

# Molecular basis of macrolide-lincosamide-streptogramin (MLS) resistance in Finegoldia magna clinical isolates

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1	Molecular basis of macrolide-lincosamide-streptogramin (MLS) resistance										
2	in <i>Finegoldia magna</i> clinical isolates										
3											
4	Running title: MLS resistance in F. magna										
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## 31 ABSTRACT

Of 69 clinical isolates of *Finegoldia magna* tested, 36% presented high-level MICs of erythromycin (>256  $\mu$ g/ml), harboring *erm*(A) (n=20) or *erm*(B) (n=5). Of nine isolates exhibiting an inducible resistance phenotype to macrolides-lincosamides-streptogramins B, four (44%) were susceptible with a potential risk of treatment failure due to emergence of resistant mutants.

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Clinically-relevant Gram-positive anaerobic cocci (GPAC) comprise several main genera
including *Finegoldia*, *Peptostreptococcus*, *Peptoniphilus*, *Anaerococcus* and *Parvimonas*[1,2]. *Finegoldia magna* (formerly *Peptostreptococcus magnus*), the unique species of the
genus, is a commensal bacteria recovered from different human microbiotas (i.e., mouth,
gastrointestinal and genitourinary tract, and skin) [3,4].

This species as other GPAC can become opportunistic pathogens and they can be isolated from diverse clinical specimens [5]. Indeed, *F. magna* has been reported as responsible for different types of infections, mostly skin and soft tissue and prosthetic joint infections (PJIs) and less frequently mediastinitis, endocarditis and necrotizing pneumonia [6-9].

F. magna is usually highly susceptible to penicillins and metronidazole but alternative 46 therapies can be useful in case of allergy/intolerance, acquired resistance or infections (as 47 PJIs) for which antibiotic diffusion is limited [10-12]. Although levels of resistance to 48 49 clindamycin can be as high as 40%, little is known about the genetic basis of resistance to macrolides-lincosamides-streptogramins (MLS) in GPAC [12-14]. Bacterial resistance to 50 MLS can be associated to four main mechanisms: target modification by methylation of 51 rRNA (erm genes), ribosomal protection, active efflux and enzymatic inactivation [15]. Up to 52 now, only one study has investigated MLS resistance determinants in *Peptostreptococcus* spp. 53 (including only 8 F. magna clinical isolates), erm(A) subclass erm(TR) being the unique gene 54 detected [16]. 55

The aim of the study was then to assess *in vitro* activity of MLS against a collection of 69 *F*. *magna* clinical isolates recovered from patients in seven hospitals and to decipher the genetic basis of MLS resistance.

From 2013 to 2014, 69 epidemiologically-unrelated *F. magna* clinical isolates were collected
from seven healthcare facilities, including six hospitals in France (Limoges, Tours, ClermontFerrand, Paris, Lille and Caen) and another in Switzerland (La Chaux-de-Fonds). The type

strain F. magna ATCC  $15794^{T}$  (bought at the DSMZ collection) was also included in the 62 study. The following clinical data were obtained for each patient: site of isolation, gender and 63 age. Microbiological findings (abundance in culture and concomitant organisms) were also 64 recorded. The vast majority of clinical isolates were recovered from deep infections (n=60, 65 87%) strains while some were responsible for PJI (n=4, 6%) or bacteremia (n=5, 7%). There 66 was a large predominance of male patients (sex ratio M/F = 4) and the median age of patients 67 was 61 years (range, 24-95 years). Microbiologically, all specimens yielded an important 68 number (>50) of colonies of *F. magna* with a large majority (80%) of mixed cultures. 69

For microbiological investigation, strains were grown on 5% horse blood agar plates (bioMérieux, Marcy-l'Etoile, France) incubated at 35°C for at least 48 h in anaerobic jars using the Anoxomat Anaerobic Cultivation System (Mart Microbiology, Drachten, The Netherlands). Phenotypic identification at the species level was performed using the MALDI-TOF mass spectrometry technology (Microflex; Bruker Daltonics, Wissembourg, France) in accordance with the manufacturer's instructions.

