

Assessing spillover from Marine Protected Areas and its drivers: a meta-analytical approach

Manfredi Di Lorenzo, Paolo Guidetti, Antonio Di Franco, Antonio Calò,

Joachim Claudet

To cite this version:

Manfredi Di Lorenzo, Paolo Guidetti, Antonio Di Franco, Antonio Calò, Joachim Claudet. Assessing spillover from Marine Protected Areas and its drivers: a meta-analytical approach. Fish and Fisheries, 2020, 21 (5), pp.906-915. 10.1111/faf.12469 . hal-03034329

HAL Id: hal-03034329 <https://hal.science/hal-03034329v1>

Submitted on 1 Dec 2020

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

controversial. Here, we developed a meta-analysis of a unique global database covering 23 FPAs in

 12 countries, including both published literature and specifically collected field data, to assess the capacity of FPAs to export biomass and whether this response was mediated by specific FPA features (e.g. size, age) or species characteristics (e.g. mobility, economic value). Results, on average, show that fish biomass and abundance outside FPAs are higher: i) in locations close to FPA borders (<200m) than in locations further away (>200m); ii) for species with a high commercial value; iii) in the presence of a partially protected area (PPA) surrounding the FPA. Spillover slightly increased as FPAs are larger and older and as species are more mobile. Our work grounds on the broadest dataset compiled to date on marine species ecological spillover beyond FPAs' borders and highlights elements that could enhance local fishery management.

TABLE OF CONTENTS

1. INTRODUCTION

 Human activities are leading to dramatic modifications of the ocean (McCauley et al., 2015) and overfishing is among the most damaging stressors on marine biodiversity (IPBES, 2019). However, fisheries, especially small scale fisheries, are valuable economic activities, often vital for food security and poverty alleviation, and sources of livelihood with strong socio-cultural implications in coastal areas worldwide (Cisneros-Montemayor, Pauly, & Weatherdon, 2016). There is, therefore, an urgent need to identify management strategies able to reconcile conservation and fisheries goals by both protecting marine biodiversity and enhancing fishing yields/revenues (Gaines, Lester, Grorud-Colvert, Costello, & Pollnac, 2010; Jupiter et al., 2017).

 Although marine protected areas (MPAs) are widely recognized as an important tool for biodiversity conservation (Claudet et al., 2008; Edgar et al., 2014; Giakoumi et al., 2017) and fisheries management (Abesamis, Russ, & Alcala, 2006; Goñi et al., 2008; Russ & Alcala, 2011), how ubiquitous are fishery benefits delivered by MPAs is still largely debated (Hilborn, 2016; Kerwath, Winker, Götz, & Attwood, 2013; Sale et al., 2005). There is a body of evidence suggesting

 that FPAs can play an important role for fisheries management, especially for SSF (Di Franco et al., 2016; Januchowski-Hartley, Graham, Cinner, & Russ, 2013; Russ & Alcala, 2011). Two ecological processes can drive fishery benefits of FPAs: population replenishment through larval subsidies (Manel et al., 2019; Marshall, Gaines, Warner, Barneche, & Bode, 2019) and the spillover of fish biomass from protected areas to surrounding fishing grounds (Rowley 1994). While both processes require populations to firstly recover within the boundaries of the FPAs, generally the former is key to the long-term persistence of exploited populations also at relatively large distance from the MPA (i.e. hundreds of kms, Manel *et al.* 2019), while the latter produces faster benefits to fisheries mainly across shorter distances (Halpern, Lester, & Kellner, 2010). The spatio-temporal scale of these two processes is species-specific (Green et al., 2015; McCauley et al., 2015).

 The occurrence and magnitude of spillover is variable and context-dependent (Di Lorenzo, Claudet, & Guidetti, 2016). The maximum distance from FPA borders at which spillover effects are still detectable is a crucial issue to better understand the spatial extent of FPA benefits to local fisheries. Most studies found that spillover occur on average at distances of about 200 m from FPAs' borders, and all agree that it does not exceed 1 km (Abesamis et al., 2006; Abesamis & Russ, 2005; Guidetti, 2007; Halpern et al., 2010; Marques, Hill, Shimadzu, Soares, & Dornelas, 2015; Russ & Alcala, 2011). According to Di Lorenzo et al. (2016), two types of spillover should be considered on the basis of their assessment: "ecological spillover" encompassing all forms of net emigration of juveniles, subadults and/or adults from the MPA outwards; "fishery spillover", i.e. the fraction of ecological spillover that can directly benefit fishery yields and revenues through the marine species biomass that can be fished (Di Lorenzo et al 2016).

 Spillover is not only important for local SSFs, but also for tourism-based blue economy. More abundant and larger fish exported from FPAs (where scuba-diving is often forbidden) attract 86 more divers, thus supporting the local economy (Micheli & Niccolini, 2013; Roncin et al., 2008).

 The overall relative contribution of potential drivers of spillover is poorly known. Two main 88 categories of drivers may affect spillover: (i) MPA features: age, design (e.g. size, shape, location), presence of PPAs, the level of enforcement, habitat continuity/discontinuity across FPA borders (Goñi et al., 2008; Harmelin-Vivien et al., 2008; Kaunda-Arara & Rose, 2004; Kay et al., 2012); (ii) species characteristics: the species-specific ability to move across the FPA borders, related, e.g., to the intraspecific behaviour of individuals, habitat preferences and species mobility, fishing pressure (Kaunda-Arara & Rose, 2004). Some studies reported that spillover may require several years (>10 years) to take place after a FPA is established (Abesamis et al., 2006; Harmelin-Vivien et

