

Detecting Regime Transitions of the Nocturnal and Polar Near-Surface Temperature Inversion

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ABSTRACT

Many natural systems undergo critical transitions, i.e. sudden shifts from 18 one dynamical regime to another. In the climate system, the atmospheric 19 boundary layer can experience sudden transitions between fully turbulent 20 states and quiescent, quasi-laminar states. Such rapid transitions are observed 21 in Polar regions or at night when the atmospheric boundary layer is stably 22 stratified, and they have important consequences in the strength of mixing 23 with the higher levels of the atmosphere. To analyze the stable boundary layer, 24 many approaches rely on the identification of regimes that are commonly de-25 noted as weakly and very stable regimes. Detecting transitions between the 26 regimes is crucial for modeling purposes. 27

In this work a combination of methods from dynamical systems and statisti-28 cal modeling is applied to study these regime transitions and to develop an 29 early-warning signal that can be applied to non-stationary field data. The pre-30 sented metric aims at detecting nearing transitions by statistically quantifying 31 the deviation from the dynamics expected when the system is close to a sta-32 ble equilibrium. An idealized stochastic model of near-surface inversions is 33 used to evaluate the potential of the metric as an indicator of regime transi-34 tions. In this stochastic system, small-scale perturbations can be amplified 35 due to the nonlinearity, resulting in transitions between two possible equilib-36 ria of the temperature inversion. The simulations show such noise-induced 37 regime transitions, successfully identified by the indicator. The indicator is 38 further applied to time series data from nocturnal and Polar meteorological 39 measurements. 40

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41 **1. Introduction**

The atmospheric boundary layer (ABL) is the lowest part of the atmosphere that is directly influ-42 enced by the Earth's surface and across which turbulent exchanges of momentum, heat and matter 43 between the surface and the free atmosphere occur. During daytime, surface warming leads to an 44 unstable or convective boundary layer. During clear-sky nights, radiative cooling leads to a sur-45 face that is cooler than the air aloft and the ABL becomes stably stratified. The stable stratification 46 can also arise when warm air is advected over a colder surface, which is a frequent event in Polar 47 regions. Turbulence in the resulting stable boundary layer (SBL) is subject to buoyant damping 48 and is only maintained through mechanical production of turbulent kinetic energy (TKE). Under-49 standing and modeling the SBL is essential for regional and global atmospheric models, yet there 50 are many well-documented challenges to simulate stably stratified atmospheric flows (Sandu et al. 51 2013; Holtslag et al. 2013; LeMone et al. 2018). One of the challenges is to develop an accu-52 rate understanding and representation of distinct regimes of the SBL and transitions between them 53 (Baas et al. 2017). 54

Numerous observational and modeling studies show that the SBL can be classified, to a first 55 approximation, in a weakly stable regime in which turbulence is continuous, and a very stable 56 regime with patchy and intermittent turbulence, requiring a different modeling approach (Mahrt 57 2014). The weakly stable regime typically occurs when cloud cover limits nocturnal radiative 58 cooling at the land surface, or with strong winds associated to wind shear that produces enough 59 TKE to sustain turbulence. The vertical mixing is therefore maintained and a well-defined bound-60 ary layer usually exists in which turbulent quantities decrease upwards from the surface layer 61 following the classical model of Monin-Obukhov similarity theory and related existing concepts 62 (Mahrt 2014). The associated temperature stratification, or temperature inversion, is weak. The 63

strongly stable regime occurs with strong stratification and weak winds and does not follow the 64 traditional concept of a boundary layer. Transitions from weakly stable to strongly stable regimes 65 are caused by a strong net radiative cooling at the surface which increases the inversion strength 66 and eventually leads to suppressed vertical exchanges, unless winds are strong enough to maintain 67 turbulence (van de Wiel et al. 2007). The reduced vertical mixing results in a decoupling from the 68 surface, such that similarity theory breaks down (Acevedo et al. 2015). Intermittent bursts tend to 69 be responsible for most of the turbulent transport (Acevedo et al. 2006; Vercauteren et al. 2016). 70 Such bursts alter the temperature inversion and can sometimes drive transitions from strongly to 71 weakly stable boundary layers. 72

Transitions between the different SBL regimes have been found by modeling studies to be dy-73 namically unpredictable. Based on a numerical model representing the exchanges between the 74 surface and the SBL using a very simple two-layer scheme, McNider (1995) showed the existence 75 of bi-stable equilibria of the system, which can thus transition between very different states under 76 the influence of random perturbations. Interacting nonlinear processes that lead to this bi-stability 77 partly involve thermal processes at the land surface, as was highlighted following the hypothesis 78 that continuous turbulence requires the turbulence heat flux to balance the surface energy demand 79 resulting from radiative cooling (van de Wiel et al. 2007, 2012b, 2017). According to this max-80 imum sustainable heat flux hypothesis, a radiative heat loss that is stronger than the maximum 81 turbulent heat flux that can be supported by the flow with a given wind profile will lead to the 82 cessation of turbulence (van de Wiel et al. 2012a) and thus to a regime transition. This concept is 83 used by van Hooijdonk et al. (2015) to show that the shear over a layer of certain thickness can 84 predict SBL regimes when sufficient averaging of data is considered. Based on observations, Sun 85 et al. (2012) identify a height and site-dependent wind speed threshold that triggers a transition 86 between a regime in which turbulence increases slowly with increasing wind speed from a regime 87

where turbulence increases rapidly with the wind speed. The change of the relationship between the turbulence and the mean wind speed occurs abruptly at the transition. Sun et al. (2016) attribute this difference to the turbulent energy partitioning between turbulent kinetic energy and turbulent potential energy (TPE): in the very stable regime, shear-induced turbulence will have to enhance the TPE in order to counter the stable stratification before enhancing the TKE.

The combined importance of the wind speed and of the surface thermal processes has also been 93 evidenced by numerical studies using idealized single-column models of the atmosphere. Single-94 column models with a first-order turbulence closure scheme (Baas et al. 2017, 2019; Holdsworth 95 and Monahan 2019) or a second-order closure scheme (Maroneze et al. 2019) are able to rep-96 resentatively simulate transitions from weakly to strongly-stable regimes. Yet, direct numerical 97 simulations show that transitions from strongly to weakly-stable regimes can occur following a 98 localized, random perturbation of the flow (Donda et al. 2015). Field studies have also highlighted 99 examples of transitions induced by small-scale perturbations of the flow (Sun et al. 2012). In fact, 100 a statistical classification scheme introduced by Vercauteren and Klein (2015) shows that the SBL 101 flow transitions between periods of strong and weak influence of small-scale, non-turbulent flow 102 motions on TKE production in the SBL. Such submeso-scale fluctuations of the flow (e.g. induced 103 by various kind of surface heterogeneity) are typically not represented in models but are important 104 in strongly stable regimes (Vercauteren et al. 2019), and may trigger regime transitions. Stochastic 105 modeling approaches are a promising framework to analyze their impact on regime transitions. 106 A related statistical classification of the Reynolds-averaged boundary-layer states introduced by 107 Monahan et al. (2015) highlighted that regime transitions are a common feature of SBL dynamics 108 around the globe (Abraham and Monahan 2019). Regime transitions typically take an abrupt char-109 acter (Baas et al. 2019; Acevedo et al. 2019). Predicting the transition point remains a challenge 110 (van Hooijdonk et al. 2016). 111

Abrupt or critical transitions are ubiquitous in complex natural and social systems. The con-112 cept of critical transition is formally defined in dynamical systems theory and relates to the notion 113 of bifurcation (Kuznetsov 2013). When the dynamics is controlled by a system of equations de-114 pending on an external parameter (often called forcing), the stability of the equilibrium solutions 115 can change abruptly and this is also reflected on macroscopic observables of the system. Some-116 times, one can have early-warning signals of a transition because the systems experience some 117 influences of the bifurcated state before actually reaching it. The motion of a particle undergo-118 ing random fluctuations in an asymmetric double-well energy potential V is a minimal system to 119 detect early warnings, in which each well or local minimum of the energy potential corresponds 120 to a stable equilibrium state of the system. For a small fixed level of noise, the control parameter 121 is ΔV , the depth of the well in which the particle is located, leading to an energy barrier that the 122 particle has to overcome in order to transition to the second stable equilibrium. If ΔV is large, the 123 distribution of the positions of the particle will be quasi Gaussian and the autocorrelation function 124 of the position of the particle will have an exponential decay. Conversely, if ΔV is reduced when 125 the particle approaches the bifurcation point, then the particle position's distribution starts to "feel" 126 the effect of the other state and the distribution will be skewed towards the new state. Similarly, the 127 excursions from the equilibrium position will become larger, increasing the autocorrelation time. 128 Early-warning signals can then, e.g., be defined based on the changes of the autocorrelation time. 129 These first early-warning signs have been successfully applied to several systems with excellent 130 results (Scheffer et al. 2009, 2012), including the present context of SBL regime transitions (van 131 Hooijdonk et al. 2016). However, sometimes, transitions can happen without detectable early-132 warnings (Hastings and Wysham 2010). The main limitation of early-warning signals based on 133 the increase of autocorrelation is that their activation does not always correspond to a bifurcation. 134 Indeed, if a single well potential widens, as it can occur in non-stationary systems, the distribution 135

of a particle's position experiences the same increase in skewness and autocorrelation function 136 without the need of approaching a bifurcation (Lenton et al. 2012; Faranda et al. 2014). In our 137 context of SBL flows, non-stationarity of the energy potential governing the dynamics can be due 138 to changes in the mean wind speed or cloud cover, for example. For these reasons, (Faranda 139 et al. 2014) have introduced a new class of early-warning indicators based on defining a distance 140 from the dynamics expected from a particle evolving in a single-well potential. The suggested 141 indicator statistically quantifies the dynamical stability of the observables and was already used 142 by Nevo et al. (2017) to show that strongly stable flow regimes are dynamically unstable and may 143 require high-order turbulence closure schemes to represent the dynamics. Alternative new early 144 warnings are based on the combination of statistical properties of observables when approaching 145 the bifurcation (Chen et al. 2012). 146

