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1 Stable Zn isotopes reveal the uptake and toxicity of zinc oxide 2 engineered nanomaterials in *Phragmites australis*

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4

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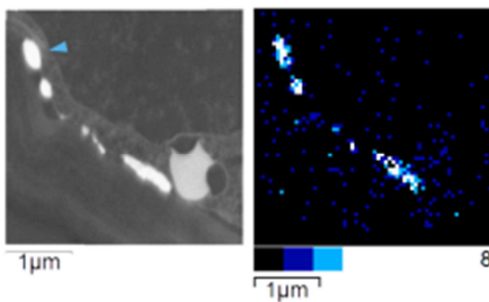
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15

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17

18 The Zn stable isotope composition of plants demonstrates that ZnO engineered nanomaterials
19 dissolve before their uptake and accumulation by the roots (brightest inclusions in root cortex
20 above).

21 **Abstract**

22 The uptake, transport, and toxicity mechanisms of zinc oxide (ZnO) engineered nanomaterials
23 (ZnO-ENMs) in aquatic plants remain obscure. We investigated ZnO-ENM uptake and
24 phytotoxicity in *Phragmites australis* by combining Zn stable isotopes and microanalysis.
25 Plants were exposed to four ZnO materials: micron-size ZnO, nanoparticles (NPs) of <100 nm
26 or <50 nm, and nanowires of 50 nm diameter at concentrations of 0-1000 mg l⁻¹. All ZnO
27 materials reduced growth, chlorophyll content, photosynthetic efficiency, and transpiration and
28 led to Zn precipitation outside the plasma membranes of root cells. Nanoparticles <50 nm
29 released more Zn²⁺ and were more toxic, thus causing greater Zn precipitation and accumulation
30 in the roots and reducing Zn isotopic fractionation during Zn uptake. However, fractionation by
31 the shoots was similar for all treatments and was consistent with Zn²⁺ being the main form
32 transported to the shoots. Stable Zn isotopes are useful to trace ZnO-ENM uptake and toxicity
33 in plants.

34

35 **Environmental Significance Statement**

36 Our understanding of zinc oxide nanomaterials interaction with wetland plants is hampered by
37 the lack of scientific consensus about their uptake and toxicity mechanisms in these species.
38 This is a serious concern given the alarming global increase in the discharge of these
39 nanomaterials into the environment and the key ecological roles of wetland plants. The Zn
40 isotopic signature of plant tissue integrates all the Zn metabolic pathway throughout the plant's
41 life, giving insight about the form of Zn taken up, even if this later transforms into another Zn
42 species. Thus, our findings clarify the exposure routes and the mechanisms of action of zinc
43 oxide engineered nanomaterials in wetland plants while advancing the toolbox for plant
44 physiology and environmental studies.

45

46 Introduction

47 An estimated 34,000 tonnes year⁻¹ of ZnO-ENMs are emitted into the environment globally, of
48 which 3,000 are directly discharged into water bodies¹. Models predict that sediments will
49 receive most of the ZnO-ENMs released into water bodies (up to 1 mg Kg⁻¹ year⁻¹)², especially
50 near large cities and related industry, in areas that favour deposition like wetlands and marshes.
51 This may cause chronic toxicity in emergent wetland plants (helophytes), which play vital
52 ecological roles³. Exposure to ZnO-ENMs decreases photosynthesis, antioxidant activity, and
53 growth in aquatic plants, and increases Zn bioaccumulation and oxidative stress⁴⁻¹⁰. However,
54 studies on helophytes are few and the uptake and toxicity of ZnO-ENMs, especially after
55 chronic exposure, are poorly characterised in these plants.

56 There is an unresolved controversy about the capacity of entire ZnO-ENMs to enter roots. In
57 several crops, ZnO-ENMs have been reported in the root epidermis, cortex, endodermis, stele,
58 lateral roots, and on the root surface¹¹⁻¹⁶. At the cellular level, ZnO-ENMs have accumulated in
59 the intercellular spaces, along the plasma membrane, and in the cytoplasm, vacuoles and
60 nuclei^{11,14}. It has been suggested that ZnO-ENMs in the root apoplast can enter the symplast by
61 endocytosis¹¹ and pass to the xylem directly from the apoplast, through lateral roots with
62 immature Casparian bands^{6,14}. However, few studies have confirmed either the elemental
63 composition of the candidate ENMs or the Zn speciation in roots. Wang *et al* found 65% ZnO
64 and 32% Zn-histidine in the roots of hydroponically grown cowpea exposed to ZnO-ENMs¹².
65 Nonetheless, Da Cruz *et al* demonstrated that ZnO was only found inside roots when they had
66 been previously damaged¹³. Accordingly, ZnO-ENMs normally do not reach the shoots unless
67 roots are damaged¹²⁻¹⁵. Intact roots generally contain no ZnO but do contain other Zn species
68 like Zn-phosphates, Zn-citrate, Zn-malate, Zn-histidine, or Zn-nitrate^{13,14,16}. In the aquatic plant
69 *Schoenoplectus tabernaemontani*, ZnO-ENMs were reportedly found around plastids in the
70 roots, arranged like beads on a string⁶. However, this observation could be better explained as
71 endoplasmic reticulum wrapped around plastids¹⁷.

72 The present research aims to give a comprehensive insight on ZnO-ENM uptake and chronic
73 toxicity in *P. australis* at the levels estimated by models in current sediments, with an ample
74 margin for a future increase in concentrations. This is crucial because emissions are expected to
75 continue growing. To do so, we determined whether entire ZnO-ENMs enter *P. australis* roots
76 by combining transmission electron microscopy (TEM), X-ray microanalysis, dark-field
77 mapping, and Zn stable isotope analysis in different plant organs. Zinc stable isotopes are
78 valuable to understand Zn uptake and toxicity in plants^{18,19}. The Zn isotopic signature of plant
79 tissue integrates all the processes causing Zn fractionation throughout a plant's life and it is a
80 proxy of Zn speciation and the activity of Zn membrane transporters²⁰. Hence, Zn isotopes can
81 be used to determine whether Zn was first taken up as either Zn²⁺ or ZnO-ENMs, even after
82 they form other Zn species. Additionally, we unravelled the mechanisms of ZnO-ENM toxicity
83 on the photosynthetic apparatus and fully characterised the physiological response of *P.*
84 *australis* to ZnO-ENMs.

85

86 **Methods**

87 **Nanomaterials and non-nano ZnO**

88 Four ZnO materials were purchased from Sigma-Aldrich: non-nano ZnO (96479 Fluka, ACS
89 reagent $\geq 99.9\%$); spherical particle nanopowder <100 nm in diameter (544906 Aldrich, $\approx 80\%$);
90 <50 nm nanopowder particles of various shapes (677450 Aldrich, $>97\%$); and nanowires 50 nm
91 in diameter x 300 nm long (773980 Aldrich). These materials will be referred to as Bulk,
92 NP100, NP50, and NW, respectively. To determine their chemical composition, 2 ml HNO₃
93 (69.0-70.0% Instra reagent, 9598-34 Baker) was added to 50 mg aliquots and digested overnight
94 at 90°C. The extracts were brought to 100 ml with 1% HNO₃ and analysed for Al, Cd, Cr, Cu,
95 Fe, Ni, Pb, and Zn content by inductively coupled plasma optical emission spectrometry (ICP-
96 OES) using a Perkin Elmer Optima-8300 (Waltham, MA, USA). Three replicates were analysed
97 for each ZnO material. To study particle size and shape, samples were observed on a field

98 emission scanning electron microscope (FESEM) JEOL JSM 7100F at 20.0 kV, and secondary
99 electron images were taken.

100

101 **Plant growth conditions**

102 *Phragmites australis* (Cav.) Trin. Ex Steud plants were purchased from a local nursery (Tres
103 Turons, Sabadell, Spain). Plant cultivation took place in the greenhouse of the Experimental
104 Field Services of the University of Barcelona (UB). Roots were washed to remove the original
105 substrate and shoots cut to induce new growth. Plants were initially grown in trays filled with
106 modified half-strength Hoagland's solution as detailed in¹⁸. The pH was adjusted to 6.5 and
107 solution was replaced every three days. After 7 weeks, plants were rinsed in distilled water,
108 selected within a small range of fresh weight (11.99 ± 0.23 g, mean \pm standard error, $n = 95$)
109 and height (27.54 ± 0.34 cm), and placed in individual 1-gallon (3.895 l) glass pots. These were
110 filled with modified half-strength Hoagland's solution with no added Zn according to²¹
111 (Supplementary Table 1), at pH 5.9. Each pot was wrapped in aluminium foil to limit algal
112 growth. After 10 days, the ZnO materials described above were added at a concentration of 0,
113 0.1, 1, 10, 100, or 1000 mg l⁻¹. Nanowires were only tested up to 10 mg l⁻¹ due to their high cost.
114 Four pots per treatment were distributed randomly on the greenhouse table, and the nutrient
115 solution was replenished three times a week. Five pots without plants but containing the same
116 solution were included. Plants were grown for 14 weeks, from November 2016 to February
117 2017. The mean temperature was $17.9 \pm 0.22^\circ\text{C}$, the relative humidity $51.0 \pm 1.06\%$, and the
118 maximum PPFD (photosynthetic photon flux density) $\sim 500 \mu\text{mol m}^{-2} \text{s}^{-1}$. The pH and electrical
119 conductivity (EC) of the solutions were controlled weekly in a sub-sample of 10 pots (results
120 not shown) and recorded for the whole experiment on weeks 8 and 12 (Supplementary Table 2).

121

122 **Elemental analyses**

123 At the end of the experiment, 10 ml aliquots of the growth solutions were centrifuged for 10
124 minutes at 9065 relative centrifugal force in a Hettich 32R centrifuge (Tuttlingen, Germany)
125 with a 1620A angle rotor. Supernatants were filtered using Whatman® Grade GF/A glass

126 microfibre filters (WHA1820042) and 100 μl HNO_3 was added (Baker Instra-Analysed
127 Reagent, 69.0-70.0%, 9598-34). The Zn and Al contents of the solutions were measured by ICP-
128 OES.