 al., 2008; Russ & Alcala 1996; Russ, Alcala, & Maypa, 2003), while others detected spillover after only a few years from FPA creation (< 5 years; (Francini-Filho & Moura, 2008; Guidetti, 2007). Spillover has been observed from FPAs surrounded or not by a PPA (Abesamis et al., 2006; Francini-Filho & Moura, 2008; Harmelin-Vivien et al., 2008; Zeller, Stoute, & Russ, 2003) and 99 detected both from small (< 1km^2 ; (Abesamis et al., 2006; Harmelin-Vvivien et al., 2008; Russ & Alcala 1996; Russ et al., 2003) and large FPAs (Ashworth & Ormond, 2005; Fisher & Frank, 2002; Stobart et al., 2009). Habitat continuity inside and outside the FPA is thought to facilitate spillover (Abesamis & Russ, 2005; Kaunda-Arara & Rose, 2004), but several studies detected spillover also where the habitat was discontinuous across FPA borders (Goñi, Quetglas, & Reñones, 2006; Guidetti, 2007; Harmelin-Vivien et al., 2008; Kay et al., 2012). Spillover is expected to occur mostly for relatively mobile species (Buxton, Hartmann, Kearney, & Gardner, 2014; Halpern et al., 2010), but some studies showed that sedentary, (Chapman & Kramer, 1999; Eggleston, & Parsons, 2008; Forcada et al., 2009; Goñi et al., 2008; Goñi et al., 2006; Zeller et al., 2003), vagile, (Abesamis et al., 2006; Forcada, Bayle-Sempere, Valle, & Sánchez-Jerez, 2008; Guidetti, 2007), and highly vagile species, (Chapman & Kramer, 1999; Kaunda-Arara & Rose, 2004; Stobart et al., 2009) may spillover beyond FPA borders.

 Here, we performed a meta-analysis to 1) investigate the extent of spillover occurrence from FPAs globally and 2) assess which FPA features and species characteristics mainly drive spillover. To do so, we compiled the most complete global database on spillover, covering 23 FPAs in 12 countries, combining information from reviewed literature and data gathered through specific underwater visual census samplings on the field.

2. METHODS

2.1. **Data collection**

 We assembled our dataset using two different approaches: extracting data from literature and performing *ad hoc* field activities to collect new data.

 Articles on spillover from published peer-reviewed literature were collected through Web of Science back to 1994, when the term spillover was used for the first time (Rowley 1994). The following search string was used: ("spillover" OR "spill-over" OR "spill over") AND ("marine protected area*" OR "marine reserve*" OR "no-take zone*" OR "fisher* closure*" OR "fully protected area*"). It was decided to focus strictly on FPAs as this protection level is the more likely to produce spillover effects (Di Lorenzo et al., 2016 and references therein). Sixty-three studies of empirical assessments of spillover were found. They were either based on underwater visual census (UVC), catch or tagging abundance and/or biomass data. Spillover has been modelled in various ways in the literature, such as using linear gradients of abundance/biomass decline from FPA borders (e.g. (Goñi et al., 2006; Harmelin-Vivien et al., 2008) or tracking individual movements across FPA borders (Afonso, Morato, & Santos, 2008; Barrett, Buxton, & Gardner, 2009; Follesa et al., 2011; Kay et al., 2012; Kerwath et al., 2013). In order to keep the maximum number of studies, we built a model of spillover that would be as inclusive as possible in terms of different measurements and ways to report the data. Data from papers were extracted either from tables 137 or from graphs using ImageJ [\(http://imagej.nih.gov/ij\)](http://imagej.nih.gov/ij). Contextual information about the FPAs was recorded from the articles and/or by contacting their authors: FPA age and size, whether the FPA was situated on an island or along a coastline, presence of PPA surrounding the FPA, and habitat continuity/discontinuity along FPA borders (Table 1). Information on species mobility (sedentary or vagile) and economic value (commercial, low commercial or not commercial) was also collected from the papers or FishBase [\(http://www.fishbase.org\)](http://www.fishbase.org/). It is worth noting that juveniles of target species were also included in the low commercial category as during that life stage they are not fishery targets.

 To enhance the dataset, we conducted additional fieldwork in 13 FPAs in 6 countries. Data were gathered using underwater visual census (UVC). SCUBA diving was carried out on rocky substrates between 5 and 15 m deep, using 25x5 m strip transects parallel to the coast. Along each transect, the divers swam one way at constant speed, identifying all fishes encountered to the lowest taxonomic level possible and recording their number and size. Fish sizes were estimated visually in 2 cm increments of total length (TL) for most of the species, and within 5 cm size classes for large-sized species (i.e. with maximum size >50 cm). Fish biomass was estimated from size data by means of length-weight relationships from the available literature and existing databases. UVC replicates (from 6 to 12 transects) were carried out close and far from FPAs borders, according to the rationale we used to detect spillover (see section 2.2).

 Only one study used fisheries yield to assess spillover. Due to the absence of replication we could not account for fisheries spillover and had to restrict our analysis on ecological spillover (REF). A total of 334 assessments from 23 [well enforced?] MPAs and 31 taxonomic groups (including species, genus or family) worldwide were finally used in the meta-analysis (Fig. 1; Table 159 1; Supplementary material Table S1).

2.2. **Data analysis**

 A meta-analytical approach was used to investigate spillover occurrence and drivers in our database. We used as effect size the log-relative difference in mean fish abundance and biomass between locations close (<200 m) and far (>200 m) from the FPA borders. We set the threshold at 200 m according to the distance up to which spillover is generally observed in the literature (Abesamis et al., 2006; Guidetti, 2007; Harmelin-Vivien et al., 2008; Russ et al., 2003; Russ & Alcala, 2011). This approach is conservative in the sense that it favours false negative (absence of detection of spillover if it occurs over larger spatial extents) over false positive (detection of spillover when it does not occur, or over spatial extents with no significance for [small scale] fisheries management).

