterns, such as
294	environmental stressors. Moreover, if these biomarkers seem to predict better the
295	physiological age than chronological age, notably in terms of survival and reproduction, they
296	could correspond to biomarkers of senescence in the woodlouse (Baker & Sprott, 1988; Simm
297	<i>et al.</i> , 2008; Sprott, 2010).
298	The physiological biomarkers of vertebrate senescence thus respond to age changes in
299	A. vulgare, a species that represents a new invertebrate model of aging. The parameters that
300	predict the chronological age of A. vulgare individuals might offer reliable biomarkers,
301	especially if their measurements are related to both reproductive and survival prospects more
302	than to the chronological age of individuals. The availability of its genome, the ease of its
303	breeding, its particularity to continue growing during its lifespan, and its adaptations to

305	make it a promising candidate to study senescence.
306	
307	SUPPLEMENTARY MATERIAL
308	Supplementary material is available at Journal of Crustacean Biology online.
309	S1. Phylogenetic analysis protocol of the TERT gene in crustaceans.
310	S2. TERT-gene alignment used for the phylogenetic analysis.
311	S3. TERT-gene tree following the phylogenetic relationships between the species involved.
312	S4. TERT-gene tree following the phylogenetic relationships between the species involved
313	(Newick format).
314	
315	ACKNOWLEDGEMENTS
316	We would like to thank Sylvine Durand, Richard Cordaux, Isabelle Giraud, and Bouziane
317	Moumen for our constructive discussions as well as Marius Bredon, Carine Delaunay,
318	Maryline Raimond, and Alexandra Lafitte for technical assistance. The preprint of this work
319	has been deposited in BioRxiv (https://doi.org/10.1101/583914). This work was supported by
320	the 2015–2020 State-Region Planning Contract and European Regional Development Fund
321	and intramural funds from the Centre National de la Recherche Scientifique (CNRS) and the
322	University of Poitiers. JFL and JMG were supported by a grant from the Agence Nationale de
323	la Recherche (ANR-15-CE32-0002-01 to JFL). Our research also received funding from the
324	Appel à projets de recherche collaborative inter-équipes 2016-2017 by the laboratory
325	Ecologie et Biologie des Interactions.

terrestrial life as well as the presence of cellular senescence on our senescence biomarkers

304

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444 **Figure captions**

- 445 **Figure 1**. Boxplot of β-galactosidase activity in *Armadillum vulgare* according to age and sex
- 446 (F, females, M, males). The thick line represents the median, the box the interquartile range,
- and the whisker the most extreme data point within 1.5 of the interquartile range. The outliers

448 outside this range are shown as open circles. N = 24 pools of 5 individuals; * P < 0.05, ** 449 P<0.01.

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Figure 1. Immune cell size (A), density (B), and viability (C) according to age and sex in *Armadillum vulgare* (F, females; M, males). The thick line represents the median, the box the interquartile range, and the whisker the most extreme data point within 1.5 of the interquartile range. The outliers outside this range are shown as open circles. N = 60 individuals: 15 oneyear-old females, 15 one-year-old males, 15 three-years-old females, and 15 three-years-old males; * P < 0.05, ** P < 0.01.

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458 Figure 2. Relative expression level of TERT expression in nerve cords (A) and in gonads (B) 459 in Armadillum vulgare (F, females; M, males). Expression of each gene was normalized based 460 on the expression of ribosomal protein L8 (RbL8) and elongation factor 2 (EF2) as reference 461 genes. The thick line represents the median, the box the interquartile range, and the whisker the 462 most extreme data point within 1.5 the interquartile range. N = 176 individuals: 28 four-month-463 old females, 28 four-month-old males, 20 one-year-old females, 20 one-year-old males, 20 twoyear-old females, 20 two-year-old males, 20 three-year-old females, 20 three-year-old males; # 464 *P* < 0.10, ** *P* < 0.01 465

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