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OPEN Experimental protection of quantum coherence by using a phase-tunable image drive

S. Bertaina^{1⊠}, H. Vezin², H. De Raedt³ & I. Chiorescu^{4⊠}

The protection of quantum coherence is essential for building a practical quantum computer able to manipulate, store and read quantum information with a high degree of fidelity. Recently, it has been proposed to increase the operation time of a qubit by means of strong pulses to achieve a dynamical decoupling of the gubit from its environment. We propose and demonstrate a simple and highly efficient alternative route based on Floquet modes, which increases the Rabi decay time (T_R) in a number of materials with different spin Hamiltonians and environments. We demonstrate the regime $T_R \approx T_1$ with T_1 the relaxation time, thus providing a route for spin qubits and spin ensembles to be used in quantum information processing and storage.

In open quantum systems, coherence of spin qubits is limited by spin-spin interactions, spin diffusion, inhomogeneity of the static and microwave fields¹ as well as charge noise². An increase in coherence time is achieved by dynamically decoupling (DD) qubits from their surroundings using distinct Electron Spin Resonance (ESR) pulses³⁻⁷. However, such pulses have inherent imperfections and fluctuations, thus requiring their own layer of DD, resulting in a doubly dressed qubit. The technique of concatenated DD8,9 has been proposed for nitrogen vacancy (NV) centers up to the second order of dressing 8,10-12. Here we demonstrate a pulse protocol based on Floquet modes which successfully increases the decoherence time, independently of qubit initial state, in a number of materials with different spin Hamiltonians and environments, such as low and high spin-orbit coupling for instance. Rather than focusing on decoupling from the bath by strong excitation, we use very weak pulses and alter the dynamics of the entire system. For short spin relaxation times accessible to our measurement setup (at around 40 K) one can do a direct comparison with the coherence time, and we demonstrate the regime $T_R \approx T_1$. In magnetic diluted systems $T_1 \gg T_2$, e.g. T_1 of several ms in rare earth ions such as Y_2SiO_5 : Er^{3+13} and Y_2SiO_5 $:Yb^{3+14}$ or $^{28}Si:Bi$ with a tunable T_1 of thousand of seconds 15 . Our general method can thus lead to very long persistent Rabi oscillations, using a single circularly polarized image pulse.

The use of strong continuous microwave excitation has been proposed as a way to protect qubits 16,17 although the quantum gates would need proper redesigning. In related studies, complex pulse design using an arbitrary waveform generator, proved essential in studying Floquet Raman transitions 18,19 and quantum metric of a twolevel system²⁰ in nitrogen vacancy (NV) centers. It is worth noting that in the case of concatenated DD, the frequency of the second order (n = 2) excitation has to match the Rabi frequency of the first excitation (n = 1); also, the two excitations are linearly polarized and perpendicular to each other (the method extends to higher orders in n). Experimentally, the protocol quickly becomes complex and demanding in terms of pulse design and frequency stability, above the second order.

Our protocol uses two coherent microwave pulses: a main pulse drives the qubit Rabi precession while a lowpower, circularly polarized (image) pulse continuously sustains the spin motion. The image drive has a frequency close to the main drive and its amplitude is 1-2 orders of magnitude smaller. In this way, a quantum gate could be driven by regular pulses, without the image pulse, while the time interval between gates could be filled with an integer number of Rabi nutations that use our protection protocol. Such scheme would protect the coherence of the qubit in-between usual quantum gates. We note that the initial phase difference between the two pulses allows to tune the spin dynamics by enhancing (or diminishing) the Floquet modes²¹ of its second dressing.

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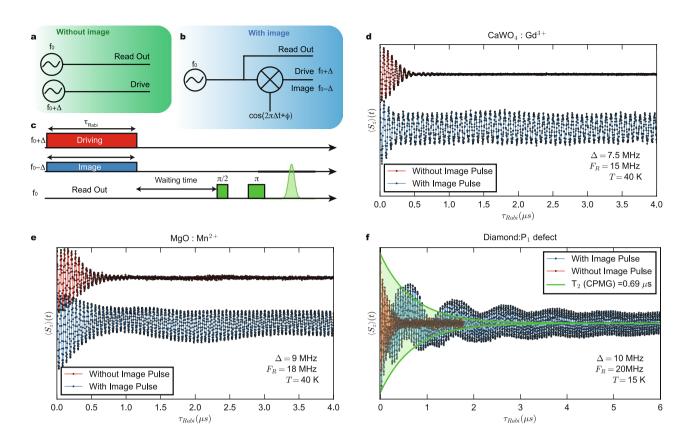


