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# Interaction between a falling sphere and the structure of a non-Newtonian yield-stress fluid

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#### Abstract

We present an experimental study using mixtures of aqueous superabsorbent polymers (SAP) where we systematically investigate the influence of the size of grains that make up the fluid structure on the effective rheology and its domain of validity. In water, these polymer powder grains swell up to 200 times and form gel grains whose size can be controlled by controlling the size of the initial powder. The rheology of this mixture (water and touching grains) combines viscous, elastic and plastic aspects and can be characterized using the free-fall of spheres of different diameters (between 3 and 25 mmdiameter) and densities (from 2200 to 15000 kg/m<sup>3</sup>). As the typical size of the gel grains was varied between 1 and 8 mm, there is a range where it becomes comparable to the size of the falling spheres. We observe five different motion regimes. (1) A linear regime where the sphere has a rapid and linear fall and reaches a constant terminal velocity. (2) An irregular regime where the sphere's velocity varies around a constant value. (3) An intermittent regime where periods of no-motion and periods of irregular falls follow one another.

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(4) A slow fall regime where the sphere's speed progressively decreases in a logarithmic way. And (5) a no-motion regime when spheres are not heavy enough to overcome the yield stress of the mixture, or are too small compared to the grain size. Besides these five regimes, we find that the effective yield stress and effective consistency of the mixtures always increase with the grain size, suggesting that the effective rheology depends on the size of the grains which constitute the fluid structure. Moreover, the critical Yield number  $(Y_c)$  above which there is no motion decreases as the sphere to grain diameters ratio becomes smaller than 2. This shows the role of the fluid structure also on the critical condition of motion under which the sphere is trapped. *Keywords:* Yield stress, Falling sphere, SAP, Irregular motion,

Intermittent motion

#### 1 1. Introduction

Yield-stress fluids are a broad category of fluids which have been inten-2 sively studied in the last decades due to their key roles both in industry (e.g. 3 drilling fluids, cement pastes, foams) and in natural phenomena (e.g. lava 4 and mud flows, avalanches, landslides). Very often, the material consists 5 typically of a suspension of particles in a liquid. When the particle volume 6 fraction increases, they become in close contact with one another, and the 7 material can face jamming. In this jammed state, the material can support 8 stresses without flowing. A so-called yield-stress fluid does not flow if the 9 applied stresses are not high enough to unjam the structure, but it does 10 flow when the stresses become larger than a threshold value, the yield stress 11  $(\sigma_Y)$ . The latter introduces a non-linearity into the material rheology, which 12

strongly impacts on its dynamics [1, 2, 3, 4]. An example of these materi-13 als are soft particle glasses. Above the yield stress, their flow results from 14 the concurrence of particles elastic deformations and plastic events during 15 which particles rearrange [5]. Plastic local events can influence each other 16 and lead to non-local elastic relaxation. This collective rearrangement can 17 be the reason of spatial variation of viscosity in an homogeneous stress field 18 in emulsions [6, 7]. Other finite size effects to the bulk rheology of a jammed 19 system appear due to concentration gradients of particles in non-Brownian 20 particle suspensions [8] or due to structural heterogeneities in polymers [9]. 21

Several rheological models have been proposed to describe the rheology 22 above the yield stress, such as the Bingham and the Herschel-Bulkley "HB" 23 models. One issue is the domain of validity of these rheology models: how 24 well do they describe the fluid behavior close to the yield stress and how much 25 larger than the microstructure typical length scale must be the flow length 26 scale? For example, if we take the simple (and well known in Newtonian 27 fluids) problem of a solid sphere settling in a particulate fluid, when and how 28 will the fluid microstructure interact with the sphere motion? There are two 29 end-members depending on the size ratio between the fluid microstructure 30  $d_g$  (e.g. the size of the particles in suspension in the liquid) and the falling 31 sphere  $d_s$ . When  $d_g/d_s >> 1$ , the sphere will fall through a porous medium, 32 moving along the liquid channels between particles, and when  $d_g/d_s \ll 1$ , 33 the sphere will see a continuum with an effective rheology (e.g. "HB" model). 34 But what happens for intermediate  $d_g/d_s$ ? 35

The  $d_g/d_s \ll 1$  case has been well studied for viscoplastic fluids, such as Carbopol [2]: the sphere reaches a steady-state downward motion only

if a critical force is overcome, otherwise the fall is prevented [10, 11, 12]. 38 However, the accurate value of this critical force is still debated and it varies, 30 for example, considering or not the elasticity of the material [13]. Once the 40 sphere is set in motion, crucial aspects are the determination of the drag 41 coefficient [10, 11, 14, 15] and the determination of the shape and position of 42 the yield surface that separates the solid-like region from the fluid-like one. 43 The yield surface and the drag force on the sphere have first been determined 44 numerically and analytically for a Bingham fluid by Beris et al. [10] and 45 subsequently for an HB fluid numerically [14, 16, 15] and experimentally by 46 Tabuteau *et al.* [11] in Carbopol. Within the liquid-like region, the flow in 47 Carbopol is confined nearby the sphere, within an area which size depends 48 on the yield stress of the fluid [17], and can be either symmetric [18] or 49 asymmetric [17], depending on the sample preparation. Similar results 50 had been found for Laponite, a very thixotropic colloidal suspensions [19], 51 where the asymmetry of the flow pattern increases with the age of the fluid 52 through the appearance of a negative wake (i.e. upward fluid motion in 53 the sphere's wake [20]) and in viscoelastic aqueous polyacrylamide solutions 54 [21]. Another peculiar characteristic of a falling sphere in yield stress fluids 55 or in viscoelastic materials is that its velocity can depart from a constant 56 value and show oscillations and irregularities. One of the first observations 57 of an oscillating particle settling has been in hydroxyl propyl guar (HPG) 58 polymer gels [22], a yield-stress power-law family of fluids [23]. In this work, 59 the authors suggested that the irregularities in the descending motion were 60 linked to the elasticity of the gel. Something similar is reported in entangled 61 wormlike micellar fluids [24, 25], in Laponite [26], where the vertical velocity 62