 We used a weighted mixed-effects meta-analysis (Gurevitch & Hedges, 1999) to quantify the magnitude of spillover and asses its drivers. Two different meta-analyses were done on 174 abundance and biomass. For each study *i*, the spillover effect size R_i of the studied species across the studied FPA was modelled as the natural logarithm response ratio (Gurevitch & Hedges, 1999; Osenberg, Sarnelle, & Cooper, 1997) of the mean abundance or biomass measured within 200 177 meters ($\overline{X}_{close,i}$) and over 200 meters ($\overline{X}_{far,i}$) from the FPA boundary:

$$
R_i = \ln\left(\frac{\bar{X}_{close,i}}{\bar{X}_{far,i}}\right)
$$

The within-study variance *vⁱ* associated to the effect sizes was calculated as follows:

$$
v_i = \frac{sd_{close,i}^2}{n_{close,i} * \overline{X}_{close,i}} + \frac{sd_{far,i}^2}{n_{far,i} * \overline{X}_{far,i}}
$$

183 where $sd_{close,i}^2$ and $sd_{far,i}^2$ are the standard deviations of $\bar{X}_{close,i}$ and $\bar{X}_{far,i}$, respectively, and 184 where $n_{close,i}$ and $n_{far,i}$ are the associated sample sizes.

 All effect sizes were weighted, accounting for both the within- and among-study variance components (Hedges & Vevea 1998). Models were fitted and heterogeneity tests were run to assess how MPA-level (FPA age and size, island or coastline FPA, presence of a PPA, habitat continuity/discontinuity along FPA borders) and species-level (mobility and economic) drivers could mediate spillover from FPAs (Table 1). All analyses were done in R (R Core Team 2016) and weighted mixed-effects model fitting and heterogeneity tests were carried out using the metaphor package (Viechtbauer, 2015).

3. RESULTS

 Overall, we found 33% higher fish abundance and 54% higher biomass close to the FPA 196 borders (<200m) compared to further away ($\bar{\bar{R}}$ = 0.29 ± 0.15 95% CI and $\bar{\bar{R}}$ = 0.43 ± 0.21 95% CI, respectively), indicating the general occurrence of spillover. However, effect sizes were heterogeneous across assessments (*Q^T* = 7314, df = 167, *p* < 0.001; *Q^T* = 7777, df = 164, *p* < 0.001; respectively) (Supplementary material Table S2).

 The presence of a PPA around FPAs played an important role. Spillover was observed more 201 often from those FPAs surrounded by or next to a PPA (Figure 1). Abundance and biomass were respectively 37% and 84% higher closer to rather than further away from the FPA boundaries (Supplementary Materials Table S3).

 For abundance data, spillover was mostly observed in FPAs established along coastlines rather than in FPAs surrounding a whole island (Figure 1). This difference was not observed when considering biomass data (Figure 1; Supplementary material: Table S2).

 The occurrence and magnitude of spillover was only slightly affected by the age or the size of the FPA. Although statistically significant, the effect of age was marginal both for abundance 209 (\bar{R} = 0.008 ± 0.007 95% CI) and biomass (\bar{R} = 0.014 ± 0.010 95% CI). The effect of the size of the FPA 210 played a limited but detectable role only in the case of abundance (\overline{R} = 0.04 ± 0.03 95% CI for 211 abundance; \overline{R} = 0.02 ± 0.03 95% CI for biomass).

 Habitat continuity/discontinuity across FPA borders did not seem to affect the occurrence 213 of spillover, both for abundance $(Q_E=6767.35; df=165; p=0.0001)$ and biomass $(Q_E=7299.05;$ df=163; *p*=0.0001) (Figure 1).

 Spillover density and biomass was detected either for sedentary or vagile species (Figure 1; Supplementary Material: Table S1). Only species with high commercial value showed a spillover effect from FPA both in terms of abundance and biomass (Figure 1; Supplementary Material: Table S1).

4. DISCUSSION

 Our results showed that spillover of marine species, both in terms of abundance and biomass, can be expected as a general response of FPAs. Based on the data that we have been able to gather, the present study focused on ecological spillover (*sensu* Di Lorenzo et al. 2016). We found only one study that assessed fisheries spillover (using yield as response variable), which precluded us to account for this component of spillover in our meta-analysis. More efforts should 228 be directed towards assessing spillover through fish catches along gradients across MPA borders.

 We showed that fish biomass and abundance outside FPAs are higher in locations close to FPA borders (<200m) than in locations further away (>200m), for species with a high commercial value, and that it is occurring more in the presence of a partially protected area (PPA) surrounding the FPA. Spillover slightly increased as FPAs are larger and older and as species are more mobile.

 To the best of our knowledge this is the first study considering the presence of PPA as potential driver of spillover, as well as benthic habitat continuity. Our findings suggest that the presence of a PPA might help the net export of biomass through spillover (and consequently the detection of fish abundance and/or biomass in the water) from the FPA. However, it is crucial to highlight that these patterns can be affected/altered by the magnitude of fishing effort around FPAs (in PPAs or in unprotected areas, depending on MPA zonation scheme). Fishing the line, i.e. fishers' tendency to fish close to the boundaries of FPAs (Kellner, Tetreault, Gaines, & Nisbet, 2007), is a recognized activity occurring around FPAs. In the absence of a PPA, fishery activities around FPAs' borders are not subject to strict spatially-explicit regulations beside the ones imposed by national and international laws, generally resulting in a higher concentration of the fishing effort close to the FPA borders (Abesamis & Russ, 2005; Chapman & Kramer, 1999; Davidson, Villouta, Cole, & Barrier, 2002; Follesa et al., 2011; Russ & Alcala, 2011; Stamoulis & Friedlander, 2013). The detection of ecological spillover could be negatively impacted by fishing pressure in the fished areas, but high fishing effort can also concentrate within PPAs leading to negative consequences of fishing the line in terms of fisheries spillover (Figure 2) (Kleiven et al., 2019; Zupan, Fragkopoulou, et al., 2018).

 Our findings can shed light on the results observed in a recent global meta-analysis assessing the ecological effectiveness of different levels of protection in partially protected aeas (Zupan, Bulleri, et al., 2018). While the authors observed that fully and highly protected MPAs (sensu Horta e Cosat et al. 2016) harbour higher fish abundance and biomass that surrounding unprotected areas, they found that moderately protected areas are effective only when adjacent to a fully protected area. A possible explanation can thus be that in the absence of a fully

 protected area providing spillover, such moderately protected areas allow too much fishing activities to be effective. Spillover can thus be an important component driving the effectiveness of multi-zoned MPAs, allowing combinations of protection levels favouring both conservation and fishing access in partially protected area concentrating fishing (Zupan, Bulleri, et al., 2018).