Figure 1. Comparison of Rabi oscillation with or without the image pulse. (a–c), Schematic of the microwave implementation. (a) The drive $(f + \Delta)$ and the readout (f_0) sources are independent. (b) Using the same source as the readout (f_0) , the drive pulse $(f_0 - \Delta)$ is generated by a non-linear mixing with a low frequency signal Δ , with $f_0/\Delta \sim 10^3$, a process that creates a low-amplitude image drive $(f_0 - \Delta)$ as well. The drive, image and readout pulses are coherent and the phase relationship is tunable. (c) Pulse sequence: the drive and the image pulses act at the same time on the qubit while the readout is sensitive to the S_z projection by a spin-echo process. (d–f) Rabi oscillation of the CaWO₄:Gd³⁺, MgO:Mn²⁺and P1 defects respectively in the presence (blue) or absence (red) of the image pulse at the optimum condition $F_R = 2\Delta$. The green guideline in (f) shows the improvement of the coherence time when compared to a CPMG pulse sequence while the blue curve shows not only a long coherence but also beatings which are tunable via phase-tunable Floquet dynamics (see text).

The protocol described here can impact quantum sensing of magnetic fields seen as a perturbation of a given Rabi oscillation. Its Fast Fourier Transform (FFT) has a width $\sim T_R^{-1}$ and the condition $T_R \approx T_1$ significantly improves the field resolution.

The technical implementation is simple and can be generalized to any type of qubit, such as superconducting circuits or spin systems. In this paper we focus on the experimental implementation and simply observe that numerical simulations based on Bloch model with $T_2 = 2T_1$ describe the final results very well.

Results and discussion

The standard method to induce Rabi oscillations in a two-level system (TLS) is to apply an electro-magnetic pulse of frequency f_0 equal to the TLS level separation (resonance regime, $g\mu_BH_0=hf_0$, with μ_B the Bohr magneton, H_0 the static magnetic field and h the Planck constant). The pulse will drive the spin population coherently between the two states. Experimentally, the drive is at a frequency $f_0+\Delta$ (where f_0 is the Larmor frequency and Δ is a small detuning away from the resonance condition) followed by read out pulses of frequency f_0 to record the state $\langle S_z \rangle$ (see Fig. 1a). The method introduced here makes use of two coherent microwave pulses (see Fig. 1b,c): the drive pulse at $f_0+\Delta$ of amplitude h_d and length τ_{Rabi} creates quantum Rabi oscillations while the second one sustain them using a very low power image of the drive $(h_i \ll h_d)$, operated at $f_0-\Delta$. In order to probe $\langle S_z(\tau_{Rabi})\rangle$ at the end of the Rabi sequence, we wait a time longer than T_2 , such that $\langle S_x\rangle \approx \langle S_y\rangle \approx 0$, followed by $\pi/2-\pi$ pulses to create a Hahn echo of intensity proportional to $\langle S_z\rangle$ (Mn²⁺ spins are readout without echo, as detailed in Sect. IIB of Supplementary Information). Figure 1b shows one way of coherently creating the drive and its image, by means of a mixer multiplying a pulse at frequency f_0 with an intermediate frequency (IF) cosine signal allowing to control the detuning Δ , phase ϕ and the pulse length, shape and amplitude.