MICs were determined by the broth microdilution (BMD) method using Brucella broth 76 supplemented with 5% lysed horse blood, 5 µg/mL hemin and 1 µg/mL vitamin K1 according 77 to CLSI recommendations [17]. Microplates were incubated at 35°C for 48 hours 78 anaerobically using jars and an Anoxomat system (Mart Microbiology BV, Lichtenvooorde, 79 The Netherlands). The eight following antibiotics were tested: erythromycin (ERY), 80 azithromycin (AZI), spiramycin (SPI), telithromycin (TEL), clindamycin (CLI), lincomycin 81 (LIN), pristinamycin (PRI) and quinupristin-dalfopristin (SYN). Interpretation of results was 82 made according to 2020 CLSI clinical breakpoints for CLI whereas no cutoffs were 83 recommended for other molecules [17]. Streptococcus pneumoniae ATCC 49619 served as 84 quality control strain for each tested batch. 85

A double-disc diffusion test (D-test) was performed to distinguish between phenotypes of cross-resistance to MLS<sub>B</sub> antibiotics according to CLSI guidelines [17]. Briefly, ERY and CLI discs were applied 12–16 mm apart (edge-to-edge) on a Brucella blood agar (BBA) containing 5% lysed horse blood, 5  $\mu$ g/mL hemin and 1  $\mu$ g/mL Vitamin K1 (BBA) (bioMérieux, France). Blunting of the zone of inhibition around the CLI disc was considered positive for the inducible MLS<sub>B</sub> (iMLS<sub>B</sub>) resistance phenotype, whereas a constitutive MLS<sub>B</sub> (cMLS<sub>B</sub>) resistance phenotype was defined in the absence of D-shaped zone.

Bacterial genomic DNA of MLS-resistant isolates was extracted using the QIAamp DNA
Mini Kit (Qiagen, Courtaboeuf, France) as recommended by the manufacturer. Detection of *erm*(A) [including subclass *erm*(TR)], *erm*(B), *erm*(C), *erm*(F), *erm*(T), *erm*(X), *msr*(A), *msr*(D), *mef*(A) and *mef*(E) genes was performed as previously described [18-20]. Mutations
in the 23S rRNA (*rrl*) gene were also screened using the following primers: 23S-FM-F
(5'AGCAACGAACTTAAGCCCCA-3') and 23S-FM-R

99 (5'TCGTCTCTGCTCGACCTGTA-3'). All PCR-amplified products were sequenced in both100 directions by the Sanger method using the same primers.

For some strains for which a mechanism of efflux was suspected, MICs of ERY and CLI were determined on BBA by the agar dilution method (tested range, from 0.06 to 256  $\mu$ g/ml) with or without an efflux pump inhibitor (reserpine, 10  $\mu$ g/ml).

The distributions of the MLS MICs as well as calculated MIC<sub>50</sub> and MIC<sub>90</sub> values are represented in Figure 1. Two groups were clearly identified depending on their susceptibility to ERY: a first group of 44 isolates with low-level MICs (1-8  $\mu$ g/ml) and a second group of 25 isolates highly resistant to ERY (MICs >256  $\mu$ g/ml). Among these ERY-resistant isolates, 16 (64%) and 9 (36%) presented a cMLS<sub>B</sub> and iMLS<sub>B</sub> phenotype, respectively. These bimodal MIC distributions were similar for AZI and SPI whereas that of TEL was not. For the 44 isolates exhibiting low-level MICs for ERY, MICs of LIN and CLI were lower, ranging from

111 0.25 to 4  $\mu$ g/ml and  $\leq$ 0.016 to 2  $\mu$ g/ml, respectively. Out of the 25 isolates with high-level 112 ERY MICs, 21 (84%) were resistant to CLI (MICs >4  $\mu$ g/ml), including the 16 isolates with a 113 cMLS<sub>B</sub> phenotype. Out of the nine isolates exhibiting an iMLS<sub>B</sub> phenotype, four were 114 categorized as susceptible. By contrast, MIC distributions of both streptogramins (i.e., PRI 115 and SYN) were homogeneous and unimodal whatever the phenotype, with MICs comprised 116 between 0.03-1  $\mu$ g/ml and 0.03-2  $\mu$ g/ml, respectively.