129 Plants were thoroughly washed in distilled water, patted dry, and weighed. Roots and shoots
130 were separated using a scalpel. Samples were oven-dried at 60°C for 48h and finely ground for
131 2 min in a Retzch MM400 mixer mill at a frequency of 20 s^{-1} . Next, 0.1 g of the ground material
132 was digested overnight at 90°C in a mixture of 2 ml HNO_3 and 0.5 ml H_2O_2 (30% Suprapur,
133 1.07298.1000 Merck). Then 50 μl of HF (40% reagent grade, AC10511000 Scharlab) were
134 added to each sample and digested for an additional 2h at 90°C . Digests were diluted in 30 ml
135 MilliQ water ($18.2\ \Omega$) before analysis. Per every 30 samples, 3 blanks and 2 aliquots of the
136 BCR-60 reference material (*Lagarosiphon major*) (Community Bureau of Reference, Brussels,
137 Belgium) were digested using the same protocol. We obtained 303.1 ± 5.3 ($n=6$) $\mu\text{g g}^{-1}$ Zn, in
138 line with the certified values (313.0 ± 8.0). The Al, Ca, Cu, Fe, K, Mg, Mn, P, S, and Zn contents
139 of the extracts were then determined by ICP-OES. To study Zn mass balance at the end of the
140 experiment, Zn in mg was calculated for each reservoir in our culture system (Equation 1):

$$141 \quad \text{Zn}_{\text{watering}} + \text{Zn}_{\text{ZnO}} = \text{Zn}_{\text{root}} + \text{Zn}_{\text{shoot}} + \text{Zn}_{\text{solution}} + \text{Zn}_{\text{solid}}$$

142 The Zn input contributed by the nutrient solution ($\text{Zn}_{\text{watering}}$) was calculated by multiplying the
143 [Zn] of the initial nutrient solution by the total volume of solution added and by the sum of all
144 waterings (E). Zinc input from ZnO materials (Zn_{ZnO}) was obtained from the [ZnO] of each
145 treatment (0.1, 1, 10, 100, and 1000 mg l^{-1}) multiplied by the Zn concentration of each material.
146 Zinc extracted by roots (Zn_{root}) and shoots (Zn_{shoot}) was determined by multiplying [Zn] by dry
147 weight (DW). The total Zn in the final solutions ($\text{Zn}_{\text{solution}}$) was calculated by multiplying [Zn] in
148 the final solutions by the volume of the container. Finally, the Zn in the solid phase of the
149 nutrient media (Zn_{solid}) was inferred from subtracting Zn_{root} , Zn_{shoot} , and $\text{Zn}_{\text{solution}}$ from the sum of
150 all Zn inputs. The same procedure was followed to calculate the Al mass balance.

151

152 **Zinc separation and isotopic analyses**

153 Zinc isotope analyses were carried out in the facilities of the Géosciences Environnement,
154 Toulouse, France. In the clean lab (ISO3), 100 mg of sample were weighed in Teflon beakers.
155 Samples were digested in several steps: i) 24h at room temperature in 1.5ml HNO₃ and 1 ml
156 H₂O₂; ii) 24h on a hotplate at 80°C with the same mixture, then evaporated; iii) 24h at 80°C in a
157 mixture of 1.2ml HF and 1.2 ml HNO₃, then evaporated; and finally iv) 24h on a hotplate at
158 115°C in 20 drops of HCl and 10 drops of HNO₃, and evaporated. The digests were then
159 refluxed in 15 ml 10% HNO₃ for Zn quantification in an ICP-MS Agilent 7500 (Santa Clara,
160 USA). Three aliquots of BCR-60 were ground and processed in the same manner as the samples
161 to quantify the Zn contribution of the stainless-steel jars and balls. We obtained 298.2±2.1 µg g⁻¹
162 ⁶⁶Zn for the ground BCR-60 and 301.3±6.9 for the non-ground. These values are slightly lower
163 than the certified 313.0±8.0 µg g⁻¹ Zn, which is likely due to the cleanroom being a much
164 cleaner environment than a regular chemistry laboratory. The sample residual was weighed and
165 refluxed in 1 ml of 7N HCl + 0.001% H₂O₂ overnight at 40°C. HCl and HNO₃ were double
166 distilled, HF was 41-51% (Fluka A513-P500 suprapur) and H₂O₂ 30% (Merk 1.07298
167 suprapur). Plastic and Teflon material was acid-washed before use. Zinc separation was
168 performed in Poly-Prep chromatography columns (BIO-RAD, 731-1550) containing 2 ml of
169 anion exchange resin AGMP-1M (100-200 mesh, chloride form) (BIO-RAD, 1411841). The
170 resin was first cleansed three times with 10 ml 18.2Ω water followed by 7 ml 0.5N HNO₃, then
171 conditioned with 6 ml 7N HCl + 0.001% H₂O₂ before loading the samples. Matrix elements and
172 Cu were eluted with 30 ml 7N HCl + 0.001% H₂O₂. Iron (Fe) was eluted with 10 ml 2N HCl +
173 0.001% H₂O₂ and the resin was rinsed in 2 ml of 0.5N HNO₃. Finally, Zn fractions were eluted
174 on 8 ml of 0.5N HNO₃ and evaporated. Three aliquots of the reference material BCR 281
175 (ryegrass) were processed in the same manner to check the accuracy of the isotope
176 measurements. Digested ZnO materials were diluted up to 1:3000. Column yield was checked
177 from the Zn intensities during isotope analysis and was 96.6 ± 18.0 % (mean ± 2SD, n=48) for
178 plant samples and 89.7 ± 5.6 (n=12) for ZnO materials. Three samples with bad yields were
179 rejected and were not included in this study. Zinc fractions were concentration-matched to

180 within 10% and measured for Zn isotopic composition in a High-Resolution Multi-Collector
181 ICP Mass Spectrometer (Neptune, ThermoFinnigan). Instrument settings are shown in
182 Supplementary Table 3. The Neptune cup configuration was: L4 (^{62}Ni), L2 (^{63}Cu), L1 (^{64}Zn),
183 Central (^{64}Cu), H1 (^{66}Zn), H2 (^{67}Zn), and H3 (^{68}Zn). To correct for mass bias, the sample-
184 standard bracketing procedure as described in²² was applied, with AA ETH Zn as bracketing
185 standard and copper (Cu) NIST SRM 976 as the external element. Sample and standard
186 measurements were obtained from 40 cycles of 8-second integrations. Samples were measured
187 2-3 times on different sessions. Repeatability throughout the three sessions was $0.002\% \pm 0.035$
188 (2SD; $n = 150$), calculated from the bracketing standard. Isotope compositions are expressed in
189 the δ notation (Equation 2):

$$\delta X = \left(\left(\frac{R_s}{R_{st}} \right) - 1 \right) \times 1000$$

190 For a given chemical element (X), R_s is the ratio of the heavy isotope to the light isotope of the
191 sample and R_{st} of the standard. All $\delta^{66}\text{Zn}$ in this study were calculated using the 66 and 64
192 isotopes and expressed relative to JMC Zn. The $\delta^{66}\text{Zn}_{\text{JMC}}$ for AA ETH Zn and ryegrass were
193 0.27 ± 0.04 (2SD; $n = 150$), and 0.42 ± 0.06 (2SD; $n = 6$) respectively, which was in agreement
194 with the literature^{23,24}.

195

196 **Root anatomy and root cell ultrastructure**

197 Root tips were cut from controls and plants treated with either 1000 mg l^{-1} (Bulk, NP100, NP50)
198 or 10 mg l^{-1} (NW) for 9 weeks. Root tips were rinsed in distilled water and fixed in an ice-cold
199 mixture of 2.5% glutaraldehyde and 2% paraformaldehyde in 0.1M phosphate buffer (pH 7.4),
200 then stored at 4°C . Samples were exposed to vacuum for 1h to remove air bubbles, washed in
201 phosphate buffer, and postfixed and stained with 1% osmium tetroxide and 0.8% potassium
202 ferrocyanide for 1h. Stained samples were washed in distilled water and dehydrated in an
203 acetone series of increasing concentration to achieve 100%. All the fixation steps were carried
204 out at 4°C . Fixed samples were polymerised in epoxy Spurr resin for 48h at 60°C . For light
205 microscopy, $1 \mu\text{m}$ semi-thin cross-sections were stained with methylene blue and photographed

206 with a light microscope (Olympus 175 CX41, Tokyo, Japan) coupled with a digital camera
207 (Olympus DP70). For transmission electron microscopy (TEM), 70 nm ultrathin sections were
208 cut with a Reichert-Jung Ultracut E ultramicrotome (C. Reichert AG, Vienna, Austria), stained
209 with uranyl acetate and lead citrate, and observed under a Jeol JEM 1010 (Tokyo, Japan)
210 operated at 100 kV. Images were taken with a Gatan Orius camera (Gatan, Pleasanton, USA).
211 For microanalysis, unstained cuts were dried and mounted on titanium grids. Cuts were
212 analysed using a JEOL JEM-2100 LaB6 transmission electron microscope equipped with an
213 Energy Dispersed Analysis of X-ray Spectrometer (EDXS), operating at 200 kV in STEM mode
214 using the dark field detector. The beam size used in this mode was around 15 nm. The
215 spectrometer is an INCA x-sight (Oxford Instruments, Abingdon, UK), with a Si (Li) detector.
216 Micrographs were obtained using a Gatan Orius SC1000 CCD camera with Digital Micrograph
217 Version 1.71.38 software. Map acquisition was accomplished using the INCA Microanalysis
218 Suite version 4.09 software. X-ray maps were obtained by selecting Zn $\text{K}\alpha_1$ as the characteristic
219 X-ray peak.

220

221 **Evapotranspiration and photosynthetic performance**

222 To calculate the water consumption from each pot (E, in g), the nutrient solution added during
223 each watering was weighed. Chlorophyll content on a leaf area basis was measured with a
224 SPAD-502 portable chlorophyll meter (Minolta, Illinois, USA), as reported elsewhere²⁵. Five
225 representative mature leaves of each plant were measured at 2 cm from the base. The leaf gas
226 exchange and chlorophyll fluorescence were determined using a Li-COR 6400 portable
227 photosynthesis system (Li-COR Inc., Lincoln, NE, USA) running OPEN version 4.06. The third
228 fully developed leaf of the healthiest shoot of each plant was measured at approximately 2 cm
229 from the base. Leaves were first dark-adapted for 30 min to measure maximum quantum yield
230 (F_v/F_m). The same leaves were then re-acclimated to environmental light until stabilised (up to
231 45 min) to determine relative quantum yield (F_v'/F_m'), quantum yield of photosystem-II
232 photochemistry (Φ_{PSII})²⁶, quantum yield of CO₂ fixation (Φ_{CO_2}), the electron transport rate
233 (ETR, $\mu\text{mol m}^{-2}\text{s}^{-1}$), photochemical (qP) and non-photochemical quenching (qN, NPQ), the

234 light-saturated net CO₂ assimilation rate (A_s , $\mu\text{mol CO}_2 \text{ m}^{-2}\text{s}^{-1}$), stomatal conductance to water
235 (g_s , $\text{mol H}_2\text{O m}^{-2}\text{s}^{-1}$), intercellular CO₂ concentration (C_i , $\mu\text{mol CO}_2 \text{ mol air}^{-1}$), the transpiration
236 rate (E , $\text{mmol H}_2\text{O m}^{-2}\text{s}^{-1}$), and water vapour pressure deficit of the leaf (VPD, kPa).