 We observed a slightly influence of time since protection (i.e. MPA age) on ecological spillover, in agreement with what has been observed for the response to protection within the FPA boundaries (Claudet et al., 2008; Edgar et al., 2014; Molloy, McLean, & Côté, 2009). This can be due to the fact that our synthesis included FPAs with a large variation in age (min=6 years, median=19 years, max=32 years).

 The fact that only species with a high commercial value display spillover is not surprising as they are the ones responding more favorably to protection (Kerwath et al., 2013) hence the ones most likely exporting adults from the FPA boundaries. According to Halpern et al (2010), highly valued species are often the ones mostly targeted by extractive activities. For this reason, these are also the species responding most favourably and most rapidly to MPA establishment (Claudet, Pelletier, Jouvenel, Bachet, & Galzin, 2006; Babcock et al., 2010; Kerwath et al., 2013). An important difference between our synthesis and that by Halpern et al. (2010) is that while their 271 study focussed on highly valued fish species only, our analysis, for the first time, integrated data of three commercial value categories of species (i.e. no value, low and high).

 Differently to Halpern et al 2010, a slightly effect of FPA size on spillover was also found; it suggests that the set of MPAs included in our study cover a range of sizes representing a trade-off between the inclusion of the home ranges of most species and the optimal size for spillover to neighbouring areas (Di Franco et al., 2018; Weeks, Green, Joseph, Peterson, & Terk, 2017). In fact, 277 the size of a FPA should include the full home ranges of the protected species to obtain high conservation benefits (Di Franco et al., 2018; Weeks et al., 2017).

 While several experimental studies have shown that habitat continuity between inside and outside FPAs may play a role in facilitating spillover (Forcada et al., 2008; Goñi et al., 2008; Halpern et al., 2010; Kaunda-Arara & Rose, 2004), our meta-analysis showed that spillover could occur where the habitat across FPA borders is either homogeneous or heterogeneous. Such studies refer 283 to the landscape connectivity theory ("the degree to which the landscape facilitates or impedes movement among resource patches"; Taylor *et al.* 1993), suggesting that similar habitat types across FPAs and fished areas may enhance the borders permeability (Bartholomew et al., 2008). However, our results suggest that the likelihood that fish cross a different habitat rather than the

 preferred one also depends on how fish can perceive and respond behaviourally to integrate the patched habitat to minimize overall costs (Bélisle, 2005; Wiens, 2008). Therefore, although different habitats outside FPAs could be a barrier to fish movements (due e.g. to the increased risk of predation), individuals may be able to move beyond FPA borders most likely when a threshold level of population density/biomass (i.e. competition for local resources such as preys and refuges) is exceeded.

 Here, we observed evidence of spillover for species regardless of their mobility In agreement with previous findings (Halpern et al., 2010), we observed that species, regardless of their mobility, are able to perform spillover. Contrary to Halpern et al. (2010) we decided to use only sedentary and vagile species in our analysis and removed the highly vagile species. The fact that any species with different mobility levels can display spillover may support the use of FPAs for coastal, SSF management, as these fisheries are multi-specific and usually target both sedentary and mobile species (Claudet, Guidetti, Mouillot, & Shears, 2011).

 As in any qualitative review or quantitative synthesis or meta-analysis our study can harbour a publication bias. As studies evidencing spillover could be more likely published than those where no spillover is observed this would translate in some overestimation of spillover. However, our sample covers a large array of species, MPA types, and biogeographic regions and is well representative of spillover assessment in marine protection worldwide. Besides, the way we modelled spillover can in fact have led to underestimations. We are thus quite confident that MPAs, through spillover and larval subsidies (Marshall et al., 2019), can play a significant role in replenishing surrounding areas, therefore enhancing fisheries and non-extractive activities that may benefit from increased fish density and biomass (e.g. scuba diving and tourism more in general).

 In terms of socio-economic implications, therefore, the potential benefits induced by spillover could raise expectations in stakeholders (e.g. fishers, divers, tourists) that if shattered could induce a negative attitude and finally reduce support toward conservation initiatives and potentially foster non-compliant behaviours (e.g. poaching) (Bergseth, Russ, & Cinner, 2015). In our study we use a conservative approach to assess spillover occurrence (i.e. spillover might have been underestimated in some cases), and in addition we point out the circumstances under which spillover could occur, which is more appropriate from a management point of view as deception can be dramatic when a management tool is oversold (Chaigneau & Brown, 2016; Hogg, Gray, Noguera-Méndez, Semitiel-García, & Young, 2019). This can allow to deliver a clear message to

 stakeholders and avoid overselling the occurrence of spillover, preventing unrealistic expectations, and contributing to foster support to conservation initiatives (Bennett et al. 2019).

 Our findings highlight under which conditions spillover may be expected, allowing MPA managers and policy-makers to develop sound management strategies to eventually maximise the exploitation of fishable biomass exported by FPAs. In fact, contrary to FPAs for which well- established regulations of human activities have been identified to reach conservation goals (essentially no extractive activities allowed), proven conditions for PPAs effectiveness are still scarce (in terms of which activities to allow and to which limits) (Zupan et al., 2018). Globally PPAs include a variety of management measures that range from almost unprotected areas (with no regulations implemented) to virtually FPA (Zupan et al. 2018). From this perspective, an effort should be made to assess under which conditions PPAs can benefit local communities within a multiple-use MPA. As PPAs currently lack a consistent and well-designed set of regulations worldwide (Horta e Costa et al., 2016), MPAs, mainly aimed to maximize fishery benefits, should assess the fisheries yield within PPAs and fished areas integrated with integrated with fishing effort data in order to optimise spillover (Figure 2).