can oscillate in bursts and, again, in HPG [27]. In cornstanch suspensions 63 [28, 29], the sphere velocity never approaches a steady terminal velocity but 64 instead it oscillates, decreases with time, to reach a series of stop-go cycles 65 as the sphere becomes close to the experimental tank bottom. In wormlike 66 micellar fluids, the cause of non-transient oscillations is to be found in the 67 formation and successively breakage of flow-induced structures; in cornstarch 68 suspensions, in the formation and dissolution of a jammed layer that, under 69 sufficient stress, increases drag and slows the sphere down; while the irregular 70 motion in laponite is due to the existence of flow instabilities and shear 71 banding. 72

In this paper, we consider viscoplastic fluids that are constituted of an 73 aqueous suspension of soft gel grains. To do so, we place ourselves in between 74 the two end-members described above, using macroscopic super absorbent 75 gels. Varying independently the size of the gels grains and the size of the 76 falling spheres allows us to investigate the influence of the particle size on the 77 effective rheology of the fluid and on the motion of spheres that are falling 78 through it. The paper is organized as follow: in section 2 we describe the 79 experimental set-up and the fluids used during the experiments. Section 3 80 presents the different regimes of motions that were observed. We close with 81 section 4 and section 5 where results and their implications are discussed and 82 summarized. 83

#### <sup>84</sup> 2. Experimental set-up and fluids

# 85 2.1. The fluids

According to the product company (Omiya Green Service Co., Ltd), the 86 fluid used is a superabsorbent polymer (polyacrylamide) made by copoly-87 merization of acrylic acid and acrylamide. It is part of the family of aqueous 88 dispersions of superabsorbent polymers (SAPs), polymeric materials with 89 large capacity of water absorption [30, 31] which are used in many differ-90 ent water absorbing applications in agriculture [32], in health care industry 91 (e.g. in sanitary pads and baby diapers), in sealants and in air-fresheners 92 [33, 34]. The dry material is a white and granular powder of particles with 93 different irregular shapes. In water, the original small particles can swell up 94 to 200 times and form gel grains whose size can be controlled by controlling 95 the size of the initially dry grains. Beside the general behaviour of such 96 materials that combines viscoelastic [31] and shear-thinning aspects [35], the 97 measurement of appropriate rheological properties at the swollen state is still 98 quite complicated as typical commercial SAPs have large (up to few millime-99 ters) and irregular swollen particles that render classical rheological methods 100 difficult to use [31]. 101

Starting from the provided raw material as the largest grains size endmember, we gradually ground the dry particles to form four thinner powders. All the final gel samples were then obtained by letting  $17.5 \pm 0.1$  g of dry product react with 3.5 l of distilled water for one night. The resulting swollen mixture have been gently stirred (100 rpm) for 2-3 days with an electric stirrer in order to remove air bubbles and to homogenize the mixture. Careful weight measurements of a given volume of the final aqueous suspension before and



Figure 1: (a) Experimental set up. The cylindrical vessel containing the fluid is 50 cm high (H) and 10 cm wide (D). Videos are recorded in the tube section between the two black dotted lines (h). (b) Black and white image of the fluid structure illuminated by a laser sheet. The gel grains are in dark grey and the thin water film around them is in light grey.

after it was completely drained from the free water allowed to estimate a particle volume fraction of  $62\pm 2\%$ .

As it was for the starting dry powders, the five final fluids under scrutiny differ from each other only in the size of the grains that make up their structure. To obtain the grains size distribution of the swollen gel samples, we analyzed several high resolution images (4288 x 2848 pixels) of a laserilluminated vertical cross-section of the experimental tank (Fig.1) by using Multispec, an image analysis software [36]. The sample was stirred between each image, so that each image shows a different organization of the fluid

name	Mean diameter	std	Median	Max diameter	
	(mm)	(mm)	(mm)	(mm)	
Gel A	1.4	0.3	1.4	2.3	
${\rm Gel}\; {\rm B}$	2.1	0.5	2.1	3.5	
${\rm Gel}~{\rm C}$	3.3	0.9	3.0	5.8	
Gel D	4.8	1.2	4.5	9.5	
${\rm Gel} ~ {\rm E}$	5.7	1.2	5.5	9.6	

Table 1: Results from the imaging analysis of our five gel samples. Here we report the mean diameter of the grains, the standard deviation (std), the median and the maximum diameter. The grain equivalent diameter  $(d_g)$  of a specific gel sample refers to the mean grain size value.

structure. Fig.1b shows an example of how the fluid structure looks like. 118 The arrangement of the grains is easily recognizable and the sampling of 119 each of them during the images analysis can be automatically or manually 120 done directly from black and white images without needing more complex 121 adjustments. Once the outline of the grains is defined from the image, the 122 grain surface comes by counting the number of pixels of which it is composed. 123 We describe each grain by the equivalent diameter of a circle with the same 124 area as the measured surface. The final grains size distributions are reported 125 in Fig.2 where data are normalized to a probability density function and in 126 Table 1 where the characteristics of the distributions are listed. 127



Figure 2: Grains size distributions for the five gels used in the experiments. Histogram representation of grains equivalent diameters with a normal distribution curve on top for gel A (a), gel B (b), gel C (c), gel D (d) and gel E (e). (f) All gels together.

