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# Lower bound of Schrödinger operators on Riemannian manifolds 

M. LANSADE


#### Abstract

We show that a weighted manifold which admits a relative Faber Krahn inequality, and satisfy a suitable reverse volume doubling condition admits the Fefferman Phong inequality $\langle V \psi, \psi\rangle \leq C_{V}\|\psi\|^{2}$, with the constant depending on a Morrey norm of $V$, and we deduce from it a condition for a $L^{2}$ Hardy inequality to holds, as well as conditions for Schrödinger operators to be positive. We also obtain an estimate on the bottom of the spectrum for Schrödinger operators.


## Résumé

On montre qu'une variété à poids admettant une inégalité de Faber-Krahn relative, et qui satisfait une certaine propriété de doublement inverse du volume, admet une inégalité de Fefferman Phong $\langle V \psi, \psi\rangle \leq C_{V}\|\psi\|^{2}$, où la constante dépend d'une norme de Morrey de $V$. On en déduit une condition pour qu'une inégalité de Hardy $L^{2}$ soit vérifiée, et des conditions de positivité des opérateurs de Schrödinger sur $M$. On obtient aussi un estimé du bas du spectre des opérateurs de Schrödinger.

## 1 Introduction

In [8, 9] Fefferman and Phong established the inequality, for $p>1$ :

$$
\begin{equation*}
\int_{\mathbf{R}^{n}} V(x) \psi(x)^{2} \mathrm{~d} x \leq C_{p} N_{p}(V) \int_{\mathbf{R}^{n}}|\nabla \psi(x)|^{2} \mathrm{~d} x \tag{1.1}
\end{equation*}
$$

with $\psi$ a compactly supported smooth function, $V$ non negative and locally integrable, $C_{n, p}$ is a constant depending only on the dimension and $p$, and $N_{p}$ is the morrey norm :

$$
\begin{equation*}
N_{p}(V)=\sup _{\substack{x \in \mathbf{R}^{n} \\ r>0}}\left(r^{2 p-n} \int_{B(x, r)} V(y)^{p} \mathrm{~d} y\right)^{1 / p} \tag{1.2}
\end{equation*}
$$

Such an inequality yields a positivity condition for the Schrödinger operator $H=\Delta-V$ (with $\Delta=-\sum_{i=1}^{n} \partial_{i}^{2}$ ), namely that if $N_{p}(V) \leq 1 / C_{n, p}$, then $H$ is a positive operator. In fact the following estimates on the lower bound of the spectrum of $H, \lambda_{1}(H)$ was also given :

$$
\begin{equation*}
\sup _{\substack{x \in \mathbf{R}^{n} \\ r>0}}\left(C_{1} r^{-n} \int_{B(x, r)} V \mathrm{~d} x-r^{-2}\right) \leq-\lambda_{1}(H) \leq \sup _{\substack{x \in \mathbf{R}^{n} \\ r>0}}\left(C_{p} r^{-n}\left(\int_{B(x, r)} V^{p} \mathrm{~d} x\right)^{1 / p}-r^{-2}\right) \tag{1.3}
\end{equation*}
$$

The conditions for such inequalities (though with a constant that doesn't necessarily depends on the Morrey norm) to hold in $\mathbf{R}^{n}$ has been studied extensively, see for example in [4, 15, 18 . And in [19], Maz'ya and Verbitsky establish necessary and sufficient conditions for (1.1) to hold with complex valued $V$. That being the case, it seems interesting to study to what extends, and under which geometrical hypotheses those results extend on other spaces, such as Riemannian manifolds.

The first aim of this article is to generalize the initial result of Fefferman and Phong to a weighted Riemannian manifold. A natural way to do that would be to use the Poincaré inequality $: \int_{B(x, r)}\left|f-f_{B(x, r)}\right| \mathrm{d} \mu \leq C r \int_{B(x, \kappa r)}|\nabla f| \mathrm{d} \mu, f \in \mathcal{C}^{\infty}(\kappa B)$, for any $x \in M, r>0$, with $\kappa>1$, $f_{B}=\frac{1}{\mu(B)} \int_{B} f \mathrm{~d} \mu$. It turns out that the result still holds under some weaker hypothesis. Our proof will follow the general idea used by Schechter in [26, that (1.1) follows from the inequality (which holds in $\mathbf{R}^{n}$ following a result of Muckenhoupt and Wheeden[21]):

$$
\begin{equation*}
\left\|I_{1} f\right\|_{L^{2}} \leq C\left\|M_{1} f\right\|_{L^{2}} \tag{1.4}
\end{equation*}
$$

with $I_{1} f(x)=c_{n} \int_{\mathbf{R}^{n}} \frac{f(y)}{|x-y|^{n-1}} \mathrm{~d} \mu(y)$, and $M_{1} f(x)=\sup _{r>0} r^{1-n} \int_{B(x, r)}|f(y)| \mathrm{d} y$, and that (1.3) is proved using similar estimates, this time on $\left(\Delta+\lambda^{2}\right)^{-1 / 2}$.

The proof of the generalisation of (1.3) will naturally yields weak versions of (1.1), which holds under weaker hypothesis.

### 1.1 Definitions and Notations

A weighted Riemannian manifold $(M, g, \mu)$, or simply a weighted manifold, is the data of a smooth manifold $M$, a smooth Riemannian metric on $M g$, and a Borel measure on $M \mathrm{~d} \mu=\sigma^{2} \mathrm{~d} v_{g}$, with $\sigma$ a smooth positive function on $M$ and $v_{g}$ is the Riemannian volume measure associated with the metric $g$. We define the (weighted) Dirichlet Laplace operator as the Friedrichs extension of the operator on $\mathcal{C}_{0}^{\infty}(M)$ defined by $\Delta_{\mu} f=-\sigma^{-2} \operatorname{div}\left(\sigma^{2} \nabla f\right)$, with associated quadratic form $Q(\psi)=\int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu$. We will usually write the Dirichlet Laplace operator as simply $\Delta$.

On a metric space $(X, d)$, for $x \in X, r>0$, the ball of center $x$ and radius $r$ is the set $B(x, r)=\{y: d(x, y)<r\}$. If $B=B(x, r)$ is the ball, $\theta \in R$, then $\theta B$ refers to the set $B(x, \theta r)$.

For $p \geq 1$, we let $\|\cdot\|_{p}$ be the $L^{p}$ norm on $(M, \mu)$. We recall $\|f\|_{p}=\left(\int_{M}|f|^{p} \mathrm{~d} \mu\right)^{1 / p}$. For $T$ a bounded operator on $L^{p}$, we use $\|T\|_{L^{p} \rightarrow L^{p}}$ or $\|T\|_{p}$ to refer to its operator norm : i.e. $\|T\|_{p}=\inf _{\substack{\psi \in L^{2} \\ \psi \neq 0}} \frac{\|T \psi\|_{p}}{\|\psi\|_{p}}$.

For an open $U \subset M, \lambda_{1}(U)$ refers to the first Dirichlet eigenvalue of $\Delta_{\mu}$ on $U$ :

$$
\begin{equation*}
\lambda_{1}(U)=\inf _{\substack{\psi \in \mathcal{C}_{0}^{\infty}(U) \\ \psi \neq 0}} \frac{\|\nabla \psi\|_{2}^{2}}{\|\psi\|_{2}^{2}} \tag{1.5}
\end{equation*}
$$

When $H$ is an operator defined on smooth function with compact support, $\lambda_{1}(H)$ is similarly defined to be :

$$
\begin{equation*}
\lambda_{1}(H)=\inf _{\substack{\psi \in \mathcal{C}_{0}^{\infty}(M) \\ \psi \neq 0}} \frac{\langle H \psi, \psi\rangle}{\|\psi\|_{2}^{2}} \tag{1.6}
\end{equation*}
$$

On a weighted manifold $(M, g, \mu)$, for $p \geq 0$ we define the Morrey norms $N_{p}$ as follows : if $V$ is a non-negative, locally integrable function, we let $N_{p}(V)$ be :

$$
\begin{equation*}
N_{p}(V)=\sup _{\substack{x \in M \\ r>0}}\left(r^{2 p} f_{B(x, r)} V^{p} \mathrm{~d} \mu\right)^{1 / p} \tag{1.7}
\end{equation*}
$$

Where $f_{B} f \mathrm{~d} \mu=\frac{1}{\mu(B)} \int_{B} f \mathrm{~d} \mu$ is the mean of $f$ over $B$. We also define the Morrey norm taken on balls of radius less than $R>0$ :

$$
\begin{equation*}
N_{p, R}(V)=\sup _{\substack{x \in M \\ 0<r<R}}\left(r^{2 p} f_{B(x, r)} V^{p} \mathrm{~d} \mu\right)^{1 / p} \tag{1.8}
\end{equation*}
$$

We now define the various hypothesis on $(M, g, \mu)$ that will be needed for later results. We say that the measure $\mu$ satisfy the reverse doubling condition of order $\nu$, which we will abbreviate as $(\mathbf{R D})^{\nu}$ in the sequel, which is defined by : there is a constant $a>0$ such that for all $x \in M$, $0<r \leq r^{\prime}$ :

$$
\begin{equation*}
a\left(\frac{r^{\prime}}{r}\right)^{\nu} \leq \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \tag{1.9}
\end{equation*}
$$

We also define, for a given $R>0$, the $R$-reverse doubling of order $\nu,(\mathbf{R D})_{R}^{\nu}$, when there is a constant $a$ such that (1.9) holds only for all $x \in M, 0<r \leq r^{\prime} \leq R$. The constants $a$ and $\nu$ will be together be refered as the reverse doubling constants (of $\mu$, or $M$ ).

Another hypothesis is that $(M, g, \mu)$ must admits a relative Faber Krahn inequality, (RFK) ${ }^{\eta}$, defined as follows :

Definition 1.1. A weighted manifold $(M, g, \mu)$ admits a relative Faber-Krahn inequality if there are constants $b, \eta>0$, such that for all $x \in M, r>0$, and for any $U$ open subset of the open ball $B(x, r)$ relatively compact in $B(x, r)$, then :

$$
\begin{equation*}
\lambda_{1}(U) \geq \frac{b}{r^{2}}\left(\frac{\mu(B(x, r))}{\mu(U)}\right)^{\frac{2}{\eta}} \tag{1.10}
\end{equation*}
$$

We also similarly define the condition $(\mathbf{R F K})_{R}^{\eta}$ by :
Definition 1.2. A weighted Riemannian manifold ( $M, g, \mu$ ) admits a relative Faber-Krahn inequality at scale $R$, if there are constants $b, \eta>0$, such that for all $x \in M, r \in(0, R]$, and for any open subset $U$ of the open ball $B(x, r)$, relatively compact in $B(x, r)$, then :

$$
\begin{equation*}
\lambda_{1}(U) \geq \frac{b}{r^{2}}\left(\frac{\mu(B(x, r))}{\mu(U)}\right)^{\frac{2}{\eta}} \tag{1.11}
\end{equation*}
$$

In what follows, we will call $b, \eta$ in either $(\mathbf{R F K})^{\eta}$ or $(\mathbf{R F K})_{R}^{\eta}$ the Faber-Krahn constants of the manifold.

### 1.2 Statements of the results

Theorem 1.1. Let $(M, g, \mu)$ be a weighted Riemannian manifold, such that $(\mathbf{R F K})^{\eta}$ and $(\mathbf{R D})^{\nu}$ holds, with $\nu>1$, then for any $p>1$, there is a constant $C_{p}$, which depends only on the FaberKrahn and reverse doubling constants and on $p$, such that for any $V \in L_{l o c}^{1}(M), V \geq 0$, and any $\psi \in \mathcal{C}_{0}^{\infty}(M)$, we have

$$
\begin{equation*}
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C_{p} N_{p}(V) \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu . \tag{1.12}
\end{equation*}
$$

We note :

- If $n$ is the dimension of $M$, we always have $\nu \leq n \leq \eta$.
- A manifold which satisty either $(\mathbf{R F K})^{\eta}$ or $(\mathbf{R D})^{\nu}$ is always non-compact.

But, we can get more. We now suppose that the manifold $(M, g, \mu)$ satisfy both $(\mathbf{R D})_{R}^{\nu}$ and $(\mathbf{R F K})_{R}^{\eta}$. Under such hypothesis, a "weak" version of (1.12) still holds :

Theorem 1.2. Let $(M, g, \mu)$ be a weighted Riemannian manifold, such that, for some $R>0$, $\nu>1$, $(\mathbf{R F K})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$ hold (as in the previous theorem, $\eta \geq \nu$ is always true). Then for any $p>1$ there is a constant $C_{p}>0$, which depends only on the Faber-Krahn and reverse doubling constants and on $p$, such that $V \in L_{l o c}^{1}(M), V \geq 0$, and any $\psi \in \mathcal{C}_{0}^{\infty}(M)$,

$$
\begin{equation*}
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C_{p} N_{p, R}(V)\left(\int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu+\frac{1}{R^{2}} \int_{M} \psi^{2} \mathrm{~d} \mu\right) . \tag{1.13}
\end{equation*}
$$

This inequality has an important consequence : if we return to the case where $M$ satisfy a relative Faber-Krahn inequality, and $\mu$ is reverse doubling of order strictly greater than 1 , then it is clear that the fact that (1.13) is true for all $R>0$. From this, the following estimates on the lower bound of the spectrum of $H=\Delta-V$ can be established :

Theorem 1.3. Let $(M, g, \mu)$ be a complete non-compact weighted Riemannian manifold satisfying (RFK) ${ }^{\eta}$ and $(\mathbf{R D})^{\nu}$ with $\nu>1$. Then for any $p>1$ we have two constants $C_{1}, C_{p}>0$, which depends only on the Faber-Krahn and reverse doubling constants (and for $C_{p}$, on $p$ ), such that, for any $V \in L_{l o c}^{1}(M), V \geq 0$ :

$$
\begin{equation*}
\sup _{\substack{x \in M \\ \delta>0}}\left(C_{1} f_{B(x, \delta)} V \mathrm{~d} \mu-\delta^{-2}\right) \leq-\lambda_{1}\left(\Delta_{\mu}-V\right) \leq \sup _{\substack{x \in M \\ \delta>0}}\left(C_{p}\left(f_{B(x, \delta)} V^{p} \mathrm{~d} \mu\right)^{1 / p}-\delta^{2}\right) \tag{1.14}
\end{equation*}
$$

In addition, if $\lambda_{1}(M)>0$, then we can strengthen (1.13), and obtain the following result, giving a condition for $\Delta-V$ to be strictly positive :

Theorem 1.4. Let $(M, g, \mu)$ be a complete non-compact weighted Riemannian manifold, such that $(\mathbf{R F K})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$ hold for $R>0, \nu>1$. If in addition, if $\lambda_{1}(M)>0$, then for any $p>1$, there is a constant $C_{p}>0$ depending only on the Faber-Krahn and reverse doubling constants such that, for $V \in L_{\text {loc }}^{1}(M), V \geq 0$, and any $\psi \in \mathcal{C}_{0}^{\infty}(M)$,

$$
\begin{equation*}
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C_{p} N_{p, R}(V) \frac{1+\lambda_{1}(M) R^{2}}{\lambda_{1}(M) R^{2}}\left(\int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu+\frac{\lambda_{1}(M)}{2} \int_{M} \psi^{2} \mathrm{~d} \mu\right) . \tag{1.15}
\end{equation*}
$$

## 1.3 $L^{2}$ Hardy inequality

Notice that the inequality (1.12) is, for potentials $V$ with $N_{p}(V)<+\infty$, nothing more than a generalized $L^{2}$ Hardy inequality. Thus, on manifolds for which theorem 1.1 holds, the classical Hardy inequality is true whenever $N_{p}\left(d(o, \cdot)^{-2}\right)$ is finite for all points $o \in M$. Finding under which conditions this is true, we find the following result :

Theorem 1.5. Let $(M, g, \mu)$ be a weighted Riemannian manifold, for which both (RFK) ${ }^{\eta}$ and $(\mathbf{R D})^{\nu}$ holds, with $\nu>2$. For an arbitrary $o \in M$, let $\rho(x)=d(o, x)$. Then there is some constant $C>0$, which depends only on the Faber-Krahn and reverse doubling constants, such that for any $\psi \in \mathcal{C}_{0}^{\infty}(M)$ we have :

$$
\begin{equation*}
\int_{M} \frac{\psi(x)^{2}}{\rho(x)^{2}} \mathrm{~d} \mu(x) \leq C \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu \tag{1.16}
\end{equation*}
$$

We can compare this to the results of V. Minerbe [20] or G. Grillo 13, who proved $L^{p}$ Hardy inequalities assuming a Poincaré inequalities and a doubling measure. While we only get a $L^{2}$ inequality, it holds true under the weaker hypothesis of a relative Faber-Krahn inequality.

Cao, Grigor'yan and Liu [2] proved Hardy inequalities as a consequence of volume doubling, reverse doubling, and certain estimates on either the Green function or the Heat kernel. Their results are far more general than this article.

### 1.4 Examples of manifolds satisfying relative Faber-Krahn inequalities

We give various cases of manifolds which will satisfy a relative Faber-Krahn inequality (at scale $R)$. Then our results will follow provided we can verify the reverse doubling property.

### 1.4.1 Complete manifolds with Ricci curvature bounded from below

From Li and $\mathrm{Yau}[17$, the heat kernel of a complete manifold $(M, g, \mu)$ of dimension $n$, with $\mu$ here being the Riemannian volume measure, with Ricci curvature bounded from below by $-K$, for a constant $K \geq 0$, admits the following diagonal estimate :

$$
p_{t}(x, x) \leq \frac{C_{0}}{\mu(B(x, \sqrt{t}))} e^{C_{1} K t}
$$

Also, as a consequence of the Bishop-Gromov volume comparison theorem, we get that (see [6, 5, 23] for example), for any $0<r \leq r^{\prime}$ :

$$
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \leq\left(\frac{r^{\prime}}{r}\right)^{n} \exp (\sqrt{(n-1) K} R)
$$

Those two conditions implies, (see for example [23, 14]), that there is some $R>0$ such that $M$ satisfy $(\mathbf{R F K})_{R}^{n}$. If the Ricci curvature is non-negative, then we also have $(\mathbf{R F K})^{n}$.

### 1.4.2 Manifolds satisfying Faber Krahn inequalities outside a compact set

We consider a complete weighted manifold $M$, and remove from it a compact set with smooth boundary $K$. We let $E_{1}, \ldots, E_{k}$ be the connected components of $M \backslash K$, and suppose that each $E_{i}$ is the exterior of a compact set with smooth boundary in a complete manifold $M_{i}$.

A simple example of such manifold is the connected sum of two (or more) copies of $\mathbf{R}^{n}$. It admits (RFK) ${ }^{n}$, but it is known that such manifold doesn't satisfy a Poincaré inequality (see for example [1]).

Using [12], we get that if each $M_{i}$ satisfy (RFK) ${ }^{\eta}$, then there is some $R>0$ such that $M$ satisfies $(\text { RFK })_{R}^{\eta}$.

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## 2 Some techniques of harmonic analysis

Remark. We will often use $C$ or $c$ for generic constants which values might change from line to line. When we need to make it clear on which parameters the constant depends, new constant factors will be written when they appear before being folded into this generic constant.

