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Disentangling the response of fishes to recreational fishing over 30 years within a fringing coral reef reserve network

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Abstract

Few studies on the effects of recreational fishing in isolation from commercial fishing exist. We used meta-analysis to synthesise 4,444 samples from 30 years (1987-2017) of fish surveys inside and outside a large network of highly protected reserves in the Ningaloo Marine Park, Western Australia, where the major fishing activity is recreational. Data were collected by different agencies, using varied survey designs and sampling methods. We contrasted the relative abundance and biomass of target and non-target fish groups between fished and reserve locations. We considered the influence of, and possible interactions between, seven additional variables: age and size of reserve, one of two reserve network configurations, reef habitat type, recreational fishing activity, shore-based fishing regulations and survey method. Taxa responded differently: the abundance and biomass inside reserves relative to outside was higher for targeted lethrinids, while other targeted (and non-targeted groups) were indistinguishable. Reef habitat was important for

50 explaining lethrinid response to protection, and this factor interacted with reserve size, such that larger
51 reserves were only demonstrably more effective in the back reef and lagoon habitats. There was little
52 evidence of changes in relative abundance and biomass of fishes with reserve age, or before and after
53 rezoning and expansion of the reserve network. Our study demonstrates the complexities in quantifying
54 fishing effects, highlighting some of the key factors and interactions that likely underlie the varied results to
55 date in reserve assessments that should be considered in future reserve design and assessment.

56 **Keywords**

57 Marine protected area; MPA; fisheries; coral reef; Ningaloo; adaptive management; recreational fishing;
58 *Lethrinus*
59

60 **1. Introduction**

61 Anthropogenic activities continue to expand worldwide, particularly in the tropics, threatening natural
62 systems and the ecosystem services they provide (Barlow *et al.*, 2018). As a result, ‘protected areas’ that
63 seek to balance extractive activities with other socio-ecological values are increasingly being used to
64 manage terrestrial and marine systems (Jenkins & Joppa, 2009; Sala *et al.*, 2018). Many studies have
65 assessed the conservation effects of marine reserves (reviewed by Mosquera *et al.*, 2000; Russ, 2002),
66 including quantitative syntheses of regional and global studies, with most finding higher abundance and size
67 of targeted species within reserve boundaries in the case of ‘no-take’, or highly protected reserves (Lester *et al.*,
68 2009). The large majority of these findings are from regions with commercial fisheries, and less is
69 documented about the impacts of recreational fisheries, despite several studies flagging the potentially high
70 impacts of these fisheries (McPhee *et al.*, 2002; Coleman *et al.*, 2004; Cowx & Cooke, 2004; Lewin *et al.*,
71 2006). No-take reserves are a key tool for assessing the impacts of fishing (Ballantine, 2014) and while there
72 are a handful of empirical studies that have demonstrated the effects of fishing, using inside outside
73 comparisons, on targeted invertebrates (Shears *et al.*, 2006; Babcock *et al.*, 2007) and finfish (Denny *et al.*,
74 2004) a comprehensive assessment including reserves with different characteristics over long time frames is
75 lacking. The magnitude of differences inside to outside reserves has been correlated with their design, in
76 particular size and age, with larger and older reserves typically resulting in greater abundance and/or size of
77 targeted fishes than reserves that are smaller or newly established (Claudet *et al.*, 2008; Edgar *et al.*, 2014).
78 The effects of reserves vary among biomes, locations and taxa of interest (Côté *et al.*, 2005; Claudet *et al.*,
79 2010; Mora & Sale, 2011) and there are examples of reserves having negligible effects on targeted fish
80 communities (McLaren *et al.*, 2015). In addition to size and age of reserves, explanations for this variability
81 include high levels of cross-boundary movement by fishes (Pillans *et al.*, 2014) and minimal to no difference
82 in fishing activity across no-take and fished areas due to accessibility and/or non-compliance by fishers
83 (Bergseth *et al.*, 2017), all of which make disentangling the true effects of fishing more complicated.

84
85
86 Ideally assessments of the influence of reserves are based on replicated studies across multiple comparable
87 reserves with long time series of biological data before and after reserve establishment (Underwood, 1993;
88 Russ, 2002; Osenberg *et al.*, 2011). Yet such data are typically beyond the scope of single research
89 programs, necessitating the integration of multiple datasets. ‘Adaptive management,’ involving changes to
90 the number, size or boundaries of reserves in response to new scientific information, changes in fishing
91 pressure or changing social attitudes (McCook *et al.*, 2010) further complicates long-term assessments.
92 Ongoing improvement of ecological sampling methods and technologies has resulted in new survey methods
93 being introduced to monitoring (Goetze *et al.*, 2015): video based methods (baited remote underwater video
94 (BRUV) and diver operated video (DOV)) are now commonly used alongside or in place of the previously
95 more common underwater visual census (UVC) (Mallet & Pelletier, 2014). Therefore, evaluations of
96 reserves that have long-term datasets must have the capacity to incorporate and evolve with changes in
97 reserve design and survey methods (Claudet & Guidetti, 2010). Other factors, including differences in
98 habitat and benthic structure, have been shown to affect outcomes of reserve evaluation (Miller & Russ,
99 2014; Rees *et al.*, 2018b) and while these factors have been studied independently, few assessments consider
100 multiple factors simultaneously, including possible interactions (Edgar *et al.*, 2014). Differences in fishing
101 pressure outside of reserves will also directly impact inside to outside comparisons, yet data that quantify
102

103 localised variation in fishing activity at the scale of marine parks and typical reserve networks are rarely
104 available (Lewin *et al.*, 2006).

105
106 Here, we synthesise a unique 30 year dataset from within a multiple-use marine park at Ningaloo Reef,
107 Western Australia. The type of fishing activity at Ningaloo Reef (almost exclusively recreational) in
108 combination with a highly protected and regulated network of reserves that have undergone significant
109 expansion during the study period, offers the opportunity to advance on previous studies and inform on the
110 potential impacts of recreational fisheries. We integrate data from numerous agencies with varied survey
111 designs and methods, and therefore use a meta-analytical approach to compare the abundance and biomass
112 of select targeted and non-targeted tropical reef fish inside reserves with adjacent fished areas. We tested
113 two hypotheses: (1) the relative abundance/biomass of targeted fish taxa will be greater inside reserves than
114 outside due to recreational fishing activity; and (2) the observed relative abundance and biomass will vary
115 with survey method, age and size of reserve, spatial variability in fishing activity (including shore-based
116 fishing) and/or habitat. Our study offers four main novelties. First, the effect of recreational fishing on
117 targeted species is assessed in isolation from commercial fishing. Second, we explicitly consider potential
118 interactions between variables. Third, the influence of changes in the reserve network are considered in the
119 context of the increasingly common adaptive management. Fourth, we consider the influence of shore-based
120 fishing, which has rarely been investigated. We therefore provide advances on previous work that are of
121 importance for future planning and assessment of protected areas.

122 123 124 **2. Material and methods**

125 126 *2.1 Study region*

127 Data for this study are from the Ningaloo Marine Park (NMP) on the western Australian coastline (22°S,
128 113°E; Fig. 1). The Park covers the majority of Ningaloo Reef (a World Heritage site) which is a fringing
129 coral reef almost 300 km in length. The reef encompasses a sheltered lagoon that is highly accessible by
130 shore-based fishers and those operating recreational vessels (Smallwood & Beckley, 2012). Despite a
131 relatively small permanent human population, this area is a popular tourism destination for recreational
132 fishers (Sumner *et al.*, 2002; Smallwood & Beckley, 2012; Mitchell *et al.*, 2018). There have not been any
133 major commercial fishing activities within the marine park since the 1970s, (for summary see pg. 78, CALM
134 (2005) and pg. 70, DPIRD (2017)). Recreational spearfishing has additional restrictions of varying degrees
135 outside of the reserves, with spearfishing prohibited along a 70km stretch of coast between Tantabiddi Well
136 and Winderabandi Point, and spearfishing for Labridae and Serranidae prohibited throughout the Park
137 (DPIRD, 2018) (Fig. 1).

138
139 A network of eight no-take marine reserves was established as part of the Park in April 1987 to cover 10%
140 of the total marine park area ~22,400 ha, (Fig. 1a) (CALM, 1989). In 2005, the majority of the existing eight
141 reserves were expanded in size and 10 new reserves were added (Fig. 1b), increasing the reserve coverage to
142 88,365 ha (34% of the NMP). At the same time, three reserves, covering 1,929 ha, were established as a part
143 of the 28,616 ha Muiron Islands Marine Management Area (MIMMA), immediately adjacent to the northern
144 boundary of the NMP (CALM, 2005). Together, the NMP and MIMMA form a continuous network
145 (CALM, 2005). There is some variation in the regulations along the boundaries of the 21 current reserves,
146 complicating terminology and analysis, with eight reserves allowing shore-based fishing from their coastal
147 boundaries (Appendix A, CALM, 2005). According to recent classifications of marine reserves, the two
148 forms of reserves in the present study, those with shore-based fishing prohibited and those where it is
149 allowed, would classify as Fully Protected Areas and Highly Protected Areas, respectively (Horta e Costa *et al.*
150 *et al.*, 2016), both of which would be expected to provide protection for fished species (Zupan *et al.*, 2018).
151 We explicitly include consideration of the effect of shore-based fishing in our analyses.

152 153 *2.2 Survey data*

154 Data from all major research and monitoring programs surveying fish in the NMP over the last 30 years
155 (1987 – 2017) were collated (Appendix B) to create a very large synthesis of information. Locations of

156 individual samples are given as Appendix C. Three different survey methods were used to census fish:
157 Baited Remote Underwater stereo-Video (BRUV), Diver Operated stereo-Video (DOV) and Underwater
158 Visual Census (UVC) (Langlois *et al.*, 2010; Murphy & Jenkins, 2010). The majority (90%) of surveys also
159 estimated the length of fish (an *in situ* estimate of total length for UVC, and fork length measured from
160 stereo-video for DOV and BRUV), which allowed estimates of biomass using formulae from FishBase
161 (Froese, 2018) (Appendix B).
162

163 Data were organised hierarchically with a sample (individual UVC or DOV transect or a BRUV
164 deployment) being the lowest level of replication. Samples were classified to the next hierarchical level and
165 termed a ‘comparison pair’, based on the criteria: (i) that there were at least two samples inside and two
166 samples outside a given reserve, (ii) these samples were collected within 2 weeks of each other, (iii) samples
167 were collected more than 200 m from within or outside of the reserve boundaries (excluding one reserve, the
168 small size of which meant this was not a logical rule), (iv) samples were collected using the same survey
169 method within one of four *habitat* categories (see Table 1). Data satisfying these conditions consisted of
170 4,444 samples classified into 305 relative abundance comparison pairs and 3,892 samples classified into 268
171 relative biomass comparison pairs. These data covered seven of the initial eight reserves and 16 of the 21
172 current reserves (Appendix B).
173

174 2.3 Fish groups

175 We consider three main fish groups common at Ningaloo Reef, at family or subfamily and species level
176 (Appendix D) which differ in terms of their behaviour and representation in fisheries catch reports. This
177 included: parrotfishes (Scarinae), which are not typically targeted by fishers in Australia, and two groups
178 which are highly targeted by recreational fishers in the region (Ryan *et al.*, 2013; Ryan *et al.*, 2015) that
179 have different behaviours; emperors (Lethrinidae; mobile roving predators) and groupers (Epinephelinae;
180 mostly site-attached ambush predators). Previous work has indicated both Epinephelinae and Lethrinidae are
181 vulnerable to fishing and many species in both subfamilies are targeted across the Indo-Pacific (Abesamis *et al.*
182 *et al.*, 2014). Species level analyses included two species from Lethrinidae: the spangled emperor, *Lethrinus*
183 *nebulosus*, which is recognised as the most highly targeted species in the region, consistently featuring at the
184 top of the estimated catch for the bioregion over the 30-year study period, and the yellow-tailed emperor, *L.*
185 *atkinsoni*, a species that is anecdotally retained by fishers and featured as the 6th most common species
186 recorded in the 1998/9 catch survey, but was a minor component in subsequent surveys (Sumner *et al.*,
187 2002; Ryan *et al.*, 2013; Ryan *et al.*, 2015). The Chinaman Rockcod, *Epinephelus rivulatus* (Epinephelinae)
188 was also considered, with catches comparable to those of *L. nebulosus* across the catch reports (Ryan *et al.*,
189 2013; Ryan *et al.*, 2015). Individual species were not considered from the Scarinae subfamily due to
190 inconsistencies in the accuracy of identification of species from this family.
191

192 2.4 Meta-analysis

193 We used a mixed-effects meta-analytical approach to assess the effect of the reserves on fish abundance and
194 biomass. We calculated effect sizes as log-ratios for each of the comparison pairs inside to outside the
195 reserves (Claudet *et al.*, 2008) (see Appendix E for formulas). A constant was added to the mean abundance
196 ($c=0.5$) and mean biomass ($c=100$ g) to allow calculation of the log ratio in cases where fish were absent
197 either inside or outside (i.e. zero values). We ran a sensitivity analysis on the value of the constant
198 (Appendix F) to determine an appropriate value. The size of the constant impacted the magnitude of the
199 effect size, but in general did not influence the significance. Nonetheless, the exact magnitude of the overall
200 effect size should be interpreted with caution. In cases where both the inside and outside mean count were
201 zero, the samples were excluded from the analysis. Effect sizes were weighted by the inverse of the sum of
202 the within- and among-study variances (Appendix E). Weighted effect sizes and variances were calculated
203 using the *metafor* package (Viechtbauer, 2010) in the statistical program R (R Core Team, 2017) with the
204 variance estimator set to “REML,” restricted maximum likelihood estimator. Overall effect sizes were
205 comparable for both abundance and biomass and for simplicity we presented the abundance results as these
206 were available for a larger dataset, providing biomass results in Appendix H.
207

208

209

2.5 Sources of variability

210 We considered seven variables that might mediate the response of fish abundance and biomass to the
 211 presence of the reserves (Table 1): (i) the number of years between when a sample was collected and when
 212 the zoning went into place; (ii) initial or current zoning scheme (see Figure A1); (iii) survey method; (iv)
 213 four coarse *habitats* with distinct coral and algae assemblages: ‘exposed reef slope’, ‘reef flat’, ‘back reef &
 214 lagoon coral’, and ‘lagoon algae’; (v) spatial area of a reserve; (vi) an estimate of fishing pressure outside of
 215 individual reserves; (vii) on the presence of shore-based fishing zones adjacent to some reserves. Data were
 216 explored following the protocol of Zuur *et al.* (2010) and transformed to normalise their distribution where
 217 appropriate (see Table 1).