In the present analysis, we investigate if the early-warning indicator introduced by Faranda 147 et al. (2014) can be used to detect nearing transitions between SBL flow regimes, based on both 148 simulated data and field measurements. We show that the conceptual model that was recently 149 suggested by van de Wiel et al. (2017) to understand SBL regime transitions in terms of thermal 150 coupling of the land surface is equivalent to a dynamical system representing the evolution of 151 the temperature inversion evolving in a double-well energy potential. We extend this conceptual 152 model to a stochastic model where added noise represents the effect of natural fluctuations of the 153 temperature inversion's rate of change. The resilience of equilibria of the non-random model to 154 perturbations as well as the bifurcation points are known analytically (as was discussed in van de 155 Wiel et al. (2017)), and we thus use the simulated data to test our indicator. Additionally, the 156 indicator relies on calculating statistical properties of the data with a moving window approach 157 and is sensitive to the choice of the window length. We suggest two complementary, data-driven 158 but physically justified approaches to define an appropriate window length for which results can 159

¹⁶⁰ be trusted. Finally, the indicator is applied to nocturnal temperature inversion data from a site in
 ¹⁶¹ Dumosa, Australia as well as from temperature inversion data from Dome C, Antartica.

¹⁶² 2. Analyzing the dynamical stability of stable boundary layer regimes

The goal of our study is to investigate if a statistical early-warning indicator of regime transitions 163 can be successfully used to detect nearing regime transitions in the SBL. In section a, the concep-164 tual model introduced by van de Wiel et al. (2017) to study regime transitions will be introduced, 165 along with its dynamical stability properties. In section b, the model is extended to a stochastic 166 model in which noise represents fluctuations in the dynamics of the near-surface temperature in-167 version. In section c, we present a statistical indicator that was introduced in Faranda et al. (2014) 168 and applied to SBL turbulence data in Nevo et al. (2017) to estimate the dynamical equilibrium 169 properties of time series, based on a combination of dynamical systems concepts and stochastic 170 processes tools. The conceptual model describes the evolution of the near-surface temperature in-171 version and is used to produce time series of controlled data for which the theoretical equilibrium 172 properties are known. 173

a. Model description and linear stability analysis

¹⁷⁵ A conceptual model was introduced by van de Wiel et al. (2017) to study regime transitions of ¹⁷⁶ near-surface temperature inversions in the nocturnal and polar atmospheric boundary layer. The ¹⁷⁷ authors were able to determine a connection between the dynamical stability of the temperature ¹⁷⁸ inversion and the ambient wind speed *U* through their model and measurements. Mathematically ¹⁷⁹ speaking, the model is a dynamical system represented by a first order ordinary differential ¹⁸⁰ equation, abbreviated ODE, which describes the time evolution of the difference between the ¹⁸¹ temperature at a reference height *T_r* and the surface temperature *T_s*. Although the equilibrium properties of the system and the dynamical stability properties (i.e. the resilience to perturbations) of all equilibria states were thoroughly discussed in van de Wiel et al. (2017), for the sake of completeness we briefly introduce the model and summarize the linear stability analysis of equilibrium points of the resulting ODE for different values of a bifurcation parameter. The bifurcation parameter is related to the ambient wind speed.

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Assuming that the wind speed and temperature are constant at a given height z_r , the following equation describes the evolution of the near-surface inversion strength, based on a simple energy balance at the ground surface:

$$c_{\nu}\frac{d\Delta T}{dt} = Q_n - G - H. \tag{1}$$

In this energy balance model, c_v is the heat capacity of the soil, $\Delta T = T_r - T_s$ is the inversion strength between the temperature at height z_r and at the surface z_s , Q_n is the net long wave radiative flux (an energy loss at the surface that will be set as a constant), *G* is the soil heat flux (an energy storage term that will be parameterized as a linear term), and *H* is the turbulent sensible heat flux (a non-linear energy transport term that will be parameterized in the following).

¹⁹⁶ After parameterizing the fluxes, the model has the form:

$$c_{\nu}\frac{d\Delta T}{dt} = Q_i - \lambda\Delta T - \rho c_p c_D U\Delta T f(R_b), \qquad (2)$$

¹⁹⁷ in which Q_i is the isothermal net radiation, λ is a lumped parameter representing all feedbacks ¹⁹⁸ from soil heat conduction and radiative cooling as a net linear effect, ρ is the density of air at ¹⁹⁹ constant pressure, c_p is the heat capacity of air at constant pressure, $c_D = (\frac{\kappa}{ln(z_r/z_0)})^2$ is the neutral ²⁰⁰ drag coefficient with $\kappa \approx 0.4$ the von Kármán constant, z_0 the roughness length and z_r the reference ²⁰¹ height, U is the wind speed at height z_r , $R_b = z_r(\frac{g}{T_r})\frac{\Delta T}{U^2}$ is the bulk Richardson number, and $f(R_b)$ ²⁰² is the stability function used in Monin-Obukhov similarity theory. The lumped parameter λ corresponds to a linear term in the model as the soil is assumed to respond linearly to the temperature inversion. Moreover, $\Delta T \cdot f(R_b)$ is a non-linear term due to the non-linear dependence of turbulent diffusion on the vertical temperature gradient.

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Following van de Wiel et al. (2017), instead of analyzing the dynamical stability of the energy-balance model (2) itself, we will present the linear stability analysis of a simplified system that has a similar mathematical structure but is mathematically convenient to analyze. Using a cutoff, linear form for the stability function, i.e. f(x) = 1 - x and f(x) = 0 for x > 1, the simplified model is

$$\frac{dx(t)}{dt} = g(x(t)), \quad \text{where} \quad g(x) = \begin{cases} Q_i - \lambda x - Cx(1-x) & \text{for } x \le 1\\ Q_i - \lambda x & \text{for } x > 1 \end{cases}$$
(3)

and $x(t_0) = x_0$. Here, up to dimensional constants, x represents ΔT . The parameter C will be 212 treated as a bifurcation parameter for this simplified system. Similar types of stability functions 213 are typically used in numerical weather prediction tools, and the cutoff form facilitates the math-214 ematical analysis of the model. Note that to be consistent with the original model, the stability 215 function should include a dependence on both the temperature and the wind speed via R_b . Re-216 moving this dependence as it is done here changes some of the nonlinearity, however it makes 217 the mathematical analysis very simple and the qualitative behavior of the system is similar to the 218 original system - see van de Wiel et al. (2017), their Figure 8 and 10. In that sense, the model loses 219 some physical significance for mathematical convenience, but the qualitative nonlinear feedback 220 processes are maintained. This simplification also has for implication that while C is related to the 221 wind speed, it cannot be directly interpreted as such in the context of the energy balance model. 222 For a deeper discussion of the model, its simplifications and the model parameters, the reader is 223 referred to its thorough presentation by van de Wiel et al. (2017). 224

For fixed and physically meaningful values of Q_i and λ , equation (3) can have either one, two, 225 or three possible equilibrium solutions depending on the fixed values (see illustration in van de 226 Wiel et al. (2017), Figure 10-12, and related discussion for more details). The equilibrium solu-227 tions will be functions of the parameter C, which we will consider as a bifurcation parameter in 228 the following. Physically, the case of strong thermal coupling between the surface and the atmo-229 sphere, corresponding to a large value of λ , results in one unique equilibrium solution whose value 230 depends on C. In van de Wiel et al. (2017), it is hypothesized that such a case is representative 231 of a grass site such as Cabauw, the Netherlands. The solution is linearly stable to perturbations, 232 i.e. linear stability analysis shows that perturbed solutions are attracted back to the equilibrium. 233 The case of no coupling (λ =0) leads to two equilibrium solutions, one of which is linearly stable 234 and the other unstable to perturbations (i.e. perturbed solutions are repelled by the equilibrium). 235 A weak coupling strength, with an intermediate value of λ that could be representative of a snow 236 surface or another thermally insulated ground surface, results in three possible equilibrium solu-237 tions. The two extreme solutions are stable to perturbations, while the middle equilibrium solution 238 is unstable. Perturbed solutions around the middle equilibrium will thus be attracted either by 239 the upper or the lower equilibrium. Plotting those three equilibrium solutions as a function of the 240 bifurcation parameter C results in a back-folded curve which is qualitatively similar to observa-241 tions of the temperature inversion shown as a function of wind speed at Dome C, Antartica; see 242 Vignon et al. (2017). The bifurcation diagram is shown in Figure 1 for parameter values such that 243 $\lambda > 0$ and $Q_i > \lambda$, resulting in the case with three possible equilibrium solutions. By convention, 244 the unstable equilibrium branch is denoted by a dashed line. In the following, we will analyze 245 transitions between the two stable equilibria. If the system undergoes random perturbations in this 246 bi-stable context, a perturbation could drive the system sufficiently far from a stable equilibrium 247 state so that it comes near the unstable equilibrium and finally gets attracted by the second equi-248

²⁴⁹ librium. The three possible equilibria are denoted as x_{e_1} , x_{e_2} and x_{e_3} . In order to study such regime ²⁵⁰ transitions induced by random perturbations, the conceptual model is extended with a noise term ²⁵¹ in the following section.