### 2.1 Dydadic cubes

In $\mathbf{R}^{n}$, the natural decomposition of the space into cubes of length $2^{k}, k \in \mathbf{Z}$ is a very powerful tool. It turns out that families of open sets satisfying similar properties to those of the dyadic cubes in the euclidean space can be constructed in a more general setting. See for example the third part of [7].

We will use the construction of such "dyadic cubes" given by E. Sawyer and R. L. Wheeden in [24]. Though it remains true in a more general setting, for our purposes it can be stated as :

Theorem 2.1. Let $(X, d)$ be a separable metric space, then there is $\rho>1$ ( $\rho=8$ works), such that for any (large negative) integer $m$, there are points $\left\{x_{\alpha}^{k}\right\}$ and a family $\mathcal{D}_{m}=\left\{\mathcal{E}_{\alpha}^{k}\right\}$ of Borel sets for $k=m, m+1, \ldots, \alpha=1,2, \ldots$, such that

- $B\left(x_{\alpha}^{k}, \rho^{k}\right) \subset \mathcal{E}_{\alpha}^{k} \subset B\left(x_{\alpha}^{k}, \rho^{k+1}\right)$.
- For each $k=m, m+1, \ldots$, the family $\left\{\mathcal{E}_{\alpha}^{k}\right\}_{\alpha}$ is pairwise disjoint in $\alpha$ and $X=\bigcup_{\alpha} \mathcal{E}_{\alpha}^{k}$.
- If $m \leq k<l$, then either $\mathcal{E}_{\alpha}^{k} \cap \mathcal{E}_{\beta}^{l}=\emptyset$ or $\mathcal{E}_{\alpha}^{k} \subset \mathcal{E}_{\beta}^{l}$.

Given such a family $\mathcal{D}_{m}$, the sets $\mathcal{E}_{\alpha}^{k}$ will be called dyadic cubes of $M$, or simply cubes. The ball $B\left(x_{\alpha}^{k}, \rho^{k+1}\right)$ is called the containing ball of the cube $\mathcal{E}_{\alpha}^{k}$. For any cube $Q$ the containing ball is denoted by $B(Q)$. $\rho$ will be called the sidelength constant of dyadic cubes.

The length of a cube $Q$ is the radius of $\rho^{-1} B(Q)$, written $\ell(Q)$.

### 2.2 Properties of doubling measures

We start by recalling the definitions and some standard properties of doubling measures, while covering at the same time the $R$-doubling case.

Definition 2.1. A measured metric space $(X, d, \mu)$ satisfy the doubling property $(\mathbf{D})^{\eta}$ of order $\eta$ if, there is some constant $A>0$ such that for all $x \in M, 0<r \leq r^{\prime}$,

$$
\begin{equation*}
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \leq A\left(\frac{r^{\prime}}{r}\right)^{\eta} \tag{2.1}
\end{equation*}
$$

We call $A$ the doubling constant, and $\eta$ the doubling order. We will also say "the doubling constants" to refer to both $A$ and $\eta$ at the same time. The property $(\mathbf{D})^{\eta}$ is equivalent to the fact that for some constant $A>0$, for any ball $B \subset M$ :

$$
\begin{equation*}
\mu(2 B) \leq A \mu(B) \tag{2.2}
\end{equation*}
$$

The proof of the equivalence is the same as that of the $R$-doubling case given after definition 2.3, (with $R=\infty$ ).

A note on the constants : (2.2) implies (2.1) with $\eta=\log _{2} A$ (and $A$ the same in both inequalities), while conversely, (2.1) implies that the constant in (2.2) be $2^{\eta} A$.

We also define again the reverse doubling property :
Definition 2.2. A measured metric space $(X, d, \mu)$ satisfy the reverse doubling property $(\mathbf{R D})^{\nu}$ of order $\nu$ if, there is some constant $a>0$ such that for all $x \in M, 0<r \leq r^{\prime}$,

$$
\begin{equation*}
a\left(\frac{r^{\prime}}{r}\right)^{\nu} \leq \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \tag{2.3}
\end{equation*}
$$

We call a the reverse doubling constant, and $\nu$ the reverse doubling order. The property $(\mathbf{R D})^{\nu}$ is equivalent to the fact that for some constant $a \in(0,1)$, for any ball $B \subset M$ :

$$
\begin{equation*}
\mu(B) \leq a \mu(2 B) \tag{2.4}
\end{equation*}
$$

Proof of (2.4) implies (2.3). We can assume that $a \leq 1$. Let $x \in X, 0<r \leq r^{\prime}$. Writing $\lfloor t\rfloor$ for the integer part of $t \in \mathbf{R}$, let $k=\left\lfloor\log _{2} \frac{r^{\prime}}{r}\right\rfloor$. Then :

$$
\begin{aligned}
\mu(B(x, r)) & \leq a^{k} \mu\left(B\left(x, 2^{k} r\right)\right) \\
& \leq a^{k} \mu\left(B\left(x, r^{\prime}\right)\right) \\
& \leq a^{-1+\log _{2} \frac{r^{\prime}}{r}} \mu\left(B\left(x, r^{\prime}\right)\right) \quad(a \leq 1) \\
& \leq \frac{1}{a}\left(\frac{r^{\prime}}{r}\right)^{-\nu} \mu\left(B\left(x, r^{\prime}\right)\right)
\end{aligned}
$$

With $\nu=-\log _{2} a$. Thus :

$$
a\left(\frac{r^{\prime}}{r}\right)^{\nu} \leq \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))}
$$

Proposition 2.1. Let $(X, d, \mu)$ satisfies $(\mathbf{D})^{\eta}$, then for any $x, y \in M, r, r^{\prime}>0$ such that $B(y, r) \subset B\left(x, r^{\prime}\right)$, we have :

$$
\begin{equation*}
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(y, r))} \leq A^{2}\left(\frac{r^{\prime}}{r}\right)^{\eta} \tag{2.5}
\end{equation*}
$$

This is a classical result. The proof is similar to what we will do to prove proposition 2.2 ,
Definition 2.3. A measured metric space $(X, d, \mu)$ satisfy the $R$-doubling property $(\mathbf{D})_{R}^{\eta}$ if there is some constant $A>0$ such that (2.1) holds for all $x \in M$, and $0<r \leq r^{\prime} \leq 2 R$. This is equivalent to (2.2) being true for all ball $B$ with radius less than $R$.

We will write $A_{R}$ for the doubling constant when it's important to precise which $R$ the constant is associated with.

Some care is needed to get precisely those maximal radius. That (2.2) follows from (2.1) is immediate.

Proof of (2.2) implies (2.1). Suppose that there is some constant $A$ such that for all ball $B$ of radius less than $R$, then $\mu(2 B) \leq A \mu(B)$. Let $r \leq r^{\prime} \leq 2 R . \quad k=\left\lfloor\log _{2} \frac{r^{\prime}}{r}\right\rfloor$. We have $2^{-k-1} r^{\prime}<r \leq 2^{-k} r^{\prime}$, and, using repeatedly $\mu(B(x, \rho)) \leq A \mu(B(x, \rho / 2))$, valid for all $\rho \leq 2 R$, we have :

$$
\begin{aligned}
\mu\left(B\left(x, r^{\prime}\right)\right) & \leq A^{k+1} \mu\left(B\left(x, 2^{-k-1} r^{\prime}\right)\right) \\
& \leq A^{k+1} \mu(B(x, r)) \\
& \leq A e^{\left(\log A \log \frac{r^{\prime}}{r}\right) / \log 2} \mu(B(x, r)) \\
& \leq A\left(\frac{r^{\prime}}{r}\right)^{\eta} \mu(B(x, r))
\end{aligned}
$$

with $\eta=\log _{2} A$.
Proposition 2.2. Let $X$ satisfies $(\mathbf{D})_{R}^{\eta}$, then for all $x, y \in X, r, r^{\prime}>0$ such that $B(y, r) \subset$ $B\left(x, r^{\prime}\right)$ and with $r^{\prime}<R$, then for $\eta=\log _{2} A$ :

$$
\begin{equation*}
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(y, r))} \leq A^{2}\left(\frac{r^{\prime}}{r}\right)^{\eta} \tag{2.6}
\end{equation*}
$$

If in addition $X$ satisfies $(\mathbf{R D})_{R}^{\nu}$, then we also have for some constant $c>0$, that for all $0<r, r^{\prime}<R$ and $B(y, r) \subset B\left(x, r^{\prime}\right)$,

$$
\begin{equation*}
c\left(\frac{r^{\prime}}{r}\right)^{\nu} \leq \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(y, r))} \tag{2.7}
\end{equation*}
$$

Proof. For the first part, we simply use $B(x, r) \subset B(y, 2 r)$ then applies (2.1).
For the second part, since $B\left(x, r^{\prime}\right) \subset B\left(y, 2 r^{\prime}\right)$, we can use (2.5) and we get :

$$
\begin{aligned}
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(y, r))} & =\frac{\mu\left(B\left(y, r^{\prime}\right)\right)}{\mu(B(y, r))} \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu\left(B\left(y, r^{\prime}\right)\right)} \\
& \geq a\left(\frac{r^{\prime}}{r}\right)^{\nu} \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu\left(B\left(y, 2 r^{\prime}\right)\right)} \\
& \geq a A^{-2} 2^{-\eta}\left(\frac{r^{\prime}}{r}\right)^{\nu}
\end{aligned}
$$

We now suppose that $(X, d)$ is a path metric space, i.e. that the distance $d(x, y)$ is realised as the infimum of the length of continuous path with end points $x$ and $y$. We will keep making this assumption in everything that follows (though some results are still true in a more general setting).

Proposition 2.3. Let $X$ satisfy $(\mathbf{D})_{R}^{\eta}$, and suppose that $X \backslash B(x, 3 R / 4)$ is non empty for all $x \in X$. Then there is some $\nu>0$ such that $X$ satisfy $(\mathbf{R D})_{R / 2}^{\nu}$.

Proof. Let $x \in X, r<R / 2$. We take $y \in X$ such that $d(x, y)=\frac{3}{2} r$. Then $B(y, r / 2) \subset$ $B(x, 2 r) \backslash B(x, r)$. Thus $\mu(B(x, 2 r)) \leq A^{2} 4^{\eta} \mu(B(y, r / 2))=A^{4} \mu(B(y, r / 2))$.

Thus $\left(1+A^{-4}\right) \mu(B(x, r)) \leq \mu(B(x, 2 r))$. From this we show $(\mathbf{R D})_{R / 2}^{\nu}$ in a similar way as in what follows definition 2.3 .

The $R$-doubling also implies some upper bound on the volume of balls of large radius. The two following propositions, and their proof, come from [14].

Proposition 2.4. If $(X, d, \mu)$ satisfy $(\mathbf{D})_{R}^{\eta}$, then there is some $C>0$ that depends only on the doubling constant and order, such that we have, for any $r>0, R^{\prime} \leq R$ :

$$
\begin{equation*}
\mu\left(B\left(x, r+R^{\prime} / 4\right)\right) \leq C \mu(B(x, r)) \tag{2.8}
\end{equation*}
$$

Proof. The case $r \leq R$ is obvious by the doubling property. For $r>R$, then let $\left\{x_{i}\right\}_{i}$ be a maximal family in $B(x, r-R / 4)$ such that for any $i \neq j, d\left(x_{i}, x_{j}\right)>R^{\prime} / 2$. Then the balls $B\left(x_{i}, R^{\prime} / 4\right) \subset B(x, r)$ are disjoints, and the balls $B\left(x_{i}, R^{\prime}\right)$ cover $B\left(x, r+R^{\prime} / 4\right)$, since a point of $B\left(x, r+R^{\prime} / 4\right)$ is at distance at most $R^{\prime} / 2$ of $B\left(x, r-R^{\prime} / 4\right)$ (because ( $\left.X, d\right)$ is a path-metric space). Thus $\mu\left(B\left(x, r+R^{\prime} / 4\right)\right) \leq \sum_{i} \mu\left(B\left(x_{i}, R^{\prime}\right)\right) \leq A^{2} \sum_{i} \mu\left(B\left(x_{i}, R^{\prime} / 4\right)\right) \leq A^{2} \mu(B(x, r))$.

Proposition 2.5. If $(X, d, \mu)$ satisfy $(\mathbf{D})_{R}^{\eta}$ then, there is a $D>0$, that depends only on the doubling constant and doubling order, such that for any $r>0$, we have :

$$
\begin{equation*}
\mu(B(x, r)) \leq e^{D \frac{r}{R}} \mu(B(x, R)) \tag{2.9}
\end{equation*}
$$

Proof. Let $r>R, k=\left\lfloor 4 \frac{r-R}{R}\right\rfloor$, then we have $\mu(B(x, r)) \leq \mu(B(x, R+(k+1) R / 4))$. Thus by proposition [2.4, $\mu(B(x, r))^{R} \leq C^{k+1} \mu(B(x, R))$. Moreover, $k+1 \leq 4 \frac{r}{R}-3 \leq 4 \frac{r}{R}$, and so :

$$
\mu(B(x, r)) \leq \exp \left(4 \ln (C) \frac{r}{R}\right) \mu(B(x, R))
$$

And thus we get (2.9) with $D=4 \ln (C)$.
If $r \leq R$, then $\mu(B(x, r)) \leq \mu(B(x, R)) \leq e^{D \frac{r}{R}} \mu(B(x, R))$ and thus (2.9) still holds.
Similarly to how we always use $A$ for the doubling constant, $D$ will always be used for this constant $D=8 \log A$.

Proposition 2.6. Let $X$ satisfies $(\mathbf{D})_{R}^{\eta}$, let $r \leq R$, then there exists a constant $C>0$, that depends only on the doubling constant and order, such that for any $x, y \in X, \mu(B(x, r)) \leq$ $C e^{D \frac{d(x, y)}{r}} \mu(B(y, r))$.

Proof. $B(x, r) \subset B(y, r+d(x, y))$. Since $r \leq R$, by proposition 2.4 we have $\mu(B(x, r)) \leq$ $A^{8} \mu(B(y, d(x, y)))$. Then using proposition 2.5:

$$
\mu(B(x, r)) \leq C e^{D \frac{d(x, y)}{R}} \mu(B(y, r)) \leq C e^{D \frac{d(x, y)}{r}} \mu(B(y, r))
$$

Proposition 2.7. If $(X, d, \mu)$ satisfy $(\mathbf{D})_{R}^{\eta}$, then it also satisfy $(\mathbf{D})_{R^{\prime}}^{\eta}$ for any $R^{\prime}>0$, with a doubling constant $A_{R^{\prime}}=A_{R}$ if $R^{\prime} \leq R$, and $A_{R^{\prime}}=e^{2 D \frac{R^{\prime}}{R}}$ if $R^{\prime}>R$.

Proof. The case $R^{\prime} \leq R$ is obvious. Thus assume $R>R^{\prime}$, let $r \leq R^{\prime}$. If $r \leq R$ then the result is trivial since $A_{R} \leq A_{R^{\prime}}$. If $r>R$, then by proposition 2.5, $\mu(B(x, 2 r)) \leq e^{D \frac{2 r}{R}} \mu(B(x, r))$, and $e^{2 D \frac{r}{R}} \leq e^{2 D \frac{R^{\prime}}{R}}$. Thus $\mu$ is R'-doubling, with a doubling constant $A_{R^{\prime}}=e^{2 D \frac{R^{\prime}}{R}}$.

With this we can generalise proposition 2.6 for any $r>0:$ if $r>R$, we can use the $r$-doubling and apply proposition 2.6 for it. The constants are $A_{r}=e^{2 D \frac{r}{R}}, D_{r}=4 \log \left(A_{r}^{2}\right)=16 D \frac{r}{R}$, $A_{r}^{8}=e^{16 D \frac{r}{R}}$. Then we have, for any $x, y \in X, r>0$ :

$$
\begin{equation*}
\mu(B(x, r)) \leq e^{16 D \frac{r+d(x, y)}{R}} \mu(B(y, r)) \tag{2.10}
\end{equation*}
$$

Proposition 2.8. Let $(X, d, \mu)$ be a measured metric space that satisfy $(\mathbf{D})_{R}^{\eta}$. If it also satisfy $(\mathbf{R D})_{R}^{\nu}$, then for any $\kappa>1$, it satisfy $(\mathbf{R D})_{\kappa R}^{\nu}$ with a different reverse doubling constant, that depends only on the doubling, reverse doubling constant and orders, and on $\kappa$.

The notable part of this proposition is that the reverse doubling order is conserved.
Proof. By proposition 2.7, $\mu$ is $\kappa R$-doubling for all $\kappa$, with some doubling order $\eta=\eta(\kappa)$. We take a point $x \in M$, and $r, r^{\prime}$ with $0<r \leq r^{\prime} \leq \kappa R$. We want to prove that there's some constant $a_{\kappa}$ such that, for any such $x, r, r^{\prime}$ :

$$
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \geq a_{\kappa}\left(\frac{r^{\prime}}{r}\right)^{\nu}
$$

If $0<r \leq r^{\prime} \leq R$, then there's nothing to do but apply ( $\left.\mathbf{R D}\right)_{R}^{\nu}$. If $0<r \leq R<r^{\prime} \leq \kappa R$, then :

$$
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} \geq \frac{\mu(B(x, R))}{\mu(B(x, r))} \geq a\left(\frac{R}{r}\right)^{\nu} \geq a \kappa^{-\nu}\left(\frac{r^{\prime}}{r}\right)^{\nu}
$$

Finally, when $R<r \leq r^{\prime}<\kappa R$, then :

$$
\begin{aligned}
\frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, r))} & \geq \frac{\mu\left(B\left(x, r^{\prime}\right)\right)}{\mu(B(x, R))} \frac{\mu(B(x, R))}{\mu(B(x, r))} \\
& \geq a \kappa^{-\nu}\left(\frac{r^{\prime}}{R}\right)^{\nu} A^{-1}\left(\frac{R}{r}\right)^{\eta} \\
& \geq a A^{-1} \kappa^{-\nu}\left(\frac{R}{r}\right)^{\eta-\nu}\left(\frac{r^{\prime}}{r}\right)^{\nu} \\
& \geq a A^{-1} \kappa^{-\eta}\left(\frac{r^{\prime}}{r}\right)^{\nu}
\end{aligned}
$$

Thus (2.2) holds for $a_{\kappa}=\min \left(a, a \kappa^{-\nu}, a A^{-1} \kappa^{-\eta}\right)=a A^{-1} \kappa^{-\eta}$.
Proposition 2.9. Let $(X, d, \mu)$ satisfy $(\mathbf{D})_{R}^{\eta}$. Take $x \in X, r>0$, and let $B=B(x, r)$. Let $\delta$ be such that $0<\delta \leq \min (r, R)$, and $\left\{x_{i}\right\}_{i} \subset B$ be a family of points such that the balls $B_{i}=B\left(x_{i}, \delta\right)$ form a covering of $B$ and that for any $i \neq j, \frac{1}{2} B_{i} \cap \frac{1}{2} B_{j}=\emptyset$.