218 As all effect sizes were heterogeneous (Appendix G), we first explored the influence of the seven variables
 219 using weighted mixed-effects categorical meta-analyses and meta-regression, considering each variable as a
 220 moderator in isolation to determine which variables explained significant heterogeneity in the overall effect
 221 size (see Appendix E for formulas). We also investigated *reserve identity* to allow comparison between
 222 individual reserves. Given there were correlations among the variables and potential interactions and non-
 223 linear effects, we used weighted full-subsets generalised additive mixed modelling (*FSSgam*) (Fisher *et al.*
 224 2018 A simple function for full- subsets multiple regression in ecology with R. *Ecology and Evolution*) to
 225 investigate the relative importance of each variable in explaining variability in the overall effect size for
 226 each fish group. The response variable, effect size e , was modelled with a Gaussian distribution using *gam()*
 227 in the *mgcv* package in R (Wood, 2011). *Years protection* and *boat fishing* were included as continuous
 228 smoothers in the *FSSgam* to allow for non-linear relationships. The distribution of *reserve size* was not much
 229 improved by transformation and $\sqrt{\text{reserve size}}$ was therefore included in the model set as a linear
 230 predictor. *Reserve identity* was highly collinear with other variables (in particular *reserve size*), and
 231 therefore, rather than including this as a random effect, a smoother of the mean *latitude* of comparison pairs
 232 was included in all models (and as part of the null model). This yielded comparable results to including
 233 *reserve identity* as a random effect. Interactions between factor variables *habitat* and *shore fishing* and the
 234 continuous variables *reserve size* and *years protection* were tested. In all models the smoothing parameter
 235 was limited to a simple spline, allowing only monotonic relationships ($k=3$) for all continuous variables
 236 except for *latitude*, which was unlimited. Summed AICc weights were used as a metric of variable
 237 importance to investigate the relative importance of each predictor variable across the full set of models
 238 (Anderson & Burnham, 2002). Variables included in the most parsimonious model (fewest variables and
 239 lowest estimated degrees of freedom within two units of the AICc) were plotted to visualise the shape and
 240 direction of relationships between the variables and the effect size. We interpret results of variable
 241 importance and the top models with caution and consider the results of the mixed-effects meta-analyses and
 242 meta-regression alongside the results of the *FSSgam*.
 243

244 Lastly, given the importance of temporal patterns in investigations of protected areas, we explicitly
 245 investigate data from the Osprey reserve (see Fig. 1), the best temporally replicated reserve in the dataset.
 246 Using available and relatively consistently collected UVC and DOV data we estimated mean fish density as
 247 count per transect area. We tested for significant linear and quadratic relationships and fitted generalised
 248 additive mixed models between the density of *L. nebulosus* and survey year.
 249

250

3. Results

251 When compared to areas open to fishing, Lethrinidae were on average 57% more abundant (78% more
 252 biomass) inside the reserves ($e = 0.45 \pm 0.12$, 95% CI, Fig. 2a), however the effect was heterogeneous ($Q_T =$
 253 2002.6 , $df = 301$, $p < 0.001$, Table G1). The most parsimonious model for Lethrinidae abundance consisted of
 254 an interaction between *habitat* and *reserve size* (Table 2), with the same true for biomass (Appendix H). The
 255 categorical meta-analysis supported the importance of *habitat* for relative abundance; showing it explained
 256 significant heterogeneity among effect sizes ($Q_M = 39.5$, $df = 3$, $p < 0.001$, Table G2) with the most positive
 257 effect identified in *back reef & lagoon coral* sites with an average of 93% more Lethrinidae inside the
 258 reserves ($e = 0.66 \pm 0.14$, 95% CI) (Fig. 2a, Fig. G1) in this habitat. On the *reef flat* Lethrinidae were 53%

259 more abundant inside the reserves ($e = 0.42 \pm 0.32$, 95%CI) while there was no significant effect on the
260 *exposed reef slope* and a negative effect in the *lagoon algae* habitat (Fig. G1). The interaction of *reserve size*
261 and *habitat* was evident as an increase in effect size with increasing *reserve size* in the *back reef & lagoon*
262 *coral* habitat versus no clear trends in the other habitats.

263
264 *Lethrinus nebulosus* were on average 42% more abundant (86% more biomass) inside reserves than outside
265 ($e = 0.35 \pm 0.15$, 95%CI, Fig 2a). The effect was heterogeneous ($Q_T = 1971.1$, $df = 256$, $p < 0.001$, Table G1).
266 The most parsimonious model included the interaction between *habitat* and *reserve size* with these two
267 variables also having the highest variable importance across the full-subsets model set (Table G3, Fig. 2b).
268 The same was true in the biomass analysis (Appendix H). *Habitat* explained significant heterogeneity for
269 relative fish abundance ($Q_M = 32.5$, $df = 3$, $p < 0.001$, Table G2) and *L. nebulosus* were on average 84% more
270 abundant within *back reef & lagoon coral* sites inside the reserves ($e = 0.61 \pm 0.17$, 95%CI), whereas no
271 differences were observed for the *reef flat* or *exposed reef slope* sites and a negative effect was observed for
272 *lagoon algae* sites (Fig. G1). As for Lethrinidae, the interaction of *reserve size* and *habitat* was evident by
273 an increase in the effect size with increasing *reserve size* in the *back reef & lagoon coral* habitat and no clear
274 effects in the other habitats.

275
276 On average, the abundance of *L. atkinsoni* was 40% more abundant (60% more biomass) inside reserves
277 than outside ($e = 0.34 \pm 0.09$, 95%CI). The effect was heterogeneous ($Q_T = 1739.7$, $df = 279$, $p < 0.001$, Table
278 G1). The most parsimonious model included *zoning scheme* and *method*, which also had the highest
279 importance according to weighted AICc. These two variables explained significant heterogeneity according
280 to the categorical mixed-effects meta-analyses. Predictions indicated that the BRUV *method* contributed the
281 most to the positive effect size of *L. atkinsoni* (Fig. 3c), though this was not significant, nor were the
282 differences between initial and current zoning, showing a slightly higher effect size from the older zoning
283 scheme. Multiple variables explained significant heterogeneity for *L. atkinsoni* according to the categorical
284 meta-analysis and the meta-regression (Table G2), including *habitat* ($Q_M = 14.6$, $df = 3$, $p < 0.001$, Table G2).
285 *Reef flat* sites had 94% higher abundance, ($e = 0.66 \pm 0.26$, 95%CI) and *back reef & lagoon coral* sites 43%
286 higher abundance ($e = 0.36 \pm 0.12$, 95%CI) inside the reserves. There were no significant effects for the other
287 habitats (Fig. G1). The biomass analysis for *L. atkinsoni* indicated that *years protection* may interact with
288 *habitat*, and that on the reef flat the effect size was higher and showed a parabolic pattern with *years*
289 *protection* (Fig. H2).

290
291 The effect size for Epinephelinae abundance was significantly negative with 9% fewer fishes inside than
292 outside the reserves ($e = -0.09 \pm 0.08$, 95%CI), although this result was heterogeneous ($Q_T = 1125.7$, $df =$
293 276 , $p < 0.001$, Table G1). Variable importance scores showed no variables with high importance relative to
294 the Lethrinidae and *L. nebulosus* model sets. *Reserve size* and *years protection* were present in the most
295 parsimonious model, while for the biomass it was *method* and *boat fishing* (Appendix H). There were weak
296 increasing trends for both *reserve size* and *years protection*, however the lack of strongly important or
297 consistent variables in these model sets means the results should be interpreted cautiously.

298
299 On average there was no significant difference inside to outside the reserves for *E. rivulatus* abundance ($e =$
300 -0.06 ± 0.09 , 95%CI), though the effect was heterogeneous ($Q_T = 477.3$, $df = 166$, $p < 0.001$, Table G1).
301 *Zoning scheme* and *boat fishing* had the highest variable importance across the model set and featured in the
302 most parsimonious model. The effect size transitioned from no effect for low boat fishing activity, to a
303 positive effect when there was high boat fishing activity, but the confidence intervals did not show this trend
304 to be significant. The initial reserve network (in place longer) had a more positive effect than the newer
305 reserves, but again this was not significant (Fig. 3e).

306
307 The control fish group, Scarinae, showed no significant difference inside to outside the reserves ($e = -$
308 0.01 ± 0.11 , 95%CI) and this effect was heterogeneous ($Q_T = 1701.1$, $df = 260$, $p < 0.001$, Table G1). All
309 variables had low importance according to AICc (Fig 2b, Table 2) and while *boat fishing* and *shore fishing*
310 appear in the most parsimonious model we interpret this with caution. In the biomass analysis *habitat* made
311 up the most parsimonious model (Appendix H).

312
313 In the full-subsets analysis *reserve size* and *habitat* appeared with the highest variable importance (for
314 Lethrinidae and *L. nebulosus*) while other variables - survey method, years protection, zoning scheme and
315 shore fishing - had low importance across all six fish groups. In many cases the heterogeneity statistics from
316 the mixed-effect meta-analysis models supported the findings of the full-subsets analysis, but for some
317 variables such as shore fishing, the meta-analysis indicated this variable explained significant heterogeneity
318 for all fish groups, except for *L. nebulosus*, while the full-subsets gave this variable low relative importance.
319

320 The temporal investigation of effect sizes for the most highly targeted fish, *L. nebulosus*, at Osprey reserve
321 gave results that generally confirmed what was found in the full meta-analysis for *L. nebulosus*, showing
322 effect sizes that are mostly positive though time, with higher abundance and biomass inside than outside
323 (Fig 4). There were not show strong or significant patterns with time, except for the abundance density
324 outside of the reserve, which had a significantly negative linear trend ($P=0.032$). Generalised additive model
325 fits indicate that, particularly in the latter half of the study period, both abundance and biomass may have
326 declined both inside and outside the reserve, while there is some indication that abundance initially
327 increased inside of the reserve following establishment. However, confidence in these trends is low and the
328 gam fits were not statistically different from null models (except for abundance density outside the reserve,
329 $P = 0.048$).
330
331

332 4. Discussion

333 Across the 30 year synthesis higher abundance and biomass of certain targeted fish taxa inside the reserves
334 suggests that recreational fishing can have significant effects in isolation from commercial harvest, as also
335 shown in some previous studies (Denny *et al.*, 2004; Shears *et al.*, 2006; Babcock *et al.*, 2007). We found
336 the extent of this effect was variable among targeted taxa and influenced by a range of other factors. While
337 our analyses revealed higher relative abundance and biomass of lethrinids (*Lethrinus nebulosus* and *L.*
338 *atkinsoni*) inside reserves, no significant effect was found for the abundance of *Epinephelus rivulatus*, and a
339 small negative effect was detected for the epinephelids as a group. All effects were heterogeneous, which
340 was not surprising given the size and complexity of the synthesised dataset (including differences in size and
341 age of reserves) and given that fish responses to reserves are known to vary with taxon-specific, ecological
342 and zoning factors (Barrett *et al.*, 2007; Claudet *et al.*, 2010; Edgar *et al.*, 2014). Here we advance previous
343 findings with the largest meta-analysis on recreational fishing in isolation from commercial fishing,
344 illustrating the new information that can be gained from synthesising existing data, though we do not
345 discount the advantages of strategic and consistent monitoring data. We show that it is important for
346 assessments of reserves to take into account habitat effects, and potential interactions with factors such as
347 reserve size or age, as well as variability in fishing activity, or differences in survey method in order to avoid
348 oversimplified conclusions on how fish abundance and biomass respond to management.
349

350 Recreational fishing, specifically angling, is the only major fishing activity within the marine park. Some
351 previous studies in the Park have linked higher abundance and biomass of targeted species inside reserves to
352 protection from fishing (Westera, 2003; Babcock *et al.*, 2008; Fitzpatrick *et al.*, 2015); though results of
353 other studies are more equivocal (Wilson *et al.*, 2012; Wilson *et al.*, 2018a). The reasons behind the
354 disparate conclusions are unclear, but may be due to limited and/or varied spatial and temporal scales of the
355 individual studies, different survey methodologies, the confounding influence of habitat, or high variability
356 in target species abundance distributions. We also investigated the regulations on shore-based fishing on the
357 coastal boundaries of reserves, with the hypothesis that this may influence the ability of the reserves to
358 maintain higher abundance and biomass of fishes. There were mixed results with the full-subsets analysis
359 indicating this variable had low importance, while the meta-analysis showed it did explain significant
360 heterogeneity, and indicated effect sizes were larger (though not significantly) when shore fishing was
361 prohibited. However, this factor was likely correlated with other variables not available in the present study,
362 such as accessibility to reserves, which would influence our ability to test this hypothesis. High correlation
363 between fish recruitment and larger natural cycles (El Niño Southern Oscillation) has also been suggested as
364 a reason for inconsistencies in fishes response to reserves (Wilson *et al.*, 2018b). In the present study we

365 found high variability in the relative fish abundances of lethrinids among the different reserves, which can at
366 least partly account for the varied conclusions of previous studies at smaller spatial scales (Fig. G2).
367 Nonetheless, when all data were pooled the average effect was clearly positive for abundance and biomass
368 of the three lethrinid groups. The magnitudes of the positive effects were small (max 57% higher inside)
369 relative to studies in other parts of the world (Watson & Ormond, 1994; Russ *et al.*, 2015). A significant
370 positive response for *L. atkinsoni* (40% higher), similar to that of *L. nebulosus* (42%) was not expected,
371 given *L. atkinsoni* does not feature highly in catch reports (Ryan *et al.*, 2017), suggesting it may be more
372 susceptible to recreational angling that previously recognised.

373
374 Known differences in behaviour between lethrinid and serranid taxa did not correlate with their response to
375 reserves as expected. Lethrinids are known to have large home ranges relative to many epinephelids,
376 including *E. rivulatus*, and are therefore more likely to move across reserve boundaries (Mackie & Black,
377 1999; Pillans *et al.*, 2014; Babcock *et al.*, 2017), with the expectation that they may experience lower levels
378 of protection than epinephelids. However, we only observed positive responses for the lethrinids. It is
379 possible that higher counts of lethrinids than epinephelids in the dataset may have reduced the power to
380 detect an effect in the latter group, or there are other factors that have not been captured in our analyses.

381
382 The age of no-take reserves has been shown to be a significant positive correlate of relative fish abundance
383 for targeted species (Claudet *et al.*, 2008; Edgar *et al.*, 2014; Zupan *et al.*, 2018) and demonstrated increases
384 in effect size with time help attribute positive effect sizes to the presence of a protected area, rather than
385 other factors (Russ *et al.*, 2015). In the present study there was negligible evidence of changes in effect sizes
386 with age of reserve. Where relationships were present, the shape of the trend was generally parabolic,
387 showing an increase initially, before subsequent decrease around 2005, though no relationships were
388 significant. This was supported by examining data for *L. nebulosus*, from the best temporally replicated
389 reserve, Osprey, where again no clear temporal patterns were found. Potentially of concern for managers
390 was the significantly negative decline in *L. nebulosus* density outside of the Osprey reserve, and a slight
391 increase followed by a decrease inside this reserve. However the confidence intervals on all temporal
392 patterns were large. These findings are in contrast with previous studies, for example Russ *et al.* (2015)
393 showed lethrinids continued to increase in density inside reserves in the Philippines on time scales of 8-30
394 years. In the present study rezoning in 2005 made temporal analyses more complex, though by including
395 zoning scheme as a variable we partly addressed this. Effect sizes were not strongly influenced by this
396 variable, implying that the effect sizes were broadly consistent across the initial and current reserve
397 networks. Where zoning scheme did feature for *L. atkinsoni*, the older reserves had a more positive effect, as
398 expected.

399
400 The absence of a strong temporal link with effect size must be considered when interpreting the positive
401 effect sizes, however there are various factors which may have contributed to the absence of a strong
402 relationship. First, while there is limited evidence of a reduction in fishing activity within the Park (Ryan *et al.*,
403 2015, 2017) a shift in fishing activity to areas offshore (>100m depth) (West *et al.*, 2015; Mitchell *et al.*,
404 2018), which are not part of the current survey data, is likely. Second, the mobile behaviour of lethrinid
405 fishes may be capping the levels of the observed effect size, if a proportion of their population is travelling
406 further than the reserve boundaries. Pillans *et al.* (2014) found that approximately 60% of lethrinid
407 individuals move at scales greater than the average reserve size over a year period. Third, illegal fishing
408 within the reserves may also limit a temporal increase in effect size, as Smallwood and Beckley (2012)
409 found 8-12% of observed vessels were fishing inside reserves in the Park in 2007. Fourth, we do not
410 discount that the unevenness of sampling though time, with some years being more highly sampled than
411 others (Fig. B2) potentially influenced our capacity to detect a trend if it were present. The analysis of *L.*
412 *nebulosus* density at Osprey showed that the temporal patterns inside and outside reserves can be complex
413 and not always captured by the overall effect size. Parallel declines or increases in density occurring both
414 inside and outside are masked from the effect size, and such declines have been observed in other fisheries
415 closures on the western Australian coast (Bornt *et al.*, 2015).