ACKNOWLEDGEMENTS

 We wish to thank N. Barrett, C. Bené, J. Bohnsack, E. Brunio, R. Cole, R. Davidson, D. Eggleston, R. Francini-Filho, D. Freeman, E. Hardman, F.A. Januchowski-Hartley, M. Kay, S. Kerwath,. D.L. Kramer, D. Malone, R. Ormond, M. Readdie, C. Roberts, A. Tewfik, K. Turgeon, M. Young, C. Wilcox and D. Zeller for sharing information about habitat types across MPAs borders. The authors would like to thank Prof. Paul Hart, and the two anonymous referees for their constructive comments and their kind help in improving the manuscript. We are grateful to Dr. Katie Hogg for her suggestions and editing of the English of the MS. MDL was supported by a "Luigi and Francesca Brusarosco" grant. FishMPAblue2 project (Interreg Mediterranean programme), Italian Marine Strategy monitoring, Foundation de France (INTHENSE), the ERA-Net BiodivERsA (BUFFER) and the Agence Nationale de la Recherche (ANR-14-CE03-0001-01) for the Prince Albert II of Monaco Foundation (FPAII, Monaco) and the Total Corporate Foundation (France) financial support. Moreover, we are very grateful to all of MPAs directors and staff for their determining logistic and field support.

CONFLICT OF INTEREST: The authors declare that they have no conflict of interest.

REFERENCES AND NOTES

Abesamis, R. A., Russ, G. R., & Alcala, A. C. (2006). Gradients of abundance of fish across no-take

- marine reserve boundaries: evidence from Philippine coral reefs. *Aquatic Conservation:*
- *Marine and Freshwater Ecosystems*, *16*(4), 349–371. https://doi.org/10.1002/aqc.730
- Abesamis Renee and Russ. (2005). Density-dependent spillover from a marine reserve : long-term evidence. *Marine Ecology Progress Series, 15*(5), 1798–1812.
- Afonso, P., Morato, T., & Santos, R. S. (2008). Spatial patterns in reproductive traits of the
- temperate parrotfish Sparisoma cretense. *Fisheries Research*, *90*(1–3), 92–99.
- https://doi.org/10.1016/j.fishres.2007.09.029
- Alcala, A. C., Russ, G. R., Maypa, A. P., & Calumpong, H. P. (2005). A long-term , spatially replicated
- experimental test of the effect of marine reserves on local fish yields, *108*, 98–108.
- https://doi.org/10.1139/F04-176
- Ashworth, J. S., & Ormond, R. F. G. (2005). Effects of fishing pressure and trophic group on
- abundance and spillover across boundaries of a no-take zone. *Biological Conservation*, *121*(3),
- 333–344. https://doi.org/10.1016/j.biocon.2004.05.006
- Babcock, R. C., Shears, N. T., Alcala, a C., Barrett, N. S., Edgar, G. J., Lafferty, K. D., … Russ, G. R.
- (2010). Decadal trends in marine reserves reveal differential rates of change in direct and
- indirect effects. *Proceedings of the National Academy of Sciences of the United States of*
- *America*, *107*(43), 18256–61. https://doi.org/10.1073/pnas.0908012107
- Barrett, N., Buxton, C., & Gardner, C. (2009). Rock lobster movement patterns and population
- structure within a Tasmanian Marine Protected Area inform fishery and conservation
- management. *Marine and Freshwater Research*, *60*(5), 417.
- https://doi.org/10.1071/MF07154
- Bartholomew, A., Bohnsack, J. A., Smith, S. G., Ault, J. S., Harper, D. E., & McClellan, D. B. (2008).
- Influence of marine reserve size and boundary length on the initial response of exploited reef
- fishes in the Florida Keys National Marine Sanctuary, USA. *Landscape Ecology*, *23*(SUPPL. 1),
- 55–65. https://doi.org/10.1007/s10980-007-9136-0
- Bélisle, M. (2005). Measuring landscape connectivity: The challenge of behavioral landscape
- ecology. *Ecology*, *86*(8), 1988–1995. https://doi.org/10.1890/04-0923
- Bennett, N. J., Di Franco, A., Calò, A., Nethery, E., Niccolini, F., Milazzo, M., & Guidetti, P. (2019).
- Local support for conservation is associated with perceptions of good governance, social
- impacts, and ecological effectiveness. *Conservation Letters*, (December 2018), 1–10.
- https://doi.org/10.1111/conl.12640
- Bergseth, B. J., Russ, G. R., & Cinner, J. E. (2015). Measuring and monitoring compliance in no-take marine reserves. *Fish and Fisheries*, *16*(2), 240–258. https://doi.org/10.1111/faf.12051
- Buxton, C. D., Hartmann, K., Kearney, R., & Gardner, C. (2014). When is spillover from marine
- reserves likely to benefit fisheries? *PLoS ONE*, *9*(9), 1–7.
- https://doi.org/10.1371/journal.pone.0107032
- Chaigneau, T., & Brown, K. (2016). Challenging the win-win discourse on conservation and
- development: Analyzing support for marine protected areas. *Ecology and Society*, *21*(1).
- https://doi.org/10.5751/ES-08204-210136
- Chapman, M., & Kramer, D. (1999). Gradients in coral reef fish density and size across the
- Barbados Marine Reserve boundary:effects of reserve protection and habitat characteristics.
- *Marine Ecology Progress Series*, *181*, 81–96. https://doi.org/10.3354/meps181081
- Cisneros-montemayor, M., Pauly, D., & Weatherdon, L. V. (2016). A Global Estimate of Seafood
- Consumption by Coastal Indigenous Peoples, 1–16.
- https://doi.org/10.1371/journal.pone.0166681