Then there are constants $C$, , depending only on the doubling constant such that

$$
\begin{equation*}
\operatorname{card}(I) \leq C e^{c \frac{r}{\delta}} \tag{2.11}
\end{equation*}
$$

Proof. For any $i, B_{i} \subset B(x, r+\delta)$, and since $\delta \leq R$, then by proposition 2.4, $\mu(B(x, r+\delta)) \leq$ $C \mu(B(x, r))$. Now, if $r>R$, then by proposition 2.5] $\mu(B(x, r)) \leq e^{D \frac{r}{\delta}} \mu(B(x, \delta))(\delta \leq R$ and so we use that $\mu$ is $\delta$-doubling with the same doubling constant as that of the R -doubling).

Moreover by proposition [2.6, $\mu(B(x, \delta)) \leq C e^{D \frac{d\left(x, x_{i}\right)}{\delta}} \mu\left(B\left(x_{i}, \delta\right)\right) \leq C e^{D \frac{r}{\delta}} \mu\left(B_{i}\right)$, since $x_{i} \in$ $B$, thus $d\left(x, x_{i}\right) \leq r$.

Thus we have $\mu(B(x, r)) \leq C e^{2 D \frac{r}{\delta}} \mu\left(B_{i}\right)$. Up to this point the constant $C$ depends only on the doubling constants.

$$
(\operatorname{card} I) \mu(B(x, r+\delta)) \leq C e^{2 D \frac{r}{\delta}} \sum_{i \in I} \mu\left(B_{i}\right)
$$

$$
\begin{aligned}
& \leq A C e^{2 D \frac{r}{\delta}} \sum_{i} \mu\left(\frac{1}{2} B_{i}\right) \\
& \leq C e^{2 D \frac{r}{\delta}} \mu(B(x, r+\delta))
\end{aligned}
$$

Thus card $(I) \leq C e^{2 D \frac{r}{\delta}}$ and the constant $C$ depends only on the doubling constants.
Remark. For any ball $B$, such a covering always exists : take for $\left\{x_{i}\right\}_{i} \subset B$ a maximal family with $d\left(x_{i}, x_{j}\right) \geq \delta$ for any $i \neq j$.

Proposition 2.10. Let $M_{R}$ be the centered maximal function defined by:

$$
\begin{equation*}
\forall f \in L_{l o c}^{1}(M), M_{R} f(x)=\sup _{r<R} f_{B(x, r)}|f| \mathrm{d} \mu \tag{2.12}
\end{equation*}
$$

Then, if $\mu$ satisfies $(\mathbf{D})_{R}^{\eta}, M_{R / 2}$ is bounded on $L^{p}$ for all $p \in(1,+\infty]$, and the operator norm is bounded by a constant that only depends on the doubling constant $A$ and on $p$.

We will use the following classical results :
Lemma 2.1 (Vitali's covering lemma). Let $(X, d)$ be a separable metric space, and $\left\{B_{j}\right\}_{j \in J} a$ collection of balls, such that $\sup _{j} r\left(B_{j}\right)<\infty$. Then for any $c>3$ there exists a subcollection $\left\{B_{j_{n}}\right\}_{n \in \mathbf{N}} \subset\left\{B_{j}\right\}_{j \in J}$ such that the $B_{j_{n}}$ are pairwise disjoint and $\bigcup_{j \in J} B_{j} \subset \bigcup_{n \in \mathbf{N}} c B_{j_{n}}$.

Theorem 2.2 (Marcinkiewicz interpolation theorem). Let $(X, \mu)$ be a measure space, $T$ a sublinear operator acting on functions, i.e. there is a $\kappa>0$ such that for any $f, g$ measurable, then $T f, T g$ are measurable and $T(f+g)(x) \leq \kappa(T f(x)+T g(x))$ for almost every $x \in X$.

Assume that for $1 \leq p<r<\infty$ :

$$
\begin{aligned}
& \forall f \in L^{p}, \mu\{x \in X: T f(x)>\lambda\} \leq \frac{A}{\lambda^{p}}\|f\|_{p}^{p} \\
& \forall f \in L^{r}, \mu\{x \in X: T f(x)>\lambda\} \leq \frac{B}{\lambda^{r}}\|f\|_{r}^{r},
\end{aligned}
$$

or that, for $1 \leq p<r=\infty$, we replace the second line by : $\forall f \in L^{\infty},|T f(x)| \leq B|f(x)|$ for almost every $x \in X$.

Then, for every $s \in(p, r)$, for all $f \in L^{s}, T f \in L^{s}$ and :

$$
\begin{equation*}
\|T f\|_{s} \leq C(A, B, p, r, s, \kappa)\|f\|_{s} \tag{2.13}
\end{equation*}
$$

Proof of the proposition. We have, for any $f \in L^{\infty}(M),\left\|M_{R} f\right\|_{\infty} \leq\|f\|_{\infty}$.
If $f \in L^{1}(M)$, then for any $\lambda>0$, define $E_{\lambda}=\left\{x \in M: M_{R / 2} R f(x)>\lambda\right\}$. If $x \in E_{\lambda}$, then there is some $r_{x}>0$ such that $\lambda<f_{B\left(x, r_{x}\right)}|f| \mathrm{d} \mu$, and $2 r_{x} \leq R$. Then $\mu\left(B\left(x, r_{x}\right)\right) \leq$ $\lambda^{-1} \int_{B(x, r)}|f| \mathrm{d} \mu$.

We have $E_{\lambda} \subset \bigcup_{x} B\left(x, r_{x}\right)$, thus by Vitali's covering lemma, there is a subcollection $\left\{x_{n}\right\}$ such that the $B\left(x_{n}, r_{n}\right)$ are pairwise disjoint and $E_{\lambda} \subset \bigcup_{n} B\left(x_{n}, 4 r_{n}\right)$.

Also, since $r_{n}<R / 2$, and $\mu$ is R-doubling, we have $\mu\left(B\left(x_{n}, 4 r_{n}\right)\right) \leq A^{2} \mu\left(B\left(x_{n}, r_{n}\right)\right)$. Then

$$
\mu\left(E_{\lambda}\right) \leq \sum_{n} \mu\left(B\left(x_{n}, 4 r_{n}\right)\right)
$$

$$
\begin{aligned}
& \leq A^{2} \sum_{n} \mu\left(B\left(x_{n}, r_{n}\right)\right) \\
& \leq A^{2} \lambda^{-1} \sum_{n} \int_{B\left(x_{n}, r_{n}\right)}|f| \mathrm{d} \mu \\
& \leq A^{2} \frac{\|f\|_{1}}{\lambda}
\end{aligned}
$$

And so by the Marcinkiewicz interpolation theorem, for any $p \in(1,+\infty), M_{R / 2}$ is bounded on $L^{p}$ with an operator norm $\left\|M_{R / 2}\right\|_{p \rightarrow p} \leq C_{p}$, with $C_{p}$ depending only on $A$ and $p$.

Remark. Of course, $(\mathbf{D})_{R}^{\eta}$ implies $(\mathbf{D})_{R^{\prime}}^{\eta}$ for all $R^{\prime}>R$, then $M_{R}$ itself is also bounded, but with the constant $C_{p}$ depending on the constant for $(\mathbf{D})_{2 R}^{\eta}$. And so are all the $M_{R^{\prime}}$ with $R^{\prime}>R$, with the constant $C_{p}$ depending on $p$, the $R$-doubling constant, and the ratio $R^{\prime} / R$.

Proposition 2.11. Let $\tilde{M}_{R}$ the uncentered maximal function defined by : for all $f \in L_{l o c}^{1}(M)$,

$$
\begin{equation*}
\tilde{M}_{R} f(x)=\sup _{\substack{x \in B, r(B) \leq R}} f_{B}|f| \mathrm{d} \mu \tag{2.14}
\end{equation*}
$$

With this supremum to be interpretated as being over all balls $B$ satisfying the given condition, and $r(B)$ being the radius of $B$.

Then, if $\mu$ is $R$-doubling, there exist some constant $C>0$ such that $M_{R} \leq \tilde{M}_{R} \leq C M_{2 R}$.
Proof. Since a ball centered at $x$ is a ball containing $x, M_{R} \leq \tilde{M}_{R}$ is obvious. Now, for some balls $B=B(y, r)$ containing $x$, with radius less than $R$, we have $B \subset B(x, 2 r)$ and :

$$
f_{B}|f| \mathrm{d} \mu \leq \frac{\mu(B(x, 2 r))}{\mu(B)} f_{B(x, 2 r)}|f| \mathrm{d} \mu \leq C M_{2 R} f(x)
$$

Proposition 2.12. Let $(X, d, \mu)$ be a separable, measured metric space, and $\mathcal{D}_{m}$ be a chosen construction of dyadic cubes on $X$. Define the associated dyadic maximal function $M_{d, m}$ by :

$$
\begin{equation*}
M_{d, m} f(x)=\sup _{\substack{Q \in \mathcal{D}_{m} \\ x \in Q}} f_{Q}|f| \mathrm{d} \mu \tag{2.15}
\end{equation*}
$$

Then there is a constant $C_{p}$ such that for any $p>1$, for any $f \in L^{p},\left\|M_{d, m} f\right\|_{p} \leq C_{p}\|f\|_{p}$.
As a consequence, $M_{d, m, l}$, the maximal function defined the same way, but with the cubes in the supremum being only those of length less than $l$, is also bounded on $L^{p}$ for all $p>1$.

Proof. Let $f \in L^{1}(X), \lambda>0$, we define $E_{\lambda}=\left\{x \in X: M_{d, m} f(x)>\lambda\right\}$. If $x \in E_{\lambda}$, then there is a cube $Q \in \mathcal{D}_{m}$ such that $f_{Q}|f| \mathrm{d} \mu>\lambda$, and so $Q \subset E_{\lambda}$. Then there is two possibilities : First, there is a maximal dyadic cube $P$ containing $x$ such that $f_{P}|f| \mathrm{d} \mu>\lambda$, then $P \subset E_{\lambda}$. Second, there is no such cube, then $\Omega=\bigcup_{\substack{Q \in \mathcal{D}_{m} \\ x \in Q}} Q \subset E_{\lambda}$, and we have $\mu(\Omega) \leq \lambda^{-1} \int_{\Omega}|f| \mathrm{d} \mu<\infty$.

Then take $\left\{Q_{i}\right\}_{i}$ to be the family of all the maximal dyadic cubes such that $f_{Q_{i}}|f| \mathrm{d} \mu>\lambda$, and $\left\{\Omega_{j}\right\}_{j}$ be the family of all the the regions $\Omega_{j}=\bigcup_{k} Q_{k}^{j}$, where $\left\{Q_{k}^{j}\right\}$ is an infinite increasing sequence of cubes with $f_{Q_{j}^{k}}|f| \mathrm{d} \mu>\lambda$. The $Q_{i}, \Omega_{j}$ are pairwise disjoints : it is clear that the $Q_{i}$ are. Now, if for a cube $Q$, we have $Q \cap \Omega_{j} \neq \emptyset$, then there is a cube $P \subset \Omega_{j}$ such that $P \cap Q \neq \emptyset$, thus we have either $P \subset Q$ or $Q \subset P$. In both case, $Q \subset \Omega_{j}$ since $\Omega_{j}$ is the union of all cubes containing $P$. This mean both that $Q_{i} \cap \Omega_{j}=\emptyset$ for all $i, j$, and that $\Omega_{j} \cap \Omega_{l}=\emptyset$ for $j \neq l$.

Thus, we have the disjoint union :

$$
E_{\lambda}=\bigcup_{i} Q_{i} \cup \bigcup_{j} \Omega_{j}
$$

Then $\mu\left(Q_{i}\right)<\lambda^{-1} \int_{Q_{i}}|f| \mathrm{d} \mu$, and $\mu\left(\Omega_{j}\right) \leq \lambda^{-1} \int_{\Omega_{j}}|f| \mathrm{d} \mu$. Summing on all cubes and all regions, $\mu\left(E_{\lambda}\right) \leq \lambda^{-1} \int_{E_{\lambda}}|f| \mathrm{d} \mu \leq \lambda^{-1}\|f\|_{1}$. Thus:

$$
\begin{equation*}
\mu\left(\left\{x \in X: M_{d, m} f(x)>\lambda\right\}\right) \leq \frac{\|f\|_{1}}{\lambda} \tag{2.16}
\end{equation*}
$$

Moreover, for $f \in L^{\infty}(X)$, we clearly have $M_{d, m} f(x) \leq\|f\|_{\infty}$. Then by Marcienkiewicz interpolation theorem, there is a constant $C_{p}>1$ such that $\left\|M_{d, m} f\right\|_{p} \leq C_{p}\|f\|_{p}$.

### 2.3 Estimates of operator norms by that of a maximal function

We refers to the works of C. Pérez and R.L. Wheeden [22] for a more general approach.
In what follows, we let $(X, d)$ be a separable R-doubling metric space. We take $T$ an operator given by a kernel $K: X \times X \backslash$ Diag $\rightarrow \mathbf{R}$, i.e.

$$
\begin{equation*}
T f(x)=\int_{X} f(y) K(x, y) \mathrm{d} \mu(y) \tag{2.17}
\end{equation*}
$$

We say that $T$, or $K$, satisfy the condtion $(\mathbf{K})$ if $K$ is non negative and if there are constants $C_{1}, C_{2}>1$ such that:

$$
\begin{align*}
& d\left(x^{\prime}, y\right) \leq C_{2} d(x, y) \Rightarrow K(x, y) \leq C_{1} K\left(x^{\prime}, y\right)  \tag{2.18}\\
& d\left(x, y^{\prime}\right) \leq C_{2} d(x, y) \Rightarrow K(x, y) \leq C_{1} K\left(x, y^{\prime}\right)
\end{align*}
$$

For each $m \in \mathbf{Z}, X$ admits a decomposition in dyadic cube. We take $\rho>1$ to be as in theorem 2.1. We define $\varphi$ as the following functional on balls

$$
\begin{equation*}
\varphi(B)=\sup _{\substack{x, y \in B \\ d(x, y) \geq \frac{1}{2 \rho} r(B)}} K(x, y) \tag{2.19}
\end{equation*}
$$

and $M_{\varphi}$ to be the following maximal functions :

$$
\begin{equation*}
M_{\varphi} f(x)=\sup _{x \in B} \varphi(B) \int_{B}|f| \mathrm{d} \mu \tag{2.20}
\end{equation*}
$$

For $T$ satisfying $(\mathbf{K})$, it is shown in (4.3) of [25] that $\varphi$ is decreasing in the following sense :
Proposition 2.13. There is a constant $\alpha$, which depends only on $C_{1}, C_{2}, \rho$ such that for any balls $B \subset B^{\prime}, \varphi\left(B^{\prime}\right) \leq \alpha \varphi(B)$

Proof. First we want to prove that if (2.18) holds, then for any integer $k \geq 1, d\left(x^{\prime}, y\right) \leq C_{2}^{k} d(x, y)$ implies $K(x, y) \leq C_{1}^{k} K\left(x^{\prime}, y\right)$ (and the same with $x, y^{\prime}$.

We proceed by induction. The case $k=1$ is obvious. Let $k>2, x, x^{\prime}, y \in X$ such that $d\left(x^{\prime}, y\right) \leq C_{2}^{k} d(x, y)$, and suppose $d\left(x^{\prime}, y\right) \leq C_{2}^{k-1} d(x, y) \Rightarrow K(x, y) \leq C_{1}^{k-1} K\left(x^{\prime} y\right)$. Then, if $d\left(x^{\prime}, y\right) \leq C_{2}^{k-1} d(x, y)$, the results holds and there is nothing to prove. If $d\left(x^{\prime}, y\right)>C_{2}^{k-1} d(x, y)$, then $X$ is a path metric space, so there is a path from $y$ to $x^{\prime}$ of length $d\left(x^{\prime}, y\right)$, and on this path is a point $z$ such that $d(y, z)=C_{2}^{k-1} d(x, y)$. But then :

$$
d\left(x^{\prime}, y\right) \leq C_{2}^{k} d(x, y)=C_{2} d(z, y)
$$

And thus $K(z, y) \leq C_{1} K\left(x^{\prime}, y\right)$. Then by induction we get that $K(x, y) \leq C_{1}^{k} K\left(x^{\prime}, y\right)$ for all $x, x^{\prime}, y$ with $d\left(x^{\prime}, y\right) \leq C_{2}^{k} d(x, y)$. We can generalize sligthly, and we have that for any $C_{2}>1$ there exist a $C_{1}>1$ such that (2.18) holds.

Now we can prove the proposition proper. For $x^{\prime}, y^{\prime} \in B^{\prime}, x, y \in B$ such that $d\left(x^{\prime}, y^{\prime}\right) \geq c r\left(B^{\prime}\right)$ and $d(x, y) \geq \operatorname{cr}(B)$, with $c=\frac{1}{2 \rho}$. We can suppose that $d\left(x, y^{\prime}\right) \geq d\left(x, x^{\prime}\right)$ (if not, we can exchange $x^{\prime}$ and $\left.y^{\prime}\right)$.

Then $\operatorname{cr}\left(B^{\prime}\right) \leq d\left(x^{\prime}, y^{\prime}\right) \leq d\left(x^{\prime}, x\right)+d\left(x, y^{\prime}\right) \leq 2 d\left(x, y^{\prime}\right)$. Moreover, since $B \subset B^{\prime}, d\left(x, y^{\prime}\right) \leq$ $2 r\left(B^{\prime}\right)$, and thus:

$$
d\left(x, y^{\prime}\right) \leq \frac{2}{c} d\left(x^{\prime}, y^{\prime}\right)
$$

Thus by (2.18) there is a constant $c_{1}>1$ such that $K\left(x^{\prime}, y^{\prime}\right) \leq c_{1} K\left(x, y^{\prime}\right)$.
Moreover $d(x, y) \leq d\left(x, y^{\prime}\right)+d\left(y^{\prime}, y\right) \leq d\left(x, y^{\prime}\right)+2 r\left(B^{\prime}\right) \leq(1+4 / c) d\left(x, y^{\prime}\right)$. Thus by (2.18) there is a constant $c_{2}>1$ such that $K\left(x, y^{\prime}\right) \leq c_{2} K(x, y)$. Thus

$$
K\left(x^{\prime}, y^{\prime}\right) \leq c_{1} c_{2} K(x, y)
$$

And thus $\varphi\left(B^{\prime}\right) \leq c_{1} c_{2} \varphi(B)$.
We further assume that $\varphi$ satisfy the following condition : there is some $\varepsilon>0$ and some constant $L>0$ such that for any balls $B_{1}, B_{2}$, with $B_{1} \subset B_{2}$, we have :

$$
\begin{equation*}
\varphi\left(B_{1}\right) \mu\left(B_{1}\right) \leq L\left(\frac{r\left(B_{1}\right)}{r\left(B_{2}\right)}\right)^{\varepsilon} \varphi\left(B_{2}\right) \mu\left(B_{2}\right) \tag{2.21}
\end{equation*}
$$

Theorem 2.3 (C. Pérez and R.L. Wheeden [22]). Let $(X, d, \mu)$ be a metric space with a doubling measure $\mu$. For $T$ an operator defined by (2.17) satisfying (K), and with $\varphi$ satisfying (2.21), then there is some constant $C$, depending only on the doubling constant and $p$, such that, for any $f: X \rightarrow \mathbf{R}$ :

$$
\begin{equation*}
\|T f\|_{p} \leq C\left\|M_{\varphi} f\right\|_{p} \tag{2.22}
\end{equation*}
$$

In addition for the operator $T f(x)=\int_{M} \frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))} f(y) \mathrm{d} \mu(y)$, we can replace $M_{\varphi}$ by the maximal function defined by $M_{s} f(x)=\sup _{r>0} r^{s} f_{B(x, r)}|f| \mathrm{d} \mu$. See corollary 2.1,

We will also show a variant on this theorem. We consider the operator $T_{\delta}, \delta<R$, with kernel $K_{\delta}(x, y)=K(x, y) \chi_{\{d(x, y)<\delta\}}$, and we want to compare its $L^{p}$ norm to that of the maximal function $M_{\varphi, \delta}$ defined by :

$$
\begin{equation*}
M_{\varphi, \delta} f(x)=\sup _{\substack{x \in B \\ r(B)<\delta}} \varphi(B) \int_{B}|f| \mathrm{d} \mu \tag{2.23}
\end{equation*}
$$

The idea of the proof of this result will be essentially the same as that of theorem 2.3 given in [22], but some care must be taken to account for the different hypotheses properly, and thus we will give the details in what follows.