416

417 Though our study only had a very coarse level of habitat classification available, our results support
418 previous studies (Miller & Russ, 2014; Rees *et al.*, 2018a; Rees *et al.*, 2018b), showing the importance of
419 habitat when assessing the ability of reserves to support target species abundance. We further demonstrate
420 interactions between habitat and reserve size, showing that conclusions on both the magnitude and direction
421 (positive or negative) of observed effects for the relative abundance of Lethrinidae and *L. nebulosus* are
422 influenced by this interaction. In the case of *L. atkinsoni* biomass we also found an interaction between
423 habitat and reserve age, though the models were not as strong. Previous studies have demonstrated the
424 positive influence of larger and older reserves (Halpern & Warner, 2002; Claudet *et al.*, 2008; Edgar *et al.*,
425 2014; Zupan *et al.*, 2018), however the interaction with habitat has not previously been explored.
426 Furthermore, it is noteworthy that effect sizes were greatest in the *back reef & lagoon coral* habitat for *L.*
427 *nebulosus*, while for *L. atkinsoni*, the effect was greatest on the *reef flat*, a result that may be attributed to
428 these habitats being preferred by the adults of each species respectively (Babcock *et al.*, 2008; Wilson *et al.*,
429 2017). This is important when considering potential changes to habitat inside or outside of reserves, as Russ
430 *et al.* (2015), showed that changes in benthic habitat due to disturbance could markedly influence the effect
431 of reserves for lethrinids. We advise that reserves must incorporate adequate amounts of the essential
432 habitats of the species or communities they are designed to protect, and assessment of reserve effectiveness
433 must account for possible interactions between habitat and reserve size and age.

435 While habitat was particularly important for the lethrinid groups, it was not found to be an important
436 predictor for Epinephelinae or *E. rivulatus*. Again, this was contrary to expectations given the often high site
437 fidelity of Epinephelinae (Mackie & Black, 1999). However, the relatively coarse habitat classification
438 available for our analyses likely did not adequately capture the habitat requirements for this group. Previous
439 work has shown *E. rivulatus* is strongly associated with macroalgal habitats at Ningaloo Reef (Wilson *et al.*,
440 2012) but that variability in the quality of macroalgal habitats can be substantial and have major implications
441 for fish abundance (Fulton *et al.*, 2014; Wilson *et al.*, 2014; Lim *et al.*, 2016). Furthermore, Beckley and
442 Lombard (2012) found that deeper habitats seaward of the reef have relatively lower spatial protection from
443 recreational fishing, despite these habitats potentially supporting a high biomass of epinephelids (Babcock *et al.*,
444 2008). It is thus plausible that habitats outside of the reserves were more appropriate for Epinephelinae,
445 particularly prior to re-zoning in 2005, which could explain the overall negative and null effects for these
446 groups. A much better understanding of the habitat requirements, electivity and movement across seascapes
447 by targeted taxa and appropriate 'micro-habitat' classifications are needed to more fully understand these
448 results.

449
450 Where the boat fishing variable appeared in models for *E. rivulatus*, there were subtle positive trends in
451 effect size as fishing activity increased, i.e. where boat fishing was most prevalent the effect size was
452 greater. Our metric for fishing activity is unlikely to be representative across the 30 years of data, as it was
453 an estimate from 2007 (Smallwood & Beckley, 2012), yet still showed some importance. We think this is a
454 particularly important factor when assessing reserves, as variability in fishing activity (spatially and
455 temporally) makes it very difficult to disentangle the true effect of the reserves if this variability is not
456 quantified. We suggest that finer-scale spatiotemporal data on the pressures outside, and indeed inside, of
457 reserves would clarify reserve assessments, both in the case of the present study but also more generally in
458 any assessment of spatial protection. In the case of marine reserves, quantitative standardised data on fishing
459 activity at the scale of individual reserves should be prioritised alongside the collection of ecological data.

460
461 Synthesizing data from multiple survey methods leads to larger datasets, and the advent of video-based
462 methods in the last decades (e.g. BRUV and DOV) has increased the diversity of methods used to monitor
463 fish. Contrary to expectations, in general, survey method did not strongly influence the effect size. The
464 strongest effect sizes (Lethrinidae and *L. nebulosus*) were consistently detected regardless of the survey
465 method. *L. atkinsoni* exhibited a more positive effect when surveyed by remote video as compared to diver-
466 based methods, which may be partly explained by fish behaviours associated with both the attraction to bait
467 and avoidance of divers (Watson *et al.*, 2005; Goetze *et al.*, 2015), particularly on SCUBA (Radford *et al.*,
468 2005). On balance, we did not distinguish a single survey method as optimal, and in most cases it was
469 appropriate to compare data from the three methods for the effect size calculation. This is likely possible

470 because of the nature of our effect size, which, as a ratio, is more robust to different units of measurement.
471 However, this cannot provide the same level of information as standardised temporal data on fish density
472 inside to outside, as shown by density patterns inside and outside at Osprey, underlying the overall effect
473 size for this reserve. We therefore suggest that monitoring programs should prioritise resurveying existing
474 monitoring sites with comparable methodology to build more robust time-series data, else adopt the
475 method(s) that are best suited to surveying the taxa of interest.

478 5. Conclusions

479 There were two major challenges in addressing the aims of this study. The first stemmed from the nature of
480 the available data, as while we showed that new information can be gained from collaboration and the
481 synthesis of disparate data, a lack of consistent temporal data meant it was not possible to understand the
482 temporal changes to the fish populations. This was demonstrated by some complex trends in the estimated
483 fish density inside and outside the Osprey reserve that underlay the overall effect size. Therefore, the value
484 of consistent monitoring across time and space is unequivocal, particularly given a likely increase in
485 adaptive management complicating temporal assessments. Indeed at Ningaloo, a new Australian Marine
486 Park, in commonwealth waters directly seaward of the Ningaloo Marine Park of the present study has
487 recently been implemented (1/1/18). Our findings suggest that consistent monitoring, producing data that
488 can be compared to that of the present study should be implemented for this new Park. The second challenge
489 was explored by Underwood (1995), who argued that ecological research can better aid management if
490 management interventions are treated as testable hypotheses. No-take marine reserves can provide
491 experiments with which to test hypotheses regarding the effects of fishing (Ballantine & Langlois, 2008).
492 However, our study has highlighted that variability in 'experimental design,' resulting from a range of
493 complexities including spatial and temporal variability in fishing activity, shore fishing zones adjacent to no-
494 takes areas and modifications to reserve design over time, make determining the long-term outcomes of
495 these experiments. We suggest that in order to best analyse across such complicated experimental designs it
496 is necessary to account for (i) habitat; (ii) potential interactions between habitat and reserve size and age;
497 and (iv) variability in fishing activity outside of reserves and compliance inside reserves. Regarding the last
498 point, integration of the collection of fishing activity data with the collection of ecological data is likely to
499 help interpret the true effects of reserves. The two are clearly intertwined and having data on both the
500 pressure and the response is essential for holistic assessments of the efficacy of spatial management
501 interventions.

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Appendices

Appendix A – Additional information on individual reserves and rezoning

Appendix B – Data summary

Appendix C – Geographic locations of individual surveys

Appendix D – Information on fish groups

Appendix E – Formulas used for calculating effect sizes

Appendix F – Sensitivity analysis for cases of one-armed zero events

Appendix G – Meta-analysis statistics

Appendix H – Biomass results

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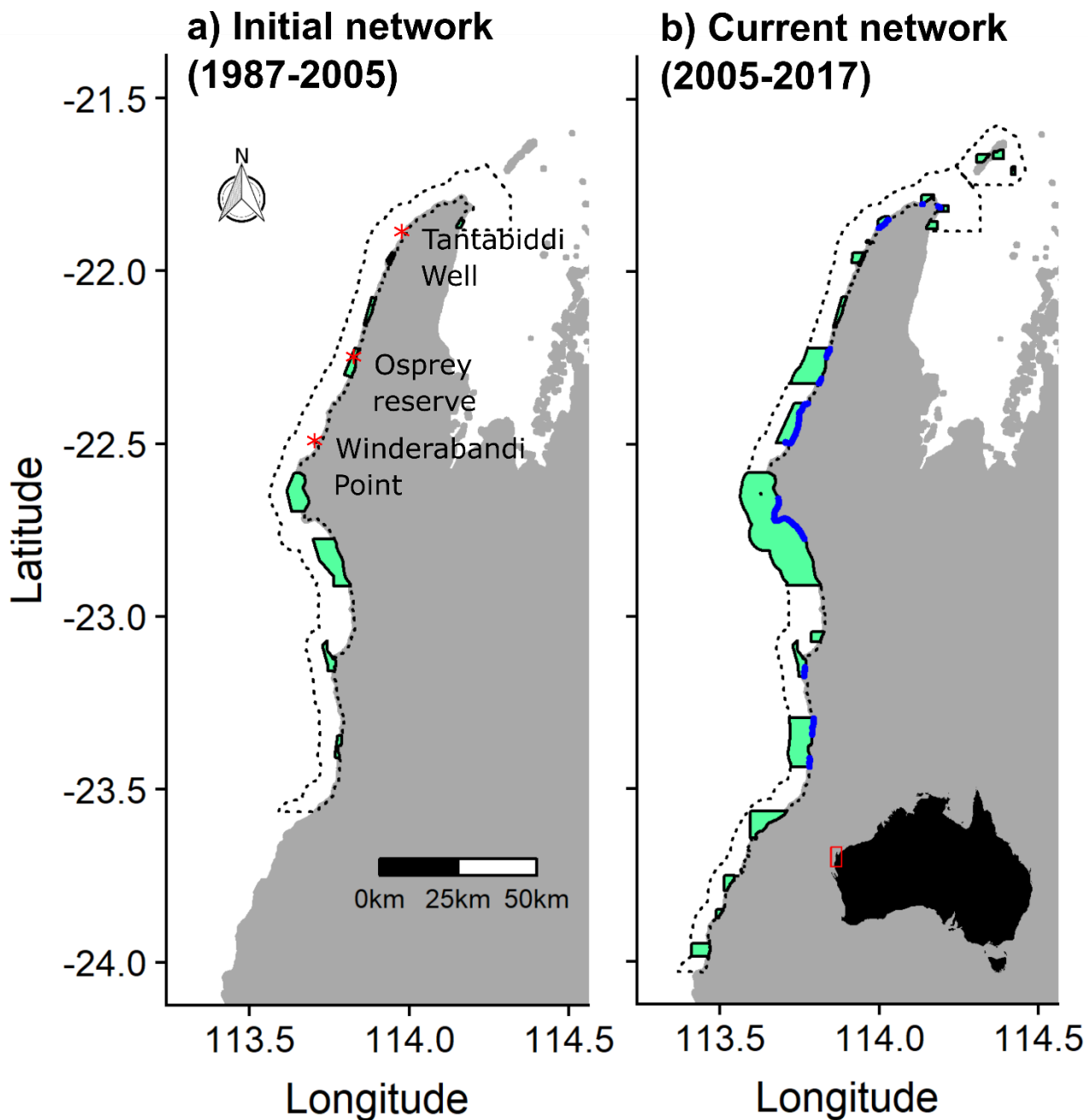
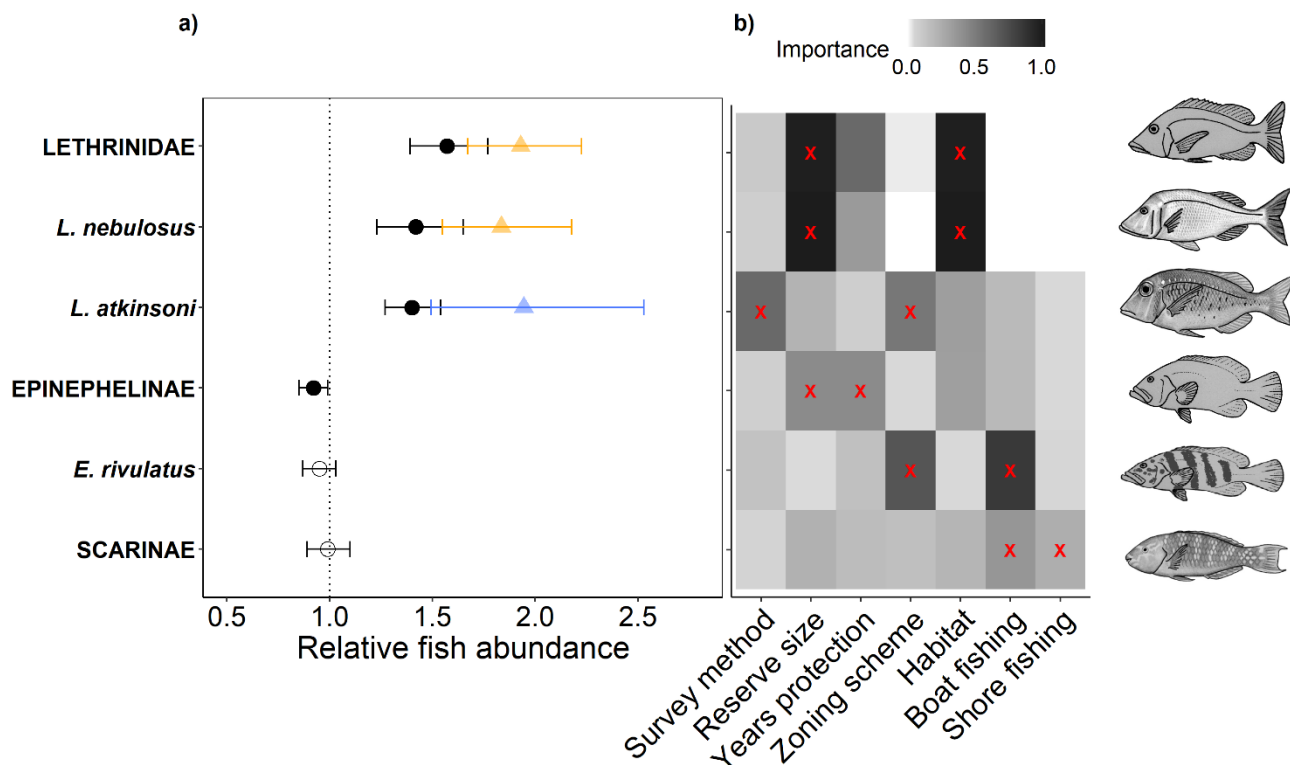


Figure 1 The Ningaloo Marine Park (NMP) and Muiron Islands Marine Management Area boundaries (dotted lines) with the location of sanctuary zones (referred to as reserves in the present study) shown in green along the Ningaloo coast of Western Australia under the a) initial (1987 – 2005) and b) current (2005 - 2017) zoning schemes. Tantabiddi Well and Winderabandi Point are indicated with red markers spearfishing is prohibited between these locations. The Osprey reserve is also indicated. In b) blue regions indicate zones on the coastal boundaries of the reserves where shore-based fishing is allowed.