### 128 2.2. Setup

All the spheres are released in a 50 cm deep (H) and 10 cm wide (D)129 cylindrical Plexiglas vessel, previously filled with approximately 3.5 liters of 130 fluid (Fig.1a). In order to reduce optical distortions during the recording 131 of images illuminated laterally by a laser sheet, the vessel was placed in a 132 rectangular tank filled with water. A vertical cross-section of the tank is 133 then illuminated by a 532 nm laser sheet, and images are recorded using a 134 video camera (Canon Legria HF S21 1080p) with frame rate of 25 frames/s. 135 The position of the center of the sphere on each frame was determined by 136 plotting the spatio-temporal evolution of a vertical pixel line centered on the 137 sphere, or by using the blob analysis method in Matlab [37] (fig.4 and 5a). 138 Both methods allow the derivation of the local vertical velocity of the sphere 139 through time. And the blob analysis also provides the measurements of the 140 horizontal position and velocity of the sphere. 141

We run experiments with spheres of different materials and sizes. Their 142 properties (i.e. density and diameter) are summarized in Table 2. All the 143 steel spheres (density of 7980 and 7970 kg/m<sup>3</sup>) have been painted with black 144 spray paint to avoid strong reflections, while the other spheres have been left 145 with their original surfaces. The use of spray paint could have increased the 146 surface roughness that in turn can affect the velocity field in the fluid around 147 the object as well as the shape of the yielded region [38]. However, we did 148 not observe any discrepancies between the painted and the bare spheres. 149

Before each experiment, we stirred gently the fluid to remove any possible preferential path that might have been formed during previously runs. SAP, in fact, shows a quite strong hysteresis where the fluid structure does not

$\overline{\rho_s \ (kg/m^3)}$	$d_s (mm)$			
14952	6.00			
7980	6.00; 12.00; 14.00; 16.00; 18.00			
7970	3.00; 4.00; 5.00; 7.00; 8.00; 10.00; 20.00; 22.00; 25.00			
7799	6.00			
7782	14.00			
7621	8.00			
7519	3.20			
3227	6.00			
2200	15.66; 15.81			

Table 2: Spheres density  $\rho_s$  and diameter  $d_s$ .

recover completely its original state after it has been deformed. This aspect is observed when a second sphere is dropped from the same position as the previous one without stirring the fluid in between the two runs. For identical spheres, we have always measured higher velocities for those released later and falling through an already deformed path. Stirring the fluid between runs prevents this issue and allowed us to get reproducible velocities for identical spheres.

#### <sup>160</sup> 3. Experimental results

As first step of our investigation, it is useful to test the reproducibility and the accuracy of the experimental techniques and possible limits arising from the dimension of our setup. To do so, we measured the terminal velocities  $(v_y)$  of spheres settling in a Newtonian fluid at  $T_c=15.2\pm0.3$  °C. The fluid is glucose syrup (Glucor 60/80) with  $\rho=1394.66$  kg/m<sup>3</sup> and  $\eta=12.3\pm0.7$ Pa.s, density and viscosity at  $T_c$ , respectively. Spherical objects falling in a Newtonian fluid at low Reynolds number reach a terminal velocity given by the Stokes velocity

$$v_{Stokes} = \frac{2}{9} \frac{R^2 (\rho_s - \rho_{fluid})}{\eta} g,\tag{1}$$

where R is the radius of the spherical object and g the acceleration due to gravity. In Fig.3 we plot the velocities measured for spheres of same density and diameters in between 3 and 18 mm. Larger spheres are subjected to wall effects and in this case the sphere terminal velocity can be corrected by a coefficient that writes as

$$K_1^{-1} = 1 + \alpha_1 \left(\frac{d_s}{D}\right) + \alpha_2 \left(\frac{d_s}{D}\right)^3 + \alpha_3 \left(\frac{d_s}{D}\right)^5, \tag{2}$$

where  $\alpha_1 = -2.104443$ ,  $\alpha_2 = 2.08877$ ,  $\alpha_3 = -0.94813$  and D is the tube diameter [39]. Experiments carried out in syrup show that the measured settling velocities are in good agreement with relative corrected Stokes velocities, that is  $v_y/(v_{Stokes} K_1^{-1}) = 1$ , ensuring that our measurement system is accurate (Fig.3).

<sup>179</sup> We now move to the case where the fluid through which spheres fall is one <sup>180</sup> SAP sample described in the previous section. In Fig.4 we report a selection <sup>181</sup> of falling profiles in gel C (grains mean diameter  $d_g=3.3$  mm) for four falling <sup>182</sup> spheres with same density but different diameters. The same type of plot <sup>183</sup> is also showed in Fig.5a where this time we track spheres having same size



Figure 3: Measured terminal velocities,  $v_y$ , in syrup (circles) and Stokes velocities,  $v_{Stokes}$ , (crosses and dashed line) as function of spheres squared radius,  $R_s^2$ . Uncertainties for Stokes velocities come from the uncertainties in determining the syrup viscosity whereas the error for  $v_y$  is 0.25 mm/s, smaller than the symbols. Star symbols are the ideal velocities considering the wall correction, eq. (2).



Figure 4: Depth of spheres settling through gel C as function of time. Spheres have constant density ( $\Delta \rho = 6980 \pm 10 \text{ kg/m}^3$ ). Symbols refer to the diameter of the sphere:  $d_s = 10 \text{ mm}$  ( $\blacktriangle$ ),  $d_s = 8 \text{ mm}$  ( $\bullet$ ),  $d_s = 7 \text{ mm}$  ( $\blacksquare$ ),  $d_s = 4 \text{ mm}$  ( $\blacktriangledown$ ). Varying sphere's diameter, one can recognize the following motion regimes: linear regime (upward-pointing triangles), irregular motion superimposed to a linear trend (circles), logarithmic regime (squares) and no-motion (downward-pointing triangles). Regimes (1), (2), (4) and (5) in the text, respectively. The insert shows the distance as function of time for regime (4) with a semi-log scale. The color line is the fit  $y(x)=a\log(bx)$ , where a=98.34 and b=0.66. The correlation coefficient is R=0.980.