The hypothesis to prove $\|T f\|_{p} \leq C\left\|M_{\varphi, \delta}\right\|_{p}$ can be weakened compared to those of theorem 2.3. A key point is that proposition 2.13 has to hold at least for balls of radius at most $2 \delta$. Looking at the proof of the proposition, this is true as long as (2.18) holds for $C_{2} \leq(1+8 \rho)$ and $d(x, y) \leq 4 \delta$.

Then we take $(X, d, \mu)$ a R-doubling space. $T$ an operator defined by a kernel $K$. We say that $T$, or $K$ verify the condition $(\mathbf{K})_{\delta}$, if there exist constants $C_{1}>1, C_{2} \geq 1+8 \rho$, such that for any $x, y$ such that $d(x, y) \leq 4 \delta$, we have :

$$
\begin{align*}
& \forall x^{\prime} \in X, d\left(x^{\prime}, y\right) \leq C_{2} d(x, y), \quad K(x, y) \leq C_{1} K\left(x^{\prime}, y\right) \\
& \forall x^{\prime} \in X, d\left(x, y^{\prime}\right) \leq C_{2} d(x, y), \quad K(x, y) \leq C_{1} K\left(x, y^{\prime}\right) \tag{2.24}
\end{align*}
$$

Property $(\mathbf{K})_{\delta}$ ensure that 2.13 holds for balls of radius less than $2 \delta$.
Since we will end up considering balls of a radius slightly larger than $\delta$, the following proposition will be useful.

Proposition 2.14. Let $(X, d, \mu)$ satisfy $(\mathbf{D})_{2(2 \kappa+1) \delta}^{\eta}$ for $\delta>0, \kappa>1, T$ an operator satisfying $(\mathbf{K})_{4(2 \kappa+1) \delta}$, and such that the associated functional $\varphi$ satisfies (2.21) when $r\left(B_{1}\right), r\left(B_{2}\right) \leq 2(2 \kappa+$ 1) $\delta$. Then for any $p \in(1, \infty]$, there is some constant $C$ which depends only on $p$, $\kappa$, the doubling constants, and the constants $\alpha, L, \varepsilon$, in proposition 2.13 and in (2.21) such that for any non negative $f,\left\|M_{\varphi, \kappa \delta} f\right\|_{p} \leq C\left\|M_{\varphi, \delta} f\right\|_{p}$.

Proof. We have :

$$
\begin{aligned}
M_{\varphi, \kappa \delta} f(x) & =M_{\varphi, \delta} f(x)+\sup _{\substack{x \in B, \delta<r(B) \leq \kappa \delta}} \varphi(B) \int_{B}|f| \mathrm{d} \mu \\
& \leq M_{\varphi, \delta} f(x)+C \sup _{\substack{x \in B, r(B)=\kappa \delta}} \varphi(B) \int_{B(x, 2 \kappa \delta)}|f| \mathrm{d} \mu
\end{aligned}
$$

Using that for $x \in B, B \subset B(x, 2 r(B)) \subset B(x, 2 \kappa \delta)$ and that for any ball $B$ with radius greater than $\delta$, by (2.21) (on balls with radius at most $\kappa \delta$ ), we have $\varphi(B) \leq A L \kappa^{\eta} \varphi\left(\frac{\kappa \delta}{r(B)} B\right)$.

Now, for any ball $B$ containing $x$ with radius equal to $\kappa \delta$. For $y \in B(x, 2 \kappa \delta)$, consider the ball $Q(y)=B(y, \delta)$. We have $Q(y) \subset B(x,(2 \kappa+1) \delta)$, thus using $(\mathbf{D})_{(2 \kappa+1) \delta}^{\eta}$, we have that $\mu(B(x, 2 \kappa \delta)) \leq A^{2}(2 \kappa+1)^{\eta} \mu(Q(y))$.

For $y \in B(x,(2 \kappa+1) \delta)$, we also have that $B \subset B(z, 2(2 \kappa+1) \delta)$, thus using (2.21) (for balls with radius at most $2(2 \kappa+1) \delta)),(\mathbf{D})_{2(2 \kappa+1)}^{\eta}$ and $(\mathbf{K})_{4(2 \kappa+1) \delta)}$, we get that $\varphi(B) \leq$ $A^{2}\left(\frac{2(2 \kappa+1)}{2 \kappa}\right)^{\eta} \alpha \varphi(Q(y))$. Putting all this together, we get :

$$
\begin{aligned}
\varphi(B) \int_{B(x, 2 \kappa \delta)}|f| \mathrm{d} \mu & =\varphi(B) f_{B(x, 2 \kappa \delta)} \mu(B(x, 2 \kappa \delta))|f| \mathrm{d} \mu \\
& \leq C \varphi(B) f_{B(x, 2 \kappa \delta)} \mu(Q(y))|f(y)| \mathrm{d} \mu(y) \\
& \leq C f_{B(x, 2 \kappa \delta)} \varphi(B) \int_{Q(y)} \mathrm{d} \mu(z)|f(y)| \mathrm{d} \mu(y) \\
& \leq C \frac{1}{\mu(B(x, 2 \kappa \delta))} \int_{B(x,(2 \kappa+1) \delta)} \varphi(B) \int_{B(x, 2 \kappa \delta) \cap B(z, \delta)}|f(y)| \mathrm{d} \mu(y) \mathrm{d} \mu(z) \\
& \leq C A\left(\frac{2 \kappa+1}{2 \kappa}\right)^{\eta} f_{B(x,(2 \kappa+1) \delta)} \varphi(B(z, \delta)) \int_{B(z, \delta)}|f(y)| \mathrm{d} \mu(y) \mathrm{d} \mu(z) \\
& \leq C f_{B(x,(2 \kappa+1) \delta)} M_{\varphi, \delta} f \mathrm{~d} \mu
\end{aligned}
$$

And the constant $C$ depends only on the doubling constants, $L, \alpha$ and $\kappa$. Then we have :

$$
\begin{equation*}
M_{\varphi, \kappa \delta} f(x) \leq M_{\varphi, \delta} f(x)+C M_{(2 \kappa+1) \delta}\left(M_{\varphi, \delta} f\right)(x) \tag{2.25}
\end{equation*}
$$

The theorem follows from the boundedness of the classical maximal function $M_{(2 \kappa+1) \delta}$ on any $L^{p}, p>1$, under $(\mathbf{D})_{2(2 \kappa+1) \delta}^{\eta}$.

Theorem 2.4. Let $\delta>0$. Let $\rho>0$ be the sidelength constant of dyadic cubes. Suppose that $(X, d, \mu)$ satisfy $(\mathbf{D})_{2(6 \rho+1) \delta}^{\eta}$. Assume that $K$ satisfies $(\mathbf{K})_{4(6 \rho+1) \delta}$, and that $\varphi$ satisfies (2.21) for balls with radius at most $2(6 \rho+1) \delta$. Let $p \geq 1$. Then there is a constant $C>0$ (which depends only on the doubling constants, $\rho, p$ and of the constants in (2.21), (2.18)) such that we have :

$$
\begin{equation*}
\int_{X}\left|T_{\delta} f\right|^{p} \mathrm{~d} \mu \leq C \int_{X}\left(M_{\varphi, \delta} f\right)^{p} \mathrm{~d} \mu \tag{2.26}
\end{equation*}
$$

Proof. We will show that there exist some constant $C>0$ such that for any non negative function $f$, we have $\int_{X}\left|T_{\delta} f\right|^{p} \mathrm{~d} \mu \leq C \int_{X}\left(M_{\varphi, 3 \rho \delta} f\right)^{p} \mathrm{~d} \mu$. Then the theorem will follows by proposition 2.14

To prove this, we define, for any $m \in \mathbf{Z}$, the operator $T_{m}$ by :

$$
T_{m} f(x)=\int_{d(x, y)>\rho^{m}} K_{\delta}(x, y) f(y) \mathrm{d} \mu(y)
$$

Then, if for any $m \in \mathbf{Z}$, and for any non negative measurable functions $f, g$, we have :

$$
\begin{equation*}
\int_{X} T_{m} f g \mathrm{~d} \mu=\int_{d(x, y)>\rho^{m}} K_{\delta}(x, y) f(y) g(x) \mathrm{d} \mu(x, y) \leq C\left\|M_{\varphi, 3 \delta} f\right\|_{p}\|g\|_{p^{\prime}} \tag{2.27}
\end{equation*}
$$

Then by the monotone convergence theorem, taking $m \rightarrow-\infty$, the same inequality holds but with $T_{m}$ replaced by $T$, and by duality, (2.26) is true.

Take $m \in \mathbf{Z}$, and let $f, g$ be non negative measurable functions. Let $\mathcal{D}_{m}=\left\{\mathcal{E}_{\alpha}^{k}\right\}_{\alpha \in \mathbf{N}^{*}}^{k \geq m}$ be a decomposition of $X$ in dyadic cubes given by theorem 2.1 with sidelengths $\rho^{k}$. If $(x, y) \in X$ are such that $d(x, y)>\rho^{m}$, we take the integer $l \geq m$ such that $\rho^{l}<d(x, y) \leq \rho^{l+1}$. Let $Q$ be the cube of length $\rho^{l}$ containing $x, B(Q)=B\left(c_{Q}, \rho^{l+1}\right)$ the containing ball. We recall that we have $\rho^{-1} B(Q) \subset Q \subset B(Q)$.
$d\left(c_{Q}, y\right) \leq d\left(c_{Q}, x\right)+d(x, y) \leq 2 \rho^{l+1}$, thus $y \in 2 B(Q)$. Since $d(x, y)>\rho^{l}=\frac{1}{2 \rho} r(2 B(Q))$, we have by definition of $\varphi, K(x, y) \leq \varphi(2 B(Q)) \leq \alpha \varphi(B(Q))$ by proposition 2.13 (which needs to hold for balls of radius $2 \rho \delta$, thus we need $(\mathbf{K})_{4 \rho \delta}$. And if we suppose that $\delta \leq \rho^{l}=\ell(Q)$, then $d(x, y) \geq \delta$ and $K_{\delta}(x, y)=0$.

We have proved that if $Q$ is the cube of length comparable with $d(x, y)$, containing $x$, we have $y \in 2 B(Q)$ and :

$$
K_{\delta}(x, y) \leq C \varphi(B(Q)) \chi_{\left\{R \in \mathcal{D}_{m}, \ell(R)<\delta\right\}}(Q) \chi_{Q}(x) \chi_{2 B(Q)}(y)
$$

If $r$ is the largest integer such that $\rho^{r}<\delta$, define $\mathcal{D}_{m}^{r}=\left\{\mathcal{E}_{\alpha}^{k} ; m \leq k \leq r\right\}$. For any $x, y \in X$ with $d(x, y)>\rho^{m}$, there is at least one cube $Q \in \mathcal{D}_{m}$ such that the previous inequation holds, and since both sides of it are zero if $\ell(Q) \geq \delta$, we have, for any $x, y \in X$ :

$$
K_{\delta}(x, y) \leq \sum_{Q \in \mathcal{D}_{m}^{r}} C \varphi(B(Q)) \chi_{Q}(x) \chi_{2 B(Q)}(y)
$$

And so, for any $f, g \geq 0$ :

$$
\int_{X} T_{m} f g \mathrm{~d} \mu \leq C \sum_{Q \in \mathcal{D}_{m}^{r}} \varphi(B(Q)) \int_{2 B(Q)} f \mathrm{~d} \mu \int_{Q} g \mathrm{~d} \mu
$$

But for any fixed integer $k \geq m$, the cubes of length of length $\rho^{k},\left\{\mathcal{E}_{\alpha}^{k}\right\}$ are pairwise disjoints, and $X=\bigcup_{\alpha} \mathcal{E}_{\alpha}^{k}$. Then using this decomposition for $k=r$,

$$
\int_{X} T_{m} f g \mathrm{~d} \mu \leq C \sum_{\alpha \geq 1} \sum_{\substack{Q \in \mathcal{D}_{m}^{r} \\ Q \subset \mathcal{E}_{\alpha}^{r}}} \varphi(B(Q)) \int_{2 B(Q)} f \mathrm{~d} \mu \int_{Q} g \mathrm{~d} \mu
$$

Then for a constant $\gamma \geq 1$ to be determined, for any $\alpha \geq 1$, and $n \in \mathbf{Z}$, define :

$$
\begin{equation*}
\mathcal{C}_{\alpha}^{n}=\left\{Q \in \mathcal{D}_{m}^{r}, Q \subset \mathcal{E}_{\alpha}^{r} ; \gamma^{n}<\frac{1}{\mu(B(Q))} \int_{Q} g \mathrm{~d} \mu \leq \gamma^{n+1}\right\} \tag{2.28}
\end{equation*}
$$

We let $n_{\alpha}$ be the unique integer such that $\mathcal{E}_{\alpha}^{r} \in \mathcal{C}_{\alpha}^{n_{\alpha}}$. Notice that $\left\{\mathcal{C}_{\alpha}^{n}\right\}_{n \in \mathbf{Z}}$ is a partition of $\left\{Q \in \mathcal{D}_{m}^{r} ; Q \subset \mathcal{E}_{\alpha}^{r}\right\}$. Then we have :

$$
\int_{X} T_{m} f g \mathrm{~d} \mu \leq C \sum_{\alpha \geq 1} \sum_{n \in \mathbf{Z}} \gamma^{n+1} \sum_{Q \in \mathcal{C}_{\alpha}^{n}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q)} f \mathrm{~d} \mu
$$

For any $\alpha \geq 1$, we let $\left\{Q_{j, \alpha}^{n}\right\}_{j \in J_{n}}$, for some index set $J_{n}$, be the collection of the maximal dyadic cubes subset of $\mathcal{E}_{\alpha}^{r}$ such that $\gamma^{n}<\frac{1}{\mu\left(B\left(Q_{j, \alpha}^{n}\right)\right)} \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu$. If $n \leq n_{\alpha}$, then there is exactly one such maximal cube : $\mathcal{E}_{\alpha}^{r}$. Also, we have an injection from the set of the couples $(n, Q)$ with $n \leq n_{\alpha}, Q \in \mathcal{C}_{\alpha}^{n}$ to $\left\{Q \in D_{m}^{r}: Q \subset \mathcal{E}_{\alpha}^{r}\right\}$, thus :

$$
\sum_{n \leq n_{\alpha}} \gamma^{n+1} \sum_{Q \in \mathcal{C}_{\alpha}^{n}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q)} f \mathrm{~d} \mu \leq \gamma^{n_{\alpha}+1} \sum_{\substack{Q \in \mathcal{D}^{r} \\ Q \subset \mathcal{E}_{\alpha}^{r}}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q))} f \mathrm{~d} \mu
$$

If $n>n_{\alpha}$, then any $Q_{j, \alpha}^{n}$ is a strict subset of $\mathcal{E}_{\alpha}^{r}$. For such a maximal cube $\mathcal{F}$, we let $P$ be his dyadic parent i.e. the only cube of length $\rho \ell(R)$ containing $P$. We have $P \subset \mathcal{E}_{\alpha}^{r}$, and by using the maximality of $\mathcal{F}$, and that $B(R) \subset 2 B(P)$, and using the $\rho \delta$-doubling $(B(P)$ has radius less than $\rho \delta$ ) :

$$
\begin{equation*}
\gamma^{n}<\frac{1}{\mu(B(\mathcal{F}))} \int_{\mathcal{F}} g \mathrm{~d} \mu \leq \frac{\mu(B(P))}{\mu(B(\mathcal{F}))} \frac{1}{\mu(B(P))} \int_{P} g \mathrm{~d} \mu \leq C \rho^{\eta} \gamma^{n}=\kappa \gamma^{n} \tag{2.29}
\end{equation*}
$$

the constant $\kappa$ depending only on $\rho$ and on the doubling constant. Then choosing $\gamma>\kappa$, we have $\frac{1}{\mu(B(\mathcal{F}))} \int_{\mathcal{F}} g \mathrm{~d} \mu \leq \gamma^{n+1}$, thus $\mathcal{F} \in \mathcal{C}_{\alpha}^{n}$. Thus for a fixed $n>n_{\alpha}$, every cube in $\mathcal{C}_{\alpha}^{n}$ is in a (unique) $Q_{j, \alpha}^{n}$, which are disjoint in $j$ by maximality. Thus, writing $Q_{j, \alpha}^{n_{\alpha}}$ for $\mathcal{E}_{\alpha}^{r}$ we have :

$$
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C \sum_{\alpha \geq 1} \sum_{n \geq n_{\alpha}} \gamma^{n+1} \sum_{j \in J_{n}} \sum_{\substack{Q \in \mathcal{D}^{m} \\ Q \subset Q_{j, \alpha}^{m}}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q)} f \mathrm{~d} \mu
$$

Now we use the following lemma (see lemma 6.1 of [22]) :

Lemma 2.2. Let $(X, d, \mu)$ satisfy $(\mathbf{D})_{\delta}^{\eta}$. Let $\varphi$ be a functional on balls that satisfy (2.21) for balls of radius at most $\rho \delta$. Then there is a constant $C$ which depends only on the constant $L$ of (2.21) and on the doubling constant such that for any $f \geq 0$ and any dyadic cube $Q_{0} \in \mathcal{D}_{m}^{r}$, with $\rho^{r} \leq \delta$,

$$
\begin{equation*}
\sum_{\substack{Q \in \mathcal{D}_{m} \\ Q \subset Q_{0}}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q))} f \mathrm{~d} \mu \leq C \varphi\left(B\left(Q_{0}\right)\right) \mu\left(B\left(Q_{0}\right)\right) \int_{3 B\left(Q_{0}\right)} f \mathrm{~d} \mu \tag{2.30}
\end{equation*}
$$

Proof. By (2.21), we have :

$$
\begin{align*}
\sum_{\substack{Q \in \mathcal{D}_{m} \\
Q \subset Q_{0}}} \varphi(B(Q)) \mu(B(Q)) \int_{2 B(Q))} f \mathrm{~d} \mu & \leq L \varphi\left(B\left(Q_{0}\right)\right) \mu\left(B\left(Q_{0}\right)\right) \sum_{\substack{Q \in \mathcal{D}_{m} \\
Q \subset Q_{0}}}\left(\frac{\ell(Q)}{\ell\left(Q_{0}\right)}\right)^{\varepsilon} \int_{2 B(Q))} f \mathrm{~d} \mu \\
& \leq L \varphi\left(B\left(Q_{0}\right)\right) \mu\left(B\left(Q_{0}\right)\right) \sum_{l=0}^{+\infty} \rho^{-\varepsilon l} \sum_{\substack{Q \in \mathcal{D}_{m} \\
Q \subset Q_{0} \\
\ell(Q)=\rho^{-1} \ell\left(Q_{0}\right)}} \int_{2 B(Q))} f \mathrm{~d} \mu \tag{2.31}
\end{align*}
$$

Then for $Q \in \mathcal{D}_{m}, Q \subset Q_{0}$, and $\ell(Q) \leq \ell\left(Q_{0}\right)$ we have $2 B(Q) \subset 3 B\left(Q_{0}\right)$. Indeed, if $y \in 2 B(Q)$, then :

$$
\begin{aligned}
d\left(y, x_{Q_{0}}\right) & \leq d\left(y, x_{Q}\right)+d\left(x_{Q}, x_{Q_{0}}\right) \\
& \leq 2 r(B(Q))+r\left(B\left(Q_{0}\right)\right) \\
& \leq 3 r\left(B\left(Q_{0}\right)\right) .
\end{aligned}
$$

Thus, the left hand side of (2.31) is less than :

$$
L \varphi\left(B\left(Q_{0}\right)\right) \mu\left(B\left(Q_{0}\right)\right) \int_{\left.3 B\left(Q_{0}\right)\right)} f(x) \sum_{l=0}^{\infty} \rho^{-\varepsilon l} \sum_{\substack{Q \in \mathcal{D}_{m} \\ Q \subset Q_{0} \\ \ell(Q)=\rho^{-l} \ell\left(Q_{0}\right)}} \chi_{2 B(Q)}(x) \mathrm{d} \mu(x) .
$$

Then it suffices to show that for each $l$, any $x$ of $3 B\left(Q_{0}\right)$ is in at most $N$ of the $2 B(Q)$, with $\ell(Q)=\rho^{-l} \ell\left(Q_{0}\right)$, with $N$ independant of the choices of $x$ and $Q_{0}$. For $l=0$, there is only one $Q$ : $Q_{0}$ itself, and thus it is true.