Rabi oscillations of three different types of paramagnetic systems—a rare earth ion (Gd³⁺), a transition metal ion (Mn²⁺) and a defect in diamond (P1)—are shown in Fig. 1d–f, respectively. Their detuned Rabi oscillations induced by the drive pulse only (red curves) are of similar frequency ($\approx 20 \, \text{MHz}$) and last for a small number of

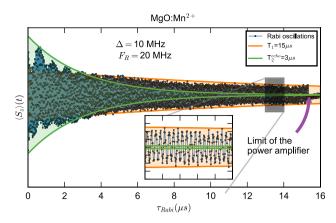


Figure 2. Rabi decay under image pumping condition at 40 K. The decay of the Rabi oscillations (green) for a Mn^{2+} spin is limited by the relaxation time T_1 (orange) when an image pulse is used to sustain the dynamics. The inset shows the long-lived oscillations, all the way up to the 15 μ s limit as imposed by the power amplifier of the setup.

nutations (< 20). The blue curve shows the Rabi oscillation when the image pulse is superimposed. The oscillations remain intense far beyond the decay time of the red curves and their number is dramatically increased. This effect has maximum impact when the frequency difference between the drive and the image pulses 2Δ matches the Rabi frequency induced by the main drive, F_R . In addition of the very long coherence time, we observe a slow amplitude modulation, depending on the phase ϕ and attributed to Floquet modes, as explained below.

We study the new decay time of the Rabi oscillation under image pumping, by tuning the relaxation time via temperature control and by applying the longest drive pulse available to us (Fig. 2). The length of the drive pulse is limited by the pulse power amplifier of the setup, with a maximum pulse length of 15 μ s. At 40 K, the relaxation time of the spin system MgO:Mn²⁺ (S=5/2) is also $\approx 15 \,\mu$ s. The Rabi oscillation for the transition $+\frac{1}{2} \leftrightarrow -\frac{1}{2}$ is shown in Fig. 2. Guidelines showing the exponential decays due to T_2 (in green) and T_1 (in orange) measured by Hahn echo and inversion recovery respectively, are added as well. While the amplitude of the Floquet mode (slow amplitude modulation) decreases with $\sim T_2$, the Rabi oscillations persists with a decay time $\approx T_1$.

Protection of quantum coherence for different initial states. We analyzed our protocol for different initial states. For initial and final states along +X, +Y and +Z we observe that the protection protocol is effective for times up to the maximum amplifier gate length of 15 μ s.

Pulse sequence. The protocol proposed here was tested for different initial states and spin systems. In the following, the details of the experiment are given. The ground state of the spin is along +Z axis and it is used as initial state. In Fig. 3, this is shown in orange and labeled "preparation". The +Z state is obtained by thermalization. States +X and +Y are obtained from +Z using a hard $\frac{\pi}{2}$ pulse around the y or x axes, respectively, able to excite the whole spin ensemble (or spectroscopic line). In MgO:Mn²⁺and P1, this is ensured by their narrow spectroscopic linewidths Γ , while in CaWO₄:Gd³⁺, Γ is of the same order of magnitude with the maximum excitation bandwidth. Therefore, some Gd³⁺ spins of the spin packet might not be in a perfect +X or +Y state. However, we didn't notice any particular effect in the final results for Gd. We note that by combining rotations around any of the x, y and z axes, we can prepare the initial state in any position. Once prepared, the spin state is subjected to coherence protected Rabi protocol or to the usual Rabi drive for an integer number of Rabi flops (top and bottom "burst" panels in Fig. 3, respectively). Thus, the final state is along the same direction as the initial one²². The echo-based measurement for an initial state +Z is shown in the green panel (with $\tau_{wait} \gg T_2$). For initial states +X and +Y (blue panel), one have to wait a time τ_{free} in order to let the spin packet defocus before applying a π pulse and detect the subsequent echo signal.

Throughout this article, the $\pi/2$ and π pulse lengths are 14 and 28 ns, respectively. The readout waiting times τ_{wait} are approximately 5 μ s for P1 defects, 6 μ s for Mn²⁺ and 10 μ s for Gd³⁺.

P1 defects in diamond. In the case of P1 defects in diamond, we present measurements of the spin echo signal when the initial and final states are along +Z, with and without the protection protocol for different lengths of the Rabi pulse τ_{burst} . Without image pulse (Fig. 4a) the signal is visible after a Rabi burst of 300 ns, but it is rapidly lost for times longer than 1 μs. With the protection protocol in place (Fig. 4b), the signal is almost entirely conserved for times up to 15 μs. This behavior shows a significant improvement over the CPMG method (see Supplementary Information 1, $T_2 = 0.69 \,\mu s$). For this experiment the temperature was set to $T = 15 \, \text{K}$ and $\tau_{free} = 300 \, \text{ns}$.