²⁵² b. Extending the conceptual model by randomization

The conceptual model (3) can be equivalently written in terms of a gradient system, in which the temperature inversion represented here by *x* evolves according to the influence of an underlying potential V(x). The randomized model to be introduced will be based on this gradient structure. Specifically, the initial value problem (3) can be written as

$$\frac{dx}{dt} = -\frac{dV}{dx} , \quad x(t_0) = x_0 ,$$

²⁵⁷ where it is easy to see that the potential is given by

$$V(x) = \begin{cases} \frac{1}{2}x^{2}(\lambda + C) - \frac{C}{3}x^{3} - Q_{i}x & \text{for } x \leq 1 ,\\ \frac{1}{2}\lambda x^{2} - Q_{i}x + \frac{1}{6}C & \text{for } x > 1 . \end{cases}$$
(4)

The linear stability analysis discussed in the previous section can thus be understood in the sense that the temperature inversion x equilibrates at a local minimum of a potential V. That is, an equilibrium point x_e satisfies $V'(x_e) = 0$. Figure 2 sketches the form of the potential with the exemplary parameter values $\lambda = 2, Q_i = 2.5, C = 6.4$. Note that V(x) is a double-well potential in that case where each local minimum corresponds to one of the stable equilibrium points x_{e_1} and x_{e_3} , while the local maximum corresponds to the system's unstable equilibrium x_{e_2} .

While the conceptual model (3) has proven very insightful to explain observed sharp transitions in temperature inversions, it only allows for regime transitions when drastic changes in the model *parameters* (i.e., bifurcations) occur. That is, the model is overly idealized and in reality one can expect regime transitions to also take place due to small natural fluctuations of the temperature inversion itself in certain cases, e.g., when the potential barrier separating the two local minima and
 corresponding stable equilibria is shallow. Therefore we will consider an appropriate randomized
 variant of the model. Specifically, we consider the stochastic differential equation (SDE) model

$$dx = -\frac{dV(x)}{dx}dt + \sigma dB, \quad x(t_0) = x_0, \qquad (5)$$

to account for small random perturbations to the temperature inversion's rate of change. Here, B 271 denotes a standard Brownian motion (i.e., a stochastic process) and $\sigma > 0$ scales the intensity of the 272 fluctuations, while the potential V is as in (4). As the randomized dynamics is characterized by the 273 same potential, also the equilibrium points of the non-random model (3) will describe the dominant 274 effects of the randomized model's dynamics. However, due to the presence of the noise, the stable 275 equilibria of the non-random model (3) are not limiting points for the stochastic counter-part in (5), 276 in the sense that the temperature inversion may still fluctuate after reaching a stable equilibrium. 277 The reason is that in a context of two stable equilibria (i.e. for parameter values such that the 278 model (3) exhibits two stable equilibria, denoted earlier as the thermally weakly-coupled state), the 279 random perturbations can trigger transitions from one stable equilibrium to another one. We will 280 therefore refer to the formerly stable states as: metastable. Note that depending on the coupling 281 strength and noise intensity, the likelihood of regime transitions can change drastically and the 282 system may or may not exhibit metastable states. The type of noise (additive or multiplicative for 283 example, or noise with a Levy distribution) will also affect regime transitions. In our subsequent 284 simulations and analyses, we will focus on the case of two metastable states with additive noise 285 and leave other cases for future research. 286

The effect of these random perturbations to a metastable equilibrium point x_e can be understood through a localized approximation of the original dynamics. More precisely, consider a secondorder Taylor approximation of the potential around an equilibrium point x_e , yielding the quadratic ²⁹⁰ approximate potential \tilde{V} :

$$V(x) \approx \tilde{V}(x) := V(x_e) + \frac{1}{2} \frac{d^2 V}{dx^2}(x) \Big|_{x=x_e} (x - x_e)^2$$

For the same parameter values that were used to plot the original potential in Figure 2, the red line in the same figure shows the approximate quadratic potential around the equilibrium value x_{e_1} . Using the locally quadratic potential, we can thus define a locally approximate dynamics for the temperature inversion by replacing V in (5) by \tilde{V} , resulting in

$$dX = -k(X - x_e) dt + \sigma dB , \quad X(t_0) = x_e ,$$

where $k := \frac{d^2V}{dx^2}(x)|_{x=x_e} \in \mathbb{R}$ and X is introduced to describe the approximate dynamics of the former x. This approximate dynamics is an example of the well-studied Ornstein–Uhlenbeck process and it provides an accurate description of the full dynamics in the neighborhood to the equilibrium point x_e . Discretizing the Ornstein–Uhlenbeck process X using the Euler–Maruyama scheme with a step-size $\Delta t := \frac{T}{L}$ for some positive integer L we furthermore find that the process at discrete times $t \in \{1, ..., L\}$ approximately satisfies the difference equation

$$X_t = X_{t-1} - k(X_{t-1} - x_e)\Delta t + \sigma \left(B(t\Delta t) - B((t-1)\Delta t) \right), \quad X_0 = e_e ,$$

in the sense that $X_t \approx X(t\Delta t)$. By defining $\mu := kx_e \in \mathbb{R}$, $\phi := (1 - k\Delta t)$ and $w_t := \sigma [B(t\Delta t) - B((t-1)\Delta t)]$ this can be written as

$$X_t = \mu + \phi X_{t-1} + w_t \; ,$$

which is a so-called autoregressive model of order one, denoted AR(1), thanks to the properties of the (scaled) Brownian increments w_t . Consequently, we see that the discretized Ornstein– Uhlenbeck process can be accurately approximated by an AR(1) process. This derivation can also be found in Thomson (1987). Combining this with the observation that the Ornstein–Uhlenbeck process offered an accurate approximation to the original dynamics in the vicinity of a stable equilibrium, we can thus conclude that the local dynamics in the neighborhood of a metastable state can be approximately described by an AR(1) process.

310 c. Statistical indicator for the dynamical stability of time series

In section a we discussed the simplified model by van de Wiel et al. (2017) which was developed 311 to understand regime transitions in near-surface temperature inversions. This model provides a 312 hypothesis that explains the existence of two possible equilibria of the temperature inversion for a 313 given wind speed. In agreement with the randomized conceptual model introduced in the previous 314 section, we say that a system exhibiting at least two metastable equilibria is called metastable. 315 In this section the goal is to describe a methodology for statistically detecting critical transitions 316 based on time series data. For the detection we apply an indicator for the dynamical stability 317 (i.e. the resilience to perturbations) of time series, which was defined by Faranda et al. (2014) and 318 applied to SBL turbulence data in Nevo et al. (2017). The indicator uses a combination of methods 319 from dynamical systems and from statistical modeling. In its definition, deviations from AR(1)320 processes in the space of so-called autoregressive-moving-average (ARMA) models are used to 321 quantify the dynamical stability of a time series. A time series $x_t, t \in \mathbb{Z}$, is an ARMA(p,q) process 322 if it is stationary and can be written as 323

$$x_{t} = \mathbf{v} + \sum_{i=1}^{p} \phi_{i} x_{t-i} + w_{t} + \sum_{j=1}^{q} \theta_{j} w_{t-j} , \qquad (6)$$

with constant v, coefficients ϕ_p , θ_q and $\{w_t\}$ being white noise with positive variance σ^2 . The coefficients ϕ_p and θ_q additionally have to satisfy some constraints, see Brockwell and Davis (2016). Notice that AR(1) = ARMA(1,0). Intuitively the parameters p and q are related to the memory lag of the process. The longer the system takes to return to the equilibrium after a perturbation, the ³²⁸ more memory we expect to observe in the process. Examples of simple systems along with their ³²⁹ ARMA(p,q) characteristics can be found in Faranda et al. (2014).

In section b, it was shown that the dynamics when the system is close to a stable equilibrium 330 can be approximated by a AR(1) process. We will assume that far from the transition from one 331 dynamical regime to another, the time series of a generic physical observable can be described by 332 an ARMA(p,q) model with a reasonably low number of p,q parameters and coefficients. Indeed 333 far from a transition, the system will tend to remain around an equilibrium despite random pertur-334 bations, and excursions from the equilibrium are short. The idea behind the modeling assumption 335 is that ARMA processes are an important parametric family of stationary time series (Brockwell 336 and Davis 2016). Their importance is due to their flexibility and their capacity to describe many 337 features of stationary time series. Thereby, choosing ARMA(p,q) processes for modeling the dy-338 namics away from a stable state is a reasonable Ansatz. Close to a transition, the resilience of the 339 system to perturbations is weak and longer excursions from the equilibrium occur. The statistical 340 properties (such as the shape and/or the persistence of the autocorrelation function) of the system 341 change drastically, leading to an expected increase of the value p + q (Faranda et al. 2014). Based 342 on this, we use ARMA(p,q) models in the following to analyze the stability of a dynamical system. 343 The dynamical stability indicator which will be defined next will be used to obtain indicators for 344 detecting the system's proximity to a regime transition. 345

In order to quantify the local stability of a time series, we first slice the time series x_t with a moving time window of fixed length τ . In other words, we obtain subsequences $\{x_1, \ldots, x_\tau\}, \{x_2, \ldots, x_{\tau+1}\}, \ldots, \{x_{t-\tau+1}, \ldots, x_t\}$ of the original time series that overlap. By slicing the original time series we obtain a sequence of shorter time series for which it is reasonable to suppose that they are amenable to ARMA modeling. In detail, we assume that the subsequences are realizations of linear processes with Gaussian white noise which then implies that the

process is stationary. We then fit an ARMA(p,q) model for every possible value of (p,q), with 352 $p \leq p_{max}$ and $q \leq q_{max}$, to these subsequences, where p_{max} and q_{max} are predefined thresholds. 353 Afterwards we choose the best fitting ARMA(p,q) model by choosing the one with the minimal 354 Bayesian information criterion, BIC, (Schwarz 1978) which is a commonly used and well-studied 355 tool in statistical model selection. Assuming that we have the maximum likelihood estimator 356 $\hat{\beta} := (\hat{\nu}, \hat{\phi}_1, \dots, \hat{\phi}_p, \hat{\theta}_1, \dots, \hat{\theta}_q)$ of the fitted ARMA(p,q) model (which can be obtained using a 357 so-called innovation algorithm, as it is, for example, implemented in the "forecast" R package 358 (Hyndman et al. 2019) which is used for the analyses), the BIC is formally defined as 359

$$\operatorname{BIC}(p,q) = -2\ln L(\hat{\beta}) + \ln(\tau)(p+q+1), \qquad (7)$$

where $L(\hat{\beta})$ denotes the associated likelihood function evaluated at the maximum likelihood estimator $\hat{\beta}$. The second term introduces a penalty for high-order models (i.e., those that contain more parameters) to avoid over-fitting.