Now fix $l>1$, let $x \in M$, and $Q$ be a cube of sidelength $\rho^{-l} \ell\left(Q_{0}\right)$ such that $x \in 2 B(Q)$. We write $\ell=\ell(Q) \leq \rho^{-1} \delta$. Then for $y \in Q, d(x, y) \leq d\left(x, x_{Q}\right)+d\left(y, x_{Q}\right) \leq 3 \rho \ell \leq 3 \delta$. Then we have $B\left(x_{Q}, \ell\right) \subset Q \subset B(x, 3 \rho \ell)$. By the proposition 2.9, then there can be at most $N$ disjoint balls of radius $\ell \leq \delta$ with center in a ball of radius $3 \rho \ell$, with the constant $N$ depending only on $\rho$ and on the $\delta$-doubling constant.

Thus

$$
\sum_{l=0}^{\infty} \rho^{-\varepsilon l} \sum_{\substack{Q \in \mathcal{D}_{m} \\ Q \subset Q_{0} \\ \ell(Q)=\rho^{-1} \ell\left(Q_{0}\right)}} 1 \leq N \frac{1}{1-\rho^{-\varepsilon}},
$$

and the lemma follows.

Then applying the lemma:

$$
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C \sum_{\alpha \geq 1} \sum_{n \geq n_{\alpha}} \gamma^{n+1} \sum_{j \in J_{n}} \varphi\left(B\left(Q_{j, \alpha}^{n}\right)\right) \mu\left(B\left(Q_{j, \alpha}^{n}\right)\right) \int_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu
$$

And thus since $Q_{j, \alpha}^{n} \in \mathcal{C}_{\alpha}^{n}, \gamma^{n} \leq \frac{1}{\mu\left(B\left(Q_{j, \alpha}^{n}\right)\right)} \int_{Q_{j, n}^{\alpha}} g \mathrm{~d} \mu$, and so,

$$
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C \gamma \sum_{\alpha \geq 1} \sum_{n \geq n_{\alpha}} \sum_{j \in J_{n}} \varphi\left(B\left(\left(Q_{j, \alpha}^{n}\right)\right) \int_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu\right.
$$

and we have :

$$
\begin{equation*}
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq c \sum_{\alpha, n, j} \varphi\left(B\left(Q_{j, \alpha}^{n}\right)\right) \mu\left(Q_{j, \alpha}^{n}\right) \int_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu \frac{1}{\mu\left(Q_{j \alpha}^{n}\right)} \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu \tag{2.32}
\end{equation*}
$$

Then using Hölder's inequality, and that by (2.21) there is some constant c depending only on $\alpha, A, L, \varepsilon$ such that $\varphi(B) \leq c \varphi(3 B)$ (ball of radius $3 \rho \delta$ ), we get:

$$
\begin{aligned}
& \int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C\left(\sum_{\alpha, n, j} \mu\left(Q_{j, \alpha}^{n}\right)\left(\varphi\left(B\left(3 Q_{j, \alpha}^{n}\right)\right) \int_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu\right)^{p}\right)^{\frac{1}{p}} \\
&\left(\sum_{\alpha, n, j} \mu\left(Q_{j, \alpha}^{n}\right)\left(\frac{1}{\mu\left(Q_{j \alpha}^{n}\right)} \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu\right)^{p^{\prime}}\right)^{\frac{1}{p^{\prime}}}
\end{aligned}
$$

Now we just need to establish a majoration of $\mu\left(Q_{j, \alpha}^{n}\right)$ by a constant time the measure of a set $E_{j, \alpha}^{n}$, with the $E_{j, \alpha}^{n}$ being pairwise disjoint in $j, n, \alpha$. For this, define $\Omega_{\alpha}^{n}$ by

$$
\begin{equation*}
\Omega_{\alpha}^{n}=\left\{x \in \mathcal{E}_{\alpha}^{r} ; \sup _{\substack{Q \in \mathcal{D}_{m}^{r} \\ x \in Q}} \frac{1}{\mu(B(Q))} \int_{Q} g \mathrm{~d} \mu>\gamma^{n}\right\}=\bigcup_{j \in J_{n}} Q_{j, \alpha}^{n} \tag{2.33}
\end{equation*}
$$

and define the set $E_{j, \alpha}^{n}=Q_{j, \alpha}^{n} \backslash \Omega_{\alpha}^{n+1}$. We have that $E_{j, \alpha}^{n} \subset \Omega_{\alpha}^{n} \backslash \Omega_{\alpha}^{n+1}$, and the $E_{j, \alpha}^{n}$ are pairwise disjoints in $j, n, \alpha$.

Now we want to show that for $\gamma$ chosen large enough, $\mu\left(Q_{j, \alpha}^{n}\right) \leq 2 \mu\left(E_{j, \alpha}^{n}\right)$.
First, $Q_{j, \alpha}^{n} \cap \Omega_{\alpha}^{n+1}=\bigcup_{i}\left(Q_{j, \alpha}^{n} \cap Q_{i, \alpha}^{n+1}\right)$. But we have $\frac{1}{\mu\left(B\left(Q_{i, \alpha}^{n+1}\right)\right)} \int_{Q_{i, \alpha}^{n+1}} g \mathrm{~d} \mu>\gamma^{n+1}>\gamma^{n}$, thus by maximality of $Q_{j, \alpha}^{n}$, and by the properties of dyadic cubes, etiher $Q_{i, \alpha}^{n+1} \subset Q_{j, \alpha}^{n}$ or $Q_{j, \alpha}^{n} \cap Q_{i, \alpha}^{n+1}=\emptyset$. Hence :

$$
\mu\left(Q_{j, \alpha}^{n} \cap \Omega_{\alpha}^{n+1}\right)=\sum_{i: Q_{j, \alpha}^{n} \cap Q_{i, \alpha}^{n+1}=\emptyset} \mu\left(Q_{j, \alpha}^{n} \cap Q_{i, \alpha}^{n+1}\right)=\sum_{i: Q_{i, \alpha}^{n+1} \subset Q_{j, \alpha}^{n}} \mu\left(Q_{i, \alpha}^{n+1}\right)
$$

But:

$$
\mu\left(Q_{i, \alpha}^{n+1}\right) \leq \mu\left(B\left(Q_{i, \alpha}^{n+1}\right)\right) \leq \gamma^{-n-1} \int_{Q_{i, \alpha}^{n+1}} g \mathrm{~d} \mu
$$

And since the $Q_{i, \alpha}^{n+1}$ considered are disjoints and subsets of $Q_{j, \alpha}^{n}$ :

$$
\mu\left(Q_{j, \alpha}^{n} \cap \Omega_{\alpha}^{n+1}\right) \leq \gamma^{-n-1} \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu \leq \kappa \gamma^{-1} \mu\left(B\left(Q_{j, \alpha}^{n}\right)\right)
$$

where $\kappa$ is the constant in (2.29). But we have :

$$
\mu\left(Q_{j, \alpha}^{n}\right)=\mu\left(E_{j, \alpha}^{n}\right)+\mu\left(Q_{j, \alpha}^{n} \cap \Omega_{\alpha}^{n+1}\right),
$$

and so choosing $\gamma=2 \kappa$, it follows that:

$$
\mu\left(Q_{j, \alpha}^{n}\right) \leq \frac{\gamma}{\gamma-\kappa} \mu\left(E_{j, \alpha}^{n}\right)=2 \mu\left(E_{j, \alpha}^{n}\right)
$$

Thus we have :

$$
\begin{aligned}
& \int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq 2 C\left(\sum_{\alpha, n, j} \mu\left(E_{j, \alpha}^{n}\right)\left(\varphi\left(B\left(3 Q_{j, \alpha}^{n}\right)\right) \int_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu\right)^{p}\right)^{\frac{1}{p}} \\
&\left(\sum_{\alpha, n, j} \mu\left(E_{j, \alpha}^{n}\right)\left(\frac{1}{\mu\left(Q_{j \alpha}^{n}\right)} \int_{Q_{j, \alpha}^{n}} g \mathrm{~d} \mu\right)^{p^{\prime}}\right)^{\frac{1}{p^{\prime}}}
\end{aligned}
$$

But since $E_{j, \alpha}^{n} \subset Q_{j, \alpha}^{n}, \mu\left(E_{j, \alpha}^{n}\right)\left(\varphi\left(B\left(3 Q_{j, \alpha}^{n}\right)\right) f_{3 B\left(Q_{j, \alpha}^{n}\right)} f \mathrm{~d} \mu\right)^{p} \leq \int_{E_{j, \alpha}^{n}}\left(M_{\varphi, 3 \rho^{r+1}} f\right)^{p} \mathrm{~d} \mu$, and a similar inequality for the integral on $g$. In addition using that the $E_{j, \alpha}^{n}$ are pairwise disjoint, and that $\rho^{r}<\delta$, we get :

$$
\begin{equation*}
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq 2 C\left(\int_{X}\left(M_{\varphi, 3 \rho \delta} f\right)^{p} \mathrm{~d} \mu\right)^{\frac{1}{p}}\left(\int_{X}\left(M_{d, \delta} g\right)^{p^{\prime}} \mathrm{d} \mu\right)^{\frac{1}{p^{\prime}}} \tag{2.34}
\end{equation*}
$$

then using proposition 2.12, for all $f, g \geq 0$, there is a constant $C$ which depends only on $p, A, \alpha, \varepsilon$ (specifically it depends on the constants for the $\rho \delta$-doubling) such that:

$$
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C\left\|M_{\varphi, 3 \rho \delta} f\right\|_{p}\|g\|_{p^{\prime}}
$$

This holds under $(\mathbf{D})_{r \delta}^{\eta},(\mathbf{K})_{2 \rho \delta}$ and the fact that (2.21) holds for balls of radius at most $3 \rho \delta$. The stronger hypotheses are what we need to apply proposition 2.14 which gives us :

$$
\begin{equation*}
\int_{X}\left(T_{m} f\right) g \mathrm{~d} \mu \leq C\left\|M_{\varphi, \delta} f\right\|_{p}\|g\|_{p^{\prime}} \tag{2.35}
\end{equation*}
$$

Which proves the theorem.
Finally we have :
Corollary 2.1. Let $\mu$ be a measure satisfy $(\mathbf{D})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$, for $R>0, \eta \geq \nu>0$ ( $\eta \geq \nu$ is automatic). Let $s \leq \nu$. Let $\delta \leq R$. If $K(x, y)=\frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))}$, then the associated operator $T_{\delta}$ satisfy the hypotheses of theorem 2.4. Moreover, the theorem still holds with $M_{\varphi, \delta} f$ replaced by the following maximal function :

$$
\begin{equation*}
M_{s, \delta} f(x)=\sup _{0<r<\delta} r^{s} f_{B(x, r)}|f| \mathrm{d} \mu \tag{2.36}
\end{equation*}
$$

Proof. First, take some $b>1$, by proposition 2.8, $\mu$ is $b R$-reverse doubling of order $\nu$. Then, we must verify that $K$ satisfy the hypotheses of theorem 2.4. Let $d(x, y) \leq R$ and $d\left(x, y^{\prime}\right) \leq b d(x, y)$, then we have by doubling and reverse doubling, :

$$
\begin{aligned}
\frac{1}{\mu(B(x, d(x, y)))} & \leq \frac{1}{\mu\left(B\left(x, d\left(x, y^{\prime}\right)\right)\right)} \frac{\mu(B(x, b d(x, y)))}{\mu(B(x, d(x, y)))} \frac{\mu\left(B\left(x, d\left(x, y^{\prime}\right)\right)\right)}{\mu(B(x, b d(x, y)))} \\
& \leq C b^{\eta-\nu}\left(\frac{d\left(x, y^{\prime}\right)}{d(x, y)}\right)^{\nu} \frac{1}{\mu\left(B\left(x, d\left(x, y^{\prime}\right)\right)\right.}
\end{aligned}
$$

Thus, provided that $s \leq \nu$ :

$$
K(x, y) \leq C b^{\eta-\nu}\left(\frac{d\left(x, y^{\prime}\right)}{d(x, y)}\right)^{\nu-s} K\left(x, y^{\prime}\right) \leq C b^{\eta-s} K\left(x, y^{\prime}\right)
$$

Furthermore, if $d\left(x^{\prime}, y\right) \leq \alpha d(x, y)$, by doubling there are $c, C$ such that $c \mu\left(B\left(y, d\left(x^{\prime}, y\right)\right)\right) \leq$ $\mu\left(B\left(x^{\prime}, d\left(x^{\prime}, y\right)\right)\right) \leq C \mu\left(B\left(y, d\left(x^{\prime}, y\right)\right)\right)$, and so doing the same calcuations we have :

$$
K(x, y) \leq C b^{\nu-s} K\left(x^{\prime}, y\right)
$$

And there are $C_{1}, C_{2}>1$ such that (2.18) is satisfied.
Then, using the definition of $\varphi$ and doubling, $c \frac{r(B)^{s}}{\mu(B)} \leq \varphi(B) \leq C \frac{r(B)^{s}}{\mu(B)}$ for some constants that depends only on $s, \rho$ and the doubling constant. Then since we have, for $B_{1} \subset B_{2}, r\left(B_{1}\right)^{s} \leq$ $2^{s} r\left(B_{2}\right)^{s}$, we easily verify that $\varphi$ satisfy (2.21) with $\varepsilon=s$.

Then it is enough to prove that the centered and uncentered version of the maximal function $M_{s, \delta}$ are equivalent in $L^{p}$ norms. This follow from the same argument as that of proposition 2.11

## 3 Relative Faber-Krahn inequality and estimates on the heat kernel and the Riesz and Bessels potentials

### 3.1 Faber-Krahn and doubling

The results from this subsection are due to A.A. Grigor'yan [10, 11, or are slight adaptation of his results to the R-doubling case.

Theorem 3.1. [11] Let $(M, g, \mu)$ be a weighted manifold, and let $\left\{B\left(x_{i}, r_{i}\right)\right\}_{i \in I}$ be a family of relatively comapct balls in $M$, where $I$ is an arbitrary index set. Assume that, for any $i \in I$, the Faber-Krahn inequality holds :

$$
\begin{equation*}
\lambda_{1}(U) \geq a_{i} \mu(U)^{-2 / \eta} \tag{3.1}
\end{equation*}
$$

for any open set $U \subset B\left(x_{i}, r_{i}\right)$, where $a_{i}>0$. Let $\Omega=\bigcup_{i \in I} B\left(x_{i}, \frac{r_{i}}{2}\right)$. Then for all $x, y \in \Omega$ and $t \geq t_{0}>0$ :

$$
\begin{equation*}
p_{t}(x, y) \leq \frac{C(\eta)\left(1+\frac{d(x, y)^{2}}{t}\right)^{\eta / 2} \exp \left(-\frac{d(x, y)^{2}}{4 t}-\lambda_{1}(M)\left(t-t_{0}\right)\right)}{\left(a_{i} a_{j} \min \left(t_{0}, r_{i}^{2}\right) \min \left(t_{0}, r_{j}^{2}\right)\right)^{\eta / 4}} \tag{3.2}
\end{equation*}
$$

where $i, j$ are the indices such that $x \in B\left(x_{i}, \frac{r_{i}}{2}\right)$ and $y \in B\left(x_{j}, \frac{r_{j}}{2}\right)$.

On a manifold which admits $(\mathbf{R F K})_{R}^{\eta}$, applying this theorem with the family $\{B(x, r)\}_{\substack{x \in M, 0<r \leq R}}$, $a_{x, r}=\frac{b}{r^{2}} \mu(B(x, r))^{2 / \eta}, t_{0}=t$, and $r=\sqrt{t}$ when $t \leq R^{2}$ we get :

$$
\begin{aligned}
p_{t}(x, y) & \leq C(\eta) \frac{\left(1+\frac{d(x, y)^{2}}{t}\right)^{\eta / 2} e^{-\frac{d(x, y)^{2}}{4 t}}}{\left(a_{x, \sqrt{t}} b_{y, \sqrt{t}} t^{2}\right)^{\eta / 4}} \\
& \leq \frac{C(\eta)}{b^{\eta / 2}} \frac{e^{-\frac{d(x, y)^{2}}{c t}}}{\mu(B(x, \sqrt{t}))^{1 / 2} \mu(B(y, \sqrt{t}))^{1 / 2}}
\end{aligned}
$$

If $t>R^{2}$, then we do the same thing, but with $r=R$. Thus we obtain the following :
Theorem 3.2. Let $(M, g, \mu)$ be a weighted Riemannian manifold, suppose that there is $R>0$ such that $M$ satisfy $(\mathbf{R F K})_{R}^{\eta}$. Then $\mu$ satisfy $(\mathbf{D})_{R}^{\eta}$, and for any $c>4$ there is some constant $C>0$ such that the heat kernel satisfies the upper bound :

$$
\begin{align*}
& p_{t}(x, y) \leq \frac{C}{\mu(B(x, \sqrt{t}))^{1 / 2} \mu(B(y, \sqrt{t}))^{1 / 2} e^{-\frac{d(x, y)^{2}}{c t}}, \quad t \leq R^{2}}  \tag{3.3}\\
& p_{t}(x, y) \leq \frac{C}{\mu(B(x, R))^{1 / 2} \mu(B(y, R))^{1 / 2}} e^{-\frac{d(x, y)^{2}}{c t}}, \quad t>R^{2} \tag{3.4}
\end{align*}
$$

The constant $C$ depends only on $b$ and $\eta$ in the Faber-Krahn inequality and on the $c>4$ chosen.