CaWO. $_4$: Gd^{3+} For Gd^{3+} spins, we measured the spin-echo signal after an integer number of Rabi flops for initial/final states along the +X, +Y and +Z axes. The Rabi oscillations are shown in Fig. 5a as the real and imaginary part of the recorded signal (blue and orange lines, respectively). One notes that for the initial state

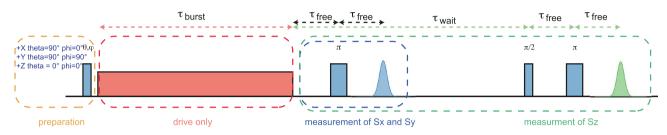


Figure 3. Pulse sequence used for different initial states. First, the spin is prepared in the ground state +Z or, after a $(\frac{\pi}{2})_{y,x}$, in the +X or +Y states. A Rabi oscillation is performed during τ_{burst} for an integer number of Rabi flops, with or without the image pulse h_i (top and bottom panels respectively). The final state is along the same direction as the initial one, and the readout is done using an usual echo detection (blue and green areas).

along +X and +Y the Rabi signal starts and ends at zero value, with the end time being indicated by the arrow in each inset. Figure 5b shows large echo signals after $10\,\mu s$, much longer than $T_{2CPMG}=4\,\mu s$ (see Supplementary Information 1), for each of the initial state preparation. Using a combination of rotations around the x,y and z axes, we can create any initial state for the spin and thus use the image pulse protection for any arbitrary state. The experimental conditions for these measurements are: temperature $T=40\,\mathrm{K}$ and $\tau_{free}=200\,\mathrm{ns}$.

Qubit dynamics. The qubit dynamics in the absence of a bath, is described by the spin Hamiltonian in the laboratory frame (see Supplementary Information 1):

$$\mathcal{H} = f_0 S_z + 2h_d S_x \sin(\omega_+ t + \phi) + 2h_i S_x \sin(\omega_- t - \phi - \theta) \tag{1}$$

where f_0 is the Larmor frequency caused by the static field, h_d and h_i are the microwave drive and image field, respectively, $\frac{\omega_+ -}{2\pi} = f_0 \pm \Delta$, ϕ is a tunable phase (see Fig. 1) and θ is a small additional phase, possibly created by imperfections of the setup (as discussed in Supplementary Information 1). Variables f_0 , $h_{d,i}$ and Δ are expressed in units of MHz with $h_{d,i} \ll f_0$, ω_\pm . After using the rotating wave approximation (RWA) for a rotation with ω_+ , the Hamiltonian (1) becomes:

$$\mathcal{H}_{RF} = -\Delta S_z + h_d (S_x \sin \phi - S_y \cos \phi) - h_i [S_x \sin(4\pi \Delta t + \phi + \theta) + S_y \cos(4\pi \Delta t + \phi + \theta)].$$
 (2)

When the image field h_i is absent, the Eq. (2) has no explicit time dependence and the Rabi frequency is simply $F_R = \sqrt{\Delta^2 + h_d^2}$. When h_i is present, the dynamics of $\langle S_z \rangle$ can be solved numerically, as it is shown in Fig. 6 for the case of CaWO₄:Gd³⁺.

For a fixed power h_d of the drive pulse, Rabi oscillations are measured as a function of the detuning Δ . As shown in the contour plot of Fig. 6a, $\langle S_z \rangle(t)$ vanishes after few oscillations except when the condition $F_R \sim 2\Delta$ is met. At this Floquet resonance, $\langle S_z \rangle$ keeps oscillating for a very long time (> 15 μ s). Its Fast Fourier Transform (FFT) is presented in Fig. 6b. The free (unprotected) Rabi oscillations mode F_R is rather weak and broad showing the large damping caused by the environment. However, when the mode crosses the frequency of the image pulse, indicated by the vertical white dashed line, the peak becomes intense and narrower, as the qubit protection from environment is activated. The condition $F_R = \sqrt{\Delta^2 + h_d^2} = 2\Delta$ (or $h_d = \sqrt{3}\Delta$) gives the most efficient protection of the Rabi oscillation (see Supplementary Information 1).

The general condition is $F_R = n\Delta$, $n \in N$ showing a comensurate motion of the qubit and h_i on the Bloch sphere. In other words, the qubit and the image field share a synchronous dynamics generated by the torques of the two drives (see also Sec.III D of the Supplementary Information 1).