237 Measurements were taken under a saturating light (photosynthetic photon flux density of 1200
238 $\mu\text{mol photons m}^{-2}\text{s}^{-1}$), 400 $\mu\text{mol mol}^{-1}$ of CO₂, and an air temperature of $25.7\pm 0.1^\circ\text{C}$.

239

240 **Carbon and nitrogen isotopic relation in plants**

241 For each plant sample, 0.8-0.9 mg of finely ground dry matter were weighed in tin capsules
242 (Lüdiswiss, Flawil, Switzerland). The total C and N contents were analysed using an Elemental
243 Analyser (EA, Carlo Erba 2100, Milan, Italy), which was interfaced with an Isotope Ratio Mass
244 Spectrometer (IRMS, Thermo-Finnigan Deltaplus Advantage, Bremen, Germany) to analyse the
245 $^{13}\text{C}/^{12}\text{C}$ and $^{15}\text{N}/^{14}\text{N}$ ratios. Results were expressed as $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values following Eq. 2,
246 using secondary standards calibrated against Vienna Pee Dee Belemnite calcium carbonate
247 (VPDB) for C, and against N₂ air for N, respectively. Several certified reference materials were
248 processed in the same manner, at a ratio of one aliquot each per 12 samples. For C, we used
249 IAEA CH7 (measured $\delta^{13}\text{C}_{\text{VPDB}} -32.1\pm 0.07\%$ on $n=15$, certified -32.2 ± 0.04); IAEA CH6
250 (measured -10.4 ± 0.08 on $n=15$, certified 10.5 ± 0.04), and USGS 40 (measured -26.5 ± 0.1 on
251 $n=12$, certified -26.4 ± 0.04). For N, we analysed IAEA N1 (measured $\delta^{15}\text{N}_{\text{AIR}} 0.6\pm 2.0\%$ on
252 $n=14$, certified 0.4 ± 0.04), IAEA N2 (measured -20.3 ± 0.8 on $n=12$, certified 20.3 ± 0.07), IAEA
253 NO3 (measured 4.7 ± 0.3 on $n=15$, certified 4.7 ± 0.2), and USGS 40 (measured -4.5 ± 0.3 on $n=11$,
254 certified -4.5 ± 0.06).

255

256 **Statistical methods**

257 All the statistical analysis was done using R software version 3.4.0 for Windows. Analysis of
258 variance (ANOVA) was performed on each variable based on a two-factor design with
259 interactions. The differences between groups were assessed using paired-t-tests with Bonferroni
260 correction (BF). When data did not meet the assumptions of equal variances or normality, the
261 non-parametric Kruskal-Wallis (KW) ranks test and the Dunn's test with Benjamini-Hochberg

262 adjustment (Dunn) were used instead. Excel 2016 (Microsoft Office 365 Pro Plus version 1708)
263 and Veusz 1.23.2 were used to create graphs.

264

265 **Results**

266 **Characterisation of ZnO sources**

267 Zinc purity was very similar in all four ZnO sources: 94.2% for Bulk, 96.3% for NP100, 90.2%
268 for NP50, and 94.5% for NW (Supplementary Table 4). According to the manufacturer, Zn
269 purity was 99.9%, ~80%, and 91% for Bulk, NP100, and NP50 respectively (no information
270 was given for NW). Besides, 6% Al was reportedly added to NP50 as a dopant but only 2.2%
271 was measured. Traces of other unreported elements were also found: up to 27.2 $\mu\text{g g}^{-1}$ Pb
272 (NP50), 8.5 $\mu\text{g g}^{-1}$ Fe, 4.5 $\mu\text{g g}^{-1}$ Cu, 3.4 $\mu\text{g g}^{-1}$ Ni, 1.2 $\mu\text{g g}^{-1}$ Cd, and 0.7 $\mu\text{g g}^{-1}$ Cr. Average
273 particle length was 215 ± 4 nm (mean \pm SE, $n = 946$) for bulk ZnO, with 10% of particles in the
274 nano range. For NP100, the mean particle length was 99 ± 2 nm ($n = 956$), but 35% of the
275 particles were >100 nm. Similarly, NP50 diameter was 48.7 ± 0.57 nm ($n = 467$), with 39% of
276 the particles in the 50-100 nm range. Finally, the mean diameter of NW was 59 ± 0.5 nm ($n =$
277 223).

278

279 **Zinc and Al dissolution and uptake**

280 Zinc concentrations in the growth solution ($[\text{Zn}]_{\text{sol}}$), roots ($[\text{Zn}]_{\text{root}}$), and shoots ($[\text{Zn}]_{\text{shoot}}$)
281 increased with increasing ZnO supply (Fig. 1, Supplementary Table 5), reaching 20x, 231x, and
282 60x those of the controls at 1000 mg l^{-1} , respectively ($P < 0.001$). Controls had similar $[\text{Zn}]_{\text{root}}$
283 and $[\text{Zn}]_{\text{shoot}}$ ($\sim 30 \mu\text{g g}^{-1}$). By contrast, plants treated with ZnO accumulated Zn preferentially in
284 the roots (7.6 mg g^{-1} in roots vs. 1.8 mg g^{-1} in shoots at the highest ZnO supply) (Fig. 1B, C). At
285 100 and 1000 mg l^{-1} , NP50 released up to twice as much Zn into solution as bulk and NP100 (P
286 $= 0.019$ and 0.011 , respectively) (Fig. 1A). $[\text{Zn}]_{\text{shoot}}$ in plants treated with 1000 mg l^{-1} NP50
287 reached 3.1 mg g^{-1} , twice as much as bulk and NP100 plants ($P = 0.034$) (Fig. 1C), and $[\text{Zn}]_{\text{root}}$
288 reached 10.4 mg g^{-1} Zn, 60% higher than bulk and 80% higher than NP100 plants (Fig. 1B). The

289 mass balance was calculated to assess the fate of Zn in our system. The proportion of Zn in the
290 solid fraction at the end of the experiment (Zn_{solid}) increased with increasing $[ZnO]$ ($P<0.001$)
291 (Fig. 2). At 100 and 1000 $mg\ l^{-1}$, the majority of Zn (85 - 99 %) remained in the solid fraction.
292 By contrast, the dissolved Zn fraction (Zn_{sol}) decreased with increasing ZnO ($P<0.001$). The
293 fraction of Zn stored in roots (Zn_{root}) and shoots (Zn_{shoot}) gradually increased up to 10 $mg\ l^{-1}$ and
294 decreased at the two highest concentrations ($P<0.001$). At 100 and 1000 $mg\ l^{-1}$, Zn_{sol} was the
295 highest in NP50 treatments (9.8 and 2.9%, respectively). The maximum Zn_{root} was 16% and
296 Zn_{shoot} 8%, both at 10 $mg\ l^{-1}$ NP50.

297 To study the uptake of doping elements by plants and the capacity of ENMs to retain metals
298 from solution, Al content and mass balance were investigated. At 1000 $mg\ l^{-1}$ ZnO ($P<0.001$)
299 (Supplementary Table 5) the $[Al]_{roots}$ was 3.5x higher than the control. The only Al-doped
300 material, NP50, resulted in the highest $[Al]_{root}$ (up to 195 $mg\ g^{-1}$ at 1000 $mg\ l^{-1}$, $P=0.022$). The
301 $[Al]_{shoots}$ increased from the 10 $mg\ l^{-1}$ ZnO treatments and beyond, with a maximum increase of
302 30% at 1000 $mg\ l^{-1}$ ZnO (all $P<0.001$). However, the mass balance calculations indicated that
303 the Al missing from solution mostly ended up in the solid fraction (Al_{solid}), which increased
304 progressively with $[ZnO]$ ($P<0.001$) (Supplementary Fig. 1). NP50 showed the highest Al_{solid}
305 ($P<0.001$, Supplementary Fig. 1C), starting with 98.9% at 0.1 $mg\ l^{-1}$. For the rest of the ZnO
306 materials, at 10 $mg\ l^{-1}$ the Al_{solid} was 42% in Bulk (Supplementary Fig. 1A), 59% in NP100
307 (Supplementary Fig. 1B), and 78% in NW (Supplementary Fig. 1D). The solution pH
308 progressively increased in pots containing plants, reaching 8.2 by the end of the experiment,
309 while pots without plants had a pH value of 5.5. At week 8, the pH of the 1000 $mg\ l^{-1}$ solutions
310 was 1 pH unit higher than controls and close to neutrality ($P<0.001$) (Supplementary Table 2).
311 The pH was highest in NP100 treatments and lowest with NW ($P=0.011$). At the end of the
312 experiment, the solution pH was higher for plants under 1000 $mg\ l^{-1}$ ZnO and controls than for
313 the rest of concentrations, with no difference between sources.

314

315 **Zn isotopic fractionation**

316 The $\delta^{66}\text{Zn}$ of all ZnO materials was very similar, on average $0.33 \pm 0.04 \text{‰}$ ($n = 10$, Fig. 3,
317 Supplementary Table 6). By contrast, the $\delta^{66}\text{Zn}_{\text{root}}$ showed clear differences between treatments
318 ($P=0.003$). Bulk and NP100 plants had the lightest $\delta^{66}\text{Zn}_{\text{root}}$ (0.02 and 0.04‰^{a} , respectively),
319 followed by NP50 (0.13‰^{ab}), and NW and controls (0.35 and 0.38‰^{b} , respectively). The
320 $\delta^{66}\text{Zn}_{\text{shoot}}$ also differed between ZnO treatments ($P=0.027$, Fig. 3). The shoots of plants treated
321 with bulk ZnO had the lightest $\delta^{66}\text{Zn}_{\text{shoot}}$ ($-0.61 \text{‰}^{\text{a}}$), while the rest of the ZnO treatments
322 ranged -0.5 to $-0.32\text{‰}^{\text{ab}}$, and controls had the heaviest $\delta^{66}\text{Zn}_{\text{shoot}}$ (0.27‰^{b}). The root-to-shoot
323 fractionation ($\Delta\text{Zn}_{\text{shoot-root}}$) was very small in controls (-0.08‰), which had no Zn added to the
324 nutrient solution. For the rest of the treatments, $\Delta\text{Zn}_{\text{shoot-root}}$ ranged from -0.71 to -0.52‰ , with
325 no statistically significant difference among them.