<sup>184</sup> but different densities settling in gel D ( $d_g$ =4.8 mm). In both figures, the <sup>185</sup> starting position along y-axis, h=0, does not refer to the top fluid surface <sup>186</sup> but to the upper limit of the camera view at which movies were recorded <sup>187</sup> (Fig.1a). This is a consequence of the fact that all movies have been taken <sup>188</sup> for a magnified portion of tube h=300 mm, starting from 70 mm under the <sup>189</sup> surface. Camera position and therefore size of the view are kept constant for <sup>190</sup> each run done in the same fluid.



Figure 5: (a) Depth of spheres settling through gel D as function of time. Here spheres have constant diameter ( $d_s=6$  mm) but different densities. As in Fig.4, we report the case of linear regime (upward-pointing triangles), no-motion (downward-pointing triangles) and, in addition, the intermittent regime (circles). (b) Sequence of snapshots every 100 frames showing the irregular motion in gel D for a sphere with  $d_s=7$  mm and  $\rho_s=7970$  kg/m<sup>3</sup>.

For each gel, depending on the diameter and density of the sphere, we 191 distinguish the following five regimes (Fig.4 and Fig.5). (1) A linear regime: 192 rapid and linear fall in which spheres reach a constant terminal velocity; (2) 193 an irregular regime superimposed to a linear one where spheres never stop 194 during their way down  $(v_y > 0)$  but their local velocity fluctuates around 195 a constant value; (3) an intermittent regime: another irregular regime but 196 here periods of no-motion, where the sphere's vertical velocity goes to zero, 197 and periods of irregular falls follow one another; (4) a logarithmic regime 198 where the sphere's speed progressively decreases (inset in Fig.4); and (5)199 a no-motion regime in which spheres do not move at all from their initial 200 positions. 201

Regimes (1) and (5) are characteristic of a yield stress fluid [11, 26, 40]202 and one can interpret them based on the state of the medium that surrounds 203 the object. In the linear regime (1) the fluid around the sphere has a liquid-204 like behaviour that allows spheres to go down, whereas in regime (5) local 205 stresses are below the yield stress  $(\sigma_Y)$  and the material around the sphere 206 remains in the solid state, leading to the no motion of the object. Here the 207 stress field is generated by the weight of the sphere minus the buoyancy and 208 the no-motion regime is always observed for smallest diameters  $d_s$  (Fig.4) or 209 density contrast  $\Delta \rho$  (Fig.5a, as in [11]). We have had no-motion whether the 210 sphere was placed on the surface of the fluid column, or it was gently pushed 211 within it and released deeper in the fluid. In both cases, we left the spheres 212 in that position for days (up to a week for one run) and they never moved 213 away from their starting positions. 214

215

Although the distinction between the two end-member cases (1) and (5)

is easy to establish, to discern quantitatively between the first steady-state 216 motion regime (1) and the more irregular ones is more delicate. We sum-217 marize how we define the different motion regimes in Table 3. From the 218 falling profiles one can notice that, although sometimes it is still possible to 219 identify an almost constant falling speed superimposed on fluctuations (cir-220 cle symbols both in Fig.4 and Fig.5a), in some other cases, spheres seem to 221 slow down logarithmically during their way to the bottom (square symbols 222 in Fig.4), making impossible the determination of a constant terminal veloc-223 ity. We report this aspect in Fig.6a by plotting the mean squared variations 224 (MSE) obtained by fitting the falling profiles with a linear or a semilog fit 225 as function of spheres buoyancy. The logarithmic regime (4) is defined for 226  $MSE_{linear} > MSE_{log}$ , that is when falls are better represented with a logarith-227 mic fit. Hence, this regime describes a continuous decrease in sphere's speed 228 which never reaches the steady-state. Although in the case of Carbopol [11] 220 velocity decreases following a power law, in most of our cases it best fits 230 a logarithmic curve. Although from Fig.6a is evident that the logarithmic 231 behaviour appears more often at lower buoyancies, the distinction between 232 linear and non-linear regime is not straightforward. In a few cases, indeed, 233 at same buoyancy the two behaviours coexist. 234

Once the separation between stoppage cases (logarithmic regime (4) and no-motion (5)) and the other cases is established, one can identify and recognize diversities between the steady-state motion (regime (1)) and the more irregular and chaotic regimes (2) and (3). Depending on the buoyancy of the object and hence on its velocity, the irregularities show up as fluctuations in the sphere local vertical velocity and in a progressive increase of its



Figure 6: Determination of the different regimes of motion. In (a), (c) and (e) data refer to experiments carried out in gel E. In (b), (d) and (f) data are for all fluids and colours indicate the grain size as in Fig.2. (a) best fit  $(MSE_{linear}/MSE_{log})$  of the falling profiles.  $\odot$  indicates a better linear fit whereas  $\diamond$  a better semilog fit (logarithmic regime (4), in the text). (b) mean falling velocities  $(\overline{v}_y)$  for those falling profiles that have been linearly fitted. The error for  $v_y$  is 0.25 mm/s, smaller than the symbols. We do not report the standard deviation for  $v_y$  here (whereas it is in (c) and (d)) as being also linked to the physical fluctuation of the sphere, for small values of velocity it would make the plot unreadable. In (c) and (d) we separate those experiments that show a more irregular and chaotic motion ( $\Box$ ) from those that do not show any irregularities during the fall ( $\bigcirc$ ) by plotting  $std(v_y)/\overline{v}_y$ . The dashed line is for  $std(v_y)/\overline{v}_y = 0.15$ , from the Newtonian case. In (e) and (f) we separate the intermittent regime (3) ( $\times$ ) from the other irregular regime (2) ( $\Box$ ) based on the amount of time  $t_s$  the sphere remains at  $v_y \leq err(v_y)$ .  $t_0$  is the total time the sphere takes to descend h. The dashed line indicates  $t_s/t_0=5$ .