We can compare the experimental result to the model described by the Hamiltonian (2) which can be rewritten as in Eq. (S14) in Supplementary Information : $\mathcal{H}_{RF} = -\Delta S_z + S_+ [h_d e^{-i(\phi - \pi/2)} + h_i e^{i(4\pi\Delta t + \phi + \theta + \pi/2)}]$. When the "image" pulse is not applied, the Hamiltonian is time independent and the propagator is simply the matrix exponential of the Hamiltonian: $U_p(t) = \exp(-i2\pi\mathcal{H}_{RF}t)$. When the image pulse is present $(h_i > 0)$, the Hamiltonian becomes explicitly time-dependent. Although a second canonical transformation RWA could remove the time dependence if $\Delta \gg h_i$, it is importat to leave Δ as a free parameter since the methods works at

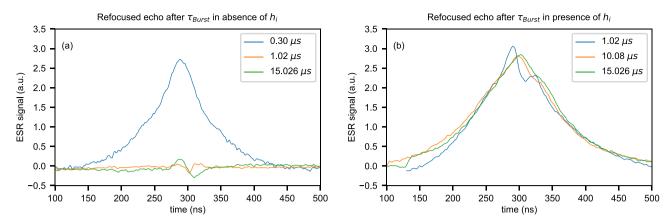


Figure 4. P1 defects in diamond. Echo signal for initial and final state along +Z measured after a Rabi burst of various length. Without image pulse (**a**) the coherence is quickly lost after $0.30\,\mu s$ as shown by an absence of signal above $1\,\mu s$. With protection protocol in place (**b**), the signal is well conserved up to maximum burst length of $15\,\mu s$.

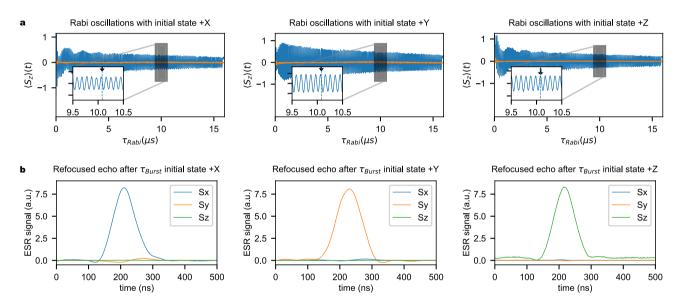


Figure 5. CaWO₄:Gd³⁺. (a) Rabi oscillations shown as the real and imaginary part of the recorded signal (blue and orange lines, respectively). From left to right, the initial (and final) state of the spin are +X, +Y and +Z. After a time given by an integer number of Rabi flops, shown with an arrow in the inset, (b) the spin-echo signal is recorded for each spin component, using the measurement sequence described in Fig. 3.

resonance as well ($\Delta=0$). Thus, for the sake of generality, we solved numerically the explicit time-dependent differential equations using $QuTIP^{23}$. The parameters used in the simulation have been measured independently: the microwave drive field h_d has been calibrated using the frequency of Rabi oscillations at no detuning ($\Delta=0$), the image drive h_i was measured by a spectrum analyzer directly connected to the output of the AWG ($h_i/h_d\approx0.12$), relaxation (T_1) and decoherence (T_2) times were measured by inversion recovery and Carr-Purcell-Meiboom-Gill (CPMG) protocol, respectively (see Supplementary Information 1). We used QuTiP implementation of Lindblad's master equation with S_- as collapse operator which is equivalent to the phenomenological Bloch model for the case $T_2=2T_1$. Figure 6c shows the FFT of $\langle S_z \rangle(t)$ computed using the time evolution of \mathcal{H}_{RF} . The Hamiltonian (2) describes very well the protection of the coherence by means of the image pulse. Note the existence of a Floquet mode at $\Delta=7.5$ MHz of frequency ~ 1 MHz, visible in both the experimental and theoretical contour plots of Fig. 6.