326

327 **Plant growth and evapotranspiration**

328 ZnO caused severe, dose-dependent effects on plant growth and evapotranspiration (ET). Fresh
329 weight (FW) was reduced by up to 74% in whole plants, 66% in roots, and 88% in shoots,
330 whereas $\text{FW}_{\text{root}}/\text{FW}_{\text{shoot}}$ was up to 2.6x higher (all $P<0.001$) (Supplementary Table 7). In
331 agreement, dry weight (DW) greatly decreased in response to ZnO, up to 61% in roots and 83%
332 in shoots (both $P<0.001$). The $\text{DW}_{\text{root}}/\text{DW}_{\text{shoot}}$ ratio increased up to 2.1x ($P<0.001$). Plant height
333 decreased up to 49% in response to ZnO ($P<0.001$). Root length also decreased with increasing
334 ZnO, with a 61% reduction at 1000 mg l^{-1} ($P<0.001$) (Supplementary Table 7). Mean root
335 length was lowest in NP50 plants ($P = 0.005$). The rest of the growth parameters measured did
336 not show any significant differences between sources. The ET decreased up to 59% with ZnO
337 ($P<0.001$). ET from plants at 1000 mg l^{-1} was $1078 \pm 41 \text{ g of solution}$ ($n = 14$), which was very
338 similar to pots without plants (992 ± 24 , $n = 5$), evidencing a strong inhibition of plant
339 transpiration. Significant effects on growth and ET started from 1 mg l^{-1} (DW_{shoot} , $\text{DW}_{\text{root}}/$
340 DW_{shoot} , ET), 10 mg l^{-1} (all FW, DW_{root} , height), or 100 mg l^{-1} (root length), but the trend was
341 often present at 0.1 mg l^{-1} . The $\delta^{13}\text{C}$ increased in shoots at $[\text{ZnO}] \geq 100 \text{ mg l}^{-1}$ ($P<0.001$)

342 (Supplementary Table 8). A similar trend was observed in roots but it did not attain
343 significance.

344

345 **Photosynthetic performance**

346 The chlorophyll content of mature leaves decreased in response to all ZnO materials and was
347 25% lower than controls at 1000 mg l⁻¹ ($P < 0.001$, Supplementary Table 9). Accordingly,
348 photosynthetic efficiency was severely affected. A_s and ΦCO_2 decreased from 10 mg l⁻¹ and
349 dropped by 79% and 75% respectively at 1000 mg l⁻¹ ($P < 0.001$) (Fig. 4, Supplementary Table
350 9). The $\Phi PSII$, qP , and ETR also decreased dramatically, up to 80% at 1000 mg l⁻¹ (all
351 $P < 0.001$). By contrast, F_v/F_m had only a minor reduction (6%) ($P = 0.002$), whereas NPQ
352 increased by 4.4x at 1000 mg l⁻¹ ($P = 0.005$). The ΦCO_2 , F_v/F_m , $\Phi PSII$, qP , and ETR were lower
353 in plants under the Bulk treatment, followed by the NP50 treatment ($P = 0.046$, 0.038, 0.002,
354 0.014, and 0.002, respectively, Fig. 4, Supplementary Table 9). Gas exchange was also affected
355 by ZnO: g_s and E decreased up to 78% and 72%, respectively (both $P < 0.001$), while VPD was
356 20% higher than controls at 1000 mg l⁻¹ ($P = 0.002$). Finally, F_v'/F_m' was not affected by ZnO.

357

358 **Root anatomy and ultrastructure**

359 Initial light microscope exploration revealed extensive damage caused by ZnO to the roots:
360 detachment of the epidermis, disorganisation and thickening of cell walls, and vacuolisation and
361 death of root cells, which is indicative of increased aerenchyma formation (Supplementary Fig.
362 2). Plants treated with NW showed the most severe effects, with generalised apoptosis of the
363 cortex cells that made further characterisation difficult. On the 100Kev TEM, the root epidermis
364 showed significant loss of cell wall material in the Bulk, NP100, and NP50 treatments
365 (Supplementary Fig. 3). The epidermal cells in the Bulk and NP50 treatments exhibited loss of
366 turgor, protoplasm shrinkage, and accumulation of electron-dense granules in the vacuoles. In
367 the cortex, cell-wall thickening, protoplasm shrinkage, and a high number of starch granules or
368 amyloplasts were observed in all three treatments (Supplementary Fig. 4). Additionally,
369 electron-dense precipitates accumulated in the intercellular spaces (Supplementary Fig. 5).

370 Microanalysis confirmed the presence of Zn in various locations: i) a few granules on the root
371 surface in NP50 and NP100 that are morphologically consistent with NPs (Fig.5); ii) large
372 amorphous precipitates between cell walls and plasma membrane in the cortex of NP50, NP100,
373 and Bulk plants (in order of abundance, Fig.6-7), where most of Zn accumulated; and iii) small
374 vacuoles containing Zn, P, and sometimes Ca in the rhizodermis and cortex of NP50 plants
375 (Fig.6).

376

377 **Nutrient content and distribution**

378 Nitrogen content changed in response to ZnO, with a N_{shoot} increase of up to 24% ($P < 0.001$,
379 Supplementary Table 8). The $C_{\text{shoot}}/N_{\text{shoot}}$ ratio decreased progressively in response to increasing
380 ZnO, reaching a 17% reduction at 1000 mg l^{-1} ($P < 0.001$). ZnO slightly increased C_{root} (~5% at
381 1000 mg l^{-1} , $P = 0.023$) and decreased C_{shoot} (~3% at 100 mg l^{-1} , $P = 0.013$). The $C_{\text{root}}/C_{\text{shoot}}$ ratio
382 increased progressively with increasing [ZnO], up to 7% ($P = 0.023$). In the roots, [Mn] and [Fe]
383 greatly increased in response to ZnO, up to 79% and 99%, respectively, at 1000 mg l^{-1} ($P = 0.012$
384 and 0.004, Supplementary Table 9). Conversely, [K] showed a progressive decrease that
385 reached 41% at 1000 mg l^{-1} ZnO ($P < 0.001$). Phosphorus in the roots increased in response to
386 low ZnO, then decreased up to 25% at 1000 mg l^{-1} ($P < 0.001$). In the shoots, [P] was higher than
387 controls at 10 mg l^{-1} ZnO and above, with a peak 34% increase at 100 mg l^{-1} ($P < 0.001$).
388 Besides, both [S] and [K] increased in response to 10-100 mg l^{-1} ZnO, attaining levels 32% and
389 14% higher, respectively, than controls at 100 mg l^{-1} ($P < 0.001$ and $P = 0.020$). Copper in shoots
390 increased at 0.1 and 1 mg l^{-1} ZnO, then gradually decreased across treatments, reaching a 30%
391 reduction at 1000 mg l^{-1} ($P < 0.001$). Manganese in shoots progressively decreased in response to
392 ZnO and was 66% lower than controls at the highest ZnO level ($P < 0.001$). However, $[Mn]_{\text{shoot}}$
393 was lower in the NP50 and NP100 treatments compared to the other ZnO sources ($P < 0.001$).

394

395 **Discussion**

396 **Route of plant exposure to ZnO-ENMs**

397 Our results show that ZnO-ENMs dissolve slowly in the chosen experimental conditions and
398 that the majority was still solid at the end of the experiment (Fig. 2). Dissolved Zn reached only
399 4.3-7.2 mg l⁻¹ in 100 mg l⁻¹ ZnO-ENM treatments (Fig.1). This range closely agrees with
400 dissolution experiments by Reed and co-workers, where 100 mg l⁻¹ ZnO-NP suspended in water
401 for 60 days released 2.2-7.4 mg l⁻¹ into solution²⁷. Smaller NPs are known to dissolve more
402 easily due to their larger surface area²⁸, which explains why [Zn]_{sol} was higher in the NP50
403 treatment than in the NP100 and bulk treatments (Fig.1). Solution pH was ~6 initially but
404 gradually increased up to 7.5-8.2 in the presence of plants. This pH range is typical of wetland
405 waters²⁹. In our study, the proportion of undissolved Zn and Al increased with increasing ZnO
406 concentrations and solution pH. Accordingly, removal of Zn, Cd, Cu, Hg, Ni, and Pb from
407 solution by ZnO-ENMs has been reported to increase with pH and increasing sorbent mass^{30,31}.
408 The effect of pH on metal removal is explained by the increased deprotonation of the surface
409 and attraction between negative hydroxyl sites and cations, while the effect of the sorbent mass
410 is due to the increased number of binding sites. Aluminium is frequently added as a dopant to
411 ZnO-NPs to enhance their electrical and optical properties³², so the Al mass balance in our
412 system can serve as a proxy for the fate of doping elements. In our study, most of the Al ended
413 up in the solid fraction, which increased with increasing ZnO, while the dissolved Al fraction
414 decreased in the presence of ZnO (Supplementary Fig.1). However, [Al] was higher in plants
415 grown at high [ZnO], especially for Al-doped NP50. This is consistent with the “Trojan horse
416 effect” hypothesis, which states that ENMs might bind to other chemicals in solution and
417 enhance their uptake by plants, leading to increased phytotoxicity. Aluminium is toxic to plants,
418 with a reduction in root elongation as the main symptom³³. The increased uptake of Zn and Al
419 could explain the stronger reduction in root length in NP50 plants as compared with other
420 treatments (Supplementary Table 6). Additionally, the capacity of ZnO-ENMs for metal
421 removal from solution might have affected the bioavailability of essential nutrients, as seen
422 from the changes in nutrient content.