horizontal motion (Fig.5b). Regimes (2) and (3) show some similarities: in both of them, spheres have a long term constant falling velocity on which is superimposed a more complex and irregular pattern of fluctuations. The latter are characterized by accelerations and subsequent decelerations in a short period of time and, in some cases, they can result in a succession of stops of the sphere. In the most drastic cases, we observe the complete arrest of the sphere after it has passed through most of the fluid (Fig.5a).

To determine the boundaries between the irregular regimes (2) and (3)248 and regime (1), one can look, as a first approximation, at the ratio between 249 the standard deviation (std) of the local falling velocity and its mean value. 250 Variations of the local velocity for spheres in irregular regimes are much 251 larger than the experimental uncertainty (Fig.6c-d). The latter is due to 252 the precision of the technique we used to detect the sphere position in time 253 (hereafter  $err(v_y)$ ). It is estimated to be 0.25 mm/s from the syrup-case mea-254 surements and from local velocity measurements in the no motion regime. In 255 the Newtonian case,  $std(v_y)/\overline{v}_y$  always remains smaller than 0.15. We define 256 the linear regime (1) using this value, that is for  $std(v_y)/\overline{v}_y < 0.15$  (dashed 257 line in Fig.6c-d). This limit represents therefore a boundary between the 258 steady-state motion and what shows a more spread distribution of velocities. 259 Once the linear regime is bounded in this way, we distinguish between 260 the irregular regime (2) and the intermittent regime (3) as follows. In the 261 intermittent case the sphere remains during a certain cumulative amount of 262 time,  $t_s$ , at  $v_y \leq err(v_y)$ . We then compare  $t_s$  to the total time,  $t_0$ , the sphere 263 takes to descend 30 cm. The intermittent regime is defined as  $t_s/t_0 \ge 5\%$ . 264 The remaining irregular regime (2) is therefore defined as  $t_s/t_0 < 5\%$  and 265

	Regimes						
	(1)	(2)	(3)	(4)	(5)		
$\overline{v}_y = 0 \pm err(v_y)$					x		
$MSE_{lin} > MSE_{log}$				х			
$\overline{\mathrm{MSE}_{lin} < \mathrm{MSE}_{log} \&}$							
$std(v_y)/\overline{v}_y < 0.15$	Х						
$\overline{\mathrm{MSE}_{lin} < \mathrm{MSE}_{log} \&}$							
$std(v_y)/\overline{v}_y \ge 0.15$	Х		х				
$\overline{\mathrm{MSE}_{lin} < \mathrm{MSE}_{log} \&}$			х				
$t_s/t_0 \ge 5\%$							

Table 3: Summary of the observed motion regimes and the way they are classified

<sup>266</sup>  $std(v_y)/\overline{v}_y > 0.15$  (Fig.6e-f).

Fluctuations, accelerations and subsequent decelerations and the result-267 ing general complex set of behaviours of the moving sphere, characterize the 268 experiments both in the direction of fall and in the one perpendicular to it. 269 In fact, the irregular motion we have observed is not only present and visible 270 in the vertical direction but it also affects the horizontal motion of spheres in 271 a such a way that, along this direction, they collect a certain amount of trav-272 eled distance  $(L_x)$  with respect to their initial position, depending on their 273 diameter (Fig.7a), on the gel grains size (Fig.7b), and on the vertical falling 274 distance h (Fig. 8a). Fig. 8b shows that for each run,  $L_x$  is roughly propor-275 tional to h. Fig.7 shows that small spheres change frequently their horizontal 276 position, oscillating continuously around the vertical axis, and traveling for 277 larger distances  $L_x$  than the large spheres. If we normalize  $L_x$  by h and  $d_s$ 278



Figure 7: Total distance traveled in the horizontal direction  $(L_x)$ . (a)  $L_x$  as function of the sphere diameter  $d_s$ . Dashed line indicates the uncertainty in position. (b) Same plot with y-axis normalized by the vertical falling distance h and x-axis by the gel grain size  $d_g$ . Colours indicate the different fluids as indicated in the legend. Symbols refer to the different motion regimes:  $\bigcirc$  for the linear regime (1);  $\square$  for an irregular regime superimposed to a linear one (2);  $\times$  for the intermittent regime (3) and  $\Diamond$  for the logarithmic regime (4). Empty symbols are for steel spheres while the symbol with a point inside refers to  $\rho_s=7799 \text{ kg/m}^3$  and those filled with a plus sign are for  $\rho_s=14952 \text{ kg/m}^3$ .

by the diameter of the gel grains  $(d_g)$ , we achieve a good collapse for all our data along a line with slope -2. That is

$$L_x/h = C_{exp} \left( d_s/d_g \right)^{-2}$$
 (3)

where  $C_{exp} = 0.49 \pm 0.26$ . In this way the total travelled distance in horizontal direction turns to be a good candidate to underline the strong interaction of the sphere and the gel grains that make up the fluid structure when those two have similar sizes.