The Floquet mode appears as beatings of the Rabi frequency and is ϕ -tunable. Similarly to the case of Gd³⁺, the qubit protection and Floquet mode dynamics is obtained for the S=5/2 spin of MgO:Mn²⁺, here measured under the experimental conditions of Fig. 2. Rabi oscillations and corresponding FFT spectra are shown in Fig. 7 for two values of the initial phase, $\phi=0^\circ$ (green) and $\phi=45^\circ$ (gold), while simulations are shown in black. The decay times are much larger than T_2 for both values (here $T_1\approx 15\,\mu s$, see Fig. 2); however, the dynamics is strikingly different. When the drive and image pulses have the same initial phase (one can consider the initial

Figure 6. Rabi dynamics as a function of detuning at fixed drive level h_d . (a) Contour plot showing S_z as a function of pulse length τ_{Rabi} and microwave detuning Δ . At $F_R = 2\Delta$ (dashed), the Rabi oscillations are optimally sustained by the image pulse. (b) The FFT of (a) shows an intense peak where the optimum protection is achieved (dashed lines). (c) A simulated FFT using the rotating wave approximation and the parameters of (b), is in agreement with the experimental observations.

time in Eq. (2) as $-\frac{\theta}{4\pi\Delta}$ without loss of generality), the Rabi oscillations have maximum visibility, with almost no beatings (see Supplementary Information 1). At $\phi=45^\circ$, the spin torques generated by the h_d and h_i fields induce strong beatings or a Floquet mode creating two additional modes of the Rabi frequency. The left panel shows Rabi splittings equal to the Floquet frequency for $\phi=45^\circ$ and a single Rabi oscillation for $\phi=0^\circ$.

Experimentally, we can continuously vary the value of ϕ and analyze the frequency and intensity of the Floquet mode. As an example, a comparison between theory and experiment is shown in Fig. 8 for the case of CaWO₄:Gd³⁺for $\Delta = h_d/\sqrt{3} = 34$ MHz. For even and odd multiples of $\pi/4$, a single and a splitted Rabi mode is observed, respectively. The Rabi splitting is the Floquet mode and is constant as a function of ϕ but its intensity oscillates with a period of $\pi/2$. The effect is evident in simulations as well, since the terms in $h_{d,i}$ of \mathcal{H}_{RF} are along the same direction or orthogonal, for $\phi = 0^\circ$ and 45° respectively.

In regards to decoherence sources, it is safe to assume that the main contribution comes from the spin bath made by nuclear spins surrounding the central spin, as well as other electronic spins located in its closed vicinity. Such scenario is the typical situation in spin systems operated at low enough temperatures to reduce the role of the phonon bath on T_2 . The details of the entangled qubit-bath dynamics are outside the scope of the current study. We do observe that the final results are well described when only dissipation is the source of decoherence, leading to $T_2 = 2T_1$. This may indicate that the image pulse h_i is able to control the dynamics and thus the decoherence of the spin bath.

The qubit rotation is thus tunable by using a pre-selected value of ϕ , allowing to create complex rotations. With a decoherence time approaching spin lifetime T_1 , the value of ϕ can be changed while qubit control is still ongoing. Our study demonstrates a sustained quantum coherence using a general protocol that can be readily implemented to any type of qubit. Our approach can be used in other detection schemes, such as sensitive spin detection using on-chip resonance techniques^{24–26}.

While preparing our manuscript for resubmission following initial refereeing, a related protocol applied to NV centers has been published²⁷.

Methods

Spectrometer setup. The measurements have been performed on a conventional pulse ESR spectrometer Bruker E680 equipped with an incoherent electron double resonance (ELDOR) bridge and a coherent arbitrary waveform generator (AWG) bridge. In the ELDOR bridge (Fig. 1a), the drive and the read out pulses come from two independent sources while with the AWG bridge (Fig. 1b) all the pulses are generated using the same microwave source and thus they are all phase coherent. The drive frequency is generated by mixing the source f_0 (used as a local oscillator) with a low frequency and phase controllable signal $IF(\Delta, \phi)$ through an in-phase quadrature (IQ) mixer. Ideally, the output of the mixer is monochromatic with the frequency $f_0 + \Delta$. In reality, the output consists of a principal frequency $f_0 + \Delta$ (the drive) and of lower amplitude images $f_0 + n\Delta$ (see Supplementary Information 1 for more information). Since the effect of the image is the central part of this paper, we have characterized the AWG bridge using a spectrum analyzer, right before the power amplification stage. An example of spectrum is presented in Fig. S6 of the Supplementary Information. The power of the image $f_0 - \Delta$ is lower by ≈ −18 dB than $f_0 + \Delta$. Consequently, an amplitude ratio of the MW magnetic fields h_i/h_d around \sim 0.12 is used in simulations.