The estimate on the heat kernel follows from Theorem 5.2 of 10. The R-doubling follow from the proof of Proposition 5.2 of the same article.

### 3.2 An estimate on the heat kernel

Proposition 3.1. Let $(M, g, \mu)$ be a weighted manifold satisfying (RFK) $)_{R}^{\eta}$ for $R>0$, then for any $c>4$ and $\gamma \in(0,1)$ there exists constants $C>0, \hat{c}>1$ such that for any $\lambda>0$ with $R \lambda>\hat{c}$, we have :

$$
\begin{array}{ll}
p_{t}(x, y) \leq \frac{C}{\mu(B(x, \sqrt{t}))} e^{-\frac{d(x, y)^{2}}{c t}}, & \sqrt{t} \leq \lambda^{-1}  \tag{3.5}\\
p_{t}(x, y) \leq \frac{C}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} e^{(1-\gamma) \lambda^{2} t} e^{-\frac{d(x, y)^{2}}{c t}}, & \sqrt{t}>\lambda^{-1} .
\end{array}
$$

With $C$ depending only on $b, \eta$ and $c$, and $\hat{c}$ depending on $b, \eta, c$ and $\gamma$.
Proof. Let $c>4, \gamma \in(0,1)$. If $t \leq \lambda^{-1}<R^{2}$, then applying theorem 3.2 we have, for any $\kappa>1$ such that $c / \kappa>4$ :

$$
\begin{aligned}
p_{t}(x, y) & \leq \frac{C}{\mu(B(x, \sqrt{t}))^{1 / 2} \mu(B(y, \sqrt{t}))^{1 / 2}} e^{-\frac{\kappa d(x, y)^{2}}{c t}} \\
& \leq \frac{C}{\mu(B(x, \sqrt{t}))} e^{\frac{D}{2} \frac{d(x, y)}{\sqrt{t}}-\frac{\kappa}{c} \frac{d(x, y)^{2}}{t}}
\end{aligned}
$$

$$
\leq \frac{C}{\mu(B(x, \sqrt{t}))} e^{-\frac{d(x, y)^{2}}{c t}},
$$

using proposition 2.6. If $t \geq \lambda^{-1}$, then similarly :

$$
p_{t}(x, y) \leq \frac{C}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} e^{\frac{D d(x, y)}{2 R}-\frac{\kappa d(x, y)^{2}}{c t}} .
$$

Then we have $\frac{D d(x, y)}{2 R}-\frac{(\kappa-1) d(x, y)^{2}}{c t}-(1-\gamma) \lambda^{2} t \leq\left(\frac{c D^{2}}{16(\kappa-1) R^{2}}-(1-\gamma) \lambda^{2}\right) t$, for all $t>0$, $x, y \in M$. Thus for $\hat{c}=\sqrt{\frac{c}{(1-\gamma)(\kappa-1)}} \frac{D}{4}$, the for all $\lambda$ such that $\lambda R \geq \hat{c}$, we have:

$$
\begin{equation*}
p_{t}(x, y) \leq \frac{C}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} e^{(1-\gamma) \lambda^{2} t} e^{-\frac{d(x, y)^{2}}{c t}} \tag{3.6}
\end{equation*}
$$

Remark. If $d(x, y) \leq R$ then we can actually do better, then $e^{D d(x, y) / 2 R} \leq C$ for a constant which doesn't depends on $d(x, y)$. Then we have :

$$
\begin{equation*}
p_{t}(x, y) \leq \frac{C}{\mu\left(B\left(x, \min \left(\sqrt{t}, \lambda^{-1}\right)\right)\right)} e^{-\frac{d(x, y)^{2}}{c t}} \tag{3.7}
\end{equation*}
$$

### 3.3 Estimation of the Riesz potential

Let $s>0$. Define the Riesz potential to be the operator $I_{s}=\Delta^{-s / 2}$ on $L^{2}(M, \mu)$. We have by the spectral theorem, for $f$ positive, measurable :

$$
\begin{aligned}
I_{s} f(x) & =\frac{1}{\Gamma\left(\frac{s}{2}\right)} \int_{0}^{\infty} t^{s / 2-1} e^{-t \Delta} f(x) \mathrm{d} t \\
& =\frac{1}{\Gamma\left(\frac{s}{2}\right)} \int_{M} f(y) \int_{0}^{\infty} t^{s / 2-1} p_{t}(x, y) \mathrm{d} t \mathrm{~d} \mu(y) \\
& =\int_{M} i_{s}(x, y) f(y) \mathrm{d} \mu
\end{aligned}
$$

With the "kernel" $i_{s}$ defined by:

$$
\begin{equation*}
i_{s}(x, y)=\frac{1}{\Gamma\left(\frac{s}{2}\right)} \int_{0}^{\infty} t^{s / 2-1} p_{t}(x, y) \mathrm{d} t \tag{3.8}
\end{equation*}
$$

Proposition 3.2. Let $(M, g, \mu)$ be a manifold satisfying $(\mathbf{R F K})^{\eta}$ and (RD) $)^{\nu}, \nu>0$. Then for any $s<\nu$, there is a constant $C$, depending only on the Faber-Krahn and reverse doubling constants, such that :

$$
\begin{equation*}
i_{s}(x, y) \leq C \frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))} \tag{3.9}
\end{equation*}
$$

Proof. If $M$ admits a relative Faber-Krahn inequality, then there are constants $C>0, c>4$ such that $p_{t}(x, y) \leq \frac{C}{\mu(B(x, \sqrt{t}))} e^{-\frac{d(x, y)^{2}}{c t}}$, for all $x, y \in M, t>0$.

Thus:

$$
i_{s}(x, y) \leq C_{s} \int_{0}^{\infty} \frac{t^{s / 2-1}}{\mu(B(x, \sqrt{t}))} e^{-\frac{d(x, y)^{2}}{c t}} \mathrm{~d} t
$$

We integrate separately between 0 and $d^{2}$ and $d^{2}$ and $+\infty$, and using the doubling and reverse doubling properties of the measure we get :

$$
\begin{aligned}
& i_{s}(x, y) \leq C \frac{d^{\eta}}{\mu(B(x, d(x, y)))} \int_{0}^{d^{2}} t^{s / 2-\eta / 2-1} e^{-\frac{d(x, y)^{2}}{c t}} \mathrm{~d} t+ \\
& C \frac{d^{\nu}}{\mu(B(x, d(x, y)))} \int_{d^{2}}^{\infty} t^{s / 2-\nu / 2-1} e^{-\frac{d(x, y)^{2}}{c t}} \mathrm{~d} t
\end{aligned}
$$

When $\nu>s$, the second integral is convergent and less than $\frac{2}{\nu-s} d^{s-\nu}$.
For the first integral, through the change of variables $t=d^{2} / c u$ there is some constant $c_{s}$ such that it is equal to $c_{s} d^{s-\eta} \int_{1}^{\infty} u^{\eta / 2-s / 2-1} e^{-u} \mathrm{~d} u$, and this new integral is convergent if $\eta>s$, which it is since we must have $\eta \geq \nu$, and equal to a constant depending only on $\eta, s$.

Thus putting all of this together we have:

$$
i_{s}(x, y) \leq C \frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))}
$$

With the constant depending only on $s, \eta, \nu$ as well as the constants of the relative Faber Krahn inequality.

### 3.4 Estimation of the Bessel potential

Define the Bessel potential for $\lambda>0, s>0$ to be the operator $G_{s, \lambda}=\left(\Delta+\lambda^{2}\right)^{-s / 2}$ on $L^{2}(M, \mu)$. We have, by the spectral theorem :

$$
\begin{equation*}
G_{s, \lambda}=\frac{1}{\Gamma\left(\frac{s}{2}\right)} \int_{0}^{\infty} t^{s / 2-1} e^{-\lambda^{2} t} e^{-t \Delta} \mathrm{~d} t \tag{3.10}
\end{equation*}
$$

Similar to the previous section, we have for positive $f$ :

$$
\begin{equation*}
G_{s, \lambda} f(x)=\int_{M} g_{s, \lambda}(x, y) f(y) \mathrm{d} \mu(y) \tag{3.11}
\end{equation*}
$$

with $g_{s, \lambda}$ defined by :

$$
\begin{equation*}
g_{s, \lambda}(x, y)=\frac{1}{\Gamma\left(\frac{s}{2}\right)} \int_{0}^{\infty} t^{s / 2-1} e^{-\lambda^{2} t} p_{t}(x, y) \mathrm{d} t \tag{3.12}
\end{equation*}
$$

Proposition 3.3. There is a constant $\hat{c}$ such that if $(M, g, \mu)$ is a weighted manifold that satisfy $(\mathbf{R F K})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$ for $R>0, \nu>1$, then for any $\lambda$ such that $\lambda R>\hat{c}$, then for any $s<\nu$, there are constants $C>0$, and $\gamma \in(0,1)$, depending only on the Faber Krahn and reverse doubling constants, such that :

$$
\begin{equation*}
g_{s, \lambda}(x, y) \leq C\left(\frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))} \chi_{\{\lambda d(x, y) \leq 1\}}+\frac{\lambda^{-s}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)}\left(\chi_{\{\lambda d(x, y)>1\}}\right)\right) e^{-\gamma \lambda d(x, y)} \tag{3.13}
\end{equation*}
$$

Proof. It is enough to show the proposition for $\lambda=1, R>\hat{c}$.
Indeed, $G_{s, \lambda}=\lambda^{-s}\left(\frac{\Delta}{\lambda^{2}}+1\right)^{-s / 2} . \Delta / \lambda^{2}$ is the Laplacian $\Delta^{\prime}$ for $\left(M, g^{\prime}, \mu^{\prime}\right)$ with $g^{\prime}=\lambda^{2} g$ and $\mathrm{d} \mu^{\prime}=\lambda^{n} \mathrm{~d} \mu$. The geodesic distance $d^{\prime}$ associated with the metric $g^{\prime}$ is simply $d^{\prime}=\lambda d$, and if $(M, g, \mu)$ admits a relative Faber Krahn inequality at scale $R$, then $\left(M, g^{\prime}, \mu^{\prime}\right)$ admits a relative Faber Krahn inequality, with the same constants, at scale $\lambda R$.

Then using that $g_{s, \lambda}(x, y)=\lambda^{-s} g_{s, 1}^{\prime}(x, y)$, with $g_{s, 1}^{\prime}$ the kernel of $\left(\Delta^{\prime}+1\right)^{-s / 2}$, it follows that (3.13) being true for $\lambda=1$ and all $R>\hat{c}$ implies (3.13) for all $(\lambda, R)$ such that $R \lambda>\hat{c}$.

We have:

$$
g_{s, 1}(x, y)=\frac{1}{\Gamma\left(\frac{s}{2}\right)}\left(\int_{0}^{1} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t+\int_{1}^{\infty} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t\right)
$$

Let $J_{0}=\int_{0}^{1} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t$ and $J_{\infty}=\int_{1}^{\infty} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t$.
To simplify the notations we will write $d=d(x, y)$ until the end of this section.
Lemma 3.1. TThere is some constant $\hat{c}>1$ such that for $R \geq \hat{c}$, there is some $\gamma>0$, such that for any $s<\nu$ we have:

$$
\begin{equation*}
\int_{0}^{1} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t \leq c\left(\frac{d^{s}}{\mu(B(x, d))} \chi_{\{d \leq 1\}}+\frac{1}{\mu(B(x, 1))} \chi_{\{d>1\}}\right) e^{-\gamma d} \tag{3.14}
\end{equation*}
$$

Proof. We treat the cases $d \leq 1$ and $d>1$ separately. When $d(x, y) \leq 1$ we have : $J_{0}=J_{0,1}+J_{0,2}$ with

$$
J_{0,2}=\int_{d^{2}}^{1} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t
$$

We have, by proposition 3.1, that, there is a constant $\hat{c}$ such that if $R \geq \hat{c}$, then for all $t \leq 1$ we have $p_{t}(x, y) \leq \frac{C}{\mu(B(x, \sqrt{t}))} e^{-\frac{d(x, y)^{2}}{c t}}$. For such $R \geq \hat{c}>1$, using the R-reverse doubling, we have that for any $t \in\left(d^{2}, 1\right), \sqrt{t} \leq 1<R$, and thus we have $\mu(B(x, d)) \leq a\left(\frac{d}{\sqrt{t}}\right)^{\nu} \mu(B(x, \sqrt{t}))$. Using all this we get :

$$
\begin{aligned}
J_{0,2} & \leq C \int_{d^{2}}^{1} \frac{t^{s / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}}}{\mu(B(x, \sqrt{t}))} \mathrm{d} t \\
& \leq C a^{-1} \frac{d^{\nu}}{\mu(B(x, d))} \int_{d^{2}}^{1} t^{s / 2-\nu / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}} \mathrm{~d} t \\
& \leq C e^{1 / 4} \frac{d^{\nu} e^{-d}}{\mu(B(x, d))} \int_{d^{2}}^{1} t^{s / 2-\nu / 2-1} \mathrm{~d} t ; \quad \text { since } e^{-t} \leq e^{-d^{2}}, e^{-d^{2}} \leq e^{1 / 4} e^{-d}, \\
& \leq C \frac{d^{\nu} e^{-d}}{\mu(B(x, d))} \frac{2}{\nu-s}\left(d^{s-\nu}-1\right) \\
& \leq C \frac{d^{s}}{\mu(B(x, d))} e^{-d}
\end{aligned}
$$

since we have $\nu>s$. Now we estimate $J_{0,1}$ :

$$
J_{0,1} \leq C \int_{0}^{d^{2}} \frac{t^{s / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}}}{\mu(B(x, \sqrt{t}))} \mathrm{d} t
$$

$$
\begin{aligned}
& \leq A C \frac{d^{\eta}}{\mu(B(x, d))} \int_{0}^{d^{2}} t^{s / 2-\eta / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}} \mathrm{~d} t \\
& \leq C \frac{d^{s}}{\mu(B(x, d))} \int_{1}^{\infty} u^{\eta / 2-s / 2-1} e^{-d^{2} / c u} e^{-u} \mathrm{~d} u, \quad \text { change of variable } t=d^{2} / c u \\
& \leq C \frac{d^{s}}{\mu(B(x, d))} \int_{1}^{\infty} u^{\eta / 2-s / 2-1} e^{-d^{2} / c u-u / 2} e^{-u / 2} \mathrm{~d} u
\end{aligned}
$$

We use that $e^{-d^{2} / c u-u / 2} \leq C e^{-\gamma_{1} d}$ for some constant $\gamma_{1}$ which depends on $c$. Then, $\int_{1}^{\infty} u^{\eta / 2-s / 2-1} e^{-u / 2} \mathrm{~d} u$ converges to a constant and :

$$
J_{0,1} \leq C \frac{d^{s}}{\mu(B(x, d))} e^{-\gamma_{1} d}
$$

Thus, for a constant $C$ depending only on $s, c$ and the doubling and reverse doubling constants, we have :

$$
J_{0} \chi_{\{d(x, y) \leq 1\}} \leq C \frac{d^{s}}{\mu(B(x, d))} e^{-\gamma_{1} d} \chi_{\{d(x, y) \leq 1\}}
$$

If $d(x, y)>1$, then we have :

$$
\begin{aligned}
J_{0} & \leq C \int_{0}^{1} \frac{t^{s / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}}}{\mu(B(x, \sqrt{t}))} \mathrm{d} t \\
& \leq A C \frac{1}{\mu(B(x, 1))} \int_{0}^{1} t^{s / 2-\eta / 2-1} e^{-t} e^{-\frac{d^{2}}{c t}} \mathrm{~d} t, \text { since } d>1 \text { we have }: \\
& \leq C \frac{1}{\mu(B(x, 1))} e^{-d^{2} / 2 c} \int_{0}^{1} t^{s / 2-\eta / 2-1} e^{-\frac{1}{2 c t}} \mathrm{~d} t \\
& \leq C \frac{1}{\mu(B(x, 1))} e^{-\gamma_{2} d}
\end{aligned}
$$

Since the integral converge and is a constant depending on only $s, \eta, c$, and using that $e^{-a x^{2}} \leq$ $C e^{-a x}$

Then for $\gamma=\min \left(\gamma_{1}, \gamma_{2}\right)$ and a constant $C$ which depends only on $s, c$ and the doubling and reverse doubling constants, we have :

$$
J_{0} \leq c\left(\frac{d^{s}}{\mu(B(x, d))} \chi_{\{d \leq 1\}}+\frac{1}{\mu(B(x, 1))} \chi_{\{d>1\}}\right) e^{-\gamma d}
$$

Lemma 3.2. There is some $\hat{c}$ such that if $R \geq \hat{c}$, there is some constant $\gamma>0$, such that for any $s$ we have:

$$
\begin{equation*}
\int_{1}^{\infty} t^{s / 2-1} e^{-t} p_{t}(x, y) \mathrm{d} t \leq C\left(\frac{d^{s}}{\mu(B(x, d))} \chi_{\{d \leq 1\}}+\frac{1}{\mu(B(x, 1))} \chi_{\{d>1\}}\right) e^{-\gamma d} \tag{3.15}
\end{equation*}
$$

Proof. From Proposition [3.1, it follows that, since $R \geq \hat{c}$, then :

$$
J_{\infty} \leq \frac{C}{\mu(B(x, 1))} \int_{1}^{\infty} t^{s / 2-1} e^{-\frac{d^{2}}{c t}} e^{-\gamma_{0} t} \mathrm{~d} t
$$

For any $\alpha \in(0,1) e^{-\alpha t-\frac{d^{2}}{c t}}$ admits a maximum when $\alpha t=\frac{d^{2}}{c t}$, and so is less than $e^{-2 \sqrt{\frac{\alpha}{c}} d}$.
Take $\gamma_{1} \in(0,1)$ such that : $\alpha=\frac{c}{4} \gamma_{1}^{2}<\gamma_{0}$, then we have :

$$
J_{\infty} \leq C\left(\int_{1}^{\infty} t^{s / 2-1} e^{\left(\alpha-\gamma_{0}\right) t} \mathrm{~d} t\right) \frac{1}{\mu(B(x, 1))} e^{-\gamma_{1} d}
$$

Thus there is $\gamma \in(0,1)$ depending on $\gamma_{0}, c$, and a constant $C$ depending only on $s, c, \gamma_{0}$ and the doubling constants such that

$$
J_{\infty} \leq C \frac{1}{\mu(B(x, 1))} e^{-\gamma d}
$$

But we also have, when $d \leq 1$, we have: $\frac{1}{\mu(B(x, 1))} \leq a^{-1} \frac{d^{\nu}}{\mu(B(x, d))} \leq a^{-1} \frac{d^{s}}{\mu(B(x, d))}$ using $(\mathbf{R D})_{R}^{\nu}$ and $s<\nu$. Hence, for $d(x, y) \leq 1$ we have :

$$
J_{\infty} \leq C \frac{d^{s}}{\mu(B(x, d))} e^{-\gamma_{1} d}
$$

Thus there is a constant $C$ such that:

$$
J_{\infty} \leq C\left(\frac{d^{s}}{\mu(B(x, d))} \chi_{\{d \leq 1\}}+\frac{1}{\mu(B(x, 1))} \chi_{\{d>1\}}\right) e^{-\gamma d}
$$

And so there is $c_{0}>0$ which depends on $s, \gamma_{0}, c$ and the doubling and reverse doubling constants, and $\gamma \in(0,1)$ depending on $c$ and $\gamma_{0}$, such that:

$$
\begin{equation*}
g_{s, 1}(x, y) \leq c_{0}\left(\frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))} \chi_{\{d(x, y) \leq 1\}}+\frac{1}{\mu(B(x, 1))}\left(\chi_{\{d(x, y)>1\}}\right)\right) e^{-\gamma d} \tag{3.16}
\end{equation*}
$$

## 4 Proof of the main results

Let $(M, g, \mu)$ be a weighted Riemannian manifold. Let $V \in L_{l o c}^{1}(M, \mathrm{~d} \mu), V \geq 0$, for any $R>0$ and $p \geq 1$, we define $N_{p}(V)$ and $N_{p, R}(V)$ as in (1.7) and (1.8). Notice that $N_{p}(V)=M_{2 p}\left(V^{p}\right)^{1 / p}$.