Figure 8: Distance traveled in the horizontal direction in gel C. (a) Distance traveled in different 15-cm-vertical-sections of h,  $L_x[Sect]$ , as function of spheres buoyancy. Sections are  $Sect_A = [h=0 \text{ cm}, h=15 \text{ cm}]$ ;  $Sect_B = [h=15 \text{ cm}, h=30 \text{ cm}]$ ;  $Sect_C = [h=7.5 \text{ cm}, h=22.5 \text{ cm}]$ . (b) Ratio between the total distance traveled in 30 cm,  $L_x$ , and the distance travelled in 15 cm,  $L_x[Sect]$ .

# 285 4. Discussion

### 286 4.1. Determination of the SAP effective rheology

The fall of a spherical object within certain boundary conditions is described by the combination of a proper set of equations of motion and the constitutive relation of the fluid through which the sphere is falling. For yield stress fluids a commonly used rheological model that relates stress and strain in a non-linear way is the Herschel-Bulkley model [2, 12, 41]:

$$\begin{cases} \sigma = \sigma_Y + K_v \dot{\gamma}^n & \text{if } \sigma > \sigma_Y \\ \dot{\gamma} = 0 & \text{if } \sigma \le \sigma_Y \end{cases}$$

$$\tag{4}$$

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where  $\sigma$  is the stress,  $\sigma_Y$  the yield stress,  $\dot{\gamma}$  the shear rate,  $K_v$  the consistency and *n* the shear-thinning index. Considering a fluid which flows following <sup>295</sup> such model, for small Reynolds numbers ( $\text{Re}\ll1$ ), the problem of a settling <sup>296</sup> particle needs two parameters to be characterized [11, 42]. They are the <sup>297</sup> Bingham number

$$Bi = \frac{\sigma_Y}{K_v (v_y/d_s)^n},\tag{5}$$

that compares yield stress with viscous stresses, and the yield number

$$Y = \frac{3\sigma_Y}{gd_s\Delta\rho} \tag{6}$$

<sup>299</sup> that compares the yield stress with the buoyancy stress.

As described in section 1, most of the experimental work done to study 300 this problem is carried out by using Carbopol. The main difference between 301 experiments done with Carbopol and the present work regards the typical 302 size of the fluid structure compared to the dimension of the object that 303 is moving through it. Carbopol corresponds to the case where the fluid 304 structure (grains) is much smaller than the spheres. In this case, only regimes 305 (1), (4) and (5) were reported (e.g. [11]) while neither the irregular regime 306 (our regime (2)) nor the intermittent regime (3) were reported; and the fall 307 of the sphere is always reported to be free of any sort of chaotic motion 308 [11, 17, 38].309

In regime (1), that is when a constant terminal velocity can be determined, Tabuteau *et al.* [11] showed that their data are well-fitted by the following equation

$$\frac{1}{Y} = 7 + \frac{8.52}{Bi} \tag{7}$$

with n=0.5, and that there is a critical value of Y,  $Y_c=0.145$ , above which there is no motion.

Taking into account the differences between SAP and Carbopol, one can use eq.(7), defined for  $d_s \gg d_g$ , and check whether it applies for a fluid with a much larger structure. Thus, assuming a framework in which eq.(7) is valid also in our case, we can rewrite it as

$$\frac{gd_s\Delta\rho}{3} = 7\sigma_{Y(eff)} + 8.52K_{v(eff)} \left(\frac{v_y}{d_s}\right)^n,\tag{8}$$

where  $\sigma_{Y(eff)}$  and  $K_{v(eff)}$  represent the effective yield stress and consis-319 tency of the SAP through which the sphere is falling. In eq.(8),  $v_y$  is the 320 average falling velocity defined for those experiments which do not show a 321 decrease in speed, that is those in regime (1), (2) and (3). By plotting the 322 buoyancy stress  $(gd_s\Delta\rho)$  as function of the effective strain rate, i.e.  $(v_y/d_s)^n$ , 323 Fig. 9 shows for SAP the same linear relationship showed for Caropol [11]. 324 Therefore the slope of the linear fit is related to an effective consistency 325 through 326

$$K_{v(eff)} = \left[\frac{gd_s\Delta\rho}{25.56} - 0.86\,\sigma_{Y(eff)}\right] \left(\frac{v_y}{d_s}\right)^{-n}.\tag{9}$$

and, similarly, an effective yield stress is related to the intercept at zero
 effective strain rate through

$$\sigma_{Y(eff)} = \frac{gd_s\Delta\rho}{21}.$$
(10)

In this way, by using the falling sphere system as reometer we can define an effective rheology, which has to have same form of eq.(7), for each of our gel sample. Fits in Fig.9 depend on the shear thinning exponent n used to calculate the effective shear rate. Minimum mean squared values for linear fit are found for n in between 0.5 and 0.7 (Fig.11). Unless otherwise indicated, in what follows we will use n=0.5 since it is with this value that eq. (7) is defined. Interesting, experiments in both regime (1), (2) and (3) can be linear fitted by the same line. Moreover, effective yield stress and consistency increase with the gel grains size (Fig.10).