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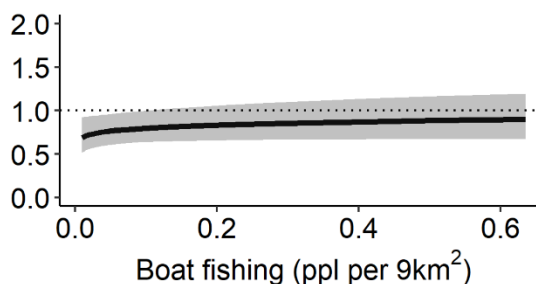
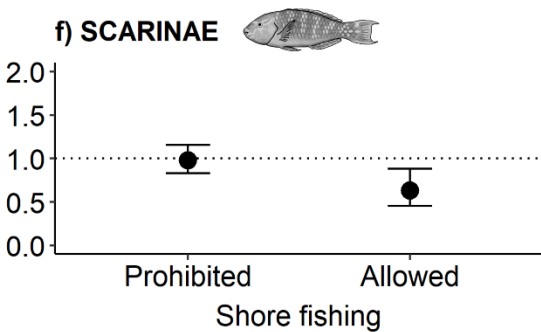
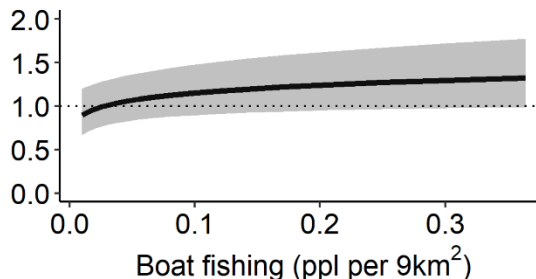
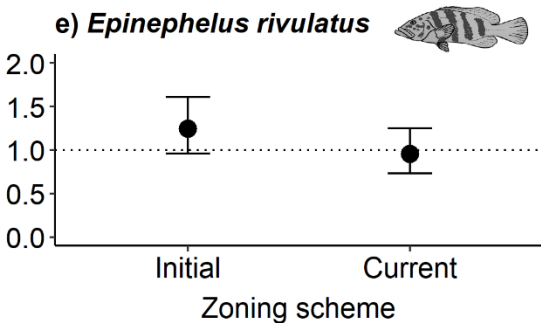
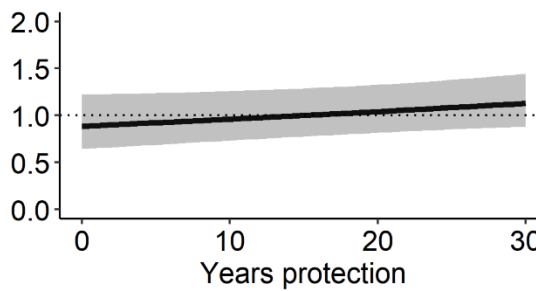
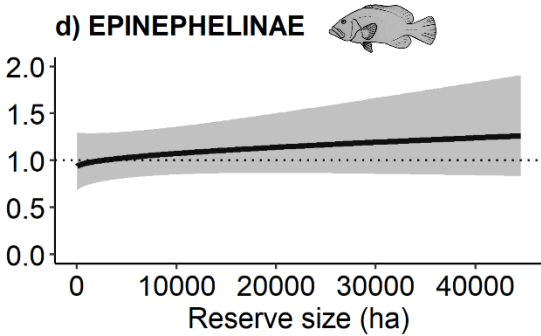
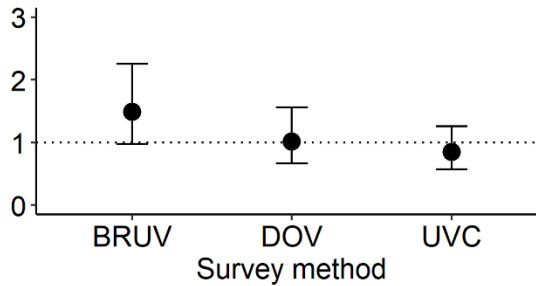
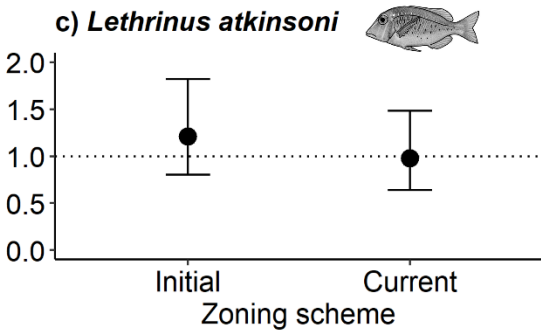
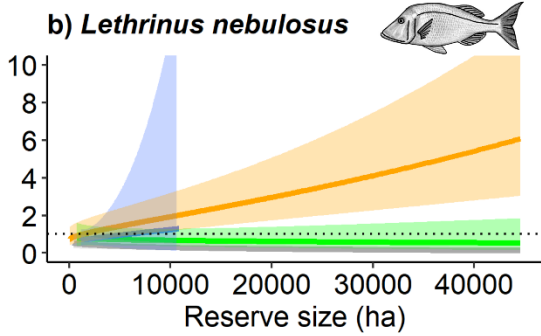
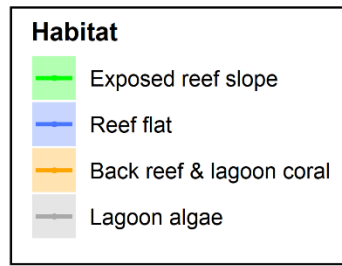
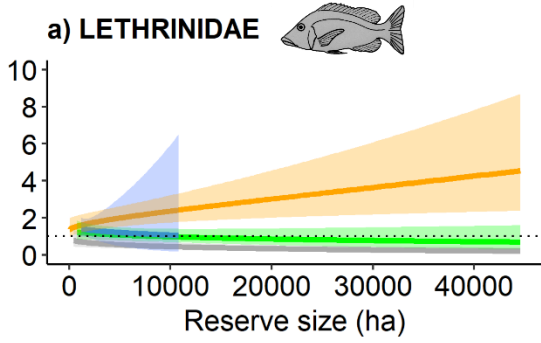
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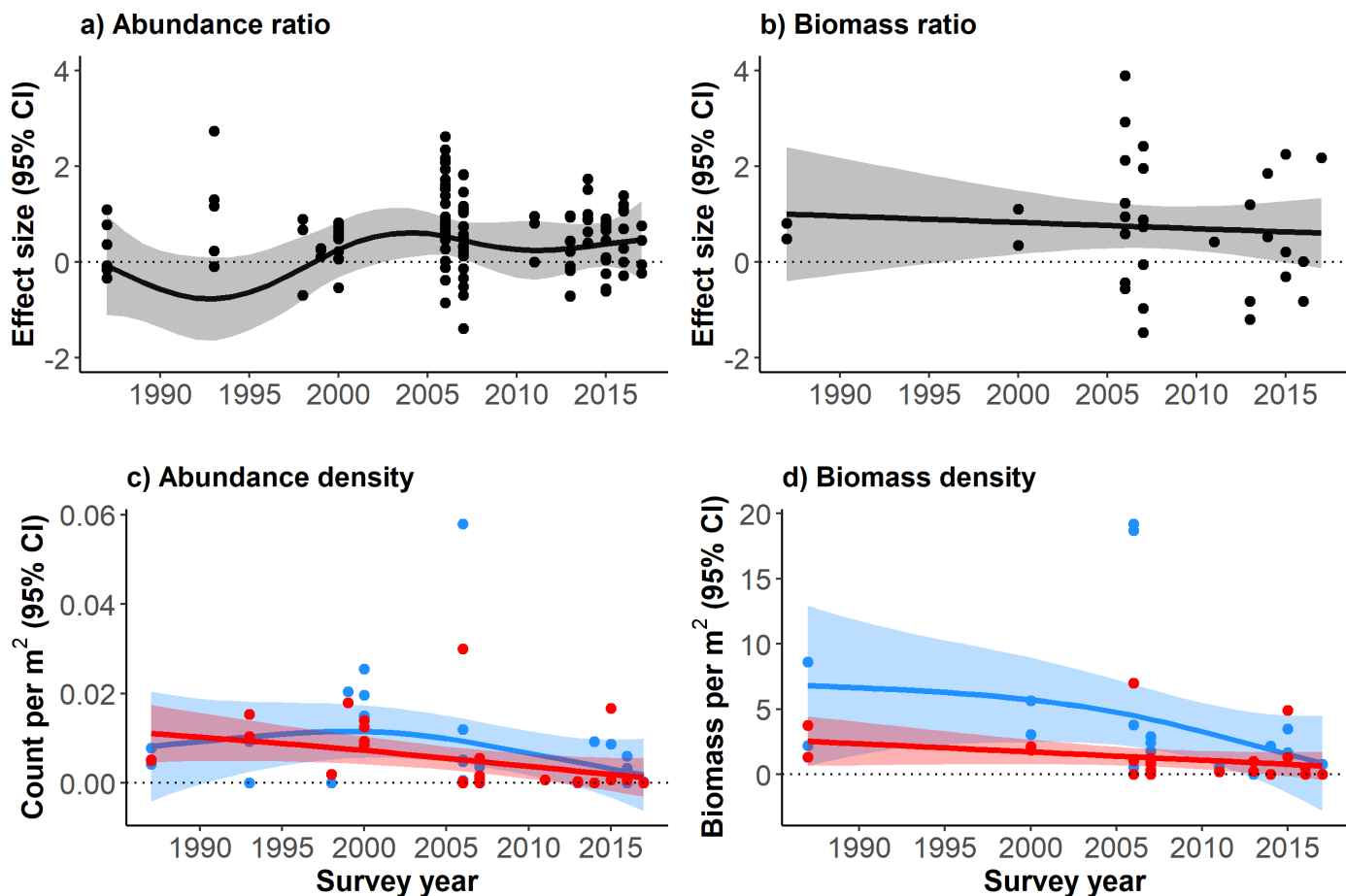
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Figure 2. a) Relative fish abundance inside to outside the reserves (back-transformed weighted mean effect sizes) with 95% confidence intervals), for the six fish groups: Lethrinidae, *Lethrinus nebulosus*, *L. atkinsoni*, Epinephelinae, *Epinephelus rivulatus* and Scarinae. Effect sizes are significant when the confidence intervals do not overlap 1.0. Open dots correspond to non-significant effects (i.e. no effect). Sample sizes are given in Table F1. Triangular points show the predicted effect size when *habitat* was included as a moderator variable in the meta-analysis, for the habitat with the largest mean effect (orange represents the back reef & lagoon coral, and blue represents the reef flat). b) Importance scores (based on summed Akaike weights corrected for finite samples (AICc)) from full-subsets analyses exploring the influence of seven variables on the overall effect size for each fish taxa: 1 is highly important while 0 is not important. Red X symbols mark the variables that were included in the most parsimonious models for each fish taxa (also see Table 2 and Fig. 3).



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Figure 3. Predicted relative fish abundance inside to outside reserves (back-transformed predicted weighted effect sizes) with 95% confidence intervals) for the six fish groups – a) Lethrinidae; b) *Lethrinus nebulosus* c) *Lethrinus atkinsoni*; d) Epinephelinae; e) *Epinephelus rivulatus*; f) Scarinae for abundance– as a function of variables present in the most parsimonious models (Table 2) from full-subsets GAMM analysis. Ribbons represent 95% confidence intervals



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Figure 4. Effect sizes for a) abundance and b) biomass from comparison pairs for the Osprey reserve through time and estimated density of c) abundance and d) biomass inside and outside the reserve through time. Ribbons indicate 95% confidence intervals on generalised additive models.

Table 1. Description and summary of the seven variables used in analysis

Variable (transformation used in analyses)	Description	Description of variable levels		Source
Years protection	Years between zoning and survey data collection	A survey is classified to a single reserve based on its location. In cases where rezoning means that a reserves size was increased, a survey falling inside the old area is classified as the pre-zoning reserve, while if the survey falls in the extended area it is classified as the post-zoning reserve. Years since protection is calculated on the same principal relating to the initial zoning or the rezoning dependent on survey location. 0 - 30 years from time of survey to reserve implementation.		(CALM 2005) (CALM 1989)
Zoning scheme	Factor describing the two major spatial zonings implemented in the Ningaloo Marine Park	<i>Initial</i>	1987-2005, 8 no-take zones, see Fig. 1a	(CALM 2005) (CALM 1989) (Appendix A)
		<i>Current</i>	2005-present, 18 no-take (excepting shore fishing) and 3 no-take zones in the Muiron Islands Marine Management Area, see Fig. 1b	
Survey method	Factor describing major survey methods used to collect the fish count and size data	<i>UVC</i>	Underwater visual census, collected along transect lines of set length and width (25 x 5 m, 50 x 5 m or 100 x 10 m, 250 x 10 m). Most on SCUBA, some via snorkel. Fish counted and length estimated <i>in situ</i> .	For more information on methods see Appendix B
		<i>BRUV</i>	Baited remote underwater stereo-video deployments, (30-60 minutes) point location, fish counted and length estimated <i>post hoc</i> from video	
		<i>DOV</i>	Diver operated stereo-video, collected along a transect line of set length and width (5 m in width and varying between 25 and 50 m length), fish counted and length estimated <i>post hoc</i> from video	
Habitat	Factor describing four major habitat types which have differences both in the dominant benthic community and wave exposure	<i>Exposed reef slope</i>	The ocean side of the fringing reef, where the reef slopes to deeper water and the majority of wave energy is received	Classified by authors, (see Collins et al. 2003)
		<i>Reef flat</i>	Shallow (~2-3m deep), shoreward from the reef crest for tens to hundreds of meters, typically dominated by the plate coral <i>Acropora spicifera</i> on limestone bedrock	
		<i>Back reef & lagoon coral</i>	From where the reef flat breaks into more patchy reef and sand environments, sheltered from wave energy and including some large coral bommies	
		<i>Lagoon algae</i>	Sheltered shallow water lagoon, dominated by fleshy canopy forming seaweed of the genera <i>Sargassum</i> and <i>Sargassopsis</i> .	
Reserve size (square-root)	Area (ha) of each no-take reserve at time of survey	50 – 44752 hectares Mean: 6031 ha; Median: 1756 ha		(CALM 2005) (CALM 1989)
Boat fishing* (log-transformation)	A mean estimate of the number of vessels recreationally fishing at the outside reserve survey sites	Mean density of vessels observed fishing during aerial surveys in peak season in 2007. Each survey sample latitude and longitude was assigned the value of the underlying spatial data in Fig. 4 of Smallwood and Beckley (2012). For surveys inside the reserves is was assumed that fishing activity was 0. 0 - 0.625 vessels fishing per 9 km ² Mean: 0.12; Median: 0.11 * Not available for the Muiron Islands Other estimates of fishing activity exist (Sumner et al. 2002) but this metric was deemed the most detailed		Smallwood and Beckley (2012)
Shore fishing	Factor describing whether or not a reserve has shore fishing zones on its coastal boundary	<i>Allowed</i>	Shore fishing is allowed along the entire, or part of the coastal boundary of the reserve (26% of data)	(CALM 2005)
		<i>Prohibited</i>	No shore fishing is permitted anywhere in the reserve (74% of data)	

816 **Table 2.** Top Generalised Additive Mixed Models (GAMMs) for predicting the response ratio inside to
817 outside reserves, \bar{E} , for abundance from full subset analyses for the abundance of the six fish groups.
818 Difference between the lowest reported corrected Akaike Information Criterion (ΔAICc), AICc weights
819 (ωAICc), variance explained (R^2) and estimated degrees of freedom (EDF) are reported for model
820 comparison. Model selection was based on the most parsimonious model (fewest variables and lowest EDF)
821 within two units of the lowest AICc. This model is shown in bold text.