Though we can deduce theorem 1.1 as a special case of 1.2 , we start by giving a separate, simpler proof of it. The general idea behind the proof of both theorems remains the same, but in the case of theorem 1.2 , much more care will be required in establishing the bounds on the norm of certain operators.

### 4.1 Proof of Theorem 1.1

We assume that $M$ admits (RFK) ${ }^{\eta}$ and (RD) ${ }^{\nu}$, with $\nu>1$. Let $\psi \in \mathcal{C}_{0}^{\infty}(M)$, define $\varphi=\Delta^{1 / 2} \psi$, or $\psi=\Delta^{-1 / 2} \varphi$. We have, using that $\Delta^{-1 / 2}\left(V^{1 / 2}\right.$. $)$ is the adjoint of $V^{1 / 2} \Delta^{-1 / 2}$ :

$$
\begin{aligned}
\langle V \psi, \psi\rangle & =\left\|V^{1 / 2} \Delta^{-1 / 2} \varphi\right\|^{2} \\
& \leq\left\|V^{1 / 2} \Delta^{-1 / 2}\right\|_{L^{2} \rightarrow L^{2}}^{2}\|\varphi\|^{2}
\end{aligned}
$$

$$
\begin{aligned}
& \leq\left\|\Delta^{-1 / 2}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}}^{2}\left\|\Delta^{1 / 2} \psi\right\|^{2} \\
& \leq\left\|\Delta^{-1 / 2}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}}^{2}\|\nabla \psi\|^{2}
\end{aligned}
$$

But, by proposition 3.2 and theorem [2.3, we have that $\left\|\Delta^{-1 / 2} f\right\|_{2} \leq C\left\|M_{1} f\right\|_{2}$. Moreover for $q=2 p$, we have :
(something wrong here with $N_{p}$ )

$$
\begin{aligned}
M_{1}\left(V^{1 / 2} f\right)(x) & \leq M_{q}\left(V^{q / 2}\right)(x)^{1 / q} M_{0}\left(|f|^{q^{\prime}}\right)(x)^{1 / q^{\prime}} \\
& \leq N_{p}(V)^{1 / 2} M_{0}\left(|f|^{q^{\prime}}\right)(x)^{1 / q^{\prime}},
\end{aligned}
$$

using that $N_{p}(V)=M_{2 p}\left(V^{p}\right)^{1 / p}$. Then, using the fact that for any $r>1, M_{0}$ is bounded on $L^{r}$ we have :

$$
\begin{aligned}
\left\|M_{1}\left(V^{1 / 2} f\right)\right\|_{2} & \leq N_{p}(V)^{1 / 2}\left\|M_{0}\left(|f|^{q^{\prime}}\right)\right\|_{2 / q^{\prime}}^{1 / q^{\prime}} \\
& \leq C N_{p}(V)^{1 / 2}\left\||f|^{q^{\prime}}\right\|_{2 / q^{\prime}}^{1 / q^{\prime}} \\
& \leq C N_{p}(V)^{1 / 2}\|f\|_{2}
\end{aligned}
$$

Thus we can estimate the operator norm of $\Delta^{-1 / 2}\left(V^{1 / 2}\right)$, and we get :

$$
\begin{equation*}
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C N_{p}(V)\|\nabla \psi\|^{2} \tag{4.1}
\end{equation*}
$$

### 4.2 Proof of Theorem 1.2

As it will be slightly more convenient to work with $\lambda$ rather than $1 / R$, we will prove the following result, of which theorem 1.2 will be an immediate consequence :

Theorem 4.1. Let $(M, g, \mu)$ be a weighted Riemannian manifold, satisfying ( $\mathbf{R F K})_{R}^{\eta}$ for some $R>0$, and $(\mathbf{R D})_{R}^{\nu}$ for some $\nu>1$.

Then for any $p>1$, there are positive constants $\hat{c}, C_{p}$, with $\hat{c}>1$, depending only on the Faber-Krahn and doubling constants (and, for $C_{p}$, on $p$ ) such that for any $\lambda>\hat{c} R^{-1}$, for any $V \in L_{l o c}^{1}(M, \mathrm{~d} \mu), V \geq 0$ and $\psi \in \mathcal{C}_{0}^{\infty}(M):$

$$
\begin{equation*}
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C_{p} N_{p, \lambda^{-1}}(V)\left(\int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu+\lambda^{2} \int_{M} \psi^{2} \mathrm{~d} \mu\right) \tag{4.2}
\end{equation*}
$$

### 4.2.1 Proof of Theorem 4.1

Let $(M, g, \mu)$ be a weighted manifold satisfying $(\mathbf{R F K})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$, with $R>0$ and $\nu>1$. For $\hat{c}$ the constant given in proposition 3.1 take $\lambda>2 \frac{\hat{c}}{R}$. For $s>1, \delta>0$ we recall that $M_{s, \delta}$ is the maximal function defined by :

$$
\begin{equation*}
M_{s, \delta} f(x)=\sup _{r<\delta} r^{s} f_{B(x, r)} f \mathrm{~d} \mu \tag{4.3}
\end{equation*}
$$

For a given $\lambda>0$, and $p \geq 1$ we will note $K_{p}=N_{p, \lambda^{-1}}(V)=\sup _{x} M_{2 p, \lambda^{-1}}\left(V^{p}\right)(x)^{1 / p}$.
If $K_{p}$ is infinite, then the previous inequality is obviously true. Then, if we suppose that have $K_{p}<\infty$, we have :

Lemma 4.1. Let $(M, g, \mu)$ be a weighted manifold. Then for $V \geq 0$ locally integrable, $\lambda \geq 0$ we have :

$$
\begin{equation*}
\langle V \psi, \psi\rangle \leq\left\|G_{1, \lambda}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}}^{2}\left(\|\nabla \psi\|^{2}+\lambda^{2}\|\psi\|^{2}\right) \tag{4.4}
\end{equation*}
$$

Proof. Let $\psi \in \mathcal{C}_{0}^{\infty}(M)$, and define $\varphi=\left(\Delta+\lambda^{2}\right)^{1 / 2} \psi$. Then $\psi=G_{1, \lambda} \varphi$ and, using the fact that $G_{1, \lambda}\left(V^{1 / 2}\right)$ is the adjoint of $V^{1 / 2} G_{1, \lambda}$ :

$$
\begin{aligned}
\langle V \psi, \psi\rangle & =\left\langle V^{1 / 2} G_{1, \lambda} \varphi, V^{1 / 2} G_{1, \lambda} \varphi\right\rangle \\
& =\left\|V^{1 / 2} G_{1, \lambda} \varphi\right\|_{2}^{2} \\
& \leq\left\|V^{1 / 2} G_{1, \lambda}\right\|_{L^{2} \rightarrow L^{2}}^{2}\|\varphi\|_{2}^{2} \\
& \leq\left\|G_{1, \lambda}\left(V^{1 / 2}\right)\right\|_{L^{2} \rightarrow L^{2}}^{2}\left\|\left(\Delta+\lambda^{2}\right)^{1 / 2} \psi\right\|_{2}^{2} \\
& \leq\left\|G_{1, \lambda}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}}^{2}\left(\|\nabla \psi\|_{2}^{2}+\lambda^{2}\|\psi\|_{2}^{2}\right),
\end{aligned}
$$

which is what we wanted to show.
Now, since $M$ satisfy $(\mathbf{R F K})_{R}^{\eta}$ and (RD) $)_{R}^{\nu}$, with $\nu>1$, we can apply the proposition 3.3. thus for $R \lambda>\hat{c}$, we have $G_{1, \lambda} \leq c_{0}\left(T_{1}+T_{2}\right)$, with

$$
\begin{align*}
& T_{1} f(x)=\int_{\lambda d(x, y) \leq 1} \frac{d(x, y)^{s}}{\mu(B(x, d(x, y)))} e^{-\gamma \lambda d(x, y)} f(y) \mathrm{d} \mu(y) \\
& T_{2} f(x)=\frac{\lambda^{-s}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda d(x, y)>1} e^{-\gamma \lambda d(x, y)} f(y) \mathrm{d} \mu(y) \tag{4.5}
\end{align*}
$$

Thus, we have $\left\|G_{1, \lambda}\left(V^{1 / 2}\right)\right\|_{2} \leq c_{0}\left(\left\|T_{1}\left(V^{1 / 2} \cdot\right)\right\|_{2}+\left\|T_{2}\left(V^{1 / 2}\right)\right\|_{2}\right)$. Then all we need to do is to evaluate those two operator norms.

Lemma 4.2. Let $(M, g, \mu)$ be a weighted Riemannian manifold, let $\lambda>0$. Assume $(\mathbf{D})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$, for $R \geq \lambda^{-1}$. Then for $T_{1}$ defined as in (4.5), and $V \geq 0$ locally integrable, there is some constant $C_{1, p}$ which depends only on $p, \gamma$ and the reverse doubling and doubling constants, such that:

$$
\begin{equation*}
\left\|T_{1}\left(V^{1 / 2}\right)\right\|_{2} \leq C_{1, p} K_{p}^{1 / 2} \tag{4.6}
\end{equation*}
$$

Proof. We can apply corollary 2.1 : for any $p \geq 1$, and any locally integrable $f$, we have $\left\|T_{1} f\right\|_{p} \leq c_{p}\left\|M_{1, \lambda^{-1}} f\right\|_{p}$. Then, for any $\psi \in \mathcal{C}_{0}^{\infty}(M)$, for $q=2 p, q^{\prime}=q /(q-1)$ :

$$
\begin{aligned}
M_{1, \lambda}\left(V^{1 / 2} \psi\right)(x) & \leq\left(M_{2 p, \lambda^{-1}}\left(V^{p}\right)(x)\right)^{1 / 2 p}\left(M_{0, \lambda^{-1}}\left(\psi^{q^{\prime}}\right)(x)\right)^{1 / q^{\prime}} \\
& \leq K_{p}^{1 / 2} M_{0, \lambda-1}\left(\psi^{q^{\prime}}\right)(x)^{1 / q^{\prime}}
\end{aligned}
$$

$$
\begin{aligned}
\left\|T_{1}\left(V^{1 / 2} \psi\right)\right\|_{2} & \leq c_{p} K_{p}^{1 / 2}\left\|M_{0, \lambda}\left(\psi^{q^{\prime}}\right)\right\|_{2 / q^{\prime}}^{1 / q^{\prime}} \\
& \leq c_{p} \tilde{c}_{2 / q^{\prime}} K_{p}^{1 / 2}\|\psi\|_{2}
\end{aligned}
$$

With $\left\|M_{0, \lambda^{-1}} f\right\|_{r} \leq \tilde{c}_{r}\|f\|_{r}$ for any $f \in L^{r}, r \in(1, \infty]$. Thus :

$$
\begin{equation*}
\left\|T_{1}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}} \leq C_{0, p} K_{p}^{1 / 2} \tag{4.7}
\end{equation*}
$$

Lemma 4.3. Let $(M, g, \mu)$ be a weighted Riemannian manifold, let $\lambda>0$. Assume $(\mathbf{D})_{R}^{\eta}$, $(\mathbf{R D})_{R}^{\nu}$ for $R \geq \lambda^{-1}$. Then for $T_{2}$ defined as in (4.5), and $V \geq 0$ locally integrable, there is some constant $C_{2, p}$ which depends only on $p, \gamma$ and the doubling and reverse doubling constants, such that :

$$
\begin{equation*}
\left\|T_{2}\left(V^{1 / 2} \cdot\right)\right\|_{2} \leq C_{2, p} K_{p}^{1 / 2} \tag{4.8}
\end{equation*}
$$

Proof. We majorate $T_{2}\left(V^{1 / 2}\right)$ by an operator for which we can use the Schur Test. We have :

$$
\begin{aligned}
T_{2} f(x) & =\frac{\lambda^{-1}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda d>1} e^{-\gamma \lambda d(x, y)} f(y) \mathrm{d} \mu(y) \\
& =\gamma \frac{1}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}}^{\infty} e^{-\gamma \lambda r} \int_{\lambda^{-1}<d<r} f(y) \mathrm{d} \mu(y) \mathrm{d} r
\end{aligned}
$$

Then, for $\psi \in \mathcal{C}_{0}^{\infty}(M), q=2 p, q^{\prime}=q /(q-1)$, by Hölder's inequality :

$$
\begin{equation*}
T_{2}\left(V^{1 / 2} \psi\right)(x) \leq \frac{\gamma}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}}^{\infty} e^{-\gamma \lambda r}\left(\int_{\lambda^{-1}<d<r} V^{p} \mathrm{~d} \mu\right)^{1 / 2 p}\left(\int_{\lambda^{-1}<d<r} \psi^{q^{\prime}} \mathrm{d} \mu\right)^{1 / q^{\prime}} \mathrm{d} r \tag{4.9}
\end{equation*}
$$

Then we cover the annulus $B(x, r) \backslash B\left(x, \lambda^{-1}\right)$ by balls $B_{i}=B\left(x_{i}, \lambda^{-1}\right), x_{i} \in B(x, r)$, such that for $i \neq j, \frac{1}{2} B_{i} \cap \frac{1}{2} B_{j}=\emptyset$. We have :

$$
\begin{aligned}
\int_{\lambda^{-1}<d<r} V^{p} \mathrm{~d} \mu & \leq \sum_{i} \int_{B_{i}} V^{p} \mathrm{~d} \mu \leq \sum_{i} \lambda^{2 p} K_{p}^{p} \mu\left(B_{i}\right) \\
& \leq A^{2} \lambda^{2 p} K_{p}^{p} \sum_{i} \mu\left(\frac{1}{2} B_{i}\right) \\
& \leq C \lambda^{2 p} K_{p}^{p} \mu\left(B\left(x, r+\frac{1}{2 \lambda}\right)\right)
\end{aligned}
$$

Then :

$$
\begin{equation*}
T_{2}\left(V^{1 / 2} \psi\right)(x) \leq \gamma K_{p}^{1 / 2} \lambda \int_{\lambda^{-1}}^{\infty} e^{-\gamma \lambda r} \frac{\mu\left(B\left(x, r+\frac{1}{2 \lambda}\right)\right)^{1 / 2 p}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)}\left(\int_{\lambda^{-1}<d<r} \psi^{q^{\prime}} \mathrm{d} \mu\right)^{1 / q^{\prime}} \mathrm{d} r \tag{4.10}
\end{equation*}
$$

Since the measure is R-doubling, with $R>2 \hat{c} \lambda^{-1}$, it is also R '-doubling for all $R^{\prime} \leq R$ and with the same constants. Then for $1<\rho<2$, let $R^{\prime}=\rho \hat{c} \lambda^{-1}$, we have $\lambda^{-1}<R^{\prime} \leq R$, then by the propositions 2.4 and 2.5:

$$
\begin{aligned}
\frac{\mu\left(B\left(x, r+\frac{1}{2 \lambda}\right)\right)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} & \leq C \frac{\mu(B(x, r))}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \\
& \leq C \frac{\mu(B(x, r))}{\mu\left(B\left(x, R^{\prime}\right)\right)} \frac{\mu\left(B\left(x, R^{\prime}\right)\right)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \\
& \leq C e^{D \frac{r}{R^{\prime}}}
\end{aligned}
$$

With $C$ depending only on $\rho, \hat{c}$ and the doubling constant. Thus :

$$
\begin{equation*}
T_{2}\left(V^{1 / 2} \psi\right)(x) \leq C K_{p}^{1 / 2} \lambda \int_{\lambda^{-1}}^{\infty} e^{\left(\left(\frac{D}{2 p R^{\prime}}-\gamma \lambda\right) r\right)}\left(\frac{1}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}<d<r} \psi^{q^{\prime}} \mathrm{d} \mu\right)^{1 / q^{\prime}} \mathrm{d} r \tag{4.11}
\end{equation*}
$$

And the constant $C$ depends on $p, b, \eta$ and on the chosen arbitrary parameters.
Finally for $\rho=\frac{D}{(1-\theta) 2 p \gamma \hat{c}}$ with $\theta \in(0,1)$ we get $\left(\frac{D}{2 p R^{\prime}}-\gamma \lambda\right)=\left(\frac{D}{2 p \rho \hat{c}}-\gamma\right) \lambda=-\theta \gamma \lambda$, thus we have :

$$
\begin{equation*}
T_{2}\left(V^{1 / 2} \psi\right)(x) \leq C K_{p}^{1 / 2} \lambda \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r}\left(\frac{1}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}<d<r} \psi^{q^{\prime}} \mathrm{d} \mu\right)^{1 / q^{\prime}} \mathrm{d} r \tag{4.12}
\end{equation*}
$$

Note that we can indeed suppose $\rho=\frac{D}{(1-\theta) 2 p \gamma c}$ : by the proof of proposition 3.1, we have $\frac{D}{\hat{c}}=4 \sqrt{\frac{(1-\gamma)(\kappa-1)}{c}}$, with $1<\kappa<\frac{1}{4} c$, and so $\rho=\frac{\sqrt{(1-\gamma)(\kappa-1)}}{\gamma} \frac{2}{(1-\theta) p \sqrt{c}}$. Since the choice of $c>4$ in the estimate on the heat kernel is arbitrary, and since $\gamma$ can always be taken arbitrarily small, we can choose them so that $\frac{D}{(1-\theta) 2 p \gamma \hat{c}}$ is equal to the chosen $\rho$.