Pulse sequence. First, the system is set to be in resonance condition $g\mu_B H_0 = hf_0$. The drive pulse of amplitude h_d , frequency $f_0 + \Delta$ and length τ_{Rabi} induces Rabi oscillation in detuning regime. At the same moment the image pulse (generated through the IQ mixer) of amplitude h_i , frequency $f_0 - \Delta$ and the same length τ_{Rabi} also irradiate the spins. In order to probe $\langle S_z(\tau_{Rabi})\rangle$ at the end of the Rabi sequence, we wait a time longer than T_2 , such that $\langle S_x \rangle \approx \langle S_y \rangle \approx 0$, followed by $\pi/2 - \pi$ pulses to create a Hahn echo of intensity proportional to $\langle S_z \rangle$.

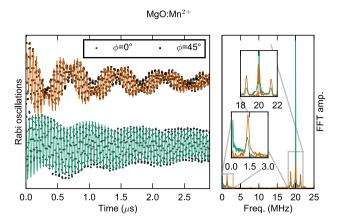


Figure 7. Phase-tunable Floquet dynamics. Rabi oscillations of $\mathrm{Mn^{2+}}$ at 40 K for two values of ϕ . For $\phi=0^\circ$ (green symbols), h_d and h_i pulses have the same initial phases resulting in optimally sustained Rabi oscillation. For $\phi=45^\circ$ (orange symbols), strong beatings are observed ($h_{d,i}$ terms of \mathcal{H}_{RF} are \bot). The solid lines are simulations using our model with no fitting parameters. The right panel shows the experimental FFT traces. The green one has a well-defined peak at F_R while in the other one two peaks (top inset) are separated by twice the Floquet mode frequency (bottom inset).

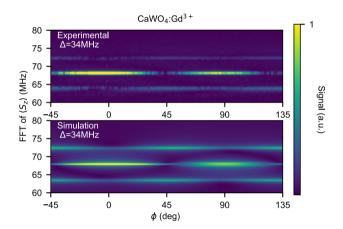


Figure 8. Phase-dependence of the Floquet mode. Experimental (top) and simulated (bottom) FFT of Rabi oscillations for $\Delta = h_d/\sqrt{3} = 34$ MHz as a function of ϕ (amplitude is normalized to the highest peak). For $\phi = 2k\pi/4$, $k \in N$, Rabi oscillations have a single mode F_R while for $\phi = (2k+1)\pi/4$ a splitting of twice the Floquet mode frequency is observed. While its frequency is fixed, the intensity of the Floquet mode changes gradually, with a period of $\pi/2$.

Spin systems. The methodology presented here is demonstrated on different spin systems: the nitrogen substitution in diamond P1 defect (S=1/2) (concentration :100 ppm), $\mathrm{Mn^{2+}}$ impurities in MgO (S=5/2)²⁸⁻³¹ with a concentration of 10 ppm and $\mathrm{Gd^{3+}}$ impurities in $\mathrm{CaWO_4}$ (S=7/2)^{24,32} with a concentration of 50 ppm. Despite the large Hilbert space of the $\mathrm{Mn^{2+}}$ and $\mathrm{Gd^{3+}}$ spin Hamiltonians, the orientation of the magnetic field and the frequency and power of the microwave excitation are chosen to avoid multiple level transitions and thus select only one resonance²⁸. Therefore, the spin systems can be considered as effective two-level systems undergoing coherent Rabi rotations. The spin Hamiltonians, operating parameters (fields and frequencies) as well as characteristic $T_{1,2}$ times for these materials are given in the Supplementary Information 1.

Data availability

Data sets generated and analyzed during the current study are available from the corresponding author on request.

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Author contributions

S.B. and I.C. designed the experiment and analyzed the data. Measurements were performed at Lille University by H.V. and S.B. S.B., I.C. and H.De R. provided the theoretical background. All authors contributed to the writing of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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