Fish group	Model	ΔAICc	ωAICc	R^2	EDF
LETHRINIDAE	Habitat + Years protection by Habitat + Size by Habitat	0.00	0.31	0.14	14.6
	Years protection + Habitat + Size by Habitat	0.17	0.28	0.13	10.7
	Habitat + Size by Habitat	0.19	0.28	0.12	9.0
<i>L. nebulosus</i>	Habitat + Size by Habitat	0.00	0.57	0.17	9.0
<i>L. atkinsoni</i>	Method + Zoning scheme	0.00	0.19	0.08	6.3
	Habitat + Method + Zoning scheme	0.09	0.18	0.09	9.0
	boat.log + Method + Zoning scheme	0.71	0.14	0.08	7.4
	Habitat + Method + Size	1.41	0.10	0.08	8.0
	Habitat + Size + Years protection by Habitat	0.00	0.18	0.11	14.4
	Years protection + Boat fishing + Size	0.92	0.11	0.08	8.3
	Years protection + Size	1.51	0.08	0.08	7.3
<i>E. rivulatus</i>	Boat fishing + Zoning scheme	0.00	0.60	0.17	8.9
SCARINAE	Boat fishing + Shore fishing	0.00	0.16	0.03	4.0
	Boat fishing + Zoning scheme	0.80	0.11	0.03	4.2
	Years protection + Habitat + Size by Habitat	1.25	0.08	0.05	10.5
	Habitat + Size by Habitat	1.84	0.06	0.04	9.0

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Supplementary Information

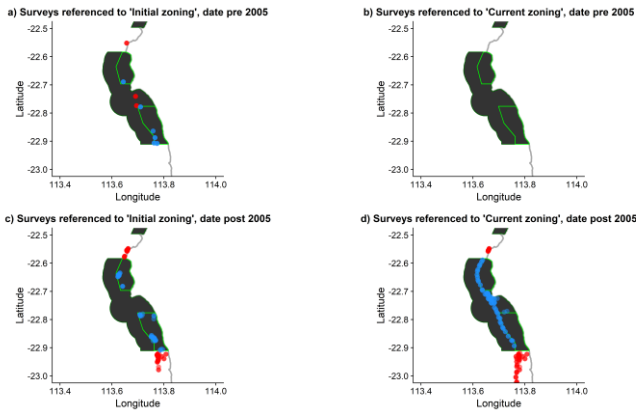
Appendix A – Additional information on individual reserves and rezoning

Maps of individual reserves can be found in CALM (1989), pgs. 55, for the 1987-2005 zoning and (CALM 2005), pgs. 89-96, for the 2005-current zoning. Table A1 details individual reserves, their year of establishment, size, and the regulations on shore-based fishing on the coastal edges of the reserves. As well, the number of inside outside comparisons and the total number of surveys are given for each reserve.

Table A1. Features of historical and current reserves in the Ningaloo Marine Park

	Reserve	Management area	Year of Establishment	Size (ha)	Shore fishing	Total number comparison pairs	Total number of samples
2005 – PRESENT MANAGEMENT (CURRENT)	3 Mile	Ningaloo Marine Park	2005	395	N	0	0
	Bateman	Ningaloo Marine Park	2005	1111	N	1	12
	Bundegi rezoned	Ningaloo Marine Park	1987/2005	696	N	3	24
	Cape Farquhar	Ningaloo Marine Park	2005	5326	N	3	31
	Cloates/ Dugong rezoned	Ningaloo Marine Park	1987/2005	44752	P	17	268
	Gnaraloo Bay	Ningaloo Marine Park	2005	1021	N	2	39
	Jurabi	Ningaloo Marine Park	2005	754	Y	9	78
	Lakeside	Ningaloo Marine Park	2005	8	N	0	0
	Lighthouse Bay	Ningaloo Marine Park	2005	763	P	9	136
	Mandu rezoned	Ningaloo Marine Park	1987/2004	1349	N	12	110
	Mangrove rezoned	Ningaloo Marine Park	1987/2005	1135	N	27	429
	Maud rezoned	Ningaloo Marine Park	1987/2005	2151	P	10	133
	Murat	Ningaloo Marine Park	2005	490	Y	0	0
	North Muiron	Muiron Islands Marine Management Size	2005	828	N	4	66
	Osprey rezoned	Ningaloo Marine Park	1987/2005	9513	P	7	54
	Pelican rezoned	Ningaloo Marine Park	1987/2006	10864	P	28	454
	South Muiron	Muiron Islands Marine Management Size	2005	784	N	4	54
	Sunday Island	Muiron Islands Marine Management Size	2005	317	N	0	0
	Tantabiddi	Ningaloo Marine Park	2005	50	N	8	98
	Turtles	Ningaloo Marine Park	2005	2461	N	0	0
Winderabandi	Ningaloo Marine Park	2005	5526	Y	7	52	
1987 – 2005 MANAGEMENT (INITIAL)	Bundegi	Ningaloo Marine Park	1987	297	N	20	333
	Cloates	Ningaloo Marine Park	1987	6257	N	16	186
	Dugong	Ningaloo Marine Park	1987	8852	N	0	0
	Mandu	Ningaloo Marine Park	1987	1163	N	50	1001
	Mangrove	Ningaloo Marine Park	1987	403	N	2	14
	Maud	Ningaloo Marine Park	1987	1806	N	36	652
	Osprey	Ningaloo Marine Park	1987	1756	N	44	701
	Pelican	Ningaloo Marine Park	1987	908	N	7	66
	3 Mile	Ningaloo Marine Park	2005	395	N	0	0

The rezoning of the eight reserves in 2005, with the addition of new reserves and the expansion of the existing reserves required that data be clearly classified to account for this. Figure A1 shows an example of how samples were referenced based on their spatial location to the initial or current reserves and the time period of sampling.



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841 **Figure A1.** Example classification of ‘initial’ and ‘current’ zoning. The boundaries of the initial 1987 –
 842 2005 reserves, Cloates and Dugong, are indicated by a green outline, while the current reserve (2005 – 2017)
 843 is shown in black which combined the two initial reserves into one larger reserve, ‘Cloates/Dugong rezoned’
 844 (also see Table 1). Pre 2005, surveys were classified as inside/outside based on their spatial relation to initial
 845 reserves (green outline). Post 2005, surveys were classified as inside/outside based on their spatial relation
 846 to the current reserves (black). If an inside reserve is within the initial boundaries, but surveyed post 2005, it
 847 was referenced as initial as shown in c). If a sample was collected at a site within the new area of the
 848 rezoned reserve post the rezoning, it was referenced as current as seen in d).

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851 **Appendix B– Data summary**

852 Suitable data were identified through searches on Google Scholar and research databases compiled by the
 853 Department of Biodiversity, Conservation and Attractions. In addition, relevant researchers from
 854 universities, research institutions, industry and citizen science programs operating in Western Australia were
 855 contacted to source unpublished data. Nine major custodians contributed data to this study. Table B1
 856 summarises the survey methods used by each custodian, the number of samples collected, the temporal span
 857 of data, the reserves surveyed and directs to further reading for more information. Figure B2 graphically
 858 illustrates the important data constraints.

860 **Table B1. Summary of data contributions**

Data custodian	Total number of surveys	Reserves surveyed	Maximum temporal span of surveys	Main survey methods	More information available:
Australian Institute of Marine Science – Woodside Energy (AIMS-Woodside)	183	Bundegi, Bundegi rezoned, Cloates, Cloates/Dugong rezoned, Mandu, Mangrove rezoned, Maud, North Muiron, Osprey, Pelican rezoned, Tantabiddi	1993 -2014	Underwater Visual Census : 50 x 5 m	(Depczynski et al. 2015)
Ben Fitzpatrick	345	Mandu, Osprey	2006 - 2007	Baited Remote Underwater stereo-Video	(Fitzpatrick et al. 2015)
Commonwealth Industrial and Scientific Research Organisation (CSIRO)	18	Bundegi, Bundegi rezoned, Cape Farquhar, Cloates, Cloates/Dugong rezoned, Gnarlloo Bay, Jurabi, Lighthouse Bay, Mandu, Mandu rezoned, Mangrove, Mangrove rezoned, Maud, North Muiron, Osprey, Osprey rezoned, Pelican, Pelican rezoned, South Muiron	2006 - 2017	Underwater Visual Census, 4 main sizes: 1) Either a singular, or three, 25 × 5 m transects per site. 2) 30 × 5 m transects 3) 50 × 5 m transects 4) 100 × 10 m transects at a site	(Babcock et al. 2008)
Western Australian Department of Biodiversity, Conservation and Attractions (DBCA)	1237	Bundegi , Cape Farquhar, Cloates, Cloates/Dugong rezoned, Jurabi, Lighthouse Bay, Mandu, Mangrove rezoned, Maud, Maud rezoned, North Muiron, Osprey, Pelican, Pelican rezoned, Tantabiddi, Winderabandi	2010 - 2016	Diver Operated stereo-Video: six replicate 50 x 5 m belt transects per site; or nine replicate 30 x 5 m belt transects per site	(Wilson et al. 2012; Holmes et al. 2013; Wilson et al. 2018b)
Mark Westera	257	Mandu, Maud, Osprey	1999 - 2000	Baited Remote Underwater stereo-Video, 30 minute deployments at 12 replicate locations in each zone, Underwater visual census using snorkel, 250 x 10 m transects	(Westera 2003a, b)
Reef Life Survey (RLS)	291	Bateman, Bundegi, Cloates, Maud, Maud rezoned, Pelican rezoned	2010 - 2017	Underwater Visual Census, 50 x 5 m transects	(see http://reeflifesurvey.com/files/2008/09/rls-reef-monitoring-procedures.pdf).
Tony Ayling	60	Osprey	1987		(Ayling & Ayling 1987)
The University of Western Australia	325	Cloates, Cloates/Dugong rezoned, Mandu rezoned, Mangrove rezoned, Osprey, Osprey rezoned, Pelican rezoned, Winderabandi	2014 - 2015	Baited Remote Underwater stereo-Video, generally 60 minute deployments	(McLean et al. 2016)
Joint data custodians WA Department of Biodiversity, Conservation and Attractions, Australian Institute of Marine Science, Australian National University	587	Cloates/Dugong rezoned, Mandu, Mangrove rezoned, Maud, Maud rezoned, Pelican, Pelican rezoned,	2013 - 2015	Underwater Visual Census, 4 main sizes: 1) Either a singular, or three, 25 × 5 m transects per site. 2) 30 × 5 m transects 3) 50 × 5 m transects 4) 100 × 10 m transects at a site	(Fulton et al. 2014)

In most surveys biomass had been calculated by the respective data custodians from the estimated or measured fish length. In these cases the provided values were used (with the reasoning that different survey methods may warrant slightly different biomass calculations). In cases where length data was available but biomass had not been calculated the fish counts and length estimates were converted to biomass (kg) using constants and formulas from Fishbase (www.fishbase.org).

$$Biomass = e^{\ln(a)+b \times \ln(L)}$$

where L is the estimated total length of the fish and a and b are constants for the species or family in question. In cases where data provided fork length measurements, these were converted to total length using the formula from FishBase:

$$TL = c + d \times FL$$

where TL is estimated total fish length, FL is the measured fork length from BRUV or DOV video and c and d are parameters specific to the fish species in question.

More data was available for some NTMRs and years, with increased sampling after 2005 (Appendix B).

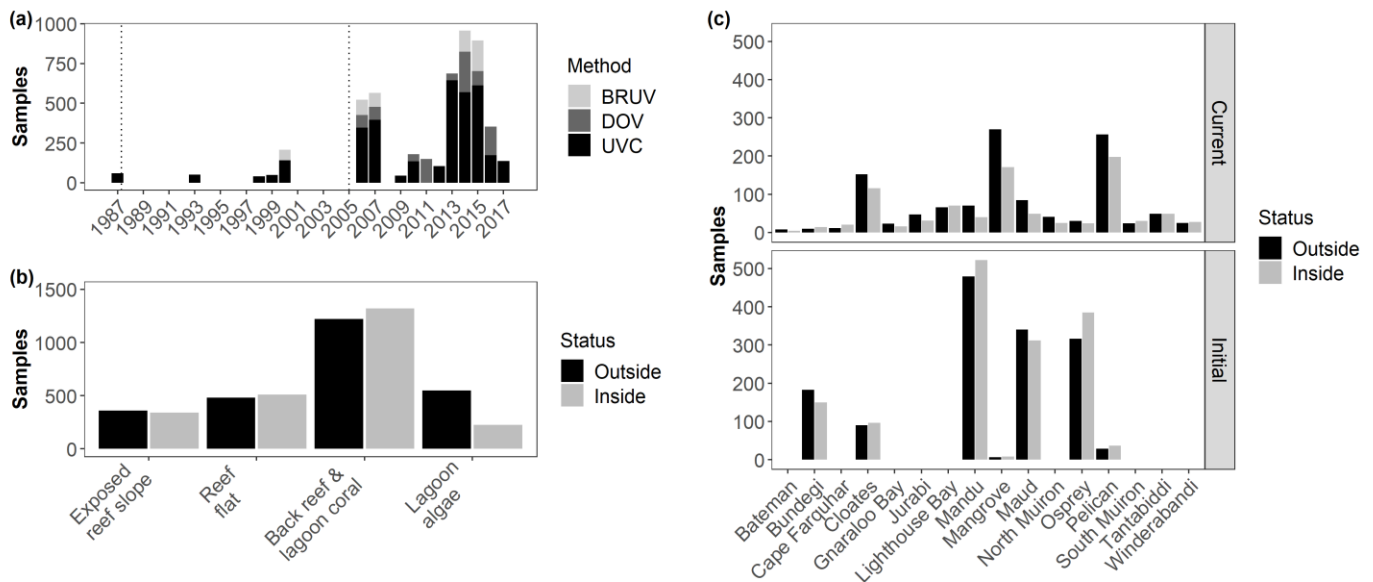


Figure B2. Temporal and spatial distribution of samples: a) number of samples by year, with shade indicating the type of survey method (BRUV, Baited Remote Underwater stereo-Video, DOV, Diver Operated stereo-Video and UVC, Underwater Visual Census); b) distribution of samples inside and outside reserves for each of the four major habitats; c) distribution of samples inside and outside for each reserve under both the initial and current zoning.

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- 915
- 916
- 917

918 ***Appendix C – Geographic locations of individual samples***

919 Kml file for viewing samples in GoogleEarth

920

921

922 **Appendix D: Fish groups**

923

924 Analyses were conducted at the family/subfamily level and species level. Investigation of patterns at the
 925 family/subfamily level allowed the inclusion of data from targeted but rare species.

926

927 Table D1. Total count of fish groups across all data

Taxa	Total count across synthesised data
LETHRINIDAE	10307
<i>L. nebulosus</i>	4183
<i>L. atkinsoni</i>	4765
EPINEPHELINAE	4012
<i>E. rivulatus</i>	1119
SCARINAE	44931

928

929

930

931 Genera included in the family/ sub-family analysis that were sampled in the synthesised data are
 932 summarised below.