423 In all ZnO treatments, roots showed intense vesicularisation at the plasma membrane, but the
424 vesicles did not contain either ZnO-ENMs or Zn. Instead, Zn was found mostly in amorphous

425 precipitates outside the plasma membrane, and in NP50 plants alone, in small vacuoles
426 containing Zn, Ca, and P (Fig.6). Very few ZnO-ENMs were found attached to the root surface
427 and none were detected in the cytoplasm (Fig.5). These observations indicate that ZnO-ENMs
428 dissolve and the roots take up Zn^{2+} , which they mostly immobilise as Zn precipitates in the
429 apoplast and Zn phosphates in small vacuoles. There is abundant evidence in the literature that
430 plant roots sequester excess Zn as precipitates in the intercellular spaces or store Zn in vacuoles
431 bound to phosphates, organic acids or phytochelatins³⁴⁻³⁹. Plants exposed to ZnO-ENMs also
432 accumulate Zn in roots in the form of amorphous phosphates or phytates^{12,14,40}. In our study, Zn
433 and P only co-occurred in the vacuoles of NP50 plants (Fig.6). The higher [Zn] achieved in the
434 roots of NP50 plants might have activated vacuolar sequestration. Alternatively, NPs of this size
435 might have been captured by endocytosis and then dissolved inside the vacuole and sequestered
436 as phosphates. The endocytosis of entire 50 nm ZnO-NPs has been reported in hydroponically
437 grown rice¹⁰. However, our results do not support this explanation because no NPs were
438 detected inside the cells in our study.

439 The Zn isotope data support the predominant uptake of Zn^{2+} , followed by sequestration of
440 excess Zn as precipitates and complexes in root cells. The main causes of Zn isotopic
441 fractionation in plants are Zn speciation, compartmentalisation, and the activity of membrane
442 transporters²⁰. Divalent Zn uptake by low-affinity transporters at the plasma membrane favours
443 the light isotopes, which diffuse faster across membranes thanks to their smaller size^{20,41}. Hence,
444 the relative accumulation of light Zn isotopes in the Bulk, NP100, and NP50 roots compared to
445 ZnO (Fig. 3) can be explained by ZnO dissolution followed by Zn^{2+} uptake mediated by
446 membrane transporters. However, NP50 roots were to some extent enriched in heavy isotopes
447 compared to NP100 and bulk roots, although this tendency was not significant. This can be
448 attributed to a greater number and size of Zn precipitates in the intercellular spaces of NP50
449 roots, which also contained more Zn relative to other treatments, and to the presence of Zn-rich
450 vacuoles in the cortex (Fig.6-7). The formation of Zn precipitates and complexes in roots during
451 the plant response to excess Zn^{2+} left an isotopically lighter pool of Zn^{2+} for transportation to the

452 shoot and favoured the accumulation of heavy isotopes in the root⁴²⁻⁴⁴. Nevertheless, the $\delta^{66}\text{Zn}$
453 of NP50 roots remained lighter than the starting ZnO because this isotopic composition was still
454 dominated by the initial transfer through the membrane, which favours light isotopes. NW roots
455 were very damaged and had lost their structural coherence, which explains why these roots had
456 an isotopic composition that equalled the ZnO of the NW. Further, the shoots became equally
457 depleted in heavy isotopes in all treatments relative to the roots: $\Delta\text{Zn}_{\text{shoot-root}}$ was -0.64 ± 0.22 , -
458 0.52 ± 0.25 , -0.57 ± 0.12 , and -0.71 ± 0.01 for Bulk, NP100, NP50, and NW50, respectively. The
459 magnitude and direction of $\Delta\text{Zn}_{\text{shoot-root}}$ are in the same range as previously observed in *P.*
460 *australis* in response to ZnCl_2 toxicity⁴⁴. Depletion of heavy Zn isotopes during Zn transport to
461 the shoot is attributed to preferential sequestration of heavy isotopes in the root, the activity the
462 membrane transporters during Zn loading into the xylem, and bulk flow⁴⁴⁻⁴⁶. Conversely, there
463 is no isotopic fractionation when Zn is transported in complexes up the shoot due to the bigger
464 mass of the complexes⁴⁷. The same likely applies to ZnO-ENMs. Hence, our isotope data
465 indicate that Zn was predominantly transported up the shoot as Zn^{2+} , regardless of the ZnO
466 source, and that plants roots are an effective barrier against ZnO-ENM transport up the shoot,
467 which is in agreement with our TEM observations. If ZnO-ENM had been transported through
468 the plant without dissolution, then no isotopic fractionation would have been detected during Zn
469 uptake and transport in the plants. ZnO-NPs in the apoplast reportedly can reach the symplast
470 by endocytosis¹¹ or through the discontinuity of Casparian bands^{6,14}. However, ZnO-NPs in our
471 study were found on the surface of the root but not in the apoplast, indicating that the
472 rhizodermis was an effective barrier. Similarly, recent research shows that ZnO-NPs are
473 unlikely to reach the shoots unless roots are damaged¹³. Finally, the fractionation of Zn isotopes
474 in control plants is consistent with the plants' response to Zn-deficiency, which results in Zn
475 uptake and transport to the shoots in the form of Zn complexes, with root exudates enriched in
476 heavy isotopes⁴⁸. The $\delta^{66}\text{Zn}$ of all the ZnO materials was remarkably similar (0.33‰) and the
477 value was consistent with reported ranges for both ZnO-ENMs (-0.31 to 0.28%)⁴⁹ and natural
478 Zn minerals like hydrozincite (0-0.30‰)⁵⁰.

479 **Phytotoxicity**

480 Chronic exposure to high levels of ZnO-ENMs decreased growth, chlorophyll content, and
481 photosynthetic assimilation in *P. australis* (Fig.4, Supplementary Tables 6-7). Biomass
482 allocation, nutrient uptake and distribution, and fractionation of C isotopes were also altered by
483 ZnO-ENMs (Supplementary Tables 8-9). Similar effects have been previously described in
484 aquatic macrophytes treated with toxic levels of ZnO-ENMs^{4-6,8,10,51,52}, Zn²⁺ (reviewed by²⁰),
485 and other metals⁵³⁻⁵⁶. In our previous research on *P. australis*, exposure to 2 mM ZnCl₂ (131
486 mg l⁻¹ Zn in solution) for 40 days caused a height reduction of 25%⁴⁴. Song and coworkers⁴
487 reported a ~50% reduction in height after exposure to 100 mg l⁻¹ ZnO NP50 (only 4.5 mg l⁻¹ Zn
488 in solution) for 35 days⁴. Even though [Zn²⁺] was lower in the latter study, the effects were more
489 severe and attributed to direct root contact with ZnO-NPs. Accordingly, we report a height
490 decrease of 43% after three months at 100 mg l⁻¹ ZnO (3.5-7.2 mg l⁻¹ in solution), irrespective of
491 particle size. The magnitude of the effect paralleled the Song *et al.* study despite the longer
492 exposure time and larger particle sizes of the Bulk, NP100, and NW treatments. To sum up,
493 ZnO is more toxic to *P. australis* than ZnCl₂. The total ZnO added to the system is the most
494 important factor to explain the impact of ZnO-ENMs on plant growth, rather than [Zn²⁺] in
495 solution and particle size. The toxicity cannot be attributed to the osmotic effect of the increased
496 [Zn²⁺]. The conductance (EC) did not increase with increasing ZnO, which remained mostly
497 undissolved. This clearly demonstrates that undissolved ZnO plays a key role in ENM
498 phytotoxicity. To correctly assess the environmental risks of ZnO-ENMs, field studies should
499 include the solid ZnO fraction in sediments, rather than just focus on ZnO-ENM levels in the
500 water. However, particle size was relevant for ZnO-ENM impacts on root growth and [Mn]_{shoot}
501 due to the greater dissolution of smaller NPs.

502 The lower photosynthetic rates can be explained by stomatal closure and root malfunction
503 leading to water deficit, higher δ¹³C, lower chlorophyll content, and nutritional imbalance. Of
504 particular interest were the changes in Mn content, which greatly decreased in shoots in a dose-
505 dependent response to [ZnO] and particle size (Supplementary Table 9). It is unlikely that this

506 decrease in $[Mn]_{shoot}$ is caused by Mn removal from solution by ENMs. The removal efficiency
507 is low for Mn⁵⁷ and the $[Mn]_{root}$ was high, proving that Mn uptake was not impaired. We
508 propose that excess Zn²⁺ might inhibit or compete for Mn²⁺ transporters involved in Mn root-to-
509 shoot transport, like AtZIP1 and ATZIP2. These carriers transport Zn and Mn, are expressed in
510 the root vasculature, and mediate Mn radial movement towards the xylem and xylem loading⁵⁸.
511 Manganese has a key role as a catalyst of the oxygen-evolving complex of PSII and its
512 deficiency greatly reduces photosynthesis⁵⁹. Gas exchange and chlorophyll fluorescence data
513 taken at the same time confirm lower electron transport efficiency. E and g_s decreased,
514 indicating that the stomatal opening was strongly inhibited. The reduced gas exchange could
515 lower A_s by restricting CO₂ availability. The parallel increase in δ¹³C of shoot and root dry
516 matter also supports this conclusion. However, C_i was not affected in our study. Helophytes
517 take up CO₂ dissolved in water by the roots, and it diffuses towards the photosynthetic tissues
518 via the aerenchyma⁶⁰. This alternative source of CO₂ can contribute significantly to C_i^{61,62}. The
519 small 5% reduction in F_v/F_m in dark-adapted leaves and the unaltered F_v'/F_m' showed that PSII
520 was mostly functional. By contrast, the ΦPSII, qP, ΦCO₂, and ETR were severely reduced in
521 light-adapted leaves, while qN and NPQ increased. Hence, we attribute the reduced ΦCO₂ and
522 A_s to decreased stomatal conductance and lower efficiency of electron transport downstream
523 due to an Mn deficiency that caused PSII to become easily saturated by light. Reduced
524 chlorophyll content, A_s, g_{ss}, E, C_i, F_v/F_m, qP, and ETR coupled with increased NPQ have been
525 reported in terrestrial plants exposed to toxic levels of ZnO-ENMs^{63,64}. In agreement, the aquatic
526 plants *Azolla filiculoides* and *Lemna minor* have shown severely reduced growth, chlorophyll
527 content and F_v/F_m after exposure to ZnO-ENMs at pH 4.5-5.5^{5,10,65}. Remarkably, growth and
528 F_v/F_m in *L. minor* were not equally reduced at pH 8, due to the lower NP dissolution⁶⁵. In our
529 study, *P. australis* progressively basified the growth media, which reached pH~8 at the end of
530 the experiment. This high final pH could explain the limited effect of ZnO on F_v/F_m. The
531 δ¹³C_{shoot} was within -26.7 to -30.7 ‰, which is in agreement with values previously reported for
532 C3 helophytes^{53,66}. In C3 plants, diffusion of atmospheric CO₂ through the stomatal pore and C
533 fixation by RuBisCO favour ¹²C⁶⁷. During stomatal closure, RuBisCO continues consuming