- marine protected area (MPA) on a reef fish assemblage in a northwestern Mediterranean
- marine reserve: Identifying community-based indicators. *Biological Conservation*, *130*(3),
- 349–369.<https://doi.org/10.1016/j.biocon.2005.12.030>
- Claudet, J., Guidetti, P., Mouillot, D., & Shears, N. T. (2011). ECOLOGY Ecological effects of marine protected areas: functioning.
- Claudet, J., Osenberg, C. W., Benedetti-Cecchi, L., Domenici, P., García-Charton, J.-A., Pérez-Ruzafa,
- A., … Planes, S. (2008). Marine reserves: size and age do matter. *Ecology Letters*, *11*(5), 481–
- 9. https://doi.org/10.1111/j.1461-0248.2008.01166.x
- Davidson, R. J., Villouta, E., Cole, R. G., & Barrier, R. G. F. (2002). Effects of marine reserve
- protection on spiny lobster (Jasus edwardsii) abundance and size at Tonga Island Marine
- Reserve, New Zealand. *Aquatic Conservation: Marine and Freshwater Ecosystems*, 12(2), 213–
- 227.<https://doi.org/10.1002/aqc.505>
- Di Franco, A., Plass-Johnson, J. G., Di Lorenzo, M., Meola, B., Claudet, J., Gaines, S. D., … Guidetti,
- P. (2018). Linking home ranges to protected area size: The case study of the Mediterranean
- Sea. *Biological Conservation*, *221*, 175-181 https://doi.org/10.1016/j.biocon.2018.03.012
- Di Franco, A., Thiriet, P., Di Carlo, G., Dimitriadis, C., Francour, P., Gutiérrez, N. L., … Guidetti, P.
- (2016). Five key attributes can increase marine protected areas performance for small-scale
- fisheries management. *Scientific Reports*, *6*(November), 38135.
- https://doi.org/10.1038/srep38135
- Di Lorenzo, M., Claudet, J., & Guidetti, P. (2016). Spillover from marine protected areas to adjacent
- fisheries has an ecological and a fishery component. *Journal for Nature Conservation*, *32*.
- https://doi.org/10.1016/j.jnc.2016.04.004
- Edgar, G. J., Stuart-Smith, R. D., Willis, T. J., Kininmonth, S., Baker, S. C., Banks, S., … Thomson, R. J.
- (2014). Global conservation outcomes depend on marine protected areas with five key
- features. *Nature*, *506*(7487), 216–220. Retrieved from

http://dx.doi.org/10.1038/nature13022

- Eggleston, D., & Parsons, aDM. (2008). Disturbance-induced "spill-in" of Caribbean spiny lobster
- to marine reserves. *Marine Ecology Progress Series*, *371*, 213–220.
- https://doi.org/10.3354/meps07699
- Fisher, J., & Frank, K. (2002). Changes in finfish community structure associated with an offshore
- fishery closed area on the Scotian Shelf. *Marine Ecology Progress Series*, *240*, 249–265.
- https://doi.org/10.3354/meps240249
- Follesa, M. C., Cannas, R., Cau, A., Cuccu, D., Gastoni, A., Ortu, A., … Cau, A. (2011). Spillover
- effects of a Mediterranean marine protected area on the European spiny lobster Palinurus
- elephas (Fabricius, 1787) resource. *Aquatic Conservation: Marine and Freshwater Ecosystems*,
- *21*(6), 564–572. https://doi.org/10.1002/aqc.1213
- Forcada, A., Bayle-Sempere, J. T., Valle, C., & Sánchez-Jerez, P. (2008). Habitat continuity effects on
- gradients of fish biomass across marine protected area boundaries. *Marine Environmental*