933

934 **Lethrinidae**

- | | | | |
|-----|-------------------------------------|-----|-------------------------------------|
| 935 | • <i>Gnathodentex aureolineatus</i> | 946 | • <i>Lethrinus microdon</i> |
| 936 | • <i>Gymnocranius euanus</i> | 947 | • <i>Lethrinus miniatus</i> |
| 937 | • <i>Gymnocranius grandoculis</i> | 948 | • <i>Lethrinus nebulosus</i> |
| 938 | • <i>Gymnocranius griseus</i> | 949 | • <i>Lethrinus obsoletus</i> |
| 939 | • <i>Gymnocranius spp.</i> | 950 | • <i>Lethrinus olivaceus</i> |
| 940 | • <i>Lethrinus amboinensis</i> | 951 | • <i>Lethrinus ravus</i> |
| 941 | • <i>Lethrinus atkinsoni</i> | 952 | • <i>Lethrinus rubrioperculatus</i> |
| 942 | • <i>Lethrinus genivittatus</i> | 953 | • <i>Lethrinus semicinctus</i> |
| 943 | • <i>Lethrinus harak</i> | 954 | • <i>Lethrinus variegatus</i> |
| 944 | • <i>Lethrinus laticaudis</i> | 955 | • <i>Lethrinus spp.</i> |
| 945 | • <i>Lethrinus lentjan</i> | 956 | • <i>Monotaxis grandoculis</i> |

957

958 **Epinephelinae ***

- | | | | |
|-----|------------------------------------|-----|--|
| 959 | • <i>Aethaloperca rogae</i> | 968 | • <i>Cephalopholis sonnerati</i> |
| 960 | • <i>Anyperodon leucogrammicus</i> | 969 | • <i>Cromileptes altivelis</i> |
| 961 | • <i>Cephalopholis spp.</i> | 970 | • <i>Epinephelus spp.</i> |
| 962 | • <i>Cephalopholis argus</i> | 971 | • <i>Epinephelus areolatus</i> |
| 963 | • <i>Cephalopholis boenak</i> | 972 | • <i>Epinephelus bilobatus</i> |
| 964 | • <i>Cephalopholis cyanostigma</i> | 973 | • <i>Epinephelus coeruleopunctatus</i> |
| 965 | • <i>Cephalopholis formosa</i> | 974 | • <i>Epinephelus coioides</i> |
| 966 | • <i>Cephalopholis miniata</i> | 975 | • <i>Epinephelus corallicola</i> |
| 967 | • <i>Cephalopholis sexmaculata</i> | 976 | • <i>Epinephelus fasciatus</i> |

977	•	<i>Epinephelus fuscoguttatus</i>	986	•	<i>Epinephelus quoyanus</i>
978	•	<i>Epinephelus hexagonatus</i>	987	•	<i>Epinephelus rivulatus</i>
979	•	<i>Epinephelus lanceolatus</i>	988	•	<i>Epinephelus tauvina</i>
980	•	<i>Epinephelus macrospilos</i>	989	•	<i>Epinephelus tukula</i>
981	•	<i>Epinephelus maculatus</i>	990	•	<i>Plectropomus leopardus</i>
982	•	<i>Epinephelus malabaricus</i>	991	•	<i>Plectropomus maculatus</i>
983	•	<i>Epinephelus melanostigma</i>	992	•	<i>Plectropomus</i> spp.
984	•	<i>Epinephelus merra</i>	993	•	<i>Variola albimarginata</i>
985	•	<i>Epinephelus polyphekadion</i>	994	•	<i>Variola louti</i>
995	•	996			

997

998 * Note that there is current discussion of whether Epinephelinae may be better classified as its own family,
 999 Epinephelidae (Ma & Craig 2018), however we have chosen to name it as its subfamily here.

1000

1001

1002

Scarinae

- 1003 • *Calotomus carolinus*
- 1004 • *Calotomus spinidens*
- 1005 • *Cetoscarus ocellatus*
- 1006 • *Chlorurus bleekeri*
- 1007 • *Chlorurus microrhinos*
- 1008 • *Chlorurus sordidus*
- 1009 • *Hipposcarus longiceps*
- 1010 • *Leptoscarus vaigiensis*
- 1011 • *Scarus chameleon*
- 1012 • *Scarus dimidiatus*
- 1013 • *Scarus flavipectoralis*
- 1014 • *Scarus frenatus*
- 1015 • *Scarus ghobban*
- 1016 • *Scarus globiceps*
- 1017 • *Scarus niger*
- 1018 • *Scarus oviceps*
- 1019 • *Scarus prasiognathos*
- 1020 • *Scarus psittacus*
- 1021 • *Scarus rivulatus*
- 1022 • *Scarus rubroviolaceus*
- 1023 • *Scarus schlegeli*
- 1024 • *Scarus* spp.

1025

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1029

1030

1031 **Appendix E: Formulas used for calculating effect sizes**

1032 For each inside/ outside comparison pair a log response ratio (e) (Hedges et al. 1999) was
1033 calculated as the ratio of the mean abundance/ biomass inside to outside a reserve for
1034 comparison pair i and fish group j as

$$1035 e_{ij} = \ln\left(\frac{\bar{X}_{ij,I}}{\bar{X}_{ij,O}}\right)$$

1036

1037 where $\bar{X}_{ij,I}$ and $\bar{X}_{ij,O}$ are the mean abundance or biomass inside (I) and outside (O) a
1038 reserve. Therefore, a positive e_{ij} implies a greater fish abundance/ biomass inside the
1039 reserves than outside. A log response ratio was appropriate because it is independent of the
1040 actual unit of measurement across the different survey methods.

1041

1042 The variance of e_{ij} was also quantified (i.e. the within-study variance, where a study is a
1043 comparison pair), given that sampling error plays an important role in introducing variability
1044 in the overall outcome of a meta-analysis:

$$v_{ij} = \frac{\sigma_{ij,I}^2}{(n_{ij,I}\bar{X}_{ij,I}^2)} + \frac{\sigma_{ij,O}^2}{(n_{ij,O}\bar{X}_{ij,O}^2)}$$

1045 Here, v_{ij} is calculated from the standard deviation, σ_{ij} , sample size, n_{ij} , and mean \bar{X}_{ij} for
1046 inside (I) and outside (O) for comparison pair i and fish group j .

1047

1048 Effect sizes were weighted by the inverse of the sum of the within- and among-study
1049 variances, w_{ij} . The within-study variance (where a study is a comparison pair) was the sum
1050 of the variances associated with each mean in the log-ratio. The among-study variance was
1051 calculated using the *metafor* package (Viechtbauer 2010) in the statistical program R (R Core
1052 Team 2017).

1053

$$w_{ij} = \frac{1}{v_{ij}}$$

1054 This weighting minimized the influence of studies with low statistical power, and increased
1055 the influence of studies with high statistical power, meaning that each inside/ outside
1056 replicate did not contribute equally to the final pooled outcome. Weighted meta-analyses of
1057 this sort are considered to increase the precision and power of meta-analyses (Osenberg et al.

1058 1999) and was an appropriate approach in the present study as there was a large distribution
1059 of sample sizes and variance associated with the inside/ outside comparison pairs.

1060 The weighted cumulative effect size for fish group j , \bar{E}_j , was obtained as

1061
$$\bar{E}_j = \frac{\sum_{i=1}^{n_{ij}} w_{ij} e_{ij}}{\sum_{i=1}^{n_{ij}} w_{ij}}$$
 with associated variance, $\bar{v}_j = \frac{1}{\sum_{i=1}^{n_{ij}} w_{ij}}$.

1062

1063 where w_{ij} and e_{ij} are defined above. The overall heterogeneity (Q_t) for fish group j was

1064 calculated as

$$Q_{t,j} = \sum_{i=1}^{n_{ij}} w_{ij} (e_{ij} - \bar{E}_j)^2$$

1065 and its significance was tested against the χ^2 distribution with $n_{ij} - 1$ degrees of freedom.

1066

1067 We used a random-effects model to calculate \bar{E}_j and $Q_{t,j}$ using the *metafor* package in R

1068 through the call

1069 `rma(eij, vij, method = "REML", data =)` following the suggestions in Viechtbauer (2005)

1070 that the REML, restricted maximum likelihood estimator for variance, strikes a good balance

1071 between unbiasedness and efficiency.

1072

1073 We ran mixed-effects categorical analyses and meta-regression to examine how the seven

1074 additional variables (Table 1, main text) mediated the overall effect size \bar{E}_j . For a given level

1075 (L) of the factor, a weighted cumulative effect size was calculated as

$$\bar{E}_{L,j} = \frac{\sum_{i=1}^{n_{Lj}} w_{ij} e_{ij}}{\sum_{i=1}^{n_{Lj}} w_{ij}}$$

1076 Where n_{Lj} is the number of comparison pairs in level, L , of the factor, and e_{ij} and w_{ij} are

1077 defined above. The heterogeneity of the model explained by the factor (Q_m) was calculated as

$$Q_{m,j} = \sum_{i=1}^{n_{Lj}} w_{ij} (\bar{E}_{L,j} - \bar{E}_j)^2$$

1078 The significance of Q_m was tested against the χ^2 distribution with $n_{Lj} - 1$ degrees of

1079 freedom

1080

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1086
1087
1088

1089 **Appendix F - Sensitivity analysis for case of one-armed zero events**

1090 Cheng et al. (2016) define two scenarios relating to zero events: zero-event and double-zero-
 1091 event. In the present study there were both double-zero-events (a zero mean
 1092 abundance/biomass for both inside and outside) and zero-events (zero mean
 1093 abundance/biomass for either the inside or the outside), summarised in Table 1. In both cases,
 1094 lnR cannot be computed due to division by zero and/or logarithm of zero. The former case
 1095 are often removed from meta-analyses, while the latter is often handled via the addition of a
 1096 small constant (Bradburn et al. 2007; Spittal et al. 2015). The total number of comparisons
 1097 (n) used in the final calculated of the weighted average effect size is given.

1098
 1099 In the present study the species examined can be encountered infrequently on a survey. As
 1100 well, one of the key species, *Lethrinus nebulosus*, is a schooling species which, when it
 1101 occurs, can be present in larger numbers. Consequently there are many zero counts in the data
 1102 which needed to be explicitly considered.

1103

1104 **Table F1. Summary of total number of comparisons and zero events**

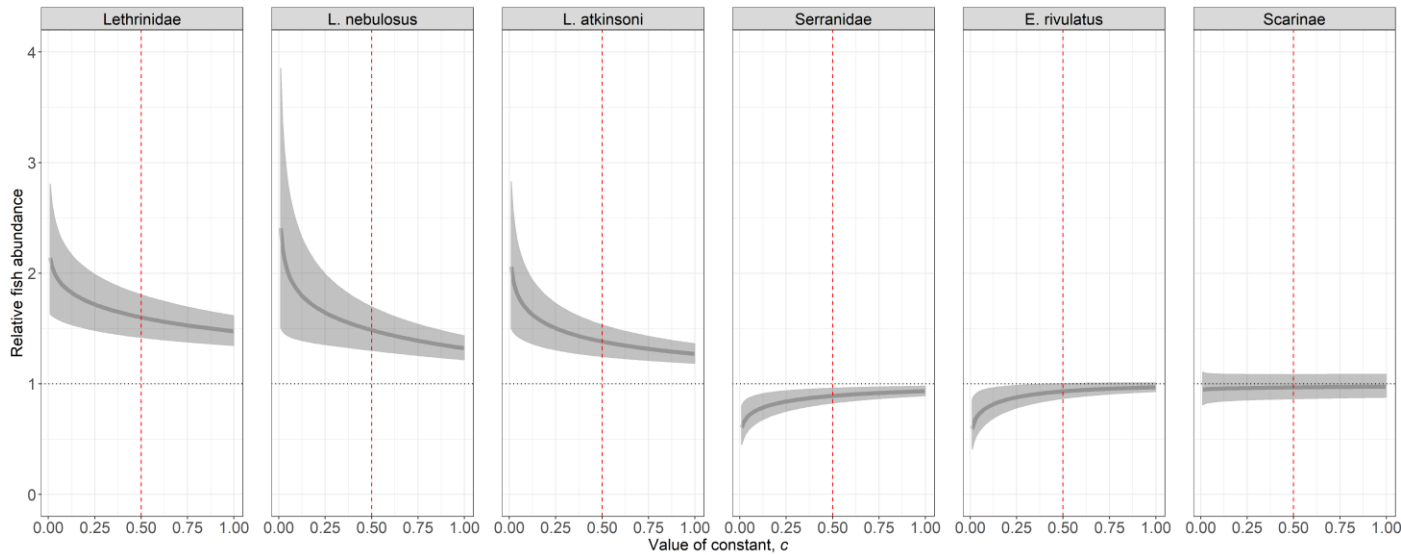
	Fish Group	Total number of possible comparisons	Double-zero events	Zero-events	Final sample size (n) in calculation of mean weighted effect size
ABUNDANCE	LETHRINIDAE	305	4	151	301
	<i>L. nebulosus</i>	305	48	162	257
	<i>L. atkinsoni</i>	305	25	101	280
	EPINEPHELINAE	305	28	110	277
	<i>E. rivulatus</i>	305	138	210	167
	SCARINAE	305	44	46	261
BIOMASS	LETHRINIDAE	268	4	49	264
	<i>L. nebulosus</i>	268	45	143	223
	<i>L. atkinsoni</i>	268	21	86	247
	EPINEPHELINAE	268	15	87	253
	<i>E. rivulatus</i>	268	112	180	156
	SCARINAE	268	45	48	223

1105

1106 Double-zero-events were removed from analysis. For the remaining data a constant of 0.5
 1107 fish (half the smallest unit in the abundance analysis) was added to both the inside and
 1108 outside mean counts, while for biomass a constant of 100 grams was added to both the inside
 1109 and outside mean biomass.

1110

1111 Given there is no clear protocol for the size of the constant used to deal with zeros in a lnR
 1112 meta-analysis, we conducted a sensitivity analysis on the value of the constant. We ran the
 1113 sensitivity analysis for the abundance data for the six taxa examined. We tested constant
 1114 values, *c*, ranging from *c* = 0.01 to *c* = 1 in 0.01 increments.



1115

1116

Figure F1. Sensitivity analysis for the size of the constant added to inside/outside mean abundance showing the resulting transformed mean weighted effect size, exponential of \bar{E} , and 95% confidence interval (CI) for values of constant c ranging from 0.01 to 1 in 0.01 increments. a) Lethrinidae, b) *L. nebulosus*, c) *L. atkinsoni*, d) Epinephelinae, e) *E. rivulatus*, f) Scarinae. The mean effect sizes are considered significant when the confidence intervals do not include one.

1121

1122

1123

1124

It is clear that the size of the constant used influenced the mean overall effect size. For example, the magnitude of \bar{E} for *L. nebulosus* total abundance varied from $\bar{E} = 0.73$ (0.54) when $c = 0.01$ to $\bar{E} = 0.28$ (0.08) when $c = 1$. However, while the constant size impacted the magnitude of the effect size, it did not influence the significance, except for *E. rivulatus*, which had the highest count of zero-events, and transitioned from marginally negative to not significantly different from one. From this analysis we decided a constant of 0.5 would be an adequate, and conservative addition for the calculation of $\ln R$ in this analysis. Given the high levels of inherent variability expected in fish count data (Samoilys et al. 1995; Cappo & Brown 1996) and additional variation from uncontrolled variables, even with addition of a constant, overall differences in abundance would have to be consistent in order to observe statistical significance. Nonetheless, we urge caution in the interpretation of the magnitude of the overall effect.

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1389 *Appendix G - Meta-analysis statistics*

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1391 **Table G1. Total heterogeneity statistics**

Fish group	ABUNDANCE			BIOMASS		
	Q _T	df	P	Q _T	df	P
LETHRINIDAE	2002.57	300	<0.001	2318.26	263	<0.001
<i>L. nebulosus</i>	1971.07	256	<0.001	2886.99	222	<0.001
<i>L. atkinsoni</i>	1739.71	279	<0.001	1928.65	246	<0.001
EPINEPHELINAE	1125.65	276	<0.001	1307.49	252	<0.001
<i>E. rivulatus</i>	477.33	166	<0.001	590.76	155	<0.001
SCARINAE	1701.09	260	<0.001	1224.57	222	<0.001

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1394 Table G2 and G3 summarise the results of weighted mixed-effects meta-analyses for all
 1395 seven variables and for *reserve identity* modelled individually. Figure 1 shows the predicted
 1396 effect size for the cases where the moderator reserve identity explained a significant amount
 1397 of heterogeneity for *habitat* so that it can be directly compared to the overall effect sizes in
 1398 Figure 2 (main text).