We reiterate that when the system is close to a metastable state, its dynamics can be well approximated by an AR(1) process. When the system is approaching an unstable point separating multiple basins of attraction, the approximation no longer holds as the underlying potential cannot be approximated by a quadratic potential anymore. The change in the shape of the potential introduces new correlations in the time series, resulting in higher-order ARMA terms when fitting such a model to data.

The definition of the stability indicator is based on this observation, in the sense that it assumes that the dynamics near a metastable state can be modeled by an ARMA(1,0) or AR(1)-process. Specifically, the stability indicator is defined as

$$\Upsilon(p,q;\tau) = 1 - \exp\left(\frac{-|\operatorname{BIC}(p,q) - \operatorname{BIC}(1,0)|}{\tau}\right).$$
(8)

For a stable state, the most likely statistical model is an AR(1) process and one expects that $\Upsilon = 0$. 372 The indicator Υ gives a normalized distance between the stable state ($\Upsilon = 0$) and the state in 373 which the system is. The limit $\Upsilon \to 1$ corresponds to a most likely statistical model of high 374 order and probably to a nearing transition. While a formal proof of this statement is still missing, 375 tests performed for systems of increasing complexity in Nevo et al. (2017) showed promising 376 results where the indicator correctly identified changes in the stability of metastable states. Note 377 that the character of the noise present in the physical system (additive noise, multiplicative, Levy 378 process...) will affect the ARMA model approximation and impact the values of Υ . To simplify 379 the notation we drop the dependence of Υ on p,q and τ in the following discussion. 380

The reliability of Υ highly depends on the choice of τ , the window length (which we will 381 consider in number of discrete observations in the following), and it relates to the characteris-382 tic timescales of the dynamics. Intuitively, the window length, when converted to its equivalent 383 physical duration (i.e. the number of discrete observations multiplied by the discrete sampling 384 time), has to be shorter than the residence timescale in one basin of attraction (i.e. the time spent 385 in the neighborhood of an equilibrium before transitioning to another one) in order to satisfy the 386 local stationarity, but large enough so that statistical model estimation is reliable. In winter at 387 Dome C where the Polar winter results in a near absence of daily cycle, no preferred timescale of 388 residence around an equilibrium of the temperature inversion was observed (an equilibrium can 389 remain for several days), however the transition between two equilibria was observed to take place 390 over a timescale of the order of 10 hours (Baas et al. 2019). For nocturnal flows, the residence 391 timescale is tightly connected to the daily cycle and could be of a few hours during the night, 392 or the entire night. The transition between two equilibria typically takes place over a duration of 393 about a half hour. For reliable statistical estimation, multiple tests showed that a minimum window 394

length of 20 discrete points is needed. With a sampling time of 1 minute, that means that a moving
 window of approximately 20 or 30 minutes may be appropriate.

In addition, the sampling frequency has to be fine enough to sample typical fluctuations of the 397 dynamics. In the following analyses, we find a sampling frequency of one minute to be appropriate 398 for that purpose. The characteristic timescale here is given by the timescale at which the system 399 recovers from perturbations (which is estimated by linear stability analysis in the case where the 400 model is known, see e.g. (van de Wiel et al. 2017)), and the time interval between two observations 401 should be close to or smaller than this quantity so that (small-scale) local fluctuations can be 402 resolved. Since the characteristic timescales of the system cannot be known analytically in many 403 situations, for example when analyzing time series from atmospheric models or from field data, 404 we suggest two data-driven approaches to select a window length: 405

In the first approach, the mean residence time around each metastable state as well as the
 mean transition time between the two states will be estimated based on a *data clustering approach*. The observations will be clustered in the metastable regimes and an intermediate,
 transition regime. From the clustered data, the mean residence time in each cluster will be
 evaluated. This approach will provide an upper bound to select the window length.

The second approach is motivated by the fact that the indicator Υ is obtained through a statistical inference procedure through the definition of the BIC which involves fitting suitable
ARMA processes to data. Specifically, a maximum likelihood approach is used, which assumes that subsequences are sampled from a normal distribution. To assess the validity of this *statistical approach*, a normality test will be implemented as a criterion to select a window length for which the normality assumption is justified and ARMA model estimation is reliable.

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Both approaches are applicable when the data-generating model is unknown. This is important in cases where data showing signs of metastability are available, but an underlying model is unknown. A summary of the full algorithmic procedure used to calculate the statistical indicator is given in Appendix A3.

422 1) CLUSTERING APPROACH: K-MEANS

In the first approach, we suggest to use the K-means algorithm (Hartigan and Wong (1979), 423 see pseudo code in Appendix A1) to select a window length for the analysis. In the context of 424 analyzing transitions in the temperature inversion, the idea is to cluster the data into three different 425 clusters: data around each stable fixed point and data near the unstable fixed point (in other words, 426 data covering the transition periods between two metastable states). By that, the goal is to estimate 427 the average time needed by the system to transition between two metastable states. The mean 428 residence time within each cluster is calculated from the time series of cluster affiliation. We 429 choose τ (recall that we consider it in number of discrete observations and not in physical time) 430 such that it is smaller than the minimal mean time spent in one cluster, which should ensure that 431 subsequences remain mostly around one equilibrium. This value is denoted by τ_{Kmeans} . For the 432 simulated data in the following, each simulated time series will be assigned a window length 433 τ_{Kmeans} by this procedure. For the nocturnal dataset, we cluster the entire dataset once and obtain 434 a length τ_{Kmeans} of 22 points, corresponding to a duration of 22 minutes. For the Polar dataset, 435 only one continuous time series during a Polar winter will be considered and assigned one value 436 of τ_{Kmeans} , namely 10 points, corresponding to a duration of 100 minutes. This window length is 437 insufficient to obtain reliable statistical estimations. 438

⁴³⁹ Note that this clustering approach to determining a residence timescale around an equilibrium is
 ⁴⁴⁰ a crude approximation and suffers from many caveats: a high density of data close to a given value

of the temperature inversion may not necessarily relate to the existence of metastable equilibria, but could occur due to non-stationary dynamics or complex nonlinear effects, for example. Nevertheless, we use it as a first approach and future research may result in more reliable approaches. In the following analyses, the K-means procedure can be interpreted as providing an upper bound for selecting a window length for the analysis and thus, combined with the following criterion, will offer an applicability criterion for our method.

2) STATISTICAL APPROACH: ANDERSON-DARLING NORMALITY TEST

The K-means clustering approach described above estimates the system's physical timescales, 448 but the statistical properties of the process should also be considered for reliable calculations. To 449 fit ARMA models reliably and to calculate the Bayesian information criterion for ARMA model 450 selection, we need the underlying process to follow a normal distribution. Note that the reliability 451 of ARMA model fitting generally increases for increasing number of data points (assuming sta-452 tionarity remains fulfilled). In this approach, we suppose that the subsequences are sampled from 453 a normal distribution, at least for some window length τ . We then choose τ as the biggest window 454 length such that this normality assumption holds (more precisely, such that the normality hypoth-455 esis cannot be rejected). This value is denoted by τ_{AD} . If we find that τ_{AD} has to be much larger 456 than τ_{Kmeans} to fulfil the normality assumption, we will interpret this as a sign of undersampling 457 in the data. 458

⁴⁵⁹ Specifically, the statistical test results in a p-value for each subsequence, and we choose the ⁴⁶⁰ window length such that the median of the p-values of all subsequences is above a threshold for ⁴⁶¹ which the null-hypothesis cannot be rejected. The normality test applied here is the Anderson-⁴⁶² Darling Test (Anderson and Darling 1952), abbreviated AD test, as it is, for example, more stable ⁴⁶³ than the Kolmogorov–Smirnov test (Stephens 1974). Further details details of the AD test are summarized in Appendix A2. Similarly to the clustering approach, the window length τ_{AD} for which normality cannot be rejected is selected for each analyzed time series, and this value of τ_{AD} is then used for all subsequences of the time series. Each of the simulated dataset, the nocturnal dataset and the Polar dataset will be assigned a single value of τ_{AD} . The value of τ_{AD} for the nocturnal dataset is 19 discrete points, hence 19 minutes with a sampling frequency of one minute. For the Polar dataset, the value of τ_{AD} is 43 points corresponding to a duration of 430 minutes.