Research, *66*(5), 536–47. https://doi.org/10.1016/j.marenvres.2008.08.003

- Forcada, a, Valle, C., Bonhomme, P., Criquet, G., Cadiou, G., Lenfant, P., & Sánchez-Lizaso, J.
- (2009). Effects of habitat on spillover from marine protected areas to artisanal fisheries.
- *Marine Ecology Progress Series*, *379*, 197–211. https://doi.org/10.3354/meps07892
- Francini-Filho, R. B., & Moura, R. L. (2008). Evidence for spillover of reef fishes from a no-take
- marine reserve: An evaluation using the before-after control-impact (BACI) approach.
- *Fisheries Research*, *93*(3), 346–356. https://doi.org/10.1016/j.fishres.2008.06.011
- Gaines, S. D., Lester, S. E., Grorud-Colvert, K., Costello, C., & Pollnac, R. (2010). Evolving science of
- marine reserves: new developments and emerging research frontiers. *Proceedings of the*
- *National Academy of Sciences of the United States of America*, *107*(43), 18251–5.
- https://doi.org/10.1073/pnas.1002098107
- Giakoumi, S., Scianna, C., Plass-Johnson, J., Micheli, F., Grorud-Colvert, K., Thiriet, P., … Guidetti, P.
- (2017). Ecological effects of full and partial protection in the crowded Mediterranean Sea: A
- regional meta-analysis. *Scientific Reports*, *7*(1), 1–12. https://doi.org/10.1038/s41598-017-
- 08850-w
- Goñi, R., Adlerstein, S., Alvarez-Berastegui, D., Forcada, a, Reñones, O., Criquet, G., … Planes, S.
- (2008). Spillover from six western Mediterranean marine protected areas: evidence from
- artisanal fisheries. *Marine Ecology Progress Series*, *366*, 159–174.
- https://doi.org/10.3354/meps07532
- Goñi, R., Quetglas, A., & Reñones, O. (2006). Spillover of spiny lobsters Palinurus elephas from a marine reserve to an adjoining fishery, *308*, 207–219.
- Green, A. L., Maypa, A. P., Almany, G. R., Rhodes, K. L., Weeks, R., Abesamis, R. A., … White, A. T.
- (2015). Larval dispersal and movement patterns of coral reef fishes, and implications for
- marine reserve network design. *Biological Reviews, 90*(4), 1215–1247.
- <https://doi.org/10.1111/brv.12155>
- Guidetti, P. (2007). Potential of marine reserves to cause community-wide changes beyond their
- boundaries. *Conservation Biology : The Journal of the Society for Conservation Biology*, *21*(2),
- 540–5. https://doi.org/10.1111/j.1523-1739.2007.00657.x
- Gurevitch, J., & Hedges, L. V. (1999). Statistical issues in ecological meta-analysis. *Ecology*, *80*(4),
- 1142–1149. https://doi.org/10.1890/0012-9658(1999)080[1142:SIIEMA]2.0.CO;2
- Halpern, B. S., Lester, S. E., & Kellner, J. B. (2010). Spillover from marine reserves and the
- replenishment of fished stocks. *Environmental Conservation*, *36*(4), 268–276.
- https://doi.org/10.1017/S0376892910000032
- Harmelin-Vivien, M., Ledireach, L., Baylesempere, J., Charbonnel, E., Garciacharton, J., Ody, D., …
- Valle, C. (2008). Gradients of abundance and biomass across reserve boundaries in six
- Mediterranean marine protected areas: Evidence of fish spillover? *Biological Conservation*,
- *141*(7), 1829–1839. https://doi.org/10.1016/j.biocon.2008.04.029
- Hedges, L. V., Vevea, J.L., 1998. Fixed- and Random-Effects Models in Meta-Analysis. *Psychological*
- *Methods, 3*, 486–504. https://doi.org/10.1037/1082-989X.3.4.486
- Hilborn, R. (2016). Marine biodiversity needs more than protection. *Nature*, *535*, 224–226.
- <https://doi.org/10.1038/535224a>
- Hogg, K., Gray, T., Noguera-Méndez, P., Semitiel-García, M., & Young, S. (2019). Interpretations of
- MPA winners and losers: a case study of the Cabo De Palos- Islas Hormigas Fisheries Reserve.
- *Maritime Studies*, *18*(2), 159–171. https://doi.org/10.1007/s40152-019-00134-5
- Horta e Costa, B., Claudet, J., Franco, G., Erzini, K., Caro, A., & Gon??alves, E. J. (2016). A
- regulation-based classification system for Marine Protected Areas (MPAs). *Marine Policy*, *72*,
- 192–198. https://doi.org/10.1016/j.marpol.2016.06.021
- IPBES, (2019). Summary for policymakers of the global assessment report on biodiversity and
- ecosystem services of the Intergovernmental Science-Policy Platform on Biodiversity and
- Ecosystem Services. S. Díaz, J. Settele, E. S. Brondizio E.S., H. T. Ngo, M. Guèze, J. Agard, A.
- Arneth, P. Balvanera, K. A. Brauman, S. H. M. Butchart, K. M. A. Chan, L. A. Garibaldi, K. Ichii, J.
- Liu, S. M. Subramanian, G. F. Midgley, P. Miloslavich, Z. Molnár, D. Obura, A. Pfaff, S. Polasky,
- A. Purvis, J. Razzaque, B. Reyers, R. Roy Chowdhury, Y. J. Shin, I. J. Visseren-Hamakers, K. J.
- Willis, and C. N. Zayas (eds.). IPBES secretariat, Bonn, Germany.
- Januchowski-Hartley, F.A., Graham, N. a J., Cinner, J. E., & Russ, G. R. (2013). Spillover of fish
- naïveté from marine reserves. *Ecology Letters*, *16*(2), 191–7.
- https://doi.org/10.1111/ele.12028
- Jupiter, S. D., Epstein, G., Ban, N. C., Mangubhai, S., Fox, M., & Cox, M. (2017). A Social–Ecological
- Systems Approach to Assessing Conservation and Fisheries Outcomes in Fijian Locally
- Managed Marine Areas. *Society and Natural Resources*, *30*(9), 1096–1111.
- https://doi.org/10.1080/08941920.2017.1315654
- Kaunda-Arara, B., & Rose, G. A. (2004). Out-migration of Tagged Fishes from Marine Reef National
- Parks to Fisheries in Coastal Kenya. *Environmental Biology of Fishes*, *70*(4), 363–372.
- https://doi.org/10.1023/B:EBFI.0000035428.59802.af
- Kay, M., Lenihan, H., Kotchen, M., & Miller, C. (2012). Effects of marine reserves on California spiny
- lobster are robust and modified by fine-scale habitat features and distance from reserve
- borders. *Marine Ecology Progress Series*, *451*, 137–150. https://doi.org/10.3354/meps09592
- Kellner, J. B., Tetreault, I., Gaines, S. D., & Nisbet, R. M. (2007). Fishing the line near marine
- reserves in single and multispecies fisheries. *Ecological Applications : A Publication of the*
- *Ecological Society of America*, *17*(4), 1039–54. Retrieved from
- http://www.ncbi.nlm.nih.gov/pubmed/17555217
- Kerwath, S. E., Winker, H., Götz, A., & Attwood, C. G. (2013). Marine protected area improves yield
- without disadvantaging fishers. *Nature Communications*, *4*, 1–6.
- https://doi.org/10.1038/ncomms3347
- Kleiven, P. J. N., Espeland, S. H., Olsen, E. M., Abesamis, R. A., Moland, E., & Kleiven, A. R. (2019).
- Fishing pressure impacts the abundance gradient of European lobsters across the borders of a
- newly established marine protected area. *Proceedings of the Royal Society B: Biological*
- *Sciences*, *286*, 20182455.<https://doi.org/10.1098/rspb.2018.2455>
- Lester, S. E., Halpern, B. S., Grorud-colvert, K., Lubchenco, J., Ruttenberg, B. I., Gaines, S. D., …
- Warner, R. R. (2009). Biological effects within no-take marine reserves : a global synthesis,
- *384*, 33–46. https://doi.org/10.3354/meps08029
- Manel, S., Loiseau, N., Andrello, M., Fietz, K., Goñi, R., Forcada, A., … Mouillot, D. (2019). Long-
- Distance Bene fi ts of Marine Reserves : Myth or Reality ? *Trends in Ecology & Evolution*, 1– 13. https://doi.org/10.1016/j.tree.2019.01.002
- Marques, I., Hill, N., Shimadzu, H., Soares, A. M. V. M., & Dornelas, M. (2015). Spillover Effects of a
- Community-Managed Marine Reserve, 1–18. https://doi.org/10.1371/journal.pone.0111774
- Marshall, D. J., Gaines, S., Warner, R., Barneche, D. R., & Bode, M. (2019). Underestimating the
- benefits of marine protected areas for the replenishment of fished populations, 1–7.
- https://doi.org/10.1002/fee.2075
- McCauley, D. J., Pinsky, M. L., Palumbi, S. R., Estes, J. A., Joyce, F. H., & Warner, R. R. (2015).
- Marine defaunation: Animal loss in the global ocean. *Science*, *347*(6219), 247–254.
- https://doi.org/10.1126/science.1255641
- Micheli, F., & Niccolini, F. (2013). *Achieving success under pressure in the conservation of intensely*
- *used coastal areas*. *Ecology and Society* (Vol. 18). https://doi.org/10.5751/ES-05799-180419
- Molloy, P. P., McLean, I. B., & Côté, I. M. (2009). Effects of marine reserve age on fish populations:
- a global meta-analysis. *Journal of Applied Ecology*, *46*(4), 743–751.
- https://doi.org/10.1111/j.1365-2664.2009.01662.x
- Osenberg, C. W., Sarnelle, O., & Cooper, S. D. (1997). Effect Size in Ecological Experiments: The
- Application of Biological Models in Meta‐Analysis. *The American Naturalist*, *150*(6), 798–812.
- https://doi.org/10.1086/286095
- Roncin, N., Alban, F., Charbonnel, E., Crec'hriou, R., de la Cruz Modino, R., Culioli, J.-M., …
- Boncoeur, J. (2008). Uses of ecosystem services provided by MPAs: How much do they impact
- the local economy? A southern Europe perspective. *Journal for Nature Conservation*, *16*(4),
- 256–270. https://doi.org/10.1016/j.jnc.2008.09.006
- Russ, G. R. & Alcala, A. (1996). Do marine reserves export adult fish biomass? Evidence from Apo
- Island , central Philippines. *Marine Ecology Progress Series*, *132*, 1–9.
- Russ, G. R., Alcala, A., & Maypa, A. (2003). Spillover from marine reserves: the case of Naso
- vlamingii at Apo Island, the Philippines. *Marine Ecology Progress Series*, *264*, 15–20.
- https://doi.org/10.3354/meps264015
- Russ, G. R., & Alcala, A. C. (2011). Enhanced biodiversity beyond marine reserve boundaries: the
- cup spillith over. *Ecological Applications : A Publication of the Ecological Society of America*,
- *21*(1), 241–50. Retrieved from http://www.ncbi.nlm.nih.gov/pubmed/21516901
- Sale, P. F., Cowen, R. K., Danilowicz, B. S., Jones, G. P., Kritzer, J. P., Lindeman, K. C., … Steneck, R.
- S. (2005). Critical science gaps impede use of no-take fishery reserves. *Trends in Ecology &*
- *Evolution*, *20*(2), 74–80. https://doi.org/10.1016/j.tree.2004.11.007
- Stamoulis, K. A., & Friedlander, A. M. (2013). A seascape approach to investigating fish spillover
- across a marine protected area boundary in Hawai'i. *Fisheries Research*, *144*, 2–14.
- https://doi.org/10.1016/j.fishres.2012.09.016
- Stobart, B., Warwick, R., González, C., Mallol, S., Díaz, D., Reñones, O., & Goñi, R. (2009). Long-
- term and spillover effects of a marine protected area on an exploited fish community. *Marine*