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Table G2. Mixed-effects models heterogeneity statistics for abundance data

	Fish group	ABUNDANCE					
		Model heterogeneity*			Residual heterogeneity		
		Q _m	df	P	Q _e	df	P
HABITAT	LETHRINIDAE	39.46	3	<0.001	1622.38	297	<0.001
	<i>L. nebulosus</i>	32.51	3	<0.001	1574.07	253	<0.001
	<i>L. atkinsoni</i>	14.55	3	<0.001	1614.93	276	<0.001
	EPINEPHELINAE	0.31	3	0.96	1117.33	273	<0.001
	<i>E. rivulatus</i>	5.39	3	0.15	467.33	163	<0.001
	SCARINAE	6	3	0.11	1589.43	257	<0.001
METHOD	LETHRINIDAE	4.09	2	0.13	1975.79	298	<0.001
	<i>L. nebulosus</i>	0.71	2	0.7	1946.56	254	<0.001
	<i>L. atkinsoni</i>	7.85	2	0.02	1676.16	277	<0.001
	EPINEPHELINAE	4.35	2	0.11	1094.35	274	<0.001
	<i>E. rivulatus</i>	0.98	2	0.61	474.68	164	<0.001
	SCARINAE	0.01	2	0.99	1633.03	258	<0.001
RESERVE SIZE	LETHRINIDAE	3.8	1	0.05	1959.06	299	<0.001
	<i>L. nebulosus</i>	0.01	1	0.94	1970.56	255	<0.001
	<i>L. atkinsoni</i>	8.11	1	<0.001	1688.35	278	<0.001
	EPINEPHELINAE	1.58	1	0.21	1112.23	275	<0.001
	<i>E. rivulatus</i>	0.47	1	0.49	477.08	165	<0.001
	SCARINAE	0.02	1	0.88	1701.09	259	<0.001
YEARS PROTECTION	LETHRINIDAE	0	1	0.95	2001.07	299	<0.001
	<i>L. nebulosus</i>	0.92	1	0.34	1949.89	255	<0.001
	<i>L. atkinsoni</i>	1.86	1	0.17	1736.82	278	<0.001
	EPINEPHELINAE	0.42	1	0.52	1115.08	275	<0.001
	<i>E. rivulatus</i>	5.43	1	0.02	462.46	165	<0.001
	SCARINAE	0.83	1	0.36	1689.03	259	<0.001
ZONING SCHEME	LETHRINIDAE	0.83	1	0.36	2002.31	299	<0.001
	<i>L. nebulosus</i>	0.87	1	0.35	1961.63	255	<0.001
	<i>L. atkinsoni</i>	8.43	1	<0.001	1696.16	278	<0.001
	EPINEPHELINAE	1.1	1	0.29	1100.82	275	<0.001
	<i>E. rivulatus</i>	13.43	1	<0.001	440.94	165	<0.001
	SCARINAE	3.82	1	0.05	1680.66	259	<0.001
EFFECT	LETHRINIDAE	1.15	1	0.28	1987.99	295	<0.001

	<i>L. nebulosus</i>	0.7	1	0.4	1960.92	251	<0.001
	<i>L. atkinsoni</i>	0.55	1	0.46	1698.56	275	<0.001
	EPINEPHELINAE	0.01	1	0.92	1099.86	271	<0.001
	<i>E. rivulatus</i>	4.79	1	0.03	457.62	162	<0.001
	SCARINAE	5.9	1	0.02	1670.41	255	<0.001
SHORE FISHING	LETHRINIDAE	7.09	1	0.01	1953.98	299	<0.001
	<i>L. nebulosus</i>	0.16	1	0.69	1966.75	255	<0.001
	<i>L. atkinsoni</i>	9.03	1	<0.001	1689.1	278	<0.001
	EPINEPHELINAE	3.9	1	0.05	1060.95	275	<0.001
	<i>E. rivulatus</i>	6.16	1	0.01	461.9	165	<0.001
RESERVE IDENTITY	SCARINAE	5.59	1	0.02	1674.58	259	<0.001
	LETHRINIDAE	43.22	21	<0.001	1746.07	279	<0.001
	<i>L. nebulosus</i>	48.82	21	<0.001	1665.43	235	<0.001
	<i>L. atkinsoni</i>	35.29	20	0.02	1494.98	259	<0.001
	EPINEPHELINAE	54.33	21	<0.001	880.04	255	<0.001
SURVEY YEAR	<i>E. rivulatus</i>	68.95	20	<0.001	344.61	146	<0.001
	SCARINAE	27.81	21	0.15	1484.39	239	<0.001
	LETHRINIDAE	2.39	1	0.12	1994.3	299	<0.001
	<i>L. nebulosus</i>	0	1	0.99	1962.36	255	<0.001
	<i>L. atkinsoni</i>	5.75	1	0.02	1674.53	278	<0.001
	EPINEPHELINAE	0.5	1	0.48	1115.22	275	<0.001
	<i>E. rivulatus</i>	3.59	1	0.06	468.95	165	<0.001
	SCARINAE	21.29	1	<0.001	1579.86	259	<0.001

1402 * Total heterogeneity is provided in Table G1

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Table G3. Mixed-effects models heterogeneity statistics for abundance data

	Fish group	BIOMASS					
		Model heterogeneity*			Residual heterogeneity		
		Q _m	df	P	Q _e	df	P
HABITAT	LETHRINIDAE	41.75	3	<0.001	2082.5	260	<0.001
	<i>L. nebulosus</i>	29.38	3	<0.001	2743.83	219	<0.001
	<i>L. atkinsoni</i>	17.13	3	<0.001	1714.19	243	<0.001
	EPINEPHELINAE	1.21	3	0.75	1296.97	249	<0.001
	<i>E. rivulatus</i>	2.53	3	0.47	517.38	152	<0.001
METHOD	SCARINAE	22.86	3	<0.001	1038.84	219	<0.001
	LETHRINIDAE	2.46	2	0.29	2140.53	261	<0.001
	<i>L. nebulosus</i>	0.63	2	0.73	2829.86	220	<0.001
	<i>L. atkinsoni</i>	7.79	2	0.02	1720.61	244	<0.001
	EPINEPHELINAE	12.37	2	<0.001	1258.74	250	<0.001
RESERVE SIZE	<i>E. rivulatus</i>	5.9	2	0.05	586.26	153	<0.001
	SCARINAE	1.16	2	0.56	1193.63	220	<0.001
	LETHRINIDAE	1.3	1	0.25	2318.18	262	<0.001
	<i>L. nebulosus</i>	0.1	1	0.75	2886.72	221	<0.001
	<i>L. atkinsoni</i>	1.97	1	0.16	1925.76	245	<0.001
YEARS PROTECTION	EPINEPHELINAE	3.78	1	0.05	1307.41	251	<0.001
	<i>E. rivulatus</i>	1.32	1	0.25	571.52	154	<0.001
	SCARINAE	0.59	1	0.44	1220.28	221	<0.001
	LETHRINIDAE	0.01	1	0.94	2312.18	262	<0.001
	<i>L. nebulosus</i>	0.71	1	0.4	2882.59	221	<0.001
ZONING SCHEME	<i>L. atkinsoni</i>	3.13	1	0.08	1924.77	245	<0.001
	EPINEPHELINAE	0.12	1	0.73	1307.3	251	<0.001
	<i>E. rivulatus</i>	5.01	1	0.03	587.67	154	<0.001
	SCARINAE	0.02	1	0.89	1218.81	221	<0.001
	LETHRINIDAE	0.44	1	0.51	2314.92	262	<0.001
BOAT FISHING	<i>L. nebulosus</i>	0.54	1	0.46	2883.99	221	<0.001
	<i>L. atkinsoni</i>	9.59	1	<0.001	1925.41	245	<0.001
	EPINEPHELINAE	0.04	1	0.83	1307.27	251	<0.001
	<i>E. rivulatus</i>	9.96	1	<0.001	587.78	154	<0.001
	SCARINAE	3.09	1	0.08	1222.86	221	<0.001
	LETHRINIDAE	0.18	1	0.67	2313.23	258	<0.001
	<i>L. nebulosus</i>	0.04	1	0.84	2879.67	217	<0.001
	<i>L. atkinsoni</i>	0.14	1	0.7	1923.96	243	<0.001
	EPINEPHELINAE	0.82	1	0.37	1287.94	247	<0.001
	<i>E. rivulatus</i>	3.75	1	0.05	578.7	151	<0.001

SHORE FISHING	SCARINAE	0.57	1	0.45	1193.33	217	<0.001
	LETHRINIDAE	2.19	1	0.14	2295.06	262	<0.001
	<i>L. nebulosus</i>	0	1	0.96	2606.71	221	<0.001
	<i>L. atkinsoni</i>	5.25	1	0.02	1927.59	245	<0.001
	EPINEPHELINAE	0.38	1	0.54	1268.07	251	<0.001
	<i>E. rivulatus</i>	3.05	1	0.08	580.64	154	<0.001
RESERVE IDENTITY	SCARINAE	5.78	1	0.02	1168.18	221	<0.001
	LETHRINIDAE	29.09	21	0.11	2019.62	242	<0.001
	<i>L. nebulosus</i>	27.02	21	0.17	1941.89	201	<0.001
	<i>L. atkinsoni</i>	33.93	20	0.03	1846.92	226	<0.001
	EPINEPHELINAE	58.1	21	<0.001	987.83	231	<0.001
	<i>E. rivulatus</i>	49.47	20	<0.001	503.04	135	<0.001
SURVEY YEAR	SCARINAE	33.11	21	0.04	1046.15	201	<0.001
	LETHRINIDAE	2.39	1	0.12	1994.3	299	<0.001
	<i>L. nebulosus</i>	0	1	0.99	1962.36	255	<0.001
	<i>L. atkinsoni</i>	5.75	1	0.02	1674.53	278	<0.001
	EPINEPHELINAE	0.5	1	0.48	1115.22	275	<0.001
	<i>E. rivulatus</i>	3.59	1	0.06	468.95	165	<0.001
	SCARINAE	21.29	1	<0.001	1579.86	259	<0.001

1406 * Total heterogeneity is provided in Table G1

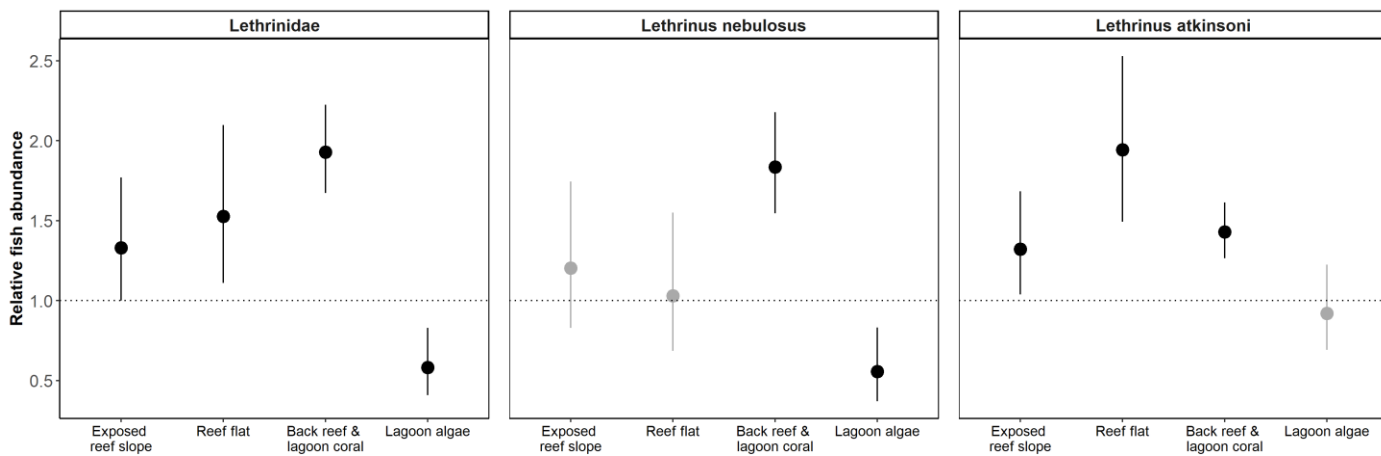
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1408 Figure G1 shows the transformed predicted effect sizes as relative fish abundance by *habitat*

1409 while Figure G2 shows this for *reserve identity*.

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1413 Figure G1. Relative fish abundance inside to outside reserves (back-transformed weighted
 1414 mean effect sizes) with 95% confidence intervals) for the Lethrinidae, *Lethrinus nebulosus*,
 1415 and *L. atkinsoni*, the fish groups for which *habitat* explained a significant amount of
 1416 variation. Effect sizes are considered significant when the confidence intervals do not include
 1417 one. Black dots correspond to significant effects while grey dots correspond to non-
 1418 significant effects.