534 intercellular CO₂ and the $\delta^{13}\text{C}_{\text{shoot}}$ increases as ¹²C is depleted⁶⁸. In our study, $\delta^{13}\text{C}_{\text{shoot}}$ and
535 $\delta^{13}\text{C}_{\text{root}}$ increased (~1‰) in response to high ZnO. This, in the context of reduced transpiration,
536 is generally caused by Ci exhaustion⁶⁷. However, our gas exchange data do not indicate Ci
537 depletion. While *P. australis* mainly assimilates atmospheric C, it can also take up CO₂
538 dissolved in water by the roots⁶⁰. Plants that assimilate more CO₂ by this route show higher
539 $\delta^{13}\text{C}$, as seen when comparing submerged aquatic plants relative to helophytes⁶⁶. The
540 assimilation of a larger proportion of CO₂ from the roots during stomatal closure can explain a
541 higher $\delta^{13}\text{C}$ while maintaining Ci levels. In agreement, we observed increased root aerenchyma
542 development in response to excess Zn. We found no previous record of $\delta^{13}\text{C}$ in plants exposed
543 to toxic levels of ZnO-ENMs, although *Iris pseudacorus* grown in 200 mg l⁻¹ ZnCl₂ showed a
544 similar increase of $\delta^{13}\text{C}_{\text{shoot}}$ ⁵³.
545 Our experiment shows that ZnO-ENMs are toxic from 1 mg l⁻¹. Effects at this concentration
546 include reduced growth, allocation of new biomass to the roots and rhizomes instead of the
547 photosynthetic tissues, and restriction of transpiration. These levels are high compared to the
548 few existing records of ZnO-ENMs in surface waters: there are up to 1.84 µg l⁻¹ ZnO NMs in
549 the surface waters of Singapore⁶⁹ and just 5 ng l⁻¹ in Canada⁷⁰. However, recent modelling
550 studies estimate ZnO-ENM concentrations of 10⁻⁶ to 1 µg l⁻¹ in surface waters and 11-32 mg kg⁻¹
551 in sediments⁷¹⁻⁷³. Current levels predicted for the sediments would cause substantial toxic
552 effects on *P. australis*. Besides, the said models have important limitations, and the real
553 concentrations are likely to be locally higher and to increase in coming years⁷⁴.

554

555 **Conclusion**

556 Emerging nano-pollutants like ZnO-ENM are increasingly discharged into surface waters and
557 they accumulate in sediments. This is a cause of major concern because of our limited
558 understanding of the mechanisms of ZnO-ENM uptake and toxicity in wetland plants, which
559 play key ecological roles in aquatic ecosystems. Besides, there is an ongoing controversy about
560 the capacity of ENMs to enter plant roots and be transported to the shoots. Our research

561 concludes that ZnO-ENM dissolve before uptake by plant roots and that they are not transported
562 to the shoots. Nanoparticles smaller than 50 nm dissolve faster than the larger particles and are
563 more toxic to plants. Exposure to ZnO-ENM takes place mostly through the uptake of dissolved
564 Zn^{2+} , but also through direct contact with the root surface. The mechanisms of action of ZnO-
565 ENM adsorbed onto the root surface require further investigation. In *Phragmites australis*,
566 ZnO-ENM reduce shoot and root growth, transpiration, and photosynthetic rate, while inducing
567 changes in nutrient uptake and distribution. This could be detrimental to the environmental
568 health of aquatic ecosystems and their capacity to sequester carbon. Wetlands are one of the
569 major carbon sinks globally. Pollutants that compromise the biomass production of wetland
570 plants can increase global carbon emissions, of vital importance in the current context of climate
571 change. In conclusion, current and future ZnO-ENM levels in sediments could pose a significant
572 risk for aquatic plants and ecosystems. Our research also evidences the importance of
573 considering the undissolved fraction, exposure time, and NP size to correctly evaluate the
574 environmental risk of nanomaterials.

575

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584

585

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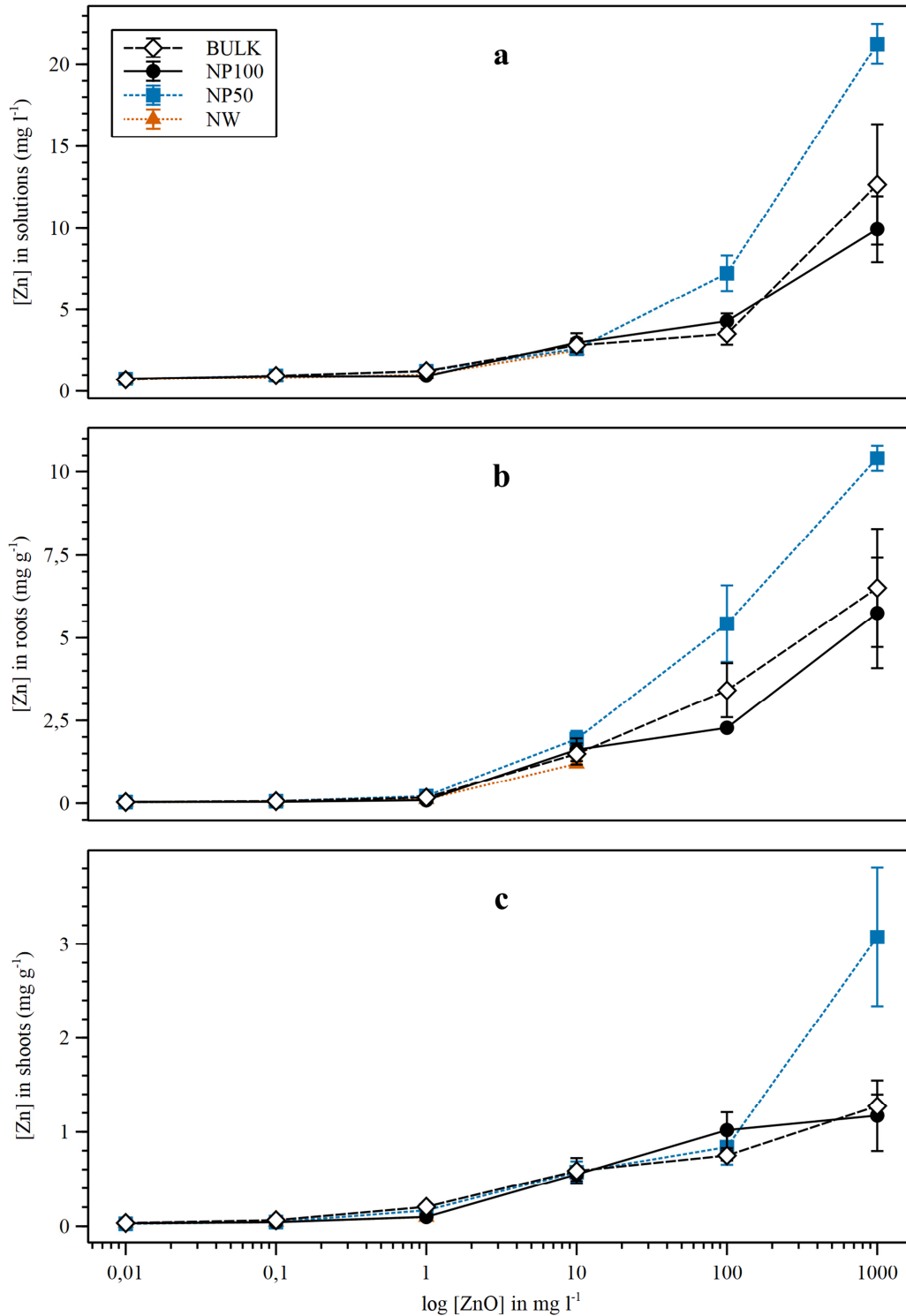
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805 **Figures**