3. Stability analysis of simulated and observed time series

In this section we quantify the reliability of the stability indicator introduced in section 2.c. 471 We start by testing it on a controlled dataset generated by the simplified model for near-surface 472 temperature inversion (see section 2.a) and then proceed by applying Υ , the stability indicator, to 473 observational data. In the tests we use the auto.arima() function from the "forecast" R package 474 (Hyndman et al. 2019). The auto.arima() function fits ARMA(p,q) models by calculating the 475 maximum likelihood estimators for a given model order (using the innovation algorithm mentioned 476 earlier). It calculates the corresponding BIC (using the definition (7)) for all ARMA(p,q) models 477 with $p \le p_{max}$ and $q \le q_{max}$, where p_{max} and q_{max} are thresholds set to 10 in our application, and 478 then it chooses the ARMA model with the minimal BIC value. This procedure is repeated for each 479 subsequence of data, using the moving window approach, and the minimal BIC value leads to the 480 optimal ARMA(p,q) model to represent the given subsequence. 481

482 a. Simulated time series

To generate the simulated data, we use the conceptual randomized model (5), which we recall here for the reader's convenience:

$$dx(t) = -\frac{dV(x(t))}{dx}dt + \sigma dB(t), \quad x(t_0) = x, \quad 0 \le t \le T,$$

where V(x) is the energy potential defined in (4). That is, the data-generating model reads

$$dx = \begin{cases} (Q_i - \lambda x - Cx(1 - x))dt + \sigma dB, & x \le 1, \\ (Q_i - \lambda x)dt + \sigma dB, & x > 1. \end{cases}$$
(9)

The SDE model (9) is approximated path-wise (i.e., for each realization of the driving Brownian path) using the Euler-Maruyama scheme.

For the purpose of testing the accuracy of the Υ indicator and its potential to detect nearing 488 regime transitions, one realization $\{x_t\}$ of the stochastic process is used for each fixed value of 489 the bifurcation parameters C. Multiple fixed values of C are used, resulting in one timeseries per 490 value of *C*. The initial parameters are set to $t_0 = 0$ and $x(t_0) = min\{x_{e_i} | i = 1, 2, 3\}$ where x_{e_i} are the 491 three equilibria of the system. To generate the controlled data set the model parameters are set to 492 $\lambda = 2, Q_i = 2.5$ and $\sigma = 0.35$. The value of C is varied between C = 5.3 and C = 7.2 with discrete 493 increments of 0.1 and one simulation is done per value of C. The simulations are ran for n = 2000494 time steps of size $\Delta t = 0.01$. The amplitude of the noise, or diffusion coefficient, $\sigma = 0.35$ is 495 chosen as it resulted in trajectories for which regime transition could be observed on the time 496 interval $[0, T = n\Delta t = 20]$. The range for C is chosen because for these values the time series 497 shows frequent transitions from one metastable state to another. To choose the window length 498 τ we apply both the K-means Algorithm (section 2.c.1) and the Anderson Darling Test (section 499 2.c.2). The length τ is determined individually for each simulation, i.e. for each fixed value of 500 C. The K-means algorithm can be used to estimate the amount of discrete observation points 501 covering the transition time. We set the cluster number to three as we expect three equilibria. 502 The results of the clustering algorithm are exemplary shown in figure 3 for C = 6.4. Note that 503 $t \in [0, n \cdot \Delta t] = [0, 20]$, whereas we will express our window length τ in number of discrete points 504 in the following. In this case the equilibria are $x_{e_1} = 0.46$ (metastable), $x_{e_2} = 0.97$ (unstable), 505

and $x_{e_3} = 1.25$ (metastable). The cluster centers, estimated by the K-means algorithm, are 0.46, 506 0.97, and 1.31 which are a close approximation of the equilibria. Therefore, we expect a good 507 estimation for the amount of points covering the transition. The average time spend in each cluster 508 are (for C = 6.4): $mean(T_1) = 112.2$, $mean(T_2) = 94$, and $mean(T_3) = 286.67$, where $mean(T_i)$ is 509 the average time spent without observed transitions in cluster $i \in \{1, 2, 3\}$ expressed in number of 510 discrete points. The minimal mean residence time is thus $mean(T_2) = 94$ and provides an upper 511 bound to select a window length that respects the timescales of the system. The window length τ 512 is thus chosen such that it is smaller than the minimal average time spent in one cluster, i.e. for 513 C = 6.4 we choose $\tau < \tau_{KMeans} := \min\{mean(T_i) | i = 1, 2, 3\} = 94$. For all tested C, we choose 514 $\tau = \min\{mean(T_i)|i=1,2,3\} - 5$ in order to give room for some uncertainty in the evaluation of 515 the time spent in each cluster, due to potential overlaps of the clusters (we recall that the minimal 516 mean residence time should be understood as an upper bound to select τ). By applying Υ to the 517 data generated by the simplified model with C = 5.3, C = 6.4 and C = 7.2 we get the results shown 518 in figure 4. The solid red lines correspond to the stable equilibria and the dotted red line to the 519 unstable one. The colors ranging from dark blue to yellow represent the stability of the points 520 measured by Υ and we always color the last point of the subsequence. The simulation is initialized 521 around the stable equilibrium x_{e_1} , where short memory of the random perturbations should prevail. 522 As expected, the values of Υ remains close to 0 (corresponding to a most likely AR(1) model) as 523 long as the simulation oscillates around the equilibrium. The timeseries eventually approaches 524 the neighborhood of the unstable equilibrium where long memory properties are to be expected 525 and thus higher order ARMA(p,q) models, hence larger values of Υ , are more likely. This first 526 transition through the unstable equilibrium is well recognized with higher values of Υ (green dots 527 after the dotted red line). 528

The Anderson Darling Test can be used to find the biggest τ for which we can assume that most 529 of the subsequences are sampled from a normal distribution and hence trust the ARMA model 530 selection and fitting. As shown in figure 5, for C = 6.4 the Anderson Darling Test yields that for 531 $\tau = 67$ the median of the p-values for all subsequences is greater than the significance level 0.05. 532 The solid line in the gray boxes is the median of the p-values for a fixed τ while the upper and 533 lower border of the gray boxes refer to the upper and lower quartile of the p-values. The dotted 534 horizontal line is the significance level. We report that the values of τ_{AD} given by the Anderson 535 Darling Test are ranging from 60 to 70 discrete points for all values for C. 536

Figure 6 summarizes the Υ values obtained for different choices of τ and different values of C in 537 a bifurcation diagram. In the figure, the equilibrium solutions of the deterministic equation (3) are 538 shown by a red line for the considered range of values of C. This is the same diagram as shown 539 in Fig. 1, where the upper and lower branches of the equilibrium solution correspond to the two 540 stable equilibria, while the middle one is the unstable equilibrium separating the two basins of 541 attraction of the stable equilibria. A discontinuity in the solution is visible between the upper and 542 middle solution branches, which is due to the discontinuity introduced by the cutoff form of the 543 stability function. The Υ values obtained for the simulations of the stochastic system (eq. (9)) for 544 all considered values of C are then shown as a scatter plot along with the equilibrium solution, and 545 the darker color corresponds to higher values of Υ . As the initial condition for all simulations is 546 taken at the lowest equilibrium values, the transitions are expected to occur between the lower and 547 upper equilibrium branches when the system transitions from the basin of attraction of the lowest 548 equilibrium value to that of the highest value. High values of Υ are indeed mainly found in this 549 region of the diagram. 550

Three methods are used to select the value of τ and the results associated with these window sizes are shown in figure 6. In figure 6 panel a, $\tau = \tau_{KMeans} - 5$ is used. Around the stable branches,

values of Υ are small, denoting that stable states are detected as such. Large values of Υ are found 553 between the unstable branch and the upper stable branch of the bifurcation diagram, indicating 554 that transitions from the lower to the upper stable branches are detected by the indicator. The 555 fact that the high values are not exactly located around the unstable branch is due to the use of a 556 finite window size for the calculation: in the diagram, the color is always assigned to the last point 557 of the subsequence. For small values of C, e.g. for C = 5.4, large values of Υ are occasionally 558 inappropriately found around the upper stable branch. For small C, the potential well will be 559 relatively steep and the system rapidly approaches the second equilibrium, so that the detection 560 can be too slow. Figure 6 panel b shows the results for Υ when choosing τ according to the 561 Anderson Darling test, denoted as τ_{AD} . The figure is very similar to the one using τ_{KMeans} except 562 that for $C \le 5.6$ there are more high values of Υ located around the stable branch. This is due to the 563 fact that for these C's the τ 's chosen by the Anderson Darling test are larger than the ones estimated 564 by the K-means algorithm. Consequently, the local stationarity assumption may break down. For 565 C > 5.9 the τ 's given by the AD Test are smaller than the ones of the K-means algorithm. In these 566 cases Υ gives a good indication for the stability. Figure 6 panel c is a bifurcation plot showing only 567 the time series for which τ can be chosen to satisfy both the K-means and the Anderson Darling 568 condition, i.e. $\tau_{AD} < \tau_{KMeans} - 5$. Here $\tau := \tau_{AD}$ is used for the analysis and timeseries that do 569 not satisfy the condition are discarded from the analysis. In this case, we see that large values 570 of Υ always occur between the unstable branch and the upper stable branch, thus Υ is capable of 571 recognizing the location of unstable equilibria for all C and stable equilibria are never assigned a 572 large value of Υ . A note of caution should however be given regarding the reverse transitions from 573 the upper stable branch to the lower stable branch in those numerical examples. Indeed, those are 574 poorly identified. This is probably related to the asymmetry of the underlying potential, which 575 induces different characteristic timescales in the system and hence a need to adapt the value of 576

 τ locally, and not just globally for all types of transitions as it is done here. To overcome this difficulty, an adaptive tuning of τ would be required, which will be left for future research. With these possible limitations in mind, Υ will next be applied to observational data.

As a final remark, the values of τ considered here can be compared to analytical results in this numerical example. Indeed, for this simple bistable example system, analytical results can provide the expected time taken by the system to transition from one of the local equilibria to the bifurcation point (Krumscheid et al. 2015) and can serve as a comparison to the statistical estimations of τ obtained here. As a matter of fact, for *C* close to the bifurcation point, the results given by the Anderson Darling test are similar to those given by analytical calculations.