Then we have by Hölder's inequality :

$$
\begin{aligned}
T_{2}\left(V^{1 / 2} \psi\right) & \leq C K_{p}^{1 / 2} \lambda\left(\int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} \mathrm{~d} r\right)^{1 / q}\left(\int_{\lambda^{-1}}^{\infty} \frac{e^{-\theta \gamma \lambda r}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}<d<r} \psi^{q^{\prime}} \mathrm{d} \mu \mathrm{~d} r\right)^{1 / q^{\prime}} \\
& \leq C K_{p}^{1 / 2} \lambda\left(\frac{1}{\theta \gamma \lambda} e^{-\theta \gamma}\right)^{1 / q}\left(\frac{1}{\theta \gamma \lambda} \int_{\lambda d>1} e^{-\theta \gamma \lambda d(x, y)} \frac{\psi^{q^{\prime}}(y)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} \mu(y)\right)^{1 / q^{\prime}} \\
& \leq \frac{C K_{p}^{1 / 2}}{\theta \gamma} e^{-\theta \gamma / q}\left(\int_{\lambda d>1} e^{-\theta \gamma \lambda d(x, y)} \frac{\psi^{q^{\prime}}(y)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} \mu(y)\right)^{1 / q^{\prime}}
\end{aligned}
$$

We will now show that there is a $\theta \in(0,1)$ such that the operator $S$ defined by :

$$
\begin{equation*}
S \psi=\int_{\lambda d>1} e^{-\theta \gamma \lambda d(x, y)} \frac{\psi(y)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} \mu(y) \tag{4.13}
\end{equation*}
$$

is bounded on every $L^{p}$ for $p \in[1, \infty]$. We use the Schur test : $S$ is given by the kernel $K(x, y)=\frac{e^{-\theta \gamma \lambda d(x, y)}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \chi_{\{\lambda d(x, y)>1\}}$, then if for some constant $L>0, \int_{M} K(x, y) \mathrm{d} \mu(y)<L$ for almost every $x \in M$, and $\int_{M} K(x, y) \mathrm{d} \mu(x)<L$ for almost every $y \in M, S$ is bounded on all $L^{p}, 1 \leq p \leq+\infty$, with all the operator norms being less than $L$. We have :

$$
\int_{d \lambda>1} \frac{e^{-\theta \gamma \lambda d(x, y)}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} \mu(y)=\frac{1}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{d \lambda>1} e^{-\theta \gamma \lambda d(x, y)} \mathrm{d} \mu(y)
$$

$$
\begin{aligned}
& \leq \frac{1}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \theta \gamma \lambda \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} \mu(B(x, r)) \mathrm{d} \mu(r) \\
& \leq \theta \gamma \lambda \frac{\mu\left(B\left(x, R^{\prime}\right)\right)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} \frac{\mu(B(x, r))}{\mu\left(B\left(x, R^{\prime}\right)\right)} \mathrm{d} r \\
& \leq C \lambda A(\rho \hat{c})^{\eta} \int_{\lambda^{-1}}^{\infty} e^{\left(\frac{D}{R^{\prime}}-\theta \gamma \lambda\right) r} \mathrm{~d} r \\
& \leq C \lambda \int_{\lambda^{-1}}^{\infty} e^{(2(1-\theta) p \gamma-\theta \gamma) \lambda r} \mathrm{~d} r \\
& \leq \tilde{c}_{1}
\end{aligned}
$$

this for any $\theta$ such that $2(1-\theta) p \gamma-\theta \gamma \leq-\frac{\gamma}{2}$, and the constant $\tilde{c}_{1}$ depends on $\theta, \gamma, b, \eta, \rho$, but not on $\lambda$ or $R$. We also have

$$
\begin{aligned}
\int_{d \lambda>1} \frac{e^{-\theta \gamma \lambda d(x, y)}}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} \mu(x) & =\theta \gamma \lambda \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} \int_{B(y, r)} \frac{\mathrm{d} \mu(x)}{\mu\left(B\left(x, \lambda^{-1}\right)\right)} \mathrm{d} r \\
& \leq C \lambda \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} C e^{D \frac{r}{R^{\prime}}} \frac{\mu(B(y, r))}{\mu\left(B\left(y, \lambda^{-1}\right)\right)} \mathrm{d} r \\
& \leq C \lambda \int_{\lambda^{-1}}^{\infty} e^{-\theta \gamma \lambda r} e^{2 D \frac{r}{R^{\prime}}} \mathrm{d} r \\
& \leq C \lambda \int_{\lambda^{-1}}^{\infty} e^{(4(1-\theta) p \gamma-\theta \gamma) \lambda r} \mathrm{~d} r \\
& \leq \tilde{c}_{2}
\end{aligned}
$$

where we take $\theta$ to be such that $4(1-\theta) p \gamma-\theta \gamma=-\frac{\gamma}{2}$, i.e. $\theta=\frac{\frac{1}{2}+4 p}{1+4 p} \in(0,1)$. And $\tilde{c}_{2}$ does not depend on $\lambda, R$. Then we also have $2(1-\theta) p \gamma-\theta \gamma \leq-\frac{\gamma}{2}$. Thus by the Schur test, $S$ is bounded on $L^{p}$ for all $1 \leq p \leq \infty$ with an operator norm that does not depend on $\lambda, R$.

Since $T_{2}\left(V^{1 / 2} \psi\right) \leq C\left(S\left(\psi^{q^{\prime}}\right)\right)^{1 / q^{\prime}}$, then :

$$
\begin{aligned}
\left\|T_{2}\left(V^{1 / 2} \psi\right)\right\|_{2}^{2} & \leq C\left\|S\left(\psi^{q^{\prime}}\right)\right\|_{2 / q^{\prime}}^{1 / q^{\prime}} \\
& \leq C\|\psi\|_{2}^{2}
\end{aligned}
$$

Then we can conclude that there is some constant $C_{1, p}$, which depends only on $p, b, \eta$ and the $\gamma, c$ that we chose in the estimation of the heat kernel, such that:

$$
\begin{equation*}
\left\|T_{2}\left(V^{1 / 2}\right)\right\|_{L^{2} \rightarrow L^{2}} \leq C_{1, p} K_{p}^{1 / 2} \tag{4.14}
\end{equation*}
$$

And so, applying all three lemmas, we have $\left\|G_{1, \lambda}\left(V^{1 / 2} \cdot\right)\right\|_{L^{2} \rightarrow L^{2}}^{2} \leq\left(C_{1, p}+C_{2, p}\right)^{2} K_{p}$.
Thus we have $\hat{c}$ and $C_{p}$ constants depending only on the doubling constants (and for $C_{p}$, on $p)$, such that for $R \lambda>\hat{c}, V \geq 0$ locally integrable,

$$
\int_{M} V \psi^{2} \mathrm{~d} \mu \leq C_{p} N_{p, \lambda-1}(V)\left(\int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu+\lambda^{2} \int_{M} \psi^{2} \mathrm{~d} \mu\right)
$$

### 4.2.2 Proof of theorem 1.2

Since theorem 4.1 holds only for $\lambda>\hat{c} R^{-1}, \hat{c}>1$, we immediately get (1.13) only for $R^{\prime} \leq \frac{1}{\hat{c}} R$. We need just a bit more work to get it for $R$.

Proof of Theorem 1.2. We have, by theorem 4.1, for any $p>1$, and $\lambda>0$ such that $\lambda R>\hat{c}$ :

$$
\langle V \psi, \psi\rangle \leq C_{p} N_{p, \lambda^{-1}}(V)\left(\|\nabla \psi\|^{2}+\lambda^{2}\|\psi\|^{2}\right) .
$$

In fact, this inequality also holds for $\lambda=\frac{\hat{c}}{R}$. We apply the previous inequality with this lambda, and use that the function $r \mapsto N_{p, r}(V)$ is non-decreasing, and $\lambda^{-1}<R$. Thus :

$$
\begin{equation*}
\langle V \psi, \psi\rangle \leq C_{p} N_{p, R}(V)\left(\|\nabla \psi\|^{2}+\frac{\hat{c}^{2}}{R^{2}}\|\psi\|^{2}\right) \leq C_{p} \hat{c}^{2} N_{p, R}(V)\left(\|\nabla \psi\|^{2}+\frac{1}{R^{2}}\|\psi\|^{2}\right) \tag{4.15}
\end{equation*}
$$

### 4.2.3 Proof of theorem 1.4

We now suppose that $\lambda_{1}(M)>0$. Then the previous results can be strenghtened to prove theorem 1.4

Proof. We apply theorem [1.2, and use that $\lambda_{1}(M) \int_{M} \psi^{2} \mathrm{~d} \mu \leq \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu$. Then :

$$
\langle V \psi, \psi\rangle \leq C_{p} N_{p, R}(V)\left(1+\frac{1}{\lambda_{1}(M) R^{2}}\right) \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu
$$

Then :

$$
\frac{\lambda_{1}(M) R^{2}}{C_{p} N_{p, R}(V)\left(1+\lambda_{1}(M) R^{2}\right)} \int_{M} V \psi^{2} \mathrm{~d} \mu \leq \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu
$$

And :

$$
\frac{\lambda_{1}(M) R^{2}}{2 C_{p} N_{p, R}(V)\left(1+\lambda_{1}(M) R^{2}\right)} \int_{M} V \psi^{2} \mathrm{~d} \mu+\frac{\lambda_{1}(M)}{2} \int_{M} \psi^{2} \mathrm{~d} \mu \leq \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu
$$

Then, for any $V$, we have :

$$
\begin{equation*}
\langle V \psi, \psi\rangle \leq \frac{C_{p} N_{p, R}(V)\left(1+\lambda_{1}(M) R^{2}\right)}{\lambda_{1}(M) R^{2}}\left(\|\nabla \psi\|^{2}-\frac{\lambda_{1}(M)}{2}\|\psi\|^{2}\right), \tag{4.16}
\end{equation*}
$$

which is (1.15).

### 4.3 Proof of theorem 1.3

Let $C_{p}$ be the constant of theorem 1.2 We let

$$
\begin{equation*}
L=\sup _{x, \delta}\left(2 C_{p}\left(f_{B(x, \delta)} V^{p} \mathrm{~d} \mu\right)^{1 / p}-\delta^{-2}\right) \tag{4.17}
\end{equation*}
$$

Then we have :

$$
\begin{aligned}
& \left(f_{B(x, \delta)} V^{p} \mathrm{~d} \mu\right)^{1 / p} \leq \frac{L+\delta^{-2}}{2 C_{p}} \\
& \left(M_{2 p, \delta}\left(V^{p}\right)(x)\right)^{1 / p} \leq \frac{\delta^{2} L+1}{2 C_{p}}
\end{aligned}
$$

Take $\delta=L^{-1 / 2}$, then $N_{p, \delta}(V) \leq \frac{1}{C_{p}}$. Then by theorem 1.2 we have :

$$
\begin{equation*}
\langle V \psi, \psi\rangle-\|\nabla \psi\|_{2}^{2} \leq L\|\psi\|^{2} \tag{4.18}
\end{equation*}
$$

thus

$$
\begin{equation*}
-\lambda_{1}(\Delta-V) \leq \sup _{x, \delta}\left(2 C_{p}\left(f_{B(x, \delta)} V^{p} \mathrm{~d} \mu\right)^{1 / p}-\delta^{-2}\right) \tag{4.19}
\end{equation*}
$$

Meanwhile, let $r<\lambda^{-1} \leq R$, and define $f_{r}:[0, \infty) \rightarrow[0,+\infty)$ by $f(t)=r$ if $t \leq r$, $f(t)=2 r-t$ if $t \in(r, 2 r]$ and $f_{r}(t)=0$ if $t>2 r$. Then for $o \in M, \psi=f_{r}(d(o, x))$. $\psi$ is a Lipschitz function with compact support, and we have, by $(\mathbf{D})_{R}^{\eta}$ :

$$
\begin{aligned}
\lambda_{1}(\Delta-V) & \leq \frac{\|\nabla \psi\|^{2}-\int_{M} V \psi^{2} \mathrm{~d} \mu}{\|\psi\|^{2}} \\
& \leq \frac{\mu(B(x, 2 r))}{r^{2} \mu(B(x, r))}-f_{B(x, r)} V \mathrm{~d} \mu \\
& \leq A r^{-2}-f_{B(x, r)} V \mathrm{~d} \mu \\
& \leq(r / \sqrt{A})^{-2}-A^{-1-\eta / 2} f_{B(x, r / \sqrt{A})} V \mathrm{~d} \mu
\end{aligned}
$$

this for all $r>0$. Thus :

$$
\begin{equation*}
-\lambda_{1}(\Delta-V) \geq \sup _{x, \delta}\left(A^{-1-\eta / 2} f_{B(x, \delta)} V \mathrm{~d} \mu-\delta^{-2}\right) \tag{4.20}
\end{equation*}
$$

## 5 Hardy inequality

For some point $o \in M$, the $L^{2}$ Hardy inequality :

$$
\begin{equation*}
\forall \psi \in \mathcal{C}_{0}^{\infty}(M), \int_{M} \frac{\psi(x)^{2}}{d(o, x)^{2}} \mathrm{~d} \mu(x) \leq C \int_{M}|\nabla \psi(x)|^{2} \mathrm{~d} \mu(x) \tag{5.1}
\end{equation*}
$$

is equivalent to $\Delta-V \geq 0$, with $V(x)=\frac{1}{C} d(o, x)^{-2}$. Moreover, we have :
Proposition 5.1. Let $(M, g, \mu)$ be a weighted Riemannian manifold, $R \in(0, \infty]$. If $\mu$ satisfy $(\mathbf{D})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$ with $\nu>1$, then for any $p \in(1, \nu / 2)$, there is a constant $K_{p}<\infty$ such that for all $r<R$ we have :

$$
\begin{equation*}
r^{2}\left(f_{B(x, r)} d(o, y)^{-2 p} \mathrm{~d} \mu\right)^{1 / p} \leq K_{p} \tag{5.2}
\end{equation*}
$$

Proof. We let $\rho(y)=d(o, y), B=B(x, r)$, for $r<R$.
If $r \leq \rho(x) / 2$, then for $y \in B(x, r), \rho(y) \geq \rho(x)-r \geq \rho(x) / 2 \geq r$. Then :

$$
\int_{B} \rho(y)^{-2 p} \mathrm{~d} \mu \leq r^{-2 p} \mu(B)
$$

If $r>\rho(x) / 2$, then $B(x, r) \subset B(o, 3 r)$, and :

$$
\begin{aligned}
\int_{B} \rho^{-2 p} \mathrm{~d} \mu & \leq \int_{B(o, 3 r)} \rho^{-2 p} \mathrm{~d} \mu \\
& \leq \int_{0}^{\infty}(2 p-1) t^{-2 p-1} \mu(B(o, \min (t, 3 r))) \mathrm{d} t \\
& \leq \int_{0}^{3 r} a^{-1}(2 p-1) t^{\nu-2 p-1}(3 r)^{-\nu} \mu(B(o, 3 r)) \mathrm{d} t+r^{-2 p} \mu(B(o, 3 r)) \\
& \leq\left(\frac{1}{3^{3 p} a} \frac{2 p-1}{\nu-2 p}+1\right) r^{-2 p} \mu(B(o, 3 r)) \\
& \leq C_{p} r^{-2 p} \mu(B(x, r))
\end{aligned}
$$

since $\nu>2 p$, with the constant $C_{p}$ depending uniquely on $p$ and the doubling and reverse doubling constants.

Then applying theorems 1.2 and 1.1 we immediately obtain :
Corollary 5.1. If $(M, g, \mu)$ satisfy $(\mathbf{R F K})_{R}^{\eta}$ and $(\mathbf{R D})_{R}^{\nu}$ with $\nu>2$, then there is a constant $C$ such that for any $\psi \in \mathcal{C}_{0}^{\infty}(M), o \in M$,

$$
\begin{equation*}
\int_{M} \frac{\psi(x)^{2}}{d(o, x)^{2}} \mathrm{~d} \mu(x) \leq C\left(\|\nabla \psi\|_{2}^{2}+\frac{1}{R^{2}}\|\psi\|_{2}^{2}\right) \tag{5.3}
\end{equation*}
$$

Corollary 5.2. If $(M, g, \mu)$ satisfy $(\mathbf{R F K})^{\eta},(\mathbf{R D})^{\nu}$ with $\nu>2$ then there is a constant $C$ such that :

$$
\begin{equation*}
\forall \psi \in \mathcal{C}_{0}^{\infty}(M), \int_{M} \frac{\psi(x)^{2}}{d(o, x)^{2}} \mathrm{~d} \mu(x) \leq C \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu \tag{5.4}
\end{equation*}
$$

The second corollary being theorem 1.5 ,
We can't ommit the condition on the reverse doubling order. It is, in fact, a necessary condition for the Hardy inequality to holds if the measure $\mu$ is also doubling :
Proposition 5.2. Let $(M, g, \mu)$ be a weighted Riemannian manifold, with $\mu$ a doubling measure, assume that there is a constant $\nu>2$ such that for any $o \in M, \psi \in \mathcal{C}_{0}^{\infty}(M), M$ admits the Hardy inequality :

$$
\begin{equation*}
\left(\frac{\nu-2}{2}\right)^{2} \int_{M} \frac{\psi(x)^{2}}{d(o, x)^{2}} \mathrm{~d} \mu(x) \leq \int_{M}|\nabla \psi|^{2} \mathrm{~d} \mu \tag{5.5}
\end{equation*}
$$

then $\mu$ satisfy $(\mathbf{R D})^{\nu}$.
Note that that we can always write a Hardy inequality (5.4) in the form (5.5) simply by chosing $\nu=2+2 \sqrt{1 / C}$.

Using a method from [3, 16], we have :

Proof. Take $0<r<R$, define $f(t)=r^{-\frac{\nu-2}{2}}$ for $0 \leq t \leq r, f(t)=t^{-\frac{\nu-2}{2}}$ for $r \leq t \leq R$, $f(t)=2 R^{-\frac{\nu-2}{2}}-R^{-\frac{\nu}{2}} t$ for $R \leq t \leq 2 R$ and $f(t)=0$ for $t \geq 2 R$.

When $r \leq t \leq R$, we have $f^{\prime}(t)^{2}=\left(\frac{\nu-2}{2}\right)^{2} \frac{f(t)^{2}}{t^{2}}$. Then for some point $o \in M$ choose $\phi(x)=f(d(o, x))$, the Hardy inequality applied to $\varphi$ leads to :

$$
\begin{equation*}
\left(\frac{\nu-2}{2}\right)^{2} \int_{B(o, r)} \frac{\phi(x)^{2}}{d(o, x)^{2}} \mathrm{~d} \mu(x) \leq \int_{B(o, 2 R) \backslash B(o, R)}|\nabla \phi|^{2} \mathrm{~d} \mu(x) \tag{5.6}
\end{equation*}
$$

then :

$$
\begin{equation*}
\left(\frac{\nu-2}{2}\right)^{2} r^{-\nu} \mu(B(o, r)) \leq R^{-\nu} \mu(B(o, 2 R) \backslash B(o, R)) \leq A R^{-\nu} \mu(B(o, R)) \tag{5.7}
\end{equation*}
$$

using that $\mu$ is doubling. Thus there is some constant $a>0$ such that:

$$
\begin{equation*}
a\left(\frac{R}{r}\right)^{\nu} \leq \frac{\mu(B(o, R))}{\mu(B(o, r))} \tag{5.8}
\end{equation*}
$$

and $\mu$ is reverse doubling of order $\nu>2$.

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