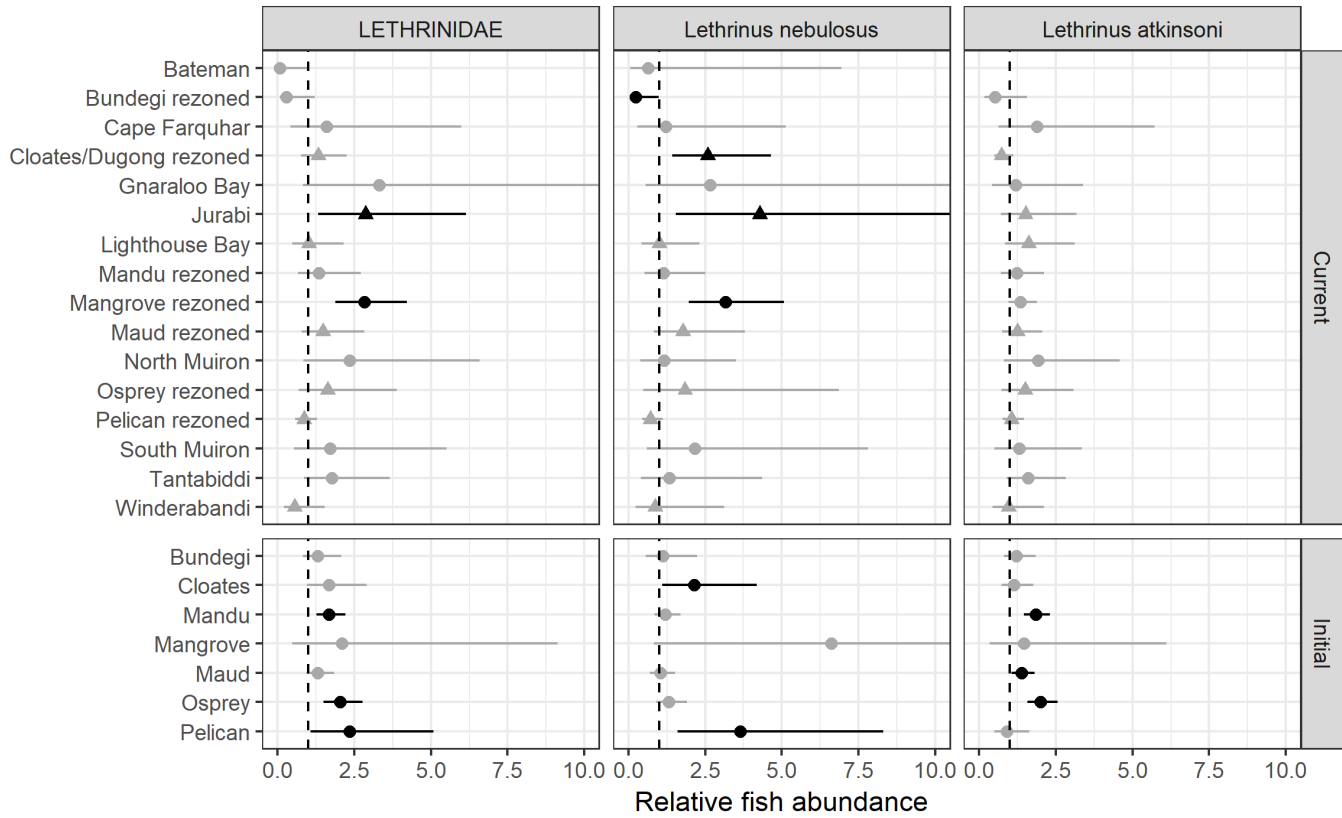
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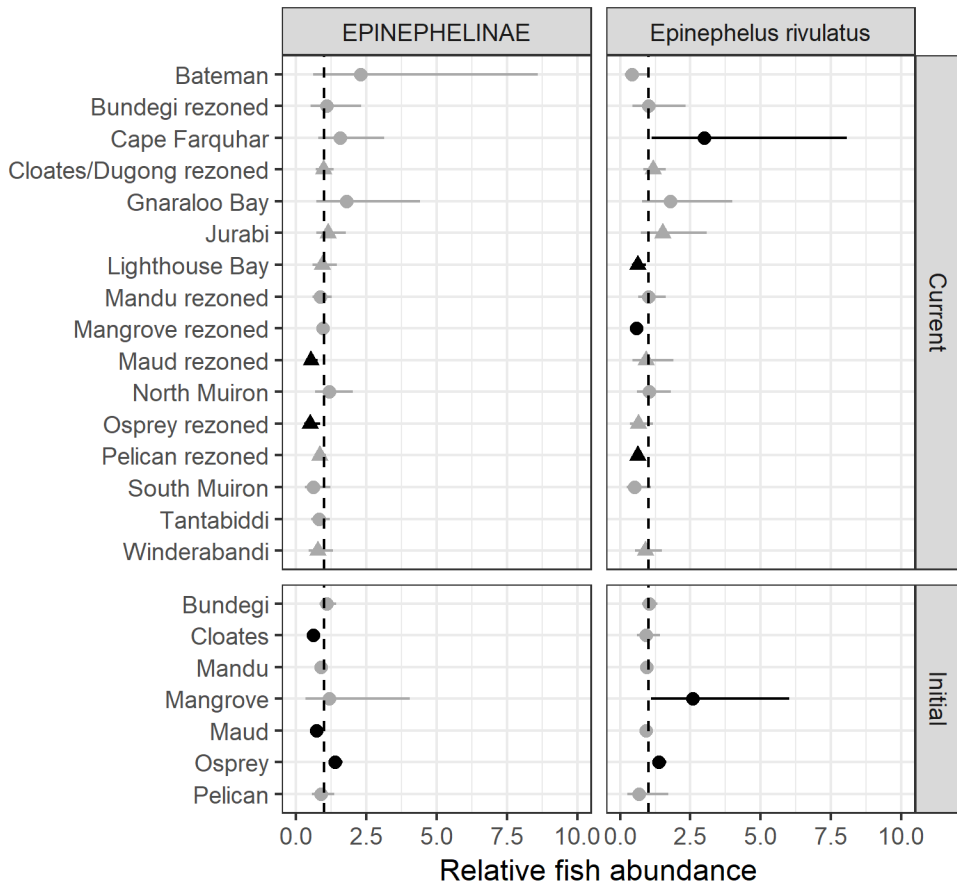
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1422 Figure G2 is included to show that there is heterogeneity between individual reserves and
 1423 because it may be useful to managers of the Ningaloo Marine Park.

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1428 Figure G2. Relative fish abundance (Transformed weighted mean effect sizes ($exp(e)$) with
1429 95% confidence intervals (CI), for the Lethrinidae, *Lethrinus nebulosus*, *Lethrinus atkinsoni*,
1430 Epinephelinae and *Epinephelus rivulatus*, the fish groups for which *reserve identity* explained
1431 a significant amount of variation. Results are categorised into panels based on the initial or
1432 current zoning. Point shape indicates whether shore fishing is allowed or prohibited along the
1433 coastal edge of the reserve (circle = prohibited; triangle = allowed). Effect sizes are
1434 considered significant when the confidence intervals do not include one. Black dots
1435 correspond to significant effects while grey dots correspond to non-significant effects.
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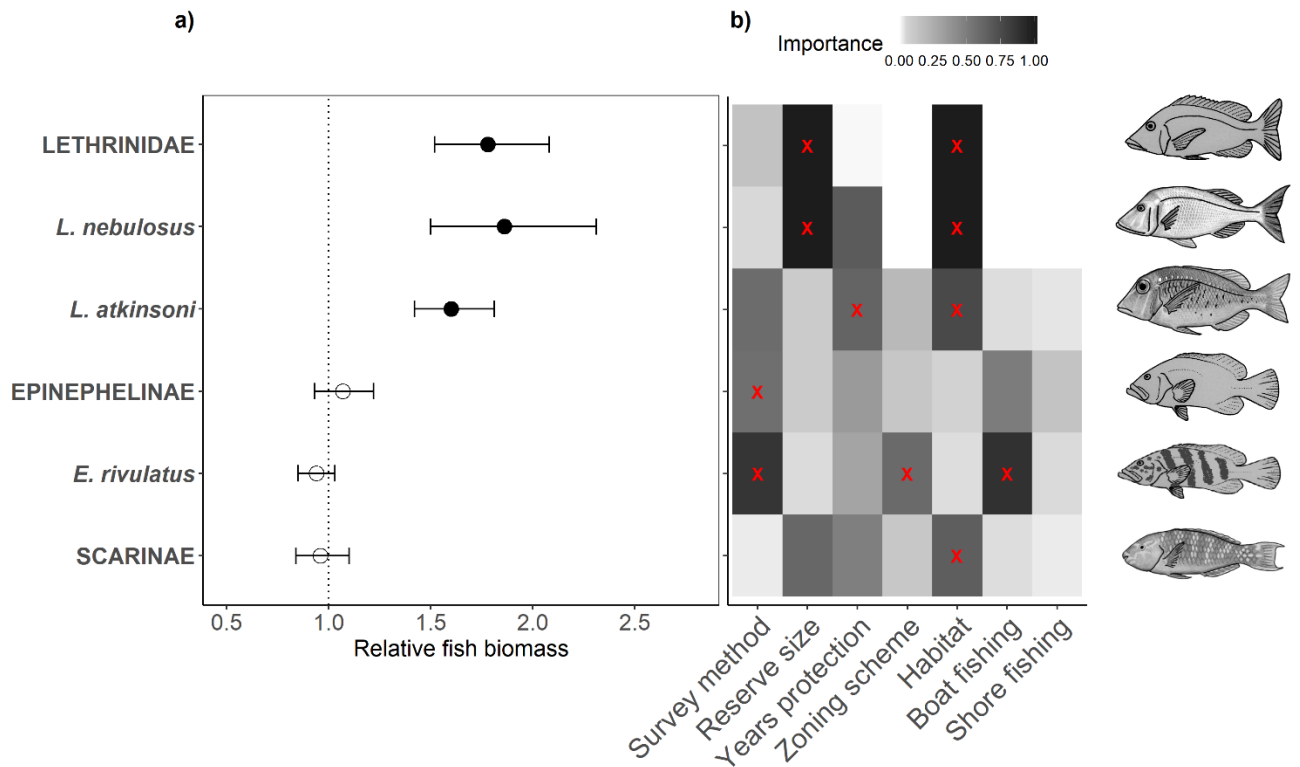
1440 *Appendix H – Biomass results*

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1443 **Table H1.** Top Generalised Additive Mixed Models (GAMMs) for predicting the response
1444 ratio inside to outside reserves, \bar{E} , for biomass from full subset analyses for the abundance of
1445 the six fish groups. Difference between the lowest reported corrected Akaike Information
1446 Criterion ($\Delta AICc$), $AICc$ weights ($\omega AICc$), variance explained (R^2) and estimated degrees of
1447 freedom (EDF) are reported for model comparison. Model selection was based on the most
1448 parsimonious model (fewest variables and lowest EDF) within two units of the lowest $AICc$.
1449 This model is shown in bold text.

Fish group	Model	$\Delta AICc$	$\omega AICc$	R^2	EDF
LETHRINIDAE	Habitat + Size by Habitat	0	0.855	0.17399	9
<i>L. nebulosus</i>	Habitat + Years protection by Habitat + Size by Habitat	0	0.443	0.19863	14.51
	Habitat + Size by Habitat	0.857	0.289	0.17016	9
	Years protection + Habitat + Size by Habitat	1.301	0.231	0.17594	10.66
<i>L. atkinsoni</i>	Habitat + Method + Years protection by Habitat	0	0.29	0.10828	12.98
	Habitat + Years protection by Habitat	0.39	0.238	0.09662	10.67
	Habitat + Method + Zoning scheme	1.273	0.153	0.08162	8
EPINEPHELINAE	Years protection + Boat fishing + Method	0	0.196	0.09835	7.81
	Boat fishing + Method	0.516	0.152	0.09171	6.68
	Years protection + Method	1.092	0.114	0.09192	7.24
	Method	1.198	0.108	0.08585	5.88
	Boat fishing + Method + Shore fishing	1.751	0.082	0.09098	7.61
	Boat fishing + Method + Zoning scheme	1.955	0.074	0.09064	7.71
<i>E. rivulatus</i>	Boat fishing + Method + Zoning scheme	0	0.546	0.17358	12.31
	Years protection + Boat fishing + Method	1.457	0.264	0.16292	11.96
SCARIDAE	Years protection + Habitat + Size by Habitat	0	0.271	0.12181	16.44
	Habitat	1.354	0.138	0.05738	5
	Years protection + Habitat + Size	1.406	0.134	0.09791	13.04
	Habitat + Zoning scheme	1.698	0.116	0.06077	6
	Habitat + Size by Habitat	1.889	0.106	0.07496	9
	Habitat + Size	1.952	0.102	0.06103	6.28

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1454 **Figure H1.** a) Relative fish biomass (Transformed weighted mean effect sizes ($exp(\bar{E})$) with
 1455 95% confidence intervals (CI), for the relative abundance of the six fish taxa: Lethrinidae,
 1456 *Lethrinus nebulosus*, *L. atkinsoni*, Epinephelinae, *Epinephelus rivulatus* and Scarinae. Effect
 1457 sizes are considered significant when the confidence intervals do not include one. Open dots
 1458 correspond to non-significant effects. Sample sizes are given in Appendix G. b) Importance
 1459 scores (based on summed Akaike weights corrected for finite samples (AICc)) from full-
 1460 subsets analyses exploring the influence of seven variables on the overall effect size for each
 1461 fish taxa. *Reserve size* was square-root transformed and *boat fishing* was log-transformed in
 1462 all models. Red X symbols mark the variables that were included in the most parsimonious
 1463 models for each fish taxa (also see Table H1 and Fig. H2).

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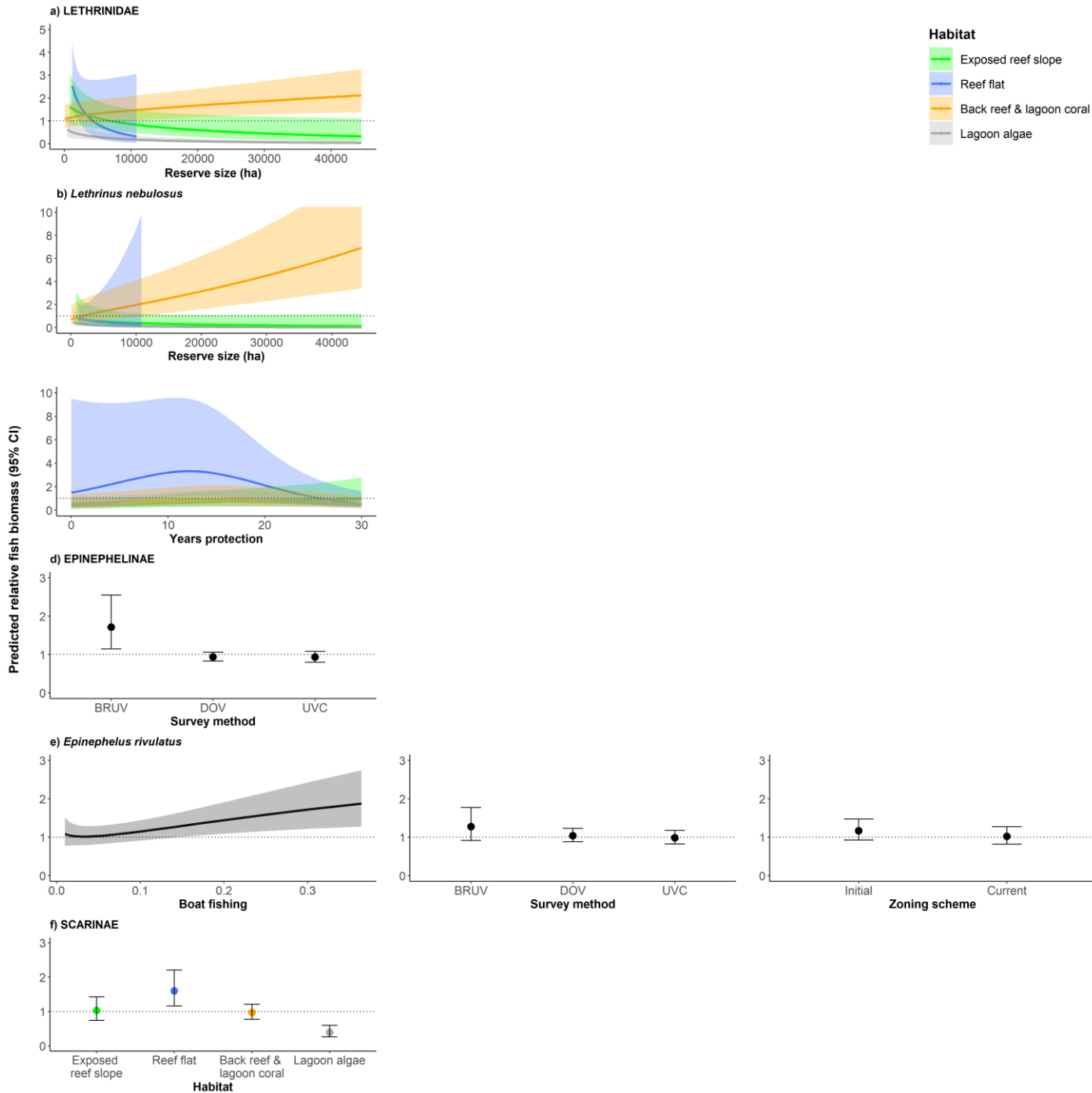
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Figure H2. Predicted relative fish biomass inside to outside reserves (back-transformed predicted weighted effect sizes) with 95% confidence intervals) for the six fish groups – a) Lethrinidae; b) *Lethrinus nebulosus*; c) *Lethrinus atkinsoni*; d) Epinephelinae; e) *Epinephelus rivulatus*; f) Scarinae for abundance– as a function of variables present in the most parsimonious models (Table G4) from full-subsets GAMM analysis. Ribbons represent 95% confidence intervals

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