⁵⁰⁶ b. Analysis of regime transition in observed nocturnal and Polar temperature inversions

⁵⁸⁷ In this section we apply the stability indicator Υ on observational data obtained from one site ⁵⁸⁸ near Dumosa, Australia for which nocturnal data are selected, and from Dome C, Antarctica for ⁵⁸⁹ which we consider the Polar winter. When we plot ΔT over *U* for both sites (see figure 7) we see ⁵⁹⁰ a clear sign of two distinct states: one when the wind is weak and ΔT is large and one for strong ⁵⁹¹ wind where ΔT is small.

592 1) DUMOSA

The first observational dataset consists of temperature measurements from a site near Dumosa, Victoria, Australia. The site was located in a large area with mostly homogeneous and flat terrain, covered by wheat crops, and measurements were taken during the crop season. The temperature measurements were made on the main tower at heights of 3 and 6m and the wind measurements at 6m. The frequency of measurements is 1 minute. Further details about the observational site can be found in Lang et al. (2018). As we want to use data where we can expect temperature inversions

to take place we exclusively use evening and nighttime data from March until June 2013 (89 days). 599 Each night of data results in a timeseries of 1020 discrete observations. Similarly to the simulated 600 data, we use the K-means algorithm and the Anderson Darling Test to choose the window length 601 τ . The results are shown for all nights considered together in Figure 8. According to these tests 602 the maximal τ for which we can assume normality (τ_{AD}) is 19 discrete observations (hence 19) 603 minutes with the sampling frequency of 1 minute) and the τ which corresponds to the minimal 604 mean residence time in one of three clusters (τ_{KMeans}) is 22. Hence we have $\tau_{AD} < \tau_{KMeans}$ and 605 choosing τ_{AD} should be appropriate. The results for Υ applied to all 89 nights with both choices of 606 window lengths are given in figure 9. The results highlight a lower branch with low values of Υ , or 607 dynamics identified as stable, and an upper branch with high values of Υ , or dynamics identified 608 as unstable. In some cases, a proper ARMA(p,q) model cannot be fitted by the statistical methods, 609 resulting in absence of results for some windows. Generally, a reliable ARMA(p,q) fit becomes 610 difficult for a time series with less than 20 observations, and the estimated window lengths are 611 on the lowest end to obtain the statistical estimations. Figure 10 shows the time evolution of ΔT 612 when conditionally averaged for all nights with the wind speed (wsp) being in a given category. 613 The corresponding time evolution of Υ is shown for the same conditional averages. The window 614 length here is chosen as the most restrictive criterion $\tau = \tau_{AD} < \tau_{KMeans}$. For low wind speeds, 615 the Υ values are high (on average), which implies that in this case we have an unstable system. 616 Note that in this dataset, a leveling-off of the temperature inversion for low wind speeds (which 617 could correspond to the stable equilibrium of a strong inversion according to the model of van de 618 Wiel et al. (2017)) is not very evident from Figure 9. It could be that the temperature inversion 619 does not have time to reach the stable equilibrium during the night, or that other instabilities which 620 are not considered in the simplified model arise in strong stability conditions. For example, flow 621

⁶²² instabilities such as submeso motions, which are favored in strongly stratified situations, could ⁶²³ make the system dynamically unstable.

624 2) ANTARCTICA

The Dome C data was measured at the Concordia Research Station which is located on the 625 Antarctica Plateau. It is a French-Italian research facility that was built 3233m above sea level. 626 It is extensively described for example in Genthon et al. (2010). The Dome C dataset contains 627 10-min averaged meteorological data from 2017. Regimes and their transitions were analyzed by 628 Vignon et al. (2017) and Baas et al. (2019). Important for our analysis are measurements of the 629 temperature at height 9.4 m and surface, the wind speed (m/s) at height 8 m and the radiation 630 made in the polar night which is from March to September. We focus on the polar night during 631 which multiple regime transitions take place. Following van de Wiel et al. (2017) the data is 632 classified into two subcategories of radiative forcing being the sum of net shortwave and incoming 633 longwave radiation: $R_+ = K^{\downarrow} - K^{\uparrow} + L^{\downarrow}$. Strong cooling is favored in cases of low incoming 634 radiation and when plotting $\Delta T = T_{9.4m} - T_s$ over the wind speed U_{8m} a back-folding of the points 635 becomes apparent when $R^+ < 80Wm^{-2}$ (van de Wiel et al. (2017), their Figure 6 and less clearly 636 in our Figure 7). Therefore, we focus on the case when $R^+ < 80Wm^{-2}$. We apply Υ to the longest 637 consecutive time series with $R^+ < 80Wm^{-2}$ which is from 2017-08-03 10:50 to 2017-08-24 21:50, 638 i.e. 3091 data points. Our analyzed time series is thus shorter than the one visualized in van de 639 Wiel et al. (2017), which explains the differences in the scatter plot. Again we choose τ with the 640 And erson Darling Test and the K-Means algorithm. The value for τ given by the Anderson Darling 641 Test $\tau_{AD} = 43$ observations (with a corresponding window duration of 430 minutes) is much larger 642 than the one given by the K-means algorithm ($\tau_{KMeans} = 10$ observations, corresponding to a 643 window duration of 100 minutes), which is in fact too few points to expect a good fit for the 644

⁶⁴⁵ ARMA(p,q) model. In figure 11 we see that no transitions are recognized by Υ with $\tau = \tau_{AD}$ (left) ⁶⁴⁶ but with $\tau = \tau_{KMeans}$ (right) some transitions are noted. This indicates that the data frequency of ⁶⁴⁷ this data set is not high enough to give reliable results for the stability indicator.

648 c. Sensitivity analysis on averaged data

As discussed when applying the indicator Υ on the Dome C dataset, there is strong indication 649 for the data frequency being crucial for the reliability of the results when applying the stability 650 indicator. Observational data is often stored in block averages, e.g. measurements over 5 minute 651 time window are averaged into 1 data point. The issue with this can be that the data frequency can 652 be too low to sample typical fluctuations during the observed transition. In more detail, if the time 653 taken by the system to transition from one metastable state to the next is less than approximately 654 20 discrete measurement points (the minimum needed to have relevant statistical results according 655 to our tests), then the approach may not be applicable. Therefore, data frequency needs to be high 656 enough to give reliable results for Υ . As a comparative study to illustrate this point, we block 657 average the temperature measurements for the Dumosa data, such that we repeat the analysis 658 based on 5-min averaged data instead of 1-min averages. Thereby, we reduce the length of the 659 time series for each individual night from 1020 to 204 data points. Again we choose τ with the 660 Anderson Darling Test and the K-means algorithm. There is a clear distinction between the τ 661 estimated by the Anderson Darling Test and the one given by the K-means algorithm for the 5 662 min data, contrary to the 1 min data where both methods suggested comparable window lengths. 663 Indeed, $\tau_{AD} = 31$ and $\tau_{KMeans} = 7$ for the 5 min averaged data whereas $\tau_{AD} = 19$ and $\tau_{KMeans} = 22$ 664 for the 1 min data. The small value for τ given by the K-means algorithm for the 5 min averaged 665 data suggests that there is only a small amount of points covering the transition time and we cannot 666 fit an ARMA(p,q) model properly to subsequences this short. Moreover, as the value for τ given 667

⁶⁶⁸ by the Anderson Darling Test is much bigger than the amount of points covering the transition ⁶⁶⁹ time we do not expect reliable results for Υ with this τ . Figure 12 confirms this hypothesis. The ⁶⁷⁰ left plot is with $\tau = \tau_{AD}$ and the right one with $\tau = \tau_{KMeans}$.

4. Discussion and conclusion

In this study we analyzed the potential of a statistical indicator to be used to detect the system's 672 proximity to critical regime transitions in the near-surface temperature inversion. The statistical 673 indicator evaluates the dynamical stability of time series resulting from a dynamical system and 674 was initially suggested in Faranda et al. (2014). Based on idealized numerical simulations, van 675 Hooijdonk et al. (2016) had found the presence of early-warning signs in the turbulent flow field 676 before a transition from weakly stable to strongly stable conditions. These signs included a critical 677 slowing down, referring to the fact that dynamical systems tend to recover slower from perturba-678 tions when approaching a transition point in the dynamics. This slowdown was evaluated based 679 on fluctuations of the temperature field and the early-warning signal relied on a change in the 680 variance. Such metrics, which are often used in studies of tipping points, can become problematic 681 when the underlying dynamics is highly non-stationary, as an increase of variance could be due to 682 the non-stationarity of the system without implying a transition (Lenton et al. 2012; Faranda et al. 683 2014). The typical scatter of atmospheric field data and their inherent non-stationarity makes the 684 application of classical critical slowdown metrics difficult. The metric presented and used here is 685 different in that it statistically quantifies the deviation from the dynamics expected when the sys-686 tem is close to a stable equilibrium. Specifically, the indicator is based on ARMA modeling with a 687 moving window for which local stationarity is assumed, and the distance from stable equilibrium 688 dynamics is evaluated based on a Bayesian information criterion. The indicator crucially relies on 689 an appropriate window length and we suggested two methods to select its value in a data-driven 690

manner. That is, both methods can be used when the underlying model governing the dynamics 691 is unknown, such that those can be applied to field data with significant scatter. Our suggestion 692 to ensure reliable results is to use a combination of both approaches. The shortest residence time 693 around an equilibrium estimated through the K-means approach provides an upper bound to select 694 a window length that respects the timescale of the system, i.e. a length that ensures local station-695 arity for ARMA model fitting. The window length should be selected as shorter or equal to this 696 upper bound, and such that the data within individual windows mostly satisfy normality to ensure 697 reliable Bayesian inference. The Anderson Darling normality test is appropriate, but an improve-698 ment of the clustering approach to estimate the residence time around an equilibrium (here done 699 based on a simple K-means clustering approach) would be beneficial. Based on this approach, 700 we find that a nocturnal temperature inversion dataset with a sampling frequency of 1 minute can 701 be analyzed successfully using a window length of approximately 20 minutes. Slower sampling 702 frequency did not lead to conclusive results. 703