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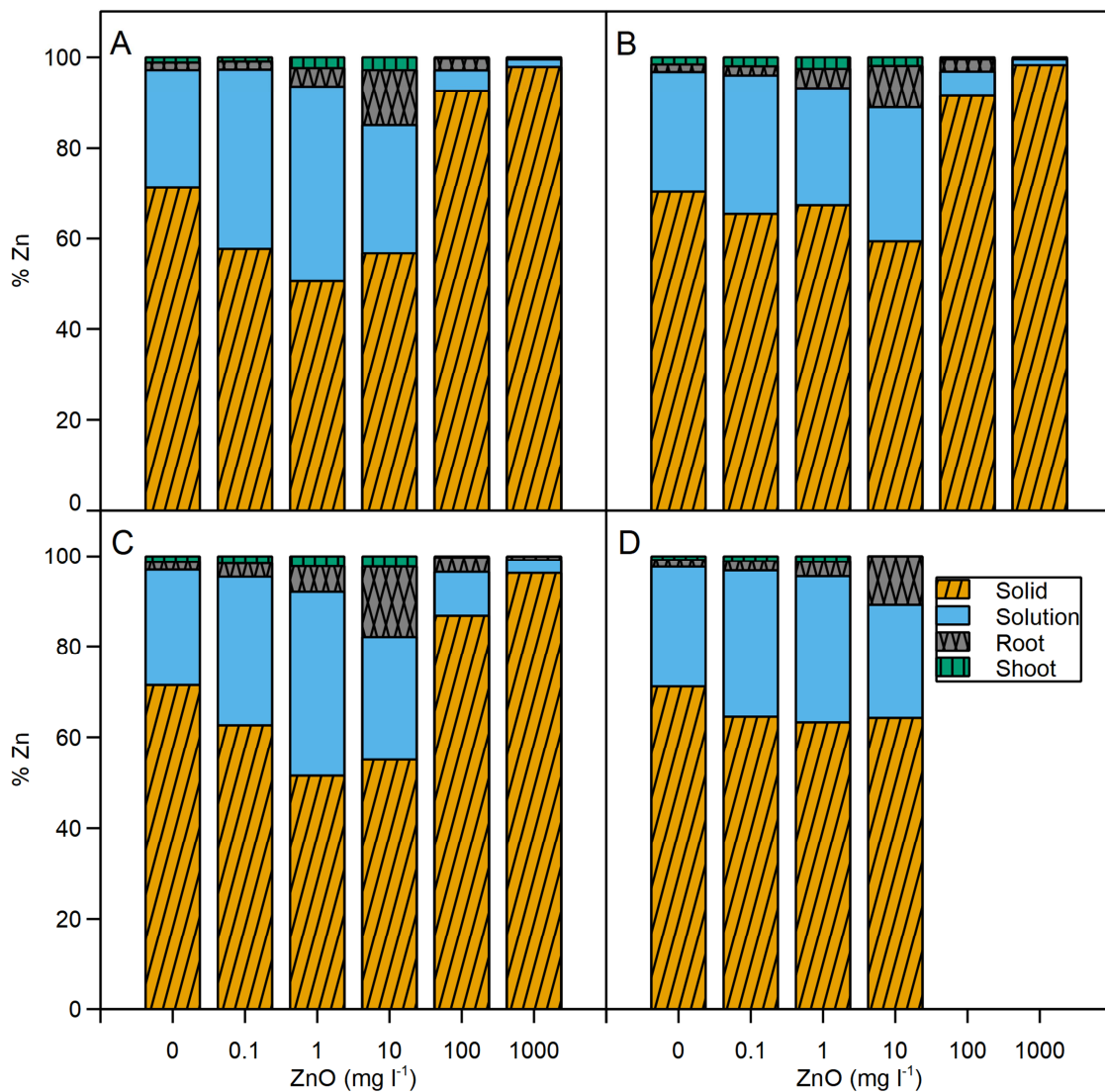
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809 Fig. 1. Zinc concentration in nutrient solutions (top), roots (middle), and shoots (bottom). Plants
810 were exposed to four different ZnO sources: micron-size (Bulk), NP < 100 nm (NP100), NP <
811 50 nm (NP50), and nanowires of 50 nm diameter (NW). Controls (0 mg l⁻¹ ZnO) are represented

812 as 0.01 mg l^{-1} . Data represent means \pm SE, where $n = 4$. Concentration data are expressed in mg
813 l^{-1} for the growth solutions and in mg g^{-1} for plant samples.

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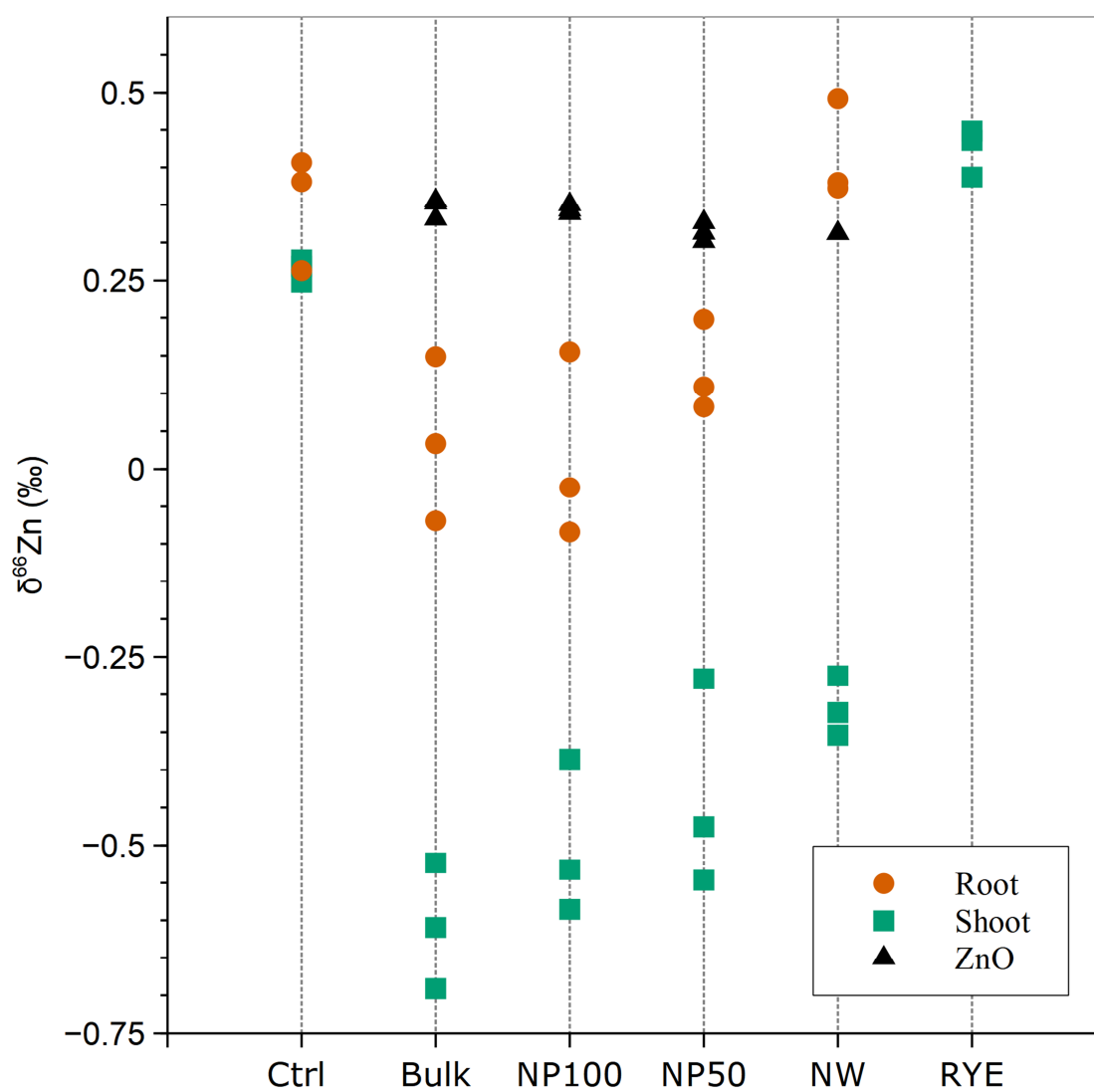
817 Fig. 2. Distribution of Al across the different pools. Plants were treated with four different ZnO
818 sources: micron-size (Bulk), NP < 100 nm (NP100), NP < 50 nm (NP50), and nanowires of 50
819 nm diameter (NW). Data represent means, where $n = 4$, expressed as Al % relative to the total
820 Al incorporated into the system from the nutrient solution and ZnO treatments.

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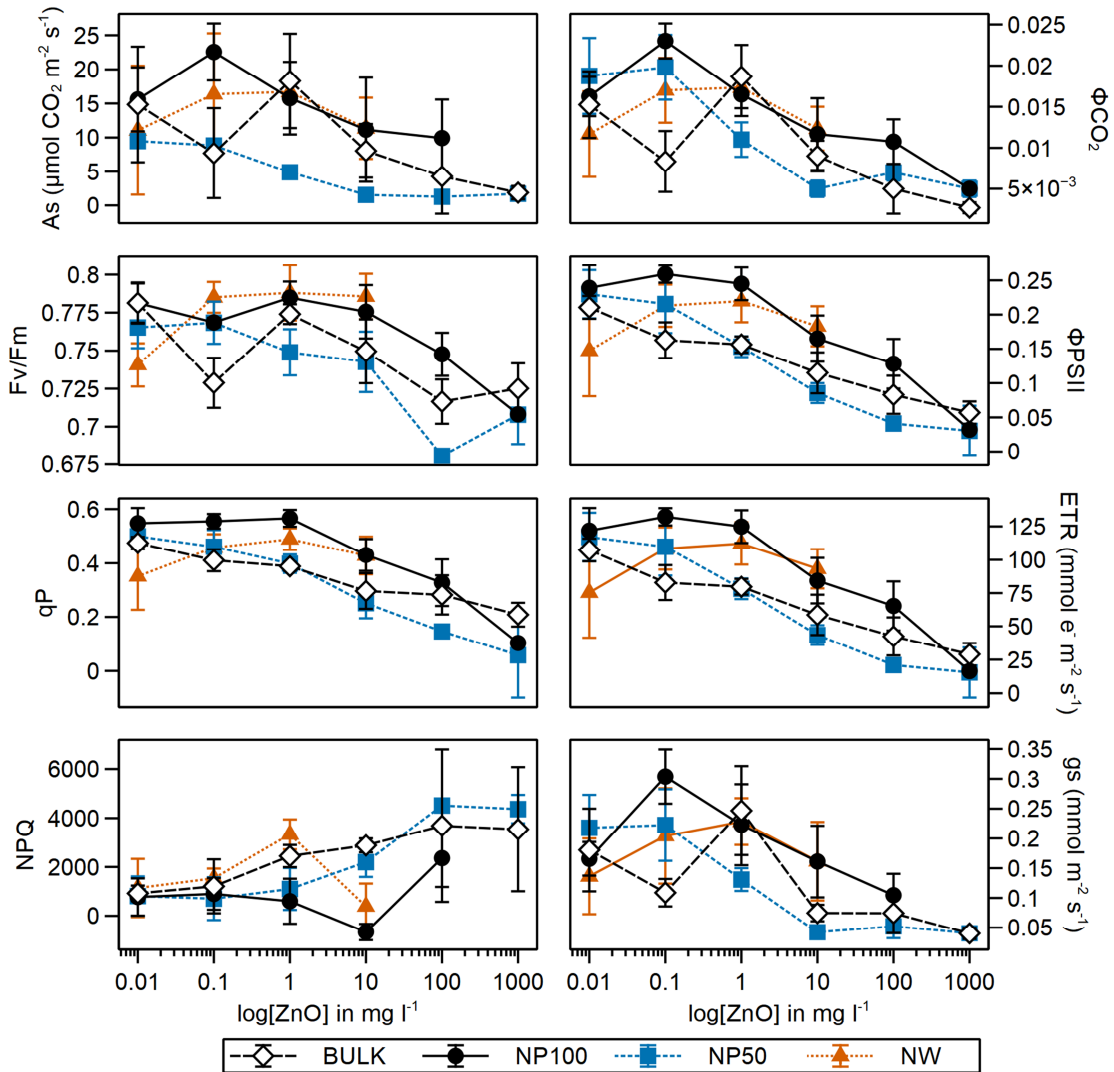
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826 Fig. 3. Zinc isotopic composition of ZnO materials, plants, and the BCR-281 (RYE) reference
827 material. Plants were treated with four different ZnO sources at 100 mg l^{-1} : micron-size (Bulk),
828 NP < 100 nm (NP100), NP < 50 nm (NP50), and nanowires of 50 nm diameter (NW). Data are
829 expressed relative to JMC Zn.