For experiments involving large spheres, it is opportune to check whether wall corrections are needed or not. For sufficiently small sphere-to-tube diameter ratio,  $d_s/D$ , we do expect no reductions of sphere's terminal velocity. This means that the measured velocity,  $v_y$ , is equal to the ideal terminal velocity of a sphere falling in an unbounded medium,  $v_{\infty}$ . On the other hand, if  $d_s/D$  exceeds a critical value,  $(d_s/D)_{crit}$ , velocity decreases leading to  $v_y/v_{\infty} < 1$ . The critical diameter ratio for a yield stress fluid writes as [43]

$$(d_s/D)_{crit} = 0.055 + 1.114 \, Y \qquad \text{if} \quad Y \leqslant Y_c.$$
 (11)

In our case,  $d_s/D$  is smaller than  $(d_s/D)_{crit}$  as long as  $d_s/D < 0.1$ . The influence of walls causes a reduction in speed such that [43]

$$\frac{v_y}{v_{\infty}} = 1 - 1.7 \left[ (d_s/D) - (d_s/D)_{crit} \right] \quad \text{if} \quad d_s/D > (d_s/D)_{crit}. \quad (12)$$

For  $0.1 \leq d_s/D \leq 0.17$  experiments are above critical conditions and, according to eq. (12), wall effects lead to  $0.8 < v_y/v_{\infty} < 1$ , that is a maximum decrease of  $v_y/v_{\infty}$  of less than 20%.

<sup>350</sup> Considering only the experiments with  $v_y/v_{\infty} > 0.8$  and ignoring the <sup>351</sup> others, we recalculate the effective rheology in the same way described above



Figure 9: Sphere buoyancy as function of effective shear rate,  $(v_y/d_s)^n$ . Following Tabuteau *et al.* [11] approach,  $v_y$  is the average falling velocity for those experiments where a steady decrease of the speed has not been observed (i.e. we do not consider regime (4)) and n=0.5 the power-law index. Colours represent the fluids (same as Fig.7) while symbols the regimes (circles for regime (1), squares for regime (2) and crosses for regime (3)). Empty symbols for steel sphere; symbol with a point inside for  $\rho_s=7799$ kg/m<sup>3</sup>; with a plus sign for  $\rho_s=14952$  kg/m<sup>3</sup> and filled symbols for  $\rho_s=2200$  kg/m<sup>3</sup>. Solid lines are the linear data fits.



Figure 10: Effective yield stress  $(\sigma_Y)$  and effective consistency  $(K_v)$  as function of gel grains size.



Figure 11: Power law index (n) that best linearly fits data in Fig.9 for all gel samples. *y*-axis represents the mean squared errors (MSE) of the linear fit normalized by the maximum MSE found. The best range of n is in between 0.50 and 0.70.



Figure 12: Influence of the velocity reduction due to wall effects on the effective rheology. n=0.5. (a) The new fit that considers only experiments with  $v_y/v_{\infty} > 0.8$  (solid lines) is compared with the previous fit from Fig.9 (dashed lines). Colours and symbols here are those described in Fig.9. (b) Effective yield stress and consistency as function of gel grains size from the new fit (blue symbols). Red symbols are those in Fig.10.

(Fig.12a). The new values of  $\sigma_{Y(eff)}$  and  $K_{v(eff)}$  do not differ much from the previous ones (Fig.12b); which means that our set up is big enough.

Once we got the yield stress and the consistency of each sample, we plot  $Y^{-1}$  as function of  $Bi^{-1}$  in Fig.13. For values of  $Bi^{-1} > 0$  we achieve a good collapse along eq.(7) for experimental data that belong to regimes (1), (2) and (3). In this way, even considering the irregular regime (2) and the intermittent (3) where the interaction between moving objects and fluid structure results in highly irregular falls of objects themselves, an effective rheology following the Hershel-Bulkley model with a classical shear-thinning
index of 0.5 well represents the majority of our data.

#### 362 4.2. Entrapment conditions

Fig.13 also shows that for  $Bi^{-1}=0$  spheres get entrapped also for  $Y^{-1} > 0$ 363  $Y_c^{-1}$ . From the experimental work of Tabuteau *et al.* [11], the critical value 364 of the yield number  $(Y_c)$  above which spheres do not move in a simple yield 365 stress fluid is 0.145. This value is very close to 0.143, predicted in previous 366 works of Beris *et al.* [10] and Blackery and Mitsoulis [14]. On the other hand, 367 a more recent study [13] points out how the critical value may increase as 368 function of the Deborah number if elastic effects are taken into account. In 369 our case, however, we observe sphere arrest also for  $Y < Y_c$ . For example, 370 we observed arrest even for  $Y = 0.042 \approx Y_c/3$  (4 mm steel sphere). 371

As we highlighted at the beginning of this section, equation (7) was de-372 rived for Carbopol when the size of the moving object is much larger than the 373 size of the particles than make up the fluid structure. Inside this assumption, 374 the critical condition is well predicted in our case too. In gel E, for example, 375 we had no-motion for a large glass sphere  $(d_s/d_g > 2.5 \text{ and } \Delta \rho = 1200 \text{ kg/m}^3)$ 376 for Y=0.478 (Fig.14), greater than  $Y_c=0.145$ . It is only when the diameter 377 of the sphere becomes comparable to the diameter of the gel particles that  $Y_c$ 378 moves to lower values and the stoppage regime (5) cannot be anticipated any 379 more from eq.(7). For the same gel E, a smaller steel sphere  $(d_s/d_g < 2$  and 380  $\Delta \rho = 6970 \text{ kg/m}^3$ ) is in stoppage for  $Y = 0.13 < Y_c$ . We attribute this to the 381 interaction between spheres and the gel structure: when  $d_s \rightarrow d_g$ , the spheres 382 "see" obstacles on their way and the effective rheology breaks down. 383



Figure 13: 1/Y as function of 1/Bi. Colours are for the different fluids. The dashed line indicates  $Y_c^{-1}=0.145^{-1}$  [11]. Symbols are filled in a different way to distinguish between spheres of different materials: full-filled symbols are for light spheres ( $\rho_s = 2200 \text{ kg/m}^3$ ), open-symbols for  $\rho_s = 7970 \text{ kg/m}^3$ , point-filled for  $\rho_s = 7799 \text{ kg/m}^3$ , asterisk-filled for  $\rho_s = 3227 \text{ kg/m}^3$  and plus-filled for  $\rho_s = 14952 \text{ kg/m}^3$ . We show the good collapse of our data along eq.(7) (solid black line). The inset shows the data zoomed around the critical conditions in order to better display the entrapment conditions.