The conceptual model introduced by van de Wiel et al. (2017) was developed to understand 704 regime transitions in the near-surface temperature inversion and can support scenarios with multi-705 ple stable equilibria. For our purpose of identifying the system's proximity to regime transitions, 706 it offers an ideal model for which the theoretical dynamical stability can be calculated analytically. 707 We extended the model to include random perturbations in the dynamics and used the resulting 708 stochastic model to provide a test dataset on which to evaluate the potential of the indicator of 709 regime transitions. In this stochastic system, small-scale perturbations can be amplified due to 710 the nonlinearity, resulting in transitions between the bi-stable equilibria. Our simulations show 711 such noise-induced regime transitions, successfully identified by the indicator Υ . More research 712 would however be beneficial in order to assess the type of noise that is appropriate to represent 713 randomized dynamics of the SBL. 714

The application to field data was done for one nocturnal dataset and one Polar dataset. In their 715 discussion, van de Wiel et al. (2017) suggest that the strength of the thermal coupling between 716 the soil and the atmosphere may be a key process to distinguish between cases where the temper-717 ature inversion has a unique stable equilibria and cases with bi-stable equilibria, separated by an 718 unstable equilibrium. The wind-speed dependence of observational scatter is partly attributed to 719 the existence of a dynamically unstable branch in the system in cases where the thermal coupling 720 is weak. In both datasets considered in our analysis, a weak thermal coupling is to be expected. 721 Clearly in the Polar dataset, the snow surface leads to a weak thermal coupling between the atmo-722 sphere and the soil (Vignon et al. 2017; van de Wiel et al. 2017). The nocturnal dataset originates 723 from a wheat crop near Dumosa, Australia, probably resulting in a weak thermal coupling as well. 724 While the Dome C data did not have the required sampling rate in order to have reliable estimates 725 of the dynamical stability, the Dumosa data were found to have a clear signal with one dynam-726 ically stable branch and one dynamically unstable branch. A second dynamically stable branch 727 corresponding to a strong inversion was not clearly observed. This data-driven result agrees with 728 the theoretical result of van de Wiel et al. (2017), namely that a dynamically unstable branch ex-729 ists for a certain range of wind speeds in case of weak atmosphere-surface thermal coupling. Note 730 that this is an idealized model and other non-represented physical processes may be at work and 731 impact the interpretations. As an additional note of caution, if the nature of the noise was different 732 in the two populations evident in the Dumosa data, then the value of Υ could differ even if both 733 branches were dynamically stable. Differences in the noise memory properties may also impact 734 the results. Indeed, depending on how the noise enters the dynamics, its memory might or might 735 not be represented well by an ARMA model. This result is nevertheless promising for the use of 736 the indicator as an early-warning signal of regime transitions. Extending the analysis to a Polar 737 night with an appropriate sampling frequency would be very interesting, as multiple regime tran-738

⁷³⁹ sitions occur during the long-lived temperature inversion (Baas et al. 2019). Moreover, comparing
⁷⁴⁰ results obtained for a site with strong atmosphere-surface thermal coupling would provide great
⁷⁴¹ insight to compare the dynamical stability of field data to the dynamical stability predicted by the
⁷⁴² conceptual model.

To be noted is the fact that the conceptual model is derived for a temperature inversion between 743 the surface and a height at which the wind speed stays relatively constant during the night, found 744 to be approximately 40 m at Cabauw in the Netherlands and 10 m at Dome C. The Dumosa dataset 745 did not offer the possibility to select a height with such a constant wind speed. The measurements, 746 taken at lower heights in this case, will be prone to submeso-scale activity, inducing perturbations 747 of the shallow inversion which could affect the dynamical stability of the time series. In fact, the 748 earlier application of the dynamical stability indicator to SBL data in Nevo et al. (2017) showed 749 that higher stability corresponded to unstable dynamics of the vertical velocity fluctuations and of 750 the wind speed. More analyses would be needed to assess the influence of the measurement height 751 on the evaluated dynamical stability of the temperature inversion. Nevertheless, our results encour-752 age the use of the statistical dynamical stability as a metric to detect nearing regime transitions in 753 the SBL. The ability to detect nearing regime transitions in atmospheric numerical weather predic-754 tion and climate models could offer a possibility to use a different type of SBL parameterization 755 in those specific cases without relying on the assumption of turbulence stationarity. 756

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766

APPENDIX

767 A1. Details of the K-means clustering algorithm

The clustering is done using the K-means algorithm with the following steps:

• Input: k = # number of clusters, set of points $x_{i-\tau+1}, \ldots, x_i$

- Place centroids c_1, \ldots, c_k at random locations.
- Repeat until none of the cluster assignments change:
- for each point x_i find nearest centroid c_j and assign x_i to cluster j
- for each cluster j = 1, ..., k calculate new centroid c_j = mean of all points x_i assigned to cluster j in previous step.

A2. Details of the Anderson-Darling Normality Test

The the Anderson-Darling (AD) normality test statistic is based on the squared difference between the empirical distribution function estimated based on the sample, $F_n(x)$, and the normal distribution $F^*(x)$. The statistic for this test is,

$$W_n^2 = n \int_{-\infty}^{\infty} [F_n(x) - F^*(x)]^2 \psi(F^*(x)) dF^*(x)$$

⁷⁷⁹ where ψ is a non-negative weight function which is used to emphasize the tails of the presumed ⁷⁸⁰ distribution. We use the modified AD statistic given by D'Agostino and Stephens (1986) which takes into accounts the sample size n

$$W_n^{2*} = W_n^2 (1 + 0.75/n + 2.25/n^2).$$

The null hypothesis of this normality test is that the data are sampled from a normal distribution. When the p-value is greater than the predetermined critical value ($\alpha = 0.05$), the null hypothesis is not rejected and thus we conclude that the data is normally distributed.

A3. Summary of the algorithmic procedure

- ⁷⁸⁶ The full procedure to apply the statistical indicator to a timeseries follows the following steps:
- Input: Timeseries x_1, \ldots, x_T
- Evaluate the window length τ_{Kmeans} :
- Cluster the timeseries in *k* clusters (expected number of equilibrium states) using the
 K-means algorithm.
- For each cluster, calculate the mean residence time of the timeseries.
- The minimal mean residence time over the *k* clusters provides an upper bound for τ_{Kmeans} .
- Evaluate the window length τ_{AD} :
- For a range of window lengths $\tau_{min} < \tau < \tau_{max}$, apply the AD test statistic to the timeseries in a moving window approach.
- For each τ , calculate the median of the p-values obtained over all windows.
- Select the largest τ for which the median p-value is greater than the predetermined critical value ($\alpha = 0.05$) as τ_{AD} .

800	• If $\tau_{AD} < \tau_{Kmeans}$, select τ_{AD} as a window length. Else, ARMA model fitting may be innap-
801	propriate.
802	• Repeat for each window of length τ_{AD} :
803	- Select the best fitting ARMA(p,q) model (minimal BIC).
804	- Fit an ARMA(1,0) to the window and calculate the BIC.
805	- Calculate Υ. High values will indicate transitions. The values themselves may depend
806	on the dataset.
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974		data. Colored according to Υ with different window lengths τ , expressed in number of
975		discrete observations: a) $\tau = \tau_{AD}$ and b) $\tau = \tau_{KMeans}$.

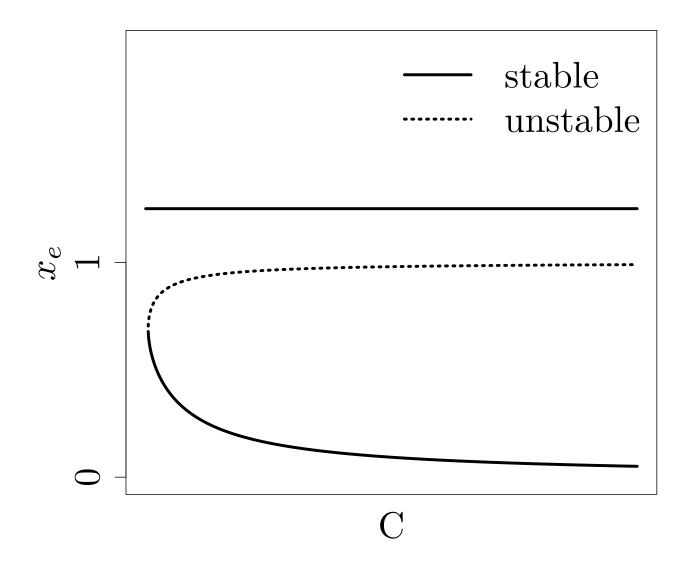


FIG. 1. Bifurcation plot for simplified model. The lowest, middle and upper branches correspond respectively to the equilibria x_{e_1} , x_{e_2} and x_{e_3}

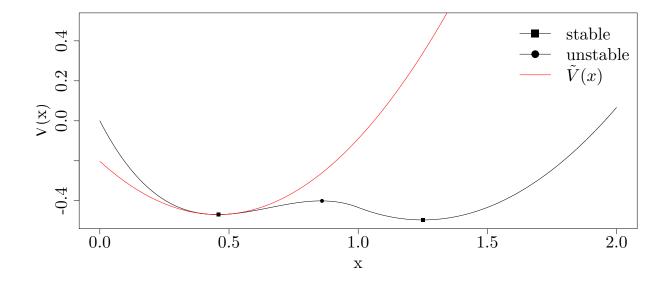


FIG. 2. Example of a potential V(x) (eq. 4) and its local approximation through the quadratic potential $\tilde{V}(x)$ (see text for details).