All ERY-resistant isolates (25/69, 36%) harbored either an erm(A) subclass erm(TR) gene (n=20) or an erm(B) gene (n=5). Nor erm(C), erm(F), erm(T), erm(X), mef(A), mef(E), msr(A) and msr(D) genes were detected, neither mutations in 23S rRNA. The detection of efflux pump-encoding genes (i.e., mef(A), mef(E), msr(A), and msr(D)) was negative, which was consistent with the absence of difference in MICs determined with or without reserpine. Note that the type strain ATCC 15794<sup>T</sup> was susceptible to all MLS and harbored no resistance gene.

*F. magna* has become an opportunistic pathogen due to the increase of invasive procedures and immunocompromising therapies, being now the most frequently GPAC isolated from human infections [21,22]. Although almost all clinical isolates of *F. magna* remain susceptible to penicillins and metronidazole, CLI constitutes an interesting therapeutic alternative (especially in PJI treatment) despite a resistance rate that can vary between 0 and 40% [10-14].

Whereas studies of MLS resistance in *Peptostreptococcus* spp. were performed at least two decades ago with no recent clinical isolates, this study provides updated data on *F. magna* with an accurate method of identification (i.e., MALDI-TOF mass spectrometry) for GPAC.

Herein, we detected only two genes (*erm*(A) subclass *erm*(TR) and *erm*(B)) involved in MLS resistance, both coding rRNA methylases. Although *erm*(A) subclass *erm*(TR) has been already reported in ERY-resistant *Peptostreptococcus* spp. [16], this is the first description of

*erm*(B) in *F. magna*. As in aerobic Gram-positive bacteria (i.e., staphylococci, streptococci and enterococci), the expression of both *erm*(A) and *erm*(B) can also be inducible (in the presence of ERY) or constitutive [23]. Whereas being quite frequently identified in anaerobes, no *erm*(F), no *erm*(X) and no mutations in 23S rRNA were found in *F. magna* [24].

Whereas ERY is a good marker for the detection of all MLS<sub>B</sub> phenotypes, it is not 140 recommended to be tested. Indeed, it could be a useful surrogate marker for the detection of 141 an iMLS<sub>B</sub> phenotype, as done for aerobic Gram-positive bacteria. Although, some F. magna 142 clinical isolates with an iMLS<sub>B</sub> phenotype were categorized as susceptible to CLI, there is a 143 potential risk of clinical failure due to the emergence of CLI-resistant mutants. This 144 acquisition of resistance, well described in aerobic Gram-positives [23], would result from 145 structural alterations in the upstream regulatory region that lead to a constitutive expression of 146 erm(A) or erm(B). Note that the evidence of an iMLS<sub>B</sub> phenotype in *Peptostreptococcus* spp. 147 was initially shown in the early 1990s and that the authors already recommended 148 susceptibility testing towards both ERY and CLI, in order to detect the CLI-susceptible 149 isolates presenting ERY resistance and that may harbor a MLS resistance mechanism [25]. 150

Finally, *F. magna*, as a commensal of the normal oropharyngeal microbiota, may also act as an underestimated reservoir of MLS resistance genes in humans [6]. Therefore, there is a putative risk of in vivo transfer of *erm* genes to major pathogens, as previously demonstrated in vitro with *Streptococcus pyogenes* [15].

For the first time, we have evaluated in vitro antimicrobial activity of MLS against a large collection of invasive *F. magna* clinical isolates. Note that the rate of resistance to MLS (36%) by acquisition of an *erm* gene is substantial and therefore it would be important to evaluate the susceptibility to both CLI and ERY before its use in therapy.

159

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   inducible and constitutive phenotypes. Antimicrob. Agents Chemother. 36 (1992) 662-664.
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## 222 Legend of the figure

- **Figure 1.** MIC distributions (in  $\mu$ g/ml) of macrolides, lincosamides and streptogramins for the
- 69 F. magna clinical isolates. AZI, azithromycin; CLI, clindamycin; ERY, erythromycin;
- LIN, lincomycin; PRI, pristinamycin; SPI, spiramycin; SYN, quinupristin-dalfopristin; TEL,
- 226 telithromycin.