Ecology Progress Series, *384*, 47–60. https://doi.org/10.3354/meps08007

- Taylor, P. D., Fahrig, L., Henein, K., & Merriam, G. (1993). Connectivity is a vital element of
- landscape structure. *Oikos*, *68*(3), 571–573. https://doi.org/10.2307/3544927
- Viechtbauer, W. (2015). Conducting Meta-Analyses in R with the metafor Package . *Journal of*
- *Statistical Software*, *36*(3). https://doi.org/10.18637/jss.v036.i03
- Weeks, R., Green, A. L., Joseph, E., Peterson, N., & Terk, E. (2017). Using reef fish movement to inform marine reserve design. *Journal of Applied Ecology*, *54*(1), 145–152.
- https://doi.org/10.1111/1365-2664.12736
- Wiens, J. A. (2008). Landscape ecology as a foundation for sustainable conservation. *Landscape*

SUPPORTING INFORMATION

 Additional supporting information may be found online in the Supporting Information section at the end of the article.

585 **Table 1. Empirical studies and data that met the section criteria of our meta-analysis. For further details, see the** supplementary material.

584

587
588 N/A: Data Not Available

- 597
- 598
- 599 Figure Captions
- 600
- 601
- 602
- 603
- 604
- 605 **Figure 1:** MPA-level and species-level drivers of spillover. The spillover indicator is the log-606 transformed ratio of fish biomass or abundance between close and far from fully protected 607 area boundaries (average weighted effect size +/- 95% CI). Green dots indicate effect sizes 608 that do not overlap zero and red dots those that overlap zero.
- 609 Heter.: Heterogeneous; Homog.: Homogeneous
- 610
- 611
- 612

- 613
- 614
- 615 616
- 617
- 618
- 619
- 620
- 621
- 622
- 623
- 624 625
- 626
- 627 628

 Figure 2: This generic conceptual framework illustrates the potential effects of presence and absence of partially protected area (PPA) surrounding fully protected area (FPA) on spillover. Three different scenarios are shown: A) high fishing pressure could reduce the ecological and fishery spillover assessment in fished area around FPA; B) high fishing pressure could reduce the ecological (standing stock biomass) and fishery (catches) spillover assessment within PPA surrounding the FPA and nullifies both spillover assessment in fished area; C) low fishing pressure could increase the ecological and fishery spillover assessment within PPA surrounding the FPA and enhances ecological and fishery spillover assessment in the fished area