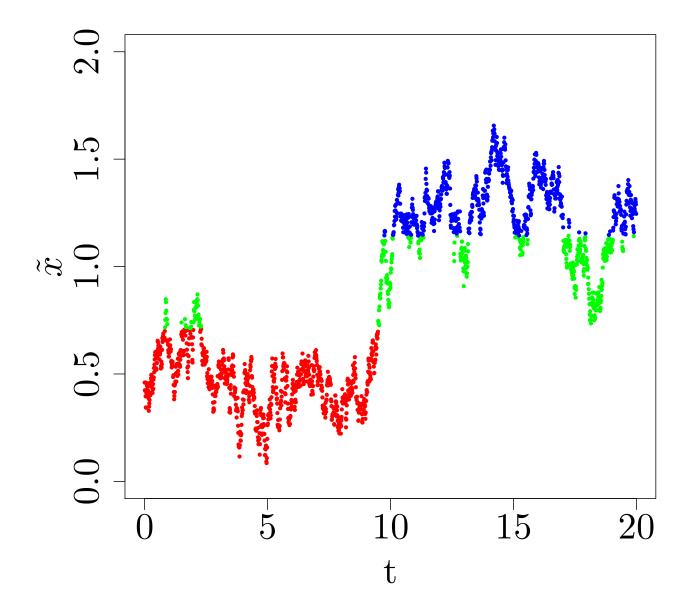


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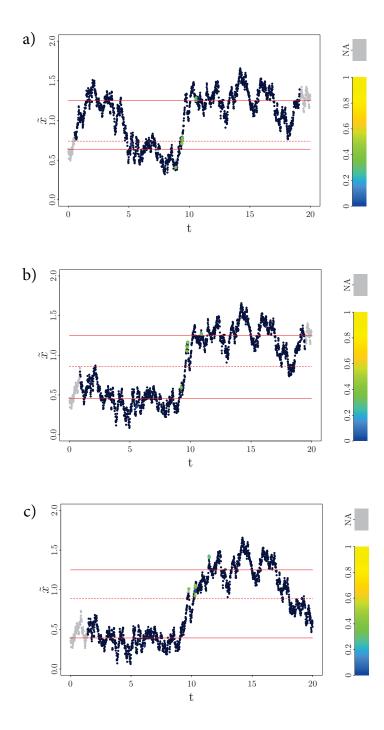


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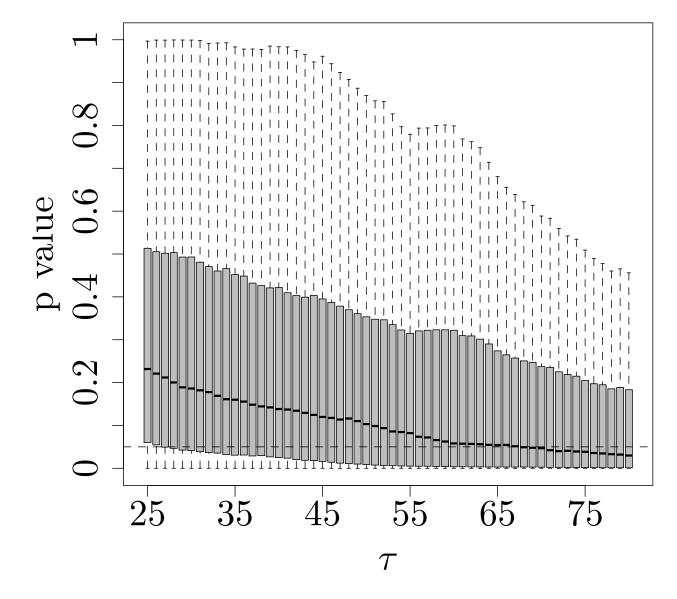


FIG. 5. Boxplot of the p-values from the Anderson Darling Test for simulated time series with C = 6.4. The window length estimated by the Anderson Darling test is $\tau_{AD} = 67$ discrete timesteps.

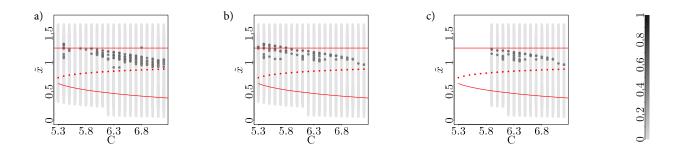


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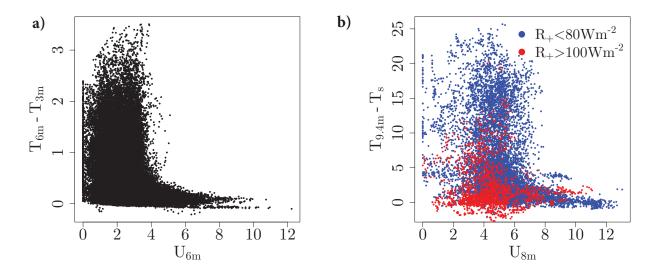


FIG. 7. Temperature inversion as a function of wind speed as observed at Dumosa, Australia (a) and Dome C,
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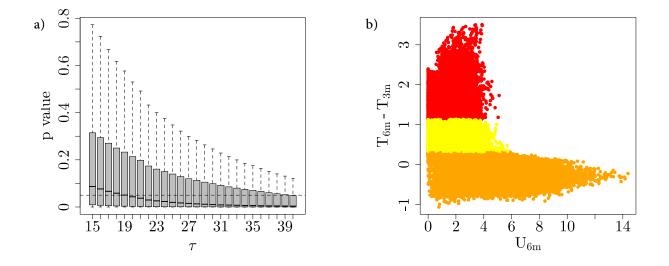
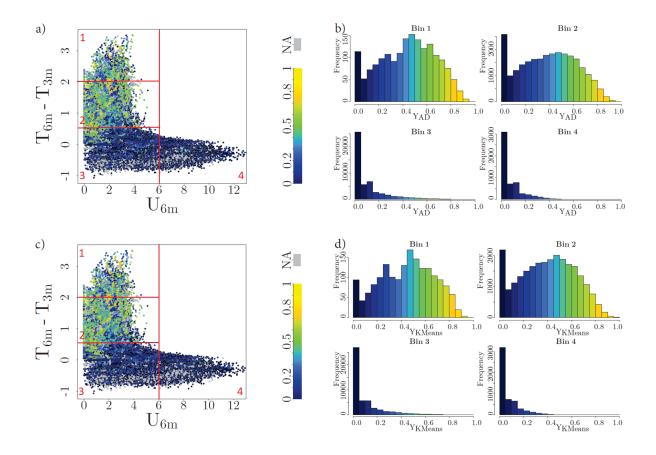
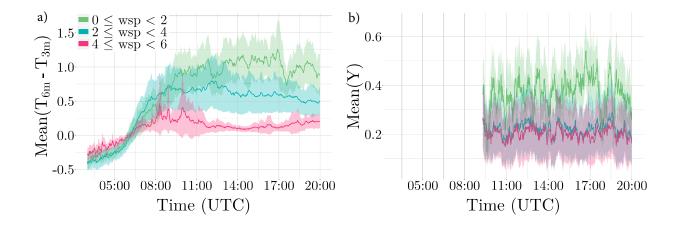


FIG. 8. a) Boxplot of the p-values from the Anderson Darling test and b) Clustered data with K-means for the Dumosa data, for all 89 nights.



⁹⁹⁸ FIG. 9. a), c): Observed temperature inversion versus wind speed relation for the Dumosa data. Colored ⁹⁹⁹ according to Υ with different window lengths τ : a) $\tau = \tau_{AD}$, c) $\tau = \tau_{KMeans}$. The grey dots correspond to missing ¹⁰⁰⁰ values which are due to the fact that we only color the last point of the modeled subsequence. Moreover, in ¹⁰⁰¹ some cases the auto.arima() R function is not able find an appropriate model. b), d): Histogramms of Υ . The red ¹⁰⁰² numbers in plots a and c are the bin numbers.



¹⁰⁰³ FIG. 10. Time series of mean(ΔT) (a) and mean(Υ) (b) for different wind speed (wsp) categories for Dumosa ¹⁰⁰⁴ data, calculated with τ_{KMeans} . The shaded area is the standard deviation.

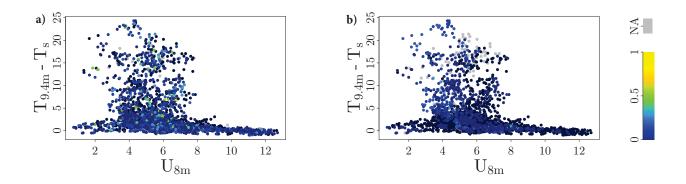
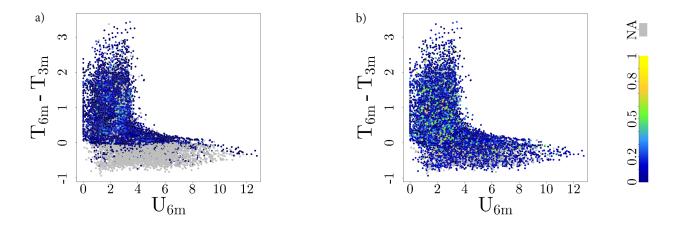


FIG. 11. Temperature inversion between 9.4 m and the surface, as a function of wind speed at 8m as observed at Dome C. Colored according to Υ with different window lengths τ , expressed in number of discrete observations: a) $\tau = 10$ (K-means) and b) $\tau = 43$ (AD Test)



¹⁰⁰⁸ FIG. 12. Observed temperature inversion versus wind speed relation for the 5-min averaged Dumosa data. ¹⁰⁰⁹ Colored according to Υ with different window lengths τ , expressed in number of discrete observations: a) ¹⁰¹⁰ $\tau = \tau_{AD}$ and b) $\tau = \tau_{KMeans}$.