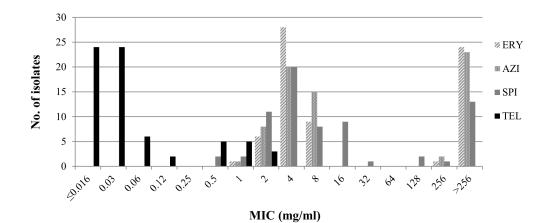
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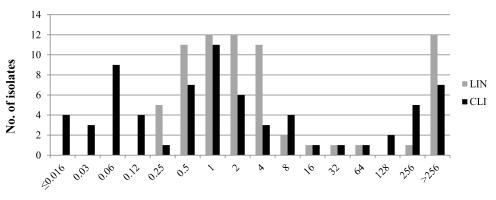
# Table 1

# MLS susceptibility profiles for the 69 clinical isolates of *F. magna* according to their genotypes and MLS<sub>B</sub> phenotypes

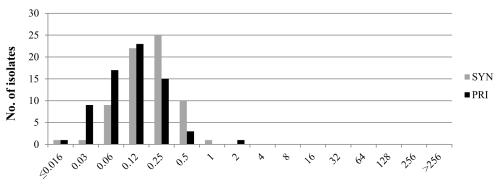
			MIC (µg/ml)															
<b>C (</b> )	No. of	Erythro	nycin Azith		omycin	Spira	Spiramycin		Telithromycin		Lincomycin		Clindamycin		Pristinamycin		Quinupristin- Dalfopristin	
Genotypes <sup>a</sup>	strains	MIC <sub>50</sub> /	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	MIC <sub>50</sub> / MIC <sub>90</sub>	Range	
		MIC <sub>90</sub>																
All	69	4/>256	1->256	8/>256	0.25->256	4/>256	0.5->256	0.03/0.25	≤0.016-2	2/>256	0.25->256	1/>256	≤0.016->256	0.12/0.25	0.03-2	0.25/0.5	0.03-1	
Wild-type	44	4/8	1-8	4/8	0.25-8	4/16	0.5-16	0.03/0.03	$\leq 0.016 - 0.06$	1/4	0.25-4	0.5/2	≤0.016-2	0.12/0.25	0.03-0.06	0.12/0.25	0.06-0.25	
All erm(A)	20	>256/>256	>256	>256/>256	>256	>256/>256	1->256	0.12/2	0.03-2	32/>256	1->256	128/>256	0.25->256	0.12/0.5	0.03-0.5	0.25/0.5	0.06-0.5	
iMLS <sub>B</sub>	8	-	>256	-	>256	-	1-256	-	≤0.016-0.12		1-32	-	0.25-16	-	0.03-0.5	-	0.06-0.5	
cMLS <sub>B</sub>	12	>256/>256	>256	>256/>256	>256	>256/>256	4->256	1/2	0.03-2	>256/>256	4->256	>256/>256	64->256	0.12/0.25	0.06-0.5	0.25/0.5	0.06-0.5	
All erm(B)	5	-	>256	-	>256	-	128->256	-	0.06-2	-	4->256	-	8->256	-	0.03-2	-	0.03-1	
iMLS <sub>B</sub>	1	-	>256	-	>256	-	>256	-	0.06	-	4	-	8	-	0.03-2	-	0.12	
cMLS <sub>B</sub>	4	-	>256	-	>256	-	>256	-	0.5-2	-	>256	-	128->256	-	0.06	-	0.03-1	

 $^{a}$ cMLS<sub>B</sub>, constitutive MLS<sub>B</sub> phenotype ; iMLS<sub>B</sub>, inducible MLS<sub>B</sub> phenotype.









MIC (mg/ml)

## Highlights

- Twenty-five (36%) isolates of *F. magna* were highly resistant to erythromycin
- All harbored an erm(A) subclass erm(TR) gene (80%) or an erm(B) gene (20%)
- They exhibited a constitutive (64%) or an inducible MLS<sub>B</sub> phenotype (36%)
- Clindamycin resistance was found in 84% of erythromycin-resistant isolates
- For isolates with an inducible MLS<sub>B</sub> phenotype, 44% were susceptible to clindamycin

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All the authors declare that they have no conflict of interest regarding the publication of this article.

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