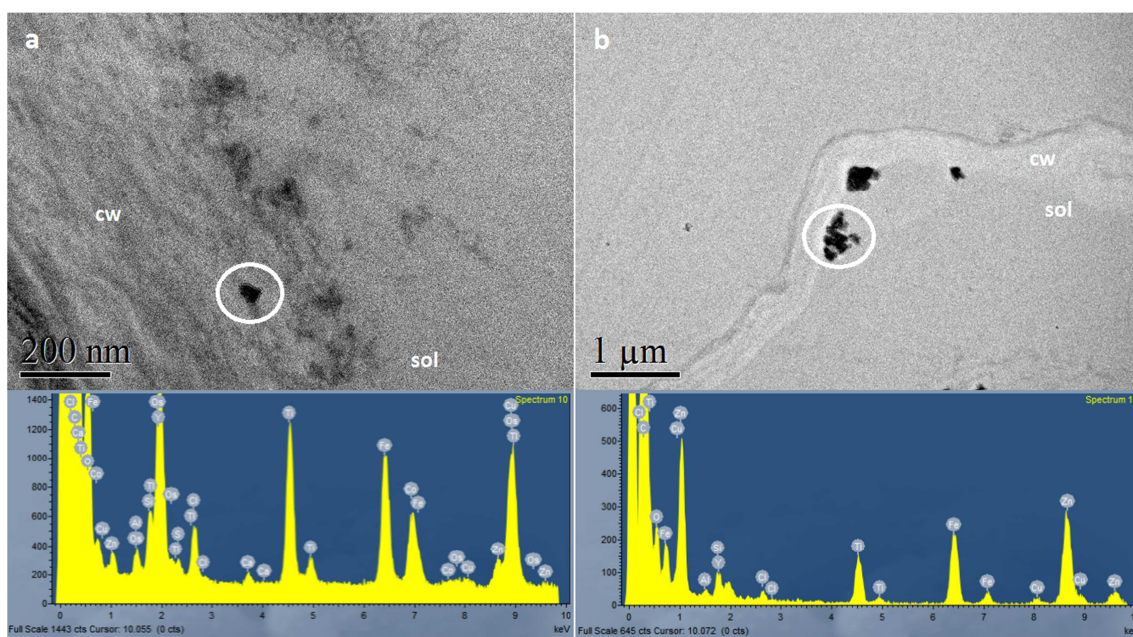
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831 Fig. 4. Photosynthetic performance under ZnO stress. Plants were treated with four different
 832 ZnO sources: micron-size (Bulk), NP < 100 nm (NP100), NP < 50 nm (NP50), and nanowires
 833 of 50 nm diameter (NW). Data represent means \pm SE, where $n = 4$. The variables F_v/F_m
 834 (maximum quantum yield of PSII photochemistry), Φ_{PSII} (quantum yield of PSII electron
 835 transport, q_P (photochemical quenching), and NPQ (non-photochemical quenching) are
 836 dimensionless.

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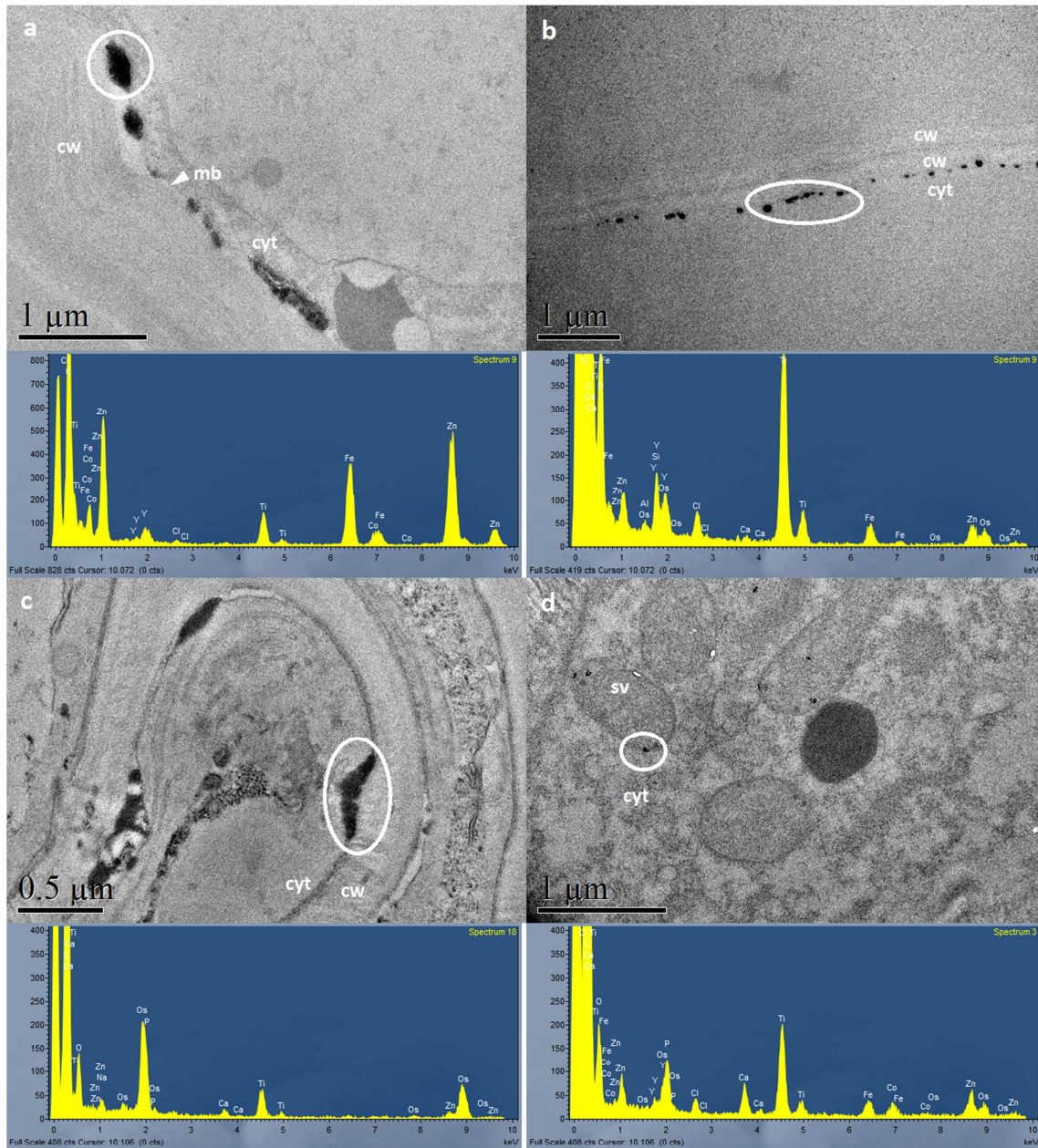
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841 Fig. 5. ZnO-NPs on the root surface. Roots in (a) were treated with NP < 50 nm (NP50), while

842 roots in (b) were treated with NP < 100 nm (NP100). Spectra represent X-Ray spectrometry

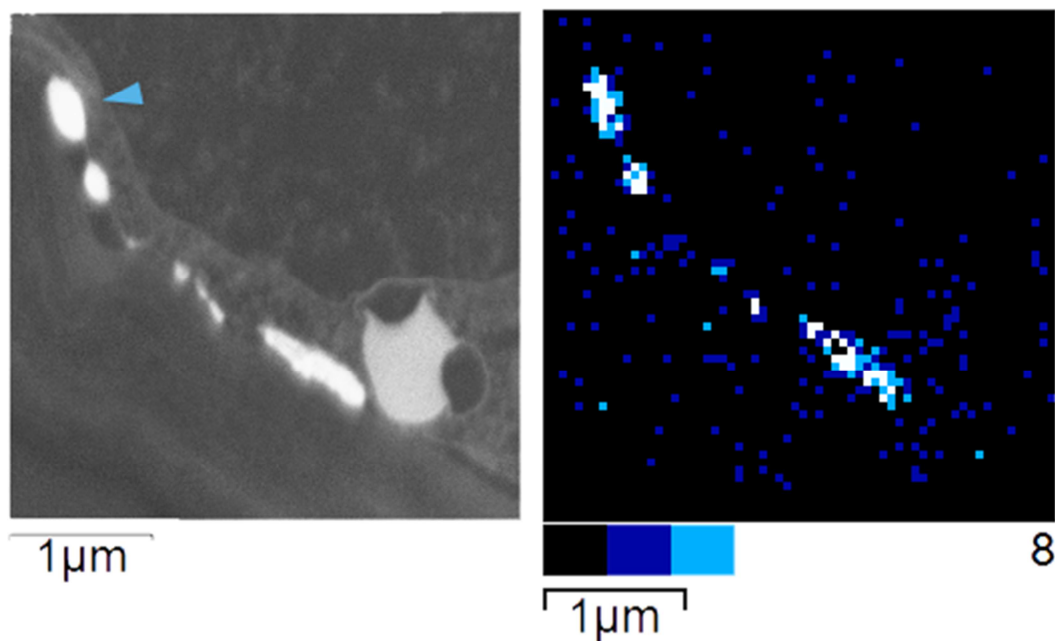
843 analysis of the circled areas. Cell wall = cw; exterior solution = sol.

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846 Fig. 6. Zinc deposits in the root cortex. (a), (b), and (c) show Zn precipitates between the cell
847 walls and plasma membranes in NP50, NP100, and Bulk plants, respectively. (d) shows Zn
848 sequestration in small vacuoles in NP50 plants. Spectra represent X-Ray spectrometry analysis
849 of the circled areas. Cell wall = cw; cytoplasm = cyt; plasma membrane = mb; small vacuole =
850 sv.

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852

853 Fig. 7. Dark-field micrograph and elemental map of the same region as Fig.6a. The Zn
854 precipitates were located between the cell walls and plasma membranes in the NP50 root cortex.
855 The colour scale indicates the intensity of the Zn signal in counts, from 0 (black) to 8 (white).

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