Figure 14: Range of validity of the effective rheology. Colours are for the different fluids. Symbols are those used in Fig.13. The dashed line indicates  $Y_c^{-1}=0.145^{-1}$  [11]. For  $d_s/d_g$  approaching the value of 2, we have no motions (triangles), even for yield numbers lower than the critical one commonly used.

#### 384 4.3. Grains rearrangement and elasticity

The emergence of a yield stress in SAP can be related to the jamming of 385 soft grains. Gel grains act as athermal elastic particles that interact by gliding 386 and compressing each other. The collective behaviour of a fluid made up by 387 these elastic grains or particles can show elasto-viscoplastic responses [5, 44]. 388 Therefore, one can expect that also the observed irregular motion regimes 380 can be linked to the jamming nature of the fluid. Within this framework, 390 going from the linear to the intermittent regime by decreasing the sphere 391 size makes the elasticity and the yield stress seen by the sphere no longer 392 the collective one of the bulk material, but rather the one of few gel grains. 393 Once this occurs, to allow the continuous fall of the sphere, grains in front 394 of it must undergo rearrangement. The mechanics of the flow appears then 395 similar to the one of soft glassy materials. In this case the flow occurs through 396 a sequence of elastic (reversible) deformations and local plastic (irreversible) 397 rearrangement events which induce a long ranged relaxation of stress [6, 398 45, 46]. Grains rearrangements will be all the more common the higher 399 the local shear stresses are (e.g. in the case of a larger sphere). Since the 400 number of plastic events for unit of time controls fluid flow and relaxation 401 [6], a sufficient high number of them leads the system to be more fluid. The 402 resulting sphere motion would be in the linear regime (1); whereas irregular 403 and intermittent regimes might be the result of a less fluid system where 404 the local rheology seen by the sphere becomes more relevant. In this way, 405 the observed deformation induced by the sphere falling in the linear regime 406 is mainly the elastic interaction between the grains, as it is for flow of soft 407 particle glasses [5]. 408

Fluid elasticity have been also linked to a peculiar characteristic of the 409 fluid flow around the sphere, namely its asymmetry. The rise of a fore-arc 410 asymmetry and the formation of a negative wake at the sphere's tail has 411 been detected experimentally in Carbopol [e.g. 17, 38] and associated with 412 fluid elasticity [13, 17] or the emergence of thixotropy [18]. In SAP, we 413 have observed a fore-arc asymmetry in the velocity field collected from PIV 414 measurements. Indeed, Fig.15 shows that a negative wake in the region at 415 the sphere back can be recognized at least for the linear motion regime (1). 416 Although to discern the cause that breaks the fore-arc symmetry in SAP is 417 not straightforward, its formation is more probably due to elasticity. In fact, 418 between SAP grains there are not polymer chains that form system-spanning 419 networks and the fluid, during a single experiment, does not undergo aging. 420 More details about will be given in a coming work where the fluid velocity 421 field will be properly analyzed and explained. 422

Moreover, a further analysis on how the properties of a single elastic grain 423 could influence  $\sigma_{Y(eff)}$  and  $K_{v(eff)}$  might be relevant to evaluate the role that 424 its viscoelasticity plays for the bulk rheology. However, the extreme softness 425 of the material makes it very difficult. After several attempts to measure 426 forces and penetration depth by using a microindenter with a minimum nor-427 mal force of 20 mN, we have not been able to get any reliable measurements 428 since slip or rupture of the grain always occurred even for such small values 429 of normal force. 430



Figure 15: Fluid flow from PIV measurements. We display the vertical component of the right half part of instant velocity field  $(v_z)$  for a sphere  $(d_s=19 \text{ mm})$  falling in the linear regime (1) through SAP.

#### 431 5. Conclusion

In this work we have experimentally investigated the influence that the size of particles which build up the structure of an yield stress fluid has on the dynamics of a spherical intruder falling under gravity through it. As the typical size of the gel grains was varied between 1 and 6 mm and the sphere diameter was varied between 3 and 25 mm, there exists a range where they become comparable.

We have been able to expand from three (in Carbopol) to five (in SAP) 438 the observed regimes of motion of the sphere: (1) a linear regime where the 439 sphere has a steady-state motion; (2) an irregular regime superimposed to a 440 linear one where spheres never stop during their way down but their velocity 441 varies; (3) an intermittent regime in which periods of no-motion and periods 442 of irregular falls follow one another: (4) a logarithmic regime where the sphere 443 velocity progressively decreases; (5) no-motion. Beside the classical steady-444 state motion (1) and stoppage regimes (5), typical of viscoplastic fluids, the 445 interaction between moving objects and the fluid structure results then in 446 two additional regimes ((2) and (3)) where the motion becomes more chaotic. 447 The same strong interaction between the sphere and the gel grains is also 448 observed from the sphere total travelled distance in the horizontal direction. 449 Moreover, we have shown that the effective rheology of SAP follows the 450

<sup>451</sup> Herschel-Bulkley model with a power index n=0.50, making this simple set-<sup>452</sup> up a good rheometer for this type of fluids.

We also found that both yield stress and consistency of the gel increase with the gel grain size, suggesting that the effective rheology, due to the material heterogeneous properties, depends on the size of the particles which constitute the fluid structure. However, it is remarkable that the overall
sphere motion predicted by the Herschel-Bulkley model begins to "see" the
texture only for sphere diameters less than twice the SAP grain size.

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